February 2016 **EAST@COBB**

Rosan Hall East Cobb Citizen of the Year

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18th Annual Child Care & Preschool Guide PAGES 20-26

SPECIAL SECTION:



Keith West, MD ,FACS* + | Keith Hanna, MD, FACS* + | Michael McNeel, MD, FACS* +

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Jose Baez, M.D.



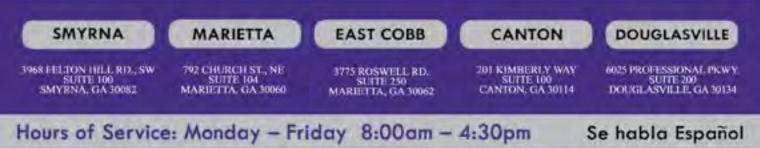
Michael Mangonon, D.O.



Viralkumar Patel, M.D.



5. Benjamin Watson, M.D.



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THIS ISSUE

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- 12 PTAs Celebrate the Arts
- **13 Mid-Winter Break Activities**
- 17 Singing Valentines

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18th Annual
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Preschool Guide

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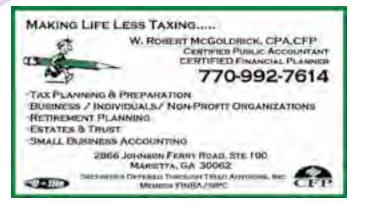
best care for

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PUBLISHER'S NOTE



We hear a song on the radio, watch a great movie or talk to our friends about a book we are reading, but we usually don't take the time (or have the time) to pause and appreciate the effort it takes to bring those works of art to the masses. This edition features stories about East Cobbers that are working hard to improve our quality of life through the arts--locally, statewide and nationally! The PTA's article focuses on the Reflections Program that encourages arts in our schools (page 12) and to its students. On page 6 you'll read about East Cobb's very own Jeffrey Stepakoff, who was appointed to head the brand-new Georgia Film Academy. In 2015, films and television shows produced in Georgia generated an economic impact of \$6 billion. He'll be developing curriculum to improve the talent pool for "Hollywood of the South." Then, on page 14, be sure to read about Walton Grad Morgan Greenwald who went to Hollywood to pursue a career in the entertainment field.

This February issue also spotlights how the performing arts touch our lives right here in East Cobb! Find out which Walton student was selected to perform at Carnegie Hall (page 10), read about the Smokey Robinson fan who got to sing with the Motown legend on stage (page 15), the teen that acted in a TV movie (page 18), and the local barbershop chorus that offers Singing Valentines (page 17)!

Dance, music, theatre, and visual arts activities enhance us personally, and in our communities through museums, theatres, concert halls, and galleries. Private lessons and instruction, school plays, and marching bands celebrate the artistic interests, strengths, talents, and skills of eager learners. Art teachers, teaching artists, arts enthusiasts, and volunteers, provide instructional and learning opportunities for all ages, all day, every day.

I hope these "ART" icles not only encourage you to appreciate our fellow East Cobbers but also, like art, inspire you to create, innovate, transform, and evolve. Each day is a new painting, a new song, a new play, and a new dance. I believe a primary purpose of our life here is to leave something of our "art" behind, that hopefully, benefits others. What work of art have you created? Feel free to share your "artistic" endeavors by emailing cynthia@eastcobber.com. and tell me about your good works (of art)!

Cynthin

Cynthia M. Rozzo Founder I Publisher cynthia@eastcobber.com

EAST@COBBER

On the Cover

This month's front cover features this year's East Cobb Citizen of the Year, Rosan Hall. Sponsored by the East Cobb division of the Cobb County Chamber of Commerce, East Cobb Kiwanis, Civitans, Rotary, and Lions Clubs, the award recognizes one outstanding citizen who has contributed to the quality of life in East Cobb.

Rosan is involved in the **Care Ministry at Mt. Paran** Church in East Cobb and a volunteer for a number of other organizations. Along with being involved in local and state politics, she was the **Cobb Republican Women's Club President for 2015**, was appointed to the Cobb **Housing Authority in 2011** and is a past president of the Marietta Kiwanis Club. Ms. Hall is also an active member of the East Cobb Business Association as well as the Northeast Cobb Business Association.

An East Cobb resident since 1968, Rosan loves the sense of community in East Cobb and getting to know so many people throughout the years. As a realtor at Atlanta Communities, Rosan marvels at the changes she has seen in East Cobb: from the roads to shopping centers to subdivisions. Rosan has been married to Jim for 29 years, and together they have a blended family of six grown children and 14 grandchildren.

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EAST COBBER APPOINTED HEAD OF GEORGIA FILM ACADEMY

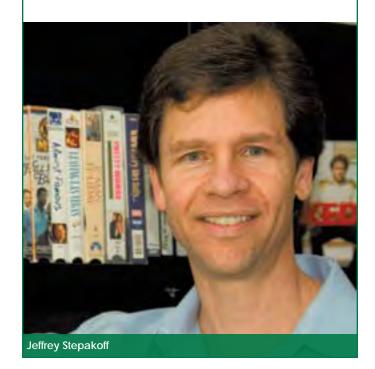
ast August, the University System of Georgia (USG) Chancellor Hank Huckaby and Technical College System of Georgia (TCSG) Commissioner Gretchen Corbin announced the appointment of East Cobb resident, Jeffrey Stepakoff, as the executive director of the Georgia Film Academy. Stepakoff most recently served as co-executive producer of *Chasing Life* for the ABC Family television network. He is also a tenured professor of film and television writing at Kennesaw State University.

The concept and rationale for the Georgia Film Academy was identified through Governor Nathan Deal's High Demand Career Initiative (HDCI) which was launched in January 2014 by Deal to address Georgia's important workforce needs. The HDCI focuses on the future needs of strategic industries in Georgia, including film, television and interactive entertainment.

"Jeff brings unique and proven experience in the film and television industry and higher education to lead the Georgia Film Academy," said Huckaby. "Jeff's substantial background and insights will help us continue to anticipate the needs and trends of the film, television and digital entertainment industry and better prepare more Georgians to support this critical workforce."

"With the entertainment industry generating new jobs, new businesses and a \$6 billion impact in Georgia, it's more important than ever that we continue to anticipate its workforce needs," said Corbin. "Jeff understands the entertainment environment as well as the workforce development necessary to keep Georgia at the forefront of this very strategic industry."

As the founding director of the Georgia Film Academy, Stepakoff will lead efforts to coordinate programs, curriculum and special learning experiences for students enrolled in the state's university and technical college systems. The academy will be a virtual institution with the ability to operate where needs and opportunities exist across the state.



"I am very excited to help Georgians get the education and professional training they need to go to work in the flourishing film, television and digital entertainment industry here in our state," said Stepakoff. "And I look forward to helping us build a sustainable and permanent industry – one that includes the full range of the business, from development to production to post-production, and everything related."

Stepakoff has an extensive background in the film and television industry. He has 28 years of experience in writing, producing and content creation. Some of his television work includes: The Wonder Years, Sisters, Flipper, Major Dad, Beauty & the Beast and Dawson's Creek, which he co-executive produced. He has also developed pilots for major studios and networks, such as 20th Century Fox, Paramount, FOX and ABC, working with producers and production companies such as Alloy Entertainment (Gossip Girl, The Vampire Diaries), Michael Pillar (Star Trek: Voyager, Deep Space Nine) and David Milch (Deadwood, NYPD Blue). His major motion picture work includes Disney's Brother Bear, Tarzan and EM Entertainment's Lapitch. He has also worked in research and digital art for entertainment companies, has written popular video games and is a bestselling novelist.

Stepakoff earned a Bachelor of Arts from the University of North Carolina at Chapel Hill School of Journalism and Mass Communication and a Master of Fine Arts in playwriting from Carnegie Mellon University School of Drama (Pittsburgh, Pennsylvania).

Jeff lives in East Cobb County with his wife, model and actor Elizabeth Miller, and their three children.

For more information about The Georgia Film Academy, visit www.georgiafilmacademy.com.



STATE LEGISLATORS TO HOLD **TOWN HALL MEETINGS**



▲ State Sen. Hill



ocal lawmakers are planning town hall meetings as the legislative session continues this winter. Constituents are invited to share their thoughts on the issues so the state legislators can use your input to more effectively represent the community's needs and concerns. State Senator Judson Hill will host a town hall on Tuesday, February 9, at Walton High School Theatre, 1590 Bill Murdock Road, in Marietta/East Cobb at 7pm.

State Senator Judson Hill (R) and State Representative John Carson (R) will address current issues including pending legislation, at jointly held town hall meetings on Monday, February 15 and Monday, March 14. Both of these town halls will be at Mountain View Library, 3320 Sandy Plains Road in Marietta/East Cobb at 7pm. @



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EAST COBBER TO CO-CHAIR JERRY'S HABIMA THEATRE

rom February 25 to March 6, Jerry's Habima Theatre, Georgia's only theatrical company directed and produced by professionals, featuring actors with special needs, will celebrate its 23rd season with the charming *Shrek the Musical*, *JR*. All Habima productions are held at the MJCCA's Morris & Rae Frank Theatre, 5342 Tilly Mill Road, Dunwoody. Jerry's Habima Theatre has been the recipient of several prestigious honors in recent years, including having received the National Endowment for the Arts (NEA) Challenge America Grant, and the Spirit of Suzi Bass Award. To purchase tickets, call 678-812-4002, or visit online at www. atlantajcc.org/boxoffice or www.atlantajcc.org/ habima. This production is ideal for all ages.

Jerry's Habima Theatre, a program of the Marcus Jewish Community Center of Atlanta (MJCCA), is produced under the auspices of the MJCCA's Blonder Family Department for Special Needs, and the MJCCA's Arts & Culture Department. Each year, together with local professional actors from the community, Jerry's Habima Theatre performers (ages 18+) present a Broadway musical. Mary Nye Bennett will direct this year's Habima production of *Shrek the Musical, JR*. Bennett, a Georgia native, has spent the past 13 years as a professional actor and teaching artist.

East Cobber Janet Cadranel will co-chair Jerry's Habima Theatre's 23rd anniversary production, along with co-chair Mona Shuman. "Having experienced this remarkable theater over the past two decades, I am overwhelmed by the magnitude of emotions that are felt by the actors, their families, and the audiences," explained Cadranel. "I am so amazed and awed each time I see a Jerry's



Habima Theatre performance. I leave every show with a huge smile on my face, and can't wait for this year's production of *Shrek the Musical, JR*."

"This year is my first year serving as a Jerry's Habima Theatre Co-Chair," said Shuman. "For years, I have been a part of this special theater as a patron and a supporter, but now I am seeing what happens behind the scenes as well."

"What I have always found to be so powerful is when I see these actors come alive on stage, without the fear of not being accepted," added Shuman. "The audience allows them just to be themselves, and for these actors who turn their disabilities into abilities night after night, the affirmation and the applause are priceless."

"The participants of this special theater company achieve new levels of self-confidence, motivation, and socialization from this remarkable experience," said Cadranel. "I am certain that this delightful, family-friendly performance of *Shrek the Musical*, *JR*. will inspire and entertain each and every Habima Theatre-goer."

Jerry's Habima Theatre performances are Thursday, February 25 at 7:30pm; Saturday, February 27 at 7:30pm; Sunday, February 28 at 3:00pm and 7:00pm; Wednesday, March 2 at 7:30pm; Thursday, March 3 at 7:30pm; Saturday, March 5 at 7:30pm; and Sunday, March 6 at 3:00pm and 7:00pm. General admission: \$35; Children 12 and under: \$15. MJCCA Members: \$25; Children 12 and under: \$10. For additional information or to purchase tickets, call the MJCCA's Box Office at 678-812-4002, or visit online at www.atlantajcc.org/boxoffice.



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WALTON **HIGH SCHOOL STUDENT SELECTED** TO PERFORM AT **CARNEGIE HALL**

aniel E. Agramonte, Jr., a student at Walton High School, has been selected for the 2016 High School Honors Performance Series at Carnegie Hall. He will perform on the euphonium during Carnegie Hall's 125th anniversary season in February. Participation in one of the five Honors Ensembles is limited to the highest-rated high school performers from across the world.

Earlier this year, Daniel auditioned for the Honors Performance Series and was accepted after a review by the Honors Selection Board. Acceptance to the elite group is a direct result of the talent, dedication, and achievements demonstrated in his application and audition recording. Daniel will join other performers from all 50 United States, Guam, four Canadian provinces, and a number of foreign countries for a special performance at world-famous Carnegie Hall, a venue that marks the pinnacle of musical achievement.

According to Morgan Smith, Program Director, "Being selected to the Honors Performance Series is something each finalist should be extremely proud





Daniel E. Agramonte, Jr

of accomplishing. We processed more than 18,000 nominations this year and have selected nearly 750 of the most talented student performers from around the world. Working with these conductors and performing at Carnegie Hall is a once-in-a-lifetime experience that these musicians never forget".

Daniel has studied music for six years and in addition to being principal chair in the Walton Concert I Band, he is a member of the Metropolitan Youth Symphony Orchestra. Additionally, Daniel was a finalist in the Governor's Honors Program of Georgia in 2015, has been a member of the District 12 Honor Band numerous times, this past Fall was selected to play "Mars: The Bringer of War" in the District 12 Honor Orchestra. In response to his selection as a Finalist, Daniel said, "I am thrilled beyond belief and humbled at this great opportunity."

Finalists will come together in New York City for five days in February. They will have the opportunity to learn from world-renowned conductors, work with other finalists, and get a taste of New York City. Two performances, an Honors Choral Performance and an Honors Instrumental Performance, will take place on Sunday, February 7.

The Honors Performance Series was created to showcase accomplished individual high school performers on an international level by allowing them to study under master conductors and perform in the celebrated venue, Carnegie Hall. For more information, visit www.honorsperformance.org.





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EAST COBB COUNTY COUNCIL OF PTAs CELEBRATES THE ARTS

By Elli Heaton and Cindy Goolsby, East Cobb County Council PTA Reflections Co-Chairs

s parents and teachers, we cherish our students' creative endeavors -- from the homemade gifts and cards they make, to the countless dance, band, orchestra and choral performances we attend. We turn the images into coffee mugs, frame the brightly colored pictures and share the photos and videos we take with friends and relatives. Their art, in whatever medium they choose, is a reflection of who they are. We celebrate that every year!

Each fall, PTAs serving our schools across the country participate in the National PTA Reflections Program, and our East Cobb County Council of PTAs (ECCC PTA) and East Cobb schools also embark on this journey together to celebrate our children's artistic ability. For over 45 years, the National PTA has promoted arts appreciation as part of its endeavor to ensure that all children receive a quality education, including in the arts.

Students from kindergarten through 12th grade are invited to enter their original works of art in six categories: dance choreography, film production, literature, music composition, photography and visual arts. During the fall, students work tirelessly on their entries, which are judged at the local school level on how well they represent the year's theme, which currently is "Let Your Imagination Fly." Winning entries from each of our 35 local East Cobb schools advance to represent their school at an additional level of judging, coordinated by the ECCC PTA. For the ECCC PTA Reflections Art contest, judges select two winners per grade and category, and those entries advance to the Georgia PTA competition. Subsequent winning entries move on to the National PTA Reflections contest.

Last year, six students from East Cobb public schools (East Side Elementary School, Murdock Elementary School, Rocky Mount Elementary School, Sope Creek Elementary School, Tritt Elementary School, and Hightower Trail Middle School) advanced to the National PTA competition. In that round of judging, 3 East Cobb students won awards from the National PTA Reflections contest (from East Side Elementary, Rocky Mount Elementary and Hightower Trail Middle School). This year, over 1,000 East Cobb area students participated in the Reflections program at their schools, and more than 500 winners advanced to the ECCC PTA level of the competition. After conducting its own contest, the ECCC PTA submitted 159 entries to the Georgia PTA Reflections contest, including 31 special artist entries. We are hopeful again that East Cobb students will win at the GA PTA competition level and move on to compete in the National PTA Reflections contest.

