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Leah Cozzo,
Dr. Jeff Paul, Chris Hanley
Neurosport Functional Training

Fourth of July Festivities PAGE 24 | East Cobb High School Valedictorians PAGE 18 | Kids Eat Free PAGE 45

Summer Fun: Community Calendar PAGE 26 | East Cobb Primary Election Results PAGE 34

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Summer Fun?

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EAST COBBER

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Comments and stories are always welcome. Please address all correspondence to cynthia@eastcobber.com.

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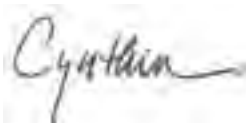
PUBLISHER'S NOTE



As the saying goes "Behind every great man there is a great woman," the inspiration behind the celebration of a Father's Day is due in part to Mother's Day. After hearing sermons on the significance of setting aside a day for mothers, Mrs. John B. Dodd, of Spokane, Washington, first proposed the idea of a "Father's Day" in 1909. Mrs. Dodd wanted a special day to honor her father, William Smart. William Smart, a Civil War veteran, was widowed when his wife (Mrs. Dodd's mother) died in childbirth with their sixth child. Mr. Smart was left to raise the newborn and his other five children by himself on a farm in Washington state. It was after Mrs. Dodd became an adult that she realized the strength and selflessness her father had shown in raising his children as a single parent. The first Father's Day was observed on June 19, 1910 in Spokane, Washington. Father's Day has become a day to not only honor your father, but all men who act as a father figure. Stepfathers, uncles, grandfathers, and adult male friends are all honored on Father's Day. In that same spirit the EAST COBBER continues its Father of the Year essay contest. It's fun to read all the great tributes written about East Cobb dads. The winning essay written by Erin Davenport, about her father, Stephen, can be read on page 6.

In this world of hype and celebrity, many young (and older, too!) men and women are looking for a role model. Our popular culture promotes great athletes, movie stars and/or popular rock stars as people to admire. The EAST COBBER magazine focuses on the role models within reach and that we can truly be inspired by. Moms and dads are the most obvious heroes for us to emulate. This publication is happy to grant them a few minutes of fame. Hence, the annual Father of the Year contest. EAST COBBER also features stories of other East Cobb residents that contribute to our quality of life. The people featured in this edition—from the parishioners at Holy Trinity Lutheran Church (see page 14) to the East Cobb high school valedictorians spotlighted on page 18—are excellent examples of role models right here in our own backyards, within our reach. There's a lot of good we can learn from our parents, friends, and fellow East Cobbers. I hope after reading this edition, like every edition, you will not only learn a little bit more about what is going on in our community but also be inspired by the people that make East Cobb such a great place to live!

Happy Father's Day!



Cynthia M. Rozzo
Founder | Publisher
cynthia@eastcobber.com

On the Cover

This month's cover features some members of the Neurosport Functional Training staff: Leah Cozzo, MPT, ART-Cert, Director of Education & Training; Dr. Jeff Paul, DC, ATC, CSCS, FMS-Cert, Sports Chiropractor, Athletic Trainer, Strength & Conditioning Specialist; and, Chris Hanley, FMS-Cert, CF-L1 Certified, Head of Ancillary Services.

These Neurosport staffers are photographed in their brand new facility located at 1197 Johnson Ferry Road in East Cobb. Neurosport Functional Training offers functional training programs, extended rehabilitation sports recovery, patriot program, chiropractic, pilates, A.R.T., dry needling, cupping and soft tissue flushing.

Neurosport Physical Therapy is independently owned and operated by Carolyn M. Lawson, PT, FOC, ART-Cert. Established in 1996, Neurosport Physical Therapy is considered the premier therapist-owned practice in the country. Their staff is highly trained in the latest, most advanced, and proven physical therapy techniques.

Neurosport's ongoing commitment to education and training ensures that their staff is practicing the most current and effective techniques, including hands-on manual therapy, dry needling, and active release techniques (ART).

Learn more about Neurosport Functional Training on page 6. For more information, call 770-973-7200 or visit www.neurosportga.com.

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Michael Drewitz of
Michael's Photography.



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▲ Carolyn Lawson,
Owner, Neurosport



▲ Matt Martin, DPT, conducting a Function movement Screening (FMS)



▲ Cody Lawson giving the Y- balance test.

Neurosport Opens Functional Training Facility in East Cobb

When Carolyn Lawson opened her physical therapist business in East Cobb 18 years ago, she never imagined the direction her business would grow. In addition to nationally recognized physical therapy, Neurosport Physical Therapy services now include sports medicine, massage and chiropractic care.

Additionally, Carolyn is excited to announce the grand opening of a Neurosport Functional Training facility in East Cobb. The mission of Neurosport Functional Training is to offer performance programs for members and athletes using evidence-based research, video motion analysis and integrated clinical techniques to ensure optimal performance and quality of life. Each participant will receive a Functional Movement Screen that objectively measures core strength and mobility and identifies movement-related deficits.

The therapists then design a program by focusing on the identified deficits in full body exercises. Removing these deficits, such as mobility restrictions, mechanical instability, asymmetrical strength (one side is stronger than the other), coordination and balance, allows a body to adapt to physical stress instead of breaking down.

“We recommend all ages come in for a screening. We see a lot of injuries in young athletes, and our goal is to prevent serious injuries before they happen,” says Carolyn. “This screening test shows us an individual’s limitations and what we need to do to keep them in the field longer.”

Carolyn’s philosophy of “No Challenge Too Great” is the cornerstone and driving force of Neurosport. This philosophy continues to be her passion, whether in patient care, in business or in her personal

life. She understands the importance of a strong and dedicated team and hires the most talented therapists in the country to work for Neurosport.

By focusing on continuous education and training, Carolyn and her partners are able to offer clients the most current and effective techniques, including hands-on manual therapy, dry needling and active release techniques. Also, they offer poultice massage (a soft tissue massage with aromatherapy) and impact testing.

Neurosport has offices in Buckhead, Alpharetta, Woodstock and New York City. Additionally, NEURO TOUR provides physical therapy services for performers of local and touring Broadway theater productions and major concert entertainers. “Production companies now see the benefit of having therapists on site to work with performers on preventive measures specific to the nature of a production,” says Carolyn.

Carolyn lives in East Cobb with her husband and two children, so it’s important to her that Neurosport gives back to the community in many ways. They work with the Arthritis Foundation and offer a small group fitness class in which a portion of every purchased class is donated to the Wounded Warrior Project.

Whether you’ve had knee surgery, a stroke or want to be in peak physical form, the staff at Neurosport will work with you to help you achieve your individual goals. Neurosport Physical Therapy’s East Cobb location is 1163 Johnson Ferry Road, Marietta, Ga., 30068. Neurosport Functional Training is located next door at 1197 Johnson Ferry Road. Visit neurosportsga.com or contact 770-321-0155 for more details.

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MUST Ministries and United Way Collaborate to Help Cobb Veteran Families



A new partnership in Cobb County is “an important step in providing supportive services to veteran families in need,” according to Chris Fields, Senior Vice President of MUST Ministries. In an innovative partnership, MUST and United Way of Greater Atlanta are joining forces to help those veterans living in or transitioning to permanent housing.

United Way case workers will be located in MUST facilities to implement the Supportive Services for Veteran Families (SSVF)

program. The initiative will connect eligible veteran families to outreach, case management and assistance in obtaining VA and other benefits, which may include healthcare, legal, childcare, transportation, housing counseling and other supportive services.

“We are committed to serving veterans in Cobb County by supplying access to the services they need.” Fields explained. “Serving veterans has long been a commitment of MUST Ministries and we are excited to partner with United Way to extend that commitment. What an honor to serve those who have served our country so faithfully.”

According to the national census, an estimated 47,000 Cobb residents are veterans. Many of these veterans are struggling financially or are homeless. The census also shows 13.6% of people in Cobb County live below the poverty line, including hundreds of veterans. Almost half of those veterans are estimated to have a disability.

On a daily basis, MUST provides meals in the Loaves and Fishes Community Kitchen, employment services, Supportive Housing, clothing, access to healthcare and other key components to sustain daily living. Through this partnership, additional resources will be available to those who have served our country, but are now searching for stability.

For more information, call MUST Ministries at 770-427-9862. ☎



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Stephen Davenport: EAST COBBER Father of the Year 2014



▲ Erin Davenport with her father, Stephen Davenport

Here is the winning essay written by Erin Davenport, age 18, about her father, Stephen Davenport. Mr. Davenport is also the father of Jack, 14; and, Meghan, 20.

“My dad, Stephen Davenport, is the ideal choice for Father of the Year. He is very involved in the local CFA community, but in addition to his business and volunteer activities, he is a wonderful brother, husband, and father. He takes all of the roles in his life very seriously. An ideal weekend for my dad includes watching his son’s saxophone concert, giving class advice to his older daughter, and watching a Bruins hockey game with me. Whereas some fathers may struggle to balance work and family life, my dad always prioritizes the latter, and he has been there for every important concert, tournament, and awards night. I have always felt like the luckiest girl ever to have a father who cares so much about my success. When I was applying to colleges my dad was with me every step of the way, and when I eventually decided on a school, he had ordered himself polos and baseball hats within the hour. He is the type of dad who looks forward to Open House so he can meet all of our teachers. He loves supporting us in all of our endeavors. He is the best father anyone could have.” 

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Congratulations, Dad!

EAST COBBER'S Father of the Year 2014 is invited to participate in this year's EAST COBBER Parade. Stephen Davenport also receives the following gifts donated by local businesses:

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 Pakmail – \$15 Off Shipping
 Precision Tune Auto Care – Free Oil Change with Tire Rotation.
 Quiznos – Free Small Sub
 Soft Touch Car Wash – \$25 Gift Certificate
 Sun Dried – Dinner for 4 Gift Certificate
 Vespucci's – \$30 Gift Certificate.
 Zaxby's – Free "Most Popular" Item, Free Nibbler, Free Chicken Fingers, Free Kids Meal

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Girl Scout Troop Together for Twelve Years

By Dana diLorenzo



▲ Girl Scout Troop #23200 members pictured above are (l-r): Top row: Ashleigh Baily, Mallika Balakrishnan, Claudia Wittich, Rachel Techau, Christina Voss, Meg Wilson, Lexie Wolff, Bottom row: Mikayla Scarborough, Natalie Anderson, Margo Shemaria, Kendall Lake, Renee Lake, Leeann Wynns, Catherine Wynns, Carolina Curry, Amy Margolin, Sara Aspy. Not pictured: Aly Kapper, Samantha Cuel.

There's an old adage that "old friends are the best" and few know that better than the groups of people that gather together and work towards a common goal. Way back in 2003 a group of kindergarten-aged girls gathered together as Daisies, the entrance level rank name for Girl Scouts. Fast forward 12 years and these same girls of East Cobb's Troop #23200 are still together, many of them embarking on their last year of high school.

That this group has been together for so many years is admirable indeed (of the 46,000+ Atlanta Area Girl Scouts, only about 2% are at the Ambassador level), but what they do together as a troop makes them amazing! These girls don't just show up for roll call and refreshments, they are individually and collectively making East Cobb a better place to live. Every troop member has already merited the Bronze and/or Silver award and many are working towards the highly esteemed Girl Scout Gold Award (equivalent of the Eagle Scout status for the Boy Scouts of America).



Troop #23200 has made impressive contributions to East Cobb. From collecting canned goods to painting stables and railings for a local Equine-Assisted Therapy location, this group of girls is always on the move as they seek out opportunities to serve, learn and make a difference. One of their most recent projects has focused on mentoring younger girls to accept themselves as the beautiful individuals they are. In order to achieve this goal, the troop helped their mentees understand that many of the TV commercial and magazine advertisement model images had been air-brushed or photo-edited to achieve 'perfection'. Going one step further, some of the troop members even polled high-school aged males to determine if they preferred the altered images or a 'real' person and were happy to report to the younger set of girls that, in fact, a 'real' person was the choice made by almost everyone polled.

There is little doubt that that the troop members learned commitment cues from their leader for the past 12 years, Renee Lake. As a retired teacher, Renee enjoys leading the group because it allows her to get her 'teaching' fix leading a group that is eager to learn courage, confidence and character development as they strive to be strong contributors to our society.

While the majority of the group attends East Cobb's Walton High School, they are all proud residents of Cobb County. When asked to imagine herself 20 years from now, did she think that she would still be in touch with these troop members, Sara Aspy didn't hesitate to confirm that, indeed she planned to keep in touch: "Absolutely! We are the most diverse group of girls and will always be there for each other".

Troop Members of 23200 include: Natalie Anderson, Sara Aspy, Ashleigh Bailey, Mallika Balakrishnan, Samantha Cuel, Carolina Curry, Aly Kapper, Kendall Lake, Amy Margolin, Mikayla Scarborough, Margo Shemaria, Rachel Techau, Christina Voss, Meg Wilson, Claudia Wittich, Lexie Wolff and Catherine Wynns. 📞

Communities in School Marietta/Cobb County Invites You to Make a Difference in Our Community

Did you know that every 9 seconds, a student drops out of school and into an uncertain future? Many times, the student is making that decision without understanding the longer-term consequences of his or her choice. Communities in Schools is the largest dropout prevention organization in the US and accomplishes its work through a network of nearly 200 local affiliates. Communities in Schools Marietta/Cobb County (CISMCC) is entering its 15th year of service in our county with identified students and also provides other programs and initiatives in the fulfillment of its mission. For the 2012-13 school year, over 2,700 students in 14 service locations were touched by a CISMCC program.

An integral part of CISMCC's mission of surrounding students with a community of support, empowering them to stay in school and achieve in life is the recruitment of community members to be mentors and tutors to the students it serves. A MENTOR is a caring adult who commits to spend time with a student/protégé and is a positive role model. A TUTOR is an individual who has the desire to open the eyes of a child through the world of books. These programs help children grow and develop and can also cultivate character and allow adults to serve as a friend, a trusted counselor, or a coach. There is flexibility in terms of times and days; the experience is meaningful no matter what your schedule

is. Mentors and tutors make a marked difference in the life of a young person simply by being a dependable, trusted presence.

Another way individuals or groups such as your workplace, faith community, social group, etc. can help is by having supply drives. Most of the school sites served have a food pantry to support students. Easy-open canned protein sources (tuna, chicken, Vienna sausages) are always in high demand. Paper products such as toilet paper, tissues and paper towels are frequently requested as well. Once school resumes in August, there will be a high demand for these items, so conducting drives over the summer is timely.

CISMCC is already planning for the 2014-15 school year and is recruiting mentors and tutors. Visit the website (www.cismcc.org) or contact Tracy Wright, program chair, at twright@cismcc.org to learn more about these opportunities to make a difference in a young person's life. ☺



Irene Barton has served on the board of CISMCC for one year and served as a tutor at Hickory Hills Elementary this year. She and her husband Steve have lived in Indian Hills for 19 years and have a rising freshman daughter and a rising 6th grade son.

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Wheeler High School Student Earns Top Honors in waterSmart Video Challenge



▲ Ryan Lambert, Wheeler High School receives certificate announcing him as Grand Prize Winner.

Three videos produced by individual teams of Cobb County high school students have been chosen as the winners of the second annual H2O in HD video challenge. H2O in HD – which is presented in partnership with the Cobb County-Marietta Water Authority (CCMWA) and Cobb County Water System – invited Cobb County high school students to create 60-

second Public Service Announcements showcasing water conservation and video production skills. More than 17 entries from six high schools were submitted.

Entries were scored by a select panel of judges including David Tyler, Cobb TV23 Producer and Chief Engineer; Julie Newell, Southern Polytechnic State University International Studies Department Chair; Gary Cobb, CBS46 and Peachtree TV Director of Community Engagement and Michael Tierce, Kennesaw State University Department of English Associate Chair.

The winning entries, including special recognition for the “People’s Choice Award” decided by online voters, were announced during a video premiere party at CCMWA on April 22, and included:

Grand Prize Winner – “Dust” produced by Wheeler High School student Ryan Lambert


Second Place – “Drop in the Bucket” produced by Harrison High School students Harrison Hogan, Parker Spackman, and Laura Sosebee.

