

November 2016

FREE
Take One!

EAST COBBER



New Lucky China



HOLIDAY GIFT GUIDE PAGES 40-41 | **Community Calendar** PAGES 32-39 | **Gobble Jog** PAGE 30

East Cobb Police Officers of the Year Honored PAGES 18-19 | **Veterans Day Celebrations** PAGE 42

On the cutting edge of, “Grandpa’s here!”



Northside Hospital Cancer Institute is working to prevent cancer through generations of family members. Northside's hereditary counseling helps determine cancer risks and options for you and your children. Working with Northside's team gives people a chance to prevent cancer or find it early. Which can mean more family get-togethers as well as lots and lots more hugs. For help finding a cancer specialist, call 404-531-4444.

Northside.com

Where the Extraordinary Happens Every Day


NORTHSIDE HOSPITAL
CANCER INSTITUTE

TAILOR YOUR BODY, NOT YOUR CLOTHES.

ELIMINATE STUBBORN FAT
WITHOUT SURGERY OR
DOWNTIME.



Look better, feel better.

The CoolSculpting® procedure can help you feel better in your clothes and in the mirror. The CoolSculpting procedure eliminates fat cells safely and simply, without surgery or downtime. Look great, feel great from every angle.



Dermatology Consultants is the only #1 Diamond Certified Practice in Georgia performing over 5,500 treatments to date. Our certified technicians will tailor a customized treatment plan designed to meet your personal needs.



Candance K. Green, MD



Anna Paré, MD



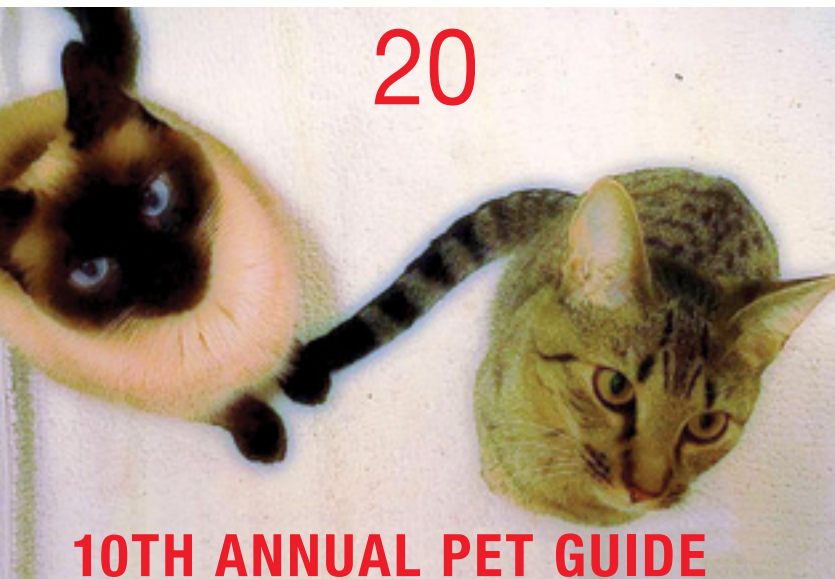
Dermatology Consultants, P.C.
1519 Johnson Ferry Road, Suite 100
Marietta, GA 30062

Call 770.971.3376 today
to schedule your complimentary CoolSculpting
consultation, or visit
DermatologyConsultants.org

Results and patient experience may vary. While CoolSculpting is safe, some rare side effects may occur. As with any medical procedure, only your CoolSculpting provider can help you decide if CoolSculpting is right for you. In the U.S., the CoolSculpting procedure is FDA-cleared for the treatment of visible fat bulges in the submental area, thigh, abdomen and flank. Outside the U.S., the CoolSculpting procedure for non-invasive fat reduction is available worldwide. ZELTIQ, CoolSculpting, the CoolSculpting logo, the Snowflake design, and Fear No Minor are registered trademarks of ZELTIQ Aesthetics, Inc. © 2016. All rights reserved. IC1916-A

THIS ISSUE

20



10TH ANNUAL PET GUIDE

16



30



FEATURED

8 VOLUNTOURISM HELPS
HEROIN ADDICTS

16 WALTON SWIMMERS
MEET FOR A CAUSE

30 GOBBLE JOG

34 HOLIDAY GIFT GUIDE

42 VETERANS
CELEBRATIONS

EVERY MONTH

32 COMMUNITY CALENDAR

44 DINING GUIDE

48 HEALTH & WELLNESS

58 SENIORS

64 CLUB CALENDAR

66 SUPPORT GROUPS

EAST COBBER

P.O. Box 680455 • Marietta, GA 30068

770-640-7070 • FAX: 770-559-3185

www.eastcobber.com

Volume 24 | Number 2

Founder | Publisher

CYNTHIA ROZZO

cynthia@eastcobber.com

Account Representatives:

East Cobb Businesses - Merchant's Walk - Roswell Road

MICHELLE O'SHAUGHNESSY

678-357-9384 • michelle@eastcobber.com

Northeast Cobb Businesses

LAREN BROWN

770-880-0965 • laren@eastcobber.com

Graphic Designer: Tamara Stephens



www.eastcobber.com

www.facebook.com/EastCobber

www.twitter.com/eastcobber



EAST COBBER monthly is published by EAST COBBER, LLC. Copyright © 2016 by EAST COBBER, LLC. All rights reserved. Reproduction or any use of editorial or pictorial content in any manner, without written permission, is prohibited. Any opinions expressed here do not necessarily represent the views of the EAST COBBER. EAST COBBER is a locally owned company that strives to build a sense of community and pride in East Cobb County by providing its residents with positive stories and timely information. The EAST COBBER is distributed free to homes, schools, and 500+ retail locations in the following zip code areas: 30062, 30066, 30067, 30068 and 30075.

Comments and stories are always welcome.

Please address all correspondence to cynthia@eastcobber.com.

Subscriptions are available for \$20/year.

Send check or money order payable to EAST COBBER to the above address.

Front Cover photo taken by Michael Drewitz of Michael's Photography.

Hey!

EAST COBBER
has an email
newsletter!

Get a weekly rundown
of local news, events and
happenings sent straight
to your email!



Sign up at eastcobber.com

5.00% APY* Youth Savings + \$50 Cash**



Even
Santa's
impressed.

This year, give your kids or grandkids the gift of good savings habits. With our Youth Savings account, your kids earn an extraordinary 5.00% APY on the first \$500.* And for a limited time, we'll put \$50 into their new account to get them off to a good start.** So give the gift that even has Santa impressed. Open a Youth Savings account today! For branch locations visit LGEccu.org.

Membership eligibility and \$5 minimum balance required to maintain base savings account. Federally insured by NCUA.

*APY = Annual Percentage Yield. Fees could reduce earnings on accounts. Rate effective 11/01/16 and subject to change without notice. 5.00% APY applies to balances up to \$500 only and balances over \$500 will earn the base savings rate. This is a variable rate account and the rate may change without notice after the account is opened. Rate applies only to Dollar Day®, ChoChing!™, and The Edge® youth savings accounts. Fees could reduce earnings on accounts.

**Offer valid 11/01/16 – 12/31/16 ("promotional period") but may be withdrawn at any time. Offer is valid for new members only and cannot be combined with any other offer. Custodial accounts are not eligible. To participate, you must become a new member by opening an LGE Dollar Day, ChoChing!, or Edge savings account with an initial savings deposit during the first 10 days of at least \$5. After the account has been open for 10 days and has received the initial deposit, \$50 will be deposited into the savings account within 10 business days. Bonuses may be taxable. Terms and conditions apply Dollar Day, ChoChing!, and The Edge on loaned service marks of Marketing Partners, Bethlehem, PA.

LGE
Community Credit Union®

A smarter way to bank.®

PUBLISHER'S NOTE



Publisher Cynthia Rozzo
with her cavachon, Rebel.

Much has been written about the first Thanksgiving regarding the brave band of people who landed in Plymouth to start a new, better world for themselves, their families and for future generations. Well, this month, like every edition, the EAST COBBER features a brave band of people (a/k/a pilgrims) who landed in East Cobb and who are making a better life for others right here, right now. In this edition, you can read about the East Cobb natives that are creating travel programs to help heroin addicts (page 8), leaders from different faiths coming together for a special ecumenical celebration (page 46), and P.K. Beville who created a nonprofit to celebrate senior citizens (page 62) — to name just a few East Cobb “pilgrims.” All of the East Cobbers spotlighted in this issue are modern-day pilgrims. Many, if not most have been transplanted to the area and are determined to help build a better world right here in East Cobb. Sharing their stories is my way to give thanks for their earnest efforts to better our East Cobb community.

I hope you will consider the EAST COBBER your Thanksgiving table. This publication unearths the riches of East Cobb County and shares the harvest of stories with you. Every month we hope you'll sit down with an EAST COBBER and feast on the information and ideas contained in this publication, take time to appreciate the many blessings bestowed on East Cobb and share your good times with your neighbors, family, and friends. Remember, you are always welcome to “break bread” with us year-round.

Happy Thanksgiving!

A handwritten signature of Cynthia M. Rozzo in black ink.

Cynthia M. Rozzo
Founder | Publisher
cynthia@eastcobb.com

P.S. SIT! STAY! Go to pages 20 – 29 to read up on the latest local info for pet lovers and be sure to enjoy the photos of our readers' pets.

On the Cover

This month's front cover features Daniel Wu, the new owner of New Lucky China, surrounded by family and the restaurant staff. New Lucky China is celebrating 15 years of great Chinese food and good times. At its new location on Gordy Parkway and new owner (Daniel Wu also owns the successful Fuji Hana), New Lucky China is sure to become THE destination for family celebrations and special moments in northeast Cobb.

Like its sister restaurant, New Lucky China offers an extensive menu of sushi, and Chinese entrees for dine-in, take-out and catering.

New Lucky China is located at 3045 Gordy Parkway in Marietta/East Cobb. For more information, you can read their story on page 6 or visit www.newluckychina.com.

Front Cover photo taken
by Michael Drewitz of
Michael's Photography.



CRUISE THROUGH SPRING BREAK

Get ready for your best family vacation ever with Norwegian Cruise Line®. From dodgeball to cupcake decorating, there are lots of activities all over our ships. Kids can learn to juggle at Circus School in Splash Academy and teens have the coolest themed parties in Entourage – our complimentary youth programs.

Plus, book a cruise November 1 - 15 for one or more of the following **Expedia® Extras:**

- UP TO \$375 ONBOARD CASH CREDIT*
- UP TO \$189 IN PREPAID ONBOARD TIPS*
- FREE DRINKS*
- FREE SPECIALTY DINING FOR 2*



CONTACT US TODAY (770) 415 1030

725 West Crossville Road, Ste 154, Roswell

www.cruiseshipcenters.com/Roswell

*Expedia Extras are per stateroom based on double occupancy on select sailings and vary by cruise line, destination, departure date & stateroom category. Itineraries, programs and policies are subject to change without notice. Valid for new bookings created and deposited Nov 1 - 15, 2016 and are subject to availability and may be withdrawn at any time. Additional restrictions apply. Contact us for full terms and conditions.

WHAT'S NEW AT NEW LUCKY CHINA

For more than 15 years, East Cobbers have stopped by New Lucky China for their favorite Chinese cuisine. Many will remember the small traditional restaurant that was originally located in the Sandy Plains Centre Shopping Center at the intersection of Sandy Plains and Shallowford Roads. From those humble beginnings in the late 1990s, New Lucky China is no longer just a place to stop by for take out or a quick meal. It's now a destination for an evening out. A large spacious restaurant with beautiful contemporary décor, New Lucky China continues to offer the tried and true Chinese dishes, with a newly added sushi menu, at its current home on 3045 Gordy Parkway.

There are also new faces at New Lucky China. Owner Daniel Wu purchased the restaurant from the Hoang family in February 2016. He enlisted Yan Li, a family member who brought experience in the Chinese food industry, to partner with him as the restaurant manager. Wu also recruited his sushi chefs from another East Cobb restaurant, Fuji Hana, where Wu is the manager. The sushi chefs now divide their time between the two restaurants.

"Our sushi menu was so successful at Fuji Hana that I decided to offer sushi at New Lucky China," explains Wu. "The added sushi bar has been well received. Plans for the future include adding Thai food to the menu."

The New Lucky China chef and many staff members remained with the new management, continuing to offer customers their favorite Chinese dishes as well top-notch service with which they had become accustomed. According to Wu, sesame chicken and Mongolian beef are still high on the list of favorite menu items. An extensive offering of both beer and wine is available. Convenient dining hours also stay the same. New Lucky China is open seven days a week. The restaurant serves lunch daily from 11:00 a.m.-3:00 p.m. For dinner, the hours are 3:00-10:30 p.m. from Sunday-Thursday and 3:00-11:00 p.m. on Friday-Saturday.

As the new restaurant manager, Li says she appreciates how New Lucky China customers have remained loyal with the change in management. "We have a lot of customer support," she says. "But we are not resting on what was done before we got here. We are always looking to make improvements to the restaurant for our customers. All comments are welcome."

Of course, take out is always available at New Lucky China. But if you haven't dined at the new location on Gordy Parkway, you should give it a try in the near future. As Wu puts it, "The restaurant gives an upscale vibe to the East Cobb dining scene."

For more information on New Lucky China or if you need take out, call 770-565-9666. For a complete menu and other information, visit www.newluckychina.com.

PAID ADVERTISEMENT

EAST COBBER

www.eastcobb.com



HOLY BIBLE

Come feel the difference at an upcoming open house

LOWER AND MIDDLE SCHOOL

Main Campus (JK-8)

4385 Lower Roswell Road, Marietta, GA

Thursday, November 10, 2016 – 10 a.m.

Wednesday, January 11, 2017 – 10 a.m.

Thursday, February 2, 2017 – 10 a.m.

UPPER SCHOOL

North Campus (9-12)

2509 Post Oak Tritt Road, Marietta, GA

Saturday, November 12, 2016 – 9 a.m.

Thursday, January 12, 2017 – 9 a.m.

www.MtBethelChristian.org • 770-971-0245 • [f /MBCAEagles](https://www.facebook.com/MBCAEagles)

E. SMITH
HEATING & AIR CONDITIONING

FALL FURNACE TUNE UP

\$79.00 for your first tune up
(\$60.00 for each additional system. Average savings of \$19.)

Special ends November 30, 2016.
Mention promo code: **EASTCOBBER**

964 Industrial Park Drive | Marietta, GA 30062 | www.esmithair.com | GA REG CN 006054

FACTORY
AUTHORIZED
DEALER
Carrier
turn to the experts

EAST COBBERS LEAD VOLUNTOURISM PROGRAM TO HELP HEROIN ADDICTS

Heroin is one of the most addictive drugs on the planet and heroin addiction in the Atlanta area is skyrocketing at an epidemic level. In 2015 there were over 200 deaths due to overdose in the metropolitan Atlanta area, more than 300 across the state. Heroin and other opiates are readily available and the number of young people experimenting with the drug, becoming immediately addicted, is at a horrific rate of growth. Relapse in recovery is all too common: on average 90% of users will relapse within the first three months of their recovery.

"Hope is the New Dope" is an initiative to provide those recovering from addiction to stay on the road to recovery through valuable community service. As a part of the "Power of Peace Project", developed by East Cobb native and a Walton graduate, Kit Cummings, young people struggling with addiction or mourning the loss of a loved one due to overdose have the opportunity to enrich their lives and harness the confidence in themselves to stay sober by helping those also in desperate need.

Cummings has extensive experience working with at-risk youth, globally, nationwide and in his native Georgia. He has worked with the Georgia Drug Courts, University of Georgia, Kennesaw State University, Atlanta Public Schools, Oprah's Atlanta Belief Team, Atlanta Crime & Safety Task Force.

Over the Thanksgiving holiday 25 young adults, families impacted by addiction and other travelers will be a part of the Guatemala Bottle School Project, building a school for the most impoverished children in South America. The innovative schools are built with "eco-bricks" created through recycled plastic bottles. "Hope is the New Dope" is the opportunity for recovering addicts to give back to children in dire need, and experience the "natural high" of selfless volunteerism. They will dedicate the school in memory of those who have lost their lives because of heroin overdose. It is a collaborative effort between the WorldVentures Foundation, Hope is the New Dope Tour with the Power of Peace Project and Hug It Forward.

This "Voluntourism" effort is led by another East Cobb native and Lassiter graduate Nadine Psareas,



Kit Cummings



Nadine Psareas

who is no stranger to the heartache of heroin addiction. Her 23-year old son Nick is a recovering addict and she understands the probability of relapse all too well. As the marketing director for WorldVentures, she saw the potential to aid young addicts through travel and meaningful, hands-on volunteer labor to build an entire school. Psareas is leading the effort to raise the funds needed to make the trip possible. The estimated comprehensive cost is \$50,000. The WorldVentures Foundation has secured nearly \$20,000 and generous individuals have contributed another \$15,000, primarily through the GoFundMe website. The leadership at GoFundMe was so impressed with the creativity of melding volunteerism, new approaches to maintain recovery to addiction and humanitarian aid to the children of Guatemala that they donated another \$1,000. Importantly, the young adults struggling with addiction are required to raise funds to sponsor their trip.

"We are reaching out to everyone in the community who has experienced the trauma of a child with addiction to help make this trip happen," states Psareas. "This can change a young person's life. It can save it."

Those wanting more information on supporting or participating in the program can learn more at www.powerofpeaceproject.com and www.hopeisthenewdope.club. 

EAST COBBER

NEXT ISSUE: DECEMBER • DEADLINE: NOVEMBER 15
CALL EAST COBBER: 770-640-7070

North Atlanta Plumbing AND MORE



North Atlanta Plumbing is a full service plumbing company. We do superior plumbing. We are consistently reliable and on time. We love the color pink and some people call us Mister.

We do not have dozens of billboards, radio & TV advertising and we are pleased to say we pass along the savings onto our customers. Be kind to your pocketbook and give us a call today for your FREE estimate!



Example:

50-gallon water heater and installation
(including thermal expansion tank):

\$875 No more, No less!

This is not a bait and switch price. We don't use terms like "normal installation" or "standard installation" to jack up the price.

\$875... period.

(770) 592-2318

www.waterheaterauthority.com

Our work is 100% guaranteed. We also offer an additional \$25 discount to veterans, seniors, teachers, police officers, firemen, and single mothers. North Atlanta Plumbing and More is open 24/7, 365 days a year for any emergency, after hours, or weekend plumbing work at no additional charge. 5 star rating with the Better Business Bureau!



PTA CELEBRATES DIVERSITY & INCLUSION

By Carmen Melendez, Chair, Diversity and Inclusion, East Cobb County Council of PTAs

PTA, as a nonprofit organization whose mission is to promote the well-being of all students, has historically cared about and devoted time to issues related to diversity and inclusion. PTA understands and embraces the uniqueness of all individuals; and recognizes that each student possesses unique points of view, based on his/her culture, traditions, and values. This PTA priority committee is titled Diversity & Inclusion in recognition of its dual purpose: celebrating diversity and promoting inclusion.

