

SPECIAL SECTION: BACK TO SCHOOL PAGE 7 | Community Calendar PAGE 18

Pet of the Month PAGE 28 | Consignment Sales PAGE 46

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#### THIS ISSUE

#### **Featured**

- 8 Principal for a Day
- 16 PTAs Help Children
- 46 Fall Consignment Sales

#### Don't Miss! 30-45 18th Annual Dining Guide

Here's a handy chart of 300+ East Cobb restaurants to help you discover the many dining options so close to home!

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#### **EAST** COBBER

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Comments and stories are always welcome.
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#### PUBLISHER'S NOTE



On August 3, approximately 36,000+ East Cobb children headed back to school. Education is a top priority, a shared value, in East Cobb County. It is our community's strength. The reputation of our public schools' top test scores and quality learning environments draws people to East Cobb. Even if you don't have a child in school we all have a stake in our community's educational system—from our property values to future leaders to future employees. On pages 12-15, we pulled together

those education stats, school by (East Cobb) school- which provides evidence for East Cobb's great reputation for its schools. While the test scores offer a quick take that helps parents and teachers measure a school's success, it is important to note that beyond the rankings, each school needs to be assessed for other qualities, like: strong school leadership, parental and community support, creating an environment where students can learn and grow, access to up-to-date textbooks and technology.

Since my oldest Lee just graduated from Walton High School, I now have two children attending Walton High School: Nikos is a junior and Eleni is a freshman. So I have a very personal interest in the information presented in our Back to School Guide! I understand the test scores and school's stated goals are starting points to evaluate a good school for my child/children to attend. But more importantly, I am able to collect on-the-ground intelligence by attending PTA meetings, volunteering at the school, and/or bumping into moms at various extracurricular activities. Like a lot of moms and dads, I am constantly making sure my son or daughter is in a place where they experience the excitement — and the relevance — of learning, and where the next generation of intelligent, hard-working, disciplined leaders is being developed.

When deciding to dine out, I hope you'll refer to our 18th Annual Dining Guide (pages 34-47) for inspiration. With every restaurant in East Cobb listed, you'll discover that a special evening or a night out can be enjoyed right around the corner.

Here's to a successful school year and delicious diversions!

Cynthia M. Rozzo

Cynthia M. Rozzo
Founder I Publisher
cynthia@eastcobber.com

#### On the Cover

This month's cover features the Kitchen Design Korner team: Ross Murphey,
Contracting Specialist;
Terrie O'Keefe, Design
Specialist; Rosa Moreno,
Design Specialist; and Janna
Murphey, Office Manager.

The KDK team is featured in the newly remodeled kitchen of homeowners Illa and Mukund Abhyankar who graciously allowed KDK to feature this beautiful room -- a favorite design of the KDK team.

Kitchen Design Korner knows that remodeling a home can be a daunting task. To help take the pressure off, they developed a simple motto that all of their staff live by: "to over-serve you: the client!" Their goal is to immediately put your mind at ease regarding the remodeling experience. KDK wants you to not only enjoy the outcome, but the process of turning your dream ideas into cherished spaces.

Learn more about Kitchen Design Korner on page 6. Kitchen Design Korner is located at 4235 Merchants Walk Drive, Suite 110 in Marietta/East Cobb.



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- De Quervain's Disease
- Dupuytren's Disease
- Ganglion Cyst
- Hand Fractures
- Hand Tumors
- Nerve Injuries

- Numbness and Tingling
- Rheumatoid Arthritis
- Tennis Elbow
- Thumb Arthritis
- Trigger Finger
- Wrist Fractures
- Wrist Sprains
- Work Related Injuries



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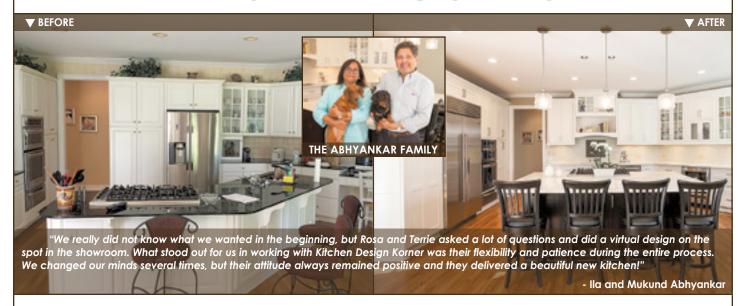
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# CREATE YOUR DREAM KITCHEN WITH KITCHEN DESIGN KORNER



s it time to remodel your kitchen or bath? Does the thought of updating your kitchen overwhelm you? If you don't know where to start, Kitchen Design Korner (KDK) is the perfect solution. They offer a full-service design and cabinetry solution, working with you through every step of the process.

Locally owned and operated, the KDK team has worked with many homeowners over the years to create new spaces, including kitchens, bathrooms, pantries, mud rooms and entertainment areas. What makes KDK unique is the creative expertise of their design specialists who have the ability to see what's possible.

"Many of our clients see only the existing walls of their kitchen or bath," says Terrie O'Keefe, co-owner and design specialist. "We work with our clients to design a creative solution that beautifully enriches their lifestyle and meets their needs."

The creative designers love a challenge, and no kitchen is too difficult; it is welcome! KDK offers an in-home consultation for \$250, which can be deducted from the total estimate. After visiting the home and measuring the space, the KDK team then designs the kitchen using 3-D software. The software allows homeowner to experience a virtual tour of the newly designed space.

"We then work together to make changes and decisions on final colors, layout, etc." says Rosa Moreno, co-owner and design specialist. "It is important to us that our clients are happy and that we exceed expectations throughout the design and build experience."

Once there is an approved design, the KDK team of contractors puts together a budget estimate and then starts the renovation process. Their team works with clients to select their

countertops, cabinets, flooring, backsplash and hardware, creating a complete color palette for the new space. Clients don't have to drive all over the place. They only need to stop by the KDK showroom to make their selections. The showroom has a wide selection of inventory that should meet all styles and budgets.

Homeowners are usually blown away by the finished room. Carissa Bishop, a KDK customer, shares, "Terrie and Rosa were such a joy to work with. They were incredibly creative in their design and ideas, always available and truly supportive throughout the whole renovation process. Renovating your kitchen is quite the task and the team's inherent skills and talent were definitely the highlight of the whole process. KDK puts their customers first in making sure your needs, budgets and hopes are met."

Are you ready to give your home a face lift? Contact KDK at 770-321-8669 to set up your consultation or feel free to stop by their beautiful showroom in the Merchants Walk shopping center (across from Whole Foods) at 4235 Merchants Walk Drive, Ste. 110, Marietta. For more design ideas, check out their Facebook page facebook/KitchenDesignCorner.

"East Cobb is a great place to live and raise a family. We know many homeowners don't want to move, but their kitchen is lacking in inspiration or function. Improving a kitchen or bath will increase the value of a home and also improve your family's lifestyle," says Ross Murphey, co-owner and contracting specialist.

As a special thank you to EAST COBBER readers, homeowners who mention the East Cobber through September will receive a complimentary stainless sink with the design and installation of a kitchen.

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#### COBB COUNTY SCHOOL BOARD APPROVES 2016 BUDGET



The Cobb County Board of Education approved a \$944 million budget for Fiscal Year 2016 during its May 28, 2015 meeting, funding a full 180-day school year. The new budget includes no furlough days, a 4 percent raise for all employees and also provides for full step pay increases for all eligible employees. Fiscal Year 2016 begins July 1, 2015 and runs through June 30, 2016.

The FY2016 General Fund Budget includes \$924,876,857 in revenue and \$944,876,857 in expenditures. The budget is based on a predicted enrollment of 111,751 students. The district's careful implementation of significant budget reductions over the past years, along with prudent financial management, has left the district in a better financial position than many had anticipated. As a result, the district plans to use \$20.0 million in revenue reserve to offset the shortfall in revenue. The Cobb County School District (CCSD) has remained debt free since the last principle and interest payment was made on January 31, 2007.

After several years of economic downturn, CCSD is starting to experience a rebound in our two primary revenue streams – state funding and local property tax collections. State of Georgia Quality Basic Education (QBE) revenue provides approximately 50.44% of Cobb's revenue from predetermined formulas. The revenue related to these formulas is calculated based on the total number of students. Local Property Tax Revenue generates approximately 49.08% of Cobb's revenue. The value of property in Cobb is taxed using a tax rate called millage. The Board of Education is responsible for setting the millage tax rate each year. Taxpayers in Cobb have enjoyed some of the lowest taxes in Metro Atlanta during this time period.

"As stewards of taxpayer dollars, we have carefully and responsibly prepared the FY2016 Budget." says Cobb County Schools' Superintendent Chris Ragsdale. "This budget reflects the mission of the Cobb County School District to provide teaching and other appropriate educational services. The mandates for improving education services coupled with the large student population place significant challenges upon the budget to maintain spending controls. The Budget is a prudent plan that balances the many needs of our students with the economic realities of our community."

Detailed information and documentation about the approved Fiscal Year 2016 Budget and development process are available under the Finance and Budget section of the Cobb County School District website: www.cobbk12.org.





>>Thanks for reading the East Cobber! Be sure to support our advertisers! <<

#### BACK TO SCHOOL

#### **COBB CHAMBER** OFFERS CHANCE TO BE PRINCIPAL FOR THE DAY

The Cobb Chamber annually looks for business and civic leaders to participate in the Principal for a Day program. This year, Principal for a Day is scheduled for Tuesday, September 15 for both Cobb County and Marietta City Schools. The Cobb Chamber and Cobb's public school systems invite you to participate in a unique, behind-the-scenes experience as a Principal for a Day to better understand one of Cobb County's strongest assets.

The Chamber places volunteers in Cobb and Marietta City schools to experience a half day in the shoes of a principal. The day includes one-on-one time with the principal, meetings with the faculty, as well as time in the classroom with students.

As a Principal for a Day, you will have the chance to meet one-on-one with one of Cobb County's outstanding principals to gain firsthand knowledge of the challenges and strengths local schools face on a daily basis. The program requires the commitment of a half workday, but will provide a greater understanding of the educational process and opportunities in Cobb County. Participants will shadow a local principal, meet with the faculty, as well as spend time in the classroom with students.

"We believe this program can be a very rewarding experience for members of the Cobb business community, Cobb's educators and our students," says Amy Goggins, coordinator, for the Cobb Chamber.

Applications for the 2015 program are now being accepted! Applications can be found online at www. cobbchamber.org/Member-Services/Principal-For-a-Day, The application deadline is Monday, August 24.

For more information, contact Amy Goggins at 770-859-2335 or agoggins@cobbchamber.org with auestions.

#### 2015-16 COBB COUNTY SCHOOL CALENDAR

August 3 First Day of School September 7 Labor Day Holiday September 21-25 Student Holiday

November 23-27 Thanksgiving Holidays

December 21-January 4 Winter Holidays

#### 2016

January 5 First Day of 2nd Semester

January 18 M.L. King Holiday February 15-19 Student Holiday April 4-8 Spring Holidays May 25 Last Day of School

#### COBB COUNTY SCHOOL DISTRICT

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When co-founder Stefanie Smith was looking for resources for her son, she realized that many schools focused on therapeutics and behavior management, but didn't offer a strong academic curriculum for children with special needs. At fully-accredited Alexsander Academy, there is no "one size fits all" program, and educators create a curriculum that is tailored to each student's learning needs.

"Our small environment allows us to help students be successful in a classroom, build friendships and gain self confidence," says Stefanie. "We help our students be better prepared to go back to a traditional learning setting."

Stefanie is proud to offer knowledgeable and experienced teachers at the academy. Most teachers have advanced degrees and more than 15 years of experience teaching students with issues, like learning disabilities, ADHD, AS, autism spectrum disorders, dyslexia, cognitive challenges and Down syndrome.

If your child needs a small and more individualized school program or is struggling academically or socially, take the time to learn more about Alexsander Academy. They are accepting applications for the upcoming school year and scholarships are available. Also, the school offers a summer academic session and year round tutoring. The academy is located at 1090 Powers Place, Alpharetta 30009. For more information, visit www.alexsanderacadamy.org or call 404-839-5910.

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#### BACK TO SCHOOL

#### COBB COUNTY **BOARD OF EDUCATION**

The Cobb County Board of Education consists of seven elected members who appoint a superintendent responsible for the administration of the system. Elected to serve four-year terms, each school board member votes on issues that affect school curriculum and instruction, auxiliary services, personnel and administration. The Board of Education meets twice each month. The first meeting is a work session held the second Wednesday of each month at 8:30am. The Board meets again the fourth Thursday of each month to vote on agenda items developed at the work session. The Thursday meetings begin at 7pm.



RANDI SCAMIHORN • POST 1 rscamihorn.boardmember@cobbk12.ora Schools represented in Post 1: High Schools: Allatoona, Kennesaw Mountain, North Cobb: Middle Schools: Awtrey, Barber, Durham, McClure, Pine Mountain:



Elementary Schools: Acworth, Baker, Bullard, Frey, Hayes, Kennesaw, Lewis, McCall Primary, Pickett's Mill.

sthayer.boardmember@cobbk12.org Schools represented in Post 2:

**SUSAN THAYER • POST 2** 



High Schools: Campbell, Osborne, Oakwood Digital Academy, H.A.V.E.N. Academy, Adult Education Center: Middle Schools: Campbell, Floyd, Griffin, Lindley 6th Grade Academy, Lindley Middle; Elementary Schools: Belmont Hills, Birney, Brown, Fair Oaks, Green Acres, LaBelle, King Springs, Nickajack, Norton Park, Russell-new

Smyrna replacement elementary school.

**DAVID MORGAN • POST 3** 



dmorgan.boardmember@cobbk12.org Schools represented in Post 3: High Schools: Pebblebrook, South Cobb: Middle Schools: Cooper, Garrett, Tapp; Elementary Schools: Austell, Bryant, Clarkdale, Clay, Compton, Harmony-Leland, Hendricks, Mableton, Powder Springs, Riverside Primary, Riverside Intermediate, Sanders.



**DAVID CHASTAIN • POST 4** dchastain.boardmember@cobbk12.ora **Schools represented in Post 4**: High Schools: Kell, Sprayberry; Middle Schools: Daniell, McCleskey, Palmer; Elementary Schools: Addison, Bells Ferry, Big Shanty, Blackwell, Chalker, Keheley, Kincaid, Nicholson,



**DAVID BANKS • POST 5** dbanks.boardmember@cobbk12.org Schools represented in Post 5: High Schools: Lassiter, Pope; Middle Schools: Hightower Trail, Mabry, Simpson; Elementary Schools: Davis, East Side, Eastvalley, Garrison Mill, Mountain View, Murdock, Powers Ferry, Sedalia Park, Shallowford Falls, Powers Ferry, Tritt.

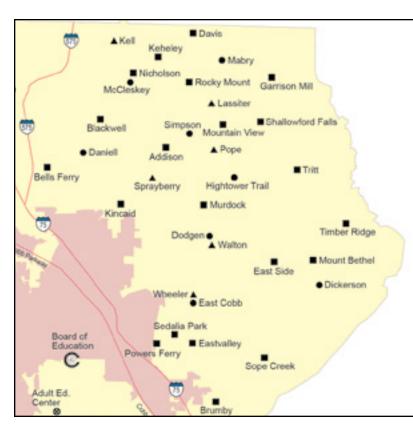
Pitner, Rocky Mount.



**SCOTT SWEENEY • POST 6** ssweeney.boardmember@cobbk12.org Schools represented in Post 6: High Schools: Walton, Wheeler; Middle Schools: Dickerson, Dodgen, East Cobb; Elementary Schools: Argyle, Brumby, Mount Bethel, Sope Creek, Teasley, Timber Ridge.



**BRAD WHEELER • POST 7** bwheeler.boardmember@cobbk12.org **Schools represented in Post 7:** High Schools: Harrison, Hillgrove, McEachern; Middle Schools: Lost Mountain, Lovinggood, Smitha; Elementary Schools: Cheatham Hill, Dowell, Due West, Ford, Hollydale, Kemp, Milford, Still, Varner, Vaughan.



## Public Schools Located in East Cobb County

#### 21 Elementary Schools

- 16,125 Elementary School students

#### 8 Middle Schools

- 8.241 Middle School students

#### 6 High Schools

- 11,926 High School Students

TOTAL STUDENTS ATTENDING EAST COBB PUBLIC SCHOOLS - 36,292 STUDENTS



- Elementary School
- Middle School
- High School
- Specialty Site





#### EDUCATION STATS: EAST COBB ELEMENTARY SCHOOLS

Every school year, Cobb County students are tested on a variety of state and system-wide assessments. The lowa Tests of Basic Skills (ITBS) is administered in September to students in grades 3, 5 and 7. Administration of the ITBS allows the district to compare the performance of students to that of other students across the nation who took the same test at the same time of year. According to the results noted below, East Cobb Cobb County elementary school students performed well above the national average on the lowa Tests of Basic Skills. For complete results visit www.cobbk12.org.

ITBS SCORES	GRADE		COMPOSITE
Cobb County Schools - Average Scores	3rd		3.3
County Control 71101ago Cooles		%	56
	5th		5.8
		%	61
Addison ES • 7:45am - 2:15pm	3rd		3.7
3055 Ebenezer Road, Marietta, GA 30066	F-11	%	68
770-578-2700 • www.cobbk12.org/addison Principal: Susan Hallmark • # of students: 611	5th		6.3
•	04	%	68
Bells Ferry ES • 7:50am - 2:20pm	3rd	WE	3.6
2600 Bells Ferry Road, Marietta, GA 30066 678-594-8950 • www.cobbk12.org/bellsferry	5th		63 5.7
Principal: Ladonna Starnes • # of students: 733	อเท	WE	60
	3rd		3.5
Blackwell ES • 7:50am - 2:20pm 3470 Canton Road, Marietta, GA 30066	Jiu	%	61
678-494-7600 • www.cobbk12.org/blackwell	5th		6.2
Principal: Melissa Shackelford • # of students: 724	Oth	%	67
Brumby ES • 7:50am - 2:20pm	3rd	GE	2.8
1306 Powers Ferry Road, Marietta, GA 30067	3.4	%	35
770-916-7070 • www.cobbk12.org/brumby	5th	GE	4.8
Principal: Dr. Amanda Richie • # of students: 1,016		%	43
Davis ES • 7:55am - 2:20pm	3rd	GE	3.7
2433 Jamerson Road, Marietta, GA 30066		%	70
678-494-7636 • www.cobbk12.org/davis	5th	GE	6.5
Principal: Carmen Havrilla • # of students: 577		%	71

ITBS SCORES	GRADE	COMPOSITE	
East Side ES • 7:50am - 2:20pm	3rd	GE	4.2
3850 Roswell Road, Marietta, GA 30062		%	82
770-578-7200 • www.eastsideelementary.com	5th	GE	7.0
Principal: Elizabeth Mavity • # of students: 1,272		%	78
Eastvalley ES • 7:55am - 2:25pm	3rd		3.8
2570 Lower Roswell Road, Marietta, GA 30067		%	73
770-578-7214 • www.cobbk12.org/eastvalley	5th		6.5
Principal: Kendell Foster • # of students: 698		%	71
Garrison Mill ES • 7:55am - 2:25pm	3rd		4.0
4111 Wesley Chapel Road, Marietta, GA 30062		%	80
770-642-5600 • www.cobbk12.org/garrisonmill	5th		6.8
Principal: Kyle Giesler • # of students: 688	0.1	%	76 3.7
Keheley ES • 7:50am - 2:20pm	3rd		3. <i>1</i>
1985 Kemp Road, Marietta, GA 30066	5th	%	6.0
678-494-7836 • www.cobbk12.org/keheley Principal: Tucker Smith • # of students: 535	อเท	WE	65
	3rd		3.8
Kincaid ES • 7:50am - 2:20pm	əru	%	72
1410 Kincaid Road, Marietta, GA 30066	5th		6.1
770-578-7238 • www.cobbk12.org/kincaid Principal: Cheryl Mauldin • # of students: 732	Jul	%	66
, ,	3rd		4.4
Mt. Bethel ES • 7:45am - 2:15pm 1210 Johnson Ferry Road, Marietta, GA 30068	o.u	%	86
770-578-7248 • www.cobbk12.org/mtbethel	5th		7.7
Principal: Jessica Appleyard • # of students: 1,037	5.11	%	87

**KEY:** Percentile: %; Above Average: 77-99%tile; Average: 23-76%tile; Below Average: 1-22%tile; National Average: 50%tile. National Grade Equivalent (GE) for Third Grade: 3.2. National Grade Equivalent (GE) for Fifth Grade: 5.2.





