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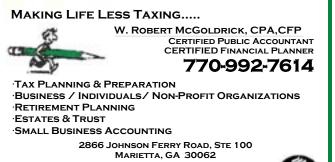
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Comments and stories are always welcome. Please address all correspondence to cynthia@eastcobber.com. <u>Subscriptions</u> are available for \$20/year. Send check or money order payable to EAST COBBER to the above address.

Front cover photograph taken by Michael Drewitz of Michael's Photography.





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PUBLISHER'S NOTE



When you read this issue, the azalea bushes and cherry trees should be bursting with color against the beautiful blue Georgia sky. We'll be serenaded by the sounds of chirping birds and whirring lawnmowers. Signs that spring has sprung and summer is just around the corner. Ahhh, summer ... School will be out and how will your children pass the lazy, hazy days of summer? This

April issue features our 14th Annual Day Camp Guide (pages 16-29). We have put together a list of day camps offered right here in East Cobb County and/or a short drive away. While day camp can help your children learn a better backhand in tennis, acquire a stronger stroke in swimming, or get in touch with nature, the true payoff of camp will be apparent when your child becomes a bit more self-reliant, self-sufficient, and self-confident.

I hope you love East Cobb as much as I do. In addition to helping our readers find things to do locally, and featuring the do-gooders in our community, I also promote small businesses and the value they add to our local community. Since 1993, this magazine has been dedicated to supporting and promoting small businesses in our exceptional community of East Cobb County. This issue exemplifies that mission -- from our front cover feature, Julie Turner, who opened a beautiful boutique she wanted to see in her northeast cobb neighborhood to our advertisers who are mostly local entrepreneurs serving our community with their special set of skills and hard work. Locally owned businesses build strong communities by linking neighbors in a web of economic and social relationships, and contributing to local causes.

I hope you join me on this journey to "Love Local" – follow me (and I'll follow back too!) on any of my social media sites or get in touch with me directly if you think we could work together or if you know of any "hidden gems." I'd love to hear from you!

Happy Spring!

Cynthia M. Rozzo Founder I Publisher cynthia@eastcobber.com



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On the Cover

Julie Turner, owner of The Ivy Lane, is pictured on this month's front cover along with her daughters Julianna, 16, and Becca, 14, (in the flowered dress). With an entrepreneurial streak and a keen eye for fashion, Julie opened The Ivy Lane one year ago. A long-time East Cobb resident and busy mom of three, Julie created Ivy Lane to fill the need for a convenient gift and clothing store in the Shallowford Road/Sandy Plains area. Ivy Lane features some of the best-loved gift and clothing lines along with many new brands available in the East Cobb area for the first time. The store offers selections for every gift-giving occasion including: jewelry, collegiate, men's gifts, candles, baby and tween gifts, and Home Décor. Ivy Lane has become popular for its boutique clothing and accessories where shoppers will find the season's most popular styles and colors at affordable prices.

"It is very gratifying to help customers find the "perfect" gift for a special person for that special occasion ... especially with Easter, Mother's Day, graduation parties and weddings coming up," says Julie. "I enjoy watching them leave the store happy."Another key to her store's success is "helping someone look good at a great price."

You can learn more about The Ivy Lane on page 6. The Ivy Lane is located in the Highland Plaza Shopping Center at 3605 Sandy Plains Road in Marietta/ East Cobb.

Front cover photography by Michael Drewitz of Michael's Photography !!! NO SITTING FEES UNTIL JULY !!! — HAVE YOUR OUTDOOR PORTRAITS — — MADE NOW WITH COOLER WEATHER — — AND SPRING COLORS! —



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East Cobb mom opens Ivy Lane, finds fashion niche in a family business

When East Cobber Julie Turner began searching for a business venture, she never thought she'd find herself the proprietor of a successful clothing and gift boutique. Turner, a former software sales manager with an industrial engineering degree from Georgia Tech, originally set out to open a not-for-profit benefitting local animals. But as luck and blessings would have it, life led Turner to the former Hallmark store in the Highland Plaza Publix Shopping Center at Sandy Plains Road.

While shopping a post-Christmas sale at Hallmark in 2012, Turner couldn't help but notice the 50% off signs throughout the store. What started as a casual remark to the staff of, "I love this store, I hope they're not going out of business," became the realization of her vision a few months later for the boutique lover turned owner, Turner.

With the encouragement of her husband Doug and son Jack and the stylish support of her teenage daughters Julianna and Becca, Turner opened The Ivy Lane boutique and gift shop in April 2013 in the former Hallmark location. And females throughout East Cobb released a collective cheer.

Turner has brought a fresh new attitude to boutique shopping in East Cobb. The inventory at Ivy Lane may be ever-changing but shoppers can always find fun, feminine clothing and unique gifts at a variety of price points. Ivy Lane has remained a family affair, Turner often takes her clothing-conscious daughters along on buying trips and her niece has helped select many of the gift items.

Ivy Lane offers head to toe looks with clothing in sizes XS-XL, jewelry, shoes and gifts. Featured brands include Mud Pie, Level 99, Dolce Vita, Karlie, GLAM, Fable and Vera Bradley. Turner is expanding her shoe inventory and will begin offering Havaianas

Ivy Lane owner Julie Turner stands with her daughters Becca and Julianna, and Lee Anne Glover, General Manager

well as styles from Madden Girl, Fergalicious and Carlos Santana.

Ivy Lane offers styles appropriate for any age and size.

"I want people to leave feeling good about themselves," said Turner. Personal styling services are offered by appointment with customers receiving 10% off purchases made during their appointment.

Turner describes herself as a "huge gift giver," and said that including a variety of gifting items was important in the creation of Ivy Lane. She said she loves to shop for the perfect gift for others and enjoys helping East Cobbers find gifts for every occasion.

Ivy Lane's extensive gift department includes items from Lily Pulitzer, Kate Spade, Lolita, Mud Pie, It's a Wrap, Magnolia Lane, Glory Haus, Demdaco and many more. Turner also carries several independent lines and has a large collegiate section. Ivy Lane offers gifts for any occasion including home décor, hostess, wedding, baby, graduation and those "just because" moments.

Ivy Lane will celebrate their one year anniversary in April culminating in a "Grand Happy Birthday Celebration" on April 26. The celebration will include fashion shows throughout the day and promotions, contests and sales throughout the store during the week prior. Turner and her staff will also host an Autism awareness in-store event on April 17.

Visit Ivy Lane at 3605 Sandy Plains Road, Suite 185, in the Publix Shopping Center. You can also shop Ivy Lane online at www.ivylanemarietta.com. For more information call (770) 578-0506 or find them on Facebook at www.facebook.com/IvyLaneMarietta.



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Teaching Music: The Art of Making a Difference



▲ Creating a Different Kind of Recital

"If a man does not keep pace with his companions, perhaps it is because he hears a different drummer. Let him step to the music which he hears, however measured or far away." Referencing musical terms, Henry David Thoreau's quote speaks to making individual choices -how we choose to complete a given task or, in this case, how someone chooses to teach music. Piano instructor Joe Camillo adheres to a unique approach to music instruction. In his East Cobb studio, there are no typical students or canned instruction. He strives to make a difference in the way all of his students learn, perform and enjoy music making.

A piano instructor for more than 20 years, Camillo teaches students from all walks of life, including those who are homeschooled as well as students who attend public and private schools. He has recreational music making programs for adult learners and retirees who can attend daytime lessons. Camillo also teaches music to students with special needs, including those with autism, dyslexia and ADHD. His lesson repertoire can include music from contemporary to jazz to classics.

"My students aren't required to play a certain type of music or follow a set curriculum," explains Camillo. "I want to make a difference -- not for the sake of being different -- but for the sake of how each student enjoys the process and appreciates music. If a student wants to begin piano instruction with jazz, I teach him or her to play jazz. If a student wants to write his or her own compositions, I help the student do that as well. Being flexible is especially important for my special needs students since their learning experience takes extra time and patience."

As a teaching tool, Camillo incorporates recording technology so students can listen to their own music. Together teacher and pupil determine what areas need improvement. From his digital baby grand piano, he has added instant high-quality CD capabilities for this purpose.

Camillo's approach to a piano recital doesn't just follow a different drummer as Thoreau suggests, but many times, includes drummers. Unlike most piano recitals, his recitals showcase original compositions, pop selections, vocals and accompanists, such as a bass player or a drummer for jazz pieces.

"My flexible approach doesn't diminish teaching the classics," says Camillo. "I love the classics and teach them as well. I just want to be more inclusive and look at the bigger music picture."

Do you have a homeschool or special needs student who could benefit from piano instruction? Are you newly retired and learning to play jazz is on your bucket list? Do you or a family member simply want to learn to play the piano? If so, contact Joe Camillo at 770-971-8515 or visit www.camillopiano.com. Daytime instruction hours are preferred. Camillo is a nationally certified teacher with the Music Teachers National Association and is an active member of the Jazz Education Network.

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Teaching Generosity: Engaging our Children in the Act of Giving

By Shay Antoniades, East Cobb County PTA Community Outreach Chair

No one has ever become poor by giving.

– Anne Frank

Our local schools play a vital role in our communities. Not only are they centers for learning, but they also employ our residents, link our various neighborhoods together, and invite businesses and churches to partner with them as they pursue the look and feel of true neighborhood schools. It's this sense of community that gives our children security as students and us, their parents, position and purpose. What better place for our children to learn the act of giving. Schools offer an ideal setting for our children to practice empathy and generosity. We all benefit from being valued and supported.

What a child doesn't receive he can seldom later give.

- P.D. James

Whether they are called community service, outreach projects or partnerships, acts that reach and impact others in a positive manner uplift and encourage the recipients. They build bridges and transform facts and figures into faces and futures. Acts of service are both relatable and relational. And relationship lays the foundation for trust, influence and growth.

5 ways to teach generosity to our children:

- Find out what outreach activities your school(s) participates in and get involved! Employ your children to help. They respond immediately to the needs of other children: clothing, food, toys, books, toiletries, school supplies, etc. Angel Tree programs and Thanksgiving food drives are readily available.
- Often times "in"reach is needed; families within your own school(s) who need assistance. School social workers and counselors can provide pertinent information and provide ideas.



- 3. Several schools have "Sister School Programs" in place. Check to see what activities they have slated and jump on board. Make a difference.
- 4. Start small: a single classroom within a school can "adopt" another classroom in another school, do food and toiletries drives, assemble donated backpack supplies, put together "goody" bags for student achievement awards, donate books, valentine cards, etc.
- 5. Go big: Organize a school-wide campaign. Identify a need within our community, recruit your school(s) Partners in Education and local churches and make it happen. People are usually eager to help; they just need someone to tell them specifically what to do.

Don't forget Summer Giving:

MUST Ministries www.mustministries.org Even the youngest child can help make sandwiches for the summer lunch program. Organize a sandwich party in your home. Many churches participate in programs benefitting MUST; check websites, volunteer, encourage your children to volunteer. Do it together as a family.

The benefits of children helping children & families helping families:

- Outreach builds strong communities through caring, kindness and encouragement.
- Our children learn to be "others focused." Children who are participating in providing and receiving assistance learn empathy, generosity and grace.
- Serving as a family brings us together, bonds us, reinforces the importance of teamwork and generates a strong sense of leadership and problem solving.
- Skills within our children are unveiled, hearts for the needs of others deepen and mature.

Generosity can be taught, modeled and practiced for a lifetime. Parents, teach giving. Help your children leave a legacy of serving others.



Shay and her husband, Tony (a lifelong resident of Cobb County) have lived in East Cobb since 1995. She has three children, a son at Wheeler High School, a son at Eastside Christian School, and a daughter at Eastvalley Elementary. Currently serving as the Community Outreach Chairperson for ECCC PTA, she previously chaired

Community Outreach for East Cobb Middle School PTSA for three years. She also serves as the Art Appreciation Chair for Eastvalley Elementary PTA and leads two Moms in Prayer groups. (www.momsinprayer.org)





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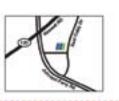
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East Cobber Published in Visual Arts Research



▲ Karinna Riddett-Moore, PhD

East Cobb resident Karinna Riddett-Moore, Ph.D., art teacher at the Atlanta Speech School, has been published in the latest issue of Visual Arts Research. Her article, "Developing an Arts of Living," outlines the necessary aspects of arts-based educational research in a study that probed the nature of caring in an arts classroom.

Based on the dissertation that won the Elliot Eisner Doctoral Research Award in Art Education, Riddett-Moore explains how this study is a work of art, a work of education, and a work of qualitative research. Her study presents the process of art making, where the researcher and her middle-level art students use the tools of the visual arts to achieve an aesthetic space of artful living. Visual Arts Research (VAR), published by the University of Illinois Press, provides a forum for historical, critical, cultural, psychological, educational and conceptual research in visual arts and aesthetic education. VAR typically publishes nine to twelve scholarly papers per issue and remains committed to its original mission to provide a venue for both longstanding research questions and traditions alongside emerging interests and methodologies.

The Atlanta Speech School is the nation's most comprehensive language center for children and adults. Established in 1938, the Atlanta Speech School's four schools, five clinics, summer programs and professional development center seek to help each person develop his or her full potential through language and literacy. Each year, the School impacts the lives of approximately 1,400 children and adults at the Atlanta Speech School and more than 13,000 students throughout the State of Georgia through the work of its Rollins Center for Language & Learning professional development program.



East Cobber Writes Novel that Inspires



▲ Margaret McBride

When there is anger in the heart, will anger or love prevail? Childhood disappointments, like invisible phantoms, often lead to a lifetime of personal denial overshadowed by grief and regret - we often lie the loudest when we lie to ourselves.

Author and East Cobb resident Margaret McBride has written her new novel, "That Melvin Bray," to inspire people to forgive, to heal, and

to embrace a life filled with spiritual meaning and personal abundance. McBride creates the backbone of the story for love and healing from a mixture of personal insights and the experiences of those she loves. Add in a heap of psychological ingenuity and a dash of lighthearted adventure and you've got a full-blown spiritual thriller. "That Melvin Bray" follows two young women who must confront and reconcile the burdens of their personal regrets in life while trying to solve the mystery of a missing child. Along the way, a higher power guides them toward the personal healing they seek.

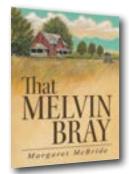
"Much like my own characters, I struggled to find the path to personal healing," McBride said. "With some guidance from above, I found mine and hope my novel helps others do the same."

Aiming to stir the soul, this novel demonstrates that the written word is far from silent. This journey of healing not only provides inspiration to accept life's disap-

pointments, but also to recognize the compelling power of forgiveness, hope and healing.

"After all, my sincerest belief is when the heart truly forgives then there is nothing to forget," McBride said.

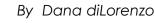
"That Melvin Bray" is available at barnesandnoble.com and amazon.com. ⁽¹⁾



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Spring Cleaning Sought for Our Local Cemeteries



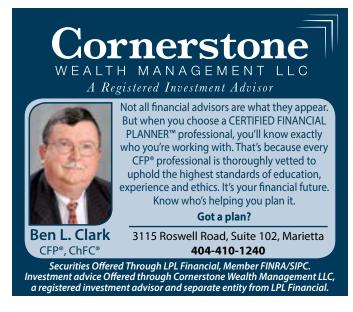


🛦 Helga Hong

We pass by them on a regular basis causing us to stop and adjust our perspective, they are often the setting for a late night campfire story, and history buffs spend hours in these places of long-forgotten beauty and heritage – the older cemeteries located in Cobb County.

Due to vast growth and development, many of the old cemeteries and family burial grounds in Cobb County have been lost and the few that remain are in need of pre-spring care such as brush removal, weeding, trash collection and leaf raking.

Want to help preserve this rich part of the history of Cobb County? Gather friends, families, scout organizations or groups to support the efforts of the Cobb County



Cemetery Preservation Commission. This all-volunteer commission comprised of Helga Hong, Mike Jones and Elizabeth Parker provides guidelines for the identification, preservation, protection, and maintenance of Cobb County cemeteries, graveyards, and burial grounds; all of which are non-renewable cultural resources.

Several cemeteries in East Cobb are available as part of the Adopt-A-Cemetery program offered as service opportunities for individual or group consideration. Currently, the Noonday Baptist Extension Cemetery (located on White Circle), the Mount Beulah Cemetery (located near the intersection of Shallowford Road and Gordy Parkway), the Davis #1 Family Cemetery (located on Davis Road) and the Antioch Cemetery (located on Roswell Road, near the intersection of Roswell Road and Old Canton Road) are all in need of adoption.

It's easy to participate in this program - organizations/individuals simply need to complete an application found on the CCCPC's website (www.cobbcountyga. gov/cemetery/) or contact Helga Hong at 770-993-2970 and then perform general clean-up once a month November through March and twice a month April through October for one year.

In return for the adoption of a cemetery, the Cobb Country Cemetery Preservation Commission will provide preliminary procedures for cleaning non-perpetual cemeteries, coordinate removal of litter bags and brush and provide signage after the first clean-up. Additionally, one of the commission members will be on-site for the first clean-up. Together we can keep these records of our roots beautiful!



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Marietta Derby Darlins Skate their Way to Fun

By Dana diLorenzo

"Roller derby"-- for many, that brings up memories of the bash-'em-up brawls from the 70's, complete with flying elbows and skaters sailing over the railing. Thanks to teams such as the Marietta Derby Darlins(MDD), flat track roller derby has undergone quite the makeover and is now a hot, fast-paced, full contact team sport that is quickly becoming a fan favorite.

The roller derby sport requires constant, strategic movement, quick thinking and is addictively fun to each of the 25 members of the Marietta Derby Darlins. Co-captain Dina Casso aka "Dolce Vita", Vice President/ Secretary Lena Carstens aka "Adelaide Slammit", Fresh Meat (roller girl in training) Shanna McCormick aka "Chimera Kai," and head referee Amber Kincaid Hrabovsky aka "Roxy Razor" all hail from East Cobb..

According to East Cobb resident and MDD head referee Amber Hrabovsky," I was immediately drawn to the kinship of the sport! The Marietta Derby Darlins are very much a sisterhood in addition to a sports league, . . . I'm honored and proud to work with this league in an official capacity. I've seen them grow so much as a league and a team in the year I've been with them, and I'm so excited to see where they have yet to go. At this point, we're all growing and learning together, and I'm confident that the league will continue growing in skill and popularity in our community."

The Marietta Derby Darlins, now in their third season take these competitive bouts seriously – they practice three times per week year round, with bouts scheduled between February and October. Watch

the team don their protective gear and zip around on their quad skates as they 'power jam' and utilize 'tricks' to outscore opponents. Bouts are family-friendly and usually include fun half-time entertainment. You can catch the Marietta Derby Darlins in action at the Cobb County Civic Center located at 548 South Marietta Parkway in Marietta on May 3 at 4pm. Tickets: for ages 13+ are \$12 in advance, \$15 at the door; Kids 6 – 12: \$8 and kids age 5 and under are Free.

Want to meet the Marietta Derby Darlins? Make plans to attend their FanFest on Saturday, April 12 from 4 – 7pm at McCray's Tavern at 4500 West Village Place, Smyrna GA 30080.

Want to take it to the next level and become a roller derby girl? Ladies aged 18+ can attend try outs on Thursday, April 17 at 7:30pm at the Northeast Cobb YMCA located at 3010 Johnson Ferry Road, Marietta 30062. More information about the Marietta Derby Darlins can be found on their website: www.mariettaderbydarlins.com



Primary Election Set for May 20

It's time to get out there and vote in local elections. The primary election is May 20 this year. Here's a quick look at who's on the East Cobb ballots.

 In District 3, which includes most of East and Northeast Cobb County, incumbent County Commissioner JoAnn Birrell is running again to represent the district for another term. Her opponents include two fellow Republicans: Joseph Pond and Michael Opitz.

On the 7-seat Cobb County Board of Education, 3 posts are open:

- Post 4 which represents a big chunk of Northeast Cobb has two Republicans David Chastain and Bill Scott qualifying for an open seat since Kathy Angelucci is not seeking another term;
- Post 2's race will create a Republican candidate, from either the incumbent or one of two fellow Republicans, to face a Democrat in November's general election. Post 2 represents Campbell and Osborne school clusters.
- Post 6, which represents most of the Walton and Wheeler school districts, has the incumbent Republican board member Scott Sweeney, challenged by another GOP candidate, Kevin Nicholas.

Other noteworthy races include that for Cobb County Superior Court Judge, with three candidates hoping they'll take retiring Judge Jim Bodiford's seat, and that for State Court Solicitor General, whose Republican incumbent faces a Republican challenger.

At the State House of Representatives, incumbent State Rep. Don Parsons (R-44) faces an opponent from his own party, Steven P. Fellows

And in the run for US Senator Saxby Chambliss' job there are seven Republicans and four Democrats, two of whom will face off later in the year.

