

Toys for Tots PAGE 6 | Holiday Happenings PAGE 24 | General Election Results PAGES 16-17

Community Calendar PAGE 32 | Bring One for the Chipper PAGE 36

CELEBRATE

THE HOLIDAYS

AT THE AVENUE

American Eagle
Ann Taylor
Banana Republic
barre3
Bath & Body Works

Bed Bath and Beyond Bravura

Diavula

Brixx Wood Fired Pizza

Cheeky

Chico's

Gap

Gymboree

J.Crew

Jos. A. Bank

a. M. Dalle

Justice

Michaels

Origins

Panera Bread

Pottery Barn

Talbots

Victoria's Secret

White House | Black Market

Williams-Sonoma

And More



DECEMBER 1 - 15

15 DAYS OF HOLIDAY GIVEAWAYS AND SHOPPING SPREE Visit avenuegiveaway.com for details.

FRIDAY, DECEMBER 5, 12 AND 19 | 3 PM - 7 PM

COMPLIMENTARY CARRIAGE RIDES AND SANTA PHOTOS

Visit eastcobb.shoptheavenue.com/events/list for details.

FRIDAY, DECEMBER 5, 12 AND 19 | 5 PM - 7 PM

VISIT WITH YOUR FAVORITE SNOW QUEEN AT MENCHIE'S

Visit eastcobb.shoptheavenue.com/events/list for details.

SATURDAY, DECEMBER 20 | 12 PM - 4 PM

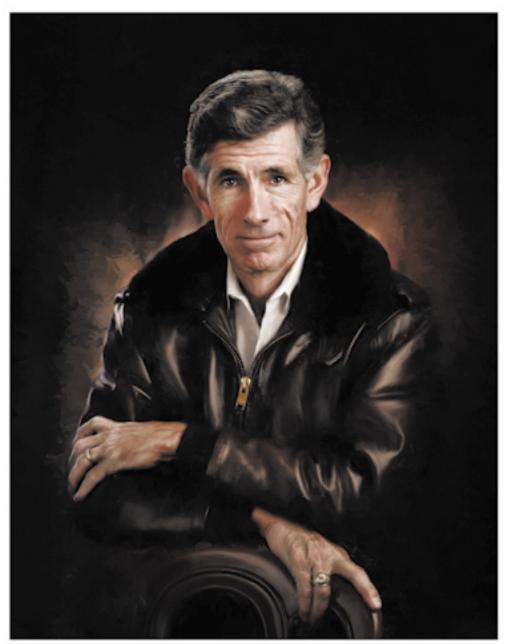
GIFT WITH PURCHASE

Visit eastcobb.shoptheavenue.com/promotions for more information.









"The Pilot"

MICHAEL'S PORTRAITS

770-977-6900 WWW.MICHAELSPORTRAITS.COM EAST COBB

THIS ISSUE

Featured

- **6 Toys for Tots**
- 14 East Cobb School Population Projections
- 16 East Cobb Election Results

Don't Miss! 20-23 Holiday Gift Guide

Move Over Santa!
Our annual gift guide
is sure to delight
everyone on your list!

This Month

- 24 Holiday Happenings
- 32 Community Calendar
- 40 **Dining Guide**
- 44 Pet of the Month
- 46 Health & Wellness
- 56 **Seniors**
- 60 Club Calendar
- **64 Support Groups**

EAST COBBER

P.O. Box 680455
Marietta, GA 30068
770-640-7070 • FAX: 770-559-3185
www.eastcobber.com
Volume 22 | Number 3

Founder | Publisher CYNTHIA ROZZO

cynthia@eastcobber.com

Account Representatives:

East Cobb Businesses - Merchant's Walk - Roswell MICHELLE O'SHAUGHNESSY

678-357-9384 • michelle@eastcobber.com

Northeast Cobb Businesses

LAREN BROWN

770-880-0965 • laren@eastcobber.com

Online Administrator: Elizabeth Wentz Graphic Designer: Tamara Stephens



www.eastcobber.com www.facebook.com/EastCobber www.twitter.com/eastcobber



EAST COBBER monthly is published by EAST COBBER, LLC. Copyright © 2014 by EAST COBBER, LLC. All rights reserved. Reproduction or any use of editorial or pictorial content in any manner, without written permission, is prohibited. Any opinions expressed here do not necessarily represent the views of the EAST COBBER. EAST COBBER is a locally-owned company that strives to build a sense of community and pride in East Cobb County by providing its residents with positive stories and timely information. The EAST COBBER is distributed free to homes, schools, and 400+ retail locations in the following zip code areas: 30062, 30066, 30067, 30068, and 30075.

Comments and stories are always welcome. Please address all correspondence to cynthia@eastcobber.com.

<u>Subscriptions</u> are available for \$20/year.

<u>Subscriptions</u> are available for \$20/year Send check or money order payable to EAST COBBER to the above address.

Front cover photograph taken by Michael Drewitz of Michael's Photography.





Retirement Planning College Education Planning Estate Planning

770-992-7614

2866 Johnson Ferry Road, Ste 100 Marietta, GA 30062

Securities Offered through Triad Advisors, Inc. & Member FINRA/SIPC



Give Your Child The Tools To Succeed!

With Club Z! One-On-One Tutoring In Your Home

- All Subjects PreK- Adult
- SAT/ACT prep Study Skills
- Foreign Languages Flexible Schedules
- Affordable Rates Certified and Degreed Tutors



770-426-4508

www.clubz.com/marietta



PUBLISHER'S NOTE



December is a month to celebrate miracles—Hanukah and Christmas. Though this holiday season is one of the most magical times of the year, many of us often find the season to be stressful. I hope by reading this issue of the EAST COBBER you are giving yourself a break from the holiday rush. You can get some gift-giving ideas on pages 20-23 in our annual gift guide. The merchants featured are in our own backyard so that should

make your shopping a little easier. Please check them out, you'll be inspired by the gift selections they offer and you'll be supporting our local economy. I am proud of the Holiday Happenings (see pages 24-31) we have compiled to help you make special memories this season. When the going gets really tough, another stressbuster is eating out. The dining directory on pages 40-43 should give you a short list of local restaurants that you can enjoy with friends or family!

As always, this issue includes stories about East Cobbers that share their "gifts" to make life better for others. From East Cobb Citizens of the Year, Mary and Ed Ettel putting care packages together for our troops to our local PTAs promoting family engagement (see page 12) to the Big Chicken Chorus making the season a bit brighter with their popular Christmas show performances. I hope you, EAST COBBER reader, are inspired by their "gift"-giving and may be encouraged to share your gift to create a better East Cobb. And if you are already helping or bringing happiness to someone in need, let me share your story! Just give me call or e-mail the EAST COBBER.

For me, the best presents I'll receive this holiday season can't be wrapped--my three healthy children. Another favorite present is the joy of being able to work on this paper every month for such a great community. It's a gift I'm thankful for not just during the holidays but everyday.

From my family to yours: Happy Holidays!

Cynthin

Cynthia M. Rozzo Founder I Publisher cynthia@eastcobber.com

On the Cover

This month's front cover features this year's East Cobb Citizens of the Year, Mary and Ed Ettel. Sponsored by the East Cobb division of the Cobb County Chamber of Commerce, East Cobb Kiwanis, Civitans, Rotary, and Lions Clubs, the award usually recognizes one outstanding citizen who has contributed to the quality of life in East Cobb. This year, the selection committee selected husband and wife Mary and Ed Ettel. Together, they spearhead Project Mail Call.

Project Mail Call started as a Sunday school project at Mt. Bethel United Methodist Church in East Cobb. When the Ettels took over the mission, the church was sending a box every other month to a soldier. Now they organize 10 packing sessions a month in their basement. Unlike other organizations that send care packages to troops, the Ettels make the experience completely personal and custom for both the troops and the volunteers who pack. The sessions are limited to 30 volunteers, the maximum number of people who can fit into the Ettels' basement. That space, which was previously Ed's work room and a storage area, is now lined with shelves full of supplies to be packed into a care package for a soldier. Every volunteer writes a letter to the intended recipient to include in the box, along with a group picture of the session. Mary hears from many soldiers that those letters, especially from children, are the best part of receiving a box. More information about Project Mail Call is on page 19.

"Considering the many things the wonderful people of Cobb County do, it is humbling for us to be presented with such an award," says Ed. East Cobbers since 1986, Mary and Ed live in the Sibley Forest subdivision and have two grown daughters and one granddaughter. They will be celebrating their 50th wedding anniversary next year.

Front cover photograph taken by
Michael Drewitz
of Michael's Photography.





Toys for Tots Seeks Donations

As the holidays are upon us and planning for Christmas arrives, it's also time to think about doing something special for children in need. The U.S. Marine Corps Reserve Toys for Tots Program is again underway giving local residents an opportunity to purchase a toy for a boy and girl outside their family.

Toys for Tots started more than 60 years ago when Maj. Bill Hendricks, USMCR, and a group of Marine reservists in Los Angeles collected and distributed more than 5,000 toys to needy children. Hendricks' idea caught on and was so successful that the Marine Corps adopted Toys for Tots the following year and expanded it into a nationwide program. In 1995, the Secretary of Defense approved Toys for Tots as an official activity of the U.S. Marine Corps and an official mission of the Marine Corps Reserve.

Today, Toys for Tots is the Marine Corps' premier community action program and one of the nation's flagship Christmas charitable causes. Toys for Tots is the only charitable endeavor within the Department of Defense which reaches outside the military establishment to give something back to the communities. Toys for Tots has enjoyed over a half century of success because of the support of millions of caring Americans, local communities, and corporate America plus the dedication and hard work of thousands of U.S. Marines. Toys for Tots is a program which brings all elements of a community together in a common cause for three months each year. It is a program dedicated to helping in the development of our nation's most valuable natural resource: our children. The shiny new toy at Christmas lets these youngsters know that someone cares.

Area Toys for Tots coordinator Gunnery A.T. Wilson is in charge of finding enough money and toys to fulfill the 900,000 toy requests for children in the 11 counties throughout Metro Atlanta. "Many people in Metro Atlanta have been hit hard this year so we are asking for more donations and drop-off points," says Mr. Wilson.

Toys for Tots collects only new toys. Organizers ask that toys brought to drop-off points be unwrapped so they can be sorted and given to the right child. Toys are to be appropriate for children from birth to 12 years.

For a complete list of drop-off points, visit www.northatlanta.toysfortots.org.



Toys For Tots Drop-off Points

- Chick-fil-A
 1201 Johnson Ferry Road
 Marietta, Georgia, 30062
- Cornerstone Wealth Management, LLC 3115 Roswell Road, Suite 102 Marietta, Georgia, 30062
- Highland Family Chiropractic 2790 Sandy Plains Road Marietta, Georgia, 30066
- Innovative Orthodontics 1229 Johnson Ferry Road, Suite 100
 Marietta, Georgia, 30068
- Insurance House
 1904 Leland Drive
 Marietta, Georgia, 30067
- Pope High School 3001 Hembree Road Marietta, Georgia, 30062
- Smith Smile Orthodontics 2323 Shallowford Road, Suite 101 Marietta, Georgia, 30066
- Sellars Goodyear
 2950 Johnson Ferry Road
 Marietta 30062
- Solar Dimensions 4475 Roswell Road Marietta 30062

- State Farm/ Dave Lanier Agency
 2440 Sandy Plains Road
 Suite 14-B
 Marietta, Georgia, 30066
- Steve Yap State Farm 3015 Canton Road, Suite 5 Marietta, Georgia, 30066
- Stevi B's Pizza
 50 Barrett Parkway,
 Suite 4000
 Marietta, Georgia, 30066
- TerraMark Land Surveying 1396 Bells Ferry Road Marietta, Georgia, 30066
- Shorter University 1090 Northchase Parkway, Suite 140 Marietta, Georgia, 30067
- TMX Finance, LLC 2400 Delk Road Marietta, Georgia, 30067
- TONI & GUY Hairdressing Academy
 1355 Roswell Road #150 Marietta, Georgia, 30062
- Wireless Zone
 Mabry Village
 4648 Woodstock Road
 Roswell, Georgia, 30075



MUST Ministries Planning Toy Shops For Families In Need

Every Christmas, MUST Ministries sets up two locations, one in Cobb County and one in Cherokee County, to provide a retail store environment for parents to shop for free items. The MUST Toy Shops are a special treat for families who often have little to nothing for their children to open on Christmas morning, but it's more than something "extra". It's an essential.

"Our shops offer throw blankets, pajamas, underwear, socks, hats, scarves, gloves, school supplies and other necessary items," according to Paula Rigsby, Seasonal Coordinator at MUST. "We've had parents come in who just want the blankets because they have no heat."

This year, there is a new twist to the dilemma of collecting enough items for more than 3,000 children. "We've been told we will be the only agency in Cobb offering gifts for babies and for teens age 16-18. Any family with a child those ages will have to come to MUST for help, so that means they will probably register their whole family with us," Rigsby explained. "We always have a challenge to collect teen items, so we expect more teens this year and will need additional donations."

Another challenge is getting dolls of all ethnicities. "A little girl usually prefers a doll that looks like her," said Paula Rigsby. The Toy Shop can also use books and games in Spanish. MUST is hoping the community will remember the teens with gifts like jewelry, cologne/perfume, curling irons, blow dryers, jeans, boots, vests, jackets, books, wallets, sports equipment, bikes, belts, purses, watches and handheld games. All items for the Cobb shop can be taken to the MUST Donation Center at 55 Chastain Road, Suite 110, Kennesaw Tuesday-Saturday, 9am-5pm.

In addition, MUST will distribute dolls, trucks, stuffed animals and other toys. For babies, MUST is requesting an open box covered in Christmas wrapping paper and filled with at least 7 baby items like bibs, burp clothes, diapers, pacifiers, bottles, sippy cups and other necessities. "It's the perfect group project," Rigsby pointed out. "Get together with your neighbors, Sunday School class, scout troop or civic organization and create baby boxes!"

Open for 14 days in December, the shops provide personal shoppers to assist parents in making their selections and volunteers who stock the shelves, provide check in and check out, help load cars and unload donations. This year, the Cobb Toy Shop will again be at Piedmont Church, 570 Piedmont Road in Marietta/East Cobb. For more information about ways to help, email toyshop@mustministries.org. The Toy Shops open December 9.



70 Piedmont Road in Marietta/East Cobb. For mation about ways to help, email toyshop@ ries.org. The Toy Shops open December 9.

See Website for Details!

770-516-3678

East Cobb Teachers of the Year Honored at Chamber's Give Our Schools A Hand Ceremony

The Teacher of the Year program is designed to spotlight those dedicated to educating and changing the lives of our young people. Each year, one talented and special person is selected to be a school's Teacher of the Year. The Cobb County and Marietta City District Teachers of the Year placed their handprints in the Teacher Walk of Honor on the Marietta Square October 1. A pep rally on October 28 kicked off the annual Give Our Schools a Hand (GOSH) week at the Roswell Street Baptist Church. This is the 26th year that the Cobb Chamber of Commerce has sponsored the GOSH special event. A salute to education in Cobb County, GOSH week brought educators, students, parents, businesses and the community together to honor education. Here are the teachers of the year from the public schools located in East Cobb County:

Jim Williams

2nd Grade

Addison Elementary School

Randa Burden

PΕ

Bells Ferry Elementary School

Laurie Henderlong

EIP

Blackwell Elementary School

Sonya Oviedo

ESOL

Brumby Elementary School

Rick Parker

Gifted Social Studies
Daniell Middle School

Mary Bowen

Special Ed SID/PID Davis Elementary

Lynn Sussman

6th & 7th Grade Gifted Science Dickerson Middle School

Janette Strasser

8th Grade Math Dodgen Middle School

Audra Bothers

6th Grade Math East Cobb Middle School

"Chrissy" Melanie Kirby

Special Ed IRR

Eastside Elementary School

Kelly Stillwell Healy

Technology

Eastvalley Elementary School

Kelly Jollands

Special Ed PK

Garrison Mill Elementary School

Stephen Corbett

7th Grade Social Studies Hightower Trail Middle School

Nes Gondek

ESOL

Keheley Elementary School

Laura LaQuaglia

Art

Kell High School

Lisa Green

Speech Language Pathologist Kincaid Elementary School

Jean Linner

Math

Lassiter High School

Jodie Parades

7th Grade Reading Mabry Middle School

Amy Shannon

7th Grade Science McCleskey Middle School

Maureen Armstrong

Art

Mountain View Elementary School

Melissa Danner

5th Grade

Mt. Bethel Elementary School

Ginny Armour

Special Ed IRR

Murdock Elementary School

Karen Hersey

5th Grade

Nicholson Elementary School

Tracy Merriman

Culinary Arts
Pope High School

Sarah Alwardt

5th Grade

Powers Ferry Elementary School

Alison Callahan

3rd Grade

Rocky Mount Elementary School

Kristi Marrow

Special Ed IRR

Sedalia Park Elementary School

Kresta Kapiowitz

1st Grade

Shallowford Falls Elementary School

Chris Whiting

6th Grade Earth Science Simpson Middle School

Megin Robinson

Media Specialist

Sope Creek Elementary School

Erin Smith

Special Ed IRR

Sprayberry High School

Alison Dunford

5th Grade

Timber Ridge Elementary School

Michelle East

Kindergarten

Tritt Elementary School

Matt Staruch

Social Studies

Walton High School

"Faye" Dorothy Oakley

Special Ed IRR

Wheeler High School





Cobb Schools Foundation Announces 2014 Teacher IMPACT Grant Recipients

The Cobb Schools Foundation announced the 2014 Teacher IMPACT Grant winners. The Foundation received 87 grant applications. This year, the Foundation awarded more than \$22,000 in grants to teachers for creative and innovative ideas in education. Congratulations to all of the 18 IMPACT Grant recipients. Here are the recipients from East Cobb schools:

- > Lori Kotarba Kincaid ES
 "Calm Down Caddies" \$500
- > Angie Dowling Kell HS
 "Making Literature Alive for ESOL students" \$650
- > Diana Bishop Lassiter HS "American Sign Language Club" \$2,265.67
- > Cynthia Pragovich Nicholoson ES "Portable Writing Lab" \$1,310
- > Sarah Dupuis Keheley ES
 "Enlarging eBook Collection" \$1,500
- > Dr. Ellen Campbell CCSD Special Student Services "DanceFit for Adaptive PE" \$427 (In partnership with the Atlanta Hawks)

Since 2005, the Cobb Schools Foundation has awarded more than \$200,000 in grants to teachers in Cobb County School District. These grants are only made possible by business partnerships and fundraising efforts, including the Annual Gimme 5 for Education campaign, golf tournament, Leaders & Legends Ball and more! For more information about the Foundation or to make a donation, please visit www.cobbschoolsfoundation.org.







Lady Greyhounds Fastpitch Softball State Champs For 2014



▲ Pictured above is the Pope High School's Fastpitch Softball Team (Top row, I-r:) Coach Michael Nelson, Samantha Crabtree, Leah Higginbotham, Devyn Smith, Kelly Barnhill, Caelyn Dougherty, Sydney Higginbotham, Madeline Dobkin, Shawna Finister, Kyra Williamson, Coach Jennifer Miller, Coach Al Savransky. (Bottom row: I-r:) Lea Mcfadden, Lindsey Monkiewicz, Lauren Palace, Head Coach Chris Turco, Tamaya Turner, Quentin Staton, Hannah Rogers, and Megan Metzinger.

The GHSA Softball State Championships were held October 30-November 1 at the South Commons Softball Complex in Columbus, GA. For the second time in three years, Pope High School's softball team made it to the state playoffs. On the final day of the playoffs, November 1, the Lady Greyhounds beat Hillgrove High School, another Cobb County school, 4-0. This win secured Pope High School's fast pitch softball team in the top spot for all of Georgia. Chris Turco has been the head coach for the Greyhounds Fastpitch softball program for the past 7 seasons. He has guided the Greyhounds to the GHSA state playoffs 5 times (2006, 2010, 2011, 2012, and 2013) and advanced to the State finals in Columbus Georgia twice in 2012 and 2013. Coach Turco graduated from Pope High School in 1998.



Celebrate the Holidays with Shreiner Academy



▲ Teacher Melissa Crimminger hangs out with 4th grade students at Shreiner Academy.

Shreiner Academy is inviting the East Cobb community to celebrate the holidays with them Friday, Dec. 12 from 6 to 9 p.m. Shreiner Academy's students and staff are throwing a Winter Wonderland event with children's crafts, an indoor showing of the movie Frozen, special Frozen movie character visits and photos with Santa. Shreiner is asking all visitors to bring in a new toy or clothing item for ages 4 to 13 as admission. All donations will go to the MUST Ministries Toy Shop.

Shreiner Academy is a peaceful oasis located on convenient Terrell Mill Road near the I-75 Delk Road exit. The eight-acre wooded campus provides private educational opportunities for students age 2 through 8th grade. They pride themselves on small class size, individual attention, and outstanding faculty who really care about their students.

Melissa Crimminger, a Shreiner math teacher for 11 years, says that the academy is Cobb's best kept secret. "We focus on the whole child and let them be who they are," says Melissa. "Our aim is to bring out the very best in our students, while making sure they grow socially and academically."

Using individualized and differentiated instruction, including transversing grade levels, Shreiner Academy is able to teach an accelerated curriculum while maintaining a warm environment in which children have fun learning.

Shreiner Academy offers a strong core academic curriculum, including music, art, physical education and Spanish classes from preschool to middle school. Additionally, the intimate setting provides opportunities for students to dive into hands-on learning and service. They plant and maintain vegetable gardens, perform in the school musicals, as well as give back to the local community.

