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Don't Miss! 26-35 Summer Fun!

Check out our Community Calendar for a list of summer special events for kids and adults!



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a locally-owned company that strives to build
a sense of community and pride in East Cobb
County by providing its residents with positive
stories and timely information.

The EAST COBBER is distributed free to homes, schools, and 400+ retail locations in the following zip code areas: 30062, 30066, 30067, 30068, and 30075.

Comments and stories are always welcome.

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PUBLISHER'S NOTE



Me + My Dad

I am fortunate to have a father who made time for me while I was growing up. Like a lot of fathers, he may never "go down in history" nor did he make a lot of money, but his quiet and steadfast love for his family combined with his humble acts of helping others, caring for the community, a deep faith in God, encouraging me to always do my best and his strong patriotism are

priceless gifts that influence who I am and what I do to this day. Now that I (and my very helpful husband) are raising three children, I am keenly aware of these values he instilled in me and try my best to teach them by example.

In this world of hype and celebrity, many young men and women (and older, too!) are searching for a role model. Many of us are lucky to have role models within reach and that we can truly be inspired.

Moms and dads are the most obvious heroes for us to emulate. This publication is happy to grant these often overlooked, ordinary folks a few minutes of fame. Hence, the annual essay contests and photos of other East Cobb residents that contribute to our quality of life are happily published in the EAST COBBER. The people featured in this edition—from G.W. Hall, the EAST COBBER's Dad of the Year (see page 8) to the Hot Widows (see page 10) to Shirley Dobbins, Cobb County's Senior Citizen of the Year (see page 58) —all are excellent examples of role models right here in our own backyards, within our reach. There's a lot of "good" we can learn from our parents, friends, and fellow East Cobbers. I hope after reading this edition, like every edition, you will not only learn a little bit more about what is going on in our community but also be inspired by the people that make East Cobb such a great place to live!

Have a great summer!

Cynthia M. Rozzo
Founder/Publisher
cynthia@eastcobber.com

Join the conversation!
What do you want to read about in the EAST COBBER?
Tell us at facebook.com/
EastCobber

On the Cover

Featured on the cover this
month is the Detling Law Group of
East Cobb. Chuck Detling, David
Ivey, Lucy Turner, Mackenzie Cole
and Jon Fine are pictured.

The firm focuses it's practice on litigation in the metro Atlanta area. Chuck Detling who practices personal injury law and commercial litigation attended the University of D.C. Law School and makes his home in Indian Hills. Lee Fudger (not pictured) attended the Cumberland School of Law in Birmingham and focuses his practice on criminal law and litigation. David Ivey represents businesses in commercial and shareholder disputes. Rounding out the staff is attorney Mackenzie Cole; Office Administrator Lucy Turner, and Investigator Jon Fine.

The Detling Law Group is
located at 3020 Roswell Road,
Suite 250 in Marietta/East Cobb.
Learn more about the
Detling Law Group on page 6.

Front cover photo taken by
Michael Drewitz of Michael's
Photography.

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Detling Law Group Committed to Representing Injured Victims throughout Georgia

By Chuck Detling







▲ Lee Fudger, Attorney

6 June/July 2013

▲ Attorney Dave Ivey of Counsel

Should I hire a lawyer to handle my car accident claim? I get that question almost every day and the answer is....maybe.

Settling your own insurance claim can be an intimidating experience, one that most people will only do a few times in their lives. And unfortunately, the person representing the insurance company is probably an experienced adjuster who handles hundreds of claims at a time. Doesn't sound like a fair fight does it?

But, you can succeed in these negotiations - if you're smart.

John F. Kennedy said to never negotiate out of fear or fear to negotiate. The President had a point, although I doubt he ever had to negotiate his own car accident claim. Luckily, if the other driver's liability is clear then the insurance company will likely make an offer. A paltry offer, but an offer nonetheless. And this offer will generally remain on the table throughout the process. A bird in the hand.

Here are a few tips to maximize your offer:

- Be careful what you say to the adjuster. Off-hand comments can seriously hurt your claim. And be very careful about agreeing to give a recorded statement.
- 2. Understand what the adjuster can and cannot do. Adjusters have limited "authority", (how much money they can offer), to settle cases on their own and may have to go to a supervisor to request more authority. Help them by providing as much documentation of your damages and injuries as you can. Medical reports, not just bills, are critical.

- 3. Make sure your doctors use standardized injury and treatment codes, and that their records state that your injury was caused or made worse by the collision.
- 4. Make sure the adjuster knows the details of the accident and whether there were any aggravating factors like their insured being intoxicated.
- 5. Don't settle before you know the full extent of your injuries. Once you settle, you can't make another claim for the same accident.

So how can a good attorney help?

First off, if your case involves no physical injury then you might not need a lawyer. But if you're hurt, a lawyer with a good reputation will often get a better offer out of the gate. And an attorney will build your case from the ground up by understanding what questions to ask and what records to gather.

An attorney can work with your doctors to perfect your medical record. In fact, many good attorneys work with doctors, chiropractors, and physical therapists who know the right way document your claim. And finally, experienced attorneys will not be afraid to take your case to trial if that is the only way to achieve just compensation.

At the Detling Law Group, each of our dedicated lawyers, paralegals, and investigators understand how to develop an injury claim from the beginning with an eye toward maximizing our client's recovery. We invite you to learn about the outstanding professionals at our firm, the clients we serve, and the services that we provide. Feel free to call us at 404-310-4920 or to stop by our office. We're located at 3020 Roswell Road, Suite 250, Marietta, GA 30062.

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United Military Care Helps Veterans



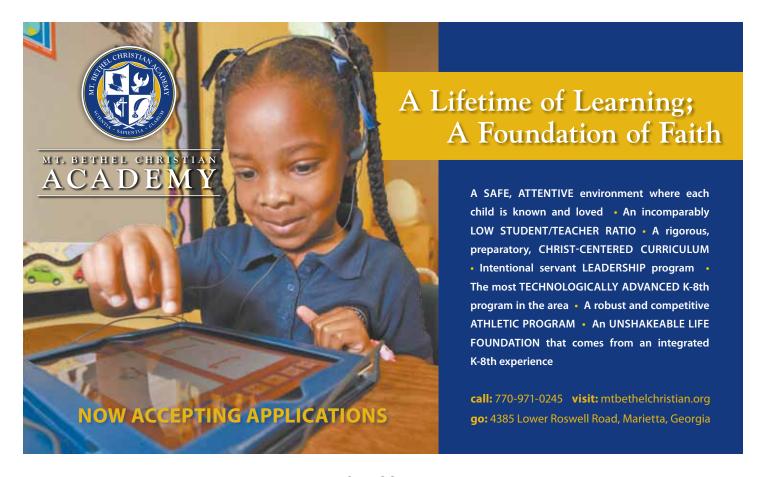
United Military
Care (UMC), previously known
as Operation
Homefront Georgia,
has changed its
mission to focus
on the families of
military servicemen
and women. The
non-profit organi-

zation will now provide everything from diapers to career training to the families of troops and veterans. "We (Operation Homefront Georgia) decided to disaffiliate with Operation Homefront in order to expand our mission and increase the level of care given to military families," says Kim Scofi, Executive Director for United Military Care. A native of East Cobb--she attended Murdock Elementary School and graduated from Pope High School-- Kim created United Military Care to provide emergency services as well as long-term support programs that would also

"Provide Hope and Honor during Hardship" to the troops, military families and wounded warriors.

Veterans' unemployment rate is sometimes three times that of the civilian work force with 18-26 year old males the hardest hit. In the last few years, veteran unemployment has averaged over 20%, and over 85% of military spouses are unemployed because of the limited employment in base areas. Troops have to deal with pay errors and other financial crises which make it almost impossible to make ends meet. Over 2 million Americans have answered the call to serve and protect us. How are we going to care for them when they come home? United Military Care works to help these families with their basic needs.

UMC helps these families not only get the emergency support, educational opportunities, and empowering programs they need, they are committed to 1.9 million spouses and children of serving troops and the families of recent veterans. United Military Care invites you to join their effort. For more information, call 770-973-0014, or email info@unitedmilitarycare.org.



G.W. Hall: EAST COBBER Father of the Year 2013



▲ Caroline Hall with her "Daddy of the Year", G.W. Hall

Here is the winning essay written by Caroline Hall, 8, about her father, G.W. Hall.

66...first of all, he is a Chick-fil-A volunteer so kids can eat there. Next, he escorts sports players to Scottish rite to see the kids. Plus, he takes me to choir because he wants me to learn church songs and have great performances. Next, he helps out at the "school store" twice every month with the little gifts. Plus, he is president of The Homeowner's Association so he can help make sure the pool is open in the summer so I can swim. Next, he does fantastic newspaper releases for St. Andrew UMC and for Family Promise of Cobb County. Plus, he does so many other things like filling in for mommy on late nights. Lastly, he loves me very, very much. That's why he should win Daddy of the Year. " 🚳



Congratulations, Dad!

EAST COBBER's Father of the Year 2013 is invited to participate in this year's EAST COBBER Parade.

G.W. Hall also receives the following gifts donated by local businesses:

David Douglas Diamonds & Jewelry – \$250 Gift Certificate

Edible Arrangements – Delicious Fruit Design (\$65 value)

E. H. Sellar's Goodyear – Free Oil-Lube-Filter Service (\$27.95 value)

Gigi's Cupcakes – 6-pack of cupcakes

IHOP - Gift Certificate (\$50 value)

Marietta Martial Arts – Gift Certificate One-Month of Martial Arts Training for 2 people (\$228 value)

Ready Hardware – Gift Certificate for 2 Propane Tank Fill-ups

Red Sky Tapas – Gift Certificate (\$25 value)

Scott DeLong's Auto Service – \$30 off an oil change

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Hot Widows Take On Triathlon



▲ HOT Widows: (Trainer) Dana Greene, Sandra Karem, Blair Andrews, Stacy Flood, Mishael Porembski, Natalie Simmons, Marni Ratner, Tonya Pringle, and (Trainer) Tara McLain

As members of Team HOT Widow cross the finish line of 2013 Callaway Gardens Triathlon on June 16, history will be made. These eight amazing ladies, ranging in ages 33-52, comprise the first U.S. team of widows to participate in a triathlon. At the group's helm is East Cobb's Mishael Porembski, who has taken a painful experience from her past and brought purpose to her life as well as to the lives of other team members.

Porembski's story is one of faith and the will to live a vibrant, healthy, and purposeful life. When her husband died in 2007, she was 39, seven months pregnant, and had a little girl who was not quite three. She describes that time as "living minute to minute, just trying to get through each day."

More than a year passed, and Porembski saw a photograph of herself one day. In her grief, she had sought comfort in food and had gained weight. Then and there, she decided to take back control and set some big goals for her life – her first major one being to complete a triathlon. For the next two years, she participated in Iron Girl triathlons and appeared on TV talk shows and in print media with her story. By this time, Porembski had realized quite a bit about the grieving process and how to heal from it.

"Grieving can cause a person to lose years from his or her life," says Porembski. "I discovered the best way to combat grief is with what I call the trifecta -- exercise, proper nutrition, and cognitive therapy. Incorporating these into daily living can help a grieving individual feel empowered and nourished again."

As a participant in several widow support groups in metro Atlanta, Porembski decided to share what she had learned with others. In January 2013 she began her own group called Team HOT Widow, which incorporates Healthy, Optimistic, Thriving (HOT) Life Strategies for widows and those who have experienced loss. Their first project was to complete a triathlon. With five months to train, these women are giving it their all and living by the motto: to complete, not to

compete! Porembski's enthusiasm was so contagious that a widow joined the group who didn't even know how to swim or ride a bike. (She won't make this triathlon, but has plans for future participation.) These women train together, with East Cobb as their home base. Porembski enlisted the help of an outstanding support team of trainers who have graciously donated their time and sponsorship, such as Athleta, which outfitted the group with uniforms, and Dragonfly Salon, that gave them Mother's Day makeovers. Training for and completing this triathlon will be a game-changing experience for each member.

"What began as a painful trial was eventually used as a tool to help others," says Porembski. "God had a practical purpose for the pain I endured, and I could have never gotten through this without my faith. Now my plan is to create a model that churches, synagogues, and grief support groups can replicate to help widows and others who are grieving to feel strong again."

A 33-year-old Team HOT Widow member, LaTonya Pringle has been widowed less than a year and thankful to have found a "sisterhood of women who already knew what I was thinking and feeling without me having to say a thing." She goes on to explain how Team HOT Widow members help each other accept what is and move on with their lives in a healthy, productive way.

Once the triathlon is behind them, the group will be open to new members (widows only!) to join them as they make plans to not only continue supporting each other, but also to participate in outings, such as hikes and white water rafting. Future triathlons are definitely in the plans. Several members are helping their children, including Porembski's girls who are now 5 and 8, train for the Iron Kids triathlon this summer.

If you are a widow and interested in participating in Team HOT Widow, visit the website www.teamhotwidow.com for more information.

Sope Creek Bridge Closed Throughout Summer



▲ Sope Creek Bridge as it looks today.



▲ A rendering of the new Sope Creek Bridge.

Cobb County Department of Transportation staff began construction Tuesday, May 28, on the Sope Creek Bridge replacement project on Paper Mill Road in East Cobb. The road will be closed at the bridge throughout the summer and into early fall, including the first several months of the 2013-2014 school year. The original bridge was built in 1920 and reconstructed in 1970. More than 8,000 motorists use the bridge daily and it currently has a poor bridge sufficiency rating of 49.1 out of 100.

Sope Creek Bridge connects to National Park Service land and currently lacks safe walking access across the bridge. This project will replace and widen the bridge while also adding sidewalks to improve pedestrian safety. People visiting the Chattahoochee River National Recreation Area this summer will need to enter west from Terrell Mill Road. Those using the Metro North Park soccer field will need to enter Paper Mill Road from the east on Johnson Ferry Road.

Westbound traffic will be routed to Johnson Ferry Road and Lower Roswell Road. East bound traffic will be routed to Terrell Mill Road and Lower Roswell Road. The estimated \$1.1 million bridge project is funded by 2005 and 2011 Special Local Option Sales Tax dollars. Variable message boards along Paper Mill Road will provide continuous updates for motorists. For more information about the Paper Mill Road Bridge Replacement Project over Sope Creek, visit www. cobbdot.org or call 770-528-3383.









WHY ARE YOU PROUD TO BE AN AMERICAN?

The EAST COBBER sent our summer intern, Adam Crow, out to East Cobb Park to ask fellow East Cobbers the question,"Why are you proud to be an American?" Below are some of those responses.







"It's the greatest country in the world and we have freedom." - Lisa Andrade



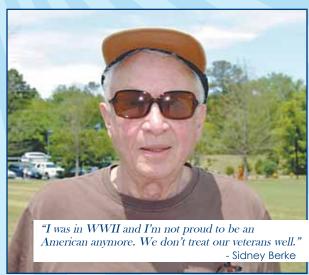


other countries."









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East Cobb Lions Present College Scholarships



▲ The East Cobb Lions Club presented six college scholarships to deserving East Cobb High School seniors on May 14. These outstanding high school seniors have earned their scholarships through academic excellence, leadership, and their on-going commitment to help others by performing outstanding community service. Community service achievement is a major part of the evaluation criteria. Pictured (I-r) are: Chris Howe, East Cobb Lions President; Austin Mason, Kell High School; Audrey Skaggs, Lassiter High School; Eric Hangartner, Pope High School; Taylor Wozniacki, Sprayberry High School; Jessica Kirsch, Walton High School; Divya Achtani, Wheeler High School; and, Gene McDuffie, East Cobb Lions Scholarship Chairman.



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Benefit Concert for The Center for Children and Young Adults



▲ Angela Reign

On June 22, Angela Reign and 120 Tavern will host a benefit concert for The Center for Children & Young Adults (CCYA) a non-profit based in Cobb County. Doors will open at 7pm with the show starting at 8pm. Tickets are \$10 if purchased online via 120 Tavern's website or are \$15 at the door the night of the event. All proceeds will go to the CCYA.

