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8th Annual  
PET GUIDE

PAGES 18-25

MUST Ministries' Annual Gobble Jog

HOLIDAY GIFT GUIDE PAGES 34-37 | Gobble Jog PAGE 6 | Veterans Day Celebrations PAGE 38

Community Calendar PAGE 26 | Police Officers of the Year Honored PAGE 16



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## Don't Miss! 18-25 Eighth Annual Pet Guide

Sit. Stay. Read up  
on the latest local  
info for pet lovers!

## EAST COBBER

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**Volume 22 | Number 2**  
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EAST COBBER is a locally-owned company that strives to build a sense of community and pride in East Cobb County by providing its residents with positive stories and timely information.

The EAST COBBER is distributed free to homes, schools, and 400+ retail locations in the following zip code areas: 30062, 30066, 30067, 30068, and 30075.

Comments and stories are always welcome. Please address all correspondence to [cynthia@eastcobber.com](mailto:cynthia@eastcobber.com).

Subscriptions are available for \$20/year. Send check or money order payable to EAST COBBER to the above address.

Front cover photograph taken by Mallory Ingram of Mallory Ingram Photography.



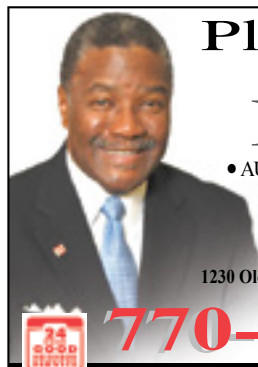
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## PUBLISHER'S NOTE



**Cynthia with her cavachon, Rebel**

Each year, Thanksgiving allows me to create and continue the legacy of love and tradition for my family. I cherish the feeling of contentment, knowing I have so much to be thankful for. So, readers, gather at the EAST COBBER Thanksgiving "table", read this November issue, and rejoice in East Cobb's bounty of blessings. The EAST COBBER gives thanks by publishing stories about people doing good in our community, like MUST Ministries and their annual Gobble Jog (see page 6). This issue carries on that "Thanksgiving" spirit represented in our stories—from our local PTA's push for "No Place To Hate" program (see page 8), to spotlighting East Cobb police precinct 4's Officers of the Year (see page 16 & 17).

Pets are close companions because they provide love, comfort, safety, warmth, happiness, and friendship as well as teach us some great life lessons. This issue proudly features our 8th annual "Pet Guide" for pet owners and animal lovers. This special section is a handy resource for everything and anything pet-related in the East Cobb area. You'll find emergency numbers, clubs and codes, adoption options, and more. Be sure to enjoy the photographs of our readers' beloved pets. We receive so many pet photos and we still didn't have enough pages to show them off.

"Thanksgiving" is gratitude in action as well as thoughtful reflection. So, thanks to all of you readers, who are the heart and soul of this publication, the reason for this magazine's existence. I have so much to be thankful for, and I don't mean to trivialize those personal treasures of family and friends or living in this great country, but the relationship between EAST COBBER and you, the reader, is one that forms the basis of all that I think about when I am creating each issue. I would also like to take this opportunity to thank our many advertisers who choose to promote their businesses by placing ads in the EAST COBBER. Without their commitment there would be no publication. And thanks to our 500 community-minded merchants who act as drop-off points for EAST COBBER. I Appreciate You All!

Happy Thanksgiving!

Cynthia M. Rozzo  
Founder | Publisher  
cynthia@eastcobb.com

## On the Cover

**This month's cover features a scene from MUST Ministries' annual Gobble Jog. In what has become a Thanksgiving tradition, thousands of people converge on the Marietta Square to run or walk and raise money for MUST Ministries. The Gobble Jog offers a 10K, 5K, 1K and Tot Trot and even a costume contest at 8:30am (!)- fun for the whole family! The 12th Annual Gobble Jog on Thanksgiving Day, November 27, is the 7th largest Thanksgiving Day race in the nation! Come enjoy music, sponsor booths and activities for the whole family! For more information, read their story on page 6 or visit [www.gobblejog.org](http://www.gobblejog.org).**

**With locations in Cobb and Cherokee counties and services in six other counties, MUST Ministries serves almost 31,000 men, women and children every year with food, clothing, housing, and employment services for those in need. For more information about MUST, please visit [www.mustministries.org](http://www.mustministries.org).**





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# Thanksgiving Day Gobble Jog Raises Money For MUST Ministries



When looking around East Cobb, it's hard to believe that there are people who need help with housing, food, clothing or job assistance. However, the number of our neighbors who fall on hard times is growing, and we are fortunate to have MUST Ministries in our community as a resource for them. MUST is a nonprofit organization that started 43 years ago as a church youth group outreach and now touches 31,000 people in Cobb and Cherokee Counties each year. Their aim is to break the cycle of poverty and provide basic needs for anyone who needs them.

MUST relies on a strong volunteer network and fundraisers like the upcoming Gobble Jog on Nov. 27 to support their many programs. Providing temporary housing at the Elizabeth Inn Shelter is one of the ways MUST gives immediate assistance to men, women and children. In addition to helping these families get back on their feet, MUST also supports a permanent housing program.

Sustained by an extensive network of volunteers, MUST's Loaves and Fishes Community Kitchen serves two meals a day to clients and provides a sack lunch as well. Lunch is open to anyone in need who is hungry. Last year, MUST served more than 77,000 meals. Additionally, MUST gives almost one ton of food away each weekday and provided 254,906 summer lunches to thousands of community children in eight counties. Bakery donations and local food drives allow MUST to provide groceries for more than 18,000 a year.

MUST opened its first thrift store this year, MUST Marketplace, which gives free clothing to clients and allows shoppers (clients and the public) access

to good quality merchandise at discount prices. The retail space is located at 1407 Cobb Parkway North, also the home of MUST's Marietta Program Services. In addition to the Marketplace, the organization opens two MUST Toy Shops during the holidays to serve more than 3,100 children in Cobb and Cherokee.

"Parents can come into our MUST Toy Shops and handpick gifts for their children out of our donated new stock, which allows them to feel a part of the gift giving process," shares Dr. Ike Reighard, President and CEO of MUST. "Our goal is provide services in a way that lifts up our participants through their experience with us."

MUST also provides job assistance through resume advice, interview training, certification assistance and contacts with local industries. Last year, MUST Ministries helped 680 people obtain jobs, putting an estimated \$10 million back into the economy while changing the lives of the participants.

No need to feel guilty about how much you eat on Thanksgiving this year. A great way to support MUST is by participating in the 12th annual Gobble Jog in the Historic Marietta Square on Thursday, Nov. 27. There is a Tot Trot, 1K Fun Run/Walk, 5k Run/Walk and a 10K Run. The Gobble Jog event keeps growing each year, and it's a fun way for families to kick-off the holidays. This year, MUST is expanding the festivities with family activities at the Packet Pickup event and The Very Merry Christmas Tour concert on Sunday evening, Nov. 30.

Visit [gobblejog.org](http://gobblejog.org) for race event and concert details or [mustministries.org](http://mustministries.org) for more information on the organization, ways to give and volunteer opportunities.



# Holiday Pictures Are Coming Up!

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# Is Your School “No Place for Hate”?

By Wendy Stewart, PTA Diversity Chair, East Cobb County Council of PTAs

It's something every parent fears: someone bullying their child at school. And it is a legitimate concern. A recent survey of East Cobb principals and teachers revealed some alarming statistics:

- 33% of respondents named bullying as one of the three most significant challenges they face with regard to culture and diversity in their schools, yet...
- Nearly one fourth of respondents, 24%, said that their school DOES NOT participate in an anti-bullying program. (ECCC PTA Diversity Survey, Spring 2014)

Studies show that anti-bullying programs can significantly reduce incidences of bullying at school, yet with school district budgets stretched to the extreme, how does a school allocate the resources for yet another program? The answer is: they don't have to. “No Place For Hate,” a project of the Anti-Defamation League (ADL), is a free and flexible anti-bullying program designed to fit the needs of each school's unique population and culture. The program offers simple step-by-step implementation instruction and requires leadership be governed by a diverse committee representing the school and community, which could include administrators, teachers, counselors, students, parents and even community and business partners. The committee oversees a needs assessment of the school with regard to bias and bullying and organizes an official presentation of a “No Place For Hate School Pledge,” promising to create a school environment that is “No Place For Hate.” The committee meets with school organizations and clubs for their input on how to address the issues identified in the school's needs assessment. Finally, they meet to plan at least three school activities that align with the No Place For Hate mission of eliminating bias and bullying at school. With their activities completed, schools submit a brief description of their program to the ADL to earn a personalized banner declaring that their school is “No Place For Hate.” Banner presentations are usually a school-wide event, often celebrated in pep rally style with an ADL official to make the presentation to the school. Designations must be earned each year, but successful or existing programs can always be repeated.

Aside from the cost, which is literally nothing, the real beauty of this program is the way that it works to affect the culture of the school. Unlike programs offering a single-day, anti-bullying event or hosting a speaker for an assembly, requiring schools to complete at least three anti-bullying activities a year (they can do as many as they wish) sends a consistent, year-round message that “at our school, we don't tolerate bias or bullying.” Students simply learn the message just like any other school policies and procedures.

As listed on the “No Place For Hate” website, eight of East Cobb's 35 public schools took a stand against bullying and earned their “No Place For Hate” designation for the 2013-2014 school year. Congratulations to:

- >Blackwell Elementary School
- >Davis Elementary School
- >East Cobb Middle School
- >Garrison Mill Elementary School
- >Mabry Middle School
- >McClesky Middle School
- >Nicholson Elementary School, and
- >Timber Ridge Elementary School.

Is your school on this list? If not, contact your school administrators, counselors, and PTA and urge them to consider implementing the program. And please consider volunteering to help your school make it happen. There could be no better use of your time and talents.

For more information about the “No Place For Hate” program, visit [www.noplaceforhate.org](http://www.noplaceforhate.org) or contact ECCC PTA Diversity Chair Wendy Stewart at [diversity@ecccpta.org](mailto:diversity@ecccpta.org).



Wendy Stewart is the ECCC PTA Diversity & Inclusion Committee Chair. She and her husband live in East Cobb along with their 2 sons, students at East Cobb Middle and Sope Creek Elementary.



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# Georgia's Top 20 Highest SAT Scoring High Schools

The SAT is a standardized test widely used for college admissions in the United States. It was first introduced in 1926, and its name and scoring have changed several times, being originally called the Scholastic Aptitude Test, then the Scholastic Assessment Test, then the SAT Reasoning Test, and now simply the SAT.

The SAT is owned and published by the College Board, a private, nonprofit organization in the United States. It is developed and administered on behalf of the College Board by the Educational Testing Service. The test is intended to assess a student's readiness for college.

The current SAT, introduced in 2005, takes 3 hours and 45 minutes to finish. Possible scores on the SAT range from 600 to 2400, combining test results from three 800-point sections: Mathematics, Critical Reading, and Writing. However, the SAT does not mirror high school curriculum. According to the College Board, the SAT does not test logic or abstract reasoning.

2014 SAT scores were released last month by the College Board and the Georgia Department of Education. The test consists of three portions: math, verbal and writing, each worth 800 points. A perfect score is 2400. Congratulations to the three East Cobb schools that made the list! Here's a look at the top 20 Georgia schools (with 100 or more test takers) that had the highest average combined scores:

.....

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Combined Score: 1912
- 2 Northview High School, Fulton County Schools  
Combined Score: 1779
- 3 **Walton High School, Cobb County Schools**  
**Combined Score: 1724**
- 4 Alpharetta High School, Fulton County Schools  
Combined Score: 1704
- 5 Columbus High School, Muscogee County Schools  
Combined Score: 1702
- 6 Johns Creek High School, Fulton County Schools  
Combined Score: 1691
- 7 Chattahoochee High School, Fulton County Schools  
Combined Score: 1680
- 8 Savannah Arts Academy  
Savannah-Chatham County Schools  
Combined Score: 1671
- 9 **Pope High School, Cobb County Schools**  
**Combined Score: 1666**
- 10 Milton High School, Fulton County Schools  
Combined Score: 1654
- 11 Roswell High School, Fulton County Schools  
Combined Score: 1653
- 12 South Forsyth High School, Forsyth County Schools  
Combined Score: 1647
- 13 North Gwinnett High School  
Gwinnett County Schools  
Combined Score: 1644
- 14 **Lassiter High School, Cobb County Schools**  
**Combined Score: 1643**
- 15 Starr's Mill High School, Fayette County Schools  
Combined Score: 1623
- 16 McIntosh High School, Fayette County Schools  
Combined Score: 1618
- 17 Brookwood High School, Gwinnett County Schools  
Combined Score: 1607
- 18 Kennesaw Mountain High School  
Cobb County Schools  
Combined Score: 1602
- 19 Lambert High School, Forsyth County Schools  
Combined Score: 1594
- 20 North Oconee High School,  
Oconee County Schools  
Combined Score: 1593

# FIRST Robotics in East Cobb

*By Stephanie Niu and Keren Park*



▲ Walton Robotics members pictured above are: (Front row, l-r): Mark Basset, Robert Fox, Balaji Sundaram, Kiran Shenoy, Kenneth Carmon, Sam Dratch, Sandhya Rajasabeson, Sarah Tsai, Alex Barrera, Will Curran, Raquel Manrique, Brendan McNight, Preston LaVangie, Anjani Ganapathy, Michael Stonely, Joshua Kauffman, Sam Rapoport, Jules McNeice, Rishi Raj, Piyush Kancharlwar, John McCrary, Joseph McCrary, Annika Daya, Pam LaVangie. (Back row, l-r): Michael Handlin, Meghan Boler, Jenny Judenberg, Keren Park, Jon Mittleider, Tripp Shippen, Dhanasree Arivalagan, Stephanie Niu, Armaan Josheph, Thomas Newsome, Khyati Shah. Students not pictured: Mary Kat Kennedy, Jennifer Benton, Aditya Suri, Prerna Balaji, Chloe Muller, Harry Cain.

At the 2014 EAST COBBER Parade this September, a few unusual groups could be spotted among the cars, unicycles, and marching bands: FIRST (For The Inspiration and Recognition of Science and Technology) robotics teams from Walton and Pope High Schools demonstrated their t-shirt cannons by blasting stress balls into the crowd. From above, Grady Robotics Team's quad-copter flew ahead to capture the excitement of the annual community festivities.

The rise of FIRST robotics teams in East Cobb is a phenomenon that has benefitted the community as much as it has the students. Through an international organization called FIRST, students become a part of a global STEM community and develop skills while building robots to participate in annual competitions. Four levels of competition include all students from K-12, allowing students of every age to make a huge impact through engineering and outreach.

The students' enthusiasm for robotics and STEM could be seen during the EAST COBBER Parade and festival where Pope and Walton robotics teams collaborated to bring STEM alive to the community. The teams hosted driving stations for a 120-lb basketball robot, computer games created by the students, and engineering activities including slingshot rockets and water challenges that explored hydrodynamic engineering concepts. The festival also displayed a t-shirt cannon shoot-off between Pope and Walton, demonstrating the FIRST's core value of creating friendly competition. The gracious spirit of FIRST in which teams are willing to help each other even brought two students from Grady High School's team, G3, to the parade to take aerial footage with their national award-winning quad copter. The camaraderie that

FIRST encourages among teams fosters collaboration while making robotics even more enriching.

The efforts of these local robotics teams to encourage STEM have spread even beyond East Cobb. The students have worked to integrate STEM into pop culture, promote STEM education, and inform non-traditional audiences about STEM by appearing at events across the state. The t-shirt cannons created by Walton and Pope teams have been huge hits at high school football games, exciting the crowd while demonstrating just how cool engineering can be. Students have also promoted robotics programs at state-wide education conferences events hosted by companies like Women in Technology and General Electric. Through these interactions, students develop valuable communications skills, gain insight into careers in STEM fields, and shape the culture of STEM in East Cobb and beyond.

Joining a FIRST robotics team is easy, especially in East Cobb. In addition to Walton and Pope, Wheeler High School has a First Robotics Competition team. The following schools have First Tech Challenge and First Lego League teams: Dodgen, Murdock, Daniell, Simpson, and Bells Ferry. There are also several local community teams. At regional and off-season tournaments, teams across the southeast put their robots to the test in short, intense matches that can be more exciting than typical sporting events. Tournaments are free and open to the public -- anyone is welcome to come and root for their favorite team!

To learn more about Walton and Pope robotics teams, go to [waltonrobotics.org](http://waltonrobotics.org) and [poperobotics.org](http://poperobotics.org). 





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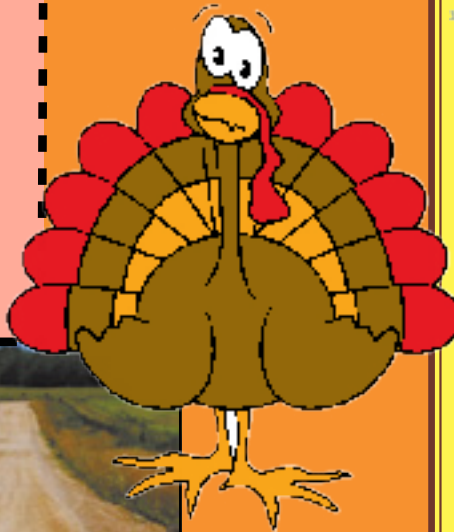
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# East Cobb Artists Prepare for Top Holiday Gift Show

Now in its 4th year, the festive Elegant Elf Marketplace is a destination event for hundreds of discerning shoppers eager to jumpstart their holiday lists with the two-day shopping extravaganza. Hosted by the 300-member Sandy Springs Society, the high-end gift show has a growing list of over 75 local and regional vendors, making it one of the top "shopping for a cause" experiences in Atlanta this holiday.

Joining the bandwagon of superior craftsmen are a dozen artisans from Cobb County, and half of those reside in East Cobb. Malena Bisanti-Wall, a ceramic and mixed media artist in Marietta, is bringing her colorful and whimsical pieces of art to the table this year. A transplant from Florida, she incorporates a variety of textures and patterns into her whimsical work. "Ever since high school, I've been inspired by meaningful quotes and portray these in my art," said Bisanti-Wall. "My hope is that these elements in my work will in turn inspire others."

East Cobb fiber artist Lynn Weinberg is returning after a successful first year. She has spanned the globe with her one-of-a-kind textile creations currently under the LRW Designs label. Weinberg's handpainted silk fashion wearables have sold in major stores including Neiman Marcus, Nordstrom and Saks Fifth Avenue.

Prior to calling East Cobb home, she started her impressive fiber career in Washington, D.C. and continued to hone her skills when her husband's physician job called them to the Philippines. "With partners in two cities, silk imported from Hong Kong, dyes from France and production in the Philippines, we made use of the word "global" long before the internet was invented." Now she returns to her roots as a crafter making textile creations out of her studio home in the Somerset neighborhood.