Shreiner is now accepting applications for this year and next. The academy is hosting an open house for prospective families Thursday, Feb. 26 from 9 a.m. to noon and offers campus tours upon request. Shreiner is located at 1340 Terrell Mill Road in Marietta. Visit shreiner.com or call 770-953-1340 for more information.

Dance Stor Studios— Celebrating over 41 years of excellence in dance education! First in Dance First in Fitness.

Add the Gift of Dance for Christmas!

REGISTER NOW FOR JANUARY CLASSES

Tap, Ballet, Jazz, Hip Hop, Zumba, Yoga, and Barre Sculpt.

Offering classes for the beginner to the professional from age 3 yrs to adult

4400 Roswell Road Marietta, GA (Merchants Exchange) www.dancestopstudios.com visit our facebook page 770-578-0048

www.edwardjones.com

Give a Holiday Gift That Doesn't End When the Batteries Run Out.

Why not start a new holiday tradition? Make this the time of year that you help save for a child's college education.

Edward Jones can work with you to develop a strategy to save for college. One option is a 529 college savings plan, where today's gift can have tax benefits for you, family members and the child."

*Contributions to a \$29 plan may be eligible for a state tax deduction or credit in certain states for those residents.

To make your college savings gift in time for the holidays, call or visit today.



Stephen A Teague, AAMS®

Financial Advisor

2440 Sandy Plains Road Building 20 Suite 100 Marietta, GA 30066 770-977-0074

PAID ADVERTISEMENT



Family Engagement is Much More Than Just What Happens at Home

By Amoni Witcher, Family Engagement Chair, East Cobb County Council of PTAs

Studies have shown a significant correlation between family involvement in schools and student success. When parents are engaged in schools students are more likely to:

- Earn higher grades and pass their classes
- Achieve higher test scores
- Attend school regularly and enroll in higher-level classes
- Develop stronger social skills
- Graduate from high school
- Go on to post secondary education
- Secure productive work and rewarding careers

The National PTA recognizes this and developed the NATIONAL STANDARDS FOR FAMILY-SCHOOL PARTNERSHIPS, which are: 1. Welcoming all families; 2. Communicating effectively; 3. Supporting student success; 4. Speaking up for every child; 5. Sharing power; and 6. Collaborating with community. These standards help to successfully engage families in school communities.

In addition, the Georgia Department of Education (DOE) has launched an "I CAN Play A Role" campaign with Georgia's First Lady, Sandra Deal. With the goal of improving academic achievement, this campaign offers excellent recommendations for parents to engage in their schools. Some of these are:

1. VOLUNTEER AT SCHOOL

Find out from your school or PTA about volunteer opportunities.

2. SHOW YOUR CHILD THAT YOU CARE ABOUT HOW THEY ARE DOING IN SCHOOL

Have conversations about school, homework, and classes regularly.

3. KEEP IN TOUCH WITH THE SCHOOL

Get to know teachers, principal and counselors.

4. EXPRESS HIGH EDUCATIONAL EXPECTATIONS

Encourage your child to do their personal best.

5. ATTEND SCHOOL MEETINGS, FUNCTIONS, AND EVENTS Attend parent-teacher conferences, curriculum

nights, award ceremonies and other school events. This matters.

6. SEEK OUT INFORMATION

Contact your child's teacher with questions. Keep a friendly dialogue open.

7. BE AN ACTIVE PART OF DECISION **MAKING COMMITTEES**

Participate in the school council, PTA or other school organizations.

8. MAKE SCHOOL IMPORTANT

Talk positively about school. Make school a priority.

9. BE SEEN AT SCHOOL

Visit your child's classroom. Have lunch with your child at school. Volunteer.

10.BE INFORMED AND RESPONSIVE

Stay current on school information (school policies, field trip information, etc.). Non-English speakers can ask schools for assistance.

11. VISIT YOUR SCHOOL'S WEBSITE

Access homework assignments, class schedules, grades, etc. on your school website.

12. PARTICIPATE IN WORKSHOPS THAT ARE OFFERED Attend workshops on child development, school standards, and other shared parent concerns.

13. PROVIDE A RICH LEARNING ENVIRONMENT AT HOME

Encourage family dinners, games, reading, sports, and daily routines – for a supportive home environment.

14. DROP IN ON AFTER-SCHOOL OR **EXTRACURRICULAR ACTIVITIES**

Drop-in early to after-school activities. Watch your child in action. Meet after-school teachers and coaches.

15. INVITE THE COMMUNITY TO PARTNER WITH THE SCHOOL

Encourage local businesses, churches, and civic organizations to support your school.

Family engagement is much more that just what happens at home. Parent involvement in a child's education has a real, lasting and meaningful impact.



Amoni Witcher has been a Cobb County resident for two years and has a child and sibling in the East Cobb County school district. She is active in both schools and also serves as the family engagement chair for the ECCC PTA.



Have Yourself A Merry-etta Christmas



The Big Chicken Chorus, a men's a cappella barbershop chorus, will present its annual Christmas concert titled, "Have Yourself A Merry-etta Christmas" Saturday, December 13, at 7:30pm; and Sunday, December 14, at 3pm at the recently opened Marietta Performing Arts Center, 1171 Whitlock Avenue in Marietta on the campus of Marietta High School. In addition to the Big Chicken Chorus and their chapter quartets, the show will include performances by the Marietta High School Chorus, the 2013 Dixie District Champion Barbershop Quartet Red Zone from Memphis, TN. The Sunday matinee will feature the Song of Atlanta Show Chorus, the 2013 5th Place Sweet Adelines International Medalist Chorus.

"Don't miss out on this show, it's guaranteed to get you into the Holiday spirit!" says Frank Hrach, an original member of the chorus.

The Big Chicken Chorus originated in 1986 as a chapter of the Barbershop Harmony Society. They are registered as a 501 (C)(3) non-profit organization. The name was taken from the famous Marietta landmark, but they have no direct affiliation or relationship with the restaurant. This group of 45 men have performed at a variety of Atlanta venues, travelled and performed in many of the larger cities throughout the U.S., and have even performed in Calgary and Montreal, Canada and England.

They have also conducted numerous gratis performances for other non-profit organizations in the Greater Atlanta area in addition to private performances for organizations who have hired them to entertain their employees and clients.

Each year since their inception The Big Chicken Chorus has presented an annual Holiday show at a variety of venues in the Greater Atlanta area. Several other non-profit organizations have received a portion of the proceeds to these shows and they have often donated tickets to Senior Living communities and Assisted Living Centers. Over 90% of the revenue of the Big Chicken Chorus stays in the local area.

A portion of the proceeds this year will go to Marietta Mentoring for Leadership, a Marietta-based non-profit dedicated to helping students make the most of their potential through graduation and beyond. In its brief existence, this organization has already engaged over 85 students and has had life-changing impact on many of those involved in the program.

Everyone in the family is invited as The Big Chicken Chorus brings Christmas to our community. Tickets for the show are \$25/general admission; \$20/seniors and \$10/students; free for children under the age of 6. Tickets to the show can be purchased by phone at 470-349-0550; or online at www.BigChickenChorus.org. The Big Chicken Chorus is offering a 10% discount on the total ticket order for anyone using the Partner Code – EC2014—a special deal for EAST COBBER readers.

Be sure to "LIKE" them on Facebook at their fan page, www.facebook.com/BigChickenChorus. Readers are encouraged to join The Big Chicken Chorus contact list by texting "BCC2014" to 22828.



Cobb County School District Releases Results of School Enrollment/Population Study

By Lindsay Field

In order to help Cobb County School District officials better determine student enrollment projections and capital improvement programs related to demand for new schools, remodels or additions, the Cobb County School Board hired Davis Demographics & Planning, of Riverside, California, to conduct 10-year student population projection study through 2023. The purpose of the \$77,400 report was to research Cobb's demographic trends, see how these trends may affect future student population and to assist in making facility adjustments that may be necessary to accommodate the potential student population shifts.

Cobb School Board Chair Kathleen Angelucci says it is important for the district to address potential enrollment concerns sooner rather than later because it significantly affects the budget and capacity, or staff numbers. "It is always better to be proactive than reactive," Angelucci continues. "Preparedness is key in good management."

"Planning for and accommodating enrollment growth is particularly challenging, and even more so in areas with limited land options such as within the East Cobb community," adds Scott Sweeney, East Cobb School Board Member. "East Cobb area high schools Lassiter, Pope, Sprayberry, Walton and Wheeler each have fewer than 50 acres and are surrounded by developed land."

Of East Cobb's 35 elementary, middle and high schools, five schools stand out in how greatly their enrollment numbers should increase over the next decade. Brumby Elementary, which has a capacity of 751 students and currently serves about 1,200 students, is expected to increase by more than 400 students. Following a similar trend, Dodgen and East Cobb middle schools could each be tackling increases between about 300 and 700 students. In area high schools, Walton and Wheeler are looking at reaching student enrollments of about 3,400 students each—Walton up from more than 2,700 students this year and Wheeler nearly 1,900. Capacity at each high school is about 2,100-2,300.

Sweeney says bottom line Cobb is a great place to live with excellent schools and great employment opportunities, which factors into why people continue to move here and the population increases. "In addition to county population growth, many East Cobb community senior citizens are selling their

homes to families with school age children drawn to the area because of the quality of the schools," he says. "For example, before Eastside Elementary School was rebuilt, its enrollment was close to 900 students. Today, the enrollment is closer to 1,200 students. What accounted for that enrollment growth? It wasn't due to new housing development. Some of the growth could be attributed to families choosing public rather than private schools."

He went on to say that he believes the district will work diligently to accommodate the East Cobb area's student enrollment growth with school facility expansion or replacement as warranted. "It wasn't too long ago that the school district had nearly 700 portable/trailer classrooms. Because of Cobb County's continuing support for Education SPLOST funding, and the district's commitment to make facility improvements, the portable classroom count is 93 today. Fifteen of those are at Brumby Elementary School alone."

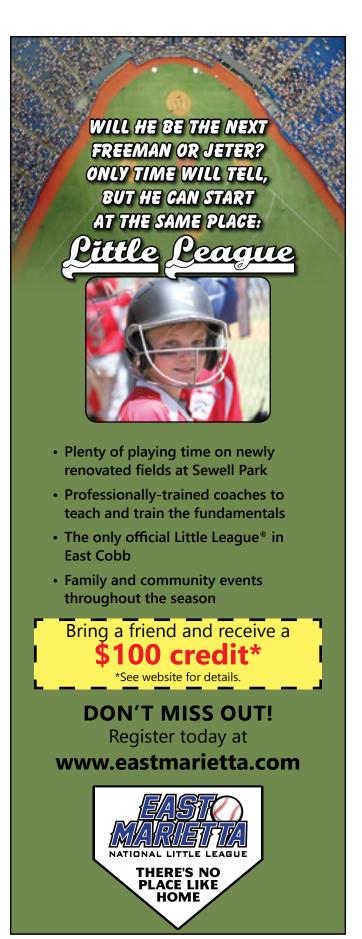
Within the report is a "Ten Year Projection Methodology" section that details the factors included in the findings and why they were used. These include the calculation of incoming kindergarten classes, additional students from new housing, the effects of student mobility and a detailed review of planned residential development within Cobb Schools. Projection methodology used in this study combines historical student population counts, past and present demographic characteristics, and planned residential development to forecast future student population at the study area level.

The report included updating district mapping, using the Cobb Schools' past three years of geocoded student data files, developing and researching pertinent demographic data, identifying current and future residential development plans and preparing a 10-year student population projection.

According to the report, readers are reminded that this is a "snapshot" of current and potential student population based on data gathered in fall 2013. Population demographics, development plans, funding opportunities and school district priorities can change, therefore, new projections and adjustments to the overall plan will continue to be necessary in the future.

EAST COBB SCHOOLS ENROLLMENT PROJECTIONS

School	Capacity	2013	2014	2018	2023
Addison ES	626	576	561	443	437
Bells Ferry ES	646	609	627	620	611
Blackwell ES	771	697	681	633	627
Brumby ES	751	1,190	1,337	1,655	1,627
Davis ES	636	521	535	589	571
East Side ES	1,141	1,239	1,305	1,340	1,314
Eastvalley ES	532	588	621	653	645
Garrison Mill ES	755	650	636	525	516
Keheley ES	555	471	483	498	491
Kincaid ES	693	686	674	657	648
Mount Bethel ES	1,086	978	947	895	870
Mountain View ES	783	807	794	691	680
Murdock ES	995	815	808	756	745
Nicholson ES	560	464	479	451	444
Powers Ferry ES	423	457	451	449	444
Rocky Mount ES	611	568	548	444	438
Sedalia Park ES	904	797	830	815	805
Shallowford Falls E	S 786	622	587	527	519
Sope Creek ES	1,113	1,138	1,156	1,058	1,040
Timber Ridge ES	566	732	736	709	697
Tritt ES	874	742	737	672	659
Daniell MS	1,046	1,025	1,021	1,068	974
Dickerson MS	1,068	1,235	1,263	1,361	1,150
Dodgen MS	1,046	1,192	1,255	1,485	1,426
East Cobb MS	1,091	1,303	1,317	1,754	2,021
Hightower Trail MS	911	914	941	893	803
Mabry MS	1,023	854	867	839	750
McCleskey MS	843	702	659	599	598
Simpson MS	865	865	884	895	752
Kell HS	1,912	1,586	1,623	1,444	1,188
Lassiter HS	2,137	1,917	1,934	2,076	1,833
Pope HS	1,912	1,876	1,964	2,111	2,067
Sprayberry HS	2,062	1,982	2,037	2,264	2,342
Walton HS	2,362	2,767	2,781	3,104	3,469
Wheeler HS	2,187	1,862	1,954	2,201	3,354



* East Cobb General Election Results *

On Tuesday, November 4, East Cobb residents, along with the rest of Georgian citizens, participated in general elections to vote for Republican and Democratic candidates for a variety of public offices. In Cobb County, 214,490 or 53.35% out of a total of 402,020 registered voters exercised their right to vote. The following presents the vote tally for ballots East Cobb voters had the opportunity to vote on.

	*	
	J.S. Ŝenate	
	Cobb Votes	State Total
David A. Perdue (R)	118,147	1,358,088
M. Michelle Nunn (D)	90,659	1,160,811
Amanda Swafford (L)	4,716	48,862
	Governor	
	Cobb Votes	State Total
J. Nathan Deal (R)*	118,613	1,345,237
Jason J. Carter (D)	88,349	1,144,794
Andrew T. Hunt (L)	6,113	60,185
Lieut	enant Gove	rnor
	Cobb Votes	State Total
L. S. "Casey" Cagel (R)*	129,213	1,466,505
Connie J. Stokes (D)	80,628	1,062,557
Comme 3. Clones (D)	₩	1,002,007
Sec	retarŷ of Sta	ate
	Cobb Votes	State Total
Brian P. Kemp (R)*	127,627	1,452,554
Doreen Carter (D)	82,132	1,075,101
Att	★ orney Genei	 ʻal
	Cobb Votes	State Total
Samuel S. Olens (R)*	128,858	1,436,987
Gregory Hecht (D)	81,269	1,087,268
State Sch	nool Superin	itendent
5	Cobb Votes	State Total
Richard L. Woods (R)*	121,232	1,391,005
Valarie D. Wilson (D)	87,138	1,132,886
U.S. Co	ongress-Dis	trict 6
	Cobb Votes	Total
TE "Tom" Price (R)*	49,097	139,018
Robert Montigel (D)	19,583	71,486

Georgia Sta	te Senate – District 32
	Total
Judson Hill (R)*	55,758
Georgia House of	Representatives – District 4
	Total
Sharon Cooper (R)*	14,502
Georgia House of	Representatives – District 4
	Total
Don Parsons (R)*	13,981
Canada Hassa of	Representatives – District 4
Georgia House of	Representatives – District 4
	Total
Matt Dollar (R)*	16,844
Georgia House of	Representatives – District 4
	Total
John Carson (R*)	11,815
Cobb County	Commission – District 3
	Total
Joann K. Birrell (R)*	45,491
Cobb County S	School Board – District 4
	Total
David Banks (R)*	20,188
Cobb County S	School Board – District 6
	Total
Scott Sweeney (R)*	21,982
	ny races were uncontested. Some mocratic candidate running against
the Republican incumber	



\$20 OFF your next purchase



Present this ad and receive \$20 off your purchase when signing up for one month of lessons.

Valid for in-store merchandise purchases only. This offer is not redeemable for cash and may not be applied to previous purchases, gift cards, or services. Coupon must be surrendered at the time of purchase. Expires 1/31/2015

770-971-9755 • draisenedwardsmusic.com • To register for babies to age 8 programs visit musiktogrow.com

* * * * * * * * * * * *

Constitutional Amendment #1—Shall the Constitution of Georgia be amended to prohibit the General Assembly from increasing the maximum state income tax rate?

 Yes
 156,099
 1,855,380/73.88%

 No
 53,411
 655,917/26.12%

Constitutional Amendment #2—Shall the Constitution of Georgia be amended to allow additional reckless driving penalties or fees to be added to the Brain and Spinal Injury Trust Fund to pay for care and rehabilitative services for Georgia citizens who have survived neurotrauma with head or spinal cord injuries?

 Yes
 144,307
 1,735,432/69.84%

 No
 62,995
 749,490/30.16%

Statewide Referendum —Shall property owned by the University System of Georgia and utilized by providers of college and university student housing and other facilities continue to be exempt from taxation to keep costs affordable?

 Cobb Votes
 State Total

 Yes
 155,153
 1,839,537/73.67%

 No
 53,143
 657,367/26.33%

Cobb Special Purpose Local Sales Tax (SPLOST).

Total

Yes 111,184/52.83%
No 99,274/47.17%





Silva Piano Studios

fm@silvapiano.com

Dr. Francisco Silva, DMA and Mireille Silva, MM



770-565-7177



East Cobb location: 1518 Blackwell Rd - Marietta 30066 www.silvapiano.com





Hope Christmas brings you all that you are wishing for . . . and more!

Happy Holidays from your friends at the East Cobber!

East Cobb Couple Spearheads Project Mail Call



▲ Ed and Mary Ettel holding the East Cobb Citizens of the Year plaque.

On November 13, Mary and Ed Ettel were named East Cobb Citizens of the Year in recognition of their dedication to Project Mail Call. Project Mail Call started about 10 years ago in the Thompson Fellowship Class of Mt Bethel United Methodist Church. The class was sending one box every other month to a military person connected with Mt. Bethel. East Cobb retirees, Mary and Ed Ettel, decided to expand on those good

deeds, "We found the website AnySoldier.com, which maintains soldier addresses, and we were touched by the letters that say many troops were not receiving mail or support from their families," says Ed.

So, for the past decade, Mary and Ed Ettel not only opened their hearts to soldiers but they also have turned their basement into the packing headquarters for Project Mail Call. Project Mail Call provides a direct and personal method to contact and send customized parcels and letters to U.S. military personnel serving overseas. At regularly-scheduled packing sessions in their home basement, volunteers pack personalized boxes based on the military units' unique needs and requests. In this way, rather than a standardized box with fixed content from an unknown person, the military personnel know that someone was personally involved in the process and wanted to personally demonstrate how much they care and support them directly. Particular attention is given to service personnel who are in remote locations, do not receive mail, or who provide humanitarian aid to schools, clinics, orphanages or villages. As of November 2014, Project Mail Call has packed and mailed 6,195 customized care-boxes weighing 96,948 pounds. The boxes have been mailed to 5,365 military units representing 142,697 military personnel in 50 countries –from Afghanistan to Serbia and Spain, to name a few--and many ships at sea.

"Soldiers have sent us letters telling us how overwhelmed and grateful they are by our volunteers' demonstration of love, caring and support. Soldiers appreciate receiving any mail, especially from people they don't know who mail them packages of items they specifically asked for . . . ," shares Mary. While Project Mail Call still remains a mission of Mt. Bethel UMC, it attracts a diverse set of clubs, organizations, groups and companies that help the cause by donating items, writing letters and packing boxes. Walton High School's Pinterest group, the East Cobb Lion's Club, and Hampton Lake's Woman's Club are just a few of the groups who have supported Project Mail Call. "Knitting Angels have made scarves and caps for children or helmet liners/gators for the soldiers, Quilting for Christ made quilts, Izzy Dolls for soldiers and children, and residents of a retirement home make crosses –all to be included in the boxes," says Ed.

Mary and Ed have also helped other organizations and churches start their own "Project Mail Call" missions, including churches in Alabama, South Carolina, Missouri, Kentucky and Texas.

All general packing sessions for families and individuals for the remainder of 2014 are full. The next general session with lots available is January 24, 2015. If you, your business, school or organization would like to participate in any 'general' packing session, or if your group wants to schedule a private packing session you can leave a comment on the Project Mail Call's Facebook Wall: facebook.com/Project Mail Call.



EAST©COBBER Holiday Gift Guide Make your shopping merry and bright with our Holiday Gift

Guide filled with great gift ideas you can get right here

in East Cobb!

Is there anything in the world that makes grandma and grandpa happier than to have portraits of their grandkids?

A portrait taken by Michael's Photography is a great way to share your love.

Michael's Photography 770-977-6900 themichaelsphotography.com



Inspired by nature, Barbara
Johnston's unique handmade
pottery and silver jewelry
make the perfect gift for
your special someone!
Frameworks Gallery
1205 Johnson Ferry Road
Suite 110
Marjetta 30068

770-973-6701

frameworksgallery.com

Christmas cookie bouquets are a fun way to present cookies as a holiday gift, at the office, for school holiday parties and for Christmas cookie exchanges. We also make custom cakes!