The ECCC PTA will hold a Reflections Award Ceremony for the students who won at the ECCC PTA competition level in early February.

Taking part in the Reflections program is a powerful way for students to engage in and explore the arts. Every child created his or her masterpiece with great care and attention, and we celebrate their participation in this important program. As a community, let us continue supporting our students as they express themselves creatively by showcasing their art in our workplaces, by volunteering as judges and as Reflections committee chairs, and by supporting the Reflections program. As Maya Angelou once said, "You can't use up creativity. The more you use, the more you have."

For more information on the Reflections Program, please visit: ecccpta.org/reflections.



Elli Heaton is a Vice President for the East Cobb County Council of PTAs and Co-Chair for Reflections. She is the former President of the Murdock Elementary School PTA and resides in Marietta with her husband, David, and children, Andrew and Jackson, who are students at Murdock Elementary School.

Cindy Goolsby is the Co-President and Reflections Co-Chair for the East Cobb County Council of PTAs. She lives in Lakewood Colony Subdivision with her husband, Ira, and two daughters, Danielle and Sara, who are students at Keheley Elementary School.





MID-WINTER BREAK ACTIVITIES & CAMPS

The Cobb County School District has created a Mid-Winter Break for students February 15-19. Want to keep the kids busy during Mid-Winter Break? If you don't want them sitting in front of the television, get them learning and playing at one of these fun activities and camps.

FEBRUARY 15

D-Bat President's Day Camp. Presidents Day Camp will cover all aspects of baseball, and cover a wide-range of skills. Ages 5-12. 9am-2pm (with an Extended Sports Camp option from 8am-6pm). \$75; extended option: add \$39.99. D-BAT Baseball & Softball Academy, 1666 Roswell Road, Blg 300, Marietta 30062. More info: 678-403-2632 or www.DBAtlanta.com.

It's Elementary! Ancient Egypt Day. Go back in time with us to Ancient Egypt! Learn about the rich history of pharaohs and pyramids while creating beautiful Egyptian crafts. The program will run 45-60 minutes. 3-4pm. Parents will need to stay in the building for the duration of the program. Registration is required; Free. Grades K-5. Mountain View Regional Library, 3320 Sandy Plains Road, Marietta 30066. More info: 770-509-2725 or www.cobbcat.org

Titans Fast Pitch Winter Camps

- > Girls Advanced Fastpitch Catching Camp with Angie Beal. Age: 8-14. 9am-10pm. \$75.
- > Advanced Pitching Camp with James Connell. Age: 8-14. 9am-12pm. \$75.
- > Girls Advanced Fastpitch Hitting Camp with Angie Beal. Age: 8-14. 1-4pm. \$75.

Titans Sports Academy, 1235 Kennestone Circle, Suite A, Marietta 30066. More info: James Connell, 404-441-1400 or james@titansnation.net to register.

FEBRUARY 15-16

Winter Break Craft Station. Learn about African-American history through crafting. Each day will feature a preschool and a school age craft inspired by a picture book. The craft station will be available all day while supplies last. No registration required; Free. Age: 3 years and up and their adult caretakers. East Marietta Library, 4880 Lower Roswell Road, Marietta 30068. More info: 770 509-2730 or www.cobbcat.org

Windy Hill Athletic Club Winter Break Camp. Sports camp, team and self confidence building, boost motor skills, and much more. 9am-4pm. Pre- and postcare for no additional cost. \$200/week (members); \$270/week (non-members). More info: 770-953-1100 or www.midtown.com/atlanta

FEBRUARY 15-19

D-Bat Winter Break Week Long Camp. The camp will cover all aspects of baseball, and cover a wide-range of skills. Ages 5-12. 9am-2pm (with an Extended Sports Camp option from 8am-6pm). \$249; extended option: add \$75/week. D-BAT Baseball & Softball Academy, 1666 Roswell Road, Bldg. 300, Marietta 30062. More info: 678-403-2632 or www.DBAtlanta.com.

Pro Martial Arts Shaping Minds Winter Camp.

Activities: martial arts, dance, sports, spanish lessons, legos, game stations, chess, brain games, kids yoga and more. Weekly price: \$99. Early Drop off & Late Pickup is available. \$29 registration fee to save a spot. Pro Martial Arts, 4880 Lower Roswell Road, Suite 610 Marietta, 30068. More info: 404-474-2350 or www.shapingminds.com

YMCA Day Camp. Holiday camp offers a variety of activities for your child while they are off for the holiday break! Activities will be themed and consist of arts and crafts, swimming (heated pool), cooperative games, sports, and team building activities. Ages: 5-12. \$40/day (members); \$60/day (non-members). McCleskey YMCA, 1055 East Piedmont Road, Marietta 30062. More info: 770-977-5991

FEBRUARY 16

Advanced Hitting Camp with Adam Wangcharoe. Age: 8-14.9am-12pm.\$75.Titans Sports Academy, 1235 Kennestone Circle Ste. A, Marietta 30066. More info: James Connell, 404-441-1400 or james@titansnation.net to register.

FEBRUARY 16-19

Basketball Skills Academy. Boys and girls in grades 5-8 of any experience level who want to further develop individual skills in the sport. A certain experience or skill level is not required to participate and benefit from the program. 1-4pm. \$150. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta 30068. More info: Lisa Brooks, 678-784-5302 or Lisa.Brooks@jfbc.org.



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WALTON GRAD GOES HOLLYWOOD

By Carmen C. Abernathy

s industries go, finding success in the entertainment field can be difficult. Geographically, growing up in East Cobb is not exactly Los Angeles or New York. Neither of these factors played into Walton High School graduate (Class of 2007) Morgan Greenwald's plans as she chose to pursue a path that would allow her to blend her interests in entertainment with a viable career. Now a successful Director of Development in a Los Angelesbased entertainment firm, Greenwald spends her days developing and producing scripts for television shows.

As long as she can remember, Greenwald had a passion for movies and television. Not exactly sure how that passion was going to play into her future, she chose Northwestern University, which is well-known for its film degree. She headed to Northwestern after graduating from Walton High School and there discovered her niche in program development while producing short student films. Greenwald received degrees in both radio/television/film and economics.

In 2011 Greenwald headed for the Los Angeles area to pursue a career in the entertainment field. "L.A. is all about paying your dues," explains Greenwald. "I came here with no job, but with a lot of determination. A few internships helped me land a position with my current employer, Tom Lynch Company. Starting out as an executive assistant, I was given the opportunity to prove myself and am now Director of Development."

As director, Greenwald has most recently developed and managed the original series, *MAKE IT POP* for Nickelodeon, serving as Associate Producer for the show, and *VACATION CHASERS* for HLN, serving as Co-Producer for this show. She also co-produced *S.H.R.I.E.K*, a web television series for the Hub Network and Hasbro Studios. Although her company targets a broad audience, its core business is kids and teen programming. Her job involves working with writers to create shows, communicating with the networks as to what they are looking for in a series, and producing the final product.

According to Greenwald, the skills that she has honed are tailor-made for her position. "I know a good



Morgan Greenwald

script when I see it, and I feel that I have a talent for translating to the writers what the networks want in terms of story and character development," she says. "In other words, I know how to keep both sides happy."

When asked about the glamorous aspects of working in Hollywood, Greenwald replies, "If you think working in Los Angeles is glamorous, turn around. That's a façade more than anything. The reality of the entertainment business is that it's hard work, and 9-5 days don't exist."

She did go on to say that she has received a few perks of the trade, such as attending events and concerts related to her job. She is still looking forward to her invitation to the Oscar and Emmy Awards.

For East Cobbers who have interests in pursuing the entertainment field, Greenwald suggests a move to Los Angeles after getting a degree. Although there are several U.S. colleges, such as Northwestern University, New York University, and University of Southern California to name a few, that offer top-notch film degrees, college recruitment is essentially nonexistent.

"Entertainment is very much a relationship business," says Greenwald. "And because so many people want to break into this business, companies and producers don't come looking for you even if you have proved yourself in college. You must go to them. You have to build a network for yourself and demonstrate your own original point of view."



EAST COBBER SINGS ON STAGE WITH Smokey Robinson



Billie Leonard on stage with Smokey Robinson

Growing up in Detroit, Billie Leonard and her twin sister, Ali, were dropped off the bus in front of Motown Records on their way to work. They left Detroit fifty years ago. Now, Billie, an East Cobb resident, has remained a huge fan of the Motown star, Smokey Robinson. In the past seven months, Billie went to a Smokey Robinson concert in Fayetteville, NC, and for the Fourth of July, flew to the Hollywood Bowl to see Smokey perform.

On Saturday, November 21, there was a tribute to famous civil rights activist Vernon Jordan. Held at the Alabama Theatre, 2,000 people attended and entertainment was provided by superstar Smokey Robinson. So, ever the fan, Billie Leonard and her boyfriend, James Strickland, headed to Birmingham. Attending the concert in Birmingham, she was dancing down front when she caught Smokey's eye and was called on stage to sing with him. To close the concert, she helped get the audience singing one of Smokey's songs called "Cruisin". Afterwards, people were coming up to her and praising her performance. Commented Billie, "Being from Detroit, to be on stage with Smokey was truly a thrill of a lifetime." ©

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EAST COBB TEENS RAISE FUNDS FOR LEUKEMIA & LYMPHOMA SOCIETY

The Leukemia & Lymphoma Society's (LLS) Student of the Year campaign is a six-week initiative in which nominated high school students, participate in a fundraising competition to raise funds for LLS and win the title Student of the Year. Candidates raise funds in honor of blood cancer patients and survivors. The candidate who raises the most money at the end of the six weeks is named Student of the Year and wins a scholarship to the school or university of their choice. In addition, there is one Citizenship Award for the student candidate who excels in Mission Focus.

The program is a fantastic opportunity for local area high school students enrolled in public or private schools who are enthusiastic about volunteerism, philanthropy, community outreach, and developing leadership skills to participate in the fight against blood cancers.

There are 17 Atlanta area students competing in the inaugural campaign and two are from East Cobb County: Payton Stewart of Lassiter High School and Ally Winkler of Pope High School.

Payton Stewart is a sophomore at Lassiter High School. Her interest in the Student of the Year campaign is very personal, having lost her grandfather to Chronic Lymphocytic Leukemia (CLL) almost 16 years ago, when she was only four months old. Payton says, "I wish that I had gotten the chance to know him, and I would love to think that my efforts will help bring us one step closer to finding a cure for blood cancers."

Ally Winkler is a senior at Pope High School. A few months ago, she lost her grandfather to leukemia. Ally says he was the strongest man she ever met, never complaining or giving in to the cancer. She watched him fight for many years, and says she feels honored to have the opportunity of helping those who have had





Ally Winkler Pope High School

Payton Stewart Lassiter High School

this experience and to rally for the fighters themselves. "The Student of the Year campaign is such an amazing chance for me to offer some good from a difficult situation, as well as honor my grandpa's life, his strength, his courage, and his unforgettable humor that never failed to put a smile on my face," says Ally.

This year's program is the inaugural campaign for the Georgia Chapter, kicked off on January 14, 2016. For six weeks, the candidate teams are focused on raising as much money as possible for LLS and the mission. The campaign culminates in a Grand Finale Gala on February 26, which will include a reception, silent auction and awards presentation. For more information on the Student of the Year campaign, visit: www.lls.org/ga or contact Chantal Coxhead, Special Events Campaign Manager, at: Chantal.Coxhead@lls. org or 404-720-7849.

The Leukemia & Lymphoma Society ® (LLS) is the world's largest voluntary health agency dedicated to blood cancer. The LLS mission: Cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families. LLS funds lifesaving blood cancer research around the world and provides free information and support services.

The Georgia Chapter serves patients with a variety of programs including the Patti Robinson Kaufmann First Connection Program, The Trish Greene Back to School Program for Children with Cancer and the LLS Co-Pay Assistance Program which last year provided \$1.37 million to patients statewide. Currently, the Georgia Chapter is funding a \$1.68 million Therapy Acceleration Program (TAP) research grant with Dr. Anand Jillella of Emory Winship Cancer Institute. There were approximately 4,230 new diagnoses for blood cancer in Georgia in 2014. Visit www.lls.org/ga.



BIG CHICKEN BARBERSHOP CHORUS **OFFERS SINGING VALENTINES**

t's that time of year again! Do something unique and very memorable for that special someone in your life! The Big Chicken Chorus will be delivering Singing Valentines on Friday, February 12; Saturday, February 13; and Sunday, February 14 throughout the day around the Metro Atlanta area. Singing Valentines can also be delivered by phone anywhere in the continental U.S.

A surprise visit from a quartet, dressed in tuxedos with a Valentine's Day red vest and bow tie, will deliver two songs, a live red rose, a card with your personal message, and two sentimental love songs to your significant other at the location of your choice - home, office, school, restaurant, or other public location. These deliveries can also provide a memorable experience at the office as a gift from the staff to the special receptionist, office administrator or the occupant of the "corner office," or to the staff from management.

Terry Morrison, Singing Valentines Chairman said, "We are proud to again offer quality performances by Barbershop Quartets, intended to provide a memorable experience for your loved one(s). These Singing Valentine deliveries are a highlight of our year and we traditionally receive a very positive reception from those who have been touched by this sentimental Valentine's Day gift."

Deliveries will be made this year from 9am until 9pm on Friday, February 12; Saturday, February 13; and, Sunday, February 14. The telephone deliveries are \$25. Prices begin at \$50 for a live delivery within a three-hour time window, arrangements can be made for delivery with a shorter time window at an additional charge.

This year quartets will be on hand at a few Partner Restaurants to deliver Singing Valentines on both days





between 6 and 9 PM. Participating restaurants include Piastra, The Marietta Diner, The Marietta Fish Market, Dogwood Grille, Casa Grande, Cherokee Cattle Co. and Pasta Bella, and at Shillings on the Square (February 14 only). Singing Valentine reservations are required.

Deliveries are arranged on a first come, first served basis, so make your plans early and place an order by visiting www.ordersingingvalentine.com/ BigChickenChorus.GA or by phone to the Singing Valentines hotline at 470-349-0550. Inquiries or requests for additional information can also be made by Email to SingingValentines@BigChickenChorus.org.

The Big Chicken Chorus is the performing chorus of the Marietta, GA Chapter of the Barbershop Harmony Society. The Marietta, GA Chapter of the Barbershop Harmony Society is a 501 (C)(3) non-profit organization and a member of the United Arts of Cobb County and the Cobb County Chamber of Commerce.

The Big Chicken Chorus rehearses on Monday evenings at Marietta High School, 1171 Whitlock Avenue, Marietta 30060. Rehearsals begin at 7pm and are open to the public. We always welcome guests, particularly those young men of any age who enjoy singing to join us in song. No experience or formal musical education is required.



THE COLORFUL LIFE OF **PARKER SACK**

By Carmen C. Abernathy

t's August 10, 2015, and Parker Sack got the break that he had been waiting for. He was cast to play David, Dolly Parton's older brother, in the Coat of Many Colors, a made-for-television movie that aired on NBC this past December. Parker's break came earlier in his life than for many aspiring actors. At the time, 13-year-old Parker was just starting eighth grade at Dodgen Middle School.

Through his love of reading and literature, Parker developed an interest in acting at a young age. According to Parker and his family, theater is the most highly recommended way for any child to get into acting. His earliest exposure was musical theater, and he quickly discovered the singing and dancing aspect of theater wasn't for him. Not to be discouraged, Parker kept pursuing his craft through acting classes and exploring career options.

He signed on with Atlanta Models and Talent in 2013 during this sixth grade year. The agency directed Parker to additional classes where he could perfect his art and learn more about what was involved in the audition process of securing acting jobs. He actually booked his first audition, which was for Ryan's Steakhouse/Old Country Buffet commercials.

Kelly, his mom, and most avid fan, explains that the Atlanta market is maturing for young acting talent, and Parker has benefited from that. "At 13 years old, Parker has already had more job interviews that most people have in a lifetime," she says. "Booking his first audition reinforced his potential even though it took a while to book his next job. This career is really a perseverance test, definitely for the child, but also for the parents when that actor is still a minor."

