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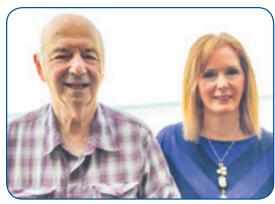


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PUBLISHER'S NOTE



▲ Cynthia Rozzo with her father, Carmen Rozzo

I am fortunate to have a father who made time for me while I was growing up.
Like a lot of fathers, he may never "go down in history" nor did he make a lot of money, but his quiet and steadfast love for his family combined with his humble acts of helping others, carina

for the community, a deep faith in God, encouraging me to always do my best and his strong patriotism are priceless gifts that influence who I am and what I do to this day. Now that I (and my very helpful husband) are raising three children, I am keenly aware of these values he instilled in me and try my best to teach them by example.

In this world of hype and celebrity, many young men and women (and older, too!) are searching for role models. Many of us are lucky to have role models within reach who inspire us. Moms and dads are the most obvious heroes for us to emulate. This publication is happy to shine a spotlight on moms, dads and other overlooked heroes. Hence, the annual essay contests, stories and photos of East Cobb residents that contribute to our quality of life are happily published in the EAST COBBER. The people featured in this edition — from William Lester, the EAST COBBER's Dad of the Year (see page 8) to the high school Valedictorians (see page 10) to our local PTA leaders (see pages 12-13) — all are excellent examples of role models right here in our own backyards, within our reach. There's a lot of "good" we can learn from our parents, friends, and fellow East Cobbers. I hope after reading this edition, like every edition, you will not only learn a little bit more about what is going on in our community but also be inspired by the people that make East Cobb such a great place to live!

Cynthin

Cynthia M. Rozzo Founder I Publisher cynthia@eastcobber.com

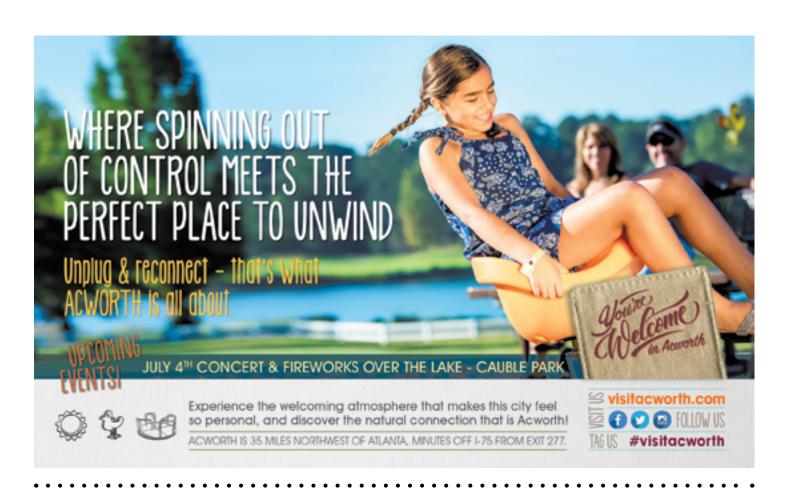
On the Cover

This month's front cover features Michael Braun and his legal team from The Law Office of Michael R. Braun. Michael has been a personal injury attorney since 1993.

The Law Office of Michael R. Braun is committed to providing the best legal representation available, when you have been injured as a result of someone else's actions. "After I have resolved a personal injury case, I always tell my clients that I hope I never see them again," says Braun. "Because of the nature of what I do. I obviously don't want repeat clients. But I handle each case with a commitment to get every penny that my client deserves. I protect my clients."

The Law Office of Michael R. Braun is located at 3225 Shallowford Road, Suite 500, in Marietta/East Cobb. For more information, you can read their story on page 6 or visit www.georgiainjury.com.

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WHEN THE INJURY IS PERSONAL: LOOK TO THE LAW OFFICE OF MICHAEL R. BRAUN

No one anticipates needing a personal injury attorney. When you move into a community, finding the best personal injury attorney just in case you need one is probably not at the top of the list. However, life throws us curves, and many of us find ourselves victims of car wrecks, slip and fall incidents, and incidents that are the result of other hazardous conditions. Located in East Cobb, the Law Office of Michael R. Braun can provide you with the best legal representative available if you are injured as the result of someone else's wrongdoing.

"After I have resolved a personal injury case, I always tell my clients that I hope I never see them again," says Braun. "Because of the nature of what I do, I obviously don't want repeat clients. But I handle each case with a commitment to get the most money a client has coming to him or her. I protect my clients' interests as if they are my own."

Having gone to trial in more than 100 personal injury cases in Georgia, Braun has been a personal injury attorney since 1993. His first job was with a large Atlanta firm that focused more on settlements than litigation. Wanting the opportunity to go to court when it's in a client's best interests, Braun left the firm to partner with other attorneys in 1997. During the last two decades, Braun has had several partners in his firm. As of January 1, 2016, Braun has his own practice. Practice areas include car collision, wrongful death, insurance company bad faith, motorcycle collision, premises liability, product liability, serious/catastrophic injuries, and medical and dental negligence.



During his career, Braun has recovered more than \$28 million for injured clients. In particular, one case that received notoriety was a \$5 million verdict awarded to his client who suffered hip and back injuries from a fall in front of a retail store. Three other law firms turned down this case before Braun took the case. Another case was a \$9.25 million settlement that was obtained for a family whose six-year-old son received brain injuries as the result of a tractor trailer collision. In this case, the police originally blamed another motorist for the collision, but Braun was able to demonstrate that it was actually the tractor trailer driver's fault. Because of Braun's expertise and litigation skills to get the job done, both cases mentioned here were referred to him by other attorneys.

Braun takes every personal injury case on contingency. Consultations are free, and until a case is resolved, the client does not pay for any services rendered. Attorney fees are collected out of the ultimate recovery.

If you need a personal injury attorney, look no further than the Law Office of Michael R. Braun. Not only is his business located in East Cobb, but Braun and his family also live in the East Cobb community. The office is at 3225 Shallowford Road, NE, #500, near the intersection of Sandy Plains and Shallowford Roads.

For more information, as well as client referrals and case results, visit www.georgiainjury.com or call 770-421-6888.

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o you like to sing but don't have the confidence you need to sing in public? Do you think you know how to sing but aren't really sure if you're doing it right? Do you like to sing but wish you knew a little more about it so you could sing better? Consider taking Free Singing Lessons with the director of the Big Chicken Chorus, Lars Grevstad. Every Monday evening in June, the lessons will start at 7pm. Once the lesson is finished, you are free to go or you may join the Chorus as a guest at the Big Chicken Chorus rehearsal. There is no obligation. Big Chicken chorus members love to sing and want spread that joy to anyone who wants to sing. To sign up, send an email to Membership Vice President, Don Nally, at don. nally@bigchickenchorus.org. @







WILLIAM LESTER: EAST COBBER Father of the Year 2016



▲ William Lester

Here is the winning essay written by Cynthia Samuels about her dad, William Lester:

661 am writing to nominate William V. Lester as the East Cobb Father of the Year. My Dad is not only a areat Dad, he's also an incredible grandfather and great-grandfather. Why should he be Father of the Year? Because he has stayed committed to his family, served his country in WWII and the Korean conflict so his "children and grandchildren could live in a free country." He also has served as a volunteer to his community, sang in the choir at Brookhaven Christian Church, brought the joy of barbershop singing with his quartet to nursing homes in the Cobb County area and I could go on. He has always had an attitude of "service" and I would love for him to be recognized. He will be 90 in December so he can't do as much as he'd like but he has been an inspiration to my children, my grandchildren and I.

Lastly, he and my Mother, Evelyn Lester, will celebrate their 70th wedding anniversary in September of this year! It's remarkable in this day and age that two people can actually weather the storms of life and still hold hands in the back seat and cuddle while watching a movie. **?



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Congratulations, Dad!

EAST COBBER'S Father of the Year 2016 is invited to participate in this year's EAST COBBER Parade. William Lester also receives the following gifts donated by local businesses:

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Barker-Jackson Master Barbers - Free men's haircut

Fuji Hana - \$25 Gift Card

Honest-1 Auto Care - Free oil change

Jersey Mike's Subs - Free regular sub

Lucia's Italian Restaurant - \$50 Gift Card

Marlow's Tavern - \$25 gift card

WZ Tavern - \$25 gift card

Thank you, East Cobb Merchants, for honoring EAST COBBER's Father of the Year with such great gifts!





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HEROIC GAMING BRINGS FAMILIES TOGETHER



Are you looking for a fun, safe environment for your child this summer or after school? Are you seeking an affordable family outing? Do you miss having quality time with your children? Heroic Gaming might be the answer to these enduring parenting dilemmas. Heroic Gaming is a new game store that has the largest inventory of board and role playing

games you can find locally.

However, it's not just a game store. The site offers comfortable tables and open spaces for people to come together and play games. You can rent one of their hundreds of games and try it as a family or group. Concession food and a dedicated environment give it an "outing" feel, and it is an interesting alternative for family or group fun.

Additionally, Heroic Gaming has partnered with nearby schools to offer after-school programs for elementary students. Kids will complete their homework, eat a snack and enjoy quality activities like painting, games and crafts.

Heroic Gaming also offers a summer camp alternative. The camp includes daily field trips to venues like the Atlanta Zoo, Marietta Museum and Tellus Museum. Parents can reserve spots for their children for the day or the week, depending on need.

Founder Corey Weese has a background in security, so he makes sure that every employee passes a thorough background check. He ran an after school program for three years, so he knows what engages children and what calms parents. As a busy dad of three, he was challenged to find an enjoyable option for families and also a safe, appealing environment for kids after school and during the summer.

"Through Heroic Gaming, I am creating a place I've been seeking for my own children – a spot where they learn, have fun and engage with each other," says Corey.

Heroic Gaming opened its doors June 5, and is conveniently located next to the Movie Tavern in Sandy Plains Village, 4651 Woodstock Road, in Roswell. For more details on games, summer camps, after school, parent nights out and birthday parties, visit heroicgaming.net or call 770-709-4376.

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EAST COBB VALEDICTORIANS CLASS OF 2016



Karen An-Ran Wu

Kell High School

College: Princeton University



Eujin Jang **Walton High School** College: Yale University



Harold Patrick Feininger Lassiter High School College: Georgia Institute of Technology



Karan Achtani
Wheeler High School
College: Georgia Institute
of Technology



Brittany Jordan Powell

Pope High School

College: Georgia Institute
of Technology



Alissa Melody Ji **Wheeler High School** College: Yale University



Matthew Steven Forslund
Sprayberry High School
College: Kennesaw State
University



Chelsea Chen
Wheeler High School
College: Stanford University





Kar Shin Lin
Wheeler High School
College: Georgia Institute
of Technology













PTAs WRAP UP SCHOOL YEAR WITH AWARDS AND NEW OFFICERS

he 2015-16 school year has drawn to a close, and it is with great pride that the East Cobb County Council (ECCC) of PTAs shares its newly elected officers for the 2016-17 school year.

<u>President</u>: Kristy Flowers (Wheeler Cluster)

<u>Co-Vice President</u>: Cindy Goolsby (Lassiter/Kell Cluster)

Co-Vice President: Mirla Bigda (Lassiter/Kell Cluster)

<u>Secretary</u>: Susan Sharrow (Walton Cluster)

<u>Treasurer</u>: Cindy Smoak (Sprayberry Cluster)

The ECCC PTA is made up of 35 East Cobb PTAs, whose members are parents, grandparents, students, teachers, principals, school administrators, community members and business partners. East Cobb PTA members have a shared goal that our children receive a high-quality education so that they may reach their highest potential. There are over 28,000 East Cobb PTA members. The ECCC PTA and East Cobb PTAs provide programs to enrich student learning, engage families with their schools, encourage community service, support student health, wellness and safety, and tobuild welcoming school environments. Interested in participatina? Contact the PTA at the school nearest you to find out how to become a member. PTAs welcome family, school, community and business participation to support students and schools.

The ECCC PTA is also thrilled to share that many of our East Cobb PTAs were recognized at the ECCC PTA and 9th District PTA Spring Meetings for the hard work that they have done this year. There are some remarkably talented, dedicated and passionate PTA leaders in East Cobb – who care deeply about helping our children to reach their highest potential. Join us in congratulating the award recipients, and be sure to thank PTA leaders and volunteers for ALL East Cobb schools for their efforts to make a positive, meaningful and lasting difference for our students.

ECCC PTA & 9TH DISTRICT PTA NEW OFFICERS & AWARDS



Stephanie Daniels, ECCC PTA Past President Advisor and recipient of Georgia PTA Honorary Lifetime Achievement Award; with Anita Jones, ECCC PTA Past President Advisor and 9th District PTA 1st Assistant Director.



GA PTA Honorary Lifetime Achievement Award.



Visionary Award.



Ashlee Lee, Murdock PTA Co-President, with Susan Murphy, Murdock ES Nurse and recipient of 9th District PTA Outstanding Nurse Award.



9th District PTA Outstanding Local Unit Award recipients for Middle School PTSAs: Jennifer Bright, Dodgen PTSA Membership Chair (Dodgen PTSA, 2nd place); Kathleen Amsterdam, Hightower Trail PTSA Co-President (Hightower Trail PTSA, 3rd Place); and, Dr. Carole Brink, Dickerson MS Principal (Dickerson PTSA, 1st Place).



Wheeler High School 9th District PTA Award recipients for Outstanding Local Unit/First Place, for High Schools: Gretchen Buchanan, Wheeler PTSA President; Giselle Kurth, Wheeler HS ESOL teacher and Recipient of Outstanding Educator Award; Daniel White, Wheeler PTSA Legislative Chair; Dr. Peter Giles, Wheeler HS Principal; and, Kerry Covington, Wheeler PTSA Vice President.



9th District PTA Outstanding Family-School Partnership Award recipients for Sope Creek PTA: Anne Davidson, Sope Creek PTA Legislative Chair; Katherine Isakson, Co-President; Dr. Doug Daugherty, Principal; and, Andrea Morris, Co-Vice President.



Incoming 2016-17 ECCC PTA Officers: Kristy Flowers, President; Cindy Goolsby, Co-Vice President; Cindy Smoak, Treasurer; and, Susan Sharrow, Secretary. Not pictured: Mirla Bigda, Co-Vice President.

WALTON WOMEN LACROSSE WINS STATE



▲ (Front Row, I-r): Assistant Coach Karen Duncan, Isabelle Snider, Hunter Corvin, Amanda Skinner, Bridget Seery, Kathryn Sweeden, Sumner Santivanez, Lindsey Epstein, Leigh Cobb, Abby Kellner, Head Coach Mandy Ryan. (Middle Row, I-r): Manager Barbie Ozkan, Manager Josh Astarita, Erin McBride, Kylie Holthaus, Carly White, Peyton Gregory, Alana Epstein, Katie Jordan, Riley Corvin, Manager Chelsea Press. (Back Row, I-r): Assistant Coach Lauren Barnette, Riley Ewing, Sara Lewin, Assistant Coach Pat James, Ashley Asbury, Lola Catoe, Grace Peterson, Kiley Culbertson, Mackenzie Ewing, Lauren Tennant, Mary Catherine Kreider, Meghan Froemming, Nikki Torres, Catherine Quinlan, JV Coach David Martin.

ast month, Walton ladies lacrosse team dethroned perennial state champion Milton, 9-8, in the Georgia large-class (6A) state title game.

"It is hard to put into words how we felt after making school history," said Riley Ewing, whose team won its first state crown. "We were just filled with such pride... pride for our community, pride for our school, and pride for our family... It was such an emotional win for us because we poured everything we had into that game and to see our long sought after goal become a reality was priceless."

This state championship game will go down as one of the year's major upsets. Milton High School (19-3) had won six straight championship and 10 of the past 11 playoffs. Milton ladies lacrosse was ranked among the

top 15 all year in the STEPS North America Rankings and has been a regular Top 20 team for years in all national polls. The Eagles, who play a national schedule, had won 83 straight games against Georgia teams and had not lost in 90 games against state foes.

Walton had lost to Milton in the state final each of the past two years and fell to the Eagles, 14-9, earlier this year. But behind balanced scoring from Ewing (two goals), Erin McBride (two goals) and Hunter Corvin (two goals), Walton led much of the game and used strong defense to stymie the vaunted Milton (19-3) attack. This time, Walton led, 6-4, at halftime and then stretched the lead to 8-5 before Milton pulled within 8-7 and then 9-8 with 2:04 to play. But the Walton defense held to win the state championship.

WALTON HIGH SCHOOL'S GIRLS TENNIS TEAM WINS STATE

Last month, Walton High School girls tennis team defeated Etowah 3-1 at the Clayton County International Park Tennis Center, to win its fourth straight state championship. Walton's Lady Raiders have won 14 of the last 16 championships at the state's highest level of competition. Go Lady Raiders!