Third Place – “Waste Now Miss Later” produced by Allatoona High School students Erica Hulette, Brittany Hulette, and Christina Hulette.

People’s Choice Award – “Water PSA” produced by Sprayberry High School students Aundrea Bosman, Ronney Cipriano, and Mario Laguna.

“We are proud of the incredibly talented students who participated in our second annual H2O in HD video challenge,” says Amy Warnock, water efficiency programs specialist at Cobb County Water System. “Their hard-work and dedication helps bring awareness to the importance of being waterSmart now – and in the future.”

The top three entries received cash prizes – with half of the money going to the winning team of students and half to their school, including \$500 for first place, \$300 for second place and \$100 for third.

All entries along with the winning videos can be seen at www.youtube.com/watersmartprograms or for additional contest information please visit www.waterSmart.net. 

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Holy Trinity Lutheran Church Raises Money for Lighthouse Family Retreat

By Carmen C. Abernathy

The partnership between Holy Trinity Lutheran Church and Lighthouse Family Retreat began with a little girl named Alexa. Diagnosed with a form of cancer called neuroblastoma right after her first birthday, Alexa and her story have touched so many lives. The impact continues today, almost 10 years later, as the East Cobb church perseveres in its commitment to support this ministry.

Lighthouse Family Retreat serves families living through childhood cancer at seaside retreats, enabling them to laugh, restore family relationships and find hope in God. Founded in 2000, Lighthouse has prospered from its first retreat of six families to 15 retreats scheduled in 2014 that will serve around 170 families. To date, the week-long retreats have been held at Florida Panhandle beaches. But for the first time this year, one of the retreats will be held on the North Carolina coast. Scheduled from April to October, the retreats are in rented or donated beachside vacation homes.

Julie Fesefeldt, Retreat Family Manager, has a history with the ministry. As a Holy Trinity member, she first became acquainted with Lighthouse in 2005 through Alexa and her family. Because the retreat had been such a life-changing experience for the family, Alexa's grandparents, John and Alice Rohrbach, introduced the ministry to Holy Trinity. A church group, which included Fesefeldt's teenage daughter, volunteered to serve at a retreat.

"My daughter returned from the retreat and told me that not only was it life-changing for families dealing with childhood cancer, but it changed her life forever as well," says Fesefeldt. "She said I would love it, and she was right." After years of retreat volunteering, Fesefeldt joined the Lighthouse staff in November 2012.

Fesefeldt goes on to say that the ministries' volunteers have become such a vital part of the overall experience that they are now called family partners. Holy Trinity sends a group of family partners each year to the one of the retreats. They perform daily tasks, including meal preparation, housekeeping and general pampering so the families can experience a sense of relief and retreat away from the everyday struggles of childhood cancer.

About 70 family partners are needed to serve at a retreat. These usually consist of 35 adults, with the rest being children who minister to the children with cancer and their siblings through gifts of love and companionship. Family partners pay their own expenses and usually cover the cost of several retreat families. When the



▲ Karen, Scott & Brooke Stephan, members of Holy Trinity Lutheran Church, volunteer at the church's yard sale to raise money for the Lighthouse Family Retreat.

retreat families and family partners depart, the motto is "See you later." Many forge relationships that continue either in person or through other contacts such as Facebook. And as a faith-based ministry, "See you later" also refers to seeing each other in heaven one day.

Holy Trinity sponsors fundraising activities to support the ministry. An annual yard sale is held on the church property at the end of April. Also, Holy Trinity has recently decked its halls with a Tree of Hope, which is a Christmas tree decorated in Easter colors that displays photos of Lighthouse families. Church members make donations in honor of these families, taking the family photos with them and praying for the family daily.

Children 18 years and younger with cancer, who are currently on therapy or have been off therapy for less than one year are eligible to attend Lighthouse with their immediate family members who are living at home with them. Families can apply online at www.lighthousefamilyretreat.org. There is no cost for a family to attend.

As the Lighthouse Family Retreat ministry has become a beacon for families that have children with cancer, Holy Trinity members have, in turn, become beacons through their dedication as family partners. Alexa's inspiration has created a solid alliance between these two faith organizations.

Holy Trinity Lutheran Church is located at 2922 Sandy Plains Road in Marietta/East Cobb. ☎

Atlanta Swim Academy Aims to be Atlanta's #1 Aquatic Facility



▲ Bob Cutrone, Head Swim Teach Coach,
and Brad Grzelka, Vice President

Atlanta Swim Academy has grown up with East Cobb. Since 1985 the aquatic center has taught the community's children and adults to swim, as well as develop a love for the sport. Vice President Brad Grzelka literally grew up at ASA, assuming the leadership role from his parents who founded the center. Always evolving with the community's needs, ASA is continuing that trend as it adds a SwimFit Club on August 11 to a full range of lessons, classes and swim teams.

With 250 swim team members, ASA identified that about 50 percent of its participants wanted to swim at home meets only and didn't want the commitment of a competitive team. A parent survey revealed the need for a program that bridged the gap between lessons and a competitive team. So Grzelka and Bob Cutrone, head swim team coach, pioneered the SwimFit Club, an aquatic program that promotes fitness through regular athletic training while improving swimming technique in a fun environment.

Cutrone explains, "Members participate in workout sessions that include swimming, dry land exercises and stroke drills. Throughout the season, they can participate in SwimFit Club home meets, Fun Swim game days and club socials."

Benefits of the SwimFit Club are a lower cost (compared to a swim team membership) and a minimum practice of one day per week (compared to multiple days per week for a team). ASA remains committed to providing a flexible practice schedule for all levels of both its SwimFit Club and swim team members. SwimFit Club members can choose one, two or three workouts weekly and attend any times listed for a swimmer's ability level.

"We strive to be Atlanta's No. 1 aquatic facility," says Grzelka. "We offer the best possible service and staff, with 40 dedicated staff members. The aquatic business is also about cleanliness, and we are known to be one of the cleanest facilities around."

In addition to the SwimFit Club, ASA offers swim lessons with more than 1800 participants currently enrolled. Summer stroke clinics are being taught from now until July 26. The ASA 2014-2015 Swim Team also begins on August 11. Both the Swim Team and SwimFit Club seasons last until May 22, 2015.

For more information about ASA's new SwimFit Club or other programs/classes, contact ASA at 770-973-3120 or sales@atlantaswimacademy.com. You can also go to www.atlantaswimacademy.com. A \$50 deposit will hold a membership for the new SwimFit Club.

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East Cobb Lions Present College Scholarships



The East Cobb Lions Club recently presented college scholarships to deserving East Cobb High School seniors. These outstanding high school seniors have earned their scholarships through academic excellence, leadership, and their on-going commitment to help others by performing outstanding community service.

The winners pictured above (l-r) are: **Julia Miller**, Lassiter High School; **Alex Alea**, Pope High School; **Caroline Crosby**, Pope High School; **Tiffany Nanguy**, Sprayberry High School; **Emily Britt**, Walton High School; and, **Allison Dupuis** (not shown) from Wheeler High School. ☺

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A division of Marietta Sportscar Co., a specialty garage catering to Marietta's motoring enthusiasts for 22 years; Vespa Marietta is Georgia's largest motor scooter dealer and sells only the best quality motor scooters. They have a fully equipped service department staffed with certified Vespa / Piaggio technicians to keep your scooter on the road. Visit the showroom at 1523 Lower Roswell Road to browse the latest accessories and fun scooter-related items. The friendly scooter specialists will be happy to show you the different models and help you pick out the bike best suited for your needs. Vespa Marietta offers financing options to help you realize your dream, too. Learn more at www.vespamarietta.com.

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East Cobb Valedictorians - Class of 2014



Alana Rae Archer
Kell High School
College: University of Southern California



Eric Yue Gu
Pope High School
College: Georgia Institute of Technology



Adrienne Grace Alderman
Lassiter High School
College: Vanderbilt University



Aduraseyi Christopher (Chris) Ayeni
Sprayberry High School
College: University of Georgia



Talia Laine DeBenedictis
Lassiter High School
College: Georgia Institute of Technology



Farran Morgan Bush
Sprayberry High School
College: Georgia Institute of Technology



Savannah Lynn Jackle
Lassiter High School
College: University of Georgia



Edward Soonjae Park
Walton High School
College: Massachusetts Institute of Technology

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Anirudh Kumar Udutha
Wheeler High School
College: Dartmouth College

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East Cobb Public Safety Appreciation Celebrations

DONATION FORM



Show your appreciation for our public safety heroes! Please help thank the men and women of our East Cobb Police and Fire Departments by supporting the second annual events to honor the Precinct 4 officers, support team and spouses; and the Cobb County Fire Department's awards banquet. These brave men and women are there for us 24/7; let's give them one night of celebration!



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It's time to kick off summer fun in East Cobb! EAST COBBER's Frugal FunMom is back again this summer with more affordable activities to keep the whole family off the couch. Moms and dads can make family memories throughout the summer by checking the EAST COBBER Facebook page for a Frugal Fun Mom "activity of the day" that is FREE or inexpensive. Be sure to check eastcobber.com's kids & family blog, too every Thursday night for a weekly summary of family-friendly and budget-friendly activities to help you plan your upcoming week. Have a great summer!

Bidding a Fond Farewell to Walton HS Teacher Dr. Hester Vasconcelos

By Zack Flagel



▲ Dr. Hester Vasconcelos

Dr. Hester Vasconcelos, or "Granny Hessie" as her students affectionately call her, is one of the most inspirational teachers I have ever had. As a student in her AP Spanish Language class at Walton High School, she has taken my love for Spanish and life in general to a level I would never dream of. One of the most memorable experiences of my life thus far was Walton's annual trip to Spain over winter

break, in which we visited seven Spanish cities and had an intensive Spanish study experience at the Universidad Pontificia of Salamanca, Spain. This entire trip last year was planned by her as an effort to give her students a true Spanish exposure. It turned out to be a trip of a lifetime!

Dr. Vasconcelos contributed in many other ways to the Walton community. She brought to Walton the International Spanish Academy (ISA), a prestigious high school program that allows students to get a Spanish high school diploma in addition to their American one. She sponsored the startup of Walton's Spanish National Honor Society, which has grown to over 100 yearly members. She ran the AP, SAT, and ACT exams for many years. She also teaches a gifted endorsement class to teachers all over Georgia to fortify their teaching skills of gifted students. This led her to create a weeklong summer institute at Walton for AP teachers.

It is with much sadness that she announced her retirement from Walton High School at the end of the 2014 school year. I can tell you this: Walton will not be the same place without her. On behalf of the Walton community, thanks Hessie for all you have done! We love you and will miss you so very much! 🇪🇸

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Cobb County Business Associations and Cobb Chamber Host 4th Annual Summer J.A.M. Networking Event



Coalition of Cobb County Business Associations and Cobb Chamber of Commerce are partnering to present the fourth annual Summer J.A.M. on July 16 from 5 to 8 p.m. at the Cobb Civic Center. This event celebrates the county's thriving


small business community and promotes the role of Cobb's 11 business associations. The participating associations are: Acworth Business Association, Austell Business Association, Cobb Chamber, East Cobb Business Association, Kennesaw Business Association, Marietta Business Association, Northeast Cobb Business Association, Smyrna Business Association, South Cobb Business Association, Vinings Business Association, and West Cobb Business Association.

Attendees can enjoy complimentary food and drinks while networking with other business professionals. The cost to attend this event is free—with online registration—for members of any of the 11 participating associations or \$20 at the door. For general admission, tickets are \$10 with online registration or \$30 at the door. The deadline for online registration is by noon on June 30.

For more information, visit cobbchamber.org/summerjam or Tya Dawson, Small Business and Entrepreneurial Programs manager at 770-859-2341 or tdawson@cobbchamber.org.



As one of the most influential business advocacy organizations in Georgia, the Cobb Chamber is dedicated to bringing the community and its leaders together to create jobs and strengthen the economy and quality of life so businesses and the community can achieve more. The Chamber achieves this by creating jobs and driving economic development; strengthening the community and the region; growing member businesses and nurturing leadership; and connecting businesses, government and the community.

The Coalition of Cobb County Business Associations was started in 2006 by Barbara Hickey, then president of the South Cobb Business Association. The original meeting brought together 12 association presidents for discussion and the plan to initiate a community day of service. Since then, the Coalition meets to discuss best practices, share ideas, develop partnerships with neighboring associations and, of course continue to perform community service projects. 

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Marietta to Commemorate 150th Anniversary of Civil War

With a history dating back to 1834, Marietta, a present-day big city with small town charm located minutes north of Atlanta and just south of the North Georgia Mountains, was the stage on which many significant events during the Civil War unfolded. Marietta was also once a proposed Capital of the Confederacy and is still home to the Marietta National Cemetery. This year marks the sesquicentennial of the fourth year of battle between the North and the South and Marietta commemorates important happenings with year-round special events – many of which are taking place this summer – including the 75th anniversary celebration of Margaret Mitchell's classic, *Gone With the Wind*.


Gather the whole family or embark on your own personal historical pursuits and remember this historic occasion with events like the Juneteenth annual celebration, a reenactment of the March from Marietta Square to Kennesaw Mountain, "Civil War: The Musical" at the Strand Theatre, a rededication recognizing the 100th anniversary of dedication of the Illinois monument, and more. The Bleeding Gray and Blue Walking Tour, every Saturday in June, joins visitors with noted historian Brad Quinlin as he tours the Historic Marietta Square, highlighting the events and the places that served as hospitals during the Civil War.

Head to Marietta during the last weekend in June when a series of events hosted by the National Park Service will commemorate the 150th anniversary of the Battle of Kennesaw Mountain with various activities beginning with an opening ceremony on Thursday, June 26, and concluding on June 29. Each day will consist of different proceedings including cannon demonstrations, guided hikes, and a Civil War fashion

show, along with Civil War medical tents, activities for children and various speakers and presentations. Check out the website for a full list of events. www.BattleofKennesawMountain150.com

Download Marietta's free Cannonball Trail app (iTunes or Android) and take a self-guided driving tour around Marietta and through Kennesaw Mountain Battlefield where you're treated to historically-significant sights such as the fields where men fought and died, the cemeteries where those brave men rest eternally, the houses that commanders used as their headquarters and the city where it all took place.

Round out a visit with stops at area attractions, many of which are of historical note. Located on the second floor of the historic Kennesaw House, the Marietta Museum of History tells a rich account of the area. Also nearby, the Marietta *Gone With the Wind* Museum: Scarlett on the Square was established in April of 2003 and currently houses Dr. Christopher Sullivan's privately owned collection of GWTW book and movie memorabilia. Two blocks from the square, the Root House is one of the oldest surviving frame houses in Marietta. The home offers visitors an opportunity to experience how a middle class merchant and his family lived in the 1850s. Climb aboard the Historic Marietta Trolley Company for a one-hour, fully-narrated exploration of the city. Visit Kennesaw Mountain National Battlefield Park where so many important events in the Civil War transpired and then come full-circle with a trip to the modern-day Marietta Square Farmers Market.

For more information and details on the special events commemorating the 150th anniversary of the Civil War, visit www.mariettacivilwar.com. 

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Fourth of July Festivities

Our nation's birthday is celebrated coast to coast with fireworks, picnics and festivals. Metro Atlanta is no different. Several cities have Fourth of July events that offer a fun time for your family. Here are some great ways to celebrate Independence Day that are just a short drive away:

★ ACWORTH – JULY 4

Concert and Fireworks sponsored The City of Acworth and the Acworth Business Association. Live music will start at 5:00pm. Fireworks will begin at approximately 9:30pm. Food vendors will be on site. Free admission. Free shuttle service starting at noon available from Downtown Acworth. Located at Lake Acworth Beach at Cauble Park, 4425 Beach Street, Acworth 30101. More info: 770-917-1234 or visit www.acworthparksandrecreation.org

★ ALPHARETTA – JULY 4

Celebrate Independence Day with family and friends at Wills Park! The spectacular fireworks display begins at dusk! Fireworks will be shot regardless of the weather conditions. Located at Wills Park, 1825 Old Milton Parkway Alpharetta. More info: 678-297-6130 or www.alpharetta.ga.us.