The Elegant Elf Marketplace has filled a void for holiday shoppers who seek a welcome alternative from the mall and a more meaningful shopping experience. One hundred percent of the Elegant Elf proceeds go directly back to the community through the Society's philanthropic grants to over 25 local non-profits centered on education, the arts, environment, heritage preservation and social services.



▲ East Cobb fiber artist Lynn Weinberg, 2014 Elegant Elf Chair Jan Stewart, and ceramicist Malena Bisanti-Wall prepare for the Elegant Elf Marketplace gift show.

"We take great pride in identifying and debuting superior new craftsmen each year to keep the event fresh, and are thrilled to have the presence of so many East Cobbers," said event co-chair Jan Stewart.

Shoppers can expect festive upscale gifts and creations in jewelry, handcrafted fashions, fine crafts, home and garden, handbags, toys, and gourmet delights. Shoppers can also treat themselves to a signature lunch at the Polar Express Café, purchase tickets for festive raffle packages, and enjoy seasonal music as they shop.

The Elegant Elf Marketplace takes place November 15 - 16, Saturday from 9 a.m. - 5 p.m.; and Sunday from 11 a.m. - 5 p.m. at Lake Forest Elementary School, 5920 Sandy Springs Circle (across from the Lefont Theatre). \$5 entrance fee (children 10 and under are free). Parking is free. For more information, visit [www.sandyspringsociety.org](http://www.sandyspringsociety.org). 

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# WANTED:

## Vintage Photographs and Stories of East Cobb!



Do you have archives of old photographs or vintage postcards of East Cobb County? Are you knowledgeable about your local history? Would you like to help preserve your community's fascinating history?

WANTED... folks to share and pass on memories and knowledge related to East Cobb, its people, places, things and surrounding area. If you live, have lived or have ties to the East Cobb County area, your stories and/or photographs from yesteryear are wanted.

Cynthia Rozzo, founder and publisher of the EAST COBBER, is currently compiling a photographic history of East Cobb and is looking for your help! She is assembling historic images of East Cobb County and the stories that go with them to include in an upcoming book.

Here's a wishlist of photos wanted:

- > East Cobb farm life and farming operations
- > old church photos
- > club photos
- > school photographs
- > East Cobb residents with their cars of yesteryear
- > local residents wearing fashions of the day

> East Cobb buildings under construction


> "old" east Cobb families, such as, Keheley, Dickerson, Lassiter, Blackwell, Powers, etc.

> political leaders, old political signs from East Cobb

The importance of family collections cannot be overemphasized. Vintage photographs become increasingly fragile and by scanning and reproducing them in a book, they become available for all to see.

"It's going to be a history of our community and we'd like the family histories in there as well," Rozzo said.

To share your photographs and stories, please contact Cynthia Rozzo at 770-640-7070 or you can email your photos as separate jpg attachments to: [cynthia@eastcobber.com](mailto:cynthia@eastcobber.com). "EAST COBBER staff members are available to come by and pick up photos at your home, we'll scan them in the office and safely return your vintage photos," says Rozzo, "We will also be videotaping oral histories. So, if you'd like to share your story, call the EAST COBBER office to schedule an appointment."

Photographs, stories, and pieces of the past — they are all wanted. If you'd like to help keep local history alive by volunteering your talents to this effort, feel free to contact [Cynthia@eastcobber.com](mailto:Cynthia@eastcobber.com). 



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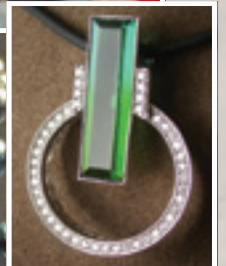
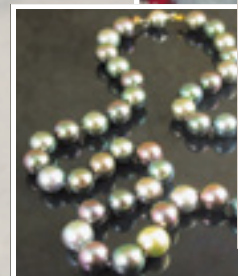
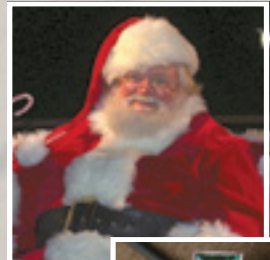
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# A Special Toast to Celebrate Frameworks Gallery's 40th Anniversary



▲ Ian Greathead puts a finishing touch on his painting.

East Cobb artist Ian Greathead has a passion for capturing on canvas the special milestone moments celebrated over a glass of wine. "There's nothing like taking a deep, well-earned breather after a long, busy work week and enjoying that moment over a great glass of wine with close friends and family," Greathead explained as he added details to a new original painting in his East Cobb home studio.

The upcoming celebration of Frameworks Gallery's 40th anniversary has truly motivated this lifestyle painter's latest work. Greathead, a New Zealand native and longtime East Cobb resident, is a longtime favorite artist at Frameworks Gallery, and he's seen firsthand the dedication it takes to keep a local art gallery open and operating through thick and thin. And while Frameworks Gallery founders, sisters Diane Spencer and Sunny Walker, prepare for their special two week anniversary celebration and exhibition November 10th through November 22nd, Ian Greathead is preparing his own contribution to the milestone event.

Ian will be bringing a few new bottles of wine to the 40th anniversary party, a couple of originals sure to be a hit with Frameworks Gallery fine art customers and collectors. "My newest wine painting, called "A Special

Toast," represents an everlasting tribute to a great gallery that has served East Cobb so well for so long," Greathead noted. "I'm just honored to be among such an incredible line up of featured artists gathered to celebrate 40 years of great art and framing."

"The absolute realism of Ian's work is what draws you in," explained Jean Willey, a third sister integrally involved in the family-run Frameworks Gallery. "People are always astonished and amazed with Ian's paintings, almost always thinking at first his oils and acrylics on canvas are photographs," Willey said, recollecting the first impressions of collectors over the years. "The realistic detail that Ian Greathead can capture with his paintbrush is absolutely unbelievable and sure to be a favorite throughout our special 40th anniversary celebration and well beyond."

Ian Greathead is one of 45 featured artists to have their work showcased during the 40th Anniversary Celebration at Frameworks Gallery. Other local artists with works to be highlighted during the exhibition include Debra Nadelhoffer and her original oils and pastels, Millie Gosch and her low country marsh scenes, potter Barbara Johnston, and Karen Lawrence, recognized most for her impressionistic oil paintings of home interiors. "I've been a featured artist at Frameworks Gallery for as long as I can remember, at least fifteen years," noted Lawrence. "It's quite an accomplishment we're all celebrating this month – 40 years of great local art and customer service."

The Frameworks Gallery 40th Anniversary Celebration offers up a variety of special events from November 10 through November 22, including a special Frameworks Gallery customer appreciation gala on Saturday, November 15 from 6-9pm. Champagne and chocolates will be served every afternoon from 4-6pm during the two-week anniversary celebration.

Frameworks Gallery is located at 1205 Johnson Ferry Road, Suite 110, Marietta. For more information about Frameworks Gallery and its 40th Anniversary Celebration, visit [www.frameworksgallery.com](http://www.frameworksgallery.com) or call 770-973-6701. For more information about artist Ian Greathead, visit [www.greatheadwineart.com](http://www.greatheadwineart.com). 🍷

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# ☆☆☆☆ East Cobb Police Officers of the Year Awards ☆☆☆☆

Last month, the East Cobb Business Association sponsored the second annual East Cobb Public Safety Appreciation Celebration for Precinct 4's police and personnel. A highlight of the evening was the presentation of Officers of the Year awards presented by Precinct 4's Captain Jerry Quan and Kim Paris, Community Outreach Coordinator, WellStar. The recipients of these awards are named below and on the facing page.



◀ **CLINTON JAMES DENSON**  
**FIELD TRAINING OFFICER**  
**PRECINCT 4**  
**MORNING WATCH**  
**OFFICER OF THE YEAR**

Clinton Denson was hired by the Cobb County Police Department in December of 2007 and in June of 2013 he was activated as a Field Training Officer (FTO).

Since then, Denson has proven to be highly motivated and eager to teach new recruits. He maintains a high level of competency and knowledge in his job and has consistently been one of the top producers in all categories on the shift.

FTO Denson actively participates in the betterment of our department and currently sits on the Departmental Improvement Committee, the Pursuit Review Committee, and the Advanced Training Board. And, for the past two years, he has been on the Training Review Committee.

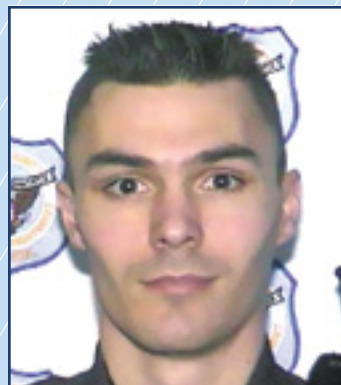
FTO Denson also maintains a high level of personal fitness. On his recent Physical Performance test, he received the maximum score of 18 out of 18 overall points, thus earning him the blue fitness bar. He also made the list for top 50 Toughest Officers in 2013.

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◀ **MICHAEL GOODMAN**  
**DETECTIVE, CRIMINAL**  
**INVESTIGATIVE UNIT**  
**PRECINCT 4**  
**DETECTIVE OF THE YEAR**

The work done by a Detective is never truly done. The caseload is always there at the end of the work day and the end of the work week. Proper case load management and clearing cases takes

tenacity, skill and intuition. Detective Goodman is being recognized as the CIU4 Detective of the Year for displaying those talents. In addition, his continued dedication and enthusiasm has resulted in his success of handling the most assigned cases in the unit. He has also cleared the most cases by arrest.

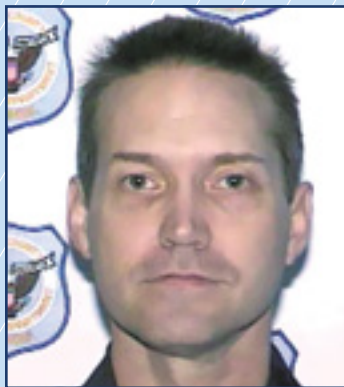
Detective Goodman displayed his talents at the beginning of this year with an investigation of 18 cases involving stolen lawn equipment from lawn service companies in the East Cobb area. The resulting charges included Entering Auto, Theft by Taking, Theft of a Firearm, and Theft by Deception. He networked with Roswell, DeKalb and Gwinnett jurisdictions where additional thefts occurred. The thefts occurred again this summer by the same offender. His suspect information was shared to neighboring jurisdictions and he was arrested again in Sandy Springs in September.

In another long and intricate case, Det. Goodman investigated 11 Entering Auto cases that had occurred in February on Little Road and Powers Ferry Roadways. His investigation resulted in charges for Entering Auto, Burglary, Financial Transaction Card Theft and Fraud. His persistence resulted in the additional charges for the violation of the GA Street Gang Act.

In August, the Powers Ferry Road area was plagued with multiple smash and grab style business burglaries. Detective Goodman's investigation developed a possible suspect who was arrested several days later by Morning Watch officers while committing a burglary at the BP gas station. Det. Goodman then led the investigation that resulted in tying the offender to 6 business burglaries and charges for violation the GA Street Gang Act.

Along with his regular assigned cases, Detective Goodman has also taken on additional cases throughout the year that he has been given as a result of his working relationships with loss prevention companies, resulting in additional arrests.





◀ **CHRISTOPHER M. FREW**  
**POLICE OFFICER**  
**PRECINCT 4**  
**OFFICER OF THE YEAR,**  
**DAY SHIFT**

Officer Chris Frew began his career with Cobb County Police Department in June 2011. Prior to this, he served in both the United States Navy and the United States Army, where he held the

rank of sergeant and was awarded the Bronze Star for his actions in combat.

As a member of Precinct 4, Day Shift, Officer Frew maintains work activity levels at or near the top of the shift. He comes to work each day with a great attitude and never shows any negativity. He works to keep morale high on the shift and often provides baked goods for the shift at his own expense.

In the field, Officer Frew makes good decisions while on calls, and is known for taking the extra steps to ensure that everything possible has been done for both complainants and victims. He exhibits special interest in cases involving elder care and abuse, crisis intervention, citizens with disabilities and critical incidents involving negotiations.

Officer Frew was one of the first officers trained in the use of the police department's new first aid kits. On August 1, 2014, Officer C. M. Frew responded to a person down call, possibly involving an overdose. Upon his arrival, he performed a medical assessment of the unconscious male patient. Officer Frew located a carotid and distal pulse, but the patient was experiencing agonal breathing with intermittent coughing of blood. Officer Frew inserted a nasopharyngeal tube into the male's left nostril to create an airway. Shortly thereafter, Metro ambulance arrived. While medics started an IV and attached heart monitor probes, Officer Frew ventilated the patient with a bag valve mask. He continued to provide oxygen to the male until relieved by Cobb Fire personnel. The low sick male was quickly transported to Kennestone Hospital where he was given numerous doses of Narcan and intubated due to respiratory arrest. According to a Cobb Fire Engineer with Rescue 20 and members of Engine 15, the actions of Officer Frew greatly increased the survivability of the male. The male's airway was full of blood. The nasopharyngeal tube insertion increased blood flow to the male's brain, probably preventing a full cardiac arrest. Metro ambulance personnel categorized the male patient as critical and expressed their admiration for Officer Frew by initially inserting the nasopharyngeal tube to allow for increased respiration, as well as his continued assistance in providing oxygen to the patient through the use of the bag valve mask.

Officer Frew is a fine example of the high standards required by the Cobb County Police Department.



◀ **RYAN C. STILZ**  
**POLICE OFFICER**  
**PRECINCT 4**  
**OFFICER OF THE YEAR,**  
**EVENING SHIFT**

Ryan Stilz was hired by the Cobb County Police Department in May 2011. Officer Stilz is the consummate professional. While still a young officer himself, he has taken a lead role on the shift and the newer officers frequently ask him for advice.

Officer Stilz has taken a role as a team member. He maintains a positive, upbeat attitude, which helps motivate the other officers on the shift. He consistently stays late and assists other shift members processing their evidence and paperwork. Officer Stilz has worked his off days when the precinct needed the manpower.

Officer Stilz demonstrated his commitment to both the public and his fellow coworkers when the metro area had been hit with ice storms which resulted in closed roadways and the issuance of a state of emergency by the Governor. Officer Stilz, during treacherous conditions, made his way to the Precinct 4 headquarters and picked up fellow officers along the way.

Officer Stilz should be commended for his hard work and commitment to his co-workers and the citizens of Cobb County. 🇺🇸

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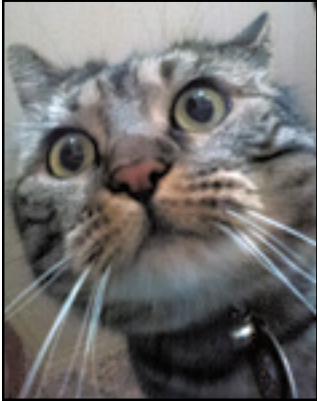
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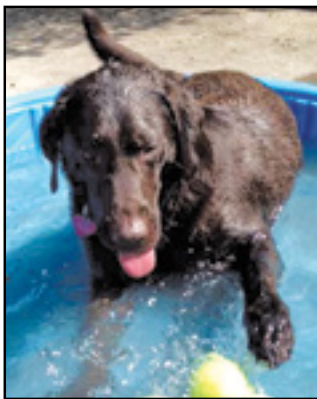
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## CAT CLUBS

### Atlanta Cat Shows

[www.atlantacatshows.org](http://www.atlantacatshows.org)  
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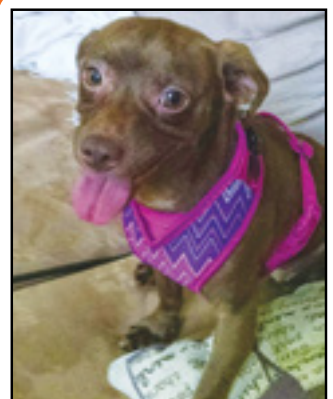
### CFA Breeder Assistance & Breed Rescue, Inc.

[www.cfabreederassist-rescue.org](http://www.cfabreederassist-rescue.org)  
Charlene Campbell, CFABreedRescue@aol.com  
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## DOG CLUBS

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[www.atlantadpc.com](http://www.atlantadpc.com)

For well over two decades, the Atlanta Doberman Pinscher Club (ADPC) has strived to fulfill its mission through various activities including two annual specialty shows, temperament testing, and, most importantly, periodic meetings where members network and share a wealth of information with each other as well as hear from a spectrum of different speakers on matters of health, nutrition, fun things to do with your dogs, rescue, etc.

### Atlanta Obedience Club

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678-948-7826 • [www.atlantaobedienceclub.com](http://www.atlantaobedienceclub.com)

AOC is a non-profit organization. It exists for the purpose of promoting the training of dogs, disseminating the knowledge of obedience and racking training, advancing the interests of all pure bred dogs, encouraging the training of judges, holding and supporting obedience trials, tracking trials, agility trials and matches. AOC promotes cooperation and good sportsmanship among the club members in both the training and exhibition of dogs.

### Bulldog Club of Metropolitan Atlanta

[www.bulldogclubofmetropolitanatlanta.com](http://www.bulldogclubofmetropolitanatlanta.com)

The Bulldog Club of Metropolitan Atlanta is a member of The Bulldog Club of America's Division VIII. Their goals are to protect the interests and advance the welfare of the AKC Bulldog.

### Cavaliers of Greater Atlanta

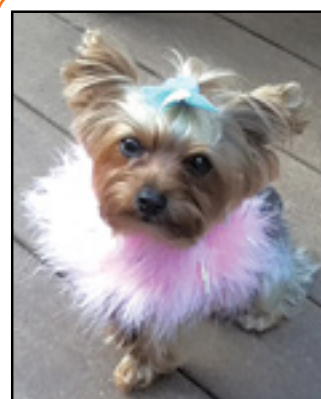
[www.ckcscatlanta.org](http://www.ckcscatlanta.org)

A sanctioned breed specialty club licensed by the AKC to conduct dog shows and matches. Membership is maintained in the American Cavalier King Charles Spaniel Club (the ACKCSC), which is the AKC parent club for the breed. The purpose of the club is to protect and advance the interests of the breed by promoting quality breeding, sportsmanlike competition and the education of members and the general public.



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## DOG CLUBS

### Chattahoochee Weimaraner Club

[www.chattahoocheeweim.org](http://www.chattahoocheeweim.org)  
Jim Macke • [jimmacke@chattahoocheeweim.org](mailto:jimmacke@chattahoocheeweim.org)  
The Chattahoochee Weimaraner Club offers a multitude of opportunities for Weimaraner enthusiasts, including a number of fun days throughout the year which give you a chance to try agility, swimming, bird work, and just plain fun.