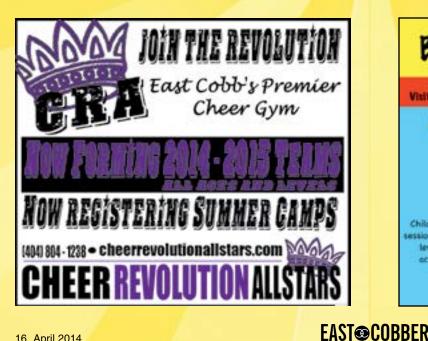
The Pope PTSA Cluster is hosting a candidate forum Thursday, April 17, at HighTower Trail Middle School Auditorium, 3905 Post Oak Tritt Road, Marietta, 30062. Doors open at 6pm, the forum takes place 6:30 - 8:30 pm. Then there will be an informal meet & greet at 8:30 pm. Candidates from the following races have been invited: Governor, State Representative and Cobb County Board of Education (Post 6)

Cobb County offers registered voters vote-by-mail ballots. Applications are available on the Cobb County elections website at www.CobbElections.org. Advance Voting begins April 28 until May 16. The satellite voting location available in East Cobb County is at the East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta/East Cobb 30068-4233. You can vote Monday- Friday: May 5 – May 16 9am - 7pm and Saturday,May 10: 9am - 4pm @



Summer day camps are fun and education all rolled into one. EAST COBBER has collected information on the wide range of wonderful day camps to fit all ages and interests, including sports camps, adventure camps, Christian camps, art camps, science camps, dance camps and more. Many day camps listed throughout these pages are held right here in East Cobb and some are just a short drive away. Please note, as extensive as this day camp chart is, it is still just a sampling of all the day camps available. We recommend you visit the websites noted on each listing for even more offerings.

Camp Name	Age Group	Camp Fee	Times	May 27-30	June 2-6	June 9-13	June 16-20	June 23-27	June 30 -July 4	July 7-11	July 14-18	July 21-25	July 28- Aug 1
Animals Deserve Better 3100 Roswell Road, Suite 125, Marietta 30062 678-935-8762 • www.AnimalsDeserveBetter.org	8-15	\$250	9am-1pm		~	~	~	~	~	~	~	~	~
Appleton Learning Center APPLETON SUMMER LEARNING CAMP > 4250 Roswell Road, Suite 610, Marietta 30062 770-971-1500 • www.appletonlearning.com > 625 W. Crossville Road Suite 104, Roswell 30075 770-998-1500 • www.appletonlearning.com	3rd-12th Grade	\$225- \$450	Varies		~	r	r	r	~	r	r	r	r
The Art Place-Mountain View ART CAMPS 3330 Sandy Plains Road, Marietta 30066 770-509-2700 • www.theartplace.us	4-18	See website	See website		۲	~	~	~	~	~	~	~	v
Art It Out Therapy Center ART & SOCIAL SKILLS CAMPS 1640 Powers Ferry Road, Building 3, Suite 200, Marietta 30067 770-726-9589 • www.artitout.com	Rising 1st-12th	\$800	9am-3pm		۲	~	~	~	~	~	r	~	r
Atlanta Swim Academy Camp H20 732 Johnson Ferry Road, Marietta 30068 770-973-3120 • www.atlantaswimacademy.com	Potty trained 4-12	\$275	9am-5pm	~	~	V	r	~	~	r	v	~	r
Brain Blasters 4 Kids 900 Forest Pond Drive, Marietta 30068 678-776-6459 • www.brainblasters4kids.com	Rising 1st -5th Grade	\$200- \$350	10am-3pm Half and full days				~	~					
Builder Bunch Marietta Church of God, 1083 Allgood Road, Marietta 30062 1-855-694-4327 • www.builderbunch.com	6-12	\$179	9am-4pm				~	~	~	~	~	~	r
Bulloch Hall* CAMP ROUGH RIDERS 180 Bulloch Avenue, Roswell 30075 770-992-1731 • www.bullochhall.org	6-11	\$185	9:30am- 1:30pm							r			
Camp Invention* Sedalia Park Elementary School 2230 Lower Roswell Road, Marietta 30068 1-800-968-9332 • www.campinvention.org	Rising 1st-6th Grade	\$220- \$235	8am-4pm				~						
Camp Horizon (Special Needs) Fullers Park • 3499 Robinson Road, Marietta 30068 770-819-3257	7-21	\$110	9am-4pm			~	~	~		r	r	~	
Chabad of Cobb* CAMP GAN ISRAEL CAMPS 4450 Lower Roswell Road, Marietta 30068 770-565-4412 • www.chabadofcobb.com	2-4 Rising K-8th Grade	\$200-\$275	9am-1pm or 9am- 3:30pm						~	~	r	~	
											*Check	website for	more camps.



BRAIN BLASTERS 4 KIDS

An academic-based program that enriches, enlivens, & educates your child. Visit www.brainblasters4kids.com for more information and to sign up!

MATH & LANGUAGE ARTS

Based on Common Core

Rising 1st-5th grades

One or Two Week Sessions Week 1: June 16-20 Week 2: June 23-27

INSTRUCTORS

earn Throat

Michelle Boutwell & Andrea Goldt Certified Mt. Bethel Elementary

Children will be engaged in semi-private sessions that are appropriate for their skill level through interactive games and activities in a high energy, hands on environment.

School Teachers

www.eastcobber.com

Camp Name	Age Group	Camp Fee	Times	May 27-30	June 2-6	June 9-13	June 16-20	June 23-27	June 30 -July 4	July 7-11	July 14-18	July 21-25	July 28- Aug 1
Champion Kids Summer Camp 1465 Canton Road, Marietta 30066 770-874-5200 • www.championkids.net	2-8	\$160	9am-1pm	r	~	r	r	r	~	V	r	v	~
Champion Kids Sports Camp 1465 Canton Road, Marietta 30066 770-874-5200 • www.championkids.net	6-11	\$160	9am-1pm	V	~	~	~	r	~	~	~	r	r
Chattahoochee Nature Center* CAMP KINGFISHER 9135 Willeo Road, Roswell 30075 770-992-2055 • www.chattnaturecenter.org	Rising K-9th Grade	\$328/ week	8am- 6:15pm	~	~	~	r	r	~	~	r	~	~
Cheer Revolution REV UP THE SUMMER ALLSTAR CHEER CLINICS 2060 Lower Roswell Road, Marietta 30068 404-804-1238 • www.cheerrevolutionallstars.com	All Ages	See website	9:30am- 3:30pm Times Vary				~	r			r		~
Cheer Revolution REV UP THE YOUTH 2060 Lower Roswell Road, Marietta 30068 404-804-1238 • www.cheerrevolutionallstars.com	10 & under	\$200 + \$50 deposti	9:30am- 2:30am:			v							
Cheer Revolution REV UP ALLSTAR CHEER CAMP 2060 Lower Roswell Road, Marietta 30068 404-804-1238 • www.cheerrevolutionallstars.com	10 & up	\$250 + \$50 deposit	9:30am- 3:30pm									~	
Club Scientific Mt. Bethel Christian Academy 4385 Lower Roswell Road Marietta 30068 678-493-5651 • www.clubscientific.com	4-14	\$245	9am-4pm		V		r	r					
Club Scientific St. Catherine's Episcopal Church 571 Holt Road Marietta 30068 678-493-5651 • www.clubscientific.com	4-14	\$245	9am-4pm							~	r	~	
Cobb Atlanta Volleyball ELEMENTARY/MIDDLE SCHOOL BEGINNERS CAMP 1880 West Oak Parkway #218, Marietta 30062 770-627-3132 • www.cobbatlanta.com	Rising 1st -5th & Rising 6th-8th Grade	\$100	9am-12pm Mon-Thur		~								

*Check website for more camps.

MJCCA SUMMER DAY CAMPS Free Bus More than 100 camp options Transportation for rising PreK-10th Grade throughout Metro Atlanta including new Emory/Decatur Bus Stop! JOIN TODAY AND TRADITIONAL . SPORTS . SPECIALTY GET A PERFORMING ARTS . TEEN FREE WEEK OF SUMMER DAY CAMP REGISTER ONLINE NOW! +Sau tianteic: org/specials for actals. atlantajcc.org/camps

Atlanta Swim ACADEMY Camp H20

11 fun themed weeks of crafts and swimming! May 27th- August 8th Monday thru Friday, 9am - 5pm



	Age	Camp		May	June	June	June	June	June 30	July	July	Julv	July 28-
Camp Name	Group	Fee	Times	27-30	2-6	9-13	16-20	23-27	-July 4	7-11	14-18	July 21-25	Aug 1
Cobb Atlanta Volleyball ELEMENTARY/MIDDLE SCHOOL INTERMEDIATE CAMP 1880 West Oak Parkway #218, Marietta 30062 770-627-3132 • www.cobbatlanta.com	Rising 1st -5th & Rising 6th-8th Grade	\$135	9am-1pm Mon-Thur			r							
Cobb Atlanta Volleyball MIDDLE SCHOOL/HIGH SCHOOL ADVANCED CAMP 1880 West Oak Parkway #218, Marietta 30062 770-627-3132 • www.cobbatlanta.com	Rising 6th-8th Grade & 9th-12th Grade	\$150	Varies Mon-Thur			✔ 9th- 12th Grade	✔ 6th- 8th Grade						
Curtain Call Players ELEMENTARY PLAYHOUSE 2700 Canton Highway, Ste. 600, Marietta 30066 678-310-7810 • www.ccyp.org	Rising 3rd -5th Grade	\$215	9am-3pm							~	~	~	
Curtain Call Players MIDDLE SCHOOL PLAYHOUSE 2700 Canton Highway, Ste. 600, Marietta 30066 678-310-7810 • www.ccyp.org	Rising 6th -8th Grade	\$215	9am-3pm		V		~	~			~		
Curtain Call Players HIGH SCHOOL PLAYHOUSE 2700 Canton Highway, Ste. 600, Marietta 30066 678-310-7810 • www.ccyp.org	Rising 9th-12th Grade	See website	9am-3pm						~				
Curtain Call Players SHANNONIGANS PLAYHOUSE 2700 Canton Highway, Ste. 600, Marietta 30066 678-310-7810 • www.ccyp.org	Rising K-2nd Grade	\$110	9am-12pm or 12:30pm- 3:30pm			~						~	
Draisen Edwards PIANO CAMPS 4880 Lower Roswell Road, Marietta 30068 770-971-9755 • www.demcmusic.com	12 & under 12 & older	\$200/half day \$350/full day	9am-12pm or 9am- 5pm								✓ 12 & under	12 & older	
Draisen Edwards ROCK CAMPS 4880 Lower Roswell Road, Marietta 30068 770-971-9755 • www.demcmusic.com	12 & under 12 & older	\$300	9am-12pm (12&under) 12:30- 3:30pm (12&older)										~
The Earl Smith Strand Theatre PERFORMULA 117 North Park Square, Marietta 30060 770-293-0080 • www.EarlSmithStrand.org	Rising 4th-9th Grade	\$175	9am-12pm 1pm-4pm									July 23-27	
East Cobb Church of Christ BIBLE HEROES SUMMER FUN CAMP 5240 Roswell Road, Marietta 30062 770-587-5999 • www.eastcobbcoc.org	4-10	\$15	9am- 12:30pm				~	~			~	~	
East Cobb Jazzercise JAZZERKAMP 736 Johnson Ferry Road, Ste. A-9, Marietta 30068 770-971-4970 • www.jazzercise.com	Girls 1st-6th Grade	\$150	1-4pm				~						
Faith Lutheran Church CAMP FAITH 2111 Lower Roswell Road, Marietta 30068 404-808-6947 • www.faithmarietta.com	2-14	Call for rates	9:30am- 1:30pm		~	~	~	~	۲	~	~	~	
Fullers Park FULLERS KIDS SUMMER CAMP 3499 Robinson Road, Marietta 30068 770-509-2737 • prca.cobbcountyga.gov/fullersrecreationcenter.htm	6-11 12-15	\$100	7am - 5pm		~	~	~	~		~	~	~	~
The Georgia Ballet-Summer Dance MINI INTENSIVES 1225 Field Parkway, Marietta 30060 770-528-0881 • www.georgiaballet.org	8+	Call for pricing	9:30am- 12:30pm			~	~						
The Georgia Ballet-Summer Dance: INTERMEDIATE/ADVANCED INTENSIVES 1225 Field Parkway, Marietta 30060 770-528-0881 • www.georgiaballet.org	10+	Call for pricing	9:45am- 6:15pm		~	~	~	~					
The Georgia Ballet-Summer Dance MINI CAMPS 1225 Field Parkway, Marietta 30060 770-528-0881 • www.georgiaballet.org	4-8+	Call for pricing	Varies							~	~		
Georgia Musical Arts Center/GMAC Education MUSIC CAMPS/SCIENCE AND WRITING CAMPS 4180 Providence Road, Suite 320, Marietta 30062 678-719-2689 • www.georgiamusicalartscenter.com	4-16	\$275-\$350	9am-4pm	~	~	~	~	~	~	~	r	~	~
Harrison Tennis Center Summer 2013 Jr. Camps 2653 Shallowford Road NE, Marietta 30066 770-591-3151 • www.prca.cobbcountlyga.gov	4-5 6-8 9-17	\$40 \$75 \$150	8:30am- 11:30am	~	~	~	~	~		~	~	~	r
High Meadows SUMMER DAY CAMP 1055 Willeo Road, Roswell 30075 770-993-7975 • www.highmeadowscamp.org	K-9th Grade	\$1125/ 3 week session	9:15am-4pm		(🖍	v	•)	(•	~	•)	(•	~	•)



Murals-Painting=Drawing-Pastel-Fine Art Trophies! Perfect for All Ages & Abilities /

Guaranteed Fun Sign Up Now! Fills Up Fast! Easy Online Registration! www.sm-art-club.com

Starts Soon at your School! 1^{1/2} hour Classes! Many Reflections Winners! Morning News Art Shows!

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Every Mural is different! Customized to each Artists creative ideas! Taught by professional local artists!

Contact Kirsten McIntyre s.m.artclub@me.com 404-313-2999

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Camp Name	Age Group	Camp Fee	Times	May 27-30	June 2-6	June 9-13	June 16-20	June 23-27	June 30 -July 4	July 7-11	July 14-18	July 21-25	July 28- Aug 1
High Meadows ANTS CAMP 1055 Willeo Road, Roswell 30075 770-993-7975 • www.highmeadowscamp.org	PreK-K	\$885/ 3 week session	9:45am- 1:45pm		(•	r	•)	(*	v	•)	(*	~	v)
High Touch High Tech SCIENCE CAMP @various locations 770-667-9443 • www.sciencemadefunatl.net	Rising K-5th Grade	\$230- \$250	9am-3pm		~	r	~	~	~	~	~	~	v
Hyde Farm HYDE AND SEEK NATURE WEEK 721 Hyde Road, Marietta 30068 770-528-8824 • kaye.wilson@cobbcounty.org	Rising 3rd-5th Grade	\$65	8:45am- 1pm					r					
Johnson Ferry Baptist Church 955 Johnson Ferry Rd, Marietta 30068 678-784-5317 • www.johnsonferry.org/SportsFitness/camps	4-16	See website	See website		✔ Cheer			✔ Basketball			✔ Flag Football	✔ WinShape	✔ British Soccer
Kell High School NIKE BOYS BASKETBALL CAMP 4770 Lee Waters Road, Marietta 30066 1-800-645-3225 • www.elitehoopsbasketball.com	Rising 6th-9th Grade	\$265	9am-3pm	~							r		
Kell High School VOLLEYBALL CAMP-ELEMENTARY/MIDDLE SCHOOL 4770 Lee Waters Road, Marietta 30066 Coach "K" 770-364-5597 or Lauren Hines 770-845-8560	Elem. & Middle School	\$90	9am-12pm	May 28-30									
Kennesaw State University-Continuing Ed SUMMER UNIVERSITY 2014 3333 Busbee Drive NW, Kennesaw 30144 770-423-6765 • www.kennesaw.edu/coned	Rising 1st - 12th Grade	\$249- \$299	9am-6pm		~	r	r	r		~	r	~	
Lassiter High School SUMMER YOUTH SOCCER CAMP 2601 Shallowford Road, Marietta 30066 217-714-4308 • Samuel.dietrich@cobbk12.org	Rising 1st-9th Grade	\$100	9am-12pm					✓ June 23-26					
Lassiter High School VOLLEYBALL CAMP 2601 Shallowford Road, Marietta 30066 770-842-2445 • adrianeyanes@hotmail.com	Rising 3rd-5th 6th-9th Grade	\$85-\$115	9am-12pm (3rd-5th) 1-4pm (6th-9th)									✓ July 21-23	
Legacy Golf Links & Fox Creek Club GOLF CAMPS & CLINICS 1825 Windy Hill Road, Smyrna 30080 770-434-6331 • www.legacyfoxcreek.com	4-17	\$59-\$495	Times Vary	~	~	r	r		~	~	r	~	~
Marietta Cobb Art Museum* SUMMER ART CAMPS 30 Atlanta Street, Marietta 30060 770-528-1444 • www.mariettacobbartmuseum.org	5-7 8-12	\$150-\$260	9am-3pm						v	~	~	~	
MJCCA SUMMER DAY CAMP 5342 Tilly Mill Road, Dunwoody 30338 678-812-4132 • www.atlantajcc.org	4-16	Call for rates	9am-4pm*	~	~	r	r	r	r	~	v	~	~

*Check website for more camps.

SummerDance 2014

June 2 - July 25

Classes and camps for ages 3-adult. Intensive programs for Intermediate/Advanced dancers

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Come Paddle with American Canoe Association Certified Canoe Instructors!

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nec

Drama Camps

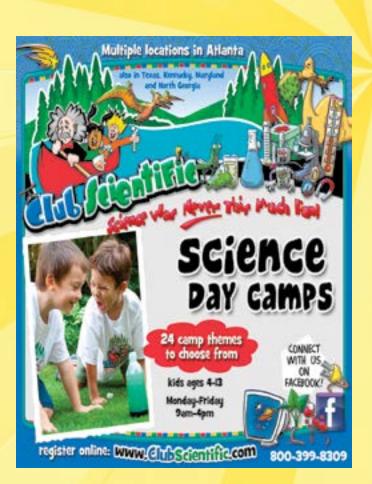


Put some DRAMA in your summer... the good kind

- Age-appropriate scripts that promote a fun, learning environment
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www.ccyp.org





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BASEBALL • BASKETBALL • LACROSSE MULTI-SPORT • SOFTBALL

Professional Instruction By: Former PROFESSIONAL Players & Certified Coaches & Current & Former College / High School Players & Certified Coaches

> Each Camp Will Include: On-Site Camp Director 1:8 Coach To Player Ratio Daily Instruction • Skills Stations Scrimmages / Contests Refreshments • T-Shirt For Camper

Each Camper Will Need To Bring: All Equipment Light Lunch OR Heavy Snack Water Bottle

Pre-Registration Required Call (770) 977-9789 * Unless Specified *

Ill Register Today, Pay Later III Any Camp @ Sports A Rama, Fuller's Park, or SCRA

736 Johnson Ferry Road, Marietta, GA 30068 www.sareastcobb.com • (770) 977-9789

	Age	Camp		May .	June	June	June	June	June 30	July	luly	luly	July 28-
Camp Name	Group	Fee	Times	May 27-30	2-6	9-13	16-20	23-27	-July 4	7-11	July 14-18	July 21-25	Aug 1
MJCCA THE SUNSHINE SCHOOL-CAMP BILLIE MARCUS Temple Kol Emeth, 1415 Old Canton Road, Marietta 30062 678-812-4132 • www.atlantajcc.org	2-5	See website	Varies		~	~	~	~	•	~	~	~	r
Montessori School of Woodstock MSOW SUMMER CAMPS 3899 Canton Road, Marietta 30066 770-928-2515 • www.woodstockmontessori.com	18months- 9	\$230	7am-6pm	~	~	~	~	~	~	~	~	~	r
Mount Paran North SUMMER SPORTS CAMP 1700 Allgood Road, Marietta 30062 678-285-3248 • www.mpnsports.com	6-12	\$110 + \$50 Activity fee	8am-6pm	r	r	r	r	~	~	~	r	~	v
Mt. Bethel UMC* BASEBALL CAMP 4385 Lower Roswell Road, Marietta 30068 770-971-5280 • www.mtbethel.org	Rising K-5th Grade	\$115- \$140	1:30pm- 5pm	~									
Mt. Bethel UMC* PRESCHOOL SUMMER CAMPS 4385 Lower Roswell Road, Marietta 30068 770-971-5280 • www.mtbethel.org	2-6	\$85-\$170	See website		~		~			~			
Mt. Bethel UMC* SOCCER CAMP 4385 Lower Roswell Road, Marietta 30068 770-971-5280 • www.mtbethel.org	5-12	\$115- \$140	9am- 12:30pm	~									
Musik to Grow/Draisen Edwards CAMPING AT THE SEASHORE 4880 Lower Roswell Road, Marietta 30068 770-579-2554 • www.musiktogrow.com	4-6	Call for rates	9:30am- 12:30pm							~			
Musik to Grow/Draisen Edwards INTRO TO MUSIC MAKERS AT KEYBOARD 4880 Lower Roswell Road, Marietta 30068 770-579-2554 • www.musiktogrow.com	6-9	Call for rates	1:30- 2:30pm							~			
North Atlanta Soccer Association (NASA)* SUMMER CAMPS 4645 Paper Mill Road, Marietta 30067 770-955-8700 • www.nasa-ga.org	6-13	\$150-\$175	9am-12pm or 9am- 3pm				r			~			
Olde Towne Athletic Club GINEPRI SUMMER TENNIS CAMP 4950 Olde Towne Parkway, Marietta 30068 770-578-9901 • www.otac.net	5-18	\$335 non- member	9am-2pm	~	~	~	~	~	~	~	r	~	v
Piedmont Church PIEDMONT ACADENY CAMP 570 Piedmont Road, Marietta 30066 770-423-9578 • www.piedmontchurch.tv	2-Rising 1st Grade	\$125	9am- 12:30pm		~	~	~	~					
Pope High School BOYS BASKETBALL CAMP 3001 Hembree Road, Marietta 30062 770-578-7920 • patrick.abney@cobbk12.org	8-15	\$170	9am-4pm			✓ June 9-12		✓ June 23-26				✓ July 21-24	
Pope High School CHEERLEADING MINI CAMP 3001 Hembree Road, Marietta 30062 770-309-8987 • www.popecheerleading.com	Rising K-5th Grade	\$75	9am- 12:30pm	✔ May 28-30									✓ July 28-30
Pope High School GIRLS BASKETBALL CAMP 3001 Hembree Road, Marietta 30062 678-977-3988 • courtney.harris@cobbk12.org	7-14	\$170	9am-3:30pm				✔ June 16-19						





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www.eastcobber.com

*Check website for more camps.