#### EDUCATION STATS: EAST COBB ELEMENTARY SCHOOLS

ITBS SCORES	GRADE	COMPOSITE	
Mt. View ES • 7:55am - 2:25pm	3rd		3.9
3448 Sandy Plains Road, Marietta, GA 30066		%	75
770-578-7265 • www.mountainviewelementary.com	5th		6.4
Principal: Dr. Renee Ingram Garriss • # of students: 854	O4	%	70
Murdock ES • 7:55am - 2:25pm	3rd	uE %	4.3 83
2320 Murdock Road, Marietta, GA 30062 770-509-5071 • www.cobbk12.org/murdock	5th		6.8
Principal: Lynn Hamblett • # of students: 903	Jui	%	76
	3rd	GE	3.5
Nicholson ES • 7:50am - 2:20pm 1599 Shallowford Road, Marietta, GA 30066	Olu	%	61
770-928-5573 • www.cobbk12.org/nicholson	5th		6.1
Principal: Joan Johnson • # of students: 518	O LII	%	66
Powers Ferry ES • 7:50am - 2:20pm	3rd	GE	2.8
1845 Powers Ferry Road, Marietta, GA 30067		%	37
770-578-7936 • www.cobbk12.org/powersferry	5th	GE	4.9
Principal: Dr. Patrice Jones • # of students: 423		%	44
Rocky Mount ES • 7:45am - 2:10pm	3rd	GE	3.7
2400 Rocky Mount Road, Marietta, GA 30066		%	69
770-591-5050 • www.cobbk12.org/rockymount	5th	GE	6.6
Principal: Gail May • # of students: 628		%	73

ITBS SCORES	GRADE		COMPOSITE
Sedalia Park ES • 7:50am - 2:20pm	3rd	GE	3.1
2230 Lower Roswell Road, Marietta, GA 30067		%	48
770-509-5162 • www.cobbk12.org/sedaliapark	5th	GE	5.5
Principal: Karen Wacker • # of students: 854		%	57
Shallowford Falls ES • 7:50am - 2:20pm	3rd	GE	4.0
3529 Lassiter Road, Marietta, GA 30062		%	79
770-642-5610 • www.cobbk12.org/shallowfordfalls	5th		6.9
Principal: Felicia Angelle • # of students: 665		%	77
Sope Creek ES • 7:50am - 2:20pm	3rd		4.1
3320 Paper Mill Road, Marietta, GA 30067		%	81
770-916-7085 • www.cobbk12.org/sopecreek	5th		7.3
Principal: Dr. Douglas Daugherty • # of students: 1,140		%	81
Timber Ridge ES • 7:50am - 2:20pm	3rd		4.4
5000 Timber Ridge Road, Marietta, GA 30068		%	86
770-642-5621 • www.cobbk12.org/timberridge	5th		7.1
Principal: Adam Hill • # of students: 611		%	79
Tritt ES • 7:55am - 2:25pm	3rd	GE	4.3
4435 Post Oak Tritt Road, Marietta, GA 30062	EAL-	%	83
770-642-5630 • www.cobbk12.org/tritt	5th		7.1
Principal: Dr. Tricia Patterson • # of students: 906		%	79





#### EDUCATION STATS: EAST COBB MIDDLE SCHOOLS

Every school year, Cobb County students are tested on a variety of state and system-wide assessments. The lowa Tests of Basic Skills (ITBS) is administered in September to students in grades 3, 5 and 7. Administration of the ITBS allows the district to compare the performance of students to that of other students across the nation who took the same test at the same time of year. According to the results noted below, East Cobb County middle school students performed well above the national average on the lowa Tests of Basic Skills. For complete results visit www.cobbk12.org.

ITBS SCORES	GRADE		READING	LANGUAGE	MATH	SCIENCE	COMPOSITE
Cobb County School - Average Scores	7th	GE	7.7	8.1	7.5	8.1	7.9
The state of the s		%	56	62	55	62	59
<b>Daniell MS • 9:15am - 4:15pm</b> 2900 Scott Road, Marietta, GA 30066	7th	GE	8.0	8.4	7.8	8.6	8.2
678-594-8048 • www.cobbk12.org/daniell Principal: David Nelson • # of students: 966		%	60	67	59	66	63
Dickerson MS • 9:15am - 4:15pm 855 Woodlawn Road, Marietta, GA 30068	7th	GE	10.6	11.8	10.0	11.6	11.1
770-578-2710 • www.cobbk12.org/dickerson Principal: Dr. Carole Brink • # of students: 1,253		%	82	90	84	82	85
Dodgen MS • 9:15am - 4:15pm 1725 Bill Murdock Road, Marietta, GA 30062	7th	GE	10.2	10.9	10.0	10.5	10.5
770-578-2726 • www.cobbk12.org/dodgen Principal: Dr. Loralee Hill • # of students: 1,228		%	79	87	83	78	81
East Cobb MS • 9:15am - 4:15pm 380 Holt Road Marietta, GA 30068	7th	GE	6.8	7.1	7.0	7.4	7.1
770-578-2740 • www.cobbk12.org/eastcobb Principal: Leetonia Young •# of students: 1,220		%	45	50	48	54	49

ITBS SCORES	GRADE		GRADE		GRADE		READING	LANGUAGE	MATH	SCIENCE	COMPOSITE
Hightower Trail MS • 9:15am - 4:15pm 3905 Post Oak Tritt, Marietta, GA 30062	7th	GE	9.9	11.2	9.3	10.1	10.3				
770-578-7225 • www.cobbk12.org/hightowertrail Principal: Laura Montgomery • # of students: 1,073		%	78	88	77	77	80				
Mabry MS • 9:15am - 4:15pm 2700 Jims Road, Marietta, GA 30066	7th	GE	9.5	10.1	8.7	9.8	9.6				
770-928-5546 • www.cobbk12.org/mabry Principal: Merrilee Heflin • # of students: 896		%	75	82	71	75	76				
McCleskey MS • 9:15am - 4:15pm 4080 Maybreeze Road, Marietta, GA 30066	7th	GE	8.0	8.4	7.4	8.1	7.9				
770-928-5560 • www.cobbk12.org/mccleskey Principal: Claire Lyons • # of students: 688		%	61	66	53	62	60				
Simpson MS • 9:15am - 4:15pm 3340 Trickum Road, Marietta, GA 30066	7th	GE	9.3	10.1	8.6	9.8	9.5				
770-971-4711 • www.cobbk12.org/simpson Principal: Dr. Andrew Bristow •# of students: 917		%	73	82	70	74	75				

**KEY:** Percentile: %; Above Average: 77-99%tile; Average: 23-76%tile; Below Average: 1-22%tile; National Average: 50%tile. National Grade Equivalent (GE) for Seventh Grade: 7.2





### SAT STATS: **EAST COBB HIGH SCHOOLS**

The Scholastic Assessment Test (SAT) and the American College Testing (ACT) are offered by The College Board several times during the year. These tests are not required by the state or school system, and are not administered by Cobb schools; however, most colleges and universities use SAT and/or ACT scores in determining student admission. The SAT is used to predict a student's potential for success in the first year of college and is required for admission to most colleges and universities. Most college-bound students take one or both of these tests during either their junior or senior year. The following chart displays SAT scores from the Class of 2014 (the last available scores released from Cobb County School District) attending East Cobb high schools. For complete results visit www.cobbk12.org.

SAT SCORES	% TESTED	CRITICAL READING	MATHMETICS	READING & MATH TOTALS	WRITING	ТОТА
SOONES	멸	중철	S	۳. % ۳. %	S S	₽
NATIONAL	50	497	513	1010	487	1497
COBB COUNTY	80	512	509	1021		1515
GEORGIA GEORGIA	85	488	485	973	494	1445
Kell High School • 8:35am - 3:25pm 4770 Lee Waters Road, Marietta, GA 30066 678-494-7844 • www.cobbk12.org/kell Principal: Edward Wagner • # of students: 1,513	83	501	506	1007	479	1486
Lassiter HS • 8:35am - 3:25pm 2601 Shallowford Road, Marietta, GA 30066 678-494-7863 • www.lassiter.org Principal: Dr. Chris Richie • # of students: 2,107	96	549	561	1110	533	1643
Pope HS • 8:25am - 3:25pm 3001 Hembree Road, Marietta, GA 30062 770-578-7900 • www.cobbk12.org/pope Principal: Dr. Robert Downs • # of students: 1,899	100	558	563	1121	545	1666
Sprayberry HS • 8:35am - 3:25pm 2525 Sandy Plains Road, Marietta, GA 30066 770-578-3200 • www.cobbk12.org/sprayberry Principal: Joseph Sharp • # of students: 1,723	79	493	483	976	472	1448
Walton HS • 8:35am - 3:25pm 1590 Bill Murdock Road, Marietta, GA 30062 770-578-3225 • www.cobbk12.org/walton Principal: Judith McNeill • # of students: 2,649	99	574	587	1161	563	1724
Wheeler HS • 8:35am - 3:25pm 375 Holt Road, Marietta, GA 30068 770-578-3266 • www.cobbk12.org/wheeler Principal: Dr. Peter Giles • # of students: 2,035	78	534	534	1068	518	1586







#### EAST COBB PTAS HELP CHILDREN

#### REACH FOR THE STARS AND CHANGE THE WORLD

By Anne Davidson and Cindy Goolsby, Co-Presidents, East Cobb County Council of PTAs

On behalf of the East Cobb County Council of PTAs (ECCC PTA), welcome to the 2015-16 school year. This year the ECCC PTA theme is "Reach for the stars. Change the world." As parents, teachers, administrators, and as a community, we want our children's education to prepare them to succeed. A high-quality education is essential for our children in an increasingly competitive world and critical for the ongoing vitality of our families and communities. Together we can help our children's potential become reality. Together we will help them reach for the stars and change the world.

The ECCC PTA is made up of 35 East Cobb PTAs. There are nearly 28,000 PTA members in East Cobb. Our PTA members are parents, grandparents, students, teachers, school administrators, community members and business partners.

As PTA volunteers we offer time, energy and skill to improve the quality of our children's education and their overall wellbeing. The ECCC PTA and East Cobb PTAs encourage family engagement in our schools, celebrate diversity in our communities, foster community service, enhance environmental education, share best practices on health and wellness and connect schools with youth service programs. PTA legislative teams remind our school communities to vote and educate members about policy issues impacting education. Through the Reflections Art Contest and the Honoring Our Heroes Essay Contest, students have the opportunity to develop their creativity and to write about an everyday hero. PTA membership teams work with generous business partners to offer PTA member discounts throughout the year.

The ECCC PTA Margie Hatfield Scholarship -- which awards a \$1,000 scholarship to a high school senior from each of the six East Cobb public high schools -- honors community service and academic excellence. Additionally, East Cobb PTAs contribute towards learning opportunities that enrich academic achievement, such as science, technology, engineering and math (STEM) curriculum, software that supplements reading and math progress, and expanded offerings in media centers. PTAs organize activities, such as fall fairs, fun runs, class picnics, dances, multicultural events, book fairs and field days, that cultivate a spirit of school and family community.

We invite you to join us -- to strengthen our children's educational achievement and to expand their opportunities for a better future. We are so grateful for the incredible teachers, principals, school staff, community and business partners, and not least, the PTA volunteers and members in our school communities. Let us know how we can help your school. Our goal is nothing less than to help our children reach the stars and change the world.



Anne Davidson lives in the Sibley Forest subdivision with her husband, Matt Njaa, and their two sons. She is an active volunteer for the ECCC PTA and the Sope Creek Elementary School PTA.

Cindy Goolsby lives in the Lakewood Colony subdivision with her husband, Ira Goolsby, and their two daughters. She is an active volunteer for the ECCC PTA and the Keheley Elementary School PTA.



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# TUGUST COMMUNITY CALENDAR

Free Mulch. Cobb EMC offers free mulch from the clearance maintenance of Cobb EMC power lines. It is available throughout the year and can be delivered when crews are in your area. More info: 678-355-3419.

#### **EVERY SATURDAY**

Free Arts and Crafts at Lakeshore Learning Store. It's summer! Crafts in August include Keeping Cool! Door Hanger, Summer Breeze Wind Chime, Animal Antics! Paper Pal, and Bug Buddy. 11am-3pm. Ages 3 and up. Lakeshore Learning Store, 4287 Roswell Road, Marietta. More info: 770-578-3100 or lakeshorelearning.com.

Marietta Square Farmers Market featuring products that are grown and produced in Georgia, including produce, plants, honey, breads, cheese and other items. 9am-12pm. Rain or shine. Now open all year. Glover Park-Marietta Square. More info: 770-499-9393 or mariettasquarefarmersmarket.net.

Trail Hikes. A docent guides you on a journey through the Chattahoochee Nature Center trails using biofacts and activities to spark your "natural" curiosity. 1pm. Admission: \$10/adults; \$7/seniors and students; \$6/ages 3-12. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or chattnaturecenter.org.

#### **EVERY TUESDAY AND SATURDAY**

Feeding Time at the Chattahoochee Nature Center. Join a naturalist for an in-depth look at one of their resident animals as they are being fed. 4pm. Admission: \$10/ adults; \$7/seniors and students; \$6/children (ages 3-12); free/ages 2 and under. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or chattnaturecenter.org.

#### TUESDAYS: AUGUST 11-SEPTEMBER 15

Tracing Your Ancestors. Have you ever wondered who might be hiding in the branches of your family tree? Is the thought of finding your roots an exciting notion? This is the class for you! The Roswell Historical Society is hosting a six-class series on researching your family history. Taught by Sue Verhoef, Senior Archivist & Staff Genealogist for the Atlanta History Center's Kenan Research. Six consecutive Tuesdays: 7-9pm. Roswell Historical Society members: \$100; Non-members: \$150. Bill Johnson Community Activity Building, 10495 Woodstock Road, Roswell. More info: Bill Browning, call 404-953-2525 or EventsRoswellHistoricalSociety@gmail.com.

#### **WEDNESDAYS: AUGUST 19-SEPTEMBER 23**

Taking Great Photos. Learn the art behind photography! A six-series photography class with Mike Moreland, a professional photographer based in the Atlanta Metro Area. He has been a photographer for over 25 years, specializing in fashion, architecture, and advertising. Six consecutive Wednesdays: 6:30-8:30pm. Roswell Historical Society members: \$100; non-members: \$150. Barrington Hall's Barn Meeting Space, 535 Barrington Drive, Roswell. More info: More info: Bill Browning, call 404-953-2525 or EventsRoswellHistoricalSociety@gmail.com.

#### **AUGUST 7 | SEPTEMBER 4**

First Friday Art Walk. A self-guided tour with more than 30 merchants hosting artists in their stores. Get a map at the Marietta Welcome Center, 4 Depot St NE, Marietta 30060. Have it stamped at each stop and turn it in after your walk for a free gift bag. Every first Friday through October. 5-9pm. Glover Park-Marietta Square. More info: mariettaga.gov.











#### **AUGUST 7-9, 13-15**

Tradin' Paint presented by CenterStage North. The main character, Darla Frye is fraught with "deepseated insecurities." Her mother is dead, her boyfriend is delusional, and her job stocking auto parts is going nowhere fast. August 7-8: 8-10pm. August 9: 2-4pm. August 13-15: 7-9pm. Tickets: \$15 in advance; \$17 at the door. The Art Place Mountain View, 3330 Sandy Plains Road, Marietta. Show times/More info: 770-331-0079 or visit centerstagenorth.org.

#### **AUGUST 8**

CAREing Paws with Ms. Silver. Independent readers are invited to register for a 15-minute appointment to read to Miss Silver, and her resident reading dog, Miss Kathy. Great for beginning readers! Registration is required. 8am-5pm. Free. Mountain View Library, 3320 Sandy Plains Road, Marietta. More info: 770-509-4964 or cobbcat.org.

East Cobb Rotary Dog Days 5K/1 Mile/Tot Trot. Proceeds benefit local and international service projects of the East Cobb Rotary Club. 7am. \$30/race day or for phantom runner. Start and finish at McCleskey East Cobb YMCA, 1055 East Piedmont Road, Marietta 30062. More info: dogdaysrun.com or eastcobbrotary.com.

Miss Cobb County Scholarship Pageant. See the new Miss Cobb County crowned! The winner will move on to the Miss Georgia Competition and compete for a \$10,000 scholarship. 7pm. \$20/ticket. Jennie T. Anderson Theatre, 548 South Marietta Parkway, Marietta. More info: Gene Phillips, 770-435-6378, misscobbcounty@yahoo.com, or misscobb.com.

#### **AUGUST 11**

The Contained Garden: The Evergreen, The Elegant, and The Whimsical. Join Cobb County Master Gardeners for a GNO – Gardeners' Night Out! Using principles of container design, learn how to create a beautiful contained garden to enhance a patio, a back porch or use as a focal point in your garden in this demonstration. Handouts will be provided with emphasis on selecting appropriate containers, planting basics and maintenance, and suggestions for unusual plant material for both sun and shade with Shirley Priest, Master Gardener. 7-8:30pm. Free. East Cobb Library, 4880 Lower Roswell Road, Marietta/East Cobb. More info: 770-509-2730 or cobbcat.org.

#### Over 40 Females Cobb County Chapter Luncheon.

Featured speaker: Crystal Davis will speak about mastering your mind. 11am-1pm. Members: free. Non-members: \$25. Red Sky Tapas Bar, 1255 Johnson Ferry Road, Marietta. More info/registration: swcarman@over40females.com





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#### **AUGUST 12**

AARP Smart Driver Program. 6-hour classes geared to those 50 and above, an up-to-date, research-based refresher on driving skills, changes with aging and ways to accommodate them, and changes in cars, roads and local laws. Registration required. \$15/Class for AARP members, \$20 for non-members. 10:30am-5pm (30 minute lunch break). Mountain View Library, 3320 Sandy Plains Road, Marietta/East Cobb. More info: Moya Hambridge 770 395-6110 or AARP.org/drive.

#### **AUGUST 12, SEPTEMBER 9**

**Museum Mice Tour** introduces toddlers ages 3-5 to history through very basic concepts like shapes, sounds, games, tools and jobs. 10:30 am. \$5 per person. Reservations required. Marietta Museum of History, 1 Depot Street, Marietta. More info: 770-794-5710 or mariettahistory.org.

#### **AUGUST 13**

**Breathe – A Gathering of Women.** A night of worship, faith stories and focus on Women's Ministry Bible studies. Free. 7pm. All women. All ages. Johnson Ferry Baptist Church, Student Center South, 955 Johnson Ferry Road. More info: Melissa McBrayer, 770-794-2974 or Melissa. mcbrayer@jfbc.org

#### **AUGUST 13**

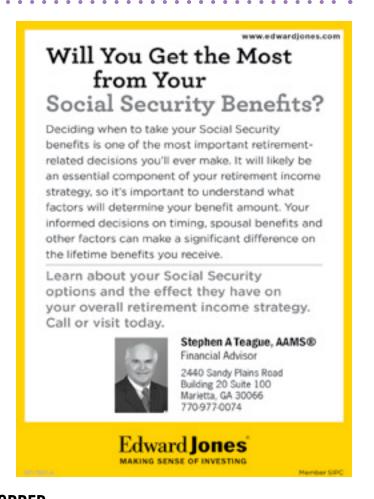
Good Eatin', Great Cause. Join host Firehouse Chef Ryan McKay for the 2015 SafePath Culinary Tour & Competition: Good Eatin' Great Cause. Proceeds benefit SafePath, a mentoring center that offers therapy to children who have suffered from abuse. Over 30 of Georgia's favorite chefs will be serving their signature dish tapas style. In addition, local celebrity chefs will serve as mentors in a judged team cook-off competition. 6-10pm. Tickets: \$75/person; \$35 for Public Safety Officials. Cobb Galleria Centre, Two Galleria Parkway, Atlanta 30339. More info: safepath.org

#### **AUGUST 14**

Martinis and Music. Live music, a cash bar, and light hors d'oeuvres. Metro Montage IV and Banner Years: MCMA the Permanent Collection will be on exhibit. Live music performed by Jazz Pianist Tom Woods. 5:30-8:30pm. \$10 general admission. Admission is free for members. Marietta/Cobb Museum of Art (MCMA), 30 Atlanta Street SE, Marietta. More info: 770-528-1444 or mariettacobbartmuseum.org.