Cookies By Design
3101 Roswell Road

Marietta 30062
770-578-0200
cookiesbydesign.com

Gifting made easy for family and friends: buy THREE gift cards and get ONE free.

Massage Heights
1100 Johnson Ferry Road
Suite 345
Marietta 30068
404-341-7614
massageheights.com/eastcobb

Give something unique, special and different that you won't see everywhere, such as this bi-color Tourmaline with Diamonds Pendant that won 1st place at the Georgia Jewelers Association convention!

Edward Johns Jewelers
1205 Johnson Ferry Road
#124
Marietta 30062
770-977-2026
edward-johns.com

Edik bo c s M 770

Edible Arrangements® fresh fruit bouquets are beautiful and delicious, especially with chocolate. They're perfect for the holidays and available for pickup and delivery Monday thru Saturday. Edible Arrangements
4880 Lower Roswell Road Suite 820
Marietta 30068
770-579-7081

ediblearrangements.com



Shooing t with any ore group Lift 14 M

Show you care by giving the gift of health with a gift certificate in any amount for healthy organic meals, groceries or vitamins.

Life Grocery & Café
1453 Roswell Road
Marietta 30062
770-977-9583
lifegrocery.com



Gift Certificates available: Baths to full blown make-overs! Bling collars Nutrition.
Hot Dogs Cool Cats Grooming Spa
Hot Dogs Village Parkway NE
Suite 700
Marietta 30067
770-858-1000
hotdogscoolcats.net

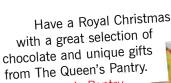


Findlay Rowe Designs. 1030 Woodstock Road, Suite 3114 Roswell 30075 678-205-3300 findlayrowedesigns.com

Holiday Gift Guide



Give yourself or someone you love a gift of a lifetime: piano lessons! Silva Piano Studios 1518 Blackwell Road Marietta 30066 770-565-7177 silvapiano.com



The Queen's Pantry
4235 Merchants Walk Drive
Marietta 30068
678-483-0900
thequeenspantry.com





Give someone you love a gift certificate for a hair makeover! Patrick Carmen NR.9 Salon 2520 E. Piedmont Road Marietta 30062 678-427-8000







Holiday Gift Guide



With so many healthy benefits, a Massage Envy Spa gift card is a great idea for any holiday. \$150 gift card includes a 1-hour massage session, a 1-hour facial session, and gratuity for both therapists.

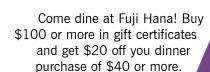
Massage Envy Spa 1205 Johnson Ferry Road Suite 126, Marietta 30068

678-213-2368 massageenvy.com





Capture the wonder of the holidays year after year. Holiday photo frames: "merry and bright" and "home for the holidays". Ivy Lane 3605 Sandy Plains Road Marietta 30066 770-578-0506 ivylanemarietta.com



Fuji Hana 1255 Johnson Ferry Road Marietta 30068

ietta 30068 678-560-8071 fujihanaeastcobb.com





A beautiful piece of R Wood pottery, handmade and hand painted

in Athens, Georgia.
You'll love this large
"everything bowl".
C'est Moi
1100 Johnson
Ferry Road
Marietta 30068
770-977-8468
cestmoihome.com





Holiday Gift Guide

For the person who has everything, MarketPlace 120 has unique gifts including one of a kind, hand-crafted items and jewelry that are sure to delight.

MarketPlace120
562 Wylie Road,
Suite 24
Marietta 30067
678-540-7511
marketplace120.com





You can't go wrong with personalized note cards. They are great for teachers, friends, business associates, children...everyone!. STATIAnery
By Loren Statia loren@statianery.com 770-321-0251



Are you searching for a unique gift for your friends and family? Why not something more meaningful than what you would find at the Mall?



Order Today at www. fragilekids.org or call Jill Gossett 770-951-6115

Introducing the Fragile Kids Foundation 2014 Limited Edition Note Cards



Four different designs are packaged and wrapped with a bow. Fragile Kids will mail your gift for you and include a note informing your recipient their present from you will make a signifigant improvement in the life of Georgia's disabled and medically fragile children.



ABOUT THE ARTIST:

Louis Cushnie has worked in several mediums since early childhood. His work has been showcased in many venues, including Mason Murer Gallery in Atlanta. His water colors and use of tissue and water to create a unique color spectrum is as beautiful as his ink and marker renderings.

Louis, age 10, resides in Decatur with his mother and is in the 5th grade. He has been a long time champion and ambassador for the Fragile Kids Foundation

Metro Atlantans celebrate the holiday season by continuing old traditions, decorating public spaces and putting on plays. The EAST COBBER is happy to provide a sampling of those special events to help you get in the holiday spirit.

CHRISTMAS TRADITIONS

12th Annual Empty Bowl Brunch with proceeds going to various charities. \$15 includes a bowl made by a local artist (you choose and keep) and chili or soup. December 14. 11am-1:30pm. Advance tickets on sale now. The Art Place, 3330 Sandy Plains Road, Marietta. 770-509-2700 | www.theartplace.us

14th Annual Sleighbells on the Square 5K/1K/Tot Trot sponsored by the Cobb County Bar Association to benefit their Children's Emergency Fund. December 13: Peachtree qualifier. 8:30am. \$30. Historic Marietta Square. More info/to register: www.active.com www.cobbcountybar.org, or www.mariettaga.gov.

Breakfast with Santa. Presented by Mt. Zion Youth. December 6. \$5/person; \$20/family. 8:30-10:30am. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta. 770-971-1465 | www.mtzionumc.org.

The Botanical Express at Atlanta Botanical Garden.

Weekends through December 28 and select weekdays. 10am-4pm. \$3/passenger. Climb aboard as the conductor takes you on a scenic holiday journey around the Garden. 1345 Piedmont Avenue, Atlanta. 404-876-5859 | www.atlantabotanicalgarden.org.

Cobb Executive Women's (CEW) Holiday Social

celebrating the season with good food and good friends. Open to all CEW members and guests. December 9. 5:30-7:30pm. \$5. Mansour Center, 995 Roswell Street NW, Suite 100, Marietta. More info: 770-859-2335or www.cobbchamber.org.

Christmas at Callanwolde. You'll be transported into a magical world in the twinkling of an eye as you enter the magnificent Gothic-Tudor mansion. Transformed by Atlanta's top interior and floral designers, the historic Callanwolde estate captures the spirit and charm of the holidays. December 1-16. Weekdays: 11am-9pm. Saturday and Sunday: 9am-4pm. \$20/general admission. \$15/groups of 20 or more. Free/children 3 and under. Callanwolde Fine Arts Center, 980 Briarcliff Road NE, Atlanta. 404-872-5338 | www.christmasatcallanwolde.org









Christmas at Piedmont Church Arts & Crafts Show.

Unique arts and crafts exhibitors from all over the southeast that have crafted, arranged, painted, or built all the products themselves, as well as delicious food and local entertainment. December 12-13. Friday: 5-9pm. Saturday: 10am-5pm. Free. Piedmont Church, 570 Piedmont Road, Marietta. 770-423-1330 | www.piedmontchurch.tv

Christmas High Tea at Bulloch Hall served by ladies in period clothing. Reservations: \$45. December 9, 11, 16, 18: 4pm. Bulloch Hall, 180 Bulloch Avenue, Roswell. 770-992-1731 | www.bullochhall.org

Christmas Packages. Check out over 20 venues featuring timeless Christmas traditions including carriage rides, music, games, face painting, freeze tag, puppets, trains, reindeer, food and crafts. December 7. 4-7:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. 770-795-3256 | www.johnsonferry.org

Christmas Royal Tea and Grand Yuletide Ball. Treat that special starry-eyed child in your life to an afternoon of Royal Tea this holiday season at The Strand. You and your prince or princess will start the evening with Christmas royals Prince Goodtidings and Princess Joy at the The Strand's fourth floor banquet chamber for High Tea. Afterwards, guests are invited to retire to 2nd floor minstrel's hall where the Prince and Princess will teach young guests a few simple royal dances at the Grand Yuletide Ball. \$15. Limited space available. December 20 and 21. 1-2:30pm and 3-4:30pm, doors open at 12:45pm. The Earl Smith Strand Theatre, 117 N. Park Square, Marietta.770.293.0080 | www.earlsmithstrand.org

Christmas for Kids. Yule log and candy cane hunt, snacks, craft, storyteller Queen Glitter, and a visit from Mr. & Mrs. Claus. For ages 5-11. December 13: 10am-12pm and 11:30am-1:30pm. \$10. Reservations required. Bulloch Hall, 180 Bulloch Avenue, Roswell. 770-992-1731 | www.bullochhall.org

Cookies with Santa at the McCleskey YMCA. All ages are invited to come for a relaxing, fun-filled afternoon of holiday activities. Kids will be able to talk to Santa in a casual environment. Enjoy an afternoon of holiday treats, cocoa and tea. \$5/child. Parents are free but must accompany children to this event. December 14: 2-4pm. McClesky-East Cobb Family YMCA, 1055 East Piedmont Road, Marietta. 770-977-5991 | www.ymcaatlanta.org

Gingerbread House Competition. Decorate your own magically colorful "gingerbread" dream home. Prizes will be awarded for 1st-3rd place, plus a "People's Choice" award. Houses must be edible except for the base. December 1-15. Free. Awards announced December 16, 11am. McCleskey-East Cobb Family YMCA, 1055 East Piedmont Road, Marietta. 770-977-5991 | www.ymcaatlanta.org/mcy

Holiday Lights Celebration. This special evening features the Mt. Bethel Christian Academy and Simpson Middle School choirs, live music by Loose Shoes band, special guest appearances by Santa Claus and Rudolph, and the lighting of the live 40-foot East Cobb Park tree. December 7: 5pm. Free. East Cobb Park, 3322 Roswell Rd, Marietta. 770-591-3160 | www.eastcobbpark.org.

Lite the Night Tree Lighting. WellStar Kennestone Regional Medical Center hosts its annual tree lighting event and ushers in the holiday season. Santa and Mrs. Claus will be on hand for a photo with you and your family. There will be festive children's activities, holiday musical performances and delicious cookies and hot chocolate. Members of the Georgia Symphony Orchestra Chorus are our special musical guests. December 7: 4:30-6pm. Free. WellStar Kennestone Regional Medical Center Blue Parking Deck – Top Level, 677 Church Street, Marietta 30060. 770-793-5000 | www.wellstar.org.

The Marietta Pilgrimage, a Christmas tour of six private historic homes all lovingly restored and decorated for the season. December 6-7. Saturday: 9am-6pm. Candlelight tour: 7-9:30pm. Sunday: 10am-6pm. \$20.\$15/candlelight tour.\$25/combination.Cash or check only. Marietta Welcome Center, No. 4 Depot Street, Marietta. More info: 770-429-1115 or 770-426-4982 or www.mariettapilgrimage.com.



CHRISTMAS TRADITIONS

Pink Pig. A holiday tradition for the whole family, ride Priscilla along the train tracks under the Pink Pig Tent and experience storybook fantasy in real life. Macy's Lenox Square. Through January 4, 2015. Closed Thanksgiving Day and December 25. Monday-Friday: 10am-8pm. Saturday: 10am-9pm. Sunday: 11am-7pm in December: 10am-7pm in January. Christmas Eve: 9am-6pm. New Year's Eve: 10am-6pm. \$3/ride. 3393 Peachtree Road, Atlanta. 404-231-2800 | www1.macys.com/campaign/pinkpig/info.jsp

Polar Express Adventure at the Southern Museum.

Meet a train conductor, create holiday crafts, watch elves make toys, and meet Santa! A holiday-themed model train layout will also be on display. Hot chocolate and light refreshments will be served. The Polar Express Adventure follows the city of Kennesaw's annual Christmas celebration, parade, and tree lighting ceremony. December 6: 5-9pm. \$5/adults and seniors. \$3/children (4-12).Free/infants (3 and under). 770-427-2117 ext 3058 | www.southernmuseum.org

Reindeer Day. Come out for this unique holiday tradition. Live reindeer will be making a special holiday appearance. Create reindeer crafts and warm up with campfire treats. December 14. 1-4pm. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or www.chattnaturecenter.org.

St. Nicholas Holiday Market. Come shop unique gifts, crafts, jewelry and specialty Greek foods and pastries. Saturday, December 6, noon-5pm. Sunday, December 7: noon-3pm.Holy Transfiguration Greek Orthodox Church Parish Life Center, 3431 Trickum Road, Marietta. 770-924-8080 | www.holytransfiguration.info

Swim with Santa. Come join Santa and his friends for a dip in the pool! Share your Christmas wish list with Santa and have your picture taken with him. Enjoy fun games and receive a special holiday frame for your photo with Santa. Children 10 and under must have an adult in the pool area with them. Children 8 and under must have an adult in the water with them. Registration required. \$8/ child. December 13. 6-8pm. McClesky-East Cobb Family YMCA, 1055 East Piedmont Road, Marietta. 770-977-5991 | www.ymcaatlanta.org

CONCERTS

Big Chicken Chorus 2014 Christmas Show featuring the Big Chicken Chorus and Quartets, Redzone Tennesee Quartet, Song of Atlanta Show Chorus and Marietta High School Blue Devil Chorus. December 13: 7:30pm. December 14: 3pm. \$25/general admission.\$20/Seniors. \$10/Students. A portion of the proceeds will go to MUST Ministries. Donation bins will also be in place for MUST and Toys for Tots. Marietta Performing Arts Center at Marietta High School, 1171 Whitlock Ave NW, Marietta. 470-349-0550 | www.bigchickenchorus.org

Blue Christmas, presented by Atlanta Wind Symphony. A holiday concert featuring jazz influences and holiday favorites. December 16: 7:30pm-9pm. Free. Roswell Cultural Arts Center, 950 Forrest Street, Roswell. 770-594-6232 | www.roswellgov.com/roswellcac

Carols by Candlelight, featuring the Georgia Festival Chorus and directed by Frank Boggs. December 4. 7:30-9:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. 770-973-6561 | www.johnsonferry.org

Carols for Christmas: Illuminate. Friday, December 5: 7:30pm. Sunday, December 6: 5:30pm.This service of music and drama -- presented by Chancel choir, praise team, youth choirs, children's choir, bells and orchestra. Mt. Bethel United Methodist Church, 4385 Lower Roswell Road, Marietta. 770-971-2880 | www.mtbethel.org

Charlie Brown Christmas Show. Jeffrey Bützer and T.T. Mahony present a jazzy musical tribute to Vince Guaraldi's A Charlie Brown Christmas. The show, now an established Atlanta tradition, will be making its way outside the perimeter to a family friendly venue! Bützer and Mahony will be playing the whimsical Christmas songs that Charlie Brown and the gang have made favorites for the holiday season. December 18: 8pm. \$15 in advance, \$18 the day of show. The Earl Smith Strand Theatre, 117 N. Park Square, Marietta.770.293.0080 | www.earlsmithstrand.org

Christmas Cantata. A Christmas Cantata by the Chancel Choir and Children's Choir. December 14: 8:30am & 11am. Coffee hour in between. Nursery provided. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta. 770-971-0267 | www.mtzionumc.org

Christmas Festival Concert with the 120-voice Roswell United Methodist Church Sanctuary Choir under the direction of Dr. Michael O'Neal, Christmas Festival Ringers under the direction of Lisa Stover, and organist Tom Alderman and Georgia Philharmonic performing favorite holiday music from traditional Christmas hymns to moving settings of familiar carols. Special guest narrator, Karen Minton from WSB-TV. December 12: 7:30-9pm. December 14: 3-5pm. Free but tickets required to ensure seating. Roswell United Methodist Church, 814 Mimosa Boulevard, Roswell. Call 770-594-0512 for tickets.

Christmas Rocks! Extravaganza. The Brian Setzer Orchestra, fronted by three-time Grammy Award-winner and founder/leader of The Stray Cats, Brian Setzer, brings their Christmas Rocks! Extravaganza to the Cobb Energy Performing Arts Center. December 5: 8pm. \$35-\$75. Cobb Energy Performing Arts Center, 2800 Cobb Galleria Parkway, Atlanta. 770-916-2800 | www.cobbenergycentre.com

A Christmas Tapestry featuring Mt. Bethel instruments. Be ushered into the season with Mt. Bethel Orchestra, handbells, and piano/organ duets by Chuck Newman and Ira Pittman. December 17. 7-8pm. Free. Mt. Bethel United Methodist Church, 4385 Lower Roswell Road, Marietta. 770-971-2880 | www.mtbethel.org

CONCERTS

A Christmas Tradition. This song and dance revue is guaranteed to make the entire family dance, clap, and enjoy the spirit of the holidays - from Santa loving six year olds to out of town in-laws. December 5-21. Thursdays, Fridays, and Saturdays: 8pm. Sundays: 3pm. \$25. Seniors, students, military, and groups of 10 or more, \$20.The Earl Smith Strand Theatre, 117 N. Park Square, Marietta.770-293-0080 | www.earlsmithstrand.org

Cobb Wind Symphony Winter Concert. The Winter Concert is free and is open to the public. Conductor Alfred Watkins, Assistant Conductor Bob Cowles. 7pm. Lassiter High School Concert Hall, 2601 Shallowford Road, Marietta. 678-305-7148 | www.cobbwindsymphony.

Holiday Pops 2014, Georgia Symphony Orchestra's annual holiday spectacular featuring seasonal favorites performed by the Georgia Symphony Orchestra and Chorus. December 6: 3pm & 8pm. Marietta Performing Arts Center, 1171 Whitlock Avenue, Marietta. 770-429-2390 | www.cobbsymphony.org

Holiday Music Showcase, presented by the Joseph Wheeler High School band, chorus, and orchestra. December 6. Philarmonia & Sinfonia Orchestra and Spiritual& Chorale Choirs will perform at 2pm. Bel Voce Choir, Chamber Orchestra, and Wind Ensemble will perform at 4pm. \$10/adults. \$5/students. Lassiter High School Concert Hall, 2601 Shallowford Road, Marietta. Visit www.wheelerorchestra.com for tickets.

Masterworks presented by Sprayberry High School Fine Arts Department. The Sprayberry Chorus and Symphony Orchestra will perform traditional and seasonal favorites. December 9. 7-8:30pm. Free. Donations accepted. Sprayberry High School Theater, 2525 Sandy Plains Road, Marietta. More info: 770-578-3200.

A John Rutter Christmas. Rutter Holiday favorites featuring his 3-movement Gloria, with the full Michael O'Neal Singers chorus and musicians from the Atlanta Symphony Orchestra. December 7: 3pm. In advance: \$20/Adult. \$15/Seniors & Students. At the door: \$22/Adult. \$17/Seniors & Students. Roswell United Methodist Church, 814 Mimosa Boulevard, Roswell. 770-594-7974 | www.mosingers.com.



CONCERTS

The Johnson Ferry Christmas Festival. December 13: 7pm. December 14: 4pm & 7pm. The music, the visuals, the message - The Johnson Ferry Christmas Festival wraps together everything glorious about Christmas into one spectacular performance. Admission is free. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. 770-973-6561 | www.johnsonferry.org

Messiah Sing-Along. Bring your own score and join voices with the Michael O'Neal Singers in this annual community event. December 21: 3pm. \$10.. Roswell United Methodist Church, 814 Mimosa Boulevard, Roswell. 770-594-7974 | www.mosingers.com.

Sleigh Bells Swing: A Holiday Family Extravaganza.

Celebrate the holidays with the big band sounds of the Atlanta Lyric Orchestra and the area's finest entertainers! Featuring Duke Ellington's Nutcracker Suite and dozens of holiday hits made famous by Louis Armstrong, Bing Crosby, Dean Martin, Brenda Lee, Gene Autry, Nat King Cole, Perry Como, Burl Ives, Judy Garland, Johnny Mathis, and many more! December 20-21. Saturday: 8pm. Sunday: 2pm. Tickets: \$37.25 - \$58.50. Cobb Energy Performing Arts Centre, 2800 Cobb Galleria Parkway, Atlanta. 770-916-2800 | www.cobbenergycentre.com

LIGHT DISPLAYS

Fantasy in Lights at Callaway Gardens. Through December 30. \$24/Adults. \$12/Children 6-12. Ages 5 and under: free but require a "free child" ticket. Prices vary with prime and value days. Check for times and purchase tickets in advance for best rates. Enjoy the scenic five-mile drive, featuring over eight million lights with holiday tunes. Hwy. 27, Pine Mountain. 800-225-5292 | www.callawaygardens.com

Garden Lights, Holiday Nights at Atlanta Botanical Garden. Through January 3, 2015. 5-10pm. \$20/adult. \$14/ages 3-12. Experience the Garden as never before when it is transformed into a twinkling winter wonderland. 1345 Piedmont Ave. NE, Atlanta. 404-876-5859 | www.atlantabotanicalgarden.org

Holiday in Lights at Centennial Olympic Park. Through January 19, 2015. Free. 7am-11pm. Thousands of colorful lights and animated holiday displays transform the downtown park into a dazzling dreamland. Outdoor ice skating: \$12/90 minutes, includes skate rental. Monday-Thursday: 4:30-10pm. Friday: 4:30-11pm. Saturday: 10am-11pm. Sunday: 10am-10pm. Holiday hours: December 24, 31: 10-5pm. December 25, January 1: 1-10pm. Closed December 3.265 Park Avenue West, Atlanta. 404-223-4412 (for skating hours) | www.centennialpark.com





Lights of Life. Through December 31. Millions of holiday lights throughout the campus. Santa and his sleigh stand over 65 feet high, making it the tallest in the Southeast. Through December 31. Sunday-Thursday: 6-10pm. Friday-Saturday: 6-10:30pm. \$10/car Friday-Sunday and December 19-31, 6-10:30pm. \$5/car Monday-Thursday, 6-9pm (except for days listed above). \$20/bus or van regardless of the day. A portion of the proceeds will be donated to the Atlanta Community Food Bank. Life University Treehouse, 1269 Barclay Circle, Marietta. 678-331-4334 | www.life.edu

Magical Night of Lights at Lake Lanier Islands. Daily through December 31 (including holidays). 5-10pm. \$30/car. \$50/van (10-19 people). \$150/bus (20 people or more). Take a driving tour through more than 6 miles of giant illuminated characters and millions of twinkling lights. 7000 Holiday Road, Lake Lanier Islands, Buford 30518. 770-945-8787 | www.lakelanierislands.com

Six Flags Holiday in the Park. More than one million LED lights and dozens of Christmas trees, festive shows, tasty culinary treats and of course, the Big Man: Santa Claus in all his glory. November 22-December 26: 4-10pm. December 27-January 4: 12-8pm. Single visit tickets: \$61.99/adult. \$41.99/child under 48". Children 2 & under, free. Six Flags, 275 Riverside Parkway, SW, Austell, Georgia 30168. 770-948-9290 | www.sixflags.com.