★ ATLANTA – JULY 4

Atlanta's Lenox Square is home to the Southeast's largest celebration, attracting more than 200,000 people annually. Lenox Square's annual event is patriotic fun with family-friendly live musical entertainment on the mall's outdoor main stage. Culminating the evening will be the signature fireworks display, featuring thousands of fireworks bursting in air for approximately 20 minutes, accompanied by a patriotic musical soundtrack. The fireworks display starts at approximately 9:35 p.m. Located at Lenox Square, 3393 Peachtree Rd., N.E., Atlanta. More info: 404-233-6767.

★ ATLANTA – JULY 4

Come celebrate Centennial Olympic Park's 4th of July Celebration with a night of fun and entertainment for the entire family, including downtown Atlanta's best fireworks display. Park gates open at 6 p.m. and fireworks start at approximately 9:40 p.m. The finale of the evening is Centennial Olympic Park's Fireworks Spectacular, Atlanta's best fireworks display synchronized to a special selection of patriotic and popular music. Located at Centennial Olympic Park, 265 Park Ave West N.W., Atlanta. More info: www.centennialpark.com

★ DUNWOODY – JULY 4

Annual Dunwoody Salutes America Fourth of July Parade hosted by the Dunwoody Homeowners Association and the Dunwoody Crier Newspaper. Begins at 9am. Features marching bands, local personalities, and floats. Festival with live entertainment, activities, children's area, and Dunwoody United Methodist Boy Scout barbeque follows at Dunwoody Village: 5483 Chamblee Dunwoody Road, Dunwoody. This year's theme: Celebrating our Beginnings.

★ EAST COBB – JULY 2 & 3

Johnson Ferry Baptist Church presents "An American Celebration," Wednesday, July 2 and Thursday, July 3, at 7pm, featuring music by the Johnson Ferry Choir and Orchestra. An ice cream social following each concert will be held in the Fellowship Hall. Please bring a freezer of homemade ice cream or your favorite store brand to the Fellowship Hall prior to the concert and return after to enjoy! Complimentary preschool childcare is available during the concert with advance registration by June 26. Johnson Ferry Baptist Church is located at 955 Johnson Ferry Road, Marietta 30068. More info: Melanie Christian at 770-795-3238 or melanie.christian@jfbc.org

★ EAST COBB – JULY 4

Indian Hills Country Club (IHCC) hosts a Membership Appreciation Day which features fireworks at dusk. IHCC allows the community to come by and grab a seat on the lawn and enjoy the fireworks extravaganza. Indian Hills Country Club, 4001 Clubland Drive, Marietta/East Cobb.

★ KENNESAW – JULY 3

Salute to America, a pre-Independence Day celebration, will feature high-energy, live music performances and family entertainment from 6-11pm. The "Night Fever" of the 1970s disco era will intersect with the "British Rock Invasion" of the 1960s when Stayin' Alive and The Jagged Stones take to the stage. A family entertainment stage located near Main Street will showcase local dancers and music acts. Fireworks will begin at 9:30pm. Free admission. Blankets, chairs and coolers allowed. Tables for 6 available for rent at \$75. Food and beverages for sale. No alcohol. Concert begins at 7:30pm at The Depot, 2828 Cherokee Street, Kennesaw. More info: 770-422-9714 or www.kennesawjuly3.com.



★ **MARIETTA – JULY 4**

Fourth in the Park celebration presented by Marietta Parks and Recreation. Parade starts 10am at Roswell Street Baptist Church, 774 Roswell Street SE, Marietta, and ends at North Marietta Parkway. Followed by concerts, museum tours, arts and crafts show, food, carnival games, and fireworks finale at 9:30pm in Glover Park/Marietta Square. More info: 770-794-5601 or www.mariettaga.gov.

★ **POWDER SPRINGS – JULY 4**

Independence Day Celebration featuring live entertainment by the Glow Band, children's activities, food and fireworks at dark. Celebrate from 4pm until 10pm. Historic Town Square, 4488 Pineview Drive, Powder Springs. More info: 770-943-1666 or www.cityofpowdersprings.org

★ **ROSWELL – JULY 4**

15th Annual Fireworks Extravaganza presented by City of Roswell. Live entertainment, children's carnival, and food. Bring picnics, lawn chairs and blankets. Band performances at 6pm and 7:30pm. Fireworks begin at dark. Roswell High School, 11595 King Road, Roswell. More info: 770-641-3705 or www.roswellgov.com.

★ **WOODSTOCK – JULY 4**

Freedom Fest begins at 10am with a parade starting at Old WalMart/Furniture Express on Hwy. 92, traveling north on Main Street through the Olde Town merchant district to Woodstock Elementary School. Food vendors, children's activities, musical entertainment, and crafts until 3pm at The Park at City Center, 101 Arnold Mill Road, downtown Woodstock. Fireworks begin at dusk behind the Target Shopping Center at Hwy 92 and I-575. More info: www.woodstockparksandrec.com.



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COMMUNITY CALENDAR

Free Mulch. Cobb EMC offers free mulch from the clearance maintenance of Cobb EMC power lines. It is available throughout the year and can be delivered when crews are in your area. More info: 678-355-3413.

EVERY SUNDAY

Kabbalah Café. A weekly journey into the fascinating mystical teachings of Judaism. Discover ancient knowledge that empowers and inspires personal growth and character development. 10am. Chabad of Cobb, 4450 Lower Roswell Road, Marietta. More info/to register: 770-565-4412 or www.chabadofcobb.com.

EVERY TUESDAY AND SATURDAY

Feeding Time at the Chattahoochee Nature Center. Join a naturalist for an in-depth look at one of their resident animals as they are being fed. 4pm. Admission: \$10/adults; \$7/seniors and students; \$6/children (ages 3-12); free/ages 2 and under. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or chattnaturecenter.org.

EVERY SATURDAY

Free Arts and Crafts at Lakeshore Learning Store. It's spring! Make a Learn-To-Count Ladybug, Father's Day Pencil Holder, My Summer Break Journal, and Summer-time Memories Picture Frame. 11am-3pm. Ages 3 and up. Lakeshore Learning Store, 4287 Roswell Road, Marietta. More info: 770-578-3100 or www.lakeshorelearning.com.

EVERY SATURDAY AND SUNDAY

Marietta Square Farmers Market featuring products that are grown and produced in Georgia, including produce, plants, honey, breads, and cheese. Saturday: 10am-1pm. Sunday: 12-3pm. Glover Park-Marietta Square. More info: jfulmer@churchstreetmarket.com or www.mariettasquarefarmersmarket.net.

Trail Hikes. A docent guides you on a journey through the Chattahoochee Nature Center trails using biofacts and activities to spark your "natural" curiosity. 1pm. Admission: \$10/adults; \$7/seniors and students; \$6/ages 3-12. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or chattnaturecenter.org.

JUNE 2-JULY 19

Roswell Summer Puppet Series. Nationally-renowned puppeteers bring all varieties of puppets and marionettes to the stage for a collection of whimsical and captivating performances. Monday-Saturday: 10am. Additional shows Wednesday and Friday: 1pm. Tickets: \$5/person or \$30/person for summer pass. Roswell Cultural Arts Center, 950 Forrest Street, Roswell. More info/tickets: 770-594-6232 or www.roswellpuppets.com.

JUNE 5 & 6

Book Sale and Curriculum Fair presented by Johnson Ferry Baptist Church Home School Group. Gently used and new items will be available for low prices. Fiction and non-fiction books for all ages from infant to adult. Curriculum including math, science, reading, grammar, vocabulary, foreign language, history, unit studies, Bible, geography, vocabulary, critical thinking, music, software, DVDs, CDs, art, desks, bookcases, educational toys, musical instruments and much more. Some items half price on Friday. Thursday: 3-8pm. Friday: 9am-1pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: jfbchomeschoolgroup@gmail.com.

JUNE 6

First Friday Concert Series. Atlanta's James Casto with Nashville's Craig Carothers and Don Henry. 8pm. Gates open at 6:30pm. Concert starts at 8pm. Admission: \$17. Tables for 2-8 available for rent: \$50-\$200. Bring some food and friends and enjoy a night of music. Chattahoochee Nature Center, 9130 Willeo Road, Roswell. More info/tickets: 678-570-7865 or www.homebydark.com.

JUNE 6, 14 & 22

Men of Motown features hits from the biggest and brightest of the Motown sound such as The Temptations, The Four Tops, Marvin Gaye, The Jackson 5, and many many more. Fridays: 8pm; Saturdays: 8pm; Sundays: 3pm. \$20/Individual; \$15/Seniors. Earl Smith Strand Theatre, 117 North Park Square, Marietta. More info/tickets: 770-293-0080 or www.earlsmithstrand.org.



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JUNE 7

Smyrna Summer Concert Series: The AJ Ghent Band an American band that spans the genres of southern rock, blues, soul and funk music – fusing together what they call “Southern Soul.” 7-10pm. Free. Village Green, 200 Village Green Circle, Smyrna. More info: 770-434-6600 or www.smyrnacity.com.

Summer Jazz Explosion featuring Chrisette Michele, Pieces of a Dream, Marion Meadows, and DJ B-Sharpe. Gates open at 5pm. Concert starts at 6pm. Tickets: Lawn \$25; No lawn chairs allowed. Tickets: Terrace SEATS: \$50-\$60. Mable House Barnes Amphitheatre, 5239 Floyd Road, Mableton. More info: 770-819-7765 or www.mablehouse.org.

JUNE 7-8

Annual Flying Colors Butterfly Festival. Dance with butterflies to live music. Create arts and crafts, face painting, and entomology exhibits. Buy butterfly host plants and ask garden experts how you can attract butterflies to your garden. Wear your butterfly wings and march in the parade. Bring your camera! Saturday: 10am-3pm. Sunday: 12-5pm. General Public: \$12. CNC Members: \$8. Ages 2 and under: free. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055, ext. 226, or www.chattnaturecenter.org.

JUNE 7 & JUNE 18-19

Defensive Driving/Driver Improvement Class presented by Safe America. If you are already driving but want to lower the cost of your car insurance or if you’ve gotten a traffic ticket and need to take a defensive driving class, this class is for you. 6-hour class taught by certified instructors. Registration needs to be done in person due to a state form requiring signature. June 7: 9am-3:30pm. June 18-19: 6-9pm. Court ordered/point reduction: \$75. Insurance rate reductions only: \$30. Safe America Foundation, 2480 Sandy Plains Road, Marietta. More info: 770-973-7233 or www.safeamericadrivers.org.

JUNE 8 & 13 and JULY 6, 12, 18 & 27

Jukebox Giants will transport any music lover on a trip back to the golden age of pop music, featuring everyone’s favorite hits from the 50’s, 60’s, 70’s and 80’s. Fridays: 8pm; Saturdays: 8pm; Sundays: 3pm. All ages. \$20/Individual; \$15/Seniors/Student/Military. The Earl Smith Strand Theatre, 117 North Park Square, Marietta. More info: 770-293-0080 or www.earlstrand.org.

JUNE 9

Trojans on the Links Golf Tournament benefitting the Lassiter football program. The 2014 Trojan Football Golf Tournament promises to be the most exciting ever with events and contests for golfers of all skill levels. Putting Contest, Closest to the Pin, Hole In One, Longest Drive, Silent Auction, and Raffle. Registration: 11:00am; Shotgun Start: 1pm. \$125/player; \$450/team. Sponsorships available. The Golf Club at Bradshaw Farm, 3030 Bradshaw Club Drive, Woodstock 30188. More info: 770-592-2222 or www.lassiterfootball.net.



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COMMUNITY CALENDAR

JUNE 9

Drivers Education presented by Marietta/Cobb Driver's Education. 30 hours of classroom instruction and 6 hours of individual training behind the wheel. This program meets the requirements for Joshua's Law and qualifies for the Teen Driver's Education insurance discount. 8am-4pm. \$375. Dodgen Middle School (1725 Bill Murdock Road, Marietta) or Kell High School (4770 Lee Waters Road, Marietta). More info: 770-429-3170 or www.mariettacobbdriverseducation.com.

JUNE 9-13, 16-20, 23-27, JUNE 30-JULY 5, JULY 7-11, 14-18, 21-25, JULY 28-AUGUST 1

Driver Education at Safe America. Licensed by the State of Georgia Department of Driver Services. 30 hours of classroom training, including the State required Alcohol and Drug Awareness (ADAP) training plus either 6 or 10 hours of private individual behind-the-wheel training with a licensed driver training instructor (individually scheduled in 2-hour increments within 6 months of classroom training completion). 9am-3:30pm. \$474/30 hours classroom + 6 hours behind wheel. \$574/30 hours classroom + 10 hours behind wheel. \$150/30 hours classroom only. Safe America Foundation, 2480 Sandy Plains Road, Marietta. More info/to register: 770-973-7233 or www.safeamerica.org.

JUNE 13

5th Annual Juneteenth Concert: Evening Under the Stars presented by Cobb NAACP and the City of Marietta. This is the oldest nationally celebrated commemoration of the end of slavery in the United States. Enjoy Jazz on the lawn of Glover Park. Bring your blanket or folding chairs. 6-11pm. This is an alcohol free and litter free event. Glover Park/Marietta Square, 50 Park Square Marietta 30060. More info: www.mariettaga.gov.

JUNE 13

Cobb Executive Women (CEW) Luncheon. Featured Speaker: Kim Bearden, Co-Founder, Executive Director and Language Arts Teacher of the Ron Clark Academy shares her success story. 11:15am. CEW Members: \$20 online; \$35 at door. Guests: \$30 online; \$45 at door. The Georgian Club, 100 Galleria Parkway, 17th Floor, Atlanta. More info: 770-980-2000 or www.cobbchamber.org.

JUNE 13-16, JUNE 19-22 & JUNE 26-29

SPAMALOT presented by Atlanta Lyric Theatre. Monty Python's SPAMALOT is the outrageous musical comedy lovingly ripped off from the film classic "Monty Python and the Holy Grail." Flying cows, killer rabbits, taunting Frenchmen, and show-stopping musical numbers. Thursday-Saturday: 8pm. Saturday, June 28: matinee at 2pm. Sunday: 2pm. \$27-\$52. Cobb Civic Center, Jennie T. Anderson Theatre, 548 S. Marietta Parkway, Marietta. More info/tickets: 404-377-9948 or www.atlantalyrictheatre.com.

JUNE 14

12th Annual Back to the Chattahoochee River Race & Festival presented by Chattahoochee River Keeper Paddlers of all ages and skill levels will take to the water at 9am at Garrard Landing Park on Holcomb Bridge Road at 9am. The race ends at Riverside Park (575 Riverside Road, Roswell) where the festival takes place from 10am-3pm. Enjoy live music, face painting, balloon artists and other family-friendly activities as well as vendors and environmental exhibits. More info: www.chattahoochee.org.

24th Annual Creeper's Car Show sponsored by Creeper's Car Club. Music, food, swap meet, vendors, door prizes. Proceeds benefit charities. 9am-4pm. \$5/person (children 12 and under free). Jim Miller Park, 2245 Callaway Road, Marietta. More info: Darwin Stanfield 404-697-6253 or www.creeperscarclub.com.



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JUNE 14

Dream Dash 5K benefiting the Kennesaw Dream Foundation and their Kennesaw Teen Center. Registration: 6-7:15am. Race start: 8am. \$25 in advance. \$35 race day. Kennesaw First Baptist Church, 2958 North Main Street, Kennesaw. More info/to register: www.dd5k.com or www.active.com.

Georgia Dachshund Races benefiting DREAM Dachshund Rescue. Bring your chair and relax. Raffles, food, races and contests for best costume, size and age, nose, and much more. Saturday: 12-5pm. Sunday: 1-5pm. \$5 admission. Jim Miller Park, 2245 Callaway Road, Marietta. More info: 770-934-2853.