#### **AUGUST 14-16**

Lewis Grizzard: In His Own Words. A one-man show authorized by Grizzard's family. This show is the closest thing to seeing the late great spokesman of the south onstage since Grizzard's death at age 47. The two-act performance features Grizzard's best-loved stories and jokes, along with some poignant and funny readings from his books and newspaper columns. Friday and Saturday: 8 pm. Sunday: 3 pm. \$25. Earl Smith Strand Theatre, 117 North Park Square, Marietta. More info: 770-293-0080 or earlsmithstrand.org.

#### **AUGUST 15**

Lutzie 43 Road Race 5K. Honoring the memory of Lassiter and Auburn football player, Philip Lutzenkirchen. All proceeds benefit the Lutzie 43 Foundation and the East Cobb County chapter of Fellowship of Christian Athletes (FCA). The race start/finish line will be inside Lassiter High School's football stadium and features a fast, smooth run through the streets of East Cobb. 8am. Registration: \$30-\$45. Lassiter High School, 2601 Shallowford Road, Marietta. More info: www.fcaeastcobb.org

#### **AUGUST 15**

**Silent and Live Art Auction Fundraiser** to benefit Aloha to Aging. Enjoy delicious food, fun music and great buys on exciting get-a-ways, special event tickets, gift baskets, jewelry, and much more. 6:30pm. Tickets: \$40 in advance; \$45 at the door. Mansour Center, 995 Roswell Street NE, Marietta. More info: 770-722-7641 or alohatoaging.org.

#### **AUGUST 16**

**Leo Frank Exoneration Memorial Service** held by Rabbi Steven Lebow, on the 100th "Yahrzeit" anniversary of the lynching of Leo Frank. In 1915, Leo Frank was wrongly accused, falsely convicted, and murdered. Join to stand for justice, religious and racial harmony. 2pm. Roswell Road & Freys Gin Road SE (next to the I-75 overpass), Marietta. More info: Temple Kol Emeth, 770-973-3533.

#### **AUGUST 18**

**Evening with History:** *From the Darkside*. 6:15pm: Libation Participation. The lecture will start at 7pm with Van Pearlberg as he discusses a tragic chapter in Marietta's history, the lynching of Leo Frank. 6:15-9pm. \$10/ members; \$20/ non-members. Marietta Museum of History, 1 Depot Street, Marietta. More info: 770-794-5710 or mariettahistory.org.





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#### **AUGUST 19**

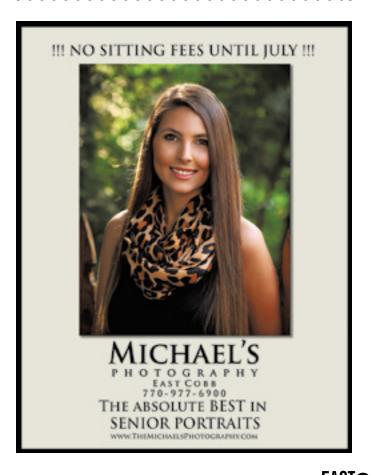
High School Sports Summit 2015. In partnership with SCORE Atlanta, Atlanta Business Chronicle will host this one-of-a-kind event to focus on the business of high school sports and its impact on business and community. The summit will also provide insight on high school sports today and its future in Metro Atlanta and the state of Georgia. 7:30am-12pm. Tickets: \$85/person. Cobb Energy Performing Arts Centre 2800 Cobb Galleria Parkway, Atlanta 30339. More info: Emily Boyle, eboyle@bizjournals.com or 404-249-1069.

#### **AUGUST 20**

**East Cobb Book Discussion Group.** The group meets on the third Thursday of each month. 11am & 2pm. New members and visitors are always welcome. East Cobb Library, 4880 Lower Roswell Road, Marietta. More info: 770-509-2730 or cobbcat.org

#### **AUGUST 20-25**

**2015 Catch the Wave Writers Conference** hosted by the Christian Authors Guild. Registration fee: \$250 entire conference; \$160 one day; \$35 contest submission. Radisson Hotel Atlanta Northwest, 1775 Parkway Place SE, Marietta 30067. More info: conference@christianauthorsguild.org or christinaauthorsguild.org.



#### **AUGUST 21-22**

**Pigs & Peaches BBQ Festival.** Stroll around and savor the smells. Shop, eat, drink and interact with over 200 vendors, exhibitor and BBQ contestant booths. Or play in the island-themed Kid Zone, full of inflatables, fun games and attractions for the little ones. Friday: 6-10pm; Saturday: 10am-10pm. Free. Adams Park, 2753 Watts Drive, Kennesaw 30144. More info: pigsandpeaches.com.

#### **AUGUST 22**

First Annual Lassiter Color Run. The run will benefit Lassiter Cross Country and the Helping Hand Foundation. The 2-mile, untimed run will wind its way around the Lassiter High School campus through several multi-colored powder stations, followed by food, games and fun. 10am. Registration: \$18. Run-day registration: \$20. Not running: enjoy inflatables, food, face painting and fun with a \$5 wristband. Lassiter High School, 2601 Shallowford Road, Marietta. More info: Melisa White, melwhite04@live.com or Coach Freed, Scott.Freed@cobbk12.org.

Summer Stars Concert Series: The Randall Bramblett Band. Randall has a rich career dating back to the 70's and is still thriving today. He's been playing with Steve Winwood, Widespread Panic, and the Allman Brothers to name a few. Lawn opens at 7pm. Show starts at 7:30pm. General Admission: Free. \$40 for table of 8. Rain or shine. The Art Place-Mountain View, 3330 Sandy Plains Road, Marietta. More info: 770-509-2700 or theartplace.us.

#### **AUGUST 24**

**The Orange Duffel Bag (ODB) Initiative Annual Golf Classic.** Brings together golfers from across Georgia in support of ODB's work with students who are homeless, aging out of foster care or experiencing high poverty. Registration: \$150. 8am-4pm. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: 800-598-5150 or theodbi.org.

#### **AUGUST 26**

2015 Health & Wellness Summit presented by the Cobb Chamber. Attendees will hear success stories from companies with effective health and wellness programs, as well as gain best practices for ways to encourage employee participation. 7:30am-12:30pm. First 100 registrants: \$49. Cobb Chamber Members: \$59. Non-members: \$69. Cobb Galleria Centre, Two Galleria Parkway, Atlanta 30339. More info: cobbchamber.org/healthsummit.

**East Cobb Civic Association Meeting.** Speaker: Rob Hosack from Cobb County Community Development. Open to the public. 7pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: eastcobb.net.



#### **AUGUST 26**

**Pet Portrait Painting with Lauren Adams.** Capture your favorite animal friend in acrylic paint. Guidance will be given to understanding the anatomy of the animal and measuring accurately to create a believable likeness. Please bring at least two photographs of your pet to the workshop. All levels welcome! 10am–2pm. \$50. Stop by Abernathy Arts Center to register. Abernathy Arts Center, 254 Johnson Ferry Road NW, Sandy Springs. More info: 404-613-6172 or fultonarts.org.

Wise and Shine: Fixing the Broken Windows of Your Business. Kennesaw State University's (KSU) Small Business Development Center's monthly program is designed specifically for small business owners to share experiences to learn from each other and network. 7:45-9am. Free. KSU Center, 3333 Busbee Drive, Room 401, Kennesaw. More info: coles.kennesaw.edu/centers/small-business-development/WiseAndShine.htm

#### **AUGUST 26 & 27**

Calm Parenting Seminar. Stop defiance, yelling, and power struggles. This seminar will show you how to calm emotional kids and deal with outright defiance without escalating situations. Learn how to turn emotional power struggles into opportunities to build trust and teach self-discipline. The trainer, Kirk Martin, will show ten ways to get the respect and authority you want. August 26: 6:30-8:30pm. August 27: 9:30-11:30am. \$20/session. Mt. Bethel United Methodist Church, 4385 Lower Roswell Road, Marietta. More info: 770-971-2880 or mtbethel.org.

#### **AUGUST 28**

Glover Park Concert Series: Electric Avenue performing 80s hits. Come out for a little bit of live music and fun. Lawn opens at 6pm. Show starts at 8pm. Free. Tables available for rent. Glover Park-Marietta Square. More info: 770-794-5601 or mariettaga.gov.







#### **AUGUST 29**

AARP Smart Driver Program. 6-hour classes geared to those 50 and above, an up-to-date, research-based refresher on driving skills, changes with aging and ways to accommodate them, and changes in cars, roads and local laws. Registration required. \$15/Class for AARP members, \$20 for non-members. 8:30am-4pm (1-hour lunch break). Chestnut Ridge Christian Church, 2663 Johnson Ferry Road, Marietta. More info: Moya Hambridge 770 395-6110 or AARP.org/drive.

**DI Dash 7th Annual 5K and 1K Fun Run** presented by Digital Insurance (DI) and benefitting Children's Healthcare. Certified Peachtree Road Race qualifier. Registration & check-in starts at 6:30am. 5K starts at 7:30am. 1K starts at 8:30am. \$25 by August 19. \$30 after. \$40 on race day. Starts at Marietta Square, 50 N Park Square NE, Marietta. More info: didash.com or active.com.

**Hummingbird Banding** presented by Smith-Gilbert Gardens (SGG). This is the 4th year SGG has teamed up with Birdwatcher Supply to catch and band hummers! Once the birds have been banded they will sit on your hand for a second or two before flying away, (kids love this)! Tours of the garden and lessons in beginning bird watching, and fun crafts for children. 8am-12pm. Admission: Adults \$7; Seniors & Active Military: \$6; Children 6 – 12: \$5; Children 5 and under are free. Smith Gilbert Gardens, 2382 Pine Mountain Road, Kennesaw 30152. More info: 770-919-0248 or smithgilbertgardens.com.



#### **AUGUST 30**

Miss Mary's Ice Cream Crankin' benefitting The Drake House, which provides short-term crisis housing to homeless mothers and their children. Taste over 100 unique flavors of homemade ice cream and enjoy ice cream eating and stacking contests, music, face painting and children's games. 2-4pm. \$6/individual. \$20/family. Historic Roswell Town Square, 600 Block of Atlanta Street, Roswell (corner of Mimosa Blvd and Marietta Highway). More info: missmarysicecream.org

#### **AUGUST 31**

Paper Mill Village Food Truck Fair. The event features some of the most popular food trucks in the metro area as well as live entertainment in a family-friendly environment. The event also features local organizations and benefits local charities. 5-8pm. Paper Mill Village, 137 Johnson Ferry Road, Marietta. More info: 404-237-7710 or facebook.com/PaperMillVillage.

#### **SEPTEMBER 5**

**Helicopter Rides.** The Aviation Wing of the Marietta Museum of History will be offering helicopter flights with proceeds benefitting the Aviation Wing. 10am-3pm. \$40 per person. Reservations required. Aviation Wing of the Marietta Museum of History, 550 Perrin Road, Marietta. More info: 770-794-5710.

#### **SEPTEMBER 7**

Holy Smoke BBQ and Music Festival on the fields of Johnson Ferry Baptist Church. 5K Run: 9am & Tot Trot following. Children's inflatables, games and more. Food and product vendors, car show, silent auction, live music. BBQ by Williamson Bros. \$5/meal. 11am-4pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2972, holysmoke@jfbc.org or johnsonferry.org.

#### **SEPTEMBER 10**

Chattahoochee Sunset Sips. Stroll the Chattahoochee Nature Center after-hours! Bring a picnic and grab a beverage or snack (beer and wine available for purchase), listen to live acoustic music from local musicians, and enjoy 127 acres under the spring and summer sunset. A great way to unwind from the week or kick off the weekend and see what is happening in the watershed as the sun goes down. 6-9pm. \$10/adult, \$7/seniors. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or chattanturecenter.org.





24 August 2015 EAST©COBBER www.eastcobber.com

#### **COME JOIN THE FUN**

#### at the 20th Annual EAST COBBER PARADE & FESTIVAL on September 12



The EAST COBBER announces the 20th annual EAST COBBER Parade and Festival to be held on Saturday, September 12.



Now in its 20th year, the EAST COBBER Parade and Festival is the only community-wide event in East Cobb, drawing 2,000 parade participants representing 110 different groups and a crowd of over 10,000. The EAST COBBER Parade and Festival strives to build a sense of community by creating a special event and annual tradition for East Cobb County residents. In addition to the entertainment stage, arts & crafts exhibits, and carnival games, the Festival is an excellent venue for local civic groups, churches, synagogues, and other nonprofits to raise awareness about their organizations' contributions to East Cobb County. The EAST COBBER Festival also provides an opportunity for local businesses to sell their goods and introduce their services to East Cobb residents.



Mark your calendars now! The EAST COBBER Parade & Festival is September 12. This celebrated community event has something for everyone--unique artists and crafters, fun and entertaining children's activities, delicious food, and so much more! Don't miss the 12th annual EAST COBBER Parade and Festival.



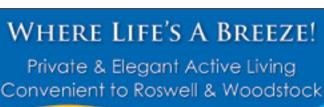
The EAST COBBER Parade begins at 10am with the EAST COBBER Festival immediately following from 11am-3pm, at its NEW location: Johnson Ferry Baptist Church, 955 Johnson Ferry Road in Marietta/ East Cobb.



The EAST COBBER Parade & Festival is presented by corporate sponsor WellStar. For more information to participate in the parade or to exhibit at the festival visit www.eastcobber.com, e-mail info@eastcobber.com or call 770-640-7070.









**Now Selling Pondside Terrace Homes** 



LIVE CLOSER TO FAMILY IN EAST COBB. ROSWELL & WOODSTOCK

Amazing Location & Lawn Care Included Gated Community w/ Private Clubhouse Detached, Elegant Ranch Homes Featuring Private Courtyard Retreats Lower Cherokee County Taxes

Tour 2 Models | Build from Low \$400s

Models Open Mon-Sat: 11-5 See Website for Details!

770-516-3678 (WindsongLife.com

Directions from NE Atlanta/GA-400: Take Holcomb Bridge Exit and travel West toward Roswell. Go 8.8 Miles (Holcomb Bridge turns into Hwy. 92). 2 Miles West of Sandy Plains, Heron Pond will be on the Right.

# **CURING KIDS CANCER**CELEBRATES 10TH ANNIVERSARY



▲ Dr John Bergsagel stands with Curing Kids Cancer founders Grainne and Clay Owen in front of the Curing Kids Cancer Clinical Research Office at the Aflac Cancer & Blood Disorders Center, Children's Healthcare of Atlanta.

Since its creation in 2005, Curing Kids Cancer has raised more than \$7 million to fund groundbreaking programs and childhood cancer research to make childhood cancer curable in our lifetime.

Killian Owen, the inspiration for Curing Kids Cancer, was five years old when he was diagnosed with leukemia. He battled cancer for four and half years. Doctors told Killian's parents, East Cobb residents, Grainne and Clay, that there was a potential cure for Killian's cancer but there was a lack of funding to get it into treatment. Killian passed away when he was nine.

"After Killian died, we dedicated ourselves to finding new cutting edge therapies for childhood cancer," said Grainne Owen, founder and executive director of Curing Kids Cancer. "It's hard for me to believe that this is our 10th anniversary and I'm incredibly happy that we've been able to raise over \$7 million to support childhood cancer research that I believe one day will make traditional pediatric chemotherapy obsolete."

A revolutionary new treatment that Curing Kids Cancer funds is using genetically modified cells from the child's own immune system to treat the most common type of leukemia (ALL). Dr. Stephan Grupp at The Children's Hospital of Philadelphia takes T-cells, a type of immune cell, from the patient and then re-engineers the T-cells using a virus so that the T-Cells recognize and kill the leukemia cells.

"The children who receive this treatment are dying because all other standard treatments have failed," said Owen. "Despite how sick the children are when they receive it, this particular therapy still has a 90 percent success rate! That is one reason why I truly believe that this is the future for pediatric cancer treatment. The technology, biology, medicine and genetics have all come together at the right time."

Some of the other research Curing Kids Cancer supports includes:

- Funding the training of pediatric oncologist Dr. Eric Schafer at Texas Children's Cancer Center in the pharmacology of childhood cancer. The training makes Schafer one of only six doctors in the country trained to understand the ways new drugs can work for children who suffer from cancer. The work of Schafer in this facet of cancer treatment could help to make traditional chemotherapy, and its harsh side effects, a thing of the past.
- Building upon groundbreaking work that identified the genetics of Ewing's Sarcoma, a childhood bone cancer, Curing Kids Cancer is supporting research with zebra fish at University of Texas Southwestern Children's Hospital conducted by Dr. James Amatruda.

>>> continued on next page >>>

# THANKS, ADVERTISERS



You make the EAST COBBER available FREE to 40,000 affluent, well educated East Cobb residents every month!



• Supporting Dr. Andrew Lane of Dana-Farber Cancer Institute to continue research into why children with Down Syndrome have a 20 times higher risk of developing acute lymphoblastic leukemia (ALL). Lane has tracked the genetic chain of events that links a chromosomal abnormality in Down Syndrome to the development of ALL and he discovered it is the same abnormality that causes children who do not have Down Syndrome to develop ALL!

To fund the research, Curing Kids Cancer raises money through partnerships with sports teams at local and national levels. "Blow the Whistle on Kids Cancer!" is one such program where Curing Kids Cancer partners with SEC football teams to make fans aware that September is National Childhood Cancer Awareness Month.

"Coaches will wear Coaches Curing Kids Cancer lanyards with gold whistles during at least one home game during September and players will wear Curing Kids Cancer wristbands and helmet stickers," said Owen. "We greatly appreciate the SEC's support. They are helping children battling cancer and helping us support local cutting-edge treatments and research."

The following games are confirmed for the 2015 "Blow the Whistle on Kids Cancer! campaign:

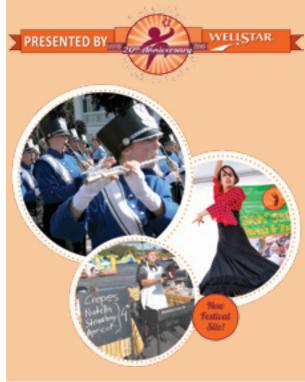
- September 12 at the University of South Carolina vs. Kentucky
- September 12 at Mississippi State vs. LSU
- September 19 at the University of Georgia vs. the University of South Carolina
- September 19 at Vanderbilt University vs. Austin Peay
- September 19 at Alabama vs. Ole Miss
- September 26 at Texas A&M vs. Arkansas

Curing Kids Cancer is awaiting confirmation on game dates for three more SEC teams.

Fans can purchase their own Curing Kids Cancer gear to support their teams and cause by visiting www. curingkidscancer.org/BlowTheWhistleOnKidsCancer. Also, fans make donations in honor of the participating teams to their local hospitals for pediatric cancer research.

Curing Kids Cancer also raises funds through corporate sponsorships such as AT&T and CFO4Life, community involvement, and support from national sports figures including ESPN's Lee Corso and MLB closing pitcher Craig Kimbrel, and the powerhouse Mecum Auction Company, the world leader of collector car, motorcycle and road art sales. Visit curingkidscancer.org to learn more.

# East Cobber Parade & Festival: Sept. 12



#### Same Parade Route!

The 1 mile EAST COBBER parade will still begin at 10am in the Mount Bethel Elementary School parking lot, travel south on Johnson Ferry Road then turn left onto Olde Towne Parkway.

#### **New Festival Site!**

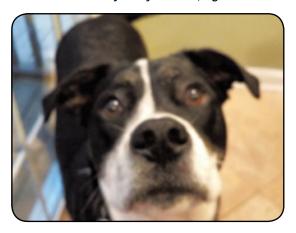
The EAST COBBER Festival will now be in the south parking lot of Johnson Ferry Baptist Church immediately following the EAST COBBER parade. From 11am—3pm, the free Festival will feature arts and crafts, local businesses, food concessions, carnival games, and an entertainment stage.