▲ Walton High School Girls Tennis Team

(Front Row, I-r): Anna Leigh Nielsen, Alli Shaw, Emily Gaskins, Grace Gaskins, Reilly Surdykowski, Sutton Keisler, Liz Norman. (Back Row, I-r): Monet Kay, Maryam Shokry, Maggie Connolly, Head Coach Anthony Foti, Gracelyn Thrash, Sam Brener, Shelby Martin.





LASSITER HIGH SCHOOL'S

LADY'S SOCCER TEAM WINS STATE

Congratulations to the Lassiter Girls Varsity soccer team. Lady Trojans won the 2016 State Championship over metro rivals West Forsyth in last month's playoff contest that ended 2-1. What a way to end the year! Congrats Girls!



▲ Lassiter High School Girls Soccer Team

(Front Row, I-r): Sarah Grace McCord, Ashely Hamilton, Kalli Vogel, Miranda Simpson, Emily Macuga, Kaitlin Bryant, Kacie Bishop. (Middle Row, I-r): Megan McGuiness, Se-Se Ruetten, Kate Richardson, Kaitlyn Werner, Carson Gilliam. (Back Row, I-r): Manager Brett Hanks, Coach Robbie Galvin, Hope Barebero, Abby Lee, Kelsey Hahn, Bailey Peacock, Victoria Carlino, Karsen Brantley, Citlally Jasso, Mackenzie Brennan, Brisa Zavala, Nadia Hamrang, Megan Richardson, Nicole Hanks, Trainer Liz Massey, and Trainer Tiffany Chaffin.



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EAST COBBER PARADE MARCHES ON FOR 21ST YEAR



The 21st annual EAST COBBER Parade & Festival is scheduled for Saturday, September 17. The day's festivities will be kicked off by the EAST COBBER Parade at 10am. The annual parade aims to build a sense of community and reinforce East Cobb County's status as one of the best places to live in the metro Atlanta area. Floats, high school marching bands, and a cornucopia of East Cobb groups will march down the one-mile parade route.

The EAST COBBER parade will begin at 10am in the Mount Bethel Elementary School parking lot, travel south on Johnson Ferry Road, and turn left onto Olde Towne Parkway.

Immediately following the EAST COBBER Parade, at approximately 11am, the EAST COBBER Festival will be held at the new festival site. The EAST COBBER Festival will be in the south parking lot (across from Olde Towne Pkwy) of Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta/East Cobb.

From 11am to 3pm, the free Festival will feature arts and crafts, local businesses, food concessions, carnival games, and an entertainment stage. The

Festival offers East Cobb County residents an opportunity to come together and enjoy an afternoon of local entertainment, carnival games and good food. Booths will be set up to showcase everything from jewelry to local schools to books. East Cobb kids will have plenty to do at the EAST COBBER Festival, from getting their face painted to taking a chance at a carnival game to hopping in a moonwalk. Festival goers will also be treated to food from East Cobb restaurants and civic clubs.

Many thanks to this year's sponsors: WellStar, B.O.S.S. and the EAST COBBER. Thanks to their generosity, this special event has become a popular pastime for East Cobb residents.

Come be a part of this very special, old-fashioned celebration – the 21st annual EAST COBBER Parade and Festival. Good food, vendors and entertainment make it a great event for the whole family. If you are interested in marching in the Parade, renting a booth or performing on the Festival stage, call the EAST COBBER at 770-640-7070 or visit www.eastcobber.com/parade.



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MARIETTA-BASED UNIVERSITY IS MORE THAN A CHIROPRACTIC COLLEGE



Many people may still think of Life University as the chiropractic college in Marietta, Georgia, but the growing university has made significant strides within past years, led by President Dr. Guy F. Riekeman, to become a frontrunner in the fields of education and whole-body health care. This summer, Life University continues the work of its groundbreaking NeuroLIFE Institute, debuts groundbreaking degree programs in Georgia prisons, and partners with Atlanta Birth Center to create VitalAtlanta, a holistic Midtown clinic serving the metro Atlanta community.

Located on Life University campus in Marietta, the NeuroLIFE Institute provides expert functional neurology care that focuses on brain and nerve system health. The expert clinical team works with people of all ages who suffer from conditions such as concussion, neurodegenerative conditions, childhood development disorders, whiplash, balance and vertigo, and more. By focusing on disconnects between the brain and nervous system, the NeuroLIFE Institute works with people to vastly improve their health, often disproving diagnoses they might have heard elsewhere.

In late summer 2016, Life University will launch The Chillon Project, a degree-granting program for incarcerated students and correctional staff in the Georgia prison system – the only program of its kind offered by a college or university based in the state of Georgia since 1994. With statistics proving that higher education is the only effective way to drastically reduce recidivism, the program hopes to impact social change while instilling values and business skills in incarcerated students. The initial roll-out of the program will take place at women's correctional facility Lee Arrendale State Prison in Alto, GA. "We are convinced that there is a better way to handle incarceration, and are grateful to the Georgia Department of Corrections and to Governor Deal for this opportunity," says Dr. Riekeman. "Our hope is that what we are doing in Georgia and at Life University will become a model for other states and universities to follow."



▲ The GyroStim[™] is an off-axis rotational device that can be used to improve one's sense of balance. The NeuroLIFE Institute has a team of chiropractors trained in functional neurology and trained in the utilization of the GyroStim[™] to improve balance and enhance neurologic recovery. Learn more today. Call us at 770.426.2829 or log on to www.NeuroLifeInstitute.com

Life University will also open VitalAtlanta, a whole-body health center located in Midtown Atlanta alongside the new Atlanta Birth Center. These two groundbreaking healthcare entities will offer extensive health services from birth to age 101, with Atlanta Birth Center providing holistic midwifery care and birth services to families, and Life University offering state-of-the-art services in Chiropractic, functional neurology, functional kinesiology, vitalistic nutrition and positive psychology.

With the tagline "the not-so-little University that is changing the world," Life University aims to impact social change throughout the metro Atlanta area and around the globe with innovative initiatives, leading-edge clinics and a quality education for nearly 3,000 undergraduate, graduate and professional students on its 110-acre Marietta campus.

Learn more about these innovations at NeuroLIFEInstitute.com, LIFE.edu/CCISE and VitalAtlanta.com. To discover all Life University has to offer, visit LIFE.edu.

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LOCAL RESIDENT TURNS ARTISTIC PASSION INTO SUCCESSFUL BUSINESS



Since she was a child, Britta Patellis has been an artist. After graduating from Walton High School, she enrolled in art school to pursue her passion. She studied traditional mediums such as drawing and painting, but over time, her real love became wood carving. Her first carving was a carousel

horse in 1993, and in 1995 she started her own business, Britta's Chisel Works.

Today, Britta's work consists of custom wood carvings, pet drawings and refinishing furniture. Her custom carvings are often requested for antique reproductions; other popular carvings include horse heads for antique children's barber chairs, carousel horses and pet carvings. Her talent allows her to create one of a kind items for her clients such as her unique wooden purses.

Britta works as a vet tech at Animal Hospital of East Cobb, and her love of animals led her to start creating custom pet carvings and pencil sketches of pets. After a thorough consultation and several photos, she is able to accurately capture a beloved pet's personality and physical traits. These carvings and drawings are a one-of-a-kind tribute to your four-legged family member.

A large part of Britta's business is refinishing furniture. Her skill can completely transform even the most worn pieces into beautiful and functional furniture once again. Typical lead time for refinishing items is three weeks.

To see more of Britta's amazing work, visit www. brittaschiselworks.com and facebook, www.facebook.com/brittapatelliswoodcarving. She also can be reached via email at carvinghorses@yahoo.com or cell (404) 368-3761

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EAST COBB PRIMARY ELECTION RESULTS

On Tuesday, May 24, East Cobb residents, along with the rest of Georgia citizens, participated in primary elections to vote for Republican and Democratic candidates for a variety of public offices. In Cobb County, 51,748 –13.28% –out of a total of 389,533 registered voters exercised their right to vote. The following presents the vote tally of the contested races that East Cobb County voters were asked to vote on:

United States Senate - Republican Candidates

	Total	
Johnny Isakson (Incumbent)	28,202	77.38%
Mary Kay Bacallo	4,234	11.62%
Derrick Grayson	4,011	11.01%

United States Senate - Democratic Candidates

	Total	
Jim Barksdale	6,701	54.27%
Cheryl Copeland	5,230	42.36%
John F. Coyne III	417	3.38%

Public Service Commissioner - Republican Candidates

	Total	
Tim Echols (Incumbent)	22,939	67.95%
Michelle Miller	5,975	17.70%
Kellie Pollard Austin	4,843	14.35%

State Representative in the General Assembly From the 43rd District - Republican Candidates

	Iotal	
Sharon Cooper (Incumbent)	3,702	75.88%
Peter Minetos	1,177	23.12%

For Chairman Board of Commissioners - Republican Candidates

Mike Boyce	Total 17.700	49.07%
Tim Lee (Incumbent)	14,579	40.42%
Larry Savage	3,793	10.52%

Cobb County Commissioner District 2 - Republican Candidates

	Total	
Bob Ott (Incumbent)	9,030	67.42%
Jonathan Page	4,364	32.58%

Republican Party Question

Should Georgia empower parents with the right to use the tax dollars allocated for the education of their children, allowing them the freedom to choose among public, private, virtual, and home schools?

	Total	
YES	26,372	72.43 %
NO	10,039	27.57%

Democratic Party Question

Should Georgia invest less than 1% of its annual budget to provide healthcare to 500,000 low-income citizens and military veterans by expanding Medicaid?

	Total	
YES	12,589	91.87 %
NO	1,114	8.13%

Democratic Party Question

Should Georgia guarantee paid family leave to include pregnancy, serious illness, care of a family member with a serious health condition, or care for a newborn, newly-adopted child or newly placed foster child?

	Total	
YES	12,942	94.36%
NO	773	5.64%

Democratic Party Question

Should private properties on rivers and streams be protected by natural vegetative buffers to ensure that Georgia's waters are swimmable, drinkable, and fishable?

	Total	
YES	12,436	91.37%
NO	1,175	8.63%

Democratic Party Question

Should Georgia automatically register to vote all legal and permanent residents upon issuance of a driver's license or state-issued ID which includes an opt-out provision?

	Total	
YES	11,594	85.05%
NO	2,038	14.95%

Judge of State Court of Cobb County Post 3 -Nonpartisan Candidates

	Total	
John Morgan	16,567	38.48%
Kellie Hill	11,612	26.97%
Luke Lantta	7,063	16.41%
Leah J. Zammit	5,682	13.20%
Chandler Vreeland	2,129	4.95%





Judge of State Court of Cobb County Post 4 -Nonpartisan Candidates

	lotal		
Jane Manning	22,006	50.93%	
Brendan F. Murphey	14,756	34.15%	
Agron Strimban	6,446	14.92%	

Judge, Superior Court of the Cobb Judicial Circuit -Nonpartisan Candidates

	Total	
Reuben Green (Incumbent)	25,866	55.52%
Nathan Wade	20,736	44.48%

Judge, Superior Court of the Cobb Judicial Circuit Nonpartisan Candidates

Kimberly Childs	Total	
	23,950	54.19%
Chuck Bachman	13,549	30.66%
Grady A. Moore	6,694	15.15%

Judge, Superior Court of the Cobb Judicial Circuit -Nonpartisan Candidates

	Total		
J. Stephen Schuster (Incumbent)	26,929	60.09%	
Joanne Elizabeth Elsey	10,322	23.03%	
Cindie Alter	7,566	16.88%	



EAST@COBBER

NEXT ISSUE: AUGUST • DEADLINE: JULY 15 CALL EAST COBBER: 770-640-7070

FOURTH OF JULY FESTIVITIES

Our nation's birthday is celebrated coast to coast with fireworks, picnics and festivals. Metro Atlanta is no different. Several cities have Fourth of July events that offer a fun time for your family. Here are some great ways to celebrate Independence Day that are just a short drive away:

 \star \star \star \star \star \star \star \star

ACWORTH - July 4

Concert and Fireworks sponsored by The City of Acworth and the Acworth Business Association. Live music will start at 4pm. Fireworks will begin at approximately 9:30pm. Food vendors will be on site. Free admission. Free shuttle service available from Downtown Acworth. Located at Lake Acworth Beach at Cauble Park, 4425 Beach Street, Acworth. More info: 770-917–1234 or visit www.acworthparksandrecreation.org.

★ ALPHARETTA- July 4

Celebrate July 4th with family and friends at Wills Park! Entertainment and children's activities will be on the lawn behind the Alpharetta Community Center from 6-9pm. Food vendors will be located throughout the park from 6-10pm (cash only please). Food selections include hot dogs, hamburgers, barbeque, ice cream, shaved/ Italian ice, and more! Bring your lawn chairs and sit back to watch our spectacular fireworks show at dusk. Located at Wills Park, 1825 Old Milton Parkway, Alpharetta. More info: 678-297-6130 or www.alpharetta.ga.us.

★ DUNWOODY- July 4

Annual Dunwoody Salutes America Fourth of July Parade hosted by the Dunwoody Homeowners Association and the Dunwoody Crier Newspaper. Begins at 9am at the Mount Vernon Shopping Center. Features marching bands, local personalities, and floats. Festival with live entertainment, activities, children's area, and Dunwoody United Methodist Boy Scout barbeque follows at Dunwoody Village: 5483 Chamblee Dunwoody Road, Dunwoody. This year's theme: Duty, Honor & Country. More info: 770-354-7653 or www.dunwoodyga.org.

★ EAST COBB - July 4

Indian Hills Country Club (IHCC) hosts a Membership Appreciation Day which features fireworks at dusk. IHCC allows the community to come by, grab a seat on the lawn, and enjoy the fireworks extravaganza. Indian Hills Country Club, 4001 Clubland Drive, Marietta/East Cobb.

KENNESAW - July 3

Salute to America, a pre-Independence Day celebration, will feature high-energy, live music performances and family entertainment from 6-10pm. From The Blast Band's high-energy party tunes to the sounds of Tusk, the ultimate Fleetwood Mac tribute band, audiences will be treated to two stages of live music, festive street entertainment, food vendors, and kid's activities. The evening will be capped off with a brilliant fireworks finale beginning at 9:30pm. Free admission. Blankets, chairs and coolers allowed. Tables for 6 available for rent at \$75. Food and beverages for sale. No alcohol. Concert begins at 7:30pm at The Depot, 2828 Cherokee Street, Kennesaw. More info: 770-422-9714 or www.kennesawjuly3.com.

★ MARIETTA - July 4

Fourth in the Park celebration presented by Marietta Parks and Recreation. Marietta Freedom Parade starts at 10am at Roswell Street Baptist Church, 774 Roswell Street SE, Marietta, and ends at North Marietta Parkway. Followed by concerts, museum tours, arts and crafts show, food, carnival games, and fireworks finale at dark in Glover Park/Marietta Square. More info: 770-794-5601 or www.mariettaga.gov.

★ POWDER SPRINGS - July 4

20th Annual Independence Day Celebration. Bring your chairs and blankets, relax, eat mouth-watering delights while enjoying entertainment on the big stage, let the kids play on a variety of interactive inflatable activities, then get ready for a tremendous patriotic program delivered by Mayor Al Thurman and finally end with a phenomenal fireworks show! Celebrate from 6-10pm. Powder Springs Town Square, 4484 Marietta Street, Powder Springs. More info: 770-423-1330 or www.cityofpowdersprings.org.



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Annual Fireworks Extravaganza presented by the City of Roswell. Live entertainment, children's carnival, and food. Bring picnics, lawn chairs and blankets. Band performances at 6pm and 7:30pm. Fireworks begin at dark. Roswell High School, 11595 King Road, Roswell. More info: 770-641-3705 or www.roswellgov.com.

BBQ and Bluegrass at Barrington. Enjoy barbeque and bluegrass music in the backyard of Barrington Hall. The King family, who built Barrington Hall, held a 4th of July barbeque for their friends and neighbors in the 1800s. Revisit their tradition with live music, barbeque, beer, soft drinks, and desserts for sale. A children's area will keep the youngsters occupied with games and crafts. Free. 11am-5pm, Barrington Hall, 535 Barrington Drive, Roswell. More info: 770-641-3705 or www.roswellgov.com.

★ WOODSTOCK -July 4

Stars and Strikes July 4th Spectacular begins at 10am with a parade that startsat Woodstock Elementary School (230 Rope Mill Road, Woodstock) and follows main street to Sam's Club at Hwy 92. Food vendors, children's activities, musical entertainment, and crafts until 3pm at The Park at City Center, 101 Arnold Mill Road, downtown Woodstock. Fireworks begin at dusk behind the Target Shopping Center at Hwy 92 and I-575. More info: www.woodstockparksandrec.com.