Other credits for Parker have been a film called Bobby & Gill (yet to be released), a documentary about the Ladies Professional Golf Association (LPGA) called The Founders Film, (yet to be released), a short film about bullying called Stephanie's Story, and other commercials.

When Parker found out last August that he had been cast in the role of David in Dolly Parton's project, he had to be in Conyers, Georgia, the very next day to begin rehearsals. This complicated life for an eighth grader who had just started back to school. Parker withdrew from Dodgen Middle School for the five weeks that it took to shoot the film.

Based on the true story of Dolly Parton's upbringing, Coat of Many Colors is set in the Tennessee Great Smoky



Parker Sack with Dolly Parton

Mountains in 1955 when Dolly was nine years old. It centers on the Parton family as they struggle to overcome a tragedy and discover the healing power of love, faith, and a patchwork coat. Alyvia Alyn Lind plays nine-year-old Dolly, with Jennifer Nettles as Dolly's mother, Rick Schroder as her father, and Gerald McRaney as her grandfather. It first aired on NBC on December 10. Because its viewership was so outstanding, the network aired it a second time on Christmas Eve.

Parker comments on his movie experience: "My favorite part of being a cast member was getting to know and interact with some of the most caring and talented people in the industry. Everyone worked hard and got along, which made our jobs a lot easier. I also learned from my experience on set is that you can't just focus on yourself when working on a project such as the Coat of Many Colors. You have to focus on helping to create something that will tell a story and provoke emotions. And through my experience, every person involved in the movie did just that. All cast members focused on the film rather than themselves. That's what made it such a good movie."

What's next for Parker Sack? According to Parker, up until this point he was only interested in projects in the Southeast. However, his Coat of Many Colors experience, which gave him the opportunity to meet young actors and families in the Los Angeles area, has led him to entertain the idea of looking for acting jobs in other regions. He has signed with an additional group, Los Angeles-based CESD Talent Agency. Although Dodgen Middle School was supportive of Parker and his endeavors, he is now attending Rivers Academy in Alpharetta where he can better manage his time spent in school and in acting. Constantly working on his craft through acting classes, Parker is ready for the next big thing.

Parker and his family have been part of the East Cobb community since 2006. Residing in the East Hampton subdivision, Parker lives with his parents, David and Kelly Sack, and siblings, Casler and Davin, who both attend Mt. Bethel Elementary School. 🔍



COBB CHAMBER ACCEPTING NOMINATIONS FOR SMALL BUSINESS OF THE YEAR AWARD

n 1982, the Cobb Chamber of Commerce established the Small Business of the Year awards to honor the important role that small businesses play in the Cobb community and the economy. In 2004, the Top 25 small businesses were also showcased as the exceptional companies that keep Cobb influential and thriving. By 2012, the Small Business Hall of Fame was created to shine a spotlight on the growing number of businesses that continue to set the standard for small businesses very high.



Applications are now being accepted for the 2016 Small Business of the Year

Awards! Business owners can nominate themselves or other businesses. Applicants must meet the following conditions:

- Be for-profit
- Be a Cobb Chamber member at the time of Top 25 selection
- Demonstrate an increase in sales and/or unit volume
- Have been in business at least three years
 *Companies who have only been in business for 0-3 years can still apply for an opportunity to be recognized as one of the Cobb Chamber's up-and-coming small businesses.

• Show evidence of contributions to community-oriented projects

• Comply with the U.S. Small Business Administration's size standards in defining a small business

Applications can be completed online by visiting www.cobbchamber.org. All applications must be submitted by Friday, March 4 for consideration.

Applications are based on the Small Business Administration standards demonstrating achievement in growth, community involvement, employee benefits and adversity among other

criteria. An independent panel of judges comprised of composed of business and community leaders reviews the applications. The judges select the Top 25 and from amongst the Top 25, the Small Business of the Year winner. The overall winner continues on to participate in the state small business of the year competition.

Celebrate with the Cobb Chamber of Commerce at their June 6 First Monday Breakfast to recognize the 2016 Small Business of the Year winner, the Top 25 Small Businesses of the Year and the Small Business Hall of Fame inductees.

For more information about the Small Business of the Year awards or to become a sponsor, contact Ashley Warner at 770 859-2346 or awarner@cobbchamber.org.

READ MORE. DO MORE.

Each EAST COBBER issue and eastcobber.com's 20 blogs offer you the latest in local arts and entertainment, dining, community events, school news, and health tips.

Get more out of East Cobb: visit www.eastcobber.com

The following pages provide a comprehensive listing of all child care centers, Mother's Morning Out (MMO) programs, and preschools available to children up to the age of 5 in East Cobb County. This information offers a quick review of the child care and educational programs located right here in our East Cobb community. We have not attempted to "rank" or "rate" any centers. Readers are encouraged to thoroughly evaluate any potential caregiver. The Child Care Licensing Section of the Georgia Department of Human Resources regulates the industry and can be very helpful. In the Pre-K column, an * after the check mark indicates that the preschool offers the Georgia Pre-K program.

Name & Address (# of Children Enrolled)	Director/Telephone	Infant Care (0-1 Year)	Toddler Care (1-2 Years)	Preschool (3 Year-Olds)	Preschool/Pre-K (4 Year-Olds)	Kindergarten (5 Year-Olds)	After School Care	Mother's Morning Out	Summer Session	Evening Care	Drop-In Day Care	Special Needs
A CHILD'S NIGHT OUT 1360 Powers Ferry Road., Suite B-255, Marietta 30067	Jackie & Kris Griffith 770-952-9824		15 mos+	~	~		~		~	~	~	
ANGEL ACADEMY DAYCARE (55) 4041 Canton Highway, Marietta 30066	Rachid Aissaoui 770-592-4933	6 wks +	~	~	~		~		~		~	~
BRIGHT HORIZONS AT WILDWOOD (120) 3175 Windy Hill Road, Atlanta 30339	Barbara Clay 770-933-0530	6 wks +	~	~	✓*		~		~		~	~
CATHOLIC CHURCH OF ST. ANN'S PRESCHOOL (160) 4905 Roswell Road, Marietta 30062	Nancy Wohlfrom 770-552-6400 ext. 6030		16 mos+	~	~	~			~			
CHILDCARE NETWORK (174) 2090 Lower Roswell Road, Marietta 30067	Jacklyn Woods 678-374-3940	~	~	~	~		~		~		~	~
CORRIGAN CARE, INC. SPECIAL NEEDS DAY CARE (5) 9205 Coleman Road, Roswell 30075	Amy Corrigan 678-509-3669	3 mos+	~	~	~	~		~	~	~		~
COVENANT PRESBYTERIAN CHURCH (58) 2881 Canton Road, Marietta 30066	Lanie Norton 770-422-5130	~	~	~	~							
CRESCO MONTESSORI SCHOOL (80) 3001 Johnson Ferry Road, Marietta 30062	Michelle Knapp 770-992-8031	6 wks +	~	~	v	~	r	~	~		~	~
CRÈME DE LA CRÈME (225) 726 Woodlawn Drive, Marietta 30068	Jeannie Burdette 770-971-2205	6 wks +	~	~	~		~		~			
DOODLE BUGGS DAYCARE & LEARNING CENTER (50) 2561 Canton Road, Marietta 30066	Hellena Hammand 770-422-0284	6 wks +	~	~	~	~			~			~
EAST COBB CHURCH OF CHRIST THE FIRM FOUNDATION PRESCHOOL 5240 Roswell Road, Marietta 30062	Rhonda Hawkins 770-587-5999 x.220		15 mos+	v	r	r		~				



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Name & Address (# of Children Enrolled)	Director/Telephone	Infant Care (0-1 Year)	Toddler Care (1-2 Years)	Preschool (3 Year-Olds)	Preschool/Pre-K (4 Year-Olds)	Kindergarten (5 Year-Olds)	After School Care	Mother's Morning Out	Summer Session	Evening Care	Drop-In Day Care	Special Needs
EAST COBB PREP (175) 3875 Shallowford Road, Marietta 30062	Erin Fleishman 770-649-0415	6 wks +	~	~	~		~					
EASTMINSTER CHRISTIAN PRESCHOOL (102) 3125 Sewell Mill Road, Marietta 30062	Cathi Cahn 770-977-2976 ext. 11		~	~	~			~				
EASTSIDE BAPTIST PRESCHOOL (130) 2450 Lower Roswell Road, Marietta 30068	Karen Walker 770-971-4766	6 wks +	~	~	~							
THE EPSTEIN SCHOOL (100) 335 Colewood Way NW, Sandy Springs 30328	Cathy Borenstien 404-250-5600		18 mos+	~	~	~	~					
ETZ CHAIM PRESCHOOL(42) 1190 Indian Hills Pkwy., Marietta 30068	Debbie Deutsch 770-977-3384		~	~	~		~		~			
FAITH LUTHERAN SCHOOL (75) 2111 Lower Roswell Road, Marietta 30068	Daryl Kruse 770-973-8921		18 mos+	~	~	~	~					
FELLOWSHIP CHRISTIAN SCHOOL (15) 10965 Woodstock Road, Roswell 30075	Cecille Kinsey 770-992-4975				~	~	~					
THE GODDARD SCHOOL OF EAST COBB (135) 3584 Providence Road, Marietta 30062	Naomi Davis 770-579-1190	6 wks +	~	~	~				~			
THE GODDARD SCHOOL TRICKUM ROAD/EAST COBB (110) 3147 Trickum Road, Marietta 30066	Stephanie Mosac 770-321-8370	6 wks +	~	~	~				~			
HIERARCHY EARLY LEARNING CENTER 3829 Roswell Road, Marietta 30062	Hazel Olivares 770-579-1979	6 wks +	~	~	~		~		~		~	~
HIGH MEADOWS SCHOOL (75) 1055 Willeo Road, Roswell 30075	Margaret Jones 770-993-2940			~	~	~	~		~			
HOLY FAMILY CHURCH PRESCHOOL (90) 3401 Lower Roswell Road, Marietta 30068	Mary Jo Nichols 770-973-0038 ext. 824		~	~	~				~			
JAC DAYCARE AND PRESCHOOL (30) 1240 Johnson Ferry Place, Marietta 30068	Shoshana Javits 770-321-8484	6 wks +	~	~	~	~	V	~	~		~	~
JOHN KNOX PRESBYTERIAN CHURCH PRESCHOOL (95) 505 Powers Ferry Road, Marietta 30067	Karen Otto 770-973-3283		18 mos+	~	~				~			
JOHNSON FERRY BAPTIST CHURCH THE WEE SCHOOL(300) 955 Johnson Ferry Road, Marietta 30068	Kim Mayo 770-794-2997		v	~	~	~		v				

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and

Grow ...

Name & Address (# of Children Enrolled)	Director/Telephone	Infant Care (0-1 Year)	Toddler Care (1-2 Years)	Preschool (3 Year-Olds)	Preschool/Pre-K (4 Year-Olds)	Kindergarten (5 Year-Olds)	After School Care	Mother's Morning Out	Summer Session	Evening Care	Drop-In Day Care	Special Needs
KIDDIE KOLLEGE (100) 2000 Lower Roswell Road, Marietta 30068	Debra Walker 770-973-7223	6 wks +	~	~	✓*		~	~	~		~	~
KIDS R KIDS (180) 4671 Sandy Plains Road, Roswell 30075	Melissa Smith 770-552-8877	6 wks +	~	~	✓*		~		~			~
KIDS R KIDS EAST COBB PRESCHOOL (268) 505 Johnson Ferry Road, Marietta 30068	Julie Davis 770-565-2220	6 wks +	~	~	v	~	~		~			~
KIDS R KIDS EAST COBB (225) 2100 Post Oak Tritt, Marietta 30062	Alyssa White 770-971-7200	6 wks +	~	~	r				~	1		~
KIDS ZONE DAYCARE & LEARNING CENTER (130) 137 Johnson Ferry Road, Suite 1100, Marietta 30068	Helene Hindman 770-933-6900	6 wks +	~	~	r		~		~			~
LA PETITE ACADEMY (87) 2358 Shallowford Road, Marietta 30066	Tashana Cephas 770-926-8364	6 wks +	~	~	✓*		~		~		~	~
LEGACY CHRISTIAN SCHOOL EAST COBB/ WOODSTOCK CHRISTIAN CHURCH 3662 Shallowford Road, Marietta 30062	Heidi Milton 404-409-7414		6 yrs +	~	~	r						
LIGHTHOUSE ACADEMY AT EAST COBB UMC (90) 2325 Roswell Road, Marietta 30062	Bronwyne Butler 770-971-3671	8 wks +	~	~	~				~			~
MJCCA SUNSHINE SCHOOL AT TEMPLE KOL EMETH (83) 1415 Old Canton Road, Marietta 30062	Raye Lynn Banks 678-812-3720		~	~	~		~		~			~
MONTESSORI INTERNATIONAL ACADEMY (85) 2145 Barnes Mill Road, Marietta 30062	Tiffany Smith 770-565-3933	6 wks +	~	~	✓*		~		r		~	
MONTESSORI SCHOOL OF WOODSTOCK (60) 3899 Canton Road, Marietta 30066	Patricia Shahbazi 770-928-2515		18 mos+	~	~	~	~		~			
MOUNTAIN VIEW UMC PRESCHOOL (130) 2300 Jamerson Road, Marietta 30066	Tracie Schwebs 770-591-8659	8 mos +	~	~	r	~		~	~			
MT. BETHEL CHRISTIAN PRESCHOOL 4385 Lower Roswell Road, Marietta 30068	Ginny Mateer 770-971-6812		16 mos +	r	v			r	~			
MT. BETHEL CHRISTIAN ACADEMY 4385 Lower Roswell Road, Marietta 30068	Jim Callis 770-971-0245					r	~					
MT. BETHEL CHRISTIAN DAY CARE CENTER 651 Woodlawn Drive NE, Marietta 30068	Dee Stolz 678-560-8005	~	~	~	~		~					
MOUNT PARAN NORTH PRECIOUS ONES LEARN N' PLAY (95) 1700 Allgood Road, Marietta 30062	Julie Bostardi 678-285-3226	8 wks +	~	~	~		~	~	~		~	





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HIGH MEADOWS

CHOOL

Name & Address (# of Children Enrolled)	Director/Telephone	Infant Care (0-1 Year)	Toddler Care (1-2 Years)	Preschool (3 Year-Olds)	Preschool/Pre-K (4 Year-Olds)	Kindergarten (5 Year-Olds)	After School Care	Mother's Morning Out	Summer Session	Evening Care	Drop-In Day Care	Special Needs
MT. ZION UMC PRESCHOOL (182) 1770 Johnson Ferry Road, Marietta 30062	Kristi Olterman 770-971-1478		~	~	~	~						~
NOBLE WORLD MONTESSORI (67) 2502 East Piedmont Rd., Marietta 30062	Maedeh Sayfi 770-509-1775	6 wks +	~	~	~	~	~		~			
NOONDAY CHRISTIAN ACADEMY (145) 4121 Canton Road, Marietta 30066	Libby Dunn 770-926-8891		~	~	~	~	~	~	~			
PIEDMONT ACADEMY (120) 570 Piedmont Road, Marietta 30066	Dolores Bailey 770-423-9578	6 mos+	~	~	~	~		~			~	
PRIMARY Early Learning Center (180) 570 Piedmont Road, Marietta 30066	Dolores Bailey 770-423-9578	3 mos+	~	~	~	~		~	~			
PRIMARY PREP ACADEMY (150) 1887 West Oak Parkway, Marietta 30062	Beth Anderson 678-594-8700	6 wks +	~	~	~				~			
PRIMROSE SCHOOL AT EAST LAKE (137) 2065 Roswell Road, Marietta 30062	Samantha Sisco 770-971-0148	6 wks +	~	~	✓*		~	~	~		~	~
PRIMROSE SCHOOL OF LASSITER (130) 282 Lassiter Road, Marietta 30062	Patsy McGilvary 770-641-8535	6 wks +	~	~	✓*		~		~			~
PRIMROSE SCHOOL OF SPRAYBERRY (144) 2531 East Piedmont Road, Marietta 30062	Kim Barnett 770-578-4832	6 wks+	~	~	✓*	~	~		~			~
RATED K FOR KIDS ONLY (60) 2800 Canton Road NE, Marietta 30066	Roma Gambrell 770-425-4799	6 wks +	~	~	✓*		~		~	~	~	~
SANDY PLAINS BAPTIST CHURCH (85) 2825 Sandy Plains Road, Marietta 30066	Terri Butler 770-971-8525		~	~	~		~					



24 February 2016

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www.eastcobber.com



Emmy's Academy



Emmy's Academy will provide high-quality, accredited childcare to children with typical and special needs 6 weeks through 5 years old, Monday through Friday from 7:30am -6:30pm. The Academy will offer early intervention, specialized developmental care, and low student to teacher ratios all in an inclusive educational environment. While all children can be enrolled in the Academy childcare program, the children with special needs will also have access to on-site physical, occupational, speech and music therapies, and will receive personal attention from highly-trained special education teachers. Emmy's Academy will strive to maintain a fully inclusive environment for our children, and welcome all children regardless of diagnosis or special circumstances. Emmy's Academy is located at 9205 Coleman Rd, Roswell, GA 30075. For information on enrolling your child, email Amy@CorriganCare.org

PHOTOGRAPHY / Nine P. Shields

7th Annual Emmy's Bash

Saturday, Aug 27, 2016 7pm – 11pm

Earl Smith Strand Theatre

A night of hors d'oeuvres, drinks and entertainment benefiting Corrigan Care, Inc. The evening will highlight the many families who can benefit from the services Corrigan Care provides. A silent auction will be held to raise additional funds.