Serving multiple counties throughout the

Atlanta metro area and surrounding counties, The Center for Children & Young Adults provides a home for youth who have been abused, neglected, and/or abandoned by their caregivers. Their three-building campus offers a dormitory setting for up to 39 youth at one time in need of shelter, treatment, care and guidance. Over the years, their fundamental goals have remained the same: 1) To provide shelter, food and clothing for homeless children in need; and 2) To provide for the education, health, and well-being of these children while helping them to achieve a permanent home placement or, where no placement is available, transition them successfully to independence.

In addition to headline performances at music festivals and professional sporting events, the Angela Reign Band has entertained tens of thousands of fans at renowned music venues including Nashville's Bluebird Café and The Listening Room, Margaritaville and Atlanta's Wild Bill's. Angela Reign has been nominated for Best Female Country Artist of the Year (2012, 2013) and Best Music Video of the Year (2012) by the Georgia Music Awards. Angela was also a finalist in Hard Rock's International Battle of the Bands and is in high demand for National Anthem performances at professional sporting events. Angela's music is also playing in dance clubs across the United States.

Come see the Angela Reign Band live on June 22 or check her out on the web at www.angelareign.com. The 120 Tavern & Music Hall is located at 1440 Roswell Road in Marietta/East Cobb.



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All camps are held over your computer, with LIVE instruction, student interaction and engaging activities. You may attend a camp from anywhere in the U.S.: Home, vacation home, or even grandma's house!

> All East Cobbers who register for a camp before July 1st will receive 2 "seats" or log-ins for the same camp! Meaning, invite a friend, or split the cost of one camp with a friend!

See you this summer!

Other Campers Have Said:

"Thank You MCC for the awesome SAT Camp!" - "A 210 point gain after only 4 sessions!" "Amazing results!! We couldn't have accomplished that feat without you!"

For Virtual Camp descriptions, schedules and registration, Visit www.myclassconnection.com or call 770•363•8345

Walton's International Spanish Academy Hosts Quinceañera Dance



▲ Quinceañera Honorees of ISA Class of 2016 (I-r): Megan Williams, Bridget Seery, Amanda Miller, Madeline McClish, Elizabeth Key, Faith Rashidi, Kylie Andrews, Rachel Luckcuck, Kylie Holthaus, Meredith Lischer, Lalin Ozyazgan, Alaine Smith, Amanda Skinner, Sydney Dorawa, Kate Baldino, Alyssa Chvasta, Jenna Kahn, and Sarah Portwood.

It's the type of birthday party a little girl dreams about: she is decked out in a flowing gown and attended by a court that presents her with gifts. This coming-of-age rite is known as a quinceañera, a Latino celebration held to mark a girl's 15th birthday (quince means 15). And, last month, eighteen freshman girls from Walton High School"s International Spanish Academy (ISA) experienced a Quinceañera. "It is like a Sweet Sixteen party but has several traditional rituals and is much more elaborate," shares Arzu Ozyazgan whose daughter, Lalin, is a student of Walton's ISA.

The celebration started off with dancing and dinner. The dinner consisted of Mexican food, which went along with the quinceañera theme. Each girl was introduced and pictures were taken. Next, each family presented a small speech about their daughters. The girls' teachers, Olympia Diaz and Marina Garcia, were thanked also. Mary Crittenden, who is the sophomore ISA Spanish teacher, was in attendance as well. After that came the presentation of white roses, which symbolized the innocence of the

girls. Then it was the shoe ceremony. This is one of the most important parts of a quinceañera, as it symbolizes the girl's transition from child into young women. For this part of the event, the girls' fathers changed their flats into high heels acknowledging that their little girls are young women from now on. The evening came to a close as cake was served. After more dancing and pictures with their families, the honorees left with smiles on their faces.

The International Spanish Academy is a rigorous, humanities-based program at Walton High School in Spanish and English, which is in collaboration with the Ministry of Education in Spain. Students who have applied and been accepted into the program spend all four years of high school taking intensive Spanish courses. They must also take four honors or AP content courses that include a component of Spanish. One third of the student's overall coursework is taught in Spanish. Graduates of the ISA program will earn a diploma from the Ministry of Education of Spain in concordance to a diploma from Walton.

Summer Music Classes



Rock Camp July 8-12 - Ages 6-12 - July 29-Aug 3 - Age 12+

Piano Camp July 22-26 – Age 6+

Mon/Wed/Fri class June / August + 3 Camps in June/July - Babies to age 8
Weekly private lessons for all instruments - Age 6+

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draisenedwardsmusic.com / To register for babies to age 8 programs visit: musiktogrow.com

CERT Classes Offered This Summer

The Community Emergency Response Team (CERT) course is a 20-hour program that trains people to be better prepared for response to emergency situations in their communities. When emergencies happen, CERT members can give critical support to first responders, provide immediate assistance to victims, and organize spontaneous volunteers at a disaster site. CERT members can also help with non-emergency projects that help improve the safety of the community. The next CERT classes will be held at the Cobb County Emergency Operations Center, 140 North Marietta Parkway, Marietta 30060. The schedule for the course will be:

Monday, June 17th: 9:00am-3:00pm
 Monday, June 24th: 9:00am-3:00pm
 Monday, July 1st: 9:00am-3:00pm
 Monday, July 8th: 9:00am-3:00pm

You must attend all sessions listed in order to complete the program. Participants must be at least 16 years old. If you would like to register for the program or request additional information, please contact Kristin Branaum at Kristin. branaum@cobbcounty.org, or at 770-528-1540.





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www.eastcobber.com editor@eastcobber.com

WANTED!

Vintage photographs and stories of East Cobb!







Do you have archives of old photographs or vintage postcards of East Cobb County? Are you knowledgeable about your local history? Would you like to help preserve your community's fascinating history?

WANTED... folks to share and pass on memories and knowledge related to East Cobb, its people, places, things and surrounding area. If you live, have lived or have ties to the East Cobb County area your stories and/or photographs from yesteryear are wanted.

Cynthia Rozzo, founder and publisher of the EAST COBBER is currently compiling a photographic history of East Cobb and is looking for your help! She is assembling historic images of East Cobb County and the stories that go with them to include in an upcoming book.

Here's a wishlist of photos wanted:

- > East Cobb farm life and farming operations
- > old church photos
- > club photos
- > school photographs
- > East Cobb residents with their cars of yesteryear
- > local residents wearing fashions of the day

- > East Cobb buildings under construction
- > "old" east Cobb families, such as, Keheley, Dickerson, Lassiter, Blackwell, Powers, etc.
- > political leaders, old political signs from East Cobb

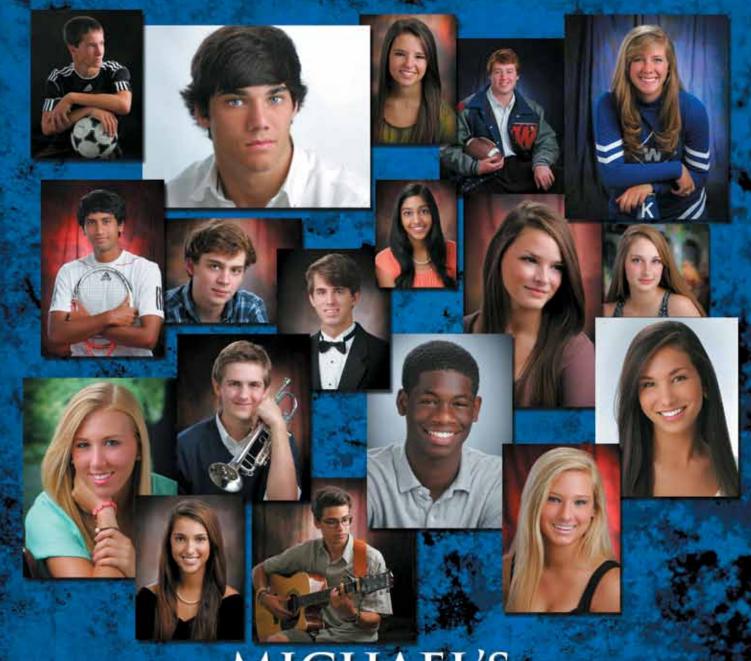
The importance of family collections cannot be overemphasized. Vintage photographs become increasingly fragile and by scanning and reproducing them in a book, they become available for all to see.

"It's going to be a history of our community and we'd like the family histories in there as well," Rozzo said.

To share your photographs and stories, please contact Cynthia Rozzo at 770-640-7070 or you can email your photos as separate jpg attachments to: cynthia@eastcobber. com. "EAST COBBER staff members are available to come by and pick up photos at your home, we'll scan them in the office and safely return your vintage photos," says Rozzo, "We will also be videotaping oral histories. So, if you'd like to share your story, call the EAST COBBER office to schedule an appointment."

Photographs, stories, and pieces of the past — they are all wanted. If you'd like to help keep local history alive by volunteering your talents to this effort, feel free to contact Cynthia.





MICHAEL'S PHOTOGRAPHY

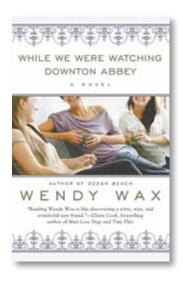
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- EAST COBB770-977-6900

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Local Author Writes Another Novel



East Cobber Wendy Wax has written a book perfect for packing in your beach bag for a great summer read! In WHILE WE WERE WATCHING DOWNTON ABBEY, Edward Parker, concierge of the Alexander, a historic apartment building in midtown Atlanta, invites his fellow residents to attend weekly screenings of Downton Abbey. During the weekly gatherings, four very different people find themselves unexpectedly connecting with the show—and each other.

Samantha Davis married into old Atlanta money in order to secure a future for herself and her orphaned brother and sister, but finds herself struggling to feel secure in her marriage and cope with her destructive siblings. Claire Walker, an empty-nester, moved to the Alexander to start a new life and write her dream novel. And Brooke MacKenzie is a disillusioned divorcee constantly battling her faithless ex over their two children. For Samantha, Claire, Brooke and

Edward it's a season of surprises as they forge a bond that will sustain them through life's most difficult moments—all of it reflected in the unfolding drama and convergent lives of Downton Abbey.

Wax's trademark
"breezy wit" (Atlanta
Journal-Constitution)
and roots as a southern
women's fiction novelist
shine in this warm and



witty novel about four people, all struggling to redefine their future, who find themselves drawn together by friendship, adversity and hope.

Wendy Wax is the author of eight previous novels, including Ocean Beach and Ten Beach Road. Her books have been highly praised and featured in national publications such as USA Today, Cosmopolitan, FIRST for Women, and Woman's World. A Florida native, Wax lives in East Cobb. Visit her online at www.authorwendywax.com, www.facebook/AuthorWendyWax, or www.twitter.com/Wendy_Wax.







Public Invited to East Cobb Park 10th Anniversary Party

Friends for the East Cobb Park is planning a public event for Saturday, July 13 to commemorate the 10th anniversary of the park. There will be jumpy houses for the kids, music with Big Daddy DJ, face painting and games. The party starts at 10am and will go until 1pm on Saturday, July 13th. The East Cobb Civitans will be honored for their 10 years of dedication to the park. A birthday cake for the park and refreshments will be served following the ceremony. WellStar is sponsoring the event. Whole Foods will be donating refreshments.

Located at 3322 Roswell Rd in Marietta/East Cobb, East Cobb Park is located on over 20 acres adjacent to Roswell Road, between Old Canton Road & Providence Road, East Cobb Park features open grass fields, walking trails, stream overlooks, a playground, picnic pavilions, an outdoor classroom, and an outdoor stage.

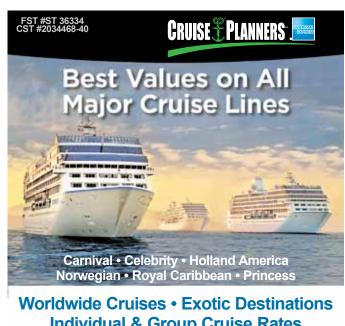
In 1998, a group of individuals associated with the East Cobb Area Council of the Cobb Chamber of Commerce joined together to form the non-profit Friends for the East Cobb Park. Their unifying vision was to create a passive Park that would serve as a community gathering place. Their goal was to raise funds sufficient to purchase an appropriate property and deed it to Cobb County who would develop and maintain the Park.

Almost from the beginning, the Friends enjoyed the support of Cobb County Government. The County's public acknowledgment of the Friends' mission added credibility to the effort and their challenge and commitment to support the project allowed the formation of a powerful Public-Private Partnership. Working as a team, Cobb County and Friends for the East Cobb Park funded the professional design of the park, which includes open grass fields, walking trails, stream overlooks, a "destination" playground, picnic pavilions, an outdoor classroom and an outdoor stage.

Construction of this initial phase began in 2002, and the official Dedication Ceremony was held on June 28, 2003. The East Cobb Park was an immediate success in the community, and has surpassed both Cobb County's and the Friends' greatest expectations for attendance and public satisfaction.

For more information on East Cobb Park's birthday celebration, visit the Friends of the East Cobb Park website at: eastcobbpark.org or contact Amber Harris, Vice President, Friends of the East Cobb Park at amberharris@eastcobbpark.org.





Individual & Group Cruise Rates



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- **Session 1:** "Dog Days of Summer" July 15, 17, 19 (MWF)
- Session 2: "Zany Zoo Week"— July 22, 24, 26 (MWF)

Eastminster Presbyterian Church 3125 Sewell Mill Rd.

Marietta, GA 30062 On the corner of Sewell Mill & Old Canton.

CONTACT US TODAY! www.epres.org 770-977-2976

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Cobb County Business Associations and Cobb Chamber Host 3rd Annual Summer J.A.M. Networking Event



Coalition of Cobb County
Business Associations and Cobb
Chamber of Commerce are
partnering to present the third
annual Summer J.A.M. on
July 17 from 5 to 8 p.m. at the
Cobb Civic Center. This event
celebrates the county's thriv-

ing small business community and le of Cobb's 10 business associations. The

promotes the role of Cobb's 10 business associations. The participating associations are: Acworth Business Association, Austell Business Association, Cobb Chamber, East Cobb Business Association, Kennesaw Business Association, Marietta Business Association, Northeast Cobb Business Association, Smyrna Business Association, South Cobb Business Association, Vinings Business Association, and West Cobb Business Association.

Attendees can enjoy complimentary food and drinks while networking with other business professionals. The cost to attend this event is free—with online registration— for members of any of the 11 participating associations or \$20 at the door. For general admission, tickets are \$20 with online registration or \$30 at the door. The deadline for online registration is by noon on July 3.

For more information, visit cobbchamber.org/summerjam or Tya Dawson, Small Business and Entrepreneurial Programs manager at 770-859-2341 or tdawson@cobbchamber.org.

COBB

As one of the most influential business advocacy organizations in Georgia, the Cobb Chamber is dedicated to

bringing the community and its leaders together to create jobs and strengthen the economy and quality of life so businesses and the community can achieve more. The Chamber achieves this by creating jobs and driving economic development; strengthening the community and the region; growing member businesses and nurturing leadership; and connecting businesses, government and the community.

The Coalition of Cobb County Business Associations was started in 2006 by Barbara Hickey, then president of the South Cobb Business Association. The original meeting brought together 12 association presidents for discussion and the plan to initiate a community day of service. Since then, the Coalition meets to discuss best practices, share ideas, develop partnerships with neighboring associations and, of course continue to perform community service projects.



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Fourth of July Festivities

Our nation's birthday is celebrated coast to coast with fireworks, picnics and festivals. Metro Atlanta is no different. Several cities have Fourth of July events that offer a fun time for your family. Here are some great ways to celebrate Independence Day that are just a short drive away:

ACWORTH - JULY 4

Concert and Fireworks sponsored The City of Acworth and the Acworth Business Association. Live music will start at 5:00 p.m. leading up to headliners "FLASHBACK" at 6:30 p.m. Fireworks will begin at approximately 9:30pm. Food vendors will be on site. Free admission. Tables for 6 are available for rent: \$50 for City of Acworth residents and \$70 for non-residents. Free shuttle service starting at noon available from Downtown Acworth. Located at Lake Acworth Beach at Cauble Park, 4425 Beach Street, Acworth 30101. More info: 770-917–1234 or visit www.acworthparksandrecreation.org.