Juneteenth Celebration on the Square. Juneteenth celebrates the date the last slaves in America were freed. Join the Cobb NAACP and City of Marietta for a day of family activities, ethnic foods, entertainment, vendors, music, history, and more. Free. 10am-7pm. Glover Park/Marietta Square, 50 Park Square Marietta 30060. More info: 770-425-5757 or www.marietta.gov.

Roswell Lavender Festival honors and commemorates the beauty and various uses of this ancient herb in a lively family-friendly festival setting featuring a variety of demonstration booths, vendors, crafts, and performances as well as educational booths and lavender plants for sale and musical performance by Ragamuffin Music. 10am-5pm. Free, rain or shine. Barrington Hall, 535 Barrington Drive, Roswell. More info: 770-640-3855 or www.southerntrilogy.com.



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JUNE 14 – 21 & JUNE 28 – JULY 5

The Flag Project was conceived by Kiwanis Past President David Miller in 1995 as a way to raise funds for the Marietta Kiwanis Scholarship fund. The flags are displayed by Marietta Kiwanians and their friends and family who place the flags around Cobb County on six nationally recognized holidays each year – Memorial Day, Flag Day, July 4th, Labor Day, September 11 and Veteran's Day. The proceeds from this project now fund Kiwanis Scholarships and other Club programs, projects, and grants of the Marietta Kiwanis Foundation. \$25/year/flag. More info: 770-432-1760, pathuey@comcast.net, or www.mariettkiwanis.org.

JUNE 14 & 28, JULY 12 & 26

Marietta Square Artists Market showcasing artwork created by juried artists showcasing the best of local work. 9am-2pm. Mill Street near Marietta Square. More info: www.artistsmarketmarietta.com

JUNE 18

Barrington Hall Lecture Series: Making the Myth of Doc Holliday, presented by Victoria Wilcox, author of *Gone West* (book two of Southern Son: the Saga of Doc Holliday). Question and answer period follows. 7-9:30pm. Doors open at 6:30. \$5/person. Limited space: reservations required. Barrington Hall, Barn Meeting Space, 535 Barrington Drive, Roswell. More info/reservations: 770-640-3855.

JUNE 20-21

Cobb Classic Rodeo. Bareback riding, bull riding, steer wrestling, tie down roping, team roping, barrel racing, trick riding and rodeo clowns! Proceeds go to Cobb County Sheriffs. 8-10pm. \$15/adults, \$12/children. Children under 5: free. Jim Miller Park, 2245 Callaway Road, Marietta. More info: 770-684-7277.

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COMMUNITY CALENDAR

JUNE 21

Art, Barks & Purrs. Featuring animal related crafts made by local arts and crafts vendors! Please bring a cat or dog food donation to help the community. FREE. 10am-3pm. Cobb County Animal Control Shelter, 1060 Al Bishop Drive, Marietta. More info: 770-499-4136 or www.cobbanimalcontrol.org.

JUNE 26-29

150th Battle Anniversary of the Battle of Kennesaw. Various events including artillery and infantry demonstrations and civilian and military life encampments. Free. 8:30am-5pm. Kennesaw Mountain National Battlefield Park, 900 Kennesaw Mountain Drive, Kennesaw. More info: 770-427-4686 or www.battleofkennesawmountain150.com

JUNE 27

Glover Park Concert Series: Ruperts Orchestra – Motown to Top 40. Bring a blanket and picnic dinner or dine in one of the many fine restaurants on the square and enjoy a free concert. Blankets and lawn chairs allowed after 4pm. Tables available for rent. Concert at 8pm. Marietta Square. More info: 770-794-5601 or www.mariettaga.gov.

JUNE 27-29

Frank Cox Gem & Jewelry Show & Sale. Gems, jewelry, beads and more. Free and open to the public. Friday: 1-5pm. Saturday-Sunday: 10am-5pm. Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info: 941-954-0202 or www.frankcoxproductions.com.

The LEGO KidsFest. This hands-on, educational, all-ages LEGO extravaganza features millions of LEGO bricks, not to mention lots of construction zones, dozens of life-sized LEGO models and displays, LEGO Friends, LEGO Chima, LEGO Star Wars, live LEGO Master Builders, and so much more covering three acres of space. Friday: 4- 8:30pm; Saturday & Sunday: Session I: 9am-1:30pm; Session II: 3 pm-7:30 pm. Each session offers the same exhibits and activities. Tickets: \$22/adult; \$20/child. Cobb Galleria Centre, Two Galleria Parkway Atlanta. More Info: 860-953-4500, ext. 144 or www.legokidsfest.com.

JUNE 27 & 29

The Roswell UMC Patriotic Celebration-Sounds of the Spirit Concert Series: Patriotic Celebration. The 130-voice Roswell United Methodist Church Sanctuary Choir and Atlanta Wind Symphony join forces to raise this inspiring musical tribute to our great nation. Free but ticket required for seating. Friday: 7:30pm. Sunday: 4pm. Roswell United Methodist Church, 814 Mimosa Boulevard, Roswell. More info: 770-594-0512.

JUNE 28

Open Hearth Cooking and Living History at Smith Plantation. Open hearth cooking expert, Clarissa Clifton, will demonstrate creating meals over the open flame on the historic grounds of Smith Plantation. Working in period dress, Clarissa prepares food from authentic slave recipes using traditional cooking methods. 10am-3pm. Free. Reservations required. Smith Plantation (Cook House), 935 Alpharetta Street, Roswell. More info/reservations: 770- 641-3978 or www.roswellgov.com

JUNE 28 & JULY 26

Saturday Night Fever. Let your hair down & boogie! Dance all night long to your favorite 70s & 80s Pop & Disco Hits. Proceeds benefit Global Goddess 4 Girls. 8pm-2am. \$10. Allure Studios, 2980 Cobb Parkway, Suite 104, Atlanta. More info: 678-744-4824 or info@globalgoddessesexp.com.

JULY 1

Make-do and Mend: Constructing, Repairing and Repurposing Clothes in the 19th Century. An exhibit at showcasing how clothes were made, repaired, and reused in the 19th century. Many pieces of the Smith's clothing will be on display highlighting different aspects of making clothes, mending them, and re-using them. 10am-3pm. \$8 Adults; \$7 Seniors; \$6 Children. Smith Plantation, 935 Alpharetta Street, Roswell. More info/reservations: 770- 641-3978 or www.roswellgov.com

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JULY 2 & 3

An American Celebration 2014 featuring the Johnson Ferry Choir and Orchestra. 7:30pm. Ice cream social following the concert in the Fellowship Hall. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-973-6561 or www.johnsonferry.org.

JULY 4

Cobb County Republican Picnic. 11:30am-3:30pm. \$15. Jim Miller Park, 2245 Callaway Road, Marietta. More info: 770-272-0458.

Fourth in the Park. The Marietta Freedom Parade will begin at 10am at Roswell Street Baptist Church and head towards the Square for the start of the Festival. Enjoy food, concerts at 12pm and 8pm, arts and crafts, and watch fireworks at dark. Marietta Square. More info: www.marietta.gov.

JULY 5

Roswell Riverside Sounds: BIG Something Band presented by the City of Roswell. North Carolina's BIG Something fuses elements of pop, rock and jazz. Winner of the 2010 Homegrown Music Network Album of the year with "Stories from the Middle of Nowhere" their current album "Big Something" has opened to critical acclaim. 7-9pm. Free. Riverside Park, 575 Riverside Road, Roswell. More info: 770-641-3705 or www.roswellriversidesounds.com.

JULY 5-6

Atlanta Food Festival. Enjoy a culinary experience! Taste and sample a variety of dishes from Metro Atlanta's very own restaurants, caterers, and food trucks. Arts & crafts booths. Kids can enjoy inflatables, rock climbing wall for an extra fee. 12-8pm. General Admission: \$14/Youth (14 yrs - 17 yrs); \$20/Adult (18 yrs & up); Food tickets additional fee. Jim Miller Park, 2245 Callaway Road, Marietta. More info: www.ATLFoodFest.com.

JULY 5-6

Locks of Love. Kids Kuts Salon will host their annual event to collect hair that is clean and dry and 8-10+ inches long. The hair is donated to Pantene Beautiful lengths and Locks of Love to provide wigs for children fighting cancer. Saturday: 9am-5pm; Sunday: 10am-7pm. \$25/adult; \$15/child. Kids Kuts Salon, 2323 Shallowford Road, Marietta. More info: 770-924-4950 or KidsKuts@comcast.net.

JULY 7-10

Terrell Mill Junior Open Championships. Junior USTA tennis tournament. Entry fee: \$25 singles; \$15 doubles per player. Tournament fee includes a \$3 (non-refundable) USTA service fee for online or website registration. Terrell Mill Park, 480 Terrell Mill Road, Marietta. More info: 770-644-2771.

JULY 11-12

Antique Gun & Military Collectibles Show & Sale. Friday: 12-5pm. Saturday: 9am-4pm. \$7/adults; \$1/ages 6-12. Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info: Richard Shields, 704-282-1339 or richard@thecarolinatrader.com.

JULY 12-13

Living History Event: The Federal Occupation of Roswell. Music of the period, demonstrations of the formal dancing of the 1860s and food vendors. The reenactment of the arrests will take place twice each day. 10am-4pm. Free. Barrington Hall, 535 Barrington Drive, Roswell. More info: 770-640-3855 or www.barringtonhall.net.

JULY 13

Concerts by the Springs: Grains of Sand Band presented by City of Sandy Springs. 7-8:30pm. Lawn opens at 5pm. Free. Heritage Green, 6110 Bluestone Road, Sandy Springs. More info: 404-851-9111, ext. 4 or www.heritagesandysprings.org/concerts-by-the-springs/.

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COMMUNITY CALENDAR

JULY 14

Cobb Chamber First Monday Breakfast. Featured Speaker: Eddie Capel, President and Chief Executive Officer, Manhattan Associates. Program: Leadership Cobb. 7:30am. General admission: \$60. Members: \$25 online (by noon, July 9); \$40 at door. Cobb Galleria Center, 2 Galleria Parkway, Atlanta. More info: 770-980-2000 or www.cobbchamber.org.

JULY 16

Summer J.A.M. The Coalition of Cobb County Business Associations and the Cobb Chamber partner for the annual Summer J.A.M. (Joint Association Meeting). This event promotes exposure and awareness of local business associations throughout the county. 5-8pm. \$10 online (register in advance by June 30); \$30 at the door. Cobb Civic Center, 548 South Marietta Parkway SE, Marietta. More info: 770-859-2341 or tdawson@cobbchamber.org.

JULY 18-27

Marietta Campmeeting's 177th Year of Praising God! Starts with a covered dish picnic at 6pm on Friday followed by the first service at 7:30pm. Services will be held twice daily (11am and 7:30pm) the remaining days ending with the 11AM Communion Service on Sunday, July 27. Guest pastors and speakers. Free and open to the public. 2301 Roswell Road, Marietta. More info: www.mariettacampmeeting.com.

JULY 19

Georgia Autoimmune Walk. Funds raised through the Autoimmune Walk will be used by American Autoimmune Related Disease Association (AARDA) to support critical research funding. Registration begins at 9am; Walk starts at 10am. Mud Creek Soccer Complex, 5600 Barrett Parkway, Marietta. More info: 855-239-2557 or autoimmunewalk@aarda.org.

Green Cleaning. Would you like to know how to make natural, earth-friendly products to safely clean your home? Join Cobb County Cooperative Extension staffers as they teach you how to safely and effectively clean using natural products to make your home healthier and more eco-friendly for you and your loved ones. Free, registration required. 3-4pm. Mountain View Regional Library 3320 Sandy Plains Road, Marietta/East Cobb. More info/Registration: 770-509-2725 or mountair@cobbcat.org.

JULY 19-20

2014 Peach State Summer Seiger, an International All Breed Canine Association (IABCA) dog show. 9am-5pm. Jim Miller Park, 2245 Callaway Road, Marietta. More info: 503-316-9860 or www.iabca.com.



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JULY 22

Still Life Drawing. Come for an introduction to basic drawing concepts using dry media, with a focus on beginning drawing techniques. Participants can bring whatever they would like to draw with, such as lead pencils, colored pencils, crayons, pastels, etc., along with their own sketch pad or drawing paper. (No paint, magic markers, or wet media, please.) Free, ages 13 through adult. 3:30pm. East Cobb Library, 4880 Lower Roswell Road, Marietta/East Cobb. More info: 770-509-2730 or domingum@cobbcat.org.

JULY 24-26

The 2014 Southeast Homeschool Expo. An expo devoted entirely to the display, sale and discussion of educational materials with entire exhibit hall displays of materials by the best Christian, secular and specialty publishers. New homeschoolers, classical homeschoolers, eclectic homeschoolers – everyone will find something for them at the 2014 Southeast Homeschool Expo. Thursday: 10am-4pm; Friday: 10am-9pm; Saturday: 10am-5pm. \$20 online; \$30 at the door. Cobb Galleria Centre, Two Galleria Parkway Atlanta. More Info: 770-594-1266 or www.southeasthomeschoolexpo.com.

JULY 25

Glover Park Evening Concert Series: The American Flyers – Party Band. Bring a blanket and picnic dinner or dine in one of the many fine restaurants on the Square and enjoy a free concert. Blankets and lawn chairs allowed after 4pm. Concert at 8pm. Tables available for rent. Marietta Square. More info: 770-794-5601 or www.mariettaga.gov.

JULY 26-27

38th Annual Collectible Glass Show and Sale presented by Peach State Depression Glass Club. Saturday: 10am-5pm. Sunday: 10am-4pm. \$8, cash only (good both days) or \$15 to include private early entry Saturday 8:30-10am. Nationally recognized dealers. Antique and vintage glass, pottery, Depression Era glass, kitchenware and dinnerware. Free seminars. Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info: 770-426-1458 or www.psdgc.com.

JULY 31

Ice Cream Social. Temple Kol Emeth is hosting a perspective member ice cream social, featuring activities for kids, tours of the temple and much more. 3pm. FREE. Temple Kol Emeth, 1415 Old Canton Road, Marietta. More info: 770-973-3533.

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AUGUST 1

First Friday Art Walk, a free, self-guided tour of historic Marietta Square's eclectic art scene. Art galleries, museums, cultural venues, restaurants and boutiques hosting artists within their businesses will display an Art Walk banner in their window. Maps available at each participating location and at the Marietta Welcome Center. 5-9pm, rain or shine. Historic Marietta Square. More info: www.artwalkmarietta.com.

AUGUST 2

Roswell Riverside Sounds: Sonia Leigh presented by the City of Roswell. 7-9pm. Free. Riverside Park, 575 Riverside Road, Roswell. More info: 770-641-3705 or www.roswellriversidesounds.com.

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East Cobb Primary Election Results

On Tuesday, May 20, East Cobb residents along with the rest of Georgian citizens participated in primary elections to vote for Republican and Democratic candidates for a variety of public offices. In Cobb County, 68,535—17.45%—out of a total of 392,761 registered voters exercised their right to vote. The following presents the vote tally for the local political offices.

Governor

	Total	
J. NATHAN DEAL (Incumbent)	428,982	72.15%
DAVID E. PENNINGTON III	99,291	16.70%
JOHN D. BARGE	66,308	11.15%

Georgia House of Representatives District 44

	Total	
DON PARSONS (Incumbent)	2,731	60.74%
STEVEN P. FELLOWS	1,765	39.26%

Solicitor General

	Total	
BARRY E. MORGAN (Incumbent)	26,999	61.80%
CINDI YEAGER	16,689	38.20%

Judge of Superior Court to replace Judge Bodiford

	Total	
ANN HARRIS	23,839	40.66%
JUANITA STEDMAN	18,334	31.59%
NATHAN J. WADE	16,021	27.57%

Cobb County Commissioner District 3

	Total	
JOANN K. BIRELL (Incumbent)	8,528	62.65%
MICHAEL OPITZ	2,929	21.52%
JOSEPH POND	2,156	15.84%

Cobb County School Board Post 4 to replace Kathy Angelucci

	Total	
DAVID CHASTAIN	3,953	66.25%
BILL SCOTT	2,014	33.75%

Schools located in Post 4 are: Kell HS, Sprayberry HS, Daniell MS, McCleskey MS, Palmer MS, Addison ES, Bells Ferry ES, Big Shanty ES, Blackwell ES, Chalker ES, Keheley ES, Kincaid ES, Nicholson ES, Pitner ES, and Rocky Mount ES.

