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Comments and stories are always welcome.

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PUBLISHER'S NOTE

Every year, on the fourth Thursday of November, American families gather around the table to celebrate our national day of Thanksgiving, Thanksgiving is more than a big meal and a football game. Especially on Thanksgiving Day, we all count our blessings. As we do in every issue, this edition features stories about East Cobb residents that improve our quality of life --from firefighter Eric Paloski, Sr on the front cover, to our teachers of the year (listed on page 8) to Arisara Kukreja who started Knit4Kids (page 14). By publishing these stories, EAST COBBER helps us count the "blessings" we have right here in our backyard. These stories and the information should help you remember the things in life worth appreciating, set the mood for the day and help you reflect on the real meaning of the Thanksgiving holiday.

Black Friday, the day after Thanksgiving is the busiest shopping day of the year. Millions of people, presumably still under the influence of tryptophan, get up ridiculously early to flood the stores and hunt for bargains. Take a look at our Holiday Gift Guide (page 34-36) for a few gift ideas that you won't have travel far to get!

Thanksgiving is a time for us to reflect on all of the things we are grateful for. Family, friends and all of the loved ones that surround us are what makes the holidays so special. While you are giving thanks for the bountiful feast, the friends and the family that surround you, I encourage you to take a minute and say thanks for your furry loved one(s). I know my cavachon, Rebel, doesn't care if the mashed potatoes aren't fluffy or my desk is a little messy, he is always thrilled to see me. At EAST COBBER, we believe your one-of-a-kind companion(s) deserves their own special section, so we publish the annual Pet Guide (see pages 16-25),



East Cobb's only directory of resources to help you take care of your pet.

"Thanksgiving" is gratitude in action as well as thoughtful reflection. So, thanks to all of you readers, who are the heart and soul of this publication, the reason for this magazine's existence. I have so much to be thankful for, and I don't mean to trivialize those personal treasures of family and friends and liberty and democracy. But the relationship between EAST COBBER and you is one that forms the basis of all that I think about when I am creating each issue. I would also like to take this opportunity to thank our many advertisers who choose to promote their businesses by placing ads in the EAST COBBER. Without their commitment there would be no publication. And thanks to our 400 community-minded merchants who act as drop-off points for EAST COBBER. I Appreciate You All!

Happy Thanksgiving!

Cynthia M. Rozzo Founder/Publisher cynthia@eastcobber.com

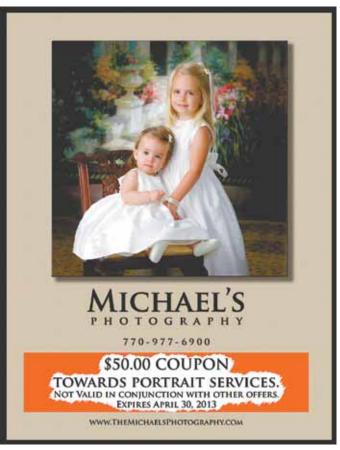
On the Cover

Pictured on our front cover is Cobb County Firefighter, Eric Paloski., Sr. An East Cobb resident, Eric commutes to Fire Station #1 in Mableton. Every 24-hour shift he works, he must be ready to put out fires in buildings, homes, and anywhere else they occur. As a part of helping to protect people and places, Eric is responsible for providing emergency medical care at the sight of an incident, rescuing people from burning buildings or other dangerous situations, and educating the public about fire safety.

Eric must also keep learning new things to help him improve his skills. In fact, he believes ongoing training is so important, not just for himself, but for all firefighters, that he is spearheading a campaign to raise money for the Metro Atlanta Fire Fighters Conference (MAFFC). This event is held once a year in the Metro Atlanta area that brings together hometown instructors and national instructors to offer the best possible training to firefighters at little to no cost. MAFFC strives for excellence in training and works hard to facilitate training that would normally be out of reach due to travel and expenses. Says Eric, "Training is usually the first to get cut out of government budgets . . . this conference makes training affordable and accessible." Eric and his colleagues are reaching out to the community in search of donations to help underwrite this educational conference. For more information about the MAFFC conference, read the full story on page 15.

Eric lives in the Chestnut Springs subdivision with his wife, Christina; son, Eric, age 8; and Megan, 6.

Front cover taken by Michael Drewitz, Michael's Photography.



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East Cobb Teachers of the Year Honored at Chamber's Give Our Schools A Hand Ceremony

The Teacher of the Year program is designed to spotlight those dedicated to educating and changing the lives of our young people. Each year, one talented and special person is selected to be a school's Teacher of the Year. From that group of Cobb County teachers, Dr. Richard Kaht, Dickerson Middle School's Teacher of the Year, was named as Cobb County's Teacher of the Year. The Cobb County and Marietta City District Teachers of the Year placed their handprints in the Teacher Walk of Honor on the Marietta Square October 3. A pep rally on October 30 kicked off the annual Give Our Schools a Hand (GOSH) week at the Roswell Street Baptist Church. This is the 24th year that the Cobb Chamber of Commerce has sponsored the GOSH special event. A salute to education in Cobb County, GOSH week brought educators, students, parents, businesses and the community together to honor education. Here are the teachers of the year from the public schools located in East Cobb County:

Jullia Balukin

5th Grade

Addison Elementary School

Debra Brenner

2nd Grade

Bells Ferry Elementary School

Laurie Bradford

1st Grade

Blackwell Elementary School

Amy Moss

1st Grade

Brumby Elementary School

James Hawlk

8th Grade

Daniell Middle School

Sarah "Sally" Dwelle

3rd Grade

Davis Elementary

Dr. Richard "Rick" Kaht

7th Grade

Dickerson Middle School

Kari Viland

Language Arts

Dodgen Middle School

Angela Lockman

Art

East Cobb Middle School

Jov Lee

1st Grade

Eastside Elementary School

Jill O'Meara

1st Grade

Eastvalley Elementary School

Beth Himmelberg

3rd Grade

Garrison Mill Elementary School

Wesley Auld

6th Grade

Hightower Trail Middle School

Renee Theriot

Art

Keheley Elementary School

Steve Lattizori

Physical Education Kell High School

Paula Garner

1st Grade

Kincaid Elementary School

Beth Morgan

English

Lassiter High School

Eve Israel

8th Grade

Mabry Middle School

Shavne Wilkins

Special Ed

McCleskey Middle School

Jennifer Reardon

5th Grade

Mountain View Elementary School

Julia Schoeb

4th Grade

Mt. Bethel Elementary School

Marilyn Charles

Speech

Murdock Elementary School

Jennifer Carusone

5th Grade

Nicholson Elementary School

Alissa Benzin

Math

Pope High School

Leslie Dale

2nd Grade

Powers Ferry Elementary School

Christine Einertson

5th Grade

Rocky Mount Elementary School

Susan Thompson

Academic Coach

Sedalia Park Elementary School

Diane Marco

1st Grade

Shallowford Falls Elementary School

Cynthia Battaglia

Special Ed

Simpson Middle School

Becky Johnston

Kindergarten

Sope Creek Elementary School

Teresa Fuller

Math

Sprayberry High School

Leslie Graska

2nd Grade

Timber Ridge Elementary School

Kim Lamphere

3rd Grade

Tritt Elementary School

Dr. Davis Smith

Special Ed

Walton High School

Ellen Levine

Special Ed

Wheeler High School





Dr. Richard Kaht of Dickerson Middle School Named Teacher of the Year for Cobb County School District



▲ Dr. Richard Kaht

The Cobb County School District named Dr. Richard Kaht, science teacher at Dickerson Middle School, as the 2012-2013 District Teacher of the Year! In addition to having his handprints immortalized on Marietta Square and receiving a one-year vehicle lease from community partner Ed Voyles Automotive, Kaht will also represent Cobb in the statewide contest. He was previously named Cobb County's

middle school level Teacher of the Year, which made him eligible for the district-wide merit.

Inspired to teach from an early age, Dr. Kaht's first years as an educator were spent teaching and working with students in a drug rehabilitation and education center. He entered public schools in 1995, teaching Georgia History to a challenging student population at an inner-city DeKalb County middle school. Kaht joined the Cobb County School District in 1997, teaching history and science at Campbell Middle before arriving at Dickerson Middle in 1999.

Dr. Kaht aims to get his students excited about exploring Life, Physical and Earth science, using humor and hands-on reinforcement. During the 2011-2012 school year, Dr. Kaht started Dickerson's FTC Robotics Club for students as a fun, extracurricular extension of the science concepts covered during class time. In its first year, the team competed against teams of high school students and earned two top ten finishes. Since joining Dickerson, Dr. Kaht has participated in the DMS Leadership Team, helped implement the Olweus Bullying Prevention program and collaborated with other science teachers to improve instruction throughout Cobb County.







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PTA Health & Wellness Initiative: "When You Know Better, You Do Better"

By Wendy Diaz, PTA Health and Wellness Co-Chair, East Cobb County Council of PTAs

Maya Angelou is famous for her line "when you know better, you do better". It got me thinking, that phrase really sums up what we are trying to do here in East Cobb regarding promoting health and wellness in our East Cobb schools. When you empower the STUDENT with the knowledge of the importance of eating well and exercising regularly, you can start to make a real difference in their personal AND academic lives. Research shows that kids who move more aren't just healthier, they also tend to do better academically, behave better in class and miss fewer days of school. We know more about health and wellness NOW than EVER before, yet we are the unhealthiest we have ever been. In less than two decades, more than 85% of our population will be overweight or obese. Children are developing health issues such as Type II diabetes, ADHD, asthma and obesity at staggering rates. One statistic I came across recently stated that 1 out of every 3 children born after year 2000 will have diabetes and WE are doing this to them!

So, how can you, as a parent, get involved in the Health and Wellness initiative? It starts at home. Be a role model for your child. Be active every day with some sort of exercise. Start eating whole foods such as dark leafy vegetables, whole grains, juicy ripe fruit, complete proteins, and limit fats and refined sugars. Eliminate foods in your pantry that contain artificial flavors, colors, additives and trans fats. Encourage your child to limit the unhealthy extras offered at school such as ice cream and vending machine snacks. Next, get involved at your child's school. What can you do? Here are some ideas:

- Join your school's Health and Wellness committee. Your PTA doesn't have one? Grab some friends and create
- Organize "walk" or "bike to school" days at your school.
- Offer to help write grants for money for schools to have equipment for H&W programs.
- Attend Lunch and Learns to increase your knowledge of H&W issues.
- Create a "Health and Fitness Week" at your school.
- Write your Congressman regarding federal nutrition guidelines, school lunch programs, importance of exercise.
- Attend Cobb County School District's Farm to School initiative meetinas.
- Volunteer to help facilitate your school cafeteria's "produce of the month" program.
- So remember, when you know better, you do better. Be involved and make a difference!

Note: November is PTA's Healthy Lifestyle Month, a perfect time to make a commitment to get involved at the school level. Check out the resources available at www.pta.org/healthy_lifestyles.asp. @



Wendy Diaz, East Cobb County Council PTA Health and Wellness Co-Chair, lives in northeast Cobb County with her tennis coach husband, Stephen, and two sons: Dominic, a 4th grader, and Derek, a 2nd grader at Garrison Mill Elementary.



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DR. STEPHEN JOHN

Lassiter Band Director Honored with Kennesaw State's Flourish Award



▲ Alfred Watkins

The College of the Arts at Kennesaw State University has long been known as a place where the visual and performing arts flourish. The College has made a commitment to preparing future artists and arts educators and to presenting outstanding arts programs for the community. The college also has a strong commitment to working in partnership with individuals, schools, businesses and organizations in the community to ensure that the arts flourish throughout our region and beyond. On September 28, the college presented its annual Flourish Awards honoring people

who have helped the arts flourish in Georgia. Launched in 2005, the awards were presented in four categories: arts leader, arts educator, community/public service and arts organization. Alfred Watkins, Director of Bands at Lassiter High School, was awarded the Flourish Award in the Arts

Educator category. The Arts Educator category recognizes a P-12 teacher in art, music, dance, or theatre who has demonstrated both excellence in teaching and a commitment to arts-related projects across the curriculum or in the community.

Alfred Watkins has been the Director of Bands at Lassiter High School since 1982. He also serves as the conductor of the Cobb Wind Symphony. Under his leadership, the Lassiter Band has grown from 78 members to 350 music students. The program now includes five symphonic bands, two marching bands, a jazz band and numerous chamber ensembles. Mr. Watkins received his Bachelor of Music Education degree from Florida A & M University, where he has been named a Distinguished Alumnus.

Under Mr. Watkins' leadership, the Lassiter Marching Band has performed for President Ronald Reagan (twice), 1984 World's Fair, 1986 and 1995 King Orange Jamboree Parade, the 1988 Tournament of Roses Parade, and the 1997 Citrus Bowl Parade.

Mr. Watkins is on the Band Selection Committee of the John Philip Sousa Foundation. He has served on the Educational Advisory Board of Bands of America, and in 1996 was an Associate Director for the Atlanta Olympic Marching Band that performed in the Opening and Closing Ceremonies of the Centennial Olympic Games in Atlanta.

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Celebrating the Magic of Kincaid Elementary School

By Susan McCullogh



What do you get when you bring together 530 involved families, 52 dedicated teachers, 39 additional committed staff members, and 720 enthusiastic students on a treasured piece of East Cobb property? If you're lucky enough to live near the intersection of Sandy Plains and Kincaid Roads, then you already know about the magic happening every day at Kincaid Elementary!

Established in 1973, Kincaid was founded on the cuttingedge tenants of open classrooms, freedom of choice, and respect for others. In fact, Kincaid's first principal, Dr. Henry Hill, along with a team of former Kincaid teachers, authored a book based on the implementation of these educational theories at Kincaid (Goodlad – Theory Into Practice, 1982). Kincaid opened with 24 teachers and an unfinished building and textbooks still on order. Celebrating its 40th anniversary next fall, Kincaid has now grown to 35 classrooms in two buildings and a gymnasium. Of note is the impressive number of student alumni who are now returning as parents. "Kincaid helped shape who I am today. The leadership has consistently focused on teaching life skills, focusing on the whole child in addition to the academics. Families are more than welcomed here; they want involvement," says Dawn Bornstein, whose two children now attend the very elementary school where Dawn went in the school's first decade.

Family involvement is vital to Kincaid, which was recognized by PTA for being a National School of Excellence for Parent Involvement, Kincaid was also one of the first Non-Title schools in Georgia to establish a Family Involvement policy. And that's exactly where the magic comes from: It's the people, from students to staff to families. Kincaid is the perfect mix of involvement, commitment, excitement – and growth. Principal Cheryl Mauldin values the award-winning PTA, commenting, "The PTA has been an integral part of our success through the years and that commitment will stay strong. With continued support and involvement, the children cannot help but be successful!" Kincaid has had immediate success with a fledgling Foundation that funds a dedicated Science Lab and teacher in an effort to ensure a diverse, state-of-theart education that fosters accelerated achievement through enhancements in curriculum, technology, and facilities.

Kincaid celebrates diversity, which is viewed as one of its biggest assets. There are over 17 different languages spoken by Kincaid families and all are invited to showcase their cultures at the annual PTA-sponsored Heritage Night. "Going to Kincaid taught me to appreciate people of all backgrounds and abilities. It's truly beautiful the way Kincaid creates an atmosphere where both special-needs students and general ed students can successfully learn and grow in harmony," comments former student Mandy McMasters. Parent Shannon Pierce agrees; "I can't imagine a better place for my family. Every child there stands out, not just those whose families contribute financially or with their time." Pierce, the working parent of one physically disabled child and one general education student, loved the size of the school, appreciating that, "My daughter didn't get lost in the system but felt a sense of belonging and comfort." Kincaid families treasure every student at Kincaid, especially the nearly 20% special ed students; every student contributes to what makes Kincaid special. Another 15% of students receive Gifted Services, many "double dippers," such as Pierce's daughter, who received both special-needs services and gifted services while at Kincaid.

The Kincaid staff is truly exceptional, and it shows in student performance. With 35 staff members holding advanced degrees and special certifications, Assistant Principal Paul Watson is not surprised by the highly competitive test scores. "I am constantly amazed at the level of preparation and dedication our teachers have for their craft. Our teachers utilize data on a daily basis to create authentic assignments and performance tasks that allow our students to reach their full potential." Kincaid students continue to excel against Cobb and national norms, but this staff is not content to rely on past performance. "We work with the Foundation, PTA, and School Council every year to identify what we need to keep our students and school competitive in today's academic environment while still striving to maintain our supportive and family-centered atmosphere," comments Watson.

It's no secret why Kincaid is such a special place; the magic is in the caring. Want to be part of the magic? Come see it for yourself! The Kincaid Foundation is sponsoring a Cougar Challenge 5K, 1-Mile Fun Run, and Pancake Breakfast on Saturday, November 10. Register now for this fun, healthy event to raise funds for the Kincaid Foundation and the P.E. department by visiting www.KincaidFoundation. org/Cougar-Challenge.



Susan McCullough has lived in East Cobb for almost eight years. She is the proud mother of two, one at Kincaid Elementary and the other at Daniell Middle. She currently serves as the Secretary for the Daniell PTSA, the Volunteer Coordinator for the Kincaid PTA and Foundation, and sits on the Kincaid School Council.