LIVE NATIVITY

Bethlehem Walk. Walk through the streets of Bethlehem to a live nativity scene. December 6-7 and 12-13. 7-9pm on Thursday. 7-9pm on Friday. Free. Mountain View United Methodist Church, 2300 Jamerson Road, Marietta. 770-928-0050 | www.mvumc.org

Live Nativity. December 17. 5:30-8:30pm. Mt. Bethel United Methodist Church, 4385 Lower Roswell Road, Marietta. 770-971-2880 | www.mtbethel.org

MENORAH LIGHTING

Chabad of Cobb Menorah Lighting. Celebrate Chanukah and join in building and lighting Atlanta's tallest Lego Menorah. December 18. Building the Menorah: 5:30pm; Lighting: 6pm. Free. East Cobb Park, 3322 Roswell Road, Marietta. 770-565-4012 x.300 | www.chanukahcobb.com.

SANTA SIGHTINGS

The Avenue at East Cobb

Fridays through December 19: 3-7pm 4475 Roswell Road, Suite 1520 Marietta 30062 More info: 770-971-9945 www.theavenuealist.com





SANTA SIGHTINGS

Cumberland Mall

Monday-Saturday: 10am-9pm. Sundays: 12pm-6pm.

1000 Cumberland Mall

Atlanta 30339

More info: 770-435-2206 www.cumberlandmall.com

Lenox Square Mall

Monday-Sunday: 10am-9pm through December 17.

December 18-23: 9am-9:30pm. December 24: 8am-6pm. 3393 Peachtree Road NE

Atlanta 30325

More info: 404-233-6767 www.simon.com

North Point Mall

Monday-Friday: 10am-9pm. Saturdays: 9am-9pm.

Sundays: 12:30-7pm. 1000 North Point Circle Alpharetta 30022

Mall hours through December 24

More info: 770-740-9273 www.northpointmall.com



Perimeter Mall

Monday-Saturday: 11am-8pm. Sundays: 12pm-6pm.

Starting December 12, times change.

December 12 and 15-19: 10am-9pm. December 13 and

20, 22-23: 9am-9pm.

December 14: 11am-8pm. December 21: 11am-9pm.

December 24: 9am-6pm. 4400 Ashford Dunwoody Road

Atlanta 30346

More info: 770-394-4270 www.perimetermall.com

Santa on the Square

Saturdays: 10am-6pm Sundays: 11am-5pm

December 22, 23: 10am-6pm December 24: 10am-2pm Marietta Square - Glover Park

Marietta 30060

More info: 770-794-5601 www.mariettaga.gov

Town Center Mall

Various times. Check website. 400 Ernest W. Barrett Parkway

Kennesaw 30144 More info: 770-424-9486 www.towncenteratcobb.com





What If there was a place unlike any church you have ever experienced?

What If it didn't matter what you wore?

What If everyone, we mean everyone, was accepted for who they are, without judgment?

What If everyone knew your name?

Come and weave the unique threads of your life into our tapestry of love!



3000 Johnson Ferry Road Marietta, 30062 www.Sacredtapestry.com ralanford@gmail.com angelga@att.net 770-891-9624



<u>Upcoming Events</u>

Wills and Trust Q&A

December 4 at 7pm Free

Breakfast with Santa

December 13 at 9am-10:30am 2 for \$15 • 3 or more \$20

Christmas Eve Service

December 24 at 7pm Guest Singer Adam McKnight Dessert Table/Candle Lighting

New Children's Church

Starting in January



Inclusive Service Of Worship
Potluck Brunch and Coffee Bar at 10:45am
Study Group at 9:45am
Youth study at 9:45am

THEATER

A Christmas Carol, a traditional holiday classic for the entire family guaranteed to fill you with the Christmas spirit and warm your heart. December 12-14, 18-21, and 23 at 8pm. There will also be matinee performances in addition to the evening performances on December 13, 14, 20, 21 at 3pm. \$15. Bulloch Hall, 180 Bulloch Avenue, Roswell. 770-992-1731 | www.bullochhall.org

A Christmas Carol presented by Pope High School Drama Club. Student directed by Devon Long. Start your holiday season off right with this classic story by Charles Dickens. Join the ghosts of Christmas Past, Present and Future as they lead the miserly Ebenezer Scrooge on a journey of transformation and redemption. December 12-14. Friday & Saturday: 7pm. Sunday: 2pm. General Admission: \$10. Pope High School Theater, 3001 Hembree Road, Marietta. popetheater@gmail.com.

Atlanta Ballet's Nutcracker with the Atlanta Ballet Orchestra. Fairies, princes, and dancing snowflakes. The magic of the holiday season is alive again at the Fabulous Fox Theatre. Share the tradition and feel the warmth that has been enchanting audiences in Atlanta for over 50 years. December 11-28: 7:30pm. Saturdays at 2pm and 7:30pm. Sundays at 2pm and 7pm. December 24: 1pm. Tickets start at \$20. Fox Theatre, 660 Peachtree St. NE, Atlanta. 404-873-5811 | www.atlantaballet.com | 800-982-2787/Ticketmaster

Every Christmas Story Ever Told (and then some),

presented by CenterStage North. Instead of performing Charles Dickens' beloved holiday classic for the umpteenth time, three actors decide to perform every Christmas story ever told-plus Christmas traditions from around the world, seasonal icons from ancient times to topical pop-culture, and every carol ever sung. A madcap romp through the holiday season. December 12-13: 8pm. December 20: 2pm. December 20: 2pm & 8pm. \$15 in advance, \$17 at the door.The Art Place - Mountain View, 3330 Sandy Plains Road, Marietta. 770-516-3330 | www.centerstagenorth.org







It's a Wonderful Life Marathon. In this true holiday classic, an angel (Henry Travers) helps a compassionate but despairingly frustrated businessman (James Stewart) by showing what life would have been like if he never existed. Get here half an hour early for a holiday preshow and sing along on the Mighty Allen Theatre Organ. \$8/adults.\$7/seniors, students, and military. December 22. 12pm, 3pm, 6pm, 9pm.The Earl Smith Strand Theatre, 117 N. Park Square, Marietta.770.293.0080 | www.earlsmithstrand.org

The Nutcracker presented by The Georgia Ballet, featuring dancing snowflakes, giant toy soldiers, a growing Christmas tree, and a delectable land of sweets. December 5-7. Friday: 7:30pm. Saturday: 1:30pm & 7:30pm. Sunday: 1:30pm & 5:30pm. Last performance is a fundraiser for the Disabled American Veterans. \$15-\$100. Jennie T. Anderson Theatre, 548 South Marietta Parkway, Marietta. More info: 770-528-0881 or www.georgiaballet.org.

The Sanders Family Christmas presented by Atlanta Lyric Theatre. In this sequel to the ever-popular Smoke on the Mountains, the Sanders family returns to Mount Pleasant Baptist Church where they have been invited to sing and witness, getting the congregation into the holiday spirit before the boys are shipped off to World War II. December 5-14. Friday/Saturday: 8pm. Sunday: 2pm. \$25-\$40. First United Methodist Church of Marietta's Family Life Hall, 56 Whitlock Avenue, Marietta. More info: 404-377-9948 or www.atlantalyrictheatre.com.





Coming Soon: New Children's Theater!

SANCTUARY: NOON, 3, 6, 8, & 11 P.M

ACTIVITIES CENTER: 3 & 6 P.M.

COMMUNITY CALENDAR

Free Mulch. Cobb EMC offers free mulch from the clearance maintenance of Cobb EMC power lines. It is available throughout the year and can be delivered when crews are in your area. More info: 678-355-3413.

TUESDAY AND SATURDAY

Feeding Time at the Chattahoochee Nature Center. Join a naturalist for an in-depth look at one of their resident animals as they are being fed. 4pm. Admission: \$6 for Child/\$10 Adult/\$7 Seniors 65+/\$7 Students. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055.

EVERY SATURDAY

Free Arts and Crafts at Lakeshore Learning Store. Make a Chilly Snowman, Welcome Winter Wreath, Festive Card Holder, Celebration Noisemaker . 11am-3pm. Ages 3 and up. Lakeshore Learning Store, 4287 Roswell Road, Marietta/East Cobb. More info: 770-578-3100 or www.lakeshorelearning.com.

EVERY SATURDAY AND SUNDAY

Marietta Square Farmers Market featuring products that are grown and produced in Georgia, including produce, plants, honey, breads, and cheese. Saturday: 9am-12pm. Sunday: 12-3pm. Glover Park-Marietta Square. More info: 770-499-9393 or www.mariettasquarefarmersmarket.net.

Trail Hikes. A docent guides you on a journey through the Chattahoochee Nature Center trails using biofacts and activities to spark your "natural" curiosity. 1 and 3 pm. Admission: \$10 adults/\$7 seniors/\$6 children ages 3-12 and free for 2 and under and members. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055.

THROUGH DECEMBER 14

Artist Attic Holiday Show & Sale. Unique handmade items by students, instructors and staff from The Art Place. 10am-5pm. The Art Place – Mountain View, 3330 Sandy Plains Road, Marietta/East Cobb. More info: 770-509-2700.

THROUGH DECEMBER 31

Comic Book Sale. A large collection of comic books (most boarded and bagged). 10am-9pm. Switzer Library, 266 Roswell Street, Marietta. More info: Patricia Latch, latchp@cobbcat.org or 770-528-2331

DECEMBER 6

Safe Sitter Class. A nationally recognized babysitter education program. High-quality training program that teaches adolescents skills needed to be a safe, nurturing babysitter. Course designed for ages 11-13. \$50. 9am-3pm. WellStar East Cobb Health Park, 3747 Roswell Road NE, Marietta. More info: 770-956-7827.





COMMUNITY CALENDAR

DECEMBER 7

St. Nicolaus Charity Soccer Event. Candy canes, hot chocolate and water for everyone. Prizes for Ugliest Christmas Sweater, Best Christmas Hat and Best Team Costume. All donations go to Must Ministries to fill their Toy Box for Cobb Families in Need. Entry fee: Toy (new & unwrapped), valued at \$25 or greater – please include batteries if required. 10am-5PM. Custer Park, 600 Kenneth E. Marcus Way, Marietta. More info: Karon Beyer at cobbsoccer@gmail.com or call 404-317-9245

DECEMBER 6-7

Eastman Gun & Knife Show. Get a good deal on a firearm, ammo, holster, scope, clip or magazine, knife or whatever you are looking for. Bring your unwanted guns for sale or trade, the dealers are always looking for items to take in trade or to purchase outright. Saturday: 9am-5pm. Sunday: 10am-4pm. \$10/adults. Free/ages 12 & under. Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info: 229-424-4555 or www.eastmangunshows.com.

Bizarre Bazaar, presented by Roswell Fine Arts Alliance. A slightly whacky way to find wonderful holiday gifts at reasonable prices. Artisans will offer a variety of items along with the beautiful seasonal paintings in our Gallery. Saturday: 10am-6pm. Sunday: 1-6pm. The Art Center, 9100 Fouts Road, Roswell. More info: 770-977-0238 or www. RFAA.org.



DECEMBER 9

Cobb Executive Women Holiday Social. Celebrate the holiday season with Cobb Executive Women. Enjoy a wonderful evening of networking, hors d'oeuvres and wine. All proceeds go to The Mansour Center. 5:30-7:30pm. \$5. Mansour Center, 995 Roswell Street NE Suite 100, Marietta. More info: 770-980-2000 or www.cobbchamber.org.

Little Listeners. Through music, finger-plays, and the reading of one or two stories, preschoolers are introduced to pre-literacy skills and socialization at the library. This structured program lasts 30 minutes and is for children ages of 3-5 years of age and their parent or caregiver. 11am. Mountain View Library, 3320 Sandy Plains Road, Marietta. More info: 770-509-2725.

DECEMBER 10

Museum Mice Tours: Following Murray's Treasure Map. Tours are geared towards children ages 3-5 and their parents to introduce them to history. 10:30-11:30am. \$5/person. \$15 max/family. Marietta Museum of History, 1 Depot Street, Suite 200, Marietta. More info: 770-794-5710 or www.mariettahistory.org.

Technology in the Civil War. During the Civil War, the North and South adopted new technology in their quest for victory. Michael K. Shaffer, Civil War historian and executive director of Kennesaw State University's Civil War Center, will discuss the military use of aeronautics, submersibles, the telegraph and more. 7pm. Free. Heritage Sandy Springs, 6110 Bluestone Road, Sandy Springs 30328. More info: 404-851-9111 x2.

DECEMBER 11

READing Paws. Come read with a four-footed friend. Free. Registration required. 3:30-4:30pm. East Cobb Library, 4880 Lower Roswell Road, Marietta. More info/to register: 770-528-2524 or www.readingpaws.org.



COMMUNITY CALENDAR

DECEMBER 13

Middle School Night Madness at the Northeast YMCA. No parents, no teachers just fun! Music, games and activities. Pizza and drinks sold. 7-10pm. Members: \$5. Program Members/Community: \$10. Northeast YMCA, 3010 Johnson Ferry Road, Marietta. More info: 678-569-9622.

DECEMBER 13 & 17-19

Defensive Driving/Driver Improvement Class. Six-hour class taught by certified instructors for those who want to lower their cost of insurance or have gotten a traffic ticket and need to take a defensive driving class. Court ordered/point reduction: \$95. Insurance reduction only: \$30. Registration in person only due to state form requiring signature. Wednesday & Thursday: 6-9pm. Saturday: 9am-3:30pm. Safe America Foundation, 2480 Sandy Plains Road, Marietta. More info: 770-973-7233 or www.safeamerica.org.

DECEMBER 12

Writing a Mini Business Plan presented by Service Corps of Retired Executives (SCORE). Learn how to prepare a concise, 3 to 8 page mini business plan. Free. 9:15-11:45am. Cobb Chamber of Commerce at 240 Interstate North Parkway, Atlanta 30339. More info: 770-980-2000.

DECEMBER 14

11th Annual Empty Bowl Brunch with proceeds going to various charities. 11am-1:30pm. \$15 includes a bowl made by a local artist (you choose and keep) and chili or soup. Advance tickets on sale now. The Art Place - Mountain View, 3330 Sandy Plains Road, Marietta. More Info: 770-509-2700 or www.theartplace.us.



DECEMBER 14

Greater Atlanta Coin Show. Dealers display a variety of numismatic items and other collectibles. People are invited to browse, buy, sell or trade coins, currency, gold and silver bullion, or other collectibles. Free. 9am-5pm. Hilton Atlanta/Marietta Hotel and Conference Center, 500 Powder Springs Street, Marietta. More info: Bob O'Brien, 770-772-4359 or www.atlcoin.com.

DECEMBER 16

Well Screen Event co-sponsored by WellStar. Affordable health screening event, blood pressure, lipid panel, thyroid screening, comprehensive metabolic panel, hemoglobin A1C and more . Price varies. 9:30-10am. McCleskey-East Cobb YMCA, 1055 East Piedmont Road, Marietta. More info: 770-956-7827.

DECEMBER 20-22

Celebricktion Lego Show. Celebrate the Lego Building System complete with an entire city built by Harry and Austin Nijenkamp with 1 million Lego pieces. All proceeds benefit the Drake House. \$10/person. 9am-6pm. High Meadows School Community Center, 1055 Willeo Road Roswell. More info: Karen Pye, 770-587-4712 x.307 or www.celebricktion.com

DECEMBER 22

Mittie Bulloch and Theodore Roosevelt Sr.'s 1853 Wedding Reenactment. Step back in time as a guest at this important wedding which ultimately produced our 26th president, Theodore Roosevelt. \$15/adults. \$10/children. Tours on the half hour: 6:30pm, 7pm, 7:30pm, 8pm & 8:30pm. Bulloch Hall, 180 Bulloch Avenue, Roswell. More info/reservations: 770-992-1731 or www.bullochhall.org.

DECEMBER 22-JANUARY 5, 2015

Cobb County schools closed for winter break.





COMMUNITY CALENDAR

DECEMBER 22-23 & 29-30

Dynamite Days off Camp. During the school holiday breaks the McCleskey YMCA is providing healthy fun activities for children 5-12. Activities include swimming, crafts, sports and group games. 9am-4pm (extended care from 7:30am-6pm). Members: \$40/day. Program Members: \$60/day. McCleskey YMCA, 1055 E Piedmont Road, Marietta. More info: 678-569-9622.

Winter Camp H20. If you need time to catch up with family, do some shopping and get cooking done together, don't make the kids run errands with you- let them craft and swim all day! 9am-5pm, with drop off as early a 8:30am.\$70/day. \$239/all four days. Atlanta Swim Academy, 732 Johnson Ferry Road, Marietta. More info: 770-973-3120.

DECEMBER 22-24, DECEMBER 29-JANUARY 2, 2015

Winter Break Camp at Camp Kingfisher, a taste of summer camp fun with some unique twists. Kindergarten – 7th grade. 9am-4pm. Free extended care available from 8-9am & 4-6:15pm. No camp DECEMBER 25 and January 1. Members: \$180 for 3 days, \$60 for day 4. Non-members: \$200/non-members for 3 days, \$60 for day 4. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055, ext. 222, or www.chattnaturecenter.org.

DECEMBER 22-27, DECEMBER 29-JANUARY 3, 2015

Driver Education at Safe America. State of Georgia licensed driver education courses. 30 hours of classroom training plus 6 or 10 hours of private individual behind-the-wheel training with a licensed driver training instructor within 6 months following completion of the classroom session. \$150/30 hours classroom only. \$474/classroom plus 6 hours behind-the-wheel.\$574/30 hours classroom plus 10 hours behind-the-wheel.9am-3:30pm. No class DECEMBER 25 and January 1. Safe America Foundation, 2480 Sandy Plains Road, Marietta. More info: 770-973-7233 or www.safeamerica.org.

DECEMBER 31

Dancing With the Stars Live. Dancing with the Stars, ABC's leading entertainment show, is bringing a one-of-a-kind touring production to the Cobb Energy Centre. 8pm. Tickets: \$37-\$62. Cobb Energy Performing Arts Centre, 2800 Cobb Galleria Parkway, Atlanta. More info: 770-916-2800 or info@cobbenergycentre.com.

TANUARY 4

The Georgia Bridal Show. Meet face to face with wedding professionals and find everything you need to create the wedding of your dreams. 12-5pm. \$10 in advance online or \$15 cash only at door. Cobb Galleria Centre, 2 Galleria Parkway, Atlanta. More info/tickets: www.eliteevents.com.

JANUARY 7-8

Celebrate Calm Parenting Workshops. Do you want to get your kids to listen the first time? Stop defiance, disrespect, and yelling? Stop whining, tantrums and sibling fights? Get kids off video games/screens without a fight? Create stress-free mornings, homework time and bedtime? Parents, bring your middle & high schoolers with you to this Family Workshop on Wednesday, January 7: 7-9pm or come to the Parent Workshop on Thursday, January 8: 9:30-11:30am. Free. Pope High School, 3001 Hembree Rd, Marietta. More info: Tiffany Setzer at tsetzer@bellsouth.net.

JANUARY 12

Cobb Chamber First Monday Breakfast. Program: State of the County. Speaker: Tim Lee, Chairman, Cobb County Board of Commissioners. 7:30am. General admission is \$60. Member admission is \$25 online, \$40 at door. Breakfast and meeting will be held at Cobb Galleria Centre, Cobb Galleria Centre, Two Galleria Parkway, Atlanta. More info: 770-980-2000 or www.cobbchamber.org.





Beekeeping 101 Offered at Smith Gilbert Gardens



▲ Class participants tending the hives during one of the sessions.

Smith Gilbert Gardens will present Beekeeping 101 program which will start in January and will be taught over a 9-month period. Course topics include: the history of beekeeping, hive construction, care of the hive, and harvesting of honey. Participants will learn how to identify the most common problems impacting hive health, how to prepare bees for winter months, and the best ways to extract honey.