Over the past few years, East Cobb has experienced a large influx of people from all over the world. These families have chosen East Cobb as a place to live and raise their families due to its proximity to global-based businesses and its reputation for outstanding schools. As a result, a variety of diversity programs have been implemented in our public schools. One good example is Kincaid Elementary School's "World Explorers Club." This club began in 2009, with a participation of 50 students, and has steadily increased student participation to 78 students in this past school year. Approximately 15 to 20 parents participate and contribute to the success of this program. As a result, students have the opportunity to learn and embrace a variety of cultures from countries such as China, Russia, India, Korea, Brazil, New Zealand, Spain, Ireland, Italy, France, Ukraine, and Argentina. In an ever-changing globalized world, school activities that focus on promoting diversity have proven to be highly beneficial for both American students and also foreign ones. It provides students the opportunity to gain first hand

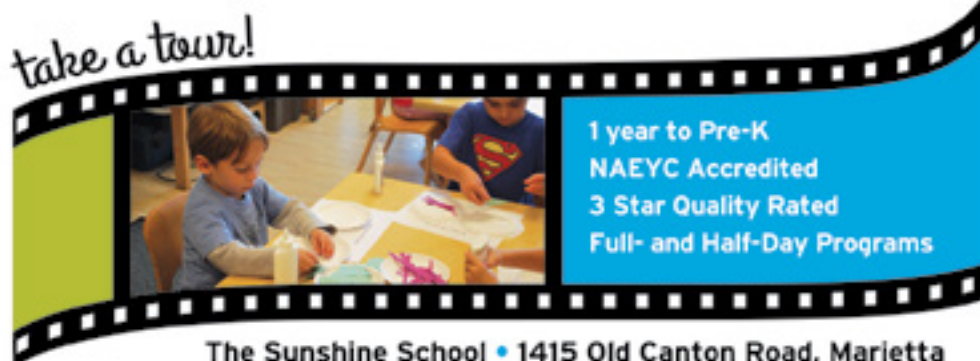
exposure to different cultures. Secondly, it allows students and parents to share their unique cultural background and history.

The second purpose of this committee is inclusion. This refers to encouraging the school atmosphere to be more open and cooperative. In this manner, the students feel like they fit in. Sometimes due to physical or a mental challenges, race, religion or socioeconomic differences, students may feel alienated. This can bring a sense of hurt and pain, and can make students prone to bullying and depression. PTA's stance is to celebrate the unique value of every student. Every time a student learns from a diverse culture it enriches his/her life experience and increases his/her emotional intelligence. This provides students with the confidence and skill sets to empower themselves as they mature and go through life's challenges. If you would like more information about our priority committee, please visit our website www.ecccpta.org. ☺



Carmen Melendez has been an East Cobb resident since 2003. She has two children, a fifth grader at Kincaid Elementary School and an eighth grader at Dodgen Middle School. She graduated in Law from UAM in Madrid, and also obtained a Ph.D in Spanish Linguistics in 2009.

Currently she is the committee chair for Diversity and Inclusion for the East Cobb County Council of PTAs. Along with her extensive volunteering in PTA, she enjoys writing academic papers, photography and traveling.



BMW • Mini • Mercedes • Audi • Volkswagon
Expert European Repair Facility

FRANKFURT

**FOREIGN AUTOMOTIVE
 MASTER TECHNICIANS**

**Stop paying dealer prices
 for service and repairs!**

**30 years experience
 servicing ALL European
 automobiles**

**Factory-trained
 BMW Master
 Technicians**

678-505-8907
9817 Main Street
Woodstock

Hours: Mon.-Fri. 8-6
 Sat. 8-4
 Frank Bifulco, Owner
 FrankfurtForeignAuto@gmail.com





- **Climate Controlled Storage Units**
- **Moving Assistance**
- **Available Access 7 Days a Week**

CHOOSE YOUR LOCATION

3148 Johnson Ferry Rd.
770-645-6380

3700 Roswell Rd.
678-742-7050



www.spaceshopselfstorage.com

Saint Francis Schools

Providing an exceptional college preparatory program

ROSWELL CAMPUS
 Grades 1 - 8
 Ms. Ellen Brown
 (770) 641-8257 x51
 ebrown@sfschools.net

MILTON CAMPUS
 Grades 9 - 12
 Mr. Brandon Bryan
 (678) 339-9989 x33
 bbryan@sfschools.net

CALL TO SCHEDULE YOUR TOUR TODAY!



SAINT FRANCIS SCHOOL OFFERS:

- S.A.I.S. / S.A.C.S. Accredited
- No Religious Affiliation • SB 10 Eligible
- Challenging College Preparatory Curriculum
- AP, Honors, Traditional, and Support Classes
- Small Class Size • Low Student/Teacher Ratio
- Study and Organizational Skills

- Wilson Reading System®
- Intensive Reading and Writing Approach
- S.T.E.A.M., Robotics, Computer Science, Engineering, Broadcasting, and Video Production
- Google Apps for Education • Laptops Required
- After School Homework Hour
- GHSA Sports Program including Football and Equestrian
- Bus Service Available

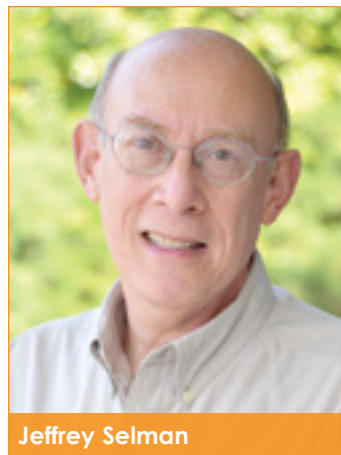
Saint Francis High School | 13440 Cogburn Road | Milton, GA 30004
 Saint Francis Elementary and Middle Schools | 9375 Willeo Road | Roswell, GA 30075
www.saintfrancisschools.com

EAST COBB AUTHOR TO PRESENT AT BOOK FESTIVAL OF THE MJCCA

On Thursday, November 17, at 10:30 a.m., East Cobb author Jeffrey Selman will present his book, *God Sent Me*, at the Book Festival of the MJCCA (Marcus Jewish Community Center of Atlanta), 5342 Tilly Mill Road, Dunwoody. This program will be In Conversation with Michael Jacobs, Editor, Atlanta Jewish Times, and is Free with an RSVP.

When the Cobb County public school board placed a disclaimer against evolution into the Georgia county's new high school science textbooks, the implications were clear—separation of church and state and accurate education were at risk. East Cobb County resident Jeffrey Selman, along with several other like-minded citizens and the ACLU, marched into battle with a lawsuit against the forces undermining science education. This narrative shines a light on just what it takes to protect freedom and reminds the average citizen to "wake up and get to work!" *God Sent Me* is the account of one citizen making himself heard and taking action to preserve constitutional protections in the conflict between scientific evolution and religion-based creationism.

Born in the Bronx, N.Y., Selman attended Lehman College. He worked for the U.S. government in the "War on Poverty" as a VISTA volunteer with the Navajo. After teaching in both elementary school and high school in New York City, Selman transitioned to become a computer programming consultant for 20 years. He is a member of the Georgia State Curriculum Committee. Selman was the initial plaintiff in the Cobb County evolution disclaimer suit, and a participating plaintiff in the Cobb County Commission sectarian invocation suit. He is an advisory board member of Georgia Citizens for Integrity in Science Education (GCISE), and president of Americans United for the Separation of Church and State, Atlanta, Georgia.



Jeffrey Selman



Chapter. He has also been a speaker for the defense of American Freedom and the support of Separation of Church and State. Selman is married with one child.

About the Book Festival of the MJCCA

This year, the Book Festival of the MJCCA will celebrate 25 years of bringing culture and conversation to the greater Atlanta community. Each year, the Book Festival's exceptional repertoire has something to offer all book lovers, bringing more than 13,000 members of the community together to meet, listen to, and engage with their favorite local, national, and international authors. From November 5 – 20, 2016, the MJCCA invites people from across the Southeast to unique author events featuring everything from comedy and cooking, to health and Hollywood; from to Israel and politics, to art to music; and much more.

To RSVP to the Jeffrey Selman event, or for information about other Book Festival of the MJCCA events, call 678-812-4005, or visit www.atlantajcc.org/bookfestival.

SPECIALTY PRODUCTS

770-539-5234

- T-SHIRTS
- CUSTOM PRINTING
- CONVENTION/ REUNION SOUVENIRS
- HOLIDAY CARDS AND GIFTS

Discount on first order made by November 30, 2016. Order code is 161130.

Email: jay@specialtyproductsga.com

W. Robert McGoldrick, CPA, CFP
Certified Financial Planner

Retirement Planning
College Education Planning
Estate Planning

770-992-7614

2866 Johnson Ferry Road, Ste 100
Marietta, GA 30062

Securities Offered through Triad Advisors, Inc. ♦ Member FINRA/SIPC

NAOMI'S

SALON & SKIN CARE

We are happy to announce that our new location at Shallowford Shopping Center (next to Keegan's) is now open to accommodate your needs.

Our full service salon uses the best of products and offer a large array of professional beauty services from Hair, to European skin treatments. A good hairstyle adds a whole new dimension to your Personna.

Please take advantage of our promotion this month, as a new client with us, you will enjoy 50% off on your first haircut and style.

To schedule an appointment:

470-545-0815

Retail products we carry:

Moroccan Oil • Pai Shau • Difiaba Milan • Semi diLino Milan • Alfaparf Italy
Jane Iredale • Beverly Hills, California Laboratory Skin Products



*"The aim and final end of all music
should be none other than the glory of God
and the refreshment of the soul."*
-JOHANN SEBASTIAN BACH


PIANO LAB



 **STONEHAVEN**
CHRIST-CENTERED CLASSICAL EDUCATION


Learning to Live. Learning to Love.

STONEHAVENSCHOOL.ORG/PIANO



**This year, stuff their
piggy banks instead
of their stockings**

To learn about all the holiday
gift options available, call or
visit a financial advisor today.

 **Stephen A Teague, AAMS®**
Financial Advisor
2440 Sandy Plains Road
Building 20 Suite 100
Marietta, GA 30066
770-977-0074

www.edwardjones.com
Member SIPC

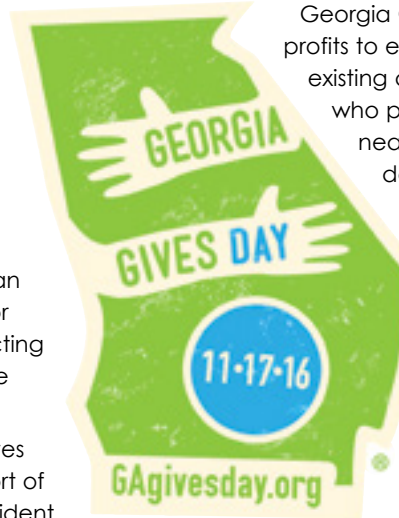
Edward Jones
MAKING SENSE OF INVESTING

GET SET FOR GEORGIA GIVES DAY

Ready for the fifth annual Georgia Gives Day on Thursday, November 17? This state-wide online fundraiser drives awareness and donations for nonprofits across Georgia, encouraging residents to come together for a day of giving.

Since the inaugural event in 2012, Georgia Gives Day has activated more than 54,000 donors, who have given upwards of \$9 million to support more than 2,400 organizations across the state. Donors can give directly to nonprofits on Georgia Gives Day—or any day of the year—through GAgives.org by selecting the organization of their choice, or searching for the cause or locale closest to their hearts.

"We're ecstatic that, year after year, Georgia Gives Day continues to break fundraising records in support of nonprofits across the state," said Karen Beavor, president and CEO of the Georgia Center for Nonprofits (GCN), the organization responsible for envisioning, launching, and leading the annual day of giving. "One of our top goals at GCN is bringing more attention and support to the fantastic work nonprofits do in Georgia—and there are so many worthy local causes to support. Georgia Gives Day makes it easy for people to help their communities thrive with just a few clicks."



Georgia Gives Day is also a popular way for nonprofits to engage new supporters and energize existing donors. According to a survey of all donors who participated in Georgia Gives Day 2015, nearly one in ten were making their first-ever donation to a nonprofit, 14 percent were giving to a new nonprofit, and 21 percent donated more than they had planned to give.

Georgia Gives Day 2016 will once again feature a host of prize competitions throughout the day—including subsector-specific giveaways and "power hour" bonuses—giving nonprofits more bang for their campaign investment. Stay tuned for more information on these and other initiatives, made possible through the generous support of GCN's corporate and foundation partners.

Learn more by visiting GAgives.org, and keep up with the latest Georgia Gives Day news on the official Facebook page at facebook.com/gagives, and via @GAGives Twitter feed. 📺

Life is Short.
Clean Less.®





- ✓ **Same Cleaner Each Time**
Our responsive, detail-oriented approach – exemplified by our owner's close personal involvement – ensures consistently exceptional results and client care. Everyone in your home is background checked, bonded and insured.
- ✓ **Eliminate Cross-Contamination**
Our color-coded microfiber cleaning cloth system ensures cloths from the bathroom never touch your kitchen countertops.
- ✓ **Your Home, A Deeper Clean Every Time**
EnviroShield® disinfecting kills 99.9% of the most common bacteria and viruses such as E.coli, and eliminates common odors in your home.

678.813.0356
marletta.maidright.com
Visit us on Facebook

© 2016 Maid Right Franchising LLC. Maid Right and JAN-PRO International are subsidiaries of Premium Franchise Brands LLC. MRCMO20816

Save \$75 Now
That's \$25 off your first three cleanings

Offer has no separate cash value and is based on three consecutive cleanings. Credits stated apply to each cleaning. Offer does not apply to prior purchases.

Good Neighbor.
Great Rates.

Ron Sprouse
770-956-1688

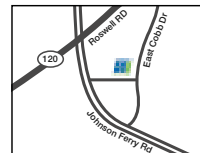


H1 HONEST-1[®]
AUTO CARE

Call us today for an appointment:
(770) 648-0808

1391 East Cobb Dr, Marietta, GA 30068
www.Honest1EastCobb.com
Mon-Fri • 7am-6pm | Sat • 8am-4pm

FREE 12 MONTH
ROADSIDE ASSISTANCE
On all work orders over \$25



\$15 off
Full Synthetic
Oil Change

Special includes:

- Synthetic Blend Oil Change
- Comprehensive Vehicle Inspection

*Most vehicles. Tax & shop supplies extra. Up to 5 quarts of Synthetic Blend motor oil, including spin on filter. Cannot combine with any other offers. For a limited time only.

\$5 off
Emissions
Testing



SUNSHINE
WINDOW CLEANING

RESIDENTIAL & COMMERCIAL
770-422-7405
REQUEST A FREE QUOTE

Atlanta Homeowners' Trusted Source for Clean Windows, Gutters and More!



**WINDOW
CLEANING**



**GUTTER
CLEANING**



**Hi-Lo PRESSURE
CLEANING**



The difference is clear when you hire
SUNSHINE WINDOW CLEANING!

WE DELIVER:

PERSONAL SERVICE • PROFESSIONAL STAFF
SATISFACTION GUARANTEE

Mention this Ad and Receive 10% off Your Service

WALTON SWIM AND DIVE TEAM TO RAISE FUNDS AT MARGARET GILBERT MEMORIAL MEET

When Walton high school swim and dive team hits the water along with swimmers from five other schools at the Margaret Gilbert Memorial Invite Meet on Saturday, December 10, it won't be just to compete. They will also be fundraising for a great cause. This swim competition is a cancer awareness fundraiser, in memory of Margaret Soulen Gilbert, who passed away in 2009 after fighting breast cancer.

Since 2009, the Walton Swim & Dive program has hosted the Annual Margaret Gilbert Memorial Invite Meet every December. This meet is dear to the hearts of Walton High School's coach, Sharon Loughran, her team and to all who have been touched in some way or another by the horrible disease of cancer.

Coach Loughran met Margaret Soulen Gilbert while swimming and competing for the Virginia Tech Swim and Dive Team. Coach Loughran wanted to honor her former college teammate and friend, while raising breast cancer awareness, by dedicating the annual Margaret Gilbert Memorial Meet in her friend's memory.

Each year, the participating high school teams compete in the water and on the diving board as well as participating in a friendly fundraising competition. The meet has a festive air about it and many athletes wear a pink cap in honor of the fight against breast cancer. Each team collects loose change and donations and puts them in team-specific donation




Walton swimmers get ready to race at last year's Margaret Gilbert Memorial Meet.

buckets as the athletes and team supporters arrive at the meet. The high school that raises the most money for this cause is awarded a small trophy. All proceeds raised by this event sponsor Margaret's four daughters and three sisters to walk in the Susan G. Komen 3-Day fundraiser to fight breast cancer.

"I am always looking for ways for my Walton swimmers and divers to do something that has greater value than just thinking about winning state championships," Coach Loughran says, "It's important to teach young people to do good in their community."

The Walton Raiders Swim & Dive Team invites the community to the 8th Annual Margaret Gilbert Memorial Meet on Saturday, December 10, at 1pm. Admission is \$5. The meet is at the Central Aquatic Center, 520 Fairground Road in Marietta.

For those who would like to contribute in Margaret's memory but cannot attend the meet, visit waltonswimanddive.com. 

GET IN TOUCH!



facebook.com/eastcobber



[@EastCobber](https://twitter.com/EastCobber)



www.eastcobber.com
editor@eastcobber.com

Experience what school *should* be.



Learn more and register online for one of our upcoming Admission Events.

Open House
K/1st Open House

Nov 13th
Dec 2nd

Evening to Inform
Pre-K Preview

Dec 8th
Dec 15th

Pre-K through 8th Grade | Roswell, GA
770.993.2940 | www.highmeadows.org
An International Baccalaureate® School



HIGH MEADOWS
SCHOOL

Silva Piano Studios

fm@silvapiano.com

Dr. Francisco Silva, *DMA* and Mireille Silva, *MM*

FREE LESSON AND INTERVIEW
770-565-7177
East Cobb location: 1518 Blackwell Rd - Marietta 30066
www.silvapiano.com

ADAMARK JEWELERS

SILVERSMITHS

- Jewelry Repair
- Watch Repair

Parkaire Kroger Center

770-565-6558
4880 Lower Roswell Rd
Ste 175 • Marietta 30068

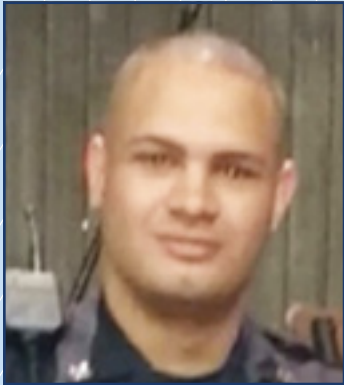
\$10 OFF
Any Single Repair
of \$40 or More
With ad. Expires 12/1/16

1/2 OFF
Watch Battery
Buy 1 Watch Battery, get
1 Watch Battery Half Off
With ad. Expires 12/1/16

www.adamarkjewelers.com

★ EAST COBB POLICE OFFICERS OF THE YEAR AWARDS ★

Last month, the East Cobb Business Association sponsored the third annual East Cobb Public Safety Appreciation Celebration for Precinct 4's police and personnel. A highlight of the evening was the presentation of Officers of the Year awards presented by Precinct 4's Major Jerry Quan. The recipients of these awards are named below and on the facing page.