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Wheeler High School's Magnet Program Receives STEM Certification

By Christina Paulk



▲ Dr. Tiffany Stark, Director, the Center for Advanced Studies in Science, Math, and Technology at Wheeler High School

Last month, the Center for Advanced Studies in Science, Math, and Technology at Wheeler High School was awarded the STEM (Science, Technology, Engineering, and Mathematics) certification by the Georgia Department of Education. The Wheeler Magnet Program is one of only four schools in the state of Georgia to earn the STEM certification, and the first STEM certified school in the Cobb County School District. "The STEM certification is a great honor that is indicative of how hard our teachers work, how hard our students work, and how hard our families work," shares Dr. Tiffany Stark, program director for the Wheeler Magnet Program.

The Center for Advanced Studies at Wheeler High Schools is home to approximately 425 students. The magnet program strives to provide advanced curriculum and learning opportunities for students with strong aptitudes in STEM-



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related subjects. The Wheeler Magnet Program offers students unique courses, including Advanced DNA/Genetics, Advanced Chemical Engineering, and Advanced Physics/Robotics. In addition, Georgia Tech Calculus II & III are also available to magnet students through distance learning. The emphasis on STEM education fosters creativity, innovation, and research at Wheeler High School.

The STEM certification is awarded by the Georgia Department of Education to schools that excel in STEM education. The process of becoming a STEM certified school involves submitting an application to the Georgia Department of Education and an on-site evaluation. Representatives from the Georgia Department of Education visited Wheeler High School this past September to evaluate the school and determine its eligibility for the STEM certification. The Georgia Department of Education evaluated the school on sixteen criteria, including student performance, available courses, technology, and collaboration with business and industry partners. The representatives interviewed students, teachers, and parents about the magnet program. In addition, they observed individual classroom instruction and toured the school facilities.

The news of the STEM certification was received with great excitement by the students, faculty, and parents at Wheeler High School. As only one of four STEM recognized schools in the state of Georgia, Wheeler High School will become a demonstration site for other schools that are interested in becoming STEM certified. Dr. Tiffany Stark states, "At Wheeler Magnet, our goal is to become the number one STEM school in the nation, and I think being recognized as a Georgia STEM certified school is a great step in that direction."



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Bonnie Bassett, Dr. Jeff Pipe, Stace Huff, Mary Breshears, Jason Peters and Beverly Elliott.

With the lazy days of summer a distant memory, the rush of fall activities and preparation for upcoming holidays can push more than just daily schedules to the breaking point.

"As our calendars fill up and our resources get stretched, we tend to neglect our own emotional and spiritual needs. East Cobb is a wonderful place to live, but it is marked by a driven and success-oriented culture. Pressing to get the best for ourselves and our families, we often allow the busyness to separate us from those very persons for whom we are striving to care," explains Dr. Jeffrey Pipe, President of Tapestry.

Relationships are something that the caring counselors at Tapestry Psychological Associates understand. They are here to walk through the challenges of life with their clients, as well as help them strengthen their marriages and families.

"Everyone has stuff to work though, and I wanted to make Tapestry a place where people could feel safe enough to talk about the important stuff," shares Dr. Pipe, "That's what Tapestry is: a place to work through the hard stuff."

Located on the Marietta Square, the highly trained staff of therapists provide an oasis of care and integrity for those they serve. With individual specialties encompassing a variety of emotional, relational, and behavioral difficulties, they are well-qualified to meet the needs of couples, families and individuals of all ages.

"If you are struggling emotionally, or having family problems, I hope you will get in touch with us," says Dr. Pipe. "It would be an honor to be a part of the tapestry of your life."

Tapestry Psychological Associates is located in Suite 350 of the Brumby Building at 127 Church Street. For more information, visit www.tapestryassociates.com or call 770-425-8275.



PAID ADVERTISEMENT

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Knit4Kids Teaches Children the Fine Art of Knitting

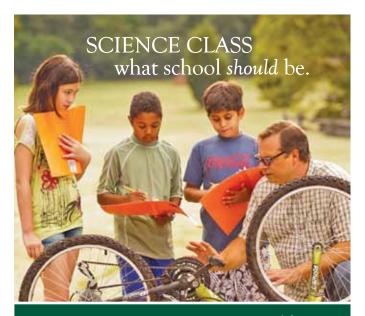


▲ Arisara Kukreja helps Liza Pivnik learn to crochet

It's hard to imagine 22 kids in a classroom quietly focused on the yarn and needles in front of them, but for children participating in Knit4Kids, it's a reality. Knit4Kids is a new afterschool enrichment program that teaches boys and girls from 1st to 5th grade how to knit and crochet. The program emphasizes basics for beginners who have little or no experience.

Knit4Kids Founder Arisara Kukreja has been knitting since she was eight years old, and she knows firsthand the ben-

efits of knitting as a hobby and stress reducer. When her children started elementary school, she noticed that existing after-school programs focused on physical activities or art, but they didn't offer anything like knitting.



Come see us

IB World School Preschool – eighth grade



Roswell, Georgia | 770.993.2940 | www.highmeadows.org



▲ Willow Rueckert, Ashley Jeong and Sarah Mosley enjoying a

She decided to launch Knit4Kids at three elementary schools, and it's become extremely popular. "Kids are enthusiastic because they get the chance to be creative and expand their mind with a new skill," said Kukreja.

According to Kukreja, studies indicate that through knitting, children simultaneously explore their creative and analytical sides by learning the making of different stitch types, reading symbols and patterns. As they develop, students learn how to create, design and craft their own projects.

"Completing a knitting project from start to finish gives children confidence and enhances their self-esteem. Through the process, they learn patience and improve their fine motor skills," said Kukreja.

This year, the program is open in three East Cobb elementary schools (Tritt, Murdock and Shallowford Falls). She hopes to continue to expand into the area as interest grows. Visit knit4kids.com for more information.

TJ's Home Improvements

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EAST COBBER NEXT ISSUE: DECEMBER • DEADLINE: NOVEMBER 15 **CALL EAST COBBER: 770-640-7070**

Metro Atlanta Firefighters Conference Seeks Funds



▲ Division Chief William Tanks, Cobb County Fire & Emergency Services

Almost always first on the scene, firefighters are in the business of response. "Our job is training, but our duty is response," shares 21-year veteran, Division Chief William Tanks of the Cobb County Fire & Emergency Services. "Firefighting is like a team sport, and game day is the actual event, whether it's a fire or medical emergency. A lot of practice and training must take place for the performance to be successful. Someone's life can depend on us being prepared."

Although firefighters receive job training, expertise in areas such as various rescue techniques are best acquired at firefighting conferences. The best known is the Fire Department Instructor Conference (FDIC), held annually in Indianapolis, Indiana. The problem is many fire departments have few budget dollars for this kind of training. The current economy and even greater budget cuts have left some departments with no money at all for extra training. As a result, many firefighters would have to foot their own bills, and most can't afford the \$1,500 price tag for fees and travel costs.

In 2009 Lieutenant Tom Hancock from Cobb Fire Services attended the Fire Department Instructor Conference and envisioned a regional conference in Atlanta. A grassroots effort sprang from his idea as a committee of metro Atlanta firefighters from different experience levels began meeting to formulate a plan. The unique twist for the Atlanta conference would be that firefighters would pay nothing or a very low cost to attend. Their proposal was to underwrite the costs with funds provided through sponsors, partners, and donors.

The result was the creation of a nonprofit organization, the Metro Atlanta Fire Officers Association, and the Metro Atlanta Firefighters Conference (MAFFC). The first conference took place in May 2010 with 183 attendees. The latest MAFFC in May 2012 drew almost 500 firefighters. A majority of the attendees were from the Southeast, but some traveled from other parts of the country. MAFFC

promotes pride and professionalism in its efforts to train firefighters at every level of the fire service. For anyone who attends, the only training cost not covered is \$25 for practical training. (Travel costs are not covered.) Training is provided by top-quality, nationally known speakers, in addition to up and coming local instructors.

"Supporting MAFFC is a great way for any individual or business interested in public safety to give back," says Division Chief Tanks. "Helping firefighters directly affects the community." Sponsors are recognized on the MAFFC website, Facebook, t-shirts, and all other promotional materials. And for businesses that market products directly to fire personnel, sponsors are invited to a four-hour social event where they can interact directly with attendees at the end of the conference.

If you are interested in responding to not only our local firefighters, but also those attending from around the country, go to www.maffc.org for sponsor information. The basic level is as simple as a raffle item donation for the next conference in May 2013. Division Chief Tanks points out that as MAFFC continues to grow, not only will our community have better firefighter proficiency, but also the added marketing bonus of conference attendees in the Cobb area. Checks should be made out to MAFFC and mailed to: MAFFC, 1022 Meadow Brook Drive, Woodstock, GA 30188. For more information, contact Division Chief William Tanks at wtanks@maffc.org or 770-861-6755.





DuchessOwner: Anna Yancy



Joee Owner: Linda Cooke

ANIMAL HOSPITALS

Montrose Animal Hospital & Pet Hotel

1028 Woodlawn Drive • Marietta, GA 30068
770-977-9000 • www.montroseanimalhospital.com
Montrose Animal Hospital is a state-of-the-art medical,
boarding and grooming facility in East Cobb which has
provided pet owners with superior service and care for over
20 years.

East Cobb Veterinary Clinic

1314 East Cobb Drive • Marietta, GA 30068 770-973-2286 • www.eastcobbvet.com vet@eastcobbvet.com A small animal veterinary practice that focuses on preventative medicine and general pet care.

Tritt Animal Hospital

4349 Shallowford Road • Marietta, GA 30062 770-992-8787 • www.trittanimalhospital.com Tritt Animal Hospital has provided the highest quality of veterinarian care in a professional and compassionate environment since 1990. They look forward to being the veterinary home to your pet.

CAT CLUBS

Atlanta Cat Shows

www.atlantacatshows.org Includes Atlanta Phoenix Cat Society, Cotton States Cat Club, Rebel Rousers Cat Club, and Atlanta Allbreed Cat Club with shows located in Roswell, Duluth, Atlanta, and Dalton, Georgia, respectively.

CFA Breeder Assistance & Breed Rescue, Inc.

www.cfabreederassist-rescue.org
Charlene Campbell • CFABreedRescue@aol.com
A program of the Cat Fanciers' Association (CFA) that helps
with advice, food, physical assistance, and placement of
cats



ScarlettOwner: Julie Varon



Cody
Owner: Alex Cone



Cobb County Leash Law

Cobb County Code #3-5-9 (Leash Law) - "It shall be unlawful for the owner of any animal to be out of his immediate control and restraint, or to be left unattended off the premises of the owner, or to be upon the property of another person without permission of the owner...every animal shall be restrained and controlled so as to prevent it from molesting passerby, chasing vehicles, or attacking persons or other animals..." Those animals not in compliance with this law should be reported to Cobb County's Animal Control Division at 770-499-4136.

Mobile Veterinarian Offers a Low Stress Alternative for Vet Appointments



▲ Dr. Matther Miller and his dog, Marty

Making time in your schedule for annual wellness visits for your pets is not always easy. For many owners who have older animals, larger breed dogs, or pets that don't travel well, a trip to the vet can be difficult and time-consuming, especially if the owner has multiple pets. Some animals miss annual visits or the pet doesn't see a vet until it is sick, making an already stressful event even worse.

"We were so happy to have Dr. Miller come to our house. Chewbacca used to hate his trips to the vet and it was easy for me to find an excuse not to go," shares Marie, a pet owner and client of Miller Mobile Veterinary Services. "And with a baby on the way I know it'll be even harder. But now that Dr. Miller comes to us it's much easier and Chewie loves his vet."

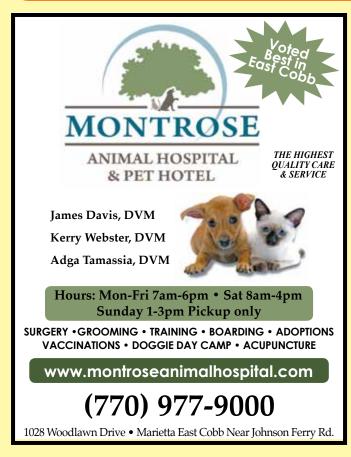
Based out of Marietta, Miller Mobile Veterinary Services makes house calls all over East Cobb and the Metro Atlanta area. In addition to regular wellness visits for vaccines and other preventive care, Dr. Miller provides a full range of veterinary services, diagnostics, and surgery. Surgeries are performed at a partner animal hospital in East Cobb. "Providing the convenience of in-home medical care while still offering surgeries is ideal," says Dr. Miller, who has earned a reputation as a skilled surgeon and was recognized by Atlanta Magazine as one of Atlanta's "Best Vets" in the November 2010 issue. "I don't have to refer pets who need surgery to another practice so I'm able to provide a continuity of care – and that makes the owner and pet more relaxed."



www.millermobilevet.com 404-538-5448

PAID ADVERTISEMENT

PET GUIDE







Sandy Owner: Clair Summers



Ralphie
Owner: Judith Watson

What do I do if my dog or cat bites someone?

You will be required to make a decision about the future of your pet. Confinement is a must under the Cobb County Animal Control Ordinance. This quarantine/confinement is necessary for 10 days. You can choose to quarantine the animal at your vet or the Cobb County Animal Control Shelter. If you do not choose to keep the animal because of the bite, you can request that the animal be put to sleep and tested for rabies. Either of these options are not pleasant, but because of the potential for a rabies exposure and/or liability on your part you must make the decision that is best for your situation. Animal Control does not normally adopt out animals that have bitten or scratched, but every situation is considered individually.

CAT VETERINARIAN

Paws, Whiskers & Claws, Feline Hospital

736 Johnson Ferry Road, Suite A5 • Marietta, GA 30068 770-579-6001 • www. pawswhiskersandclaws.com catspwc@pawswhiskersandclaws.com Cats are not small dogs. Paws Whiskers & Claws (PWC) is dedicated to the health, behavior, and well being of your feline. Visit us for a unique vet experience.

DOG CLUBS

Atlanta Doberman Pinscher Club

www.atlantadpc.com

For well over two decades, the Atlanta Doberman Pinscher Club (ACPC) has strived to fulfill its mission through various activities including two annual specialty shows, temperament testing, and, most importantly, periodic meetings where members network and share a wealth of information with each other as well as hear from a spectrum of different speakers on matters of health, nutrition, fun things to do with your dogs, rescue, etc.

Atlanta Obedience Club

1193 Beaver Ruin Road, #D • Norcross, GA 30093 678-948-7826 • www.atlantaobedienceclub.com AOC is a non-profit organization. It exists for the purpose of promoting the training of dogs, disseminating the knowledge of obedience and racking training, advancing the interests of all pure bred dogs, encouraging the training of judges, holding and supporting obedience trials, tracking trials, agility trials and matches. OAC promotes cooperation and good sportsmanship among the club members in both the training and exhibition of dogs.

Atlanta Yorkshire Terrier Meetup Group

www.yorkie.meetup.com/members/us/ga/atlanta Come socialize your Yorkie(s) and meet with Yorkie owners near you! Meets regularly and has fun doggie events.

Bulldog Club of Metropolitan Atlanta

www.bulldogclubofmetropolitanatlanta.com
The Bulldog Club of Metropolitan Atlanta is a member of The
Bulldog Club of America's Division VIII. Their goals are to protect
the interests and advance the welfare of the AKC Bulldog.

Cavaliers of Greater Atlanta

www.ckcscatlanta.org

A sanctioned breed specialty club licensed by the AKC to conduct dog shows and matches. Membership is maintained in the American Cavalier King Charles Spaniel Club (the ACKCSC), which is the AKC parent club for the breed. The purpose of the club is to protect and advance the interests of the breed by promoting quality breeding, sportsmanlike competition and the education of members and the general public.

Chattahoochee Weimaraner Club

www.chattahoocheeweim.org

Jim Macke • jimmacke@chattahoocheeweim.org
The Chattahoochee Weimaraner Club offers a multitude of
opportunities for Weimaraner enthusiasts, including a number
of fun days throughout the year which give you a chance to try
agility, swimming, bird work, and just plain fun.

Greater Atlanta Boston Terrier Club

www.akc.org/akc_clubs President Wanda Goodson • Goodsoncpa@aol.com

Kennesaw Kennel Club

PO Box 803 • Marietta, GA 30061 www.kennesawkennelclubinc.org

AKC All Breed Kennel Club. They offer conformation training and obedience classes three times a year. They also have breeder referral.

Lost & Found Rules & Regulations

- Upon receipt of any domestic animal impounded, wearing a tag, the Cobb County Animal Control Division will make diligent efforts to ascertain the identity of the animal's owner and, if identified, shall, within 24 hours of receipt, telephone the owner by telephone. It shall send notice of impoundment to the owner by mail.
- All animals impounded shall be kept at the Animal Control Center for a period of not less than 5 working days unless redeemed within that period.
- Any animal not redeemed shall be considered abandoned to the Animal Control Division, in which all rights of ownership shall vest in the Animal Control Division; and the owner shall have no further claim to such animal.
- The owner of any animal impounded may regain possession of the animal upon payment of applicable fees: \$50 reclaim fee for the first occurrence and \$100 for the second offense; \$10/ each day the animal was in the pound; and, any medical fees incurred. For more information call: 770-428-5678.



DOG CLUBS

Smyrna/Atlanta Toy Dog Meetup Group

www.toydog.meetup.com/Smyrna-Atlanta-toydoglovers Bring your spayed or neutered toy dog(s) for play dates and parties. Meet/network and share tips and experiences with other toy dog pet parents. Toy/small breed dogs up to 15 lbs are welcome.

Southeastern Greyhound Club (SEGC)

364 Country Club Drive • Newnan, GA 30263 770-GREYPET (473-9738) • www.greyhoundadoption.org info@greyhoundadoption.org

The Southeastern Greyhound Club's purpose is to provide Greyhound owners with a variety of ways to have fun with their Greyhounds, and to promote the breed by spreading the word about what wonderful pets Greyhounds make.