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2016 JUNE + JULY COMMUNITY CALENDAR

Free Mulch. Cobb EMC offers free mulch from the clearance maintenance of Cobb EMC power lines. It is available throughout the year and can be delivered when crews are in your area. Free mulch is available to Cobb EMC members only. More info: 678-355-3413.

EVERY TUESDAY AND SATURDAY

Feeding Time at the Chattahoochee Nature Center. Join a naturalist for an in-depth look at one of their resident animals as they are being fed. 4pm. Admission: \$10/ adults. \$7/seniors and students ages 13-18. \$6/ages 3-12. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055.

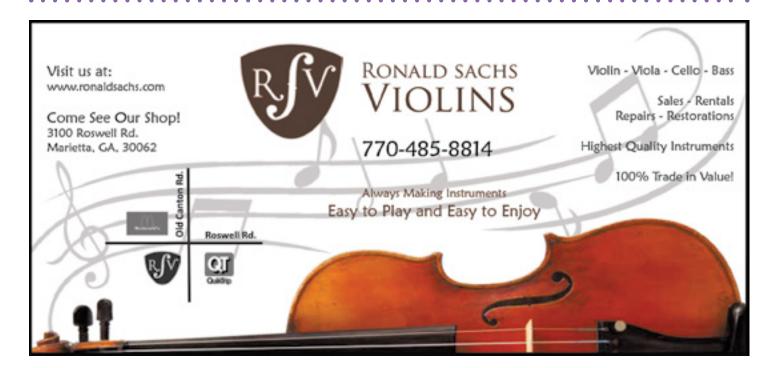
Trail Hikes. A docent guides you on a journey through the Chattahoochee Nature Center trails using biofacts and activities to spark you "natural" curiosity. 1pm and 3pm. Admission: \$10/adults. \$7/seniors and students ages 13-18. \$6/ages 3-12. Free/members and children under 3. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or www.chattnaturecenter.org.

EVERY SATURDAY

ECIC Free Clinic & Lab. East Cobb Islamic Center (ECIC), is offering a free medical clinic with laboratory work and prescription assistance programs to uninsured/underserved members of the community. They are partnering in this effort with The Georgia Health Care Program of the Georgia Department of Public Health to provide this service. 9am-12pm (no appointment necessary). East Cobb Islamic Center, 1111 Braswell Road, Marietta 30062. More info: 678-528-1414 or ecic.clinic@gmail.com.

THROUGH JUNE 26

Catch the Wave: The Coca-Cola Company and Mason Fine Art Collections. This exhibition features the original work of artists such as Norman Rockwell, Haddon Sundblom and Andy Warhol in addition to contemporary artists. Tues-Fri: 11am-5pm; Sat: 11am-4pm; Sun: 1-4pm. Admission: \$8/adults. \$5/seniors and students ages 6-18 or with ID. Free/members and children under 6. Marietta/Cobb Museum of Art, 30 Atlanta Street, Marietta. More info: 770-528-1444 or www.mariettacobbartmuseum.org.



JUNE 3 & JULY 1

Marietta Square Art Walk. Enjoy an evening of shopping, dining, and a variety arts & culture, down the charming streets of the Marietta Square. Top local dance, musical, visual and performing artists share their talent in front of the many boutiques, restaurants, galleries, and museums of the culturally rich and authentic Marietta Square. Every 1st Friday through November, 5-9pm. Parking is FREE. Come enjoy the in town culture and small-town charm this city center brings. More info: www.ArtWalkMarietta.com.

JUNE 4

9th Annual BBQ Ribfest Festival. Enjoy succulent slow cooked ribs with all the fixings! Includes baked beans, coleslaw, and iced tea or lemonade. Proceeds help send children to the Episcopal Community Center Emmaus House's summer camp program. \$15/ticket or 10 tickets for \$120, or for \$45 order a Boston Butt or Slab of Ribs for pickup. St. Peter and St. Paul Episcopal Church, 1795 Johnson Ferry Road, Marietta. More info/to pre-order: 770-977-7473.

Homeless Pets Foundation Yard Sale. Shop new and gently used items to help raise money for homeless cats and dogs. The Homeless Pet Foundation is a 100% volunteer-driven organization that rescues dogs and cats from Atlanta-area kill shelters and helps them find forever homes. 11am-3pm. 365 Villa Rica Way, Marietta. For more info: 770-971-0100 or www.homelesspets.com.

JUNE 4 & 5

Annual Flying Colors Butterfly Festival. Dance with butterflies to live music. Create arts and crafts, face painting, and entomology exhibits. Buy butterfly host plants and ask garden experts how you can attract butterflies to your garden. Wear your butterfly wings and march in the parade. Live butterfly releases on Saturday at 11am and 1:30pm; Sunday at 1:30pm and 3:30 pm. Bring your camera! Saturday: 10am-3pm. Sunday: 12-5pm. General Public: \$12. CNC Members: \$8. Ages 2 and under: free. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055, ext. 254, or www.chattnaturecenter.org.

JUNE 6-9, 13-16, 20-23, 27-30, JULY 5-8, 11-14, 18-21

Drivers Education presented by Marietta/Cobb Driver's Education. 30 hours of classroom instruction and 6 hours of individual training behind the wheel. This program meets the requirements for Joshua's Law and qualifies for the Teen Driver's Education insurance discount. 8am-4pm. \$385. Kell High School (4770 Lee Waters Road, Marietta), or Hightower Trail Middle School (3905 Post Oak Tritt, Marietta). More info: 770-429-3170 or www.mariettacobbdriverseducation.com.



JUNE 6-10, 13-17, 20-24, JUNE 27-JULY 1, JULY 5-9, 11-15, 18-22, 25-29

Driver Education Classes at Safe America. Licensed by the State of Georgia Department of Driver Services. 30 hours of classroom training, including the State required Alcohol and Drug Awareness (ADAP) training plus either 6 or 10 hours of private individual behind-the-wheel training with a licensed driver training instructor (individually scheduled in 2-hour increments within 6 months of classroom training completion). 9am-3:30pm. \$474/30 hours classroom + 6 hours behind wheel. \$524/30 hours classroom + 8 hours behind wheel. \$574/30 hours classroom + 10 hours behind wheel. Safe America Foundation, 2000 First Drive, Suite 310, Marietta. More info/ to register: 770-973-7233 or www.safeamericadrivers.org.

JUNE 6-JULY 23

Roswell Summer Puppet Series. Nationally-renowned puppeteers bring all varieties of puppets and marionettes to the stage for a collection of whimsical and captivating performances. Monday-Saturday: 10am. Additional shows Wednesday and Friday: 1pm. No performance on July 4th. Tickets: \$5/person or \$30/person for summer passes. Roswell Cultural Arts Center, 950 Forrest Street, Roswell. More info/tickets: 770-594-6232 or www.roswellpuppets.com.



JUNE 9

Rain Barrel Make & Take. A rain barrel is a rainwater harvesting system that you can make and connect to a downspout from your house or another building (school, church, office building, etc...). The water is collected in a large barrel and can then be used to water plants, wash your car, or let slowly percolate back into the groundwater system. Open to county residents only. One per household. More info: 770-528-1000 or www.cobbcounty.org.

JUNE 10-12, JUNE 16-19 & JUNE 23-26

West Side Story presented by Atlanta Lyric Theatre. This legendary musical follows two idealistic lovers caught between warring street gangs in New York City, featuring a famed Bernstein & Sondheim score. Thursday-Saturday: 8pm. Saturday, June 25: matinee at 2pm. Sunday: 2pm. \$38-\$58. Cobb Civic Center, Jennie T. Anderson Theatre, 548 S. Marietta Parkway, Marietta. More info/tickets: 404-377-9948 or www.atlantalyrictheatre.com.

TUNE 11

5-K-9 Run. The Northeast Cobb Business Association will host its annual "5-K-9" run with proceeds supporting the Cobb Sheriff's Department K-9 Unit. 8am. Registration is \$25 and can be done online. Race begins at Piedmont Church, 570 Piedmont Road, Marietta. More info/sponsorship/registration: 770-377-0072 or www.northeastcobbba.com or www.active.com.

13th Annual Back to the Chattahoochee River Race & Festival presented by Chattahoochee River Keeper in partnership with the National Park Service, Fulton County, and the city of Roswell. Enjoy live music, face painting, balloon artists and other family-friendly activities as well as vendors and environmental exhibits. Paddlers of all ages and skill levels will take to the water at 9am at Garrard Landing Park on Holcomb Bridge Road. The race ends at Riverside Park (575 Riverside Road, Roswell) where the festival takes place from 10am-3pm. More info: www.chattahoochee.org.

26th Annual Creeper's Car Show sponsored by Creeper's Car Club. Music, food, swap meet, vendors, door prizes. Proceeds from the show will go to the Children's Miracle Network and the Special Olympics of Georgia, Cobb County. 9am-4pm. \$5/person (children 12 and under free). Jim Miller Park, 2245 Callaway Road, Marietta. More info: Darwin Stanfield 404-697-6253 or www.creeperscarclub.com.

The Magnolia Ball benefiting Bulloch Hall. Come celebrate the Bulloch family's Scottish heritage this year. Black tie or kilts. 7pm. \$150. Dunwoody Country Club, 1600 Dunwoody Club Drive, Atlanta. More info: 770-992-1731x2.

JUNE 11

Roswell Lavender Festival honors and commemorates the beauty and various uses of this ancient herb in a lively family-friendly setting featuring a variety of demonstration booths, vendors, crafts, and performances as well as educational booths and lavender plants for sale and live musical performances throughout the day. 10am-5pm. Free. Barrington Hall, 535 Barrington Drive, Roswell. More info: 770-640-3855 or www.southerntrilogy.com.

JUNE 11 & JULY 9

Trail Work Day. Join the Kennesaw Mountain Trail Club, a group of volunteers invite participants to join them for a Trail Work Day to help maintain the 20 plus miles of trails in the Kennesaw Mountain National Battlefield Park. 8:30am-1pm. Meet in the new parking lot on Old Highway 41. Kennesaw Mountain National Battlefield Park, 900 Kennesaw Mountain Drive, Kennesaw. More info: www.kennesawmountaintrailclub.com.

JUNE 11 & JULY 16

Smyrna Summer Concert Series. Summer music on the Village Green. The Retreat (June 11) and The Get Right Band (July 16). 7-10pm. Free. Village Green, 200 Village Green Circle, Smyrna. For more info: 770-434-6600 or www.smyrnacity.com.

JUNE 11-18 & JULY 2-9

The Flag Project. Flags are installed by Marietta Kiwanians who place the flags around Cobb County on six nationally recognized holidays each year-Memorial Day, Flag Day, July 4th, Labor Day, September 11th and Veteran's Day. The proceeds from this project fund Kiwanis Scholarships and other club programs, projects, and grants of the Marietta Kiwanis Foundation. Call to get flags displayed at your home or business. \$25/year/flag. More info: 770-432-1760, pathuey@comcast.net or www.mariettakiwanis.org.

JUNE 11 & 25, JULY 9 & 23

Marietta Square Artists Market features artwork created by juried artists showcasing the best of local work. 9am-2pm. Mill Street near Marietta Square. More info: www.artistsmarketmarietta.com

JUNE 12 & JULY 10

Greater Atlanta Coin Show. View and buy from displays of coins, currency, and bullion at more than 35 different coin dealers. This monthly coin show welcomes everyone, whether new to the collecting hobby, experiences numismatists familiar with the bourse, or just someone curious about a coin show. 9am-5pm. Free. Hilton Atlanta/Marietta Hotel & Conference Center, 500 Powder Springs Street, Marietta. For more info: 770-772-4359 or www.atlcoin.com.

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JUNE 12 & JULY 10

Sundays on the River Concert Series. Big Band Swing shows featuring the Joe Grandsen Jazz Quintet on June 12 (7:30pm) and Bob Bakert and Friends on July 10 (7pm). Admission: \$17.50 for lawn seating, \$22.50 for table seating. Bring some food and friends and enjoy a night of music. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info/tickets: www.chattnaturecenter.org or www.atlantaplaysitforward.org.

JUNE 14 & JULY 12

Pop-In for Pop Culture. Explore the Museum in a whole new way! Every 2nd Tuesday evening the galleries will "Pop Open" for a night of Pop Culture from the 1950s and 60s. Enjoy reminiscing about the music, food, games and so much more! The activities and food tastings are FREE and included in the price of admission. \$7/Adult; \$5/Student and Seniors; Active Military with ID, Members & Children under 5 – Free. Marietta Museum of History, 1 Depot Street, Suite 200, Marietta. Directions to Zoom/More info: 770-794-5710 or www.mariettahistory.org

JUNE 15

Zach Seabaugh & Emily Ann Roberts live at the Cobb Energy Performing Arts Centre. Season 9's "The Voice" star Zach Seabaugh will share the stage with fellow contestant and finalist Emily Ann Roberts for a onenight-only show. 8pm. Tickets: \$40-\$99. Cobb Energy Centre, 2800 Cobb Galleria Parkway, Atlanta. More info: 770-916-2800 or www.cobbenergycentre.com.

JUNE 15-16

Defensive Driving/Driver Improvement Class presented by Safe America. If you are already driving but want to lower the cost of your car insurance or if you've gotten a traffic ticket and need to take a defensive driving class, this class is for you. 6-hour class taught by certified instructors. 6-9pm. Court ordered/point reduction: \$95. Insurance rate reductions only: \$30. Safe America Foundation, 2000 First Drive, Suite 310, Marietta. More info: 770-973-7233 or www.safeamericadrivers.org.

JUNE 17-18

Cobb Classic Rodeo. Bareback riding, bull riding, steer wrestling, tie down roping, team roping, barrel racing, trick riding and rodeo clowns! Proceeds go to Cobb County Sheriff's department. 8pm. \$15/adults.\$12/children. Children under 5: Free. Jim Miller Park, 2245 Callaway Road, Marietta. More info:770-684-7277.



5645 \$50!

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Where Smart Kids Get Smarter.

Get Your Event Listed!

We'll need: event name, date, description, ticket prices, times/hours, site address, phone number, email, and web address. The deadline for the Community Calendar is the 15th of the month prior to the next issue. Email your info to: calendar@eastcobber.com. Be sure to include any related photos and/or posters.

JUNE 17-19

Gone with the Wind's 80th Anniversary. Celebrate 80 years of Gone with the Wind in the Square! The Marietta Gone with the Wind Museum presents a celebrity lineup of speakers and authors, as well as never-before-seen sections of the set used in the film, memorabilia collection tips from experts, and author book signings. \$180 for a full-weekend ticket; individual event tickets also available. Marietta Gone with the Wind Museum, 18 Whitlock Avenue, Marietta. More info/tickets: 770-794-5145 or www.gwtwmarietta.com.

JUNE 17-19 & JUNE 24-26

Thoroughly Modern Millie, Jr., the Musical. With the show-stopping dance numbers the Strand is known for and the catchy songs from the hit Broadway musical, The Earl Smith Strand Theatre will welcome young performers grades 9-12 back to its stage. Fridays: 8pm; Saturdays: 8pm; Sundays: 3pm. \$10/person. The Earl Smith Strand Theatre, 117 North Park Square, Marietta. More info: 770-293-0080 or www.earlsmithstrand.org.

JUNE 18

AARP Driver Safety Class. Learn defensive driving techniques, safety strategies, new traffic laws, and rules of the road. Completing this course can earn you a multi-year discount on your car insurance! Bring your own lunch for the half hour break.11:30am-6pm; registration begins at 11. \$15 for AARP members; \$20 for non-members. Switzer Library, 266 Roswell Street, Marietta. More info: 404-558-5255 or email gbrownga99@gmail.com.

TUNE 18

Candlelight Concert-Dappled Grays. The Dappled Grays have been called "Atlanta's Bluegrass Band" and they are currently playing in support of their forthcoming album, "Last Night, Tomorrow". Gates open at 7pm. Concert starts at 8pm. Tickets: Lawn Free; No lawn chairs allowed. Tickets: Tables \$60 (seats six, no refunds). Mable House Barnes Amphitheatre, 5239 Floyd Road, Mableton. More info: 770-819-3285 or www.mablehouse.org.

Dream Dash 5K benefiting the Kennesaw Dream Foundation and their Kennesaw Teen Center. Late registration: 6:30am. Race start: 8am. \$25 in advance. \$35 race day. Kennesaw First Baptist Church, 2958 North Main Street, Kennesaw. More info/registration: www.dd5k.com or www.active.com.