For more information visit www.corrigancare.org

MOM'S MORNING OUT

Monday – Friday 9:30am – 12:30pm / \$15 Per Child We welcome children with special needs and/or their siblings (ages 3 months – 5 years). Space is limited so register your child soon!

GROUP MUSIC WITH MOM

Wednesdays 10:00am - 10:30am / \$8 Per Child*

Music Therapy by The George Center for Music Therapy. *Parent/Guardian must attend with child.

We are located at 9205 Coleman Rd, Roswell, GA 30075.

RESPITE NIGHTS

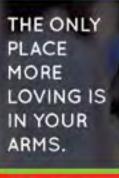
Monthly respite nights for families with special needs children, siblings welcome!

Roswell (Emmy's Academy – ages 6 mos – 10 yrs) / **\$7 Per Child** Kennesaw (Bounce U – ages 3 yrs – 10 yrs) / **\$10 Per Child** Cumming (Building Bridges Therapy – ages 3 yrs – 10 yrs) / **\$10 Per Child**

Contact Amy at Amy@CorriganCare.org or 678-509-3669

Corrigan Care • 9205 Coleman Road • Roswell, GA 30075 • (678) 509-EMMY • www.corrigancare.org a 501c3 nonprofit organization

Name & Address (# of Children Enrolled)	Director/Telephone	Infant Care (0-1 Year)	Toddler Care (1-2 Years)	Preschool (3 Year-Olds)	Preschool/Pre-K (4 Year-Olds)	Kindergarten (5 Year-Olds)	After School Care	Mother's Morning Out	Summer Session	Evening Care	Drop-In Day Care	Special Needs
SEWELL MILL CHRISTIAN SCHOOL of SEWELL MILL BAPTIST CHURCH (55) 2550 Sewell Mill Road, Marietta 30062	Ann Crosby 770-971-3746		~	~	~	~						
SHINING STARS DAYCARE (34) 100 Powers Ferry Road, Marietta 30067	Margaret Aluko 770-977-7840	~	~	~	~	~	~	~	~		~	~
SPRAYBERRY ACADEMY (220) 2110 Post Oak Tritt, Marietta 30062	Samantha Swift 770-977-0877				✓*		~		~			~
ST. ANDREW UMC PRESCHOOL (150) 3455 Canton Road, Marietta 30066	Helen Geesey 770-592-7250		16 mos +	~	~			~				~
ST. CATHERINE'S EPISCOPAL CHURCH PRESCHOOL (190) 571 Holt Road, Marietta 30068	Karolyn Olliffe 770-971-2839	r	r	r	~		v	~				
THE SUNSHINE HOUSE (125) 4677 Paper Mill Road, Marietta 30067	Sherma Dailey 770-955-2768	6 wks +	~	~	✓*		~		~		~	~
TEMPLE BETH TIKVAH EARLY CHILDHOOD EDUCATION CENTER (52) 9955 Coleman Road, Roswell 30075	Jenifer Friedman 678-350-0076		r	r	~	r			r			
TRANSFIGURATION CATHOLIC PRESCHOOL (120) 1815 Blackwell Road, Marietta 30066	Kristen Smith 770-977-1442		~	~	~	~						
THE WALKER SCHOOL (75) 830 Damar Road, Marietta 30062	Katherine Harrison 678-581-1099			~	~	~	~		~			
THE WOOD ACRES SCHOOL (250) 1772 Johnson Ferry Road, Marietta 30062	Laurie Mazor 770-971-1880			~	~	~	~		~			



Tour your local Goddard School and experience why it's the best preparation for social and academic success.

Goddard Systems, Inc.'s program is AdvancED accredited.

MARIETTA I 770-321-6370

E Tricken Road mill to CVIS

GoddardSchool.com

"Othe sale to new Goostad families at the above incation low, "Some program restrictions apply. Not valid --th any amer after other exposes 315-36. The Goostad Schoos are operated to indeprotent flux-theses under a liverine agreement --th Goostad Systems, Inc. Program and ages may sary. Goostad Systems, Inc. program is Advantable accedent or Social Systems, Inc. Program is Advantable accedent or Social Systems, 2016







Legacy Christian School, Inc. NOW REGISTERING FOR 2016-17 School Year Enrolling 2 year olds - Young 58/Kindergarten www.legacychristianeastcobb.org 3662 Shallowford Road NE, Marietta, GA 30062

EAST © COBBER

Next Issue: March Deadline: February 15 Call East Cobber: 770-640-7070





find events for East Cobb. Keep up the good work on keeping people informed on East Cobb. 7744 I love the diversity of your offerings! Informative social media engagement? Check! Comprehensive magazine che parade and festival? Check! fabulous!! 7766 Great t happenings and to lot of information I love how the Cobb! **7766** \ You keep r I love the l guys showcas recommended going on in my events. Thru you in the East Cobb covers. I can relate t the areas, vendors and

And the ChildCare reviews w

EAST COBBER

I love all the info that you provide on happenings around town and great deals/

specials that we can take advantage of. You guys do a great job! 77 44 I love the EAST

COBBER. It is great for providing all kinds of info on East Cobb. You guys show case

ever and busines in East Cobb. I have learned more about East Tobb that I a dn't

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tinformation? Check! Awesome annual t-shirts? Check!! Y'all are new to East Cobb, and 'rce for merchants, best way to find a ts and I can post

nmunity. 7766 rhborhood. 77 estaurants. 77 ast Cobb. You lowing what is atest upcoming actually recognize e to hear about all that. needed it!!! 7744 I'm from a

small town, and the EAST COBBER makes and Adanta suburb feel more like a friendly small town where people know and care about you. Where the accomplishments of the good people are celebrated instead of sensationalizing the crimes of the bad. Thanks for focusing on my community! 7766 The EAST COBBER is my "go to" guide to let me know what cool things are happening right here in my very on backyard! Thank you for providing very informative info about this community! **7766** Follow the EAST COBBER on twitter and love it. I always feel like I know what's going on in the area immediately. EAST COBBER has interesting tidbits of news and information that important to a mom of 4 boys. EAST COBBER reminds me of things I wanted to check out or do in the area. Thanks for your continued care about our piece of Cobb county.

February 2016 COMMUNITY CALENDAR

EVERY TUESDAY AND SATURDAY

Feeding Time at the Chattahoochee Nature Center. Join a naturalist for an in-depth look at one of their resident animals as they are being fed. 4pm. Admission: \$10/adults. \$7/seniors and students 13-18. \$6/ages 3-12. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or www. chattnaturecenter.org.

EVERY SATURDAY AND SUNDAY

Trail Hikes. A docent guides you on a journey through the Chattahoochee Nature Center trails using biofacts and activities to spark you "natural" curiosity. 1pm. Admission: \$10/adults. \$7/seniors and students 13-18. \$6/ages 3-12. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or www.chattnaturecenter.org.

THROUGH FEBRUARY 19

30th Annual Pine Straw Sale. A fundraiser for Boy Scout Troop 1011. To ensure home delivery, your order and payment must be received by February 19. Deliveries within a 5 mile radius will be on Saturday, February 27. 10-bale minimum for delivery, less than 10 bales must be picked up in church parking lot. Mt. Bethel United Methodist Church, 4385 Lower Roswell Road, Marietta. For ordering info: troop1011.org or troop1011pinestraw@ yahoo.com.



THROUGH FEBRUARY 21

Cobb County Junior Basketball Tournament. Season and championship tournament for 6th-8th graders from Cobb, Cherokee, Paulding, North Fulton, Forsyth and Gwinnett schools. Most Saturday and Sunday games start at 9am, check website for updates on times and locations. Tickets: \$5/adult; \$3/student; 5 and under free. Final championship game at Hillgrove High School, 4165 Luther Ward Road, Powder Springs. More info: www.ccjbc.com.

FEBRUARY 5-13

Moulin Rouge-The Ballet. Presented by Atlanta Ballet, get up close and personal with the bohemian world of Paris in its heyday and the spiritual birthplace of the Cancan – Moulin Rouge, the most famous cabaret in history. Thursday-Saturday: 8pm. Saturday & Sunday matinee at 2pm. Tickets start at \$25. Cobb Energy Performing Arts Centre, 2800 Cobb Galleria Parkway, Atlanta. More info/tickets: ticketmaster.com or atlantaballet.com

FEBRUARY 5-20

Last of the Red Hot Lovers by Neil Simon, presented by CenterStage North. Middle-aged and married, overworked and overweight, Barney Cushman wants to join the sexual revolution before it's too late. Mountain View Arts Alliance Benefit shows: February 5: 8pm and February 7: 2pm with dessert and coffee, \$15. February 6: 6:30pm with appetizers and dinner, \$25. All other shows February 12, 13, 18-20: 8pm. February 14: 2pm. Tickets: \$15 in advance. \$17 at the door. The Art Place Mountain View, 3330 Sandy Plains Road, Marietta. More info: 770-331-0079 or www.centerstagenorth.org.



FEBRUARY 6

25th Annual Little Miss Cobb County Pageant sponsored by Miss Cobb County Pageant. Beauty titles will be awarded for Tiny Miss Cobb to Teen Miss Cobb plus a separate talent search for Talented Preteen and Talented Teen. 10:30am. Kennesaw State University, Marietta Campus, 1100 South Marietta Parkway, Marietta. More info: Gene Phillips, 770-435-6378 or www.misscobb.com.

7th Annual Marietta Mardi Gras 5K/1K Run. All proceeds benefit the Junior League of Cobb-Marietta and its community partners. Certified as a Peachtree Road Race qualifier. Start Time: 5K: 8am; 1K: 8:45am; Tot Trot: 9 am. Fees: 5K & 1K: \$30; Tot Trot: \$15; Phantom: \$25 (T-Shirt Only). Packet Pick-Up: February 3 and February 4 from 4-8pm at the Big Peach Running Company, 1625 Ridenour Boulevard, Kennesaw. Race Start & Finish: Marietta Square, 1 Cherokee Street, Marietta. More info: www.marietta5krun.com or www.jlcm.com.

FEBRUARY 6 & 7, FEBRUARY 13 & 14

Senior Softball Tryouts. The Cherokee Senior Softball Association will be holding sign-ups and evaluations for the spring 2016 season. Registration is open to men 50 years or older of all ability levels. Hobgood Park, 6688 Bells Ferry Road, Woodstock 30189. More info: Ron O'Donnell, 404-663-6520.

FEBRUARY 9

Atlanta Gap Year Fair. With a focus on education, service, and personal growth, students will be provided with a broad exposure of Gap Year Programs and the opportunity for face-to-face conversations with professionals in the field. Scheduled Speaker: Jane Sarouhan. Event Time: 7-9pm. Speaker Time: 6-7pm. Free. Pace Academy, 966 W. Paces Ferry Road, Atlanta. Registration/More info: www.usagapyearfairs.com.



COMMUNITY CALENDAR

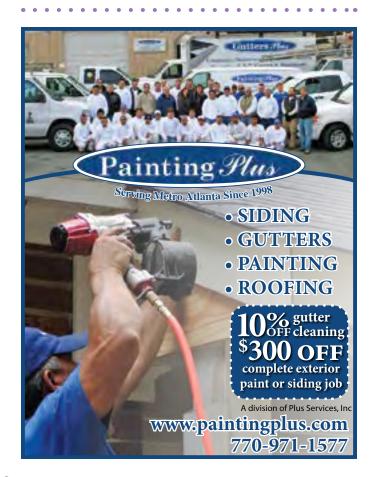
FEBRUARY 10

Celebrate Georgia Arbor Day. Celebrate Georgia Arbor Day at the East Marietta Library. Join Cobb County's P.A.R.K.S. Department instructors to discover how trees work and the best time to plant them in Georgia. Participants will each get a complimentary tree sapling from Keep Cobb Beautiful to take home. Grades K-5 and their adult caretakers. 4:15-5:15pm. Free. East Marietta Library, 2051 Lower Roswell Road, Marietta 30068. 2051 Lower Roswell Road, Marietta 30068. More info: 770-509-2711.

Happy Valentine's Day, Family Fun Time! Family Fun Time is for families with children of all ages. It lasts 40-55 minutes and can include books, activities, a short film, music, and a craft. No registration required. All story times require a participating adult. 3:30-4:25. Free. East Cobb Library, 4880 Lower Roswell Road, Marietta. More info: 770-509-2730.

FEBRUARY 12

Cobb County Master Gardeners Lunch and Learn: Compost and Soil Amendments presented by Eddie Rhoades, Master Gardner. Learn how to turn poor soil into plant-friendly soil. Bring your lunch. 12-1pm. Cobb Water Lab, 662 S. Cobb Drive, Marietta. More info: 770-528-4070 or www.cobbmastergardeners.com.



www.eastcobber.com

COMMUNITY CALENDAR

FEBRUARY 12

Martinis & Music. Live music, light refreshments, art, and cash bar. 5:30pm. This event is open to the public at \$10 per person and is free for museum members. Marietta/ Cobb Museum of Art, 30 Atlanta Street, Marietta. More info: 770-528-1444 or www.mariettacobbartmuseum.org.

FEBRUARY 12-28

The Full Monty. Based on the cult-hit film of the same name, *The Full Monty* is filled with honest affection and engaging melodies. Thursdays through Saturdays the show starts at 8pm with an additional Saturday performance, February 27 at 2pm. Sunday performances start at 2pm. Tickets: \$35-\$55. The Jennie T. Anderson Theatre, 548 South Marietta Parkway, Marietta. More info: 404-377-9948 or www.atlantalyrictheatre.com.

FEBRUARY 12-MARCH 26

The Romance of the Nude and Figure, features works of art by local artists in honor of Valentine's Day. 6-8pm. dk Gallery 25 West Park Square Marietta 30060. More info: 770-427-5377 or www.dkgallery.us.

FEBRUARY 13

7th Annual Heart of Georgia Open Swap Meet presented by the Vintage Chevrolet Club of America (VCCA). This swap meet and car corral features parts for sale from all manufacturers and welcomes all makes of cars and trucks for sale in the car corral. Swap meet space or car corral spot \$25. 8am-3pm. Admission is \$5. Under 12: free. Jim R. Miller Park, 2245 Callaway Road, Marietta. More info: 770-992-4542 or vcca.org

"Let's Talk About It" A Public Forum on Domestic Violence and Sexual Assault in Cobb County. Join the discussion at this free event sponsored by the American Association of University Women of Cobb County, YWCA of Northwest Georgia, and co-sponsored by the League of Women Voters Marietta-Cobb. Panel members include a victim of domestic violence and representatives from Cobb County District Attorney's Office, Cobb Legal Aid, Law enforcement, and YWCA NW Domestic Violence/Sexual Assault Center. 2:30pm. Switzer Library, 266 Roswell Street, Marietta. More info: contact Arden Stone at 678-245-1145 or arden_stone@yahoo.com.