#### More Info:

770-640-7070 or eastcobber.com/parade.

#### PET OF THE MONTH: PARKER

Submitted by Abby Sluben, age 10



Animal/Breed: Boxer Mix

Age & Gender: 10 months/Male

Favorite Food: Shoes

Favorite Person: His owner, Abby Best Trick: Rolling over for a belly rub

Turn Ons: Chewing stuff
Turn Offs: Vacuum Cleaners

Favorite Toy: Our other dog's ears

Last Seen: Under the dining room table begging

What makes your pet so special: He always

gives kisses

#### Should Your Pet Be Our Pet of the Month?

Fill out the information on your pet and send it to: EAST COBBER, P.O. Box 680445, Marietta, GA 30068

Please include a picture with your entry. Or email description and a jpg to: petomonth@eastcobber.com

Pet's Name:
Animal/Breed:
Age & Gender:
Favorite Food:
Favorite Person:
Best Trick:
Turn Ons:
Turn Offs:
Favorite Toy:
Last Seen:
What makes your pet so special:
Owner's Name:



#### **CANINE CRUSADERS**

# CARE FOR NEGLECTED DOGS

By Megan Wahn



Canine Crusaders of Atlanta Rescue is a non-profit, no-kill rescue organization that is dedicated to rescuing and rehabilitating abandoned, abused, and neglected dogs in the Atlanta area. Their focus is to find loving homes for every dog in their program and they pride themselves on matching each dog with the right home.

The Canine Crusaders have a well-planned adoption process that is beneficial to both the dog and potential dog owners. An application must be submitted to Canine Crusaders and, once the application has been approved, a home visit is conducted. Dogs may then go out for a two week trial period with the potential owners. If the trial period is successful and all parties are happy, then the adoption will occur. Adoption fees are \$250 and include spay or neuter services, all vaccines, heart worm test, de-worming, and a microchip. Potential owners are required to have a fenced in yard if there are children.

Since Canine Crusaders is a non-profit rescue organization, donations are always encouraged and needed to finance vet and boarding bills, collars, dog food, as well as flea and heartworm prevention. "Foster homes are one of our biggest needs in rescue. Without a home to stay in, these dogs either get turned away or have to live in a boarding facility. Foster homes provide a safe and loving home as well as food and vet care, as well as monthly flea and heartworm prevention," says Canine Crusaders President, Leigh Myers. "We are also in need of dedicated volunteers who can help out with our adoption events on the weekends." The Canine Crusaders hold adoption events every Saturday at Petsmart, 1285 Johnson Ferry in Marietta/East Cobb from 12 - 4 PM.

If you are interested in helping Canine Crusaders, please contact crusadersatlanta@yahoo.com for more information.





#### A new form of therapy has been proven to significantly reduce or eliminate pain in companion animals using sound waves.

Unfocused sound waves interact with the tissues of the body, leading to development of new blood vessels, stem cell migration and activation, and reversal of chronic inflammation. The sound waves trigger the body's repair mechanisms, enabling healing and long term improvement for numerous conditions.

• Conditions treated:

-Osteoarthritis -Degenerative Joint disease -Back pain

-Nerve damage -Tendon and ligament injuries -Chronic or non-healing wounds

-Hip & Elbow dysplasia -Non-or delayed healing bone fractures

• Standard of care for race horses • No anesthesia required

#### Side effects include but are not limited to:

Long Walks • Playing Fetch • Climbing Stairs • Playing Like A Puppy Again



"Within hours after his treatment Sam noticeably improved and by the next day he appeared to be completely pain free. Today, we can't stop him from running around like a new dog. He is no longer on any pain medication and is extremely alert and playful. If we had not met TRT we would have had put Sam down"

The Brown Family



CALL TRT FOR CONSULTATION: (770) 966-1315 ext. 105

### Thanks Advertisers!

You make this publication <u>FREE</u> to 40,000 readers every month!

#### EAST COBBER DINING GUIDE

EAST COBBER monthly is pleased to present its 18th annual "Dining Guide." This is East Cobb's only comprehensive guide to local restaurants. Every restaurant located in East Cobb County has been listed. The following pages are designed to help you find restaurants that fit your tastes and needs right here in your own backyard. With over 300+ restaurants right here in East Cobb, you won't have to travel far for good food and a great time. Bon Appetit!

DESTAUDANT	PHONE/WEBSITE	CUISINE	SEATING	ТАКЕОИТ	DELIVERY	CATERING	KIDS	PARTY ROOM	LIVE	PRICE
RESTAURANT  AJ'S FAMOUS SEAFOOD AND POBOYS 2100 Roswell Road, Marietta 30062	678-999-0767	Cajun	45	•	_	•	•			\$
ALI'S COOKIES	770-971-8566	Dessert	0	•	•	•	•			\$
1255 Johnson Ferry Road, Ste. 34, Marietta 30068  AMERICAN DELI  1330 Daviese Ferry Road, Marietta 20067	www.shipacookie.com  770-952-4311  www.iloveamericandeli.com	Deli/American	20	•		•	•			\$
1230 Powers Ferry Road, Marietta 30067  AMERICAN DELI	770-509-3800	Deli/American	20	•		•	•			s
2100 Roswell Road, Marietta 30062  ARBY'S	www.iloveamericandeli.com 770-973-0642	Fast Food	100	•			•			s
2626 Sandy Plains Road, Marietta 30066  ARBY'S	www.arbys.com 770-971-5048	Fast Food	106	•			•			s
4367 Roswell Road, Marietta 30062  ARBY'S	770-565-9283	Fast Food	100	•			•			s
2161 Roswell Road NE, Marietta 30062  ASAHI JAPANESE STEAK & SUSHI	www.arbys.com 678-560-0015									
2960 Shallowford Road, Marietta 30066  ASPENS SIGNATURE STEAKS	www.asahirestaurant.us 678-236-1400	Japanese	110	-		_		_		\$\$\$
2942 Shallowford Road, Marietta 30066	www.sedgwickrestaurantgroup.com	Steakhouse	80	•		•	•	•		\$\$\$
AURELIO'S, THE FAMILY PIZZERIA 1255 Johnson Ferry Road, Marietta 30068	770-578-6606 www.aureliospizza.com	Pizza	92	•	•					\$
BAGELICIOUS 1255 Johnson Ferry Road, Marietta 30068	770-509-9505	Deli	88	•		•	•			\$
BAKED 1111 Johnson Ferry Road, Ste 150, Marietta 30068	770-612-2533 www.bakeithappen.com	Prepared Foods	30	•	•	•				\$
BALDINO'S GIANT JERSEY SUBS 80 Powers Ferry Road, Marietta 30067	770-321-1177 www.baldinosofatlanta.com	Sandwiches	80	•		•	•			\$
BAMBOO CHINA THAI BISTRO 4400 Roswell Road, Marietta 30062	770-509-2588 www.bamboochinabistro.com	Thai Chinese	120	•	•		•	•		\$\$
BARISTAS 4932 Lower Roswell Road, Marietta 30068	404-375-8043 www.mybaristas.com	Coffee Shop	0	•						\$
BARKER'S RED HOTS 3000 Windy Hill Road, Marietta 30067	770-272-0407 www.barkersredhots.com	American	50	•		•	•			\$
BASIL'S WRAPS 2800 Canton Road, Marietta 30066	770-514-9990 www.basilwrapsmediterraneancuisine.com	Mediterranean	35	•		•				\$
BAY BREEZE SEAFOOD RESTAURANT 2418 Canton Road, Marietta 30066	770-485-9916 www.baybreezemarietta.com	Seafood	300	•			•	•		ss
BIG JOY FRESH GRILL BAR 2852 Delk Road, Marietta 30067	770-693-1907 www.bigjoymenu.com	Korean	25	•	•	•				\$
BISCUITS & MORE 3162 Johnson Ferry Road, Suite 450, Marietta 30062	770-993-8453	American	70	•				-		\$
BLIMPIE 1809 Canton Highway, #400 Marietta 30066	770-424-1124 www.blimpie.com	Sandwiches	37	•		•	•			\$
BONEHEADS 2022 Powers Ferry Road, Atlanta 30339	678-742-1000 www.eatboneheads.com	Seafood/Chicken	98	•		•	•			\$\$
BOSTON MARKET 2014 Powers Ferry Road, Atlanta 30339	770-988-9020 www.bostonmarket.com	American	70	•		•	•			s
BOSTON MARKET 3606 Sandy Plains Road, Marietta 30066	770-509-0009 www.bostonmarket.com	American	50	•		•	•			\$
BRAT SO STOP 4796 Canton Road, Ste. 400, Marietta 30066	678-540-6662 www.bratsostop.com	European	32	•		•	•			\$
BREWSTERS NEIGHBORHOOD GRILLE 3595 Canton Road, Marietta 30066	770-591-1291 www.brewstersgrille.com	American	20	•		•	•		•	\$
BRIXX PIZZA The Avenue at East Cobb 4475 Roswell Road, Marietta 30062	678-903-4410 www.brixxpizza.com	Italian	140	•		•	•			ss

Based on a typical dinner for two: Inexpensive: Under \$25 = \$ • Moderate: \$26-\$45 = \$ • High Moderate: \$46-\$70 = \$





# The More, The Merrier

Planning a social gathering that requires an excellent meal, seamless service and an elegant setting? With fresh ocean fare, Prime steaks and a well-appointed wine cellar, we can ensure an unforgettable time will be had by all. Please call or visit chequersseafood.com for details about our private dining accommodations.

#### WINE ROOM

Seats up to 20 guests

#### WILLIAM ALLEN ROOM

Seats up to 60 guests

Lunch + dinner packages available



1401 Johnson Ferry Rd | Marietta 770.977.9324 | chequersseafood.com

#### EAST COBBER DINING GUIDE

RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING CAPACITY	TAKEOUT	DELIVERY	CATERING	KIDS	PARTY ROOM	LIVE	PRICE
BRUSTER'S ICE CREAM 3735 Trickum Road, Marietta 30066	770-516-7722 www.brusters.com	Ice Cream	30	•		•	•			\$
BUBBA D'S DAWGS 2520 E Piedmont Road, Marietta 30062	678-653-2410 bubbadsdawgs.com	American	32	•		•	•			\$
BUDDHA'S DELIGHT CHINESE & THAI RESTAURANT 2731-A Sandy Plains Road, Marietta 30066	770-565-1995 www.buddhasdelightmarietta.com	Chinese/Thai	100	•	•		•			\$\$
BURGER KING 2716 Sandy Plains Road, Marietta 30066	770-977-4074 www.bk.com	Fast Food	75	•			•			\$
CAFÉ 33 2520 East Piedmont Road, Suite 106, Marietta 30066	770-977-6915 www.cafethirtythree.com	American	25	•		•	•			\$\$
CAFÉ LIFE AT LIFE GROCERY 1453 Roswell Road, Marietta 30062	770-977-9583 www.lifegrocery.com	Vegetarian/ Vegan	40	•		•			•	\$
CALIFORNIA PIZZA KITCHEN 4250 Roswell Road, Marietta 30062	770-971-7950 www.cpk.com	Pizza	125	•		•	•			\$\$
CAPOZZI'S NY DELI 4283 Roswell Road, Marietta 30062	678-560-1717 www.capozzisnydeli.com	Deli	28	•	•	•	•			\$
CAPOZZI'S PIZZA 4285 Roswell Road, Marietta 30062	770-321-5550 www.capozzispizza.com	Italian & Pizza	52	•		•	•			\$\$
CAPOZZI'S PIZZA 2960 Shallowford Road #101, Marietta 30066	770-321-1969 www.capozzissandyplains.com	Italian	45	•	•	•				\$\$
CAPTAIN D'S SEAFOOD 2811 Canton Road, Marietta 30066	770-422-1694 www.captainds.com	Fast Food	60	•			•			\$
CASPIAN GRILL 3120 Johnson Ferry Road, Marietta 30062	770-993-3009 www.caspiangrillrestaurant.com	Mediterranean	75	•		•	•			\$\$
CAZADORES MEXICAN RESTAURANT 2731 Sandy Plains Road, Marietta 30066	770-578-0710 www.cazadoresrestaurant.com	Mexican	50	•			•	•		\$\$
CAZADORES MEXICAN RESTAURANT 3165 Johnson Ferry Road, Marietta 30062	770-641-8625 www.cazadoresrestaurant.com	Mexican	115	•			•	•		\$\$
CHEEKY MEXICAN TAQUERIA 4475 Roswell Road #1510, Marietta 30062	404-801-3616 www.eatatcheeky.com	Mexican	200	•		•	•		•	\$
CHEQUERS SEAFOOD & STEAK 1401 Johnson Ferry Road, Marietta 30062	770-977-9324 www.chequersseafood.com	Seafood	150+	•		•	•	•		\$\$\$
CHEROKEE CATTLE CO. RESTAURANT 2710 Canton Road, Marietta 30066	770-427-0490 www.cherokeecattlecompany.com	Steakhouse	227	•		•	•	•		\$\$
CHICAGO'S STEAK & SEAFOOD 4401 Shallowford Road, Roswell 30075	770-993-7464 www.chicagosrestaurant.com	American	150	•			•	•	•	sss
CHICK-FIL-A - EASTLAKE 2105 Roswell Road, Marietta 30062	770-977-3355 www.chick-fil-a.com	Fast Food	115	•		•	•			\$
CHICK-FIL-A - SPRAYBERRY SQUARE 2530 Sandy Plains Road NE, Marietta 30066	770-977-2455 www.chick-fil-a.com	Fast Food	105	•		•	•			\$
CHICK-FIL-A - WOODLAWN 1201 Johnson Ferry Road, Marietta 30068	770-565-4653 www.chick-fil-a.com	Fast Food	115	•		•	•			\$
CHILI'S 4111 Roswell Road, Marietta 30062	770-973-9419 www.chilis.com	Southwestern	260	•			•			\$\$
CHIN CHIN 617 Johnson Ferry Road, Marietta 30068	678-560-5550 www.eastcobbchinchin.com	Chinese	120	•	•	•	•			\$\$
CHINA DOLL 1230 Powers Ferry Road SE, Marietta 30067	770-955-6544 www.chinadollmarietta.com	Chinese	100	•	•	•	•	•		\$\$
CHINA DYNASTY 3605 Sandy Plains Road, Ste. 1, Marietta 30066	770-578-9668	Chinese	80	•	•	•	•			\$
CHINA GREAT WALL 1860 Sandy Plains Road, Marietta 30066	770-578-1488 www.chinagreatwallmarietta.com	Chinese	20	•	•		•			\$\$
CHINA HOUSE 1050 E. Piedmont Road, Marietta 30062	770-579-6623 www.chinahousemarietta.com	Chinese	15	•	•					\$
CHIPOTLE'S MEXICAN GRILL 1281 Johnson Ferry Road, Ste. 104, Marietta 30068	678-279-1604 www.chipotle.com	Mexican	40	•			•			\$
CHINA WOK 2555 Delk Road Ste. A11, Marietta 30067	770-984-0599 www.chinawokmariettaga.com	Chinese	30	•	•					\$

Based on a typical dinner for two: Inexpensive: Under \$25 = \$ • Moderate: \$26-\$45 = \$\$ • High Moderate: \$46-\$70 = \$\$\$

www.eastcobber.com











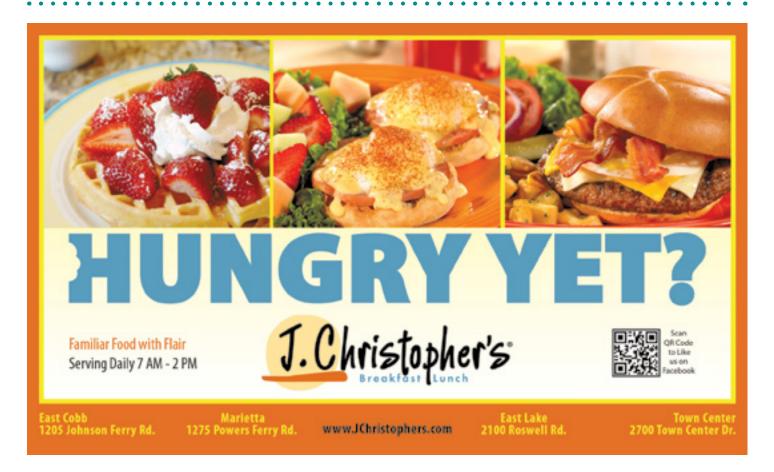
#### EAST COBBER DINING GUIDE

			SEATING CAPACITY	TAKEOUT	DELIVERY	CATERING	KIDS	PARTY	LIVE	PRICE
RESTAURANT	PHONE/WEBSITE	CUISINE	SS	E		8				
CHOI'S AMERICAN WINGS 2555 Delk Road, Marietta 30067	770-818-0026	American	30	•		•	•			\$
CHICKEN SALAD CHICK 4101 Roswell Road, Ste. 811, Marietta 30062	770-565-3985 www.chickensaladchick.com	American	150	•		•				\$
COLD STONE CREAMERY 640 Johnson Ferry Road, Marietta 30068	678-236-2653 www.coldstonecreamery.com	Ice Cream	15	•			•			\$
COMMON QUARTER 1205 Johnson Ferry Road, Marietta 30068	678-809-4040 www.commonquarter.com	American/ Southern	150	•		•	•	•	•	sss
COPA CABANA CAFE 1401 Johnson Ferry Road, Suite 128, Marietta 30062	678-383-6668 copacabanacafe.net	Cuban	50	•			•		•	\$\$
CORNER PIZZA 4651 Woodstock Road, Suite 305, Roswell 30075	770-518-1701 www.cornerpizza-atl.com	Pizza	80	•	•	•	•			\$
COSMOPOLITAN 2745 Delk Road, Marietta 30067	770-485-8069 www.cosmomarietta.com	American	300	•			•	•	•	\$\$
CREPE CAFÉ 4375 Roswell Road, Marietta 30062	770-971-0077 www.crepecafeatlanta.com	French	40	•			•			\$
CUE'S BILLIARDS 3372 Canton Road Ste. 140, Marietta 30066	770-425-1101 www.cuesbilliards.com	American	20	•					•	\$
DAIRY QUEEN 1779 Canton Road, Marietta 30066	770-427-0036 www.dairyqueen.com	Fast Food	75	•			•			\$
DARWIN'S BURGERS AND BLUES 1598 Roswell Road, Marietta 30062	770-509-2664 www.darwinsburgers.com	American	72	•					•	\$
<b>DEL TACO</b> 4269 Roswell Road, Marietta 30062	770-977-6793 www.deltaco.com	Mexican	70	•			•			\$
<b>DELKWOOD GRILL</b> 2769 Delk Road, Marietta 30067	770-956-1313 www.delkwood,com	American	200	•		•	•	•	•	\$\$
DOC GREEN'S GOURMET SALADS & GRILL 2022 Powers Ferry Road, Suite 130, Atlanta 30339	770-953-3473 www.docgreens.com	Salads /Sandwiches	80	•	•	•	•			\$
DOMINO'S PIZZA 2323 Shallowford Road, Marietta 30066	770-928-2299 www.dominos.com	Pizza	0	•	•					\$
DOMINO'S PIZZA 3545 Canton Road, Marietta 30066	770-926-0080 www.dominos.com	Pizza	0	•	•					\$
DOMINO'S PIZZA 1230 Powers Ferry Road, Marietta 30067	770-955-5585 www.dominos.com	Pizza	0	•	•					\$
DOMINO'S PIZZA 3162 Johnson Ferry Road, Marietta 30062	770-641-7020 www.dominos.com	Pizza	0	•	•					\$
<b>DUNKIN' DONUTS</b> 611 Johnson Ferry Road, Marietta 30068	770-971-1710 www.dunkindonuts.com	Donuts	25	•						\$
DUNKIN' DONUTS/BASKIN ROBBINS 2885 Canton Highway, Marietta 30066	770-422-3375 www.dunkindonuts.com	Donuts/Ice Cream	16	•						\$
<b>DUNKIN' DONUTS</b> 980 E. Piedmont Road, Marietta 30062	770-971-8360 www.dunkindonuts.com	Donuts	40	•						\$
DUNKIN' DONUTS 2022 Powers Ferry Road, Atlanta 30339	770-859-2954 www.dunkindonuts.com	Donuts	25	•						\$
EDIBLE ARRANGEMENTS 4880 Lower Roswell Road, Marietta 30068	770-579-7081 www.ediblearrangements.com	Fresh Fruits	0		•					\$\$
EGE SUSHI & JAPANESE CUISINE 2100 Roswell Road, Marietta 30062	770-977-7690 www.ege-sushi.com	Japanese	32	•						\$\$
EINSTEIN BROS. BAGELS 1275 Johnson Ferry Road, Marietta 30068	770-321-6060 www.einsteinbros.com	Deli	50	•		•	•			\$\$
EL TACO AZTECA 1050 East Piedmont Road, Marietta GA 30062	678-275-2349	Mexican	50	•		•	•			s
EL RODEO MEXICAN RESTAURANT 2719 Canton Road, Marietta 30066	770-429-1072 www.rodeomexicanrestaurant.com	Mexican	125	•		•	•	•		\$\$
EUROPEAN DELI 3101 Roswell Road, Ste. 112, Marietta 30062	770-693-9409	European	14	•		•				\$
FAT LADY BAKER 2995 Johnson Ferry Road, Marietta 30062	770-587-3005 www.fatladybaker.com	Prepared Foods	0	•	•	•				\$
FERDY'S ICE CREAM 4796 Canton Road Ste. 200, Marietta 30066	678-809-4294 www.ferdysicecream.com	Ice Cream	8	•			:			\$
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Based on a typical dinner for two: Inexpensive: Under \$25 = \$ • Moderate: \$26-\$45 = \$\$ • High Moderate: \$46-\$70 = \$\$\$



RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING	TAKEOUT	DELIVERY	CATERING	KIDS	PARTY ROOM	LIVE	PRICE
FIREHOUSE SUBS 1100 Johnson Ferry Road, Marietta 30068	770-565-5952 www.firehousesubs.com	Subs	52	•		•	•			\$\$
FIREHOUSE SUBS 2900 Delk Road, Marietta 30068	770-690-8105 www.firehousesubs.com	Subs	52	•		•	•			\$\$
FRANKIE'S ITALIAN RESTAURANT 3085 Canton Road, Marietta 30066	770-419-8931 www.frankiesitalian.webs.com	Italian	100	•		•	•			\$\$
FRANKIE'S ITALIAN RESTAURANT 3125 Roswell Road, Marietta 30062	770-578-6608 www.frankiesonroswell.com	Italian	160	•	•	•	•	•	•	\$\$
FUDDRUCKERS 3000 Windy Hill Road, Marietta 30067	770-980-9863 www.fuddruckers.com	Hamburgers	236	•		•	•	•		\$\$
FUJI HANA 1255 Johnson Ferry Road, Marietta 30068	678-560-8071 www.fujihanaeastcobb.com	Japanese	150	•			•	•		\$\$
G.C. BBQ 4401 Shallowford Road Ste.161, Roswell 30075	770-587-4227 www.gcbbq.net	BBQ	42	•	•	•				\$
G'ANGELO'S PIZZA 3205 Canton Road, Marietta 30066	770-424-1800 www.gangelospizza.com	Italian	12	•	•					\$
GEORGE'S DELI 3000 Windy Hill Road, Marietta 30067	770-956-7545 www.georgesdeli-marietta.com	American	50	•	•	•				\$
GIGA-BITES CAFÉ 1851 Roswell Road, Marietta 30062	770-578-1497 www.giga-bitescafe.com	Café	50	•				•		\$
GIGI'S CUPCAKES 1281 Johnson Ferry Road, Suite 116, Marietta 30068	770-578-2582 www.gigiscupcakesUSA.com	Cupcakes	21	•		•				\$
GOLDBERG'S BAGEL COMPANY & DELI 1062 Johnson Ferry Road, Marietta 30068	770-578-3771 www.goldbergbagel.com	Deli	100	•		•	•			\$



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RESTAURANT	PHONE/WEBSITE	CUISINE	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Ŀ		٥				
GREAT WALL 1275 Powers Ferry Road, Marietta 30067	770-953-6392 www.greatwallmarietta.com	Chinese	230	•	•	•	•			\$\$
HARDEE'S 2520 Delk Road, Marietta 30067	770-951-2102 www.hardees.com	Fast Food	60	•			•			\$
HEIRLOOM MARKET BBQ 2243 Akers Mill Road Ste. 110, Atlanta 30339	770-850-1008 www.heirloommarketbbq.com	BBQ	20	•		•				\$
<b>HEYWOOD'S MEAT HAUS</b> 2145 Roswell Road, Ste. 140, Marietta 30062	404-410-7997 www.heywoodsmeat.com	Butcher Shop	0	•						NA
HIGHLANDS SPORTS BAR & GRILL 2940 Johnson Ferry Road, Marietta 30062	770-643-0138	American	163	•			•		•	\$
HOBOKEN BREAD & BAGEL CO. 1033 Sandy Plains Road, Marietta 30066	770-419-8292 www.hobokenbreadandbagel.com	Sandwiches	25	•		•	•			s
HONG KONG STAR CHINESE CUISINE 4719 Lower Roswell Road, #110, Marietta 30068	770-509-2129 www.hongkongstarmenu.com	Chinese	110	•	•	•	•			\$
HONEYBAKED HAM 4101 Roswell Road, Marietta 30062	770-578-8008 www.honeybaked.com	Sandwiches	45	•	•	•	•			\$
HOOF & ALE 2100 Roswell Road Ste. 2198, Marietta 30062	678-224-8844 www.eatathoof.com	Gastropub	50	•			•			\$
HOUSE OF MING 3101 Roswell Road, Marietta 30062	770-977-7538	Chinese	86	•		•				\$\$
IHOP 3130 Johnson Ferry Road, Marietta 30062	770-640-1731 www.ihop.com	American	190	•			•	•		\$
<mark>J. CHRISTOPHER'S</mark> 1205 Johnson Ferry Road, Marietta 30068	770-579-6800 www.jchristophers.com	Breakfast & Brunch	100+	•		•	•	•		\$
J. CHRISTOPHER'S 1275 Powers Ferry Road, Suite 110-120, Marietta 30067	770-953-0002 www.jchristophers.com	Breakfast & Brunch	133	•		•	•	•		\$
<mark>J. CHRISTOPHER'S</mark> 2100 Roswell Road, Marietta 30062	770-627-2499 www.jchristophers.com	Breakfast & Brunch	100+	•		•	•	•		\$
<mark>J. CHRISTOPHER'S</mark> 2700 Town Center Drive, Kennesaw 30144	678-213-2400 www.jchristophers.com	Breakfast & Brunch	100+	•		•	•	•		\$
<mark>JERSEY MIKE'S</mark> 2014 Powers Ferry Road, Atlanta 30339	678-279-9990 www.jerseymikes.com	Sandwiches	25	•		•	•			\$
JERSEY MIKE'S 4400 Roswell Road, Marietta 30062	770-321-3998 www.jerseymikes.com	Sandwiches	25	•		•	•			\$
JERSEY MIKE'S 2960 Shallowford Road, Marietta 30066	770-578-3973 www.jerseymikes.com	Sandwiches	25	•		•	•			\$
JERSEYS SPORTS BAR & GRILLE 2550 Sandy Plains Road, Marietta 30066	678-909-3612	American	120	•			•		•	\$\$
<mark>JET'S PIZZA</mark> 2900 Delk Road, Mariettal 30067	770-952-1711 www.jetspizza.com	Pizza	0	•	•	•				\$
JET'S PIZZA 4401 Shallowford Road, Ste. 102, Roswell 30075	770-649-9950 www.jetspizza.com	Pizza	0	•	•	•				\$
JET'S PIZZA 3101 Roswell Road, Marietta 30062	770-509-5774 www.jetspizza.com	Pizza	0	•	•	•				\$
JIMMY JOHN'S 1337 Powers Ferry Road, Marietta 30067	678-324-3630 www.jimmyjohns.com	Sandwiches	20	•	•	•				\$
JIMMY MAC'S PUB 3205 Canton Road, Marietta 30066	770-794-9700	American	148	•					•	s
JOHN BOY'S HOME COOKING 3050 Canton Road, Marietta 30066	770-422-6747	American	150	•		•	•			s
<b>JOHNNY'S NEW YORK STYLE PIZZA</b> 4880 Lower Roswell Road, Marietta 30068	678-560-2228 www.jnysp.com	Pizza	150	•	•	•	•			\$
JOHNNY'S NEW YORK STYLE PIZZA & SUBS 2970 Canton Road, Marietta 30066	678-797-0505 www.johnnyspizza.com	Pizza	77	•		•	•			\$
KEEGAN'S PUBLIC HOUSE 4401 Shallowford Road, Roswell 30075	770-640-1100 www.keegansirishpub.net	Irish	211	•		•	•	•	•	\$
KENTUCKY FRIED CHICKEN	770-427-6866 www.kfc.com	Fast Food	40	•			•			\$
3012 Canton Road, Marietta 30066										



. RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING	TAKEOUT	DELIVERY	CATERING	KIDS	PARTY	LIVE	PRICE
KOUZINA CHRISTOS 1453 Terrell Mill Road, Marietta 30067	770-952-1965 www.kouzinachristos.com	Greek/Pizza	140	•	•	•	•		•	\$
KRYSTAL 2929 Canton Road, Marietta 30066	770-424-7908 www.krystal.com	Fast Food	140	•			•			\$
LA MADELEINE 4101 Roswell Road, Marietta 30062	770-579-3040 www.lamadeleine.com	French	200	•		•	•			\$\$
LA STRADA 2930 Johnson Ferry Road, Marietta 30062	770-640-7008 www.lastradainc.com	Italian	85	•		•	•	•		\$\$
LABELLA'S PIZZERIA 2635 Sandy Plains Road, Marietta 30066	770-973-0052 www.labellaspizzeria.net	Pizza	20	•		•				\$
LAREDOS MEXICAN BAR & GRILL 1860 Sandy Plains Road, Marietta 30066	678-453-3663 www.laredosmexicangrill.com	Mexican	160	•		•	•	•	-	\$
LEMON GRASS 2145 Roswell Road, Marietta 30062	770-973-7478 www.lemongrassmarietta.com	Thai	290	•						\$\$
LITTLE CAESARS 2856 Delk Road, Marietta 30067	770-984-9400 www.littlecaesars.com	Pizza	0	•						\$
LITTLE CAESARS 2200 Roswell Road, Marietta 30062	770-971-5210 www.littlecaesars.com	Pizza	0	•						\$
LITTLE CAESARS 2520 Shallowford Road, Ste. A, Marietta 30066	770-591-3319 www.littlecaesars.com	Pizza	0	•						\$
LONGHORN STEAKHOUSE 4721 Lower Roswell Road, Marietta 30068	770-977-3045 www.longhornsteakhouse.com	Steakhouse	200	•			•			\$\$
LOS ARCOS MEXICAN CANTINA 3101 Roswell Road, Marietta 30062	678-560-8222 www.losarcoshome.com	Mexican	120	•		•	•	•		\$



			SEATING	OUT	DELIVERY	CATERING	KIDS	PARTY ROOM	LIVE	PRICE
RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING	TAKEOUT	DELIN	CATE	Z W	AR 08	ME	R
LOS BRAVOS 1360 Powers Ferry Road, Marietta 30067	770-916-1776 www.losbravosmexicanrestaurant.net	Mexican	150	•		•	•			\$\$
LUCIA'S RESTAURANT 4705 Woodstock Road, Roswell 30075	678-646-1000 www.lucias.org	Italian	102	•		•	•	•		\$\$
MANHATTAN PIZZA & WINGS 279 Powers Ferry Road, Suite B, Marietta 30062	678-909-2097	Pizza	50	•	•	•				\$
MARIETTA FISH MARKET 3185 Canton Road, Marietta 30066	770-218-3474 www.mariettafishmarket.net	Seafood	500	•		•	•	•		ss
MARCO'S PIZZA 2424 Roswell Road, Marietta 30068	770-694-6400 www.marcos.com	Pizza	24	•	•	•				\$
MARLOW'S TAVERN 1311 Johnson Ferry Road, Ste. 208, Marietta 30068	770-977-7747 www.marlowstavern.com	American	285	•		•	•			\$\$
MAZZY'S SPORTS BAR & GRILL 2217 Roswell Road, Marietta 30062	678-213-1688 www.mazzys.com	American	330	•		•		•	•	\$\$
MCDONALD'S 1305 Powers Ferry Road, Marietta 30067	770-951-2383 www.mcdonalds.com	Fast Food	60	•			•			\$
MCDONALD'S 2782 Sandy Plains Road, Marietta 30066	770-579-7074 www.mcdonalds.com	Fast Food	75	•			•			\$
MCDONALD'S 3010 Canton Road, Marietta 30066	770-428-1982 www.mcdonalds.com	Fast Food	70	•			•			\$
MCDONALD'S 3011 Johnson Ferry Road, Marietta 30062	770-998-3774 www.mcdonalds.com	Fast Food	139	•			•			\$
MCDONALD'S 3101 Roswell Road, Marietta 30062	770-565-8663 www.mcdonalds.com	Fast Food	85	•			•			\$
MCDONALD'S 4819 Lower Roswell Road, Marietta 30068	770-973-1125 www.mcdonalds.com	Fast Food	125	•			•			\$
MEDITERRANEAN GRILL 1255 Johnson Ferry Road, Marietta 30068	678-996-0045 www.mediterraneangrill.com	Mediterranean	26	•	•	•	•	•		\$
MELLOW MUSHROOM 2421 Shallowford Road, Marietta 30066	770-516-1500 www.mellowmushroom.com	Pizza	60	•		•	•			\$
MELLOW MUSHROOM 2000 Powers Ferry Road, Suite G3, Marietta 30067	770-933-8584 www.mellowmushroom.com	Pizza	190	•		•	•	•		\$
MELODY LANE 3920 Canton Road, Marietta 30066	770-516-4181 www.eatatmelodylanemed.com	Mediterranean	60	•		•	•			\$
MENCHIE'S FROZEN YOGURT 4475 Roswell Road, Ste. #205, Marietta 30062	770-973-9009 www.menchies.com	Frozen Yogurt	65	•		•		•		\$
THE MILL KITCHEN & BAR 590 Mimosa Boulevard, Roswell 30075	770-817-9345 www.themillkitchenandbar.com	Modern Southern Comfort	150+	•		•	•	•	•	\$\$
MINAS GRILL 2555 Delk Road Ste. B4, Marietta 30067	770-818-9900 www.minas-grill.com	Brazilian	70	•		•				\$
MIRKO PASTA 1281 Johnson Ferry Road, Marietta 30068	770-977-3030 www.mirkopasta.com	Italian	103	•		•	•			\$\$
MOE'S SOUTHWEST GRILL 2022 Powers Ferry Road, Atlanta 30339	770-956-0018 www.moescaters.com	Southwestern	105	•		•	•			\$
MOE'S SOUTHWEST GRILL 4401 Shallowford Road, Roswell 30075	770-645-5535 www.moescaters.com	Southwestern	80	•		•	•			\$
MOE'S SOUTHWEST GRILL 688 Johnson Ferry Road, Marietta 30068	678-560-4666 www.moescaters.com	Southwestern	105	•		•	•			\$
MONTANA'S BAR AND GRILL 2995 Johnson Ferry Road, Marietta 30062	770-998-1314 www.montanasmarietta.com	American	177	•				•	•	\$
MOXIE BURGER 255 Village Parkway NE, Suite 120, Marieta 30067	770-627-3201 moxieburger.net	American	25	•			•			\$
MR. WONTON CHINESE RESTAURANT 3595 Canton Road, Marietta 30066	770-591-4288 www.mrwontonmarietta.com	Chinese	0	•						\$
MY FRIEND'S PLACE 1205 Johnson Ferry Road, Marietta 30068	770-971-0124 www.myfriendsplacedeli.com	Deli	50	•		•	•			\$
NEW LUCKY CHINA CHINESE RESTAURANT 2960 Shallowford Road, Marietta 30066	770-565-9666 www.newluckychina.com	Chinese	80	•				•		\$\$
NIECY'S CAFE 4665 Lower Roswell Road, Marietta 30068	770-726-0720 www.niecyscafe.com	Gourmet American	70	•		•				sss
	<u>i</u>	4	4	<u> </u>	<u> </u>	£	<u> </u>			



RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING	TAKEOUT	DELIVERY	CATERING	KIDS	PARTY ROOM	LIVE	PRICE
O'CHARLEY'S 3550 Sandy Plains Road, Marietta 30066	770-579-2690 www.ocharleys.com	American	206	•			•			\$\$
PANDA EXPRESS 4275 Roswell Road, Marietta 30062	770-509-6708 www.pandaexpress.com	Fast Food	100	•		•	•			\$
PANERA BREAD 4475 Roswell Road, Marietta 30062	770-565-5338 www.panerabread.com	Sandwiches	190	•		•	•			\$
PAPA JOHN'S PIZZA 1325 Powers Ferry Road, Marietta 30067	770-984-8282 www.papajohns.com	Pizza	0	•	•	•				\$
PAPA JOHN'S PIZZA 3154 Johnson Ferry Road, Marietta 30062	770-587-9072 www.papajohns.com	Pizza	8	•	•	•				\$
PAPA JOHN'S PIZZA 4811 Lower Roswell Road, Marietta 30068	770-971-4111 www.papajohns.com	Pizza	0	•	•	•				\$
PAPA JOHN'S PIZZA 1860 Sandy Plains Road, Marietta 30062	770-565-3599 www.papajohns.com	Pizza	4	•	•	•				\$
PAPER MILL GRILL 255 Village Parkway, Suite 310 Marietta 30067	678-809-5586 www.papermillgrill.com	Modern American	218	•		•	•	•		\$\$\$
PAPPADEAUX SEAFOOD KITCHEN 2830 Windy Hill Road, Marietta 30067	770-984-8899 www.pappadeaux.com	Cajun	350	•			•	•	•	\$\$
PAPPASITO'S CANTINA 2788 Windy Hill Road, Marietta 30067	770-541-6100 www.pappasitos.com	Tex-Mex	428	•			•	•	•	\$\$
PARADISE GRILLE 3605 Sandy Plains Road, Marietta 30066	770-579-6226 www.paradisegrille.net	American	100	•		•	•	•		\$\$
PARADISE SOUTH OF THE BORDER 3605 Sandy Plains Road, Marietta 30066	770-790-5475 www.paradisegrille.net	Mexican	100	•		•	•	•	•	\$\$