JUNE 20

Family Promise of Cobb County Golf Outing. Family Promise is a new program helping homeless families and their children in Cobb County find and keep housing. Join their golf outing at Indian Hills Golf Club to help fund the program! Each golfer will receive a gift bag and raffle tickets will be sold the morning of the event. Registration begins at 7:30am; golf from 9am-3pm. \$125/player or \$500/foursome (includes golf cart and lunch). Indian Hills Country Club, 4001 Clubland Drive, Marietta/East Cobb. More info: 678-594-3150 or www.familypromisecobbcounty.org.





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TUNE 20

Trojans on the Links Golf Tournament benefiting the Lassiter football program. Contests for golfers of all skill levels. Top 3 Winning Teams, \$10,000 Putting Contest, Closest to the Pin, Hole In One, Longest Drive, Silent Auction, and Raffle. Registration: 7am; Shotgun Start: 9am. \$125/player; \$450/team. Sponsorships available. Towne Lake Hills Golf Club, 1003 Towne Lake Hills East, Woodstock. More info: 770-592-2222 or www.lassiterfootball.net.

TUNE 21

Cobb Executive Women (CEW) Summer Social. Attend an exclusive wine-tasting at Paces & Vine, owned by Tom Murphy and Ian Winslade, both of the acclaimed Murphy's restaurant in Virginia Highlands. 5:30pm. CEW Members: \$30 online; \$35 at door. 11:30am-6pm; registration begins at 11. Guests: \$40 online; \$45 at door. Paces & Vine, 4300 Paces Ferry Road SE, #250, Atlanta. More info: 770-980-2000 or www.cobbchamber.org.





JUNE 24

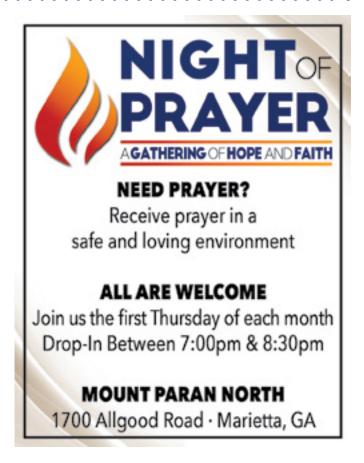
Glover Park Concert Series: Sons of Sailors-a Jimmy Buffett Tribute Band. Bring a blanket and picnic dinner or dine in one of the many fine restaurants on the square and enjoy a free concert. Blankets and lawn chairs allowed after 4pm. Concert at 8pm; tables available for rent. Marietta Square. More info: 770-794-5601 or www.mariettaga.gov.

Movies at Mountain View-Karate Kid. It's Elementary! Bring a pillow and a dry snack and meet in the Children's Programming Room for this entertaining movie. Children under the age of 8 must be accompanied by an adult. 3-5pm. Registration is not required. Mountain View Regional Library, 3320 Sandy Plains Road, Marietta/East Cobb. More info: 770-509-4964 or visit the Children's Reference Desk.

JUNE 24 & 26

Patriotic Celebration Concert. The 110-voice RUMC Sanctuary Choir and the 52-member Atlanta Wind Symphony lead this popular community celebration of American music. Friday: 7:30pm. Sunday: 3pm. Free, but ticket required for seating. Roswell United Methodist Church, 814 Mimosa Boulevard, Roswell. Complimentary tickets are available in the Main RUMC Office and in the Worship Arts office; 814 Mimosa Boulevard, Roswell. More info: 770-594-0512 or amoore@rumc.com.





The BOSS Is Back! **Cleaning Up East Cobb** One Home At A Time!

Starting July 1, 2016, a familiar face returns to East Cobb to launch a new breed of Sanitation Company. His name is Jim. His family came to Cobb in the late seventies and put down roots. Since then, Jim has spent the vast part of his life in waste remediation, and is one of the founders of Robertson Sanitation. Today, Jim is back to stay and has a fire in his belly launching Big Orange Sanitation or simply just "BOSS". He wants to earn your business.

Talk to Jim and you'll be impressed with his passion for waste remediation and how his new waste company can effect change toward a cleaner future through a partnership with his customers, the residents of Cobb. He believes Cobb County is the smartest place to start changing the world because Cobber's have shown, time and time again, that they don't wait for someone else to help them. They organize and do it themselves.

Look around and you'll agree we have a waste challenge. Our own garbage is killing us. Americans produce over 429 million tons of waste per year. That's about 1.6 pounds per person, per day! Jim believes garbage doesn't have to be put in landfills any longer. His long range plan is to collect it...and then convert it to energy. Jim laughs when he says; "The technologies to convert waste into energy has been around since

World War II. Our version is simply the cleanest technology available today".

Processes like the one Jim is excited about recycle everything made of carbon. That's 95% of everything on the planet. Precious metals are sifted and sold as scrap and cement is made benign. The carbon is reconstructed into clean and useful commodities.

Lofty goals? Not to Jim. He'll tell you "Rome wasn't built in a day". The first step? Bring back customer service and build safer

trucks and equipment. Safety means everything to BOSS. He urges customers to think about who's driving down the street kids play on. He believes the competition has become slow, complacent, lazy and unsafe! Jim thinks this is unsatisfactory. He's going to change that again like he did once before in his early days when he asked the majors why the equipment was so unreliable? The answer was "this is how it is." "Nonsense", says Jim. "In aerospace, if Delta can fly an airplane 15 hours a day for 20 years, with no breakdowns, so can the waste industry. This is not rocket science. It's just a truck!"

He's out to change that. He expressed his concerns to major truck makers. He asked if they could build a more reliable truck. The answer was; "Why should we do that? We sell as many trucks as we can build!" Jim thought this was nonsense. Freightliner took interest. Only six months later, the first Freightliner FL-70 refuse truck was born and ready for field testing in East Cobb by Roberson. Eight years later, the FL-70 was the number one selling residential refuge truck in the country. The hardest part in building the prototype was not the anti-lock brakes and traction control. You can thank the aerospace industry for that. Amazingly it was something simple...like turning radius. The challenge? Ah! Get the truck to turn around in an East Cobb cul-de-sac without backing up!

Another challenge was installing the engine in the truck so that the hood would be sloped enough for the driver to easily see a young child in front of the truck. Today, due in no small part

to Jim, these are standard features on school buses today.

This was 1990, Freightliner built it. Today, Jim will apply all of that to Big Orange. Boss equipment will be safer, cleaner and more fuel efficient.

> Today, Jim is again teaming with Freightliner to develop new safety technology that only BOSS will have. That takes care of equipment and safety.

Regarding service, Jim's people will be in uniform, trained to be kind, courteous and go the extra mile with service. Jim realizes people have a choice in who they choose in a

subscription market.

Boss's goal is to impress customers with a quality of service they haven't seen in years. Jim says; "there is no reason why people have to put up with poor attitudes, poor equipment and poor service. I'm going to change that and set an example. He hopes you'll join him.

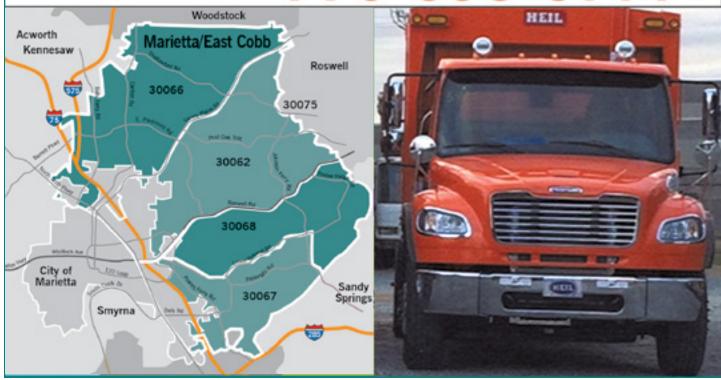
EAST@COBBER



FOR YOUR CONSIDERATION
STARTING JULY 1, 2016
BIG ORANGE SANITATION
IS STARTING RESIDENTIAL
WASTE COLLECTIONS IN THE
FOLLOWING ZIP CODES

30062, 30066, 30067, 30068 UNMATCHED SAFETY & SERVICE 3-MONTHS FREE WITH THIS AD! CALL NOW

770-693-5777



JUNE 25

Georgia Dachshund Races benefiting Dachshund Rescue Education Awareness and Mentoring (DREAM). Bring your chair and relax. Raffles, food, races and contests for best costume, size and age, nose, and much more. Doors open at 9am. \$5 admission. Jim Miller Park, 2245 Callaway Road, Marietta. More info: 770-934-2853.

JULY 1 & 2

An American Celebration 2016 featuring the Johnson Ferry Choir and Orchestra. Ice cream social following the concert in the Fellowship Hall. 7pm. Free. Preschool childcare offered. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-973-6561 or www.johnsonferry.org.

JULY 2

Roswell Riverside Sounds presented by the City of Roswell. Featuring Grace & the Victory Riders who combine world flavors and rhythms with pop songwriting and a message of social consciousness. Free. Riverside Park, 575 Riverside Road, Roswell. More info: 770-641-3705 or www.roswellriversidesounds.com.

JULY 4

Cobb County Republican Picnic. Star-Spangled Celebration is indoors with air conditioning. Elected officials and candidates for the 2016 Runoff elections will attend. Music and guest speaker. Williamson Brothers Bar-B-Q will provide barbecue pork and chicken, along with hot dogs, baked beans, slaw and all the fixins. Straw Poll for the U.S. Presidential race! Fun event for the entire family. \$15/adults (ages 12 and up) and \$5/children (ages 6 to 11). Children 5/free. Jim Miller Park, 2245 Callaway Road, Marietta. More info: 770-272-0458 or www.cobbgop.org.

JULY 5-8

Cut and Collect Hair-A-Thon. Annual event to cut and collect hair that is clean and dry and 8-10+ inches long. The hair is donated to Pantene Beautiful Lengths and Locks of Love to provide wigs for children fighting cancer. 9am-7pm. \$25/adult; \$16/child. Kids Kuts Salon, 2323 Shallowford Road, Marietta. More info: 770-924-4950 or mykidskuts.com.

Terrell Mill Junior Open Championships. Junior USTA tennis tournament. Entry fee: \$25 singles; \$15 doubles per player. Tournament fee includes a \$3 (non-refundable) USTA service fee for online or website registration. Terrell Mill Park, 480 Terrell Mill Road, Marietta. More info: 770-644-2771.



Butterfly Encounter

June 6 through July 31

Included with General Admission



Make Memories

up-close encounters with butterflies

photo opportunities

feeding opportunities

nectar and host plants for sale

Encounter Hours

Mondays-Saturdays, 10 AM - 4:30 PM

and Sundays, Noon-4:30 PM

770-992-2055 x238 • chattnaturecenter.org • 9135 Willeo Rd., Roswell, GA 30075

COMMUNITY CALENDAR

JULY 10

8th Annual GA 400 Hospitality Highway Bike Ride. Come ride your bike on the forbidden GA Hwy 400. We close all lanes so you can ride safely and get the thrill of a lifetime. Join 2,000 other riders to embark on a memorable ride of 9, 27, 45, 60, or 100 miles throughout the best roads in North Georgia filled with horse farms and small country roads. Registration: 5:30am; Ride: 7am. Cost: \$30-\$60. Start/Finish point is located in Sky Zone parking lot in the Kings Market Shopping Center, 1425 Market Boulevard, Roswell. More info: www.ga400century.com

Concerts by the Springs: Electric Avenue presented by City of Sandy Springs. 7-8:30pm. Lawn opens at 5pm. Free. Heritage Green, 6110 Bluestone Road, Sandy Springs. More info: 404-851-9111, ext. 4 or www.heritagesandysprings.org/concerts-by-the-springs.

JULY 11

Cobb Chamber First Monday Breakfast. 7:30am. General admission: \$60. Members: \$30 online (by noon, July 6). \$45 at the door. Cobb Energy Performing Arts Centre, 2800 Cobb Galleria Parkway, Atlanta. More info: 770-980-2000 or www.cobbchamber.org.

JULY 13

Healthy Seasoning with Herbs. The Family and Consumer Science Department of Cobb Cooperative Extension invites you to learn the many uses of herbs in the kitchen. Explore ways to grow herbs in small spaces, harvest your herbs so that they can be stored and used later and how to cook with herbs for a healthier you. 2-3pm. East Cobb Library, 4880 Lower Roswell Road, Marietta. More info: 770-509-2730 or www.cobbcat.org/venue/east-cobb-library.

TULY 15-16

Antique Gun & Military Collectibles Show & Sale. Friday: 12-5pm. Saturday: 9am-4pm. \$7/adults; \$1/ages 7-12. 2 day pass \$10. International Association of Machinists and Aerospace Workers, Local Lodge 709, Union Hall, 1032 South Marietta Parkway, Marietta. More info: 704-282-1339 or richard@thecarolinatrader.com.

JULY 15-17

Joseph and the Amazing Technicolor Dreamcoat presented by the Atlanta Lyric Theatre. The first full-length musical by the legendary theatrical team of Sir Andrew Lloyd Webber and Tim Rice, it is a lovely, comic, and colorful journey through the Biblical story of young Joseph. Friday & Saturday: 8pm. Sunday: 2pm. \$40.25-\$61.50. Cobb Energy Performing Arts Centre, 2800 Cobb Galleria Parkway, Atlanta 30339. More info: 770-916-2800 or www.cobbenergycentre.com.



JULY 15-24

Marietta Camp meeting Praising God! Starts with a covered dish picnic at 6pm on Friday followed by the first service at 7:30pm. Services will be held twice daily (11am and 7:30pm) the remaining days ending with the 11am Communion Service on Sunday, July 24. Guest pastors and speakers. Free and open to the public. 2301 Roswell Road, Marietta. More info: www.mariettacampmeeting.com.

JULY 18

Let's Chew the Fat! Why does it seem so hard to manage your weight? Are there any weight loss plans out there that really work? This program will discuss these questions and provide insights and tips for weight loss and maintaining a healthy weight. Presented by Registered Dietician, Alison Curtis MS RD. 3-4pm. Registration is required. Mountain View Regional Library, 3320 Sandy Plains Road, Marietta. More info: 770-509-2725 or www.cobbcat.org.

TULY 23-24

40th Annual Collectible Glass Show and Sale presented by Peach State Depression Glass Club. Nationally recognized dealers. Antique and vintage glass, pottery, Depression Era glass, kitchenware and dinnerware. Saturday: 10am-5pm. Sunday: 10am-4pm. \$8, cash only (good both days) or \$10 to include private early entry Saturday 8:30-10am. Cobb County Civic Center, 528 S Marietta Parkway, Marietta. More info: 770-434-3753 or www.psdgc.com.

Peach State Summer Sieger, an International All Breed Canine Association (IABCA) dog show. 9am-5pm. Jim Miller Park, 2245 Callaway Road, Marietta. More info: 503-316-9860 or www.iabca.com.

JULY 29

Glover Park Evening Concert Series: Members Only–'80s Party Band. Bring a blanket and picnic dinner or dine in one of the many fine restaurants on the Square and enjoy a free concert. Blankets and lawn chairs allowed after 4pm. Concert at 8pm. Tables available for rent. Marietta Square. More info: 770-794-5601 or www.mariettaga.gov.

JULY 30

Atlanta Back 2 School Food Festival. This kid friendly event features food, music, clothing, and information on health, education, art, and after-school care programs for families. Enjoy a culinary experience from Metro Atlanta's restaurants, caterers, and food trucks. Kids can enjoy the fun zone, equipped with inflatables, waterslides, rock climbing wall, bungee jumping, and bouncy houses. Kids bring swimwear and a towel! 12:30-6:30pm. Free Admission with donation of school supplies. Parking is \$5. Food and Fun Zone tickets additional fee. Jim Miller Park, 2245 Callaway Road, Marietta. More info: www.ATLFoodFest.com.



JULY 30

East Cobb Rotary Dog Days 5K/1 Mile/Tot Trot. Proceeds benefit local and international service projects of the East Cobb Rotary Club. 6:30am/registration opens; 7:30/5K; 7:45am/1 mile fun run; 8:30am/Tot Trot. \$20/early registration (by August 23). \$30/race day or for phantom runner. Start and finish at McCleskey-East Cobb YMCA, 1055 East Piedmont Road, Marietta/East Cobb. More info: Ken Crowell, 404-510-7939 or www.eastcobbrotary.com.

JULY 31

Georgia Bridal Show. Brides get great ideas and see the latest trends and find everything needed to create the wedding of your dreams. Meet face to face with wedding professionals, taste samples of cakes and foods, enjoy a fashion show, look at flower arrangements, and more! 12-5pm. Tickets: \$12 online, \$15 at the door. Cobb Galleria Centre, Two Galleria Parkway, Atlanta 30339. More info: 1-800-532-8917 or www.EliteEvents.com.