TWEET TWEET! FOLLOW US ON TWITTER

FEBRUARY 13

Valentine's Parents Night Out. The Girl Scouts of Gamma Gamma Sigma, a leadership program for middle and high school Girl Scouts, is hosting a Parents Night Out Fundraiser. Have your kids join a Pajama Pizza Party while you enjoy an evening out on the town! Children wear their pj's and bring their favorite pillow. Girl Scouts will provide the pizza, movies, snacks, games and activities. 6-11pm. \$25 first child; \$15/additional. Ages: potty-trained to 10. Scout Lodge behind Mr. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta 30062. More info: 678-832-7894 or ggseastcobb@gmail.com.

Waldo's Coffee House presents Kara Claudy and Diane Eaton. A Valentine's Day themed concert and dancing. 7pm. Doors open at 6pm. Entrance donation: \$10. Snacks and drinks will be provided for an additional donation. Emerson Unitarian Universalist Congregation, 4010 Canton Road, Marietta 30066. More info: uuwaldoscoffeehouse@ gmail.com or Uwe Neitzel, 404-936-4950.

Walton Raider Chase. This 5K race will be a celebration of both running and Raider Pride. Olympic style track finish, complete with live music, awards, and raffle prizes. All proceeds benefit Walton Track and Field Cross Country programs. 7:30am. \$20-\$30. Walton High School, 1590 Bill Murdock Road, Marietta 30062. More info: www.waltontfxc.com/raiderchase.

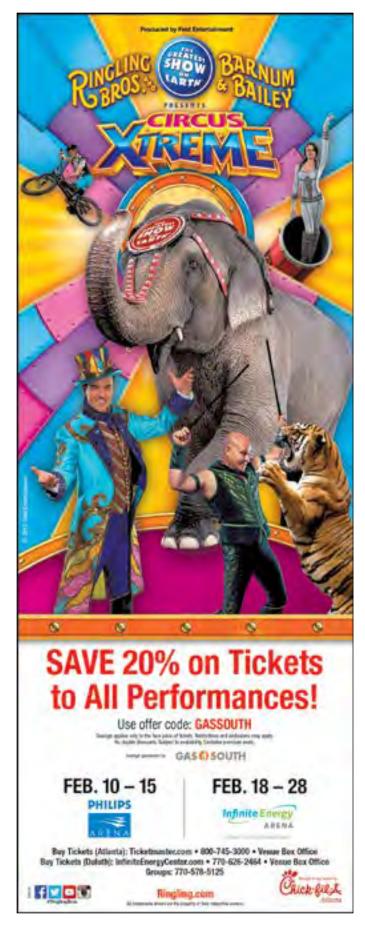
FEBRUARY 15

East Cobb Support Group for Adult Survivors of Child Sexual Abuse. For survivors to break their silence and learn about challenges and solutions from others traveling the same path. The support groups include both men and women and topics discussed include shame, trust, love, hate, boundaries and masks. VOICE Today provides materials, resources, and discussion guides. Meets the 1st and 3rd Mondays each month, 7pm-9pm. Free. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Room 337, Marietta. More info: www.voicetoday.org.

Town Hall Meeting with State Representative John Carson and Senator Judson Hill. 7-8pm. Mountain View Library, 3320 Sandy Plains Road, Marietta. More info: john. carson@house.ga.gov or www.votejohncarson.com, judson.hill@senate.ga.gov or www.judsonhill.com.

FEBRUARY 15-18 & FEBRUARY 27-MARCH 19

Drivers Education presented by Marietta/Cobb Driver's Education. 30 hours of classroom instruction and 6 hours of individual training behind the wheel. This program meets the requirements for Joshua's Law and qualifies for the Teen Driver's Education insurance discount. Monday-Thursday and Saturday only offerings. 8am-4pm. \$385. Dodgen Middle School, 1725 Bill Murdock Road, Marietta. More info: 770-429-3170 or www.mariettacobbdriverseducation.com.



COMMUNITY CALENDAR

FEBRUARY 15–19

Cobb County School District Mid-Winter Break. All Cobb County schools will be closed.

FEBRUARY 20

The Atlanta Guitar Trio presented as part of the St. Catherine's concert series. 7:30pm. Free. St. Catherine's Episcopal Church, 571 Holt Road, Marietta 30068. More info: 770-971-2839 or www.stcatherines.org.

FEBRUARY 21

Cobb County District of Kiwanis 2016 Art & Music Showcase Auditions. All Cobb County and Marietta High School groups of student performers (five or less students including an accompanist if required) are invited to audition, and if chosen, perform in the Art & Music Showcase. The winner(s) must be available to perform at the Georgia District Kiwanis Foundation Art & Music Showcase on April 30 in Albany, Georgia. 4-7pm. Marietta Performing Arts Centre at Marietta High School, 1171 Whitlock Avenue Northwest, Marietta. More info: contact Carl Sherrill at 404-429-9572 or cwsherri@yahoo.com.

FEBRUARY 24

Black Inventors – Journey to Induction. In celebration of African American History Month, Lawrence King, "Black Inventors – Journey to Induction" will present. The lecture will focus on how African American inventors were inducted into the National Inventors Hall of Fame and what the long process was to have African Americans receive the recognition they deserved in science and technology. 6:30-7:30pm. Free. Switzer Library, 266 Roswell St, Marietta 30060. More info: 770-528-2320.

FEBRUARY 25-MARCH 13

Peter and the Starcatcher presented by Georgia Ensemble Theatre. Let your imagination take flight in this prequel to Peter Pan. Marvel at the limitless possibilities of make-believe as a dozen brilliant actors play more than 100 unforgettable characters in this swashbuckling adventure. Fun for the whole family! Wednesday: 7:30pm. Thursday-Saturday: 8pm. 2nd and 3rd Saturday of the production: 4pm matinee. Sunday: 2:30pm. \$30-\$40/adults. Discounts available for seniors and students. Roswell Cultural Arts Center, 950 Forrest Street, Roswell. More info/tickets: 770-641-1260 or www.get.org.

FEBRUARY 26

Cobb Executive Women Luncheon. Featured Speaker: Terri Bunten Guthrie, Executive Vice President /Cobb Market President of First Landmark Bank. Terri Bunten Guthrie will be sharing her personal story of overcoming challenges and succeeding in the banking industry. Registration/ General networking: 11am. Program: 11:15am-1pm. Members: \$25 at door. Guests: \$35 at door. The Georgian Club, 100 Galleria Parkway, 17th Floor, Atlanta. More info: contact Maddie Nachtmann at mnachtmann@ cobbchamber.org or www.cobbchamber.org.

FEBRUARY 27

2nd Annual TellTale Theatre Oscar Eve Benefit Soiree. On

the eve of the Oscars come dressed for the red carpet and support TellTale Theatre's mission of IMAGINATION EDUCATION. IMAGINATION EDUCATION brings kids (primarily disadvantaged) original plays and workshops that teach vital personal and social themes in our community's schools and partner organizations. Enjoy gourmet food and wine, music, theatrics and raffles. 7-10pm. \$75/couple, \$50 single. 680 Longstreet Drive, Marietta. More info: contact melanie@telltaletheatre.com

FEBRUARY 28

Docent Orientation at the Chattahoochee Nature Center. This introductory class will explore the various areas of education volunteering, including leading guided hikes, interpreting exhibits around the grounds, and leading animal presentations. 12:30-5pm. Ages 10-adult. Register by February 9 (Children 16 and under must have an adult). Free. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: Rebecca, 770-992-2055, ext. 236, or r.gilbert@chattnaturecenter.org.

Georgia Youth Symphony Orchestra Midseason Concert.

Featuring elementary, middle, and high school aged musicians that make up four orchestras including a jazz ensemble and a percussion ensemble. 3pm and 7:30pm. \$8. Bailey Performance Center, Kennesaw State University, 1000 Chastain Road, Kennesaw. More info: 770-429-7016 or www.georgiasymphony.org.

MARCH 1

Happy 100th Birthday, National Park Service! Mark the 100th anniversary of our National Park Service. To recognize this landmark celebration, authors Ren and Helen Davis will give tribute to one of the National Park Service's premier photographers, George Alexander Grant, in their program and book "Landscapes for the People." 7-8pm. East Cobb Library, 4880 Lower Roswell Road, Marietta 30068. More info/RSVP: 770-509-2730 or email: eastcobr@cobbcat.org.

MARCH 3-5

Kids Kingdom Spring/Summer Consignment Sale.

Featuring children and teen clothing, baby items and equipment, toys, DVDs, baby furniture, books and educational items, maternity, and much more. Thursday: 5-8pm. Friday: 9am-6pm. Saturday: 9am-1pm. Orange Hill Baptist Church, 4293 Austell Road, Austell. More info: 770-948-9388 x53 or kidskingdomconsignment@gmail.com.





EAST@COBBER

www.eastcobber.com

MARCH 4-5

Mt. Bethel Spring/Summer Consignment and Baked Goods Sale. East Cobb's best deals on toys; books; children's furniture; sporting goods; spring and summer clothing; shoes; and gear for babies, kids, juniors, and expecting mothers. Proceeds made from the sale to support various missions. Friday 9am-7pm (no strollers allowed until 12pm). Saturday: 9am-12pm (all items 30% off). Mt. Bethel United Methodist Church, 4385 Lower Roswell Road, Marietta. More info: www.mtbethelccs.com.

RUMC Preschool & Kindergarten Semi-Annual

Consignment Sale. Roswell United Methodist Church Preschool and Kindergarten (RUMCK) will host its semiannual children's consignment sale. More than 200 consignors and great prices on gently worn spring and summer children's clothing and accessories (newbornsize 14), as well as maternity clothing. Friday: 9am-2pm (no strollers allowed until 12pm). Saturday: 8am-12pm (most items ½ price). Roswell United Methodist Church, 814 Mimosa Boulevard, Roswell. More info: 770-998-8699 or www.rumc.com/rumck.

MARCH 5

15th Annual Hearing Children's Voices Gala. This year's theme, *When You Wish Upon A Star*, is a testament to the hope and healing SafePath provides to children as they travel their journeys and reach for the stars. The evening's host, Linda Stouffer, WSB-TV Anchor, will help SafePath present the Hearing Children's Voices Award to an influential community member who serves as a tireless advocate for SafePath and a voice for all children. Dinner, auction, and entertainment. Proceeds benefit SafePath Children's Advocacy Center. 6pm. \$175/person. Cobb Galleria Centre, Two Galleria Parkway, Atlanta. More info: 770-801-3465 or www.safepath.org.

VOICE Today's 2016 Legacy Ball: A Night To Help Put An End To Child Sexual Abuse. VOICE Today is breaking the silence and cycle of child sexual abuse and exploitation by awareness, prevention and healing programs. Vince and Barbara Dooley will be the honorary hosts of the evening and Christi Paul, CNN anchor will emcee. This black-tie charity event benefitting VOICE Today will be filled with dining, dancing with both live and silent auctions. 7-11pm. \$130/person. Georgia Aquarium, 225 Baker Street Northwest, Atlanta. More info: 678-578-4888 or www.voicetoday.org/legacyball.

MARCH 19

Come Celebrate Wildcat Nation! Wheeler turns 50! Join alumni, faculty, administrators and family for an unforgettable day back at Wheeler High School. A pep rally and kickoff speeches to celebrate, reminisce with old friends in "Reunion Rooms", take a tour of the brand new school and much more. 2pm. Free. Wheeler High School, 375 Holt Road, Marietta 30068. More info: 770-578-3266.

COMMUNITY CALENDAR



CALL TODAY! 770-640-7070

Ask for Tiffanie

PET OF THE MONTH: ELPHABA

Submitted by Darren and Carolyn Gandy



Pet's Name: Elphaba (Elphie for short) – named after the Wicked Witch of the West from the Broadway Play *Wicked*

Animal/Breed: Pembroke Welsh Corgi

Age & Gender: Female, 2 years old

Favorite Food: Chicken

Favorite Person: Mom

Best Trick: Roll over

Turn Ons: Long walks and belly rubs

Turn Offs: Geese

Favorite Toy: Squeaky plush duck

Last Seen: On walks in East Cobb

What makes your pet so special: Very sweet and lots of personality!

Should Your Pet Be Our Pet of the Month?

Fill out the information on your pet and send it to: EAST COBBER, P.O. Box 680445, Marietta, GA 30068

Please include a picture with your entry. Or email description and a jpg to: petomonth@eastcobber.com

Turn Offs:_____

1

Favorite Toy: _____

Last Seen:

What makes your pet so special:

Owner's Name: _____



PET ADOPTION EVENTS CLOSE TO EAST COBB

Every weekend, local animal rescue groups offer at least one adoption event so their animals can strut their stuff and find their forever homes! These events allow adopters to meet several dogs or cats at the same time and choose the perfect match. The following lists the different animal rescue group and where they hold their weekly adoption events.

ANGELS AMONG US

877-404-5874 | www.angelsrescue.org Sundays | Dog City Bakery 4369 Roswell Road, Marietta 30062 *Check website for specific dates/times

CANINE CRUSADERS

770-374-6194 | www.caninecrusaders.petfinder.com Saturdays 12-4pm | Petsmart 1285 Johnson Ferry Road, Marietta 30068

CHEROKEE COUNTY HUMANE SOCIETY

770-592-8072 | www.cchumanesociety.org > Second and fourth Sundays 11am-4pm | Petco 50 Ernest W. Barrett Parkway #500, Marietta 30066

> Saturdays 11am-4pm | Petsmart, 142 Woodstock Square Avenue, Woodstock 30189

*Cats are always at Petsmart, 1285 Johnson Ferry Road, Marietta 30068 and at Petco, 50 Ernest W. Barrett Parkway #500, Marietta 30066 and they can be viewed any day of the week.

COMPANION ANIMALS CONNECTION

678-493-9847 | www.adoptapet.com Saturdays 10:30am-1:30pm | Petsmart 625 West Crossville Road, Roswell 30075

FANCY FELINE OF THE SOUTH

678-522-2152 | www.fancyfelinerescue.org

- > Saturdays 11am-4pm | Petsmart 860 Cobb Place Boulevard NW, Kennesaw 30144
- > Sundays 1pm-4pm | Petsmart 860 Cobb Place Boulevard NW, Kennesaw 30144

FURKIDS ANIMAL SHELTER

770-613-0009 | www.furkids.org

- > Saturdays 12-4pm | Petco 5938 Roswell Road NE, Sandy Springs 30328
- > Dog shelter, 1520 Union Hill Rd, Alpharetta 30005. Open to the public Wednesday 10am-5pm, Thursday 12-7pm, and Saturday 10am-5pm.
- > Cat shelter, the address is 2650 Pleasantdale Rd. Suite 8, Doraville 30340. Open to the public on Monday

12-5pm, Wednesday 12-8pm, and Saturday 12-5pm. *Cats are always at various Petco and Petsmart locations. Visit www.furkids.org/about-us/location-and-hours

GOOD MEWS ANIMAL FOUNDATION

770-499-2287 | www.goodmews.org

- > Good Mews, 3805 Robinson Road, Marietta 30068 Saturdays 10am-4pm; and the second, third, and fourth Sunday of the month from 1-4pm.
- > Saturdays 12-4pm | Petco 1100 Johnson Ferry Road, Marietta 30068

GERMAN SHEPHERD RESCUE OF GEORGIA

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404-406-6322 | www.muttmaddness.org Saturdays 12-3pm | Unleashed by Petco 2900 Delk Road, Marietta 30067 *Call Unleashed by Petco - 770-612-9423 for specific dates.