◀ **BENJAMIN R. TAYLOR**
FIELD TRAINING OFFICER (FTO)
EVENING WATCH OFFICER OF THE YEAR

Benjamin Taylor was hired by the Cobb County Police Department in May of 2012 and in February of 2016 he was activated

as a Field Training Officer (FTO). FTO Taylor is very knowledgeable in his position as a patrol officer and FTO, and strives daily to better himself. He has already successfully trained two recruits this year, both of whom are now functioning well as solo officers with the department.

FTO Taylor strives to make his recruit, as well as others on the shift, rise above the minimum standards set by the department. He has become a shift leader and is regularly sought out by his fellow officers when they have questions or need advice.

In September of 2016, FTO Taylor received the "Service Above Self" Award from the Rotary Club of East Cobb for an arrest of an individual who had provided a false name to FTO Taylor. After an investigation, it was discovered the male was a convicted serial rapist who had accidentally been released from the Georgia State Prison System in April of this year by mistake after being sentenced to three consecutive life sentences.

One of FTO Taylor's greatest attributes is his ability to adapt to any situation and get the job done. He never complains and readily accepts any assignment he is given; he then simply gets it done and exceeds in its execution. FTO Taylor has become the standard of what a Cobb County Police Officer should be.



◀ **SGT. DAVID THORP**
2016 CIU-4 DETECTIVE OF THE YEAR

Sgt. David Thorp's professionalism is unparalleled. Upon Sgt. Thorp's transfer to CIU-4, he began to change the mindset and focus of investigations to identify the recurring offender and, through historical research, secure charges for all criminal activity, rather than

the single, particular case assignment. The idea was to focus on the 10% of the population committing 90% of the crime. This improved way of conducting case investigation has produced a tangible, positive impact on crime. CIU-4 has successfully tracked several patterns of criminal activity to a few different groups committing that particular type of crime. The crime rate of that specific criminal offense has shown to drastically reduce once the respective suspects are arrested. In one example, Sgt. Thorp and Det. Strayhorn worked together to identify a suspect in recurring landscaping thefts. Through researching historical data and related crimes, the individual was charged with 15 separate cases dating back one year. In another case, he created a link analysis chart identifying a suspect and his associates and friends. As similar criminal activity occurred, he and the unit detectives were able to charge the suspect and several of his associates.

As an officer, Sgt. Thorp worked in CIU-3 and Crimes against Persons. He uses his prior investigative experiences to seize opportunities to not only share his knowledge, but to allow the detectives to develop their own methods of solving problems and gaining knowledge. While carrying a greater caseload than any supervisor of other investigative units, he has still proven to be a valuable mentor to the unit detectives.

Sgt. Thorp is a fine example of the high standards required by the Cobb County Police Department.





Be Inspired. Stay Connected. Like Some Stuff.
www.facebook.com/EastCobber



◀ **LT. NATHAN
MCCREARY
MORNING WATCH
COMMANDER
OF THE YEAR**

Lt. McCreary was promoted to the rank of Lieutenant in March of 2016. He was assigned to the Morning Watch. Lt. McCreary came from Precinct 2 which covers the South Cobb Area

around Six Flags Park. Lt. McCreary was selected for this honor by the officers of the shift. Typically, this honor is for an officer on the shift and not a supervisor. The Officers felt that Lt. McCreary has done an exceptional job of improving the morale and esprit de corps on the Morning Watch.

Since coming to Precinct 4, Lt. McCreary has proven to be a very motivating individual and eager to engage his officers. He maintains a high level of competency and job knowledge. Lt. McCreary has been able to motivate the officers to excel in their performance, consistently leading the Precinct in numerous statistical categories to include DUI Arrests, Traffic Stops, and Traffic Citations. During the month of September, the Precinct 4 Morning Watch lead all of the Uniform Division in Traffic Stops and Citations.

Lt. McCreary was assigned several specialized details by the Chief's office and selflessly took on the Public Information Officer position during a shortage in that unit.



◀ **BLAIR LE VASSEUR
KELLY
FIELD TRAINING
OFFICER (FTO);
DAY WATCH OFFICER
OF THE YEAR**

FTO Kelly was hired by the Cobb County Police Department in July of 2006 and in August of 2014 he was activated as a Field Training Officer. In April of 2014 Officer Kelly

was selected to the Cobb County S.W.A.T. Team. Since then, FTO Kelly has proven to be highly motivated and eager to teach new recruits. He maintains a high level of competency and knowledge in his job and has consistently been one of the top producers in all categories on the shift. He is the one officer you want responding to any crimes in progress. He is quick to take charge and give commands to younger officers. He is the officer supervisors have confidence in when making high stress decisions. He is a true shift leader and well-liked and respected by all officers.

FTO Kelly sets a high standard for all officers to follow. He is willing to give up an off day if it means another officer gets to be off to spend time with their family. He is a great role model for both younger and older officers to follow. He loves his job with the Cobb County Police and it shows every day he comes to work. 📞

.....

Hair Stylist

Highlight, Haircut, Color
Correction, Keratin Blowout,
Wedding Upstyles
Call for an appointment

281-380-4478
Deborah Moore
Salon at Phenix
Salon Suites

50 Ernest Barrett Pkwy.
Suite 4015
Marietta, GA 30066



BERGSTROM & ASSOCIATES

DIVORCE

CHILD SUPPORT

ALIMONY

LEGITIMATION



CRIMINAL DEFENSE- MISDEMEANORS

TRAFFIC CITATIONS

ELDER LAW

WILLS & ESTATE PLANNING

MEDICARE - MEDICAID APPEALS

SOCIAL SECURITY CLAIMS APPEALS

DISABILITY PLANNING

GUARDIANSHIPS, CONSERVATORSHIPS

CALL US AT 678-648-1794



Ivy

Owner: Caralyn Wall



Bunny

Owner: Mary Makucin

ANIMAL HOSPITALS

Cobb Emergency Vet Clinic

630 Cobb Parkway North • Marietta, GA 30062
770-424-9157 • www.cobbevc.com
7800 Highway 92 • Woodstock, GA 30189
678-238-0700 • www.cobbevc.com

A highly dedicated group of professionals working together to achieve excellence for their clients, patients, and profession. Exceptional staff and extensive services are offered to patients. Open 24 hours a day, 365 days a year.

Montrose Animal Hospital & Pet Hotel

1028 Woodlawn Drive • Marietta, GA 30068
770-977-9000 • www.montroseanimalhospital.com
We are particular about your pet's health. When it's time to find the "Right Vet" in East Cobb, please give us a call.

CAT CLUBS

Atlanta Cat Shows

www.atlantacatshows.org
Includes Atlanta Phoenix Cat Society, Cotton States Cat Club, Rebel Rousers Cat Club, with shows located in Cumming, Duluth, and Gwinnett County Fairgrounds.

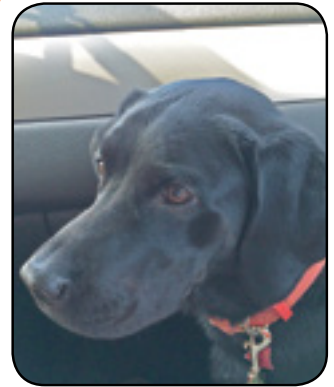
CFA Breeder Assistance & Breed Rescue, Inc.

www.cfabreederassist-rescue.org
Charlene Campbell, CFA BreedRescue@aol.com
A program of the Cat Fanciers' Association (CFA) that helps with advice, food, physical assistance, and placement of cats.

DOG CLUBS

Atlanta Doberman Pinscher Club

www.atlantadpc.com
For well over two decades, the Atlanta Doberman Pinscher Club (ADPC) has strived to fulfill its mission through various activities including two annual specialty shows, temperament testing, and, most importantly, periodic meetings where members network and share a wealth of information with each other as well as hear from a spectrum of different speakers on matters of health, nutrition, fun things to do with your dogs, rescue, etc.



Ellie

Owner: James Cannon



Rowley

Owner: Skyler Youngkin

Coming in December...



Holiday Gift Guide - A Special Advertising Section

Get Your Holidays Hopping and Your Customers Shopping!

ADVERTISE IN EAST COBBER'S GIFT GUIDE!

CALL 770-640-7070



Jagger

Owner: Renee Thomason



**Uncle Sam
(aka Sam)
Van Fleit**

Owner: Callie Van Fleit

DOG CLUBS

Atlanta Obedience Club

1193 Beaver Ruin Road, #D • Norcross, GA 30093
404-605-0378 • www.atlantaobediencclub.com
AOC is a non-profit organization. It exists for the purpose of promoting the training of dogs, disseminating the knowledge of obedience and racking training, advancing the interests of all pure bred dogs, encouraging the training of judges, holding and supporting obedience trials, tracking trials, agility trials and matches. AOC promotes cooperation and good sportsmanship among the club members in both the training and exhibition of dogs.

Bulldog Club of Metropolitan Atlanta

www.bulldogclubofmetropolitanatlanta.com
The Bulldog Club of Metropolitan Atlanta is a member of The Bulldog Club of America's Division VIII. Their goals are to protect the interests and advance the welfare of the AKC Bulldog.

Cavaliers of Greater Atlanta

www.ckcscatlanta.org
A sanctioned breed specialty club licensed by the AKC to conduct dog shows and matches. Membership is maintained in the American Cavalier King Charles Spaniel Club (the ACKCSC), which is the AKC parent club for the breed. The purpose of the club is to protect and advance the interests of the breed by promoting quality breeding, sportsmanlike competition and the education of members and the general public.

Chattahoochee Weimaraner Club

www.chattahoocheeweim.org
Tamara Brower • TamaraBrower@chattahoocheeweim.org
The Chattahoochee Weimaraner Club offers a multitude of opportunities for Weimaraner enthusiasts, including a number of fun days throughout the year which give you a chance to try agility, swimming, bird work, and just plain fun.

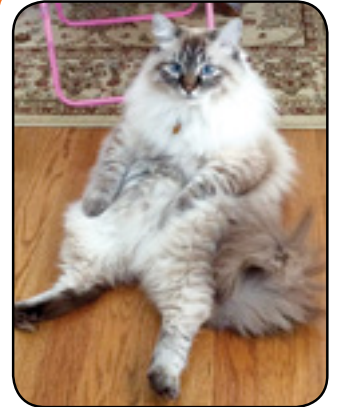
Greater Atlanta Boston Terrier Club

www.greateratlantabostonterrierclub.com
President Roni Ealy



Missy

Owner: Casey Carroll



Leo

Owners: Chad & Laura DeFoor

Penny's Pampered Pet Sitting



Know your pets are in loving, caring hands.
Eliminate the trauma of big business boarding companies, and have the confidence that I have the skills to handle any situation. Trust East Cobb's premier pet nanny.

pennyspetsitting15@gmail.com
(404)324-0296

Taking holiday reservations now!



>>Thanks for reading the East Cobber! Be sure to support our advertisers!<<



Toby

Owner: The Bissel Family

What do I do if my dog or cat bites someone?

You will be required to make a decision about the future of your pet. Confinement is a must under the Cobb County Animal Control Ordinance. This quarantine/confinement is necessary for 10 days. You can choose to quarantine the animal at your vet or the Cobb County Animal Control Shelter. If you do not choose to keep the animal because of the bite, you can request that the animal be put to sleep and tested for rabies. Neither of these options are not pleasant, but because of the potential for a rabies exposure and/or liability on your part you must make the decision that is best for your situation. Animal Control does not normally adopt out animals that have bitten or scratched, but every situation is considered individually.

DOG CLUBS

Kennesaw Kennel Club

www.kennesawkennelclubinc.org
AKC All Breed Kennel Club. They offer conformation training and obedience classes three times a year. They also have breeder referral.

Smyrna/Atlanta Toy Dog Meetup Group

www.meetup.com/Smyrna-Atlanta-toydoglovers/
Bring your spayed or neutered toy dog(s) for play dates and parties. Meet/network and share tips and experiences with other Toy Dog pet parents. Toy/small breed dogs up to 15 lbs are welcome.

Southeastern Greyhound Club (SEGC)

2232 Gordon Road • Moreland, GA 30259
770-GREYPET (473-9738) • www.greyhoundadoption.org
info@greyhoundadoption.org
The Southeastern Greyhound Club's purpose is to provide Greyhound owners with a variety of ways to have fun with their Greyhounds, and to promote the breed by spreading the word about what wonderful pets Greyhounds make.

DOG DAYCARE & BOARDING

Haven the Dog Spot

4719 Lower Roswell Road, Suite 160 • Marietta, GA 30068
770-672-7343 www.havendog.com
Haven is the area's go to dog spot for all things dog! They are passionate about dogs and invite yours to come play and stay!

DOG PARKS – COBB COUNTY

Sweat Mountain Park

4346 Steinhauer Road • Marietta, GA 30066
770-591-3162 • www.cobbcounty.org
Cobb County's first off-leash dog park officially opened on October 21, 2006. Located in Sweat Mountain Park, the dog park has an area for large dogs and an area for smaller dogs weighing 30 lbs. or less. There are benches conveniently located for dog owners as well. Open daily dawn till dusk. Closed each Wednesday morning for maintenance.

Pitner Road Dog Park

2450 Pitner Road • Acworth, GA 30101
770-528-8890 • www.cobbcounty.org
Open daily dawn till dusk. Separate areas for large and small dogs. Playground and picnic pavilion nearby for owners. Closed each Wednesday morning for maintenance.

GROOMING

Hot Dogs Cool Cats Grooming Spa & Boutique

255 Village Parkway NE, Suite 730 • Marietta, GA 30067
770-858-1000 • www.hotdogscoolcats.net
Full service grooming salon with highly skilled and friendly staff; providing basic baths to full pet make-overs. Always muzzle free. Only the best products.

Winburke Mobile Pet Grooming and Spa

770-954-6005 • www.winburkepetgrooming.com
Winburke Mobile Pet Grooming and Spa is a solar powered mobile salon that brings the convenience and comfort of personalized grooming right to your door.

HORSE CLUBS

Cherokee County Saddle Club

P.O. Box 2343 • Woodstock, GA 30188
www.cherokeesaddleclub.com
President Katherine Davis • CCSCPres@gmail.com
Meet and join other members for trail rides, poker rides, parades and educational clinics. Plus there are various social activities during the year such as monthly meetings, picnics, and parties.

Lost & Found Rules & Regulations

- Upon receipt of any domestic animal impounded, wearing a tag, the Cobb County Animal Control Division will make diligent efforts to ascertain the identity of the animal's owner and, if identified, shall, within 24 hours of receipt, contact the owner by telephone. It shall send notice of impoundment to the owner by mail.
- All animals impounded shall be kept at the Animal Control Center for a period of not less than 5 working days unless redeemed within that period.
- Any animal not re-deemed shall be considered abandoned to the Animal Control Division, in which all rights of ownership shall vest in the Animal Control Division; and the owner shall have no further claim to such animal.

- The owner must go to the Animal Control Shelter during normal hours to reclaim the pet. You must bring an I.D. (Drivers License or Georgia I. D.) and proof of ownership such as Vet Records. For more information call: 770-499-4136



HORSE CLUBS

Georgia Federation of Saddle Clubs

www.georgiafsc.com

The Georgia Federation of Saddle Clubs is a non-profit Equestrian Club. The members of the Federation compete in Judged (Performance) and Timed (Running) events.

Georgia Horse Council

P.O. Box 1307 • Dacula, GA 30019

678-835-8206 • www.georgiahorsecouncil.com

The Georgia Horse Council is a non-profit organization dedicated to promoting, educating and unifying equine-interested people, state horse organizations and state breed associations in Georgia.

Rhinestone Rodeo Chics

770-715-2028 • www.eteamz.active.com/rhinestonerodeochics

A rodeo and special events drill team formed to promote the love of horses and good horsemanship while providing high speed, thrilling, fast paced fun and family entertainment for all audiences.

PET ADOPTIONS & SHELTERS

Adopt a Golden Atlanta

404-DOGLESS (364-5377) • www.adoptagoldenatlanta.com

Adopt a Golden Atlanta is an all volunteer, non-profit organization dedicated to finding warm, loving homes for unwanted and/or abused golden retrievers before they become strays or are turned into animal shelters.

All Paws Considered

770-640-5550 • www.petfinder.com/shelters/GA175.html

All Paws Considered is an all no-kill pet rescue organization. They rescue neglected, abused and homeless animals and provide them with needed medical care and rehabilitation until permanent homes can be found.

Angels Among Us Pet Rescue (AAUPR)

PO Box 821 • Alpharetta, GA 30009

877-404-5874 • www.angelsrescue.org

info@angelsrescue.org

AAUPR, a non-profit that educates the public on the plight of animals that have found themselves in high kill shelters throughout Georgia and save as many animals as they can. They see each animal through from the actual rescue to the loving foster home and ultimately to the "forever" home they were meant to have.

Atlanta Animal Rescue Foundation

6570 James B River Drive • Stone Mountain, GA 30083

678-534-3483 • www.aarfatlanta.org

AARF was founded in 2002 and is a 501(c)(3) non-profit animal rescue organization licensed by the state of Georgia that works to assist abandoned, abused and stray animals in finding new, loving homes.

Atlanta Beagle Rescue

www.atlantabeaglerescue.org

Helps find homes for beagles in need. Each dog is spayed/neutered, vet checked and microchipped.

Atlanta Boxer Rescue Inc.

678-826-9373 • www.atlantaboxerrescue.org

Dianne Dalee • info@atlantaboxerrescue.org

An organization dedicated to the rescue and adoption of Boxers in the metropolitan-Atlanta area, and to provide support and education for Boxer owners.

Our Pal's Place

ReHome Superstore

shop • donate • volunteer

Opening in November



Proceeds benefit homeless dogs and cats in the care of Our Pal's Place, Pet Adoption Facility

Now Accepting Donations!
Gently used home décor, furniture, clothing, accessories

2558 Canton Road, Marietta

helpanimals@ourpalsplace.org

Cobb & Cherokee Emergency Veterinary Clinics

When Every Second Counts!