DOG BOARDING & CARE

Haven the Dog Spot

736 Johnson Ferry Road • Marietta, GA 30068
770-672-7343 • www.havendog.com
Haven is EVERYTHING DOG! Indoor/outdoor size-specific
daycare, luxury boarding, bathing and grooming, dog
training, unique products, Precise holistic food, and dog
adoptions. Open daily.

DOG PARKS - COBB COUNTY

Sweat Mountain Park

4346 Steinhauer Road • Marietta, GA 30066
770-591-3160 • prca.cobbcountyga.gov
Cobb County's first off-leash dog park officially opened
on October 21, 2006. Located in Sweat Mountain Park,
the dog park has an area for large dogs and an area for
smaller dogs weighing 30 lbs. or less. There are benches
conveniently located for dog owners as well. Open daily
dawn till dusk. Closed each Wednesday morning for
maintenance.

Pitner Road Dog Park

2450 Pitner Road • Acworth, GA 30101
770- 528-8890 • prca.cobbcountyga.gov
Open daily dawn till dusk. Separate areas for large
and small dogs. Playground and picnic pavilion nearby
for owners. Closed each Wednesday morning for
maintenance.

DOG TRAINING

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2431 Doubletree Drive NW, Acworth, GA 30102
770-265-0862 • www.Melony.Phillips.Positively.com
Melony Phillips • melonyphillips@gmail.com
Positive scientific based dog training. Emphasis on building
good relationships between family dogs and their people.
Group classes and/or home private training offered.

GROOMING

Hot Dogs Cool Cats Grooming Spa & Boutique

255 Village Parkway NE, Ste. 730 • Marietta 30067 770-858-1000 • www.hotdogscoolcats.net Ultimate TLC grooming and pampering, the best products always muzzle free. Only grain free nutrition, treats they love. Fun, tough toys. Great gifts for pet parents.















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CLINIC HOURS:

Monday - Friday 8 AM- 6 PM (No appointments on Wednesday) Saturday 8 AM - 12 PM



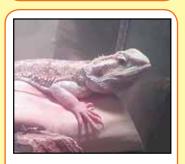
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Noel and Vincent
Owner: Jill Flamm



PrincessOwner: Kancace Ellis



WinstonOwner: Majorie Reaves

HORSE CLUBS

SaddleUp Cobb

www.saddleupcobb.org

Meets the first Wednesday every month. If you are a horse lover and want to network and ride with local riders of all abilities and disciplines, then SaddleUp Cobb is for you.

Rhinestone Rodeo Chics

770-715-2028 • www.eteamz.active.com/rhinestonerodeochics

A rodeo and special events drill team formed to promote the love of horses and good horsemanship while providing high speed, thrilling, fast paced fun and family entertainment for all audiences.

Cherokee County Saddle Club

770-655-0819 • www.cherokeesaddleclub.com
Tamma Trump • mswhinney@juno.com
Meet and join other members for trail rides, poker rides,
parades and educational clinics. Plus there are various
social activities during the year such as monthly meetings,
picnics, and parties.

Georgia Federation of Saddle Clubs

www.georgiafsc.com

The Georgia Federation of Saddle Clubs is a non-profit Equestrian Club. The members of the Federation compete in Judged (Performance) and Timed (Running) events.

Georgia Horse Council

302 Clements Road NE • Rome, GA 30161 www.georgiahorsecouncil.com

The Georgia Horse Council is a non-profit organization dedicated to promoting, educating and unifying equine-interested people, state horse organizations and state breed associations in Georgia.

PET ADOPTIONS & SHELTERS

Adopt a Golden Atlanta

404-DOGLESS (364-5377) • www.adoptagoldenatlanta.com

All Paws Considered

770-640-5550 • www.petfinder.com/shelters/GA175.html All Paws Considered is an all no-kill pet rescue organization. They rescue neglected, abused and homeless animals and provide them with needed medical care and rehabilitation until permanent homes can be found.

Atlanta Animal Rescue Friends

6570 James B River Drive • Stone Mountain, GA 30083 678-318-1886 • www.aarfatlanta.org

Atlanta Beagle Rescue

www.atlantabeaglerescue.org

Atlanta Pet Rescue

4874 S. Atlanta Road SE • Smyrna, GA 30080
404-815-6680 • www.atlantapetrescue.org
Atlanta Pet Rescue & Adoption (APRA) is a non-profit,
volunteer-based, no-kill shelter dedicated to rescuing and
rehabilitating dogs and cats so they can be adopted into
safe and loving forever homes.

Atlanta Pit Bull Parents

www.atlantapitbullparents.com • liz@atlantapitbullparents.com

Saddle Up at East Cobb Stables



▲ Owners Sean and Amy Conway

Nestled on 3.5 acres in a prime East Cobb location, East Cobb Stables (ECS) has been training and boarding horses for 53 years. Sean and Amy Conway purchased East Cobb Stables in 1997 and have been upholding their mission ever since. "We want to provide a fun, wholesome environment for children," Sean Conway shares.

In addition to offering riding lessons, boarding, birth-day parties, and field trips, the Conway's offer therapeutic riding as an early intervention program for children who have autism or have dealt with trauma. They also have hosted field trips for groups of students that are blind or visually impaired. Amy Conway tears up while talking about some of these experiences, "It's the horses. They have helped these children overcome some obstacles that no other therapy could accomplish." She refers to these lessons helping to build self-esteem, trust, and has even aided in the teaching of sign language.

East Cobb Stables has 7 horses, and 5 ponies. 10 volunteers, both children and adults, help with the care and maintenance of the facility and horses. Parents like that the volunteering instills a good work ethic and is rewarding at the same time. Every Sunday, from 1-2p.m, pony rides are offered for only \$8. East Cobbers are encouraged to saddle up and join the fun!

You may have noticed the sign outside their entrance, "We're #1 in the #2 business". East Cobb Stables has been selling horse manure for the past three years stemming from an idea their son, Dallas, age 9, had. Sean

Conway explains with a smile, "That's how Dallas became an 'entre-manure'."

East Cobb Stables is located at 1649 Johnson Ferry Road in East Cobb. Visit their website for more information,

www.eastcobbstables.com. You can also call 678-560-9154 or email them at eastcobbstables@bellsouth.net.



PAID ADVERTISEMENT



Professional Dog Training in East Cobb



▲ Melony Phillips and Ann Thompson

Ann Thompson and Melony Phillips have been teaching dog owners and working with dogs and puppies in the East Cobb area for years. They have pooled their resources for some new fun dog classes in the East Cobb area.

Ann has focused her private practice on new puppies under 16 weeks old and their new families, providing in home consultations to be sure each puppy and new family get off on the right foot. Melony's private practice covers dogs of all ages and issues. She is a Certified Professional Dog Trainer, a VSPDT (Victoria Stillwell Professional Dog Trainer), a licensed presenter for Dogs and Storks and Dog & Baby Connection, an AKC Canine Good Citizen Evaluator and an AKC Star Puppy Evaluator.

Both are members of the Association of Pet Dog Trainers. Their studies under Dr. Ian Dunbar and workshops with Patricia McConnell, among other nationally recognized dog trainers and behaviorists, have provided them with a strong understanding of a puppy's critical developmental needs, how to prevent behavioral issues from arising, and managing existing behavioral problems.

Their training is based on proven positive methods and emphasizes building a good relationship between family dogs and their people. Recent scientific studies have revolutionized our approach to dog training and these new positive approaches let us begin teaching good manners to puppies as young as 8 weeks of age.

Now they are offering classes in the East Cobb area that go beyond "Sit" and "Stay". Puppy Play School offers really young puppies the opportunity to meet other puppies and their owners to learn a lot about their new family member. Basic Manners covers all the basic cues and then some and is a prerequisite for fun classes like recreational Agility, Rally Obedience and Canine Nosework as well as the Terrific Teens class that focuses on the adolescent dog and applies basic skills to real life situations.

For more information, contact:

Melony Phillips: 770-265-0863 • MelonyPhillips@gmail.com www.melony.phillips.positively.com

Ann Thompson: 770-605-1291 • welltaughtdog@bellsouth.net

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PET GUIDE



HOURS M-F 8:30-6:00 SAT 8:30-12:00

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TRITTANIMALHOSPITAL.COM

(770) 992-8787

PET ADOPTIONS & SHELTERS

Atlanta Bully Rescue

www.atlantabullyrescue.thegivingeffect.com
The goal of ABR is to rescue and rehabilitate stray and
owner-surrendered bull breed canines and find them new
forever homes.

Atlanta Humane Society & SPCA Veterinary Clinic

981 Howell Mill Road NW • Atlanta, GA 30318 Main: 404-875-5331 • Clinic: 404-875-6420 www.atlantahumane.org

Basset Hound Rescue of Georgia

P.O. Box 680322 • Marietta, GA 30068 770-499-1164 • www.bhrg.org

Boston Terrier Rescue

678-294-2439 • www.bostonterrier.org Donna Clark • dmorganclark@yahoo.com

Cobb County Animal Shelter

1060 Al Bishop Drive • Marietta, GA 30008 770-499-4136

www.cobbcountyga.gov

As a unit of the Department of Public Safety, the shelter is responsible for handling complaints in Cobb County regarding dangerous, stray, or dead animals and animal cruelty. Call for hours.

Cocker Spaniel Rescue of Georgia, Inc

770-944-6614 • Cocker4you@bellsouth.net

Ferret Business of Georgia

770-984-1417

www.petfinder.com/shelters/ferretbusiness.html

Forgotten Paws Pet Rescue

www.forgottenpaws.com • info@forgottenpaws.com

Good Mews Animal Foundation

736 Johnson Ferry Road, Suite A3 • Marietta, GA 30068 770-499-CATS (2287) • www.goodmews.org adopt@goodmews.org

A non-profit organization that operates a no-kill, cage-free shelter for homeless, abused, and abandoned cats.

Humane Society of Cobb County

148 Fairground Street SE • Marietta, GA 30060 770-428-5678 • www.humanecobb.com

Encourages the humane treatment of animals and proper care of pets. Offers animal control, humane education, library, lost and found, and adopt-a-pet program.



RebelOwner: Eleni Haralabidis



Casey
Owner: Cuel Family



Fuzzhead
Owner: DeMario Family



MollyOwner: Chris Walther

PET ADOPTIONS & SHELTERS

Mostly Mutts

770-325-PETS (7387) • www.mostlymutts.org info@mostlymutts.org

Mutt Maddness

P.O. Box 71821 • Marietta, GA 30007 404-406-6322 • www.muttmaddness.org info@muttmaddness.org

Georgia House Rabbit Society

2280 Shallowford Rd • Marietta, GA 30066 678-653-7175 • www.houserabbitga.org The Georgia House Rabbit Society is committed to rescuing abused, abandoned and neglected domestic house rabbits.

Our Pal's Place

4508 Canton Road • Marietta, GA 30066 678-795-0202 • www.ourpalsplace.org helpanimals@ourpalsplace.org Pet adoption facility and education center. Its mission is to rescue dogs from euthanasia at local animal control shelters.

Papillon 911

P.O. Box 682225 • Marietta, GA 30068 www.pap911rescue.org A rescue organization committed to rescuing Papillons from dogbreeding facilities.

PET CLUBS - MISC.

Dog Hikers Club

770-992-2002

Dr. Dan Batchelor • DrBatch@aol.com Encourages dogs to accompany members on 10-mile hikes throughout North Atlanta area.

Happy Tails Pet Therapy, Inc.

P.O. Box 767961 • Roswell, GA 30076 770-740-8211 • www.happytailspets.org Happy Tails is a non-profit group of pet owners with a common goal - to volunteer time to share the unconditional love and joy pets can give to patients and residents at a variety of facilities.

Tell Your Friends About EAST COBBER

(it counts as your daily random act of kindness.)





Jakie Owner: Kara Freeman



SkylerOwner: Harper Family



ShadowOwner: Michael Fay



ToroOwner: Tom & Nicloe Czeczil





Dr. Stephanie Globerman

"I REALLY WANT TO GO TO THE VET!" says your cat.

"Hey mom and dad, all the cats in the neighborhood are telling me such wonderful things about the humans at Paws Whiskers & Claws, The Feline Hospital! They really are different than other vets. They genuinely appreciate the amazing and unique individuals that cats are. Dr. Stephanie Globerman has been a feline exclusive vet for over 10 years. Even though everyone who works at PWC has dogs and

cats as pets, they recognize that cats are the superior species and cater to us! Best of all, we do not have to deal with the panting, drooling and barking of those silly dogs when we go to PWC! The team at PWC is committed to strengthening and protecting the unique bond that exists between cats and their family, in a warm and compassionate atmosphere. After all, cats are not small dogs!

We both hate the thought of getting me into that box and listening to me cry all the way to the vet. It's hideously embarrassing when I get so scared that I pee, poop and/or vomit on the way there! And forget about the stress of being taken away from you to do who knows what behind the closed doors of "the back". At PWC, you get to stay with me and hold my paw the whole time! That sounds a lot less stressful because I am more scared when I am alone!

We can't put this off any longer. I need to have a check-up! I don't know how to tell you that I've been thirstier lately. Have you noticed I don't jump up on the counter anymore? I have been a lot more vocal lately haven't I? Do you wonder why I don't always use the litter box? Well only the humans at PWC can help me tell you. Let them, help you, help me!

Check out this informative blog post called "Have Cat, Will Travel!" on this really great website, dedicated to awesome cats like me, called www.fundamentallyfeline.com. It will help both of us get used to that darn carrier and make the ride smooth sailing!

So get off the couch and call them at 770-579-6001!



Paws Whiskers & Claws Fountains of Olde Towne 736 Johnson Ferry Road, Suite A-5 Marietta, Georgia 30068

catspwc@pawswhiskersandclaws.com www.pawswhiskersandclaws.com

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Murphy
Owner: Donohue Family

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Boston Terrier Rescue Finds Forever Homes



Since 2004, the
Boston Terrier Rescue of
East Tennessee (BTRET)
has matched over 2,000
Boston terriers with forever
homes in the southeastern
states, including Georgia.
Its mission is to rescue
Boston Terriers that are
in need, stabilizing their

health and emotional needs, finding the very best homes possible for them, assisting pet owners in an effort to prevent these dogs from needing rescue in the future, and to work harmoniously with other rescuers.

Wilbur Elliot Yates, named after the classic icon from Charlotte's Web, is one of the many BTRET success stories. Wilbur, also known as Captain Snortypants, was adopted in 2011 by East Cobber Courtney Yates. Wilbur and his fur sister, Olive the Yorkie Poo spend their days living the good life sunning, playing, and napping together.

Although pet adoption is a simple process, BTRET is especially proud of its strong history of matching a rescued pet to the right owner. Their primary goal is to place the dogs in the most suitable environment, based on the animal's individual needs and its temperament. The commitment is life long and the Boston's interests are always foremost.

Boston Terrier Rescue has an extensive network of volunteer representatives, foster families, and veterinarians in the Southeast, including 40 foster families in Georgia. Typically, the organization has over 150 dogs in their care at any given time, with approximately 40% of those being in Georgia. BTRET currently has a tremendous need for new Georgia foster families and is always looking for additional volunteers for transporting animals and fundraising.

If your family is interested in adopting, fostering, or volunteering, visit www.bostonterriertn.org





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30066 Area-Sandy Plains Road

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30068 Area-Johnson Ferry Road

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Free Mulch. Cobb EMC offers free mulch from the clearance maintenance of Cobb EMC power lines. It is available throughout the year and can be delivered when crews are in your area. More info: 678-355-3413.

EVERY SUNDAY

Kabbalah Café. Delve into the mystical secrets of Judaism based on the Chassidic teachings of Tanya. This tale of two souls will give you the tools to understand yourself in unprecedented ways. 9:30-10:30am. Chabad of Cobb, 4450 Lower Roswell Road, Marietta. More info/to register: 770-565-4412 or www.chabadofcobb.com.

EVERY TUESDAY AND SATURDAY

Feeding Time at the Chattahoochee Nature Center. Join a naturalist for an in-depth look at one of their resident animals as they are being fed. 4pm. Admission: \$8/adults. \$6/seniors. \$5/ages 3-12. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055.

EVERY WEDNESDAY

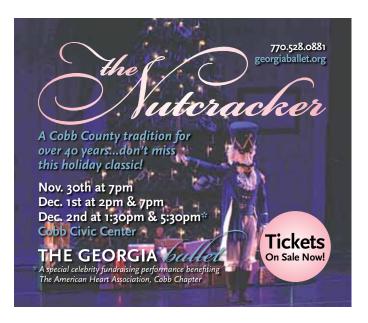
Walks in the Garden at Barrington Hall. Enjoy a guided walk while learning about the historic gardens featuring many century old shrubs and heirloom plants. A short presentation will start the walk at 9:30a.m. Topics include heirloom roses, growing herbs, wildflowers and pruning shrubs and trees. Sign up is not required but is encouraged. Free. 9:30-11am. Barrington Hall, 535 Barrington Drive, Roswell. More info: 770-640-3855 or www.barringtonhall-roswell.com.

EVERY THURSDAY

Guided Tour of the Strand. Get a behind-the-scenes peek at the Earl Smith Strand Theatre. Learn about the history of the theatre dating back to the 1930s, recent renovation efforts and fun facts about the theatre business. 11am. \$5. Earl Smith Strand Theatre, 117 North Park Square, Marietta. More info: 770-293-0080 or www.earlsmithstrand.org.