### Greater Atlanta Boston Terrier Club

[www.akc.org/akc\\_clubs](http://www.akc.org/akc_clubs)  
President Roni Ealy • [Goodsoncpa@aol.com](mailto:Goodsoncpa@aol.com)

### Kennesaw Kennel Club

PO Box 803 • Marietta, GA 30061  
[www.kennesawkennelclubinc.org](http://www.kennesawkennelclubinc.org)  
AKC All Breed Kennel Club. They offer conformation training and obedience classes three times a year. They also have breeder referral.

### Smyrna/Atlanta Toy Dog Meetup Group

[www.toydog.meetup.com/Smyrna-Atlanta-toydoglovers/](http://www.toydog.meetup.com/Smyrna-Atlanta-toydoglovers/)  
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### Southeastern Greyhound Club (SEGC)

364 Country Club Drive • Newnan, GA 30263  
770-GREYPET (473-9738) • [www.greyhoundadoption.org](http://www.greyhoundadoption.org)  
[info@greyhoundadoption.org](mailto:info@greyhoundadoption.org)  
The Southeastern Greyhound Club's purpose is to provide Greyhound owners with a variety of ways to have fun with their Greyhounds, and to promote the breed by spreading the word about what wonderful pets Greyhounds make.

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4346 Steinhauer Road • Marietta, GA 30066  
770-591-3160 • [prca.cobbcountyga.gov](http://prca.cobbcountyga.gov)  
Cobb County's first off-leash dog park officially opened on October 21, 2006. Located in Sweet Mountain Park, the dog park has an area for large dogs and an area for smaller dogs weighing 30 lbs. or less. There are benches conveniently located for dog owners as well. Open daily dawn till dusk. Closed each Wednesday morning for maintenance.

### Pitner Road Dog Park

2450 Pitner Road • Acworth, GA 30101  
770-528-8890 • [prca.cobbcountyga.gov](http://prca.cobbcountyga.gov)  
Open daily dawn till dusk. Separate areas for large and small dogs. Playground and picnic pavilion nearby for owners. Closed each Wednesday morning for maintenance.

## DOG PLAYCARE/SLEEPOVERS/GROOMING

### A Passion for Pets Playcare

1083 Sandy Plains Road • Marietta, GA 30066  
770-427-4333 • [www.apassionforpetsplaycare.com](http://www.apassionforpetsplaycare.com)  
In business for ten years, this is a cage free facility. Expertise in playcare, sleepovers, grooming, retail ship and training/agility.

## Lost & Found Rules & Regulations

- Upon receipt of any domestic animal impounded, wearing a tag, the Cobb County Animal Control Division will make diligent efforts to ascertain the identity of the animal's owner and, if identified, shall, within 24 hours of receipt, contact the owner by telephone. It shall send notice of impoundment to the owner by mail.
- All animals impounded shall be kept at the Animal Control Center for a period of not less than 5 working days unless redeemed within that period.
- Any animal not re-deemed shall be considered abandoned to the Animal Control Division, in which all rights of ownership shall vest in the Animal Control Division; and the owner shall have no further claim to such animal.
- The owner of any animal impounded may regain possession of the animal upon payment of applicable fees: \$50 reclaim fee for the first occurrence and \$100 for the second offense; \$10/each day the animal was in the pound; and, any medical fees incurred. For more information call: 770-428-5678.



## GROOMING

### Hot Dogs Cool Cats Grooming Spa & Boutique

255 Village Parkway NE, Suite 730 • Marietta, GA 30067  
770-858-1000 • [www.hotdogscoolcats.net](http://www.hotdogscoolcats.net)  
Ultimate TLC grooming and pampering, the best products, always muzzle free. Only grain free nutrition, treats they love. Fun, tough toys. Great gifts for pet parents.

## HORSE CLUBS

### Cherokee County Saddle Club

770- 655-0819 • [www.cherokeesaddleclub.com](http://www.cherokeesaddleclub.com)  
President Jim Gitzingr • [CCSCPres@gmail.com](mailto:CCSCPres@gmail.com)  
Meet and join other members for trail rides, poker rides, parades and educational clinics. Plus there are various social activities during the year such as monthly meetings, picnics, and parties.

### Georgia Federation of Saddle Clubs

[www.georgiafsc.com](http://www.georgiafsc.com)  
The Georgia Federation of Saddle Clubs is a non-profit Equestrian Club. The members of the Federation compete in Judged (Performance) and Timed (Running) events.

### Georgia Horse Council

P.O. Box 1307 • Dacula, GA 30019  
[www.georgiahorsecouncil.com](http://www.georgiahorsecouncil.com)  
The Georgia Horse Council is a non-profit organization dedicated to promoting, educating and unifying equine-interested people, state horse organizations and state breed associations in Georgia.

### Rhinestone Rodeo Chics

770-715-2028 • [www.eteamz.active.com/rhinestonerodeochics](http://www.eteamz.active.com/rhinestonerodeochics)  
A rodeo and special events drill team formed to promote the love of horses and good horsemanship while providing high speed, thrilling, fast paced fun and family entertainment for all audiences.

### Saddle Up Cobb

[www.saddleupcobb.org](http://www.saddleupcobb.org)  
Meetings are held monthly (Schedule TBD). If you are a horse lover and want to network and ride with local riders of all abilities and disciplines, then Saddle Up Cobb is for you.

## PET ADOPTIONS & SHELTERS

### Adopt a Golden Atlanta

404-DOGLESS (364-5377) • [www.adoptagoldenatlanta.com](http://www.adoptagoldenatlanta.com)  
Adopt a Golden Atlanta is an all volunteer, non-profit organization dedicated to finding warm, loving homes for unwanted and/or abused golden retrievers before they become strays or are turned into animal shelters.

### All Paws Considered

770-640-5550 • [www.petfinder.com/shelters/GA175.html](http://www.petfinder.com/shelters/GA175.html)  
All Paws Considered is an all no-kill pet rescue organization. They rescue neglected, abused and homeless animals and provide them with needed medical care and rehabilitation until permanent homes can be found.

### Atlanta Animal Rescue Friends

6570 James B River Drive • Stone Mountain, GA 30083  
678-318-1886 • [www.aarfatlanta.org](http://www.aarfatlanta.org)  
AARF was founded in 2002 and is a 501(c)(3) non-profit animal rescue organization licensed by the state of Georgia that works to assist abandoned, abused and stray animals in finding new, loving homes.

### Atlanta Beagle Rescue

[www.atlantabeaglerescue.org](http://www.atlantabeaglerescue.org)  
Helps find homes for beagles in need. Each dog is spayed/neutered, vet checked and microchipped.

## PET ADOPTIONS & SHELTERS

### Atlanta Pet Rescue

4874 S. Atlanta Road SE • Smyrna, GA 30080  
404-815-6680 • [www.atlantapetrescue.org](http://www.atlantapetrescue.org)  
Atlanta Pet Rescue & Adoption (APRA) is a non-profit, volunteer-based, no-kill shelter dedicated to rescuing and rehabilitating dogs and cats so they can be adopted into safe and loving forever homes.

### Atlanta Bully Rescue

[www.petfinder.com/shelters/GA645.html](http://www.petfinder.com/shelters/GA645.html)  
The goal of ABR is to rescue and rehabilitate stray and owner-surrendered bull breed canines and find them new forever homes.

### Basset Hound Rescue of Georgia

P.O. Box 680322 • Marietta, GA 30068  
770-499-1164 • [www.bhrg.org](http://www.bhrg.org)  
Basset Hound Rescue of Georgia, Inc. is a non-profit, volunteer effort to save abandoned and mistreated basset hounds for the love of the breed.



# Hot Dogs Cool Cats

## DOG GROOMING SPA NUTRITION & BOUTIQUE

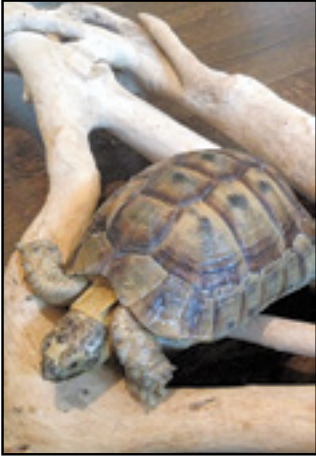


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[www.HotDogsCoolCats.net](http://www.HotDogsCoolCats.net)

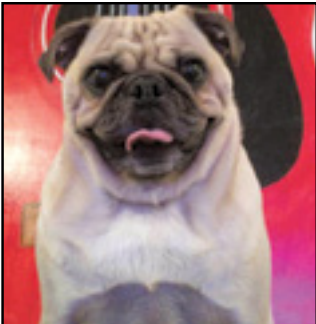
*Book your Holiday appointments today.  
Keep your fur kids looking fabulous for the festivities.*





**Rudy**

Owner: Jack & Gracie Magill



**Fender**

Owner: April Easterwood

## PET ADOPTIONS & SHELTERS

### Cobb County Animal Shelter

1060 Al Bishop Drive • Marietta, GA 30008  
770-499-4136 • [www.cobbcounty.org/animalcontrol](http://www.cobbcounty.org/animalcontrol)  
As a unit of the Department of Public Safety, the shelter is responsible for handling complaints in Cobb County regarding dangerous, stray, or dead animals and animal cruelty. Call for hours.

### Cocker Spaniel Rescue of Georgia, Inc

678-318-1451 • [cocker4you@gmail.com](mailto:cocker4you@gmail.com)

### Ferret Business of Georgia

678-345-8584 • [www.petfinder.com/shelters/ferretbusiness.html](http://www.petfinder.com/shelters/ferretbusiness.html)

### Forgotten Paws Pet Rescue

[www.forgottenpaws.com](http://www.forgottenpaws.com) • [info@forgottenpaws.com](mailto:info@forgottenpaws.com)

### Good Mews Animal Foundation

736 Johnson Ferry Road, Suite A3 • Marietta, GA 30068  
770-499-CATS (2287) • [www.goodmews.org](http://www.goodmews.org)  
[adopt@goodmews.org](mailto:adopt@goodmews.org)  
A non-profit organization that operates a no-kill, cage-free shelter for homeless, abused, and abandoned cats.

### Humane Society of Cobb County

148 Fairground Street SE • Marietta, GA 30060  
770-428-5678 • [www.humanecobb.com](http://www.humanecobb.com)  
Encourages the humane treatment of animals and proper care of pets. Offers animal control, humane education, library, lost and found, and adopt-a-pet program.

### Mostly Mutts

770-325-PETS (7387) • [www.mostlymutts.org](http://www.mostlymutts.org)  
[info@mostlymutts.org](mailto:info@mostlymutts.org)

### Mutt Maddness

P.O. Box 71821 • Marietta, GA 30007  
404-406-6322 • [www.muttmaddness.org](http://www.muttmaddness.org)  
[info@muttmaddness.org](mailto:info@muttmaddness.org)



**Missy**

Owner: Sharon Mason



**Hobbes**

Owner: Becky Schaar



We care about him as much as you do.



1028 Woodlawn Drive, Marietta • 770-977-9000 • [www.montroseanimalhospital.com](http://www.montroseanimalhospital.com)



## PET ADOPTIONS & SHELTERS

### Georgia House Rabbit Society

2280 Shallowford Road • Marietta, GA 30066  
678-653-7175 • [www.houserabbitga.org](http://www.houserabbitga.org)

The Georgia House Rabbit Society is committed to rescuing abused, abandoned and neglected domestic house rabbits, fostering them and finding them great homes. They work to educate the public on rabbit behavior and proper care.

### Our Pal's Place

4508 Canton Highway • Marietta, GA 30066  
678-795-0202 • [www.ourpalsplace.org](http://www.ourpalsplace.org)  
[helpanimals@ourpalsplace.org](mailto:helpanimals@ourpalsplace.org)

Pet adoption facility and education center. Its mission is to rescue dogs from euthanasia at local animal control shelters.

### Papillon 911

P.O. Box 682225 • Marietta, GA 30068  
[www.pap911rescue.org](http://www.pap911rescue.org)

A rescue organization committed to rescuing Papillons from dog-breeding facilities.

## PET CLUBS — MISC.

### Animals Deserve Better, Inc.

P.O. Box 72016 • Marietta, GA 30007  
770-402-0297 • [www.animalsdeservebetter.com](http://www.animalsdeservebetter.com)

### Dog Hikers Club

770-992-2002  
Dr. Dan Batchelor • [DrBatch@aol.com](mailto:DrBatch@aol.com)  
Encourages dogs to accompany members on 10-mile hikes throughout North Atlanta area.

## PET CLUBS — MISC.

### Happy Tails Pet Therapy, Inc.

P.O. Box 767961 • Roswell, GA 30076  
770-740-8211 • [www.happytailspets.org](http://www.happytailspets.org)

Happy Tails is a non-profit group of pet owners with a common goal - to volunteer time to share the unconditional love and joy pets can give to patients and residents at a variety of facilities.

## PET SUPPLIES

### Earthwise Pet

4880 Lower Roswell Road, Unit 10 • Marietta, GA 30068  
678-909-6805 • [www.earthwisepet.com/atlanta](http://www.earthwisepet.com/atlanta)  
All natural pet foods, treats, and toys. Self-service dog wash and professional grooming available.

## PET TRAINING

### Family Dog Training Inc.

East Cobb Location Coming Soon  
770-317-1957 • [www.FamilyDogTrainingGA.com](http://www.FamilyDogTrainingGA.com)  
Family Dog Training provides positive training for your family dog. They focus on basic manners and socialization for your puppy as well as adult dog.

## PET WALKING & SITTING

### Critter Sitters, Inc.

323 Gramling Street SE • Marietta, GA 30008  
404-805-5729 • [www.critter-sitters.com](http://www.critter-sitters.com)  
Critter Sitters is Atlanta's oldest and largest in-home pet sitting service. All sitters are bonded and insured. Check out our reviews on Kudzu.com

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## RESCUE GROUP ADOPTION EVENTS

Every weekend, local animal rescue groups offer at least one adoption event so their animals can strut their stuff and find their forever homes! These events allow adopters to meet several dogs or cats at the same time and choose the perfect match. The following lists the different animal rescue group and where they hold their weekly adoption events.

### ALL ABOUT CATS

404-401-6793

> Saturdays and Sundays 12noon-5pm  
Petsmart, 625 W. Crossville Road, Roswell 30075

\*Cats are always at this store and can be viewed any day of the week.

### ANGELS AMONG US

877-404-5874 | [www.angelsrescue.org](http://www.angelsrescue.org)

Saturdays 10am-1pm | Top Dogs, 900 Mansell Road #13, Roswell 30076

### ATLANTA CANINE/

#### ATLANTA CANINE ADOPTION PROJECT

678-910-6382 | [www.acap.petfinder.com](http://www.acap.petfinder.com)

Sundays | Pet Supermarket, 5665 Atlanta Highway, Alpharetta 30004

\*Call Pet Supermarket - 770-569-4707 for specific dates/times.

### BASSET HOUND RESCUE GEORGIA

770-499-1164 | [www.bhrg.org](http://www.bhrg.org)

Saturdays and Sundays 10am-1pm | Petco, 50 Ernest W. Barrett Parkway #500, Marietta 30066

### CANINE CRUSADERS

770-374-6194 | [www.caninecrusaders.petfinder.com](http://www.caninecrusaders.petfinder.com)

Saturdays 11am-4pm | Petsmart, 1285 Johnson Ferry Road, Marietta 30068

### CASTOFF PET RESCUE

706-781-3992 | [www.castoffpetrescue.org](http://www.castoffpetrescue.org)

Saturdays 12noon-6pm | Petsmart, 6370 North Point Parkway, Alpharetta 30022

\*Call Petsmart – 770-343-8511 for specific dates.

## RESCUE GROUP ADOPTION EVENTS

### CATS IN THE CRADLE

678-910-6579 | [www.catsinthecradlerescue.org](http://www.catsinthecradlerescue.org)

> Saturdays 11am-5pm | Petsmart, 6370 North Point Parkway, Alpharetta 30022

> Sundays 12noon-4pm | Petsmart, 6370 North Point Parkway, Alpharetta 30022

> Monday through Friday by appointment  
Petsmart, 6370 North Point Pkwy, Alpharetta 30022

### CHEROKEE COUNTY HUMANE SOCIETY

770-592-8072 | [www.cchumanesociety.org](http://www.cchumanesociety.org)

> Saturdays and Sundays 10am-1pm | Petco, 50 Ernest W. Barrett Parkway #500, Marietta 30066

> Saturdays 11am-4pm | Petsmart, 142 Woodstock Square Avenue, Woodstock 30189

> Sundays 11am-4pm | Petsmart, 1285 Johnson Ferry Road, Marietta 30068

\*Call Petsmart, 1285 Johnson Ferry Road, Marietta 30068 for specific dates.

\*\*Cats are always at Petsmart, 1285 Johnson Ferry Road, Marietta 30068 and at Petco, 50 Ernest W. Barrett Parkway #500, Marietta 30066 and they can be viewed any day of the week.

### COMPANION ANIMALS CONNECTION

678-493-9847 | [www.adoptapet.com](http://www.adoptapet.com)

Saturdays 11:30am-2pm | Petsmart, 625 West Crossville Road, Roswell 30075

### FANCY FELINE OF THE SOUTH

678-522-2152 | [www.fancyfelineescue.org](http://www.fancyfelineescue.org)

Saturdays 11am-4pm | Petsmart, 860 Cobb Place Boulevard NW, Kennesaw 30144

Sundays 1pm-4pm | Petsmart, 860 Cobb Place Boulevard NW, Kennesaw, GA 30144

### FULTON COUNTY ANIMAL SERVICES

404-875-5331 | [www.fultonanimalservices.com](http://www.fultonanimalservices.com)

> Saturdays 12noon-6pm | Petsmart, 6370 North Point Parkway, Alpharetta 30022

> Sundays | Petsmart, 6370 North Point Parkway, Alpharetta 30022

\*Call Petsmart – 770-343-8511 for specific Sunday dates/times.



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## RESCUE GROUP ADOPTION EVENTS

### FURKIDS ANIMAL SHELTER

770-613-0009 | [www.furkids.org](http://www.furkids.org)

> Sundays (last Sunday of each month) 12noon-3pm Petco, 10980 State Bridge Road, Alpharetta 30022

> Monday through Friday by appointment | Petsmart, 6370 North Point Pkwy, Alpharetta 30022

\*Cats are always at Petco, 10980 State Bridge Road, Alpharetta 30022, Petsmart at Northpoint, 6370 North Point Parkway, Alpharetta 30022 and at Petco, 2340 Holcomb Bridge Road, Roswell 30076.