★ ALPHARETTA - JULY 4

Celebrate Independence Day with family and friends at the City of Alpharetta's annual fireworks show hosted by Alpharetta Recreation and Parks Department. Celebrate Independence Day with family and friends at Wills Park! Children's activities and local entertainment will be on the lawn behind the Alpharetta Community Center from 6-9pm. Food vendors will be located throughout the park from 6-10pm. Spectacular fireworks begin at dusk (rain or shine). Bring a lawn chair and blanket. No alcohol allowed. Located at Wills Park, 11925 Wills Road, Alpharetta. More info: 678-297-6133 or wprcprograms@alpharetta.ga.us.

★ DUNWOODY - JULY 4

22nd Annual Dunwoody Salutes America Fourth of July Parade hosted by the Dunwoody Homeowners Association and the Dunwoody Crier Newspaper. Begins at 9am. Features marching bands, local personalities, and floats. Festival with live entertainment, activities, children's area, and Dunwoody United Methodist Boy Scout barbeque follows at Dunwoody Village: 5483 Chamblee Dunwoody Road, Dunwoody. This year's theme: Celebrating our Beginnings.

★ EAST COBB - JULY 4

Indian Hills Country Club (IHCC) hosts a Membership Appreciation Day which features fireworks at dusk. IHCC allows the community to come by and grab a seat on the lawn and enjoy the fireworks extravaganza. Indian Hills Country Club, 4001 Clubland Drive, Marietta/East Cobb.



★ KENNESAW - JULY 3

Salute to America, a pre-Independence Day celebration, will feature high-energy, live music performances and family entertainment from 6-11pm. Hollywood Nights, the ultimate tribute to Bob Seger and The Silver Bullet Band, will perform a free concert on the main stage. A family entertainment stage located near Main Street will showcase local dancers and music acts. Fireworks will begin at 9:30pm. Free admission. Blankets, chairs and coolers allowed. Tables for 6 available for rent at \$75. Food and beverages for sale. No alcohol. Concert begins at 7:30pm at The Depot, 2828 Cherokee Street, Kennesaw. More info: 770-422-9714 or www.kennesawjuly3.com.

★ MARIETTA – JULY 4

Fourth in the Park celebration presented by Marietta Parks and Recreation. Parade starts 10am at Roswell Street Baptist Church, 774 Roswell Street SE, Marietta, and ends at North Marietta Parkway. Followed by concerts, museum tours, arts and crafts show, food, carnival games, and fireworks finale at 9:30pm in Glover Park/Marietta Square. More info: 770-794-5601 or www.mariettaga.gov.

★ POWDER SPRINGS - JULY 4

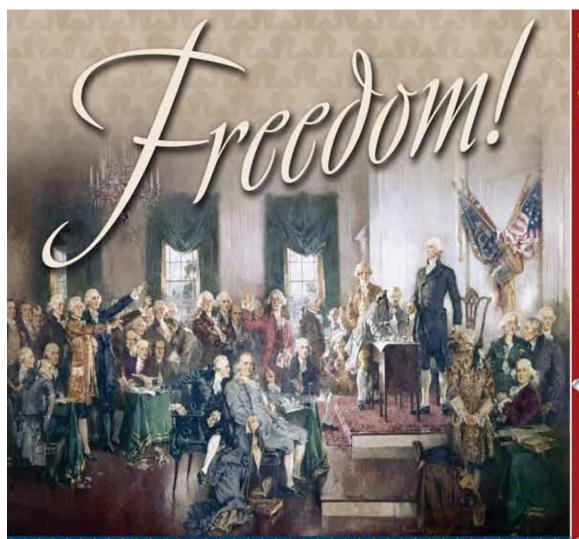
Independence Day Celebration featuring live entertainment by the Glow Band, children's activities, food and fireworks at dark. Celebrate from 4pm until 10pm. Historic Town Square, 4488 Pineview Drive, Powder Springs. More info: 770-943-1666 or www.cityofpowdersprings.org.

ROSWELL - JULY 4

14th Annual Fireworks Extravaganza presented by City of Roswell. Live entertainment, children's carnival, and food. Bring picnics, lawn chairs and blankets. Band performances at 6pm and 7:30pm. Fireworks begin at dark. Roswell High School, 11595 King Road, Roswell. More info: 770-641-3705 or www.roswellgov.com.

★ WOODSTOCK – JULY 4

Freedom Fest begins at 10am with a parade starting at Old WalMart/Furniture Express on Hwy. 92, traveling north on Main Street through the Olde Town merchant district to Woodstock Elementary School. Food vendors, childrens activities, musical entertainment, and crafts until 3pm at The Park at City Center, 101 Arnold Mill Road, downtown Woodstock. Fireworks begin at dusk behind the Target Shopping Center at Hwy 92 and I-575. More info: 770-517-6788 or www.woodstockga.gov.





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EVERY TUESDAY

Get Crafty. The East Marietta Library will host a new program to make recycled crafts out of everyday things. For ages 5 and up. 3:30pm. East Marietta Library, 2051 Lower Roswell Road, Marietta 30068. More info: 770-509-2711.

EVERY SATURDAY

Free Arts and Crafts at Lakeshore Learning Store. 11am-3pm. Ages 3 and up. In June, make a High Flying Skydiver, Under the Sea Porthole, Father's Day tie, "Welcome, Summer!" Door Hanger and a Fourth of July Noisemaker. In July, make a Big Mouth Whale Puppet, Bug Wooden Spoon, Summer Fun Visors, Cute-as-a-Cupcake Notepad, and a Keep Cool Summer Fan. Lakeshore Learning Store, 4287 Roswell Road, Marietta. More info: 770-578-3100 or www.lakeshorelearning.com.

EVERY SATURDAY AND SUNDAY

Marietta Square Farmers Market featuring products that are grown and produced in Georgia, including produce, plants, honey, breads, and cheese. Saturday: 10am-1pm. Sunday: 12-3pm. Glover Park-Marietta Square. More info: 770-499-9393 or www.mariettasquarefarmersmarket.net.



EVERY MONDAY THROUGH FRIDAY

Oy Toys for Story Time. Multicultural stories representing different faiths and cultures. Free. 10-11am. Monday-Friday. June & July. Oy Toys, 1150 Grimes Bridge Rd. Suite 300, Roswell 30075. More Info: 770 993-5432 or customercare@oytoys.com.

THROUGH IULY 20

Roswell Summer Puppet Series. Nationally-renowned puppeteers bring all varieties of puppets and marionettes to the stage for a collection of whimsical and captivating performances. Monday-Saturday: 10am. Additional shows Wednesday and Friday: 1pm. \$6/adults. \$5/ages 2-12. Puppet-making kits specifically tailored to each show available for purchase for \$5 per kit. Roswell Cultural Arts Center, 950 Forrest Street, Roswell. More info/tickets: 770-594-6232 or www.roswellpuppets.com.

JUNE 6 & 7

Book Sale and Curriculum Fair presented by Johnson Ferry Baptist Church Home School Group. Gently used and new items will be available for low prices. Fiction and nonfiction books for all ages from infant to adult. Curriculum including math, science, reading, grammar, vocabulary, foreign language, history, unit studies, Bible, geography, vocabulary, critical thinking, music, software, DVDs, CDs, art, desks, bookcases, educational toys, musical instruments and much more Some items half price on Friday. Thursday: 3-8pm. Friday: 9am-1pm. Fellowship Hall, Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: jfbchomeschoolgroup@gmail.com.

JUNE 7

Cobb Executive Women Luncheon. 11:15am. Members: \$20 online; \$35 at door. Guests: \$30 online; \$45 at door. The Georgian Club, 100 Galleria Parkway, 17th Floor, Atlanta. More info: 770-980-2000 or www.cobbchamber.org.

JUNE 7 & JULY 5

First Friday Concert Series. Ben Brady Lakeside Pavilion James Casto and his crew from Chukkar Farms will be bringing the best songwriters in America to Roswell for songwriter-in-the-round shows. 8pm. Gates open at 6:30pm. General Admission: \$15. Tables for 2-8 available for rent. Bring some food and friends and enjoy a night of music. Chattahoochee Nature Center, 9130 Willeo Road, Roswell. More info/tickets: 678-570-7865 or www.homebydark.com.

JUNE 7-9, 13-16, 20-23, 27-30, JULY 5-7, 11-14, & 18-21

Joseph and the Technicolor Dreamcoat presented by Atlanta Lyric Theatre. The well-known biblical tale of a young man with a very special gift and some very big adventures! A delightful, eclectic pop score by Andrew Lloyd Webber highlights this timeless favorite for audiences of all ages. Thursday-Saturday: 8pm. Saturday, June 22: matinee at 2pm. Sunday: 2pm. \$25-\$45. Earl Smith Strand Theatre, 117 North Park Square, Marietta. More info/tickets: 770-293-0080 or www.atlantalyrictheatre.com.

JUNE 8

Roswell Lavender Festival honors and commemorates the beauty and various uses of this ancient herb in a lively family-friendly festival setting featuring a variety of demonstration booths, vendors, crafts, and performances as well as educational booths and lavender plants for sale and musical performance by Ragamuffin Music. 10am-4pm. Free, rain or shine. Barrington Hall, 535 Barrington Drive, Roswell. More info: 770-640-3855 or www.southerntrilogy.com.

JUNE 8, 22 & JULY 13, 27

Marietta Square Artists Market showcasing artwork created by juried artists showcasing the best of local work, 9am-1pm. Mill Street near Marietta Square. More info: www.mariettaga.gov.

JUNE 8 & 29

The Flag Project was conceived by Kiwanis Past President David Miller in 1995 as a way to raise funds for the Marietta Kiwanis Scholarship fund. The flags are displayed by Marietta Kiwanians and their friends and family who place the flags around Cobb County on six nationally recognized holidays each year – Memorial Day, Flag Day, July 4th, Labor Day, September 11 and Veteran's Day. The proceeds from this project now fund Kiwanis Scholarships and other Club programs, projects, and grants of the Marietta Kiwanis Foundation. \$25/year/flag. More info: 770-432-1760, pathuey@comcast.net, or www.mariettakiwanis.org.

TUNE 9

Smyrna Summer Concert Series: The Cumberland Collective performing an artful and powerful mix of talent with the soul of great music of this land. 7-10pm. Free. Village Green, 200 Village Green Circle, Smyrna. More info: 770-434-6600 or www.smyrnacity.com.

JUNE 10-13, 17-20, 24-27, JULY 8-11, 15-18, 22-25

Drivers Education presented by Marietta/Cobb Driver's Education. 30 hours of classroom instruction and 6 hours of individual training behind the wheel. This program meets the requirements for Joshua's Law and qualifies for the Teen Driver's Education insurance discount. 8am-4pm. \$375. Dodgen Middle School (1725 Bill Murdock Road, Marietta) or Kell High School (4770 Lee Waters Road, Marietta). More info: 770-429-3170 or www.mariettacommunityschool.com.

JUNE 10-14, 17-21, 24-28, JULY 1-6, 8-12

Driver Education at Safe America. Licensed by the State of Georgia Department of Driver Services. 30 hours of classroom training, including the State required Alcohol and Drug Awareness (ADAP) training plus either 6 or 10 hours of private individual behind-the-wheel training with a licensed driver training instructor (individually scheduled in 2-hour increments within 6 months of classroom training completion). 9am-3:30pm. \$474/30 hours classroom + 6 hours behind wheel. \$574/30 hours classroom + 10 hours behind wheel. \$150/30 hours classroom only. Safe America Foundation, 2480 Sandy Plains Road, Marietta. More info/ to register: 770-973-7233 or www.safeamerica.org.



JUNE 11

East Cobb @ The Etz. East Cobb Jewish Network presents a business to business networking event, door prizes, and refreshments. Bring plenty of business cards. 6-8pm. \$10. Congregation Etz Chaim, 1190 Indian Hills Parkway, Marietta. More info: ecjewishnetwork@gmail.com.

JUNE 12-13 & 26-27

Defensive Driving/Driver Improvement Class presented by Safe America. If you are already driving but want to lower the cost of your car insurance or if you've gotten a traffic ticket and need to take a defensive driving class, this class is for you. 6-hour class taught by certified instructors. Registration needs to be done in person due to a state form requiring signature. 6-9pm. Court ordered/point reduction: \$75. Insurance rate reductions only: \$30. Safe America Foundation, 2480 Sandy Plains Road, Marietta. More info: 770-973-7233 or www.safeamericadrivers.org.



JUNE 13

Rain Barrel Make & Take Workshop. Participants will create their own rail barrels from 55 gallon drums so please come dressed to be outdoors and working with power tools. 12pm. Free. Limit 1 barrel per household. Cobb County residents only. Registration required. Cobb County Water Quality Laboratory, 662 South Cobb Drive, Marietta. More info/to register: 770-528-1482 or http://watershed.cobbcountyga.gov/files/rainbarrels.htm.

Scene of the Crime. Mike Gerhard from the Cobb County Medical Examiner's Office will present a program about the forensic science of performing autopsies and what they reveal. Examine accident photos and learn about what it's like to work as a medical examiner. Due to the graphic nature of this program, participants must be at least 13 years old. No exceptions will be made. Registration is required. 3:30pm. Cobb County Library, 266 Roswell Street, Marietta. More info/reservations: 770-509-2730.

JUNE 14

4th Annual Juneteenth Concert: Evening Under the Stars presented by Cobb NAACP and the City of Marietta. This is the oldest nationally celebrated commemoration of the end of slavery in the United States. Enjoy Jazz on the lawn of Glover Park. Bring your blanket or folding chairs. 7-11pm. This is an alcohol free and litter free event. Marietta Square. More info: www.mariettaga.gov.

JUNE 14-15

Cobb Classic Rodeo. Bareback riding, bull riding, steer wrestling, tie down roping, team roping, barrel racing, trick riding and rodeo clowns! Proceeds go to Cobb County Sheriffs. 8-10pm. \$15/adults. \$12/children. Children under 5: free. Jim Miller Park, 2245 Callaway Road, Marietta. More info: 770-684-7277.

The Legally Blonde Musical presented by Cabaret Summer Stock HS Performance Camp. Be blown away by the professional talent and entertainment you can find in Cobb area schools. 7:30pm. Lawn opens at 7pm. Free. Tables available for rent @ \$25/table for 8. The Art Place/Mountain View Arts Alliance, 3330 Sandy Plains Road, Marietta, More info: 770-509-2700.



JUNE 14-16

Divorce Survival Weekend: A Way Out of the Chaos, an educational, supportive weekend retreat in the country connecting women with information resources, and each other with speakers and group activities. \$575. More info: Visions Anew Institute, 770-953-2882.

TUNE 15

11th Annual Back to the Chattahoochee River Race & Festival. Paddlers of all ages and skill levels will take to the water at 9am at Garrard Landing Park on Holcomb Bridge Road at 9am. The race ends at Riverside Park (575 Riverside Road, Roswell) where the festival takes place from 10am-3pm. Enjoy live music, face painting, balloon artists and other family-friendly activities as well as vendors and environmental exhibits. More info: www.chattahoochee.org.

Dream Dash 5K benefiting the Kennesaw Dream Foundation and their Kennesaw Teen Center. 6-7:15am: Registration. 7:30: Race start. \$25 in advance. \$30 race day. Kennesaw First Baptist Church, 2958 North Main Street, Kennesaw. More info/to register: www.dd5k.com or www.active.com.

Juneteenth Celebration on the Square. Juneteenth or June 19, 1865, is considered the date the last slaves in America were freed. Join the Cobb NAACP and City of Marietta for a day of family activities, ethnic foods, entertainment, vendors, music, history, and more. Free. 10am-7pm. Glover Park/Marietta Square. More info: 770-425-5757 or www.mariettaga.gov.

JUNE 16 & 29

Canoeing 101, a great introductory course to canoeing. Learn the basics of canoeing and put your skills to the test. Learn parts of the boat, discover different strokes and practice on a pond. All equipment provided. For ages 5 and up. 10-11:30am. Members: \$10. Nonmembers: \$15. Advance registration required. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: scheduling@chattnaturecenter.org or 770-992-2055, ext. 237, or www.chattnaturecenter.org.



Celebrating 40 years Age 2½ - 12 AMI Certified Helping children draw outside the lines to make a better picture.