EVERY SATURDAY

Free Arts and Crafts at Lakeshore Learning Store. 11am-3pm. Ages 3 and up. Make a Colors of Fall Wreath, Flying Fun Airplane Craft, Thanksgiving Turkey Collage, or I'm Sleeping Door Hanger. Lakeshore Learning Store, 4287 Roswell Road, Marietta. More info: 770-578-3100 or www.lakeshorelearning.com.



EVERY SATURDAY AND SUNDAY

Trail Hikes. A docent guides you on a journey through the Chattahoochee Nature Center trails using biofacts and activities to spark you "natural" curiosity. 1pm. Admission: \$8/adults. \$6/seniors. \$5/ages 3-12. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055.

FIRST SUNDAY

Family Day at the Marietta/Cobb Art Museum. Free admission and fun activities for the whole family. 1-4pm, except when museum is closed. Marietta/Cobb Museum of Art, 30 Atlanta Street, Marietta. More info: 770-528-1444 or www.mariettacobbartmuseum.org.

NOVEMBER 1&3, NOVEMBER 8-10

Zombie Prom, presented by Lassiter High School Drama Club. A musical comedy about a lovestruck teenage boy who throws himself into a nuclear reactor after being rejected by a teenage prom queen and comes back to high school as a zombie! 7pm. \$10. Lassiter High School, 2601 Shallowford Road, Marietta. More info: 678-494-7863 or www.lassiterhigh.org.

NOVEMBER 1-25

The Summer of Daisy Fay, presented by Marietta Theatre. The story of Daisy's coming of age the hard way in Hattiesburg, Mississippi, and how she manages to rise above her desperate conditions through her participation in community theatre. Tuesday-Saturday: 8pm. Sunday: 2:30pm. \$20. Marietta Theatre, 11 Whitlock Avenue, Marietta. More info/tickets: 470-255-0074 or www.mariettatheatre.org.

NOVEMBER 2

Martinis & Music. The fourth and final installment of this year's event will celebrate important members of the Marietta community. Exhibitions, sponsors and volunteers will be the focus. A live band will provide entertainment. There will also be hors d'oeuvres and a cash bar. 5:30-8:30pm. Marietta/Cobb Museum of Art, 30 Atlanta St, Marietta. More info: 770-528-1444.

NOVEMBER 2-3, 9-11, 15-17

Winter Glory, a farcical British comedy by Peter Coke, presented by The Polk Street Players. This charming and hilarious story centers on a group of civilized retirees living in a London flat whose attempts at good deeds go wildly awry. Thursday-Saturday: 8pm. Saturday, November 3 & 10: Dinner at 7pm. Sunday: 2:30pm. \$12.50 or \$20 for Saturday Dinner Show. The Stellar Cellar at St. James' Episcopal Church, 161 Church Street, Marietta. More info/tickets: 770-218-9669 or www.polkstreetplayers.com.



NOVEMBER 2-4

Progressive International Motorcycle Show featuring the largest exhibit of motor GP bikes. See race bikes, vintage and custom bikes; games, shows and entertainment. Friday: 3-8pm. Saturday: 9:30am-8pm. Sunday: 10am-5pm. \$15/adults. \$6/ages 6-11. Cobb Galleria Centre, 2 Galleria Parkway, Atlanta. More info: www.motorcycleshows.com/atlanta.

NOVEMBER 3

Sacred Tapestry Fall Festival. Antique car show, crafts, children's activities, food and more. 9am-4pm. Sacred Tapestry United Methodist Church, 3000 N. Johnson Ferry Road, Marietta/East Cobb. More info: 770-605-5083 or www.sacredtapestry.com.

21st Annual Ribbons & Holly Handcrafted Market. Unique gifts and objects of art, silent auction, and children's choir. 9am-5pm. Mt. Bethel United Methodist Church, 4385 Lower Roswell Road, Marietta. More info: 770-971-2880.

Civil War Living History Saturday at Barrington Hall. Enjoy a family-oriented day with activities for all age levels, including Civil War reenactors, period clothing, 1860s dance demonstrations, food and fun. The "Reverend Pratt," head of one of Roswell's founding families, will be on hand to give a speech. 10am-4pm. Barrington Hall, 535 Barrington Drive, Roswell. More info: 770-640-3855.

Jump, Jive an' Wail 1940s Swing Dance! presented by Kennesaw State University Museum of History & Holocaust Education. Live Big Band music by Peachtree Jazz Edition, Swing dance lessons, raffle, refreshments and 1940s photo shoot. 7-10pm. Free with donation of one non-perishable food. Kennesaw State University Center, 3333 Busbee Drive, Kennesaw. More info: 678-797-2083 or www.kennesaw.edu/historymuseum.

Georgia Symphony Orchestra Jazz at the Strand. 8pm. \$30/ adults. \$10/students. Earl Smith Strand Theatre, 117 North Park Square, Marietta. More info/tickets: 770-429-7016 or www.georgiasymphony.org.

NOVEMBER 3-4

RK Gun Show. Saturday: 9am-5pm. Sunday: 10am-5pm. \$8/ages 12+. \$2/ages 6-12. Free/under 6. Jim Miller Park, 2245 Callaway Road, Marietta. More info: 563-927-8176 or prca.cobbcountyga.gov.



NOVEMBER 4

5th Annual CheerFest '12, an opportunity for recreational cheerleaders ages 5-14 to compete in cheer and dance. Spectators are encouraged to support their favorite teams. \$10/cheerleader to compete. Admission: \$5. Ages 3 & under: Free. Doors open at 11:30am. Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info: Wendy Collins, 770-528-8885 or prca.cobbcountyga.gov.

Book Event with Kathryn Witt, author of Atlanta, Georgia: A Photographic Portrait and The Secret of the Belles. The event will open with an actress portraying one of the main characters from The Secret of the Belles in a short performance piece. Doors open at 1pm for tours and book purchases. Book signing: 2pm. \$5 admission includes all activities plus light refreshments. Gone with the Wind Museum, 18 Whitlock Avenue NW, Marietta. More info: 770-794-5576, www.gwtwmarietta.com or kathywitt.com.

Keep It Loud Tour – 2012, a Christian rock and urban music concert celebrating love, hope, and Christ's challenge to share faith and keep it loud. 6:30pm. \$15. Earl Smith Strand Theatre, 117 Park Square, Marietta. More info/tickets: 770-293-0080 or www.earlsmithstrand.org.

NOVEMBER 5

Cobb Chamber First Monday Breakfast. Speaker: Dr. Stephen D. Dolinger, President, Georgia Partnership for Excellence in Education. Program: Education. 7:30am. General admission: \$60. Members: \$40. Cobb Galleria Centre, Two Galleria Parkway, Atlanta. More info: 770-980-2000 or www.cobbchamber.org.

NOVEMBER 5, 12, 19

Munch & Learn at Barrington Hall. Janet Rigsby, staff horticulturist, will speak on various gardening topics and answer questions about your gardening concerns. 12:15-12:45pm. Bring your lunch. Free. Barrington Hall, 535 Barrington Drive, Roswell. More info: 770-640-3855.

Bio Buggy. Come explore the Insect and/or Bird Bio Buggies with hands-on experiments and tools. 1:30-3pm. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or www.chattnaturecenter.org.

NOVEMBER 6, 27, DECEMBER 4

Cooking with Chef John Wilson at Barrington Hall. Learn to prepare a full meal in the spacious kitchen of this historic home, then dine on the food you have prepared. Themes: November 6: Basic Italian, Part 1; November 7: Basic Italian, Part 2; December 4: Christmas in Tuscany. 6:30-9:30pm. \$50/person/class includes all materials, food, wine and a mini tour of Barrington Hall. Reservations required. Barrington Hall, 535 Barrington Drive, Roswell. More info/reservations: 770-640-3855.

NOVEMBER 7-11, 13-18

A Taffeta Christmas presented by Georgia Ensemble Theatre. Donna, Kaye, Peggy and Cheryl return to their hometown for a Christmas performance of holiday classics, pop standards and newly discovered rock and roll holiday songs that will have you singing right along. See website for times. \$25-\$29. Roswell Cultural Arts Center, 950 Forrest Street, Roswell. More info/tickets: 770-641-1260 or www.get.org.



NOVEMBER 8

Drugs Don't Work: How to Save 7.5 Percent on Workers' Comp Seminar presented by Cobb Chamber of Commerce. Free. 8-10am. Registration required by noon, November 5. Cobb Chamber of Commerce, 240 Interstate North Parkway, Atlanta. More info: 770-980-2000 or www.cobbchamber.org.

OPPOSITES! presented by Pope High School Marching Band. This fun show is filled with great effects and a lot of visual presentations of things that are opposites. Admission: \$5 donation/person with \$20 max/family. 7pm. Pope High School Football Field, 3001 Hembree Road, Marietta 30062. More info: macmill@bellsouth.net or www.popeband.com.

NOVEMBER 8-10

A Midsummer Night's Dream presented by Walton High School Drama students. 7pm. Additional matinee on Saturday at 2pm. \$5/student. \$10/adult. Walton High School, 1590 Bill Murdock Road, Marietta. More info/tickets: 770-557-1245, bhmcloughlin@gmail.com, or www.waltondrama.com.

NOVEMBER 9

Writing Fiction for Young Adults presented by Georgia Writers Association. Ted Dunagan, winner of the Georgia Author of the Year Award for three consecutive years in the Young Adult category, will offer a workshop on writing fiction for young adult readers where he will discuss his techniques and experience in the genre. 10am-12pm. \$20/adults. \$5/students. \$10/members. Kennesaw State University, Social Sciences Building, Room 1019, 1000 Chastain Road, Kennesaw. More info: 770-420-4736 or www.georgiawriters.org.

Cobb Executive Women Luncheon. Speaker: Chuck Wade, President & CEO, Council on Alcohol and Drugs. Program: Drugs Don't Work in Georgia. Registration and networking: 11am. Program: 11:30am. Members: \$20 online (by noon, November 7) or \$35 at door. Guests: \$30 online (by noon, November 7) or \$45 at door. The Georgian Club, 100 Galleria Parkway, 17th Floor, Atlanta. More info/to register: 770-980-2000 or www.cobbchamber.ora.

Cobb County Master Gardeners Lunch and Learn: Gardening in Atlanta in the Winter. Master Gardener Sue Burgess will discuss a variety of plants that can grow for a beautiful landscape in the dead of winter. 12-1pm. Bring your lunch. Cobb Water System, 662 S. Cobb Drive, Marietta. More info: www.cobbmastergardeners.org.

Bertie Higgins and His Band of Pirates presented by The We Will Not Forget Foundation to benefit the children of our fallen heroes in the military, fire and police departments. 8pm. \$25-\$50. Earl Smith Strand Theatre, 117 Park Square, Marietta. More info/tickets: 770-293-0080 or www.earlsmithstrand.org.



COMPLIMENTARY FINANCIAL AID WORKSHOP

November 13 6:30 PM December 1 9:00 AM Curt Coulombe CFP® 770-451-2446 1225 Johnson Ferry Rd Suite 600 Marietta, GA 30068

Find workshop schedule at www.123CollegeAtlanta.com

NOVEMBER 9-10

Johnson Ferry Baptist Church Fall Sample Sale benefiting the Senior High Choir. Apparel, accessories, and gifts from 40 vendors, including some from the Atlanta Apparel Mart. 9am-4pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-795-3224.

27th Annual Mt. Zion Craft Show sponsored by the Mt. Zion United Methodist Women, featuring 52 artists and crafters, door prize, silent auction, pictures with Santa, bake sale, and more. All proceeds benefit local and church mission projects and charities. Friday: 9am-5pm. Saturday: 9am-4pm. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465 or www.mtzionumw.org.

Atlanta International Military & Antique Gun Collectors Show.Friday: 12-5pm. Saturday: 9am-5pm. \$6/adults. \$1/ages 6-12.
Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info: Richard Shields, 704-282-1339, or Richard@thecarolinatrader.com.

NOVEMBER 10

Kincaid Fun Run. A mile run for students at Kincaid (8am start) and a 3K alumni run (9:15am start) for all former Kincaid students and families, followed by a festival. \$22 for run. Registration begins at 7:15am. Kincaid Elementary School, 1410 Kincaid Road, Marietta. More info: 770-578-7238.

Electronics Recycle Day and Shoe, Clothing & Textile Collection sponsored by Keep Cobb Beautiful as part of America Recycles. Also secure document shredding and latex paint collection (\$4/gallon). 9am-3pm. Jim Miller Park, 2245 Callaway Road, Marietta. County Waste Transfer Station at 1897 County Services Parkway will also be open 7am-4pm for large appliance amnesty: \$5/appliance this day only. More info: 770-528-1135 or prca.cobbcountyga.gov.

Faith's Craft Shoppe, an arts and crafts sale sponsored by Faith Ladies Guild and Lutheran Women's Missionary League. Over 25 different vendors, food court, unique handcrafter items, bake sale. All proceeds benefit a variety of mission projects. 9am-5pm. Faith Lutheran Church & School, 2111 Lower Roswell Road, Marietta. More info: 770-973-8877 or faithcraftshoppe.tripod.com.

NOVEMBER 10-11

Newnan Kennel Club Agility Trials. 8:30am-4pm. Jim Miller Park, 2245 Callaway Road, Marietta. More info: Susan Crocker, 404-634-2573 or www.newnankennelclub.org.

2nd Annual Parents Palooza. Two days filled with tips, products, services, resources and information that parents of babies to teens need and want for their families, as well as fun for the whole family, wrapping up with a concert from Laughing Pizza on Sunday afternoon. Saturday: 11am-5pm. Sunday: 11am-4pm. Parenting Conference Pass: \$35 in advance; \$40 at door. Expo only: \$10/adult in advance; \$12/adult at door. Free/ages 12 & under. Laughing Pizza Concert: \$7/adult in advance with Conference Pass or Expo ticket or \$10 at door; \$12/ages 3-12 in advance or \$15 at door. Free for 2 & under. Military Appreciation Day Sunday: free Expo admission to active military and veteran families. Free onsite childcare available. Cobb Galleria Centre, Two Galleria Parkway, Atlanta. More info/ tickets: www.parentspalooza.com.





NOVEMBER 10, 13, 16, 18

The Atlanta Opera – Carmen, the story of Don Jose's ill-fated attraction to the alluring gypsy, Carmen, and his intense jealousy turning to vengeance when she casts him off for the handsome toreador, Escamillo. November 10 & 16: 8pm. November 13: 7:30pm. November 18: 3pm. \$24-\$131. Cobb Energy Performing Arts Centre, 2800 Cobb Galleria Parkway, Atlanta. More info: 770-916-2800, www.atlantaopera.org, or www.ticketmaster.com.

NOVEMBER 11

Artisans at the Etz. Artists and vendors will be showcasing their talents and merchandise. Raffle will benefit "Operation Homefront" for military families. Free. 11am-5pm. Congregation Etz Chaim, 1190 Indian Hills Parkway, Marietta. More info: www.artisansattheetz.com.

Bone Marrow Drive. Registering for the database is as easy as a swab in the mouth. Anyone between the ages of 18 and 60 is eligible, and the process only takes a few minutes. The records will be forwarded to the Gift of Life Bone Marrow Foundation. 11am-5pm. Congregation Etz Chaim, 1190 Indian Hills Parkway Marietta. More info: 770-973-0137 or Bbfsilverman@comcast.net.

The Forgotten Carols, a contemporary story of an empty life changed by a personal encounter at Christmas time, presented by Theos Theatricals. 6:30pm. \$20/adults. \$10/students. Proceeds help support kids2leaders Camp Hope for children of incarcerated parents. Mt. Bethel United Methodist Church, 4385 Lower Roswell Road, Marietta. More info/tickets: Rose Vassallo, 601-941-1027 or http://mtbethelumc.brownpapertickets.com.

NOVEMBER 13

Enhance Your Visibility Online presented by the Cobb Chamber of Commerce. Grant Freeman, Director of Digital Media for hibu will cover strategies to enhance website design, search engine marketing and optimization, mobile search, social media, reputation management, online stores and more. 8-10am. General admission: \$40. Members: \$20 online by noon, November 9, or \$25 at door. Cobb Chamber of Commerce, 240 Interstate North Parkway, Atlanta. More info: 770-980-2000 or www.cobbchamber.org.

NOVEMBER 14

Cobb Chamber East Cobb Area Council. Program: East Cobb Citizen of the Year. 7:45am. General admission: \$35. Members: \$10 online by noon, November 12, or \$20 at the door. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: 770-980-2000 or www.cobbchamber.org.

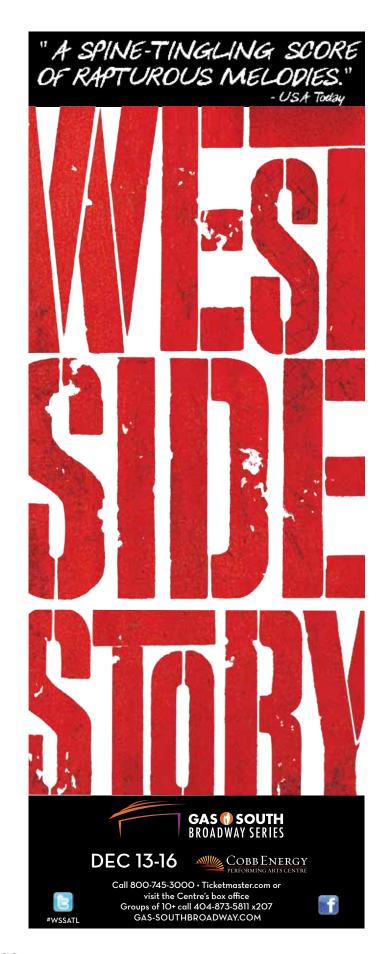
NOVEMBER 14-17

"ROADKILL" Fall Dance Concert, an evening of classical and contemporary dance, featuring the Kennesaw State University Dance Company. 8pm. \$20. Stillwell Theater, Kennesaw State University, 1000 Chastain Road, Kennesaw. More info/tickets: 770-423-6650 orwww.kennesaw.edu.