### GEORGIA HOUSE RABBIT SOCIETY

678-653-7175 | [www.houserabbitga.com](http://www.houserabbitga.com)

Rabbits are always at Petco, 1100 Johnson Ferry Road, Marietta 30068

### GOOD MEWS ANIMAL FOUNDATION

770-499-2287 | [www.goodmews.org](http://www.goodmews.org)

> Saturdays | Petco, 1100 Johnson Ferry Road, Marietta 30068

> Saturdays | Unleashed by Petco, 2900 Delk Road, Marietta 30067

\*Call Petco, 1100 Johnson Ferry Road – 770-321-3449 and Unleashed by Petco, 2900 Delk Road – 770-612-9423 for specific dates/times.

### GERMAN SHEPHERD RESCUE OF GEORGIA

[www.gashepherd.org](http://www.gashepherd.org)

Saturdays (third Saturday of each month) 11am-3pm Top Dogs, 900 Mansell Road #13, Roswell 30076

### HOMEWARD BOUND

706-698-HOME | [www.hbpr.org](http://www.hbpr.org)

>Saturdays 11am-5pm | Petsmart, 860 Cobb Place Boulevard, Kennesaw 30144

>Sundays (first and third of each month) 12noon-5pm | Petsmart, 860 Cobb Place Boulevard, Kennesaw 30144

### LIFELINE ANIMAL PROJECT

404-292-8800 | [lifelineanimal.org](http://lifelineanimal.org)

Cats are always at Petco, 1100 Johnson Ferry Road, Marietta 30068

### MISFIT HAVEN ANIMAL RESCUE

706-766-8539 | [www.misfithavenanimalrescue.com](http://www.misfithavenanimalrescue.com)

Saturdays and Sundays 10am-3pm | Petco, 1100 Johnson Ferry Road, Marietta 30068

## RESCUE GROUP ADOPTION EVENTS

### MOSTLY MUTTS

770-325-PETS | [www.mostlymutts.org](http://www.mostlymutts.org)

Saturdays 11:30am-4pm | Petsmart, 860 Cobb Place Boulevard, Kennesaw 30144

### MUTT MADD-NESS

404-406-6322 | [www.muttmaddness.org](http://www.muttmaddness.org)

Saturdays 11am-2pm | Unleashed by Petco, 2900 Delk Road, Marietta 30067

\*Call Unleashed by Petco – 770-612-9423 for specific dates.

### RELEASED RESCUE

[www.releasedrescue.com](http://www.releasedrescue.com)

Sundays 12noon-4pm | Petsmart, 625 West Crossville Road, Roswell 30075

### RESCUE ME GEORGIA

[www.rmgdogs.org](http://www.rmgdogs.org)

Saturdays 10am-1pm | Top Dogs, 900 Mansell Road #13, Roswell 30076

### SOUTHEASTERN GREYHOUND RESCUE

770-473-9738 | [www.greyhoundadoption.org](http://www.greyhoundadoption.org)

> Saturdays (first of each month) 12noon-2pm Top Dogs, 900 Mansell Road #13, Roswell 30076

> Sundays (third of each month) 2pm-4pm Petco, 10980 State Bridge Road, Alpharetta 30022

## Cobb & Cherokee Emergency Veterinary Clinics

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Woodstock, GA 30189  
[www.cobbbevc.com](http://www.cobbbevc.com)

# COMMUNITY CALENDAR

**Free Mulch.** Cobb EMC offers free mulch from the clearance maintenance of Cobb EMC power lines. It is available throughout the year and can be delivered when crews are in your area. More info: 678-355-3413.

## TUESDAY AND SATURDAY

### Feeding Time at the Chattahoochee Nature Center.

Join a naturalist for an in-depth look at one of their resident animals as they are being fed. 4pm. Admission: \$6 for Child/\$10 Adult/\$7 Seniors 65+/\$7 Students. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055.

## EVERY SATURDAY

### Free Arts and Crafts at Lakeshore Learning Store.

Make a Harvest Headdress, Family Picture Tree, Giving Thanks Centerpiece, Cool Catch Penguin. 11am-3pm. Ages 3 and up. Lakeshore Learning Store, 4287 Roswell Road, Marietta. More info: 770-578-3100 or [www.lakeshorelearning.com](http://www.lakeshorelearning.com).

## EVERY SATURDAY AND SUNDAY

**Marietta Square Farmers Market** featuring products that are grown and produced in Georgia, including produce, plants, honey, breads, and cheese. Saturday: 9am-12pm. Sunday: 12-3pm. Glover Park-Marietta Square. More info: 770-499-9393 or [www.mariettasquarefarmersmarket.net](http://www.mariettasquarefarmersmarket.net).

## EVERY SATURDAY AND SUNDAY

**Trail Hikes.** Trail Hikes. A docent guides you on a journey through the Chattahoochee Nature Center trails using biofacts and activities to spark your "natural" curiosity. 1 and 3 pm. Admission: \$10 adults/\$7 seniors/\$6 children ages 3-12 and free for 2 and under and members. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055.

## THROUGH NOVEMBER 16

**The Elephant Man.** Tony award winning drama based on the life of John Merrick, a horribly deformed young man, found abandoned and helpless. Wednesday: 7:30pm. Thursday-Friday: 8pm. Saturday: 4pm & 8pm. Sunday: 2:30pm. Tickets: Weekdays and Matinees: Section A: \$28 Section B: \$25 Students/Seniors over 65: \$3 off. Friday Night: Section A: \$33 Section B: \$29. Saturday Night: Section A: \$35 Section B: \$35. Perimeter seating for any day: \$10. Roswell Cultural Arts Center, 950 Forrest Street, Roswell. More info: 770-641-1260 or [get.org](http://get.org)



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6:30 PM BUILDING THE  
LEGO MENORAH

8:00 PM MENORAH LIGHTING  
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## THROUGH NOVEMBER 23

**Good Mews Décor Market.** Get started on your holiday shopping at the Good Mews annual Holiday Décor Market. Choose from festive fall décor, collectibles, ornaments and tree trimmings, party platters and serving ware, knick-knacks and so much more! Saturdays: 10am-5pm; Sundays 12-5pm Admission is free. Sandy Plains Shopping Center, 1860 Sandy Plains Road, Suite 200, Marietta. More info: [www.goodmews.org](http://www.goodmews.org).

## NOVEMBER 6-8

**You're a Good Man Charlie Brown** presented by Lassiter Theatre. 7pm. Tickets: \$7 at the door. Lassiter High School Theatre, 2601 Shallowford Road, Marietta. More info: [www.lassitertheatre.org](http://www.lassitertheatre.org).

## NOVEMBER 6-9

**Chicago** presented by the Lyric Theatre. Set amidst the razzle-dazzle decadence of the 1920s, Chicago is the story of Roxie Hart, a housewife and nightclub dancer who maliciously murders her on-the-side lover after he threatens to walk out on her. \*Not suitable for young children. Thursday – Saturday: 8pm. Saturday & Sunday 2pm. Jennie T. Anderson Theatre, Cobb Civic Center, 548 South Marietta Parkway, SE, Marietta. More info: [www.AtlantaLyricTheatre.com](http://www.AtlantaLyricTheatre.com) or 404-377-9948.

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## NOVEMBER 7

**Cobb Executive Women Luncheon.** Speaker: Jeri Barr, CEO of the Center for Family Resources, shares the TED Talk. Registration and networking: 11am. Program: 11:15am. Members: \$20 online (by noon, November 5) or \$35 at door. Guests: \$30 online (by noon, November 6) or \$45 at door. The Georgian Club, 100 Galleria Parkway, 17th Floor, Atlanta. More info: 770-980-2000 or [www.cobbchamber.org](http://www.cobbchamber.org).

## NOVEMBER 7-8

**29th Annual Mt. Zion Craft Show** sponsored by the Mt. Zion United Methodist Women, featuring artists and crafters, door prize, silent auction, pictures with Santa, bake sale, and more. All proceeds benefit local and church mission projects and charities. Friday: 9am-5pm; Saturday: 9am-4pm. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465 or [www.mtzionumw.org](http://www.mtzionumw.org).

## NOVEMBER 8

**Ladies Day Out.** Enjoy wine, crackers, and cheese while shopping and getting pampered. Vendors will have the latest in skin care, boutique clothing, purses, jewelry, and so much more. Proceeds will benefit Sheltering Grace Ministry, also accepting diaper donations. Free. 11am-1pm. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: 678-848-8958 or [annmariengrenga@gmail.com](mailto:annmariengrenga@gmail.com).

## Mt. Bethel Elementary School Fun Run/Walk/5k.

The Fun Run is dedicated to promoting health and fitness for people of all ages and especially children. 8am. \$23. Mt. Bethel Elementary School, 1210 Johnson Ferry Road, Marietta/East Cobb. More info: 770-578-7248 or [www.mtbethel.blogs.com/funrun](http://www.mtbethel.blogs.com/funrun).

**Tritt Trot.** 5k Road Race and 1 Mile Fun Run benefitting the Tritt Elementary PE Department. Races begin at 7:45 am. Registration fee before October 17: \$20; After October 17: \$25. Register online: [www.RunnersFit.com/tritttrot](http://www.RunnersFit.com/tritttrot). Tritt Elementary School, 4435 Post Oak Tritt Road, Marietta. More info: Kelli Hutchinson at 770-286-9883 or [tritttrot@trittpta.org](mailto:tritttrot@trittpta.org)

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# COMMUNITY CALENDAR

## NOVEMBER 8 & 9

**Christmas at Lassiter.** Come out and pick up your Holiday gifts and stocking stuffers on this two day family event. Crafters from throughout the region offer a wide range of handcrafted products. There is something for everyone. Saturday: 10am - 5pm. Sunday: 1 - 5pm. Lassiter High School, 26011 Shallowford Road, Marietta. More info: 678-494-7870 or [www.lassiterbands.org](http://www.lassiterbands.org).

## NOVEMBER 10

**League of Women Voters Meeting.** State Senator Tippins will speak about education in Georgia. Learn more about Common Core Standards, Race to the Top, and the pros and cons of charter schools versus public schools. 7-8:30pm. Marietta Firehouse Station #1, 112 Haynes Street, 1st Floor Conference Room, Marietta. More info: [www.mariettacobb.ga.lwvnet.org](http://www.mariettacobb.ga.lwvnet.org).

## NOVEMBER 10-15 & 17-22

**40th Anniversary Celebration.** The owners of Frameworks Gallery invite longtime loyal customers and welcomes new ones for champagne and chocolates each afternoon they celebrate 40 years of business in East Cobb. 4-6pm. Frameworks Gallery, 1205 Johnson Ferry Road NE, Marietta. More info: 770-973-6701 or [www.frameworksgallery.com](http://www.frameworksgallery.com).

## NOVEMBER 11

**Enrichment of Life Movement (ELM) 30th Anniversary Gala.** Emceed by Joe Turner, magician, mentalist and professional entertainer. Catered luncheon, celebrate and enjoy the "Elmee" awards – in tribute and in fun. New Horizons Band of Marietta will perform a variety of music. 12:30-3pm. Tickets: \$17/person. First United Methodist Church, Family Life Hall, 56 Whitlock Avenue SW, Marietta. More info: 770-429-7850 Ext. 7845 or [elmcobb@gmail.com](mailto:elmcobb@gmail.com).

## NOVEMBER 12

**Hispanic Heritage Festival.** Commemorating Hispanic Heritage month, Walton Spanish Club invites all students, parents, and community members to enjoy savoring the flavor of the Hispanic world at this event! The festival will feature Spanish music, dances, performances, a quinceañera parade, and food samples. 5-8pm. Admission: \$1, which includes ticket for raffle items (all proceeds will be donated to charity). Walton High School, 1592 Bill Murdock Road, Marietta. More info: [mddieef3@aol.com](mailto:mddieef3@aol.com)

## NOVEMBER 13

**7th Annual Women's Leadership Breakfast,** sponsored by United Way of Greater Atlanta Women of Tocqueville & Women's Leadership Council. Featuring former President Jimmy Carter. 7:30-9:30am. Atlanta Marriott Marquis, 265 Peachtree Center Avenue, NE, Atlanta 30303. More info: [www.mariettacobb.ga.lwvnet.org](http://www.mariettacobb.ga.lwvnet.org).

## Annual Independent High School Admission Fair.

Representatives from over 20 independent high schools from the Atlanta metro area and beyond. Admission to the fair is free and open to the public. 6:30-8:30pm. High Meadows School, Community Center, 1055 Willeo Road Roswell. More info: 770-993-2940 or [jvargas-prada@highmeadows.org](mailto:jvargas-prada@highmeadows.org).

**Annual Marietta Student Film Festival.** Georgia's premier student film festival spotlights funny, original short films submitted by Cobb County students, ages 11-25, all competing to win a grand prize of \$1,000! All 2014 submissions focus on the theme, This Changes Everything. 7-9pm. Free admission. Earl Smith Strand Theatre, 117 North Park Square, Marietta. More info: 770-293-0080, [www.earlsmithstrand.org](http://www.earlsmithstrand.org).






## NOVEMBER 13

**Mt. Bethel Christian Academy Main Campus Open House** for prospective families for the 2015-16 school year. 10am. Mt. Bethel Christian Academy, 4385 Lower Roswell Road, Marietta. More info: 770-971-0245 or [www.mtbethelchristian.org](http://www.mtbethelchristian.org).

## NOVEMBER 13&14

**East Hampton Women's Club Annual Holiday Gift Sale.** Forget the crowds at the mall and let us help you find the perfect Holiday Gift for everyone on your list. Come shop for unique, hand-made items along with gifts from your favorite direct sales vendors. Thursday: 5-9pm. Friday: 9-4pm. East Hampton Community Clubhouse, 2055 Kinsmon Drive, Marietta. More info: Tara Blackstock, [easthamptonwomensclub@gmail.com](mailto:easthamptonwomensclub@gmail.com).

## NOVEMBER 13-16

**Charlie and the Chocolate Factory.** Now is your chance to join Charlie Bucket in his adventurous tour of Willy Wonka's world-famous Chocolate Factory! See Augustus Gloop, Violet Beauregarde, Veruca Salt, Grandpa George, Grandma Georgina, Willy Wonka and Charlie himself come to life. Tickets: \$8-\$15. Thursday-Saturday: 7:30pm. Saturday & Sunday: 2pm. Sunday: 6pm. Art Place - Mountain View, 3330 Sandy Plains Road, Marietta. More info/tickets: [info@ccyp.org](mailto:info@ccyp.org) or 404-692-2297.

## NOVEMBER 15

**Customer Appreciation Gala.** To celebrate their 40th anniversary the owners of Frameworks Gallery invite you to their Customer Appreciation Gala, featuring the works of over 40 fine artists. There will be champagne and hors d'oeuvres, party favors, door prizes and other surprises! 6-9pm. Frameworks Gallery, 1205 Johnson Ferry Road NE, Marietta. More info: 770-973-6701 or [www.frameworksgallery.com](http://www.frameworksgallery.com).

## NOVEMBER 15

**Greyhound Gallop.** 1K and 5k Road Race benefitting the Garrison Mill Elementary School's PTA enrichment efforts. 1K begin at 8am; 5K begins at 8:30am Registration: \$35; Family of 4: \$100; Phantom Runner: \$25. Register online: [www.greyhoundgallop.com](http://www.greyhoundgallop.com). Garrison Mill Elementary School, 4111 Wesley Chapel Road, Marietta. More info: 770-642-5600 or [www.greyhoundgallop.com](http://www.greyhoundgallop.com).

**Mt. Bethel Christian Academy North Campus Open House** for grades 9 and 10 for the 2015-16 school year. 11am. Mt. Bethel Christian Academy-North Campus, 2509 Post Oak Trill Road, Marietta. More info: 770-971-0245 or [www.mtbethelchristian.org](http://www.mtbethelchristian.org).

## NOVEMBER 16

**7th Annual Kol Emeth Craft and Gift Fair.** Support this annual fundraising craft and gift fair with over 30 vendors. Get all your holiday shopping done in one place. Offering a wide variety of products including jewelry, handbags, art, designer pet supplies, books, accessories, kitchenware of all kinds, children's clothing, skin care products, gifts for men, Judaica, and more. 8:30am-2pm. Temple Kol Emeth, 1415 Old Canton Road, Marietta. More info: 770-973-9025 or [www.kolemeth.net](http://www.kolemeth.net).

## NOVEMBER 17

**Getting Comfortable With Your New e-Reader.** The library has e-books available for download, but how do you get to them? How do you read them or listen to them with your new gadget? Join Burr Osoinach at East Marietta Library for a fun and de-mystifying demonstration of how to unlock the new world of e-books with your library card! 2-4pm. East Marietta Library, 2051 Lower Roswell Road, Marietta. More info: Bruce Thompson, [eastmarb@cobbcat.org](mailto:eastmarb@cobbcat.org) or 770-509-2711.




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 4018 Atlanta Hwy., Loganville, GA 30052 (770) 554-3886 Next to TJ Maxx.




# COMMUNITY CALENDAR

## NOVEMBER 19

**Handmade Pottery and Silver Jewelry Show** by Atlanta artist Barbara Johnston. Inspired by nature, see her unique pieces and meet the artist at Frameworks Gallery from 11:30am-3pm. Frameworks Gallery, 1205 Johnson Ferry Road NE, Marietta. More info: 770-973-6701 or [www.frameworksgallery.com](http://www.frameworksgallery.com).

## NOVEMBER 21-23

**29th Annual Gem and Mineral Show & Sale** presented by Cobb County Gem & Mineral Society. Over 35 vendors will show a large selection of gems, fossils, rocks and bead supplies. Friday-Saturday: 10am-6pm. Sunday: 10am-5pm. Free. Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info: [www.cobbcountymineral.org](http://www.cobbcountymineral.org).

## NOVEMBER 22

**Atlanta Balalaika Society Autumn Concert** of music, dance, and song from Slavic lands. Featuring dance duo of Larissa Nazarenko and Tyler Worth, and vocalist Zhanna Ketslakh. The Atlanta Balalaika Society will perform with domra virtuoso Angelina Galashenkova-Reed, bayan soloist Alla Melnik, John Huston on guitar, and balalaika soloist, David C. Cooper. 7:30pm. Adult tickets: \$20; students and seniors: \$18; children 12 years and under: \$7 (tickets may be purchased with a credit card in advance or with cash or check at the door). Roswell Cultural Arts Center, 950 Forrest Street, Roswell. More info/tickets: 404-292-7176 or [www.atlantabalalaika.com](http://www.atlantabalalaika.com).