Taught by Daphney Glass, Beekeeping 101 provides a comprehensive approach to beekeeping. Encouraged by a friend to take the class at Smith-Gilbert Gardens, Daphney was quickly captivated by the art and science of beekeeping and wanted to learn everything she could. She is a member of the Metro Atlanta Beekeeping Association and the Cherokee Beekeeping Club. In addition to the training she received under beekeeper Dan Harris, Daphney attended a week-long conference hosted by the Eastern Apicultural Society and then passed the certification test to become a Certified Beekeeper. Daphne shares this about her connection with this ancient practice, "There are not many things in life that can give you conflicting mixed emotions, fear and excitement, all at the same time guite like the first time you see an open hive and a full frame covered with bees." Daphney is now the beekeeper at Smith-Gilbert Gardens and through this course hopes to inspire others to have at least one colony of bees in their own backyard.

All aspects of keeping healthy bees will be covered during the course. In addition to the course instruction, participants may construct their own hives and stock with nucs (queen and bees). By next spring you could have your own hive and bees buzzing around your garden – the sure sign of a healthy garden! Course fee: \$225; Garden Members receive a 10% discount. Please note: Additional expenses for protective equipment, hives, frames, and nucs are not included in the course fee. Estimated expenses:

• Protective equipment (gloves and hat with netting): \$50

• 8 or 10 frame hive: \$265

• Nucs: \$160 each

A nuc or nucleus to give it its full title consists of 3 or 5 frames of bees, brood, both open and sealed, honey and pollen stores and a laying queen of the current year.

Medications: \$10First season's feed: \$20

Smith Gilbert Gardens is located at 2382 Pine Mountain Rd NW in Kennesaw. For more information or to register, contact the Garden office at 770-919-0248 or

email info@smithgilbertgardens.com.





Bring One For The Chipper



Did you know that your old Christmas trees can be recycled and that one twenty pound tree takes up valuable landfill space comparable to a washing machine? Recycling trees creates mulch, fuel, wildlife habitats and other useful mate-

rial. You can help "Keep Cobb Beautiful," by recycling your old tree after the holiday season. Keep Cobb Beautiful will sponsor free recycling drop-offs.

Keep Cobb Beautiful is inviting everyone to "Bring One for the Chipper," and recycle your Christmas tree after the holidays. As a part of a statewide effort to reuse Christmas trees, Keep Cobb Beautiful is hosting convenient sites where area residents can drop-off their trees. Most sites will be manned by various volunteer organizations from 9 a.m. until 4 p.m. No other items will be allowed to be dropped off at sites. Cobb County Parks sites will accept trees from December 26 until January 3. All Home Depot sites will accept trees ONLY on Saturday, January 4. To volunteer at a site location, look on the web site at kcb.cobbcountyga.gov and go to the volunteer section for more information.

Here are the Drop-off locations in the East Cobb area:

The following Cobb County Parks will accept dropoffs from December 26, 2014 until January 3, 2015:

- Noonday Creek Park 489 Hawkins Store Road Kennesaw 30144
- > Sewell Park 2085 Lower Roswell Road Marietta, GA 30066
- > Fullers Park (Lower Field) 3050 Robinson Road Marietta, GA 30064

HOME DEPOTS-trees will be accepted only on January 3:

- > Home Depot 3605 Sandy Plains Road Marietta, GA 30066
- > Home Depot 4101 Roswell Road NE Marietta, GA 30062

Davey Trees at 770-451-7911, as well as the Cobb Parks locations will have free mulch available to citizens after January 5th. For more information and to receive a mulch request form, contact Keep Cobb Beautiful at 770-528-1135 or visit: www.kcb.cobbcountyga.gov.











Be Inspired. Stay Connected. Like Some Stuff.

www.facebook.com/EastCobber

Share Your Weight-Loss Story With EAST COBBER!

Have you transformed your body? Tell us how you made it happen. We want to hear all the details of your weight loss story. We want to know what led to your weight gain (please be specific), what you consider your turning point, how you lost weight, and how long it took you to get to achieve your feel-great weight. How did you change your eating habits and physical activity? Were there any special diet tricks you used to control cravings, squeeze in exercise or meal planning, or limit portions? What are your go-to products (think apps, training tools, even food scales), if any, that helped you stay on track?

Email us your weight loss success story --along with before and after photos--to healthy@eastcobber.com. ©







Weddings • Bar Mitzvahs
School Dances and Festivals
Private Parties • Corporate Events
Child and Adult Birthday Parties
MC Work

678.520.0194 www.djneezy.com



New Year's Eve Events

The Atlanta area offers a New Year's Eve celebration for every taste and every budget. Here are some of the big ones. For more New Year's events and local restaurant specials and church festivities, visit www.eastcobber.com or check out the EAST COBBER Facebook page for last-minute listings.

Chick-fil-A Bowl Parade and FanFest.

Watch the parade, complete with bands, cheer-leaders, mascots and more start at 8:00am at the intersection of Peachtree & Baker Street and proceed south on Peachtree and west on Andrew Young International Boulevard. The parade ends at the Georgia World Congress Center (285 Andrew Young International Boulevard). FanFest will be held inside Georgia World Congress Center exhibition hall C and will be featuring games, rock climbing and inflatables from 8:30am-12:30pm. December 31. Parade: free. FanFest: \$15. \$10 (with game ticket). 404-586-8500 | Tickets available for purchase at door or at www.chickfilapeachbowl.com.

New Year's Eve at the Strand

Ring in 2015 with one of the best rock shows in Atlanta and all of your Stones favorites performed by Stephen Skipper and his Rolling Stones Tribute band. Opening the night will be the Big Chicken Beatles Band, making this show a true British Invasion concert! \$35-\$40. Doors open at 8pm. Show: 9pm until after midnight. Earl Smith Strand Theatre, 117 North Park Square, Marietta. 770-293-0080 | earlsmithstrand.org

Peach Drop

Festivities start at 11am with children's activities, games, food, and live entertainment leading up to the midnight dropping of the 800-pound peach which lands among a shower of confetti. Party will continue well into the morning. Free. Underground Atlanta, 50 Upper Alabama Street SW, Atlanta. 404-523-2311 | www.peachdrop.com | www.underground-atlanta.com

Polar Bear Swim

Hosted by the Lanier Canoe and Kayak Club at Lake Lanier Olympic Venue. Finish the year with a chilly dip in the lake. January 1.11am-2pm. 3105 Clarks Bridge Road, Gainesville. 770-287-7888 | www.lckc.org.

Ring in the New Year at Ritz-Carlton, Atlanta

By Cynthia Rozzo







Giving the gift of an overnight stay is not only a delight to receive, but it's fun to give. Consider staying overnight at Ritz-Carlton Hotel, Atlanta this New Year's Eve.

So I'm sure you're thinking "I live locally, why stay at the Ritz Carlton in downtown Atlanta?" How about enjoying safety and convenience in a luxurious setting. With all the New Year's Eve activities available close by the hotel, why worry about drunk drivers, or getting caught trying to drive under the influence. A New Year's Eve getaway is a great excuse to snuggle with your sweetie and not have to worry about driving home with all the drunk drivers on the roads. At The Ritz-Carlton, Atlanta hotel you will find an exceptional retreat in the heart of downtown. With impeccable service and an ideal location, this luxury hotel in downtown Atlanta combines a truly modern setting with sophisticated Southern hospitality.

At a recent overnight stay (for our 28th wedding anniversary) we were wished a Happy Anniversary at check-in. There was champagne on ice and an elegant little welcome plate of chocolate-covered strawberries with a little Happy Anniversary card waiting for us in our spacious and elegant hotel room. The romantic room was topped off with rose petals—some arranged in the form of a heart—on our king-sized bed!

Our deluxe room included access to The Ritz-Carlton Club. Located on another floor, The Ritz-Carlton Club is a spacious lounge area furnished to resemble a comfortable living area and offers five complimentary food and beverage presentations daily. A dedicated concierge is on duty from 6am until 11pm to meet any needs from hard to get restaurant reservations to assistance with changing airline flights. Only guests registered on Club level can access the floor through use of a special elevator key, ensuring a sense of personal security. We enjoyed cocktails and pre-dinner snacks at the "Club." Then it was onto dinner at the Atlanta Grill, located on the second floor of the hotel. Service was very attentive and the dinner was perfect. The Atlanta Grill is charming southern restaurant, dimly-lit—perfect for our romantic rendezvous.

We were very impressed by the kind, helpful staff. They began catering to us immediately upon our arrival. Every single staff member gave impeccable service! The customer service made us feel like we were the only guests in a sold out hotel. Of course, the room, amenities, and hotel were fabulous, but it was the people working at The Ritz-Carlton, Atlanta that made our short stay unforgettable and a reason to return! For 24 hours of carefree, childless adult-time, we could not have made a better choice! From check-in to departure, the entire experience was exceptional. Hope you'll consider giving a gift of an overnight stay at The Ritz-Carlton for New Years' Eve or any time during the new year!

MORE INFORMATION

THE RITZ-CARLTON, ATLANTA

181 Peachtree Street, N.E. Atlanta, Georgia 30303 404-659-0400 • www.ritzcarlton.com

Holiday Dreams: Guests will enjoy overnight, deluxe accommodations at The Ritz-Carlton, Atlanta from November 22, 2014 to January 18, 2015 with the Holiday Dreams package. This festive package includes ice skating and skate rentals for two at Centennial Olympic Park, housemade hot chocolate in a Ritz-Carlton travel mug, two tickets to the SkyView Ferris Wheel and overnight valet parking. Starting at \$209 per night and available for up to four guests.

New Year's Eve: Ring in 2015 with live entertainment, specialty cocktails and party favors at Lumen, The Ritz-Carlton, Atlanta Lobby Bar with a modern vibe and contemporary elegance. Located in the heart of Downtown, celebrations at Lumen Lobby Bar offer guests close proximity to Underground Atlanta's Peach Drop or fireworks at Centennial Park. Saturday, December 31 beginning at 5 p.m.

DINING GUIDE

Ali's Cookies

>Dessert Bakery
An East Cobb "Landmark" for over 33 years offering the best cookies and cookie cakes made from scratch, and baked fresh daily. Custom wedding and specialty cakes as well as cupcakes are available by special order, using only the finest and freshest ingredients. You will LOVE Ali's Cookies!

1256 Johnson Ferry Road, Suite 34 Marietta 30068

Mon-Thur: 10am-6pm; Fri: 10am-5pm; Sun: 10am-2pm 770-971-8566 www.shipacookie.com

.....

Baked

>American
Freshly prepared, preservative
free home-cooked goodness.
Dine-in, take-out, catering and
curbside service. Open for lunch
and dinner. Daily specials and
seasonal menu changes along
with 38 varieties of wine.
1111 Johnson Ferry Road
Marietta 30068
770-612-2533
www.bakeithappen.com

Bradley's Bar & Grill

>American
The friendliest neighborhood
dive bar in East Cobb
with great bar food, great
customers & great staff!
4961 Lower Roswell Road
Marietta 30068
Mon-Sat: 11:30 -2am
770-321-0108

Brixx Wood Fired Pizza

www.bradleysbarandgrill.com

>Pizza

We specialize in gourmet 10" thin crust, six slice pizzas. 24 craft beers on tap, 14 wines by the glass, full bar. Outside patio seating and take-out. We offer gluten-free, vegetarian and vegan options. Family friendly atmosphere 4475 Roswell Road, Ste. 1700 Marietta 30062 Sun-Thur: 11am-11pm Fri-Sat: 11am-Midnight 678-903-4410



www.brixxpizza.com

Café Life at Life Grocery

> Vegetarian
Healing, Wellness, & Healthy
Food for the Mind, Body &
Soul. Choose from a variety of
organic vegan foods. Enjoy
healthy, delicious, & nutritious all
day buffet & salad bar.
1453 Roswell Road
Marietta 30062
Mon-Sat: 11am-7pm, Sun: 12-5pm
770-977-9583

.....

www.lifegrocery.com

Chicken Salad Chick

>Casual Gourmet Deli
Chicken Salad Chick is a fast
casual gourmet deli serving
15 flavors of chicken salad,
homemade side salads, assorted
deli sandwiches and gourmet
soups. A Simple Concept. A
Superb Experience!
4101 Roswell Road, Suite 811
Marietta 30062
Mon-Sat: 10am-6pm
770-565-3985
www.chickensaladchick.com

.....

Cookies By Design

>Cookies
Cookies by Design created the
world's first cookie arrangement
more than 20 years ago and
continues to provide customers
with gift-giving arrangements
of individually hand-decorated
cookies for every occasion.
3101 Roswell Road
Marietta 30062
Mon-Fri: 9am-6pm

770-578-0200 www.cookiesbydesign.com/ locations/Georgia/ Marietta/30062

Sat: 10am-3pm

Edible Arrangements

> Fruit

Delicious, high quality, artistically designed fresh fruit arrangements that are practical and healthy gifts and centerpieces for everyday occasions and events.

.....

- Parkaire Landing Shopping Center 4880 Lower Roswell Road Suite 820 Marietta 30068
- Target Shopping Center 1125 Woodstock Road, Suite 300 Roswell 30075

Mon-Fri: 8am-7pm, Sat: 8am-5pm Sun: 8am-1pm 770-579-7081 www.ediblearrangements.com

Fat Lady Baker

> Prepared Foods and Bake Shop Don't hit the drive-thru! Stop in and grab one of many entrees, a loaf of bread, some slow cooked green beans, and desert. Heat up for a delicious healthy dinner on the table in a few minutes! Let the Fat Lady Cook Tonight! 2995 Johnson Ferry Road Marietta 30062 Tues-Fri: 10am-6:30pm Sat: 10am-1pm (if not sold out) 770-587-3005

Frankie's New York Style Italian Ristorante and Pizza

.....

www.fatladybaker.com

>Italian

Authentic New York Style
Italian food and hand tossed
pizzas. Offers catering for your
events. Delivery after 5pm.
Half price wine on Mondays.
"Employee Discounts" to all
Police, Fire and EMS.
3100 Roswell Road
Marietta 30062
Mon-Sat: 11am-10pm;
Sun: 12-9pm

770-578-6608 www.frankiesonroswell.com

.....

Fuji Hana Steak, Sushi, Thai

> Japanese & Thai \$1 Sushi every Monday night dine-in only. Hibachi Early Bird Special from \$10 every day before 6pm. Voted Best Asian Restaurant in East Cobb. 1255 Johnson Ferry Road, Suite 1 Marietta 30068 Mon-Sun: 11:30am-10pm 678-560-8071 www.fujihanaeastcobb.com

Hoof & Ale

>Gastropub

A great addition to East Cobb's hunger for new and inviting food with a casual, relaxed dining atmosphere! It's a place where CRAFT FOOD MEETS CRAFT BEER.

.....

2100 Roswell Road, Suite 2198 Marietta 30062

Dinner: 5-9:30om Sat: 3-9:30pm 678-224-8844 www.eatathoof.com



SERVING EAST COBB SINCE 1992 3130 JOHNSON FERRY ROAD | MARIETTA | 770-640-1731 Come hungry. IHOP Leave happy.' VOTED #1 IN FAMILY DINING KIDS EAT FREE EVERYDAY: 4-10PM Including Holidays and Weekends! *ONE FREE KIDS MEAL OFF THE *JUST FOR KIDS* MENUPER ADULT ENTREE FOR KIDS UNDER 12 SENIORS: BUY ONE ENTREE GET ONE FREE MONDAYS & TUESDAYS: 3 - 10PM *ONE FREE MEAL OFF THE "SENIOR" MENU

J. Christopher's

> Breakfast, Brunch, Lunch
J. Christopher's is a neighborhood daytime breakfast and
lunch eatery featuring traditional house-made favorites,
healthy choices, and creative
menu options in a comfortable,
friendly atmosphere.
1205 Johnson Ferry Road

Marietta 30068 Daily: 7am-2pm 770-579-6800

www.jchristophers.com

Jersey Mike's Subs

> Submarine Sandwiches
Jersey Mike's Subs serves the
most authentic submarine
sandwich available. The
Certified Angus Beef top rounds
are cooked right in the store.
The meats and cheeses are all
top-quality premium brands. The
bread is fresh-baked every day
on the premises. And of course,
everything's prepared right in
front of you.
4400 Roswell Road, Suite 148
Marietta 30062

.....

Mon-Sun: 10am-9pm 770-321-3998

www.jerseymikes.com

Keegan's Public House

> Irish-American Authentic Irish pub with old world atmosphere, great food, and extensive beer and wine selections. 4401 Shallowford Road, #136 Roswell 30075 770-640-1100 www.keegansirishpub.net

.....

Lee's Golden Buddha #7

>Chinese
Chinese, Malaysian, Thai &
Korean cuisine. Dine-in or carryout; delivery available. Consumer
choice award for best Chinese
restaurant from 1999-2004.
2524 Cobb Pkwy, Smyrna 30080
Mon – Sun: 11am – 10:30pm
770-980-1800
www.leesgoldenbuddha7.com

Los Bravos Mexican Restaurant

> Mexican Good margaritas, fresh food, good prices and nice family atmosphere. 2125 Roswell Road, Suite 40 Marietta 30062 11am-10:30pm 678-540-5751 www.losbrayosmexicanrestaurant.net

My Friend's Place Deli & Catering

>Deli, Catering
A neighborhood deli with an inviting atmosphere suitable for a friendly gathering or a healthy alternative for a business lunch. In today's fast-paced, health-conscious world, we have set out to provide a quality, quick-serve, alternative to fast food. Simply Delicious and Always Prepared Fresh!

1205 Johnson Ferry Road,

1205 Johnson Ferry Road, Suite 127

Marietta 30068 Mon-Sat: 10am-3pm 770-971-0124

www.myfriendsplacedeli.net/

eastcobb

Uncle Maddio's Pizza Joint East Cobb

>Pizza, Salads & Panninis
Uncle Maddio's Pizza Joint is for
people who crave quality pizza
and great Italian food. Uncle
Maddio's offers fresh, flavorful
meals made before your eyes.
We allow you to interact with
your pizza maker to create your
meal with speed and ease.
4101 Roswell Road, Suite 1100
Marietta 30062

Mon-Sun: 11am-9pm 678-324-3590

www.unclemaddios.com

.....

Vespucci's Pizza Pasta Grill

> Italian
Family owned, and award
winning restaurant that opened
its first location in 1996 in Atlanta.
We pride ourselves on using the
finest ingredients, and make
almost every thing in house.
We have a large selection of
traditional Italian dishes and
large list of fine wines available.
4805 Canton Road
Marietta 30066

Mon-Sun: 11am-9:30pm 770-928-1212

Which Wich Superior Sandwiches

>Casual Dining
Which Wich? Superior Sandwiches is an American casual
restaurant chain specializing in
50 unique custom made sandwiches, lettuce wich and salads.
Also Serving Best Shakes, Warm
cookies, chips and fountain plus
bottle drinks.

bottle drinks. 1401 Johnson Ferry Road, Suite 310 Marietta 30062 Mon-Sat: 11am-9pm; Sun: 12-6pm 770-321-9424 www.whichwich.com

7.ea1

>Contemporary American Zeal's vast array of Craft beers, diverse selection of fine wines, and custom cocktails pair well with their delectable appetizers, small plates, and entrees. Owned and operated by a native East Cobber, Zeal strives to be community oriented and become East Cobb's go to kitchen and bar for outstanding food. 1255 Johnson Ferry Road Marietta 30062 Mon-Thur: 11:30am-10pm; Fri-Sat: 11am-12am: Sun: 11am-10pm. 770-380-2548 www.zealrestaurant.com





RECIPE OF THE MONTH

he weather may be cool, but inside the halls of Chestnut Ridge Christian Church, hearts and bellies were warm on October 18 when church members held their chili cook off. Church members and guests enjoyed chili, cornbread, and cookies. However, only one walked away with the top honor: The "Hog Heaven Chili" by Patricia Chadwick. \$1,600 was raised for Chestnut Ridge's Disciple Women who participate in different community outreach programs.

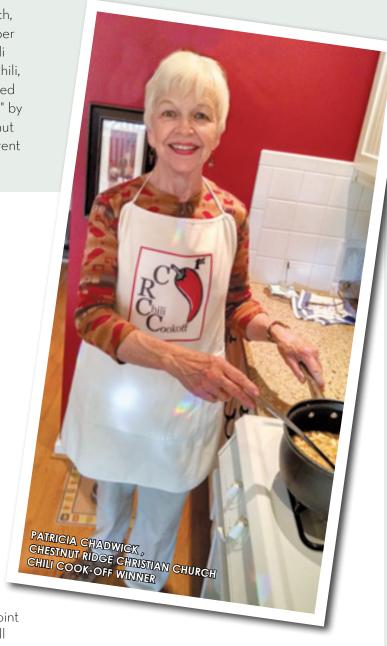
HOG HEAVEN CHILI

Ingredients:

- 1 & 1/2 pounds of boneless country ribs, cut into small pieces
- 2 large onions, diced
- 4 celery ribs, diced
- 2 tablespoons of butter
- 6 cans (15-1/2 oz. each) great northern beans, rinsed and drained
- 4 cans (14-1/2 oz. each) chicken broth
- 2 cups water
- 2 jalapeno peppers, seeded and chopped
- 2 garlic cloves, minced
- 2 small cans of salsa verde
- 1 package of McCormick's Chili White Chicken seasoning mix
- 1/2 teaspoon cumin

In a dutch oven cook the pork, onions and celery in butter until meat is brown. At this point you can transfer to large crock pot and add all other ingredients and cook on low for 8 hours or you can add all the ingredients to the dutch oven, bring to a boil. Reduce heat and cover and simmer for 1-1/2 hours. I prefer the crock pot method.