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Camp Name	Age Group	Camp Fee	Times	May 27-30	June 2-6	June 9-13	June 16-20	June 23-27	June 30 -July 4	July 7-11	July 14-18	July 21-25	July 28- Aug 1
Pope High School FENCING CAMP 3001 Hembree Road, Marietta 30062 www.popefencing.org	Rising 6th-12th Grade	\$200	9am-3pm								/ July 14-17		
Posh Tot Events 38 Sloan Street, Roswell 30075 770-695-9006 • www.poshtotevents.com	3-8	\$175	9:30am- 12:13pm		~	~	~	~					
Primary Prep Academy 1887 West Oak Parkway, Marietta 30062 678-594-8700 • www.primaryprepacademy.com	4-9	\$190+	6:30am- 6:30pm	~	~	~	~	~	~	~	~	~	r
Primrose School of Sprayberry 2531 East Piedmont Road • Marietta 30062 770-578-4832 • www.primrosesprayberry.com	5-12	Call for rates	6:30am- 6:30pm	~	~	~	~	~	~	~	~	~	r
Ragamuffin Music Hall SUMMER CAMPS 585 S. Atlanta Street, Roswell 30075 770-744-3814 • www.ragamuffinmusic.com	3-17	\$350	9am-12pm 1-4pm		~	~	r	r					
Safe America Foundation FULL 30/6 DRIVER EDUCATION FOR TEENS 2480 Sandy Plains Road, Marietta 30066 770-973-7233 • www.safeamericadrivers.org	15-19	\$399 w/code RR75	9am- 3:30pm	~	~	~	~	~	~	~	r	r	
School of Rock HISTORY OF ROCK CAMP 2515 East Piedmont Road, Suite 101, Marietta 30062 770-579-0400 • www.eastcobb.schoolofrock.com	7-18	\$425	9am-3pm								r		
School of Rock PERFORMANCE CAMP 2515 East Piedmont Road, Suite 101, Marietta 30062 770-579-0400 • www.eastcobb.schoolofrock.com	7-18	\$425	9am-3pm				r						
School of Rock ROCK 101 2515 East Piedmont Road, Suite 101, Marietta 30062 770-579-0400 • www.eastcobb.schoolofrock.com	7-18	\$425	9AM-3PM		v								
School of Rock RECORDING AND SONGWRITING CAMP 2515 East Piedmont Road, Suite 101, Marietta 30062 770-579-0400 • www.eastcobb.schoolofrock.com	10-18	\$425	9am-3pm										r
Shreiner Academy CAMP TALL OAKS 1340 Terrell Mill Road, Marietta 30067 770-953-1340 • www.shreiner.com	13 mnths- 8th Grade	\$250-\$300	8:30am- 6:30pm	v	v	v	v	~	~	v	~	~	r
S.M.art Club Summer Art Camp Addison Elementary School 3055 Ebenezer Road, Marietta 30066 404-313-2999 • www.sm-art-club.com	PreK-8th Grade	\$120- \$219	9am-3pm Half and full days		v	r	v	v	~	v	v	v	
Southern Polytechnic State University AEROSPACE ENGINEERING SUMMER CAMP Building Q, Room 202 1100 S. Marietta Parkway, Marietta 30060 678-915-7241 • www.spsu.edu/aerospace	12-18	\$250	9am- 4:30pm	~		r		v		v			
											*Check	k website for	more camps.



www.eastcobber.com

Camp Name	Age Group	Camp Fee	Times	May 27-30	June 2-6	June 9-13	June 16-20	June 23-27	June 30 -July 4	July 7-11	July 14-18	July 21-25	July 28- Aug 1
Sports-A-Rama Multi-Sport Camp 736 Johnson Ferry Road, Marietta 30068 770-977-9789 • www.sareastcobb.com	7-12	\$225	9am-3pm	~	~	~	~	~	~	~	~	~	~
Sports Broadcasting Camp @ Emory University • 201 Dowman Drive, Atlanta 30322 800-319-0884 • www.playbyplaycamps.com	10-18	\$575- \$1195	see website								~		
Sprayberry Academy - 2.0 Camp 2100 Post Oak Tritt Road, Marietta 30062 770-977-0877 • www.sprayberrychildrensgroup.com	K-15 years	\$195	6:30am- 6:30pm	~	~	r	r	~	~	~	~	~	r
Sprayberry Academy - PreK Camp 2100 Post Oak Tritt Road, Marietta 30062 770-977-0877 • www.sprayberrychildrensgroup.com	PreK	\$205	6:30am- 6:30pm	~	r	r	v	~	~	r	r	~	~
Sprayberry High School VOLLEYBALL CAMP 2525 Sandy Plains Road, Marietta 30066 Haydon Turner, Haydon.Turner@suntrust.com	Rising 6th-8th Grade	\$80	9am-12pm							July 7-10			
Terrell Mill Tennis Center JUNIOR SUMMER TENNIS CAMP 480 Terrell Mill Road, Marietta 30067 770-644-2771 • www.prca.cobbcountyga.gov	3-17	\$80-\$155	9am-12pm	~	~	r	~	~	~	~	~	~	~
Thunder Lacrosse LARS TIFFANY LACROSSE CAMP (BOYS ONLY) Hightower Trail Middle School 3905 Post Oak Tritt Road, Marietta 30062 770-375-8639 • www.thunderlacrosse.org	4th-9th Grade	\$225	9am-4pm		✓ June 3-5								
Upbeat String Camp Dodgen Middle School 1725 Bill Murdock Road, Marietta 30062 770-642-8111 • www.upbeatstringcamp.com	Rising 6th-12th Grade	\$250	8:30am- 4pm								✔ July 14-17		

EAST@COBBER

*Check website for more camps.

GEORGIA MUSICAL ARTS CENTER

Music Camps (Early-birls registration top of before April 17, 2014) June 9-13/July 14-18: Planto Camp / Guitar Camp for Beginners June 16-20/July 21-25: Piano Camp/Guitar Camp for Intermediate L June 23-27July 28-Aug. 1: Children Choir Camps (age 5-12) Namer Camp Isolid by rational certified nucle teachers True Summer Registration for private lessons in vaice k all instruments lage 4 to adults)





Animals Deserve Better, Inc. HUMANE EDUCATION SUMMER CAMP

Saving Dogs, Teaching Children, Helping People.

Open to children ages 8 - 15 years

by May 1, 2014 Save \$58 with Early R



Our Humane Education Camp has one simple goal - to teach children how to appreciate and care for dogs. During camp, children will get to interact with dogs and get hands-on experience in caring for dogs, learning about responsibility and appreciating the comfort and love that man's best friend can provide.

June 2 - 7	July 7 - 11
June 9 - 13	July 14 - 18
June 16 - 20	July 21 – 25
June 23 - 27	July 28 - Aug



3100 Reveal Road, Suite 125, Marietta GA 30942 - Corner of Old Canton and 120 in East Col Animals Datasets Ballins, Inc. In a 101 (C) 125(s) Profit, Rascal, Service and Plannyy Dog Organization, 770-402-0297



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Camp Name	Age Group	Camp Fee	Times	May 27-30	June 2-6	June 9-13	June 16-20	June 23-27	June 30 -July 4	July 7-11	July 14-18	July 21-25	July 28- Aug 1
Watton High School BOYS BASKETBALL CAMP 1590 Bill Murdock Road, Marietta 30062 joseph.goydish@cobbk12.org	Rising 3rd-9th Grade	\$190	9am-3pm	27-50	June 2-5	5-10	10-20	23-21	-July 4	/***	14-10	21-23	Aug I
Watton High School CHEERLEADING CAMP 1590 Bill Murdock Road, Marietta 30062 770-330-5673 • www.wattoncheer.org	Rising K-8th Grade	\$75	9am-12pm (6th-8th) 1-4pm (K-5th)	✔ May 28-30									
Walton High School MIDDLE SCHOOL ELITE VOLLEYBALL CAMP 1590 Bill Murdock Road, Marietta 30062 waltonvolleyball@gmail.com www.waltonvolleyball.wix.com	Rising 6th-8th Grade	\$175- \$200	9am-1pm									✔ July 21-24	
Walton High School ROBOTICS CAMP 1590 Bill Murdock Road, Marietta 30062 waltonroboticscamp@gmail.com • waltonrobotics.org	Rising 6th-9th Grade	\$200- \$300	See Website			✔ June 9-12							
Wheeler High School CAMP G.A.M.E.SSCIENCE AND ENGINEERING CAMP FOR GIRLS 375 Holt Road, Marietta 30068 770-578-3286 • stacy.regitsky@cobbk12.org	Rising 4th-6th Grade	\$250	9am-3pm					r					
Wheeler High School SCIENCE SPECTRUM 375 Holt Road, Marietta 30068 770-578-3286 • stacy.regitsky@cobbk12.org	Rising 7th-9th Grade	\$300	9am-3pm		r								
YMCA McClesky-East Cobb MINI CAMP 1055 East Piedmont Road, Marietta 30062 770-977-5991 • www.ymcapass.com/mcy.shtml	3-5	\$75-\$125	8:45am- 12pm	~	r	~	~	~	~	~	~	r	۲
YMCA McClesky-East Cobb SPORTS CAMP 1055 East Piedmont Road, Marietta 30062 770-977-5991 • www.ymcapass.com/mcy.shtml	6-12	\$185- \$235	7am-6pm	~	r	r	~	r	~	~	~	r	۲
YMCA McClesky-East Cobb TEEN CAMP 1055 East Piedmont Road, Marietta 30062 770-977-5991 • www.ymcapass.com/mcy.shtml	13-15	\$275- \$325	7am-6pm		~	~	~	~	~	~	~	~	
YMCA Northeast SPORTS CAMP 3010 Johnson Ferry Road, Marietta 30062 678-569-9622 • www.ymcapass.com/ncy.shtml	6-12	\$185- \$235	7am-6pm		~	~	~	~	~	~	~	~	
Young Chefs Academy-Camp Can-I-Cook 230 Hammond Drive NE, Bldg. 350, Ste. 368 Sandy Springs 30328 404-255-9263 www.youngchefsacademy.com/sandysprings	4-5 Kinder Cooks 5-7 Jr./Sr. Chefs	Call for Rates	Varies	v	~	~	~	v	~	v	~	~	✓ more camps

Check website for more camps.



www.eastcobber.com

26 April 2014

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www.artitout.com

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Mini Camp Days will be 9a.m. to 12p.m. or 1p.m. to 4p.m., with the option to stay for the full day.

> Camp ages range from age 2 to graduating 8th graders

For more information please contact: Candice Hayes 770-973-8921 • candice i haves@gmail.com

www.eastcobber.com

EAST COBBER DAY CAMP GUIDE How To Find The Best Day Camp For Your Child

By Gregory Keer

If there is ever a reminder that a parent's calendar has nothing to do with the date at hand, let me welcome you to camp season. Moms and dads are already mulling over which camps to send them to in mid-winter. Here are a few suggestions to make your day camp choices easier.

Ask Your Kids: Camp should be about fun. This is a chance for children to blow off steam, try new things and do the things they love to do in the great outdoors (or in well air-conditioned indoor places). So ask your kid where she wants to go for camp. She may want to go with friends or to a certain camp with the activities that appeal to her. Get the lowdown from your child first, to shape everything else.

Ask Around: Of course, your child's request is not the only criteria you need to bear in mind. You still have homework to do, such as asking other



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parents, even other kids about where they've gone or will go to camp. You can read brochures and websites that will present lots of information, but nothing tells you about social interaction, ageappropriateness of activities and quality of staff like a fellow parent or your kid's friends.

Take a Tour: Go see the camp, preferably with your child. Ask the guide (hopefully it's the camp director or assistant director) what the philosophy of the camp is. Ask about the organization of the camp, the costs, how long it's been in business, the camper return rate and the activities. If they seem thrilled, you've got something. Go ahead and ask your child what they like or dislike even before you leave the tour, so you can get questions answered.

Ask About the Staff: Whether you do the tour or not, there are a couple of vital areas of information you need. One is about the staff, including what the staff training is, what the counselor-to-camper ratio is. For younger children, it should be five to eight kids for every counselor, and for kids over 9, it should be eight to 10 kids for every counselor.

Consider the Heat: It gets real hot in Georgia. Be sure the camp you choose has adequate shade and air-conditioned indoor areas for when it gets scorching.

Be Safe: Heat is just one safety consideration. You need to ask about medical training of the staff and the proximity of a hospital. If you tour the campus, check out the equipment for accidentproneness.

Good luck in your efforts to find a great camp. There are loads of them out there. And remember, camp is not supposed to be a training ground for lawyers, doctors and captains of industry, so don't over-think your choice. Choose fun first and last and you'll choose correctly.

(Reprinted and abridged from family.go.com)



19th Annual EAST COBBER Parade & Festival Scheduled for September 13, 2014

PRESENTED BY

WELLSTAR.

This fall, East Cobb will once again welcome the hometown tradition of a community parade and festival when the 19th Annual EAST COBBER Parade & Festival takes place. The EAST COBBER Parade features floats and high school marching bands as well as a cornucopia of East Cobb groups and will be followed by the EAST COBBER Festival featuring local entertainment, carnival games and plenty of good food.



EAST COBBER extends its mission of building a sense of community by establishing a hometown tradition of a community parade and festival. As the producers of the first parade and festival in East Cobb County, the EAST COBBER aims to establish a strong network between schools, businesses, government and clubs to create a showcase event and annual tradition for East Cobb County. The EAST COBBER Parade has become the largest parade in all of Cobb County and is the only community-wide event for East Cobb.

The EAST COBBER Parade and Festival aims to builds a sense of community and reinforce East Cobb's status as one of the best places to live in the Atlanta area by giving thanks and special tribute to those who contribute to the quality of life in East Cobb: such as, principals, schools, clubs, elected officials, and civic leaders.

Overall, the objectives of this special event are as follows:

- Spotlight the people who contribute to the quality of life in East Cobb County.
- Provide opportunities for various groups of the community to interact.
- Boost the image of East Cobb to external audiences as well as to help East Cobb residents feel good about living in East Cobb.
- Celebrate the arts by providing a showcase for local fine arts performers and groups at the Festival.
- Promote economic development by providing local businesses with an event that demonstrates their community support and allows company personnel to interact with prospects and customers.

Because the EAST COBBER Parade & Festival is privately funded, contributions from local businesses are vital to keeping this tradition alive in East Cobb County. For sponsorship information or to request a festival booth application, contact 770-640-7070.

2014 EAST COBBER Parade & Festival Details: Date:

Saturday, September 13, 2014

Parade:

Start Time: 10am Finishes approximately 11:30am

Parade Route:

Parade travels one mile south from Princeton Lakes Drive to Fountains of Olde Towne Shopping Center, 736 Johnson Ferry Road

Road Closure:

Johnson Ferry Road from Lower Roswell Road to Roswell Road shuts down 9:45am-11:30am

Festival Site:

Fountains of Olde Towne Shopping Center 736 Johnson Ferry Road Marietta, GA 30068



Free Mulch. Cobb EMC offers free mulch from the clearance maintenance of Cobb EMC power lines. It is available throughout the year and can be delivered when crews are in your area. More info: 678-355-3413.

Every Sunday

Kabbalah Café. A weekly journey into the fascinating mystical teachings of Judaism. Discover ancient knowledgethat empowers and inspires personal growth and character development. 10am. Chabad of Cobb, 4450 Lower Roswell Road, Marietta. More info/to register: 770-565-4412 or www.chabadofcobb.com.

Every Tuesday and Saturday

Feeding Time at the Chattahoochee Nature Center. Join a naturalist for an in-depth look at one of their resident animals as they are being fed. 4pm. Admission: \$10/adults. \$7/seniors. \$6/ages 3-12. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055.

Every Saturday

Marietta Square Farmers Market featuring products that are grown and produced in Georgia, including produce, plants, honey, breads, and cheese. 9am-12pm. Historic Marietta Square, 65 Church Street, Marietta. More info: 770-499-9393 or www.mariettasquarefarmersmarket.net.

Every Saturday

Free Arts and Crafts at Lakeshore Learning Store. It's spring! Make a Bird's Nest, Write and Wipe Schedule, Sunny Days Light Catcher, Storytelling Puppet. 11am-3pm. Ages 3 and up. Lakeshore Learning Store, 4287 Roswell Road, Marietta. More info: 770-578-3100 or www.lakeshorelearning.com.

Every Saturday and Sunday

Trail Hikes. A docent guides you on a journey through the Chattahoochee Nature Center trails using biofacts and activities to spark you "natural" curiosity. 1pm. Admission: \$10/adults; \$7/seniors; \$6/ages 3-12. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055.

March 31-April 4

Cobb County Schools Spring Break

April 1, 8, 15 & 22

Cooking Classes with Chef John Wilson. Chef Wilson will present a full array of classes based on classic European cuisine and cooking skills. 6:30-9:30pm. \$50/person. Reservations are required and space is limited. Barrington Hall, 535 Barrington Dr, Roswell. More info: 770-640-3855.



April 3, 10 & 24

Rain Garden Work Day. Come learn more about the garden and get your hands dirty! 9-11am. Quality Laboratory, 662 South Cobb Drive, Marietta. More info/to register: 770-528-1482 or www.watershed.cobbcountyga.gov/ files/rainbarrels.

April 3-5 & 11-12

Spring Native Plant Sale at the Chattahoochee Nature Center Greenhouse. Horticulturists and Master Gardeners will be on-site to answer questions. Thursday April: 3, 5-7pm member exclusive sale. April 4-5 & April 11-12: 10am-5pm. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or www.chattnaturecenter.org.

April 4-20

Annie. The sun will come out at The Lyric when the legendary musical Annie returns to delight a new generation of theatre goers. Fridays & Saturdays: 8pm. Sundays: 2pm. \$32-52/front floor seat. \$32-42/Orchestra seat. The Cobb Civic Center, 548 S. Marietta Parkway, Marietta. More info: 404-377-9948 or www.atlantalyrictheatre.com.

April 5

Park Day: Keep Your Park Beautiful. Volunteers needed. Activities range from raking leaves and hauling trash to painting signs and trail building. Boy and Girl Scout troops may use Park Day to earn badges. Groups are encouraged to attend. 9 am. Kennesaw Mountain National Battlefield Park, 900 Kennesaw Mountain Dr. Kennesaw. More info: 770-427-4686 x0 or amanda_corman@nps.gov.

April 5-6

R.K. Gun & Knife Show. A large selection of guns and knives are available for selling, purchase or trade.Saturday: 9am-5pm. Sunday: 10am-5pm. \$10/adults; \$3/ages 6-12. Cobb Civic Center, 548 South Marietta Parkway, Marietta.More info: 563-927-8176 or www.rkshows.com.