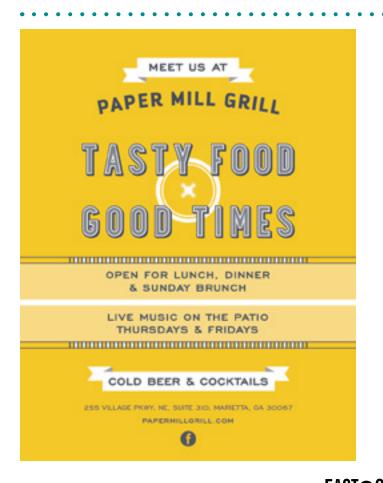


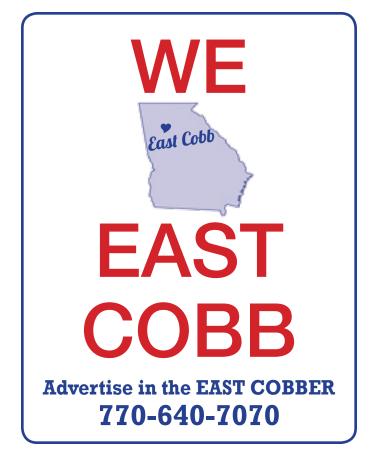


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RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING CAPACITY	TAKEOUT	DELIVERY	CATERING	KIDS	PARTY ROOM	LIVE MUSIC	PRICE
PEACE LOVE AND PIZZA 1050 E. Piedmont Road, Marietta 30062	770-321-0757 www.peaceloveandpizza.com	Pizza	50	•	•	•				\$
PIZZA HUT 1386 Roswell Road, Marietta 30062	770-509-5858 www.pizzahut.com	Pizza	0	•	•	•	•			\$
PIZZA HUT 1480 East Terrell Mill Road, Marietta 30067	770-953-8900 www.pizzahut.com	Pizza	0	•	•	•	•			\$
PIZZA HUT 2565 East Piedmont Road, Marietta 30062	770-578-4200 www.pizzahut.com	Pizza	50	•	•	•	•	-		\$
THE PLACE BAR AND GRILL 700 Sandy Plains Road, Marietta 30066	770-427-9060 www.theplacebargrill.com	American	200	•		•			•	\$\$
PLANET SMOOTHIE 2014 Powers Ferry Road, Marietta 30339	770-859-0080 www.planetsmoothie.com	Smoothies	0	•						\$
RAY'S DONUTS 4805 Canton Road, Marietta 30066	770-485-2448	Donuts	16	•						\$
RED CURRY THAI 4724 Lower Roswell Road, Marietta 30068	770-977-4111	Thai	38	•	•	•				\$
RED ELEPHANT THAI CUISINE 3000 Windy Hill Road, Marietta 30067	770-980-1890 www.thairedelephant.com	Thai/Chinese	50	•	•					\$
RED SKY TAPAS AND BAR 1255 Johnson Ferry Road Ste. 16, Marietta 30068	770-973-0100 www.redskytapas.com	Tapas	185	•		•	•	•	•	\$\$
REEL 8670 Main Street Historic Woodstock, Woodstock 30188	770-627-3006 www.Reel-Seafood.net	Seafood, Steak Chicken & Pasta	160	•		•	•	•	•	\$\$
REVEILLE 2960 Shallowford Road, Marietta 30066	770-971-6800 www.reveillecafe.com	American	25	•		•	•			s
RIB RANCH 2063 Canton Road, Marietta 30066	770-422-7746 www.theribranch.com	BBQ	235	•		•	•	•		\$\$
RIGHTEOUS QUE 1050 East Piedmont Road, Marietta 30062	678-221-4783 www.righteousque.blogspot.com	BBQ	20	•		•	•			\$
RIO DE JANEIRO 1260 Powers Ferry Road, Marietta 30067	770-952-9556 www.riodejaneirobuffet.com	Brazilian	50	•		•		•		\$
ROBEKS 4244 Roswell Road, Marietta 30062	770-565-1932 www.robeks.com	Smoothies	12	•			•			\$
ROCCO'S PUB 1477 Roswell Road, Marietta 30062	770-971-8806 www.roccoschili.com	American	95	•			•	•	•	s
RONNIE JOHN'S 1951 Canton Road, Marietta 30066	770-356-5251 www.ronniejohnsbeachcafe.com	Fusion Beach Cuisine	35	•		•	•			s
ROSA'S PIZZA 3605 Sandy Plains Road, Marietta 30066	770-321-7855	Italian	86	•		•	•			ş
ROSE & CROWN TAVERN 1931 Powers Ferry Road, Atlanta 30339	770-933-5595 www.roseandcrowntavern.com	American/ English	165	•		•	•	•	•	s
SAKURA SUSHI 4880 Lower Roswell Road, Marietta 30068	770-565-6369 www.sakurasushi.org	Japanese	49	•			•	•		\$\$
SAM'S BBQ-1 4494 Lower Roswell Road, Marietta 30068	770-977-3005 www.bbq1.net	BBQ	15	•		•	•			\$
SAPORITO'S 2201 Roswell Road, Marietta 30062	770-509-7794 www.sapsga.com	Pizza	40	•	•		•			\$
SCHLOTZSKY'S 3000 Windy Hill Road, Marietta 30067	770-953-8400 www.schlotzskys.com	Sandwiches	50	•	•	•	•			\$
SEED KITCHEN & BAR 1311 Johnson Ferry Road, #504, Marietta 30068	678-214-6888 www.eatatseed.com	Modern American	115				•			\$\$
SHANGRILA 3545 Canton Road, Ste. 102, Marietta 30066	678-388-7878 www.123easydine.com	Chinese/Thai	16	•	•					s
SMOOTHIE KING 1271 Johnson Ferry Road, Marietta 30068	770-973-0001 www.smoothieking.com	Smoothies	8	•		•	•			s
SMOOTHIE KING 2022 Powers Ferry Road, Atlanta 30339	770-612-2919 www.smoothieking.com	Smoothies	0	•		•	•			\$
SMOOTHIE KING 2525 Shallowford Road, Marietta 30066	678-445-1287 www.smoothieking.com	Smoothies	20	•		•	•			\$
SPRAYBERRY DELI & TREATS 2595 Sandy Plains Road, Suite 4, Marietta 30066	770-973-4979 www.sprayberrydelintreats.com	American	42	•	•	•	•			\$
	<u> </u>	k	*	k	· k	k	<b></b>	<b></b>	k	<b></b>



RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING CAPACITY	TAKEOUT	DELIVERY	CATERING	KIDS	PARTY ROOM	LIVE MUSIC	PRICE
STARBUCKS COFFEE - SANDY PLAINS PUBLIX STORE 3605 Sandy Plains Road, Marietta 30066	770-565-0608 www.starbucks.com	Coffee Shop	18	•						s
STARBUCKS COFFEE - KROGER PARKAIRE 4880 Lower Roswell Road, Marietta 30068	770-971-8801 www.starbucks.com	Coffee Shop	20	•						\$
STARBUCKS COFFEE 1207 Johnson Ferry Road, Marietta 30068	770-578-8009 www.starbucks.com	Coffee Shop	20	•						\$
STARBUCKS COFFEE 1453 Terrell Mill Road, Marietta 30067	770-850-9807 www.starbucks.com	Coffee Shop	20	•						\$
STARBUCKS COFFEE 31 Johnson Ferry Road, Marietta 30067	770-226-0087 www.starbucks.com	Coffee Shop	20	•						s
STEM WINE BAR 1311 Johnson Ferry Road, Marietta 30068	678-214-6888 www.stemwinebar.com	European	40							\$\$
SUBURBAN TAP 1318 Johnson Ferry Road, Marietta 30068	770-977-4467 www.suburbantap.com	American	200	•			•		•	ss
SUBWAY 1295 Powers Ferry Road, Marietta 30067	770-956-9509 www.subway.com	Sandwiches	25	•		•	•			\$
SUBWAY 2200 Roswell Road, Marietta 30062	770-578-1818 www.subway.com	Sandwiches	42	•		•	•			\$
SUBWAY 2520 E. Piedmont Road, Marietta 30062	770-977-6801 www.subway.com	Sandwiches	30	•		•	•			\$
SUBWAY 2525 Shallowford Road, Marietta 30066	770-592-4188 www.subway.com	Sandwiches	46	•		•	•			\$
SUBWAY 2610 Delk Road, Marietta 30067	770-953-2965 www.subway.com	Sandwiches	20	•		•	•			\$





RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING CAPACITY	TAKEOUT	DELIVERY	CATERING	KIDS	PARTY ROOM	LIVE	PRICE
SUBWAY 2872 Canton Road, Marietta 30066	770-421-9441 www.subway.com	Sandwiches	56	•		•	•			\$
SUBWAY 3000 Windy Hill Road, Marietta 30067	770-818-0444 www.subway.com	Sandwiches	20	•		•	•			\$
SUBWAY 3165 Johnson Ferry Road, Marietta 30062	770-993-5208 www.subway.com	Sandwiches	25	•		•	•			\$
SUBWAY 4101 Roswell Road, Marietta 30062	770-578-4457 www.subway.com	Sandwiches	32	•		•	•			\$
SUBWAY 4880 Lower Roswell Road, Marietta 30067	770-971-4182 www.subway.com	Sandwiches	30	•		•	•			\$
TACO BELL 2169 Roswell Road, Marietta 30062	770-565-2051 www.tacobell.com	Fast Food	60	•						\$
TACO BELL 2943 Canton Road, Marietta 30066	770-792-4444 www.tacobell.com	Fast Food	62	•						\$
TACO BELL 2971 Shallowford Road, Marietta 30066	770-578-9432 www.tacobell.com	Fast Food	70	•						\$
TACO BELL 4880 Lower Roswell Road, Marietta 30068	770-971-5347 www.tacobell.com	Fast Food	99	•						\$
TANDOOR RESTAURANT 279 Powers Ferry Road SE, Ste. F, Marietta 30067	678-560-2038 www,tandooratlanta.com	Indian/Pakistani	32	•		•				\$\$
TASSA ROTI SHOP 224 Powers Ferry Road, Marietta 30067	770-977-3163 www.tassarotishop.com	Caribbean	50	•		•				\$
TAVERN 45 (Inside Brunswick Bowling Center) 2749 Delk Road, Marietta 30067	770-988-8813 www.brunswicks.com	American	60	•						\$\$
TAVERN 120 1440 Roswell Road, Marietta 30062	770-509-3320 www.120tavern.com	American	200	•				•	•	\$\$
TAVOLA ITALIAN KITCHEN & BAR 4179 Lower Roswell Road, Marietta 30068	770-575-3001	Italian	150	•			•		•	\$\$
TED'S MONTANA GRILL 640 Johnson Ferry Road, Marietta 30068	770-578-8337 www.tedsmontanagrill.com	Steakhouse	149	•			•			\$\$
THREE COLOR ASIAN KITCHEN 2060 Lower Roswell Road, Marietta 30068	770-977-1688 www,asiankitchenmarietta.com	Chinese	40	•	•					\$\$
THREE DOLLAR CAFE 3000 Windy Hill Ste. 132, Marietta 30067	678-214-6729 wwww.threedollarcafe.com	American	170	•		•	•	•		\$
TIJUANA JOE'S MEXICAN CANTINA 690 Johnson Ferry Road, Marietta 30068	770-321-1233 www.tijuanajoes.com	Mexican	146	•		•	•	•	•	\$
TIKIZ SHAVED ICE AND ICE CREAM 4401 Baker Grove Road, Acworth 30101	762-448-9699 www.tikiz2u.com/cobbcounty	Dessert	0	•	•	•	•			\$
TOFU VILLAGE KOREAN BBQ RESTAURANT 700 Sandy Plains Road, Marietta 30066	770-426-7757 www.koreanbbqatl.com	Korean	60	•				•		\$\$
TOKYO JAPANESE SEAFOOD STEAKHOUSE 3920 Canton Road, Ste. 250, Marietta 30066	770-928-9386 www.tokyosteakseafood.com	Steakhouse	80	•		•	•	•		\$\$

Based on a typical dinner for two: Inexpensive: Under \$25 = \$ • Moderate: \$26-\$45 = \$\$ • High Moderate: \$46-\$70 = \$\$\$



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**True Healthy Mediterranean Dishes Hand Stacked Spit Lamb** & Pork Gyros

Lunch: \$5 OFF \$25 and up

Dinner: \$10 OFF \$50 and up







RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING	TAKEOUT	DELIVERY	CATERING	KIDS	PARTY ROOM	LIVE	PRICE
UNCLE MADDIO'S PIZZA JOINT 4101 Roswell Road, Marietta 30062	678-324-3590 www.unclemaddios.com	Pizza	130	•		•	•			ss
UNCLE VITO'S NEW YORK PIZZA 3000 Windy Hill Road, Marietta 30067	770-850-8486 www.unclevitosnypizza.com	Pizza	52	•	•	•				\$
VALENTI'S FAMILY DINING 302 Village Parkway NE, Marietta 30067	770-951-1394 www.valentidining.com	Italian	50	•			•		•	\$\$
VATICA 1475 Terrell Mill Road, Marietta 30067	770-955-3740 www.vaticaivc.com	Indian	34	•		•				\$\$
VESPUCCI'S 4805 Canton Road, Marietta 30066	770-928-1212 www.vespuccispizza.com	Italian	60	•		•	•		•	\$\$
WAFFLE HOUSE 550 N. Greenbriar Parkway, Marietta 30062	770-977-4516 www.wafflehouse.com	American	50	•			•			\$
WAFFLE HOUSE 1811 Williams Drive, Marietta 30066	770-428-2234 www.wafflehouse.com	American	41	•			•			\$
WAFFLE HOUSE 2805 Delk Road SE, Marietta 30067	770-933-9349 www.wafflehouse.com	American	41	•			•			\$
WAFFLE HOUSE 621 Johnson Ferry Road, Marietta 30068	770-973-3426 www.wafflehouse.com	American	50	•			•			\$
<b>WENDY'S</b> 1043 Sandy Plains Road, Marietta 30066	770-424-2145 www.wendys.com	Fast Food	70	•			•			\$
WENDY'S 2961 Shallowford Road, Marietta 30062	770-973-1700 www.wendys.com	Fast Food	68	•			•			\$
<b>WENDY'S</b> 1123 Roswell Road, Marietta 30062	770-422-9661 www.wendys.com	Fast Food	65	•			•			\$
WENDY'S 2238 Roswell Road, Marietta 30062	770-971-7305 www.wendys.com	Fast Food	85	•			•			\$
WENDY'S 3035 Canton Highway, Marietta 30066	770-422-9022 www.wendys.com	Fast Food	125	•			•			\$
WHICH WICH 1401 Johnson Ferry Road, Marietta 30062	770-321-9424 www.whichwich.com	Sandwiches	60	•	•	•	•			\$
WILLIAMSON BROS. 1425 Roswell Road, Marietta 30062	770-971-3201 www.williamsonbros.com	BBQ	325	•	•	•	•	•		\$\$

Based on a typical dinner for two: Inexpensive: Under \$25 = \$ • Moderate: \$26-\$45 = \$\$ • High Moderate: \$46-\$70 = \$\$\$





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RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING	TAKEOUT	DELIVERY	CATERING	KIDS	PARTY ROOM	LIVE MUSIC	PRICE
WILLY'S MEXICANA GRILL 2900 Delk Road SE, Marietta 30067	770-690-0075 www.willys.com	Mexican	50	•		•	•			\$
WILLY'S MEXICANA GRILL 4250 Roswell Road, Marietta 30062	770-973-1726 www.willys.com	Mexican	93	•		•	•			\$
WINDY CITY GRILL 4017 Canton Road, Marietta 30066	678-401-7735 www.windycitygrill.org	American	46	•	•	•	•			\$
WINGS & BURGER HAVEN 2745 Sandy Plains Road, Marietta 30066	770-971-9915 www.wingsmarietta.com	American	100	•	•	•	•			\$
THE WING CAFE & TAP HOUSE 2145 Roswell Road, Suite 170, Marietta 30062	770-509-9464 www.thewingmarietta.com	American	300	•		•	•	•	•	\$\$
WING FACTORY 1475 Terrell Mill Road, Marietta 30067	770-955-9800 www.wingfactory.com	Wings	8	•	•	•				\$
WINSTON'S FOOD & SPIRITS 1860 Sandy Plains Road, Marietta 30066	678-560-1923 www.winstonsfoodandspirits.com	American	150	•			•			\$
WZ TAVERN EAST COBB 3052 Shallowford Road, Marietta 30062	770-977-3712 www.wztavern.com	American	204	•			•			\$\$
XENGO FUSION KITCHEN & SUSHI 3162 Johnson Ferry Road Ste. 420, Marietta 30062	770-993-8828 www.ilovexengo.com	Asian	150	•		•	•		•	\$\$
YOGLI MOGLI 1255 Johnson Ferry Road, #35, Marietta 30068	770-578-1802 www.yoglimogli.com	Frozen Yogurt	25	•				•		\$
ZAXBY'S 2080 Lower Roswell Road, Marietta 30062	770-977-4907 www.zaxbys.com	Fast Food	80	•		•	•			\$
ZAXBY'S 2576 Sandy Plains Road, NE, Marietta 30066	678-383-4600 www.zaxbys.com	Fast Food	80	•		•	•			\$
ZAXBY'S 3030 Johnson Ferry Road, Marietta 30062	770-642-9100 www.zaxbys.com	Fast Food	80	•		•	•			\$
ZAXBY'S 730 Johnson Ferry Road, Marietta 30068	678-560-8100 www.zaxbys.com	Fast Food	80	•		•	•			\$
ZEAL 1255 Johnson Ferry Road Ste. 42, Marietta 30062	678-401-7142 www.zealrestaurant.com	American	125	•			•	•	•	\$\$
ZÖE'S KITCHEN 4400 Roswell Road Ste. 157, Marietta 30062	770-509-5743 zoeskitchen.com	Mediterranean	127	•		•	•			\$

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#### SAFEPATH PRESENTS

#### ANNUAL GOOD EATIN' GREAT CAUSE

On Thursday, August 13, SafePath Children's Advocacy presents their annual fundraiser, Culinary Tour & Competition: Good Eatin' Great Cause. From 6-10pm at the Cobb Galleria Center, event attendees will enjoy culinary treats featuring signature appetizers, entrees, desserts and drinks from

entrees, desserts and drinks from
the event's restaurant participants: Canoe, Capers,
Chicken and the Egg, Figo Pasta, Seed—and more! The
public is invited to join host, Chef Ryan McKay, two-time
winner of the Good Eatin' Great Cause competition
and a contestant on NBC'S Food Fighters (which will air
July 30th). In addition, local celebrity chefs will serve
as mentors in a team cook-off competition between
Cobb County Police Department, Sherriff's Office, Fire
Department, and Marietta Fire Department. Be a part

of an entertaining and energetic event with incredible food, great company, and an amazing "cooking-



related" auction. The funds raised at Good Eatin' Great Cause will help SafePath provide information, resources, and programs to help abused children throughout Cobb County. Tickets are \$75.

SafePath Children's Advocacy Center has been changing the lives of abused children for over 20 years.

Located off of Whitlock Avenue in Marietta, SafePath provides intervention services including trauma-focused, cognitive behavioral therapy to any child in Cobb County that has experienced abuse. SafePath also offers ongoing therapy to the children and their non-offending parents/caregivers, so that they can heal from the terrible trauma they have experienced. All of SafePath's services are provided at no cost. For more information about SafePath and/or to buy tickets for the Culinary Tour & Competition: Good Eatin' Great Cause, visit: www.safepath.org or call 770-801-3465.



#### LOCAL CONSIGNMENT SALES RECYCLE BY RESELLING

Are you a bargain hunter when it comes to your kids' wardrobe or toys? Consignment sales offer everything from strollers, bouncy seats, cribs, any kind of toy you can think of, to diaper bags, bedding, infants' and kids' clothes, and maternity clothes. You can also find winter coats, boots, and Halloween costumes. Shoppers can find a wide variety of children's items that are usually screened for quality, all under one roof. We've scouted and scoured our sources to provide EAST COBBER readers a list of upcoming local consignment sales.

#### **August 19-20**

Divine Children's Show Boutique Overstock and

Consignment Sale. Preview show Tuesday, August 18 at 8pm, for volunteers, consignors, and new moms. New moms need to register online for Tuesday preview show. Wednesday: 9:30am-9pm. Thursday: 9:30am-2pm. The Mansour Center, 995 Roswell Street, Marietta. More info: divineconsignshowatlanta@yahoo.com or www.dcskids.com

#### August 20-22

Lil' Lambs Closet. Thursday: \$5 Public preview: 6-8pm. Friday: 9am-7pm. Saturday: 9am-1pm. Many items half off on Saturday. Proceeds go to the Good Samaritan Fund, Children's Ministry, and Weekday Ministry. First United Methodist Church of Marietta, 56 Whitlock Avenue, Marietta. Childcare available with reservations. More info: 770-429-7800 ext. 7805 or www.lil-lambs.org

#### **August 20-22**

Mt. Bethel UMC Fall/Winter Consignment Sale. Preview Shopping for volunteers and first time moms Thursday, Aug. 20. Friday: 9am-7pm. No children allowed on the sales floor until 12pm. Saturday: 9am-12pm. Mt. Bethel United Methodist Church, 4385 Lower Roswell Road, Marietta. More info: MBCCSale@gmail.com or www.mtbethelccs.com

#### **August 21-22**

All 4 Kid/East Cobb. Friday: 9:30am (or 8:30am w/\$5 Cash for Missions) -8pm. No strollers prior to 11 am. Saturday: 9am-1pm. Accepting Cash, Debit (\$1 fee), MasterCard and Visa (\$2 fee). No checks. Mt. Paran North Church of God, 1700 Allgood Road, Marietta. More info: www.all4kids.com

#### **August 21-22**

The Blessing Line Kids Consignment Sale. Fall/Winter clothing in first class condition. Childrens clothing, shoes, toys, bikes, DVDs, tapes, books, and much more. Friday, August 21: 9am-6pm. Saturday, August 22: 9am-12pm. First Baptist Church Woodstock, B building, 11905 Highway 92, Woodstock. More info: 770-591-2509 or www.blessingline.com.