150 Powers Ferry Rd Marietta, GA 770.973.2731 www.casamontessori.com

JUNE 17

OLLI's Summer Social Event hosted by Kennesaw State University's Osher Lifelong Learning Institute (OLLI) at the College of Continuing and Professional Education. An evening of laughter, music and fun for those who are age 50 and older who are already part of the OLLI family as well as those who may want to see what the program has to offer. Doors open at 5:45pm. Dinner is served from 6-7, followed by music and dancing. \$10. Reservations required. Kennesaw State University Center, 3333 Busbee Drive, Kennesaw. More info/reservations: 770-423-6765 or ccpe.kennesaw.edu/olli.

Trojans on the Links Golf Tournament benefiting the Lassiter football program. \$150 includes golf, cart, lunch, shirt and various prizes. Sponsorships available. Brookfield County Club, 100 Willow Run, Roswell. More info: golf@lassiterfootball.net.

JUNE 18

Cobb Young Professionals Tour of General Electric Smart Grid presented by Cobb Chamber of Commerce. Join Cobb Young Professionals as they tour one of Atlanta's most technologically advanced facilities. 1:45-4:45pm. Free. 4200 Wildwood Parkway 3200-16, Atlanta, GA 30339. More info: 770-980-2000 or www.cobbchamber.org.

JUNE 18 & JULY 16

Play Pen Open Mic. A variety of artists: storytellers, writers, poets, musicians, comics, actors and other performing artists are welcome. Perform or just enjoy the show. 7:30pm. Bradley's Bar and Grill, 4961 Lower Roswell Road, Marietta. More info: 770-321-0108 or www.facebook.com/playpenliv.

JUNE 19

Barrington Hall Lecture Series: Margaret Mitchell and Dr. Benjamin Mays, presented by Bill Browning. Question and answer period follows. 7-8:30pm. Doors open at 6:30. Limited space. Reservations required. Barrington Hall, 535 Barrington Drive, Roswell. More info/reservations: 770-640-3855.

TUNE 21-29

150th Battle Anniversary of the Battle of Kennesaw.

Various events including artillery and infantry demonstrations and civilian and military life encampments. Free. 8:30am-5pm. Kennesaw Mountain National Battlefield Park, 900 Kennesaw Mountain Drive, Kennesaw. More info: 770-427-4686.



Southeast Homeschool Expo

July 25-27, 2013
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See our website for a list of Speakers! SoutheastHomeschoolExpo.com



TUNE 22

Civil War Living History Event. Join Civil War reenactors demonstrating period weapons and showing Civil War uniforms, children's activity area, period dancing and music, food and fun. 10am-4pm. Free. Barrington Hall, 535 Barrington Drive, Roswell. More info: www.roswellgov.com.

TUNE 22-23

Georgia Dachshund Races benefiting DREAM Dachshund Rescue. Bring your chair and relax. Raffles, food, races and contests for best costume, size and age, nose, and much more. Saturday: 12-5pm. Sunday: 1-5pm. \$5 admission. Jim Miller Park, 2245 Callaway Road, Marietta. More info: 770-934-2853.

JUNE 23

Hat-titude: Big Hat Brunch "Bowties and Sundresses." A fundraiser to raise awareness for all forms of cancer and raise money for deserving charities.

This year's event includes brunch and cocktails, silent auction, a live jazz band and musical performance, an "Ask the Doctors" segment, a big hat fashion show and much more. 12-4pm. \$50 donation. The Pavilion of East Cobb, 736 Johnson Ferry Road, Marietta. More info: 678-310-9068 or www.hat-titude.com.

MORE ONLINE! For late-breaking events this month, visit www.eastcobber.com

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"Hey! That's my husband!"

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Special offer for East Cobber Readers: If you mention code PDC002029 when you call we will install a GPS tracker free of charge.



JUNE 25 & JULY 9, 23

Cooking with Chef John Wilson at Barrington Hall. A full array of classes based on classic European, American and International cuisine as well as cooking techniques will be presented. At the end of each class, participants will dine on the meal they prepared. 6:30-9:30pm. \$50/person/class. Reservations required. Barrington Hall, 535 Barrington Drive, Roswell. More info/reservations: 770-640-3855.

TUNE 26-27

Defensive Driving/Driver Improvement Class presented by Safe America. If you are already driving but want to lower the cost of your car insurance or if you've gotten a traffic ticket and need to take a defensive driving class, this class is for you. 6-hour class taught by certified instructors. Registration needs to be done in person

due to a state form requiring signature. 6-9pm. Court ordered/point reduction: \$75. Insurance rate reductions only: \$30. Safe America Foundation, 2480 Sandy Plains Road, Marietta. More info: 770-973-7233 or www.safeamericadrivers.org.

JUNE 28

Bill Cosby, one of America's most beloved comedians of all time. 8pm. \$59.75. Cobb Energy Performing Arts Centre, 2800 Galleria Parkway, Atlanta. More info/tickets: 770-916-2800 or ticketmaster.com.

Glover Park Concert Series: Atlanta Pleasure Band (R & B). Bring a blanket and picnic dinner or dine in one of the many fine restaurants on the square and enjoy a free concert. Blankets and lawn chairs allowed after 4pm. Tables available for rent. Concert at 8pm. Marietta Square. More info: 770-794-5601 or www.mariettaga.gov.

JUNE 28 & 30

The Roswell UMC Patriotic Celebration-Sounds of the Spirit Concert Series: Patriotic Celebration. The 120-voice Roswell United Methodist Church Sanctuary Choir and Atlanta Wind Symphony join forces to raise this inspiring musical tribute to our great nation. Free but ticket required for seating. Friday: 7:30pm. Sunday: 4pm. Roswell United Methodist Church, 814 Mimosa Boulevard, Roswell. More info: 770-594-0512.



JUNE 29

Star Spangled Spectacular & Fireworks presented by Kennesaw State University featuring the Georgia Symphony Orchestra. 8pm. Admission opens 6:30pm. Bring chairs, blankets and picnics. Free. Campus Green, Kennesaw State University, 1000 Chastain Road, Kennesaw. More info: 770-429-7016 or www.georgiasymphony.org.

Yacht Rock Schooner. Yacht Rock Revue has launched this year's leaner, meaner Yacht Rock Schooner! Winning all kinds of awards for what they do, this hip, proud, polyester blast from the past plays the smooth hits of the late '70s. Treat your ear drums to the optimal combination of music and cool that only rockers of Yacht can provide with hits from Hall and Oates, Steely Dan, The Bee Gees, and more. With a cool drink in your hand, boat shoes on your feet, and a theater full of new best friends, how can you go wrong? 8pm. All ages. Tickets are \$12 in advance and \$15 the day of the show.

TUNE 29-30

Eastman Gun & Knife Show. Saturday: 9am-5pm. Sunday: 10am-5pm. \$8/adults. 12&under: free. Jim Miller Park, 2245 Callaway Road, Marietta. More info: 229-424-4555 or www.eastmangunshows.com.

JULY 1

Cobb Chamber First Monday Breakfast. Presenting Sponsors: Bank of North Georgia & Freeman Mathis & Gary, LLP. Program: Recognition of Leadership Cobb 2013 Graduates. 7:30am. General admission: \$60. Members: \$25 online (by noon, July 3); \$40 at door. Cobb Galleria Center, 2 Galleria Parkway, Atlanta. More info: 770-980-2000 or www.cobbchamber.org.

Georgia Symphony Orchestra Concert. In addition to their traditional summer favorites, Oral Moses lends his rich bass voice to our reprise of Erik Lindgren's Extreme Spirituals, thanks to a grant from the National Endowment for the Arts. 7pm. Zion Baptist Church, 165 Lemon Street, Marietta. More info: 770-429-7016 or www.georgiasymphony.org.

JULY 1 & 2

An American Celebration 2013 featuring the Johnson Ferry Choir and Orchestra. 7:30pm. Ice cream social following the concert in the Fellowship Hall. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-973-6561 or www.johnsonferry.org.

JULY 3

Salute to America, a pre-Independence Day celebration, featuring high-energy, live music performances and family entertainment plus one of the biggest and brightest firework displays in North Georgia. Free. 6-10pm. Fireworks at 9:30pm. Near the Depot, 2828 Cherokee Street, Kennesaw. More info: www.kennesawiuly3.com.



TULY 4

Cobb County Republican Picnic. 11:30am-3:30pm. \$15. Jim Miller Park, 2245 Callaway Road, Marietta. More info: 770-272-0458.

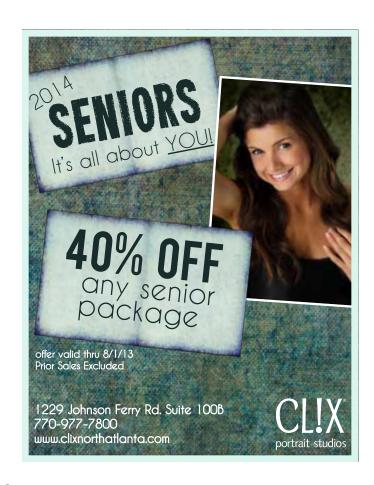
Fourth in the Park. The Marietta Freedom Parade will begin at 10am at Roswell Street Baptist Church and head towards the Square for the start of the Festival. Enjoy food, concerts at 12pm and 8pm, arts and crafts, and watch fireworks at dark. Marietta Square. More info: www.mariettaga.gov.

JULY 4-7, 12-14

Mo' Motown celebrating the stars and influence of Motown with a night of unforgettable song and dance. Thursday: 7pm. Friday-Saturday: 8pm. Sunday: 3pm. \$25, assigned seating. Special 4th of July: \$30 for ticket to Motown plus a view of fireworks from The Strand rooftop terrace. Earl Smith Strand Theatre, 117 North Park Square, Marietta. More info/tickets: 770-293-0080 or www.earlsmithstrand.org.

JULY 5-7

Frank Cox Gem & Jewelry Show& Sale. Gems, jewelry, beads and more. Free and open to the public. Friday: 1-5pm. Saturday-Sunday: 10am-5pm. Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info: 941-954-0202 or www.frankcoxproductions.com.







The sounds of Motown are back for another fast paced musical revue this July. Travel back to the days of The Temptations, Smokey Robinson, and Gladys Knight & the Pips and get ready for breathtaking soloists and diva dancers. These tickets go quick, so get your seats before it's too late! Tickets are \$25 & assigned seating.

Love the sweet sounds of Motown?

Looking for a unique 4th of July?



Watch Marietta's Fourth of July Freedom Parade from The Strand's rooftop terrace with a mimosa in your hand and the blessed air conditioning just a few steps away at our Bird's Eye Parade View. Then join us at night to watch Marietta's annual fireworks display from four stories high at Fireworks on Fourth! Tickets 10-515, on sale now. Limited seating available.





JULY 5 & AUGUST 2

First Friday Art Walk, a free, self-guided tour of historic Marietta Square's eclectic art scene. Art galleries, museums, cultural venues, restaurants and boutiques hosting artists within their businesses will display an Art Walk banner in their window. Maps available at each participating location and at the Marietta Welcome Center. 5-9pm, rain or shine. Historic Marietta Square. More info: www.artwalkmarietta.com.

JULY 6

Roswell Riverside Sounds: Serenata Band (Latin) presented by the City of Roswell. They have a variety of rhythms, including Latin Jazz, Salsa, Merengue and many others styles, and are able to entertain Americans, Latin and people from all over the world. 7-9pm. Free. Riverside Park, 575 Riverside Road, Roswell. More info: 770-641-3705 or www.roswellriversidesounds.com.

JULY 7

Family Day at the Marietta/Cobb Art Museum. Free admission for the whole family. 1-4pm. Marietta/Cobb Museum of Art, 30 Atlanta Street, Marietta. More info: 770-528-1444 or www.mariettacobbartmuseum.org.

JULY 8-11

Terrell Mill Junior Open Championships. Junior USTA tennis tournament. Entry fee: \$25 singles; \$15 doubles per player. Entry deadline 4/3/13. Tournament fee includes a \$3 (non-refundable) USTA service fee for on-line registration. Terrell Mill Tennis Tournament, 480 Terrell Mill Road. Marietta. More info: 770-644-2771.





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(right next to Target on Johnson Ferry and Roswell Rd)
www.GeorgiaMusicalArtsCenter.com

GMAC@GeorgiaMusicalArtsCenter.com or Call 678.719.2689 for more details



JULY 12

Village People, the "Kings of Disco" at the Cobb Energy Performing Arts Center. 8pm. Tickets: \$40-57. More info or tickets: www.cobbenergycentre.com or www.officialvillagepeople.com.

TULY 13

Smyrna Summer Concert Series: Sailing to Denver, a group with strong vocal harmonies, backed by beautiful and interesting string arrangements, they are a joy to experience. 7-10pm. Free. Village Green, 200 Village Green Circle, Smyrna. More info: 770-434-6600 or www.smyrnacity.com.

JULY 13-14

Annual Flying Colors Butterfly Festival. Dance with butterflies to live music. Create arts and crafts, face painting, and entomology exhibits. Buy butterfly host plants and ask garden experts how you can attract butterflies to your garden. Wear your butterfly wings and march in the parade. Bring your camera! Saturday: 10am-3pm. Sunday: 12-5pm. Members: \$8. Nonmembers: \$10. Ages 2 and under: free. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055, ext. 226, or www.chattnaturecenter.org.







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Restrictions apply. See our website for details.





July 25, 2013 6-8:30 p.m. KSU Center 770-423-6765 ksuexpo.com



College of Continuing and Professional Education

JULY 13-14

Antique Gun & Military Collectibles Show & Sale. Friday: 12-5pm. Saturday: 9am-5pm. \$7/adults.\$1/ages 6-12. Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info: Richard Shields, 704-282-1339 or richard@thecarolinatrader.com.

TULY 14

Concerts by the Springs: The A-Town A-List presented by City of Sandy Springs. 7-8:30pm. Lawn opens at 5pm. Free. Heritage Green, 6110 Bluestone Road, Sandy Springs. For more info visit their website: www.heritagesandysprings.org/concerts-by-the-springs.

JULY 15

Sheriff Neil Warren's 24th Annual Corn Boilin'. A portion of the proceeds benefit Cobb County Youth Museum. 5:30-7:30pm. \$20/person (tickets: make checks payable to Committee to Re-elect Sheriff Neil Warren and mail to P.O. Box 4715, Marietta, Ga. 30061). Jim Miller Park, 2245 Callaway Road, Marietta. More info: neilwarren@bellsouth.net.

JULY 16

The Lost Folk Art of Moonshine Making. Bob Slack consultant and interpreter, is retired from the Park & Historic Sites Division of the Georgia Department of Natural Resources, will discuss the art of moonshine making. 6:30pm. Heritage Sandy Springs, 6110 Blue Stone Road, NE, Sandy Springs. More info: 404-851-9111 or www.heritagesandysprings.org.

JULY 17

Summer J.A.M. The Coalition of Cobb County Business Associations and the Cobb Chamber partner for the annual Summer J.A.M. (Joint Association Meeting). This event promotes exposure and awareness of local business associations throughout the county. 5-8pm. \$20 online (online registration closes July 3); \$30 at the door. Cobb Civic Center, 548 South Marietta Parkway SE, Marietta. More info: 770-859-2341 or tdawson@cobbchamber.org.

JULY 19-28

Marietta Campmeeting's 176th Year of Praising God! Starts with a covered dish picnic at 6pm on Friday followed by the first service at 7:30pm. Services will be held twice daily (11am and 7:30pm) the remaining days ending with the 11am Communion Service on Sunday, July 28. Guest pastors and speakers. Special celebration event on Saturday, July 14, 12:30-10pm, with food and games. Free and open to the public. 2301 Roswell Road, Marietta. More info: www.mariettacampmeeting.com.

TULY 20

Digging for Your Roots-Young Genealogists. Carolyn Crawford will visit from the Cobb County Public Library's Georgia Room to give a presentation on how to research your family history. For ages 10-18. 3-4 pm. Registration is required. Mountain View Regional Library, 3320 Sandy Plains Road, Marietta. More info/reservations: 770-509-4964.