COMMUNITY CALENDAR

April 5 & 9

La Bohème. The Metropolitan Opera Live in HD: Puccini's La Bohème. Puccini's moving story of young love is the most performed opera in Met history—and with good reason. Anita Hartig stars as the frail Mimì in Franco Zeffirelli's classic production, with Vittorio Grigolo as her passionate lover, Rodolfo. April 5: 12:55pm. April 9: 6:30pm. \$22/adults. \$20/seniors. \$18/students. \$15/ children. Merchants Walk Stadium Cinemas, 1301 Johnson Ferry Road, Marietta. More info: 678-560-1111 or www.georgiatheatrecompany.com/gtc-promotions.asp.

April 8, 12-13

Accident Avoidance Workshops presented by Marietta/Cobb Driver's Education. Open to any permitted/ licensed driver with basic vehicle control. At least one parent required to attend the entire program with their students. Classroom session, April 8: 6:40-9:40pm. Driving Session, April 12 or 13: 7:45am-12:45pm or 1:30-6:30pm. \$359 per parent-student team. All attendees eligible for Defensive Driving Certificates. Siblings 10-13 welcome to attend both sessions at no extra charge. Pope High School, 3001 Hembree Road NE, Marietta. More info/to register: 770-262-7009.

April 8-May 8 & April 12-May 3

Drivers Education presented by Marietta/Cobb Driver's Education. 30 hours of classroom instruction and 6 hours of individual training behind the wheel. This program meets the requirements for Joshua's Law and qualifies for the Teen Driver's Education insurance discount. April 8-May 8, Tuesdays/Thursdays: 6-9pm. April 12-May 3, Saturdays: 8am-4pm. \$375. Dodgen Middle School, 1725 Bill Murdock Road, Marietta or Kell High School, 4770 Lee Waters Road, Marietta. More info: 770-429-3170 or www.mariettacommunityschool.com.



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April 9

Spring Beauty Event presented by Dermatology Consultants. Education & Evaluation: Body Sculpting & Contouring, Fractional Laser, Botox, Latisse, Photodynamic Therapy, and more will be offered. Discounts & Prizes. Cost varies. 5:30-7:30pm. Dermatology Consultants, P.C, 1519 Johnson Ferry Road, Suite 100, Marietta 30062. More info/RSVP: 770-971-3376 or info@dermatologyconsultants.org.

April 10

Walton High School Collaborative Concert. Free.

7pm. Lassiter High School Concert Hall, 2601 Shallowford Road, Marietta. More info: 770-557-1245 or www.waltonorchestra.org.

April 10-13

Stitches South. Classes, fashion show, presentations for knitters. Friday & Saturday: 8:30-11:30am, 2-5pm. Sunday: 8:30-11:30am, 1:30-4:30pm. \$10/1-day pass. \$14/2-day pass. \$18/3-day pass. Cobb Galleria Centre, Two Galleria Parkway, Atlanta. More info: www.knittinguniverse.com/South.

April 11

Cobb County Master Gardeners Lunch and Learn: The

Beauty of Bulbs! From Amaryllis to Zephranthes! Debra Stockton, MG. Debra will give the ABC's of bulbs with a focus on Georgia favorites: daffodils, gladioli and tulips. Bring the beauty that comes from these small packages into your garden. Free. Bring your lunch. 12-1pm. Cobb County Water Lab, 662 S. Cobb Drive, Marietta. More info: 770-528-4070 or cobbmastergardeners.org.



April 11

Veteran's Benefits presented by Larry Roberts, VITAS Veteran Liaison. Roberts will review resources available to provide additional financial support to surviving vets and spouses to help cover the cost of assisted or supportive living services. Light refreshments served. Free. 11am -12noon. Atria-Johnson Ferry, 9 Sherwood Lane, Marietta/ East Cobb 30067. More info:/RSVP: 770-859-0570.

April 11-13

Atlanta Ballet Presents Stephen Mills' Hamlet. Set to the pulsating and spellbinding music of Philip Glass and performed live with the Atlanta Ballet Orchestra, Stephen Mills' Hamlet provides a full sensory, riveting performance. Friday: 8pm. Saturday: 2pm& 8pm. Sunday: 2pm. Tickets: starting at \$20. Cobb Energy Performing Arts Centre, 2800 Cobb Galleria Parkway, Atlanta. More info/tickets: 800-745-3000 or www.cobbenergycentre.com, or www.ticketmaster.com.

Exhibition Opening Reception - One: Alexi Torres &

Wilbur G. Kurtz: Inspired by Southern History. Join us for the openings of the One: Alexi Torres & Wilbur G. Kurtz: Inspired by Southern History. \$8/Adult admission at the door, cash bar, and hors d'oeuvres. 6-8pm. Exhibitions are on display until July 3rd. Marietta/Cobb Museum of Art, 30 Atlanta St SE, Marietta. More info: 770 528-1444 or www.MariettaCobbArtMuseum.org.

April 12

20th Annual Georgia Street Rod Association Annual Swap Meet. Swap meet and car corral includes all auto and truck parts for sale or trade. 8am-4pm. \$5/adults; Free/ children under 12. Jim Miller Park, 2245 Callaway Road, Marietta. More info: 770-517-6701 or www.gsra.com.



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April 12

Car Wash and Yard Sale benefiting the missions of St. Andrew United Methodist Church. Find household items, furniture, clothes and other treasures at great bargain prices. Yard Sale: 8am-2pm. Car wash: 9am-2pm. St. Andrew United Methodist Church, 3455 Canton Road, Marietta, 30066. More info: 770-926-3488.

DIGGING FOR YOUR ROOTS' Genealogy Workshop.

Carolyn Crawford from the Cobb County Public Library's Georgia Room will lead a workshop on digging for your ancestral roots! Ms. Crawford will teach basics on how to do genealogy research, explain the resources available in the Georgia Room and highlight the databases that are available through the Cobb County Public Library System. 11:30am - 12:30pm. Spaces are limited, so call 770-509-2730, or come by the East Cobb Information Desk to register in person. East Cobb Library, 4880 Lower Roswell Road, Marietta 30068. More info: Susan Irvin, eastcobr@cobbcat.org

Earth Day Kids Fest. Get ready for Earth Day by discovering how you (and your family) can be eco-heroes! The whole family will find out ways to connect to nature and learn fun new ideas on how to help our watershed and the planet. \$10/Adults, \$6/Children, Free/Children 2 and under. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 ext. 236 or programs@chattnaturecenter.org.

Georgia Native Plant Society's Annual Spring Plant Sale.

Select from hundreds of native plants: trees, shrubs, wildflowers including trilliums, ferns, bog plants and more. Knowledgeable sales staff to assist in making selections. Over 300 native azaleas. Cash and checks accepted. No credit cards. Bring wagons or carts to carry plants. 10am-2pm. McFarlane Nature Park, 280 Farm Rd. SE, Marietta/East Cobb. More info: www.GNPS.org.

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April 12

Walk MS: Marietta 2014. Friends, families, individuals and corporations unite to raise funds for programs and research, while promoting public awareness of multiple sclerosis. Registration (free): 7am. Walk: 9am. Marietta Square, 50 North Park Square, Marietta. More info: 678-672-1000 or www.nationalmssociety.org/gaa.

April 12-13

Big Shanty Festival combines the rich heritage of Kennesaw and the Civil War era with fun-filled activities with arts and crafts, food and live entertainment. The festival kicks off with a parade on Saturday at 9:30am, starting at Adams Park and continuing down Main Street through downtown Kennesaw. Saturday: 10am-6pm. Sunday: 12-5pm. Downtown Kennesaw near the Southern Museum of Civil War and Locomotive History, 2529 J.O. Stephenson Avenue, Kennesaw.com/big-shanty-festival.

April 12 & 26

Marietta Square Artists Market. Hosted by the Historic Marietta Square, it is a juried open-air market featuring vendors of all the arts. From jewelry to sculpture, paintings and more, there is something for everyone. 9am-2pm on Mill Street between Church Street and the railroad tracks. More info: www.ArtistsMarketMarietta.com or Connie@ ArtistsMarketMarietta.com.





Patrick Carmen

NR.9 Salon

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April 14

Cobb Connections presented by Kennesaw State Univer-

sity. Attendees will give their 30-second elevator speeches and break-out into roundtable discussions, in which they will give referrals and discuss business challenges. This networking event is complimentary for Cobb Chamber members and will meet the 2nd and 4th Monday of each month at the Mansour Center from 3 - 4:30 p.m. Registration required. Deadline April 11 by noon. Mansour Center, 995 Roswell Street, Suite 100, Marietta. More info: www.cobbchamber.org/events/Cobb-Connections-4469/details

April 14

Cobb Chamber Business After Hours. 5:30-7:30pm. General admission: \$20 online or \$30 at door. Cobb Chamber Members: Free online or \$20 at door. Freeman, Mathis & Gary, LLP, 100 Galleria Parkway, Suite 1600, Marietta. More info: 770-980-2000 or www.cobbchamber.org.

April 14-26

The Wiz presented by Christian Family Theatre is a musical adaptation of the classic Wizard of Oz story, based on the book by L. Frank Baum. Thursday-Friday: 7pm. Saturday: 2pm & 7pm. Tickets: \$10. The Art Place, 3330 Sandy Plains Road, Marietta. More info: 678-824-2381 or tickets@ christianfamilytheatre.org.

April 17

Adopt-A-Stream Chemical Monitoring Workshop presented by Cobb County Watershed. This workshop is designed to teach volunteers about basic stream water chemistry and how to conduct the chemical tests using hand-held field equipment. 6-8:30pm. Cobb County Water Quality Laboratory, 662 South Cobb Drive, Marietta. More info: 770-528-1482 or www.cobbstream.org.

Tough Talk to Tender Hearts Workshop. An informational program that teaches children accurate and realistic information about the biological process and physiological changes to their body. 9:30-11:30am. \$20/Person. VOICE Today, 3855 Shallowford Road, Suite 110, Marietta/ East Cobb 30062. More info: chris@voicetoday.org.

April 19

DEPARTURE: The Journey Tribute Band. Departure has become the most respected Journey tribute band in the nation. Featured lead vocalist, Brian Williams, has an amazing singing voice flawlessly matching Steve Perry's vocal range and movements. 8pm. \$15 in advance and \$18 at the door. Earl Smith Strand Theatre, 117 North Park Square, Marietta. More info: 770.293.0080 or www.earlsmithstrand.org.



April 19

Partners in Philanthropy: Lunch with Lt. Governor Case Cagle. Benefits Cobb Community Foundation's mission to create charitable giving resources that support the new partnership with the Cobb Collaborative. 11:30am. \$100/ticket. Marietta Hilton Conference Center, 500 Powder Springs Street, Marietta 30064. More info: 770-859-2329.

April 24

Personal Safety in your Home and Community presented by the Neighborhood Safety Commission Community Awareness Committee. Panel: Cobb County Public Safety Director, Sam Heaton; Cobb County Police Detective, Street Grace; Kim McCoy, Moderator. 7pm. Cobb County Government, Building A, 100 Cherokee Street, Commissioners Hearing Room, 2nd Floor, Marietta 30060. More info: 770-565-2343 or tsteiner@mindspring.com.

April 24-26

Walton High School Drama Spring Revue presented by the Walton Theatre Group. April 24-26: 7pm. April 26: 2pm matinee. Walton High School, 1590 Bill Murdock Rd, Marietta/East Cobb. More info: joymichelle. Green@cobbk12.org or www.waltondrama.com.

April 25

Family Fun Fridays Kickoff @ Legacy Golf Links. Introducing Legacy Golf Links' Family Fun Fridays! Join us for our Family Fun Friday Kickoff Event. Games, Skill Challenges, Golf, Food, Fun, Prizes & more. 4:30-8pm. Legacy Golf Links, 1825 Windy Hill Road, Smyrna. More info: 770-434-6331, golfga@legacygolfmgmt.com or www. www.legacygolfatlanta.com.

Glover Concert Series: The 911 Band/R&B. Tables, tarps and plastic ground coverings are prohibited inside of Glover Park and will be removed. They may be brought and set up in the street on North and East Park Square after 6pm. . 8pm. Free. More info: 770-794-5601 or www.mariettaga.gov/concerts.

April 25-26

Antique Gun & Military Collectibles Show & Sales. Friday: 12-5pm. Saturday: 9am-5pm. \$6; \$1/ages 6-12. Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info: 704-282-1339 or Richard@thecarolinatrader.com.

Garden Fair and Plant Sale. At the Garden Fair and Plant Sale, Master Gardener volunteers sell specialty plants from their private gardens as a fundraising effort to support the community educational gardens throughout Cobb County. This free event also features the sale of plants, garden art, hardscapes, birdhouses, and rain barrels from local artisans and nurseries. April 25: 10am-4pm. April 26: 9am-5pm. Jim R Miller Park Equestrian Center, 2245 Callaway Road SW, Marietta. More info: cobbmastergardeners.com.



April 25-27, May 3-4, 10-11, 17-18, 23-25

Good Mews Spring Flea Market. Find great bargains on a variety of items. All proceeds benefit Good Mews Animal Foundation, a local non-profit organization which operates a volunteer-based no-kill shelter for homeless, abused, and abandoned cats. Fridays and Saturdays: 9am-5pm. Sundays: 12-5pm. Piedmont Commons (Publix Shopping Center), 1050 E. Piedmont Road, Marietta/East Cobb 30062. More info: 770-499-2287 or www.goodmews.org.

April 26

4th Annual Heritage Sandy Springs Beer Fest. Sandy Springs' only beer festival will feature over 100 types of craft, domestic and import beers to sample, as well as great local food from area restaurants and food trucks, and a variety of live music by regional acts on the Rhythm & Brews Stage. 4-8pm. \$30/person in advance or \$40/person at the door. Heritage Green, 6110 Bluestone Road, Sandy Springs. More info: 404-851-9111 or www.hssbeerfest.com.

Hightower Trail Husky 5K Hustle. Featuring a course with rolling hills through East Cobb, starting and ending at Hightower Trail Middle School. Pre-registration through April 16 and on race day beginning at 7:15am. Race: 8am. Students: \$12; Adults (19+) and Phantom Runners: \$15; Race day: \$20. No pets. Hightower Trail Middle School, 3905 Post Oak Tritt Road, Marietta/East Cobb. More info: 770-578-7225 or www.cobbk12.org/hightowertrail.

April 26

6th Annual Women's Brunch. Johnnie Gabriel, owner of Gabriel's Desserts will be the featured speaker. Special Guest Taylor Voyles, Miss Cobb County 2013. Wear your favorite "bling" to celebrate the bright side of helping single moms to shine! Unique Jewelry Vendors will be selling "bling" 9:30am – 12:30pm. All net proceeds benefit 10 Women of Hope's mission to help single moms experiencing an essential financial emergency. Tickets: \$20. Tickets available at the door or 10 Women of Hope, P. O. Box 235, Marietta, GA 30006. 11am-12 pm. Zion Baptist Church, 165 Lemon Street, Marietta. More info: laurel.kovach@comcast.net

Health Occupation Students of America (HOSA) 5K Fund-

raiser. Wheeler High School's HOSA students will be hosting their 2nd 5K, with funds going to Darius Goes West, an organization that focuses on muscular dystrophy patients. Wheeler High School, 375 Holt Rd NE, Marietta/East Cobb. More info: wheelerhosaclub@gmail.com



COMMUNITY CALENDAR

April 26

WellStar Foundation's 17th Annual Grand Gala. This year's theme is the "Roaring Twenties". A swanky celebration of live music, fine food, and a speakeasy auction for a great cause. Attire for the evening is cocktail. 6:30-11pm. Tickets: \$250/person. Located at the Cobb Galleria, Two Galleria Parkway, Atlanta. More info/tickets: 470-956-6673 or www.wellstar.org/gala.

April 26 & 29, May 2 & 4

The Atlanta Opera presents Barber of Seville. Directed by José Maria Condemi, the Barber of Seville is filled with masterful disguises and hilarious antics; romance unfurls right under the nose of an aghast Dr. Bartolo, intent on marrying Rosina himself. Rossini's delightful comedy has elicited peals of laughter from opera lovers for generations! April 26: 7:30pm, April 29: 8pm, May 2: 7:30pm, May 4: 8pm. Cobb Energy Performing Arts Centre, 2800 Cobb Galleria Parkway, Atlanta. More info: 770-916-2800 or www.cobbenergycentre.com.

April 27

Hear the Future! The Sixth Annual Michael O'Neal Singers Invitational High School Music Festival. 3pm. \$10. Roswell United Methodist Church, 814 Mimosa Boulevard, Roswell. More info: 770-594-7974 or www.mosingers.com.



www.eastcobber.com

COMMUNITY CALENDAR

April 27

Jewish Genealogical Society of Georgia presents Yom-

HaShoah, or Holocaust Memorial Day, is marked on the Hebrew date of Nissan 27th. On this day, we remember the lives of the 6 million Jews murdered during the Holocaust, and the experiences of those who survive its horrors are remembered. 2pm. Free. Hosted by Congregation of Etz Chaim, 1190 Indian Hills Parkway, Marietta. More info/RSVP: www.etzchaim.net/jewish_genealogy

April 28

23rd Annual Charity Golf Tournament hosted by East Cobb Lions Club. Proceeds to benefit several local schools and vision and diabetes charities. 8am: Registration, continental breakfast and range balls. 9am: Shotgun start. Four-person team, Ft. Lauderdale format. Lunch and awards follow golf. \$125/player before March 31; \$135/player after March 31. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info/to register: 770-955-6914 or www.eclions.org.

May 1

Stalking/Teen Dating presented by the Neighborhood Safety Commission Community Awareness Committee. Panel: Holly Tuchman, YWCA; Cobb County Police Lieutenant, Everett Cebula; Kim McCoy, Moderator. 7pm. Cobb County Government, Building A, 100 Cherokee Street, Commissioners Hearing Room, 2nd Floor, Marietta 30060. More info: 770-565-2343 or tsteiner@mindspring.com.

May 3

The Drake Walk. 1 mile and 5k walks through historic Roswell and family friendly festival activities, entertainment, raffle and more. The walk will benefit the Drake House which helps homeless women and their children get back on their feet. Check-in: 9:30am. Walk and Festival: 10am-2pm. \$15/individual; \$30/family; \$10/each for group of 10 or more. Roswell United Methodist Church, 814 Mimosa Boulevard, Roswell. More info: 770-587-4712 or www. thedrakewalk.org.

Free Comic Book Day. Each year, participating comic book shops across North America and around the world give away comic books for absolutely free to anyone who comes into their stores. This year's list of free comics includes: Teen Titans Go! Archie, The Simpsons, Hellboy, Guardians of the Galaxy, Grimm Fairy Tales, Transformers, and more! 11am-7pm. 12-2pm, guest artists. Dr. No's Comics & Games Superstore, 3372 Canton Road, Suite 104 Marietta. More info: 770-422-4642 or www.freecomicbookday.com.

May 3

Taste of Marietta. Enjoy samplings of local restaurants, live entertainment and kids' activities. 11am-7pm. Free. Historic Marietta Square. More info: www.2012.tasteofmarietta.com.



COMMUNITY CALENDAR

May 4

WCHX Radio presents Spring is for Lovers featuring the Big Chicken Chorus, the quartets of the Marietta, GA Chapter of the Barbershop Harmony Society and Boardwalk, a newly formed quartet from the Atlanta area. A portion of the proceeds will benefit Marietta Mentoring for Leadership. Tickets: \$20/Adult, \$17/Seniors, \$10/Students (6-21). Marietta Performing Arts Center, Marietta High School, 1171 Whitlock Ave SW, Marietta 30064. More info: 770-530-2878 or www.BigChickenChorus.org.

May 5

Cobb Chamber First Monday Breakfast. Speaker: Shan Cooper, Vice President and General Manager of Lockheed Martin. 7:30-9:30am. General admission: \$60; Cobb Chamber Member: \$25. \$40 at the door. Cobb Galleria Centre, 2 Galleria Parkway SE, Atlanta. More info: 770-980-2000 or www.cobbchamber.org.

May 8

2014 Cobb Chamber Business Expo. More than 160 companies showcasing their products and services to an expected 1,000 attendees. The annual event is held for the promotion of local business and corporate networking. 3-7 pm. Cobb Galleria Centre, Two Galleria Parkway, Atlanta, Georgia 30339. More info: Hannah Gordon, hgordon@cobbchamber.org or 770-859-2359.



May 9

Casino Night. A Fundraiser for the North Atlanta Soccer Association (NASA). A night of fun, food and entertainment. In addition to blackjack, there will also be Texas Hold 'Em, roulette, craps and Wheel of Fortune tables, several raffles and a silent auction. All proceeds go to NASA's field improvements. 21 and older only. \$75/ticket. 7-10pm. The Pavillion of East Cobb, 736 Johnson Ferry Road, Marietta. More info: 770-926-4175.