**Georgia State Orchestra (GSO) Jazz! Sam Skelton and his amazing Big Band** return to the Earl Smith Strand Theatre for an unforgettable evening of jazz, featuring the music of Fred Sturm! 8pm. Tickets: \$28/adult; \$10/student. Earl Smith Strand Theatre, 117 N. Park Square, Marietta. More info/tickets: [www.georgiasymphony.org](http://www.georgiasymphony.org)

## NOVEMBER 22

**Swedish Christmas Market.** Vendors will be selling baked goods, holiday flower arrangements, traditional and modern handicrafts, Swedish Christmas ornaments, Scandinavian design, and delicious foods. The market also offers kid activities, including kids Lucia at 11am, Vasa Drängar, The Kickers, and Lucia procession at 2pm. 10am-3pm. \$2/adult; under 18 free. Dorothy Benson Center, 6500 Vernon Woods Drive, Sandy Springs. More info: 404-613-4900 or [www.atlanta.swea.org/julmarknadan](http://www.atlanta.swea.org/julmarknadan)

## NOVEMBER 22-23

**32nd Annual Sprayberry Arts & Crafts Show.** Over 150 arts, crafts, raffle and great food. Proceeds go to Sprayberry High School PTSA. Saturday: 9am-5pm. Sunday: 12-4pm. Sprayberry High School, 2525 Sandy Plains Road, Marietta. More info: 770-578-3200.

**Backyard Campout.** Want the great outdoor experience but prefer to stay close to home? Chattahoochee Nature Center (CNC) offers a great opportunity to camp out and experience wildlife on their Wildlife Walk! Bring a picnic, take photos that will last a lifetime, enjoy a campfire with marshmallows, and enjoy the beautiful grounds as you connect to the great outdoors. \$50 General Public/\$35 CNC Members (price per tent). Register by November 19. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or [www.chattnaturecenter.org](http://www.chattnaturecenter.org).

## NOVEMBER 24-29

**Certified Teen Driving Course** offered by Safe America Foundation, licensed by the State of Georgia Department of Driver Services. Students will attend the state-required 30 hours of classroom training after which they must complete the required behind-the-wheel training individually within 6 months. 9am-3:30pm. No classes Thanksgiving Day. \$150/30-hour classroom only. \$474/classroom + 6 hours behind the wheel training. \$574/classroom + 10 hours behind the wheel training. The Safe America Foundation, 2480 Sandy Plains Road, Marietta. More info: 770-973-7223 or [www.safeamerica.org](http://www.safeamerica.org).

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## NOVEMBER 27

**11th Annual Gobble Jog**, MUST Ministries' largest fundraiser. Peachtree qualifying race. Packet pick-up Wednesday, November 26, 12-7pm, First United Methodist Church, 56 Whitlock Avenue, Marietta. Register at any Big Peach Running Company location or on-line at [www.active.com](http://www.active.com). Same day registration for untimed runners only beginning at 6:30am. 10K (7:30am start), 5K (9:00am start), 1K (8:45am start) and Tot Trot (ages 5 & under – 10:30am start). Marietta Square. More info: 678-218-4521 or [www.gobblejog.org](http://www.gobblejog.org).

## NOVEMBER 28-DECEMBER 7

**The Nutcracker**. Sugarplums will surely be dancing in your head as you witness over 300 cast members from the Tolbert Yilmaz School of Dance and The Roswell Dance Theatre in this annual production. \$15-\$55. Roswell Cultural Arts Center, 950 Forest Street, Roswell. More info: 770-998-0259, 1-855-222-2849, or [www.tututix.com](http://www.tututix.com).



## NOVEMBER 29

**Ralphie May**. An amazing night of history as comedian Ralphie May films his next comedy special. 8pm. \$22-\$81.50. Cobb Energy Performing Arts Centre, 2800 Cobb Galleria Parkway, Atlanta. More info: 770-916-2800, [www.cobbenergycentre.com](http://www.cobbenergycentre.com) or [www.ticketmaster.com](http://www.ticketmaster.com).

## NOVEMBER 30

**Here Comes Santa!** Come join the fun with Santa and his live reindeer, face painter, balloon artist and gifts. Bring your camera! 2:30-4:30pm. Parkaire Landing Shopping Center, 4880 Lower Roswell Road, Marietta. More info: Christine Tuton at 404-255-3493.

## DECEMBER 1

**Comic Book Sale**. A large collection of comic books (most boarded and bagged). 10am-9pm. Switzer Library, 266 Roswell Street, Marietta. More info: Patricia Latch, [latchp@cobbcat.org](mailto:latchp@cobbcat.org) or 770-528-2331.

## DECEMBER 4

**Holiday Tree Lighting**. Join Santa Claus to kick off the holiday season. Festivities begin at 5pm with performances by local school choruses. Santa will arrive at 5:20pm and light the giant Christmas tree at 6pm. More entertainment will follow while Santa visits with children in the gazebo until 8pm. Historic Marietta Square. More info: 770-429-1115 or [www.mariettaga.gov](http://www.mariettaga.gov).

## DECEMBER 5-6

**34th Annual Apple Annie Crafts and Arts Show**. Over 130 of the Southeast's finest artisans and crafters. One of the largest nonprofit shows with a high quality and large assortment of crafts and arts in a festive setting. Friday: 9am-7pm. Saturday: 9am-2pm. \$3. Free/under 12. No strollers. Catholic Church of St. Ann, 4905 Roswell Road, Marietta. More info: 770-552-6400 or [www.st-ann.org](http://www.st-ann.org).

## DECEMBER 5-7


**The Nutcracker** presented by The Georgia Ballet. This play features dancing snowflakes, giant toy soldiers, a growing Christmas tree, and a delectable land of sweets. Friday: 7pm. Saturday: 2pm & 7pm. Sunday: 1:30pm & 5:30pm. \$15-\$36. Jennie T. Anderson Theatre, 548 South Marietta Parkway, Marietta. More info: 770-528-0881 or [www.georgiaballet.org](http://www.georgiaballet.org).

## DECEMBER 5&7

**Carols for Christmas: Illuminate**. Traditionally designed around a central idea, this year's theme is the power of light. Special for this year is a dazzling light show that will take concertgoers on a virtual journey, illuminating the performance area from floor to ceiling. December 5: 5:30pm. December 7: 4:30pm. Free; open to the public. Mt. Bethel UMC, 4385 Lower Roswell Road, Marietta. More info: 678-560-7243 or [www.mtbethel.org](http://www.mtbethel.org).



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# COMMUNITY CALENDAR

## DECEMBER 6

**Holiday Pops** featuring Georgia Symphony Orchestra and GSO Chorus. Let it snow, let it snow, let it snow – and stay warm inside with the GSO at their annual Holiday Pops concert! Featuring the annual Sleigh Ride Auction guest conductor and Sing-Along, you'll be humming winter favorites long after the concert ends. 3pm & 8pm. Tickets \$10-\$30. Marietta Performing Arts Center, 1171 Whitlock Avenue, Marietta. More info/tickets: [www.georgiasymphony.org](http://www.georgiasymphony.org).

**St. Nicks Café.** See a show, Santa arrives and each child leaves with a handmade ornament! Breakfast & Lunch provided. 8:30 & 10:30am Breakfast or 12:30pm lunch. Tickets for all, \$10. The Art Place - Mountain View, 3330 Sandy Plains Road, Marietta. More info: [www.tapmarietta.com](http://www.tapmarietta.com)

**WebbyKids Hour of Code for K-5th graders.** The Hour of Code is a one-hour activity in partnership with code.org to promote computer science education. Elementary school students get an introduction to computer. Free. 10am, 12pm, 2pm, or 4pm. McCleskey East Cobb YMCA, 1055 East Piedmont Road, Marietta. More info: [www.webbykids.com/register](http://www.webbykids.com/register).

## DECEMBER 6-7

**The Marietta Pilgrimage**, a Christmas tour of 6 private historic homes all lovingly restored and decorated for the season. Saturday: 9am-6pm. Candlelight tour: 7-9:30pm. Sunday: 10am-6pm. \$20. \$15/candlelight tour. \$25/combo. Cash or check only. Marietta Welcome Center, No. 4 Depot Street, Marietta. More info: 770-429-1115 or 770-426-4982 or [www.mariettapilgrimage.com](http://www.mariettapilgrimage.com).

## DECEMBER 6, 7, 13, 14, 18-24

**Santa on the Square.** Kids' activities and photos with Santa. Saturdays: 10am-6pm. Sundays: 11am-5pm. Christmas Eve: 10am-2pm. Free. Historic Marietta Square. More info: 770-429-1115 or [www.marietta.gov](http://www.marietta.gov).

## DECEMBER 9, 11, 16, 18

**High Tea**, a delightful way to spend an afternoon in the 1839 childhood home of Mittie Bulloch. Visit includes a delicious 2-course tea served by ladies in period clothing and a tour of the house decorated for Christmas. 4pm. \$40/person. Reservations required. Bulloch Hall, 180 Bulloch Avenue, Roswell. More info: 770-992-1731, ext. 7 or [www.bullochhall.org](http://www.bullochhall.org).



[www.edwardjones.com](http://www.edwardjones.com)

### Happy Thanksgiving

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# Holiday Gift Guide

*Make your shopping merry and bright with our Holiday Gift Guide filled with great gift ideas you can get right here in East Cobb!*

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3101 Roswell Road  
Marietta 30062  
770-578-0200  
cookiesbydesign.com



Inspired by nature, Barbara Johnston's unique handmade pottery and silver jewelry make the perfect gift for your special someone!

Frameworks Gallery  
1205 Johnson Ferry Road  
Suite 110  
Marietta 30068  
770-973-6701  
frameworksgallery.com



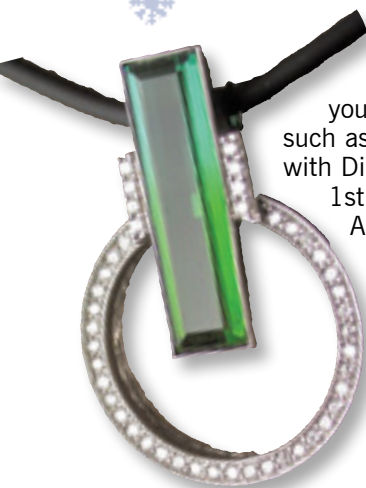
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770-977-9583  
lifegrocery.com



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**Hot Dogs Cool Cats Grooming Spa**  
255 Village Parkway NE  
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770-858-1000  
hotdogscoolcats.net



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**Findlay Rowe Designs.**  
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Roswell 30075  
678-205-3300  
findlayrowedesigns.com

## Holiday Gift Guide



Give yourself or someone you love a gift of a lifetime: piano lessons!

**Silva Piano Studios**  
1518 Blackwell Road  
Marietta 30066  
770-565-7177  
silvapiano.com

Have a Royal Christmas with a great selection of chocolate and unique gifts from The Queen's Pantry.

**The Queen's Pantry**  
4235 Merchants Walk Drive  
Marietta 30068  
678-483-0900  
thequeenspantry.com



Give someone you love a gift certificate for a hair makeover!

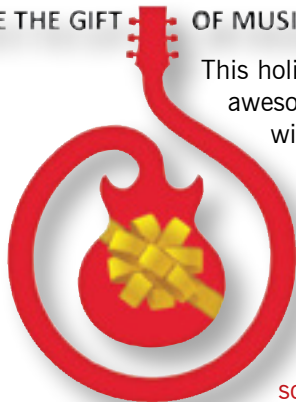
**Patrick Carmen**  
NR.9 Salon  
2520 E. Piedmont Road  
Marietta 30062  
678-427-8000



# Holiday Gift Guide



## GIVE THE GIFT OF MUSIC



This holiday season give the awesome gift of music with a gift certificate for lessons, camps or birthday parties.

**School of Rock**  
2469 East  
Piedmont Road  
Marietta 30062  
770-579-0400  
[schoolofrock.com](http://schoolofrock.com)



Acorn mango wood serving board features elegant oak leaf cluster handles on either side.

**Ivy Lane**  
3605 Sandy Plains Road  
Marietta 30066  
770-578-0506  
[ivylanemarietta.com](http://ivylanemarietta.com)



With so many healthy benefits, a Massage Envy Spa gift card is a great idea for any holiday. \$150 gift card includes a 1-hour massage session, a 1-hour facial session, and gratuity for both therapists.

**Massage Envy Spa**  
1205 Johnson Ferry Road  
Suite 126, Marietta 30068  
678-213-2368  
[massageenvy.com](http://massageenvy.com)



## Coming in December...



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 Mon - Sat: 10 AM - 7 PM Sun: 12 PM - 5 PM  
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**Sunday, November 16<sup>th</sup> - 10:00am – 3:00pm**

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# Veterans Celebrated Throughout Cobb

*Veterans Day, celebrated this year on Tuesday, November 11, gives Americans the opportunity to celebrate the bravery and sacrifice of all U.S. veterans. Deceased veterans are also remembered on Veterans Day but the day is set aside to thank and honor living veterans who served honorably in the military - in wartime or peacetime. Here are some local events planned to commemorate those who served our country.*

## ★Acworth Veterans Day Ceremony

November 11, 2PM.

Veterans Memorial at Patriots Point –Cauble Park  
4425 Beach Street, Acworth

The Ceremony to honor our veterans is held each year at the Veterans Memorial at Patriots Point in Cauble Park. Veterans and current servicemen give their comments on what service to our country means to them. Engraved pavers dedicated to those who have served in our armed forces that have been purchased since the previous Memorial Day will be presented at the event.

## ★Kennesaw State University Veterans Day Celebration

November 10, 12PM

Carmichael Student Center / University Rooms  
395 Cobb Ave, Kennesaw

Army ROTC Club, Student Veteran's Club and Semper Fi Society invite you to Kennesaw's Veterans Day Ceremony. Each year, Kennesaw State University honors those who have served the nation in the United States military. The keynote speaker this year is Major General Maria Britt. Major General Maria Britt was the first female head of the Georgia National Guard and is currently Kennesaw State University's associate vice president for operations. She was recently awarded the Distinguished Service Medal. The Distinguished Service Medal is awarded for exceptionally meritorious and distinguished service in a position of great responsibility to the government of the United States.

## ★Kennesaw Veterans Day Luncheon

Tuesday, November 11 from 12 p.m. to 2 p.m.

North Cobb American Legion Post 304, along with Kennesaw city officials and staff, will honor America's service men and women with a complimentary lunch at the Ben Robertson Community Center, 2753 Watts Drive. All veterans and active military service members are invited to attend. No identification will be required.

## ★Marietta 10th Annual Veterans Day Parade

November 11, 11am

Roswell Street Baptist Church  
774 Roswell Street, Marietta

The 10th Annual Veterans Day Parade will start at 11 a.m. at Roswell Street Baptist Church and continue along Roswell Street to the Marietta Square. The parade will have both Marietta and Cobb County schools represented by their bands and their JROTC units. Thirty or more parade entries are anticipated along with a display of military vehicles. Following the parade, there will be a formal ceremony at the Marietta Square pavilion beginning at noon. Visit again to see who will be the Grand Marshal and keynote speaker.

## ★Smyrna Veterans Day Ceremony

November 11th, 11AM - 12PM

Veterans Memorial at 2800 King Street

The event is sponsored by The City of Smyrna, the Smyrna Veterans Committee, the Veterans Memorial Association of Smyrna, American Legion Post 160, and the Smyrna Rotary Club. Guest speaker Col. Longgear, US Army Special Forces (Ret.), survived the Battle of Lang Vei, and during two tours in Vietnam, earned the Silver Star, Bronze Stars for Valor and three Purple Hearts. The Georgia Army National Guard's 116th Army Band will play patriotic music in honor of the 100th anniversary of WW I. The ceremony is a public event and all are invited to attend and participate in this memorial service to honor the men and women who have served in defense of our nation.

## ★Veterans Day Celebration

November 11, 11am-12:30pm

Georgia Memorial Park Funeral Home and Cemetery,  
2000 Cobb Parkway SE, Marietta

Celebrate Veterans Day with food and a veteran's ceremony produced by Georgia Memorial Park Funeral Home and Cemetery, along with their community partners. Everyone is welcomed to attend!

## ★Veterans Salute

November 11, 12-2:30pm

North Cobb Senior Center  
4100 Highway 293, Acworth

Presentation of Colors will be presented by North Cobb High School R.O.T.C. Luncheon will follow. Presentations will be given by Colonel Don Stretch, US Army, and Retired Veterans. Musical tribute by North Cobb Christian Singers. Please call (770) 975-7740 to register. Limited seating.






# Veterans Field Service Office Opens in Marietta

The Georgia Department of Veterans Service (GDVS) opened the Marietta Veterans Field Service Office (FSO) last month. The new office occupies Suite 350 at 1150 Powder Springs Street in Marietta, a space secured through a lease agreement with the Cobb County Board of Commissioners.

The Department's mission falls into two basic tasks: informing veterans and their families about veterans benefits, and directly assisting and advising veterans and their families in securing the federal and state benefits to which they are entitled.

"Opening the Marietta office has been much anticipated," said Mike Roby, GDVS Assistant Commissioner for Field Operations & Claims. "We are very excited to open another office to serve the large veterans population living in Cobb County. This new location is conveniently located within a Cobb County government complex."

According to VA estimates, more than 48,000 veterans live in Cobb County. The new Marietta VFSO is expected to reduce travel and wait times for most Cobb veterans. The new office is managed by experienced GDVS veterans field service officer Freddie Daniels with Ingrid Sibley. They can be reached by phone at 770-528-3254 or online at <http://veterans.ga.gov/marietta>. The office is open from 8am. to 4:30pm Monday through Friday.

With the opening of the Marietta VFSO, GDVS has offices in 52 locations throughout the state. For a listing of all GDVS offices, see [veterans.georgia.gov/field-offices](http://veterans.georgia.gov/field-offices). 

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770-612-2533  
www.bakeithappen.com

## Bradley's Bar & Grill

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Mon-Sat: 11:30 -2am  
770-321-0108  
www.bradleysbarandgrill.com

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>Pizza  
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4475 Roswell Road, Ste. 1700  
Marietta 30062  
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678-903-4410  
www.brixxpizza.com

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770-977-9583  
www.lifegrocery.com

## Chicken Salad Chick

>Casual Gourmet Deli  
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Mon-Sat: 10am-6pm  
770-565-3985  
www.chickensaladchick.com

## Cookies By Design

>Cookies  
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3101 Roswell Road  
Marietta 30062  
Mon-Fri: 9am-6pm  
Sat: 10am-3pm  
770-578-0200  
www.cookiesbydesign.com/  
locations/Georgia/  
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Marietta 30068  
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1125 Woodstock Road,  
Suite 300  
Roswell 30075  
Mon-Fri: 8am-7pm, Sat: 8am-5pm  
Sun: 8am-1pm  
770-579-7081  
www.ediblearrangements.com

## Fat Lady Baker

>Prepared Foods and Bake Shop  
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2995 Johnson Ferry Road  
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Tues-Fri: 10am-6:30pm  
Sat: 10am-1pm (if not sold out)  
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www.fatladybaker.com

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770-578-6608  
www.frankiesonroswell.com

## Fuji Hana Steak, Sushi, Thai

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1255 Johnson Ferry Road, Suite 1  
Marietta 30068  
Mon-Sun: 11:30am-10pm  
678-560-8071  
www.fujihanaeastcobb.com

## Hoof & Ale

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Sat: 3-9:30pm  
678-224-8844  
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Daily: 7am-2pm  
770-579-6800  
www.jchristophers.com

## Jersey Mike's Subs

> Submarine Sandwiches  
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4400 Roswell Road, Suite 148  
Marietta 30062  
Mon-Sun: 10am-9pm  
770-321-3998  
www.jerseymikes.com

## Keegan's Public House

> Irish-American  
Authentic Irish pub with old world atmosphere, great food, and extensive beer and wine selections.  
4401 Shallowford Road, #136  
Roswell 30075  
770-640-1100  
www.keegansirishpub.net

## Lee's Golden Buddha #7

> Chinese  
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2524 Cobb Pkwy, Smyrna 30080  
Mon-Sun: 11am-10:30pm  
770-980-1800  
www.leesgoldenbuddha7.com

## Los Bravos Mexican Restaurant

> Mexican  
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2125 Roswell Road, Suite 40  
Marietta 30062  
11am-10:30pm  
678-540-5751  
www.losbravosmexicanrestaurant.net

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678-540-3568  
www.smallcakeseastcobb.com

## Uncle Maddio's Pizza Joint East Cobb

> Pizza, Salads & Panninis  
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## Restaurant Health Inspections

The following are the results of inspections done by the Environmental Health Division of the Cobb County Health Department.