Cobb County School Board Post 6

	Total	
SCOTT SWEENEY (Incumbent)	3,350	51.65%
KEVIN R. NICHOLAS	3,136	48.35%

Schools located in Post 6 are: Walton HS, Wheeler HS; Dickerson MS, Dodgen MS, East Cobb MS; Argyle ES, Brumby ES, Mount Bethel ES, Sope Creek ES, Teasley ES, and Timber Ridge ES



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Submitted by Addie McMillian



Animal/Breed: Domestic Shorthair

Age and Gender: 5 months, female

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Favorite Person: Addie

Best Trick: Opening closed doors

Turn Ons: The smell of tuna

Turn Offs: Car rides

Favorite Toy: Catnip stuffed mouse

Last Seen: Chowling down

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Animal/Breed: _____

Age & Gender: _____

Favorite Food: _____

Favorite Person: _____

Best Trick: _____

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Favorite Toy: _____

Last Seen: _____

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Basset Hound Rescue of Georgia Helps Bassets Find Loving Homes

By Tali Schroeder



Basset Hound Rescue of Georgia (BHRG) is a non-profit organization that was started in 1991 for "the love of the breed." BHRG's mission is to save abused and abandoned basset hounds. Since its beginning, BHRG has rescued over 2,800 animals and relocated them to loving homes. A volunteer effort, the organization relies on private donations and fundraising efforts. BHRG holds two fundraising events per year, the "Basset Bash" in the fall and a "Spring Fling" in March. The 2013 Woof-n-Roll Basset Bash included live music, games, and the crowning of the King and Queen of the Bash. The event also raised over \$21,000 in funds to care for rescued dogs. The eighth annual Spring Fling included a lavish dinner auction.

BHRG does not own a facility or kennel, so rescued dogs are placed in foster homes or boarded until permanent homes can be found. In addition to paying boarding fees, if no foster homes are available, the organization also pays for veterinary care. Currently, 33 basset hounds are available for adoption, including Oliver, a 2-year old hound that "loves to play, play, play," and Delia, a 5-year old dog that likes "helping putting on and taking off shoes." The group notes that placing bassets in caring homes "makes it all worth it!"

To get involved with Basset Hound Rescue of America, visit their website at bhr.org or call 770-499-1164. BHRG encourages volunteering, adopting or fostering a basset hound, or purchasing BHRG merchandise. The organization also accepts monetary donations as well as gifts of food, leashes, baby gates, beds, bowls and crates. 🐾

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Restaurant Roundup

By Tricia Morris

Since 1993, EAST COBBER magazine's mission has been to promote local East Cobb County businesses. With East Cobb filling up with talented chefs and must-try dishes, we are dedicating more space in our Dining Guide section to spotlight the increasing dining options for our community. So, Eat Out and Eat Up, East Cobb! Here's the latest restaurant round-up.



BRANTLEY SMITH, GM

It seems East Cobbers are continually in search for a good restaurant. Well look no further.

Chequers Seafood

+ Steaks opened its doors—in the old Houlihan's location—to much anticipation in early May. The original Chequers opened in 1983 in Dunwoody near Perimeter Mall. Serving the area's freshest ocean fare, prime steaks and handcrafted cocktails, the restaurant, helmed by Executive Chef James

Dennerline has maintained such menu favorites as Char-Crusted Ahi Tuna, USDA PRIME Bone-in Ribeye as well as creating some new entrees. "We looked at various location opportunities and after months of searching, we finally discovered the perfect spot in East Cobb," said Brantley Smith, Managing Partner of Chequers Seafood + Steak. "Fortunately, the crowd who frequents our Dunwoody location has decided to come with us. In fact, many of them live in the East Cobb area."

Chequers, 1406 Johnson Ferry Rd. 30068 www.chequersseafood.com

Common Quarter recently created a Kids Menu to offer parents a delicious and healthy dining option for their children. For \$3 your junior diners can choose from a list of entrees that include: hand breaded chicken fingers; hamburger or cheeseburger; mac-n-cheese; spaghetti; grilled cheese and hot dog. Kids can also get a side of either sliced apples, steamed broccoli, carrots and celery sticks, fries, corn on the cob or steamed green beans. And to sweeten the deal, a scoop of vanilla ice cream with or without chocolate sauce is included.

Common Quarter, 1205 Johnson Ferry Rd. 30068 678-809-4040 commonquarter.com



With over 25 years in the pizza business, Atlanta brothers Dave and Rich DeSantos will be opening their fifth **Peace, Love and Pizza (PLP)** restaurant on East Piedmont in the Publix Shopping Center in mid-June. The brothers originally started out in East Cobb in 1996 with All Star Pizza and More. In 2008, the business was sold but there was a no compete clause and that required them to open their Peace, Love and Pizza in Kennesaw. Other partners are Joe and David Ardagna (Joe is an original founder of Taco Mac). All PLP locations are decorated with one-of-a-kind handmade art. The theme for this East Piedmont location will be "Easy Rider". There will be indoor seating for 50 and additional 12 on the café tables on the sidewalk.

Peace, Love and Pizza, 1050 East Piedmont, 30062 peaceloveandpizza.com



JOHN LEFKADITIS, OWNER

Going strong now at 26 years, **La Strada** has proven to be a staple in the East Cobb restaurant scene. Owner, John Lefkaditis, is doing something right. Lefkaditis was previously the general manager at 103 West and had been good friends with the original owner who he purchased it from 12 ½

years ago. "Consistency is why our customers keep coming back", said Lefkaditis. "And people come for our seafood and specials." Located in the unmistakable pink building off Johnson Ferry Road, the casual family Italian restaurant serves such classic Italian cuisine as Eggplant Parmigiana, Risotto Primavera and Spaghetti Bolognese.