May 10-11

Annual Colors Festival of Arts. The beautiful flowers of spring will combine with beauty created from sparkling glass, an array of paintings, photography, captivating jewelry, whimsical sculptures and a wide array of original arts and crafts the entire family will find enjoyable. As a convenience for festival attendees, a free shuttle will run from Roswell City Hall to the Town Square throughout the days. 10am-6pm. Roswell Historic Town Square. More info: 770-640-3253 or www.visitroswellga.com.





Promoting East Cobb People & Events



Pet of the Month: Should Your Pet Be Annie Our Pet of the Month? Submitted by Gabrielle Lance Fill out the information on your pet and send it to: EAST COBBER, P.O. Box 680445, Marietta, GA 30068 Please include a picture with your entry. Or email description and a jpg to: petomonth@eastcobber.com Pet's Name: Animal/Breed:_____ Age & Gender: Favorite Food: Favorite Person: **Breed:** Yorkshire Terrier Best Trick: Age and Gender: 2-year-old female Turn Ons: Favorite food: cheese Favorite person: my mom and me Turn Offs: Best trick: fetching the ball Favorite Toy: Turn ons: waking me up in the morning Turn offs: brushing her teeth Last Seen: Favorite toy: squeaky ball Last seen: sitting on my Mom's head What makes your pet so special:_____ What makes your pet so special: Owner's Name: she gives me kisses and makes me happy This is a doggone great spot to advertise your business!

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Good Mews Animal Foundation Spring Flea Market Announced

Good Mews Animal Foundation will be holding its annual Spring Flea Market starting Friday, April 25 and continuing weekends until Sunday, May 25. Hours on opening day, Saturdays, and Friday May 10th are 9am-5pm; hours on Sundays are Noon-5pm. New merchandise will be on display each weekend. The Flea Market will be held at Sandy Plains Exchange Shopping Center, 1862 Sandy Plains Road at Scufflegrit Road in Marietta, behind Quick Trip -the same Publix shopping center where the Good Mews Holiday Décor Market was held.

Good Mews also needs your help collecting items to make the flea market a success. Donated items will be accepted at the storefront on Saturdays from 10 am-2pm and Sundays from 12-3pm through Saturday, May 10. Check the website (www.goodmews.org) for all the latest Spring Flea Market information, including what items are being accepted. All donated items are tax deductible with receipts provided and 100% of the proceeds benefit the cats and kittens of Good Mews. To help with planning, please notify Kelly (kmcnamara @goodmews.org) of your planned donation drop-off time. Items must be in good condition and working order. Not being accepted: Tools & Automotive Items, Large Exercise Equipment, Mattresses/Box Springs, Drop Side Cribs, Used Baby Car Seats, Fax Machines, Printers, Large Appliances, Computers, Keyboards, Overhead Light Fixtures, Ceiling Fans, Clothing (Adult/Children), or Holiday/Christmas Items.

The Spring Flea Market benefits Good Mews Animal Foundation, a local non-profit organization, which operates a volunteer-based, no-kill shelter for homeless, abused and abandoned cats. Located at 736 Johnson Ferry Road, Marietta, GA, the shelter provides a cagefree environment for its residents, offering them comfort and security while assertive adoption programs find them happy, loving homes. Good Mews has a strong commitment to the practice of spaying and neutering as the most important step in reducing the pet overpopulation problem. Good Mews also promotes public awareness regarding the value of pets, animal welfare and quality human-animal companionship through educational and outreach programs.

To join this growing organization, or to find out more about what you can do to help, call 770-499-CATS (2287) or visit www.goodmews.org.



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DINING GUIDE

Bradley's Bar & Grill

>American

The friendliest neighborhood dive bar in East Cobb with great . bar food, areat customers & great staff! 4961 Lower Roswell Road, Marietta 30068 Mon-Sat: 11:30 - 2am 770-321-0108 www.bradleysbarandgrill.com

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Broadway Diner

>American Serves breakfast, lunch, and dinner. 1333 Johnson Ferry Road Marietta 30068 770-977-3337 thebroadwaydiner.com



Café Life at Life Grocery > Vegetarian Healing, Wellness, & Healthy Food for the Mind, Body & Soul. Choose from a variety of organic vegan foods. Enjoy healthy, delicious, & nutritious all day buffet & salad bar. 1453 Roswell Road Marietta 30062 Mon-Sat: 11am-7pm Sun: 12-5pm 770-977-9583 www.lifegrocery.com

Chicago's Steak

4401 Shallowford Road

Tue-Thur: 5pm-10pm

Sunday Brunch: 11am-2pm

www.chicagosrestaurant.com

Fri-Sat: 5pm-11pm

& Seafood

Roswell 30075

770-993-7464

Mon: 5pm-9pm

> American

Crêpe Café >French

Savory and Sweet Crepes. Delicious LavAzza Coffee. Specialty drinks, baklava, tiramisu and more. 4375 Roswell Road Marietta 30062 Mon-Fri: 8am -7pm

.....

- Fri-Sat: 8am-8pm Sun: 10am-5pm
- 770-971-0077
- www.crepecafeatlanta.com

Fat Lady Baker

> Prepared food and bakeshop Prepared foods and bakeshop. Don't hit the drive-thru! Stop in and arab one of many entrees, a loaf of bread, some slow cooked green beans, and desert. Heat up for a delicious healthy dinner on the table in

- a few minutes! Let the Fat Lady
- Cook Tonight!
- 2995 Johnson Ferry Road
- Marietta 30062
- Tues-Fri: 10am-6:30pm Sat: 10am-1pm (if not sold out)
- 770-587-3005
- www.fatladybaker.com

..... **Keegan's Public House**

> Irish-American

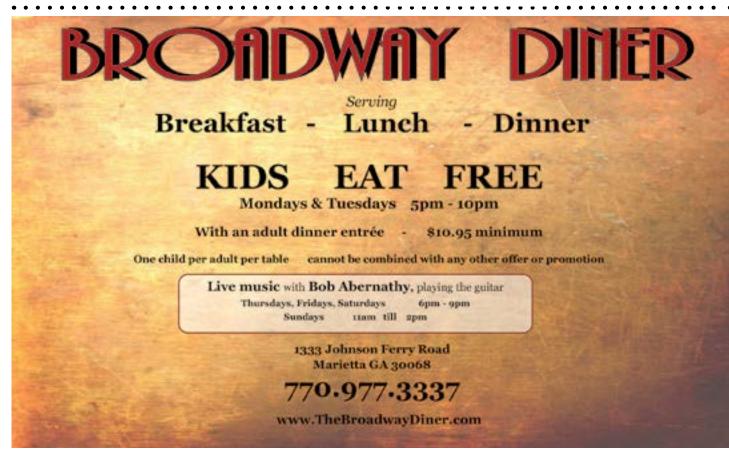
Authentic Irish pub with old world atmosphere, great food, and extensive beer and wine selections. 4401 Shallowford Road, #136 Roswell 30075 Mon-Thurs: 11am-1am Fri-Sat: 11am-2am Sun: 11am-Midnight 770-640-1100 www.keegansirishpub.net

Lee's Golden Buddha #7 >Chinese

Chinese, Malaysian, Thai & Korean cuisine. Dine-in or carryout; delivery available. Consumer choice award for best Chinese restaurant from 1999-2004. 2524 Cobb Pkwy, Smyrna 30080 Mon – Sun: 11am – 10:30pm 770-980-1800

www.leesgoldenbuddha7.com





Visit Bradley's Bar and Grill, the Friendliest Dive Bar in East Cobb



▲ Owner John Capone and Manager Todd Bell welcome patrons to Bradley's.

There are no strangers at Bradley's Bar and Grill. The employees know every customer by name, and if it's your first time visiting, they'll welcome you like you're already a regular. Bradley's has been an East Cobb staple for 15 years. It's a place to grab a quick bite, visit with friends or just relax after a long day. The owner, John Capone, wants Bradley's to be East Cobb's favorite neighborhood dive bar and has worked hard to create an atmosphere that will make anyone comfortable. He has owned the restaurant for seven years, but kept the name Bradley's after the original owner because of its decade of history.

Bradley's offers daily drink specials, but don't miss their food. They have a wide assortment of tasty menu options, like jumbo (always crispy) wings, fried green tomatoes with goat cheese, Philly cheese steaks with real tenderloin, fried shrimp like Houck's used to do it and fish tacos that John says will beat any Mexican restaurants. "Although we sell bar food, we have cooks who take it up a notch, so it will be some of the best bar food you've ever eaten," says John.

John also is a local real estate agent and says most of his clients are customers of Bradley's. He grew up in a large Italian family and realized a few years ago that he likes to be around people that are enjoying themselves. This is why he spends so much of his time at Bradley's, and is staff is as friendly as he is. The couch and recliner contribute to the bar's laidback atmosphere.

The bar is for those 21 years and older and is a smoking-friendly establishment. John has invested heavily in smoke-eating systems that keep the air quite clean for a smoking bar.

Through BB&G Catering, Bradley's also offers catering services, including hot and cold buffets, boxed lunches and salads, and plated formal dinners for crowds big and small.

The safety of his customers and being a good community neighbor are important to John, so Bradley's has partnered with Metro America Safe Drivers allowing his patrons to get home safely with their car for less than the price of a taxi.

Bradley's is open from 11:30 a.m. – 2 a.m. every day but Sunday. They are located at 4961 Lower Roswell Road, Marietta, Ga., 30068. Visit bradleysbarandgrill.com for more information or just stop by. Tell them John sent you.

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Restaurant Roundup

By Tricia Morris

Since 1993, EAST COBBER magazine's mission has been to promote local East Cobb County businesses. With East Cobb filling up with talented chefs and must-try dishes, we are dedicating more space in our Dining Guide section to spotlight the increasing dining options for our community. So, Eat Out and Eat Up, East Cobb! Here's the latest restaurant round-up.

There's always something fun going on at **Keegan's**. Bring your friends for a fun night of trivia on Monday. Tuesday is pint night featuring a special beer of the month. Guests also get a free pint glass. All wine by the glass is half price on Wednesday nights. On Thursdays pints are only \$4 each. Sunday features local talent with and an open mic.

Keegan's, 4401 Shallowford Road. 30075 770-640-1100 keegansirishpub.net



A Little Bit of

Heaven is opening up next to Robert's Fruit Stand and Market at the corner of Lower Roswell and Woodlawn early this month.

Owner and chef, Tiffany Gray, started her business as a food truck (which you may have seen parked street side in front of the restaurant) serving healthy sandwiches, salads, smoothies and other unique chefinspired meals.

"I've always dreamed of opening my own restaurant,"

says Chef Tiffany. "I love cooking for people and seeing them enjoy my food." Chef Tiffany will be in the kitchen preparing meals that will take your taste buds on a trip around the world with a healthy twist using all natural and/or organic ingredients.

The casual interior will offer an elegant feeling with fun, family friendly atmosphere. Outside on the patio diners will feel like they're in a "heavenly paradise" with lots of plants and even a waterfall to create a peaceful feeling. Lunch and dinner will be served with lunch prices \$10 and dinner starting at \$12. Beer and wine will be served.

A Little Bit of Heaven, 4666 Lower Roswell Road 30068 678-224-6780 alittlebitaheaven.com Who doesn't love a good sandwich? Scheduled to open mid-April Which Wich? Superior Sandwiches is an innovative yet simple concept that focuses on the "wich," a customizable sandwich available in more than 50 varieties. The restaurant's unique concept allows you to create your own "wich". You simply choose a bag of the meat you want, grab a red Sharpie[®] and mark up the pre-printed menu on the sandwich bag. You choose the bread, cheese, spreads, and veggies. Your wich is prepared just the way you want it and delivered in your personalized sandwich bag.

For those who want something more low cal, Which Wich offers lettuce wraps and salads. Originally out of Dallas, Texas, there are currently over 200 Which Wich restaurants in the U.S., 12 of which are in the Atlanta area. This will be the first location in Cobb County.

Which Wich, 1401 Johnson Ferry Road 30062 770-321-9424 whichwich.com

I scream. You scream. We all scream for ice cream. Locally owned and operated **Jimmies Ice Cream and Yogurt** has the largest self serve ice cream and yogurt restaurant in the area. Seating 120, the self service shop offers 12 frozen yogurt stations, six ice creams and two sorbets and lots of toppings to choose from. The two most popular flavors are cookies and cream and salted caramel. Also available are milkshakes and smoothies.

Jimmies Ice Cream and Yogurt, 2595 Sandy Plains Road 30066 770-853-3948

With gluten allergies being so prominent restaurants have to become more adaptable to customers' needs. **Baked** has numerous gluten free options which include, but are not limited to: baked chicken, beef brisket, flank steak, bbq chicken and their specialty horseradish Dijon glazed salmon. All meals are made to order. Craft beers and wine are now available and can be paired with any dish. Baked continues to add more and more neighborhoods to their delivery area. Please check their Facebook page or website for more information.

Baked, 1111 Johnson Ferry Road 30068 770-612-2533 bakeithappen.com

DINING GUIDE



JEFF VAN DYKE, CO-FOUNDER & MANAGING PARTNER OF BRIXX WOOD FIRED PIZZA, WITH PAUL SHORE, GENERAL MANAGER OF BRIXX-EAST COBB

Brixx Wood Fired Pizza opened mid-February in The Avenue East Cobb shopping center in what formerly housed Johnny Rockets. All pizzas are 10 inches and cooked in a wood burning brick oven on traditional crust, whole wheat crust or, for an additional \$2, gluten-free crust. Vegan cheese is available at no charge. In addition to pizza, the menu includes starters such as bruschetta, a hummus trio and a unique fig and prosciutto flatbread. Salads, sandwiches/wraps and pasta dishes round out the menu along with dessert which includes a s'mores pizza which is pizza dough topped with marshmallows, chocolate and graham cracker crumble.

The open air design seats 96. Featured prominently in the center of the restaurant is the wood fired brick oven. The patio seats 36. A full bar is served with 24 craft beers and 15 wines. Each month will feature a brewery and vineyard. Wine specials will be on Thursday with half off wine by the glass and on Sunday with half off bottles.

Brixx Wood Fired Pizza, 4474 Roswell Road 30062 678-903-4410 brixxpizza.com



Craft beers seem almost as common as farm to table restaurants. Almost any restaurant you go into serves craft beers. While the **Craft Beer Factory** isn't a restaurant it does sell craft beers. There are over 30 craft beer taps which allows you to take home your favorite craft beer in a growler. Two to three times per week there is a cask conditioned beer. You can also mix and match 6 packs. In addition to growlers you can buy full barrels with your favorite craft beer. Also for sale are glasses and all growler accessories.

Craft Beer Factory, 2145 Roswell Road 30062 404-632-3369 thecraftbeerfactory.com **The Chicken Salad Chick** opened March 18th in the Providence Square shopping center off Roswell Road next to La Madeleine. Originating in Auburn, Alabama, there are currently locations in Alabama and the Florida Panhandle but this Marietta location will be a first for Atlanta.

This franchise is owned by franchisees Tom and Cheryl Melton, Don and Carol Schrader and Frank and Kay Lynne Mitchell of The Three Chicks LLC. All the women in this group are related to founder Stacy Brown. Their names are featured in three of the fifteen flavors of Chicken Salad on the menu, making them famous among the Chicken Salad Chick Community.

The menu features 15 different flavors and are made fresh daily with several options that are sugar free and Atkins friendly. Also available are gourmet soups, side salads and freshly baked desserts.

Chicken Salad Chick, 4101 Roswell Road 30062 770-565-3985 chickensaladchick.com

Get in Shape for Women, located on the corner of Roswell and Robinson Roads, has chosen to endorse **Zeal** for their many healthy dining options to choose from. Guests will participate in a special "Stay Fit Menu" which follows Get in Shape's health guidelines and allows their clients to enjoy a meal when dining out. Also, every Wednesday is "Wine Appreciation Day". Every week four different wines will be available — two red and two white. For \$17 you can try all four varietals and a flatbread or other appetizer.

Zeal, 1255 Johnson Ferry Rd. 30068 678-401-7142 zealrestaurant.com

Quizno's at Sprayberry in the Shops at Village Green on Sandy Plains is under new ownership. Meredith Hilton purchased this location in January. For specials follow them on Twitter for Twitter Tuesdays or like them on Facebook for Facebook Fridays. Specials are posted on those days.

Quizno's at Sprayberry, 2595 Sandy Plains 30066 770-973-4979

Tricia Morris covers local restaurant news and writes articles and reviews related to all things food, beer, wine, spirits, coffee and more. She is a native of Marietta and lives in East Cobb with her husband, mother and two children. Years ago, Tricia used to write the Metro and Dining sections of the Hudspeth Report, an entertainment newspaper catering to the dining and nightclub scene in Atlanta.



We invite readers to contribute restaurant reviews and share their opinions about your favorite neighborhood eateries with us. Just email your dining experiences and dish recommendations to: foodie@eastcobber.com.

.

www.eastcobber.com

DINING GUIDE

RECIPES OF THE MONTH

his month's recipes were submitted by Vani Arcuragi, Title III Parent Resource Specialist and coordinator of Wheeler High School's Multicultural Cooking Class. Wheeler PTSA Diversity, Wheeler Culinary Arts and the school's Parent Resource Center offer free Multicultural Cooking Classes at Wheeler High School every month. In January, the featured chefs were: Ms. Sumana Moudgal, Magnet counselor at Wheeler High School who shared Indian recipes; Chef Alex DeGrossi, father of Wheeler HS student cooked a Brazilian dish; and, Ms. Patricia Espinoza, mother of three Wheeler HS students created a Mexican dish. Ms. Sumana Moudgal's Indian recipes are featured below.

MS. PATNICIA ESPINOZA



INDIAN PUNJABI CHOLE MASALA

Ingredients: Chole

- 1 and half cup chickpeas (Garbanzo Beans, Kabuli Chana or Chole)
- 2 medium-sized onions, finely chopped
- 3 medium-sized tomatoes, finely chopped
- 1 tsp ginger paste or coarsely ground ginger or grated ginger
- 1/2 to 1 tsp kashmiri chilly powder or deghi mirch (if using a hot variety,

then just add 1/4 to 1/2 tsp) • 1 tsp amchur powder/

• 1/4 to 1/2 tsp garam masala

- dry mango powder
- 2 to 3 tbsp oil
- Salt

powder

• 2 green chillies, slit

Wash and soak the chole (chickpeas) overnight. In a pressure cooker, add the chole, enough water to cover the chole, salt and pressure cook for 5-6 whistles. The chole should be soft when you mash it with a spoon.

Spices for the punjabi chole masala:

- 4-5 black cardamoms/ elaichi • 1 inch cinnamon/dalchini
- 1 and half tsp cumin seeds (jeera)
- 1 and half tsp coriander seeds (dhania)

• 1 and half tsp fennel seeds

- 3 cloves and 1 bay leaf/ tez patta
- 2 dry red chillies

• 5-6 peppercorns

In a pan, dry roast all the spices mentioned above till brown. Don't burn them. On a slow or moderate flame you can roast the spices, grind them into a fine powder.

(saunf)

Now in the same pan, add oil. Once the oil becomes hot, add the chopped onions. Now add the ginger paste.

Once the raw smell of the ginger disappears, then add the chopped tomatoes. Saute the tomatoes till the oil starts to leave the sides of mixture.

Then add the powdered spices, along with the red chili powder, garam masala powder and green chilies to the onion-ginger-tomato mixture. Saute for a minute.

Now add the boiled chole with a little quantity of its stock. Check the salt first, as while boiling the chole we added salt and we are using the same broth.

Simmer for 8-10 minutes on a low to medium flame till the gravy thickens a bit and become smooth.

Finally, add the amchur powder.

Garnish Chole Masala with chopped onions and cilantro leaves.

Serve the punjabi chole with kulchas, bhaturas, pooris, rotis, along with sliced onions and lime. Chole also tastes good with rice.

• 2 tsp cumin seeds and salt

• Coriander leaves to garnish

to taste

• 1/2 cup water

INDIAN JEERA RICE (CUMIN RICE)

- 1 cup Basmati rice
- 3 cups water
- 2 tbsp vegetable, sunflower or canola oil/ghee
- 1 large onion chopped fine

Preparation: Wash the Basmati rice well. Add 3 cups of water and salt to taste to the rice and set it up to boil. Once the rice is almost cooked, remove from fire and drain the water by straining the rice through a colander. In another pan, heat the oil/ghee till hot and add onions. Fry till light brown, add the cumin seeds, add the rice and stir well. Add 1/2 a cup of water to the rice and cover. Simmer till all the water dries up. Allow the rice to stand for another 2-3 minutes and then serve garnished with coriander leaves.