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www.Facebook.com/refugerescue Last Saturday of the Month | 12noon - 4pm Bark Parc, 2323 Shallowford Road, Marietta 30066

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2100 Roswell Road, #2186, East Lake Pavilion Shopping Center • Marietta 30062 470-377-4285 • www.9Round.com/MariettaGARoswell Mon & Wed: 7am-1:30pm, 3:30-8pm; Tues & Thur: 6am-1:30pm, 3:30-8pm; Fri; 7am-1:30pm, 3:30-8pm; Sat: 8am-1pm 9Round Marietta is a specialized fitness center dedicated to serving clients who want a unique, fun, and proven workout that guarantees results. 9Round offers a kickboxing theme fitness program that incorporates a functional, interval, cardiovascular, and circuit training regimens. There are no class times, the workout changes daily with trainers included.



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EAST@COBBER

February 2016 43

BRANDON THE BRAVE IS READY TO FACE HIS BIGGEST CHALLENGE

ike a typical seven year old boy, Brandon Long loves sports, playing video games and giggling with friends. Unfortunately, he also suffers from chronic pain due to hereditary pancreatitis (HP). His parents, Jennifer and Jamie Long, share that Brandon has had symptoms of the condition since birth but was only diagnosed three years ago because it's a little-known disease.

Through genetic testing, doctors learned that Brandon has a PRSS1 gene mutation that causes hereditary chronic pancreatitis. Pancreatitis is the inflammation of the pancreas, and HP is a rare genetic condition characterized by recurrent episodes of pancreatic attacks, causing extreme abdominal pain. There is no existing cure for HP today.

The East Cobb family has been doing everything possible to create a normal life for Brandon, despite his chronic pain episodes. Brandon went to Kinkaid Elementary School last year but his recurring pain has prevented him from going to school this year. His parents hope that he can join his friends as a second grader this May.

An avid Georgia Bulldog and Carolina Panthers fan, Brandon has spent much of his young life in and out of



Brandon is pictured with his parents Jennifer and Jamie Long.



Brandon Long

the hospital. His parents try to manage and prevent his pain episodes, but even positive stress like a birthday can put him in the hospital for weeks at a time. He requires narcotic pain medication and is on a feeding tube to meet his nutritional needs.

"Brandon is such a positive kid for everything he has been through, and we are all extremely grateful for all the support he has received in the community," says Jennifer. "I created buttons for all of Brandon's fans, and I love to see the smile on his face when he sees someone wearing his button. So far, I have given away 600 buttons."

The positive news for this special boy is that he is stable enough right now to travel to Minneapolis for a unique surgery scheduled for Friday, Feb. 12. This treatment option is new and only done at the University of Minnesota. Surgeons will remove his pancreas, gallbladder, spleen and a portion of his small intestine during the 8-12 hour surgery. The surgeons will then extract insulin producing islet cells from his pancreas and inject them into his liver. The goal of the surgery is to improve Brandon's quality of life. The recovery will take 2-3 months, so the family plans to stay in Minneapolis during that time.

Brandon's parents are looking forward to the surgery and grateful for the opportunity. They also want to share information about this disease with others, so that other families might be able to learn from their son's diagnosis and experience.

Family members have established a GoFundMe account to help offset the costs of surgery, recovery and living expenses in Minnesota not covered by insurance. Visit gofundme.com/brandonthebrave to learn more about Brandon's fight, surgery and how to help support this local family.

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Dr. Colgrove is a board certified cosmetic plastic surgeon who has maintained a private practice since 1986. Dr. Colgrove maintains an AAAASF-accredited surgery facility in which cosmetic and reconstructive surgery is performed on an outpatient basis. He is dedicated to personalized patient care and individualized attention.

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The Daily (or Nightly) Grind

Over the past few years I have awoken several times during the night from the same terrifying nightmare – my teeth are crumbling into pieces and falling out in my hand. Luckily those were only bad dreams, but I did discover (after several years of being a dentist) that I grind my teeth at night. Bruxism, or teeth grinding, is fairly common among today's anxious, overstressed society, and the damage caused by bruxism can be costly.

Why do people grind their teeth?

There may be one or multiple factors contributing to someone's bruxism, but improper occlusion (the way the teeth "bite") and stress are the two most common. Often people aren't aware of nighttime grinding which is the most common time for it to occur.

Teeth grinding can cause not only damage to the teeth but also to the facial muscles, jaw joints, and bone. Teeth may develop cracks that require crowns or possibly even extraction of the tooth entirely. Teeth may become worn and unattractive, and the gums may recede exposing some of the tooth roots. Sensitivity to hot or cold and loosening of the teeth may occur. Sometimes grinding causes muscle soreness or spasms resulting in facial tiredness, pain when chewing, or headaches. Bruxism can also damage the temporomandibular joints which may be evidenced by a clicking or popping noise when you open or close your mouth, pain around the ear, or a jaw that gets "stuck" or "locks."

Teeth grinding can be treated by different methods but most commonly by wearing while you sleep a hard occlusal guard custom-made for you by your dentist. Sometimes corrections of your "bite" through placement of new restorations and/or selective recontouring of your teeth can be helpful. Occasionally muscle relaxers are prescribed along with relaxation therapy. If you notice soreness of your teeth or facial muscles when you wake up, teeth that look flattened or chipped, or any of the other before mentioned signs and symptoms, see your dentist. It may save your smile!



Dr. Cristi Cheek is the owner of Cheek Dental here in East Cobb. You may contact her at 770-993-3775 or visit www.cheekdental.com.

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Mention this aid at point initial examp to receive a Free Oral B Electric Toothbrush! 2872 Johnson Ferry Road, Marietta, GA 30062 (770)993-3775 • www.cheekdental.com info@cheekdental.com

SENIORS

EAST COBB SENIOR CENTER ACTIVITIES SCHEDULED FOR FEBRUARY

All Cobb residents age 55+ are invited to participate in activities at various senior centers throughout Cobb. The following is a listing of activities scheduled at the East Cobb Senior Center located at 3332 Sandy Plains Road, Marietta 30066. Call the East Cobb Senior Center at 770-509-4900 for reservations and/or more details.

Dine-a-Round: Marlowe's Tavern

February 9 | 11am

Separate checks; Registration required. Everyone meets at the restaurant.

Marlowe's Tavern, Merchant's Walk Shopping Center, 1311 Johnson Ferry Road Suite 208, Marietta 30068.

Islands in the Stream

February 12 | 12-2:30pm \$19 Cobb residents; \$22 Non-residents Put on your cowboy boots and hat to "sail away to another world" with the music of Dolly Parton (Melody Knighton) & Kenny Rogers (Tim Sells). Enjoy everything from "9-5" to "Lady" while dining on barbeque from Café 33.

Ice Cream & a Movie: Valentine's Day

February 15 | 1pm

\$4 Cobb residents, \$5 Non-residents; Ticket required Stories crisscross, collide and boomerang in this look at a day in the life of love. There is a proposal. Flowers they did not get sent and so much more.

Healthy Heart & Screenings

February 17 | 1-2pm – Seminar; 12-2pm – BP & Cholesterol Screenings Free/Registration Required Heart health trivia and education that will help you get heart smart! Please schedule your appointment for the cholesterol screening. Blood pressure screening will be in the lobby (no appointments needed). Presented by The Good Life Club and Wellstar.

Nutrition with Richard Dumont

February 18 | 10-11:30am Free/Registration required A great way to learn nutrition information. The main focus is on helping to understand how the body works and how to live healthy. Presented by Richard Dumont.

Do You Have a Love File?

February 19 | 11:30am-12:30pm Free/Registration required

Nothing is more valuable to loved ones than a simple file with all of your critical documents like deeds, bills, insurance info, health care directives, Powers of Attorney, and wills to name just a few. Learn how to put your "Love File" together to share what they need it the most. Bottled water and snacks will be provided. This presentation can help start the estate planning discussion. Mark Byrnside of Ameriprise Financial, and Attorney J. Christopher Miller will share ideas and answer your questions.

Are You Ready to Get the Most Out of Your 5 & 6 iPhone?

February 19 – March 11 (Fridays) | 1-4pm \$8 Cobb residents; \$10 Non-residents; Register class size is limited.

Discover how to get more from your iPhone. These classes will cover things like: apps, hardware, gestures control, center notification, center settings and more. This is meant for beginner to lower intermediate users and is specifically only for iPhone 5 and 6 (IOS 9). Please no iPhone 4. Bring your iPhone with you to try some tips and tricks during class (to bring your phone is a requirement). Classes will be taught by Andy Kastelik of ADP.

Assistive Technology: Tools for Life

February 23 | 10am-11:30am

Free/Registration required

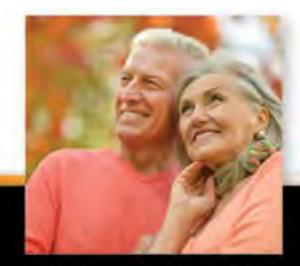
Assistive Technology is redefining what is possible for people with a various range of cognitive/learning, print, and physical abilities and disabilities, be it in the home, classroom, workplace and/or community. Assistive Technology is enabling all individuals, of all ages, including those with disabilities, to be more independent, self-confident, productive and better included in everyday life, education, employment and living. Presented by Georgia Tech.

f

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Parc at Piedmont - East Cobb

999 Hood Road | Marietta, GA 30068 Intersection of East Piedmont and Roswell Road (Highway 120)

www.parcatpiedmont.com

SENIORS

AARP TAX-AIDE OFFERS FREE TAX HELP

ARP is once again helping Cobb County residents file their taxes on time and correct. There is no charge for the service, and all tax preparers are trained by AARP. AARP Tax-Aide is the nation's largest, free, volunteer-run tax assistance and preparation service. AARP Tax-Aide volunteers prepare federal, state and local tax returns for taxpayers who have straightforward tax returns starting February 1 through April 18. Membership in AARP is not required and the service is available to everyone regardless of age. Appointments are not required and electronic filing is available at all locations.

Taxpayers should bring their 2014 return and all 2015 tax documents. Each taxpayer must also present their social security cards or other identification documents for themselves and all dependents.

For direct deposit refunds, taxpayers must have their checkbook and a valid blank or canceled check.

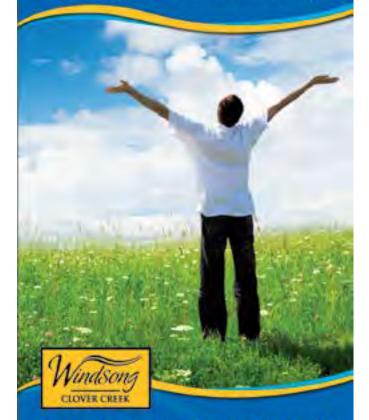
AARP Tax-Aide volunteers will be available at the following locations convenient to East Cobb County:

- Mondays and Tuesdays from 10 a.m. to 2 p.m. at the Cobb County Senior Services Center, 1150 Powder Springs St. in Marietta.
- Mondays from 10:30 a.m. to 2:30 p.m. at the Gritters Library, 880 Shaw Park Road in Marietta.
- Tuesdays from 10:30 a.m. to 2 p.m. at the East Cobb Library, 4880 Lower Roswell Road in Marietta.
- Thursdays from 11:30 a.m. to 3 p.m. at the Mountain View Library, 3320 Sandy Plains Road in Marietta.
- Fridays, except for March 25, from noon to 3:30 p.m. at the Switzer Library, 266 Roswell St. in Marietta.
- Fridays, except for March 25, from 10 a.m. to 2 p.m. at the Robertson Community Center, 2753 Watts Drive in Kennesaw.

For more information, visit aarp.org/taxaide.

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PRE-SELLING HOMESITES!

Intimate Front Porch Community 35 Detached Ranch Homes Private Courtyard Retreats Gated Community Preserve Along Creek Professional Lawn Care Included Wonderful Location off Highway 92 Build from the Mid \$300s

Pre-Selling From Heron Pond Monday - Saturday: 11-5 109 Heron Crossing Woodstock, GA 30188 770-516-3678



Directions from NE Atlanta/GA-400: Take Holcomb Bridge Exit and traver West toward Rosweil. Go 8.6 Miles (Holcomb Bridge turns into Hwy 92) 2 Miles West of Sandy Plains. Heron Pond will be on the Right.

OPPORTUNITIES FOR THOSE 50+



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Offering an impressive selection of educational and social opportunities for adults 50+, OLLI promotes lifelong learning and continued intellectual and personal growth.

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S E N I O R S

SENIOR CITIZEN COUNCIL SEEKS VOLUNTEERS

The Senior Citizen Council of Cobb County was organized in 1973. It is a non-profit organization whose primary mission is to further advocacy for the common good and general welfare of Cobb County adults over the age of 55.

The Council currently embraces senior club, sponsors and 3,500 individual members. Other senior organizations that strive to meet the senior needs of their community consider the Council as a role model.

The Senior Council participates on a delegate capacity in community organizations such as Co-AGE, Atlanta Regional Commission Task Force on Aging, and Cobb Services for the Elderly. By providing a forum for communication, the Council creates the vehicle to encourage seniors to stay involved in the community and to have a voice on aging issues. It also provides encouragement by awarding Community Awards for outstanding seniors and community leaders at a luncheon held annually.

The Bulletin, a monthly newspaper published by the Council, provides space for the Senior Centers to advertise schedules of events, activities, classes, and inform the senior of current events and legislation pertinent to their interests and age.

Additionally, the Senior Council takes on projects to promote senior issues within the community. Recently, the Council sponsored many popular programs such as the Vial of Life, Medical Information Cards, Resource Directory, SafeAmerica, as well as offering annual scholarships to students enrolled in Gerontology programs through the College of Continuing Education, CAREing Center, at Kennesaw State University.

For more information on the Senior Council or membership, please call 770-528-5369. ⁽¹⁾

It's FUN to be an EAST COBBER Facebook Fan!

Every Friday our 8, 882+ Facebook Fans have a chance to win an incredible giveaway from a local business. Here's a list of some recent Facebook Friday Freebie winners:

Lauren Conboy

WON an Honest 1 -Free VIP Club Card (Value: \$99)

JoAnne Nemec Sellors WON a Ted's Montana Grill Gift Card (value: \$100)

Sarah Floyd

WON Southern Comforts Consignment Gift Card (Value: \$50)

> Blair Blinkhorn WON tickets to The Nutcracker (Value: \$200)

Allison Liang WON a Canvas by You Gift Card (Value: \$50)

Missy Young Mears WON 4 tickets to Disney Live (Value: \$125) Cynthia Acee Davis WON a Cherry Top Delights Gift Card (Value: \$50)

Tricia Dietz WON tickets to Hip Hop Nutcracker at the Fox Theatre (Value: \$70)

> Cheryl Cripe WON 4 tickets to the sold out U.S. Army 's Veterans Day concert

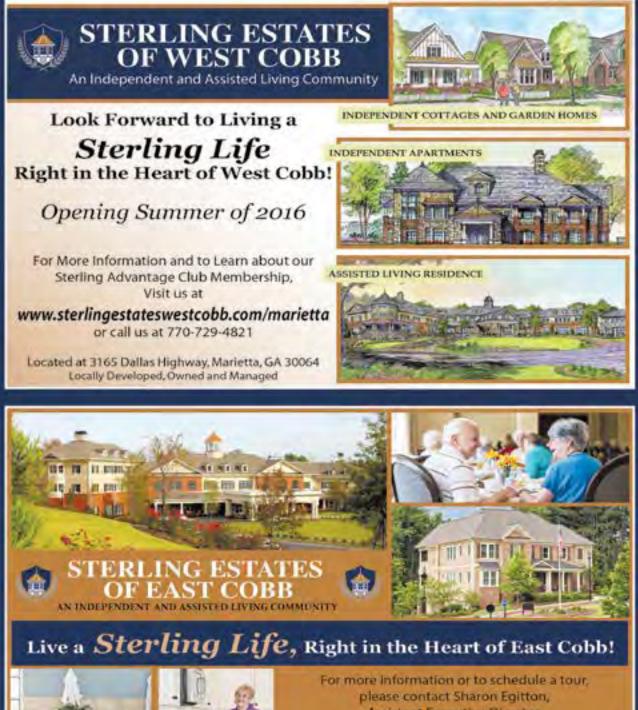
Ann Dee Zwerling Torino WON a 31 "Cindy Tote" in Swiss Dot Fabric (Value: \$70)

Gloria Barshuhn WON tickets to *Cinderella* at the Fox Theatre (Value: \$70)

> Amy Landers Blinkhorn WON 4 VIP Tickets to OWL-O-WEEN (Value: \$280)

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CALENDAR

AARP Chapter 2830, First Thursday of each month. 1:30pm. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Mary Johnson. 770-926-7881 or doule37uga@ comcast.net.