La Strada, 2930 Johnson Ferry Rd, 30062 770-640-7008 www.lastradainc.com

The **Taste of East Cobb** on Saturday, May 3, was a huge success. The weather was perfect and the food even better. Sponsored by Walton band, Taste patrons were encouraged to vote for the "best". And the winners are . . . Best Taste: **Seed**; Best Value: **Zeal**; Best Dessert: **Gigi's Cupcakes**; Friendliest: **Common Quarter**; Most Likely to Visit: **Seed**; and, Best Sales: **Georgia Rib Company**.

~~~~~  
Crowds packed the Marietta Square Sunday, April 27, to sample their favorite foods from more than 70 restaurants at the 14th annual **Taste of Marietta**. Several East Cobb restaurants participated, including: **Cold Stone Creamery**, **Grand Champion BBQ**, **Hoof & Ale**, **Keegan's**, **Minas Grill**, **Quiznos at Sprayberry**, **Red Sky Tapas**, **Sam's BBQ 1**, **Seed**, and **Williamson Brothers BBQ**. And some of these East Cobb restaurants walked away with some awards. They are, as follows: Finger Lickin' Good: **Grand Champion BBQ's** Baby Back Ribs; Most Unique: **Keegan's Irish Pub**- **EAST COBB's** Irish Spring Rolls; Blazin' BBQ: **Grand Champion BBQ's** Pulled Pork; and, for the overall TASTIEST TASTE: **Keegan's Public House's** Irish Spring Rolls! Congrats to these East Cobb restaurants for putting East Cobb on the map for outstanding cuisine.



**California Pizza Kitchen** has added some new menu items that are sure to become summer favorites. Three additions to the "small plate" menu include three new flatbreads that are the

Bianco (whipped truffle cream, Gorgonzola, Mozzarella and sage); the Shaved Mushroom and Spinach (Cremini mushrooms, sautéed spinach, and olive oil with romano and parmesan); and the Spicy Fennel Sausage and Poblano (sausage, mozzarella, roasted chiles, Greek oregano and spicy marinara). Nothing tastes like summer like CPK's California Fields Salad. It's a perfect light meal for lunch or dinner on a hot day. It's made with fresh fruit of watermelon and strawberries mixed into field greens with a house made vinaigrette, Feta and pistachios.

*California Pizza Kitchen, 4250 Roswell Rd, 30068 770-971-7950 cpk.com.*



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## East Cobber Creates Quad Cooker



▲ Ray Palermo

After a career in the restaurant and construction businesses, Ray Palermo, of East Cobb, was tired of using grills that couldn't get up to the high temperatures he was used to from the restaurant industry. As a home cook and entertainer, he experimented with many different grill configurations including a La Caja grill and many others until he came up with the Quad Cooker, a four surface interchangeable grill that cooks restaurant quality dishes.

With 25 years in the restaurant industry and a background in construction, Ray Palermo was the perfect person to create the Quad Cooker. The Quad Cooker brings together his passion for cooking with fire and bringing family and friends together over good food.

The Quad Cooker, a 4-in-1 grill is an outdoor cook's dream. It cooks pizzas, steaks, paella and much more. As the name suggests, it has cooking parts: Grill, Pizza Stone, Paella Pan and Wok.

One of the problems most grillers will tell you is that they can't achieve the temperature that they would like to on their typical grill. Most of them will top out at about 500 – 550 degrees. To achieve truly great tasting, restaurant quality food like steaks, you need a grill that reaches temperatures of 900+ degrees. "I wanted to produce a product that would allow me to cook restaurant quality food, but wouldn't cost a fortune. And that's just what the Quad Cooker does," says founder Ray Palermo.

The Quad Cooker is a naturally fired home cooker that lets you achieve professional temperatures of 900°F+ at an affordable price, and is outfitted with attachments for wok frying, oven baking, a reinvented grill top for grilling, and paella pan/flat-bottom griddle for paella.

For more information about Ray's new product, visit [www.quadcooker.com](http://www.quadcooker.com).



## Restaurant Health Inspections

The following are the results of inspections done by the Environmental Health Division of the Cobb County Health Department.

Grading scale: A=100-90, B=89-80, C=79-70, U=69 or less. A grade of New is for new restaurants or in case of a change of ownership.

| Restaurant                                                                                    | Current Grade |
|-----------------------------------------------------------------------------------------------|---------------|
| <b>120 Tavern &amp; Music Hall The</b><br>1440 Roswell Road<br>Marietta, GA 30062             | 80 <b>B</b>   |
| <b>Abbey Road Bar &amp; Grill</b><br>2940 Johnson Ferry Road, Suite C<br>Marietta 30062       | 95 <b>A</b>   |
| <b>Chick-Fil-A @ Sprayberry Square</b><br>2530 Sandy Plains Road<br>Marietta 30066            | 85 <b>B</b>   |
| <b>Chicken Salad Chick</b><br>4101 Roswell Road, Suite 811<br>Marietta 30068                  | 100 <b>A</b>  |
| <b>China Wok</b><br>2555 Delk Road, Suite A11<br>Marietta 30067                               | 86 <b>B</b>   |
| <b>Common Quarter</b><br>1205 Johnson Ferry Road, Suite 101<br>Marietta 30068                 | 96 <b>A</b>   |
| <b>Goldbergs Bagel Co. &amp; Deli</b><br>1062 Johnson Ferry Road<br>Marietta 30068            | 96 <b>A</b>   |
| <b>Hoof &amp; Ale</b><br>2100 Roswell Road, Suite 2198,<br>Marietta 30068                     | 95 <b>A</b>   |
| <b>Johnny's New York Style Pizza</b><br>4880 Lower Roswell Road, Suite 155<br>Marietta 30068  | 100 <b>A</b>  |
| <b>Longhorn Steakhouse of East Cobb #5002</b><br>4721 Lower Roswell Road<br>Marietta 30068    | 94 <b>A</b>   |
| <b>Marlow's Tavern</b><br>1311 Johnson Ferry Road, Suite 210<br>Marietta 30068                | 96 <b>A</b>   |
| <b>Mirko Pasta</b><br>1281 Johnson Ferry Road, Suite 120,<br>Marietta 30068                   | 95 <b>A</b>   |
| <b>Panda Express #1135</b><br>4275 Roswell Road<br>Marietta 30062                             | 100 <b>A</b>  |
| <b>Rosa's Pizza</b><br>3605 Sandy Plains Road, Suite 110<br>Marietta 30066                    | 97 <b>A</b>   |
| <b>Ted's Montana Grill</b><br>640 Johnson Ferry Road, Suite 150<br>Marietta 30068             | 97 <b>A</b>   |
| <b>Vespucci's Pizza &amp; Pasta Tavern</b><br>4805 Canton Road, Suite 100<br>Marietta 30066   | 100 <b>A</b>  |
| <b>Which Wich Superior Sandwiches</b><br>1401 Johnson Ferry Road, Suite 310<br>Marietta 30062 | 100 <b>A</b>  |
| <b>Zoe's Kitchen East Cobb</b><br>4400 Roswell Road<br>Marietta 30062                         | 98 <b>A</b>   |



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# Taste of East Cobb

Taste of East Cobb, also known as known as “the most delicious Saturday of the year”, was held on Saturday , May 3. Thousands enjoyed a fun-filled day featuring a delicious variety of tastings from local restaurants, great entertainment from Walton High School’s Jazz Bands and giant inflatables as well as a silent auction. Sponsored by the Walton High School Band, the event raised money for its program.



Susan Corley and Tony Consolo





## Kids Can Eat Free in East Cobb

Dining out on a budget? These restaurants will feed your kids for free if you order something for yourself. Sometimes, families have to forego the luxury of eating out just because it becomes too much for the family budget. Here are some restaurants that are “kid friendly” and offer free meals for the kids. Be sure and double check with the restaurant before you go to make sure they haven’t changed their policy. If you know of any other specials, or you find that one of these specials has been discontinued, please let us know at [foodie@eastcobb.com](mailto:foodie@eastcobb.com). The following is a list of restaurants offering “Kids Eat Free” deals.

### EVERY DAY

**IHOP**, 3130 Johnson Ferry Rd., Marietta, GA 30062,  
770-640-1731, [www.ihop.com](http://www.ihop.com) after 4 pm (with adult purchase)

### MONDAY

**Baked**, 1111 Johnson Ferry Rd., Marietta, GA 30068,  
770- 612-2533, [www.bakeithappen.com](http://www.bakeithappen.com)  
(with adult purchase)

**Suburban Tap**, 1318 Johnson Ferry Rd., Marietta, GA 30068,  
770-977-4467, [www.suburbantap.com](http://www.suburbantap.com) 6:30 pm  
(with adult purchase)

**Tijuana Joe’s**, 690 Johnson Ferry Rd. Marietta, GA 30068,  
770- 321-1233, [www.tijuanajoes.com](http://www.tijuanajoes.com) (with adult purchase)

### MONDAY AND TUESDAY

**Broadway Diner**, 1333 Johnson Ferry Rd., Marietta, Georgia  
30068, 770- 977-3337, [www.thebroadwaydiner.com](http://www.thebroadwaydiner.com)  
(with adult purchase) 5-10 pm

### TUESDAY

**Zaxby’s**, 3030 Johnson Ferry Rd, Marietta, GA, US, 30062,  
770- 642-9100, [www.zaxbys.com](http://www.zaxbys.com) (with adult purchase) 5-8 pm

### WEDNESDAY

**Paradise Grille**, 3605 Sandy Plains Rd., Marietta, GA 30066,  
770-579-6226, [www.paradisegrillemarietta.com](http://www.paradisegrillemarietta.com)  
(with adult purchase)


**Mirko Pasta**, 1281 Johnson Ferry Rd., Marietta, GA 30068,  
770-977-3030, [www.mirkopasta.com](http://www.mirkopasta.com) (with adult purchase)

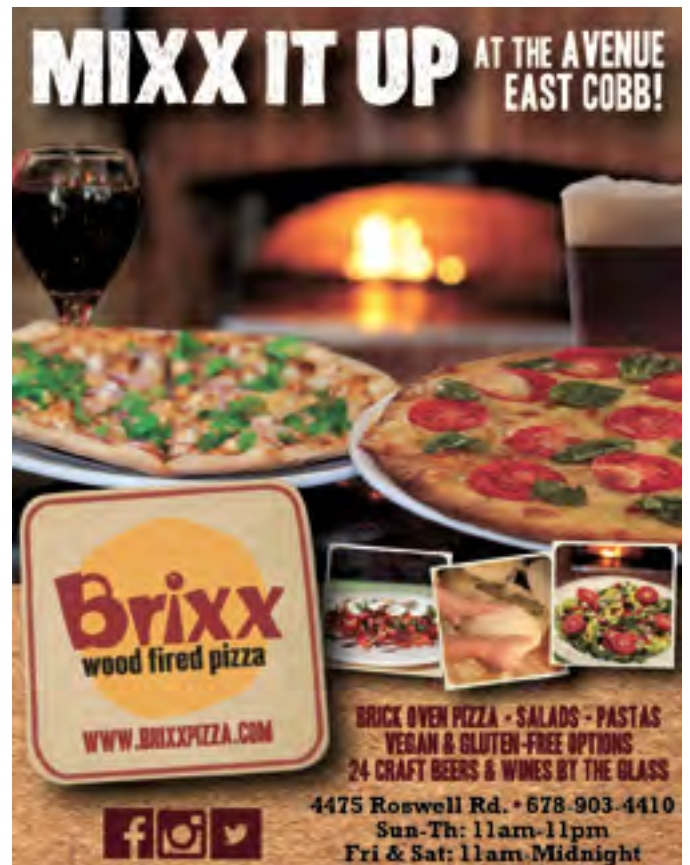
### SATURDAY

**Moe’s**, 688 Johnson Ferry Rd., Marietta, GA 30068,  
678-560-4666 [www.moes.com](http://www.moes.com) (with adult purchase)  
after 2 pm

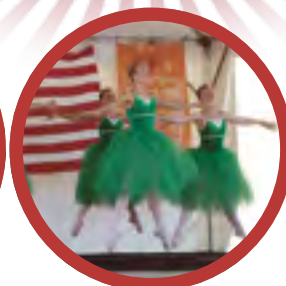
### SUNDAY

**Red Sky Tapas**, 1255 Johnson Ferry Rd., Marietta, GA 30068,  
770-973-0100, [www.redskytapas.com](http://www.redskytapas.com) (with adult purchase)

**Jersey Mike’s Subs**, 2960 Shallowford Rd., Marietta, Georgia  
30066, 770-578-3973, and 4400 Roswell Rd., Marietta, GA  
30062, 770-321-3998, [www.jerseymikes.com](http://www.jerseymikes.com) (with regular  
sub purchase). 



# EAST COBBER Parade Marches On for 19th Year



The 19th annual EAST COBBER Parade & Festival is scheduled for Saturday, September 13. The day's festivities will be kicked off by the EAST COBBER Parade at 10am. The annual parade aims to build a sense of community and reinforce East Cobb County's status as one of the best places to live in the metro Atlanta area. Floats, high school marching bands and a cornucopia of East Cobb groups will march down the one-mile parade route. Starting at 10am, the parade participants will march from Mount Bethel Elementary School's parking lot, travel south on Johnson Ferry Road, and then turn into the Fountains of Olde Towne shopping center.

Immediately following the EAST COBBER Parade, at approximately 11am, the EAST COBBER Festival will be held in the Fountains of Olde Towne shopping center (736 Johnson Ferry Road) parking lot. The Festival offers East Cobb County residents an opportunity to come together and enjoy an afternoon of local entertainment, carnival games and

good food. Booths will be set up to showcase everything from jewelry to local schools to books. East Cobb kids will have plenty to do at the EAST COBBER Festival from getting their face painted to taking a chance at a carnival game to hopping in a moonwalk.

Festival goers will also be treated to food from East Cobb restaurants and civic clubs.

Many thanks to this year's sponsors: Equitable Management Corporation/Fountains of Olde Towne, WellStar, and the EAST COBBER. Thanks to their generosity this special event has become a popular pastime for East Cobb residents.

Come be a part of this very special, old-fashioned celebration – the 19th annual EAST COBBER Parade and Festival. Good food, vendors and entertainment make it a great event for the whole family. If you are interested in marching in the Parade, renting a booth or performing on the Festival stage, call the EAST COBBER at 770-640-7070 or visit [www.eastcobb.com/parade](http://www.eastcobb.com/parade).



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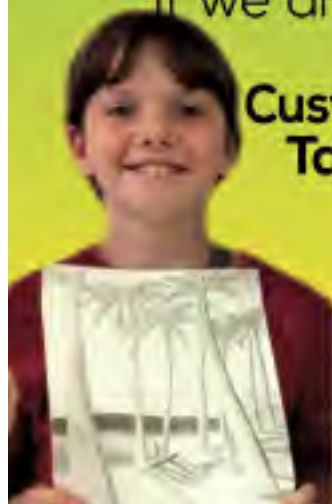
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# Iron Tribe Fitness Opens in East Cobb



▲ Andy Berman (Manager), Samantha Smith (Coach), Brian Smith (Coach)

On June 2, local resident Andy Berman opened an Iron Tribe Fitness facility in East Cobb. The fitness facility is unique in that they only offer small classes (maximum 20 participants per class), and they really focus on individual and group success.

The tribe concept was created by a founder who couldn't find the small group camaraderie he was looking for in a large gym. He wanted to work out with a tribe of athletes versus a gym. He started the first Iron Tribe Fitness in his own garage, and the franchise has exploded since then. The organization's goal is to build a tribe of people, athletes, coaches and owners who are brought together to change lives for the better while having fun, learning and getting results.

The classes focus on strength training, cardio and gymnastics (body weight movements). Coaches will be on site all day to teach the classes and to work with participants. They want to help members get a powerful workout in a short amount of time, so all classes are 45 minutes long.

There will be open gym hours, but it will be programmed so the coaches can provide guidance and support.

All participants begin with an Intro 101 class to learn the movements and proper nutrition. There are different types of monthly memberships, and members use an app (filled with great recipes), to sign up for classes and view and track workouts. The owners don't want this to be a gym that you sign up for and never work out. They keep the membership small and check in with members on their progress so no one gets lost in the shuffle. In fact, they limit membership to 300 participants. This ensures a close-knit community and quality control unsurpassed in the fitness industry.

Iron Tribe Fitness has a national mission to help members embrace a healthy lifestyle, as well as focus on results. However, the organization also makes a point to give back. They host events like Workout for Water that provides clean water to countries where it's needed and Workout for Warriors that raises hundreds of thousands of dollars for troops who are being reintegrated into society when they return from service. Andy plans to continue this mission with the East Cobb franchise and can't wait until he is able to lead these efforts.

Andy lives in East Cobb with his wife, Elizabeth and two children. He has a passion for physical fitness and extensive experience in gym management, as well as personal training. "My team and I are so excited to start changing lives in the East Cobb area and begin to share all the testimonials of our athletes who have been impacted and positively changed," says Andy.

Eventually, Iron Tribe Fitness will offer kid-focused and female only classes, but for now classes are open to any interested member. "We have something for everyone here— young, older, busy professionals, working parents, fitness gurus and those just starting their wellness journey," says Andy. "We don't want anyone to be intimidated when they walk through our doors."

The location is impressive because the facility is brand new and includes cool and unique equipment like pull up bars, rowing machines, free weights, kettle bells and medicine balls. Located at 4719 Lower Roswell Road, Marietta, Ga., 30068 (near Ritter's), they offer classes from 5:45 a.m. to 7 p.m. Contact them today at 770-971-7797 or visit [irontribefitness.com](http://irontribefitness.com) to learn more.

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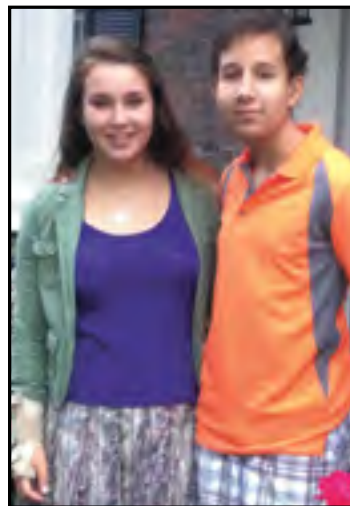
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## Lassiter HS Student Seeks Submissions for Her Book, "A Sibling with Cancer"



▲ Allison Fine with her brother, Marshall

Allison Fine, a 14-year-old and a rising freshman at Lassiter High School is a sibling of a cancer patient. She is working on her Gold Award, the equivalent to the Eagle Scout Award, for Girl Scouts. For Allison's project she wants to produce a book of stories from teen siblings of kids with cancer or other life threatening diseases. This book would be similar to the Chicken Soup for the Soul series.

Allison has chosen this as her project because her older brother, Marshall, was diagnosed with a brain tumor when he was a toddler. Although she doesn't remember much of that time, her family still deals with the effects it had on his brain every day. He also underwent surgery last March to have a tumor in his jaw removed. Although it was successfully removed, going through everything a second time was very difficult. She wants to create a way for siblings of newly diagnosed kids to learn to cope with this difficult time.

Allison would also like to help parents understand ways to make their healthy children still feel included and understand what the healthy child is feeling. So, she would like to collect stories from tweens and teens like herself who know what it is like to go through all of this. She is asking for stories to be written and submitted to her via email, which will then be published into a book. She hopes to distribute the book to healthy teenage siblings of newly diagnosed patients. Allison would like to have the stories by July 1 so she can begin to put the book together. I have created a Facebook page for my project called Sibling-StoryProject. If you have any questions or would like to submit a story, email [siblingstoryproject@gmail.com](mailto:siblingstoryproject@gmail.com). 📧

### REPRODUCTIVE SPECIALISTS

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1100 Johnson Ferry Road NE, Suite 200 • Atlanta 30342  
 404-459-3472 • [www.rba-online.com](http://www.rba-online.com)  
 Mon-Fri: 7am-4pm

Reproductive Biology Associates have been leaders in IVF in Georgia since 1983. RBA was Georgia's first IVF program and is responsible for Georgia's first IVF birth. Based in Atlanta, RBA is a full service female and male fertility clinic with satellite offices in Buckhead, Cumming, Fayetteville, Lawrenceville, and Marietta, Georgia.

### TENNIS & FITNESS

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# IF YOU DON'T SEE HOPE & WILL, IT'S NOT CHILDREN'S RADIOLOGY.



CHILDREN'S RADIOLOGY AT TOWN CENTER – 625 BIG SHANTY ROAD NW, KENNESAW

## Summer Safety Tips

Children's Healthcare of Atlanta has released its 2014 Summer Safety Tips, which focuses on five aspects of summer safety that parents and children can practice to ensure a safe and healthy summer. The list includes helpful advice to promote water, travel & play, sun & skin, heat and fireworks safety.

"Unintentional injuries are the leading cause of death in children age 14 and under," said James Fortenberry, M.D., Pediatrician-in-Chief, Children's Healthcare of Atlanta. "Summer is an exciting time for kids. With that excitement comes an added responsibility for parents and children to educate themselves on what they can do to ensure a safe and healthy summer."