JULY 20

Georgia Autoimmune Walk. Funds raised through the Autoimmune Walk will be used by American Autoimmune Related Disease Association (AARDA) to support critical research funding. Registration begins at 9am. Mud Creek Soccer Complex, 5600 Barrett Parkway, Kennesaw. More info: 855-239-2557 or autoimmunewalk@aarda.org.

The Sock Hops. The Sock Hops specialize in four-part harmony favorites from the '50s, '60s, and '70s. Come join the party, sway, jive, and boogie. 8pm. All ages. Tickets are \$15 in advance and \$18 the day of the show. The Earl Smith Strand Theatre, 117 North Park Square, Marietta. More info: 770-293-0080 or www.earlstrand.org.

JULY 20-21

2013 Peach State Summer Seiger, an International All Breed Canine Association (IABCA) dog show. 9am-5pm. Jim Miller Park, 2245 Callaway Road, Marietta. More info: 503-316-9860 or www.jabca.com.

TULY 26

Glover Park Evening Concert Series: The Grapevine (Beach Music and Oldies). Bring a blanket and picnic dinner or dine in one of the many fine restaurants on the Square and enjoy a free concert. Blankets and lawn chairs allowed after 4pm. Concert at 8pm. Tables available for rent. Marietta Square. More info: 770-794-5601 or www.mariettaga.gov.

JULY 26-28 & AUGUST 2-4

Disney's The Little Mermaid JR presented by Act3 Playhouse. Based on the Hans Christian Anderson story and the Disney film. July 26 & 27: 7:30pm; July 28: 2:30pm; August 2 & 3: 7:30pm; August 4: 2:30pm. Tickets: \$10-\$20. Act3 Playhouse, 6285 Roswell Road (behind Sandy Springs Plaza), Sandy Springs. More info: 770-241-1905 or www.act3productions.org.

JULY 27-28

37th Annual Collectible Glass Show and Sale presented by Peach State Depression Glass Club. Saturday: 10am-5pm. Sunday: 10am-4pm. \$8, cash only (good both days) or \$15 to include private early entry Saturday 8:30-10am. Nationally recognized dealers. Antique and vintage glass, pottery, Depression Era glass, kitchenware and dinnerware. Free seminars. Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info: 770-426-1458 or www.psdac.com.

AUGUST 3

56th Annual Miss Cobb County Scholarship Pageant. \$30,000 in cash scholarships and prizes will be awarded. Judging based on private interview, talent, evening gown and physical fitness. 7pm. Jennie T. Anderson Theatre, 548 South Marietta Parkway, Marietta. More info: Gene Phillips, 770-435-6378.

Roswell Riverside Sounds: The Joe Gransden Big Band (**Big Band**) presented by the City of Roswell. 7-9pm. Free. Riverside Park, 575 Riverside Road, Roswell. More info: 770-641-3705 or www.roswellriversidesounds.com.

Smyrna Summer Concert Series/August Birthday Celebration. Celebrate the birth of Smyrna with music by Banks & Shane and Smokey's Farmland Band, festival foods, games for children, a beer garden for adults and a giant birthday cake. Fireworks will close the festivities. 6-10pm. Free. Village Green, 200 Village Green Circle, Smyrna. More info: 770-434-6600 or www.smyrnacity.com.



Kids Consignment Sale

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Consign your gently as children's fall/winter clothing (Size 0-14), toys, baby equipment and furniture.

Friday, August 22 9 am- 4 pm

Saturday, August 23 9 am- Noon

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Go to spspkids.com for more information.

Pet of the Month: Nigel

Submitted by Lisa Nguyen



Animal/Breed: Yorkshire Terrier Age and Gender: 6 years, male

Favorite Food: Mango

Favorite Person: Auntie Linda

Best Trick: Rolling over

Turn Ons: Long walks, shoes, kisses,

massages, food

Turn Offs: Thunder, the neighborhood cat

Favorite Toy: Anything that squeaks

Last Seen: Next to food bowl

What makes your pet so special: Provides

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Should Your Pet Be Our Pet of the Month?

Fill out the information on your pet and send it to: EAST COBBER, P.O. Box 680445, Marietta, GA 30068

Please include a picture with your entry. Or email description and a jpg to: petomonth@eastcobber.com

Pet's Name:
Animal/Breed:
Age & Gender:
Favorite Food:
Favorite Person:
Best Trick:
Turn Ons:
Turn Offs:
Favorite Toy:
Last Seen:
What makes your pet so special:
Owner's Name:



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"YOU'LL LOYE anieits9yd6 in the EAST COBBER!")

MORE INFO:

770-640-7070

Pawsitive Supporters Help Homeless and Shelter Animals



Pawsitive Supporters is a new non-profit group dedicated to helping homeless and shelter animals in Cobb County. Many animals are picked up as strays off the streets or are turned in by owners who can no longer care for them. Many are just abandoned and made homeless through no fault of their own by people who adopted them and promised to take care of them. Some may be reclaimed by their owners, some will be transferred to rescue groups, and some will be adopted. These are the lucky ones. For the others, no matter how they come to the shelters, it is a traumatic time for these animals, to be in the shelter waiting.

PAWsitive Supporters is raising funds to help provide comfort for the animals while in the shelter based on requests from shelter management. They will help provide transportation costs for dogs and cats in the Cobb County shelter that are transported to licensed no-kill rescues out of state for adoptions to their new forever homes. PAWsitive Supporters will also be working in cooperation with other non-profit organizations to bring low cost/no cost spay/ neuter programs to those in need in the county in an effort to help reduce the numbers of unwanted litters turned in to the shelter.

For more information, email info@pawsitivesupporters.org, call 678-723-5644 or visit www.PAWSitiveSupporters.org.





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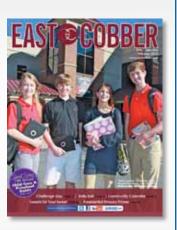
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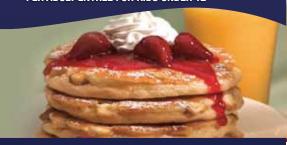
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Recipe of the Month: English Pea Salad

Did you know? Peas have twice the protein of most vegetables and they may help lower cholesterol. English peas are a great source of anti-oxidants. Robert Cornerly, owner of Robert's Fruit Stand, offers this easy, healthy and delicious recipe.

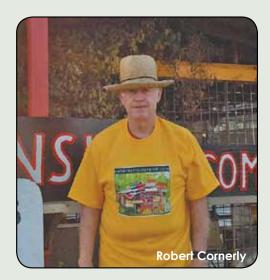
INGREDIENTS

- 2 cups water
- 1 cup shelled green peas (about 1 pound unshelled)
- 6 cups trimmed arugula
- 1/4 cup chopped fresh mint
- 1 1/2 tablespoons fresh lemon juice
- 1 tablespoon good olive oil
- 1/2 teaspoon salt
- 1/4 teaspoon freshly ground black pepper
- 1/2 cup (2 ounces) shaved fresh Pecorino Romano or Feta cheese

DIRECTIONS

Bring 2 cups water to a boil in a medium saucepan. Add peas; cook 1 minute. Drain and plunge peas into ice water; drain.

Combine peas, arugula, and mint in a large bowl. Add lemon juice, olive oil, salt, and pepper; toss well. Sprinkle with cheese. Serve immediately!













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Local Farmers Markets Offer Fresh Foods

Farmers markets are gaining popularity in and around Cobb County thanks to farmers with organic fruits and vegetables, gardeners with fresh flowers and plants, and makers of all sorts of edible home goods – from yummy desserts to local raw honey and homemade sauces and jellies. If you're craving locally-grown, fresh produce, here's a list of farmers markets close to East Cobbers:

Acworth Farmers Market

Main Street Downtown Acworth Fridays: 7-11am. May through October. More info: 770-917-1234

■ Kennesaw Farmers Market

Adams Park Soccer Field Parking Lot 2753 Watts Drive, Kennesaw

May-October: Tuesdays, 7am to 1pm

More info: 770-794-7075

www.kennesaw.com/kennesaw-farmers-market

■ Marietta Square Farmers Market

Historic Marietta Square 65 Church Street, Marietta

Year Round: Saturdays, 9am-12noon April-November: Sundays, 12noon-3pm More info: Johnny Fulmer, 770-499-9393 www.mariettasquarefarmersmarket.net

Roswell Farmers Market

Roswell City Hall 38 Hill Street, Roswell

May 14-September 24: Saturdays, 8am to 12noon,

rain or shine

More info: Louise Estabrook, 404-613-7670 or laesta@uga.edu

Sandy Springs Farmers Market

235 Sandy Springs Circle NW, Sandy Springs April-December: Saturdays, 8:30am-12noon www.sandyspringsfarmersmarket.com

Smyrna Fresh Produce Market

Smyrna First Baptist Parking Lot 1275 Church Street SE, Smyrna May 7-Fall: Saturdays, 8am-12noon

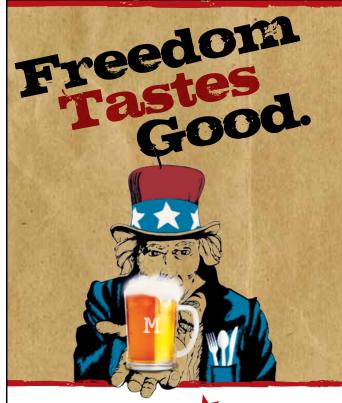
More info: 770-431-2863 • www.smyrnacity.com

■ Woodstock Farmers Market

Woodstock Community Church Parking Lot 853 Main Street, Woodstock (corner of Towne Lake

Parkway & Main Street) May-October: Tuesdays an d Saturdays, 8am to 1pm More info: 815-338-5164 or

woodstockfarmersmarketil@gmail.com



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Frugal FunMom will list a fun family activity every day this summer!



Best Bets for Barbecue in East Cobb

Summer is here, and that means quality barbecue with all the fixings. Whether it's an area staple like Williamson Bros. or a newcomer like Bones To Go, East Cobb has all you 'cue fanatics covered. Here are East Cobb destinations for top-notch smoked meats:

BONES TO GO

4665 Lower Roswell Rd, Marietta/East Cobb, 30068 770-324-7093 • Bones-toGo.com

Just opened last month, Bones To Go is committed to serving the best quality BBQ. They smoke their ribs, chicken, and pork daily using only hickory wood. Their hand-built smoker, dry rub, and sauce offers classic southern style BBQ to the East Cobb area. From slow pulled pork chicken to the classic burger and fries this place caters to all tastes.

GEORGIA RIB COMPANY

4930 Davidson Road NE, Marietta/East Cobb, 30068 770-973-7427 • www.georgiaribcompany.com

This is a huge space — the old Sparkles skating rink, for those who remember — that doubles as a venue for live entertainment (Skyy Ballroom) with several different dining and event rooms. But the ribs are the specialty, and the baby back ribs, beef ribs or Denver lamb ribs are on top of the menu. There's barbecued brisket, pork, chicken and even shrimp. Sides include the signature stuffed potato (with your choice of barbecued meat, and chili/mac and cheese/Brunswick stew topped with Colby cheese) and onion rings by the loaf. Also served are sandwiches, salads, burgers, fries and tater tots.

GRAND CHAMPION BBQ

4401 Shallowford Road, Roswell, 30075 770-587-4227 • www.gcbbq.net

A newcomer to the scene last August, Grand Champion in the Shallowford Falls shopping center is Kansas City style with some North Carolina and local flavor thrown in. BBQ plates include baby back ribs, beef brisket, pulled pork, sausage plates, and half-chicken on the bone. GC sticks to the barbecue basics on the menu. Pulled pork, chicken, sausage or brisket sandwiches, as well sides like baked beans, cole slaw and potato salad are also there. Parties can order Family Pit Packs, with either 1.5 or 2.5 pounds of meat, Texas toast, sides and drinks. Meat by the pound is also available for purchase.



RIB RANCH

2063 Canton Road, Marietta/East Cobb, 30066 770-422-5755 • www.theribranch.com

This is barbecue with a Texas-Southwestern flair, with a more general Tex-Mex and all-American menu as well. Start off with appetizers like BBQ quesadillas and BBQ nachos before heading into the pork ribs, beef ribs, baby back ribs, barbecue sandwiches and all the standard 'cue sides with their signature Texas chili. There are also salads and a wide range of lunch and dinner combinations. Rib also offers breakfast starting at 8 a.m. on the weekend. That menu features huevos rancheros, Tex-Mex breakfast tacos, omelets, biscuits and gravy, skillet meals, Belgian waffles and fresh fruit.

SAM'S BBQ 1

4944 Lower Roswell Road, Marietta/East Cobb, 30068 770-977-3005 • www.bbgl.net

Formerly Sam and Dave's, Sam Huff's place is right next to the Parkaire shopping center. Sam's specializes in pig — ribs, pulled pork, even special events with whole hog and other goodies on weekends. Other than pork, Sam's serves up beef short ribs, brisket, macaroni and cheese, baked beans, and desserts like fried apple pie and rum cake. Burgers and hot dogs are on the menu as well. Sam's also offers its "Pork U" classes for budding barbecue experts, with a full-day session every month through September taught by Sam and the award-winning Lost Mountain Barbecue competition team.

SONNY'S REAL PIT BAR-B-Q

160 Cobb Parkway, Marietta, 30060 770-428-1534 • www.sonnysbbq.com

One of nearly 20 locations in Georgia (which is just one of nine Southeastern states where the chain is found), Sonny's offers a variety of flavors and styles for its ribs, chicken and beef, as well as big platters and sampler plates. The menu ranges from basic barbecue to general Southern-style cooking, with a salad bar. Featured appetizers are chicken wings, fried okra and onion rings. Plates include "sweet and smokey" ribs, classic dryrub ribs or baby back ribs, as well as smoked beef, barbecue chicken and pulled pork. Also steaks, smoked turkey sandwiches and seafood to supplement the 'cue.

WILLIAMSON BROS. BAR-B-Q

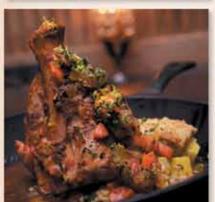
1425 Roswell Road, Marietta/East Cobb, 30062 770-971-3201 • www.williamsonbros.com

One of three Metro Atlanta locations and a catering center, Williamson Bros. has been around since 1990 and has a big menu with a little bit of everything. WB prides itself on its wide variety of sauces, which it sells bottled right out of the store. Choose among appetizers like buffalo wings, nachos, fried okra and fried green tomatoes before making your way to one of the many platters like pulled pork, BBQ beef, chicken, ribs, even catfish and Polish sausage. Sides include homemade onion rings, Brunswick stew, collard greens and mac and cheese. A trip to the website will do the massive menu justice.



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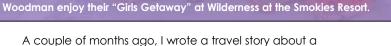
DINE EARLY AND SAVE!



Take the Plunge: Go Visit Wilderness at the Smokies Resort

By Cynthia M. Rozzo





Emma Woodman, Eleni Haralabidis, Chase Walker, Nicole Newberry, and Olivia

A couple of months ago, I wrote a travel story about a "girls getaway" to New Orleans. That was with a "grownup" girlfriend. Well, this travel story involves teenage and tweenage girls getting away for spring break. My 12-year-old daughter had heard her girlfriends were going to Wilderness at the Smokies, a year-round waterpark resort in Sevierville, Tennessee. As my daughter, Eleni, excitedly noted: "It's the largest indoor waterpark in Tennessee!" How could I NOT go?? So, with a couple of days of free time and a tinge of guilt to provide a vacation for my daughter during spring break (my boys were not interested), I took off for the Smoky Mountains with 5 girls and another brave mom.

The resort has three properties: The River Lodge (attached to the indoor waterpark), Stone Hill Lodge (a free shuttle ride away from the indoor waterpark) and a Wyndam Timeshare property. You don't have to be a timeshare owner or look at a timeshare to stay there. We stayed in a two-bedroom deluxe unit at the River Lodge building which connects to the Wild Water Dome indoor waterpark and Lake Wilderness outdoor waterpark which had just opened for the season. As much as the girls wanted to jump in the outdoor pool, we had to check-in, get our wristbands (for pool access) and settle in our 2-bedroom deluxe room. The cost of the room includes the waterpark admission. So the price might seem high but if you add the cost of typical waterpark admission, it is fairly affordable.