#### **August 21-22**

**Tots to Tweens Consignment Sale.** Multiple Club & those with a Friends and Family Pass Friday: 6pm. Saturday: 8am. Open to public: Saturday: 9am-2pm. Sandy Plains Baptist Church, 2825 Sandy Plains Road, Marietta/East Cobb. More info: sale@NOWAMOM.org or www.NOWAMOM.org.



#### **August 27-29**

**Due West Treasure Chest Children's/Junior's Consignment Sale.** Thursday: 9:30am-7pm. Friday: 9:30am-6pm. Saturday: 8am-12pm. Many items half price on Saturday. Due West United Methodist Church, 3956 Due West Road, Marietta. More info: 770-427-3835 or www.duewest.org/pages/Community/Consignment\_Sale

#### **August 28-29**

#### **Everything for Children ALL-IN-ONE Consignment Sale!**

Winter, spring, and summer items in this unique all-in-one sale! Gently used baby and children's items including toys, children's books, games, puzzles, and DVD's. Saint Andrew United Methodist Church, 3455 Canton Rd, Marietta 30066. No fees, complimentary childcare for volunteers, and we test everything for lead. Come sell and shop at our friendly sale. More info: 770-926-3488 or www.ThePumpkinChurch.org.

#### **August 28-29**

East Cobb's Finest Kids' Consignment Sale. Thursday (volunteers only): 5-7pm. Friday: 9am-4pm. Saturday: 9am-12pm. Everything 30% off on Saturday. The Episcopal Church of St. Peter-Paul, 1795 Johnson Ferry Road, Marietta. More info: 770-977-7473 or www.peterandpaul.org/childrens-consignment-sales

#### **August 30-September 3**

Rhea Lana's Premier Children's Consignment Event. Shop all your children's needs in one spot. Admission is always free. Sunday: 12-7pm. Monday: 10am-8pm. Tuesday: 10am-4pm. Wednesday: 10am-8pm (half price day). Thursday: 10am-4pm (half price day). Sprayberry Square Shopping Center, 2550 Sandy Plains Road Marietta. More info 404-889-4173 or cobbcounty.rhealana.com.

#### September 11-12

Roswell United Methodist Church Preschool and Kindergarten (RUMCK) Children's Consignment Sale. Friday: 9am-2pm. Saturday: 8am-12pm. Roswell United Methodist Church, 814 Mimosa Boulevard, Building B., Roswell. More info: 770-853-2333 or www.rumc.com/connect/children/rumck/rumck-consignment-sale

#### September 18-19

KinderMart Children's Consignment Sale. Friday: 9:30am-8pm. No strollers before 11am. Saturday: 9am-12pm. Many items ½ price on Saturday. Benefits Smyrna FUMC Preschool/Kindergarten. Smyrna First United Methodist Church, 1315 Concord Road, Smyrna. More info: www.kindermartsale.com

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## **Kids Consignment Sale**

The Episcopal Church of St. Peter and St. Paul

## Register!

Consign your gently children's fall/winter clothing (Size 0-14), toys, baby equipment and furniture. Friday, August 28 9 am – 4 pm

Saturday, August 29 9 am – noon

1795 Johnson Ferry Road Marietta, GA 30062

- MAXIMUM 300 items
- · Sellers receive 70% of the selling price
- · ALL items reduced 30% on Saturday
- · Shop pre-sale by volunteering!
- \$5,00 administration fee

#### Registration Now Open

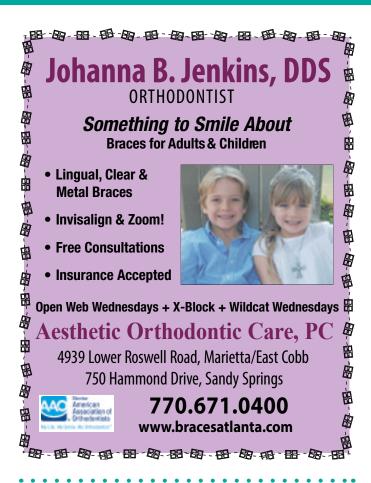
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Next Issue: September • Deadline: August 15
Call East Cobber: 770-640-7070





#### **ACUPUNCTURIST**

#### **Acupuncture and Wellness Center**

Dr. Li Hua Shu, TCMD – Licensed Acupuncturist 3535 Roswell Road, Suite 37 • Marietta 30062 678-560-7978 • www.drshutcm.com

Mon-Fri: 9am-6pm; Sat: 9am-4pm

25 years experience in traditional Chinese medicine treating pain management, respiratory system, emotional/mental health, nervous system, digestive system, smoking/weight loss, wrinkle reduction, high blood pressure, and much more.

#### **BEAUTY/MAKE-UP**

#### Glow Beauty Bar - Atlanta

2470 Windy Hill Road, Suite 440, Marietta 30067 770-257-7062 - www.GlowBeautyBarAtl.com

Tues: 2pm to 7pm; Wed and Thurs: 10am to 8pm

Fri & Sat: 10am to 5pm

One convenient location offering essential beauty services for busy women, at affordable prices, and delivered in a fun and luxurious atmosphere. Custom blended airbrush tans, eyelash extensions, permanent cosmetics, and LED Teeth Whitening will allow you to look gorgeous effortlessly. Wake up ready to go with sun-kissed tanned skin, perfectly applied makeup up, a dazzling white smile, and eyes that look like you've already put on mascara for the next six weeks. Indulge in a visit with us soon!

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#### **DENTISTS**

#### 1st Choice Dental

670 Johnson Ferry Road • Marietta 30068 678-905-3066 • www.1stchoicemarietta.com

Mon-Fri: 8am-6pm

Offering complete dental care for the entire family including cosmetic and emergency services. You'll receive quality dentistry, at affordable prices, in a state of the art facility, from a caring and knowledgeable staff.

#### Cobb Smiles Dental

2480 Windy Hill Road SE, Suite 405 • Marietta 30067 770-952-0136 • www.cobbsmiles.com

Mon-Fri: 8am-5pm

A general and cosmetic dental office catering toward quality and comfortable Dentistry. They are a conservative, low volume office where we will not try to sell you unnecessary treatment, or treat you like a number. Check out our great reviews online and give us a try!

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404-596-5727 • www.papermilldental.com

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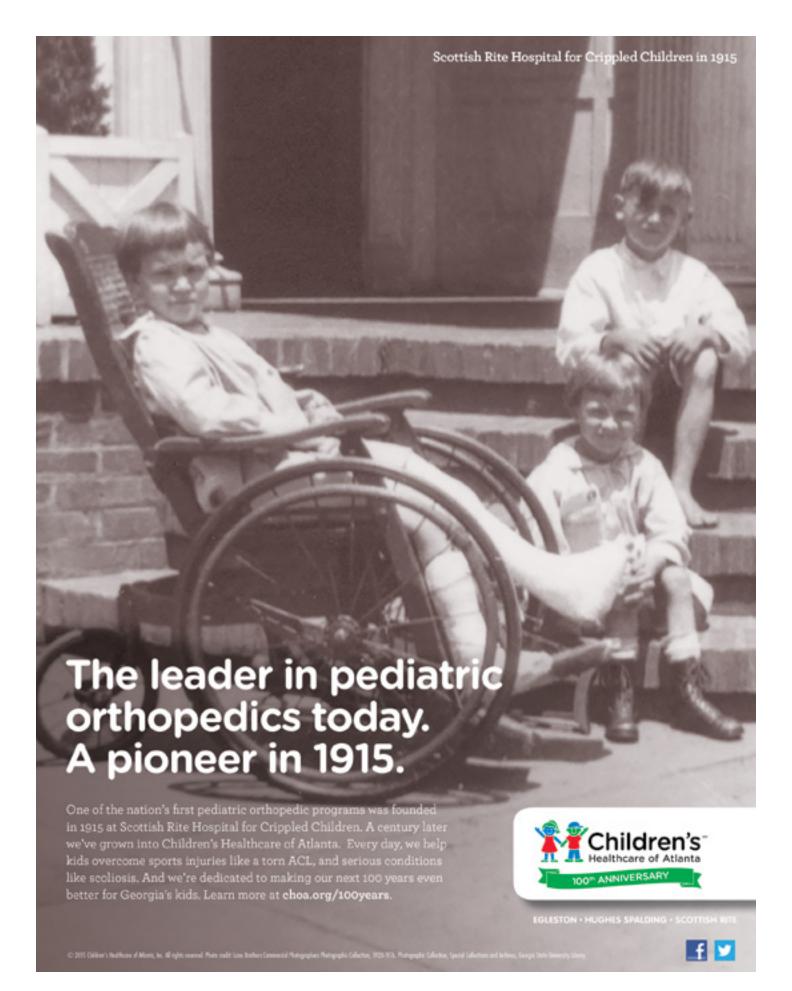
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#### HEALTH & WELLNESS

#### **FITNESS CENTERS**

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3822 Roswell Road NE, Ste. 114 • Marietta 30062 770-605-8788 • www.getinshapeforwomen.com Monday-Thursday 6am-12pm; 4pm-8pm

Friday 6am-12pm; Saturday 8am-12pm; Sunday Closed A complete body transformation program including four components: strength training, interval cardio, nutrition, and accountability. Members work with a personal trainer (1 trainer, up to 4 women) and nutrition coach to reach their goals. Our experienced and educated team (Nationally Certified Personal Trainers & four year degree or higher) is equipped to handle all fitness levels.

#### **Iron Tribe Fitness**

4719 Lower Roswell Road, Suite 140A • Marietta 30068
770-971-7797 • www.irontribefitness.com • 5:30am-7:30pm
More than a workout, get fit in a group. Our members don't have to be here, they want to be here! Fast-designed for busy people. Get in, get fit, and get it done in about 45 minutes. Fitness, lose weight, gain strength, sleep better, enjoy more energy, and experience a total life change

#### **Women's Premier Fitness**

4961 Lower Roswell Road • Marietta 30068
770-565-5450 • www.womenspremierfitness.com
Hours: Mon-Thurs: 5:30am-9pm, Fri: 5:30am-8pm, Sun: 9am-2pm
East Cobb's only full-service fitness club and spa for women
only. We feature over 60 group fitness classes per week as
well as Barre, TRX and personal training. Free child care.

#### HAIR SALON

#### Patrick Carmen NR.9 Salon

2520 East Piedmont Road, Suite K • Marietta 30066 678-427-8000 • Tues- Sat. \$35 Cut and Style for new clients.

#### **HAND SPECIALIST**

#### **Atlanta Hand Specialist**

3775 Roswell Rd, Ste 250 • Marietta 30062 770-333-7888 • www.AtlantaHandSpecialist.com Mon-Fri: 8am-4:30pm

Atlanta Hand Specialist (AHS) is committed to providing the highest standard of care for patients with hand conditions. AHS will identify and treat these conditions in all age groups, coordinates a multidisciplinary approach for treatment, and facilitates a rapid recovery to a normal, productive lifestyle.





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#### East Cobb

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#### HEALTH & WELLNESS

#### **HEALTH**

#### Marietta Healthcare

2551 Roswell Road, Suite 410 • Marietta 30062 770-565-2882 • www.cobbwellnesscenters.com Mon-Fri: 9am-5pm

Marietta Healthcare has been in business for over 15 years, offering Chiropractic, Medical and Massage. Call to schedule a discounted \$39.00 Chiropractic Exam, A sports physical, a B12 shot, or a discounted package of an exam and first Chiropractic Adjustment for \$59.00.

#### **HEALTH AND WELLNESS**

#### **Cobb Wellness and Aesthetics**

1905 Woodstock Road Suite 6150 • Roswell 30075

770-649-0094 • www.cwaesthetics.com Mon-Thurs: 9am-4pm; Fri: 9am-1pm

The office offers health, wellness and anti-aging solutions including hormone balancing, weight loss, nutritional testing and nonsurgical aesthetics. The doctor offers programs that help you get healthy, gain energy and look great.

#### Massage Heights

1100 Johnson Ferry Road, Suite 345 • Marietta 30068 404-341-7614 • www.massageheights.com/eastcobb Mon-Fri: 9am-9pm; Sat: 9am-7pm; Sun: 10am-6pm Membership based day spa offering custom facials and massages provided by licensed therapists.

#### **HEALTH FOOD STORE**

#### Life Grocery

1453 Roswell Road • Marietta 30062 770-977-9583 • www.lifegrocery.com Life Grocery and Café features a healthy selection of organic produce, nutritious foods, extensive supplements serving those with health challenges and dietary needs.

#### **NUTRITION**

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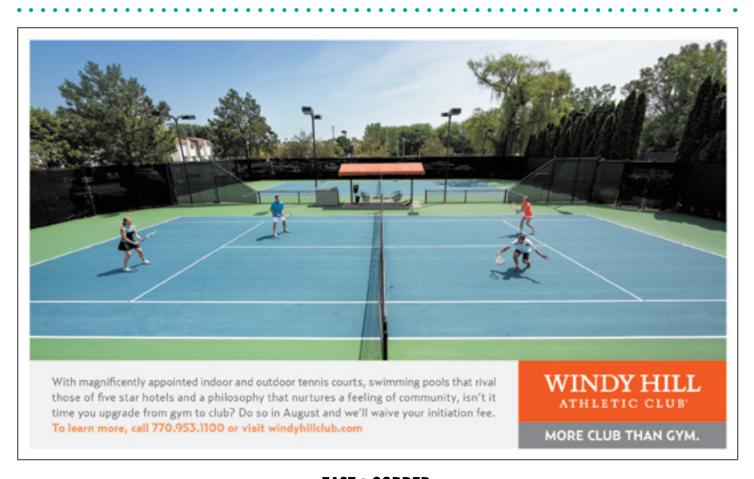
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#### HEALTH & WELLNESS

# FIRST ANNUAL LASSITER COLOR RUN TO BENEFIT LASSITER CROSS COUNTRY



Join East Cobb family and friends for the first annual Lassiter Color Run to be held Saturday, August 22 at 10am at Lassiter High School's Frank Fillmann Stadium. The 2-mile, untimed run will wind its way around the Lassiter campus through several multi-colored powder stations, followed by food, games and fun.

Registration is \$18 and includes a race T-shirt. Run-day registration is \$20. Not interested in running? No problem. Enjoy inflatables, food, face painting and fun with a \$5 wristband.

The run will benefit Lassiter Cross Country and Helping Hand Foundation, a new, East Cobb non-profit organization, founded by Melisa White, a Lassiter High School mom and family therapist, whose mission is to improve the lives of local families by providing support through financial assistance, resource networking, fundraising events and volunteer leadership.

"All sports programs engage in some sort of fundraising to meet the needs of the team and its members," Lassiter Cross Country Coach Scott Freed said. "This idea came from a group of Lassiter runners. Rather than having the kids go door to door selling something, we thought we would make a fun day for the community and partner with a great new charity that we believe in."



▲ Scott Freed, Head Cross Country Coach, Lassiter High School and Melisa White, Founder, Helping Hand Foundation.

One of the things Freed wants to do is set up an injury prevention fund that would help students defray the cost of preventive care that often is not paid for by insurance. He said these costs over time can range from several hundred to several thousand dollars.

White and the Helping Hand Foundation are planning additional fundraisers to raise money to help local families deal with crisis and financial challenges. Said White: "This event is about community partnership and having fun while lending a helping hand."

For more information about race registration, visit tinyurl.com/okn4gwa.

For information on sponsorship, please contact Melisa White at melwhite04@live.com, or Coach Freed at Scott.Freed@cobbk12.org. •

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## **RED CROSS** CALLS FOR **BLOOD DONORS**

The American Red Cross urges individuals to donate blood as soon as possible. The current blood supply has dropped critically low throughout the Southeast. Donors of all blood types are welcome, but there is an urgent need for type O negative, B negative and A negative blood donors.

During the holiday season, blood shortages often occur because individual donations decrease, along with the number of organizations that are able to sponsor blood drives. Eligible blood donors must be at least 17 years of age, weigh at least 110 pounds and be in general good health. Donors with type O (positive and negative), B negative and A negative blood should consider an automated red cell donation, a process in which only red cells are donated.

For more information or to schedule an appointment to donate, call 1-800-RED-CROSS (1-800-733-2767) or visit redcrossblood.org.

The following are some of the blood drives being held around East Cobb County during the month of August and September.

>August 7 | 12-4pm Walmart Store 575 12182 Hwy 92 Woodstock 30188

>August 18 | 2-7pm Piedmont Church 570 Piedmont Road Marietta 30066

>August 19 | 10am-3pm 114 TownPark 114 Town Park Drive Suite 240 Kennesaw 30144

>August 25 | 3-7pm St. Catherine's Episcopal Church 571 Holt Road Marietta 30068 >August 30 | 8:30am-2:30pm Saint Andrew Catholic Church 675 Riverside Road Roswell 30075

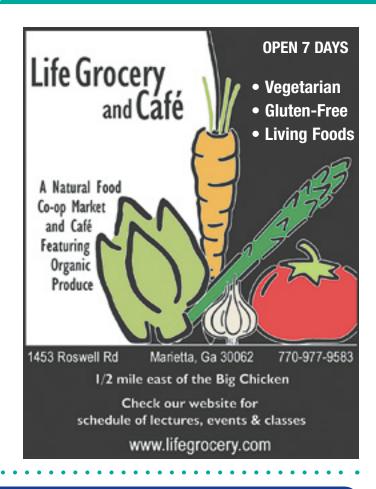
>August 31 | 3-8pm LA Fitness 1453 Terrell Mill Road Suite 145 Marietta 30067

>September 1 | 7am-4pm WellStar Kennestone Regional Medical Center 677 Church Street Marietta 30060

Additionally, the Red Cross has a Cobb Donor Center open every day. It is located in the East Lake Shopping Center, 2145 Roswell Road, Suite 250, Marietta 30062. Call 770-578-1977 to set up an appointment to donate.







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#### EAST COBB SENIOR CENTER ACTIVITIES SCHEDULED FOR AUGUST

All Cobb residents age 55+ are invited to participate in activities at various senior centers throughout Cobb. The following is a listing of activities scheduled at the East Cobb Senior Center located at 3332 Sandy Plains Road, Marietta 30066. Call the East Cobb Senior Center at 770-509-4900 for reservations and/or more details.

#### Ice Cream and a Movie: Great Gatsby

August 10 | 1pm

\$4 Cobb residents, \$5 Non-residents

The '20s never roared louder than in this romantic retelling of F. Scott Fitzgerald's Jazz Age classic. Robert Redford stars as Jay Gatsby, who had once loved beautiful, spoiled Daisy Buchanan (Mia Farrow), then lost her to a rich boy. But now Gatsby is mysteriously wealthy and ready to risk everything to woo Daisy back. Rated PG.

#### Keep Calm and Get Your Zentangle® On

August 10 | 5:30-7pm

Zentangle® increases focus and creativity and provides artistic satisfaction along with an increased sense of personal wellbeing. It provides a simplistic and lighthearted way to unwind from the stress of the day by drawing you away from agitation through subtle, calming and intricate strokes that lead to beautiful drawings. Come and learn how Zentangle® can help with relieving anxiety, stress, anger, while improving focus and concentration. Taught by Alyss Amster.

#### The Roaring 20s Meets Gatsby-20th Anniversary Party

August 14 | 11:30am-1pm

\$12 Cobb residents; \$15 Non-residents;

Tickets, two per guest.

Jay Gatsby or Daisy, gangsters or flappers, whoever you may be, come for lunch, dancing and door prizes. Take a walk down Memory Lane and check out pictures going back to the ground breaking. Sponsored by Heritage of Sandy Plains and Ameriprise Financial.

#### The Miracle of Immunizations

August 19 | 11am-12pm

Free; Registration required

What vaccines are available to protect adults and how do they work? Learn the basics about the most important shots like: flu, pneumonia, shingles, and other vaccines. Immunizations are one of the most effective means to reduce the risk of illness. The seminar will be presented by Ben Pearson from Walgreens.