AUGUST 5

Marietta Square Art Walk. A free, self-guided tour of historic Marietta Square's eclectic art scene. Art galleries, museums, cultural venues, restaurants and boutiques hosting artists within their businesses will display an Art Walk banner in their window. Maps available at each participating location and at the Marietta Welcome Center. 5-9pm, rain or shine. Historic Marietta Square. More info: www.ArtWalkMarietta.com.

AUGUST 6

6th annual Hero Run 5K Race. Run through historic downtown Kennesaw to raise money for wounded veterans of Iraq and Afghanistan. Awards for top 3 male/female runners in 14 age brackets plus top 3 teams. Registration at 6:30am, 1-mile fun run at 7:30am, 5K race at 8am. Races start in front of Kennesaw First Baptist Church, 2958 N Main Street, Kennesaw. More info: 770-427-3109, www.herorun.us or www.active.com.

Roswell Riverside Sounds. The Get Right Band promises dance-party fun with their funk-rock-reggae music. 7-9pm. Free. Riverside Park, 575 Riverside Road, Roswell. More info: 770-641-3705 or www.roswellriversidesounds.com.



EAST COBBER's Frugal FunMom Is Here to Help Your Family Beat the "I'm Bored!" Summertime Blues



It's time to kick off summer fun in East Cobb! EAST COBBER's Frugal FunMom is back again this summer with more affordable activities to keep the whole family off the couch. Moms and dads can make family memories throughout the summer by checking the EAST COBBER Facebook page for a Frugal Fun Mom "activity of the day" that is FREE or inexpensive. Be sure to check eastcobber.com's kids & family blog every Thursday night for a weekly summary of family-friendly and budget-friendly activities to help you plan your upcoming week. Have a great summer!



www.eastcobber.com

EAST©COBBER

East Cobb's premier source for local info since 1993.

770-640-7070

PET OF THE MONTH: MICKY

Submitted by Mary Makucin



Animal/Breed: Dog/Chihuahua

Age & Gender: Male, 13 years old

Favorite Food: Freeze dried chicken

Favorite Person: Loves everyone

Best Trick: Posing for pictures

Turn Ons: Treats

Turn Offs: Going to the vet

Favorite Toy: Rawhide chews

Last Seen: Resting on the couch

What makes your pet so special: Always

ready to participate

Should Your Pet Be Our Pet of the Month?

Fill out the information on your pet and send it to: EAST COBBER, P.O. Box 680455, Marietta, GA 30068. Please include a picture with your entry. Or email description and a jpg to: petomonth@eastcobber.com

Pet's Name:
Animal/Breed:
Age & Gender:
Favorite Food:
Favorite Person:
Best Trick:
Turn Ons:
Turn Offs:
Favorite Toy:
Last Seen:
What makes your pet so special:
Owner's Name:



RESCUED TOO! RE-OPENS AT NEW LOCATION



escued Too!, an upscale resale store, has moved from their Paper Mill Village location to the corner of Lower Roswell Road and Woodlawn Drive.

All sales from Rescued Too! go directly to the non-profit Mutt Madd-ness Dog Rescue, which rescues dogs from euthanasia at Georgia's high-kill shelters. Mutt Madd-ness' long-term goal is to open a no-kill shelter facility, where rescue dogs will be cared for and nurtured while they wait for their forever families to find them.

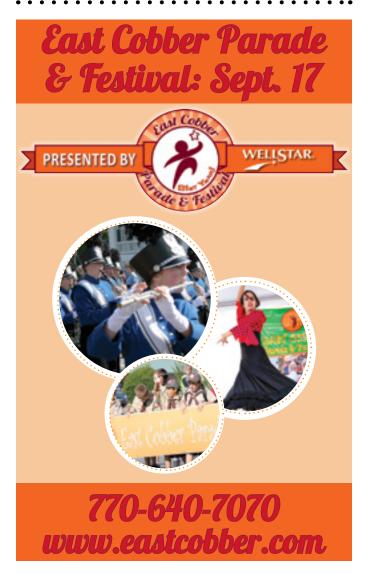
Want to help? When you donate gently-used furniture, home, and garden items to Rescued Too!, the sale of your donated items goes to the care and management of the dogs at Mutt Madd-ness.

Rescued Too! is located at 4665 Lower Roswell Road in Marietta/East Cobb. For more information, you can call the store at 770-226-9858 or visit www.rescuedtoo. org. For more information about Mutt Madd-ness, call 404-406-6322 or visit www.muttmaddness.org. ©



(That's Dog Talk for "You'll LOVE advertising in the EAST COBBER!") More Info: 770-640-7070





DINING GUIDE

Basil Wraps

>Mediterranean Serving the best Mediterranean food in Marrietta/Kennesaw area. Chicken/beef gyros, kabob, shawerma, kofta, falafel, and much more. An unforgettable cultural experience. 2800 Canton Road

Marietta, GA 30066 Mon-Sat: 11am-8pm 770-514-9990 www.basilwraps.com

..... Bradley's Bar & Grill

>American The friendliest neighborhood dive bar in East Cobb with great bar food, great customers & great staff!

4961 Lower Roswell Road Marietta 30068 Mon-Sat: 11:30 -2am 770-321-0108

www.bradleysbarandgrill.com

Brixx Wood Fired Pizza

>Pizza

We specialize in gourmet 10" thin crust, six slice pizzas. 24 craft beers on tap, 14 wines by the glass, full bar. Outside patio seating and take-out. We offer gluten-free, vegetarian and vegan options. Family friendly atmosphere

4475 Roswell Road, Ste. 1700 Marietta 30062 Mon-Sun: 11am-10pm 678-903-4410

www.brixxpizza.com

..... Café Life at Life Grocery

>Vegetarian Healing, Wellness, & Healthy Food for the Mind, Body & Soul. Choose from a variety of organic vegan foods. 1453 Roswell Road Marietta 30062 Mon-Sun: 12-5pm

770-977-9583 www.lifegrocery.com



SERVING EAST COBB SINCE 1992 3130 JOHNSON FERRY ROAD | MARIETTA | 770-640-1731 Come hungry. IHOP Leave happy. VOTED #1 IN FAMILY DINING KIDS EAT FREE EVERYDAY: 4-10PM Including Holidays and Weekends! *ONE FREE KIDS MEAL OFF THE "JUST FOR KIDS" MENU PER ADULT ENTREE FOR KIDS UNDER 12 SENIORS: BUY ONE ENTREE GET ONE FREE MONDAYS & TUESDAYS: 3 - 10PM *ONE FREE MEAL OFF THE "SENIOR" MENU

Cookies By Design

>Cookies

Cookies by Design created the world's first cookie arrangement more than 20 years ago and continues to provide customers with gift-giving arrangements of individually hand-decorated cookies for every occasion. 3101 Roswell Road Marietta 30062

Mon-Fri: 9am-6pm Sat: 10am-3pm 770-578-0200

www.cookiesbydesign.com/ locations/Georgia/ Marietta/30062

Corner Pizza

>Pizza

Fast casual, full service neighborhood pizzeria utilizina only the finest ingredients. In store made dough, bread, sauce, and dressings equate to an exceptional experience. 4651 Woodstock Road NE Suite 305

Roswell 30075 Mon-Sun: 11am-10pm 770-518-1701

www.cornerpizza-atl.com

.....

Edible Arrangements

Delicious, high quality, artistically designed fresh fruit arrangements that are practical and healthy gifts and centerpieces for everyday occasions and events.

• Parkaire Landing **Shopping Center** 4880 Lower Roswell Road Suite 820 Marietta 30068

• Target Shopping Center 1125 Woodstock Road Suite 300 Roswell 30075

Mon-Fri: 8am-7pm, Sat: 8am-5pm Sun: 8am-1pm 770-579-7081

www.ediblearrangements.com

Frankie's New York Style Italian **Ristorante and Pizza**

>Italian

Authentic New York Style Italian food and hand tossed pizzas. Offers catering for your events. Delivery after 5pm. Half price wine on Mondays. "Employee Discounts" to all Police, Fire and EMS. 3100 Roswell Road Marietta 30062 Mon-Sat: 11am-10pm; Sun: 12-9pm 770-578-6608 www.frankiesonroswell.com

Steak, Sushi, Thai

>Japanese & Thai \$1 Sushi every Monday night dine-in only. Hibachi Early Bird Special from \$10 every day before 6pm. Voted Best Asian Restaurant in East Cobb. 1255 Johnson Ferry Road, Suite 1 Marietta 30068 Mon-Sun: 11:30am-10pm 678-560-8071 www.fujihanaeastcobb.com

Highlands Sports Bar and Grill

>American East Cobb's newest non-smoking, family friendly sports bar with 22 HDTV's, Buzztime Interactive Trivia and games, Team Trivia on Wednesday's, Bingo on Tuesday's, DJ/Karaoke on weekends. Daily food and beverage specials, (\$5.99 daily lunch specials). Enjoy this football season with Highlands Sports Bar and Grill. 2940 Johnson Ferry Road,

Marietta 30062 Sun-Wed: 11:30am-11:30pm; Thurs-Sat: 11:30-2am 770-643-0138



Reel

>Fresh Seafood, Steaks, Chicken & Pasta Chef-driven, casual fine dining, Extensive wine list and specialty cocktails. A great date place! 8670 Main Street Historic Woodstock Woodstock 30188 Lunch: Mon-Sun: 11:30am

Dinner: Sun-Thurs: 4-10pm;

Fri-Sat: 4-11pm

Brunch: Sun: 10:30am-3:30pm

770-627-3006

www.reel-seafood.NET

Tavola Italian Kitchen & Bar

>ltalian

Family-owned and operated.
Bringing East Cobb authentic
Italian food and pizza for more
than two decades. Veal, seafood,
chicken, steak, pasta, NY-Style pizza & Italian desserts. A large bar
with beer, wine, and liquor.
4719 Lower Roswell Road

Marietta 30068

Mon-Thurs: 4-10pm;

Fri-Sat: 4-11pm; Sun: 11am-10pm

770-575-3001

: www.tavolaga.com





Join us online every Friday for a free giveaway! FRIEND US NOW and try to win.

Facebook.com/East Cobber



Restaurant Health Inspections

The following are the results of inspections done by the Environmental Health Division of the Cobb County Health Department.

Grading scale: A=100-90, B=89-80, C=79-70, U=69 or less. A grade of New is

for new restaurants or in case of a change of ownership.							
Restaurant	Inspection Date	GRADE					
Asahi Japanese Steak & Sushi 2960 Shallowford Road, Suite C 9-11 Marietta 3006	61/5/16	96 A					
BBQ 1 4944 Lower Roswell Road Marietta 30068	1/5/16	82 B					
Biscuits and More 3162 Johnson Ferry Road, Suite 140 Marietta 30062	4/6/16	100 A					
Bradley's Bar & Grill 4961 Lower Roswell Road. Suite 117 Marietta 30068	3/25/16	87 B					
California Pizza Kitchen 4250 Roswell Road, Suite 620 Marietta 30062	3/17/16	100 A					
Coldstone Creamery 640 Johnson Ferry Road, Suite 110 Marietta 30068	2/23/16	100 A					
Fresh to Order 1333 Johnson Ferry Road Marietta 30068	3/7/16	97 A					
Gyro Village 4751 Sandy Plains Road Roswell 30075	2/5/16	87 B					
International House of Pancakes 3130 Johnson Ferry Road Marietta 30062	2/4/16	100 A					
Keegan's Public House 4401 Shallowford Road, Suite 136 Roswell 30075	3/4/16	100 A					
Kumo Hibachi Sushi 2595 Sandy Plains Road, Suite 103 Marietta 30066	1/6/16	89 B					
Los Bravos 2125 Roswell Road, Suite B-40 Marietta 30062	1/12/16	92 A					
Moxie Burger 255 Village NE, Parkway, Suite 110 Marietta 30067	4/12/16	96 A					
New Lucky China 3045 Gordy Parkway, Suite 104 Marietta 30066	3/4/16	96 A					
Niecy's Rendezvous Cafe 4665 Lower Roswell Road, Suite 101 Marietta 30068	3/17/16	89 B					
Paradise Grille 3605 Sandy Plains Road, Suite 165 Marietta 30066	1/15/16	99 A					
Peace Love & Pizza 1050 E Piedmont Road, Suite 154 Marietta 30062	2/11/16	89 B					
Shangrila Bistro 3545 Canton Road, Suite 102 Marietta 30066	2/29/16	100 A					
Willy's Mexicana Grill #20 4250 Roswell Road, Suite 120 Marietta 30062	3/17/16	100 A					

LOCAL FARMERS MARKETS OFFER FRESH FOODS

Farmers markets are gaining popularity in and around Cobb County thanks to farmers with organic fruits and vegetables, gardeners with fresh flowers and plants, and makers of all sorts of edible home goods – from yummy desserts to local raw honey and homemade sauces and jellies. If you're craving locally-grown, fresh produce, here's a list of farmers markets close to East Cobbers:

ACWORTH FARMERS MARKET

Acworth First Baptist Church 4583 Church Street, Acworth May-October: Fridays, 8am-12pm

More info: 770-917-1234

www.acworth.com/farmers-market

HERITAGE SANDY SPRINGS FARMERS MARKET

Century Springs East Lot 6100 Lake Forest Drive NE, Sandy Springs April-November: Saturdays, 8:30am-12pm

www.heritagesandysprings.org

KENNESAW FARMERS MARKET

Depot Park

2829 Cherokee Street, Kennesaw

May-September: Mondays, 3:30-7:30pm

More info: 770-794-7075

www.kennesaw.com/kennesaw-farmers-market

MABLETON FARMERS MARKET

Mable House Barnes Amphitheatre

5239 Floyd Road, Mableton

May-Aug: Thursdays, 8:30am-12:30pm

More info: www.wholesomewavegeorgia.org

MARIETTA SQUARE FARMERS MARKET

Historic Marietta Square 65 Church Street, Marietta April-Dec:Saturdays, 9am-12pm May-Oct: Sundays, 12-3pm More info: 770-499-9393

www.mariettasquarefarmersmarket.net



POWDER SPRINGS FARMERS MARKET

Lost Mountain Park

4845 Dallas Highway, Powder Springs

May-Oct: Tuesdays, 3-7pm More info: 770-608-1119

ROSWELL FARMERS & ARTISANS MARKET

Roswell City Hall 38 Hill Street, Roswell

April-October: Saturdays, 8am-12pm

More info: 404-492-9938 or www.roswellfam.com

SMYRNA FRESH PRODUCE MARKET

Smyrna First Baptist Parking Lot 1275 Church Street SE, Smyrna

May-September: Saturdays, 8am-12pm

More info: 770-431-2863 • www.smyrnacity.com

WOODSTOCK FARM FRESH MARKET

Market Street, Woodstock

(Between Mill Street & Maple Street) May-Oct: Saturdays, 8:30am-12pm

More info: 770-924-0406

www.downtownwoodstock.org/farmer





EAST®COBBER



30062 Area-Roswell Road

120 Tavern Aloha Sun Tanning American Red Cross **Bellingham Apartments**

Book Nook Café Life

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MILITARY FAMILY SUPPORT CENTER OPENS







The Cobb Chamber in partnership with the Defense Commissary Agency, the Georgia Department of Defense, Dobbins Air Reserve Base and its joint partnersis excited to announce a public-private partnership designed to serve National Guard and Reserve members, retired veterans and active duty military personnel and their families through the Military Family Support Center. The Military Family Support Center will holdon-site sales each month, available to retired veterans and active duty personnel and their families who have been granted commissary privileges. The Center is located at 1901 Terrell Mill Road in Marietta, which is the intersection of U.S. Highway 41 and Terrell Mill Road in Marietta and opened on May 19. The support center is open from 9am to 5pm on Thursdays and Fridays, and from 9am to 3pm on Saturdays.

"The Defense Commissary Agency is pleased to provide these monthly Guard/Reserve On-Site sales at this location. We appreciate the hard work by the Cobb Chamber of Commerce, other local and state officials, and the Georgia National Guard that has made this sale facility possible. While not a commissary, these sales bring the commissary benefit to the area. That benefit is grocery goods sold at cost plus a 5 percent surcharge, and they feature a stock assortment of about 1,000 items including fresh meat, fresh produce, chilled and frozen items," said Air Force Command Chief Master Sgt. Stuart Allison, the Defense Commissary Agency's senior enlisted advisor.

The Military Family Support Center is the first of its kindserved by the Defense Commissary Agency. The site is located just beyond the gates of Dobbins ARB and isleased and maintained by the Cobb Chamber of Commerce and its partners. The Defense Commissary Agency will conduct monthly on-site sales—open to any commissary-authorized persons—featuring a variety of items, including fresh meat, fresh produce, dry goods, frozen foods and refrigerated goods. In addition to those

items, the Military Family Support Center will offer a variety of services to authorized users during each sale date.