Our unit was designed with multi-families in mine with one bedroom having a king-bed and partial wall and a bunkbed. Within the bedroom itself, there is also a sofa bed, small fridge and a microwave. The tween girls had fun climbing up and down the bunk bed and staked out that side of the unit.





The kitchen, dining room and a sofa bed was in the middle of the 2 sleeping areas. The two teenage girls in our group claimed the sofa bed/living room area. My fellow travel mom and I ended up in the connecting room each sleeping in our own double bed. The resort reminded me of Disney World's Animal Kingdom Lodge with natural accents and a woodsy atmosphere that compliments the Great Smoky Mountain views. The accomodations were efficiently laid out and made for a comfortable one night stay.

Wilderness at the Smokies has an intricate web of both indoor and outdoor aquatic activities. The girls couldn't get to the outdoor water park, "Lake Wilderness" fast enough! This mini outdoor park contains an elaborate lazy river complete with waterfalls and gentle waves and a mini golf course. They also checked out Salamander Springs, the larger of the two outdoor parks. This park has a large swimming pool complete with aquatic basketball, two slides, a large play area with a bucket that spills every few minutes, dumping 1,000 gallons of water on anyone within its reach, and another large hot tub.

Continued on next page >>

Then it was time for them to run to the indoor park, dubbed the "Wild Water Dome." The indoor, 7-acre waterpark is open year round and houses the majority of the resort's main attractions -the waterslides. It also houses the giant wave pool, several large play areas, and Magnolia Springs (an indoor/outdoor hot tub comprised of several private coves) to name a few. There are two water playground areas, one designed for preschoolers, toddlers and infants with swings, small slides, a teeter totter, and plenty of splashy things to keep them entertained. The other is a larger play area with all kinds of spraying, splashing, and water-dumping machines, as well as two small water slides. The best part of these two areas: ample seating. My travel mom and I relaxed and actually had a conversation. The girls had to try the "SurfRider" attraction, a huge pressure generated wave where park guests can body board or surf.

We had to pull the girls away from enjoying the water and sit them down for dinner. There are six restaurants on-site. The sit-down restaurants offer 'kids eat free,' specials which we took advantage of for dinner at The Thirsty Miner, a restaurant overlooking the indoor waterpark. The buffet offered plenty of the popular foods kids enjoy: fried chicken, soup, mashed potatoes, mac-n-cheese so everyone in our group had something to eat.

After dinner, the girls enjoyed the two-story arcade that has floor to ceiling attractions. Below you can find any arcade game you can imagine and if you look up, you will see a web of challenging rope courses. The arcade also contains a laser tag room and mini bowling alley.

Sleep was squeezed in at some point—in between the pool closing times. The next morning the girls woke up early to race around the resort for more swim adventures before we had to check out. The Wilderness at the Smokies resort is located in Sevierville about 20 minutes from downtown Gatlinburg which we also checked out. Wilderness in the Smokies is a great location for girlfriends and families to enjoy a quick getaway. The property offers several gift shops, convenience stories, a pottery studio, mini-golf and a 36-hole championship golf course. So, take the plunge and go visit Wilderness at the Smokies resort.

IF YOU GO

Wilderness at the Smokies resort

1424 Old Knoxville Highway Sevierville, TN 37876 877-325-9453 www.wildernessatthesmokies.com

*If you would like to share a special getaway or fun-filled destination with our readers, Email us the details to: travel@eastcobber.com

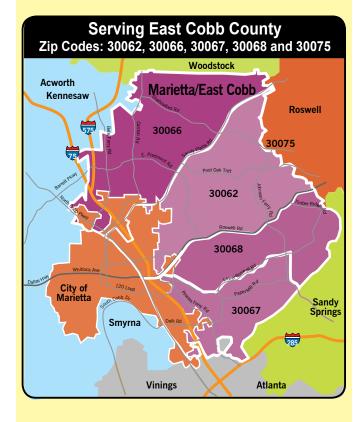
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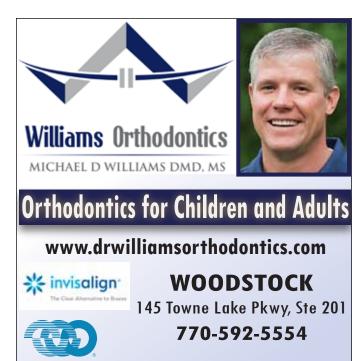
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Jessica did not know what to
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living at home and making
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www.DentalStaffSchool.com

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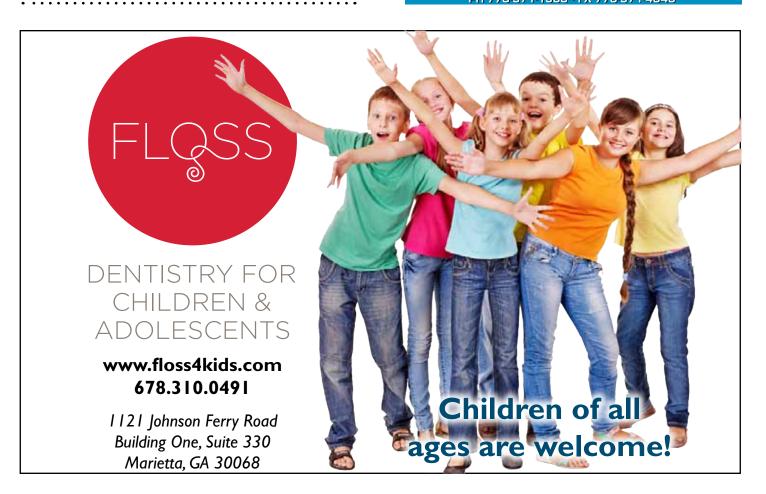
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Dr. Bradberry is a Board-certified children's dentist offering superb dental care in a family friendly environment. He and his staff are dedicated to ensuring that your child feels safe and comfortable while caring for their dental needs. Please feel free to call their office for more information.

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1121 Johnson Ferry Road, Suite 220 • Marietta 30068 770-977-0094 • www.eastcobbpeds.com

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East Cobb Pediatrics specializes in the treatment of children between 0 and 21 years of age. They offer a variety of services including well and sick care, immunizations, allergy testing, lactation consulting, evaluation of growth and development, and prenatal education.

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Training for Death Race Brings New Lease On Life

By Pete Coleman



▲ Pete Coleman

If you could do anything what would you do? It's a powerful and even frightening question if you truly think about it especially in a modern world of ever growing violence and terrorist threats. I found myself contemplating that very question as I stood at the finish line last year at the Spartan Death Race after competing for more than 64 straight hours.

Billed as the ultimate chal-

lenge, the Death Race is designed to present racers with the totally unexpected, and the totally insane! I had decided to attempt this endurance race comprised of mud runs, natural obstacles, trail racing, physical challenges and mental challenges to prove to my sons that you can truly achieve anything in this world if you set your mind to it. What wasn't so obvious to me at the end of last year's race was just how much it would change not only my life but my family's.

The reality that fear could drive our everyday existence is becoming more the norm than the exception it seems these days, but ultimately I'm learning that it's how we use that fear to define ourselves that makes all the difference. After I became a father and I began reevaluating my life style it was obvious to me that certain things would have to change. Smoking a pack of cigarettes a day had to go, and the weekend binge drinking would have to stop as well. It couldn't stop there though; I needed to get myself physically active if I had any hope of keeping up with my sons. I was afraid if I didn't change my ways, I'd leave my boys to fend for themselves without a father far too early in life. So I started to work out during my lunch hour each day of the work week with only the goal of sweating. My hope was if I worked hard enough I could correct the damage I had done to my body in my twenties, all while proving to myself and my family that there was still an athlete buried deep down within me. That led to trying some road races and then obstacle course races. Each success led me to new and loftier goals, until ultimately I found and committed to the Death Race.

To train to compete in a race of this magnitude ends up becoming more of a life style similar to marathon or triathlon training. My commitment to this year's event had been made before I started last year's race, but after surviving to the end it's been a primary focus of mine to prove that my success wasn't all luck. My goal this year is to compete throughout the event, and repeat as a finisher in my sophomore year of the race. No two races are ever identical, but knowing the basics makes this year a tad more difficult in some ways for me. The fun is in the journey though. You can follow my training and progress toward this June's Death Race on my blog: www.colemanspage.com/MudFlap.



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Local Business Leaders Plan Public Safety Appreciation Dinners



▲ Some of the public safety appreciation dinner committee members are past recipients of the East Cobb Citizen of the Year award. Some of those recipients are pictured above: (Top row): Karen Hallacy and Bob Shaw; (middle row): Dr. Henry Bohn and Carole Kell; (bottom row, I-r): John DiPetrillo, Roselle Wilkinson, Kim Paris, Sunny Walker, Mary Karras, Johnny Johnson, Jean Wollam, and Cynthia Rozzo.

A group of East Cobb Citizen of the Year recipients along with local business leaders are busy planning two special events for local public safety professionals. The first celebration is an appreciation dinner to be held in October to thank the men and women, along with their spouses, of the Cobb County Police Precinct 4 for all they do to keep our community safe. This event will coincide with Cobb County's Public Safety Appreciation Week, and with the support of local businesses, organizations and individuals the committee plans for this to become an annual event. The second event will take place in February of 2014 when this volunteer group will host the Cobb County Fire Department's annual awards banquet.

"We are all blessed to live, work and raise our families in this wonderful community. In an effort to not take our outstanding public safety officials for granted, a group of interested citizens recently came together to discuss how we could show our appreciation, and the concept of two Appreciation Dinners was the result," says Rosan Hall, Co-Chair, Public Safety Appreciation Dinner Committee and a sales associate for Keller Williams Realty Atlanta North. The committee is comprised of individuals from the East Cobb Business Association, the Cobb Chamber's East Cobb Area Council, past recipients of the East Cobb Citizen of the Year award, as well as representatives from both the police and fire departments.

"Both events will take place in East Cobb, and we are confident that our community will rise to the challenge and provide the financial support needed to make these appreciation celebrations very meaningful for these special heroes," says Susan Hampton, co-chair for the Public Safety celebrations.

Local businesses, as well as families, school groups and civic clubs are encouraged to make donations to this worthy cause. Sponsorship opportunities begin at just \$25 to "Thank a Hero"! For more information on these public safety celebrations, call Susan Hampton at 404-218-6216 and Rosan Hall at 770-335-6013.

Public Safety Appreciation Dinner Committee

Eden Barnett Henry Bohn.DVM **David Connell** Carrie Cox Lt. Destiny Davidson John DiPetrillo **Eric Flamm** Rosan Hall, Co-Chair Karen Hallacy Susan Hampton, Co-Chair Lt. Todd Hedrickson Don Johnson **Mary Karras Doug Krueger** Sgt. Tim Nelson Kim Paris John Renshaw Millie Rogers Cynthia Rozzo **Ashley Thomas Sunny Walker**

Frank Wiggington

Roselle Wilkinson

Jean Wollam

East Cobb Public Safety Appreciation Celebrations



DONATION FORM

Show your appreciation for our public safety heroes! Please help thank the men and women of our East Cobb Police and Fire Departments by supporting the first annual appreciation dinner program to honor the Precinct 4 officers, support team and spouses; and the Cobb County Fire Department's awards banquet. These brave men and women are there for us 24/7; let's give them one night of celebration!



SPONSOR LEVELS

- ☐ Platinum Sponsor: \$1,000
- Table signage at both Police and Fire events
- 2 representatives at the Police Heroes dinner and the Firefighter's banquet
- Program recognition at both Police and Fire events
- Recognition at both Police and Fire events, as well as East Cobb Business Association events and East Cobb Area Council Chamber events
- Thank you recognition in EAST COBBER magazine ad

- ☐ Gold Sponsor: \$500
- Signage at the Police event
- 2 representatives at the Police Heroes dinner or the Firefighter's banquet
- Program recognition

- ☐ Silver Sponsor: \$250
- Signage at both events
- ☐ Thank a Hero: \$25
- A card will be placed at a Hero's place setting with your name and email address showing your appreciation by providing their dinner.

Please make checks payable to the "East Cobb Public Safety Celebration" (a 501 (c) (3) corporation).

Donations are non-refundable, non-transferable and are tax-deductible to the extent allowed by law.

Please mail this donation form and your check to:

East Cobb Business Association (ECBA)
Attn: East Cobb Public Safety Celebration
1050 E. Piedmont Road, Suite E, Box 162
Marietta, GA 30062

Donor Name(s):	Donation Amount \$:		
Mailing Street Address:			
City, State, Zip:			
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East Cobb Senior Center Activities Scheduled for June & July

All Cobb residents age 55+ are invited to participate in activities at various senior centers throughout Cobb. The following is a listing of activities scheduled at the East Cobb Senior Center located at 3332 Sandy Plains Road, Marietta 30066. Call the East Cobb Senior Center at 770-509-4900 for reservations and/or more details.

Dine-a-Round Marlow's Tayern - 1311 John

Marlow's Tavern - 1311 Johnson Ferry Road Friday, June 7, 2013 | 11:30 am

Everyone meets at the restaurant. Payment by separate checks. Reservations Required. Limited Seating

Ice Cream and a Movie – Les Miserables – PG13

Monday, June 8 | 1:00 pm – 4:30 pm
Cost: \$4 Cobb Residents, \$5 Nonresidents
Registration required, Limited Seating
July starts the next three months of Academy Award
winning and nominated films and the first is Les
Miserables, which was nominated for Best Picture. Join
Hugh Jackman, Russell Crowe and Academy Award
winner for Best Supporting Actress, Anne Hathaway in
this stirring movie based upon the Broadway musical.
The magnificent musical score includes; I Dreamed a
Dream, A Heart Full of Love, Bring Him Home, On My
Own and the rousing "Do You Hear the People Sing?
The movie will bring you to tears and raise your spirits.
Here is a wonderful way to spend a summer afternoon
with ice cream, popcorn and an amazing story!



Tech Talk: Making the Most of Your iPad

Monday, June 17 | 1:00 pm – 2:00 pm

Free Registration Required

Are you thinking about buying an iPad and want to learn more about it? Or do you own an iPad and want to put it to better use? Learn how to get the best out of your iPad! Led by Sprint Mobile.

The History Corner – Ben Franklin Tech Wednesday, June 19 | 10 – 11:30am

The oldest and wisest of America's founding Fathers, Benjamin Franklin was one of history's greatest scientists. This documentary examines the ingenuity and imagination of Franklin's numerous inventions including his crafty anti-counterfeiting techniques, a unique musical instrument and the world's first bifocal eyeglasses. Historians also discuss his other concepts of the volunteer fire department, Daylight Savings Time, and America's first lending library. Come learn about the inventions of a man of creativity, industry and enthusiasm. Free Registration Required. Limited Seating.

Medication Management: Navigating the Prescription

Thursday, June 20 | 1:00 pm – 2:00 pm

Free. Registration Required

Join us as CVS presents a class on how to safely manage your medications. Learn about common prescription, over the counter, and food interactions, as well as warning signs of drug interactions, and strategies to prevent medication errors.

Brain Basics: Memory Enhancement Techniques Wednesday, June 26 | 11:00 am – 12:00 pm

Free. Registration Required

Does your memory serve you well? The average person's brain loses more than 100,000 cells each day and 20% of its size by 70. Mavis Ivy from Chambrel at Roswell will instruct on techniques and strategies you can utilize to put an end to short term memory loss.

Free Hearing Screenings

Thursday, June 27 | 9:00 am – 12:00 pm Free Registration Required Provided by Dr. Brett Greenblatt of Wellstar.

Blood Pressure Checks

Tuesday, July 2 | 10:00 am – 12:00 pm Tuesday, July 16 | 10:00 am – 12:00 pm Tuesday, July 23 | 10:00 am – 12:00 pm

Watermelon Party

Friday, July 12 | 1:00 pm - 2:30 pm

Free Registration Required

Memories of summer always include watermelon. Whether it is cut in wedges, served in fruit salad, slushies, sherbet, smoothies or greased, floated in a swimming pool, with groups of children trying to be the first to push it out of the pool, eating watermelon is all about fun! Join us for an afternoon of watermelon and the sounds of The Beach Boys. Those wishing to have a seed spiting contest automatically become part of the clean-up crew!