Add toppings of cheese and green onions.







Edible Arrangements, LLC. All rights reserved.





Pet of the Month: Hanna

Submitted by Chris Walther & Jana Howell



Animal/Breed: Havenese

Age & Gender: 13 months

Favorite Food: Peanut Butter

Favorite Person: Whoever has the treat

Best Trick: Turning circles before getting her dinner **Turn Ons:** Sleepin with Momma in the big bed

Turn Offs: When her big sister bullies her

Favorite Toy: Lamby Bone

Last Seen: In Momma's lap sleepin What makes your pet so special:

She is sweet as sugar

Should Your Pet Be Our Pet of the Month?

Fill out the information on your pet and send it to: EAST COBBER, P.O. Box 680445, Marietta, GA 30068

Please include a picture with your entry. Or email description and a jpg to: petomonth@eastcobber.com

description and a jpg to: peromonting east cobbet.com
Pet's Name:
Animal/Breed:
Age & Gender:
Favorite Food:
Favorite Person:
Best Trick:
Turn Ons:
Turn Offs:
Favorite Toy:
Last Seen:
What makes your pet so special:
l I Owner's Name:



To the Rescue: Small Paws Finds Homes for Bichon Frisés



For East Cobb's Fox family, providing a foster home for rescued Bichon Frisés started with a 10-year-old boy who wanted to make a difference. As an animal lover and pet owner, Zachary Fox approached his parents about the prospect of fostering a dog. Karen Fox says she agreed to her son's petition, and Zachary's research led him to Small Paws RescueR Inc., the largest national breed rescue organization in the country.

Now, almost 14 years later and 25-plus foster dogs to their credit, the Foxes are still active with Small Paws RescueR as they provide a temporary home and love to these white fluffy canines. Karen Fox notes that it's difficult to give up these dogs to their "forever homes" once they have lived with you and your pets. "The first time that we parted with a Bichon for adoption, my son and I both cried," she relates. "But we knew this dog had a permanent, loving home, and we could help other dogs in the same way."

Since 1998 Small Paws has rescued 10,000 Bichon Frisés from shelters, puppy mills, and owners who can no longer take care of their dogs due to circumstances such as health, finances, or living arrangements. At the helm of the organization is founder Robin Presnall, who has 18 team leaders who oversee about 800 volunteers in the U.S. Their purpose is to rescue and supply nonaggressive Bichon Frisés with shelter, love, food, human companionship, and medical care until permanent placement is secured.

If you have a heart for this breed and want to help the cause or if you might consider adopting a Bichon Frisé, go to Small Paw's website, smallpawsrescue.org. Under "Support Small Paws," you can find information about volunteer opportunities, which include rescuing dogs, fostering them in your home, and transporting them from foster care to their new homes. There is also information about donations, which helps Small Paws cover its recurring \$35,000 to \$50,000 monthly vet bills for dogs in foster care. Under "Adoption," you can find dogs with names like Cookie, Cotton, and Max to adopt. No problem if the dog is not local -- Small Paws can make arrangements to get your dog to you. If you are in a situation where you can no longer keep your Bichon at home, there is information on what to do in these cases.

Bichon Frisés are described as cheery little lap dogs with wonderful temperaments. Adopt one today or volunteer to help make an adoption possible.



Follow EAST COBBER on Twitter!

#eastcobber

HEALTH & WELLNESS





ACUPUNCTURIST

Acupuncture and Wellness Center

Dr. Li Hua Shu, TCMD – Licensed Acupuncturist 3535 Roswell Road, Suite 37 • Marietta 30062 678-560-7978 • www.drshutcm.com

Mon-Fri: 9am-6pm; Sat: 9am-4pm

25 years experience in traditional Chinese medicine treating pain management, respiratory system, emotional/mental health, nervous system, digestive system, smoking/weight loss, wrinkle reduction, high blood pressure, and much more.

BEAUTY/MAKE-UP

Glow Beauty Bar - Atlanta

2470 Windy Hill Road, Suite 440, Marietta 30067 770-257-7062 - www.GlowBeautyBarAtl.com Tues: 2pm to 7pm; Wed and Thurs: 10am to 8pm

Fri & Sat: 10am to 5pm

One convenient location offering essential beauty services for busy women, at affordable prices, and delivered in a fun and luxurious atmosphere. Custom blended airbrush tans, eyelash extensions, permanent cosmetics, and LED Teeth Whitening will allow you to look gargeous effortlessly.

COUNSELING

Life Coaching & Spiritual Direction—Counseling for Women, Young Adults, Adolescents

Marietta Location

770-722-5297 • i_chabib@bellsouth.net

Joan Chabib M.Ed., Ed.S., Licensed Professional Counselor Certificate of Spiritual Direction, 25 years experience as a Professional School Counselor. Create a life that resonates with who you truly are deep in your heart.

My trainer changed my idea of just how good I can look.



with mention of this ad

FORGET THE FAD DIETS. FORGET THE GIMMICKS.

Get results with a Fitness Together personal trainer.



"In February 2013 I made a phone call that truly changed my life. It was to Fitness Together. I met with the owner, Katie, and I knew right away that they were totally different than any place else. Since the day I joined, I have consistently worked out 3-4 days per week and have increased my cardio activity to 6 days a week. I have lost 22 lbs. of fat, 7% body fat, and dropped 2 dress sizes! My trainers are so encouraging and ALWAYS have positive attitudes. I am sure that there are no other workout centers that have such a high caliber of trainers working under the same roof as FT does. There is one other thing. In July 2013, I joined the statistics and became unemployed. Decisions had to be made on how our family was going to cut back on expenses. One expense that we thought about cutting out was my personal training. Luckily we re-thought that and came up with other ways to cut back. I knew that I could live without certain things but to stay healthy physically, mentally and emotionally, I simply could not live without my workouts at Fitness Together."

-Debbie, 52

Get a personal training session (a \$65 Value)

(770) 321-1347

Call today and schedule a free Fitness Evaluation and Personal Training Session.

Fitness Together East Cobb

1255 Johnson Ferry Rd, Market Plaza www.cobbfitness.com

PRIVATE TRAINING **GETS RESULTS**

Katie & Mike Warechowski **Owners** Fitness Together





We make healthy affordable.

S adjustment*

No Appointments
Convenient Hours
Licensed Chiropractors

East Cobb

1205 Johnson Ferry Rd. (678) 766-1441 Kennesaw 745 Chastain Rd. (678) 766-1444

Monday - Friday: 10:00AM - 7:00PM Saturday: 10:00AM - 4:00PM

Walk-Ins Welcome thejoint.com



"Offer valid for first visit only. Initial visit includes consultation, exam and adjustment.
Please present offer at time of redemption. © 2013 The Joint Corp.





LEARN MORE Free Group Fitness

Instructor Info Session 1/8/15 6:30-7:15 p.m.

DISCOUNT:

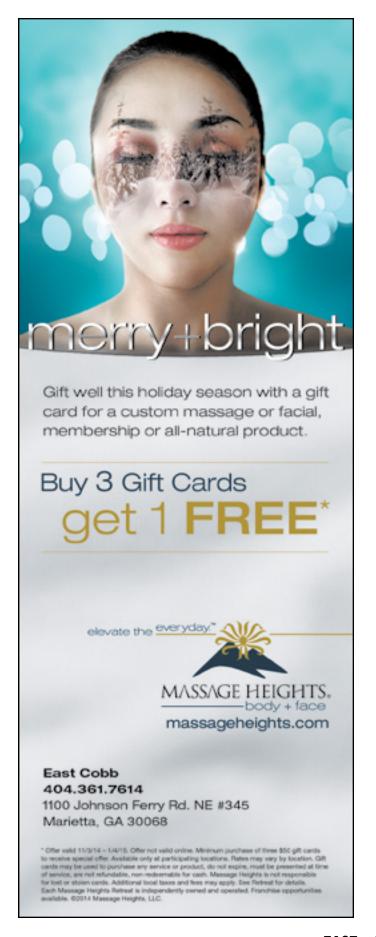
Receive a 5% coupon at the Expo!



Help Others Reach Their Fitness Goals

cehealthcare@kennesaw.edu // ccpe.kennesaw.edu/healthcare // 470-578-6765

EMPOWER // REINVENT // SUCCEED



DENTIST

Paper Mill Dental LLC

135 Johnson Ferry Road, Suite 2210 Paper Mill Village • Marietta 30068 404-596-5727 • www.papermilldental.com

Mon-Fri: 8am-5pm

East Cobb's premier multi-specialty practice offering pediatric, orthodontic, general, cosmetic, and restorative quality dental care for children, teens and adults. Specialists include a Pediatric Dentist, Orthodontist and Prosthodontist. To receive a \$100 credit toward restorative treatment call or visit our website for details. Live-Life-Smiling!

EMERGENCY CARE CENTER

Modern Emergent Care

5505 Roswell Road, Suite 100 • Atlanta 30342 404-334-3000 • www.modernemergentcare.com

Mon-Sat: 9am-9pm; Sun: 1-9pm

Modern Emergent Care represents an innovative and costeffective approach to delivering emergency health services to consumers in the Atlanta metropolitan area. Bridging the divide between urgent care centers and traditional hospitalbased emergency rooms, emergent care centers provide stand-alone emergency room like care with shorter wait times and competitive pricing.

FITNESS CENTERS

Get in Shape for Women

3822 Roswell Road NE, Ste. 114 • Marietta 30062 770-605-8788 • www.getinshapeforwomen.com Monday-Thursday 6am-12pm; 4pm-8pm

Friday 6am-12pm; Saturday 8am-12pm; Sunday Closed A complete body transformation program including 4 components: strength training, interval cardio, nutrition, and accountability. Members work with a personal trainer (1 trainer, up to 4 women) and nutrition coach to reach their goals. Our experienced and educated team (Nationally Certified Personal Trainers & 4 year degree or higher) is equipped to handle all fitness levels.

Iron Tribe Fitness

4719 Lower Roswell Road, Suite 140A • Marietta 30068 770-971-7797 • www.irontribefitness.com

5:30am-7:30pm

More than a workout, get fit in a group. Our members don't have to be here, they want to be here! Fast-Designed for busy people. Get in, get fit, and get it done in about 45 minutes. Fitness, lose weight, gain strength, sleep better, enjoy more energy, and experience a total life change

Women's Premier Fitness

4961 Lower Roswell Road • Marietta 30068
770-565-5450 • www.womenspremierfitness.com
Hours: Mon-Thurs: 5:30am-9pm, Fri: 5:30am-8pm, Sun: 9am-2pm
East Cobb's only full-service fitness club and spa for women
only. We feature over 60 group fitness classes per week as well
as Barre, TRX and personal training. Free child care.



HAIR SALON

Patrick Carmen NR.9 Salon

2520 East Piedmont Road, Suite K • Marietta 30066 678-427-8000 • Tues- Sat. \$35 Cut and Style for new clients.

HEALTH FOOD STORE

Life Grocery

1453 Roswell Road • Marietta 30062 770-977-9583 • www.lifegrocery.com Life Grocery and Café features a healthy selection of organic produce, nutritious foods, extensive supplements serving those with health challenges and dietary needs.

ORTHODONTISTS

Aesthetic Orthodontic Care, PC

Johanna B. Jenkins, DDS 4939 Lower Roswell Road • Marietta 30068 770-671-0400 • www.bracesatlanta.com

Dr. Jenkins specializes in braces for adults and children featuring lingual, invisalign, clear and metal braces. We offer complimentary consultations, accept insurance and have flexible payment plans. Visit us in our East Cobb office at Parkaire!

Williams Orthodontics

145 Towne Lake Parkway, Suite 201 • Woodstock 30188 770-592-5554 • www.drwilliamsorthodontics.com Mon: 8am-5pm; Tue: 9am-5pm; Wed: 8:30am-5pm; Thurs: 7am-4pm.

Doctor specializing in the treatment of both children and adults.

PERMANENT MAKEUP

Salon Frenchie

1062 Johnson Ferry Road, Suite 124 (Inside Sola Salons) Marietta, GA 30068

770-973-4060 • www.salonfrenchie.com 9am-6pm

Wake up in Makeup everyday and feel great about yourself. Choose from top/bottom eyeliner, lip liner or fuller lips, eyelashes, hair simulation, cheek color, eyebrows, freckle or mole additions, areola enhancements, or camouflage procedures and threading. Salon Frenchie has semi-permanent eyelash extensions and Botox services as well.

PERSONAL TRAINING

Fitness Together East Cobb

1255 Johnson Ferry Road, Suite 26 • Marietta 30068 770-321-1347 • www.cobbfitness.com

Hours: Mon-Sat: 6am-9pm by appointment only Exercise and nutrition the right way is tough! Enlist the help of a highly qualified trainer to help you achieve your goals and educate you along the way. Fitness Together is East Cobb's only truly private personal training studio providing customized one-on-one and small group training as well as assessment testing, cardio prescription and nutritional counseling.

I lost 65 lbs. and 10% body fat!



Cobb County Public Health Department Responds to Ebola Virus Concerns

As concerns grow regarding Ebola Virus Disease (Ebola), Cobb & Douglas Public Health (CDPH) continues to heighten its preparedness and response efforts. These efforts are being made to increase the level of readiness at local hospitals, schools, healthcare providers, government agencies, and other community partners, in the event an Ebola case is diagnosed in Cobb or Douglas County.

"We understand that the residents of Cobb and Douglas Counties are concerned about the spread of Ebola virus, "said Dr. Jack Kennedy, District Health Director, CDPH. "We want the community to know that their local health department is working with an expanded list of local, state and federal partners to be as prepared as possible should any cases be identified."

CDPH is actively working with local partners to provide information and guidance regarding Ebola. This includes holding tabletop exercises and daily updates to ensure health care workers are not only aware of how to diagnose a possible Ebola infection, but also how to minimize the risk of exposure if a case is detected. CDPH has also created an Ebola Response Team tasked with addressing the potential impact Ebola could have on Cobb and Douglas Counties.

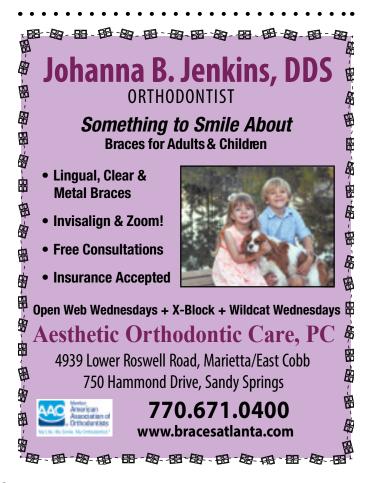
Facts about Ebola

- Ebola virus is spread through direct contact with the blood or body fluids (including but not limited to feces, saliva, urine, vomit, breast milk and semen) of a person who is sick with Ebola. The virus in blood and body fluids can enter another person's body through broken skin or unprotected mucous membranes in, for example, the eyes, nose, or mouth.
- The virus also can be spread through contact with objects (like needles and syringes) that have been contaminated with the virus, or with infected animals.



- Ebola is NOT spread through the air or by water or, in general, by food; however, in Africa, Ebola may be spread as a result of handling bush meat (wild animals hunted for food) and contact with infected bats.
- Health workers caring for Ebola patients and family and friends in close contact with Ebola patients are at the highest risk.
- Symptoms of Ebola include: fever (including low-grade), headache, weakness, muscle pain, vomiting, loss of appetite, fatigue, diarrhea, abdominal pain or hemorrhage.
- Symptoms appear 2 to 21 days after exposure but the average is 8 to 10 days.
- Ebola should be considered in patients who have traveled to affected countries or have been exposed to someone with Ebola and have compatible symptoms.
- There is not a specific test for a person without symptoms.

Health care providers should be alert for, and evaluate any patient who has had travel during the 21 days before symptom onset from an Ebola-affected area (currently Liberia, Guinea and Sierra Leone) OR had contact with an individual who has Ebola.



TENNIS & FITNESS

Olde Towne Athletic Club

4950 Olde Towne Parkway • Marietta 30068 770-578-9901 • www.oldetowneathleticclub.com

Fitness Center: Mon-Fri: 5am-10pm; Sat: 7am-8pm; Sun: 7am-6pm

Tennis: Mon-Fri: 9am-10pm; Sat: 9am-8pm; Sun: 9am-6pm A healthy mind, body, and soul starts at Olde Towne Athletic Club! Fitness Training. Tennis Lessons & Teams. Massage

Therapy. Yoga. Great Hours!

VASCULAR SURGERY

Vascular Surgery Associates P.C.

3747 Roswell Road NE • Marietta 30062 678-626-5420 • www.vascularsurgical.com

Mon-Fri: 8am-5pm

A Vascular Surgery practice of 10 Board Certified Vascular Surgeons providing comprehensive care of the vascular system. Both arterial conditions and venous conditions are our specialty. Ultrasounds are done in our office by Registered Vascular Technicians for diagnosis and monitoring daily.









Content + Community + Commerce =

EAST©COBBER

Stingrays Lead Coach Featured in National Magazine

By Lauren Hardy, Correspondent, USA Swimming



▲ Kim Seaman, Stingrays Lead Coach

At age 12, Kim Seaman, who is now the Georgia Stingrays Lead Coach, had a decision to make: commit to swimming year-round, or pursue a competitive tennis career.

"I loved both sports, but I always had a deeper passion for swimming that I couldn't shake," Seaman says.

After dedicating herself to the sport of swimming, Seaman never looked back.

She says she knew it was exactly where she was supposed to be, and the same has held true for her swimcoaching career.

"From my very first coaching position right out of college, I have always loved being a coach," she says. "I had a bit of fear starting out, but in time I realized how fortunate I am to have a job where I do not feel like what I am doing is 'work,' but is rather truly fun and meaningful."

With a bachelor's degree in psychology and a master's in kinesiology with an emphasis in coaching, Seaman says that understanding motivation and sport psychology has been critical to her success as a coach. In her studies, Seaman learned that intrinsic motivation (motivation from within) is tied to an individual's perceived sense of autonomy, belonging and competency, and she remains aware of those three needs when working with her swimmers.

To give her swimmers individual ownership over their swimming and decisions, Seaman gives them choices that allow for autonomy and encourage an open environment.

"I want my athletes to feel like they can freely talk with me and ask questions," she says. "I also strive to promote a team spirit and positivity toward everyone on the team so that all feel encouraged each day – both by me, as their coach, and by the group as a whole. This works towards creating belonging. As for competency, I rely on teaching and instruction to create an overall sense of confidence."

As the coach of the Stingrays' youngest swimmers—ages 6-14—Seaman appreciates the responsibility that comes with setting the foundation upon which swimmers enter the sport. Her greatest achievement? "Seeing my

swimmers keep coming back for more because they love it!" she says.

Before joining the Stingrays coaching staff, Seaman coached for various summer leagues, schools and other USA Swimming club teams. This year, she was selected as one of nine coaches in the country to be a 2013-2014 ASCA fellow, which has allowed her to further develop her skills as a coach. Of the many people she has met through ASCA, her new friendship with Doug Ingram has inspired her to become a more organized, humble and service-oriented coach.

Seaman is also currently working with the Stingrays to implement a new program called LAPS that will allow for some flexibility in the year-round swimming structure.

"The program will seek to give athletes of other sports, as well as swimmers with competitive and/or non-competitive goals the opportunity to be involved in swimming. Through that open door, my goal is to reach more young children with a love for swimming, health, and fitness," she says.

Whatever program Seaman has worked in, she has found that through it all, keeping a positive attitude, being intentional and caring about swimmers is the ultimate pathway to victory.

Here are five of Seaman's specific keys to success:

- 1. **Enthusiasm** It's contagious and helps make swimming fun for everyone.
- 2. Purpose Seeing the importance and impact behind my job in the lives of children creates a deep dedication within me to do my best for them.
- 3. Relationship minded I take my swimmers seriously no matter how young they are or how naïve their questions may seem to be. I think they sense this, which gives them the confidence to ask questions and really grow and learn from where they are.
- 4. Setting clear expectations Communicating to my swimmers my expectations for behavior, safety, and effort level allow the fun atmosphere I strive for to be possible and still effective for reaching the goals of the practice and program.
- 5. Being open to grow and learn myself I was always listening to every word my coaches said as a swimmer myself, and I see myself still using what they taught me. Additionally, I always try to be open to learning and growing so I can keep improving myself.

Reprinted from USA Swimming.

Polar Bear Run Scheduled For Saturday, January 31, 2015

th Annual

The 27th annual Polar Bear Run is scheduled for Saturday, January 31, 2015. The Polar Bear Run is sponsored by and held at Johnson Ferry Baptist Church, 955 Johnson Ferry Road in Marietta/East Cobb. The Polar Bear Run benefits high school music students who participate in Johnson Ferry Baptist Church's Student Music mission trips/choir tours.

The winter race began in 1989 and was originally held on the Mercer University campus in Atlanta, benefitting Easter Seals. Johnson Ferry began hosting the Polar Bear Run in 1992, after being approached to take over the race. The first race had 300 participants, and has steadily grown to its current 2,000 participant limit.

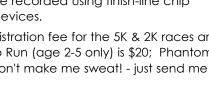
Proceeds from the race benefit members of Johnson Ferry High School Student Music who need financial assistance for the annual Mission/Choir Tour. Students rehearse weekly to learn songs, drama skits, and dance routines to use both in local worship and tour opportunities. In past years, students have traveled to New York City, Los Angeles, Las Vegas, Poland, Dallas, and Washington, DC, just to name a few.