HEALTH & WELLNESS

ACUPUNCTURIST

Acupuncture and Wellness Center

Dr. Li Hua Shu, TCMD – Licensed Acupuncturist 3535 Roswell Road, Suite 37 • Marietta 30062 678-560-7978 • www.drshutcm.com Mon-Fri: 9am-6pm; Sat: 9am-4pm

25 years experience in traditional Chinese medicine treating pain management, respiratory system, emotional/mental health, nervous system, digestive system, smoking/weight loss, wrinkle reduction, high blood pressure, and much more.

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770-578-0785 • www.healthsourcemarietta.com Mon: 8:30am-12:30pm; 3-6:30pm, Tues: 3-6pm, Wed: 1-4pm, Thurs: 8:30am-12:30pm; 3-6:30pm, Fri: 8:30am-12pm, Sat: 10am-12pm

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Murdock Elementary School Sets Record for American Heart Association Fundraiser



▲ Jeff Crocker, Student teacher; Brittany Collins-Physical Education Para Pro; Marc Renna, Physical Education Teacher; and Allison Redhead, P.E. Para Pro.

Murdock Elementary School set a new record in their fundraising efforts for the American Heart Association (AHA). Sponsored by the school's P.E. Department, this year's Jump Rope for Heart proved to be a huge success. Marc Renna, Murdock's P.E. teacher for the past nine years, has one main aoal for his students: Exercise and have fun! So naturally, he made sure the Jump Rope for Heart event was not only successful but fun. When the fundraising began, the school goal was set at \$10,000. That goal was met within a record 5 days, and that amount included only online donations; the next goal of \$20,000 was met within a few weeks with time still left before the deadline of February 21. Murdock ended up collecting an amazing amount of \$34,700.68, over 3 times the original goal! Not only was this the most amount raised for Jump Rope for Heart in the history of Murdock (since 1975), but the school ranked number one in Cobb County, the state of Georgia AND the Southeast region, which includes surrounding states and Puerto Rico! "I attribute this success to the amazing students, families and the Murdock community... I've never seen this much money raised for the AHA in my 18 years teaching in Cobb County.



HEALTH & WELLNESS

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2125 Post Oak Tritt Road • Marietta 30062 770-977-9090 • www.marietta-dentistry.net Mon-Wed: 8am-5pm, Thurs: 7:30am-4:30pm Dr. Mark Goch and his team of skilled professionals work together to provide you with the personal and professional care you expect and deserve. We offer a full range of dental services to meet your individual needs and desires.

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4250 Roswell Road, Suite 110 • Marietta 30062 770-509-5585 • www.JohnsonFerryDentistry.com Mon-Fri: 7am-5pm

Finding a dentist in Marietta that's dedicated to your dental care can be difficult. Our friendly and knowledgeable staff is committed to understanding and meeting your needs as a patient. Our goal is to keep your teeth looking their best and being more efficient and accurate with your dental care.

Marietta Family Dental Care P.C.

Dr. Azita Mansouri & Dr. Michael Mansouri 4720 Lower Roswell Road • Marietta 30068 770-973-8222 • www.naturalsmile.biz Hours: Mon-Thurs: 7:30am-6:30pm Implants, root canals, cosmetic and family dentistry for all ages. Oral sedation available for fearful patients. Please call our office for more info.

Paper Mill Dental LLC

135 Johnson Ferry Road, Suite 2210 Paper Mill Village • Marietta 30068 404-596-5727 • www.papermilldental.com Mon-Fri: 8am-5pm

East Cobb's premier multi-specialty practice offering pediatric, orthodontic, general, cosmetic, and restorative quality dental care for children, teens and adults. Specialists include a Pediatric Dentist, Orthodontist and Prosthodontist. To receive a \$100 credit toward restorative treatment call or visit our website for details. Live-Life-Smiling!

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Dr. Weiss MD, ENT

3901 Roswell Road, Ste. 225 • Marietta 30062 770-971-1533 • www.drweissent.com

Dr. Weiss is an experienced otolaryngologist who provides comprehensive ear, nose, and throat healthcare, as well as allergy care for patients. Dr. Weiss cares for the ENT needs for patients of all ages, from childhood to adulthood.

FITNESS CENTER

Get in Shape for Women

3822 Roswell Road NE, Ste. 114 • Marietta 30062 770-605-8788 • www.getinshapeforwomen.com Mon-Fri: 6am-noon; 4pm-8pm; Sat: 8am-12pm Specializes in small group personal training and nutritional counseling for women. Our total body transformation program works based on 4 components: weight training, cardio, supportive nutrition and accountability. Results start when you do!

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4961 Lower Roswell Road • Marietta 30068 770-565-5450 • www.womenspremierfitness.com Hours: Mon-Thurs: 5:30am-9pm, Fri: 5:30am-8pm, Sun: 9am-2pm Women's only fitness center specializing in Les Mills group fitness classes, yoga, personal training and fitness equipment. Free childcare and an onsite massage therapist available.

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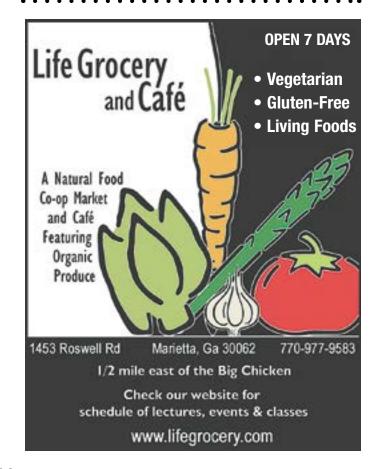
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Orthodontics for Children and Adults

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HEALTH & WELLNESS

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Since 1962, Laureate Medical Group has built a reputation based on providing excellent medical care combined with sincere compassion for patients. Our Board Certified internists see patients in five locations: East Cobb, Midtown, Sandy Springs, Alpharetta and Jonesboro. The practice also offers specialized care in rheumatology, endocrinology and sleep medicine.

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www.massageenvy.com/clinics/GA/East-Cobb.aspx Mon-Fri: 8am-10pm; Sat: 8am-6pm; Sun: 9am-6pm With customized massages and Murad Healthy Skin facials, you can help relieve stress, decrease anxiety, increase energy and improve your skin texture, tone and appearance. Our professional massage therapists and estheticians will work with you to customize your session just for you.

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PILATES / YOGA

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Mon-Thurs: 7am-8pm; Fri & Sat: 7am-1pm; Sun: 12-4pm Unlike other fitness studios, or even gyms, we take a holistic, personalized, and concierge-like approach to helping you improve your physical and mental health. We offer Pilates on equipment, personal training, mat Pilates, yoga, TRX and the Best Barre Class Ever. Our unique space includes two training rooms and an outdoor studio set in a natural environment.



HEALTH & WELLNESS

PILATES / YOGA

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PODIATRISTS

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Providing medical and surgical treatment for all foot and ankle conditions including bunions, hammertoes, ingrown, fungal toenails, heel pain, warts, fractures, sprains, diabetic care. A licensed surgical center is located on site. Pedicures are offered with all sterile instruments and anti-fungal nail polishes. Welcome Dr. Dan Howard to our practice.

Podiatry Group of Georgia

147 Johnson Ferry Road • Marietta 30068 404-806-3731 • www.podiatrygroupofgeorgia.com Mon-Thurs: 8:30am-4:30pm; Fri: 9am-2pm

Podiatry Group of Georgia offers both conservative and surgical treatment of the foot and ankle. Services that Podiatry Group of Georgia offers are: Sports and Recreational Injuries; Foot and Ankle Deformities, Fractures, Sprains, Bunions, Hammer Neuroma Diabetes and related limb affects, Ingrown Toenails, and Nail Conditions

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404-384-9962

Catholic Church of St. Ann Parishioners Present "Living Stations of the Cross"



Mark Vogt portraying Simon of Cyrene with Bob Cahill who is portraying Jesus.

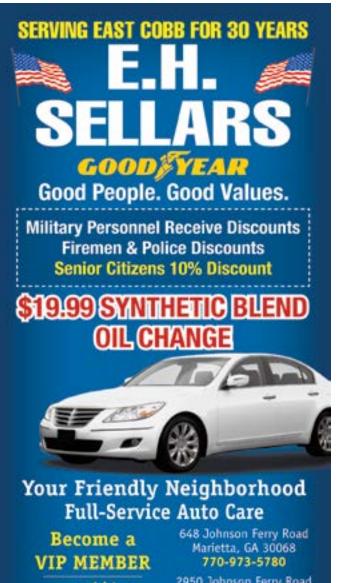
The St. Ann Players, composed of parishioners and friends from the Catholic Church of St. Ann in Marietta, will enact their 18th annual production of the "Living Stations of the Cross" on Friday, April 11, 2014. The Players are a group of Christians brought together for the purpose of furthering the Kingdom of God through the performing arts. The presentation will begin at 7:30 pm in the main sanctuary of the Catholic Church of St. Ann, located at 4905 Roswell Road. Admission is free and seating is on a first come, first served basis.

Christine Holt, who has over 35 years experience directing, producing, conducting and arranging various musical and theatrical productions for public and private schools, community groups and professional opera companies, serves as Director. She replaces Pete and Sue Borden, who have retired after dedicating their time and talent into producing each of the preceding years' performances. Holt holds a BSME in Music Education, a Masters degree in Music Education, as well as a Masters in Vocal Performance/ Opera, each earned at Duquesne University, Pittsburgh.

Forty specific biblical characters will be portrayed throughout the 14 Stations of the Cross set along the Via Dolorosa in Jerusalem, plus a cast of many extras in various crowd scenes as the story follows the path of Jesus on His way to Golgotha. Adele Myers, Assistant Director, created all of the period costuming. Musical accompaniment will be provided by singer and pianist Graham Kuhn, Music Minister at St. Ann's.

"We seek to reinforce the biblical legacy and history of the beginnings of our faith for the enlightenment of our parish community, and we welcome everyone else, as well," notes Ms. Holt. "Many parishioners have participated in various roles throughout the years, some starting as parents who brought their young children to be in the crowd scenes. As the children grew, many began to take on more mature roles, e.g., servants for Pilate, Roman soldiers and other special characters. It has truly become a family affair." The St. Ann Players is a group of Christians from the Catholic Church of St. Ann brought together for the purpose of furthering the Kingdom of God through the performing arts. They seek to reinforce the biblical legacy and history of the beginnings of their faith for the enlightenment of all of the parishioners. Membership is open to all who share the same goal. For more information, please call (404) 993-7995.

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3621 Sandy Plains Road Marietta, GA 30066 770-509-1422

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Easter Egg Hunts Planned in East Cobb

The Easter egg hunt is a combination of Christian and spring celebrations and is a popular tradition throughout the United States, and especially East Cobb County. Be sure to bring your Easter basket to collect the eggs. Here's a short list of some local egg hunts for you to enjoy.

April 11: 6:30 - 7:30pm

Laurel Park 151 Manning Road, Marietta • 770-794-5601 www.marietta.com/laurel-park-easter-egg-hunt

April 13: 1:30-4:30pm

McCleskey-East Cobb YMCA 1050 East Piedmont Road, Marietta 770-977-5991 • www.ymcaatlanta.org/mcy

April 13: 6:15pm

Mt. Zion United Methodist Church 1770 Johnson Ferry Road, Marietta 770-971-1465 • www.mtzionumc.org

<u>April 19: 9-10:30am</u>

Mt. Bethel United Methodist Church 4385 Lower Roswell Road, Marietta 770-971-2880 • www.mtbethel.org Reservations required for this hunt. The Egg Hunt is for ages 2 through 2nd grade. There will also be a Petting Zoo, the Easter Bunny.

April 19: 12-2pm

East Cobb United Methodist Church 2325 Roswell Road, Marietta 770-971-3643 • www.eastcobbumc.org

April 19: 10:30am- 1pm

Eastside Baptist Church 2450 Lower Roswell Road, Marietta 770-971-2323 • www.ebcfamily.org

<u>April 19: 10am – 2pm</u>

Jim Miller Park

2245 Callaway Road, Marietta • 770-528-8875 www.marietta.com/marietta-easter-egg-hunt Easter egg hunt, art activities, inflatables, live entertainment, concessions, visits with the Easter Bunny and the Mad Hatter Contest.



April 19: 10am-12pm

Mountain View United Methodist Church 2300 Jamerson Road, Marietta 770-928-0050 • www.mvumc.org Free pancake breakfast preceding hunt.

April 19: 10am-3pm

Northeast Cobb Community Egg Drop Sprayberry High School 2525 Sandy Plains Road, Marietta 770-423-1330 • todmiller@jrmmanagement.com

April 19: 1pm

Sandy Plains Baptist Church 2825 Sandy Plains Road, Marietta 770-971-8525 • www.sandyplains.org

April 19: 9:00am

St. Andrew United Methodist Breakfast with the Easter Bunny and egg hunt \$5/Adult, \$2.50/Children (2-11) 3455 Canton Rd, Marietta 770-926-3488 • www.thepumpkinchurch.org

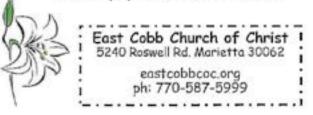
April 20: 10:00-10:30am

Emerson Unitarian Universalist Church 2799 Holly Springs Road, Marietta 770-578-1533 • www.emersonuu.org. @



Easter Sunday, April 20th

- 9am Free pancake Breakfast in the fellowship hall
- 10am Easter Service, join us for worship, praise and communion



20 Years Later: The Impact of Murder on My Family

By Elaine M. Rondeau



We have lived in East Cobb since 1987. What joy to live in our great neighborhood of Piedmont Chase, joining the neighborhood association where we played tennis, enjoyed pool parties, birthdays, special holidays, and becoming close friends with our neighbors who became our extended family.

Murder victim Renee Rondeau

In 1993, everything was just fine—our daughters graduated from college and we were beginning our life as "empty nesters"... then disaster struck!

Our daughter Renée Olubunmi Rondeau, born in Africa, was murdered in Chicago on October 31, 1994! How could this happen? She was a beautiful young woman, who had attended private school in Germany, colleges and universities in Paris and Augusta, Georgia and Los Angeles. She lived in France, Germany and Japan! She spoke fluent French, German, Japanese and was learning Spanish and Portuguese! At the young age of 29, her career with an international firm was well on its way!

How could this have ever happened to us?

On a cold, rainy night in the upscale Chicago neighborhood of Lakeside, our daughter Renee was walking the three blocks home to her apartment after having worked out at her health club. Two recidivist criminals, looking for heroin money, stalked her, held her up at the front entrance of her apartment building, dragged her up the stairs to her apartment, held her at gunpoint and then murdered her for \$300. Justice was served 3 years later when they were both found guilty and are now serving the rest of their lives in prison.

What has been our response to this horrific murder of our daughter? Sheer grief, and anger, disgust with the criminal justice system, impatience with law enforcement, the realization that crime does not discriminate and that it can happen to anyone--no matter how educated one is, how safe one's neighborhood is, whether your children are home schooled or attend private school, no matter how large your house is!

At the time, my husband and I were determined to bring attention to our daughter's slaying and bring her killers to justice. We didn't know our quest would set us on a 20-year journey working to help families of other homicide victims. I had an epiphany that crime permeates our country, that the media sensationalizes a few high profile cases, deluding all of us into believing that crime only happens to a few people! Somehow all of us have been desensitized into believing that if we live in a good neighborhood, we are immune from the scourge of crime!

VICTIMS' RIGHTS RESOURCES

- Parents of Murdered Children (POMC): www.pomc.org/
- National Organization for Victim Assistance (NOVA):
 www.try-nova.org
- Crime Victims Advocacy Council (CVAC):
 www.cvaconline.org
- Direct service to crime victims through the National Coalition of Victims in Action, a progam of the Renée Olubunmi Rondeau Peace Foundation, www.rorpf.org

For the past 20 years since the murder of our fantastic Renee, we have been victim advocates working for victims' rights and also have devoted our time to work on issues to solve the root causes of crime and violence. We founded the Renée Olubunmi Rondeau Peace Foundation and the Renée Olubunmi Rondeau Memorial Education Fund at Augusta State University. We have been involved for the past 20 years lecturing nationally on the issues of victims' rights and crime prevention, and have initiated hundreds of related anti-crime campaigns in the metro Atlanta area.

We are particularly interested in solutions for the root causes of crime and in youth intervention programs. Together, my husband and I have advocated for early childhood education, after school programs, Head Start, gun safety education, gang intervention and solutions, improvement of the criminal justice system which includes sentencing, parole, rehabilitation and restitution, media education and awareness, domestic violence intervention.

Through our Renée Olubunmi Rondeau Peace Foundation, we work to promote awareness as to the magnitude of the crime problem and to our individual and collective responsibility for the solution. April 6 to 12 is National Crime Victims Rights Week. You can begin by informing yourself about the importance of victims' rights as well as preventing crime. There is so much that each of us can do to make this a safer country for all! Crime does transcend the limits of our own neighborhoods. Crime will find us everywhere if we do not make an effort to influence our legislators for crime prevention and victims' rights. Crime prevention is not just law enforcement and neighborhood watch, it is each of us contributing solutions to eradicate murder. If you would like more information on how you can help, feel free to email me at aammen@bellsouth.net ©



Elaine and her husband, Gordon, live in the Piedmont Chase subdivison. They have a daughter, Lisa. The Rondeaus lecture nationally on the need for victims rights and crime prevention.

April is Sexual Assault Awareness Month

By Barry E. Morgan, Solicitor General, Cobb State Court



Sexual assault is a horrific act of power and control that severely affects the victim and their family. The month of April has been designated Sexual Assault Awareness Month (SAAM) in the United States. The goal of SAAM is to raise public awareness about sexual violence and to educate communities and individuals on how to prevent sexual violence. By working together and pooling our resources during the month of April, we can highlight sexual violence as a major public health, human rights and social justice issue and reinforce the need for prevention efforts.We all play a role in preventing sexual violence and supporting survivors. Together we can create safe and respectful communities.

Sexual violence involves the acts of rape, incest, child sexual abuse, intimate partner violence, sexual exploitation, human trafficking, unwanted sexual contact, sexual harassment, exposure, and voyeurism. This is a crime of force where an individual is manipulated into unwanted sexual activity without their consent. Fear, age, illness, disability, and/or influence of alcohol or other drugs all play a role in these types of crime. Sexual assault occurs across all of society, anyone can experience sexual violence, including children, teens, adults, and elders. We as a community can recognize the warning signs, open a dialogue with our young people about sexual assault and rely on the resources available for prevention.

According to the National Sexual Assault Resource Center;

- > One in six boys and one in four girls will experience a sexual assault before age 18.
- > One in five women and one in 71 men will be raped at some point in their lives.

Many are uncomfortable talking with young people about sexual issues, however, information is power. We need to move beyond our discomfort and give our young people the tools they need to combat this issue. So how do we help? First and foremost be a positive role model in relationship issues. Open the dialogue about sexual assault and personal boundaries with our children. Reach out to the YWCA to learn more about the resources available for sexual assault intervention, education and prevention. Contact the Crimes Against Women and Children's Unit of the Cobb County Police department and explore the resources they provide. These groups are ready, willing and competent to speak to homeowners associations, civic groups and school groups about sexual assault.

Be aware of others in the workplace who may be experiencing sexual assault, open the conversation and be a resource. Survivors of sexual violence have experienced extreme trauma, and each person reacts differently to the assault. Some disclose immediately, but many never talk about what happened to them, or wait years to talk about it. When someone discloses sexual abuse, appreciate their resilience, strength, and bravery. Again, sexual assault is about power and control over the victim, by providing compassion, understanding and resources we empower the victim, and help them on the road to recovery.

If you are, or someone you know is a victim of sexual violence, here are some resources available to help:

> Cobb YWCA

www.ywca.org/northwestgeorgia:

770 427-2902

- > Cobb Police Crimes Against Children's Unit 770 499-390
- > Rape, Abuse, and Incest National Network (RAINN) 1-800-656-HOPE,

www.rainn.org

> Voice Today www.voicetoday.org or call 678-578-4888 ⁽¹⁾



SENIORS

East Cobb Senior Center Activities Scheduled for April

All Cobb residents age 55+ are invited to participate in activities at various senior centers throughout Cobb. The following is a listing of activities scheduled at the East Cobb Senior Center located at 3332 Sandy Plains Road, Marietta 30066. Call the East Cobb Senior Center at 770-509-4900 for reservations and/or more details.

Blood Pressure Checks

April 1, 15, 22, 10am – 12pm

Johnny Walker Photography: Marietta Old & New

Friday, April 4111am – 12:30 pm Free. Registration required. Join us for Johnny Walker's wonderful photographs of the changing times of Marietta. The old and the new will make you appreciate and understand the beauty and the ever changing times of our area.

Dine-a-Round: Movie Tavern

Wednesday, April 9: 1 11 am – 1:30 pm (Times are subject to change) On your own; Reservation required



Advanced Directives: Critical Conditions

Friday, April 11 | 10:00 am – 11:30 am Free Registration required

At these workshops you will learn how to talk with your loved ones about final health care decisions. Each participant will receive a free planning guide which outlines questions you and your family should discuss along with forms you can use to record your wishes. Presented by Amy Saye with Wellstar.