Grading scale: A=100-90, B=89-80, C=79-70, U=69 or less. A grade of New is for new restaurants or in case of a change of ownership.

Restaurant	Current Grade
<b>120 Tavern &amp; Music Hall The</b> 1440 Roswell Road Marietta, GA 30062	75C
<b>3 Colors Asian Kitchen</b> 2060 Lower Roswell Road Suite 160, Marietta 30068	91A
<b>American Deli</b> 1230 Powers Ferry Road, Suite 8 Marietta 30067	99A
<b>Aurelio's Is Pizza</b> 1255 Johnson Ferry Road, Suite 22, Marietta 30068	95A
<b>Bagelicious</b> 1255 Johnson Ferry Road, Suite 37, Marietta 30068	93A
<b>Cosmopolitan Restaurant</b> 2475 Delk Road, Marietta 30067	98A
<b>EGE Sushi &amp; Japanese Cuisine</b> 2100 Roswell Road, Marietta 30062	96A
<b>Frankie's Italian Restaurant</b> 3125 Roswell Road Marietta 30062	100A
<b>Hoboken Bread &amp; Bagel Company</b> 1033 Sandy Plains NE Road Marietta 30066	99A
<b>La Madeleine</b> 4101 Roswell Road Marietta 30062	100A
<b>Los Arcos Mexican Restaurant</b> 3101 Roswell Road, Suite 104 Marietta 30062	87B
<b>Marietta Crawfish &amp; Seafood</b> 1420 Roswell Road Marietta 30062	83B
<b>Marlow's Tavern</b> 1311 Johnson Ferry Road, Suite 210 Marietta 30068	86B
<b>Mellow Mushroom</b> 2421 Shallowford Road Marietta 30066	96A
<b>Montana's Bar &amp; Grill</b> 2995 Johnson Ferry Road Marietta 30062	90A
<b>Nicky's Diner</b> 4751 Sandy Plains Road Roswell 30075	93A
<b>Panera Bread</b> 4475 Roswell Road, Suite 1530 Marietta 30062	94A
<b>Tofu Village</b> 700 Sandy Plains Road, Suite B-1 Marietta 30066	96A
<b>Vespucci's Pizza &amp; Pasta Tavern</b> 4805 Canton Road, Suite 100 Marietta 30066	100A
<b>Windy City Grill</b> 4017 Canton Road Marietta 30066	90A



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Dr. Larry Weiss ENT  
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St. Ann Catholic Church  
State Farm Insurance/Don Johnson  
Sudano Chiropractic  
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Sweeney Chiropractic  
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British Academy of Ballet Arts  
Buddha's Delight Restaurant  
C2 Education  
Capozzi Pizza  
Cazadores Restaurant  
Chalise & Co.  
Chattahoochee Tech College  
China Dynasty  
Citgo Gas Station  
Cosmos Fitness  
Covenant Presbyterian Preschool  
Curves  
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Kincaid Elementary School  
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Marietta Eye Clinic  
McCleskey Middle School  
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Montessori School of Woodstock  
Mountain View Aquatic Center  
Mountain View Community Center  
Mountain View Elementary School  
Mr. WonTon's  
New Lucky China  
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Happy Mart  
Harry's Farmers Market  
Hot Dogs Cool Cats  
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J. Christopher's  
John Knox Presbyterian Church  
Los Bravos Mexican Restaurant  
Lovin' Knit  
Lutheran Church of the  
Resurrection  
Mellow Mushroom  
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## Recipes of the Month



Warm Thanksgiving memories are often made when plates piled high with rich, delicious dishes are passed around the dinner table. Whether you stuff your stuffing with oysters or swap out turkey for Cornish hens, everyone has their own recipes for making Thanksgiving Day special. Enjoy these recipes shared by members of Pilgrimage United Church of Christ, published in their cook book, *A Taste of Pilgrimage*.

### Grandfather's Corn Casserole

Submitted by Sarah Weaver

- 1 box Jiffy cornbread mix
- 2 eggs, slightly beaten
- 1 (16-oz.) can cream style corn
- 1 (16-oz.) can whole kernel corn
- 1 (8-oz.) carton sour cream
- ½ c. butter, cut into small pieces

Preheat oven to 350°. Mix together all ingredients, in the given order. Pour into 2 – 1 quart glass baking dishes. Bake uncovered for 60 minutes or until knife inserted in center comes out clean.

### Aunt Fanny's Baked Squash

Submitted by Rob Hadaway

- 3 lb. yellow summer squash
- ½ c. chopped onion
- ½ c. cracker meal or bread crumbs
- 1 stick butter, divided
- 1 T. sugar
- 1 tsp. salt
- ½ tsp. black pepper

Preheat oven to 375°. Wash and cut up squash. Boil until tender, drain thoroughly, then mash. Add onion, eggs, ½ stick of butter, sugar, salt and pepper to squash. Melt the remaining butter. Pour mixture into baking dish, then spread melted butter over top and sprinkle with cracker meal or bread crumbs. Bake for approximately 1 hour or until brown on top.

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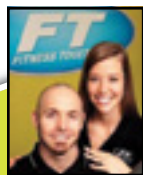
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## The Great American Smokeout: November 20

The American Cancer Society marks the Great American Smokeout on the third Thursday of November each year by encouraging smokers to use the date to make a plan to quit, or to plan in advance and quit smoking that day. By quitting — even for one day — smokers will be taking an important step towards a healthier life — one that can lead to reducing cancer risk.

Tobacco use remains the single largest preventable cause of disease and premature death in the U.S., yet about 43.8 million Americans still smoke cigarettes — Nearly 1 in every 5 adults. As of 2010, there were also 13.2 million cigar smokers in the US, and 2.2 million who smoke tobacco in pipes — other dangerous and addictive forms of tobacco.

More than 10,000 people die in Georgia every year from tobacco-related illnesses—that's more than all the deaths from alcohol, cocaine, heroin, AIDS, murder, suicide, auto accidents and fires combined. In spite of these statistics, 24 percent of Georgia adults smoke. An estimated 30,000 Georgia children begin smoking every year and another 10,000 begin to use spit tobacco.

More than 70 percent of the 50 million U.S. smokers want to quit, but only 2.5% per year succeed in quitting smoking permanently. The Tobacco Quit Line is a resource to help Georgians quit using tobacco.

The Tobacco Quit Line provides free counseling, a resource library, support and referral services for tobacco users. It is available for all Georgia residents age 18 or older and concerned parents of adolescents using tobacco. The Tobacco Quit Line is funded by the master tobacco settlement through the state's Tobacco Use Prevention Section in partnership with the Georgia Cancer Coalition. It has no commercial bias and no products to promote. As a caller, you will receive free, professional support that's tailored to your needs.

So stop smoking and start dialing: call the Tobacco Quit Line at 1-877-270-STOP. ☎

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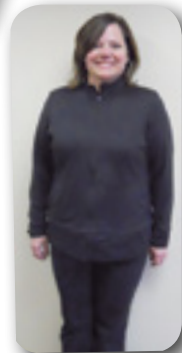
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## Dreams of Recovery Celebrity Golf Tournament Scheduled November 10

On Monday, November 10, Dreams of Recovery along with Fredi Gonzalez, Manager of the Atlanta Braves, will be hosting their second annual Celebrity Golf Tournament at White Columns Country Club in Milton, GA.

The Cindy Donald Dreams of Recovery Foundation was founded in 2008 after Cindy (an East Cobb resident) was injured sunbathing in her driveway when she was struck by a vehicle leaving her paralyzed from the neck down. After raising funds for her personal therapy, she and Fredi saw how many others were struggling with the same financial needs for therapy. Activity-based therapy costs \$100 per hour, approximately \$12,000 to \$15,000 every three months, which it takes three months for a body to learn and retain a new skill. Not only is therapy beneficial for motor recovery but it also helps prevent secondary complications. The Foundation not only helps

with therapy, but for those who live in rural areas and do not have transportation to a rehabilitation facility, the Foundation provides therapeutic equipment for patients to use in their home. This equipment is very expensive and can range from \$5,000 to \$30,000. Each recipient could possibly receive a grant up to \$15,000 for therapy or therapeutic equipment.

Please join Dreams of Recovery Foundation in their mission to help raise awareness and funds for individuals with spinal cord and/or acquired brain injuries by participating in their Celebrity Golf Tournament on November 10. Registration begins at 10am, Shotgun start at 12pm. Lunch will be provided.

For more information and sponsorship opportunities please visit their website at [www.dreamsofrecovery.org/](http://www.dreamsofrecovery.org/) events or call 770-675-6565. 



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## WellStar in Top 10 on Working Mother's Best List

Working Mother magazine presented the Working Mother Award to WellStar Health System at its 2014 Work Life Congress at the New York Marriott Marquis last month.

WellStar Health System was one of the Top 10 Companies on the 2014 Working Mother 100 Best Companies list. WellStar was recognized for outstanding leadership in establishing policies, programs and corporate culture that supports working moms, including child care, flexible work arrangements, paid parental leave and advancement of women. This is the fifth year WellStar has been in the Top 10 and the seventh year in the Top 100.

WellStar offers benefits to all employees, including two on-site day cares for children of employees and back-up care assistance for children and family members

of employees who need last minute, in-home temporary care. Additionally, concierge service is offered to all WellStar employees to help with such tasks as dry-cleaning pick-up, car maintenance and grocery shopping.

"The Working Mother 100 Best Companies are the leaders in the advancement of women by supporting their need to integrate family and work successfully," said Carol Evans, president of Working Mother Media. "We are thrilled to honor the U.S. companies that put words into action and build family-friendly cultures on the foundation of thoughtful policies and effective programs. Women now make up 50 percent of the workforce. We need to make sure they have the support to be outstanding moms as well as great employees." 



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## Childkind Challenge To Be Held November 15

Childkind and Road Runner Sports of Marietta are hosting the Childkind Challenge, a 5K Run, Walk or Roll. All funds raised will benefit the medically fragile children in Childkind's foster care program. The Child Challenge will start at 7am on November 15 at Road Runner Sports, Merchants Walk, 1311 Johnson Ferry Road in East Cobb. For more information call Childkind at 404-248-1980 or visit the Childkind Challenge website: [roadrunnersports.fundly.com/thechildkindchallenge2014](http://roadrunnersports.fundly.com/thechildkindchallenge2014)



Childkind is Georgia's only nonprofit organization focused on supporting children with complex medical care needs and their families in the home. The agency provides a comprehensive range of services including foster care placement, in-home medical care instruction and nursing care, as well as family support services for biological, adoptive and foster families. Since 1988, Childkind has worked to improve safety and health outcomes for this extraordinarily vulnerable population of children.

When a medically fragile child is no longer safe within his or her biological home, Childkind assists in placing that child with a trained foster family for care. Many times there are immediate and basic needs for that child that must be met until they are connected with long-term services. Foster families may require specialized feeding formulas for tube-fed children; special seats for transport; or diapers for children of all ages. There are a myriad of other medical supplies and other needs as well, and Childkind strives to meet them.

100 percent of the money raised through the 2014 Childkind Challenge 5K will help Childkind provide the emergency resources children with complex care requirements need when they enter foster care. ©



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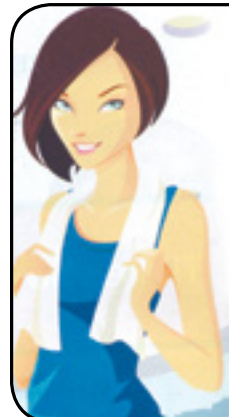
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# Future Braves Stars Host Baseball Clinic for East Marietta Little Leaguers



▲ East Marietta little leaguers pose with Braves minor leaguers at the September Baseball Clinic held at Sewell Park in East Cobb.

It was a clear, crisp morning on Saturday, September 20 as fourteen of the best Minor League players from the Braves organization took to the field at East Marietta Little League at Sewell Park in East Cobb County. About 60 youth baseball players were there and ready to learn hitting, fielding, and base running from these "Future Stars." These Braves Minor Leaguers were chosen as the best pitchers and hitters from each league leading up to the Major League Atlanta Braves (from Dominican Summer League, to Rookie ball, all the way through the Triple-A Gwinnett Braves). As part of the weekend festivities for the players, they volunteered their Saturday morning to teach young ballplayers many of the skills that led them to where they are today.

The clinic was split into four stations: hitting, infield work, base running, and outfield work. There were 3-4 players at each station, which gave ample instruction to each group of 15 ballplayers. By the end of the clinic not only were the young ballplayers worn out, but so were the Minor Leaguers!

Once the clinic ended – everyone gathered back on the main field for a group photo. Then came a nice surprise, autographs! An autograph station was set up for all the participants to get signatures from the "Future Stars." A gift bag with a Braves t-shirt, a Braves sticker, and a Braves hat was also given to each participant. Many of these "Future Stars" will be on the Major League roster in a few years, so this was a great opportunity to meet and learn from the baseball players now.

Thankful to be able to give back to the community, the players really enjoyed their experience interacting with the youngsters. Ronnie Richardson, Director of Minor League Operations, had this to say about the clinic, "The overall experience for our players was great and they truly enjoyed interacting with the fans. Our goal is not only to develop good baseball players, but also to develop players that have a desire to give back to the community when they have the opportunity."

Below are the Minor League players that participated in the clinic.

- Jason Hursh – Mississippi Braves
- Williams Perez – Mississippi Braves
- Nate Hyatt – Lynchburg Hillcats
- Yean Carlos Gil – Rome Braves
- Alec Grosser – Danville Braves
- Jorge Zavala – Gulf Coast League
- Dilmer Mejia – Dominican Summer League
- Jose Peraza – Mississippi Braves
- Kyle Kubitz – Mississippi Braves
- Kyle Wren – Lynchburg Hillcats
- Jake Schrader – Rome Braves
- Ozhaino Albies – Danville Braves
- Alejandro Salazar – Dominican Summer League

Look for these outstanding young men to be with the Atlanta Braves in the near future! 📸

.....

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# LOVE

A daily hit of athletic-induced endorphins gives you the power to make better decisions, helps you be at peace with yourself, and offsets stress. | **The pursuit of happiness** is the source of all unhappiness.

## Do one thing a day that scares YOU.

That which matters  
**THE MOST**  
SHOULD NEVER GIVE WAY  
to that which matters  
**THE LEAST.**

**STRESS**  
is related  
**TO 99%**  
**OF ALL**  
**ILLNESS.**

**JEALOUSY**  
works the opposite  
**way you want it to.**

Observe a plant before and after watering and relate these benefits to your body and brain.  
**Practice yoga so you can remain ACTIVE in physical sports as you age.**

Don't trust that an old age pension will be sufficient.

**LISTEN, LISTEN, LISTEN & THEN ASK STRATEGIC QUESTIONS.**

Write down your short and long-term **GOALS** four times a year. Two personal, two business and two health goals for the next 1, 5 & 10 years. Goal setting triggers your subconscious computer.

**LIFE IS FULL OF SETBACKS.**

Success is determined by how you handle setbacks.

Visualize your eventual demise.  
It can have an amazing effect on  
how you live for the moment

**Your OUTLOOK ON LIFE**  
is a direct reflection of how  
much you like yourself.

WHAT WE DO TO THE EARTH WE DO TO OURSELVES.

**The world is changing at such a**  
rapid rate that waiting to implement  
changes will leave you 2 steps behind.  
**DO IT NOW, DO IT NOW, DO IT NOW!**

**Friends**  
are **MORE**  
**important**  
than money.



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# SING, FLOSS & TRAVEL.

## East Cobb Senior Center Activities Scheduled for November

All Cobb residents age 55+ are invited to participate in activities at various senior centers throughout Cobb. The following is a listing of activities scheduled at the East Cobb Senior Center located at 3332 Sandy Plains Road, Marietta 30066. Call the East Cobb Senior Center at 770-509-4900 for reservations and/or more details.

### Veteran's Day Program: D-Day

November 11 | 1pm

Free; Registration required. Speaker: Joe Kleid.

### Control the ABCs of Diabetes

November 14 | 11am-12pm

Free; Registration required.

Learn how to successfully manage diabetes and what to do. This seminar will cover different self-care behaviors that can help people with diabetes. You have the power to control the ABCs of Diabetes and live a long and healthy life. Provided by Walgreens.

### Healthy Eating for Diabetics

November 14 | 12-1pm

Free; Registration required.

Learn how to prepare easy and healthy recipes using foods that promote health and help fight disease. Provided by Cindee Sweda with Cobb County/UGA Cooperative Extension Services.

### Ice Cream and a Movie: *The Monuments Men*

November 17 | 1pm

\$4 Cobb residents, \$5 Non-residents.

*The Monuments Men* is a 2014 American-German film starring George Clooney, Matt Damon, Bill Murray, John Goodman, Hugh Bonneville and Cate Blanchett. Part of a Veteran's Day celebration, come enjoy the movie, ice cream and popcorn.

### Five Wishes

December 2 | 10am-11:30am

Free; Registration required.

There are many things in life that are out of our hands. Five Wishes gives you a way to control something very important -- how you are treated if you get seriously ill. Five Wishes is the first living will that talks about your personal, emotional and spiritual needs, as well as your medical wishes. Presented by Phil Graiser, Certified Senior Advisor with Comforting Arms.



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& Notes

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Friday, December 5, 10 a.m.

KSU Center, Room 400

JOIN US FOR FESTIVE HOLIDAY FUN!

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FEATURING LOCAL MUSICAL PERFORMANCES:

Big Shanty Elementary Chorus  
and other local artists

To register, call 470-578-6765 or visit ksuolli.com!