> This race will be one of the most enjoyable January, cold-weather runs you will ever participate in! Not only does it offer runners a fast, flat course, but the fun, food, and great looking long-sleeve technical t-shirt, make this a must run! Only the running is outdoors; the rest of the time, you stay in the warm surroundings of the church's Activities Center. Times for 2K & 5K will be recorded using finish-line chip timing devices.

Registration fee for the 5K & 2K races are \$30; Cub Run (age 2-5 only) is \$20; Phantom Runner (Don't make me sweat! - just send me the shirt) is \$30.

Race packet pickups are Friday, January 30, 9am - 7pm at Johnson Ferry Baptist Church, Room 105; and, Saturday, January 31, beginning at 6:30am in the Johnson Ferry Baptist Church's Activities Center.

For more information, visit polarbear-run.com.





Wanna get your advertising in top shape?

Advertise in the EAST COBBER.

TO
ADVERTISE:
Call Us!

770-640-7070





A Special Advertising Opportunity for Health & Wellness Providers

<u>Deadline for the January Issue:</u> Monday: December 15

Advertise in January 2015 and Receive 2014 Ad Prices

East Cobb residents, like most Americans, are in search of improving their health!
Especially at the beginning of a new year, people are putting better health and wellness on their New Year's Resolution!

If you are a health care provider or wellness professional, you need to let EAST COBBER readers know you are here to help them get in tip-top shape. We give readers a place to begin their quest for good health and wellness. Our monthly Health & Wellness Guide provides the names and contact information of the many East Cobb trusted wellness resources.

Whether our readers are new to the area, in need of a second opinion, or require a specialist, the EAST COBBER Health & Wellness special section helps our readers locate professionals right in their own backyard!

Get your business in top shape!

- * PLACE YOUR DISPLAY AD AT A DISCOUNT. If you want increased visibility in the January 2015 issue, you will want to place a display ad. You can place your ad at the 6x rate-even if you choose to advertise in just the January issue! Your listing is FREE when placing a display ad!
- * FREE COLOR. Your ad can be in color at no extra charge!

By advertising in the EAST COBBER you will be implementing a practical promotional program that will show results.

CALL EAST COBBER TODAY! 770-640-7070

EAST COBBER E-NEWSLETTER:

Another Great Way to Promote Your Business

Each month EAST COBBER delivers an E-newsletter directly to our 16,000+ email E-newsletter subscribers. Our subscribers — most live in East Cobb County — look forward to receiving the latest local news, featured content from the recent issue of EAST COBBER magazine, and hot topics trending from our blog posts. Your interactive advertisement is linked directly to your website or specific landing page. An ad featured in an EAST COBBER E-newsletter is a great way to keep in front of your current clients and promote new and exciting products or services you provide as well as special events and offers. Advertising in *EAST COBBER* weekly E-newsletter is a convenient, affordable way to get your website noticed. How about linking your E-newsletter ad to your Facebook page to so EAST COBBER readers can "LIKE" you? To reserve your ad in an upcoming EAST COBBER E-newsletter, call the EAST COBBER at 770-640-7070.



PER WEEK
\$300
\$275
\$200
\$150

PRICING

SENT TO MORE THAN 16,000+ SUBSCRIBERS

- Delivered every Friday
- Sent directly to mostly East Cobb residents and business owners
- Delivers powerful customer messages
- Offers premium ad placement

EXCLUSIVE EXPOSURE:

Buy all positions for \$675 per week



Aloha to Aging Offers Monthly Programs

Aloha To Aging is a non-profit created to address the social needs of seniors 55 and older with mild to moderate impairments, assist their family members with their changing role as a family caregiver and create volunteer opportunities for the community. Aloha To Aging was founded by East Cobber Dawn Reed, a Certified Senior Advisor and owner of Aloha To Senior Solutions Consulting, who has been in the healthy aging industry for 25+ years. After directing an award-winning and nationally recognized day respite program for 6 years and leading caregiver education and support groups, Dawn knew first hand the increased value these services provided to families. With encouragement and support from the community volunteers and families, Aloha To Aging was founded in August 2009. Their office is located at 4608 Lower Roswell Road in Marietta/East Cobb and is open Monday through Thursday from 9:30am until 4pm. For more information call 678-439-1177. Listed below are some activities offered:

Monthly Support Programs

Alzheimer's/Caregiver Support Group: Mondays at 10:30 a.m. Open to family members who are assisting an aging loved one both inside and outside of the home. Helpful tips and resources provide comfort and encouragement. Free respite care is provided for your loved one while we meet, but must call in advance for care to 678-439-1177 or email info@alohatoaging.org. Program held at Aloha to Aging, Inc., 4608 Lower Roswell Road, Marietta 30068.

Parkinson's Disease/Care Partner Support Group: Tuesday, Dec. 2 at 10:30 a.m. You and your caregiver are welcome as we learn how to cope and live with the diagnosis. Call 678-439-1177 or email info@ alohatoaging.org. Program held at Aloha to Aging, Inc., 4608 Lower Roswell Road, Marietta 30068.



Monthly Educational Programs

Tailor-Made Yoga for PD--Mat or Chair: Mondays, offered weekly 2:30 – 3:30 p.m. Cost: Two free trial classes, then \$50 for a 10-class package. Participants should bring a mat if they prefer floor exercise but no equipment necessary for Chair Yoga. Class led by Cathy Hightower of PD Gladiators. Please RSVP to 678-439-1177 or email info@alohatoaging.org. Program held at Aloha to Aging, Inc., 4608 Lower Roswell Road. Marietta 30068.

Tai Chi - Seated: Thursdays and Tai Chi - Standing: Tuesdays, offered weekly at 2 p.m. Cost: \$35 monthly fee per program or \$10 per class. Please RSVP to 678-439-1177 or email info@alohatoaging.org. Program held at Aloha to Aging, Inc., 4608 Lower Roswell Road, Marietta 30068.

Healthy Brain Game Day: Thursday, Dec. 18 at 11:30 a.m. If you are 55+, come learn ways to revitalize your brain while having fun! There will be a healthy lunch served and multiple brain building games and prizes. RSVP by Tuesday, December 16 to 678-439-1177. Cost is \$15. Program at Catholic Church of St. Ann, 4905 Roswell Rd, Marietta 30062, La Sallette Hall behind admin bldg. on Bishop Lake. Program provided by Aloha to Aging, Inc.



Registration For Winter ELM Classes Going on Now



Beverly McCrary, ELM instructor

Registration opened for Enrichment of Life Movement (ELM) on November 21. Classes run January 6 through February 24. The registration deadline is December 12.

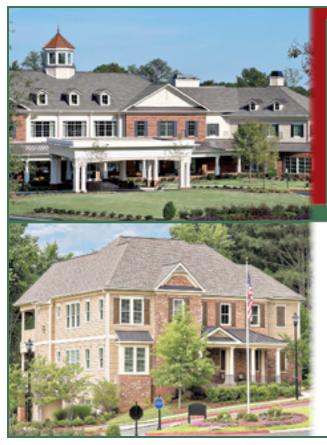
ELM is a lifelong learning organization operated almost exclusively by volunteers. It offers a full day of classes, a catered lunch, and scheduled lunchtime presentations for active adults age 50 and older. Classes meet on consecutive Tuesdays for 8 weeks and are held at the First United Methodist Church of Marietta (56 Whitlock Avenue) near the Marietta Square.

An array of over 60 classes will be offered from 9:30 to 3:00 PM. Classes include: Astronomy, Examining Your Funny Bone, Great Decisions, Intro to Islam, and Sewing Basics to name just a few. Cost is \$40 per session, not per class. A hot lunch is available for \$7, but brown baggers are always welcome.

Registration booklets are available at Cobb Senior Centers, Cobb Libraries, or online at www.elmcobb.org. For more information or to request a booklet, call the ELM Office, 770-429-7850 Ext 7845 or email elmcobb@gmail.com.

EAST © COBBER

NEXT ISSUE: JANUARY
DEADLINE: DECEMBER 15
CALL EAST COBBER:
770-640-7070



This holiday season, consider your options for a *healthier lifestyle!* Join us on Tuesday, December 9th, 2014 from 5pm to 8pm for our

Home for the Holidays

R.S.V.P. at 678.946.4454

Come discover a lifestyle to took forward to...
...right in the heart of East Cobb.

Choose a carefree lifestyle in an Independent Living Cottage Home, or in the lavish surroundings of a well-appointed Suite in our Main Residence, with assistance if desired, or independently if you prefer.

Sterling Estates...Life in East Cobb is now even, beffer!



4220 Lower Roswell Road Marietta, GA 30068 www.sterling-estates.com

SENIOR SANTA Has a New Name:



Serving Seniors Year Round

Cobb Senior Services is excited to launch Christmas365 (formerly known as Senior Santa) as a way to connect the needs of seniors in Cobb County with the generosity of this great community...on a year round basis! Your gift to Christmas365 may be made any time during the year, not just during the holidays. How can you help? Donate new generic items or make a \$30 donation to assist seniors year round.

Suggested Items to Donate Include:

>Adult diapers: all sizes

>Adult pull-ups: Male & Female (all sizes)

>Bath sets: Male & Female >Bath towels & wash cloths

>Bed Sheets: all sizes

>Compression stockings: all sizes

>Diabetic socks: Male & Female (all sizes) >Disposable wipes (such as baby wipes)

>Ensure & Glucerna

>Gowns: button down the front (need 3x, 4x, 5x) >Grocery gift cards: Kroger, Publix, Walmart

>Blankets: all sizes

>Hat & Gloves sets: Male & Female >Pajamas: Male & Female (all sizes) >Slippers (non-skid): Male & Female >Socks: Male & Female (all sizes)

>Toothbrushes & Toothpaste

For additional information please call 770-528-5364.

Donation sites: Mon-Fri 8:30am-4:30pm

East Cobb Senior Center

3332 Sandy Plains Road, Marietta 30066

Freeman Poole Senior Center

4025 South Hurt Road, Smyrna 3008

North Cobb Senior Center

4100 Old HWY 41, Acworth 30101

Senior Wellness Center

1150 Powder Springs Street, Marietta 30064

West Cobb Senior Center

4915 Dallas Highway, Powder Springs 30127, @



Become a fan of EAST COBBER

Chat with other **EAST COBBER** fans, post pictures, find out about giveaways and events and keep in touch with others that love East Cobb County and the **EAST COBBER** as much as you do!

Magazine on Facebook





You can find us at Facebook.com under **EAST COBBER**



from
Parc at Piedmont-East Cobb

Senior Living Community
Exceptional Service, Care and Amenities



770.565.8828

999 Hood Road | Marietta, GA 30068 Intersection of East Piedmont and Roswell Rd. (Hwy. 120)

www.parcatpiedmont.com

CLUB CALENDAR

AARP Chapter 2830. First Thursday of each month. 1:30pm. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Mary Johnson, 770-926-7881 or doule37uga@ comcast.net.

American Association of University Women (AAUW) of Cobb County. Second Tuesday of the month. 7pm. Mansour Center, 995 Roswell Street, Marietta. Does not meet in July & August. More info: Karen Peters, krpeters@aol.com.

American Needlepoint Guild. Second Tuesday of the month. 6:45pm. Tiny Stitches, 2520 East Piedmont Road, Marietta. More info: 770-394-0065.

Anne Hathaway Garden Club. Third Wednesday of the month (except July and August). Marietta Educational Garden Center, 505 Kennesaw Avenue NW, Marietta. More info: Charlene Robinson, 770-971-7786.

Atlanta Illini Club. Professional and social networking for University of Illinois alumni, families and friends in the Atlanta area. Game watches at the Rose & Crown, 1931 Powers Ferry Road, Marietta. More info: www. atlantaillini.com or club@atlantaillini.com.



60 December 2014

Atlanta Metropolitan Council Navy League. Second Tuesday of each month. 7pm. Navy Recruiting District HQ, 2400 Lake Park Drive, Suite 410, Smyrna. Membership open to all civilian and retired military with an interest in supporting our men and women of the Navy, Marine Corps, Coast Guard, Merchant Marines and associated youth programs. More info: 678-234-2310 or campbellfc@comcast.net.

Atlanta World War II Roundtable. Third Thursday (Sept-June) of the month. 11:30am. Petite Auberge Restaurant, North Druid Hills Road @ LaVista Road, Atlanta. More info: 770-928-4579 or jkovach2000@yahoo.com.

"Aware & Conscious Birds"
Book Club. Mondays. 7-8:30pm.
Bikram Yoga Marietta, 80 Powers
Ferry Road, Marietta. More info:
awareconsciousbirds@gmail.com or
www.consciousness.meetup.com/203.

Big Chicken Chorus. Every Monday evening. 7:00pm. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta. Male a cappella harmony chorus. More info: Frank, 770-587-1264, fehrach@aol.com, or www.bigchickenchorus.org.

Bridge Club. Four free lessons; \$5 thereafter. Thursdays 7:30pm and Sundays 2pm. Singles are welcome. 1809 Roswell Road, Marietta. More info: 770-973-7717. Business Breakfast Networking of East Cobb. Professional Referral Networking. Second Tuesday each month. 8:15-9:30am. C'est Moi/Café Paris, 1100 Johnson Ferry Road, Marietta. More info: Ellen Kelly, 404-713-2830 or Lnkelly@sbcglobal.net.

Business Network International (BNI). The World's largest referral organization. Multiple chapters in the area, please refer to the website: bnisoutheast.com for listings. More Info: Anita York, 678-888-0200

Cobb County Democratic Committee. Monthly breakfast 2nd Saturday each month. 9am. 3 Amigos Mexican Bar & Grill, 1000 Whitlock Avenue, Marietta. More info: 770-420-7133 or www.cobbdemocrats.org.

Cobb County Gem & Mineral Society. Second Tuesday of the month, 7:30 pm at their Clubhouse, 516 West. Atlanta St., Marietta, GA 30060. More info: www.cobbmineral.org.

Cobb County Genealogical Society.
Fourth Tuesday of the month. 7pm.
First Presbyterian Church of Marietta,
189 Church Street, Marietta. More info:
www.cobbgagensoc.org or
ccgs@cobbgagensoc.org.

Cobb County Republican Women.
Fourth Friday of the month. 11:30am.
Hilton Atlanta/Marietta Conference
Center, 500 Powder Springs Street,
Marietta. More info: 770-785-2522 or
www.ccrwc.org.

Cobb Marietta Retired Educators Association. Second Thursday of every month. 11:30am. Luncheon reservations required. Freeman-Poole Senior Center, 4025 South Hurt Rd., Smyrna. Contact: Carolyn Wilson, clw770@bellsouth.net or 770-427-6840.

Cobb Photographic Society.
Photographers of all skill and ability levels are welcome. First and 3rd Monday of each month. 7-9pm.
American Business Center, Bldg. 700, Suite 702, 1395 South Marietta Pkwy, Marietta. More info: www.cobbphotosociety.com or

info@cobbphotosociety.com.

Cobb Regional Republican Women.
Third Tuesday, every month. 7pm.
Cobb GOP Office, 799 Roswell Street,
Marietta. More info: Neva Lent
lentneva@aol.com.

Colored Pencil Society of America.
Atlanta District Chapter 107. First Monday of the month. 7pm. North DeKalb Cultural Center, 5339 Chamblee-Dunwoody Road, Room 2 (second floor in the back), Dunwoody. More info: Nancy Guerine, 678-354-3590.

Danc'n Singles. A square dance club.
First and 3rd Saturday of the month.
8-10:30am. FOP Lodge, 2350 Austell
Road, Marietta. More info:
770-943-6979.

 Dinner-and-a-Book Club. More info: RuthE or Batya at Thou Shalt Read, 770-993-5432 or sales@
 andthoushaltnotread.com.

Dog Hikers of Georgia. Every Sunday. 10am. Various locations. Non-dog owners welcome. More info: Dr. Dan Batchelor, 770-992-2362.

East Cobb Bass Club. Visitors, boaters and non-boaters are welcome. First Tuesday of each month. 7pm. Free admission. Attendees pay for dinner. The Rib Ranch, 2063 Canton Road, Marietta. More info: 770-364-3036 or noeyf 1@bellsouth.net.

East Cobb Business Association. Luncheon and featured speaker. Third Tuesday each month. 11:30am-1pm. Indian Hills Country Club, 4100 Clubland Drive, Marietta. More info: Susan Hampton, 404-218-6216, susan. hampton@lionbank.com, or www. eastcobbba.com.

East Cobb Civic Association. Last Wednesday of the month. 7pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: Jill Flamm, 770-552-8206 or www.eastcobb.net.

East Cobb Civitans. Second and 4th Thursday of the month at noon for lunch at The Olde Town Athletic Club (behind Tuesday Morning & Sports-O-Rama), 4950 Olde Towne Parkway, Marietta. More info: 770-578-9901.

East Cobb Democratic Alliance.
Third Thursday of the month. 6pm Social. 7pm – Program. Rib Ranch,
2063 Canton Road, Marietta. More
info: Tom Barksdale, 770-715-1218 or
tbarksdl@aol.com.

East Cobb Kiwanis Club. Every Wednesday evening. 7pm. Paradise South of the Border, 3605 Sandy Plains Road, Marietta. More info: Johnny Johnson, 770-977-2026 or edwardjohnsjewelers@yahoo.com.

East Cobb Lions Club. Second and 4th Tuesday of the month. 7pm. East Side Baptist Church, 2450 Lower Roswell Road, Marietta. More info: Don Garrow, 770-955-6914.

East Cobb Jewish Networking. Every Wednesday. 8-9:15am. Capozzi's, 4283 Roswell Road, Marietta. More info: Rob Kornheiser, rkorn@icminsurance. com or 678-336-7345.

East Cobb New Horizons Band.
Monday mornings, 11:00am. If you are 50 or older, play a musical instrument and have been looking for a great place to make music, come join us! Great people and good music! To learn more go to our website, ecnhb. com or email webmaster@ecnhb.com.

East Cobb Open Networking. Professional Referral Networking. Every Friday. 7:30-9am. Capozzi's NY Deli, 4285 Roswell Road, Marietta. \$3 cover. More info: Tim Langley, 770-289-9711 or drtim02@ yahoo.com.

East Cobb Rotary Club. Every Wednesday, 7am. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: Bob Schwale, 770-640-6954.



CLUB CALENDAR

East Cobb Woodcarvers Club. Every Thursday, 9-11am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-645-0817.

Georgia Perennial Plant Association. Third Iuesday of the month. 7:30pm. Atlanta History Center, McElreath Hall, 130 West Paces Ferry Road NW, Atlanta. More info: www.georgiaperennial.org.

Georgia Vietnam Veterans Alliance. Third Thursday of the month. Social hour: 6pm. Meeting: 7pm. American Legion Post, 921 Gresham Road, Marietta. More info: Dave Hamrick 770-315-3942.

Georgia Nature Photographers Assoc. Third Thursday of the month. 7pm. Nature photographers of all skill levels are welcome to our monthly meetings. The Mansour Center, 995 Roswell St., Marietta. More info: www.gnpa.org or info@gnpa.org

Georgia Tea Party. Every Thursday. 7pm. 900 Roswell Street, Marietta. More info: Jerry Kotyuk 404-374-0580 or idk4@clear.net.

Golden "K" Kiwanis Club. Every Thursday. 10am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Joe Vanhorn Jr., 770-424-6654.

Greater Atlanta Marine Detachment #647. First Saturday of the month. 11am. Delkwood Grill, 2769 Delk Road, Marietta. More info:www.mcleague.org

Happy Tails Pet Therapy. Orientation for prospective members 1st Thursday or Saturday of the month. 10:30-11:30am and 7-8pm. Mt. Bethel Christian Academy, 4385 Lower Roswell Road, Building F, Room F001, Marietta. Check dates: 770-740-8211 or www.happytailspets.org.

IMPS Bridge Club An offshoot of the former Newcomers Club of East Cobb, looking for new members. Various formats, dates and times available. For more information contact Roni Fink @ 404-310-3448 or phinque999@AOL.com.

International Association of Administrative Professionals (IAAP)-Cobb County Chapter. Professional Development and Networking, Fourth Monday of the month. 6:30pm. Meeting & Dinner. HYATT House/Atlanta Galleria, 3595 Cumberland Boulevard, SE, Atlanta. More info: 770-541-2960 or www.iaap-cobbcounty.org.

Jewish War Veterans, Bicentennial Post 976. Third Sunday of the month. 11 am. Marriott Hotel, Perimeter Center. More info: Fran Jacobson, 770-436-7456.

Libertarian Party of Cobb County. First Thursday of the month. 7:30pm. More info: www.cobblp.org or call 770-795-1331

Marietta Kiwanis Club. Every Thursday. 12noon. Hilton Conference Center, 500 Powder Springs Street, Marietta. More info: Pat Huey, pathuey@comcast.net or www.mariettakiwanis.org.

Marietta Lions Club. Second Thursday of the month. 7pm. First United Methodist Church, 56 Whitlock Ave SW, Marietta 30064. More info: mariettalions@aol.com or www.mariettalionsclub.org.

Marietta PFLAG. Fourth Sunday each month. 1-3pm. Newcomers are welcome. Pilgrimage United Church of Christ, 3755 Sandy Plains Road, Marietta. More info: mariettapflag@gmail.com.

Marietta Rotary Club. Every Wednesday.
 12noon. Marietta Conference Center,
 500 Powder Springs Street, Marietta.
 More info: Adele Grubbs, 770-424-8212
 or www.mariettarotary.org.