"The Cobb Chamber and its partners have led a two-and-a-half year effort to bring this service to our military community as a way to bolster support and express appreciation to the men and women who have served our country and retired and to those who are actively serving today," said David Connell, president and CEO of the Cobb Chamber of Commerce. "In order to bring the Center here, it took the work and talents of many, especially the Defense Commissary Agency. Our local partners include the Development Authority of Cobb County, the Georgia National Guard, and a host of private sector companies, which will be recognized in the Center."

Currently, the Military Family Support Center is set to operate three days each month. The schedule is available at www.commissaries.com/guard_reserve_sales.cfm. In order to shop at the sale, visitors must present their Department of Defense ID card. To learn about your eligibility for authorized shopping, visit www.commissaries.com/documents/contact_deca/faqs/authorized_shopping.cfm.



SAFE AMERICA FOUNDATION PRESENTS: WELCOME HOME, HEROES!

he non-profit Safe America Foundation's Welcome Home, Heroes! Transitional Assistance Program is an information resource for returning and returned Veterans. In addition, the program helps these individuals' friends and family better understand the transition process and challenges their soldiers will face in returning to civilian life.

Safe America's Home Front Center is a place where Veterans and their families can find information, guidance, and the resources they need, all under one roof. The Center's main purpose is to help new Veterans transition back into civilian life. It also assists those who served in prior wars. They provide briefings, guidance, and information on housing, education, employment, and accessing VA Benefits. The Safe America Foundation is partnering with the Georgia Dept. of Labor, Goodwill, Catholic Charities, the Community Blueprint Network, and others; working together to address the needs of our returning Veterans.

Veterans are invited to attend bi-monthly Veteran's Briefings, which educate veterans on which VA Benefits are available to them and their loved ones. Safe America Foundation has teamed up with the US Dept. of Veterans Affairs Assistance Program and Veteransfocused non-profits operating in metropolitan Atlanta to offer these free bi-monthly benefits and assistance briefings at its Home Front Center. In addition, Safe America assists homeless veterans by connecting them with local

shelters and resources such as the Salvation Army and MUST ministries.

Safe America hosts Military/Veteran Appreciation Events, inspired by suggestions from the National Guard. These scheduled social activities are held at popular venues such as the Georgia Aquarium, the College Football Hall of Fame, and Atlanta Gladiator Hockey Games. The Foundation has held nine events focused on providing veterans and their families with low- or no-cost activities where they can gather to have fun while learning about services available to them.

The next Veteran's Briefings will be held from 11am-1pm on June 10 and June 24 at the Home Front Center, Atlanta Medical Center Bdlg. C, 340 Boulevard, NE, Suite 523, Atlanta. Register ahead, as there are only 10 spots available at each event. RSVP at 770-973-7233 or at registrar@safeamerica.org.

The Safe America FoundationTM is a 501(c)(3) non-profit chartered in 1994, with headquarters in East Cobb County. The Foundation partners with corporate, governmental, public and private sector organizations, and other nonprofits to save lives by emphasizing safety education and emergency preparedness. Other key goals include helping returning Veterans transition safely to civilian life and teaching safe driving techniques. For more information, call 770-973-7233 or visit www.safeamerica.org.





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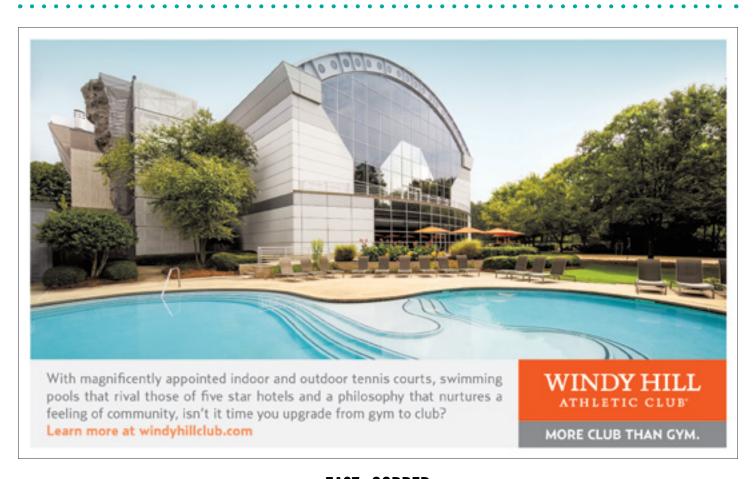
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THE IMPORTANCE OF STRAIGHT TEETH

For many kids, getting braces is a rite of passage toward becoming a teenager. Orthodontics is recommended not only to straighten the teeth, but also to correct bite (occlusion) problems that may adversely affect the teeth in the years to come.

Teeth are naturally shaped to bite against complementary surfaces of opposing teeth. When teeth are not in their proper places, the bite can suffer resulting in TMJ problems and the wearing down and cracking of teeth. Speech impairments and difficulty chewing can also be a result of the teeth not being in the correct alignment. And then there is the emotional side of an unattractive smile. When you're not confident in the way you look, your self-esteem suffers.

If the teeth are crooked, they may be hard to clean. Plaque accumulation

in areas that are difficult to access with the toothbrush or floss can result in decay (cavities) and bone loss (periodontal disease.) Not only are crowded teeth difficult to keep clean, but they are challenging for a dentist to restore with fillings due to their odd angulations.

Since abnormal bites usually become noticeable between the ages of 6 and 12, orthodontic treatment often begins around those ages. However, orthodontics in the adult years can still be quite beneficial. Healthy teeth can be orthodontically treated at any age. And orthodontic treatment to correct a problem may prove less costly than the additional dental care required to treat the more serious problems that can develop in later years. Ask your dentist whether braces are right for you.



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4696 Lower Roswell Road, Suite 700 • Marietta 30068 404-403-3136 • www.crossfiteastcobb.com

Mon-Fri: 4:30am-8:30pm; Sat: 8am, 9am, 10am; Sun: 3:30pm-5pm CrossFit East Cobb is the original functional strength and conditioning gym located in the heart of East Cobb. Train with the CrossFit methodology which emphasizes constantly varied, high intensity, functional movements. Athletes range in age from 8 to 80 years old and come from all fitness backgrounds.

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2745 Sandy Plains Road • Marietta 30066 770-579-3488 • www.fitness1440.com/marietta Hours: 24/7

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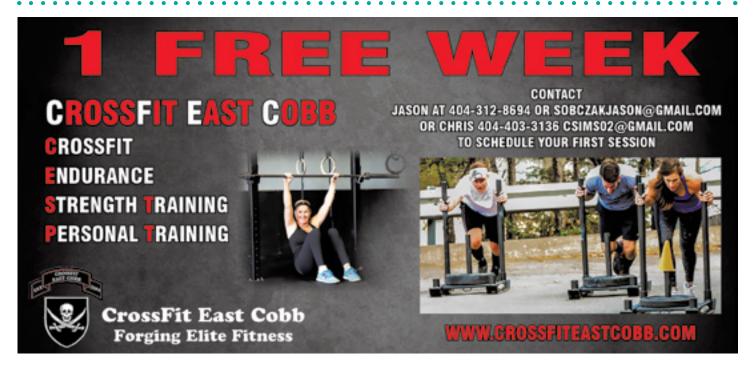
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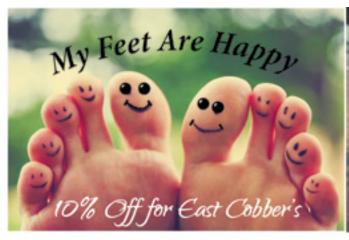
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(WEIGHT) LOSER OF THE MONTH: MARCIA CLENENING





Occupation/Age: Retired, 66.

Weight Lost: 155 pounds since December 2014.

Why She Lost It: Clendening was previously unable to walk half of a city block without being winded, and felt that she was missing out on family activities.

How She Lost It: She had bariatric surgery at Kennestone Hospital, followed by a change in both her exercise and eating habits. She now attends the YMCA's 2-hour water aerobics classes twice a week. Prior to beginning classes, she was unable to walk, but she now never misses a class. She credits her instructor, Julianna, with making the class both enjoyable and effective: "I owe her so much."

Her Favorite Healthy Foods: A Zaxby's Zensation salad to munch on throughout the day. She has found success by grazing throughout the day, rather than eating three big meals. Protein is her main focus in meals; white-meat chicken and fish are her favorite lean protein sources.

What Keeps Her Motivated: Family and roller coasters! Clendening recently visited Busch Gardens with her family, where she walked 93/4 miles and was able to ride her first rollercoaster in more than 25 years.

Lesson Learned: Although it has been amazing for Clendening, she cautions that bariatric surgery is not a quick fix for weight loss; it is a total lifestyle change, and if done correctly, "the results are phenomenal." She urges those who are considering it to be ready to change their mindset on health, because "anybody can do it, but nobody can do it for you."



8 SUMMER STEPS FOR HEALTHY LIVING

In the warmer, longer, lazier days of summer, the living may not be easy, but your life probably feels less chaotic. Even adults tend to adopt a "school's out!" attitude in summer. That's why this is a perfect time to improve your health in a fashion so seasonally laid back you'll barely notice the effort. To get you started, here are top eight tips.

Give Your Diet a Berry Boost

If you do one thing this summer to improve your diet, have a cup of mixed fresh berries -- blackberries, blueberries, or strawberries -- every day. They'll help you load up on antioxidants, which may help prevent damage to tissues and reduce the risks of age-related illnesses. Blueberries and blackberries are especially antioxidant-rich.

Get Dirty -- and Stress Less

To improve your stress level, plant a small garden, cultivate a flower box, or if space is really limited, plant a few flower pots -- indoors or out. Just putting your hands in soil is "grounding." And when life feels like you're moving so fast your feet are barely touching the stuff, being mentally grounded can help relieve physical and mental stress.

Property Floss Daily

You know you need to, now it's time to start: floss every single day. Do it at the beach (in a secluded spot), while reading on your patio, or when watching TV -- and the task will breeze by. Flossing reduces oral bacteria, which improves overall body health, and if oral bacteria is low, your body has more resources to fight bacteria elsewhere. Floss daily and you're doing better than at least 85% of people.

Get Outside to Exercise

Pick one outdoor activity -- going on a hike, taking a nature walk, playing games such as tag with your kids, cycling, roller blading, or swimming -- to shed that cooped-up feeling of gym workouts. And remember, the family that plays together not only gets fit together -- it's also a great way to create bonding time.

Be Good to Your Eyes

To protect your vision at work and at play, wear protective eyewear. When outdoors, wear sunglasses that block at least 99% of ultraviolet A and B rays. Sunglasses can help prevent cataracts, as well as wrinkles around the eyes.

Vacation Time!

Improve your heart health: take advantage of summer's slower schedule by using your vacation time to unwind. Vacations have multiple benefits: They can help lower your blood pressure, heart rate, and stress hormones such as cortisol, which contributes to a widening waist and an increased risk of heart disease.

Alcohol: Go Lite

Summer's a great time to skip drinks with hard alcohol and choose a light, chilled alcoholic beverage (unless you are pregnant or should not drink for health or other reasons). A sangria (table wine diluted with juice), a cold beer, or a wine spritzer are all refreshing but light. In moderation — defined as one to two drinks daily — alcohol can protect against heart disease.

Sleep Well

Resist the urge to stay up later during long summer days. Instead pay attention to good sleep hygiene by keeping the same bedtime and wake-up schedule and not drinking alcohol within three hours of bedtime.

There they are: Eight super simple ways to boost your health this summer. Try one or try them all. They're so easy you won't even know they're -- shhhh -- good for you.

(Reprinted in part from webmd.com.)





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EAST COBB ROTARY CLUB'S DOG DAYS RUN RAISES MONEY FOR LOCAL CHARITIES



onoring the heat and humidity of late Summer, the public is invited to the 11th annual Dog Days 5K Run on Saturday, July 30th. Produced by the Rotary Club of East Cobb, the big event kicks off at 7:30am. Everyone is welcome to run, jog or walk the race. There will be good music, great food and lots of prizes and giveaways! There will be bounce houses for the kids and plenty of food and fluids for all entrants, plus lots of awards and a cool commemorative 11th Annual Dog Days shirt! This is a family-friendly and pet-friendly race so the public is encouraged to bring their families and dogs to enjoy the race. New for this year's race are the additions of a drone to provide aerial coverage along with a nice, refreshing fire truck hose spray at the end of the race to help cool the runners down!

Over the years, the Rotary Club of East Cobb has donated almost half a million dollars from the race proceeds to local and international service projects. 100% of the Dog Days Race proceeds support more than 20 local/international non-profits, including YMCA, Center for Family Resources, School Mates Literacy Project, Camp Horizon, Aids Awareness, Walton Robotics, Project Mail Call, Recognition Awards for Cobb County Public Safety and Kids2Leaders, just to name a few. "Join us for a fantastic race and fun activities, while at the same time helping many wonderful causes," says Rotary Club President Sam Pierce.

This year's Dog Days 5K Race once again returns to theMcCleskey-East Cobb YMCA, 1055

East Piedmont Road in Marietta/East Cobb.

A cash prize of \$125 will be given to each male and female finisher in the following categories: Open, Masters (40-49), Grand Masters (50-59) and Seniors (60+). Medals will be awarded to the top 3 finishers in the following categories: 10 & Under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & Over.

This year the Pre-registration fee has been reduced to \$20 and must be received by July 23rd, 2016; \$30 Race Day. There is a \$30 fee to be a "Phantom" Runner. If you are unable to run, but want to support this event, please register as a "phantom" runner. A t-shirt will be mailed to you after the race.

To register for the 11th Annual Dog Days Race, visit www.DogDaysRun.com and click on the Active.com link. For more information, contact KSam Pierce at 678.735-5902 or via email:spierce@samuelpiercelaw.com.

Rotarians are business and community leaders who take an active interest in service to our community. The motto of Rotary International is "SERVICE ABOVE SELF," and the members of the Rotary Club of East Cobb exemplify this statement in their business activities and daily lives. The Rotary Club of East Cobb meets every Wednesday at 7 am at the Indian Hills Country Club, 4001 Clubland Drive in Marietta/East Cobb. For more information about the club, visit EastCobbRotary.com.

Join the Fun at the 11th Annual Dog Days Run! Saturday, July 30, 2016

ede benefiting Cobb Courty charities

5K & Tot Trot W/ Awards Ceremony

Drone Camera Coverage | Fire Truck Spray Cool Down

CASH PRIZES to top finishers | CHIP DEVICES for all runners

Benefits Rotary Club of East Cobb service projects such as: School Mates Literacy Project, Canine Assistance, Aids Awareness, The Center for Family Resources, Cobb County Public Safety, Kids2Leaders Inc.

Presented by





Event Information

\$20.00 Pre-registration -by July 23, 2016 \$30.00 Race Day -July 30, 2016 \$30.00 "Phantom" Runner

Location Start/Finish:

McCleskey-East Cobb YMCA 1055 East Piedmont Road Marietta, GA 30062



Easy Registration

Online at: www.active.com

In person at Big Peach Running Co. 1062 Johnson Ferry Road Marietta GA 30068 Phone: 770-579-0444

By mail using the form below (entries must be received by July 23, 2016; race day registration available after that)

Start Times

6:30am Registration Opens 7:30am Dog Days 5K 8:30am Tot Trot 8:40am Awards Ceremony

> Contact Information www.DogDaysRun.com

Rotary Club of East Cobb Sam Pierce 678-735-5902 spierce@SamuelPierceLaw.com Des Yawn 404-401-6502

desy@palomarins.com

www.EastCobbRotary.com

Send check & entries to: Rotary Club of East Cobb | PO Box 72081 Marietta, GA 30007-2081

Name (please print clearly)							
Address							
City/State/Zip							
Phone		Gender M / F Age as of July 30, 2016					
E-Mail (for reminde	ers & updates)						
Circle shirt size:	youth medium	adult small	adult medium	adult large	adult x-large		

For and in consideration of the Rotary Club of East Cobb ("RCEC") accepting my entry as a participant in Dog Days Run on July 30 2016, the sufficiency of which is hereby acknowledged, I, do hereby release, remise, discharge and hold harmless RCEC and the YMCA of Metro Atlanta ("YMCA"), their officers, agents, members, sponsors, affiliates, servants, employees, successors, and assigns from any and all liability, claims, demands, suits, actions, causes of action and any consequences of every kind or nature for injury to me or to my property or, if applicable, to my minor child, relating directly or indirectly to my affiliation with or participation in the Dog Days Run Event ("Event"). I hereby

acknowledge my understanding that participating in a running or walking event such as this can cause short or long term injury, illness or death. It is further understood and agreed that this release is intended to and does cover all actions, causes of action, claims and demands by reason of any damage, loss or injury, known or unknown, which arise out or, are related to or may be traced either directly or indirectly to the Event no matter how remotely they may be related to the Event. Registration on line or my signature evidences my understanding and acceptance of the above.