#### **Protect Your Beautiful Smile**

August 20 | 10-11am

Free; Registration required

Oral health is very important, not to just have a healthy smile, but to avoid the uncomfortable side effects that accompany gum disease. Poor oral health has been

linked to serious diseases, including: diabetes, dementia, stroke, heart disease and rheumatoid arthritis. The seminar is presented by Barbara Melich, retired dental hygienist.

#### **Power of Juices & Smoothies**

August 24 | 5:30-6:30pm

Free; Registration required

Be smooth and cool this summer! Discover the power of juices and smoothies and learn how different combinations of ingredients can help with the digestive and immune system, improve your health and stay young. Presented by Richard Dumont.

#### **Beginning Zentangle®**

August 24 | 5:30-7pm

Zentangle® is an easy to learn method of creating beautiful images from repetitive patterns. It is fun, relaxing, and anyone can use it to create beautiful pieces of art! It is enjoyed by a wide range of ages and skill levels across the world. During this introductory course, learn basic tangles and complete at least one project in a fun, relaxed atmosphere. Taught by Alyss Amster

#### Cake Bake-Off

August 31 | 5:30 – 7om

Cobb residents entry fee \$3; Non-resident entry fee \$4;

Sampling fee: \$2

First Annual East Cobb Senior Center Cake Bake-off. All master bakers need to prepare their blue ribbon cakes to be judged and sampled by all. Bake or eat, come join the fun! Prizes will be awarded.

#### Mayfield Dairy and Chateau Élan

September 15 (Registration deadline: August 14) | 8:30am – 5pm (Check-in 8am)

\$79 Senior Citizen Council Members; \$84 Non-members. Payment due at time of registration. Deadline: August 14. Price includes luxury motor coach transportation, tickets, lunch and driver's tip. No refunds unless the trip is cancelled. Start this trip eating ice cream for breakfast with a tour of Mayfield Dairy. Then the group will travel from the dairy to the Chateau Élan winery for lunch, to dine in the Versailles Room. After lunch there will be a tour of the winery.



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### MILLIE ROGERS LEAVES HER MARK ON COBB COUNTY

By Carmen C. Abernathy



▲ Millie Rogers

"Millie Rogers is the velvet glove on the iron hand," comments U.S. Senator Johnny Isakson in a video tribute at Rogers' recent retirement party held at Marriott Atlanta Northwest. "She has been the switching station of the Board of Commissioners for years in our county. Millie has made mad developers happy and has turned irate taxpayers into lov-

ing citizens. Cobb County has not had a greater public servant and citizen than Millie Rogers."

Although accurate, Senator Isakson's remarks can't begin to cover the full scope of Rogers' contributions to Cobb. For more than 30 years, she has invested her time and energy into our county and its growth. Whether it was organizing meetings for the Chairman of the Cobb County Board of Commissioners, being in charge of the Cobb County Republican Women's Club, or building Habitat for Humanity houses alongside other county employees, Millie has given her best to the community.

Originally from Delaware, Rogers moved to Cobb County with her husband, George, and their six-year-old daughter, Kristie, in 1979. Like many people during that time, the family was transferred to the area for her husband's job at IBM. Rogers immediately rolled up her sleeves and became active at Tritt Elementary where her daughter attended school, as well as in her church, First Baptist of Roswell.

Her first position in the Cobb County government was in the office of Eastern District Commissioners George Lankford and Barbara Williams in 1983. Over the years as an assistant to five district commissioners and two chairmen of the Cobb Board of Commissioners, she served in various roles and was appointed by the "who's who" in Georgia and Cobb politics. Some of these include: an appointment to the Cobb Recreation Commission by former Chairman Earl Smith; founder of what became the Keep Cobb Beautiful program along with an appointment

to the board of Keep Cobb Beautiful by Commissioner Stan Wise; an appointment to the Military Selection Academy Committee by former Congressman and U.S. House Senate Speaker Newt Gingrich; and an appointment to the Cobb/Douglas Regional Youth Detention Committee by former Chairman Bill Byrne. She served as campaign coordinator for two Cobb politicians, as well as worked on campaigns for Gingrich, Isakson, former Senator Paul Coverdell, and many others. When the husband of an assistant to the current Georgia Attorney General Sam Olens (formerly Cobb Chairman) became ill, Rogers was there to pitch in and make sure everything ran smoothly. She was assistant to Chairman Bill Byrne, and most recently, she was an assistant in Chairman Tim Lee's office for more than four years and assistant to Commissioner Lee for eight years.

In tandem with her government jobs, Rogers has been president of the Cobb County Republican Women's Club (CCRW), as well as president of the Georgia Federation of Republican Women (GFRW). She also held a board position on the National Federation of Republican Women (NFRW). She has served as a Membership Service Representative with the Cobb YMCA and worked as a member and vice president of the Cobb County Customer Service Council. Her civic contributions include distributing copies of U.S. Constitution to Cobb fifth graders, painting at Habitat for Humanity job sites with coworkers, supporting United Way in Cobb, and championing both Girls Scouts and Boy Scouts at the county level. Accolades include: a member of the Cobb Chamber Leadership in 1986, East Cobb Citizen of the Year Award in 1990, a member of the Honorary Commanders in 2003/2004, and the Trailblazer Award in 2015. An award that bears her name was created in 2010. The Millie Rogers Award was given to Rogers to honor her leadership, devotion, and dedication to the CCRW, GFRW, and the community. It has since been given to other women who demonstrate outstanding leadership skills.

So what drives Millie Rogers? "Working for the county has made me aware that we are responsible for the things that touch people's lives," says Rogers. "That could be the pot holes in their streets or zoning near their neighborhoods. I never forget who I work for – the Cobb taxpayers, the people who pay our salaries."

According to Rogers, one of her most significant

>>> continued on page 62 >>>

#### RETIREMENT RECEPTION FOR MILLIE ROGERS

On June 22, a who's who of Cobb County leaders and politicos gathered at the Marriott Northwest to celebrate the retirement of Cobb's civil servant, Millie Rogers. In addition to her 30+ years of public service, Millie has contributed significantly to the community through her involvement with numerous local nonprofit organizations. David Connell, President of the Cobb Chamber of Commerce, emceed a program of proclamations by Cobb County Government, Senator Johnny Isakson and Cobb County Republican Women's Club. @





and David Connell, CEO, Cobb Chamber of Commerce.







<<< continued from page 60 <<<

contributions during her career has been the Keep Cobb Beautiful program, which is still vibrant today. As the project team leader, she was responsible for fundraising and getting the program certified under the national Keep America Beautiful organization.

"I was definitely at the right place at the right time for the opportunities presented to me through the Cobb government, and I have been able to grow with the community," says Rogers. "It's been a pleasure to give to Cobb, but I have gotten so much more in return. We have a remarkable county in which to live with great people, recreation, and beauty. I have also developed great respect for our politicians who truly serve 24/7 to get the job done."

Although Rogers did have a retirement celebration, she is still active in the Cobb County government. She is currently working in a part-time capacity and aims to help out as long as she is needed. In her spare time, Millie can be found working out at the YMCA, volunteering at the Living Food Institute and the Cobb County Republican Party. Rogers also has plans to spend any extra time with the really important people in her life – her husband, George, and her daughter's family, which includes three grandchildren ages 8, 12, and 14.

#### TIME TO REGISTER FOR E.L.M.

Registration opens for Enrichment of Life Movement (ELM) Fall Session on August 1. Classes run September 15 through November 3. The registration deadline is August 29 and is open to residents of Cobb and surrounding counties.

ELM is proud to celebrate its 31st year of serving senior adults. ELM is a unique non-profit, nondenominational learning organization operated almost exclusively by Cobb County volunteers. It offers a full day of classes, a catered lunch, and scheduled lunchtime presentations for active adults age 50 and older. Classes meet on consecutive Tuesdays for 8 weeks and are held at the First United Methodist Church of Marietta (56 Whitlock Avenue) near the Marietta Square.

An array of over 60 classes will be offered from 9:30 AM to 3:00 PM. The Fall 2015 line-up includes: Beginning Spanish, Chess For Beginners, Fun With Music Appreciation, Tatting, and Yoga Stretch to name just a few. The registration fee is \$40 per session and students may take up to three classes. A hot lunch is available for \$7, but brown baggers are always welcome. Registration booklets are available at Cobb Senior Centers, Cobb Libraries, or online at www.elmcobb.org. For more info, call the ELM Office, 770-429-7850, Ext 7845 or email elmcobb@gmail.com.









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#### A.A./Al-Anon/Al-Anon

Beginners/Alateen. Every Monday.8pm. Covenant Presbyterian Church, 2881 Canton Road, Marietta. More info: 770-973-5347 or ipm105@comcast.net.

Adult Survivors of Child Sexual Abuse Support Group. First and 3rd Tuesday of each month. 7pm. Room 334, Johnson Ferry Church, 955 Johnson Ferry Road, Marietta. Men and women welcome. More info: 678-578-4888 or info@ voicetoday.org.

Al-Anon. For family and friends of alcoholics. Thursdays, 7:30-8:30pm, Johnson Ferry Baptist Church, Room 345, 955 Johnson Ferry Road, Marietta. More info: 770-587-0483.

Al-Anon Family Group. 7pm. Teens 13 and older welcome. Temple Kol Emeth, 1415 Old Canton Road, Marietta. More info: Paulette I 678-551-2433

#### Alzheimer's/Caregiver Support Group Meeting.

First Monday of each month at 10:30am. Open to family members who are assisting an aging loved one both inside and outside of the home. Free respite care is provided for your loved one while we meet. Aloha to Aging/Mt. Bethel Community Center, 4608 Lower Roswell Road, Marietta. More info or to RSVP: 678-439-1177.

Anxiety Anonymous for people who suffer from anxiety, meets the 3rd Thursday of the month. 6:30-7:30pm. Cobb County Government Center, 4400 Lower Roswell Road, Marietta. More info: 770-633-1023 or galinabannova@ amail.com

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- Atlanta's resource for help, support, and information about baby carriers of all kinds. Meets
- monthly. Meeting dates/time vary. More info: Jennifer Worrell, 770-516-4192 or
- jenniferworrell@bellsouth.net.
- Bereavement Support. First and 3rd Wednesday of the month. 5pm. Counseling Room in Parish Of-
- fice, St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6020.
- Cancer Support Group. Second and 4th Monday of the month. 7-8:30pm. Johnson
- Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.
- Career Transition. Third Monday of the month (March-October). Second Monday of the Month (November-February) 6:30pm: Personal
- resume reviewing, interviewing, networking, and career assessment help. First Presbyterian
- Church 189 Church Street Marietta, More info: Lee Pence, 770-428-9350, or Bob Sabin 770-795-9084, or visit www.fpcmarietta.org
- Caregiver Support Group. First Monday of the month. 6-7pm. Arbor Terrace, 886 Johnson Ferry Road, Marietta. More info: 770-977-4420 or
- ACaudell@arborcompany.com.
- Codependents Anonymous. Mondays & Thursdays. 7:30-8:45pm. Unity North Church,
- 4225 Sandy Plains Road, Marietta. More info:
- Depression/Bipolar Support Group. First and 3rd Thursday of the month, 7-8:30pm, Johnson Ferry
- Baptist Church, Room 339, 955 Johnson Ferry
- Road, Marietta. More info: 770-794-2978.

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- olic Church, Mary's Chapel, 4905 Roswell Road.
- Marietta. More info: 770-552-6400, ext. 6018.
- Divorce Support Group by Visions Anew for
- women who are contemplating or going through the divorce process. First Thursday & 3rd
- Wednesday of the month. 7-9pm. East Cobb
- Government Center, 4400 Lower Roswell Road, Marietta. More info: www.visionsanew.org.
- Divorce Support Group. Every Wednesday.
- 6:30pm. Mt. Bethel Church (Church Room B106),
- 4385 Lower Roswell Rd. Marietta. More info/to
- register: Judith Reichenbach, Licensed Counselor, 770-597-9882.
- Diabetes Support Group offered by WellStar Health System, Second Tuesday of the month.
- 6:30-8pm, McLaren Mill Office Park, 531 Rose
- Lane Street, Suite 100, Marietta. No registration required. More info: 770-793-7818.
- Domestic Violence Support Groups. Sessions in
- Enalish and Spanish, Wednesdays, 6:45-8:15pm. Childcare available for children 6 weeks to 12 years. Children over 12 may attend and learn childcare skills. More info: 770-427-3390.
- East Cobb Satellite of CHADD (Children & Adults w/Attention-Deficit/Hyperactivity Disorder)
- Parental Support Group, 2nd Tuesday of the
- month. 6:30-8:00 pm. Mt. Bethel United Methodist Church (Room B109) on Lower Roswell
- Road, Marietta. More info: Cappie Suttle,
- 404-368-9394, east-cobb@chadd.net, or
- www.chadd.net/300.
- Emotions Anonymous, a fellowship of people who come together to work toward recovery
- from emotional difficulties and discover a
- new way of life. Tuesdays & Fridays. 7pm. Roswell United Methodist Church, 614 Mimosa
- Boulevard, Counseling Building, Roswell. More info: 770-330-1991.
- Family and Friends of People Living with Mental
- Illness. 4th Tuesday, 7pm Meets at Lutheran Church of the Incarnation, 1200 Indian Hills
- Parkway, Marietta. More info: 770 778-6025.
- Families Anonymous (FA) for families who have loved ones struggling with addiction. Every
- Tuesday, 7:30-9pm, Mt. 7ion United Methodist
- Church Youth Center, 1770 Johnson Ferry Road,
- Marietta, More info: 770-971-1465.
- Families of Children Under Stress (FOCUS). To listen, inform and educate, and offer programs
- for the families and the child with special needs.
- Last Thursday of the month during school year. 10am, Chick-Fil-A, 1201 Johnson Ferry Road,
- Marietta. More info/to confirm meeting date:
- Angie, 770-234-9111,angie@focus-ga.org,or
- www.focus-aa.ora.
- Fractured Families for Parents Estranged from
- their Children, First and 3rd Monday, 7:30pm.
- Whole Foods, 1311 Johnson Ferry Road,
- Marietta. More info: Sandy 404-446-6093 or Judy
- Georgia Parkinson's Association. Parkinson's
- Support Group Meets the 3rd Saturday of each month 1pm. Northside Hospital Cherokee
- Education Building, 130-B Oakside Court,
- Canton. More info: James Trussell 706-413-3264
- or james@gaparkinsons.org
- Grandparents Raising Grandchildren Support
- Group. Second Tuesday each month. 7:15pm.
- Special guest speaker. Transfiguration Church,
- Room 102, 1815 Blackwell Road, Marietta. More

- Divorced/Separated Support Group. First and 3rd
   Grief Support Group for those who have had a fam-Tuesday of each month. 7:30pm. St. Ann's Cath- ily member, friend or other loved one pass away. First Thursday of each month. 7-9pm. Unity North
  - Atlanta Church, 4255 Sandy Plains Road, Marietta. More info: kathzkel@yahoo.com.
  - JACS (Jewish Alcoholics, Chemically Dependent and Significant Others). For Jewish members of 12 Step groups. 7-8pm, first and third Tuesdays
  - of every month except on Jewish holidays. Conareaation Ftz Chaim, 1190 Indian Hills Parkway.
  - Marietta, in the library. More info: 770-928-2523 or teshuva@aol.com.
  - Loneliness Bereavement Support Group, Every Wednesday except holidays, 11am, Heritage
  - Hospice, 3315 Hilltop Drive, Marietta. More info:
  - 770-423-5959. Marietta Moms. For all kinds of moms - new to the
  - area, looking for new friends, or just needing support. Daily events for babies, toddlers and older kids. More info: 770-956-0318 or 678-357-3661 or
  - www.mariettamoms.com
  - Mothers Circle Group. Are you a mother raising Jewish children but you are not Jewish? Free
  - education and support through a 16-week course. Groups are held in Marietta, Intown and North Fulton, More info: Suzette Cohen, suzette@the-
  - motherscircle.org or www.themotherscircle.org
  - Mothers of PreSchoolers(MOPS).
  - Wednesdays. 6:15-7:15pm. A place where moms can come to build friendships and
  - receive mothering support, practical help and
  - spiritual hope. Childcare provided. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road,
  - Marietta. More info: 770-971-1465 or
  - mtzionmops@gmail.com.
    - Overeaters Anonymous. A support group for those who suffer from the need to compulsively overeat.
  - Monday-Wednesday-Friday. 10am. St. Ann's
  - Catholic Church, 4905 Roswell Road, Marietta.
  - More info: Betsy: 404-226-4931.
    - Parents of Prodigals. For parents of struggling teens
  - and young adults. Second and 4th Thursday. 7-8:30pm. Johnson Ferry Baptist Church, 955 John-
  - son Ferry Road, Marietta, More info: Fair Brocard, 770-612-1197 or www.prodigalchildministries.org.
  - Parkinson's Disease Support Group. For persons
  - with Parkinson's disease and their caregivers.
  - Second Sunday each month. 4pm. Roswell United Methodist Church, 814 Mimosa Boulevard, Bldg. A,
  - Roswell. More info: Robin Cleveland, 678-819-3915.
  - Spousal Support Group. Third Thursday of the month. 12-1pm. Arbor Terrace, 886 Johnson
  - Ferry Road, Marietta. More info: 770-977-4420 or ACaudell@arborcompany.com.
  - Veteran's Information Referral Office (VIRO). Free help and information for all veterans with VA Dis-
  - ability, VA Healthcare, Employment and Counseling. Second and 4th Wednesday each month. First and
  - 4th Saturday each month, 11am-2om, American Legion, Post 29, 921 Gresham Avenue, Marietta.
  - More info: 770-427-5900.

  - Widowed Helping Others (WHO) . Dinner Sociial. First and 3rd Wednesday of the month. 6pm. St. Ann's Catholic Church, Nolan Hall, 4905 Roswell Road,
  - Marietta, More info: Ann's Pastoral Care, 770-552-6400, ext, 6018,
  - Women's Weight Loss Support Group. Join a growing group of local women on the path to weight
  - loss in a non-judgmental environment providing
  - accountability (weekly weigh-in), healthy eating/ fitness ideas and activities, and emotional support.
  - Meetings held Mondays 6-7:30pm, Kroger, 3595 Canton Rd, 2nd Floor Conference Room, Mari-
  - etta, (New Chastain Corners Shopping Center). More info: Rae Tucker raetucker1@yahoo.com
- - info: Jeannie, 770-919-9275.

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#### LABOR DAY

ON THE FIELDS OF JOHNSON FERRY
BBQ BY WILLIAMSON BROS. (11 AM - 4 PM)
\$5 MEAL TICKETS AVAILABLE

#### INCLUDES:

- 5K RUN (9 AM) & TOT TROT FOLLOWING (HOSTED BY PREDISAN)
- CHILDREN'S INFLATABLES, GAMES,
   AND MORE (10 AM)
- FOOD & PRODUCT VENDORS,
   CAR SHOW, SILENT AUCTION, LIVE MUSIC

For more information, visit us on Facebook or contact holysmoke@jfbc.org

#### FREE ADMISSION

Sponsored by Johnson Ferry Baptist Church johnsonferry.org



## WellStar and Mayo Clinic. Working together. Working for you.

Achieving our vision of world-class healthcare is even closer now that we are a proud new member of the Mayo Clinic Care Network, an innovative collaboration which brings the expertise of Mayo to our patients. As the first and only member of the Mayo Clinic Care Network in metro Atlanta, our depth of specialty care will be enhanced with new resources and tools while keeping patient care right here at home.

Innovation, World-class care, WellStar,

For more information, please visit wellstar.org/mayo. For physician referral, please call 770-956-STAR (7827).



The vision of WellStar Health System is to deliver world-class healthcare through our hospitals, physicians and services. Our not-for-profit health system includes WellStar Kennestone Regional Medical Center (anchored by WellStar Kennestone Hospital) and WellStar Cobb, Douglas, Paulding and Windy Hill hospitals; WellStar Medical Group; Urgent Care Centers; Health Parks; Pediatric Center; Health Place; Homecare; Hospice; Atherton Place; Paulding Nursing and Rehabilitation Center; and the WellStar Foundation.