# SENIOR SANTA Has a New Name:



## Serving Seniors Year Round

Cobb Senior Services is excited to launch Christmas365 (formerly known as Senior Santa) as a way to connect the needs of seniors in Cobb County with the generosity of this great community...on a year round basis! Your gift to Christmas365 may be made any time during the year, not just during the holidays. How can you help? Donate New generic items or make a \$30 donation to assist seniors year round.

### Suggested Items to Donate Include:

- >Adult diapers: all sizes
- >Adult pull-ups: Male & Female (all sizes)
- >Bath sets: Male & Female
- >Bath towels & wash cloths
- >Bed Sheets: all sizes
- >Compression stockings: all sizes
- >Diabetic socks: Male & Female (all sizes)
- >Disposable wipes (such as baby wipes)
- >Ensure & Glucerna
- >Gowns: button down the front (need 3x, 4x, 5x)

- >Grocery gift cards: Kroger, Publix, Walmart
- >Blankets: all sizes
- >Hat & Gloves sets: Male & Female
- >Pajamas: Male & Female (all sizes)
- >Slippers (non-skid): Male & Female
- >Socks: Male & Female (all sizes)
- >Toothbrushes & Toothpaste

For additional information please call 770-528-5364

### Donation sites: Mon- Fri 8:30am-4: 30pm

#### **East Cobb Senior Center**

3332 Sandy Plains Road, Marietta, GA 30066

#### **Freeman Poole Senior Center**

4025 South Hurt Road, Smyrna, GA 3008

#### **North Cobb Senior Center**

4100 Old HWY 41, Acworth, GA 30101

#### **Senior Wellness Center**

1150 Powder Springs Street, Marietta, GA 30064

#### **West Cobb Senior Center**

4915 Dallas Highway, Powder Springs, GA 30127 



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Shirley R. (Formerly of Marietta)



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Marshall Gill, Executive Director



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## Johnson Ferry Baptist Church Celebrates Seniors At Annual Magnolia Ball

What do you get when you put 175 residents of local Assisted Living Communities, a great Jazz Band, and good food together? The answer: Johnson Ferry Baptist Church's annual Magnolia Ball! Last month, guests from Arbor Terrace of East Cobb, Atria of Paces Ferry, Benton House in Woodstock, Bickford of Marietta, Chambrell of Roswell, Elmcroft, Freedom Pointe, Parc at Piedmont, Sunrise of East Cobb and The Jewish Tower came together in the Fellowship Hall of Johnson Ferry Baptist Church in East Cobb. The Johnson Ferry Jazz Band, under the direction of Dr. Brian Hedrick, and guest vocalist, Andrea Mueller, had the guests packing the dance floor to jazz favorites. Before and after the Jazz Band performed, Tom Olsen, pianist at Sunrise East Cobb, played memorable 1930's and '40's standards, such as Sentimental Journey. Over 100 members of Johnson Ferry Baptist Church (JFBC) volunteer to make the Magnolia Ball a joyful experience for local seniors. 🎵



Denise Johnson, volunteer at Johnson Ferry, dances with a guest, while the Jazz Band plays.



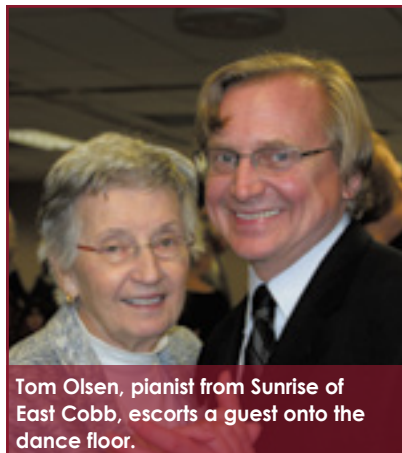
JFBC volunteer, Pat Mitchell, enjoys dancing with a guest on the crowded dance floor.



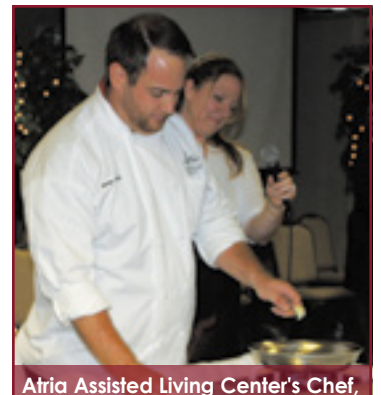
100 year old, Dale Elbert Jones, receiving his dream - a professional violinist to play his 136-year-old Ole Bull violin.



Aura Morgan, a JFBC member, dances to the sounds of the JFBC Jazz Band.



Tom Olsen, pianist from Sunrise of East Cobb, escorts a guest onto the dance floor.



Atria Assisted Living Center's Chef, Brian Knapp, demonstrating the making of Bananas Foster.





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# CLUB CALENDAR

**AARP Chapter 2830.** First Thursday of each month. 1:30pm. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Mary Johnson, 770-926-7881 or doule37uga@comcast.net.

**American Association of University Women (AAUW)** of Cobb County. Second Tuesday of the month. 7pm. Mansour Center, 995 Roswell Street, Marietta. Does not meet in July & August. More info: Karen Peters, krpeters@aol.com.

**American Needlepoint Guild.** Second Tuesday of the month. 6:45pm. Tiny Stitches, 2520 East Piedmont Road, Marietta. More info: 770-394-0065.

**Anne Hathaway Garden Club.** Third Wednesday of the month (except July and August). Marietta Educational Garden Center, 505 Kennesaw Avenue NW, Marietta. More info: Charlene Robinson, 770-971-7786.

**Atlanta Illini Club.** Professional and social networking for University of Illinois alumni, families and friends in the Atlanta area. Game watches at the Rose & Crown, 1931 Powers Ferry Road, Marietta. More info: www.atlantailini.com or club@atlantailini.com.

- **Atlanta Metropolitan Council Navy League.** Second Tuesday of each month. 7pm. Navy Recruiting District HQ, 2400 Lake Park Drive, Suite 410, Smyrna. Membership open to all civilian and retired military with an interest in supporting our men and women of the Navy, Marine Corps, Coast Guard, Merchant Marines and associated youth programs. More info: 678-234-2310 or campbellfc@comcast.net.
- **Atlanta World War II Roundtable.** Third Thursday (Sept-June) of the month. 11:30am. Petite Auberge Restaurant, North Druid Hills Road @ LaVista Road, Atlanta. More info: 770-928-4579 or jkovach2000@yahoo.com.

- **"Aware & Conscious Birds"**
- **Book Club.** Mondays. 7-8:30pm. Bikram Yoga Marietta, 80 Powers Ferry Road, Marietta. More info: awareconsciousbirds@gmail.com or www.consciousness.meetup.com/203.

- **Big Chicken Chorus.** Every Monday evening. 7:00pm. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta. Male a cappella harmony chorus. More info: Frank, 770-587-1264, fehrach@aol.com, or www.bigchickenchorus.org.

- **Bridge Club.** Four free lessons; \$5 thereafter. Thursdays 7:30pm and Sundays 2pm. Singles are welcome. 1809 Roswell Road, Marietta. More info: 770-973-7717.

- **Business Breakfast Networking of East Cobb.** Professional Referral Networking. Second Tuesday each month. 8:15-9:30am. C'est Moi/Café Paris, 1100 Johnson Ferry Road, Marietta. More info: Ellen Kelly, 404-713-2830 or lnkelly@sbcglobal.net.

- **Business Network International (BNI).** The World's largest referral organization. Multiple chapters in the area, please refer to the website: bnisoutheast.com for listings. More Info: Anita York, 678-888-0200

- **Cobb County Democratic Committee.** Monthly breakfast 2nd Saturday each month. 9am. 3 Amigos Mexican Bar & Grill, 1000 Whitlock Avenue, Marietta. More info: 770-420-7133 or www.cobbdemocrats.org.

- **Cobb County Gem & Mineral Society.** Second Tuesday of the month. 7:30pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: Becky Patellis, 770-973-7483 or Kay Yoest, 770-952-3244.

- **Cobb County Genealogical Society.** Fourth Tuesday of the month. 7pm. First Presbyterian Church of Marietta, 189 Church Street, Marietta. More info: www.cobbgagensoc.org or ccgs@cobbgagensoc.org.

- **Cobb County Republican Women.** Fourth Friday of the month. 11:30am. Hilton Atlanta/Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: 770-785-2522 or www.ccrwc.org.

- **Cobb Marietta Retired Educators Association.** Second Thursday of every month. 11:30am. Luncheon reservations required. Freeman-Poole Senior Center, 4025 South Hurt Rd., Smyrna. Contact: Carolyn Wilson, clw770@bellsouth.net or 770-427-6840.

- **Cobb Photographic Society.** Photographers of all skill and ability levels are welcome. First and 3rd Monday of each month. 7-9pm. American Business Center, Bldg. 700, Suite 702, 1395 South Marietta Pkwy, Marietta. More info: www.cobbphotosociety.com or info@cobbphotosociety.com.

- **Cobb Regional Republican Women.** Third Tuesday, every month. 7pm. Cobb GOP Office, 799 Roswell Street, Marietta. More info: Neva Lent lentneva@aol.com.

- **Colored Pencil Society of America.** Atlanta District Chapter 107. First Monday of the month. 7pm. North Dekalb Cultural Center, 5339 Chamblee-Dunwoody Road, Room 2 (second floor in the back), Dunwoody. More info: Nancy Guerine, 678-354-3590.

- **Danc'n Singles.** A square dance club. First and 3rd Saturday of the month. 8-10:30am. FOP Lodge, 2350 Austell Road, Marietta. More info: 770-943-6979.

- **Dinner-and-a-Book Club.** More info: RuthE or Batya at Thou Shalt Read, 770-993-5432 or sales@andthoushaltnotread.com.

- **Dog Hikers of Georgia.** Every Sunday. 10am. Various locations. Non-dog owners welcome. More info: Dr. Dan Batchelor, 770-992-2362.

- **East Cobb Bass Club.** Visitors, boaters and non-boaters are welcome. First Tuesday of each month. 7pm. Free admission. Attendees pay for dinner. The Rib Ranch, 2063 Canton Road, Marietta. More info: 770-364-3036 or noeyf1@bellsouth.net.

- **East Cobb Business Association.** Luncheon and featured speaker. Third Tuesday each month. 11:30am-1pm. Indian Hills Country Club, 4100 Clubland Drive, Marietta. More info: Susan Hampton, 404-218-6216, susan.hampton@lionbank.com, or www.eastcobba.com.

- **East Cobb Civic Association.** Last Wednesday of the month. 7pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: Jill Flamm, 770-552-8206 or www.eastcobb.net.

- **East Cobb Civitans.** Second and 4th Thursday of the month at noon for lunch at The Olde Town Athletic Club (behind Tuesday Morning & Sports-O-Rama), 4950 Olde Towne Parkway, Marietta. More info: 770-578-9901.

- **East Cobb Democratic Alliance.** Third Thursday of the month. 6pm - Social. 7pm - Program. Rib Ranch, 2063 Canton Road, Marietta. More info: Tom Barksdale, 770-715-1218 or tbarksdl@aol.com.

- **East Cobb Kiwanis Club.** Every Wednesday evening. 7pm. Paradise South of the Border, 3605 Sandy Plains Road, Marietta. More info: Johnny Johnson, 770-977-2026 or edwardjohnsjewelers@yahoo.com.

- **East Cobb Lions Club.** Second and 4th Tuesday of the month. 7pm. East Side Baptist Church, 2450 Lower Roswell Road, Marietta. More info: Don Garrow, 770-955-6914.

- **East Cobb Jewish Networking.** Every Wednesday. 8-9:15am. Capozzi's, 4283 Roswell Road, Marietta. More info: Rob Kornheiser, rkorn@icminsurance.com or 678-336-7345.

- **East Cobb New Horizons Band.** Monday mornings, 11:00am. If you are 50 or older, play a musical instrument and have been looking for a great place to make music, come join us! Great people and good music! To learn more go to our website, ecnhb.com or email webmaster@ecnhb.com.

- **East Cobb Open Networking.** Professional Referral Networking. Every Friday. 7:30-9am. Capozzi's NY Deli, 4285 Roswell Road, Marietta. \$3 cover. More info: Tim Langley, 770-289-9711 or drtim02@yahoo.com.

- **East Cobb Rotary Club.** Every Wednesday. 7am. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: Bob Schwaile, 770-640-6954.

## Zizi Has Relocated

Zizi is no longer with Variations Hair Color. She is now working full time at Nancy's Salon across the street in the Woodlawn Square, next to Publix.

Zizi is a hair specialist with over 25 years experience. Her specialties include Keratin Smoothing Treatments, CHI Thermal Straighteners, and UpDos for any special occasion.

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<b>Cell: 678.462.8601</b>	\$40 - Color
<a href="mailto:zizigolkar@yahoo.com">zizigolkar@yahoo.com</a>	\$45 - Partial Highlights
	\$65 - Full Highlights
	\$100/Hr - Keratin Smoothing Treatment

For more information & specials, find me on [facebook.com/zizi.golkarieh](https://www.facebook.com/zizi.golkarieh)



**East Cobb Woodcarvers Club.** Every Thursday, 9-11am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-645-0817.

**Georgia Perennial Plant Association.** Third Tuesday of the month, 7:30pm. Atlanta History Center, McElreath Hall, 130 West Paces Ferry Road NW, Atlanta. More info: www.georgiaperennial.org.

**Georgia Vietnam Veterans Alliance.** Third Thursday of the month. Social hour: 6pm. Meeting: 7pm. American Legion Post, 921 Gresham Road, Marietta. More info: Dave Hamrick 770-315-3942.

**Georgia Nature Photographers Assoc.** Third Thursday of the month, 7pm. Nature photographers of all skill levels are welcome to our monthly meetings. The Mansour Center, 995 Roswell St., Marietta. More info: www.gnpa.org or info@gnpa.org

**Georgia Tea Party.** Every Thursday, 7pm. 900 Roswell Street, Marietta. More info: Jerry Kotyuk 404-374-0580 or jdk4@clear.net.

**Golden "K" Kiwanis Club.** Every Thursday, 10am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Joe Vanhorn Jr., 770-424-6654.

**Greater Atlanta Marine Detachment #647.** First Saturday of the month, 11am. Delkwood Grill, 2769 Delk Road, Marietta. More info: www.mclleague.org

**Happy Tails Pet Therapy.** Orientation for prospective members 1st Thursday or Saturday of the month. 10:30-11:30am and 7-8pm. Mt. Bethel Christian Academy, 4385 Lower Roswell Road, Building F, Room F001, Marietta. Check dates: 770-740-8211 or www.happytailspets.org.

**IMPS Bridge Club** An offshoot of the former Newcomers Club of East Cobb, looking for new members. Various formats, dates and times available. For more information contact Roni Fink @ 404-310-3448 or phinque999@AOL.com.

**International Association of Administrative Professionals (IAAP)-Cobb County Chapter.** Professional Development and Networking. Fourth Monday of the month, 6:30pm. Meeting & Dinner. HYATT House/ Atlanta Galleria, 3595 Cumberland Boulevard, SE, Atlanta. More info: 770-541-2960 or www.iaap-cobbcounty.org.

**Jewish War Veterans, Bicentennial Post 976.** Third Sunday of the month, 11am. Marriott Hotel, Perimeter Center. More info: Fran Jacobson, 770-436-7456.

**Libertarian Party of Cobb County.** First Thursday of the month, 7:30pm. More info: www.cobbtp.org or call 770-795-1331

**Marietta Kiwanis Club.** Every Thursday, 12noon. Hilton Conference Center, 500 Powder Springs Street, Marietta. More info: Pat Huey, pathuey@comcast.net or www.mariettakiwanis.org.

**Marietta Lions Club.** Second Thursday of the month, 7pm. First United Methodist Church, 56 Whitlock Ave SW, Marietta 30064. More info: mariettalions@aol.com or www.mariettalionsclub.org.

**Marietta PFLAG.** Fourth Sunday each month, 1-3pm. Newcomers are welcome. Pilgrimage United Church of Christ, 3755 Sandy Plains Road, Marietta. More info: mariettapflag@gmail.com.

**Marietta Rotary Club.** Every Wednesday, 12noon. Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: Adele Grubbs, 770-424-8212 or www.mariettarotary.org.

**Marietta VFW Post 2681.** Dinner with VFW Ladies Auxiliary. First Thursday of the month with separate meetings following dinner, 6:15pm. 140 Powers Ferry Road, Marietta. More info: www.vfwpost2681.org

**Marine Corps League.** First Saturday of the month. Meeting at 11 a.m. followed by lunch at 12 p.m. Delkwood Grill, 2769 Delk Road, Marietta. More info: Dave Hamrick, 770-315-3942.

**Martha Stewart Bulloch Children of the American Revolution Society** meets one Sunday per month from September through May, 2-4pm. Osage Terrace Room and Pavilion at Bulloch Hall, 180 Bulloch Avenue, Roswell. More info: Paula, 770-594-1819.

**Moms in Prayer** (formerly Moms in touch) for parents of Dickerson Middle School. Every Thursday at 1pm. Meeting location available upon request. More info: Movita Stallworth, 770-321-1783 or mo633@comcast.net.

**Moms in Prayer** (formerly Moms in touch) for parents of children at East Cobb Middle School. Every Tuesday at 11am. Meeting location: Eastside Baptist Church (in the prayer room). More info: Esther Thenot, 678-372-2336 or Philippe@Thenot.net

**Moms in Prayer** for East Side Elementary parents. Every Thursday at 10am. More info: Rachel Bloom, 770-973-4705 or familybloom@gmail.com.

**National Association of Active and Retired Federal Employees (NAARFE),** Second Wednesday of each month. 11:30am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-973-2834.

**Newcomers Club of Cobb County.** Third Tuesday each month, 10am. Various social activities throughout the month for those new to Cobb County or just looking for new friends and activities. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta. More info: 770-234-5068 or newcomersofcobbcounty@yahoo.com.

**North Metro Mothers of Multiples Club.** Third Monday of the month, 7pm. Chicago's, 4401 Shallowford Road, Roswell (corner of Johnson Ferry & Shallowford). More info: www.northmetromultiples.org.

**North Metro Women's Connection.** Second Wednesday of each month, 11am-1pm. Hollycrest Hall, 2235 Sewell Mill Road, Marietta. More info: 770-335-6013.

**Northeast Cobb Business Association.** Luncheon meeting 3rd Wednesday of each month, 11:30am-1pm. \$15. Piedmont Church, 570 Piedmont Road, Marietta. More info: 770-460-6222.

**Northwest Atlanta Mothers of Multiples** A parent's club for families with or expecting twins, triplets, or quadruplets. Second Tuesday of each month, 7pm. First Presbyterian Church of Marietta, 189 Church Street, Marietta. Date and time may change check our website. More info: www.nowamom.org or 678-404-0034.