NOVEMBER 15-18

Gem and Mineral Show & Sale presented by Cobb County Gem & Mineral Society. Over 35 vendors will show a large selection of gems, fossils, rocks and bead supplies. Thursday: 10am-8pm. Friday-Saturday: 10am-6pm. Sunday: 10am-5pm. Free. Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info: www.cobbcountymineral.org.

The Somewhat True Tale of Robin Hood presented by Curtain Call Youth Players. In this Monty Pythonesque spoof, Robin, with the help of a Merry Man wannabe and a band of forest friends, takes the audience on a hysterical trip through Sherwood Forest with surprises at every turn. Thursday-Friday: 7:30pm. Saturday: 2pm & 7:30pm. Sunday: 2pm & 6pm. \$10. The Art Place Mountain View, 3330 Sandy Plains Road, Marietta. More info/tickets: 404-692-2297 or www.ccyp.org.



NOVEMBER 17

13th Annual One Step Forward 5K Run/Walk to benefit Lou Gehrig's Disease. 8am. \$25 before November 1. \$30 thereafter. Register at active.com, Big Peach Running or Neurosport Physical Therapy, 1163 Johnson Ferry Road, Suite 100, Marietta. More info: Chris Hanley, 770-321-0155, chanley@neurosportga. com, or www.neurosportphysicaltherapy.com.

Haunted Pub Crawl. Join one of our talented and charismatic tour guides on a tour to some of the most haunted bars on the Marietta Square, La Famiglia, and Shillings. As you visit the pubs, take advantage of the specials and discounts that the bars offer regularly. Our guide will keep you entertained the whole way through with stories of local hauntings at each of these establishments. \$17. Must be 21 or older. Advance reservations required. Meet at 131 Church Street, Marietta, to check in starting 30 minutes prior to tour. More info/reservations: 770-425-1006 or www.ghostsofmarietta.com.

NOVEMBER 17-18

30th Annual Sprayberry Arts & Crafts Show with over 150 arts, crafts, raffle and great food. Proceeds go to Sprayberry High School PTSA. Saturday: 9am-5pm. Sunday: 12-4pm. Sprayberry High School, 2525 Sandy Plains Road, Marietta. More info: 770-578-3200.



Please join us for our annual opening night of seasonal refreshments. Begin your holiday shopping while enjoying delectable holiday fare located on each street.

Alpharetta

Thursday, November 8, 6 - 9 pm. 670 N. Main Street, Alpharetta, GA 678-297-7571

Marietta

Buford

Tuesday, November 13, 6-9 pm. 2745 Sandy Plains Road Marietta, GA 30066 678-453-0600

Thursday, November 15, 6-9 pm. 4125 Ga. Hwy 20 Buford, Ga 30518 678-714-0643

Holiday festivities continue through the weekend at each location.

Plan to join us in December for our 12 Days of Christmas beginning December 13 where each day a treasure is hidden in each store redeemable for a Queen of Hearts gift certificate.

Visit our website for calendar of events: www.queenofheartsantiques-interiors.com

NOVEMBER 17-18

MORE

STARLAB. Take a naturalist-led journey through the night sky in STARLAB, a portable planetarium. Find out what constellations, planets and stars are on tap and learn where to find the Lenoid Meteor Shower, 1-2pm. Two 25-minute sessions. For ages 5-adult. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or www.chattnaturecenter.org.

I Give Myself Away, written to bring an awareness of the importance and the many benefits of the arts in the lives of young people. This stage play encourages everyone to remember that their individuality is as important and unique as a fingerprint. It follows four teens as they struggle to find their place, learn through the process, and discover their uniqueness as they learn that their gifts are gifts to others. Saturday: 2pm & 8pm. Doors this month, visit open at 5:30pm for the evening show for silent auction www.eastcobber.com and vendor displays. Sunday: 3pm. \$20. Earl Smith Strand Theatre, 117 North Park Square, Marietta. More

info/tickets: 770-422-4048 or www.earlsmithstrand.org.

NOVEMBER 19-21

Thanksgiving Break Craft Week. Get in touch with your crafty side. Reuse and recycle items to make fun, take-home projects with different crafts each day. Recommended for ages 4 and up. 11am-12pm. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or www.chattnaturecenter.org.

NOVEMBER 19-24

Certified Teen Driving Course offered by Safe America Foundation, licensed by the State of Georgia Department of Driver Services. Students will attend the state-required 30 hours of classroom training after which they must complete the required behind-the-wheel training individually within 6 months. 9am-3:30pm. No classes Thanksgiving Day. \$150/30hour classroom only. \$459/classroom + 6 hours behind the wheel training. \$559/classroom + 10 hours behind the wheel training. The Safe America Foundation, 2480 Sandy Plains Road, Marietta. More info: 770-973-7223 or www.safeamerica.org.

NOVEMBER 22

10th Annual Gobble Jog, MUST Ministries' largest fundraiser. 10K (8am start), 5K (9:30am start), 1K (9:15am start) and Tot Trot (ages 5 & under – 10:30am start). Peachtree qualifying race. Packet pick-up Wednesday, November 21, 3-7pm, First United Methodist Church, 56 Whitlock Avenue, Marietta. Register at any Big Peach Running Company location or on-line at www.active. com. Same day registration for untimed runners only beginning at 7am. Marietta Square. More info: 678-218-4521 or www.gobblejob.org.

NOVEMBER 23 – DECEMBER 2

Nutcracker. Sugarplums will surely be dancing in your head as you witness over 300 cast members from the Tolbert Yilmaz School of Dance and The Roswell Dance Theatre in this annual production. Friday, 7:30pm. Saturday, November 24: 10am (with breakfast at 9am), 2pm & 7:30pm. Saturday, December 1: 10am & 7:30pm (VIP reception at 6pm). Sunday: 2pm. Sunday, December 2: Sugar Plum Tea @ 1pm. \$15-\$55. Roswell Cultural Arts Center, 950 Forest Street, Roswell. More info/tickets: 770-998-0259, 1-855-222-2849, or www.tututix.com.



NOVEMBER 27-28

The KSU (Kennesaw State University) Tellers: Student Storytelling Concert. Directed by Charles Parrott. Join the KSU Tellers as they show off their best original storytelling performances from each semester. May not be suitable for audiences under 16. \$5. 8pm. Onyx Theater, Kennesaw State University, 1000 Chastain Road, Bldg. 28, Kennesaw. More info/tickets. 770-423-6650 or www.kennesaw.edu.

National Wild Turkey Federation Banquet. The National Wild Turkey Federation is a charitable and conservation non-profit organization that raises funds for biology research providing outdoor education, projects to manage and improve critical wildlife habitat, and increasing awareness and providing access to public lands. Come relax and enjoy social hour before sitting down for a delicious mixed grill meal. Doors open at 6. Dinner at 8pm. \$60/person. \$100/couple. \$20/ages 17 & younger. Sponsorships available. All banquet attendees receive an annual NWTF membership, including a subscription to Turkey Country. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info/tickets: Margueritte Milhollin, 404-202-9264, or www.nwtf.org.

NOVEMBER 29

Holiday Tree Lighting. Join Santa Claus to kick off the holiday season. Festivities begin at 5pm with performances by local school choruses. Santa will arrive at 5:20pm and light the giant Christmas tree at 6pm. More entertainment will follow while Santa visits with children in the gazebo until 8pm. Historic Marietta Square. More info: 770-429-1115 or www.marittaga.gov.

Ladies Night Out at David Douglas Diamonds. Grab your girlfriends and leave your guy at home for a fun filled night with complimentary treats and sweets as well as door prizes and goodie bags. 5-8pm. David Douglas Diamonds & Jewelry, 3605 Sandy Plains Road, Suite 260, Marietta. More info: 770-578-0598 or www.daviddouglas.com.

Scholarship Series: "Home for the Holidays" Choral Concert, presented by Kennesaw State University. 8pm. \$15. Bailey Performance Center, Kennesaw State University, 1000 Chastain Road, Bldg. 30, Kennesaw. More info/tickets. 770-423-6650 or www.kennesaw.edu.

Rick Springfield, Grammy-winner, best-selling author, documentary star and pop-rock tour de force best known for Jessie's Girl. 8pm. \$35-\$65. Cobb Energy Performing Arts Centre, 2800 Cobb Galleria Parkway, Atlanta. More info/tickets: 770-916-2800, www.cobbenergycentre.com or www.ticketmaster.com.

NOVEMBER 29 – DECEMBER 1

Sanders Family Christmas presented by PlayRight Productions. In this sequel to the ever-popular Smoke on the Mountains, the Sanders family returns to Mount Pleasant Baptist Church where they have been invited to sing and witness, getting the congregation into the holiday spirit before the boys are shipped off to World War II. 8pm. \$20-\$35. Earl Smith Strand Theatre, 117 North Park Square, Marietta. More info/tickets: 404-377-9948 or www.earlsmithstrand.org.

NOVEMBER 30

Dave Koz and Friends Christmas Tour, an uplifting, high-energy show the whole family will love. 8pm. \$38-\$78. Cobb Energy Performing Arts Centre, 2800 Cobb Galleria Parkway, Atlanta. More info/tickets: 770-916-2800, www.cobbenergycentre.com or www.ticketmaster.com.





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NOVEMBER 30 – DECEMBER 1

32nd Annual Apple Annie Crafts and Arts Show with over 130 of the Southeast's finest artisans and crafters. One of the largest nonprofit shows with a high quality and large assortment of crafts and arts in a festive setting. Friday: 9am-7pm. Saturday: 9am-2pm. \$3. Free/under 12. No strollers. Catholic Church of St. Ann, 4905 Roswell Road, Marietta. More info: 770-552-6400 or www.st-ann.org.

K.I.S.S. Yule-Tyde Brigade, Student Improv Company, Kennesaw State University, coordinated by Jamie Bullins. 8pm. \$5. Onyx Theater, Kennesaw State University, 1000 Chastain Road, Bldg. 28, Kennesaw. More info/tickets. 770-423-6650 or www.kennesaw.edu/arts/boxoffice.

NOVEMBER 30 - DECEMBER 2

The Nutcracker presented by The Georgia Ballet, featuring dancing snowflakes, giant toy soldiers, and a delectable land of sweets. Friday: 7pm. Saturday: 2pm & 7pm. Sunday: 1:30pm & 5:30pm. Last performance is a fundraiser for the Cobb Chapter of the American Heart Association. \$15-\$36. Jennie T. Anderson Theatre, 548 South Marietta Parkway, Marietta. More info/tickets: 770-528-0881 or www.georgiaballet.org.

DECEMBER 1

St. Nick's Café: "Crink's Christmas" presented by Mountain View Art Alliance and The Art Place. 8:30am & 10:30am breakfast and 12:30pm lunch shows. \$10 includes meal, play, visit with Santa and a holiday ornament for children. The Art Place, 3330 Sandy Plains Road, Marietta. More Info: 770-509-2700 or www.theartplace.us.

DECEMBER 1

Meetings with Remarkable Men, by Peter Brook, a film based on the story of G.I. Gurdjieff's search for the meaning of existence and his encounters with schools of knowledge in remote areas of the Near East and Central Asia at the turn of the twentieth century. 2pm. Free. Marietta Central Library, 266 Roswell Street, Marietta. More info: 770-528-2320.

So You Think You Can Dance Tour 2012. Top ten finalists from season nine will perform the season's most popular routines as well as original pieces created for this tour. 7:30pm. \$39.50-\$65. Cobb Energy Performing Arts Centre, 2800 Cobb Galleria Parkway, Atlanta. More info/tickets: 770-916-2800, www.cobbenergycentre.com or www.ticketmaster.com.

DECEMBER 1-2

Eastman Gun & Knife Show. Saturday: 9am-5pm. Sunday: 10am-5pm. \$8/adults. Free/ages 12 & under. Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info: Matt Eastman, 229-424-4555 or www.eastmangunshows.com.

The Marietta Pilgrimage, a Christmas tour of 6 private historic homes all lovingly restored and decorated for the season. Saturday: 9am-6pm. Candlelight tour: 7-9:30pm. Sunday: 10am-6pm. \$25. \$20/candlelight tour. Cash or check only. Marietta Welcome Center, No. 4 Depot Street, Marietta. More info/tickets: 770-429-1115 or 770-426-4982 or www.mariettapilgrimage.com.

DECEMBER 1-2, 8-9, 15-16, 22-24

Santa on the Square. Kids' activities and photos with Santa. Saturdays: 10am-6pm. Sundays: 11am-5pm. Christmas Eve: 10am-3pm. Free. Historic Marietta Square. More info: 770-429-1115 or www.mariettaga.gov.

DECEMBER 2

Welcome Christmas presented by The Michael O'Neal Singers. Enjoy many well-loved Christmas favorites as well as a number of lesser known but equally beautiful holiday selections representing both the sacred and secular sides of Christmas. 3pm. \$20/person. \$15/students & seniors. Roswell United Methodist Church. 814 Mimosa Boulevard, Roswell. More info/tickets: 770-594-7974 or www.mosingers.com.

DECEMBER 4, 6, 11, 18

High Tea, a delightful way to spend an afternoon in the 1839 childhood home of Mittie Bulloch. Visit includes a delicious 2-course tea served by ladies in period clothing and a tour of the house decorated for Christmas. 4pm. \$40/person. Reservations required. Bulloch Hall, 180 Bulloch Avenue, Roswell. More info: 770-992-1731, ext. 7 or www.bullochhall.org.

DECEMBER 6-8

Santaland Diaries by David Sedaris presented by Out of Box Theatre. Recommended for adults only. 8pm. \$16.52 (including fees). Next State Theatre's Alley Stage, Powder Springs Street SW & Anderson Street, Marietta. More info/tickets: 770-633-9878, www.outofboxtheatre.com, or www.brownpapertickets.com.

DECEMBER 9

Indigo Girls. Grammy-winning folk duo, Amy Ray and Emily Saliers, will be performing their music in a new way with the Georgia Symphony Orchestra. 8pm. \$35-\$85. Cobb Energy Performing Arts Centre, 2800 Cobb Galleria Parkway, Atlanta. More info/tickets: 770-916-2800, www.cobbenergycentre.com or www.ticketmaster.com.

DECEMBER 7-9, 13-16, 20-23

White Christmas presented by Atlanta Lyric Theatre. Based on the beloved Bing Crosby and Danny Kaye film with music and lyrics by Irving Berlin, this merry musical tells the tale of two famous song-and-dance men who stage a show in a scenic, snow-topped Vermont Inn and end up finding love with two singing sisters under the mistletoe. Thursday-Saturday: 8pm. Saturday, December 22: matinee at 2pm. Sunday: 2pm. \$25-\$50. Earl Smith Strand Theatre, 117 North Park Square, Marietta. More info/tickets: 404-377-9948, www.atlantalyrictheatre.com or www.earlsmithstrand.org.

DECEMBER 7, 14-16, 18-19, 21-23

A Christmas Carol. Enjoy this holiday favorite in an intimate 45-seat setting that will make you feel you are in the show itself. 8pm, except Sundays at 7pm. Doors open thirty minutes before performances. \$15. Reservations required. Bulloch Hall, 180 Bulloch Avenue, Roswell. More info: 770-992-1731, ext. 7 or www.bullochhall.org.

DECEMBER 8

St. Catherine's Annual Christmas Market and Secret Santa Workshop. Continental breakfast available from 9am to noon. Professional Santa and photographer on-site. Secret Santa Shop for children ages 3 to 10. Vendor fair with over 25 vendors offering crafts, food, clothing, jewelry and more. 9am-5pm. Proceeds benefit St. Catherine's Youth Group. St. Catherine's Episcopal Church, 571 Holt Road, Marietta. More info: 770-971-2839, www.stcatherines.org/christmas-market or mike.peterson@bellsouth.net.

Christmas for Kids, non-stop fun for kids ages 5-11, with Yule log and candy cane hunt, snacks, craft, Queen Glitter (storyteller), and a visit from Mr. & Mrs. Claus. 10am-12pm. \$10/person. Reservations required. Bulloch Hall, 180 Bulloch Avenue, Roswell. More info: 770-992-1731, ext. 7 or www.bullochhall.org.

Holiday Pops with the Georgia Symphony Orchestra performing traditional favorites as well as selections from seasonal Hollywood films. The GSO Chorus and GYSO Chorus will also be there for their annual carol sing-along. 3pm & 8pm. \$10-\$60. Food donations will be accepted as part of Orchestras Feeding America 2012. Murray Arts Center of Mount Paran Christian School, 1275 Stanley Road, Kennesaw. More info/tickets: 770-429-7016 or www.georgiasymphony.org.

Southern Trilogy Candlelight Tour of Bulloch Hall, Barrington Hall and Smith Plantation Home, each decorated for the season. Bulloch Hall will have special refreshments. 5-9pm. \$20/adult. \$10/child. Bulloch Hall, 180 Bulloch Avenue, Roswell. More info/reservations: 770-992-1731 or www.bullochhall.org.