The Lion King at the Fox Theatre

Thursday, April 17 I 11am – 6pm (Check-in 10:30 am) "Hakuna matata" means no worries and that is what you will have as you join us for a wonderful visit to the jungle of *The Lion King*. Here is a musical that is a feast for your eyes as well as your ears. The music is wonderful and the actors bring each animal character to life in a way that is beyond belief. We will have lunch across Peachtree Street at The Georgian Terrace's Livingston's Restaurant. Come join in the fun!

\$101 Senior Council members; \$106 Non-Council members. Price includes motor coach transportation, tickets, lunch, and driver tip. Full refunds will be given if the trip is

iunch, and ariver tip. Full retunds will be given it the trip is cancelled.

Call East Cobb Senior Center for information, 770-509-4900

AARP Smart Driver

April 22 & 24 | 9am – 12pm \$15 AARP members; \$20 Non-members. Registration required

Curb Your Cholesterol

Wednesday, April 23 | 11am – 12pm Free Registration required

It's easy to eat your way to an alarmingly high cholesterol level. The reverse is true, too — changing what you eat can lower your cholesterol and improve the amount of fat floating through your bloodstream. Learn strategies to improve your cholesterol from Cindee Sweda of the Cobb Extension Service.

Perfect Timing: Timely Medication Administration

Wednesday, April 30 | 11am – 12pm

Free Registration required

The rushed doctor and the busy pharmacist often miss the chance to tell patients the best time to take their prescription medications. Taking certain medicines at specific times will make the drugs more effective to combat the illness the drugs have been prescribed for. Learn about the optimal time to take your daily medications from Dr. Pam Marquess of East Marietta Drugs.



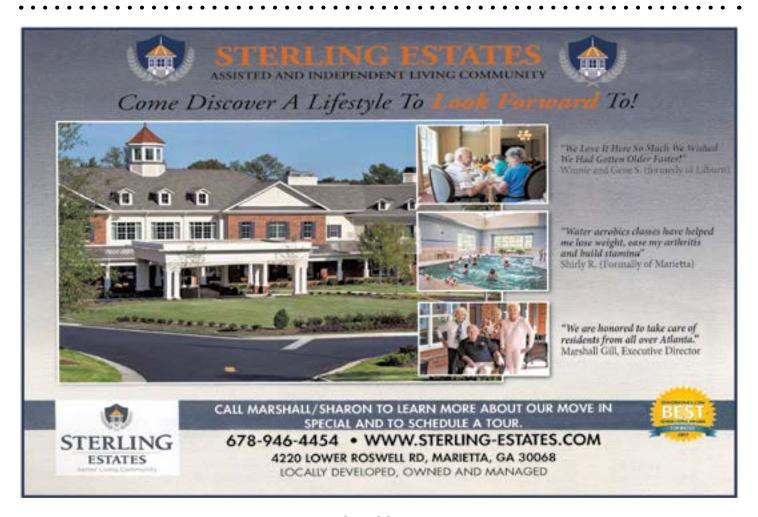
SENIORS

The Good Life Club Promotes Health and Well-being for Seniors



Join The Good Life Club, for people 50 and older, to benefit from social events, travel, classes, healthcare discount privileges and more. The Good Life Club (GLC), offered through WellStar Health System, is an organization for people 50 and older who want to learn how to live better, be healthier, and stay active. Their focus on wellness, health education, travel/social activities and providing valuable membership benefits affirms WellStar's commitment to healthy aging in the community. Their low annual membership fee is \$12 per person. Some membership benefits include: an online discount program providing savings through local vendors, national retail stores, and travel discounts (You must have an email address to register as a Good Life Club member), a bi-monthly newsletter containing valuable program information and tips for healthy aging, 10% discount on a wide range of classes at Kennesaw State University/ Osher Lifelong Learning Institute, and parking discounts at WellStar hospitals: \$1 off/1 day; 20% off 8-day and 30-day passes.

For more information about The Good Life Club , call 770-793-7141 or goodlifeclub@wellstar.org 👁



SENIORS

Aging by Design Summit Scheduled for April 28

On April 28, Cobb County Government will bring together some of the best people in America to explore strategies to help Cobb County's senior population. Presenters and participants will convene from 8:30am-4pm at the Cobb Galleria Centre, Two Galleria Parkway in Atlanta.

The Aging Summit will present specific innovations that can contribute to our older citizens' quality of life, plus some issues that affect the aging population, such as health issues, ways the elderly are often made vulnerable, and overriding perceptions about aging. Finally,



AGING BY DESIGN SUMMIT

in leading community action, we'll focus on the development of a "blueprint" for things that can be done as a community to support aging residents. In the program workshops and summit, for example, we'll talk about transportation and housing options that could have a positive effect on our older residents as their numbers rise.

Topics will include elder abuse and exploitation, mobility, health literacy, disease management, cultural diversity, health care reform, electronic health records, and mental health initiatives for seniors. Here are some of the featured topics and speakers:

> >"Views About Aging" presented by Kathryn Lawler, Manager of the Aging and Health Resources Division and Director of the Area Agency on Aging for the Atlanta Regional Commission.

>"Housing and Transportation Options" presented by Scott Ball. Civic planner who is actively engaged in the promotion of the independent living and health of aging citizens.

Elder Abuse" presented by Ricker Hamilton, Deputy Commissioner of Programs for the Maine Department of Health and Human Services.

>"Dementia and Caregiving" presented by Carol Howell, Certified Dementia Specialist and Endorsed Life Coach. Specializes in developing caregiving techniques for dementia patients.

>"**Physicians' Panel Discussion**" presented by WellStar Health System.

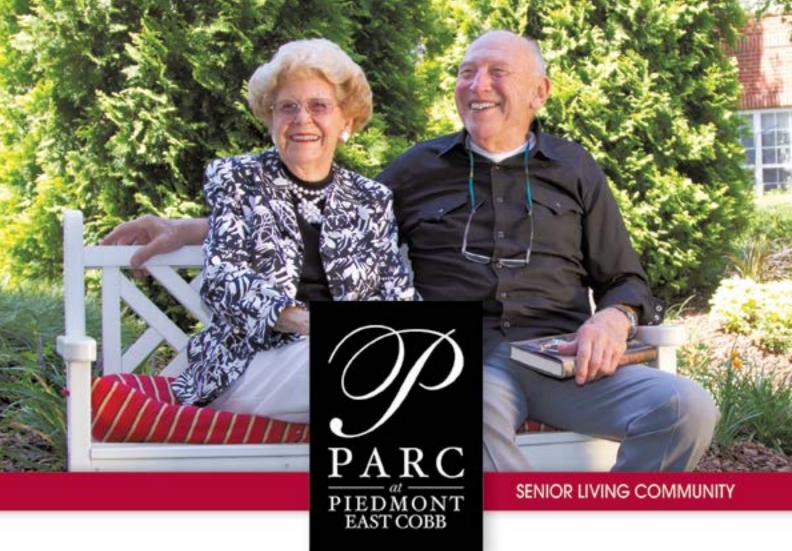
Sessions are free and open to the public. To register, visit www.CobbSeniors.org

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Parc at Piedmont - East Cobb

999 Hood Road | Marietta, GA 30068 Intersection of East Piedmont and Roswell Road (Highway 120) www.parcatpiedmont.com

CLUB CALENDAR

AARP Chapter 2830. First Thursday of each month. 1:30pm. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Mary Johnson, 770-926-7881 or doule37uga@comcast.net.

American Association of University Women (AAUW) of Cobb County. Second Tuesday of the month. 7pm. Mansour Center, 995 Roswell Street, Marietta. Does not meet in July & August. More info: Karen Peters, krpeters@aol.com.

American Needlepoint Guild. Second Tuesday of the month. 6:45pm. Tiny Stitches, 2520 East Piedmont Road, Marietta. More info: 770-394-0065.

Anne Hathaway Garden Club. Third Wednesday of the month (except July and August). Marietta Educational Garden Center, 505 Kennesaw Avenue NW, Marietta. More info: Charlene Robinson, 770-971-7786.

Atlanta Illini Club. Professional and social networking for University of Illinois alumni, families and friends in the Atlanta area. Game watches at the Rose & Crown, 1931 Powers Ferry Road, Marietta. More info: www. atlantaillini.com or club@atlantaillini.com.



60 April 2014

Atlanta Metropolitan Council Navy

- League. Second Tuesday of each month. 7pm. Navy Recruiting District
- HQ, 2400 Lake Park Drive, Suite 410,
- Smyrna. Membership open to all civilian
- and retired military with an interest in
- supporting our men and women of
 - the Navy, Marine Corps, Coast Guard, Merchant Marines and associated
 - youth programs. More info: 678-234-
- 2310 or campbellfc@comcast.net.

• Atlanta World War II Roundtable. Third

- Thursday (Sept-June) of the month.
- 11:30am. Petite Auberge Restaurant,
- North Druid Hills Road @ LaVista Road, Atlanta. More info: 770-928-4579 or
- ikovach2000@yahoo.com.

"Aware & Conscious Birds"

- Book Club. Mondays. 7-8:30pm.
- Bikram Yoga Marietta, 80 Powers
- Ferry Road, Marietta. More info:
- awareconsciousbirds@gmail.com or
- www.consciousness.meetup.com/203.

• Big Chicken Chorus. Every Monday

- evening. 7:00pm. John Knox
- Presbyterian Church, 505 Powers
- Ferry Road, Marietta. Male a cappella
- harmony chorus. More info: Frank,
 770-587-1264, fehrach@aol.com, or
- www.bigchickenchorus.org.

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- Bridge Club. Four free lessons; \$5
 thereafter. Thursdays 7:30pm and
- Sundays 2pm. Singles are welcome.
- 1809 Roswell Road, Marietta. More
- info: 770-973-7717.

Rotary of East Cobb

invites you to be our guest! Indian Hills Country Club 7:00AM Every Wednesday



Guest Speaker: April 19, 2014- Dr. Micheal Alexander: Music Director for the GA Symphony

April 30, 2014: Rev Brian Sullivan and Khedeejah Farooq: A Look at Kids 4 Peace

Thanks Advertisers!

You make this publication <u>FREE</u> to 40,000 readers every month!

Business Breakfast Networking of East

- Cobb. Professional Referral Networking. Second Tuesday each month. 8:15-9:30am. C'est Moi/Café Paris, 1100
- Johnson Ferry Road, Marietta.
- More info: Ellen Kelly, 404-713-2830 or Lnkelly@sbcglobal.net.

Business Network International

- (BNI). The World's largest referral organization. Multiple chapters in the
- area, please refer to the website:
- bnisoutheast.com for listings. More Info: Anita York, 678-888-0200

7 mild 101k, 070 000 0200

- Cobb County Democratic Committee. Monthly breakfast 2nd Saturday each month. 9am. 3 Amigos Mexican Bar & Grill, 1000 Whitlock Avenue, Marietta.
- More info: 770-420-7133 or

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www.cobbdemocrats.org.

Cobb County Gem & Mineral Society.

- Second Tuesday of the month. 7:30pm. East Cobb Government Service
- Center, 4400 Lower Roswell Road,
- Marietta. More info: Becky Patellis, 770-973-7483 or Kay Yoest, 770-952-3244.

Cobb County Genealogical Society.

- Fourth Tuesday of the month. 7pm. First Presbyterian Church of Marietta, 189 Church Street, Marietta. More info:
- www.cobbgagensoc.org or ccgs@cobbgagensoc.org.

Cobb County Republican Women.

- Fourth Friday of the month. 11:30am.
- Hilton Atlanta/Marietta Conference Center, 500 Powder Springs Street,
- Marietta. More info: 770-785-2522 or www.ccrwc.org.

Cobb Marietta Retired Educators

- Association. Second Thursday of every month. 11:30am. Luncheon
- reservations required. Freeman-Poole
- Senior Center, 4025 South Hurt Rd.,
- Smyrna. Contact: Carolyn Wilson,
- clw770@bellsouth.net or 770-427-6840.

Cobb Photographic Society.

- Photographers of all skill and ability
- levels are welcome. First and 3rd
- Monday of each month. 7-9pm. American Business Center, Bldg. 700, Suite 702, 1395 South Marietta Pkwy,
- Marietta. More info:
- www.cobbphotosociety.com or info@cobbphotosociety.com.

Cobb Regional Republican Women.

- Third Tuesday, every month. 7pm. Cobb GOP Office, 799 Roswell Street,
- Marietta. More info: Neva Lent
- lentneva@aol.com.

Colored Pencil Society of America.

- Atlanta District Chapter 107. First
- Monday of the month. 7pm. North DeKalb Cultural Center, 5339
- Chamblee-Dunwoody Road, Room 2
- (second floor in the back), Dunwoody. More info: Nancy Guerine,
- 678-354-3590.
- 0,000,000,00,00
- Danc'n Singles. A square dance club.
- First and 3rd Saturday of the month. 8-10:30am. FOP Lodge, 2350 Austell
- Road, Marietta. More info:
- 770-943-6979.

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- Dinner-and-a-Book Club. More info: RuthE or Batya at Thou Shalt Read, 770-993-5432 or
- sales@andthoushaltnotread.com.
 Dog Hikers of Georgia. Every Sunday.
- 10am. Various locations. Non-dog
 owners welcome. More info: Dr. Dan
- Batchelor, 770-992-2362.
- **Dudes 'n Darlins Square Dance Club**. Dances on 2nd and 4th Friday each month. 8-10pm. Mountain View

Community Center, 3400 Sandy Plains

770-751-7210, dudesndarlins@comcast.

Road, Marietta. More info: Margaret,

East Cobb Bass Club. Visitors, boaters

and non-boaters are welcome. First

Tuesday of each month. 7pm. Free

The Rib Ranch, 2063 Canton Road,

Marietta. More info: 770-364-3036 or

Luncheon and featured speaker. Third Tuesday each month. 11:30am-1pm.

Hollycrest Hall, 2235 Sewell Mill Road,

Marietta. More info: Susan Hampton,

East Cobb Business Association.

404-218-6216, susan.hampton@ lionbank.com, or www.eastcobbba.com.

East Cobb Civic Association. Last

Wednesday of the month. 7pm. East

Cobb Government Service Center, 4400 Lower Roswell Road, Marietta.

More info: Jill Flamm, 770-552-8206 or

East Cobb Civitans. Second and 4th

lunch at The Olde Town Athletic Club

(behind Tuesday Morning & Sports-O-Rama), 4950 Olde Towne Parkway,

Children's Healthcare of Atlanta. Third

Tuesday of the month. 7pm. Meetings

are in members' homes and vary each

month. We work to benefit CHOA with

fund raisers and service projects. More

770-992-2882, or Patricia Laffaldano,

Patricia.laffaldano@gmail.com.

East Cobb Democratic Alliance. Third Thursday of the month. 6pm -Social. 7pm – Program. Rib Ranch,

East Cobb Kiwanis Club. Every

Plains Road, Marietta. More info:

Johnny Johnson, 770-977-2026 or

Side Baptist Church, 2450 Lower

East Cobb New Horizons Band.

Garrow, 770-955-6914.

edwardjohnsjewelers@yahoo.com.

East Cobb Lions Club. Second and 4th Tuesday of the month. 7pm. East

Roswell Road, Marietta. More info: Don

Monday mornings, 11:00am. If you are 50 or older, play a musical instrument

and have been looking for a great

place to make music, come join us!

Great people and good music! To

learn more go to our website, ecnhb. com or email webmaster@ecnhb.com.

www.eastcobber.com

2063 Canton Road, Marietta. More info: Tom Barksdale, 770-715-1218 or

Wednesday evening. 7pm. Paradise South of the Border, 3605 Sandy

Thursday of the month at noon for

Marietta. More info: 770-578-9901.

East Cobb Community Friends for

info: Suzanne Strickland,

tbarksdl@aol.com.

noevf1@bellsouth.net.

www.eastcobb.net.

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admission. Attendees pay for dinner.

net, or www.dudesndarlins.com.

East Cobb Open Networking. Professional Referral Networking. Every Friday. 7:30-9am. Capozzi's NY Deli, 4285 Roswell Road (next to Michaels), Marietta. \$3 cover. More info: Tim Langley, 770-289-9711 or drtim02@yahoo.com.

East Cobb Rotary Club. Every Wednesday. 7am. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: Bob Schwale, 770-640-6954.

East Cobb Woodcarvers Club. Every Thursday, 9-11am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-645-0817.

Georgia Perennial Plant Association. Third Tuesday of the month. 7:30pm. Atlanta History Center, McElreath Hall, 130 West Paces Ferry Road NW, Atlanta. More info: www.georgiaperennial.org.

Georgia Vietnam Veterans Alliance. Third Thursday of the month. Social hour: 6pm. Meeting: 7pm. American Legion Post, 921 Gresham Road, Marietta. More info: Bill Kalish, 770-298-9966.

Georgia Nature Photographers

Association. Third Thursday of the month. 7pm. Nature photographers of all skill levels are welcome to our monthly meetings. The Mansour Center, 995 Roswell Street, Marietta. More info: www.gnpa.org or info@gnpa.org

Georgia Tea Party. Every Thursday. 7pm. 900 Roswell Street, Mariettta. More info: Jerry Kotyuk 404-374-0580 or jdk4@clear. net

Golden "K" Kiwanis Club. Every Thursday. 10am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Joe Vanhorn Jr., 770-424-6654.

Happy Tails Pet Therapy. Orientation for prospective members 1st Thursday or Saturday of the month. 10:30-11:30am and 7-8pm. Mt. Bethel Christian Academy, 4385 Lower Roswell Road, Building F, Room F001, Marietta. Check dates: 770-740-8211 or www.happytailspets.org.

IMPS Bridge Club An offshoot of the former Newcomers Club of East Cobb, looking for new members. Various formats, dates and times available. For more information contact Roni Fink @ 404-310-3448 or phinque999@AOL.com.

International Association of Administrative Professionals (IAAP)-Cobb County **Chapter.** Fourth Monday 6pm. Educa-tion program and networking dinner. Wyndam Atlanta Gallerial, 6345 Powers Ferry Road NW, Atlanta. More info: Karen Ortega-Carbonell, kortega@habitat.org.

Jewish War Veterans, Bicentennial Post 976. Third Sunday of the month. 11am. Marriott Hotel, Perimeter Center. More info: Fran Jacobson, 770-436-7456.

Libertarian Party of Cobb County. First Thursday of the month. 7:30pm. More info: www.cobblp.org or call 770-795-1331

Marietta Kiwanis Club. Every Thursday. 12noon. Hilton Conference Center, 500 Powder Springs Street, Marietta. More info: Pat Huey, pathuey@comcast.net or www.mariettakiwanis.org.

Marietta Lions Club. Second Thursday of the month. 7pm. Hilton Conference Center, 500 Powder Springs Street, Marietta, More info: 770-565-8230.

www.eastcobber.com

Marietta PFLAG. Fourth Sunday each

- worthan 1-3pm. Newcomers are welcome. Pilgrimage United Church of Christ, 3755 Sandy Plains Road, Marietta. More info: mariettapflag@gmail.com.
- Marietta Rotary Club. Every Wednesday.
- 12noon. Marietta Conference Center,
- 500 Powder Springs Street, Marietta. More info: Adele Grubbs, 770-424-8212
- or www.mariettarotary.org.
- Marietta VFW Post 2681. Dinner with
- VFW Ladies Auxiliary. First Thursday of the month with separate meetings
- following dinner. 6:15pm. 140 Powers
- Ferry Road, Marietta. More info: www.vfwpost2681.org

Martha Stewart Bulloch Children of

- the American Revolution Society meets one Sunday per month from
- September through May, 2-4pm. Osage Terrace Room and Pavilion at Bulloch Hall 180 Bulloch Avenue, Roswell. More info: Paula, 770-594-1819.
- Moms in Prayer (formerly Moms in
- touch) for parents of Dickerson Middle School. Every Thursday at
- 1pm. Meeting location available upon request. More info: Movita Stallworth,
- 770-321-1783 or mo633@comcast.net.
- Moms in Praver (formerly Moms in touch) for parents of children at East
- Cobb Middle School. Every Tuesday
- at 11am. Meeting location: Eastside Baptist Church (in the prayer room). More info: Esther Thenot, 678-372-2336
- or Philippe@Thenot.net
- Moms in Prayer for East Side

at 10am. More info: Rachel Bloom, 770-973-4705 or familybloom@gmail.com.

National Association of Active and

- Refired Federal Employees (NARFE), Second Wednesday of each month. 11:30am. East Cobb Senior Center,
- 3332 Sandy Plains Road, Marietta. More Info: 770-973-2834.