Marietta VFW Post 2681. Dinner with VFW Ladies Auxiliary. First Thursday of the month with separate meetings following dinner. 6:15pm. 140 Powers Ferry Road, Marietta. More info: www.vfwpost2681.org

Marine Corps League. First Saturday of the month. Meeting at 11 a.m. followed by lunch at 12 p.m. Delkwood Grill, 2769 Delk Road, Marietta. More Info: Dave Hambrick, 770-315-3942.

Martha Stewart Bulloch Children of the American Revolution Society meets one Sunday per month from September through May, 2-4pm. Osage Terrace Room and Pavilion at Bulloch Hall 180 Bulloch Avenue, Roswell. More info: Paula, 770-594-1819.

Moms in Prayer (formerly Moms in touch) for parents of Dickerson Middle School. Every Thursday at 1pm. Meeting location available upon request. More info: Movita Stallworth, 770-321-1783 or mo633@comcast.net.

Moms in Prayer (formerly Moms in touch) for parents of children at East Cobb Middle School. Every Tuesday at 11 am. Meeting location: Eastside Baptist Church (in the prayer room). More info: Esther Thenot, 678-372-2336 or Philippe@Thenot.net

Moms in Prayer for East Side Elementary parents. Every Thursday at 10am. More info: Rachel Bloom, 770-973-4705 or familybloom@gmail.com.

National Association of Active and Retired Federal Employees (NAARFE), Second Wednesday of each month. 11:30am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More Info: 770-973-2834.

Newcomers Club of Cobb County.
Third Tuesday each month. 10am.
Various social activities throughout
the month for those new to Cobb
County or just looking for new friends
and activifies. John Knox Presbyterian
Church, 505 Powers Ferry Road,
Marietta. More info: 770-234-5068 or
newcomersofcobbcounty@yahoo.com.

North Metro Mothers of Multiples Club. Third Monday of the month. 7pm. Chicago's, 4401 Shallowford Road, Roswell (corner of Johnson Ferry & Shallowford). More info: www.northmetromultiples.org.

North Metro Women's Connection.
Second Wednesday of each month.
11am-1pm. Hollycrest Hall, 2235 Sewell Mill
Road, Marietta. More info: 770-335-6013.

Northeast Cobb Business Association. Luncheon meeting 3rd Wednesday of each month. 11:30am-1pm. \$15. Piedmont Church, 570 Piedmont Road, Marietta. More info: 770-460-6222.

Northwest Atlanta Mothers of Multiples
A parent's club for families with or expecting twins, triplets, or quadruplets.
Second Tuesday of each month. 7pm.
First Presbyterian Church of Marietta,
189 Church Street, Marietta. Date and
time may change check our website.
More info: www.nowamom.org or
678-404-0034.

Order Sons of Italy in America Marietta
Lodge #2607. General membership
meeting 2nd Monday each month. Pot
Luck Dinner (except June, July, Augustdessert and fruit). 7-9pm. East Cobb
Government Service Center, 4400 Lower
Roswell Road, Marietta. More info: 770928-9314 or degrillmouse@comcast.net.

Peach State Depression Glass Collectors'
Club. Second Tuesday of month except
December. Guests welcome. 6:30
Social; 7pm meeting. Marietta Museum
of History, 1 Depot Street, Marietta. More
Info: psdgc.com

Polk Street Speakers Toastmasters. First and 3rd Tuesday of the month. 6-7:30pm. St. James Episcopal Church, 161 Church Street, Marietta. More info: www.polkstreetspeakers.org.

Retired Old Men Eating Out (R.O.M.E.O.) Every Tuesday, 8-10am. Meet for friendship, conversation and to share their variety of antique cars, street rods and muscle cars. Marietta Diner, 306 Cobb Parkway South, Marietta.

Shakespeare Reading Group. First and 3rd Thursday of the month. 2-4 pm. 32 N. Fairground Street, Marietta. More info: Lynne Johnson, 770-591-3474.

Song of Atlanta Show Chorus. Women's four-part harmony chorus. Every Tuesday, 7:30pm. Northbrook UMC,
 11225 Crabapple Road, Roswell. Visitors welcome. More info: www.
 songofatlanta.com or 770-696-6502.

Sope Creek Garden Club. First Wednesday of the month (Sept-June). 10am. Locations vary. More info: Karin Guzy, 770-955-1303 or guzy@mindspring.com.

The Foxtrotter's Dance Club. The 4th Friday of every month (no dance in May, Nov. & Dec. are the 3rd Friday). 7:30-10:30pm. If you enjoy ballroom dancing, come and dance to 'Live Music'. Everyone is welcome. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-587-1160.

TONIC (Tuesdays Open Networking In Capozzi's). Every Tuesday Morning 7:30am. 4283 Roswell Road NE Marietta. \$3 Cover. More Info: Frank Kellert frankkellert@hotmail.com 678-560-1717

Y Business Network. Every other Friday. 7:30-8:45am. Local business networking and referrals. Northeast Cobb Y, 3010 Johnson Ferry Rd., Marietta. Guests always welcome. More info: ybusinessnetwork.webs.com, Michelle Hutchinson, 770-518-0010.

.

Meet Your Future Clients, Customers and Business Associates

Transforming East Cobb by developing business leaders through Networking and Education with an emphasis on Community.

The ECBA meets monthly at Indian Hills Country Club, 4001 Clubland Drive, Marietta at 11:30am for lunch, networking and a great speaker.

Invite a guest to join you.

For more information visit www.EastCobbBA.com





WANTED:

Vintage Photographs and Stories of East Cobb!







Do you have old photographs or vintage postcards of East Cobb County? Are you knowledgeable about your local history? Would you like to help preserve your community's fascinating history?

WANTED... folks to share and pass on memories and knowledge related to East Cobb, its people, places, things and surrounding area. If you live, have lived or have ties to the East Cobb County area, your stories and/or photographs from yester-year are wanted.

Cynthia Rozzo, founder and publisher of the EAST COBBER, is currently compiling a photographic history of East Cobb and is looking for your help! She is assembling historic images of East Cobb County and the stories that go with them to include in an upcoming book.

Here's a wishlist of photos wanted:

- > East Cobb farm life and farming operations
- > old church photos
- > club photos
- > school photographs
- > East Cobb residents with their cars of yesteryear
- > local residents wearing fashions of the day
- > East Cobb buildings under construction

- > "old" east Cobb families, such as, Keheley, Dickerson, Lassiter, Blackwell, Powers, etc.
- > political leaders, old political signs from East Cobb

The importance of family collections cannot be overemphasized. Vintage photographs become increasingly fragile and by scanning and reproducing them in a book, they become available for all to see.

"It's going to be a history of our community and we'd like the family histories in there as well," Rozzo said.

To share your photographs and stories, please contact Cynthia Rozzo at 770-640-7070 or you can email your photos as separate jpg attachments to: cynthia@eastcobber.com. "EAST COBBER staff members are available to come by and pick up photos at your home, we'll scan them in the office and safely return your vintage photos," says Rozzo, "We will also be videotaping oral histories. So, if you'd like to share your story, call the EAST COBBER office to schedule an appointment."

Photographs, stories, and pieces of the past—they are all wanted. If you'd like to help keep local history alive by volunteering your talents to this effort, feel free to contact Cynthia@eastcobber.com.

GET IN TOUCH



facebook.com/east cobber



@ EastCobber



www.eastcobber.com





- Network with Business and Community Leaders
- Attend Business Education and Development Programs
- **Get Involved in our Community**

Meet Some of Our Members

<u>Lending/Financing/</u> Mortgages

La Flamme, Tina Churchill Mortgage

Krueger, Doug
Connex Commercial Financing

Zartarian, Robert
Guaranteed Rate Inc.

Marketing & Publishing

Cossick, Elizabeth
Little Black Dress | Little Red
Wagon Magazine
Hall. Kay

Hall, Kay

Houston Hall Publishing LLC

Higdon, Taylor Deal Pickle Creative Moore, Tracy RevLocal Rozzo, Cynthia

East Cobber Waller, Deborah PromoURLogo

Organizations/Non-Profits

Stuckey, Mark Cobb Chamber of Commerce

Personal Services

Cooke, Robert (Bob)
East Cobb Travel, LLC

Real Estate (Commercial)

Diehl, Thomas

DCA Architects, Inc.

O'Neil, Jeri

O'Neil Real Estate Services

Tennis, Peter *KW Commercial*

Real Estate (Residential)

Collins, Ann

Real Property Management East Cobb LLC

Davis, Kerrie

Keller Williams Realty
Atlanta North

Gibson, Peter

HARRY NORMAN, REALTORS

Godfrey, Pat

Assisted Living Locators Atlanta

Hall, Rosan Keller Williams Realty Atlanta North O'Riley, Dennis The O'Riley Team (Keller

Williams Realty Atlanta North

Reeder, Susan

Assisted Living Locators Atlanta

Scoggins, Porter

The Parc at Piedmont

Stadler, Kes

Atlanta Communities

Weldon, Caroline

Arbor Terrace of East Cobb
San Martin, Arnaldo

Keller Williams Realty Peachtree Road

Senn. Clark

Straight Real Estate Appraisals

Security

Mann, David

Aegis Alarm & Integration

Mann, Loris

Aegis Alarm & Integration

Senior Living

Blake, Christine
Arbor Terrace of East Cobb

<u>Telecom</u>

Hubsch, Tom *Earthlink*

Cunningham, Brent Nova Equity LLC

Gilday, Christina

Three-13 Salon, Spa & Boutique

ECBA NETWORKING EVENTS

ECBN MORNINGS

Every Friday
7:30 am
Capozzi's NY Deli
4983 Roswell Road
Marietta 30062
Open Business Networking
\$3 cover - \$5 coffee
\$8 coffee+breakfast

MONTHLY LUNCHEON-2015

Tuesday, January 20, 2015
Meets every third Tuesday,
January through November
11:30 am -1:00 pm
\$20 Members (Pre-paid)
\$25 Guests
Indian Hills Country Club
4001 Clubland Dr.
Marietta, GA 30068

ECBA AFTER HOURS-2015

Tuesday, January 27, 2015
Meets fourth Tuesday,
January through November
5:30 pm - 7:30 pm
Location TBA (See our Website)
FREE to attend



The East Cobb Business Association's 2015 luncheons will be held at Indian Hills Country Club, 4001 Clubland Drive, Marietta 30068.

Check our website **www.eastcobbba.com** for Lunch-n-Learns, Community Breakfasts and Sponsorship Opportunities. **ECBA** sponsorship is a great way to get your name in front of the local market.

GROUPS

A.A./Al-Anon/Al-Anon

Beginners/Alateen. Every Monday.8pm. Covenant Presbyterian Church, 2881 Canton Road, Marietta. More info: 770-973-5347 or ipm105@comcast.net.

Adult Survivors of Child Sexual Abuse Support Group. First and 3rd Tuesday of each month. 7pm. Room 334, Johnson Ferry Church, 955 Johnson Ferry Road, Marietta. Men and women welcome. More info: 678-578-4888 or info@ voicetoday.org.

Al-Anon. For family and friends of alcoholics. Thursdays. 7:30-8:30pm. Johnson Ferry Baptist Church, Room 345, 955 Johnson Ferry Road, Marietta. More info: 770-587-0483.

Al-Anon Family Group. 7pm. Teens 13 and older welcome. Temple Kol Emeth, 1415 Old Canton Road, Marietta. More info: Paulette I 678-551-2433

Alzheimer's/Caregiver Support Group Meeting.

First Monday of each month at 10:30am. Open to family members who are assisting an aging loved one both inside and outside of the home. Free respite care is provided for your loved one while we meet. Aloha to Aging/Mt. Bethel Community Center, 4608 Lower Roswell Road, Marietta. More info or to RSVP: 678-439-1177.

Anxiety Anoymous for people who suffer from anxiety, meets the 3rd Thursday of the month. 6:30-7:30pm. Cobb County Government Center, 4400 Lower Roswell Road, Marietta. More info: 770-633-1023 or galinabannova@

- Babywearing Group. Koalamommas, North Atlanta's resource for help, support, and infor-
- mation about baby carriers of all kinds. Meets monthly. Meeting dates/time vary. More info:
- Jennifer Worrell, 770-516-4192 or
- jenniferworrell@bellsouth.net.
- Bereavement Support. First and 3rd Wednesday of the month. 5pm. Counseling Room in Parish Office, St. Ann's Catholic Church, 4905 Roswell Road,
- Marietta. More info: 770-552-6400, ext. 6020.
- Cancer Support Group. Second and 4th Monday of the month. 7-8:30pm. Johnson
- Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.
- Career Transition. Third Monday of the month (March-October). Second Monday of the Month (November-February) 6:30pm: Personal
- resume reviewing, interviewing, networking, and career assessment help. First Presbyterian Church, 189 Church Street, Marietta, More info:
- Lee Pence, 770-428-9350, or Bob Sabin 770-795-9084, or visit www.fpcmarietta.org
- **Caregiver and Share Support**
- Group for Alzheimer's. First Monday of
- the month. 6-7pm. Arbor Terrace, 886 Johnson Ferry Road, Marietta. More info: 770-977-4420.
- Codependents Anonymous. Mondays &
- Thursdays. 7:30-8:45pm. Unity North Church,
- 4225 Sandy Plains Road, Marietta. More info:
- Depression/Bipolar Support Group. First and 3rd Thursday of the month. 7-8:30pm. Johnson Ferry
- Baptist Church, Room 339, 955 Johnson Ferry
- Road, Marietta. More info: 770-794-2978.

- olic Church, Mary's Chapel, 4905 Roswell Road, Marietta More info: 770-552-6400 ext 6018
- Divorce Support Group by Visions Anew for
- women who are contemplating or going through the divorce process. First Thursday & 3rd
- Wednesday of the month. 7-9pm. East Cobb Government Center, 4400 Lower Roswell Road,
- Marietta. More info: www.visionsanew.org.
- Divorce Support Group. Every Wednesday.
- 6:30pm. Mt. Bethel Church (H House, entrance is in the back), 4385 Lower Roswell Rd. Marietta.
- More info/to register: Judith Reichenbach,
- Licensed Counselor, 770-597-9882.
- Diabetes Support Group offered by WellStar Health System. Second Tuesday of the month.
- 6:30-8pm. McLaren Mill Office Park, 531 Rose Lane Street, Suite 100, Marietta. No registration
- required. More info: 770-793-7818.
- Domestic Violence Support Groups. Sessions in
- Fnalish and Spanish, Wednesdays, 6:45-8:15pm. Childcare available for children 6 weeks to 12
 - years. Children over 12 may attend and learn childcare skills. More info: 770-427-3390.
- East Cobb Satellite of CHADD (Children & Adults w/Attention-Deficit/Hyperactivity Disorder)
- Parental Support Group. 2nd Tuesday of the month. 6:30-8:00 pm. Mt. Bethel United Meth-
- odist Church (Room B109) on Lower Roswell
- Road, Marietta. More info: Cappie Suttle.
- 404-368-9394, east-cobb@chadd.net, or www.chadd.net/300.
- Emotions Anonymous, a fellowship of people who come together to work toward recovery
- from emotional difficulties and discover a new way of life. Tuesdays & Fridays. 7pm.
- Roswell United Methodist Church, 614 Mimosa
- Boulevard, Counseling Building, Roswell. More info: 770-330-1991.
- Families Anonymous (FA) for families who have loved ones struggling with addiction. Every
- Tuesday. 7:30-9pm. Mt. Zion United Methodist Church Youth Center, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465.
- Families of Children Under Stress (FOCUS). To
- listen, inform and educate, and offer programs for the families and the child with special needs.
- Last Thursday of the month during school year. 10am. Chick-Fil-A, 1201 Johnson Ferry Road,
- Marietta. More info/to confirm meeting date: Angie, 770-234-9111, angie@focus-ga.org, or
- www.focus-ga.org.
- Fractured Families for Parents Estranged from
- their Children, First and 3rd Monday, 7:30pm. Whole Foods 1311 Johnson Ferry Road
- Marietta. More info: Sandy 404-446-6093 or Judy
- 404-643-3531.
- Georgia Parkinson's Association. Parkinson's
- Support Group Meets the 3rd Saturday of each month 1pm. Northside Hospital Cherokee
- Education Building, 130-B Oakside Court,
- Canton. More info: James Trussell 706-413-3264 or james@gaparkinsons.org
- **Grandparents Raising Grandchildren Support**
- Group. Second Tuesday each month. 7:15pm. Special guest speaker. Transfiguration Church,
- Room 102, 1815 Blackwell Road, Marietta. More info: Jeannie, 770-919-9275.
- Grief Support Group for those who have had a family member, friend or other loved one pass away. First Thursday of each month. 7-9pm. Uni-
- ty North Atlanta Church, 4255 Sandy Plains Road, Marietta. More info: kathzkel@yahoo.com.

- Divorced/Separated Support Group. First and 3rd
 JACS (Jewish Alcoholics, Chemically Dependent Tuesday of each month. 7:30pm. St. Ann's Cath- and Significant Others). For Jewish members of 12 Step groups, 7-8pm, first and third Tuesdays
 - of every month except on Jewish holidays. Congregation Etz Chaim, 1190 Indian Hills Parkway,
 - Marietta, in the library. More info: 770-928-2523 or teshuva@aol.com.
 - Let's Play. Play Group for Moms, Dads and caregivers of children under 18 months. Second
 - and 4th Friday per month. 9:30am. Etz Chaim, 1190 Indian Hills Parkway, Marietta. More info: Perla Izsak, pmi1972@yahoo.com.
 - Loneliness Bereavement Support Group, Every Wednesday except holidays, 11am, Heritage
 - Hospice, 3315 Hilltop Drive, Marietta. More info: 770-423-5959.
 - Marietta Moms. For all kinds of moms new to the area, looking for new friends, or just needing support. Daily events for babies, toddlers and older
 - kids. More info: 770-956-0318 or 678-357-3661 or www.mariettamoms.com
 - Mothers Circle Group. Are you a mother raising Jewish children but you are not Jewish? Free education and support through a 16-week course. Groups are held in Marietta, Intown and North Fulton. More info: Suzette Cohen, suzette@the-

motherscircle.org or www.themotherscircle.org

- Mothers of PreSchoolers(MOPS).
- Wednesdays. 6:15-7:15pm. A place where moms can come to build friendships and
- receive mothering support, practical help and
- spiritual hope, Childcare provided, Mt. Zion United
- Methodist Church, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465 or
- mtzionmops@gmail.com.
- National Alliance on Mental Illness (NAMI). Family
- Support Group for families who have loved ones struggling with mental illness. Second and fourth
- Tuesday of each month. 7-8:30pm. Hillside United
- Methodist Church, Second Floor, 4474 Towne Lake Parkway, Woodstock. More info: 770-928-2762.
- Overeaters Anonymous. A support group for those who suffer from the need to compulsively overeat. Monday-Wednesday-Friday. 10am. St. Ann's
- Catholic Church, 4905 Roswell Road, Marietta. More info: Betsy: 404-226-4931.
- Parents of Prodigals. For parents of struggling teens and young adults. Second and 4th Thursday. 7-8:30pm. Johnson Ferry Baptist Church,
- 955 Johnson Ferry Road, Marietta, More info: Fair Brocard, 770-612-1197 or
- www.prodigalchildministries.org.
- Parkinson's Disease Support Group. For persons with Parkinson's disease and their caregivers. Second Sunday each month. 4pm. Roswell United
- Methodist Church, 814 Mimosa Boulevard, Bldg. A, Roswell, More info: Robin Cleveland, 678-819-3915.
- Veteran's Information Referral Office (VIRO). Free
- help and information for all veterans with VA Disability, VA Healthcare, Employment and Counseling. Second and 4th Wednesday each month. First and
- 4th Saturday each month, 11am-2om. American Legion, Post 29, 921 Gresham Avenue, Marietta.
- More info: 770-427-5900.
- Widowed Helping Others (WHO) . Dinner Sociial. First and 3rd Wednesday of the month. 6pm. St. Ann's Catholic Church, Nolan Hall, 4905 Roswell Road.
- Marietta. More info: Ann's Pastoral Care, 770-552-6400, ext. 6018.





Get The Early Bird EAST COBBER Camp Guide!

















To get in the Early Bird Summer Camp Guide which will be featured in the January 2015 issue. Mail or FAX your completed listing form to:

EAST COBBER

Camp Listings Editor P.O. Box 680455 Marietta, GA 30068 Fax: 770-559-3185

e-mail: campguide@eastcobber.com

All listings are subject to editor's discretion. Every attempt will be made to include all camp listings submitted.

Advertiser's listings are guaranteed. Form due date: December 15, 2014.

Camp Name(s):	Organization/Owner:
Age Group:	_ Camp Fee:
Camp Dates:	Time:
Camp Name(s):	Organization/Owner:
Age Group:	_ Camp Fee:
Camp Dates:	_Time:
Contact name:	Title:
Website address:	Email address:
Address:	
City, State, Zip:	
Telephone:	Fax:

Call 770-640-7070 for additional information.

SUBMISSION DEADLINE: December 15, 2014

Contact me about advertising in the Early Bird Summer Camp Guide.



Lung Cancer Screenings

Digital Mammography Screenings

Heart Screenings'

It's time to take care of yourself.

Give yourself or a loved one a gift of health with a heart screening, digital mammography screening or lung cancer screening. Or treat yourself by using your Flexible Spending Account (FSA).

For more information or to schedule your screening today, please call 770-956-STAR (7827).



770-956-STAR wellstar.org

*Prices are available for a limited time. Screenings are self-pay only and not covered by insurance. To qualify for a screening, certain criteria must be met via our screeners at 770-956-STAR (7827).