DECEMBER 9

10th Annual Empty Bowl Brunch with proceeds going to various charities. \$10 includes a bowl made by a local artist (you choose and keep) and chili or soup. 11am-1:30pm. Advance tickets on sale now. The Art Place, 3330 Sandy Plains Road, Marietta. More Info: 770-509-2700 or www.theartplace.us.

Twas the Night Before Christmas. A cast of 400 singers, instrumentalists, dancers, and storytellers will entertain and inspire the audience with beautiful Christmas music. 4:30 & 7pm. Free. Mt Bethel United Methodist Church, 4385 Lower Roswell Road, Marietta. More info: 678-560-7243, 678-560-7270, or www.mtbethel.org/carols/.

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Christmas

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Holiday Gift Guide

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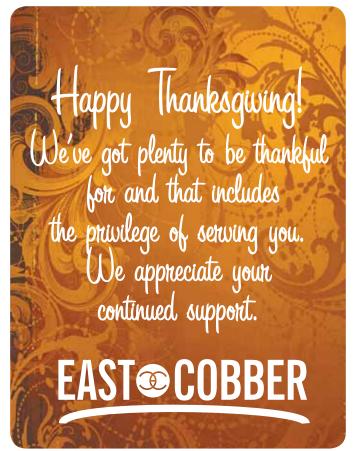
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Share Christmas With a Child



From earthquake-ravaged Haiti to war-scarred Sudan, Samaritan's Purse distributes shoe box gifts to hurting children in some of the most remote parts of the globe through Operation Christmas Child. Franklin Graham started this ministry in 1993 with 28,000 boxes that were given to young war survivors in Bosnia. Since then, his ministry has delivered more than 94 million shoe boxes filled with gifts to boys and girls in 130 countries.

The mission of Operation Christmas Child is to demonstrate God's love in a tangible way to needy children around the world, and together with the local church worldwide to share the good news of Jesus Christ. This year, Operation Christmas Child's goal is to exceed the 100 million mark in donated shoe boxes. Being a part of this ministry is simple. All you need is an empty shoe box and a few toys and personal items designated for a girl or boy in a specific age category.

The best way to find out what goes in a box is to visit www.samaritanspurse.org and locate Operation Christmas Child. The website gives you a gender/age form and directions for packing a box. If you want, you can also download and attach a bar code that will track it. You will receive an email that provides your box's destination.

Once you have packed your box, what's next? For East Cobbers, Mt. Bethel United Methodist Church located at 4385 Lower Roswell Road, will serve as a drop-off location during the week of November 12-19. Just bring your gift-filled shoe box to the church during the times listed here. The drop-off point is in the Christian Activities Center, which is at the back left-hand side of the church parking lot. The drop-off times are Monday, November 12, to Friday, November 16: 9:30am -2 pm and 4-7 p.m.; Saturday, November 17: 8:30am-3pm; Sunday, November 18: 11am-1pm; and Monday, November 19: 8:30am-12 pm. For more information, contact Gabe. Barrett@mtbethel.org.

Begin your Christmas season by sharing the gift of hope and joy with a needy child.

Local National Wild Turkey Federation Banquet To Host a Good Time for a Great Cause



Did you know that East Cobb has a population of wild turkeys? Well, we do, especially along the Chattahoochee River, Sope Creek and various tributaries. Ben Franklin thought the wild turkey was a more appropriate symbol than the bald eagle, writing to his daughter that: "For the truth, the turkey is in comparison, a much more respectable bird, and withal a true original native of America. He is besides, though a little vain and silly, a bird of courage, and would not hesitate to attack a Grenadier of the British Guards who should presume to invade his farm yard with a red coat on."

The National Wild Turkey Federation (NWTF) is a non-profit 501(c)(3) tax-exempt charitable and conservation organization that was founded in 1973. The NWTF has worked to restore wild turkey populations from 1.3 million to nearly 7 million today. According to many state and federal agencies, the restoration of the wild turkey is the greatest conservation success story in North America's wildlife history. NWTF's volunteers raise funds for: biology research; providing outdoor education to men, women and children; projects to

manage and improve critical wildlife habitat; and increasing awareness and providing access to public lands.

Nationally, NWTF chapters and cooperating partners have raised and spent more than \$412 million to conserve 17 million acres of essential habitat for all types of wildlife. Since 1985, over \$4 million dollars have been raised and spent by Georgia chapters on projects within this state. The NWTF and its members raise banquet money through ticket sales, silent auctions, live auctions, donations and raffles. With partner support, the NWTF turned every net dollar raised at your local banquet last year into 4 dollars!

Enjoy food, fun, fellowship and fundraising at the annual banquet for The Chattahoochee River Chapter of the NWTF ("The River Roosters"). Come join us on Wednesday, November 28, at the Chattahoochee Nature Center. Doors open at 6:00 p.m. Come relax and enjoy social hour before sitting down for a delicious mixed grill meal catered by Ferguson's Meat Market.

Tickets to the Chapter's banquet cost \$60 for singles, \$100 for couples, and \$20 for children 17 and younger. All banquet attendees receive an annual NWTF membership, including a subscription to Turkey Country. For only \$275, banquet attendees can become Sponsor Members and receive the 2012 NWTF sponsor gift. Reserve a corporate table that seats eight people for only \$500. This price includes one sponsor membership and seven regular memberships. Corporate Banquet Sponsorships range from \$700 to \$900, and include special gifts and recognition.

If you are interested in attending the banquet or joining NWTF, call Margueritte Milhollin at 404-202-9264.

For more information about the National Wild Turkey Federation, call (800) THE-NWTF or visit www.nwtf.org.



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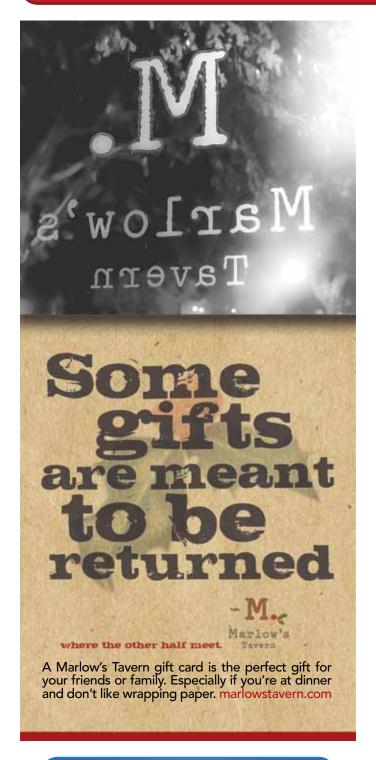




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Free Meals for Veterans

Veteran's Day is November 11 and there are local restaurants that want to thank veterans by providing them with discounts or a free meal. This Veterans Day, a 'thank you for your service' is being paid in the form of free meals and huge discounts from patriotic businesses across the country. EAST COBBER has compiled a list of some of the opportunities service members and veterans can take advantage of in honor of the upcoming holiday. Please note: Most companies require some form of military ID – including a U.S. Uniform Services ID Card (active/reserve/retired), Current Leave and Earnings Statement (LES), photograph in uniform, be wearing uniform (if your service permits), Veterans Organization Card (e.g., VFW), DD214, discharge paperwork, or other form of identification. Also, some companies are franchises and policies may vary. VFW asks you to please always call ahead to verify your local businesses' participation details and requirements.

APPLEBEE'S

Once again, Applebee's will thank the nation's veterans and active duty military by inviting them to their neighborhood Applebee's for a free meal on Veterans Day. 6649 Roswell Road NE, Abernathy Square Sandy Springs 30328. More info: 404-843-1490 or www.applebees.com

BROADWAY DINER

Broadway Diner is saluting veterans and active duty military with a free meal on Veterans Day. Choose from the list of dinner specials. The offer is good from 4-8pm. Beverages and gratuity is not included. You must show proof of service to receive the offer. Good for dine-in service only. 1333 Johnson Ferry Rd, Marietta/East Cobb 30068. More info: 770-977-3337.



CHILI'S

Chili's is saluting veterans and active duty military with a free meal on Veterans Day. Choose from one of six entrees: Oldtimer with cheese, quesadilla explosion salad, margarita grilled chicken, Cajun chicken pasta, chicken crispers or chicken club tacos. The offer is good during regular business hours on Sunday, November 11, at participating Chili's locations. Beverages and gratuity not included. You must show proof of service to receive the offer. 4111 Roswell Road, Marietta 30062. More info: 770-973-9419 or www.chilis.com

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HOOTERS

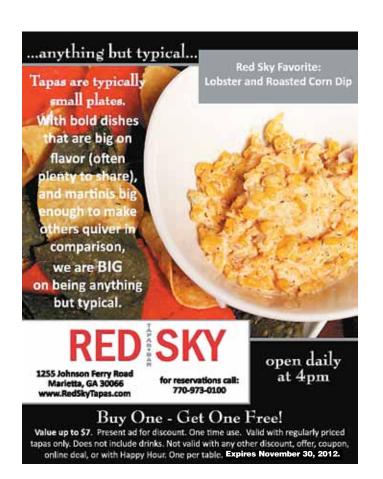
Hooters is offering free meals for all veterans and active duty military personnel on Sunday, November 11. Offer valid at participating locations and a drink purchase is required. Active and military veterans with valid military ID or proof of service qualify. Offer is good for dine-in service only. 795 Holcomb Bridge Road, Roswell 30076. More info: 770-992-4540 or www.hooters.com.

KRISPY KREME

Veterans and active duty military can get a free donut on Veterans Day at Krispy Kreme. Convenient Krispy Kreme locations: 791 Atlanta Street in Roswell 30075, and 299 Cobb Parkway South in Marietta 30060. More info: www.krispykreme.com.

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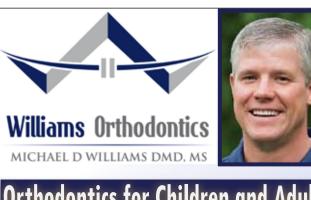
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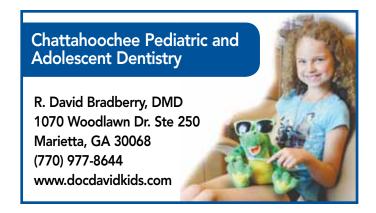
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▲ Linda, Admin. Asst.; Jeanne, Office Manager; and Dr. Marc D'Andrea. DC.

For 32 years I have served the community as a health care practitioner, dedicated to helping the community address their health issues as naturally as possible. I have never seen interest in personal health greater than it is now. As the population ages, many are becoming aware that what they do and what they eat matters to their own well-being. They are not waiting until they are chronically ill, but are becoming pro-active about their health, seeking out articles to read and new therapies, procedures and techniques to try. This trend is very exciting.

Over the years, my staff and I have encouraged such self care, offering numerous workshops, screenings, cooking classes, and question and answer session on radio and television. Some of these educational programs have been geared to specific groups, such as seniors, parents and children. I especially like talking with children, knowing that they have so many years ahead for good health practices to make a difference.

Now, seeking to reach a wider audience, I have decided to present health related information in this monthly column. In order to present information of interest to you, I need to know what you are concerned about. To that end, I am asking you first to view our website (yourhealthmatterstous.com)—so that you can see the range of concerns we address—then to send us your questions. You can do that by clicking on contact us, at the top of the home screen, right under my name; then at the bottom middle of the contact page, hit click here to email us. I will address areas of common interest in future columns.

I greatly look forward to hearing from you and helping you create a healthier life style.

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East Cobb Eye Center

3960 Shallowford Road • Marietta 30062 770-642-4001 • www.eastcobbeyecenter.com Hours: Mon: 9-1, Tues: 9-5, Wed: 9-7, Thur-Fri: 9-5, Sat: 8-12 East Cobb Eye Center makes it a priority to maintain optimal vision and healthy eyes for you and your family. Our practice has the very latest in diagnostic technology, including digital retinal imaging, visual field testing and corneal mapping. By using these advanced techniques, our doctors are able to diagnose and treat such diseases as glaucoma, cataracts, macular degeneration, keratoconus, and many more!

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3535 Roswell Road, Suite 8 • Marietta GA 30062 678-560-8065 • www.MariettaEyeDoctor.com Mon & Tues: 9:30am-6pm; Wed: 8:30am-5pm; Thurs: 9:30am-6pm; Fri: 8:30am-5pm

Eyes on Providence is a full service optometrist and primary point of care for your eyes. Whether it's red itchy eyes, eye infections, or you just need glasses, Eyes on Providence can help. We are a boutique practice looking to spend time with you and give you the service you deserve.

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PEDIATRICIAN/MEDICAL

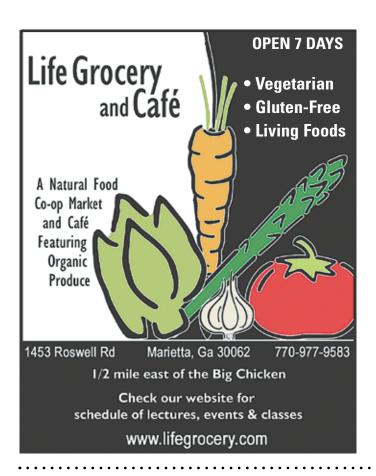
East Cobb Pediatrics

1121 Johnson Ferry Road, Suite 220 • Marietta 30068 770-977-0094 • www.eastcobbpeds.com

Hours: Mon-Fri: 8am-5pm

East Cobb Pediatrics specializes in the treatment of children between 0 and 21 years of age. They offer a variety of services including well and sick care, immunizations, allergy testing, lactation consulting, evaluation of growth and development, and prenatal education.





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Thurs-Fri: 8:30am-4pm

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TOP DOCS

Magazine

East Cobb Welcomes Authors from MJCCA Book Festival

The Book Festival of the Marcus Jewish Community Center of Atlanta (MJCCA) is pleased to announce that two of its unique author events will take place in Marietta/East Cobb. On November 11, Doreen Rappaport, author of Beyond Courage: The Untold Story of Jewish Resistance During the Holocaust, will discuss her book at Congregation Etz Chaim, 1190 Indian Hills Parkway, Marietta/East Cobb; and on November 13, Ronda Robinson, author of Beyond Politics, will discuss her book at Temple Kol Emeth, 1415 Old Canton Road, Marietta/East Cobb. Both events are free and open to the community. For information, call 678-812-4005, or visit www.atlantajcc.org/bookfestival.

Book Festival Co-Chair Ina Enoch says, "We are thrilled to be partnering with Congregation Etz Chaim and Temple Kol Emeth. We are pleased to bring the Book Festival to the wonderful East Cobb community."

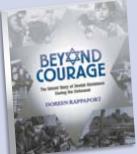
Book Festival Co-Chair Sherie Gumer adds, "During the Book Festival of the MJCCA, our community comes together to explore, learn, and be uplifted together by 50+ extraordinary authors – bringing these meaningful programs to Dunwoody, Intown Atlanta, and East Cobb."

One of the South's premier cultural events, the 21st Edition of the Book Festival of the MJCCA is scheduled for November 1 – 18. A highlight of Atlanta's literary calendar, the Book Festival of the MJCCA presents more than 50 of the year's best and brightest authors in a variety of forums, including: Award-winning travel writer and actor Andrew McCarthy; New York Times bestselling author Emily Giffin; CBS News Travel editor Peter Greenberg; television, screen, and stage star Tony Danza; celebrated author and screenwriter Delia Ephron; Grammy Award-winning pianist and ambassador of the Great American Songbook, Michael Feinstein; world-renowned religious scholar and bestselling author Rabbi Harold Kushner; and many more.

To purchase tickets or for more information call the MJCCA Box Office at 678-812-4005, or visit on-line at www.atlantajcc.org/bookfestival.

Doreen Rappaport Sunday | Nov. 11 | 1pm Congregation Etz Chaim

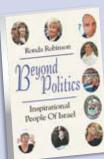




During the Holocaust, at Congregation Etz Chaim. Through twenty-one meticulously researched accounts — some chronicled in book form for the first time — Doreen Rappaport illuminates the defiance of tens of thousands of Jews across eleven Nazi-occupied countries during World War II. This event is free to the community.

Ronda Robinson Tuesday | Nov. 13 | 7pm Temple Kol Emeth





Beyond Politics highlights the lives of 18 different Israelis and bids us to expand our understanding of what is going on in Israel today by focusing not on current events, but on the lives of its many fascinating people. This is a must-read for anyone who cares deeply about the future of Israel. This event is also free to the community.

THANKS, ADVERTISERS



You make the EAST COBBER available FREE to 40,000 affluent, well educated East Cobb residents every month!

The Forgotten Carols Performance To Benefit Homeless Ministry



Returning to the Southeast for a second tour of the heartwarming musical, The Forgotten Carols, Los Angeles and New York cast

members of the Theos Theatricals touring company will present the con-

temporary story of an empty life changed by a personal encounter at Christmastime at Mt. Bethel United Methodist Church on Sunday, November 11th, at 6:30 pm.

"This amazing event is a benefit presentation to support kidz2leaders Camp Hope for children of incarcerated parents, and Mt. Bethel's very robust Homeless Ministry serving the Atlanta Metro area and Cobb County," stated Randy Hudon, Mt. Bethel Director of Missions.

One of the appeals of the musical is the involvement of our local choirs which will feature the kidz2leaders Student Choir, Mt. Bethel Adult and Youth Choirs as well as an ensemble called, "The Kingsmen." "We are always looking for growth opportunities for our campers. Affording them the chance to perform with a professional show will be life-changing. But what excites them most is giving back to the community who has supported our ministry for fourteen years!" added Rev. Diane Parrish, founder and president of kidz2leaders.