(770) 424-9157

630 Cobb Parkway North
Marietta, GA 30062
www.cobbenvc.com

(678) 238-0700

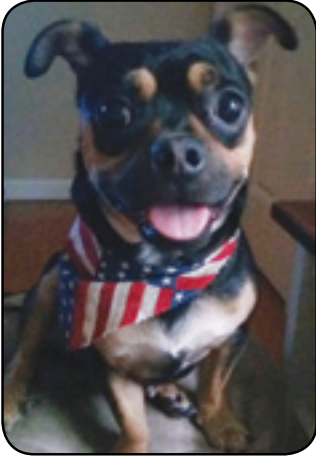
7800 Highway 92
Woodstock, GA 30189
www.cobbenvc.com



LIKE US

[facebook.com/EAST COBBER](https://facebook.com/EASTCOBBER)





Milo

Owner: David Elerson



Gracie

Owners: Penny, Kevin, and Tyison Enlund

PET ADOPTIONS & SHELTERS

Atlanta Bully Rescue

www.petfinder.com/shelters/GA645.html

The goal of ABR is to rescue and rehabilitate stray and owner-surrendered bull breed canines and find them new forever homes.

Atlanta Lab Rescue

www.atlantabrescue.com

ALR's mission is to identify and rescue Labrador Retrievers and Lab Mixes from overwhelmed shelters and abusive situations and place them in secure, loving homes.

Atlanta Pet Rescue & Adoption

4874 S Atlanta Road SE • Smyrna, GA 30080

404-815-6680 • atlantapetrescue.org

Atlanta Pet Rescue & Adoption (APRA) is a non-profit, no-kill shelter dedicated to rescuing and rehabilitating dogs and cats so they can be adopted into safe and loving forever homes.

Basset Hound Rescue of Georgia

PO Box 680322 • Marietta, GA 30068

770-499-1164 • www.bhrg.org

Basset Hound Rescue of Georgia, Inc. is a non-profit, volunteer effort to save abandoned and mistreated basset hounds for the love of the breed.

Cobb County Animal Shelter

1060 Al Bishop Drive • Marietta, GA 30008

770-499-4136 • www.cobbcounty.org/animalcontrol

As a unit of the Department of Public Safety, the shelter is responsible for handling complaints in Cobb County regarding dangerous, stray, or dead animals and animal cruelty. Call for hours.

Cocker Spaniel Rescue of Georgia, Inc.

678-318-1451 • cocker4you@gmail.com

Ferret Business of Georgia

678-345-8584 • www.petfinder.com/shelters/ferretbusiness.html



Tigger

Owners: The Kramer Family



Wu Zetain

Owners: Tracy Robinson & Robert Strader



We can't wait to see you.

MONTROSE
ANIMAL HOSPITAL
& PET HOTEL

1028 Woodlawn Dr, Marietta
www.montroseanimalhospital.com
770-977-9000

PET ADOPTIONS & SHELTERS

Forgotten Paws Pet Rescue

www.forgottenpaws.com • forgottenpaws@yahoo.com

Furkids

Cat Shelter • 2650 Pleasantdale Road • Atlanta, GA 30340
Dog Shelter • 1520 Union Hill Road • Alpharetta, GA 30005

770-613-0009 • www.furkids.org

Furkids is a nonprofit charitable organization that operates the largest cage-free, no-kill shelter in the Southeast for rescued cats and a no-kill division for dogs. At these locations, animals experience the best care in a loving, safe environment until they are adopted into forever homes.

Georgia House Rabbit Society

2280 Shallowford Road • Marietta, GA 30066

678-653-7175 • www.houserabbitga.com

The Georgia House Rabbit Society is committed to rescuing abused, abandoned and neglected domestic house rabbits, fostering them and finding them great homes. They work to educate the public on rabbit behavior and proper care.

Good Mews Animal Foundation

3805 Robinson Road • Marietta, GA 30068

770-499-CATS (2287) • www.goodmews.org

adopt@goodmews.org

A non-profit organization that operates a no-kill, cage-free shelter for homeless, abused, and abandoned cats.

Humane Society of Cobb County

148 Fairground Street SE • Marietta, GA 30060

770-428-5678 • www.humanecobb.com

Encourages the humane treatment of animals and proper care of pets. Offers animal control, humane education, library, lost and found, and adopt-a-pet program.

The Huskey Pack Rescue

info.huskeypackrescue@gmail.com • huskeypackrescue.com

Their focus is to help Siberian Huskies, Malamutes and other working dog breeds that have been abused, neglected, abandoned, or surrendered.

Mostly Mutts

770-272-MUTT (6888) • www.mostlymutts.org • info@mostlymutts.org

Mutt Maddress

2774 North Cobb Parkway, Suite 109-189 • Kennesaw, GA 30101

404-406-6322 • www.muttmaddress.org • info@muttmaddress.org

They work closely with animal control officers and other rescue organizations to reduce the number of animals entering into and being euthanized at local shelters. Mostly Mutts provides housing, health care, training, physical and emotional care to adoptable animals, while we work toward finding them a loving home.

Our Pal's Place

4508 Canton Road • Marietta, GA 30066

678-361-7626 • www.ourpalsplace.net

helpanimals@ourpalsplace.org

Pet adoption facility and education center. Its mission is to rescue dogs from euthanasia at local animal control shelters.

Papillon 911

PO Box 682225 • Marietta, GA 30068

www.pap911rescue.org

A rescue organization committed to rescuing Papillons from dog-breeding facilities.

PET ADOPTIONS & SHELTERS

Road Trip Home Animal Rescue

678-861-PAWS (7297) • www.roadtriphome.org

roadtriphome@gmail.com

Saves companion animals from life threatening situations and transports them to shelters where they can be adopted and begin new safe lives that allow them to bond with and enrich the lives of their adoptive families.

Rotts 'n Pups Rescue

404-456-8943 • rottsnpupsrescue.org

Irina Chow • rottsnpupsrescue@fastmail.fm

They save dogs from high-kill shelters, individuals who no longer want or cannot keep their animal(s), and people who find them as strays or left on their property. They are a small group of foster homes and are committed to the care of our rescue dogs for as long as necessary.

PET CLUBS — MISC.

Animals Deserve Better, Inc.

3125 Roswell Road, Suite C • Marietta, GA 30062

770-402-0297 • www.animalsdeservebetter.com

Dog Hikers Club

770-992-2002

Dr. Dan Batchelor • DrBatch@aol.com

Encourages dogs to accompany members on 10-mile hikes throughout North Atlanta area.

Happy Tails Pet Therapy, Inc.

PO Box 767961 • Roswell, GA 30076

770-740-8211 • www.happytailspets.org

Happy Tails is a non-profit group of pet owners with a common goal - to volunteer time to share the unconditional love and joy pets can give to patients and residents at a variety of facilities.

PET SITTING

Penny's Pampered Pet Sitting

2925 Carolyn Street • Marietta, GA 30062

470-377-1495 • Pennyspamperedpetsitting.com

Know your pets are in loving, caring hands. Trust East Cobb's premier pet nanny. In your home pet sitting for all kinds of animals.

PET SUPPLIES

Pet Buddies Food Pantry

PO Box 18062 • Atlanta, GA 30316

678-310-9858 • www.petbuddiesfoodpantry.org

Pet Buddies Food Pantry is a non-profit group that donates pet food to low income seniors, disabled & the homeless with pets, to help keep them out of shelters.

PET TRAINING

Family Dog Training Inc.

4961 Lower Roswell Road • Marietta, GA 30068

770-578-4860 • www.FamilyDogTrainingGA.com

Family Dog Training offers individual and group sessions stressing the importance of positive bond based dog training and dog fitness.



RESCUE GROUP ADOPTION EVENTS

Every weekend, local animal rescue groups offer at least one adoption event so their animals can strut their stuff and find their forever homes! These events allow adopters to meet several dogs or cats at the same time and choose the perfect match. The following lists the different animal rescue group and where they hold their weekly adoption events.

ANGELS AMONG US

877-404-5874 • www.angelsrescue.org
Sundays; Dog City Bakery
4369 Roswell Road, Marietta 30062
*Check website for specific dates/times

ATLANTA CANINE/

ATLANTA CANINE ADOPTION PROJECT

678-910-6382 • www.acap.petfinder.com
First and third Saturdays; second and fourth Sundays
Pet Supermarket, 1544 Piedmont Ave, Atlanta 30324
*Call Pet Supermarket - 404-879-0580 for specific dates/times.

CANINE CRUSADERS

770-374-6194 • www.caninecrusaders.petfinder.com
Saturdays 12-4pm | Petsmart
1285 Johnson Ferry Road, Marietta 30068

CASTOFF PET RESCUE

706-781-3992 • www.castoffpetrescue.org
One Saturday/month 12 | Petsmart
6370 North Point Parkway, Alpharetta 30022
*Call Petsmart – 770-343-8511 for specific dates/times.

CATS IN THE CRADLE

770-664-5821 • www.catsinthecradlerescue.org
> Saturdays 11am-5pm | Petsmart
6370 North Point Parkway, Alpharetta 30022
> Sundays 12-4pm | Petsmart, 6370 North Point Parkway, Alpharetta 30022
> Monday through Friday by appointment
Petsmart, 6370 North Point Pkwy, Alpharetta 30022

RESCUE GROUP ADOPTION EVENTS

CHEROKEE COUNTY HUMANE SOCIETY

770-592-8072 • www.cchumanesociety.org
> Saturdays and Sundays 11am-4pm | Petco
50 Ernest W. Barrett Parkway, #500, Marietta 30066
> Saturdays 11am-4pm | Petsmart, 142 Woodstock Square Avenue, Woodstock 30189

*Cats in enclosure are adoptable at Petsmart, 1285 Johnson Ferry Road, Marietta 30068 and at Petco, 50 Ernest W. Barrett Parkway, #500, Marietta 30066 and they can be viewed any day of the week.

COMPANION ANIMALS CONNECTION

678-493-9847 | www.adoptapet.com
Saturdays 11am-4pm | Petsmart, 625 West Crossville Road, Roswell 30075

FANCY FELINE RESCUE OF THE SOUTH

678-522-2152 • www.fancyfelineescue.org
Saturdays 11am-4pm | Petsmart, 860 Cobb Place Boulevard NW, Kennesaw 30144
Sundays 1-4pm | Petsmart, 860 Cobb Place Boulevard NW, Kennesaw 30144

FURKIDS ANIMAL SHELTER

770-613-0009 • www.furkids.org
> Saturdays 12-4pm | Petco, 5938 Roswell Road NE, Sandy Springs 30328
> Dog shelter, 1520 Union Hill Rd, Alpharetta 30005.
Open to the public Wednesday 10am-5pm, Thursday 12-7pm, and Saturday 10am-5pm.
> Cat shelter, 2650 Pleasantdale Road, Suite 8, Doraville 30340. Open to the public on Monday 12-5pm, Wednesday 12-7pm, and Saturday 11am-4pm, or by appointment.

*Cats are always at various Petco and Petsmart locations. Visit www.furkids.org/about-us/location-and-hours



4961 Lower Roswell Road
Marietta, GA 30068
770-317-1957

**Family Dog
Training**

Bonded & Insured



www.FamilyDogTrainingGA.com

Positive Training and Fitness Fun!

- 🐾 Private Sessions
- 🐾 Group Classes
- 🐾 Basic Manners Classes
- 🐾 Bond Based Training
- 🐾 Fun and Games Classes
- 🐾 Dog Fitness Classes

RESCUE GROUP ADOPTION EVENTS

GERMAN SHEPHERD RESCUE OF GEORGIA

www.gashepherd.org

Saturdays 11am-3pm | Top Dogs

900 Mansell Road, #13 • Roswell 30076

*Call Top Dogs – 770-641-8620 for specific dates.

GOOD MEWS ANIMAL FOUNDATION

770-499-2287 • www.goodmews.org

> Saturdays 10am-4pm; every Sunday except the first Sunday of the month, from 1-4pm; the second and fourth Thursday of the month from 5-8pm.

Good Mews, 3805 Robinson Road, Marietta 30068

Saturdays 10am-4pm; and the second, third, and fourth Sunday of the month from 1-4pm.

> First and third Saturdays 12-4pm | Unleashed
2900 Delk Road, #1450 • Marietta 30067

HOMELESS PETS FOUNDATION

770-971-0100 • www.homelesspets.com

Saturdays 12-4pm | PetSmart, 1285 Johnson Ferry Road, Marietta 30068

MISFIT HAVEN ANIMAL RESCUE

706-766-8539 • www.misfithavenanimalrescue.com

Saturdays and Sundays 10am-3pm | Petco

1100 Johnson Ferry Road, Marietta 30068

MOSTLY MUTTS

770-272-MUTT • www.mostlymutts.org

Saturdays and Sunday 11am-4pm | PetSmart

860 Cobb Place Boulevard, Kennesaw 30144

RESCUE GROUP ADOPTION EVENTS

MUTT MADD-NESS

404-406-6322 • www.muttmaddness.org

*Saturdays 12-3pm | Red Bandana, 3162 Johnson Ferry Road, Marietta 30062 and Rescued Too!

4665 Lower Roswell Road • Marietta 30068

*Call/check website calendar for location as adoption event will be held at one of the above locations each Saturday.

RELEASED RESCUE

www.releasedrescue.com

Sundays 12-4pm • PetSmart

625 West Crossville Road • Roswell 30075

RESCUE ME GEORGIA

www.rmgdogs.org

Saturdays 10am-1pm | Top Dogs

900 Mansell Road, #13 • Roswell 30076

*Call Top Dogs – 770-641-8620 for specific dates/times.

SOUTHEASTERN GREYHOUND RESCUE

770-653-3118 • www.greyhoundadoption.org

> Saturdays, November 5-19 from 9am-12pm |
Marietta Square Farmers Market, 65 Church Street,
Marietta 30060

VETERINARIAN/MOBILE VET

MILLER MOBILE VETERINARY SERVICES AND ANIMAL HOSPITAL

2100 Roswell Road, Suite 1100 • Marietta 30067

404-538-9745 • millermobilevet.com

New animal hospital and house-call veterinary practice offering wellness exams, vaccinations, labs, diagnostics, urgent care, chronic disease and pain management, dentals, x-rays, surgeries - including orthopedics



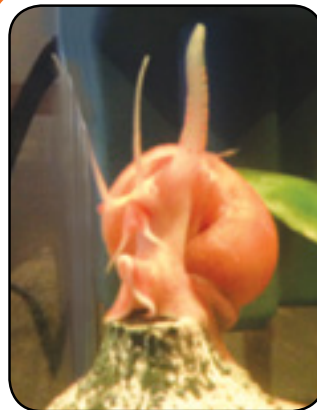
Andy Dandy (Baby)

Owner: Nancy Gibson



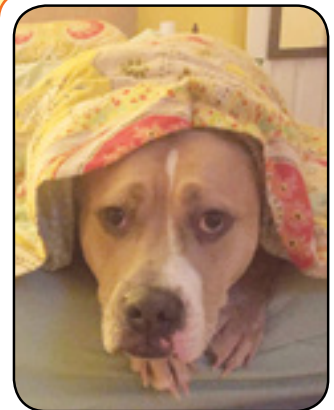
Roscoe

Owner: Dillon Dupree



Stellaluna

Owner: Audrey Nour



Zeus

Owner: Becca Saef

NCBA CHIPS IN FOR POLICE DOG



Cobb County Commissioner JoAnn Birrell, Sheriff Neil Warren and Frank Wiggington, Northeast Cobb Business Association.

Last month, the Northeast Cobb Business Association (NCBA) donated \$15,000 towards the purchase and training of a new scent dog for the Cobb County Sheriff's Department. Proceeds came from the NCBA's 5K9 road race held this past June. The dog that the Sheriff's Office is in the process of purchasing is a Hanover Hound. He is 10 months old and is currently in training in South Carolina. He will be in training until mid-July. The hound doesn't have a name yet, but the Sheriff's Office plans to partner with a local elementary school to see what name they can come up with. 🐾



.....



Should Your Pet Be Our Pet of the Month?

Fill out the information on your pet and send it to:
EAST COBBER, P.O. Box 680455, Marietta, GA 30068.
Please include a picture with your entry. Or email description and a jpg to: petomonth@eastcobber.com

Pet's Name: _____

Animal/Breed: _____

Age & Gender: _____

Favorite Food: _____

Favorite Person: _____

Best Trick: _____

Turn Ons: _____

Turn Offs: _____

Favorite Toy: _____

Last Seen: _____

What makes your pet so special: _____

Owner's Name: _____

.....



(That's Dog Talk for "You'll LOVE advertising in the EAST COBBER!")
More Info:
770-640-7070

RUN WITH YOUR DOG AT THE ATLANTA LAB RESCUE ROAD RACE

Since 2009, Atlanta Lab Rescue (ALR) has been rescuing Labrador Retrievers and Lab Mixes from overwhelmed shelters and abusive situations and placing them in secure, loving homes. Atlanta Lab Rescue averages 40-50 dogs in the program at any given time, and in their first seven years, they have rescued over 3,000 dogs.


To help underwrite their rescue efforts, ALR is holding its 2nd Annual Atlanta Lab Rescue 5K on Sunday, November 20 at Jim Miller Park, 2245 Callaway Road SW, in Marietta. It is the largest fundraiser for Atlanta Lab Rescue. The Atlanta Lab Rescue 5K is open to the community, including: children, strollers and dogs! Yes, runners are encouraged to race with their dogs. Participating dogs should be accustomed to regular exercise, well-adjusted to crowds and noisy environments



with large numbers of people and other dogs. Children under 7 must be accompanied by a parent or guardian during the race and dogs must be on a leash at all times per Cobb County laws.

The link to sign up is runsignup.com/Race/GA/Marietta/AtlantaLabRescue. The race entry will be \$35 and race day registration will be \$40 for the 5K. Runsignup.com registration will close on November 16th at midnight.

If you are not interested in running but would like to volunteer, email vickijmann@gmail.com. Additional information about the race is available at www.facebook.com/ALR5KFunRun.

Can't participate or volunteer, but still want to help? Consider donating to Atlanta Lab Rescue at www.atlantabolabrescue.com. 



Now Open!

House Call Veterinarian
Now with a permanent office location

Come visit our new Animal Hospital
in the Kroger Eastlake Pavilion
Shopping Center

404-538-5448
millervet@gmail.com

www.MillerMobileVet.com

2100 Roswell Rd, Suite 1100
Eastlake Pavilion
Shopping Center

- Wellness vaccination programs
- Surgery
- Pain management and control

- Sick pet care
- Microchip pet identification
- Flea control and heart worm preventative
- Dentistry

- Radiology (X-rays)
- Dermatology (Skin)
- Endocrinology (Hormones)
- In-home Euthanasia


THANKSGIVING DAY RACE BENEFITS MUST MINISTRIES

For the past 14 years, the Gobble Jog has become a tradition for thousands of people who get together with their friends and families to kick off their holiday. Today, more than 9,500 runners and walkers pour into the Marietta Square on Thanksgiving morning for the fun and excitement of a great event for a great cause. The proceeds now exceed \$500,000 and continue to benefit MUST Ministries, one of Georgia's recognized servant leaders.