Platinum Sponsors:

The Hanna Family

Parent/Guardian's Signature if not 18 ____

Participant's Signature

Malon D. Mimms Company

EAST COBB SENIOR CENTER ACTIVITIES SCHEDULED FOR JUNE AND JULY

All Cobb residents age 55+ are invited to participate in activities at various senior centers throughout Cobb. The following is a list of activities scheduled at the East Cobb Senior Center located at 3332 Sandy Plains Road, Marietta 30066. Call the East Cobb Senior Center at 770-509-4900 for reservations and/or more details.

Love an Animal, Live longer: Aging Gracefully with 4-Legged Friends

June 7 | 1-2pm

Free/Registration required

"Loving an animal won't change the world but for that animal the world will change forever." Join Good Mews Animal Shelter, Cobb County Animal Control and PAWSitive for an informative seminar on the benefits of loving a cat or dog. Topics will include volunteering, adopting senior animals, health benefits of pet ownership, low cost vaccination programs, importance of microchipping, estate planning for pets and animal welfare. When you register, please indicate if you currently own a pet and if so, what kind/how many.



Follow @eastcobber

Homeowner 101

June 9 | 11am-12:30pm Free/Registration required

This seminarteaches basic annual home maintenance, how to prevent and/or minimize damage to your home in an emergency situation, homeowner's insurance coverage, and home modifications/accessibility.

Men's Health Seminar & Luncheon

June 10 | 11am-1pm

Free/Registration required

Calling all men! This program will teach you about routine preventive care, included recommended screenings and assessments for the leading causes of death in men (heart disease, cancer and accidents or injuries). Spouses are welcome and complimentary lunch will be provided. Sponsored by Good Life Club.

>>> continued on page 60 >>>





Offering an impressive selection of educational and social opportunities for adults 50+, OLLI promotes lifelong learning and continued intellectual and personal growth.

Mention this ad when registering and receive a free gift!



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EAST COBB SENIOR CENTER ACTIVITIES SCHEDULED FOR JUNE AND JULY

<<< continued from page 58 <<<

Ice Cream & a Movie

June 13 | 1pm

Concession fee: \$4 Cobb-residents, \$5 Non-residents;

Ticket required. Call center for details.

Orthopedic Update - Lunch & Learn

June 14 | 11am-1pm

Free/Registration required

Informational talk with Dr. Anil Thomas and staff of Peachtree Orthopeadic Clinic. Dr. Thomas is a fellowship trained orthopedic surgeon, specializing in total hip and knee replacements. This talk will focus on general arthritis information, treatment options for hip and knee arthritis and new techniques in the joint replacement world. Graham Reaves, an Occupational Therapist at POC, will present on basic stretching and strengthening exercises, as well as fall prevention techniques. Complimentary lunch will be provided and there will be time for a question and answer session.

Atlanta Theater-to-Go

June 17 | 1-3pm

\$6 Cobb residents; \$8 Non-residents

Atlanta Theater-to-Go will be here offering four short plays. Enjoy Abbott & Costello's "Who's on First" and three plays by local playwrights. Snacks provided to round out this afternoon.

Atlanta Movie Tour: Gone with the Wind

July 21: Deadline to register June 17 | 9am-4pm;

Check-in: 8:30am

\$92 Council-members; \$97 Non-members. Payment due at registration. Long walking, many stairs and/or inclines. Price includes luxury motor coach, lunch, tickets, and driver's tip. No refunds unless trip is cancelled. This three hour tour is a Broadway play on wheels and a must-see for any fan of Gone with the Wind, Margaret Mitchell, or anyone interested in the Civil War and Reconstruction Era! Walk throughthe Margaret Mitchell House. After the tour lunch at Pitty Pat's Porch. Lunch at 1:30pm, so please bring a snack with you.

Line Dance in the Moonlight

June 20 | 4:30 - 7pm

\$8 Cobb residents; \$10 Non-residents

"It's a marvelous night for a moon-dance...", put on your dancing shoes and come for dinner and line dancing. Dinner: potato & salad bar.

Dine-a-Round: Yeero Village

June 21 | 11:30am

Separate checks; Registration required. Meets at restaurant. Yeero Village #7244, 4751 Sandy Plains Road, Roswell.

AARP Smart Driver

June 23 | 9am-4pm

\$15.00 AARP members, \$20.00 Non-members (cash or check) Check with your insurance agent about a possible discount. Bring a lunch.

Handmade Watercolor & Swarovski Crystal Earrings

June 24 | 10am-1pm

\$9 Cobb residents; \$11 Non-residents Plus \$10 supply fee Learn to make your own one-of-a-kind watercolor earrings. Design your own size and shape with handmade rice paper and watercolors. There will be a large selection of Swarovski crystals to use.

The Faces of the Declaration of Independence

July 6 | 10-11:30am

Free/Registration Required

It would change the affairs of colonial Americans in the world arena. The formal Declaration of Independence draft was presented to Congress for vote on July 2, 1776. Learn some of the history of the Declaration of Independence. Presented by Bob Sapp.

Ice Cream & a Movie

July 11 | 1pm

Concession fee: \$4 Cobb-residents, \$5 Non-residents. Call Center for details.

Are Headaches Keeping You Down?

July 12 | 10-11am

Free/Registration required

If you are getting headache more frequently, don't waste time in finding out what is causing those headaches. At this seminar learn about the most common headache types, treatment options, and when to seek help from your healthcare professional. Presented by Dr. Samish Dhungana, Wellstar Medical Group Neuroscience.

12 Health Benefits of Olive Oil

July 14 | 11am-12pm

Free/Registration required

Join this informative seminar to learn the health benefits of olive oil. Complimentary olive oil sample platter will be provided. Sponsored by Smita Daya from Olea Oliva.



Do you take your bladder for granted?

July 15 | 10:30-11:30am

Free/Registration required

If you are one of the millions of Americans who suffer from urinary incontinence or overactive bladder, you don't take your bladder for granted. In the United States, over 25 million people suffer from these conditions. Although more common in females, a growing number of men are affected by a lack of urinary control. Fortunately, there are improved methods for diagnosing and treating these conditions in both men and women. Presented by Sherry Denton with Georgia Urology.

Healthy Eyes - Macular Degeneration and Cataracts

July 27 | 10:30-11:30am

Free/Registration required

Do you have difficulty reading? Do straight lines appear bent or distorted? Do you have blurry spots in your central vision? As people age, the proteins in the lenses of the eyes begin to clump together, turning them from clear to cloudy – which is the beginning of cataracts. Learn more about the most common signs and available treatments of cataracts and macular degeneration from board-certified surgeon, Dr. Samir Vira at Milan Eye Center.

AARP Smart Driver

July 28 | 9am-4pm

\$15 AARP members, \$20 Non-members (cash or check) The course teaches proven driving techniques to help keep you and your loved ones safe on the road. Learn age-related physical changes and how to adjust your driving to compensate. Check with your insurance agent about a possible discount. Bring a lunch.

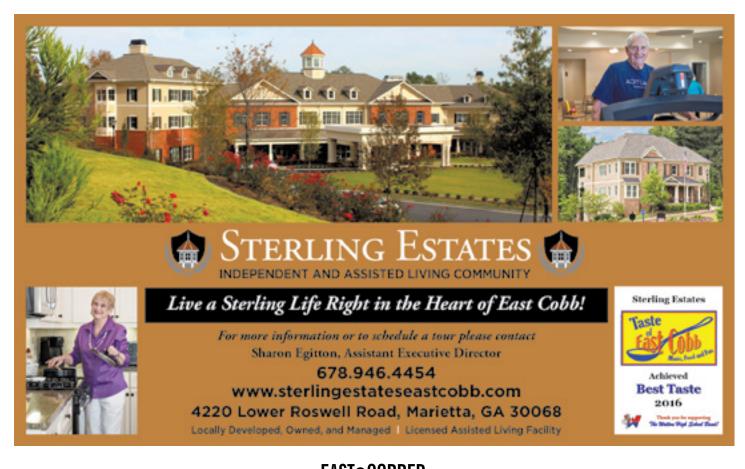
The Benefits of Music Therapy

July 29 | 10-11:30am

Free/Registration Required

Music therapy has been proven to help seniors restore and maintain their health, as well as help them recall memories and fight depression. Goals of music therapy include appropriate release of emotions, increased verbalization and social skills, reinforced listening skills, enhanced self-image, and personal development.





CLUB CALENDAR

AARP Chapter 2830. First Thursday of each month. 1:30pm. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Mary Johnson, 770-926-7881 or doule37uga@ comcast.net.

American Association of University Women (AAUW) of Cobb County. Second Tuesday of the month. 7pm. East Cobb Center, 4400 Lower Roswell Road, Marietta. More info: Arden Stone, arden_stone@yahoo.com.

American Needlepoint Guild. Second Tuesday of the month. 6:45pm. Tiny Stitches, 2520 East Piedmont Road, Marietta. More info: 770-394-0065.

Anne Hathaway Garden Club. Third Wednesday of the month (except July and August). Marietta Educational Garden Center, 505 Kennesaw Avenue NW, Marietta. More info: Charlene Robinson, 770-971-7786.

Atlanta Illini Club. Professional and social networking for University of Illinois alumni, families and friends in the Atlanta area. Game watches at the Rose & Crown, 1931 Powers Ferry Road, Marietta. More info: www.atlantaillini.com or club@atlantaillini.com.



Atlanta Metropolitan Council Navy League. Second Tuesday of each month. 7pm. Navy Recruiting District HQ, 2400 Lake Park Drive, Suite 410, Smyrna. Membership open to all civilian and retired military with an interest in supporting our men and women of the Navy, Marine Corps, Coast Guard, Merchant Marines and associated youth programs. More info: 678-234-2310 or campbellfc@comcast.net.

"Aware & Conscious Birds"
Book Club. Mondays. 7-8:30pm.
Bikram Yoga Marietta, 80 Powers
Ferry Road, Marietta. More info:
awareconsciousbirds@gmail.com or
www.consciousness.meetup.com/203.

Big Chicken Chorus. Every Monday evening. 7:00pm. Marietta High School, Chorus Room, 1171 Whitlock Avenue, Marietta. Male a cappella harmony chorus. More info: Frank, 770-587-1264, fehrach@aol.com, or www.bigchickenchorus.org.

Bridge Club. Four free lessons; \$5 thereafter. Thursdays 7:30pm and Sundays 2pm. Singles are welcome. 1809 Roswell Road, Marietta. More info: 770-973-7717.

Business Network International (BNI). The World's largest referral organization. Multiple chapters in the area, please refer to the website: bnisoutheast.com for listings. More Info: Anita York, 678-888-0200

Cobb County Democratic Committee.
Monthly breakfast 2nd Saturday each month. 9am. 3 Amigos Mexican Bar & Grill, 1000 Whitlock Avenue, Marietta.
More info: 770-420-7133 or www.cobbdemocrats.ora.

Cobb County Gem & Mineral Society. Second Tuesday of the month, 7:30 pm at their Clubhouse, 516 West Atlanta Street, Marietta 30060. More info: www.cobbmineral.org.

Cobb County Genealogical Society.
Fourth Tuesday of the month. 7pm.
First Presbyterian Church of Marietta,
189 Church Street, Marietta. More info:
www.cobbgagensoc.org or
ccgs@cobbgagensoc.org.

Cobb County Republican Women.
Fourth Friday of the month. 11:30am.
Hilton Atlanta/Marietta Conference
Center, 500 Powder Springs Street,
Marietta. More info: 770-785-2522 or
www.ccrwc.org.

Cobb Marietta Retired Educators Association. Second Thursday of every month. 11:30am. Luncheon reservations required. First United Methodist Church of Marietta, 56 Whitlock Avenue, Marietta. More info: Judy Munson, jmteach@bellsouth.net.

Cobb Photographic Society.
Photographers of all skill and ability levels are welcome. First and 3rd Monday of each month. 7-9pm.
American Business Center,
Bldg. 700, Suite 702, 1395 South
Marietta Pkwy, Marietta. More info: www.cobbphotosociety.com or info@cobbphotosociety.com.

Cobb Regional Republican Women. Third Tuesday, every month, 7pm. Cobb GOP Office, 799 Roswell Street, Marietta. More info: Neva Lent, lentneva@aol.com.

Colored Pencil Society of America. Atlanta District Chapter 107. First Monday of the month. 7pm. North DeKalb Cultural Center, 5339 Chamblee-Dunwoody Road, Room 2 (second floor in the back), Dunwoody. More info: Nancy Guerine, 678-354-3590.

Danc'n Singles. A square dance club. First and 3rd Saturday of the month. 8-10:30am. FOP Lodge, 2350 Austell Road, Marietta. More info: 770-943-6779.

Dinner-and-a-Book Club. More info: RuthE or Batya at Thou Shalt Read, 770-993-5432 or sales@andthoushaltnotread.com.

Dog Hikers of Georgia. Every Sunday. 10am. Various locations. Non-dog owners welcome. More info: Dr. Dan Batchelor, 770-992-2362.



East Cobb Bass Club. Visitors, boaters and non-boaters are welcome. First Tuesday of each month. 7pm. Free admission. Attendees pay for dinner. The Rib Ranch, 2063 Canton Road, Marietta. More info: 770-364-3036 or noeyf1@bellsouth.net.

East Cobb Business Association.
Luncheon and featured speaker.
Third Tuesday each month. 11:30am-1pm. Indian Hills Country Club, 4100
Clubland Drive, Marietta. More info:
Susan Hampton, 404-218-6216,
susan.hampton@lionbank.com.

or www.eastcobbba.com.

East Cobb Civic Association. Last Wednesday of the month. 7pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: www.eastcobb.net.

East Cobb Civitans. Second and fourth Thursday of the month at noon for lunch at The Olde Town Athletic Club, 4950 Olde Towne Parkway, Marietta. More info: 770-578-9901.

East Cobb Democratic Alliance. Third Thursday of the month. 6pm - Social. 7pm – Program. Rib Ranch, 2063 Canton Road, Marietta. More info: Tom Barksdale, 770-715-1218 or tbarksdl@aol.com.

East Cobb Kiwanis Club. Every Wednesday evening. 7pm. Paradise South of the Border, 3605 Sandy Plains Road, Marietta. More info: Johnny Johnson, 770-977-2026 or edwardjohnsjewelers@yahoo.com.

East Cobb Lions Club. Second and 4th Tuesday of the month. 7pm. Powers Ferry UMC, 245 Powers Ferry Road, Marietta. More info: Don Garrow, 770-955-6914.

East Cobb New Horizons Band. Monday mornings, 11:00am. If you are 50 or older, play a musical instrument and have been looking for a great place to make music, come join us! Great people and good music! To learn more go to our website, ecnhb.com or email webmaster@ecnhb.com.

East Cobb Rotary Club. Every Wednesday. 7am. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: Bob Schwale, 770-640-6954.

East Cobb Woodcarvers Club. Every Thursday. 9-11am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-645-0817.

Georgia Perennial Plant Association. Third Tuesday of the month. 7:30pm. Atlanta History Center, McElreath Hall, 130 West Paces Ferry Road NW, Atlanta. More info: www.georgiaperennial.org.

Georgia Vietnam Veterans Alliance. Third Thursday of the month. Social hour: 6pm. Meeting: 7pm. American Legion Post, 921 Gresham Road, Marietta. More info: Dave Hamrick 770-315-3942.

Meet Your Future Clients, Customers and Business Associates

Transforming East Cobb by developing business leaders through Networking and Education with an emphasis on Community.

The ECBA meets monthly at Indian Hills Country Club, 4001 Clubland Drive, Marietta at 11:30am for lunch, networking and a great speaker.

Invite a guest to join you.

For more information visit www.EastCobbBA.com





The Susan Wesley Team
Serving Your Community
Cell: 678-907-9288
Office: 678-287-4800
Fax: 404-806-8051
SusanWesleyInc@gmail.com
www.susanwesley.com
Susan Wesley
Realtor
"Helping buyers and sellers in Metro Atlanta for over 22 years"

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CALENDAR

Georgia Nature Photographers Assoc. Third Thursday of the month. 7pm. Nature photographers of all skill levels are welcome to our monthly meetings. The Mansour Center, 995 Roswell Street, Marietta. More info: www.gnpa.org or info@gnpa.org

Georgia Tea Party. Every Thursday. 7pm. 900 Roswell Street, Marietta. More info: Jerry Kotyuk 404-374-0580 or jerryk623@att.net.