The production tells the story of Constance, a young nurse who sees the holidays as a meaningless distraction until she is assigned to care for an aged gentleman who believes that he has been alive for 2000 years and has met people from the Christmas story such as the innkeeper who turned away Joseph and Mary – those characters who have been forgotten. As he chronicles his encounters with his "forgotten carols", he eventually touches the part of her heart that she had long ago forgotten.

Michael Young, an award winning television producer from Los Angeles, California, obtained permission from composer Michael McLean to produce a southeastern tour after seeing a performance on the West Coast. Young partnered with long-time friend, Greg Smith, to produce the first tour, and this year Smith has written a Bible study to accompany the musical. Young and Smith believe the musical's message of hope and redemption resonates with a broad audience. They sought to reach out to those who have simply "tuned out" the celebration of the season because of adverse personal circumstances, or the pervasive and overwhelming secular noise of "holiday consumerism."

Tickets are available online at the following link: www.mtbethelumc.brownpapertickets.com and can also be purchased at the Mt. Bethel United Methodist Church Book Store located at 4385 Lower Roswell Road. Ticket costs \$20 for adults and \$10 for students up through college.



East Cobb Senior Center Activities Scheduled for November

All Cobb residents age 55+ are invited to participate in activities at various senior centers throughout Cobb. The following is a listing of activities scheduled at the East Cobb Senior Center located at 3332 Sandy Plains Road, Marietta 30066. Call the East Cobb Senior Center at 770-509-4900 for reservations and/or more details.

Blood Pressure Screening November 1, 6, 20, 27 | 10am - 12pm

Getting to Know Excel

Thursday, November 8 & 15 | 1pm - 2pm

\$10 Cobb residents; \$12 non-residents.

Designed for the absolute beginner, this workshop provides a basic, grass roots introduction to the Microsoft Spreadsheet Program, Excel. You'll learn how to take control of this useful computer program and learn step by step how to create a basic spreadsheet and make formulas in a simple and easy to understand manner. You must have Excel '07 on your home computer. Please bring a flash drive to class.

Thanksgiving Luncheon

Friday, November 9 | 11:30am – 1pm

Cost: \$10 Cobb residents; \$12 non-residents. No refunds. Happy Thanksgiving! Follow these words and join us for a Thanksgiving Luncheon to raise money for Meals on Wheels. Luncheon is catered by West Cobb Diner, entertainment by Debra Lieb on the piano, and Thanksgiving Trivia!



Veteran's Day Celebration: Salute to Arnold Whittaker and the Soldiers that Liberated Europe Monday, November 12 | 10am - 12pm

Free. Registration required.

For the 2011 anniversary of D-Day, Vision Forum sponsored an unforgettable "Final Farewell Tour" of Normandy, journeying with Veterans back to the beaches where they fought seventy years ago. The three-day commemoration was both solemn and celebratory with special ceremonies on the beach fronts, cemeteries and battlefields. Our own Arnold Whittaker was one of those veterans. Arnold recently passed away so we didn't have the chance to have him join us for our own commemoration of this event. His son-in-law, Brad Winkler, who traveled with Arnold to France, will be joining us to answer any of your questions. Please join us for our Veteran's Day tribute!

Healthy Holiday Eating for Diabetics Tuesday, November 13 | 11am – 12pm

Free. Registration required.

Holiday celebrations can pose a challenge for people with diabetes. Without a little pre-planning, you may risk throwing your diabetes off course. Join Leslie Strovas, Certified Nutritionist, and learn to plan ahead for a joyous holiday season. Leslie will demonstrate simple cooking tips, strategies for managing blood sugars, provide samples and healthy holiday recipes.

Biography, Life Stories through Time: The Bielski Brothers Friday, November 16 | 10 – 11 am

Free. Registration required.

During the darkest hours of World War II, three brothers achieved the impossible. They transformed persecution and violence into an incredible tale of affirmation and survival. Living in the Soviet Republic of Belorussia, Tuvia, Asael and Zus Bielski fled into the woods to escape the Nazis. There they built an elaborate village and rescued Jews. The forest haven included a bakery, communal bath, synagogue and even a theater company. Although they mounted guerrilla attacks against the enemy, their priority was saving their people. The Bielskis saved 1,200 men, women and children, easily the largest rescue of Jews by Jews during WWII. Come hear this marvelous and moving untold story.

Visit us online at www.eastcobber.com

SENIORS

Ice Cream and a Movie: Defiance Monday, November 19 $\mid 1-4pm$

Cost: \$4 Cobb residents; \$5 non-residents.

Registration required.

See the incredible story of the Beilski brothers brought to life on the silver screen. As a tribute to all veterans from all wars and services, we are offering a story that will touch your heart and make you stand up and cheer. This is a story of survival under the worst of conditions in Belarus. Defiance stars Daniel Craig as Tuvia, Jamie Bell as Asael, and Liev Schreiber as Zus.



Volunteers Needed for Meals on Wheels

Meals on Wheels has a great opportunity for you to deliver meals to homebound seniors in need of this valuable service. Cobb Senior Services is in need of volunteer drivers in Marietta, Smyrna, Austell, Mableton and Powder Springs. If you have some time to volunteer as a MoW driver, or if you belong to an organization or business that would like to "Adopt-A-Route," call Volunteer Services at 770-528-5381.

Cobb County is fortunate to have Meals on Wheels, a unique program, bringing homebound, frail seniors a hot meal on a daily basis. Each day, Senior Services prepares over 250 meals to be delivered to senior adults in Cobb County. Our volunteers make sure that not only is a hot, nutritious meal served, but also that each client is made to feel special with personal visits.

More information about Cobb Senior Services is available at www.cobbseniors.org.



Assistant Executive Director at **678.946.4454**

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Cobb just got even better!

Veterans Celebrated Throughout Cobb

Veterans Day, celebrated this year on Sunday, November 11, gives Americans the opportunity to celebrate the bravery and sacrifice of all U.S. veterans. Deceased veterans are also remembered on Veterans Day but the day is set aside to thank and honor living veterans who served honorably in the military - in wartime or peacetime. Here are some local events planned to commemorate those who served our country.

★ Acworth Veterans Day Ceremony

November 10, 2pm

Patriots Point at Cauble Park, home of the Veterans Memorial

The City of Acworth will honor veterans at 2 pm November 10 at Patriots Point at Cauble Park, home of the Veterans Memorial. The featured speaker will be Jon D. Collins, Brigadier General, U.S. Army, Retired. Brig. Gen. Collins is the executive director of adult education at Chattahoochee Technical College.

★ Kennesaw State University Veterans Day Celebration

November 8, 11:45am Campus Green in front of KSU Hall 1000 Chastain Road, Kennesaw

A tree planting ceremony from 11:45am-noon is currently scheduled in honor of Lt. J.P. Walsh, KSU's first alumnus to be killed in action. More info: Robert Godlewski, University Relations Department at 770-499-3448 or e-mail: rgodlews@kennesaw.edu

★ Kennesaw Veterans Day Luncheon

November 10, noon – 2 pm Ben Robertson Community Center 2753 Watts Drive, Kennesaw

The City of Kennesaw will honor the service of military members past and present with a free lunch on Veterans Day. All military service members are invited to attend and no identification will be required.

★ Marietta 6th Annual Veterans Day Parade

November 10, 11am

Roswell Street Baptist Church

774 Roswell Street, Marietta

The city of Marietta and the Marietta Kiwanis Club invite the public to honor the community's veterans with a parade and ceremony on the Square. The annual Veterans Day parade will start at 11am Saturday at Roswell Street Baptist Church in Marietta, and proceed to the Square. Marching bands, drill teams, floats, veterans' organizations and military vehicles will highlight the parade. After the parade, pay tribute to the men and women who have fought to keep Marietta and America free during a ceremony on the Square at noon.

★ Smyrna Veterans Day Ceremony

November 11, 2pm Brinkley Park, 190 Legion Drive, Smyrna 30080

The event will feature retired Army Col. Ben Malcolm, a Korean War Special Forces veteran. and retired Army Lt. Col. Bob Lanzotti of Smyrna, a Vietnam War helicopter pilot, as speakers. Music will be by the 116th Georgia Army National Guard Band. Maryline Blackburn of Smyrna will sing the national anthem.

★ Movie: The Memphis Belle

November 12, 3pm Central Library 266 Roswell Street, Marietta Join the Cobb County Public Library System with a screening of The Memphis Belle (PG-13, 106 minutes).

Holiday Lights at East Cobb Park Sunday, December 2, 2012 5pm

Join us for an annual holiday tradition:

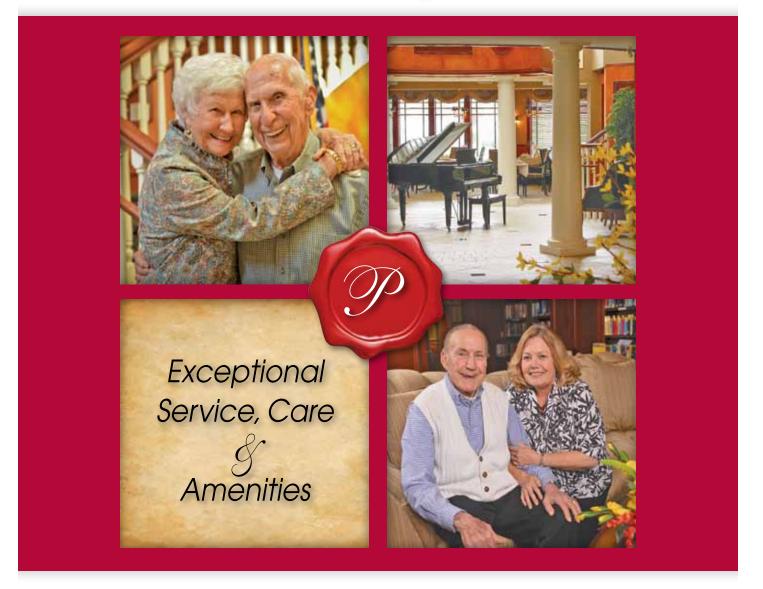
- An evening at the park featuring live entertainment by local performers
- An appearance by Santa Claus
- The lighting of our 40ft. tall East Cobb Park tree.





Visit www.eastcobbpark.org - sponsorships still available. We hope you'll join us for this wonderful community event!

Always young at heart.



Parc at Piedmont - East Cobb

Independent and Assisted Senior Living Community

999 Hood Road Marietta, GA 30068 Intersection of East Piedmont and Roswell Rd. (Hwy. 120)

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CLUB CALENDAR

AARP Chapter 2830. First Thursday of each month. 1:30pm. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Mary Johnson, 770-926-7881 or doule37uga@comcast.net.

American Association of University Women (AAUW) of Cobb County. Second Tuesday of the month. 7pm. Mansour Center, 995 Roswell Street, Marietta. Does not meet in July & August. More info: Bonnie Williams, 770-971-6130.

American Needlepoint Guild. Second Tuesday of the month. 6:45pm. Cobb Public Library, Mountain View Branch, 3320 Sandy Plains Road, Marietta. More info: 770-394-0065.

Anne Hathaway Garden Club.
Third Wednesday of the month
(except July and August). Marietta
Educational Garden Center, 505
Kennesaw Avenue NW, Marietta.
More info: Charlene Robinson,
770-971-7786.

Atlanta Illini Cub. Professional and social networking for University of Illinois alumni, families and friends in the Atlanta area. Game watches at the Rose & Crown, 1931 Powers Ferry Road, Marietta. More info: www.atlantaillini.com or club@atlantaillini.com.

Atlanta Metropolitan Council Navy League. Second Tuesday of each month. 7pm. Navy Recruiting District HQ, 2400 Lake Park Drive, Suite 410, Smyrna. Membership open to all civilian and retired military with an interest in supporting our men and women of the Navy, Marine Corps, Coast Guard, Merchant Marines and associated youth programs. More info: 678-234-2310 or campbellfc@comcast.net.

Atlanta World War II Roundtable. Third Thursday (Sept-June) of the month. 11:30am. Petite Auberge Restaurant, North Druid Hills Road @ LaVista Road, Atlanta. More info: 770-928-4579 or jkovach2000@yahoo.com.

"Aware & Conscious Birds"
Book Club. Mondays. 7-8:30pm.
Bikram Yoga Marietta, 80 Powers
Ferry Road, Marietta. More info:
awareconsciousbirds@gmail.com or
http://consciousness.meetup.com/203.

Big Chicken Chorus. Every Monday evening. 7:00pm. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta. Award-winning 50 voice, male, 4-part a cappella harmony chorus. More info: Frank, 770-587-1264, fehrach@aol.com, or www.bigchickenchorus.org.

Bridge Club. Four free lessons; \$5 thereafter. Thursdays 7:30pm and Sundays 2pm. Singles are welcome. 1809 Roswell Road, Marietta. More info: 770-973-7717.

Business Breakfast Networking of East Cobb. Professional Referral Networking. Second Tuesday each month. 8:15-9:30am. C'est Moi/ Café Paris, 1100 Johnson Ferry Road, Marietta, GA 30068. More info: Ellen Kelly, 404-713-2830 or Lnkelly@sbcglobal.net.

Business Network International (BNI). Tuesdays. 7:30-9am. BNI is an international networking organization with chapters throughout the Atlanta area. My Friend's Place, 1205 Johnson Ferry Road, Marietta. More info: Karley Barber, 770-977-2383 or karley@comcast.net.

Children of The American Revolution (C.A.R.). Now forming a new Society serving the East Cobb, Vinings, Sandy Springs, Buckhead, Roswell and all of Cobb communities. All children ages 1-18 invited. More info: B. Schilling, 770-643-1010.

Cobb County Democratic Committee. Monthly breakfast 2nd Saturday each month. 9am. Piccadilly Caféteria, 536 Cobb Parkway SE, Marietta. More info: 770-420-7133 or www.eastcobbdems.com.

Cobb County Gem & Mineral Society. Second Tuesday of the month. 7:30pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: Mary Ingram, 770-427-1108, or Leo or Edna Moris, 770-445-9274.

Cobb County Genealogical Society. Fourth Tuesday of the month. 7pm. First Presbyterian Church of Marietta, 189 Church Street, Marietta. More info: www.cobbgagensoc.org or ccgs@cobbgagensoc.org.

Cobb County Republican Women. Fourth Friday of the month. 11:30am. Hilton Atlanta/Marietta Conference Center, 500 Powder Springs Street. More info: 770-785-2522 or www.ccrwc.org.

Cobb Marietta Retired Educators Association. Second Thursday of every month. 11:30am. Luncheon reservations required. Freeman-Poole Senior Center, 4025 South Hurt Rd., Smyrna. Contact: Carolyn Wilson, clw770@bellsouth.net or 770-427-6840.

Cobb Photographic Society.
Photographers of all skill and ability levels are welcome. First and 3rd Monday of each month. 7-9pm.
Marietta Enrichment Center, American Business Center, Bldg. 700, Suite 702, 1395 South Marietta Pkwy, Marietta. More info: www.cobbphotosociety.com or info@cobbphotosociety.com.

Cobb Regional Republican Women. Third Tuesday, every month. 7pm. Cobb GOP Office, 799 Roswell Street, Marietta. More info: Neva Lent 443-324-5522. Colored Pencil Society of America. Atlanta District Chapter 107. First Monday of the month. 7pm. North DeKalb Cultural Center, 5339 Chamblee-Dunwoody Road, Room 2 (second floor in the back), Dunwoody. More info: Nancy Guerine, 678-354-3590.

Dad 2 Dad. A stay-at-home dads group. Every Tuesday and Thursday. 10:30am. Various locations. More info: Richard Collins, 770-579-5445.

Danc'n Singles. A square dance club. First and 3rd Saturday of the month. 8-10:30am. FOP Lodge, 2350 Austell Road, Marietta. More info: 770-943-6779.

Dog Hikers of Georgia. Every Sunday. 10am. Various Locations. Non-dog owners welcome. More info: Dr. Dan Batchelor, 770-992-2362.

Dudes 'n Darlins Square Dance Club. Dances on 2nd and 4th Friday each month. 8-10:30pm. Mountain View Community Center, 3400 Sandy Plains Road, Marietta. More info: Margaret, 770-751-7210, dudesndarlins@comcast.net, or www.dudesndarlins.com.

East Cobb Bass Club. Visitors, boaters and non-boaters are welcome. First Tuesday of each month. 7pm. Free admission. Attendees pay for dinner. The Rib Ranch, 2063 Canton Road, Marietta. More info: 770-364-3036 or noeyf1@bellsouth.net.

East Cobb Business Association. Luncheon and featured speaker. Third Tuesday each month. 11:30am-1pm. Hollycrest Hall, 2235 Sewell Mill Road, Marietta. More info: Susan Hampton, 404-218-6216, susan.hampton@lionbank.com, or www.eastcobbba.com.

East Cobb Civic Association. Last Wednesday of the month. 7pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: Jill Flamm, 770-552-8206 or www.eastcobb.net.

East Cobb Civitans. Second and 4th Thursday of the month at noon for lunch at The Olde Town Athletic Club (behind Tuesday Morning & Sports-O-Rama), 4950 Olde Towne Parkway, Marietta. More info 770-578-9901.

East Cobb Community Friends for Children's Healthcare of Atlanta. Third Tuesday of the month. 7:30pm. Meetings are in members' homes and vary each month. We work to benefit CHOA with fund raisers and service projects. More info: Suzanne Strickland, 770-992-2882, or Diane Ellwanger, 770-579-9510.

East Cobb Democratic Alliance. Third Thursday of the month. 6pm - Social. 7pm - Program. Rib Ranch, 2063 Canton Road, Marietta. More info: Tom Barksdale, 770-715-1218 or tbarksdl@aol.com.