The race is surrounded by a street festival atmosphere, according to MUST President and CEO Ike Reighard, "People tell us it's one of the most enjoyable outings they attend all year. There is a sense of family and friends on Thanksgiving Day combined with the deep desire to help their neighbors in need. What better day to show thankfulness and help others?"

Gobble Jog raises much-needed funds for those in poverty in a seven county area. MUST, in its 45th year of



service to those in need, provides groceries, hot meals, emergency shelter, housing, summer lunches for children, employment training and assistance, clothing, and school food pantries. Sign up to run or walk the 10K, 5K, 1M, or Tot Trot (age 8 and younger). Visit gobblejog.org for race event or mustministries.org for more information on the organization, ways to give and volunteer opportunities. 



MARIETTA LOCATION NOW OPEN

1320 Johnson Ferry Road
Marietta, Georgia
678.981.2440

RENASANT BANK

Understanding You.

MEMBER
FDIC

renasantbank.com

EQUAL
HOUSING
LENDER

GIVE YOUR
FAMILY THE
Smart Gift
THIS SEASON

See in store for our latest promotion



\$99
DEPOSIT SECURES
INSTALL

*Christmas Installs
Booking Fast!*

VISIT ONE OF OUR ATLANTA STORES

The Collection at Forsyth, 410 Peachtree Pkwy, Cumming 30041 • (470) 242-7099

The Avenue East Cobb, 4475 Roswell Rd, Marietta 30062 • (470) 242-7099

springfree.com

©2016 Springfree® Trampoline Inc., ©2016 tgoma® Inc.

springfree®
TRAMPOLINE
THE SMART TRAMPOLINE™

Mosquitoes Flies Gnats Wasps **YIPEE!**

ENJOY THE OUTDOORS
WITHOUT THE BUGS!



Signature Series
Simplicity Prestige TRADEMARK

Get inspired!

View our completed projects
at dcenclosures.com

Screen Enclosures
Florida Rooms
Glass Enclosures
Solariums
Victorian Conservatories
Georgian Conservatories

Conventional Sunrooms
Soft Vinyl Enclosures
Pergolas
Pool Enclosures
Motorized Screens
Patio Enclosures



Visit our Showroom at 2031 Baker Court NW Kennesaw, GA 30144



Call Today! 770-626-7201

TO LEARN MORE ABOUT OUR AVAILABLE OPTIONS
& WHY 1000'S HAVE CHOSEN TO USE DC ENCLOSURES, INC.

2016 November

COMMUNITY CALENDAR

Free Mulch. Cobb EMC offers free mulch from the clearance maintenance of Cobb EMC power lines. It is available throughout the year and can be delivered when crews are in your area. More info: 678-355-3413.

EVERY FRIDAY

The Gritters Knitters. Do you knit, crochet, or work with yarn in anyway? If you would like to get together to craft, get inspired, and make new friends, then this group is for you. All skill levels are welcome the only requirement is your enthusiasm! Just bring your yarn and yourself. Fridays: 11am-1pm. Gritters Library, 880 Shaw Park Road, Marietta. More info: 770-528-2524

EVERY SATURDAY

Marietta Square Farmers Market features products that are grown and produced in Georgia, including produce, plants, honey, breads, cheese and other items. Saturday 9am-12pm. Rain or shine. Now open all year. Glover Park-Marietta Square. More info: 770-499-9393 or mariettasquarefarmersmarket.net.

THROUGH NOVEMBER 6

A Chorus Line presented by the Atlanta Lyric Theatre. A *Chorus Line*, the musical for everyone who's ever had a dream and put it all on the line. This singular sensation is one of the longest-running American Broadway musicals ever. Thursday-Saturday: 8pm. Sunday: 2pm. Tickets range from \$33-\$58. Jennie T. Anderson Theatre, Cobb Civic Center, 548 South Marietta Parkway SE, Marietta. More info: AtlantaLyricTheatre.com or 404-377-9948.

THROUGH NOVEMBER 20

On the Verge or the Geography of Yearning presented by Georgia Ensemble Theatre. Brave, willing and yearning to see it all, three American women explorers begin their trek to Terra Incognita in 1888, taking them through darkest Africa, across highest Himalaya, only to discover they are adrift in time. The heroines navigate through uncharted territory populated with pop culture and possibility. Witty and whimsical safari through place and time. Various times. Tickets: \$29-\$35. Roswell Cultural Arts Center, 950 Forrest Street, Roswell. More info: 770-641-1260 or get.org



RSV RONALD SACHS VIOLINS

Rental Program!

Violin - Viola - Cello - Bass

- **First month rental free!**
- 100% Rent to own!
- The most fun to play and best sounding instruments in all of metro Atlanta!

(770) 485-8814

3100 Roswell Rd. Marietta, GA 30062
www.ronaldsachs.com andrew@ronaldsachs.com

Seriously... *Fun!*

THROUGH DECEMBER 4

Good Mews Décor Market. Get started on your holiday shopping at the Good Mews annual Holiday Décor Market. Choose from festive fall décor, collectibles, ornaments and tree trimmings, knick-knacks and so much more! Proceeds go to Good Mews Animal Foundation, a cage free no-kill shelter for cats. Saturday: 9am-5pm; Sunday: 12-5pm. Free admission. Sandy Plains Shopping Center, 1860 Sandy Plains Road, Suite 202, Marietta. More info: goodmews.org.

NOVEMBER 5

25th Annual Ribbons & Holly Craft Market. Great selection of vendors, unique gifts and objects of art. 9am-4pm. Mt. Bethel United Methodist Church, 4385 Lower Roswell Road, Marietta. More info: 770-971-2880 or mtbethel.org.

NOVEMBER 5 & 6

The Elegant Elf Marketplace presented by Sandy Springs Society. A high-end gift market showcasing an estimated 85 carefully selected local/East Cobb and regional vendors. All proceeds benefit over 25 non-profit organizations. 9am-5pm. \$5 entrance fee. Lake Forest Elementary School, 5920 Sandy Springs Circle, Sandy Springs. More info: www.sandyspringssociety.org.

NOVEMBER 5, 8, 11 & 13

The Atlanta Opera: *Silent Night* a powerful, true story of the spontaneous Christmas truce between French, British and German soldiers during World War I on Christmas Eve, 1914. Times vary. Tickets: \$35-\$136. Cobb Energy Centre, 2800 Cobb Galleria Parkway, Atlanta. More info: 770-916-2800 or cobbenergycentre.com.

NOVEMBER 6

Kennesaw Mountain National Battlefield Park: Artillery Demonstrations. Artillery (cannon) demonstrations show visitors the steps taken to fire cannons during the American Civil War. Each program lasts approximately 30-40 minutes and includes an explanation of the role of artillery during the Atlanta Campaign and at the Battle of Kennesaw Mountain. 11am, 12pm, 2pm, and 3pm. Kennesaw Mountain National Battlefield Park, 900 Kennesaw Mountain Drive, Kennesaw. More info: 770-427-4686 x.0.

NOVEMBER 7

Mt. Bethel Elementary School Fun Run/Walk/5k. The Fun Run is dedicated to promoting health and fitness for people of all ages—especially children. 5k: 8am; One Mile Fun Run: 9am; 1/2 Mile Kindergarten Trot: 9:30am. \$25. Mt. Bethel Elementary School, 1210 Johnson Ferry Road, Marietta/East Cobb. More info: 770-578-7248 or mtbethel.blogs.com/funrun.

YOUR EAST COBB PERSONAL INJURY LAWYER



**** Insurance companies have Professional Negotiators ****
SO SHOULD YOU!

I live in East Cobb with my wife and family. I have negotiated car and truck wreck cases for 19 years. Call me and let me help you with your case. I'm available at your convenience. Every consultation is free. I don't get paid unless you do.

S. Bradley Houck, Esq. • Houck | Regas | Reynolds



Two Ravinia Drive, Suite 1020, Atlanta, GA 30346
770-392-6081 (direct) • 770-842-5890 (cell)
brad@houck-regas.com • www.houck-regas.com

#IWorkForYou • #MyLawyerRocks
#DontBringAKnifeToAGunFight • #ImYourHuckleberry

COMMUNITY CALENDAR

NOVEMBER 8

Computer Basics. This class is for the computer novice. Students will be presented with basic computer terminology, a basic understanding of the parts of a computer, and information about using the keyboard and mouse. Prerequisite: none. Space is limited to 8 participants. 3-4:30pm. Free. East Cobb Library, 4880 Lower Roswell Road, Marietta. More info: 770- 509-2730.

Election Day

School Holiday

NOVEMBER 9

Planned Giving Seminar presented by Cobb Community Foundation. Topics include: Methods to maximize the value of donated assets, tax considerations and how they should impact your year-end gifting plans, and, other tools which enable you, your family, and your charity all to benefit simultaneously. 10-11:30am. Free. RSVP is requested. The Earl Smith Strand Theatre, 117 North Park Square, Marietta. More info/RSVP: 770-859-2329 or nancy@cobbfoundation.org.

 **Follow @eastcobber**

NOVEMBER 10

Mt. Bethel Christian Academy Main Campus Open House for prospective families for the 2016-17 school year. 10am. Mt. Bethel Christian Academy, 4385 Lower Roswell Road, Marietta. More info: 770-971-0245 or mtbethelchristian.org.

NOVEMBER 11

Tears to Triumph: The Spiritual Journey from Suffering to Enlightenment. Book signing lecture by renowned spiritual teacher and bestselling author Marianne Williamson offers an impassioned spiritual perspective on the epidemic of depression sweeping our society and joins a growing chorus of voices addressing the over medication of America in her new book. 7pm. Tickets \$65-\$85. Unity North Atlanta Church, 4255 Sandy Plains Road, Marietta. More info: 678-819-9100 or unitynorth.org.

NOVEMBER 11-12

31st Annual Mt. Zion Craft Show sponsored by the Mt. Zion United Methodist Women. Artists and crafters, door prizes, silent auction, pictures with Santa, bake sale, and more. All proceeds of this show benefit church and local women's and children's ministries. Friday: 9am-5pm; Saturday: 9am-4pm. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465 or mtzionumw.org.

Join us for our 5th Annual Titan Tidings Christmas Gift Show

Blessed Trinity High School - Main & Aux Gym
11320 Woodstock Road, Roswell, GA 30075

Saturday, November 12th - 9:00am – 5:00pm

Sunday, November 13th - 10:00am – 3:00pm

FREE ADMISSION!

Over 110 vendors offering a large variety of unique and beautiful gift items ~ Jewelry, Wreaths, Pottery, Fine Art, Holiday and Home Décor, Monogramming, Accessories, Knits, Children's Items, Huge Bake Sale and much more!

- ~ Tons of parking and all booths are indoors ~
- ~ Enter our Titan Tidings Raffle to win prizes ~
- ~ Concessions will be available ~



NOVEMBER 11-12

Atlanta Antique Gun and International Military Show.

Fri: 12-5pm; Sat: 9am-4pm. Admission: \$7; Ages 7-12 \$1; 2 day pass \$10, IMAW Union Hall, 1032 S. Marietta Parkway, Marietta. More info: 704-282-1339 or thecarolinatrader.com.

NOVEMBER 12

Make Your Own Handcrafted Greeting Cards. Learn to make fun and beautiful handcrafted greeting cards using clever card making ideas and a variety of techniques. Participants should bring a pair of sharp scissors, a personal paper cutter, and a full roll of a dot runner scrapbooking or double-sided tape. 3-5 pm. Registration is required. Ages 16 through adult. Free. Space is limited to 16 participants. Mountain View Regional Library, 3320 Sandy Plains Road, Marietta. More info/to register: 770-509-2725 or cobbcat.org.

Mt. Bethel Christian Academy (MBCA) North Campus Open House. If you've not seen the fully renovated Upper School building, don't miss this opportunity to come tour this expansive campus and hear the plans for the continued growth of MBCA's Upper School. 9am. Mt. Bethel Christian Academy-North Campus, 2509 Post Oak Tritt Road, Marietta. More info: 770-971-0245 or contact Cal Boyd, Upper School Director of Admission, cal.boyd@mtbethelchristian.org.

Service and Sacrifice. Georgia Symphony Orchestra (GSO) Chorus reflects on veterans in a stirring program honoring their service. Director Bryan Black guides musically through shared experiences of loss, remembrance, and finally hope with Handel's triumphant "Let God Arise." 8pm. Tickets \$10-\$25. Marietta Performing Arts Center, 1171 Whitlock Avenue, Marietta. More info: 770-429-2390 or georgiasymphony.org

NOVEMBER 12-13

Titan Tidings Christmas Gift Show. Over 110 vendors offering jewelry, holiday and home décor items, clothing and accessories, pottery, glassware, knits, monogramming, gourmet food items, children's items, fine art and much more. The Campus Ministry Mission Trip will be hosting a huge bake sale in the cafeteria with all proceeds of the bake sale going to the mission trip. Sat: 9am-5pm; Sun: 10am-3pm. Blessed Trinity High School, 11320 Woodstock Road, Roswell. More info: 678-277-9083 or titantidings@btccatholic.org.

NOVEMBER 16

9th Annual Chili Cook-off. Join members, staff, and the community for a good-ole fashioned Chili Cook-Off! Top three finishers will be recognized. Not a cook?! Then come sample all of the chili you can eat for a \$5 donation to Why It Matters. Toppings for chili will be provided. 11:30am. McCleskey-East Cobb YMCA, 1055 East Piedmont Road, Marietta. More info/to register: Kristen Gauvreau, at 678-564-2120 or email kristeng@ymcaatlanta.org.

BIG ORANGE SANITATION



BOSS features highly visible, new and safe equipment, and impeccable service.
Serving—30062, 30066, 30067, 30068, 30328 and 30075
3 MONTHS FREE WITH THIS AD. (Curbside Only)
You have a choice! Allow BOSS to earn your business.

770 693 5777

COMMUNITY CALENDAR

NOVEMBER 17-19

Guard & Reserve On-site Sale hosted by The Military Family Support Center. The sale is available to retired veterans and active duty personnel and their families who have been granted commissary privileges. Sale features grocery goods, and features a stock assortment of about 1,000 items including fresh meat, fresh produce, chilled and frozen items. Military Support Center, 1901 Terrell Mill Road, Marietta. More info: Susan Edmonds, susan.edmonds2@deca.mil or 478-222-7618.

NOVEMBER 18

The Foxtrotters Dance Club invites singles and couples over the age of 55 to enjoy an evening of dancing to the music of The Continentals Band. The theme is "Baby It's Cold Outside," attire is semi-formal to formal. Doors open at 7pm, the dance is 7:30-10:30pm. \$10, refreshments included. Bring a new, unwrapped toy for Toys for Tots Drive. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-509-4900 or foxtrottersdanceclub.wordpress.com.

NOVEMBER 18 & 19

Veterans Art Show presented by MarketPlace 120. Art by military veterans. Featuring the art of A-Rob, Kip Wilmont, and more. 10% of sales go to the Iraq/Afghanistan Veterans Association. Live music, door prizes and complimentary refreshments. Fri: 5:30-9pm; Sat: 3-7pm. MarketPlace 120, 562 Wylie Road SE, Marietta. More info: 678-540-7511 or marketplace120.com.

NOVEMBER 18-20

Annual Gem and Mineral Show & Sale presented by Cobb County Gem & Mineral Society. Over 35 vendors will show a large selection of gems, fossils, rocks and bead supplies. Friday-Saturday: 10am-6pm. Sunday: 10am-5pm. Cobb County Civic Center, 548 South Marietta Parkway SE, Marietta. More info: cobbcountymineral.org.

NOVEMBER 19

2nd Annual Gingerbread House Competition & Showcase Gala presented by the Junior League of Marietta-Cobb. The evening includes a jazz ensemble cocktail hour, a seated dinner, silent auction, gingerbread house displays and dancing to music provided by Preferred Sound Productions. 7-11pm. Tickets: \$75/person. Hyatt Regency Suites Atlanta Northwest, 2999 Windy Hill Road SE, Marietta 30067. More info: 770-403-4894 or jlcm.org.

NOVEMBER 19-20

Annual Sprayberry Arts & Crafts Show. Over 150 artists and crafters, raffle and great food. Proceeds go to Sprayberry High School PTSA. Saturday: 9am-5pm. Sunday: 12-4pm. Sprayberry High School, 2525 Sandy Plains Road, Marietta. More info: 770-578-3200 or sprayberryptsa@gmail.com.

Visit with Santa. Presented by Jr. League of Marietta – Cobb. Activities includes crafts, games, songs and story time. Sat: 8-11am; Sun: 1-4pm. \$10/person (children under 3 free). Hyatt Regency Suites Atlanta Northwest, 2999 Windy Hill Road SE, Marietta 30067. More info: 770-403-4894 or jlcm.org.

NOVEMBER 21-23

Chattahoochee Nature Center (CNC) Thanksgiving Break: Cardboard Forest. Creativity combined with recycled objects helps create an imaginary habitat – Cardboard Forest! Join in for daily construction. 10am-5pm. CNC Members: Free. General Admission: \$10 Adults; \$7 Seniors (Ages 65+) & Students (Ages 13-18); \$6 Children (Ages 3-12); Children 2 & under are free. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or chattnaturecenter.org

 **Follow @eastcobber**



THE LAW OFFICES OF SEAN R. WHITWORTH
DIVORCE AND FAMILY LAW
Serving Cobb and All Metro Counties

- Flat Fees
- Divorce
- Legitimation and Paternity
- Visitation and Child Custody
- Alimony and Support Contempt
- Modifications of Divorce Decrees
- Temporary Restraining Orders

Sean R. Whitworth
Attorney-at-Law

www.swhitworthlaw.com
For A Free Consultation Contact Us At
770-490-0921
seanwhit@swhitworthlaw.com



WE MAKE YOUR SMART KID EVEN SMARTER!

Give your child an academic advantage!

Schedule a FREE Placement Test today!

Kumon Math & Reading Center of
ROSWELL - SHALLOWFORD CORNERS
4401 Shallowford Rd., Suite 142, Roswell, GA 30075
678.790.0404
kumon.com/roswell-shallowford-corners

FOR AGES 3+

KUMON®

NOVEMBER 21-26

Certified Teen Driving Course offered by Safe America Foundation, licensed by the State of Georgia Department of Driver Services. Students will attend the state-required 30 hours of classroom training after which they must complete the required behind-the-wheel training individually within 6 months. 9am-3:30pm. No classes Thanksgiving Day. \$474/classroom + 6 hours behind the wheel training. The Safe America Foundation, 2000 First Drive, Suite 310, Marietta. More info: 770-973-7223 or safeamerica.org.