Newcomers Club of Cobb County. Third Tuesday each month. 10am. Various social activities throughout

- the month for those new to Cobb
- County or just looking for new friends and activities. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta. More info: 770-234-5068 or

newcomersofcobbcounty@yahoo.com.

- North Metro Mothers of Multiples Club.
- Third Monday of the month. 7pm. Chicago's, 4401 Shallowford Road,
- Roswell (corner of Johnson Ferry & Shallowford). More info:
- www.northmetromultiples.org

North Metro Women's Connection.

- Second Wednesday of each month. 11am-1pm. Hollycrest Hall, 2235 Sewell Mill Road, Marietta. More info: 770-335-6013.
- Northeast Cobb Business Association.
- of each month. 11:30am-1pm. \$15. Piedmont Church, 570 Piedmont Road,
- Marietta. More info: 770-460-6222.

Northwest Atlanta Mothers of Multiples

- (formerly Cobb Parents of Multiples), a parent's club for families with or

- expecting twins, triplets, quads, etc. Second Monday of each month (except December). 7pm. North Metro Church, 2305 Barrett Parkway, Assisted Accession 270, 225, 8740 or Marietta, More info: 678-235-8468 or
- www.nowamom.org.

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Order Sons of Italy in America Marietta Lodge #2607. General membership

- Meeting 2nd Monday each month. Pot Luck Dinner (except June, July, August-dessert and fruit). 7-9pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta.

- More info: 770-928-9314 or degrillmouse@comcast.net.
- Peach State Depression Glass Collectors'
- Club. Second Tuesday of month except
- December, Guests welcome, 6:30 Social; 7pm meeting, Marietta Museum of History, 1 Depot Street, Marietta. More
- Info: psdgc.com

Polk Street Speakers Toastmasters.

- First and 3rd Tuesday of the month. 6-7:30pm. St. James Episcopal Church, 161 Church Street, Marietta. More info: •
- www.polkstreetspeakers.org.

- Retired Old Men Eating Out (R.O.M.E.O.) Every Tuesday, 8-10am. Meet for friendship, conversation and to share
- their variety of antique cars, street rods and muscle cars. Marietta Diner, 306 Cobb Parkway South, Marietta.
- **Shakespeare Reading Group.** First and 3rd Thursday of the month. 2-4 pm. 32 N. Fairground Street, Marietta. More info:
- Lynne Johnson, 770-591-3474.

Song of Atlanta Show Chorus. Women's

- four-part harmony chorus. Every Tuesday, 7:30pm. St. John United Methodist Church, 550 Mount Paran Road NW, Atlanta. Visitors welcome.
- More info: www.songofatlanta.com or 770-509-0322

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The ECBA meets monthly

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www.EastCobbBA.com

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"On, by the way, if you know summone who is planning to buy ar sell a home places give them my name. It would be my honor to assist them in their transaction."

at The Hollycrest Hall,

and a great speaker.

Sope Creek Garden Club. First

CLUB CALENDAR

- Wednesday of the month (Sept-June). 10am. Locations vary. More info: Karin Guzy, 770-955-1303 or guzy@ mindspring.com. •

- Strive for Balance. For people who suffer from anxiety. Express your feelings, •
- share your stories and experiences,
- and learn great coping strategies. November 6, 2013: 6-7:15pm; December 12, 2013: 4:30-5:15pm. East Cobb Public Library, 4880 Lower Roswell Road, Marietta, More info: Galina Bannova, 770-633-1023 or
- galinabannova@gmail.com.

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Meet Your Future Clients,

Customers and

Business Associates

The Foxtrotter's Dance Club. The 4th Friday of every month (no dance in May, Nov. & Dec. are the 3rd Friday). 7:30-10:30pm. If you enjoy ballroom •

Marietta. More info: 770-587-1160.

WeCan Women Entrepeneurs

dancing, come and dance to 'Live Music'. Everyone is welcome. East Cobb Senior Center, 3332 Sandy Plains Road,

Collaborating and Networking. Fourth Monday of the month. 7-9pm. Unity North Atlanta, Admin. Building, 2nd Floor, 4255 Sandy Plains Road, Marietta.

More info: Pam Brooks-Crump, 678-300-

0698 or pam@pambrookscrump.com.

Y Business Network. Every other Friday.

7:30-8:45am. Local business networking and referrals. Northeast Cobb Y,

3010 Johnson Ferry Rd., Marietta.

Hutchinson, 770-518-0010.

Guests always welcome. More info:

ybusinessnetwork.webs.com, Michelle

East Cobb Business Association

April 2014 61

Master Gardeners Sponsor Annual Garden Tour Take A Self-Guided Tour of Six Unique Gardens in East Cobb

Visiting gardens at their prime in spring is always a joy. Master Gardener Volunteers of Cobb County hope you will join them on Saturday, May 10, 10am to 5pm to walk "down the garden path" of six unique East Cobb gardens to benefit their community education programs. Each featured garden is owned and lovingly tended by a Cobb County Master Gardener. These gardens, all in East Cobb County, have been chosen to highlight, promote and demonstrate individual design styles and good gardening practices with everything from roses to perennials, vegetables to vineyards, fruit trees to herbs and annuals. Each is full of ideas to take home and try in your garden.

These gardens will delight the senses and give inspiration and encouragement to gardeners and would-be gardeners alike. Master Gardeners will be on site providing interpretation and educational opportunities for tour guests. Plant lists and printed educational materials will also be available at each garden.

The Garden Tour runs from 10am until 5pm and is open to the public. Admission is is \$15 if tickets are purchased in advance. Tickets may be purchased on the day of the event at any of the gardens on the tour for \$20. Children 12 and under are free. All entries to the gardens must have a ticket. Tickets can be purchased in person at the Cobb Extension Office, 678 South Cobb Dr., Suite 200, Marietta 30060. through May 9, 8am until 5pm. Tickets can also be purchased at each garden the day of the Garden Tour. Only cash or checks will be accepted. The gardens are not wheelchair or stroller accessible. Only service animals are allowed. The Garden Tour will be held rain or shine.

Here are the private gardens featured on this year's Garden Tour:

THE LENKER GARDEN

3759 Waterlilly Way SE, Marietta 30067

This garden is designed with fun, family and the owner's southern heritage in mind. It is a well-planned landscape featuring several focal points including a striking water feature with mature koi, a rustic welcoming gazebo, and a unique interpretation of Stonehenge. The use of multiple trails and steps lead the visitor to both serene spots of contemplation and vignettes of fun and conversation. It showcases woodland ephemerals, vintage roses, unique Japanese maples, rare hydrangeas and mature camellias in this verdant retreat.

THE ST. JEAN GARDEN

1952 River Forest Drive, Marietta 30068

This heavily wooded retreat features two merging streams connected by a unique red bridge, many native plants and several atypical species of trees. A certified Backyard Wildlife Habitat, it features many plants that were rescued from dumpsters and construction sites. The astilbe is from Thomas Jefferson's nursery at Monticello and other plants are also from historical locations.

Father of the Year 2013

All EAST COBBER readers are encouraged to nominate a father who either lives or works in East Cobb County to be this year's EAST COBBER Father Of The Year. In 200 words or less explain why this man should receive this honor The Father Of The Year will appear on the front cover of the June/July edition of the EAST COBBER, participate in our annual

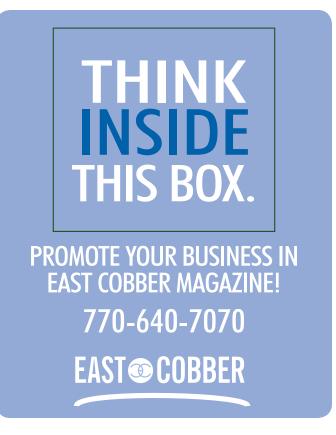


▲ G.W. Hall 2014 Father of the Year

Parade, and be eligible to receive gifts fron our local merchants.

Mail your essay along with photo to: EAST COBBER, P. O. Box 680455, Marietta, GA 30068

All entries must be postmarked by May 8, 2014



EAST@COBBER

www.eastcobber.com

GLORIA AND BRAD WARD GARDEN

719 Denmead Mill SE, Marietta 30067

Nurtured and developed for three decades, this one third acre garden is a multi- level extension of the home, where collections of hydrangeas, Japanese maples, viburnums and assorted perennials frame various cozy seating areas in "rooms" in sun and shade throughout the garden. A colorful parterre framed in brick is surrounded by the new addition of slate chip gravel to reduce water consumption and create easy maintenance.

THE MCWHORTER GARDEN

2816 Horseshoe Knoll Lane, Roswell 30075

Ten years ago, the McWhorters set out to build their dream home and gardens. One of the requirements was to find a setting that provided options not only for planned gardens and hardscapes but also for natural areas that suggest a walk in the woods or a campout. The property they found provided its challenges with sunlight, soil conditions, and water drainage. Come see how these challenges were overcome as you enjoy the welcoming and relaxing retreat where family and friends gather.

THE WOHMANN-SCHMIETA GARDEN

2073 Dayron Circle, Marietta 30062

Created from an overgrown woodland hillside, the verdant garden with northern European and Mediterranean influences incorporate unique plant choices and edible landscaping. Using terraces to create several garden rooms allows for a stimulating stroll through a sunken garden, Charleston garden, children's cottage garden and enclosed Medievalstyle vegetable garden among others. The creative selection of plant varieties and how they are combined gives the eye plenty to enjoy and help to define the different garden rooms.

MCFARLANE NATURE PARK

280 Farm Road SE, Marietta 30067

The native plant gardens in this 11.5 acre Cobb Land Trust passive green space are a rare oasis in our urbanized county. Beginning with the 250' long sun border, visitors are welcomed into the park which still has the 1940's farm house in use. The Master Gardener project continues around the home to the old pump house and into restored areas of the woods. Plants native to the area are labeled and visitors will see a large variety of sun and shade loving plants.

These gardens do not have to be toured in the order listed above. The mission of the Master Gardeners of Cobb County is to advance the horticultural education of its members and to promote the knowledge, interest, appreciation, and enjoyment of gardening and to extend this knowledge and enjoyment to the members and the public. To learn more about Master Gardeners, their projects, read their garden articles, and find out how to become a Master Gardener, please visit their website: www.cobbmastergardeners.org.



Join our community of over 4,562+ East Cobbers on Facebook

SUPPORT GROUPS

A.A./Al-Anon/Al-Anon

Beginners/Alateen. Every Monday. 8pm. Covenant Presbyterian Church. 2281 Canton Road, Marietta. More info: 770-973-5347 or jpm105@comcast.net.

Adult Survivors of Child Sexual Abuse Support

Group. First and 3rd Tuesday of each month. 7pm. Room 334, Johnson Ferry Church, 955 Johnson Ferry Road, Marietta. Men and women welcome. More info: 678-578-4888 or info@voicetoday.org.

Al-Anon. For family and friends of alcoholics. Thursdays. 7:30-8:30pm. Johnson Ferry Baptist Church, Room 345, 955 Johnson Ferry Road, Marietta. More info: 770-587-0483.

Al-Anon Family Group. 7pm. Teens 13 and older welcome. Temple Kol Emeth, 1415 Old Canton Road, Marietta. More info: Paulette L., 678-551-2433.

Alzheimer's/Caregiver Support Group Meeting. First Monday of each month at 10:30am. Open to family members who are assisting an aging loved one both inside and outside of the home. Free respite care is provided for your loved one while we meet. Aloha to Aging/Mt. Bethel Community Center, 4608 Lower Roswell Road, Marietta. More info or to RSVP: 678-439-1177.

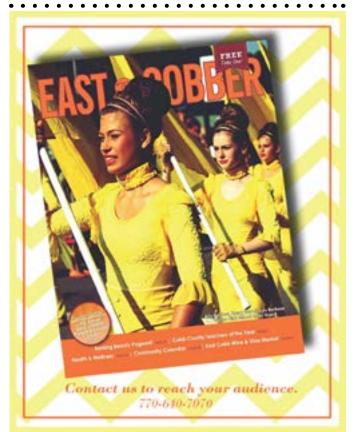
Anxiety Anoymous for people who suffer from anxiety, meets the 3rd Thursday of the month. 6:30-7:30pm. Cobb County Government Center, 4400 Lower Roswell Road, Marietta. More info: 770-633-1023 or galinabannova@gmail.com

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- Babywearing Group. Koalamommas, North Atlanta's resource for help, support, and
- information about baby carriers of all kinds.
- Meets monthly. Meeting dates/time vary.
- More info: Jennifer Worrell, 770-516-4192 or jenniferworrell@bellsouth.net.
- Bereavement Support. First and 3rd Wednes-
- day of the month. 5pm. Counseling Room in Parish Office, St. Ann's Catholic Church, 4905
- Roswell Road, Marietta. More info: 770-552-6400, ext. 6020
- Cancer Support Group. Second and 4th
- Monday of the month. 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road,
- Marietta. More info: 770-794-2978. • Career Transition. Third Monday of the
- month (March-October). Second Monday of the Month (November-February) 6:30pm:
- Personal resume reviewing, interviewing, networking, and career assessment help.
- First Presbyterian Church, 189 Church Street,
- Marietta . More info: Lee Pence, 770-428-9350, or Bob Sabin 770-795-9084, or visit
- www.fpcmarietta.org

Caregiver and Share Support

- Group for Alzheimer's. First Wednesday of the month. 4:30-5:30pm. Arbor Terrace, 886
- Johnson Ferry Road, Marietta. More info:
- ,770-977-4420. Codependents Anonymous. Mondays &
- Thursdays. 7:30-8:45pm. Unity North Church, 4225 Sandy Plains Road, Marietta. More info:
- 404-213-4482
- Depression/Bipolar Support Group. First and 3rd Thursday of the month. 7-8:30pm. Johnson
- Ferry Baptist Church, Room 339, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.



- Divorced/Separated Support Group. First and JACS (Jewish Alcoholics, Chemically Depen-3rd Tuesday of each month. 7:30pm. St.
- Ann's Catholic Church, Mary's Chapel, 4905 Roswell Road, Marietta. More info:
- 770-552-6400, ext. 6018.
- Divorce Support Group by Visions Anew for women who are contemplating or going
 - through the divorce process. First Thursday & 3rd Wednesday of the month. 7-9pm.
- East Cobb Government Center, 4400 Lower Roswell Road, Marietta. More info: www.visionsanew.org.

Diabetes Support Group offered by WellStar Health System. Second Tuesday of the month. 6:30–8pm. McLaren Mill Office Park,

531 Rose Lane Street, Suite 100, Marietta. No registration required. More info: 770-793-7818.

- Domestic Violence Support Groups. Sessions in English and Spanish. Wednesdays. 6:45-
- 8:15pm. Childcare available for children 6 weeks to 12 years. Children over 12 may
- attend and learn childcare skills. More info: 770-427-3390.

East Cobb Satellite of CHADD (Children

- & Adults w/Attention-Deficit/Hyperactivity Disorder) Parental Support Group. 2nd
- Tuesday of the month. 6:30-8:00 pm. Mt.
- Bethel United Methodist Church (Room B109) on Lower Roswell Road, Marietta. More info:
- Cappie Suttle, 404-368-9394, east-cobb@ chadd.net, or www.chadd.net/300.
- Emotions Anonymous, a fellowship of people who come together to work toward recov-
- ery from emotional difficulties and discover a new way of life. Tuesdays & Fridays. 7pm. Roswell United Methodist Church, 614 Mimosa
- Boulevard, Counseling Building, Roswell. More info: 770-330-1991
- Families Anonymous (FA) for families who have loved ones struggling with addic-
- tion. Every Tuesday. 7:30-9pm. Mt. Zion
- United Methodist Church Youth Center, 1770
- Johnson Ferry Road, Marietta. More info: 770-971-1465.

Families of Children Under Stress

- (FOCUS). To listen, inform and educate,
- and offer programs for the families and the child with special needs. Last Thursday of the
- month during school year. 10am. Chick-
- Fil-A, 1201 Johnson Ferry Road, Marietta. More info/to confirm meeting date: Angie,
- 770-234-9111,angie@focus-ga.org,or
- www.focus-ga.org
- Fractured Families for Parents Estranged from their Children. First and 3rd Monday. 7:30pm. .
- La Madeleine, 4101 Roswell Road #812,
- Marietta, More info: Sandy 404-446-6093 or
- Judy 404-643-3531.
- Grandparents Raising Grandchildren Sup-
- port Group. Second Tuesday each month.
- 7:15pm. Special guest speaker. Transfiguration Church, Room 102, 1815 Blackwell Road,
- Marietta. More info: Jeannie, 770-919-9275.
- Grief Support Group for those who have had • a family member, friend or other loved one
- pass away. First Thursday of each month.
- 7-9pm. Unity North Atlanta Church, 4255 Sandy Plains Road, Marietta. More info:
- kathzkel@yahoo.com.

EAST@COBBER

- dent and Significant Others). For Jewish mem-. bers of 12 Step groups. 7-8pm, first and third
- Tuesdays of every month except on Jewish holidays. Congregation Etz Chaim, 1190 Indian
- Hills Parkway, Marietta, in the library. More info: 770-928-2523 or teshuva@aol.com.
- Let's Play. Play Group for Moms, Dads and
- caregivers of children under 18 months. Second and 4th Friday per month. 9:30am. Etz Chaim,
- 1190 Indian Hills Parkway, Marietta. More info: Perla Izsak, pmi1972@yahoo.com.
- Loneliness Bereavement Support Group. Every .

Wednesday except holidays. 11am. Heritage Hospice, 3315 Hilltop Drive, Marietta. More info:

- 770-423-5959.
- Marietta Moms. For all kinds of moms new to the area, looking for new friends, or just need-
- ing support. Daily events for babies, toddlers
- and older kids. More info: 770-956-0318 or
- 678-357-3661 or www.mariettamoms.com
- Mothers Circle Group. Are you a mother raising Jewish children but you are not Jewish? Free
- education and support through a 16-week course. Groups are held in Marietta, Intown
- . and North Fulton. More info: Suzette Cohen,
 - suzette@themotherscircle.org or

www.themotherscircle.org

mtzionmops@gmail.com.

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- Mothers of PreSchoolers(MOPS).
- Wednesdays. 6:15-7:15pm. A place where moms can come to build friendships and
- receive mothering support, practical help and spiritual hope. Childcare provided. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465 or

National Alliance on Mental Illness (NAMI).

Family Support Group for families who have

Second and fourth Tuesday of each month.

7-8:30pm. Hillside United Methodist Church,

Second Floor, 4474 Towne Lake Parkway,

Overeaters Anonymous. A support group for those who suffer from the need to compulsively

Marietta. More info: Betsy: 404-226-4931

teens and young adults. Second and 4th

Thursday. 7-8:30pm. Johnson Ferry Baptist

Church, 955 Johnson Ferry Road, Marietta.

More info: Fair Brocard, 770-612-1197 or www.prodigalchildministries.org

Parkinson's Disease Support Group. For

Cleveland, 678-819-3915.

persons with Parkinson's disease and their

caregivers. Second Sunday each month. 4pm.

Roswell United Methodist Church, 814 Mimosa Boulevard, Bldg. A, Roswell. More info: Robin

Veteran's Information Referral Office (VIRO). Free

help and information for all veterans with VA Dis-

ability, VA Healthcare, Employment and Coun-

First and 4th Saturday each month, 11am-2om.

Marietta. More info: 770-427-5900.

• 770-552-6400, ext. 6018.

seling. Second and 4th Wednesday each month.

American Legion, Post 29, 921 Gresham Avenue,

Widowed Helping Others (WHO) . Dinner Sociial.

First and 3rd Wednesday of the month. 6pm. St.

Ann's Catholic Church, Nolan Hall, 4905 Roswell Road, Marietta. More info: Ann's Pastoral Care,

www.eastcobber.com

overeat, Monday-Wednesday-Friday, 10am,

St. Ann's Catholic Church, 4905 Roswell Road,

Parents of Prodigals. For parents of struggling

Woodstock, More info: 770-928-2762.

loved ones struggling with mental illness.





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Achieving our vision of world-class healthcare is even closer now that we are a proud new member of the **Mayo Clinic Care Network**, an innovative collaboration which brings the expertise of Mayo to our patients. As the first and only member of the Mayo Clinic Care Network in metro Atlanta, our depth of specialty care will be enhanced with new resources and tools while keeping patient care right here at home.

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For more information, please visit wellstar.org/mayo. For physician referral, please call 770-956-STAR (7827).



The vision of WellStar Health System is to deliver world-class healthcare through our hospitals, physicians and services. Our not-for-profit health system includes WellStar Kennestone Regional Medical Center (anchored by WellStar Kennestone Hospital), WellStar Cobb, Douglas, Paulding and Windy Hill hospitals; WellStar Medical Group; Health Parks; Urgent Care Centers; Health Place; Homecare; Hospice; Atherton Place; Paulding Numing and Rehabilitation Center; and WellStar Foundation.

We believe in life well-lived.