Meet Your Future Clients, Customers and Business Associates

Transforming East Cobb by developing business leaders through Networking and Education with an emphasis on Community.

The ECBA meets monthly at The Hollycrest Hall, 2235 Sewell Mill Road, at 11:30am for lunch, networking and a great speaker.

Invite a guest to join you.

For more information visit www.EastCobbBA.com







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CLUB CALENDAR

East Cobb Kiwanis Club. Every Wednesday evening. 7pm. Paradise South of the Border, 3605 Sandy Plains Road, Marietta. More info: Johnny Johnson, 770-977-2026 or edwardjohnsjewelers@yahoo.com.

East Cobb Lions Club. Second and 4th Tuesday of the month. 7pm. East Side Baptist Church, 2450 Lower Roswell Road, Marietta. More info: Don Garrow, 770-955-6914.

East Cobb New Horizons Band.

Monday mornings, 11:00am. If you are 50 or older, play a musical instrument and have been looking for a great place to make music, come join up! Great people and good music! To learn more go to our website, ecnhb. com or email webmaster@ecnhb.com.

East Cobb Open Networking.

Professional Referral Networking. Every Friday, 7:30-9am. Capozzi's NY Deli, 4285 Roswell Road (next to Michaels), Marietta. Free. More info: Tim Langley, 770-289-9711 or drtim02@yahoo.com.

East Cobb PowerCore Team. A business referral network. Every Thursday. 7-8:30am. IHOP, 3130 Johnson Ferry Road, Marietta. More info: Amy Caplan, 404-572-1278.

East Cobb Rotary Club. Every Wednesday. 7am. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: 770-789-0623 or dschwall625@hotmail.com.

East Cobb VIPs. A community group for seniors. Fourth Monday of the month (except in May). 6pm. East Cobb United Methodist Church, 2325 Roswell Road, Marietta. More info: 770-971-3643 or office@eastcobbumc.org.

East Cobb Woodcarvers Club. Every Thursday. 9-11am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-645-0817.

Georgia Perennial Plant Association.
Third Tuesday of the month.
7:30pm. Atlanta History Center,
McElreath Hall, 130 West Paces
Ferry Road NW, Atlanta. More info:
www.georgiaperennial.org.

Georgia Vietnam Veterans Alliance. Third Thursday of the month. Social hour: 6pm. Meeting: 7pm. American Legion Post, 921 Gresham Road, Marietta. More info: Bill Kalish, 770-298-9966.

Golden "K" Kiwanis Club. Every Thursday. 10am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Bill Vermeer, 770-971-6579.

Happy Tails Pet Therapy. Orientation for prospective members 1st Thursday or Saturday of the month. 10:30-11:30am. Mt. Bethel Christian Academy, 4385 Lower Roswell Road, Building F, Room F001, Marietta. Check dates: 770-740-8211 or www.happytailspets.org.

International Association of Administrative Professionals (IAAP)-Cobb County Chapter. Fourth Monday of the month. 6:15pm. Meeting & dinner. Windy Hill -Marriott Hotel, Marietta. More info: Oleta Herron, 770-661-2876.

Jewish War Veterans, Bicentennial Post 976. Third Sunday of the month. 11 am. Marriott Hotel, Perimeter Center. More info: Fran Jacobson, 770-436-7456.

Libertarian Party of Cobb County. First Thursday of the month. 7:30pm. More info: www.cobblp.org or call 770-795-1331

Marietta Kiwanis Club. Every Thursday. 12noon. Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: Bill Sidner, 770-579-4094.

Marietta Lions Club. Second Thursday of the month. 7pm. Marietta Conference Center, 500 Powder Springs Road, Marietta. More info: 770-565-8230.

Marietta PFLAG. Fourth Sunday each month. 1-3pm. Newcomers are welcome. Pilgrimage United Church of Christ, 3755 Sandy Plains Road, Marietta. More info: mariettapflag@gmail.com.

Marietta Rotary Club. Every Wednesday. 12noon. Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: Adele Grubbs, 770-424-8212 or www.mariettarotary.org.

Marietta VFW Post 2681. Dinner with VFW Ladies Auxiliary. First Thursday of the month with separate meetings following dinner. 6:15pm. 140 Powers Ferry Road, Marietta. More info: www.vfwpost2681.org

MOMS Club of Marietta North. First Wednesday of the month. 10am. Mountain View Library, 3320 Sandy Plains Road, Marietta. More info: Marion Hegedes, 678-494-8887.

Moms in Prayer. Dickerson Middle School. Every Tuesday at 1 pm pm. Meeting location available upon request. More info: Movita Stallworth, 770-321-1783 or mo633@ comcast.net.

Moms in Prayer (formerly Moms in Touch) for parents of children at East Side Elementary. Thursdays, 10am. More info: Rachel Bloom, 770-973-4705 or familybloom@gmail.com.

Mothers and More, East Cobb Chapter #270. Second Tuesday each month. 7:30-9:30pm. St. Catherine's Episcopal Church, 571 Holt Road, Marietta. Check website as schedule may vary: www.mmeastcobb.homestead.com.

National Association of Active and Retired Federal Employees (NARFE), Second Wednesday of each month. 11:30am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More Info: 770-973-2834. Newcomers Club of Cobb County. Third Tuesday each month. 10am. Various social activities throughout the month for those new to Cobb County or just looking for new friends and activities. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta. More info: 770-234-5068 or newcomersofcobbcounty@yahoo.com.

North Metro Mothers of Multiples Club. Third Monday of the month. 7pm. Chicago's, 4401 Shallowford Road, Roswell (corner of Johnson Ferry & Shallowford). More info: www. northmetromultiples.org.

North Metro Women's Connection. Second Wednesday of each month. 11am-1pm. Part of Stonecroft Ministries reaching out to the unchurched women in the area. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: 770-335-6013.

Northeast Cobb Business Association. Luncheon meeting 3rd Wednesday of each month. 11:30am-1pm. \$15. Piedmont Church, 570 Piedmont Road, Marietta. More info: www.cantonroadba.org.

Northwest Atlanta Mothers of Multiples (formerly Cobb Parents of Multiples), a parent's club for families with or expecting twins, triplets, quads, etc. Second Monday of each month (except December). 7pm. North Metro Church, 2305 Barrett Parkway, Marietta. More info: 678-404-0034 or www.nowamom.org.

Order Sons of Italy in America Marietta Lodge #2607. General membership meeting 2nd Monday each month. Pot Luck Dinner (except June, July, August-dessert and fruit), 7-9pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: 770-928-9314 or degrillmouse@comcast.net.

Parents Without Partners. Meeting times vary. More info: Angela Dixon, 404-422-0768 or pwpchapter698.org.

Peach State Depression Glass Collectors Club. Second Tuesday of the month. 7pm. East Marietta Library, 2051 Lower Roswell Road, Marietta. More info: 770-368-9790.

Polk Street Speakers Toastmasters. First and 3rd Tuesday of the month. 7:30-9:00pm. St. James Episcopal Church, 161 Church Street, Marietta. More info: www.polkstreetspeakers.org.

SACS (Singles and Couples Social Events). Weekly dancing for singles and couples. No membership fees, just friends making new friends. More info: Nancy Kuhn, Angel-GA@comcast.net

Shakespeare Reading Group. First and 3rd Thursday of the month. 2-4 pm. 32 N. Fairground Street, Marietta. More info: Lynne Johnson, 770-591-3474.

Song of Atlanta Show Chorus.

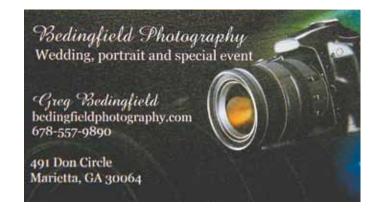
Women's four-part harmony chorus. Every Tuesday. 7:30pm. St. John United Methodist Church, 550 Mount Paran Road NW, Atlanta. Visitors welcome. More info: www.songofatlanta.com or 770-509-0322.

Sope Creek Garden Club. First Wednesday of the month (Sept-June). 10am. Locations vary. More info: Karin Guzy, 770-955-1303 or guzy@mindspring.com.

The Foxtrotter's Dance Club. The 4th Friday of every month (except Nov & Dec-which is the 3rd Friday). 7:30-10:30pm. If you enjoy ballroom dancing, come and dance to 'Live Music'. Everyone is welcome. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-587-1160.

Y Business Network. Every other Friday. 7:30-8:45am. Local business networking and referrals. Northeast Cobb Y, 3010 Johnson Ferry Rd., Marietta. Guests always welcome. More info: ybusinessnetwork.webs. com, Michelle Hutchinson, 770-518-0010, michelle.hutchinson@wordhelper.com.





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SUPPORT GROUPS

A.A./Al-Anon/Al-Anon

Beginners/Alateen. Every Monday. 8pm. Covenant Presbyterian Church, 2281 Canton Road, Marietta. More info: 770-973-5347 or jpm105@comcast.net.

Adult Survivors of Child Sexual Abuse Support Group. First and 3rd Tuesday of each month. 7pm. Room 334, Johnson Ferry Church, 955 Johnson Ferry Road, Marietta. Men and women welcome. More info: 678-578-4888 or info@voicetoday.org.

Al-Anon. For family and friends of alcoholics. Thursdays. 7:30-8:30pm. Johnson Ferry Baptist Church, Room 345, 955 Johnson Ferry Road, Marietta. More info: 770-587-0483.

Al-Anon Family Group. 7pm. Teens 13 and older welcome. Temple Kol Emeth, 1415 Old Canton Road, Marietta. More info: Paulette L., 678-551-2433.

Alzheimer's & Caregivers Support Group. Second Thursday of the month. 7pm. Sunrise Assisted Living, 1551 Johnson Ferry Road, Marietta. More info: Christa McLain, 770-509-2914.

Alzheimer's/Caregiver Support Group Meeting. First Monday of each month at 10:30am. Open to family members who are assisting an aging loved one both inside and outside of the home. Free respite care is provided for your loved one while we meet. Aloha to Aging/Mt. Bethel Community Center, 4608 Lower Roswell Road, Marietta. More information or to RSVP 678-439-1177.

Autism Spectrum Support Group of Cobb County. Supporting parents with information and resources as well as social connections. Third Thursday of each month during school year. 9:30-11:30am. Mt. Bethel United Methodist Church, 4385 Lower Roswell Road, Marietta. More info: www.asgcobb.com

Babywearing Group. Koalamommas, North Atlanta's resource for help, support, and information about baby carriers of all kinds. Meets monthly. Meeting dates/time vary. More info: Jennifer Worrell, 770-516-4192 or jenniferworrell@bellsouth.net.

Bereavement Support. First and 3rd Wednesday of the month. 5pm. Counseling Room in Parish Office, St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6020.

Cancer Support Group. Second and 4th Monday of the month. 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

Career Transition. Third Monday of the month (March-October). Second Monday of the month (November-February) 6:30pm: Personal resume reviewing, interviewing, networking, and career assessment help. 7pm: Presentation. The Warehouse, 1st Presbyterian Church, 68 N. Marietta Parkway, Marietta 30060. More info: Bill Lins, 404-558-1579, or Bob Sabin, 770-795-9084, or visit www. fpccareersintransition.wordpress.com

Caregiver and Share Support Group for Alzheimer's. First Wednesday of the month. 4:30-5:30pm. Arbor Terrace, 886 Johnson Ferry Road, Marietta. More info: 770-977-4420.

Codependents Anonymous. Mondays & Thursdays. 7:30-8:45pm. Unity North Church, 4225 Sandy Plains Road, Marietta. More info: 770-578-6368.

Compassionate Friends for grieving parents, grandparents, and siblings. First Tuesday of the month. 7 pm. First Baptist Church, 148 Church Street, Marietta. More info: Kathy Kelcourse, 770-579-3512 or 404-539-4287. Email: kathzkel@yahoo.com or tcfmarietta.kathy@hotmail.com; www.tcfmarietta.org.

Depression/Bipolar Support Group. First and 3rd Thursday of the month. 7-8:30pm. Johnson Ferry Baptist Church, Room 339, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

Destiny Designers. For women who would like to be more assertive, confident, and persistent. Second Tuesday of each month. 7-8:30pm. East Cobb Government Center, 4400 Lower Roswell Road, Marietta. More info: Galina 770-633-1023.

Divorced/Separated Support Group. First and 3rd Tuesday of each month. 7:30pm. St. Ann's Catholic Church, Mary's Chapel, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6018.

Divorce Support Group by Visions Anew for women who are contemplating or going through the divorce process. First Thursday & 3rd Wednesday of the month. 7-9pm. East Cobb Government Center, 4400 Lower Roswell Road, Marietta. More info: visionsanew.org.

Diabetes Support Group offered by WellStar Health System. Second Tuesday of the month. 6:30–8pm. McLaren Mill Office Park, 531 Rose Lane Street, Suite 100, Marietta. No registration required. More info: 770-793-7818.

Domestic Violence Support Groups. Sessions in English and Spanish. Wednesdays. 6:45-8:15pm. Childcare available for children 6 weeks to 12 years. Children over 12 may attend and learn childcare skills. More info: 770-427-3390.

East Cobb Satellite of CHADD (Children & Adults w/Attention-Deficit/Hyperactivity Disorder) Parental Support Group. 2nd Tuesday of the month. 6:30-8:00 pm. Mt. Bethel United Methodist Church (Room B109) on Lower Roswell Road, Marietta. More info: Cappie Suttle, 404-368-9394, east-cobb@chadd.net, or www.chadd.net/300.

Emotions Anonymous, a fellowship of people who come together to work toward recovery from emotional difficulties and discover a new way of life. Tuesdays & Fridays. 7pm. Roswell United Methodist Church, 614 Mimosa Boulevard, Counseling Building, Roswell. More info: 70-330-1991.

Families Anonymous (FA) for families who have loved ones struggling with addiction. Every Tuesday. 7:30-9pm. Mt. Zion United Methodist Church Youth Center, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465.

Families of Children Under Stress (FOCUS). To listen, inform and educate, and offer programs for the families and the child with special needs. Last Thursday of the month during school year. 10am. Chick-Fil-A, 1201 Johnson Ferry Road, Marietta. More info/to confirm meeting date: Angie, 770-234-9111,angie@focus-ga.org,or www.focus-ga.org.

Grandparents Raising Grandchildren Support Group. Second and 4th Tuesday. 7:15pm. Special guest speaker. Transfiguration Church, Room 102, 1815 Blackwell Road, Marietta. More info: Jeannie, 770-919-9275.

Grief Support Group for those who have had a family member, friend or other loved one pass away. First Thursday of each month. 7-9pm. Unity North Atlanta Church, 4255 Sandy Plains Road, Marietta. More info: kathzkel@yahoo.com.

JACS (Jewish Alcoholics, Chemically Dependent and Significant Others). For Jewish members of 12 Step groups. 7-8pm, first and third Tuesdays of every month except on Jewish holidays. Congregation Etz Chaim, 1190 Indian Hills Parkway, Marietta, in the library. More info: 770-928-2523 or teshuva@aol.com.

Loneliness Bereavement Support Group. Every Tuesday, 12 noon. Pilgrimage United Church of Christ, 3755 Sandy Plains Road, Marietta. More info: 770-423-5959.

Marietta Moms. For all kinds of moms - new to the area, looking for new friends, or just needing support. Daily events for babies, toddlers and older kids. More info: 770-956-0318 or 678-357-3661 or www.mariettamoms.com

Mothers Circle Group. Are you a mother raising Jewish children but you are not Jewish? Free education and support through a 16-week course. Groups are held in Marietta, Intown and North Fulton. More info: Suzette Cohen, suzette@themotherscircle.org or www.themotherscircle.org.

Mothers of PreSchoolers(MOPS). Wednesdays. 6:15-7:15pm. A place where moms can come to build friendships and receive mothering support, practical help and spiritual hope. Childcare provided. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465 or mtzionmops@gmail.com.

National Alliance on Mental Illness (NAMI). Family Support Group for families who have loved ones struggling with mental illness. Second and fourth Tuesday of each month. 7-8:30pm. Hillside United Methodist Church, Second Floor, 4474 Towne Lake Parkway, Woodstock. More info: 770-928-2762.

Overeaters Anonymous. A support group for those who suffer from the need to compulsively overeat. Monday-Wednesday-Friday. 10am. St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: Betsy: 404-226-4931.

Parents of Prodigals. For parents of struggling teens and young adults. Second and 4th Thursday. 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: Fair Brocard, 770-612-1197 or www.prodigalchildministries.org.

Parkinson's Disease Support Group. For persons with Parkinson's disease and their caregivers. Second Sunday each month. 4pm. Roswell United Methodist Church, 814 Mimosa Boulevard, Bldg. A, Roswell. More info: Robin Cleveland, 678-819-3915.

Parkinson's Disease Support Group: First Tuesday of each month at 10:30am. Have you or a loved one been recently diagnosed with Parkinson's? You are not alone. You and your caregiver are welcome as we learn how to cope and live with the diagnosis. Helpful tips and resources provide comfort and encouragement. More info: 678-439-1177.

Widowed Helping Others (WHO). First and 3rd Wednesday of the month. St. Ann's Catholic Church, La Salette Hall, 4905 Roswell road, Marietta. More info: Ann's Pastoral Care, 770-552-6400, ext. 6018.

Widow-to-Widow Grief Support Group. Every Monday. 7-8pm. Free and open to public. McCleskey-East Cobb YMCA, 1055 East Piedmont Road, Marietta. More info: Stacey Dougherty, s.dougherty@bellsouth.net.

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