American Association of University Women (AAUW) of Cobb County. Second Tuesday of the month. 7pm. East Cobb Center, 4400 Lower Roswell Road, Marietta. More info: Arden Stone, arden_stone@yahoo.com.

American Needlepoint Guild. Second Tuesday of the month. 6:45pm. Tiny Stitches, 2520 East Piedmont Road, Marietta. More info: 770-394-0065.

Anne Hathaway Garden Club. Third Wednesday of the month (except July and August). Marietta Educational Garden Center, 505 Kennesaw Avenue NW, Marietta. More info: Charlene Robinson, 770-971-7786.

Atlanta Illini Club. Professional and social networking for University of Illinois alumni, families and friends in the Atlanta area. Game watches at the Rose & Crown, 1931 Powers Ferry Road, Marietta. More info: www. atlantaillini com or club@atlantaillini.com



Atlanta Metropolitan Council Navy League. Second Tuesday of each

month. 7pm. Navy Recruiting District

- HQ, 2400 Lake Park Drive, Suite 410, Smyrna. Membership open to all civilian
- and retired military with an interest in
- supporting our men and women of
- the Navy, Marine Corps, Coast Guard, Merchant Marines and associated
- youth programs. More info: 678-234-
- 2310 or campbellfc@comcast.net.

Atlanta World War II Roundtable. Third

- Thursday (Sept-June) of the month. 11:30am. Petite Auberge Restaurant,
- North Druid Hills Road @ LaVista Road,
- Atlanta. More info: 770-928-4579 or
- jkovach2000@yahoo.com.

"Aware & Conscious Birds"

- Book Club. Mondays. 7-8:30pm.
- Bikram Yoga Marietta, 80 Powers
- Ferry Road, Marietta. More info: awareconsciousbirds@gmail.com or
- www.consciousness.meetup.com/203.

Big Chicken Chorus. Every Monday evening. 7:00pm. John Knox

- Presbyterian Church, 505 Powers
- Ferry Road, Marietta. Male a cappella
- harmony chorus. More info: Frank,
- 770-587-1264, fehrach@aol.com, or
- www.biachickenchorus.org

Bridge Club. Four free lessons; \$5

thereafter. Thursdays 7:30pm and

East Cobb Business Association

- Sundays 2pm. Singles are welcome. 1809 Roswell Road, Marietta. More
- info: 770-973-7717.

Meet Your Future Clients, Customers and Business Associates

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The ECBA meets monthly at Indian Hills Country Club, 4001 Clubland Drive, Marietta at 11:30am for lunch, networking and a great speaker.

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For more information visit www.EastCobbBA.com

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AD 264 tail Corp. IN THEATERS

Business Breakfast Networking of Fast

- Cobb. Professional Referral Networking. Second Tuesday each month. 8:15-
- 9:30am. C'est Moi/Café Paris, 1100 Johnson Ferry Road, Marietta
- More info: Ellen Kelly, 404-713-2830 or Lnkelly@sbcglobal.net.

Business Network International

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- (BNI). The World's largest referral
- organization. Multiple chapters in the area, please refer to the website:
- bnisoutheast.com for listings. More Info: Anita York, 678-888-0200

Cobb County Democratic Committee.

- Monthly breakfast 2nd Saturday each month. 9am. 3 Amigos Mexican Bar & Grill, 1000 Whitlock Avenue, Marietta.
- More info: 770-420-7133 or www.cobbdemocrats.org •

Cobb County Gem & Mineral Society.

- Second Tuesday of the month, 7:30 pm
- at their Clubhouse, 516 West. Atlanta St., Marietta, GA 30060, More info: •
- www.cobbmineral.org.

Cobb County Genealogical Society.

- Fourth Tuesday of the month. 7pm. First Presbyterian Church of Marietta, 189 Church Street, Marietta. More info:
- www.cobbgagensoc.org or

ccgs@cobbgagensoc.org.

Cobb County Republican Women.

- Fourth Friday of the month. 11:30am. Hilton Atlanta/Marietta Conference
- Center, 500 Powder Springs Street, Marietta. More info: 770-785-2522 or www.ccrwc.org.

Cobb Marietta Retired Educators •

- Association. Second Thursday of
- every month. 11:30am. Luncheon • reservations required. First United
- Methodist Church of Marietta, 56
- Whitlock Avenue, Marietta. More info:
- Judy Munson, jmteach@bellsouth.net.

Cobb Photographic Society.

- Photographers of all skill and ability
- levels are welcome. First and 3rd
- Monday of each month. 7-9pm.
- American Business Center,
- Bldg. 700, Suite 702, 1395 South Marietta Pkwy, Marietta. More info:
- www.cobbphotosociety.com or
- info@cobbphotosociety.com.

Cobb Regional Republican Women.

- Third Tuesday, every month. 7pm.
- Cobb GOP Office, 799 Roswell Street,
- Marietta. More info: Neva Lent

lentneva@aol.com •

- Colored Pencil Society of America.
- Atlanta District Chapter 107. First Mon-
- day of the month. 7pm. North DeKalb Cultural Center, 5339 Chamblee-Dun-
- woody Road, Room 2 (second floor
- in the back), Dunwoody. More info:
- Nancy Guerine, 678-354-3590.
- Danc'n Singles. A square dance club.
- First and 3rd Saturday of the month.
- 8-10:30am. FOP Lodge, 2350 Austell
- Road, Marietta, More info:
- 770-943-6979.

EAST@COBBER

- Dinner-and-a-Book Club. More
- info: RuthE or Batya at Thou Shalt
- Read, 770-993-5432 or sales@ andthoushaltnotread.com.

Batchelor, 770-992-2362.

noeyf1@bellsouth.net.

eastcobbba com

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vahoo.com.

Dog Hikers of Georgia. Every Sunday. 10am. Various locations. Non-dog owners welcome. More info: Dr. Dan

East Cobb Bass Club. Visitors, boaters

and non-boaters are welcome. First

Tuesday of each month. 7pm. Free

The Rib Ranch, 2063 Canton Road,

Marietta. More info: 770-364-3036 or

East Cobb Business Association.

Luncheon and featured speaker.

hampton@lionbank.com, or www.

East Cobb Civic Association. Last

Wednesday of the month. 7pm. East

Cobb Government Service Center.

4400 Lower Roswell Road, Marietta.

East Cobb Civitans. Second and 4th

lunch at The Olde Town Athletic Club

(behind Tuesday Morning & Sports-O-

Rama), 4950 Olde Towne Parkway,

Marietta. More info: 770-578-9901

East Cobb Democratic Alliance.

Third Thursday of the month. 6pm -

Social. 7pm – Program. Rib Ranch,

2063 Canton Road, Marietta. More

info: Tom Barksdale, 770-715-1218 or

Wednesday evening. 7pm. Paradise South of the Border. 3605 Sandy

East Cobb Kiwanis Club. Every

Plains Road, Marietta. More info:

Johnny Johnson, 770-977-2026 or edwardjohnsjewelers@yahoo.com.

East Cobb Lions Club. Second and

Cherokee Cattle Company, 2710

Canton Road, Marietta. More info:

East Cobb Jewish Networking. Every

Roswell Road, Marietta. More info:

East Cobb New Horizons Band

Rob Kornheiser, rkorn@icminsurance.

Monday mornings, 11:00am. If you are

50 or older, play a musical instrument

and have been looking for a great place to make music, come join us!

Great people and good music! To

learn more go to our website, ecnhb. com or email webmaster@ecnhb.com.

East Cobb Open Networking. Professional Referral Networking. Every Friday. 7:30-9am. Capozzi's NY Deli, 4285 Roswell

Road, Marietta. \$3 cover. More info: Tim Langley, 770-289-9711 or drtim02@

East Cobb Rotary Club. Every Wednesday. 7am. Indian Hills Country Club, 4001 Clubland Drive, Marietta.

More info: Bob Schwale, 770-640-6954.

www.eastcobber.com

Wednesday. 8-9:15am. Capozzi's, 4283

4th Tuesday of the month. 7pm.

Don Garrow, 770-955-6914.

com or 678-336-7345.

tbarksdl@aol.com

Thursday of the month at noon for

More info: www.eastcobb.net.

Third Tuesday each month. 11:30am-

1pm. Indian Hills Country Club, 4100 Clubland Drive, Marietta. More info:

Susan Hampton, 404-218-6216, susan.

admission. Attendees pay for dinner.

Fast Cobb Woodcarvers Club, Every Thursday. 9-11am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-645-0817.

Georgia Perennial Plant Association. Third Tuesday of the month. 7:30pm. Atlanta History Center, McElreath Hall, 130 West Paces Ferry Road NW, Atlanta. More info: www.georgiaperennial.org.

Georgia Vietnam Veterans Alliance. Third Thursday of the month. Social hour: 6pm. Meeting: 7pm. American Legion Post, 921 Gresham Road, Marietta. More info: Dave Hamrick 770-315-3942.

Georgia Nature Photographers Assoc. Third Thursday of the month. 7pm. Nature photographers of all skill levels are welcome to our monthly meetings. The Mansour Center, 995 Roswell St., Marietta. More info: www.gnpa.org or info@gnpa.org

Georgia Tea Party. Every Thursday. 7pm. 900 Roswell Street, Marietta. More info: Jerry Kotyuk 404-374-0580 or jerryk623@att.net.

Golden "K" Kiwanis Club. Every Thursday. 10am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Joe Vanhorn Jr., 770-424-6654.

Happy Tails Pet Therapy. Orientation for prospective members 1st Thursday or Saturday of the month. 10:30-11:30am and 7-8pm. Blue Pearl Georgia Veterinary Specialists, 455 Abernathy Road NE, Atlanta. Check dates: 770-740 8211 or waw happy to inspect or g 740-8211 or www.happytailspets.org.

IMPS Bridge Club An offshoot of the former Newcomers Club of East Cobb. looking for new members. Various formats, dates and times available. For more information contact Roni Fink @ 404-310-3448 or phinque999@AOL.com.

International Association of Administra-Chapter. Professionals (IAAP) -Cobb County Chapter. Professional Development and Networking. Fourth Monday of the month. 6:30pm. Meeting & Dinner. HYATI House/ Atlanta Galleria, 3595 Cumberland Boulevard, SE, Atlanta. More info: 770-541-2960 or www.iaap-cobbcounty.org.

Jewish War Veterans, Bicentennial Post 976. Third Sunday of the month. 11am. Marriott Hotel, Perimeter Center. More info: Fran Jacobson, 770-436-7456.

L/Cpl Squire "Skip" Wells Detachment. First Saturday of the month. 11am. Delkwood Grill, 2769 Delk Road, Marietta. More info:www.mcleague.org

Libertarian Party of Cobb County. First Thursday of the month. 7:30pm. More info: www.cobblp.org or call 770-795-1331

Marietta Kiwanis Club. Every Thursday. 12noon. Hilton Conference Center, 500 Powder Springs Street, Marietta. More info: Pat Huey, pathuey@comcast.net or www.mariettakiwanis.org.

Marietta Lions Club. Second Thursday of the month. 7pm. First United Methodist Church, 56 Whitlock Ave SW, Marietta 30064. More info: mariettalions@aol.com or www.mariettalionsclub.org

Marietta Wellness Club. Last Sunday of the Month. 5pm. Sweetwater Creek State Park, 1750 Mt Vernon Road, Lithia Springs 30122. More info: Dr. Suane Cox, 404-558-5006 or Sandy 404-446-6093.

www.eastcobber.com

Marietta PELAG. Fourth Sunday each month. 1-3pm. Newcomers are

welcome. Pilgrimage United Church of Christ, 3755 Sandy Plains Road, Marietta. •

- More info: mariettapflag@gmail.com.
- Marietta Rotary Club. Every Wednesday. 12noon. Marietta Conference Center,
- 500 Powder Springs Street, Marietta. More info: Adele Grubbs, 770-424-8212
- or www.mariettarotary.org.
- Marietta VFW Post 2681. Dinner with
- VFW Ladies Auxiliary. First Thursday of the month with separate meetings
- following dinner. 6:15pm. 140 Powers Ferry Road, Marietta. More info:
- www.vfwpost2681.org
 - Marine Corps League. First Saturday of the month. Meeting at 11 a.m.
 - followed by lunch at 12 p.m. Delkwood Grill, 2769 Delk Road, Marietta. More
- Info: Dave Hambrick, 770-315-3942.

Martha Stewart Bulloch Children of the American Revolution Society

- meets one Sunday per month from
- September through May, 2-4pm.
- Osage Terrace Room and Pavilion
- at Bulloch Hall 180 Bulloch Avenue, Roswell. More info: Paula, 770-594-1819
- Moms in Prayer for Parents of East Side
- Elementary and Dickerson Middle School. Mondays 10-11am. More
- info: Rachel Bloom 770-973-4705 or
- familybloom@gmail.com

National Association of Active and Retired Federal Employees (NAARFE),

- Second Wednesday of each month. 11:30am. East Cobb Senior Center,
- 3332 Sandy Plains Road, Marietta.
- More Info: 770-971-1719.

Newcomers Club of Cobb County.

- Third Tuesday each month. 10am.
- Various social activities throughout
- the month for those new to Cobb
- County or just looking for new friends and activities. John Knox Presbyterian Church, 505 Powers Ferry Road,
- Marietta. More info: 770-234-5068 or newcomersofcobbcounty@yahoo.com.

North Metro Mothers of Multiples Club.

- Third Monday of the month, 7pm, Chicago's, 4401 Shallowford Road,
- Roswell (corner of Johnson Ferry &
- Shallowford). More info:
- www.northmetromultiples.org •

North Metro Women's Connection.

- Second Wednesday of each month. 11am-1pm. Hollycrest Hall, 2235 Sewell Mill Road, Marietta. More info: 770-335-6013.
 - Northeast Cobb Business Association.

Luncheon meeting 3rd Wednesday

- of each month. 11:30am-1pm. \$15 Piedmont Church, 570 Piedmont Road,
- Marietta. More info: 770-460-6222.

Northwest Atlanta Mothers of Multiples

- A parent's club for families with or expecting twins, triplets, or quadruplets.
- Second Tuesday of each month. 7pm. First Presbyterian Church of Marietta,
- 189 Church Street, Marietta. Date and time may change check our website.
- More info: www.nowamom.org or
- 678-404-0034.

Order Sons of Italy in America Marietta Lodge #2607. General membership meeting 2nd Monday each month. Pot

- Luck Dinner (except June, July, August-dessert and fruit). 7-9pm. East Cobb Government Service Center, 4400 Lower
- Roswell Road, Marietta. More info: 770-928-9314 or degrillmouse@comcast.net
- Peach State Depression Glass Collectors' Club. Second Tuesday of month except December. Guests welcome. 6:30
- Social; 7pm meeting. Marietta Museum of History, 1 Depot Street, Marietta. More Info: psdgc.com

- Polk Street Speakers Toastmasters. First and 3rd Tuesday of the month. 6-7:30pm. St. James Episcopal Church, 161 Church Street, Marietta. More info:
- www.polkstreetspeakers.org.

- Retired Old Men Eating Out (R.O.M.E.O.) Every Tuesday, 8-10am. Meet for friendship, conversation and to share
- their variety of antique cars, street rods and muscle cars. Marietta Diner, 306

Cobb Parkway South, Marietta.

- Shakespeare Reading Group. First and 3rd Thursday of the month. 2-4 pm. Senior Wellness Center, 1150 Powder
- Springs Road, Marietta. More info:
- Lynne Johnson, 770-591-3474.