Children's has created a special section of their website dedicated to summer safety awareness. Parents can visit [choa.org/summersafety](http://choa.org/summersafety) to educate themselves and their children on ways to have a safe and healthy summer. The tips include:

- **Water Safety** – Drowning is the second leading cause of unintentional death of children age 14 and under. Practicing water safety including boat, pool, swimming, life jacket and general water safety can help prevent this.

- **Play & Travel Safety** – The summer season brings more time outside and on the road. Keep your family safe by practicing safe play and travel tips like following road rules on a bike or properly buckling your children while in the car.
- **Sun & Skin Safety** – Melanoma, the most dangerous form of skin cancer that can spread rapidly to different parts of the body, accounts for up to three percent of pediatric cancer. Protect your kids by taking measures to prevent sunburn, and by understanding the potentially permanent effects of excessive sun exposure.
- **Heat Safety** – Each year, young athletes and children die from heat-related illness, which is completely preventable. Know the signs of heat illness, keep kids hydrated while playing outside, and understand how to protect babies and young children from the heat.
- **Fireworks Safety** – When it comes to fireworks safety, stick to the professionals and keep kids away. Doing so can prevent burns, the most common fireworks injury.

"We see an increase in emergency department visits during the summer months due to unintentional injuries that can be prevented by taking a few extra safety precautions," said Dr. Fortenberry. "Summer should be a fun and active time for families, not spent in the hospital." 📺



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[www.dogdayrun.com](http://www.dogdayrun.com) or [www.eastcobbrotary.com](http://www.eastcobbrotary.com)

It's not too late to add your company to the 2014 Dog Days Run sponsor list.

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School Mates Literacy Project

American Cancer Society

Camp Kudzu for Juvenile Diabetes

Camp Hope

Boy Scouts of America

Canine Assistance

The Center for Family Resources

Brain Tumor Foundation

WellStar Community Hospice

Chattahoochee Technical College

Rally Foundation



**NEW THIS YEAR!! - Crutches 4 Africa**

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## Registration

\$25 pre-registration

\$30 race day

\$30 "phantom" runner

If you are unable to run but want to support this event, please register as a "phantom runner". A t-shirt will be mailed to you after the race.

## Start/Finish

Mt. Bethel United Methodist Church parking lot

## General Parking

Mt. Bethel United Methodist Church  
4385 Lower Roswell Rd., Marietta, GA 30068



## Convenient Registration

Register at: [www.active.com](http://www.active.com) or in person at Big Peach Running Co., 1062 Johnson Ferry Rd., Marietta GA 30068

Phone: (770) 579-0444. Mail in using the form below

(entries must be received by August 5, 2014; race day registration

## Starting Times

5K Road Race starts at 7:30 a.m.

1 mile Fun Run starts at 7:45 a.m.

Tot Trot starts at 8:00 a.m.

Awards at 9:00 a.m.

## Contact Information:

Des Yawn - (404) 401-6502

Randy Nixon - (678) 352-8800

more info at [www.eastcobbrotary.com](http://www.eastcobbrotary.com)

DOG DAYS RUN 5K  
OFFICIAL ENTRY FORM

Send check & entries to: Rotary Club of East Cobb, PO Box 72081 Marietta, GA 30007-2081

Name (please print clearly) \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Gender M / F Age as of August 9, 2014 \_\_\_\_\_

E-Mail (for reminders & updates) \_\_\_\_\_

Circle shirt size: small medium large x-large

(cash, check or money order must accompany all entries) Amount Enclosed: \_\_\_\_\_

Liability Waiver

In partial consideration of the Rotary Club of East Cobb accepting my entry as a participant in Dog Days Run on August 9, 2014, the sufficiency of which is acknowledged by all parties, I am hereby waiving, or giving up, any right I may have to assert a claim, action, suit, seek damages, or otherwise be compensated in any manner for any cause of action or injury, to me, or to any person or persons or property, or any animal whatsoever for any reason or cause arising from my affiliation with, or participation in, the Dog Days Run event.

I expressly understand the by participating in a running or walking event such as this could lead to short or long term injury or more serious consequences, and I affirmatively release from liability all persons, officers, directors, members, sponsors and affiliates of The Rotary Club of East Cobb for any such claim, injury, loss, or could otherwise occur.

Participant Signature \_\_\_\_\_

Parent or Guardian Signature if I am not 18 years old \_\_\_\_\_

For Rotary Club Use Only \_\_\_\_\_

## East Cobb Senior Center Activities Scheduled for June & July

All Cobb residents age 55+ are invited to participate in activities at various senior centers throughout Cobb. The following is a listing of activities scheduled at the East Cobb Senior Center located at 3332 Sandy Plains Road, Marietta 30066. Call the East Cobb Senior Center at 770-509-4900 for reservations and/or more details.

### Jeopardy! America's Favorite Quiz Show

Friday, June 6 | 1 – 3pm.

Free; Registration required

5 teams will be put together to play Jeopardy, Double Jeopardy and Final Jeopardy. Topics: Entertainment, Medicare, Health & Wellness and Back in Time -- just to name a few. Join us for the fun, snacks and prizes. If you don't want to play, join the audience! Sponsored by Cigna.

### Ice Cream and a Movie: *The Book Thief*

June 9 | 1 – 4pm.

\$4 Cobb residents; \$5 Non-residents

Skillfully pared down from Markus Zusak's celebrated novel, *The Book Thief* presents a glimpse of Nazi Germany and the war from the uniquely innocent view of an adolescent girl, Liesel. Come enjoy an amazing movie, ice cream and popcorn.



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### Dehydration Risk Factors

June 10 | 11am – 12pm

Free; Registration required.

Anyone can get dehydrated; but certain people have a greater risk. Dehydration is a serious problem which may lead to confusion and illness. Join this educational seminar to learn more about risk factors and how to prevent and manage dehydration. Speakers: Kim Wood, RN from Gentiva Hospice and Irene Oshiyoye, RN from Medic – One, LLC a mobile physician.

### Summer Cookout

June 13 | 11:30am – 1:30pm.

\$5 Cobb residents; \$6 Non-residents

It's summertime! This means it is cookout season. Come for burgers and hotdogs with all the trimmings. Entertainment and fun in the sun!

### Dine-a-Round: Zeal

June 19 | 11:30am – 1pm

Separate checks; Reservation required for limited seating. Everyone meets at the restaurant, Zeal, 1255 Johnson Ferry Road.

### Skin Health Screening

June 27 | 10am – 2:30pm

Free; Registration required

A regular skin screening is important for the prevention and early detection of skin cancer. Come to the free skin health screening provided by Skin Cancer Specialists, P.C. This screening will help you to lead a healthier and cancer free life. To schedule a 10 minute appointment call the East Cobb Senior Center at 770-509-4900.

### Cardiovascular Exercise and Health

July 8 | 11am-12pm

Free; Registration required.

Physical activity is essential to healthy aging. Studies have shown that exercise provides many health benefits and that older adults can gain a lot by staying physically active. Even moderate exercise and physical activity can improve the health of people who are frail or who have diseases that accompany aging. A fun seminar provided by PT Solutions. Laura Beth Brown will show you how exercise can help you improve your quality of life and help you age gracefully.

### Dine-a-Round: Chicken Salad Chick

July 9 | 11am – 1pm

Separate checks; Registration required. Everyone meets at the restaurant, Chicken Salad Chick, 4101 Upper Roswell Road.



## Ice Cream and a Movie: *High Society*

July 14 | 1 – 4pm

\$4 Cobb residents, \$5 Non-residents

Join Grace Kelly, Celeste Holm, Bing Crosby and Frank Sinatra in this marvelous remake of *The Philadelphia Story*. The movie score is by Cole Porter and includes the wonderful love song, *True Love*. A great way to spend a summer afternoon full of music, ice cream and popcorn.

## BOOKED for Lunch Club: Book Signing and Luncheon

July 21 | 11:30am – 1pm.

\$5 Cobb residents, \$6 Non-residents

This month, the BOOKED for Lunch Club is reading *Murder Half Baked*, by Kathleen Delaney. Ms. Delaney will be joining the group for a discussion of her book and how she got into writing, a book signing and a wonderful lunch. If you are not a member of the book club, please come for this event and consider joining on a regular basis. The book club meets the third Monday of the month. Ms. Delaney's books will be available for purchase.

## Healthy Eyes –Maintaining Your Vision

July 25 | 11am – 12pm


Free; Registration required

Your eyes are an important part of your health. Taking good care of your eyes is vital to your wellbeing. There are many things you can do to keep them healthy and make sure you are seeing your best. To learn more how to sharpen your vision and keep your eyes healthy, join Dr. Dhanu Meleth from Marietta Eye Clinic.

## Field Trip: Agatha's A Taste of Mystery-The Throne of Games

July 30 | 10:30am – 4pm.

\$74 Senior Citizen Council members: \$79, Non-members. Payment deadline: June 30

Price includes luxury motor coach transportation, tickets, lunch, and driver tip. No refunds will be given unless the trip is cancelled. Amid plots and counterplots, tragedy and betrayal, victory and terror, fate hangs in the balance as each endeavors to sit in that most ridiculous of chairs: *The Throne of Games*. 



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# WANTED:

## Vintage Photographs and Stories of East Cobb!



Do you have archives of old photographs or vintage postcards of East Cobb County? Are you knowledgeable about your local history? Would you like to help preserve your community's fascinating history?

WANTED... folks to share and pass on memories and knowledge related to East Cobb, its people, places, things and surrounding area. If you live, have lived or have ties to the East Cobb County area your stories and/or photographs from yesteryear are wanted.

Cynthia Rozzo, founder and publisher of the EAST COBBER, is currently compiling a photographic history of East Cobb and is looking for your help! She is assembling historic images of East Cobb County and the stories that go with them to include in an upcoming book.

Here's a wishlist of photos wanted:

- > East Cobb farm life and farming operations
- > old church photos
- > club photos
- > school photographs
- > East Cobb residents with their cars of yesteryear
- > local residents wearing fashions of the day

> East Cobb buildings under construction

> "old" east Cobb families, such as, Keheley, Dickerson, Lassiter, Blackwell, Powers, etc.

> political leaders, old political signs from East Cobb

The importance of family collections cannot be overemphasized. Vintage photographs become increasingly fragile and by scanning and reproducing them in a book, they become available for all to see.

"It's going to be a history of our community and we'd like the family histories in there as well," Rozzo said.

To share your photographs and stories, please contact Cynthia Rozzo at 770-640-7070 or you can email your photos as separate jpg attachments to: [cynthia@eastcobber.com](mailto:cynthia@eastcobber.com). "EAST COBBER staff members are available to come by and pick up photos at your home, we'll scan them in the office and safely return your vintage photos," says Rozzo, "We will also be videotaping oral histories. So, if you'd like to share your story, call the EAST COBBER office to schedule an appointment."

Photographs, stories, and pieces of the past — they are all wanted. If you'd like to help keep local history alive by volunteering your talents to this effort, feel free to contact [Cynthia@eastcobber.com](mailto:Cynthia@eastcobber.com). ☎

## Become a fan of EAST COBBER Magazine on Facebook

Chat with other **EAST COBBER** fans, post pictures, find out about giveaways and events and keep in touch with others that love East Cobb County and the **EAST COBBER** as much as you do!

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# CLUB CALENDAR

**AARP Chapter 2830.** First Thursday of each month. 1:30pm. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Mary Johnson, 770-926-7881 or doule37uga@comcast.net.

**American Association of University Women (AAUW)** of Cobb County. Second Tuesday of the month. 7pm. Mansour Center, 995 Roswell Street, Marietta. Does not meet in July & August. More info: Karen Peters, kpeters@aol.com.

**American Needlepoint Guild.** Second Tuesday of the month. 6:45pm. Tiny Stitches, 2520 East Piedmont Road, Marietta. More info: 770-394-0065.

**Anne Hathaway Garden Club.** Third Wednesday of the month (except July and August). Marietta Educational Garden Center, 505 Kennesaw Avenue NW, Marietta. More info: Charlene Robinson, 770-971-7786.

**Atlanta Illini Club.** Professional and social networking for University of Illinois alumni, families and friends in the Atlanta area. Game watches at the Rose & Crown, 1931 Powers Ferry Road, Marietta. More info: www.atlantailini.com or club@atlantailini.com.



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- **Atlanta Metropolitan Council Navy League.** Second Tuesday of each month. 7pm. Navy Recruiting District HQ, 2400 Lake Park Drive, Suite 410, Smyrna. Membership open to all civilian and retired military with an interest in supporting our men and women of the Navy, Marine Corps, Coast Guard, Merchant Marines and associated youth programs. More info: 678-234-2310 or campbellfc@comcast.net.
- **Atlanta World War II Roundtable.** Third Thursday (Sept-June) of the month. 11:30am. Petite Auberge Restaurant, North Druid Hills Road @ LaVista Road, Atlanta. More info: 770-928-4579 or jkovach2000@yahoo.com.

- **"Aware & Conscious Birds"**
- **Book Club.** Mondays. 7-8:30pm. Bikram Yoga Marietta, 80 Powers Ferry Road, Marietta. More info: awareconsciousbirds@gmail.com or www.consciousness.meetup.com/203.

- **Big Chicken Chorus.** Every Monday evening. 7:00pm. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta. Male a cappella harmony chorus. More info: Frank, 770-587-1264, fehrach@aol.com, or www.bigchickenchorus.org.

- **Bridge Club.** Four free lessons: \$5 thereafter. Thursdays 7:30pm and Sundays 2pm. Singles are welcome. 1809 Roswell Road, Marietta. More info: 770-973-7717.

- **Business Breakfast Networking of East Cobb.** Professional Referral Networking. Second Tuesday each month. 8:15-9:30am. C'est Moi/Café Paris, 1100 Johnson Ferry Road, Marietta. More info: Ellen Kelly, 404-713-2830 or lnkelly@sbcglobal.net.

- **Business Network International (BNI).** The World's largest referral organization. Multiple chapters in the area, please refer to the website: bnisoutheast.com for listings. More Info: Anita York, 678-888-0200

- **Cobb County Democratic Committee.** Monthly breakfast 2nd Saturday each month. 9am. 3 Amigos Mexican Bar & Grill, 1000 Whitlock Avenue, Marietta. More info: 770-420-7133 or www.cobbdemocrats.org.

- **Cobb County Gem & Mineral Society.** Second Tuesday of the month. 7:30pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: Becky Patellis, 770-973-7483 or Kay Yoest, 770-952-3244.

- **Cobb County Genealogical Society.** Fourth Tuesday of the month. 7pm. First Presbyterian Church of Marietta, 189 Church Street, Marietta. More info: www.cobbgagensoc.org or ccgs@cobbgagensoc.org.

- **Cobb County Republican Women.** Fourth Friday of the month. 11:30am. Hilton Atlanta/Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: 770-785-2522 or www.ccrwc.org.

- **Cobb Marietta Retired Educators Association.** Second Thursday of every month. 11:30am. Luncheon reservations required. Freeman-Poole Senior Center, 4025 South Hurt Rd., Smyrna. Contact: Carolyn Wilson, clw770@bellsouth.net or 770-427-6840.

- **Cobb Photographic Society.** Photographers of all skill and ability levels are welcome. First and 3rd Monday of each month. 7-9pm. American Business Center, Bldg. 700, Suite 702, 1395 South Marietta Pkwy, Marietta. More info: www.cobbbphotosociety.com or info@cobbbphotosociety.com.

- **Cobb Regional Republican Women.** Third Tuesday, every month. 7pm. Cobb GOP Office, 799 Roswell Street, Marietta. More info: Neva Lent lentneva@aol.com.

- **Colored Pencil Society of America.** Atlanta District Chapter 107. First Monday of the month. 7pm. North DeKalb Cultural Center, 5339 Chamblee-Dunwoody Road, Room 2 (second floor in the back), Dunwoody. More info: Nancy Guerin, 678-354-3590.

- **Danc'n Singles.** A square dance club. First and 3rd Saturday of the month. 8-10:30am. FOP Lodge, 2350 Austell Road, Marietta. More info: 770-943-6979.

- **Dinner-and-a-Book Club.** More info: RuthE or Batya at Thou Shalt Read, 770-993-5432 or sales@andthoushaltnotread.com.
- **Dog Hikers of Georgia.** Every Sunday. 10am. Various locations. Non-dog owners welcome. More info: Dr. Dan Batchelor, 770-992-2362.

- **Dudes 'n Darlins Square Dance Club.** Dances on 2nd and 4th Friday each month. 8-10pm. Mountain View Community Center, 3400 Sandy Plains Road, Marietta. More info: Margaret, 770-751-7210, dudesndarlins@comcast.net, or www.dudesndarlins.com.

- **East Cobb Bass Club.** Visitors, boaters and non-boaters are welcome. First Tuesday of each month. 7pm. Free admission. Attendees pay for dinner. The Rib Ranch, 2063 Canton Road, Marietta. More info: 770-364-3036 or noeyf1@bellsouth.net.

- **East Cobb Business Association.** Luncheon and featured speaker. Third Tuesday each month. 11:30am-1pm. Hollycrest Hall, 2235 Sewell Mill Road, Marietta. More info: Susan Hampton, 404-218-6216, susan.hampton@lionbank.com, or www.eastcobbbba.com.

- **East Cobb Civic Association.** Last Wednesday of the month. 7pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: Jill Flamm, 770-552-8206 or www.eastcobb.net.

- **East Cobb Civitans.** Second and 4th Thursday of the month at noon for lunch at The Olde Town Athletic Club (behind Tuesday Morning & Sports-O-Rama), 4950 Olde Towne Parkway, Marietta. More info: 770-578-9901.