Golden "K" Kiwanis Club. Every Thursday. 10am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Joe Vanhorn Jr., 770-424-6654.

Happy Tails Pet Therapy. Orientation for prospective members 1st Thursday or Saturday of the month. 10:30-11:30am and 7-8pm. Blue Pearl Georgia Veterinary Specialists, 455 Abernathy Road NE, Atlanta. Check dates: 770-740-8211 or www.happytailspets.org.

IMPS Bridge Club. An offshoot of the former Newcomers Club of East Cobb, looking for new members. Various formats, dates and times available. For more information contact Roni Fink at 404-310-3448 or phingue999@AOL.com.

International Association of Administrative Professionals (IAAP)-Cobb County Chapter. Professional Development and Networking. Fourth Monday of the month. 6:30pm. Meeting & Dinner. HYATT House/ Atlanta Galleria, 3595 Cumberland Boulevard, SE, Atlanta. More info: 770-541-2960 or www.iaap-cobbcounty.org.

Jewish War Veterans, Bicentennial Post 976. Third Sunday of the month. 11am. Marriott Hotel, Perimeter Center. More info: Fran Jacobson, 770-436-7456.

L/Cpl Squire "Skip" Wells Detachment Marine Corps League. First Saturday of the month, 11am, Delkwood Grill, 2769 Delk Road, Marietta. More info:www.mcleague.org

Libertarian Party of Cobb County. First Thursday of the month. 7:30pm. More info: www.cobblp.org or call 770-795-1331

Marietta Kiwanis Club. Every Thursday. 12pm. Hilton Conference Center, 500 Powder Springs Street, Marietta. More info: Pat Huey, pathuey@comcast.net or www.mariettakiwanis.org.

Marietta Lions Club. Second Thursday of the month. 7pm. First United Methodist Church, 56 Whitlock Ave SW, Marietta 30064. More info: mariettalions@aol.com or www.mariettalionsclub.org

Marietta PFLAG. Fourth Sunday each month. 1-3pm. Newcomers are welcome. Pilgrimage United Church of Christ, 3755 Sandy Plains Road, Marietta. • Marietta. More info: 770-928-9314 More info: mariettapflag@gmail.com. or degrillmouse@comcast.net.

- 12noon. Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: Adele Grubbs, 770-424-8212 or www.mariettarotary.org.
- Marietta VFW Post 2681. Dinner with VFW Ladies Auxiliary. First Thursday of the month with separate meetings following dinner. 6:15pm. 140 Powers Ferry Road, Marietta. More info: www.vfwpost2681.org.
- Martha Stewart Bulloch Children of the American Revolution Society meets one Sunday per month from September through May, 2-4pm. Osage Terrace Room and Pavilion at Bulloch Hall 180 Bulloch Avenue, Roswell. More info: Paula, 770-594-1819.
- Moms in Prayer for Parents of East Side Elementary and Dickerson Middle School. Mondays 10-11am. More info: Rachel Bloom 770-973-4705 or familybloom@gmail.com.
- National Association of Active and Retired Federal Employees (NAARFE), Second Wednesday of each month. 11:30am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More Info: 770-971-1719.
- Newcomers Club of Cobb County. Third Tuesday each month. 10am. Various social activities throughout the month for those new to Cobb County or just looking for new friends and activities. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta. More info: 770-234-5068 or newcomersofcobbcounty@yahoo.com.
- North Metro Mothers of Multiples Club. Third Monday of the month. 7pm. Chicago's, 4401 Shallowford Road, Roswell (corner of Johnson Ferry & Shallowford). More info: www.northmetromultiples.org.
- Northeast Cobb Business Association. Luncheon meeting 3rd Wednesday of each month. 11:30am-1pm. \$15. Piedmont Church, 570 Piedmont Road, Marietta. More info: 770-460-6222.
- Northwest Atlanta Mothers of Multiples A parent's club for families with or expecting twins, triplets, or quadruplets. Second Tuesday of each month. 7pm. First Presbyterian Church of Marietta, 189 Church Street, Marietta. Date and time may change check our website. More info: www.nowamom.org or 678-404-0034.
- Order Sons of Italy in America Marietta Lodge #2607. General membership meeting 2nd Monday each month. Pot Luck Dinner (except June, July, August-dessert and fruit). 7-9pm. East Cobb Government Service Center, 4400 Lower Roswell Road,

Marietta Rotary Club. Every Wednesday. • Peach State Depression Glass Collectors' • Club. Second Tuesday of month except December. Guests welcome. 6:30pm social; 7pm meeting. Marietta Museum of History, 1 Depot Street, Marietta. More Info: psdgc.com.

> Polk Street Speakers Toastmasters. First and 3rd Tuesday of the month.

6-7:30pm. St. James Episcopal Church, • 161 Church Street, Marietta. More info:

www.polkstreetspeakers.org.

Retired Old Men Eating Out (R.O.M.E.O.)

Every Tuesday, 8-10am. Meet for friendship, conversation and to share their variety of antique cars, street rods and muscle cars. Marietta Diner, 306 Cobb Parkway South, Marietta.

Shakespeare Reading Group. First and 3rd Thursday of the month. 2-4 pm. Senior Wellness Center, 1150 Powder Springs Road, Marietta. More info: Lynne Johnson, 770-591-3474.

Song of Atlanta Show Chorus. Women's four-part harmony chorus. Every Tuesday. 7:30pm. Northbrook UMC, 11225 Crabapple Road, Roswell. Visitors welcome. More info: www. songofatlanta.com or 770-696-6502.

Sope Creek Garden Club. First Wednesday of the month (Sept-June). 10am. Locations vary. More info: Karin Guzy, 770-955-1303 or guzy@mindspring.com.

The Foxtrotter's Dance Club. The 4th Friday of every month (no dance in May. Nov. & Dec. are the 3rd Friday). 7:30-10:30pm. If you enjoy ballroom dancing, come and dance. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta, More info: 770-587-1160.

Y Business Network. Every other Friday. 7:30-8:45am. Local business networking and referrals. Northeast Cobb Y, 3010 Johnson Ferry Rd., Marietta. Guests always welcome. More info: ybusinessnetwork.webs.com, Michelle Hutchinson, 770-518-0010.

@eastcobber





GROUPS

A.A./Al-Anon/Al-Anon Beginners/Alateen.

Every Monday.8pm. Covenant Presbyterian Church, 2881 Canton Road, Marietta, More info: 770-973-5347 or jpm105@comcast.net.

Adult Survivors of Child Sexual Abuse Support Group. First and 3rd Tuesday of each month. 7pm. Room 334, Johnson Ferry Church, 955 Johnson Ferry Road, Marietta. Men and women welcome. More info: 678-578-4888 or info@voicetodav.ora.

Al-Anon. For family and friends of alcoholics. Thursdays, 7:30-8:30pm, Johnson Ferry Baptist Church, Room 345, 955 Johnson Ferry Road, Marietta. More info: 770-587-0483.

Al-Anon Family Group. 7pm. Teens 13 and older welcome. Temple Kol Emeth, 1415 Old Canton Road, Marietta. More info: Paulette L., 678-551-2433.

Alzheimer's/Caregiver Support Group Meeting. First Monday of each month at 10:30am, Open to family members who are assisting an aging loved one both inside and outside of the home. Free respite care is provided for your loved one while we meet. Aloha to Aging/Mt. Bethel Community Center, 4608 Lower Roswell Road, Marietta, More info or to RSVP: 678-439-1177.

Anxiety Anonymous for people who suffer from anxiety, meets the 3rd Thursday of the month. 6:30-7:30pm. Cobb County Government Center, 4400 Lower Roswell Road, Marietta. More info: 770-633-1023 or galinabannova@gmail.com

Babywearing Group. Koalamommas, North Atlanta's resource for help, support, and information about baby carriers of all kinds. Meets monthly. Meeting dates/time vary. More info: Jennifer Worrell, 770-516-4192 or ienniferworrell@bellsouth.net.

Bereavement Support. First and 3rd Wednesday of the month. 5pm. Counseling Room in Parish Office, St. Ann's Catholic Church, 4905 Roswell Rd., Marietta, More info: 770-552-6400, ext. 6020.

Breastfeeding Mommy & Me Group. A lactation consultant is available to facilitate supportive discussions over a variety of topics. Mondays 9:30-11am. WellStar East Cobb Health Park, Marietta Room 3747 Roswell Road NE, Marietta. More info: 770-793-8088.

Cancer Support Group, Second and 4th Monday of the month, 7-8:30pm, Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

Career Transition. Third Monday of the month (March-October). Second Monday of the Month (November-February) 6:30pm: Personal resume reviewing, interviewing, networking, and career assessment help. First Presbyterian Church, 189 Church Street, Marietta. More info: Lee Pence, 770-428-9350, or Bob Sabin 770-795-9084, or visit www.fpcmarietta.org

- Caregiver Support Group. First Monday of the month. 6-7pm. Arbor Terrace, 886 Johnson
- Ferry Road, Marietta, More info: 770-977-4420 or
- ACaudell@arborcompany.com.
- Codependents Anonymous, Mondays & Thursdays. 7:30-8:45pm. Unity North Church, 4225 Sandy Plains Road, Marietta. More info:
- 404-213-4482.
- Compassionate Friends. Meets 1st Tuesday of each month. 7pm. First Baptist Church (Use Entrance Welcome Center on Dobbs Street),
- 148 Church Street NE, Marietta. More info: Ria 770-973-4921 or www.tcfmarietta.ora.
- **Depression/Bipolar Support Group.** First and 3rd Thursday of the month. 7-8:30pm. Johnson Ferry Baptist Church, Room 339, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.
- Diabetes Support Group. A Diabetes Services Social Worker and/or Diabetes Educator facilitates each session. Participants are encouraged to discuss their concerns and share their successes regarding the self-management of their diabetes. Meets 4th Monday of each month except December. 6-7pm. WellStar Health Park, 3747 Roswell Road NE, Marietta.

More info: 770-793-7828.

- Divorced/Separated Support Group. First and 3rd Tuesday of each month. 7:30pm. St. Ann's Catholic Church, Mary's Chapel, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6018.
- Divorce Support Group by Visions Anew for women who are contemplating or going through the divorce process. First Thursday & 3rd Wednesday of the month 7-9pm Fast Cobb
- Government Center, 4400 Lower Roswell Road, Marietta. More info: www.visionsanew.org Divorce Support Group. Every Thursday through
- May 31. 6:30pm. Mt. Bethel UMC (Church Room B106), 4385 Lower Roswell Rd. Marietta. More info/to register: Judith Reichenbach, Licensed Counselor, 770-597-9882.
- Diabetes Support Group offered by WellStar Health System. Second Tuesday of the month. 6:30-8pm. McLaren Mill Office Park, 531 Rose Lane Street, Suite 100, Marietta. No registration required. More info: 770-793-7818.
- Domestic Violence Support Groups. Sessions in Fnalish and Spanish, Wednesdays, 6:45-8:15pm. Childcare available for children 6 weeks to 12 years. Children over 12 may attend and learn childcare skills. More info: 770-427-3390.
- East Cobb Satellite of CHADD (Children & Adults w/Attention-Deficit/Hyperactivity Disorder)
- Parental Support Group. 2nd Tuesday of the month, 6:30-8pm, Mt. Bethel United
- Methodist Church (Room B109) on Lower Roswell Road, Marietta. More info: Cappie Suttle, 404-368-9394, east-cobb@chadd.net,
- or www.chadd.net/300.

- Emotions Anonymous, a fellowship of people who come together to work toward recovery
- from emotional difficulties and discover a new way of life, Tuesdays & Fridays, 7pm.
- Roswell United Methodist Church, 614 Mimosa
- Boulevard, Counseling Building, Roswell. More info: 770-330-1991.
- Family and Friends of People Living with Mental
- Illness. 4th Tuesday, 7pm Meets at Lutheran Church of the Incarnation, 1200 Indian Hills
- Parkway, Marietta, More info: 770 778-6025.
- Families Anonymous (FA) for families who have loved ones struggling with addiction. Every Tuesday. 7:30-9pm. Mt. Zion United Methodist
- Church Youth Center, 1770 Johnson Ferry Road. Marietta. More info: 770-971-1465.
- Families of Children Under Stress (FOCUS). To
- listen, inform and educate, and offer programs for the families and the child with special needs. Last Thursday of the month during
- school year. 10am. Chick-Fil-A, 1201 Johnson Ferry Road, Marietta, More info/to confirm meeting date: Angie, 770-234-9111, angie@ focus-ga.org, or www.focus-ga.org.
- Fractured Families for Parents Estranged from
- their Children, Second and 4th Sunday, 6:30pm. Call for location. More info: Sandy 404-446-6093
- Georgia Parkinson's Association. Parkinson's Support Group Meets the 3rd Saturday of each
- month 1pm. Northside Hospital Cherokee Education Building, 130-B Oakside Court,
- Canton. More info: James Trussell 706-413-3264 or james@gaparkinsons.org
- Grandparents Raising Grandchildren Support Group. Second Tuesday each month. 7:15pm.
- Special guest speaker. Transfiguration Church, Room 102, 1815 Blackwell Road, Marietta. More info: Jeannie, 770-919-9275
- Grief Support Group Every Wednesday.
- 6:30-8:30pm from mid-Fall to mid-Spring. An educational grief support group facilitated by two nationally recognized grief experts, a
- licensed clinical psychologist and an ordained pastor, Mt. Bethel United Methodist Church,
- 4385 Lower Roswell Road, Marietta. More info: www.mtbethel.org/support.
- Grief Support Group for those who have had a family member, friend or other loved one pass away. Unity North Atlanta Church, New Beginnings Room, 4255 Sandy Plains Road,
- Marietta. More info: 770-579-3512 or kethzkel@ yahoo.com.
- JACS (Jewish Alcoholics, Chemically Dependent and Significant Others). For Jewish
- members of 12 Step groups, 7-8pm, first and third Tuesdays of every month except on Jewish
- holidays. Congregation Etz Chaim, 1190 Indian Hills Parkway, Marietta, in the library. More info: 770-928-2523 or teshuva@aol.com.
- Loneliness Bereavement Support Group. Every Wednesday except holidays, 11am, Heritage
- Hospice, 3315 Hilltop Drive, Marietta. More info:
- 770-423-5959.

- Marietta Moms. For all kinds of moms new to
- the area, looking for new friends, or just needing support. Daily events for babies, toddlers and
- older kids. More info: 770-956-0318 or
- 678-357-3661 or www.mariettamoms.com
- Mothers Circle Group. Are you a mother raising Jewish children but you are not Jewish? Free education and support through a 16-week course. Groups are held in Marietta,
- Intown and North Fulton. More info: Suzette
- Cohen, suzette@themotherscircle.org or www.themotherscircle.org.
- Mothers of PreSchoolers (MOPS). Wednesdays. 6:15-7:15pm. A place where moms can come to build friendships and receive mothering support, practical help and spiritual hope. Childcare provided. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465 or mtzionmops@gmail.com.
- Overeaters Anonymous. A support group for those who suffer from the need to compulsively overeat. Monday-Wednesday-Friday. 10am.
- St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: Betsy: 404-226-4931.
- Parents of Prodigals. For parents of struggling teens and young adults. Second and 4th Thursday. 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: Fair Brocard, 770-612-1197 or

www.prodigalchildministries.org.

- Parkinson's Disease Support Group. For persons with Parkinson's disease and their caregivers. Second Sunday each month. 4pm. Roswell United Methodist Church, 814 Mimosa Boulevard, Building A, Roswell. More info: Robin Cleveland, 678-819-3915.
- Spousal Support Group. Third Thursday of the month. 12-1pm. Arbor Terrace, 886 Johnson Ferry Road, Marietta, More info: 770-977-4420 or ACaudell@arborcompany.com.

Veteran's Information Referral Office (VIRO).

- Free help and information for all veterans with VA Disability, VA Healthcare, Employment and Counseling. Second and 4th Wednesday each month. First and 4th Saturday each month, 11am- 2pm. American Legion, Post 29, 921 Gresham Avenue, Marietta. More info: 770-427-5900.
- Widowed Helping Others (WHO). Dinner Social. First and 3rd Wednesday of the month. 6pm. St. Ann's Catholic Church, Nolan Hall, 4905 Roswell Road, Marietta, More info: Ann's Pastoral Care, 770-552-6400, ext. 6018.
- Women's Weight Loss Support Group. Join a growing group of local women on the path to weight loss in a non-judgmental environment providing accountability (weekly weigh-in), healthy eating/fitness ideas and activities, and emotional support. Meetings held Tuesdays
- 6:45-7:45pm. Kroger, 3595 Canton Rd, 2nd Floor Conference Room, Marietta, (New Chastain
- Corners Shopping Center). More info: Rae Tucker raetucker1@yahoo.com

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