NOVEMBER 24

14th Annual Gobble Jog. MUST Ministries' largest fundraiser. Peachtree qualifying race. Packet pick-up Wednesday, November 23, 11am-6pm, Cobb County Civic Center, 548 South Marietta Parkway SE, Marietta. Same day registration for untimed runners only beginning at 6:30am. 10K (7:30am start), 5K (9:00am start), 1K (8:45am start) and Tot Trot (ages 5 & under - 10:30am start). Marietta Square. More info/to register: 678-218-4521 or gobblejog.org.

NOVEMBER 24-DECEMBER 31

Lights of Life. Millions of holiday light displays throughout the Life University campus. Come see Santa and his sleigh (which stands over 65 feet high, making it the tallest in the Southeast.) Pictures with Santa, pony rides. Seasonal drinks and snacks. Friday-Sunday: 6-10pm. Monday-Thursday: 6-9pm. \$5/car. \$10/Friday-Sunday. \$20/bus. A portion of the proceeds will be donated to the Atlanta Community Food Bank. Life University, 1269 Barclay Circle, Marietta. More info: 678-331-4334 or www.life.edu.

DECEMBER 1

Holiday Tree Lighting. Join Santa Claus to kick off the holiday season. Festivities begin at 5pm with performances by local school choruses. Santa will arrive at 5:20pm and light the giant Christmas tree at 6pm. More entertainment will follow while Santa visits with children in the gazebo until 8pm. Historic Marietta Square. More info: 770-794-5601 or mariettagov.gov.

DECEMBER 1, 6, 8, 13

High Tea, a delightful way to spend an afternoon in the 1839 childhood home of Mittie Bulloch. Visit includes a delicious 2-course tea served by ladies in period clothing and a tour of the house decorated for Christmas. 4pm. \$45/person. Reservations required. Bulloch Hall, 180 Bulloch Avenue, Roswell. More info: 770-992-1731, ext. 7 or bullochhall.org.

DECEMBER 2-3

36th Annual Apple Annie Crafts and Arts Show. Over 120 of the Southeast's finest artisans and crafters. One of the largest nonprofit shows with a high quality and large assortment of crafts and arts in a festive setting. Proceeds support local charities. Friday: 9am-7pm. Saturday: 9am-2pm. \$3. Under 12: Free. No strollers. Catholic Church of St. Ann, 4905 Roswell Road, Marietta. More info: 770-552-6400 or st-ann.org.

DECEMBER 2 & 4

Carols for Christmas. Sing exciting music accompanied by a full orchestra, and be a part of an event that spreads Christmas cheer to the whole community. December 2: 7:30pm. December 4: 5:30pm. Free. Mt. Bethel UMC, 4385 Lower Roswell Road, Marietta. More info: Sandra Chapman, 770-971-2730 or Sandra.Chapman@mtbethel.org.

DECEMBER 2-4

The Nutcracker presented by The Georgia Ballet. This play features dancing snowflakes, giant toy soldiers, a growing Christmas tree, and a delectable land of sweets. Friday: 8pm. Saturday: 2pm & 8pm. Sunday: 2pm & 5:30pm. \$30-\$40. Jennie T. Anderson Theatre, 548 South Marietta Parkway, Marietta. More info: 770-528-0881 or georgiaballet.org.

DECEMBER 3

Back to Nature Holiday Market and Festival. Meet over forty fine arts artisans. The market contains local vendors selling their handmade, eco-friendly goods for your holiday gift giving. 10am. Free. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or chattnaturecenter.org.



25% OFF
ONE REGULAR -PRICED ITEM*
(Excludes Alex & Ani)
EXPIRES 12.1.16

*CANNOT BE COMBINED WITH OTHER OFFERS, COUPONS OR SALES. NOT VALID ON PURCHASES OF GIFT CARDS.



COMMUNITY CALENDAR

DECEMBER 3

St. Nicks Café. See the play *A Suessified Christmas Carol*, Santa arrives and each child leaves with a handmade ornament! 9am & 11am breakfast provided; 1pm lunch provided. Tickets: \$12. The Art Place - Mountain View, 3330 Sandy Plains Road, Marietta. More info: 770-509-2700 or tapmarietta.com

DECEMBER 3-4

The Marietta Pilgrimage Christmas Home Tour of six private historic homes all lovingly restored and decorated for the season. Saturday: 9am-6pm. Candlelight tour: 7-9:30pm. Sunday: 10am-6pm. Day tour: \$25. Candlelight tour: \$20. Combination: \$25. Marietta Welcome Center, No. 4 Depot Street, Marietta. More info: 770-429-1115 or 770-426-4982 or mariettapilgrimage.com.

DECEMBER 4

Tower of Talent benefiting Children's Healthcare of Atlanta. An extravaganza of some of the most talented child performers in Atlanta. Outstanding child performers, singers, and musicians will perform music from Beethoven to Broadway to rock n' roll and pop. 4:30-6pm. Tickets: \$30-\$100, Cobb Energy Performing Arts Centre, 2800 Cobb Galleria Parkway, Atlanta. More info: melisa.morrow@choa.org or www.choa.org/toweroftalent.

DECEMBER 5

Cobb Chamber of Commerce's First Monday Breakfast. Speaker: Kim Bearden, cofounder and executive director of The Ron Clark Academy (RCA). 7:30-9am. Cost of the breakfast: \$30 members; \$60 general admission. Cobb Galleria, Two Galleria Parkway, Atlanta. More info/RSVP: 770-980-2000 or cobbchamber.org.

DECEMBER 6

Cobb Executive Women Annual Holiday Social. Say goodbye to 2016 at dk Gallery on the Marietta Square! Drinks and food will be provided as attendees mingle among the art set to holiday music, provided by saxophonist Ollie Patterson. 6-8pm. CEW Member (single): \$30; CEW Guest (single): \$40; CEW Member + CEW Guest: \$50 total (must register together). dk Gallery, 25 West Park Square, Marietta. More info: Maddie Nachtmann, mnachtmann@cobbchamber.org.

DECEMBER 7

Holiday Lights Celebration. A formal tree lighting Mt. Bethel Christian Academy and Simpson Middle School choirs will perform. Also, a magical visit by Santa for the kids. 5-8pm. Free. Hot chocolate and light snacks will be sold. All proceeds go to Friends of East Cobb Park. East Cobb Park, 3322 Roswell Road, Marietta. More info: info@eastcobbpark.org or eastcobbpark.org.

Eastside Baptist Church presents

Singing Christmas Tree

FREE Tickets at EBCfamily.org

December 2-4

2450 Lower Roswell Road

Dr. John Hull - Lead Pastor



"I invite you to experience the joy of Christmas at Eastside as we celebrate the most wonderful time of the year! Don't miss this East Cobb tradition as we rejoice and proclaim the birth of our Savior, Jesus Christ."

- Dr. John Hull

ONE WEEKEND ONLY!

FRI 7:00 PM | SAT. 3:00 & 7:00 PM | SUN. 3:00 & 7:00 PM

Over 1,000 Dazzling Lights,
Spectacular
100 Voice Choir & Orchestra,
Drama and more!



Winter Break Camp at Camp Kingfisher

**Summer Camp
without
the heat!**

- Animal encounters
- Outdoor games
- Hikes
- Hot cocoa breaks
- STARLAB

K - 7th grade • Register now!

**Session 1
Dec. 27 - 30**

**Session 2
Jan 2 - 4**

9 AM - 4 PM daily

FREE extended care from 8 - 9 AM and 4 - 6:15 PM

**770-992-2055 x222 • 9135 Willet Rd., Roswell, GA 30075
Chattnaturecenter.org**

Happy Thanksgiving!

We've got plenty to be thankful
for and that includes
the privilege of serving you.
We appreciate your
continued support.

EAST COBBER

Celebrate the Sounds
of the Season
with the
**Johnson Ferry
Choir and
Orchestra**



**Saturday,
December 10
4:00 & 7:00 pm**

**Sunday,
December 11
4:00 & 7:00 pm**

No Ticket Required

**Childcare available with
advanced registration**

the Wonder... and Worship!



Christmas Packages

**Sunday, December 4
4:00 - 7:30 pm
Music • Food • Fun • Free!**

**JOHNSON FERRY BAPTIST CHURCH
955 Johnson Ferry Road, Marietta, GA 30068 • 770.973.6561 • johnsonferry.org**

EAST COBBER

Holiday Gift Guide

Make your shopping merry and bright with our Holiday Gift Guide filled with great gift ideas you can get right here in East Cobb!

LaVida Massage is making the stress of holiday shopping easier with gift card offers for massage and facial services. When you buy \$150 in gift cards, you'll receive a gift certificate for a free 60 minutes of a massage or facial.

LaVida Massage of East Cobb/Marietta
4880 Lower Roswell Road
Marietta 30068
770-973-6385
Marietta.GA.LaVidaMassage.com



Show you care by giving the gift of health with a gift certificate in any amount for healthy organic meals, groceries or vitamins.

Life Grocery & Café
1453 Roswell Road
Marietta 30062
770-977-9583
lifegrocery.com



Is there anything in the world that makes grandma and grandpa happier than to have portraits of their grandkids? A portrait taken by Michael's Photography is a great way to share your love.

Michael's Photography
770-977-6900
themichaelsphotography.com



Your friends and family will thank you twice when you give them a Queen of Hearts gift certificate – when they open the envelope and again when they shop at “the Queen” and make that special purchase.

Queen of Hearts
2745 Sandy Plains Road
Marietta 30066
678-453-0600
queenofheartsantiques-interiors.com



Give yourself or someone you love a gift of a lifetime: piano lessons!

Silva Piano Studios
1518 Blackwell Road
Marietta 30066
770-565-7177
silvapiano.com

Mud Pie platter is the perfect gift for a friend, family member or even hostess gift. The best part is that you get such a nice looking gift at a very reasonable price!

Ivy Lane
3605 Sandy Plains Road
Marietta 30066
770-578-0506
ivylanemarietta.com



Give the gift of personalized, custom inserts for men and women to put in their shoes and enjoy for years. In-store and on-line gift certificates available.

Foot Solutions
4101 Roswell Road NE, Suite 800, Marietta 30062
770-984-0844 • www.footsolutions.com/eastcobb



The Museum Store has the best holiday shirt in town featuring the Big Chicken. We carry them in adult and children's sizes in red and green.

Marietta Museum of History
1 Depot Street
Marietta 30060
770-794-5710
www.mariettahistory.org



Imagine the look on your kids' faces when they wake up Christmas morning to see a Springfree Trampoline in their backyard!

Springfree Trampoline
The Avenue East Cobb
4475 Roswell Road
Marietta 30062
678-456-4289
www.springfreetrampoline.com/store/marietta-atlanta-georgia

Holiday Gift Guide

Marietta Museum of History
1 Depot Street
Marietta, GA 30060
770-794-5710
www.MariettaHistory.org

Your Hometown Holiday Hotspot!
Check out our assortment of locally made Georgia Clay Ornaments! Museum Members receive a 20% discount.

Holiday OPEN HOUSE
NOV 10-13
2748 SANDY PLAINS RD (at Post Oak Trail)
678-453-0600 | MARIETTA

You are invited to kick off the holiday season beginning at 10 am on Thursday, November 10.

Enjoy refreshments throughout the day while you leisurely shop our store finding that perfect holiday gift or special decorative item.

Please feel free to invite friends and family. The Queen of Hearts loves hosting her long-standing patrons and meeting new customers.

Happy Holidays to you and your family.

queenofheartssanctuaryinteriors.com

* Please bring an unwrapped toy to benefit the Secret Santa program for Cobb DFACS

QUEEN OF HEARTS
Sanctuary Interiors

VETERANS CELEBRATED THROUGHOUT COBB

Veterans Day, celebrated this year on Friday, November 11, gives Americans the opportunity to honor the bravery and sacrifice of all who have served in the United States military. Here are some local events planned to commemorate those who served our country.

★Acworth Veterans Day Ceremony

November 11, 2pm.

Veterans Memorial at Patriots Point – Cauble Park
4425 Beach Street, Acworth

The ceremony to honor veterans is held each year at the Veterans Memorial at Patriots Point in Cauble Park. Veterans and current servicemen give comments on what service to the country means to them. Engraved pavers dedicated to those who have served in the armed forces that have been purchased since the previous Memorial Day will be presented at the event.

★Cobb Wind Symphony Veterans Day Concert

November 6, 3pm

Lassiter Concert Hall

2601 Shallowford Road, Marietta

Presented by the Cobb Wind Symphony, Conducted by Alfred Watkins and Assistant Conductor, Robert J. Cowles. Come and listen to your favorite patriotic tunes! Free. More info: 678-305-7148 or cobbwindsymphony@yahoo.com.

★Kennesaw Veterans Day Luncheon

November 11, 12pm

North Cobb American Legion Post 304, along with Kennesaw city officials and staff, will honor America's service men and women with a complimentary lunch at the Ben Robertson Community Center, 2753 Watts Drive. All veterans and active military service members are invited to attend. No identification will be required.

★Marietta 12th Annual Veterans Day Parade

November 11, 11am

Roswell Street Baptist Church

774 Roswell Street, Marietta

The parade begins at Roswell Street Baptist Church, loops through Marietta Square, and ends between the new Cobb Courthouse and Marietta City Hall. The patriotic parade includes marching bands, drill teams, floats, military vehicles and veterans' organizations. The parade will have both Marietta and Cobb County schools represented by their bands and their JROTC units. Thirty or more parade entries are anticipated along with a display of military vehicles. After the parade, spectators are invited to pay tribute to the men and women who have fought to keep during a ceremony on the Square at noon. This year's Grand Marshall is Captain Ed Gallrein, United States Navy SEAL (retired).

★Smyrna Veterans Day Ceremony

November 11, 11am

20th Century Veterans Memorial, adjacent to City Hall
2800 King Street, Smyrna

The event is sponsored by The City of Smyrna, the Smyrna Veterans Committee, the Veterans Memorial Association of Smyrna, American Legion Post 160, and the Smyrna Rotary Club. Join in honoring the service of all United States military veterans who have served in times of war and conflict and in times of peace. This year's ceremony stars Alvin Townley, best-selling author who risked everything on a dream when he embarked on a personal odyssey to discover stories of purpose, personal triumph, and adventure. His travels have taken him around the world. On these trips, he has uncovered inspiring stories of human spirit.

★Veterans Salute

November 13, 11am

North Cobb Senior Center

3900 S. Main Street (inside Kennworth Park)

Join North Cobb Senior Center as they host a special tribute and luncheon for those who served in the armed forces. The event is free to veterans and spouses. Please make your reservations no later than November 4. Please call 770- 975-7740 to register. Limited seating.

★64th Annual Military Appreciation Luncheon

November 14, 11am

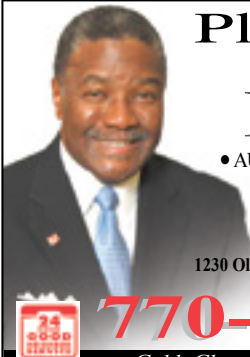
Cobb Galleria Centre, Two Galleria Parkway SE, Atlanta

Tickets: \$55/person

Local businesses, community members and military representatives salute local military. The program includes a salute to fallen soldiers, recognition of military personnel, and the presentation of the 2016 USO Patriot Award.

More info: Katie Guice at 770-859-2334 or kguice@cobbchamber.org.

.....



**Plan For
Your Future
Now!**

• AUTO • LIFE • HEALTH • HOME • BUSINESS

Don Johnson

www.donjohnsoninsurance.com

1230 Old Canton Rd. • Marietta, GA 30062 • Fax: 770-973-8550

770-973-8545

Cobb Chamber Small Business of the Year

SWIM ATLANTA

Located at Mt. Bethel North Campus
2509 Post Oak Tritt Road
Marietta, GA 30062

COME JOIN OUR TEAM!

Call Today to setup
your evaluation.

Email- Rick@swimatlanta
or call 404-429-4452

Masters/Triathlon
Swimming

Email- Pateddy52@aol.com
or call 614-670-1108

WANTED!



PEOPLE WHO WANT TO
MAKE A DIFFERENCE
IN THE LIVES OF
CANCER PATIENTS.

Happy Caps is a non-profit organization made up of wonderful people who make a meaningful contribution to the life of cancer patients undergoing treatment. Each cap is gift-tagged and is signed with a personal message by the volunteer who made it.



Ways to volunteer:

- Create caps at your own pace.
- Create caps with a group.
- Support Happy Caps overall by doing volunteer or donor outreach.
- Donate beautiful soft yarns.

Contact Us!

www.HappyCapsAtlanta.org
Email: contact@happycapsatlanta.org

Like Us!