Imaginary Worlds at Atlanta Botanical Garden

Thursday, **July 18** | 8:00 am – 2:00 pm

Check-in time 7:30 am

All times are approximate

Come be enchanted by a magical garden where cobras tower overhead, fish dance on water and a giant goddess emerges from the earth. Hundreds of thousand of plants are put together to form 19 fantastic sculptures in the first major exhibition by International Mosaiculture of Montreal to be shown in the United States. Lunch at Mary Mac's Tea Room.

Cost: Senior Citizen Council Members; \$59

Non-Members, \$64. Price includes luxury motor coach

transportation, tickets, lunch, and driver tip. No refunds after payment deadline date. Full refunds will be given if the trip is cancelled. Payment deadline: June 21, 2013

What's in That Lunch Anyway?

Wednesday, July 24 | 1:00 pm – 2:00 pm

Free Registration Required

How much sugar is really in that granola bar? Just because a drink is orange, does that mean it's orange juice? Find out what's in that lunch anyway with this fun and interactive program that will teach you to about the importance of a healthy lifestyle and how smart nutritional choices can affect you as you age. Presented by Jennifer Clark of Kaiser Permanente.

Accessing Community Services

Wednesday, **July 31** | 1:00 pm – 2:00 pm

Free Registration Required

Do you know about all the great services available to you as a senior? Learn how to take advantage of the agencies and services that are out there waiting to help you, such as prescription assistance, medicare savings programs, utility assistance, and much more! Presented by Cobb RSVP.



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Shirley Dobbins Named Senior of the Year



▲ Shirley Dobbins

"If you are interested in music, flowers and people, then you never stop learning," says Shirley Dobbins. Dobbins was named Senior of the Year by the Senior Citizen Council of Cobb County for her lifelong contributions to the community in these areas.

Dobbins has lived in East Cobb all of her life and recently attended her 65th High School Reunion from

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Privately owned and operated Since 1993 Serving North Atlanta Acworth High School, the only high school in the area at the time. With her late husband, John, she has three children and four grandchildren who all live in East Cobb. In fact, they all reside on land that used to be part of a large family farm.

An active member of the Chrysanthemum Society, the Daylily Society of Cobb County and the Sope Creek Garden Club, Dobbins enjoys learning about all aspects of growing flowers. This is also evident in the beautiful gardens that surround her home. She has won many awards for her flowers and is the current judge coordinator for the Garden division of the North Georgia Fair. Additionally, she loves antiques and is a member of the Peach State Depression Glass Club.

An avid church goer, Dobbins has taught Sunday School at the New Providence Baptist Church for 63 years. She has played the piano since she was 13-years-old and shares her musical talent with many local churches. After her husband passed away, she became a member of the performing group, The Entertainers, and she enjoys performing classic songs to senior groups and events. Her peers nominated her for this recognition because of her dedication to The Entertainers and her other volunteer activities.

When asked if she minds her age, Dobbins says she's proud of her 81 years. "I don't want to be 20 again; I want to see what life has in store for someone my age," says Dobbins.

The Senior Citizen Council of Cobb County is a non-profit organization whose primary mission is to further advocacy for the common good and general welfare of Cobb County adults over the age of 55.





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CLUB CALENDAR

AARP Chapter 2830. First Thursday of each month. 1:30pm. East Cobb Senior Center, 3332 Sandy Plains Road, • Marietta. More info: Mary Johnson, 770-926-7881 or doule37uga@ comcast.net.

American Association of University Women (AAUW) of Cobb County. Second Tuesday of the month. 7pm. Mansour Center, 995 Roswell Street, Marietta. Does not meet in July & August. More info: Karen Peters, krpeters@aol.com.

American Needlepoint Guild. Second Tuesday of the month. 6:45pm. Tiny Stitches, 2520 East Piedmont Road, Marietta. More info: 770-394-0065.

Anne Hathaway Garden Club. Third Wednesday of the month (except July and August). Marietta Educational Garden Center, 505 Kennesaw Avenue • NW, Marietta. More info: Charlene Robinson, 770-971-7786.

Atlanta Illini Club. Professional and social networking for University of Illinois alumni, families and friends in the Atlanta area. Game watches at the Rose & Crown, 1931 Powers Ferry Road, Marietta. More info: www. atlantaillini.com or club@atlantaillini.com.

Atlanta Metropolitan Council Navy League. Second Tuesday of each month. 7pm. Navy Recruiting District HQ, 2400 Lake Park Drive, Suite 410, Smyrna. Membership open to all civilian and retired military with an interest in supporting our men and women of the Navy, Marine Corps, Coast Guard, Merchant Marines and associated youth programs. More info: 678-234-2310 or campbellfc@comcast.net.

Atlanta World War II Roundtable. Third Thursday (Sept-June) of the month. 11:30am. Petite Auberge Restaurant, North Druid Hills Road @ LaVista Road, Atlanta. More info: 770-928-4579 or ikovach2000@yahoo.com.

"Aware & Conscious Birds" Book Club. Mondays. 7-8:30pm. Bikram Yoga Marietta, 80 Powers Ferry Road, Marietta. More info: awareconsciousbirds@gmail.com or http://consciousness.meetup.com/203.

Big Chicken Chorus. Every Monday evening. 7:00pm. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta. Award-winning 50 voice, male, 4-part a cappella harmony chorus. More info: Frank, 770-587-1264, fehrach@aol.com, or www.bigchickenchorus.org.

Bridge Club. Four free lessons; \$5 thereafter. Thursdays 7:30pm and Sundays 2pm. Singles are welcome. 1809 Roswell Road, Marietta. More info: 770-973-7717.

Business Breakfast Networking of East Cobb. Professional Referral Networking. Second Tuesday each month. 8:15-9:30am. C'est Moi/Café Paris, 1100 Johnson Ferry Road, Marietta, GA 30068. More info: Ellen Kelly, 404-713-2830 or Lnkelly@sbcglobal.net.

Business Network International

(BNI). Tuesdays. 7:30-9am. BNI is an international networking organization with chapters throughout the Atlanta area. My Friend's Place, 1205 Johnson Ferry Road, Marietta. More info: Karley Barber, 770-977-2383 or karley@comcast.net.

Children of The American Revolution (C.A.R.). Now forming a new Society serving the East Cobb, Vinings, Sandy Springs, Buckhead, Roswell and all of Cobb communities. All children ages 1-18 invited. More info: B. Schilling, 770-643-1010.

Cobb County Democratic Committee. Monthly breakfast 2nd Saturday each month, 9am, 3 Amigos Mexican Bar & Grill, 1000 Whitlock Avenue, Marietta. More info: 770-420-7133 or www.cobbdemocrats.org.

Cobb County Gem & Mineral Society. Second Tuesday of the month. 7:30pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: Mary Ingram, 770-427-1108, or Leo or Edna Morris, 770-445-9274.

Cobb County Genealogical Society. Fourth Tuesday of the month. 7pm. First Presbyterian Church of Marietta, 189 Church Street, Marietta, More info: www.cobbgagensoc.org or ccgs@ cobbgagensoc.org.

Cobb County Republican Women. Fourth Friday of the month. 11:30am. Hilton Atlanta/Marietta Conference Center, 500 Powder Springs Street. More info: 770-785-2522 or www.ccrwc.org.

Cobb Marietta Retired Educators Association. Second Thursday of every month, 11:30am, Luncheon reservations required. Freeman-Poole Senior Center, 4025 South Hurt Rd., Smyrna. Contact: Carolyn Wilson, clw770@bellsouth.net or 770-427-6840.

Cobb Photographic Society.

Photographers of all skill and ability levels are welcome. First and 3rd Monday of each month. 7-9pm. Marietta Enrichment Center, American Business Center, Bldg. 700, Suite 702, 1395 South Marietta Pkwy, Marietta. More info: www.cobbphotosociety. com or info@cobbphotosociety.com.





Cobb Regional Republican Women. Third Tuesday, every month. 7pm. Cobb GOP Office, 799 Roswell Street, Marietta. More info: Neva Lent lentneva@aol.com

Colored Pencil Society of America. Atlanta District Chapter 107. First Monday of the month. 7pm. North DeKalb Cultural Center, 5339 Chamblee-Dunwoody Road, Room 2 (second floor in the back), Dunwoody. More info: Nancy Guerine, 678-354-

Danc'n Singles. A square dance club. First and 3rd Saturday of the month. 8-10:30am. FOP Lodge, 2350 Austell Road, Marietta. More info: 770-943-

Dinner-and-a-Book Club. More info: RuthE or Batva at Thou Shalt Read, 770-993-5432 or sales@ andthoushaltnotread.com.

Dog Hikers of Georgia. Every Sunday. 10am. Various locations. Non-dog owners welcome More info: Dr. Dan Batchelor, 770-992-

Dudes 'n Darlins Square Dance Club. Dances on 2nd and 4th Friday each month. 8-10pm. Mountain View Community Center, 3400 Sandy Plains Road, Marietta. More info: Margaret, 770-751-7210, dudesndarlins@comcast. net or www dudesndarlins com

East Cobb Bass Club. Visitors, boaters and non-boaters are welcome. First Tuesday of each month, 7pm, Free admission. Attendees pay for dinner. The Rib Ranch, 2063 Canton Road, Marietta. More info: 770-364-3036 or noeyf1@bellsouth.net.

East Cobb Business Association. Luncheon and featured speaker. Third Tuesday each month. 11:30am-1pm. Hollycrest Hall, 2235 Sewell Mill Road,

Marietta. More info: Susan Hampton, 404-218-6216, susan.hampton@ lionbank.com, or www.eastcobbba.

East Cobb Civic Association. Last Wednesday of the month. 7pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: Jill Flamm, 770-552-8206 or www.eastcobb.net.

East Cobb Civitans. Second and 4th Thursday of the month at noon for lunch at The Olde Town Athletic Club (behind Tuesday Morning & Sports-O-Rama), 4950 Olde Towne Parkway, Marietta. More info: 770-578-9901.

East Cobb Community Friends for Children's Healthcare of Atlanta. Third Tuesday of the month. 7pm. Meetings are in members' homes and vary each month. We work to benefit CHOA with fund raisers and service projects. More info: Suzanne Strickland, 770-992-2882, or Patricia laffaldano, Patricia. laffaldano@gmail.com.

Meet Your Future Clients, Customers and Business Associates

Transforming East Cobb by developing business leaders through Networking and Education with an emphasis on Community.

The ECBA meets monthly at The Hollycrest Hall, 2235 Sewell Mill Road, at 11:30am for lunch, networking and a great speaker.

Invite a guest to join you.

For more information visit www.EastCobbBA.com







East Cobb Democratic Alliance.

Third Thursday of the month. 6pm-Social. 7pm – Program. Rib Ranch, 2063 Canton Road, Marietta. More info: Tom Barksdale, 770-715-1218 or tbarksdl@aol.com.

East Cobb Kiwanis Club. Every Wednesday evening. 7pm. Paradise South of the Border, 3605 Sandy Plains Road, Marietta. More info: Johnny Johnson, 770-977-2026 or edwardjohnsjewelers@yahoo.com.

East Cobb Lions Club. Second and 4th Tuesday of the month. 7pm. East Side Baptist Church, 2450 Lower Roswell Road, Marietta. More info: Don Garrow, 770-955-6914.

East Cobb New Horizons Band.

Monday mornings, 11:00am. If you are 50 or older, play a musical instrument and have been looking for a great place to make music, come join us! Great people and good music! To learn more go to our website, ecnhb. com or email webmaster@ecnhb.com.

East Cobb Open Networking.

Professional Referral Networking, Every Friday, 7:30-9am, Capozzi's NY Deli, 4285 Roswell Road (next to Michaels), Marietta, \$3 cover. More info: Tim Langley, 770-289-9711 or drtim02@ yahoo.com.

East Cobb Rotary Club. Every Wednesday. 7am. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: Bob Schwale, 770-640-6954.

East Cobb Woodcarvers Club. Every Thursday. 9-11 am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-645-0817.

Georgia Perennial Plant Association.

Third Tuesday of the month. 7:30pm. Atlanta History Center, McElreath Hall, 130 West Paces Ferry Road NW, Atlanta. More info: www. georgiaperennial.org.

Georgia Vietnam Veterans Alliance. Third Thursday of the month. Social hour: 6pm. Meeting: 7pm. American Legion Post, 921 Gresham Road, Morietta. More info: Bill Kalish, 770-298-9966.

Golden "K" Kiwanis Club. Every Thursday. 10am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Joe Vanhorn Jr., 770-424-6654.

Happy Tails Pet Therapy. Orientation for prospective members 1st Thursday or Saturday of the month. 10:30-11:30am and 7-8pm. Mt. Bethel Christian Academy, 4385 Lower Roswell Road, Building F, Room F001, Marietta. Check dates: 770-740-8211 or www. happytailspets.org.

IMPS Bridge Club An offshoot of the former Newcomers Club of East Cobb, looking for new members. Various formats, dates and times available. For more information contact Roni Fink @ 404-310-3448 or phinque999@AOL. com.

International Association of Administrative Professionals (IAAP)-Cobb County Chapter. Fourth Monday of the month. 6:15pm. Meeting & dinner. Windy Hill - Marriott Hotel, Marietta. More info: Oleta Herron, 770-661-2876.

Jewish War Veterans, Bicentennial Post 976. Third Sunday of the month. 11am. Marriott Hotel, Perimeter Center. More info: Fran Jacobson, 770-436-7456.

Libertarian Party of Cobb County. First Thursday of the month. 7:30pm. More info: www.cobblp.org or call 770-795-1331

Marietta Kiwanis Club. Every Thursday. 12noon. Hilton Conference Center, 500 Powder Springs Street, Marietta. More info: Sarah Drake, sarah.drake@ yahoo.com

Marietta Lions Club. Second Thursday of the month. 7pm. Hilton Conference Center, 500 Powder Springs Street, Marietta. More info: 770-565-8230.

Marietta PFLAG. Fourth Sunday each month. 1-3pm. Newcomers are welcome. Pilgrimage United Church of Christ, 3755 Sandy Plains Road, Marietta. More info: mariettapflag@gmail.com.

Marietta Rotary Club. Every Wednesday. 12noon. Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: Adele Grubbs, 770-424-8212 or www. mariettarotary.org.

Marietta VFW Post 2681. Dinner with VFW Ladies Auxiliary. First Thursday of the month with separate meetings following dinner. 6:15pm. 140 Powers Ferry Road, Marietta. More info: www.vfwpost2681.org

Moms in Prayer. Dickerson Middle School. Every Thursday at 1 pm. Meeting location available upon request. More info: Movita Stallworth, 770-321-1783 or mo633@comcast.net.

Moms in Prayer (formerly Moms in Touch) for parents of children at East Side Elementary. Thursdays, 10am. More info: Rachel Bloom, 770-973-4705 or familybloom@gmail.com.

Moms in Prayer. East Cobb Middle School. Every Tuesday at 11am. Eastvalley Elementary School. Every Tuesday at 9:45am. More info: Shay Antoniades, 770-971-0206 or shaya@ mindpring.com.

National Association of Active and Retired Federal Employees (NARFE), Second Wednesday of each month. 11:30am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More Info: 770-973-2834.







Newcomers Club of Cobb County.
Third Tuesday each month. 10am.
Various social activities throughout

Various social activities throughout the month for those new to Cobb County or just looking for new friends and activities. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta. More info: 770-234-5068 or newcomersofcobbcounty@yahoo.com.

North Metro Mothers of Multiples

Club. Third Monday of the month. 7pm. Chicago's, 4401 Shallowford Road, Roswell (corner of Johnson Ferry & Shallowford). More info: www. northmetromultiples.org.

North Metro Women's Connection. Second Wednesday of each month. 11am-1pm. Hollycrest Hall, 2235 Sewell Mill Road, Marietta. More info: 770-335-6013.

Northeast Cobb Business Association. Luncheon meeting 3rd Wednesday of each month. 11:30am-1pm. \$15. Piedmont Church, 570 Piedmont Road,

Marietta. More info: 770-460-6222.

nowamom.org.