- **East Cobb Community Friends for Children's Healthcare of Atlanta.** Third Tuesday of the month. 7pm. Meetings are in members' homes and vary each month. We work to benefit CHOA with fund raisers and service projects. More info: Suzanne Strickland, 770-992-2882, or Patricia Laffaldano, patricia.laffaldano@gmail.com.

- **East Cobb Democratic Alliance.** Third Thursday of the month. 6pm - Social. 7pm - Program. Rib Ranch, 2063 Canton Road, Marietta. More info: Tom Barksdale, 770-715-1218 or tbarksdl@aol.com.

- **East Cobb Kiwanis Club.** Every Wednesday evening. 7pm. Paradise South of the Border, 3605 Sandy Plains Road, Marietta. More info: Johnny Johnson, 770-977-2026 or edwardjohnsjewelers@yahoo.com.

- **East Cobb Lions Club.** Second and 4th Tuesday of the month. 7pm. East Side Baptist Church, 2450 Lower Roswell Road, Marietta. More info: Don Garrow, 770-955-6914.

- **East Cobb New Horizons Band.** Monday mornings, 11:00am. If you are 50 or older, play a musical instrument and have been looking for a great place to make music, come join us! Great people and good music! To learn more go to our website, ecnbb.com or email webmaster@ecnbb.com.

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**Guest Speakers:**

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**East Cobb Open Networking.** Professional Referral Networking. Every Friday. 7:30-9am. Capozzi's NY Deli, 4285 Roswell Road (next to Michaels), Marietta. \$3 cover. More info: Tim Langley, 770-289-9711 or drtim02@yahoo.com.

**East Cobb Rotary Club.** Every Wednesday. 7am. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: Bob Schwale, 770-640-6954.

**East Cobb Woodcarvers Club.** Every Thursday. 9-11am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-645-0817.

**Georgia Perennial Plant Association.** Third Tuesday of the month. 7:30pm. Atlanta History Center, McElreath Hall, 130 West Paces Ferry Road NW, Atlanta. More info: www.georgiaperennial.org.

**Georgia Vietnam Veterans Alliance.** Third Thursday of the month. Social hour: 6pm. Meeting: 7pm. American Legion Post, 921 Gresham Road, Marietta. More info: Dave Hamrick 770-315-3942.

**Georgia Nature Photographers Assoc.** Third Thursday of the month. 7pm. Nature photographers of all skill levels are welcome to our monthly meetings. The Mansour Center, 995 Roswell St., Marietta. More info: www.gnpa.org or info@gnpa.org

**Georgia Tea Party.** Every Thursday. 7pm. 900 Roswell Street, Marietta. More info: Jerry Kotyuk 404-374-0580 or jdk4@clear.net.

**Golden "K" Kiwanis Club.** Every Thursday. 10am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Joe Vanhorn Jr., 770-424-6654.

**Happy Tails Pet Therapy.** Orientation for prospective members 1st Thursday or Saturday of the month. 10:30-11:30am and 7-8pm. Mt. Bethel Christian Academy, 4385 Lower Roswell Road, Building F, Room F001, Marietta. Check dates: 770-740-8211 or www.happytailspets.org.

**IMPS Bridge Club** An offshoot of the former Newcomers Club of East Cobb, looking for new members. Various formats, dates and times available. For more information contact Roni Fink @ 404-310-3448 or phinque999@AOL.com.

**International Association of Administrative Professionals (IAAP)-Cobb County Chapter.** Professional Development and Networking. Fourth Monday of the month. 6:30pm. Meeting & Dinner. HYATT House/Atlanta Galleria, 3595 Cumberland Boulevard, SE, Atlanta. More info: 770-541-2960 or www.iaap-cobbcounty.org.

**Jewish War Veterans, Bicentennial Post 976.** Third Sunday of the month. 11am. Marriott Hotel, Perimeter Center. More info: Fran Jacobson, 770-436-7456.

**Job Seekers and Career Change Support Group.** A weekly interactive support group discussion, community welcome, Monday mornings. 8am. Congregation Etz Chaim, 1190 Indian Hills Parkway, Marietta. More info: 770-677-9358, ask for career counseling.

**Libertarian Party of Cobb County.** First Thursday of the month. 7:30pm. More info: www.cobbip.org or call 770-795-1331

**Marietta Kiwanis Club.** Every Thursday. 12noon. Hilton Conference Center, 500 Powder Springs Street, Marietta. More info: Pat Huey, pathuey@comcast.net or www.marietakiwanis.org.

**Marietta Lions Club.** Second Thursday of the month. 7pm. Hilton Conference Center, 500 Powder Springs Street, Marietta. More info: 770-565-8230.

**Marietta PFLAG.** Fourth Sunday each month. 1-3pm. Newcomers are welcome. Pilgrimage United Church of Christ, 3755 Sandy Plains Road, Marietta. More info: mariettapflag@gmail.com.

**Marietta Rotary Club.** Every Wednesday. 12noon. Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: Adele Grubbs, 770-424-8212 or www.marietarotary.org.

**Marietta VFW Post 2681.** Dinner with VFW Ladies Auxiliary. First Thursday of the month with separate meetings following dinner. 6:15pm. 140 Powers Ferry Road, Marietta. More info: www.vfwpost2681.org

**Marine Corps League.** First Saturday of the month. Meeting at 11 a.m. followed by lunch at 12 p.m. Delkwood Grill, 2769 Delk Road, Marietta. More info: Dave Hambrick, 770-315-3942.

**Martha Stewart Bulloch Children of the American Revolution Society** meets one Sunday per month from September through May. 2-4pm. Osage Terrace Room and Pavilion at Bulloch Hall 180 Bulloch Avenue, Roswell. More info: Paula, 770-594-1819.

**Moms in Prayer** (formerly Moms in touch) for parents of Dickerson Middle School. Every Thursday at 1pm. Meeting location available upon request. More info: Movita Stallworth, 770-321-1783 or mo633@comcast.net.

**Moms in Prayer** for East Side Elementary parents. Every Thursday at 10am. More info: Rachel Bloom, 770-973-4705 or familybloom@gmail.com.

**National Association of Active and Retired Federal Employees (NARFE),** Second Wednesday of each month. 11:30am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-973-2834.

**Newcomers Club of Cobb County.** Third Tuesday each month. 10am. Various social activities throughout the month for those new to Cobb County or just looking for new friends and activities. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta. More info: 770-234-5068 or newcomersofcobbcounty@yahoo.com.

**North Metro Mothers of Multiples Club.** Third Monday of the month. 7pm. Chicago's, 4401 Shallowford Road, Roswell (corner of Johnson Ferry & Shallowford). More info: www.northmetromultiples.org.

**North Metro Women's Connection.** Second Wednesday of each month. 11am-1pm. Hollycrest Hall, 2235 Sewell Mill Road, Marietta. More info: 770-335-6013.

**Northeast Cobb Business Association.** Luncheon meeting 3rd Wednesday of each month. 11:30am-1pm. \$15. Piedmont Church, 570 Piedmont Road, Marietta. More info: 770-460-6222.

**Northwest Atlanta Mothers of Multiples** A parent's club for families with or expecting twins, triplets, or quadruplets. Second Tuesday of each month. 7pm. First Presbyterian Church of Marietta, 189 Church Street, Marietta. Date and time may change check our website. More info: www.nowamom.org or 678-404-0034.

**Order Sons of Italy in America Marietta Lodge #2607.** General membership meeting 2nd Monday each month. Pot Luck Dinner (except June, July, August-dessert and fruit). 7-9pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: 770-928-9314 or degriillmouse@comcast.net.

**Peach State Depression Glass Collectors' Club.** Second Tuesday of month except December. Guests welcome. 6:30 Social: 7pm meeting. Marietta Museum of History, 1 Depot Street, Marietta. More info: psdgc.com

**Polk Street Speakers Toastmasters.** First and 3rd Tuesday of the month. 6-7:30pm. St. James Episcopal Church, 161 Church Street, Marietta. More info: www.polkstreetspeakers.org.

**Retired Old Men Eating Out (R.O.M.E.O.)** Every Tuesday, 8-10am. Meet for friendship, conversation and to share their variety of antique cars, street rods and muscle cars. Marietta Diner, 306 Cobb Parkway South, Marietta.

**Shakespeare Reading Group.** First and 3rd Thursday of the month. 2-4 pm. 32 N. Fairground Street, Marietta. More info: Lynne Johnson, 770-591-3474.

**Song of Atlanta Show Chorus.** Women's four-part harmony chorus. Every Tuesday. 7:30pm. St. John United Methodist Church, 550 Mount Paran Road NW, Atlanta. Visitors welcome. More info: www.songofatlanta.com or 770-509-0322.

**Sope Creek Garden Club.** First Wednesday of the month (Sept-June). 10am. Locations vary. More info: Karin Guzy, 770-955-1303 or guzy@mindspring.com.

**Strive for Balance.** For people who suffer from anxiety. Express your feelings, share your stories and experiences, gain more knowledge about anxiety and learn great coping strategies. November 6, 2013: 6-7:15pm; December 12, 2013: 4:30- 5:15pm. East Cobb Public Library, 4880 Lower Roswell Road, Marietta. More info: Galina Bannova, 770-633-1023 or galinabannova@gmail.com.

**The Foxtrotter's Dance Club.** The 4th Friday of every month (no dance in May, Nov. & Dec. are the 3rd Friday). 7:30-10:30pm. If you enjoy ballroom dancing, come and dance to 'Live Music'. Everyone is welcome. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-587-1160.

**TONIC (Tuesdays Open Networking in Capozzi's).** Every Tuesday Morning 7:30am. 4283 Roswell Road NE Marietta. \$3 Cover. More info: Frank Kellert frankkellert@hotmail.com or 678-560-1717

**Y Business Network.** Every other Friday. 7:30-8:45am. Local business networking and referrals. Northeast Cobb Y, 3010 Johnson Ferry Rd., Marietta. Guests always welcome. More info: ybusinessnetwork.webs.com, Michelle Hutchinson, 770-518-0010.

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# SUPPORT GROUPS

## A.A./Al-Anon/Al-Anon

**Beginners/Alateen.** Every Monday, 8pm. Covenant Presbyterian Church, 2281 Canton Road, Marietta. More info: 770-973-5347 or [jpm105@comcast.net](mailto:jpm105@comcast.net).

## Adult Survivors of Child Sexual Abuse Support

**Group.** First and 3rd Tuesday of each month. 7pm. Room 334, Johnson Ferry Church, 955 Johnson Ferry Road, Marietta. Men and women welcome. More info: 678-578-4888 or [info@voicetoday.org](mailto:info@voicetoday.org).

**Al-Anon.** For family and friends of alcoholics. Thursdays, 7:30-8:30pm. Johnson Ferry Baptist Church, Room 345, 955 Johnson Ferry Road, Marietta. More info: 770-587-0483.

**Al-Anon Family Group.** 7pm. Teens 13 and older welcome. Temple Kol Emeth, 1415 Old Canton Road, Marietta. More info: Paulette L., 678-551-2433.

## Alzheimer's/Caregiver Support Group Meeting

First Monday of each month at 10:30am. Open to family members who are assisting an aging loved one both inside and outside of the home. Free respite care is provided for your loved one while we meet. Aloha to Aging/Mt. Bethel Community Center, 4608 Lower Roswell Road, Marietta. More info or to RSVP: 678-439-1177.

**Anxiety Anonymous** for people who suffer from anxiety, meets the 3rd Thursday of the month. 6:30-7:30pm. Cobb County Government Center, 4400 Lower Roswell Road, Marietta. More info: 770-633-1023 or [galinabannova@gmail.com](mailto:galinabannova@gmail.com)

● **Babywearing Group.** Koalamommas, North Atlanta's resource for help, support, and information about baby carriers of all kinds. Meets monthly. Meeting dates/time vary. More info: Jennifer Worrell, 770-516-4192 or [jenniferworrell@bellsouth.net](mailto:jenniferworrell@bellsouth.net).

● **Bereavement Support.** First and 3rd Wednesday of the month. 5pm. Counseling Room in Parish Office, St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6020.

● **Cancer Support Group.** Second and 4th Monday of the month. 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

● **Career Transition.** Third Monday of the month (March-October). Second Monday of the month (November-February) 6:30pm: Personal resume reviewing, interviewing, networking, and career assessment help. First Presbyterian Church, 189 Church Street, Marietta. More info: Lee Pence, 770-428-9350, or Bob Sabin 770-795-9084, or visit [www.fpcmarietta.org](http://www.fpcmarietta.org)

● **Caregiver and Share Support Group for Alzheimer's.** First Monday of the month. 6-7pm. Arbor Terrace, 886 Johnson Ferry Road, Marietta. More info: 770-977-4420.

● **Codependents Anonymous.** Mondays & Thursdays. 7:30-8:45pm. Unity North Church, 4225 Sandy Plains Road, Marietta. More info: 404-213-4482.

● **Depression/Bipolar Support Group.** First and 3rd Thursday of the month. 7-8:30pm. Johnson Ferry Baptist Church, Room 339, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

● **Divorced/Separated Support Group.** First and 3rd Tuesday of each month. 7:30pm. St. Ann's Catholic Church, Mary's Chapel, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6018.

● **Divorce Support Group** by Visions Anew for women who are contemplating or going through the divorce process. First Thursday & 3rd Wednesday of the month. 7-9pm. East Cobb Government Center, 4400 Lower Roswell Road, Marietta. More info: [www.visionsanew.org](http://www.visionsanew.org).

● **Diabetes Support Group** offered by WellStar Health System. Second Tuesday of the month. 6:30-8pm. McLaren Mill Office Park, 531 Rose Lane Street, Suite 100, Marietta. No registration required. More info: 770-793-7818.

● **Domestic Violence Support Groups.** Sessions in English and Spanish. Wednesdays. 6:45-8:15pm. Childcare available for children 6 weeks to 12 years. Children over 12 may attend and learn childcare skills. More info: 770-427-3390.

● **East Cobb Satellite of CHADD (Children & Adults w/Attention-Deficit/Hyperactivity Disorder) Parental Support Group.** 2nd Tuesday of the month. 6:30-8:00 pm. Mt. Bethel United Methodist Church (Room B109) on Lower Roswell Road, Marietta. More info: Cappie Suttle, 404-368-9394, [east-cobb@chadd.net](mailto:east-cobb@chadd.net), or [www.chadd.net/300](http://www.chadd.net/300).

● **Emotions Anonymous,** a fellowship of people who come together to work toward recovery from emotional difficulties and discover a new way of life. Tuesdays & Fridays. 7pm. Roswell United Methodist Church, 614 Mimosa Boulevard, Counseling Building, Roswell. More info: 770-330-1991.

● **Families Anonymous (FA)** for families who have loved ones struggling with addiction. Every Tuesday. 7:30-9pm. Mt. Zion United Methodist Church Youth Center, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465.

● **Families of Children Under Stress (FOCUS).** To listen, inform and educate, and offer programs for the families and the child with special needs. Last Thursday of the month during school year. 10am. Chick-Fil-A, 1201 Johnson Ferry Road, Marietta. More info/to confirm meeting date: Angie, 770-234-9111, [angie@focus-ga.org](mailto:angie@focus-ga.org) or [www.focus-ga.org](http://www.focus-ga.org).

● **Fractured Families for Parents Estranged from their Children.** First and 3rd Monday. 7:30pm. La Madeleine, 4101 Roswell Road #812, Marietta. More info: Sandy 404-446-6093 or Judy 404-643-3531.

● **Georgia Parkinson's Association.** Parkinson's Support Group Meets the 3rd Saturday of each month 1pm. Northside Hospital Cherokee Education Building, 130-B Oakside Court, Canton. More info: James Trussell 706-413-3264 or [james@gaparkinsons.org](mailto:james@gaparkinsons.org)

● **Grandparents Raising Grandchildren Support Group.** Second Tuesday each month. 7:15pm. Special guest speaker. Transfiguration Church, Room 102, 1815 Blackwell Road, Marietta. More info: Jeannie, 770-919-9275.

● **Grief Support Group** for those who have had a family member, friend or other loved one pass away. First Thursday of each month. 7-9pm. Unity North Atlanta Church, 4255 Sandy Plains Road, Marietta. More info: [kathzkel@yahoo.com](mailto:kathzkel@yahoo.com).

● **JACS (Jewish Alcoholics, Chemically Dependent and Significant Others).** For Jewish members of 12 Step groups. 7-8pm, first and third Tuesdays of every month except on Jewish holidays. Congregation Etz Chaim, 1190 Indian Hills Parkway, Marietta, in the library. More info: 770-928-2523 or [teshuva@aol.com](mailto:teshuva@aol.com).

● **Let's Play.** Play Group for Moms, Dads and caregivers of children under 18 months. Second and 4th Friday per month. 9:30am. Etz Chaim, 1190 Indian Hills Parkway, Marietta. More info: Perla Iszak, [pmi1972@yahoo.com](mailto:pmi1972@yahoo.com).

● **Loneliness Bereavement Support Group.** Every Wednesday except holidays. 11am. Heritage Hospice, 3315 Hilltop Drive, Marietta. More info: 770-423-5959.

● **Marietta Moms.** For all kinds of moms - new to the area, looking for new friends, or just needing support. Daily events for babies, toddlers and older kids. More info: 770-956-0318 or 678-357-3661 or [www.mariettamoms.com](http://www.mariettamoms.com)

● **Mothers Circle Group.** Are you a mother raising Jewish children but you are not Jewish? Free education and support through a 16-week course. Groups are held in Marietta, Intown and North Fulton. More info: Suzette Cohen, [suzette@themotherscircle.org](mailto:suzette@themotherscircle.org) or [www.themotherscircle.org](http://www.themotherscircle.org).

● **Mothers of PreSchoolers(MOPS).** Wednesdays. 6:15-7:15pm. A place where moms can come to build friendships and receive mothering support, practical help and spiritual hope. Childcare provided. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465 or [mtzionmops@gmail.com](mailto:mtzionmops@gmail.com).

● **National Alliance on Mental Illness (NAMI).** Family Support Group for families who have loved ones struggling with mental illness. Second and fourth Tuesday of each month. 7-8:30pm. Hillside United Methodist Church, Second Floor, 4474 Towne Lake Parkway, Woodstock. More info: 770-928-2762.

● **Overeaters Anonymous.** A support group for those who suffer from the need to compulsively overeat. Monday-Wednesday-Friday. 10am. St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: Betsy: 404-226-4931.

● **Parents of Prodigals.** For parents of struggling teens and young adults. Second and 4th Thursday. 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: Fair Brocard, 770-612-1197 or [www.prodigalchildministries.org](http://www.prodigalchildministries.org).

● **Parkinson's Disease Support Group.** For persons with Parkinson's disease and their caregivers. Second Sunday each month. 4pm. Roswell United Methodist Church, 814 Mimosa Boulevard, Bldg. A, Roswell. More info: Robin Cleveland, 678-819-3915.

● **Veteran's Information Referral Office (VIRO).** Free help and information for all veterans with VA Disability, VA Healthcare, Employment and Counseling. Second and 4th Wednesday each month. First and 4th Saturday each month, 11am-2pm. American Legion, Post 29, 921 Gresham Avenue, Marietta. More info: 770-427-5900.

● **Widowed Helping Others (WHO).** Dinner Social. First and 3rd Wednesday of the month. 6pm. St. Ann's Catholic Church, Nolan Hall, 4905 Roswell Road, Marietta. More info: Ann's Pastoral Care, 770-552-6400, ext. 6018.







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