EAST COBBER

Next Issue: December • Deadline: November 15
Call East Cobber: 770-640-7070



DINING GUIDE

Asian Express

>Chinese
New York style chinese food, dine-in and take out.
4880 Lower Roswell Road, #110, Marietta 30068
Mon-Sat: 11am-10pm;
Sun: 12-9:30pm
770-675-9369

Café Life at Life Grocery

>Vegetarian
Healing, Wellness, & Healthy Food for the Mind, Body & Soul. Choose from a variety of organic vegan foods.
1453 Roswell Road
Marietta 30062
Mon-Sun: 12-5pm
770-977-9583
www.life-grocery.com

Chicago's Restaurant

>American
Celebrating 25 years in the neighborhood, eat where the locals eat! Relaxed dining, warm hospitality, offering a wide selection of entrees, hand crafted cocktails and terrific wine list. Cozy bar. Live music and entertainment Fridays and Saturdays.
4401 Shallowford Road
Roswell 30075
Open daily 5pm;
Sunday Brunch: 10:30am
770-993-7464
www.chicagosrestaurant.com

Cookies By Design

>Cookies
Cookies by Design created the world's first cookie arrangement more than 20 years ago and continues to provide customers with gift-giving arrangements of individually hand-decorated cookies for every occasion.
3101 Roswell Road
Marietta 30062
Mon-Fri: 9am-6pm; Sat: 10am-3pm
770-578-0200
www.cookiesbydesign.com/
locations/Georgia/
Marietta/30062

Corner Pizza

>Pizza
Fast casual, full service neighborhood pizzeria utilizing only the finest ingredients. In store made dough, bread, sauce, and dressings equate to an exceptional experience.
4651 Woodstock Rd NE, Ste 305
Roswell 30075
Mon-Sun: 11am-10pm
770-518-1701
www.cornerpizza-atl.com

Edible Arrangements

>Fruit
Delicious, high quality, artistically designed fresh fruit arrangements that are practical and healthy gifts and centerpieces for everyday occasions and events.
• Parkaire Landing
Shopping Center
4880 Lower Roswell Road
Suite 820; Marietta 30068
• Target Shopping Center
1125 Woodstock Road, Ste 300
Roswell 30075
Mon-Fri: 8am-7pm,
Sat: 8am-5pm; Sun: 8am-1pm
770-579-7081
www.ediblearrangements.com

Fat Lady Baker

>Prepared food and bakeshop
Prepared foods and bakeshop. Don't hit the drive-thru! Stop in and grab one of many entrees, a loaf of bread, some slow cooked green beans, and desert. Heat up for a delicious healthy dinner on the table in a few minutes! Let the Fat Lady Cook Tonight!
2995 Johnson Ferry Road
Marietta 30062
Tues-Fri: 10am-6:30pm; Sat:
10am-1pm (if not sold out)
770-587-3005
www.fatladybaker.com

Frankie's New York Style Italian Ristorante and Pizza

>Italian
Authentic New York Style Italian food and hand tossed pizzas. Offers catering for your events. Delivery after 5pm. Half price wine on Mondays. "Employee Discounts" to all Police, Fire and EMS.
3100 Roswell Road
Marietta 30062
Mon-Sat: 11am-10pm;
Sun: 12-9pm
770-578-6608
www.frankiesonroswell.com

Fuji Hana

Steak, Sushi, Thai
>Japanese & Thai
\$1 Sushi every Monday night dine-in only. Hibachi Early Bird Special from \$10 every day before 6pm. Voted Best Asian Restaurant in East Cobb.
1255 Johnson Ferry Rd, Suite 1
Marietta 30068
Mon-Sun: 11:30am-10pm
678-560-8071
www.fujihanaeastcobb.com

J. Christopher's

>Breakfast, Brunch, Lunch
J. Christopher's is a neighborhood daytime breakfast and lunch eatery featuring traditional house-made favorites, healthy choices, and creative menu options in a comfortable, friendly atmosphere.
1205 Johnson Ferry Road
Marietta 30068
Daily: 7am-2pm
770-579-6800
www.jchristophers.com

Jersey Mike's Subs

>Submarine Sandwiches
Jersey Mike's Subs serves the most authentic submarine sandwich available. The Certified Angus Beef top rounds are cooked right in the store. The meats and cheeses are all top-quality premium brands. The bread is fresh-baked every day on the premises. Everything's prepared right in front of you.
4400 Roswell Road, Suite 148
Marietta 30062
Mon-Sun: 10am-9pm
770-321-3998
www.jerseymikes.com

My Friend's Place Deli & Catering

>Deli, Catering
A neighborhood deli with an inviting atmosphere suitable for a friendly gathering or a healthy alternative for a business lunch. In today's fast-paced, health conscious world, we have set out to provide a quality, quick-serve, alternative to fast food. Simply Delicious and Always Prepared Fresh!
1205 Johnson Ferry Road
Suite 127
Marietta 30068
Mon-Sat: 10am-3pm
770-971-0124
www.myfriendsplacedeli.net/
eastcobb

New Lucky China

>Chinese and Sushi
The Best Chinese and Sushi in this Neighborhood.
3045 Gordy Parkway
Roswell 30062
Sun-Thurs: 11am-10:30pm;
Fri-Sat 11am-11pm
770-565-9666
www.newluckychina.com

SERVING EAST COBB SINCE 1992
3130 JOHNSON FERRY ROAD | MARIETTA | 770-640-1731

Come hungry. IHOP Leave happy.

VOTED #1 IN FAMILY DINING

KIDS EAT FREE EVERYDAY: 4-10PM
Including Holidays and Weekends!
*ONE FREE KIDS MEAL OFF THE "JUST FOR KIDS" MENU
PER ADULT ENTREE FOR KIDS UNDER 12



SENIORS: BUY ONE ENTREE GET ONE FREE
MONDAYS & TUESDAYS: 3 - 10PM
*ONE FREE MEAL OFF THE "SENIOR" MENU



Celebrating 25 Years

CHICAGO'S

Relaxed Dining...Warm Hospitality

Eat where the locals eat!

Serving dinner daily at 5 p.m and Sunday Brunch

4401 Shallowford Road (at Johnson Ferry Road)

www.chicagosrestaurant.com

770-993-7464



THE NEIGHBORHOOD DINING GROUP

LOCAL RELIGIOUS LEADERS HOLD 12TH ANNUAL THANKSGIVING CELEBRATION



▲ Pictured above are the religious leaders who participated in last year's Ecumenical Thanksgiving Celebration: Front row: Mansoor Sobhani, SEWA (Sikh Educational Welfare Association) Gurudwara Sahib; Rabbi Steven Lebow, Temple Kol Emeth; Gillian Renault, Vedanta Center of Atlanta; Noor Abbady, Roswell Community Masjid; Hal Schlenger, Temple Kol Emeth. Middle row: Asst Imam Amjad Taufique, Islamic Center of Marietta; Monsignor Patrick Bishop, Transfiguration Catholic Church; Father Jim Nixon, St. Catherine's Episcopal Church; Rabbi Erin Boxt, Temple Kol Emeth. Back row: Rev. Richard Burdick, Unity North Atlanta Church; Dr Tim McConnell, Eastminster Presbyterian Church; Jeff Hickman, North River Church of Christ; Yusof Khalousi, Baha'i Faith Center for Learning; Imam Furqan Muhammad, Masjid Al-Muminum; Rev. Brian Germano, East Cobb United Methodist Church; Rev. Jeff Jones, Emerson Unitarian Universalist Congregation.

This year being an election year, there are many opposing thoughts and beliefs on what is best for the country and our communities. However, this Thanksgiving season a group of religious leaders is looking to unite people and bring peace into their hearts. Together they are sponsoring the 12th annual Ecumenical Thanksgiving Celebration. The theme this year is "The Ripple Effect: Together We Create Waves." Scheduled for Thursday, November 17, 7 p.m., the service will take place at Temple Kol Emeth, 1415 Old Canton Road in Marietta/East Cobb.

"This year's event will focus on the welcoming spirit of the United States and will feature many stories about making positive changes in the lives of others," said Bassem Fakhoury from the Roswell Community Masjid. "I

think it's a very timely and apt subject in light of the negative political rhetoric associated with the election cycle."

The community is invited to attend this unique opportunity in joining seventeen different local churches and other faith-based congregations in a celebration of life and unity. Come to learn about the various religions and find things in common with others.

"For me, meaningful interfaith partnership begins by learning about other faiths," said Reverend Jeff Jones, a minister at the Emerson Unitarian Universalist Congregation. "It is out of our not knowing that people sometimes respond out of fear. And so by learning

>>> continued on next page >>>

about other faiths, each of us becomes an ambassador of interfaith work and ministry in the community."


The program will be filled with music, humor and reflections offered by some of the faiths. This will be followed by some reflections given by inspirational speakers representing Baha'i, Christianity, Earthkeepers (First Nation), Islam and Judaism.

"We are happy to open our doors to the community," said Hal Schlenger, the event chairperson. "One of the good examples of Coexisting and learning is that you will hear the beautiful Islamic call of prayer sung from a Jewish synagogue's pulpit. While we each pray a little differently, the purpose is the same."

The Ecumenical Thanksgiving Celebration is an uplifting and often humorous program where those in attendance can also participate and be a part of something positive. During the reception after the program, there is a Wall of Words where anyone can write their thoughts, comments or feedback on a wall and share what moves them.

"We hope the take away from this year's program is being the change you want to see," Schlenger said.

"So as a community we can do that. The change we want is to see that our religious differences are relatively minor compared to the commonality we all share. This program becomes an opportunity for you to meet people of other faiths and realize they are pretty much the same as you are."

For more information regarding the Ecumenical Thanksgiving Celebration, visit the Facebook page www.facebook.com/Ecumenical-Thanksgiving-Celebration, or contact Hal Schlenger, hal.schlenger@earthlink.net or Temple Kol Emeth, 770-973-3533. 

Who says nothing in life is free?
 Take a moment to sign up and we'll send you our weekly e-newsletter featuring useful and unique news about East Cobbers and our East Cobb community. Sign up at www.eastcobb.com

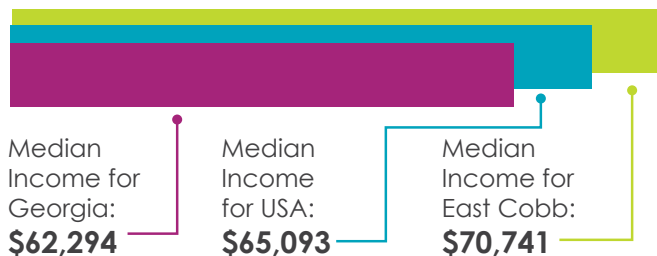


EAST COBBER: Serving East Cobb County since 1993


EAST COBBER targets East Cobb residents better than any other publication in Metro Atlanta. 'East Cobb' County is comprised of the following zip code areas: 30062, 30066, 30067, 30068 and some of 30075. Here is a snapshot of the East Cobb community we serve:

AFFLUENT

East Cobb County is the wealthiest area in all of Cobb County and one of the most affluent in Metro Atlanta.

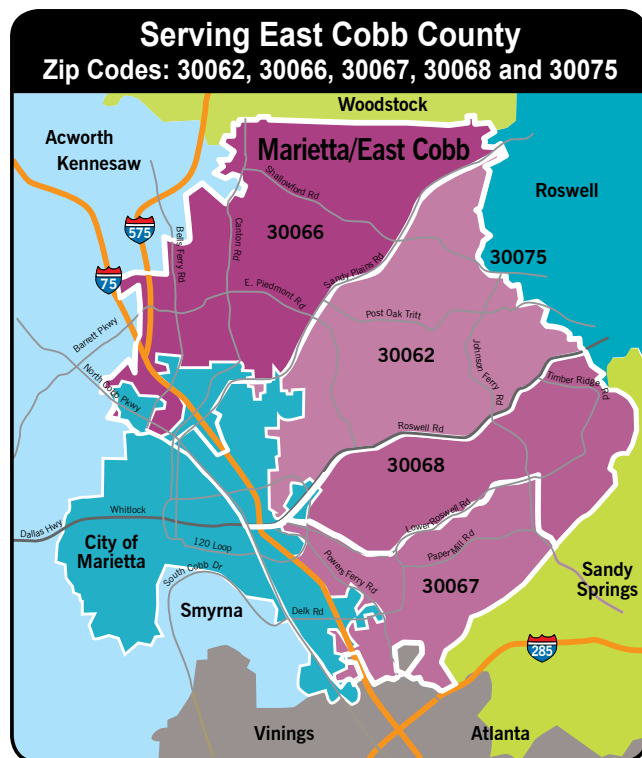


EDUCATED & FAMILY-FOCUSED

 **66.7%** with College Degrees

 **66%** Married Couples Who Both Work

 **80%** Families with at least one Child



>>Thanks for reading the East Cobber! Be sure to support our advertisers!<<

HEALTH & WELLNESS

ACUPUNCTURIST

Acupuncture and Wellness Center

Dr. Li Hua Shu, TCMD – Licensed Acupuncturist
3535 Roswell Road, Suite 37 • Marietta 30062
678-560-7978 • www.drshutcm.com
Mon-Fri: 9am-6pm; Sat: 9am-4pm
25 years experience in traditional Chinese medicine treating pain management, respiratory system, emotional/mental health, nervous system, digestive system, smoking/weight loss, wrinkle reduction, high blood pressure, and much more.

BEAUTY SERVICES

Naomi's Salon & Skin Care

4401 Shallowford Road, Unit 132 • Roswell 30075
470-545-0815 • ancaavio@yahoo.com
10am-7pm
This European boutique hair salon and spa provides full services for hair, skin treatment and makeup, and offers boutique retail products from Jane Iredale, Moroccan Oil, Pai-Shau, Repechage, Difiaba Italy, and more.

CHIROPRACTORS

Lifeworks Chiropractic

2840 Johnson Ferry Road, Suite 100, Marietta 30062
678-926-9300 • www.lifeworksatl.com
Mon-Wed: 2-6pm; Tues, Thurs, Sat: 10am-1pm
Whether you have acute or chronic pain and need relief or simply want to maintain good spinal health through consistent adjustments, Lifeworks Chiropractic can meet your needs. Our goal is to provide individuals and families with an integrative approach to optimal health through gentle and proven chiropractic care.

DENTISTS

1st Choice Dental

670 Johnson Ferry Road • Marietta 30068
678-905-3066 • www.1stchoicemarietta.com
Mon-Fri: 8am-6pm
Offering complete dental care for the entire family including cosmetic and emergency services. You'll receive quality dentistry, at affordable prices, in a state of the art facility, from a caring and knowledgeable staff.

Peachtree Hearing

Peachtree Hearing has opened under the direction of Dr. Melissa Wikoff.

PEACHTREE HEARING IS BRINGING BETTER HEARING AND BALANCE CARE TO ATLANTA!

Hearing better every day makes a big difference! Imagine being able to go to dinner at a restaurant and easily follow the conversation. Imagine never missing another moment because you simply couldn't hear.

- Hearing Testing
- Hearing Aid Fitting
- Balance Evaluation
- Musician Services
- Tinnitus Treatment
- Cerumen Management

Hear for yourself at Peachtree Hearing's GRAND OPENING! FREE

General Hearing Loss Consultation Live Hearing Aid Demonstration

ATLANTA'S PREMIER HEARING & BALANCE BOUTIQUE

Peachtree Hearing
Parklure Medical Center
4519 Lower Roswell Road
Building A, Suite 107
Marietta, Georgia 30068
(470) 489-4327
www.PeachtreeHearing.com

more than 30 departments and have given an 47,800 hours of service to Northside in the ar.

year's luncheon, themed "Volunteers are the success," honored s and other very s cognized the Auxili e eager to continu ion.

Moore, of East C s of service to the y. Moore volunteer to patients and tr and cars. East Cob cognized at the ev ect.

gain this year, we provide compassion to patients, familie for special projec d Lisa Angel, Auxili t. "I am humbled ers. It is a privileg conscientious grou

get presented Northside with a check for 9, raised from all of the Auxiliary's fundrais- erts in 2012-2013 including sales in the Gift ommissions on baby photo sales and several de to employees. The money was used

ous areas of the hospital.

- Volunteers delivered 3,559 flower arrangements and 2,728 pieces of mail to patients, and ported 5,752 patients.

Community Health Educ 22 puppet shows to

appy) volunteers mo ts and their familie cal-Surgery units.

55 items, including and scarves, for b Nursery and patie

unteers visited with breast and other ca 423 follow-up cal cancer patients.

Auxiliary has always c ponent to hospital quattrocchi, preside il. "There are no lin s our volunteers m each and every de greatly appreciate all that they do."

For more information about the Northside Hospital-Atlanta Auxiliary, call 404-851-8707 or v www.northside.com/volunteers

WE ALL HAVE A STORY TO TELL

Tell Us Your Story!

EAST COBBER

770-640-7070
editor@eastcobber.com

 Join our community of over 9,841+ East Cobbers on Facebook

FILLINGS, ROOT CANALS, AND CROWNS – THINGS TO BE THANKFUL FOR!

Each November I take my three children to the toy store with the empty “Samaritan’s Purse” shoeboxes we receive at church. I hope to teach them how blessed they truly are as there are less fortunate children who will be receiving as their only gift for the entire year those shoeboxes filled with whatever my children select. Poverty is a hard concept for a 7-year-old (my youngest) to grasp living in the affluent East Cobb area. In my dental practice it is not often that I see such desperate poverty. Occasionally, however, I am called by a local charitable organization and asked to help a needy resident. I gain such a feeling of self-worth and fulfillment relieving someone’s pain or improving their self-esteem by repairing their smile that I am glad to help out and say “yes!”

It is easy to take your smile for granted when you have access to good dental care and were raised by parents who encouraged you to have good oral hygiene. There are those among us who are not so fortunate and live with daily dental pain and embarrassment. Right or wrong, we often make assumptions about people from the way they look, and teeth

are an important part of one’s appearance. If you are fortunate enough to have your teeth and are able to afford dental care, be grateful! A root canal or crown is a marvelous thing when it hurts to chew!

Try to avoid the need for excessive dental treatment by brushing twice a day, flossing once a day, and seeing your dentist every six months for regular examinations. And consider yourself blessed if you deal with only the occasional cavity, crown, bridge, or root canal. This means you still have teeth to treat, and what a boon healthy teeth are for chewing, speaking, image, and self-confidence!



Dr. Cristi Cheek is the owner of Cheek Dental here in East Cobb. You may contact her at 770-993-3775 or visit www.cheekdental.com.

Caring for the Smiles of East Cobb for Over 14 Years!



Read what your neighbors say about us...

“Every visit to Cheek Dental is a great experience. The staff is extraordinarily friendly and the level of care provided is superior. Dr. Cheek is knowledgeable, gentle, considerate and caring, and the dental techs and assistants are experienced, thoughtful and kind. If you are looking for a dentist, this is the place to go.” – Jacqueline N.

Cheek Dental offers cosmetic and family dentistry including:

- CEREC Single Visit Crowns
- One hour tooth whitening
- Smile Makeovers
- Implant restorations
- Customized athletic guards




**Single visit
CAD/CAM
crowns!**

2872 Johnson Ferry Road, Marietta, GA 30062
(770)993-3775 • www.cheekdental.com


Find us on f

LOVE LIFE. LIVE LIFE. BE HEALTHY.



A+A WELLNESS
FITNESS.NUTRITION.LIFESTYLE

MEET ALEX & ASHLEY POPTODOROV



We have over 20 years of experience in fitness and nutrition, including Ashley's own powerful testimony on how she lost a healthy 80 pounds! We want to share our knowledge to help you and your families live happy, healthy and successful lifestyles.

CALL TODAY TO SCHEDULE A FREE CONSULTATION!
770.905.7400

FOR MORE INFORMATION PLEASE VISIT WWW.AandAWELLNESS.COM



REFRESH. RECHARGE. RENEW.

Join the McCleskey-East Cobb & Northeast Cobb Family YMCA

When you join the Y, you join a community organization that offers more health, more hope, and more opportunity.

For more information about membership, call **770.977.5991** or **678.569.9622** or visit ymcaatlanta.org

DENTISTS

Cheek Dental

2872 Johnson Ferry Road • Marietta 30062

770-993-3775 • www.cheek.dental.com

Mon-Fri: 8am-5pm

An all female dental team provides quality comprehensive dentistry to adults and children. Our high-tech office provides same day crowns and implant restorations and uses intraoral cameras and digital x-rays. Read our consistently 5-star reviews on our website and see why so many East Cobb residents trust us with their smiles!

Healthy Smiles of East Cobb

1505 Johnson Ferry Road, Suite 100 • Marietta 30062

770-973-9765 • www.healthysmilesofeastcobb.com

At Healthy Smiles of East Cobb, our mission is to provide quality oriented and technologically advanced dentistry in a comfortable and nurturing environment. We are committed to focusing on your needs and goals to assist you in achieving the beautiful and healthy smile you deserve.