Northwest Atlanta Mothers of Multiples (formerly Cobb Parents of Multiples), a parent's club for families with or expecting twins, triplets, quads, etc. Second Monday of each month (except December). 7pm. North Metro Church, 2305 Barrett Parkway, Marietta. More info: 678-235-8468 or www.

Order Sons of Italy in America Marietta Lodge #2607. General membership meeting 2nd Monday each month. Pot Luck Dinner (except June, July, August-dessert and fruit). 7-9pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: 770-928-9314 or degrillmouse@comcast.net.

Peach State Depression Glass Collectors' Club. Second Tuesday of month except December. Guests welcome. 6:30 Social; 7pm meeting. Marietta Museum of History, 1 Depot Street, Marietta. More Info: psdgc.com

Polk Street Speakers Toastmasters. First and 3rd Tuesday of the month. 7:30-9:00pm. St. James Episcopal Church, 161 Church Street, Marietta. More info: www.polkstreetspeakers.org.

Retired Old Men Eating Out (R.O.M.E.O.) Every Tuesday, 8-10am. Meet for friendship, conversation and to share their variety of antique cars, street rods and muscle cars. Marietta Diner, 306

SACS (Singles and Couples Social Events). Weekly dancing for singles and couples. No membership fees, just friends making new friends. More info: Nancy Kuhn, Angel-GA@comcast.net

Cobb Parkway South, Marietta.



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HELP WANTED

LOCAL SALON SEEKS STYLIST Patrick Carmen NR.9 Salon has one station available for rent. They are looking for the right stylist to join their team. Could it be you? The salon is located at 2520 E. Piedmont Road, Marietta. If you are interested call Patrick at 678-427-8000.

HELP WANTED/BABYSITTING

Sitter needed for a small group of children while moms exercise in next room. Needed to start late May or early June 2013. Monday, Wednesday, Friday a.m. for one hour 9:25 – 10:30 a.m. Must be responsible, reliable & at least 16 years of age and have transportation. East Cobb Jazzercise Center in the Fountains of Olde Towne. Call Cathy at 770-971-4970.

LANDSCAPING

Commercial/Residential Lawn Care. Weekly/ Monthly. Hollybee Company 678-493-7165.

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Piano lessons in your home. I come to you. Exciting and fun teacher with years of experience throughout Cobb County. Annual recitals, references available upon request. Call Kris at 404-434-6681. www.krisokun.com.

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Experienced, caring woman who has had great success helping seniors explore their interests, such as cooking, reading, puzzles, etc. Also help with needs such as appointments, shopping. P/T flexible hours. Call Cathy 770-570-0606.





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CNA for part-time Senior Home Care. Experienced, mature, licensed Certified Nursing Assistant, CPR, first aid qualified, caring, patient, reliable & trustworthy, w/ references. Retired flight attendant. Call Gail 770-778-7581.

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Tutor! Tutor! Tutor! PATIENCE, ENTHUSIASM, CHOCOLATE. Specializing in middle school students. Vocabulary, Writing. Every single part of speech! Ruth Letowsky, Call: 770-565-9292. Email: myownwriter661@gmail.com.

ALL ABOUT MIDDLE SCHOOL WORKSHOP: Students learn to adapt to demands of middle school, manage time, meet teacher's expectations, handle academic, physical, and social pressure (bullying), stay organized, etc. and the importance of these self-management skills to academic and personal success. Call 404-433-0925.

VOLUNTEER

Heritage Hospice needs volunteers to visit patients in their homes while providing respite for their caregivers. Veterans especially needed. Administrative skills, lawn care, housekeeping, and musicians are also needed. Contact Debra 770-423-5959; debralieb@heritage-hospice.com.

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18th Annual EAST COBBER Parade & Festival Scheduled for September 21



This fall, East Cobb will once again welcome the hometown tradition of a community parade and festival when the 18th Annual EAST COBBER Parade & Festival takes place. The EAST COBBER Parade features floats and high school marching bands as well as a cornucopia of East Cobb groups and will be followed by the EAST COBBER Festival featuring local entertainment, carnival games and plenty of good food.



EAST COBBER extends its mission of building a sense of community by establishing a hometown tradition of a community parade and festival. As the producers of the first parade and festival in East Cobb County, the EAST COBBER aims to establish a strong network between schools, businesses, government and clubs to create a showcase event and annual tradition for East Cobb County. The EAST COBBER Parade has become the largest parade in all of Cobb County and is the only community-wide event for East Cobb.

The EAST COBBER Parade and Festival aims to builds a sense of community and reinforce East Cobb's status as one of the best places to live in the Atlanta area by giving thanks and special tribute to those who contribute to the quality of life in East Cobb: such as, principals, schools, clubs, elected officials, and civic leaders.

Overall, the objectives of this special event are as follows:

- Spotlight the people who contribute to the quality of life in East Cobb County.
- Provide opportunities for various groups of the community to interact.
- Boost the image of East Cobb to external audiences as well as to help East Cobb residents feel good about living in East Cobb.
- Celebrate the arts by providing a showcase for local fine arts performers and groups at the Festival.
- Promote economic development by providing local businesses with an event that demonstrates their community support and allows company personnel to interact with prospects and customers.

Because the EAST COBBER Parade & Festival is privately funded, contributions from local businesses are vital to keeping this tradition alive in East Cobb County. For sponsorship information or to request a festival booth application, contact 770-640-7070.

2013 EAST COBBER Parade & Festival Details:

Date:

Saturday, September 21, 2013

Parade:

Start Time: 10am Finishes approximately 11:30am

Parade Route:

Parade travels one mile south from Princeton Lakes Drive to Fountains of Olde Towne Shopping Center, 736 Johnson Ferry Road

Road Closure:

Johnson Ferry Road from Lower Roswell Road to Roswell Road shuts down 9:45am-11:30am

Festival Site:

Fountains of Olde Towne Shopping Center 736 Johnson Ferry Road Marietta, GA 30068

Application Deadline:

Friday, August 2, 2013



SUPPORT GROUPS

A.A./Al-Anon/Al-Anon

Beginners/Alateen. Every Monday. 8pm. Covenant Presbyterian Church, 2281 Canton Road, Marietta. More info: 770-973-5347 or ipm105@comcast.net.

Adult Survivors of Child Sexual Abuse Support Group. First and 3rd Tuesday of each month. 7pm. Room 334, Johnson Ferry Church, 955 Johnson Ferry Road, Marietta, Men and women welcome. More info: 678-578-4888 or info@voicetoday.org.

Al-Anon. For family and friends of alcoholics. Thursdays. 7:30-8:30pm. Johnson Ferry Baptist Church, Room 345, 955 Johnson Ferry Road, Marietta. More info: 770-587-0483.

Al-Anon Family Group. 7pm. Teens 13 and older welcome. Temple Kol Emeth, 1415 Old Canton Road, Marietta. More info: Paulette L., 678-551-2433.

Alzheimer's & Caregivers Support Group. Second Thursday of the month. 7pm. Sunrise Assisted Living, 1551 Johnson Ferry Road, Marietta. More info: Christa McLain, 770-509-2914.

Alzheimer's/Caregiver Support Group Meeting. First Monday of each month at 10:30am. Open to family members who are assisting an aging loved one both inside and outside of the home. Free respite care is provided for your loved one while we meet. Aloha to Aging/Mt. Bethel Community Center, 4608 Lower Roswell Road, Marietta. More information or to RSVP 678-439-1177.

Autism Spectrum Support Group of Cobb County. Supporting parents with information and resources as well as social connections. Third Thursday of each month during school year. 9:30-11:30am. Mt. Bethel United Methodist Church, 4385 Lower Roswell Road, Marietta. More info: www.asgcobb.com

Babywearing Group. Koalamommas, North Atlanta's resource for help, support, and information about baby carriers of all kinds. Meets monthly. Meeting dates/time vary. More info: Jennifer Worrell, 770-516-4192 or jenniferworrell@bellsouth.net.







Bereavement Support. First and 3rd Wednesday of the month. 5pm. Counseling Room in Parish Office, St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6020.

Cancer Support Group. Second and 4th Monday of the month. 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

Career Transition. Third Monday of the month (March-October). Second Monday of the month (November-February) 6:30pm: Personal resume reviewing, interviewing, networking, and career assessment help. 7pm: Presentation. The Warehouse, 1st Presbyterian Church, 68 N. Marietta Parkway, Marietta 30060. More info: Bill Lins, 404-558-1579, or Bob Sabin, 770-795-9084, or visit www. fpccareersintransition.wordpress.com

Caregiver and Share Support Group for Alzheimer's. First Wednesday of the month. 4:30-5:30pm. Arbor Terrace, 886 Johnson Ferry Road, Marietta, More info: 770-977-4420

Codependents Anonymous. Mondays & Thursdays. 7:30-8:45pm. Unity North Church, 4225 Sandy Plains Road, Marietta. More info: 770-578-6368.

Compassionate Friends for grieving parents, grandparents, and siblings. First Tuesday of the month. 7 pm. First Baptist Church, 148 Church Street, Marietta. More info: Kathy Kelcourse, 770-579-3512 or 404-539-4287. Email: kathzkel@yahoo.com or tcfmarietta.kathy@hotmail.com; www.tcfmariettá.org.

Depression/Bipolar Support Group. First and 3rd Thursday of the month. 7-8:30pm. Johnson Ferry Baptist Church, Room 339, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

Divorced/Separated Support Group. First and 3rd Tuesday of each month. 7:30pm. St. Ann's Catholic Church, Mary's Chapel, 4905 Roswell Road, Marietta. More into: 770-552-6400, ext. 6018

Divorce Support Group by Visions Anew for women who are contemplating or going through the divorce process. First Thursday & 3rd Wednesday of the month. 7-9pm. East Cobb Government Center, 4400 Lower Roswell Road, Marietta. More info: visionsanew.org.

How To Get Your Support Group Listed

Help us help others by letting the East Cobb community know about your support group meetings. Please include name of group, days you meet, how often, what time, location of your meeting - be sure to include street addresses, and contact name and phone. If you have a website, be sure to include that, too! Support Group listings must be received by the 15th of the month. Submit items to: supportgroups@eastcobber.com. Listings are free to non-profit groups. As an added bonus, we'll even announce your support group on our eastcobber.com blog and Facebook page!

Diabetes Support Group offered by WellStar Health System. Second Tuesday of the month. 6:30-8pm. McLaren Mill Office Park, 531 Rose Lane Street, Suite 100, Marietta. No registration required. More info: 770-793-7818.

Domestic Violence Support Groups. Sessions in English and Spanish. Wednesdays. 6:45-8:15pm. Childcare available for children 6 weeks to 12 vears. Children over 12 may attend and learn childcare skills. More info: 770-427-3390

East Cobb Satellite of CHADD (Children & Adults w/Attention-Deficit/Hyperactivity Disorder) Parental Support Group. 2nd Tuesday of the month. 6:30-8:00 pm. Mt. Bethel United Methodist Church (Room B109) on Lower Roswell Road, Marietta. More info: Cappie Suttle, 404-368-9394, east-cobb@ chadd.net, or www.chadd.net/300.

Emotions Anonymous, a fellowship of people who come together to work toward recovery from emotional difficulties and discover a new way of life. Tuesdays & Fridays. 7pm. Roswell United Methodist Church, 614 Mimosa Boulevard, Counseling Building, Roswell. More info: 70-330-1991.

Families Anonymous (FA) for families who have loved ones struggling with addiction. Every Tuesday. 7:30-9pm. Mt. Zion United Methodist Church Youth Center, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465.

Families of Children Under Stress (FOCUS). To listen, inform and educate, and offer programs for the families and the child with special needs. Last Thursday of the month during school year. 10am. Chick-Fil-A, 1201 Johnson Ferry Road, Marietta. More info/to confirm meeting date: Angie, 770-234-9111,angie@focus-ga.org,or www.focus-ga.org.

Grandparents Raising Grandchildren Support Group. Second and 4th Tuesday. 7:15pm. Special guest speaker. Transfiguration Church, Room 102, 1815 Blackwell Road, Marietta. More info: Jeannie, 770-919-9275.

Grief Support Group for those who have had a family member, friend or other loved one pass away. First Thursday of each month. 7-9pm. Unity North Atlanta Church, 4255 Sandy Plains Road, Marietta. More info: kathzkel@yahoo.com.

JACS (Jewish Alcoholics, Chemically Dependent and Significant Others). For Jewish members of 12 Step groups. 7-8pm, first and third Tuesdays of every month except on Jewish holidays. Congregation Etz Chaim, 1190 Indian Hills Parkway, Marietta, in the library. More info: 770-928-2523 or teshuva@aol.com.

Loneliness Bereavement Support Group. Every Wednesday except holidays. 11am. Heritage Hospice, 3315 Hilltop Drive, Marietta. More info: 770-423-5959.

Marietta Moms. For all kinds of moms new to the area, looking for new friends, or just needing support. Daily events for babies, toddlers and older kids. More info: 770-956-0318 or 678-357-3661 or www.mariettamoms.com

Mothers Circle Group. Are you a mother raising Jewish children but you are not Jewish? Free education and support through a 16-week course. Groups are held in Marietta, Intown and North Fulton. More info: Suzette Cohen, suzette@ themotherscircle.org or www.themotherscircle.org

Mothers of PreSchoolers(MOPS).

Wednesdays. 6:15-7:15pm. A place where moms can come to build friendships and receive mothering support, practical help and spiritual hope. Childcare provided. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465 or mtzionmops@gmail.com.

National Alliance on Mental Illness (NAMI). Family Support Group for families who have loved ones struggling with mental illness. Second and fourth Tuesday of each month. 7-8:30pm. Hillside United Methodist Church, Second Floor, 4474 Towne Lake Parkway, Woodstock. More info: 770-928-2762.

Overeaters Anonymous. A support group for those who suffer from the need to compulsively overeat. Monday-Wednesday-Friday. 10am. St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: Betsy: 404-226-4931.

Parents of Prodigals. For parents of struggling teens and young adults. Second and 4th Thursday. 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: Fair Brocard, 770-612-1197 or www.prodigalchildministries.org.

Parkinson's Disease Support Group. For persons with Parkinson's disease and their caregivers. Second Sunday each month. 4pm. Roswell United Methodist Church, 814 Mimosa Boulevard, Bldg. A, Roswell. More info: Robin Cleveland, 678-819-3915.

Parkinson's Disease Support Group: First Tuesday of each month at 10:30am. Have you or a loved one been recently diagnosed with Parkinson's? You are not alone. You and your caregiver are welcome as we learn how to cope and live with the diagnosis. Helpful tips and resources provide comfort and encouragement. More info: 678-439-1177.

Widowed Helping Others (WHO). First and 3rd Wednesday of the month. St. Ann's Catholic Church, La Salette Hall, 4905 Roswell road, Marietta. More info: Ann's Pastoral Care, 770-552-6400, ext. 6018.







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Reasons to Choose Crist Roofing

Crist Roofing has been serving the Atlanta Metro area for over 13 years. We offer price matching, free inspections, insurance claims, quality service and financing.

Crist Roofing & Construction would like to celebrate The 4th Of July by supporting our troops and honoring our American heroes with a 10% discount Active duty, Active reserve, retired military and immediate family members ask for our 10% American Hero discount. Valid Military ID required. This discount cannot be combined with other coupons or offers.



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770-514-9653

www.cristroofing.com



What's keeping you awake?

If your nights are spent tossing and turning instead of sleeping soundly, a sleep study with the experts at WellStar Sleep Medicine can help.

Sleep disorders such as sleep apnea and insomnia affect millions of people – children, teens and adults. How do you know if a sleep disorder is keeping you from getting the rest you need? Start with these questions.

- Do you snore? Or kick at night?
- Do you wake up frequently during the night?
- Do you feel tired during the day despite sleeping through the night?
- Do you sometimes doze off when inactive (watching television or reading)?

If you answered "yes" to these questions, a sleep disorder may be the culprit. A sleep study can pinpoint what's disrupting your sleep so that WellStar's sleep specialists can develop a treatment plan to get you sleeping well – and restore your energy for your waking hours.

Our team includes both adult and pediatric sleep experts, so your whole family can sleep well and live well. For more information, call **770-420-2535**.

We believe in life well-lived.