**Order Sons of Italy in America Marietta Lodge #2607.** General membership meeting 2nd Monday each month. Pot Luck Dinner (except June, July, August-dessert and fruit), 7-9pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: 770-928-9314 or degrillmouse@comcast.net.

**Peach State Depression Glass Collectors' Club.** Second Tuesday of month except December. Guests welcome, 6:30 Social; 7pm meeting. Marietta Museum of History, 1 Depot Street, Marietta. More info: psdgc.com

**Polk Street Speakers Toastmasters.** First and 3rd Tuesday of the month, 6-7:30pm. St. James Episcopal Church, 161 Church Street, Marietta. More info: www.polkstreetspeakers.org.

**Retired Old Men Eating Out (R.O.M.E.O.)** Every Tuesday, 8-10am. Meet for friendship, conversation and to share their variety of antique cars, street rods and muscle cars. Marietta Diner, 306 Cobb Parkway South, Marietta.

**Shakespeare Reading Group.** First and 3rd Thursday of the month, 2-4 pm. 32 N. Fairground Street, Marietta. More info: Lynne Johnson, 770-591-3474.

**Song of Atlanta Show Chorus.** Women's four-part harmony chorus. Every Tuesday, 7:30pm. Northbrook UMC, 11225 Crabapple Road, Roswell. Visitors welcome. More info: www.songofatlanta.com or 770-696-6502.

**Sope Creek Garden Club.** First Wednesday of the month (Sept-June), 10am. Locations vary. More info: Karin Guzy, 770-955-1303 or guzy@mindspring.com.

**The Foxtrotter's Dance Club.** The 4th Friday of every month (no dance in May, Nov. & Dec. are the 3rd Friday). 7:30-10:30pm. If you enjoy ballroom dancing, come and dance to 'Live Music'. Everyone is welcome. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-587-1160.

**TONIC (Tuesdays Open Networking In Capozzi's).** Every Tuesday Morning 7:30am. 4283 Roswell Road NE Marietta. \$3 Cover. More Info: Frank Kellert frankkellert@hotmail.com 678-560-1717

**Y Business Network.** Every other Friday, 7:30-8:45am. Local business networking and referrals. Northeast Cobb Y, 3010 Johnson Ferry Rd., Marietta. Guests always welcome. More info: ybusinessnetwork.webs.com, Michelle Hutchinson, 770-518-0010.

## Meet Your Future Clients, Customers and Business Associates

Transforming East Cobb by developing business leaders through Networking and Education with an emphasis on Community.

The ECBA meets monthly at Indian Hills Country Club, 4001 Clubland Drive, Marietta at 11:30am for lunch, networking and a great speaker.

Invite a guest to join you.

For more information visit [www.EastCobbBA.com](http://www.EastCobbBA.com)

**ECBA**  
East Cobb Business Association



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**East Cobb Business Association**



The **East Cobb Business Association** seeks to transform East Cobb by developing business leaders through **Networking** and **Education** with an emphasis on **Community**.

- > Network with Business and Community Leaders
- > Attend Business Education and Development Programs
- > Get Involved in our Community

## Meet Some of Our Members

### Events/Entertainment

Roland, Pam

*Gala Event Facility*

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Accurso, Brian

*Community Bank of the South*

Aghajanian, Vicki

*LGE Community Credit Union*

Armstrong, Larry

*Edward Jones Investments*

Armstrong, Scott

*Edward Jones Investments*

Beville, John

*AXA Advisors, LLC*

Crowe, Samuel

*Fidelity Bank*

Davis, Sherron

*Bank of North Georgia*

Friedrich, Fran

*SunTrust Bank*

Hampton, Susan

*Fidelity Bank*

Hinton, Logan

*CBC National Bank*

Long, Ed

*State Bank & Trust Company*

Mashburn, Jennifer

*LGE Community Credit Union*

Myers, Kevin

*Dynasty Wealth Management*

Streeter, Justin

*Streeter Riddle Wealth*

*Management is now Wise Path*

Teplis, Julie

*Teplis Financial Services*

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Lehr, Kathy

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*Cobb In Home Care*

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*Lakeside Chiropractic Wellness*

*Center, LLC*

Fowler, Tara

*Hazel Family Eyecare*

Hollman, Priscilla

*The Tranquil Spirit Center*

Kaplan, Michael

*Seniors Helping Seniors*

Korchan, Dee

*Take Shape for Life*

Paris, Kim

*WellStar Health System*

Rose, Diane

*Body By Vi 90-Day Challenge*

Butler, John

*Family Private Care*

Henschel, Michelle

*Pinnacle Orthopaedics*

### Insurance

Anderson, Laura

*Aflac Representative*

Fogarty, Edward

*Classic Benefits Management*

Fritz, Jonathan

*No Exam Life Insurance, Inc*

Cavellier, Greg

*Allstate*

Hyde, Brittany

*Liberty Mutual*

Kellert, Frank

*Allstate Insurance Company*

Silverman, Herb

*Allstate Insurance Company*

Tahsler, Randall

*Randall Tahsler and Company*

### Legal/Attorney

Bradford, Frank

*Frank Bradford, Attorney*

Hendrick, Jordan

*Stout Kaiser Matteson Peake &*

*Hendrick, LLC*

Lake, Marsha

*Cobb County State Court Judge*

Murphey, Joe

*Murphey's Law Firm, LLC*

Rashidi, Laurie

*The Rashidi Law Firm, P.C.*

Widmann, Kevin

*LegalShield*

Worrall, Steve

*GeorgiaFamilyLaw: Worrall Law,*

*LLC*

## ECBA NETWORKING EVENTS

### **ECBN MORNINGS**

**Every Friday**

**7:30 am**

Capozzi's NY Deli

4983 Roswell Road

Marietta 30062

Open Business Networking

\$3 cover - \$5 coffee-\$8:

coffee+breakfast

### **MONTHLY LUNCHEON**

**Tuesday, November 18**

**Meets every third Tuesday,**

**January through November**

**11:30 am - 1:00 pm**

\$15 Members (Pre-paid)

\$20 Guests

Indian Hills Country Club

4001 Clubland Dr.

Marietta, GA 30068

### **ECBA AFTER HOURS**

**Tuesday, November 25**

**Meets fourth Tuesday,**

**January through November**

**5:30 pm - 7:30 pm**

Location TBA (See our Website)

FREE to attend

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*The East Cobb Business Association's November luncheon will be held  
at Indian Hills Country Club, 4001 Clubland Drive, Marietta 30068*

Check our website **[www.eastcobbba.com](http://www.eastcobbba.com)** for our Quarterly Lunch-N-Learns and Quarterly Community Breakfasts

***Join now for 2015 and the remainder of 2014 is free!***



# East Cobb Elder Cheers at Pope Game




▲ Lynn Campbell and Pope High School cheerleader, Shelby Stokes

On Friday, September 26, Second Wind Dreams and Pope High School's cheerleading squad made a dream come true for an elder of the East Cobb community. Pope High school cheerleaders joined together to teach 85 year-old, Lynn Campbell, the dreamer, multiple cheers. This dream fulfillment took place during a home football game at Pope High School. Lynn, a resident of Arbor Terrace of East Cobb, cheered alongside the school's cheerleaders during the game's first quarter. Lynn also escorted the school's mascot around during the "dog walk."

Lynn grew up cheerleading through high school and Shelby Stokes is the dedicated Pope High School student who uncovered Lynn's dream during a June visit to Arbor Terrace of East Cobb.

This dream presentation incorporated all in attendance in achieving the mission of Second Wind Dreams to "Change the perception of aging." This gave the students an opportunity to show acceptance and respect to a noble elder in the community. Most importantly, an energetic, lifelong cheerleader was able to smile big as she cheered on the home team.

Second Wind Dreams is an international, non-profit organization founded in 1997. This organization is changing the perception of aging through the fulfillment of dreams and educational programs including its flagship program, The Virtual Dementia Tour. The East Cobb-based organization has fulfilled more than 10,000 dreams. 

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Directions from NE Atlanta/GA-400: Take Holcomb Bridge Exit and travel West toward Roswell. Go 8.8 Miles (Holcomb Bridge turns into Hwy. 92). 2 Miles West of Sandy Plains, Heron Pond will be on the Right.

# SUPPORT GROUPS

## A.A./Al-Anon/Al-Anon

**Beginners/Alateen.** Every Monday 8pm. Covenant Presbyterian Church, 2881 Canton Road, Marietta. More info: 770-973-5347 or jpm105@comcast.net.

## Adult Survivors of Child Sexual Abuse Support Group.

First and 3rd Tuesday of each month. 7pm. Room 334, Johnson Ferry Church, 955 Johnson Ferry Road, Marietta. Men and women welcome. More info: 678-578-4888 or info@voicetoday.org.

**Al-Anon.** For family and friends of alcoholics. Thursdays. 7:30-8:30pm. Johnson Ferry Baptist Church, Room 345, 955 Johnson Ferry Road, Marietta. More info: 770-587-0483.

**Al-Anon Family Group.** 7pm. Teens 13 and older welcome. Temple Kol Emeth, 1415 Old Canton Road, Marietta. More info: Paulette L., 678-551-2433.

## Alzheimer's/Caregiver Support Group Meeting.

First Monday of each month at 10:30am. Open to family members who are assisting an aging loved one both inside and outside of the home. Free respite care is provided for your loved one while we meet. Aloha to Aging/Mt. Bethel Community Center, 4608 Lower Roswell Road, Marietta. More info or to RSVP: 678-439-1177.

**Anxiety Anonymous** for people who suffer from anxiety, meets the 3rd Thursday of the month. 6:30-7:30pm. Cobb County Government Center, 4400 Lower Roswell Road, Marietta. More info: 770-633-1023 or galinabannova@gmail.com

● **Babywearing Group.** Koalamommas, North Atlanta's resource for help, support, and information about baby carriers of all kinds. Meets monthly. Meeting dates/time vary. More info: Jennifer Worrell, 770-516-4192 or jenniferworrell@bellsouth.net.

● **Bereavement Support.** First and 3rd Wednesday of the month. 5pm. Counseling Room in Parish Office, St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6020.

● **Cancer Support Group.** Second and 4th Monday of the month. 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

● **Career Transition.** Third Monday of the month (March-October). Second Monday of the Month (November-February) 6:30pm: Personal resume reviewing, interviewing, networking, and career assessment help. First Presbyterian Church, 189 Church Street, Marietta. More info: Lee Pence, 770-428-9350, or Bob Sabin 770-795-9084, or visit www.fpcmarietta.org

● **Caregiver and Share Support Group for Alzheimer's.** First Monday of the month. 6-7pm. Arbor Terrace, 886 Johnson Ferry Road, Marietta. More info: 770-977-4420.

● **Codependents Anonymous.** Mondays & Thursdays. 7:30-8:45pm. Unity North Church, 4225 Sandy Plains Road, Marietta. More info: 404-213-4482.

● **Depression/Bipolar Support Group.** First and 3rd Thursday of the month. 7-8:30pm. Johnson Ferry Baptist Church, Room 339, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

● **Divorced/Separated Support Group.** First and 3rd Tuesday of each month. 7:30pm. St. Ann's Catholic Church, Mary's Chapel, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6018.

● **Divorce Support Group** by Visions Anew for women who are contemplating or going through the divorce process. First Thursday & 3rd Wednesday of the month. 7-9pm. East Cobb Government Center, 4400 Lower Roswell Road, Marietta. More info: www.visionsanew.org.

● **Divorce Support Group.** Every Wednesday. 6:30pm. Mt. Bethel Church (H House, entrance is in the back), 4385 Lower Roswell Rd. Marietta. More info/to register: Judith Reichenbach, Licensed Counselor, 770-597-9882.

● **Diabetes Support Group** offered by WellStar Health System. Second Tuesday of the month. 6:30-8pm. McLaren Mill Office Park, 531 Rose Lane Street, Suite 100, Marietta. No registration required. More info: 770-793-7818.

● **Domestic Violence Support Groups.** Sessions in English and Spanish. Wednesdays. 6:45-8:15pm. Childcare available for children 6 weeks to 12 years. Children over 12 may attend and learn childcare skills. More info: 770-427-3390.

● **East Cobb Satellite of CHADD (Children & Adults w/Attention-Deficit/Hyperactivity Disorder) Parental Support Group.** 2nd Tuesday of the month. 6:30-8:00 pm. Mt. Zion United Methodist Church (Room B109) on Lower Roswell Road, Marietta. More info: Cappie Suttle, 404-368-9394, east-cobb@chadd.net, or www.chadd.net/300.

● **Emotions Anonymous,** a fellowship of people who come together to work toward recovery from emotional difficulties and discover a new way of life. Tuesdays & Fridays. 7pm. Roswell United Methodist Church, 614 Mimosa Boulevard, Counseling Building, Roswell. More info: 770-330-1991.

● **Families Anonymous (FA)** for families who have loved ones struggling with addiction. Every Tuesday. 7:30-9pm. Mt. Zion United Methodist Church Youth Center, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465.

● **Families of Children Under Stress (FOCUS).** To listen, inform and educate, and offer programs for the families and the child with special needs. Last Thursday of the month during school year. 10am. Chick-Fil-A, 1201 Johnson Ferry Road, Marietta. More info/to confirm meeting date: Angie, 770-234-9111, angie@focus-ga.org, or www.focus-ga.org.

● **Fractured Families for Parents Estranged from their Children.** First and 3rd Monday. 7:30pm. Whole Foods, 1311 Johnson Ferry Road, Marietta. More info: Sandy 404-446-6093 or Judy 404-643-3531.

● **Georgia Parkinson's Association.** Parkinson's Support Group Meets the 3rd Saturday of each month 1pm. Northside Hospital Cherokee Education Building, 130-B Oaksides Court, Canton. More info: James Trussell 706-413-3264 or james@gaparkinsons.org

● **Grandparents Raising Grandchildren Support Group.** Second Tuesday each month. 7:15pm. Special guest speaker. Transfiguration Church, Room 102, 1815 Blackwell Road, Marietta. More info: Jeannie, 770-919-9275.

● **Grief Support Group** for those who have had a family member, friend or other loved one pass away. First Thursday of each month. 7-9pm. Unity North Atlanta Church, 4255 Sandy Plains Road, Marietta. More info: kathzkel@yahoo.com.

● **JACS (Jewish Alcoholics, Chemically Dependent and Significant Others).** For Jewish members of 12 Step groups. 7-8pm, first and third Tuesdays of every month except on Jewish holidays. Congregation Etz Chaim, 1190 Indian Hills Parkway, Marietta, in the library. More info: 770-928-2523 or teshuva@aol.com.

● **Let's Play.** Play Group for Moms, Dads and caregivers of children under 18 months. Second and 4th Friday per month. 9:30am. Etz Chaim, 1190 Indian Hills Parkway, Marietta. More info: Perla Izsak, pmil1972@yahoo.com.

● **Loneliness Bereavement Support Group.** Every Wednesday except holidays. 11am. Heritage Hospice, 3315 Hilltop Drive, Marietta. More info: 770-423-5959.

● **Marietta Moms.** For all kinds of moms - new to the area, looking for new friends, or just needing support. Daily events for babies, toddlers and older kids. More info: 770-956-0318 or 678-357-3661 or www.mariettamoms.com

● **Mothers Circle Group.** Are you a mother raising Jewish children but you are not Jewish? Free education and support through a 16-week course. Groups are held in Marietta, Intown and North Fulton. More info: Suzette Cohen, suzette@themotherscircle.org or www.themotherscircle.org.

● **Mothers of PreSchoolers(MOPS).** Wednesdays. 6:15-7:15pm. A place where moms can come to build friendships and receive mothering support, practical help and spiritual hope. Childcare provided. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465 or mtzionmops@gmail.com.

● **National Alliance on Mental Illness (NAMI).** Family Support Group for families who have loved ones struggling with mental illness. Second and fourth Tuesday of each month. 7-8:30pm. Hillside United Methodist Church, Second Floor, 4474 Towne Lake Parkway, Woodstock. More info: 770-928-2762.

● **Overeaters Anonymous.** A support group for those who suffer from the need to compulsively overeat. Monday-Wednesday-Friday. 10am. St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: Betsy: 404-226-4931.

● **Parents of Prodigals.** For parents of struggling teens and young adults. Second and 4th Thursday. 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: Fair Brocard, 770-612-1197 or www.prodigalchildministries.org.

● **Parkinson's Disease Support Group.** For persons with Parkinson's disease and their caregivers. Second Sunday each month. 4pm. Roswell United Methodist Church, 814 Mimosa Boulevard, Bldg. A, Roswell. More info: Robin Cleveland, 678-819-3915.

● **Veteran's Information Referral Office (VIRO).** Free help and information for all veterans with VA Disability, VA Healthcare, Employment and Counseling. Second and 4th Wednesday each month. First and 4th Saturday each month, 11am-2pm. American Legion, Post 29, 921 Gresham Avenue, Marietta. More info: 770-427-5900.


● **Widowed Helping Others (WHO).** Dinner Social. First and 3rd Wednesday of the month. 6pm. St. Ann's Catholic Church, Nolan Hall, 4905 Roswell Road, Marietta. More info: Ann's Pastoral Care, 770-552-6400, ext. 6018.



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This screening is made possible thanks to support from the WellStar Pulmonary Network, WellStar Cancer Network and generous donors to WellStar Foundation.

To help with a donation, please visit [wellstar.org/kellfund](http://wellstar.org/kellfund).

\* Offer only valid for baseline screening exam. Prices are available for a limited time. Screenings are self-pay only and not covered by insurance. To qualify for a screening, certain criteria must be met via our screeners at 770-956-STAR (7827).

## **WellStar Acworth Health Park**

Saturday, Nov. 22 | 9 a.m. - 2 p.m.  
4550 Cobb Parkway | Suite 109  
Acworth, GA 30101

## **WellStar East Cobb Health Park**

Wednesday, Nov. 19 | 9 a.m. - 2 p.m.  
3739 Roswell Road | Suite 100  
Marietta, GA 30062

## **WellStar Douglas Imaging Center**

Friday, Nov. 14 | 9 a.m. - 1 p.m.  
6002 Professional Parkway | Suite 120  
Douglasville, GA 30134

## **WellStar Kennestone Imaging Center**

Friday, Nov. 21 | 9 a.m. - 6 p.m.  
55 Whitcher Street | Suite 150  
Marietta, GA 30060

## **WellStar Kennestone Imaging Center at Towne Lake**

Friday, Nov. 7 | 9 a.m. - 6 p.m.  
South Cherokee Medical Center  
120 Stone Bridge Parkway | Suite 300  
Woodstock, GA 30189

## **WellStar Paulding Imaging Center**

Saturday, Nov. 15 | 9 a.m. - 2 p.m.  
148 Bill Carruth Parkway  
Suite LL20 | Hiram, GA 30141