Song of Atlanta Show Chorus. Women's four-part harmony chorus. Every Tuesday. 7:30pm. Northbrook UMC,

CALENDAR

- 11225 Ćrabapple Road, Roswell.
- Visitors welcome. More info: www. songofatlanta.com or 770-696-6502.

Sope Creek Garden Club. First Wednesday of the month (Sept-June). 10am. Locations vary. More info: Karin Guzy, 770-955-1303 or guzy@mindspring.com.

The Foxtrotter's Dance Club. The 4th

- Friday of every month (no dance in May, Nov. & Dec. are the 3rd Friday).
- 7:30-10:30pm. If you enjoy ballroom
- Mancing, come and dance to 'Live Music'. Everyone is welcome. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-587-1160.
- .

TONIC (Tuesdays Open Networking

- In Capozzi's). Every Tuesday Morning 7:30am. 4283 Roswell Road NE Mari-etta. \$3 Cover. More Info: Frank Kellert
- frankkellert@hotmail.com 678-560-1717
- Y Business Network. Every other Friday. 7:30-8:45am. Local business networking and referrals. Northeast Cobb Y,
- 3010 Johnson Ferry Rd., Marietta.
- Guests always welcome. More info: ybusinessnetwork.webs.com, Michelle •

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\$30

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\$40 - Color

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New Client Specials

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zizigoikar@yahoo.com

EAST@COBBER

Cell: 678.462.8601

GROUPS

A.A./Al-Anon/Al-Anon Beginners/Alateen. Every

Babywearing Group. Koalamommas, North Monday.8pm. Covenant Presbyterian Church, 2881 Canton Road, Marietta, More info: 770-973-5347 or ipm105@comcast.net.

Adult Survivors of Child Sexual Abuse Support

Group. First and 3rd Tuesday of each month. 7pm. Room 334, Johnson Ferry Church, 955 Johnson Ferry Road, Marietta. Men and women welcome. More info: 678-578-4888 or info@ voicetoday.org.

Al-Anon. For family and friends of alcoholics. Thursdays. 7:30-8:30pm. Johnson Ferry Baptist Church, Room 345, 955 Johnson Ferry Road, Marietta. More info: 770-587-0483.

Al-Anon Family Group. 7pm. Teens 13 and older welcome. Temple Kol Emeth, 1415 Old Canton Road, Marietta. More info: Paulette L., 678-551-2433

Alzheimer's/Caregiver Support Group Meeting. First Monday of each month at 10:30am. Open to family members who are assisting an aging loved one both inside and outside of the home. Free respite care is provided for your loved one while we meet. Aloha to Aging/Mt. Bethel Community Center, 4608 Lower Roswell Road, Marietta. More info or to RSVP: 678-439-1177.

Anxiety Anonymous for people who suffer from anxiety, meets the 3rd Thursday of the month. 6:30-7:30pm. Cobb County Government Center, 4400 Lower Roswell Road, Marietta. More info: 770-633-1023 or galinabannova@gmail.com

- Atlanta's resource for help, support, and information about baby carriers of all kinds. Meets
- monthly. Meeting dates/time vary. More info: Jennifer Worrell, 770-516-4192 or jenniferworrell@
- bellsouth.net
- Bereavement Support. First and 3rd Wednesday of the month. 5pm. Counseling Room in Parish Of-.
- fice, St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6020.
- Breastfeeding Mommy & Me Group. A lactation
- consultant is available to facilitate supportive discussions over a variety of topics. Mondays
- . 9:30-11am. WellStar East Cobb Health Park, Marietta Room 3747 Roswell Road NE, Marietta. More info: 770-793-8088.
- Cancer Support Group. Second and 4th
- Monday of the month. 7-8:30pm. Johnson
- Ferry Baptist Church, 955 Johnson Ferry Road, Marietta, More info: 770-794-2978
- Career Transition. Third Monday of the month
- (March-October). Second Monday of the
- Month (November-February) 6:30pm: Personal resume reviewing, interviewing, networking,
- and career assessment help. First Presbyterian Church, 189 Church Street, Marietta . More info:
- Lee Pence, 770-428-9350, or Bob Sabin 770-795-9084, or visit www.fpcmarietta.org .
- Caregiver Support Group. First Monday of the
- month. 6-7pm. Arbor Terrace, 886 Johnson Ferry Road, Marietta. More info: 770-977-4420 or
- ACaudell@arborcompany.com. Codependents Anonymous. Mondays &
- Thursdays. 7:30-8:45pm. Unity North Church, 4225 Sandy Plains Road, Marietta. More info:
- 404-213-4482



gunge door repair
 gutter cleaning

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- Thursday of the month. 7-8:30pm. Johnson Ferry Baptist Church, Room 339, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.
- Divorced/Separated Support Group. First and 3rd ●
- Tuesday of each month. 7:30pm. St. Ann's Catholic Church, Mary's Chapel, 4905 Roswell Road,
- Marietta. More info: 770-552-6400, ext. 6018.
- Divorce Support Group by Visions Anew for women who are contemplating or going through the divorce process. First Thursday & 3rd
- Wednesday of the month. 7-9pm. East Cobb Government Center, 4400 Lower Roswell Road, Marietta. More info: www.visionsanew.org.
- Divorce Support Group. Every Thursday through May 31. 6:30pm. Mt. Bethel Church (Church •
- Room B106), 4385 Lower Roswell Rd. Marietta. More info/to register: Judith Reichenbach,
- Licensed Counselor, 770-597-9882.
- Diabetes Support Group offered by WellStar • Health System. Second Tuesday of the month.
- 6:30–8pm. McLaren Mill Office Park, 531 Rose Lane Street, Suite 100, Marietta. No registration
- required. More info: 770-793-7818.
- Domestic Violence Support Groups. Sessions in English and Spanish. Wednesdays. 6:45-8:15pm. Childcare available for children 6 weeks to 12 years. Children over 12 may attend and learn
- childcare skills. More info: 770-427-3390.

East Cobb Satellite of CHADD (Children & Adults w/Attention-Deficit/Hyperactivity Disorder) . Parental Support Group. 2nd Tuesday of the

- month. 6:30-8:00 pm. Mt. Bethel United Meth-
- odist Church (Room B109) on Lower Roswell Road, Marietta, More info; Cappie Suttle,
- 404-368-9394, east-cobb@chadd.net, or . www.chadd.net/300.
- Emotions Anonymous, a fellowship of people who come together to work toward recovery
- from emotional difficulties and discover a new way of life. Tuesdays & Fridays. 7pm.
- Roswell United Methodist Church, 614 Mimosa
- Boulevard, Counseling Building, Roswell. More . info: 770-330-1991.
- Family and Friends of People Living with Mental
- Illness. 4th Tuesday, 7pm Meets at Lutheran
- Church of the Incarnation, 1200 Indian Hills
- Parkway, Marietta. More info: 770 778-6025.
- Families Anonymous (FA) for families who have
- Ioved ones struggling with addiction. Every Tuesday. 7:30-9pm. Mt. Zion United Methodist
- Church Youth Center, 1770 Johnson Ferry Road,
- Marietta. More info: 770-971-1465.
- Families of Children Under Stress (FOCUS). To
- listen, inform and educate, and offer programs • for the families and the child with special needs.
- Last Thursday of the month during school year.
- 10am. Chick-Fil-A, 1201 Johnson Ferry Road,
- Marietta. More info/to confirm meeting date: Angie, 770-234-9111, angie@focus-ga.org, or
- www.focus-ga.org.
- Fractured Families for Parents Estranged from . their Children. Second and 4th Sunday. 6:30pm.
- Call for location. More info: Sandy 404-446-6093
- Georgia Parkinson's Association. Parkinson's Support Group Meets the 3rd Saturday of each
- month 1pm. Northside Hospital Cherokee
- Education Building, 130-B Oakside Court, . Canton. More info: James Trussell 706-413-3264
- or james@gaparkinsons.org

Grandparents Raising Grandchildren Support

- Group. Second Tuesday each month. 7:15pm.
- Special guest speaker. Transfiguration Church, Room 102, 1815 Blackwell Road, Marietta. More

EAST@COBBER

info: Jeannie, 770-919-9275

- Depression/Bipolar Support Group. First and 3rd
 Grief Support Group Every Wednesday. 6:30-8:30pm
 - from mid-Fall to mid-Spring. An educational grief . support group facilitated by two nationally recog-
 - nized grief experts, a licensed clinical psychologist and an ordained pastor. Mt. Bethel United Meth-
 - odist Church, 4385 Lower Roswell Road, Marietta. More info: www.mtbethel.org/support
 - Grief Support Group for those who have had a family member, friend or other loved one pass •
 - away. Third Thursday of each month. 7-9pm. Unity North Atlanta Church, New Beginnings Room, 4255
 - Sandy Plains Road, Marietta. More info: kathzkel@ yahoo.com.
 - JACS (Jewish Alcoholics, Chemically Dependent and Significant Others). For Jewish members of
 - 12 Step groups. 7-8pm, first and third Tuesdays of every month except on Jewish holidays. Con-
 - gregation Etz Chaim, 1190 Indian Hills Parkway, Marietta, in the library. More info: 770-928-2523 or teshuva@aol.com.
 - Loneliness Bereavement Support Group. Every
 - Wednesday except holidays. 11am. Heritage Hospice, 3315 Hilltop Drive, Marietta. More info: 770-423-5959
 - Marietta Moms. For all kinds of moms new to the
 - area, looking for new friends, or just needing support. Daily events for babies, toddlers and older
 - kids. More info: 770-956-0318 or 678-357-3661 or www.mariettamoms.com
 - Mothers Circle Group. Are you a mother raising Jewish children but you are not Jewish? Free
 - education and support through a 16-week course. Groups are held in Marietta, Intown and North Fulton. More info: Suzette Cohen, suzette@the-
 - motherscircle.org or www.themotherscircle.org.
 - Mothers of PreSchoolers (MOPS). Wednesdays.
 - 6:15-7:15pm. A place where moms can come to • build friendships and receive mothering support,

Overeaters Anonymous. A support group for those

who suffer from the need to compulsively overeat.

Parents of Prodigals. For parents of struggling teens and young adults. Second and 4th Thursday

7-8:30pm. Johnson Ferry Baptist Church, 955 John-

son Ferry Road, Marietta. More info: Fair Brocard,

770-612-1197 or www.prodigalchildministries.org.

Parkinson's Disease Support Group. For persons with Parkinson's disease and their caregivers.

Second Sunday each month. 4pm. Roswell United

Methodist Church, 814 Mimosa Boulevard, Bldg. A,

Roswell. More info: Robin Cleveland, 678-819-3915.

month. 12-1pm. Arbor Terrace, 886 Johnson Ferry Road, Marietta. More info: 770-977-4420 or

Veteran's Information Referral Office (VIRO). Free

help and information for all veterans with VA Dis-

4th Saturday each month, 11am-2om. American

Widowed Helping Others (WHO). Dinner Social. First

and 3rd Wednesday of the month. 6pm. St. Ann's

Women's Weight Loss Support Group. Join a grow-

ing group of local women on the path to weight

fitness ideas and activities, and emotional support.

Meetings held Tuesdays 6:45-7:45pm. Kroger, 3595

www.eastcobber.com

Canton Rd, 2nd Floor Conference Room, Mari-

etta, (New Chastain Corners Shopping Center).

More info: Rae Tucker raetucker1@yahoo.com

loss in a non-judgmental environment providing accountability (weekly weigh-in), healthy eating/

Catholic Church, Nolan Hall, 4905 Roswell Road, Marietta. More info: Ann's Pastoral Care.

Legion, Post 29, 921 Gresham Avenue, Marietta

ability, VA Healthcare, Employment and Counseling. Second and 4th Wednesday each month. First and

Spousal Support Group. Third Thursday of the

ACaudell@arborcompany.com

More info: 770-427-5900.

770-552-6400, ext. 6018.

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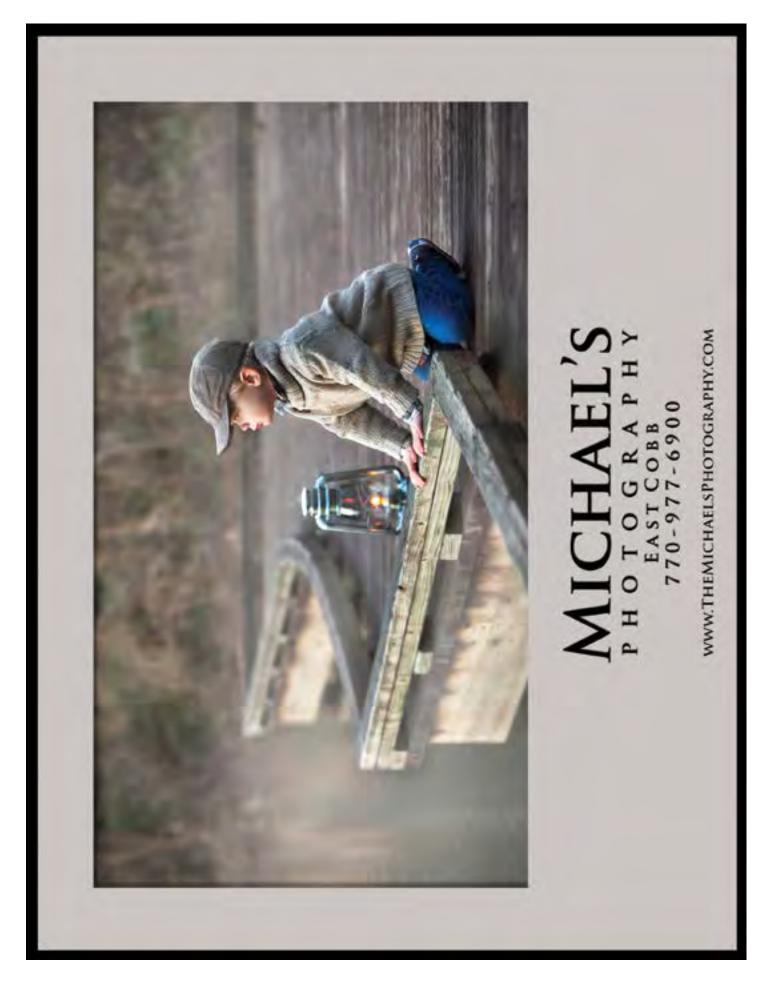
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Monday-Wednesday-Friday. 10am. St. Ann's

More info: Betsy: 404-226-4931.

Catholic Church, 4905 Roswell Road, Marietta.

practical help and spiritual hope. Childcare provided. Mt. Zion United Methodist Church. 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465 or mtzionmops@gmail.com



Be Someone's Valentine

Give yourself or a loved one a gift of health with Know Your Heart, a screening program designed to determine risk of heart disease, stroke and other serious conditions.

Each Know Your Heart participant receives a personalized report with test results, reviewed with a WellStar Medical Group, Cardiovascular Medicine provider. The consultation also includes risk factor education, diet, weight and exercise recommendations.

Offered in Marietta, Acworth, East Cobb and Woodstock.

Call **770-956-STAR (7827)** to determine eligibility and to schedule an appointment.

Basic Risk Assessment - \$49

- Age 18+
- BMI
- Wellness survey
- EKG (Afib screen)
- Blood pressure
- Blood work (HDL_LDL_Triglycerides. Glucase, CRP, liver function)
- Risk Screen Questionnaire (sleep apnea, PAD, AAA, CHF)

Advanced Risk Assessment - \$139

- Age 40+
- BMI
- Wellness survey
- EKG (Afib screen)
- Blood pressure
- Blood work (HDL, LDL, Triglycerides, Glucose, CRP, liver function)
- Risk Screen Questionnaire (sleep apnea, PAD, AAA, CHF)
- CT heart screen (coronary calcium)*
- 10 year cardiovascular disease risk score

Heart Screen - \$99 or \$149 per couple

CT heart screen (coronary calcium)*



* Coronary calcium scores read by a WellStar radiologist.