Mansouri Family Dental Care

4720 Lower Roswell Road • Marietta 30068

770-973-8222 • www.NaturalSmile.biz

7:30am-6pm

Implants, root canals, cosmetic and family dentistry for all ages. Oral sedation available for fearful patients. Rest assured that everyone you meet here will be courteous, warm and exceptionally helpful. Please call the office for more info.

DERMATOLOGISTS

Dermatology Consultants

1519 Johnson Ferry Road, Suite 100 • Marietta 30062

770-971-3376 • www.dermatologyconsultants.org

Mon-Fri: 7am-5pm

Dermatology Consultants delivers excellent customer service and excellent dermatological care for the entire family. Their board-certified dermatologists utilize cutting-edge technology and equipment and strive to provide expert consultations to their patients.

FITNESS CENTERS

Women's Premier Fitness

4961 Lower Roswell Road • Marietta 30068

770-565-5450 • www.womenspremierfitness.com

Mon-Thurs: 5:30am-9pm, Fri: 5:30am-8pm, Sun: 9am-2pm

East Cobb's only full-service fitness club and spa for women only. We feature over 60 group fitness classes per week as well as Barre, TRX and personal training. Free child care.

FOOTWEAR & HEALTHY FOOT

Foot Solutions – East Cobb

4101 Roswell Road, Suite 800 • Marietta 30062

770-984-0844 • www.footsolutions.com/eastcobb

Mon-Sat: 10am-6pm

Your feet are your foundation, and Foot Solutions is here to help you support your entire body. They specialize in personal foot analysis & use high-technology for gait analysis. Creating customized arch supports, made in the USA in Atlanta. Find your new favorite pair of shoes at Foot Solutions-East Cobb.

NORTHSIDE EAST COBB ORTHOPAEDICS & SPORTS MEDICINE

Welcoming New Patients!

We are a full-service practice that specializes in the diagnosis, treatment and management of sports injuries, arthritis and musculoskeletal disorders of the upper and lower extremities. Our board-certified physician, Dr. Benjamin Barden, provides personalized care for the unique needs of each patient, and utilizes the latest in conservative care and minimally-invasive surgery.

WE OFFER A FULL RANGE OF SERVICES, INCLUDING:

- Treatment for rotator cuff sprain & tears
- Sprain & fracture care
- Treatment for shoulder & knee instability
- Meniscus repair
- Arthroscopy for hip, knee & shoulder injuries
- Hip, knee & shoulder replacement



Benjamin Barden, MD
Orthopaedic Surgeon

**Call 770-321-1001
for an appointment**

1163 Johnson Ferry Road,
Suite 250
Marietta, GA 30068
NorthsideEastCobbOrtho.com

For **the cost** of 3 boutique classes a MONTH...



You can do **ALL** of these, **PLUS** Cardio Equipment, Circuit Room, Sauna, towel and robe service, **FREE** Child care, and much, much more.

Women's Premier Fitness

WWW.WOMENSPREMIERFITNESS.COM



770-565-5450

4961 Lower Roswell Road, Marietta



BLOOD DONATIONS BRING HOPE DURING THE HOLIDAYS


The holiday season is a time for people to reflect on what makes them grateful. Family, friends and good health come to mind for many. However, countless patients strive for good health during the holidays, oftentimes in a hospital room, away from family and friends. The American Red Cross asks eligible donors to make appointments to give blood and bring hope to patients in need this holiday season. During the holiday season, blood shortages often occurs because individual donations decrease, along with the number of organizations that are able to sponsor blood drives, but patients still depend on lifesaving donations every day. All types are currently needed, especially O negative, A negative and B negative.



American Red Cross

Eligible blood donors must be at least 17 years of age, weigh at least 110 pounds and be in general good health. Donors with type O (positive and negative), B negative and A negative blood should

consider an automated red cell donation, a process in which only red cells are donated.

The Red Cross has a Cobb Donor Center open every day. It is located in the East Lake Shopping Center, 2145 Roswell Road, Suite 250, Marietta 30062. Hours: Fri-Mon 7am-2pm; Tues-Thurs 12-7pm. Call 770-578-1977 to set up an appointment to donate. For more information or to schedule an appointment to donate, call 1-800-RED-CROSS (1-800-733-2767) or visit redcross-blood.org. 



WINDY HILL
ATHLETIC CLUB®

MORE CLUB THAN GYM.

With magnificently appointed indoor and outdoor tennis courts, swimming pools that rival those of five star hotels and a philosophy that nurtures a feeling of community, isn't it time you upgrade from gym to club? [Learn more at windyhillclub.com](http://windyhillclub.com)

FOOT SOLUTIONS®



THE GIFT OF A PAIN-FREE HOLIDAY SEASON

You don't have to live with foot pain. At Foot Solutions East Cobb, we offer products that help eliminate your pain and improve your health. Perfect body alignment & whole body comfort starts at the feet. Come see what Foot Solutions can do for you.



Foot Solutions Providence Square
4101 Roswell Road #800 | Marietta, GA 30062
(770) 984-0844
eastcobb@footsolutions.com
www.footsolutions.com/eastcobb

Do you have a Flexible Spending Account with benefits that expire at the end of the year? In many cases, your Foot Solutions purchases might be covered. Speak with your local Foot Solutions store today for details. If you are on Medicare, you may qualify* for diabetic shoes and inserts once a year. The benefit period ends December 31. We can help! Call Foot Solutions today.

FREE MASSAGE OR FACIAL!*

with purchase of \$150 in Gift Cards

*60-Minute Custom Massage or Signature Facial Session

Purchase By: 12/31/16

\$39⁹⁵ Custom Massage Session

60-Minute Session for New Clients (Reg. \$69.95)



Peace. Happiness. Massage.

LaVida Massage gift cards are the perfect gift for everybody.

Alpharetta

12460 Crabapple Rd.

LaVidaMassageAlpharettaGA.com

770.740.0654

East Cobb

4880 Lower Roswell Rd.

LaVidaMassageEastCobbGA.com

770.973.6385

Johns Creek

10945 State Bridge Rd.

LaVidaMassageJohnsCreekGA.com

678.624.9091

Open 7 Days a Week | Extended Hours | GA Licensed Therapists

You Can Feel the Difference!

Session includes time for consultations and dressing.
Franchise opportunities available. Call 248.360.6157

Call or Book Online!



Life Grocery and Café

A Natural Food Co-op Market and Café Featuring Organic Produce

OPEN 7 DAYS

- Vegetarian
- Gluten-Free
- Living Foods

1453 Roswell Rd Marietta, Ga 30062 770-977-9583

1/2 mile east of the Big Chicken

Check our website for schedule of lectures, events & classes

www.lifegrocery.com

GASTROENTEROLOGY

Atlanta Gastroenterology Associates

>1163 Johnson Ferry Road, Suite 250 • Marietta 30068
404-252-9307

>2520 Windy Hill Road, Suite 102 • Marietta 30067
770-612-8165 • www.atlantagastro.com

With more than 40 offices and 10 endoscopy centers, Atlanta Gastroenterology Associates is the largest gastroenterology practice in the Southeast dedicated to the evaluation and treatment of both digestive and liver diseases.

HEALTH CLUB

Windy Hill Athletic Club

135 Interstate North Parkway NW • Marietta 30339
770-953-1100 • www.windyhillclub.com

Mon-Fri: 5am-10pm; Sat: 7am-8pm; Sun: 8am-8pm

MORE CLUB THAN GYM. . . with magnificently appointed indoor and outdoor tennis courts, state of the art cardio and strength training equipment, beautifully designed yoga and cycling studios, and a philosophy that nurtures a feeling of community, it's our way of making sure you never go to the gym again.

HEALTH FOOD STORE

Life Grocery

1453 Roswell Road • Marietta 30062
770-977-9583 • www.lifegrocery.com

Life Grocery and Café features a healthy selection of organic produce, nutritious foods, extensive supplements serving those with health challenges and dietary needs.

NO EXCUSES, NO APOLOGIES, JUST PRIVATE TRAINING WITH RESULTS.

Get started today!
770.321.1347

East Cobb
1000 Johnson Ferry Rd
Building 400, Suite 412
Marietta, GA 30068

eastcobbjumpstart.com

*Limited time offer. Terms and conditions apply. See studio for details.

© 2016 Fitness Together Franchise Corporation. All rights reserved.
Each Fitness Together® studio is independently owned and operated.

Limited Time Offer
3 sessions for \$99*

Follow Us

We're celebrating our 15 year anniversary in style! We'll be expanding and moving to a new location, located at:
**1000 Johnson Ferry Rd.
Building #400, Suite F.
Marietta, GA 30068**

HEARING

Peachtree Hearing

Dr. Melissa Wikoff

4939 Lower Roswell Road A-107 • Marietta 30068

470-485-4327 • www.PeachtreeHearing.com

Mon-Fri: 8am-6pm

Peachtree Hearing is East Cobb's premier hearing and balance boutique. Led by Dr. Melissa Wikoff, they believe that your hearing care should be a superior experience. Peachtree Hearing uses the latest technology, scientifically proven techniques, and compassionate personalized care to provide comprehensive treatment for each of their patients.

MEDSPA

Amerejuve Medspa

>2476 Canton Road • Marietta 30066

770-966-2205

>4774 Lower Roswell Road • Marietta 30068

770-509-0000 • www.amerejuve.com

9am-6pm

Amerejuve Medspa and Cosmetic surgery offers a wide range in cosmetic procedures to make you feel young and look beautiful. They are leading experts in laser hair removal, Coolsculpting, eMatrix Skin Rejuvenation, IPL Photofacial, Velashape cellulite treatment, microdermabrasion, and chemical peels.

NUTRITION, HEALTH & WELLNESS

A+A Wellness Nutritional Coaching

770-905-7400 • www.AandAWellness.com

Customized meal plans to your specific needs. Nutritional support & healthy lifestyle education. Educational grocery shopping trips and more! Family Discounts available.

PERSONAL TRAINING

Fitness Together

1255 Johnson Ferry Road, Suite 26 • Marietta 30062

770-321-1347 • www.fitnessstogether.com/eastcobb

By appointment.

The leader in private, personal training. We help our clients achieve, if not exceed, their lifelong wellness goals in a clean, professional and friendly environment.

Get In Shape For Women

3822 Roswell Road NE, Suite 114 • Marietta 30062

770-605-8788 • www.getinshapeforwomen.com

Mon-Thurs: 6am-12pm; 4pm-8pm

Fri: 6am-12pm; Sat: 8am-12pm; Sun: Closed

A complete body transformation program including four components: strength training, interval cardio, nutrition, and accountability. Members work with a personal trainer (1 trainer, up to 4 women) and nutrition coach to reach their goals.

Visit us online at
www.eastcobb.com

Come On In And Visit Your New East Cobb Dentist!

*Conveniently Located In Front Of
Parkaire Landing*

Implant Special Dental Implant for as low as \$99/month!*

This includes..

- Dental implant, abutment, and crown
- **FREE** panoramic x-ray.....\$100 value
- **FREE** consultation with Dr. Wang.....\$91 value
- A detailed treatment plan to get you back where you deserve and...

The world class care of our 1st Choice Family!

**But don't delay -
this offer expires
December 15th!**

*With approved credit.
Call for more
information.



**1st CHOICE
DENTAL CARE**

670 Johnson Ferry Road

Marietta, GA 30068

www.1stchoicemarietta.com

678.905.3066

THE GREAT AMERICAN SMOKEOUT: NOVEMBER 17

The American Cancer Society marks the Great American Smokeout on the third Thursday of November each year by encouraging smokers to use the date to make a plan to quit, or to plan in advance and quit smoking that day. By quitting — even for one day — smokers will be taking an important step towards a healthier life — one that can lead to reducing cancer risk.

Tobacco use remains the single largest preventable cause of disease and premature death in the US, yet about 36 million Americans still smoke cigarettes — Nearly 1 in every 5 adults. As of 2014, there were also 4.1 million cigar smokers in the US, and 700,000 who smoke tobacco in pipes — other dangerous and addictive forms of tobacco.

More than 11,000 people die in Georgia every year from tobacco-related illnesses—that's more than all the deaths from alcohol, cocaine, heroin, AIDS, murder, suicide, auto accidents and fires combined. Despite these chilling statistics, 18 percent of Georgia adults smoke. An estimated 30,000 Georgia children begin smoking every year.

More than about 70 percent of the roughly 43 million U.S. smokers want to quit. Tobacco dependence is a chronic disease where quitters face periods of relapse and remission. Adult cigarette use is 17.7% in

Georgia and the Tobacco Quit Line is a resource to help Georgians quit using tobacco.

The Tobacco Quit Line provides free counseling, a resource library, support and referral services for tobacco users. It is available for all Georgia residents age 18 or older and concerned parents of adolescents using tobacco. The Tobacco Quit Line is funded by the master tobacco settlement through the state's Tobacco Use Prevention Section in partnership with the Georgia Cancer Coalition. It has no commercial bias and no products to promote. As a caller, you will receive free, professional support that's tailored to your needs.

At the Quit Line, a counselor conducts an initial interview with a caller to determine tobacco usage and willingness to quit. An assessment is made based on the caller's needs and multiple options are presented. Callers will receive a customized quit plan, including up to five additional counseling phone calls. Up-to-date information about physician-recommended pharmacological support, such as nicotine gum, nicotine patches, and other items are available. A Tobacco Quit Kit, including materials tailored to the caller's readiness to quit is also available.

So, stop smoking and start dialing: call the Tobacco Quit Line at 1-877-270-STOP. ☎



READ MORE. DO MORE.

Each EAST COBBER issue and our blogs, Facebook page and tweets offer you the latest in local arts and entertainment, dining, community events, school news, and health tips.

Get more out of East Cobb: visit www.eastcobb.com



Gift Cards are
the best presents

amerejuve

MEDSPA

look good feel good

Celebrating The Grand Opening of our third Location !

770.509.0000

We will beat or match
any competitors
PRICE

Get Holiday
Ready

\$250 off

Non-Surgical Fat Removal

coolsculpting



4774 Lower Roswell Rd
Marietta, GA 30068

2476 Canton Rd
Marietta, GA 30066

NEW LOCATION 3822 Roswell Rd, Suite 112
Marietta, GA 30062

Hours: Tuesday - Saturday 9:00am - 6:00pm

Laser Hair Removal

"We use candela laser for hair removal"

Learn about our AMAZING

Thanksgiving and Black Friday Specials.

VERY SMALL AREAS

\$105

for 6 treatments +
1 FREE treatment

SMALL AREAS

\$140

for 6 treatments +
1 FREE treatment

MEDIUM AREAS

\$255

for 6 treatments +
1 FREE treatment

LARGE AREAS

\$455

for 6 treatments +
1 FREE treatment

ALL SERVICES

**20%
OFF**

- Microdermabrasion
- SkinMedica Peel
- BOTOX / Fillers
- Ultherapy non-invasive face lift
- SkinPen
- HCG Weight loss
- Anti-aging facials
- IPL (photo facial)
- Kybella
- Juvederm
- Ematrix
- B12

SEE A SLIMMER YOU

ELIMINATE FAT WITH COOLSCULPTING™, THE WORLD'S #1
NON-INVASIVE FAT REMOVAL TREATMENT



CoolSculpting is an FDA-cleared treatment that uses controlled
cooling to eliminate fat without surgery or downtime.

Call today to schedule your FREE consultation.

(770) 509 0000

amerejuve

MEDSPA

look good feel good

4774 Lower Roswell Rd
Marietta, GA 30068

2476 Canton Rd
Marietta, GA 30066

3822 Roswell Rd, Suite 112
Marietta, GA 30062

We will match all competitors pricing

Results and patient experience may vary. While CoolSculpting is safe, some rare side effects may occur. As with any medical procedure, only your CoolSculpting provider can help you decide if CoolSculpting is right for you. In the U.S., the CoolSculpting procedure is FDA-cleared for the treatment of visible fat bulges in the submental area, thigh, abdomen and flank. Outside the U.S., the CoolSculpting procedure for non-invasive fat reduction is available worldwide. ZELTIQ, CoolSculpting, the CoolSculpting logo, the Snowflake design, and Fear No Mirror are registered trademarks of ZELTIQ Aesthetics, Inc. © 2015 IC1956-A

coolsculpting
FEAR NO MIRROR

f /Amerejuve Atlanta

www.amerejuve.com

@Amerejuve Atlanta

EAST COBB SENIOR CENTER ACTIVITIES SCHEDULED FOR NOVEMBER

All Cobb residents age 55+ are invited to participate in activities at various senior centers throughout Cobb. The following is a list of activities scheduled at the East Cobb Senior Center located at 3332 Sandy Plains Road, Marietta 30066. Call the East Cobb Senior Center at 770-509-4900 for reservations and/or more details.

Make Plans to Stay Home

November 7 | 10-11:30am

Free/Registration required

A 45-minute presentation, conducted by the Atlanta Chapter of National Aging in Place Council, designed to help empower seniors to make choices about self, home and community. The presentation provides a forum for learning about key successful components of aging in place to help address current and future needs.

Veterans Day Celebration

Thursday, November 10 | 10-11:30am

Free/Registration required

This year's special speaker is Mike Boyce. Mike served as commander of Marine aviation units, deputy commander of a Marine base, and on expeditionary campaigns to Iraq and Somalia. You can bring your memorabilia with you to share with others. Complementary brunch sponsored by Chick-fil-A.

>>> continued on page 60 >>>

Dine-a-Round: Xengo Fusion Kitchen & Sushi

November 9 | 11:30am -1pm

Separate checks for lunch. Registration required.

Everyone meets at the store. XenGo Fusion Kitchen & Sushi, 3162 Johnson Ferry Rd, Marietta.



Exceptional Senior Living!

- Independent and Assisted Lifestyles
- Exceptional Service, Care and Amenities
- Serving families in East Cobb, Marietta, and Roswell's finest neighborhoods

Call us and VISIT TODAY!
770.565.8828

Parc at Piedmont - East Cobb
999 Hood Road | Marietta, GA 30068
Intersection of East Piedmont and Roswell Rd. (Hwy. 120)
www.parcatpiedmont.com



DONUTS & NOTES

FREE HOLIDAY CONCERT & STUDENT ART SHOW

Friday, December 2, 10AM

KSU Center, Room 400

JOIN US FOR FESTIVE HOLIDAY FUN

Featuring local musical performances

Coffee, juice and donuts will be served.



Curiosity Is Delicious

ccpe.kennesaw.edu

To Register, Call 470-578-6765

EMPOWER // REINVENT // SUCCEED

EAST COBB SENIOR CENTER ACTIVITIES SCHEDULED FOR NOVEMBER

<<< continued from page 58 <<<

I Love Lucy Trivia

November 15 | 2-4pm

\$3 Cobb residents; \$4 Non-residents

"I Love Lucy" is one of the most revered and acclaimed sitcoms in history. It is universally recognized and almost everyone has at least some knowledge of the show. Come to our trivia and see how much you know. Sponsored by Larry Lupas.

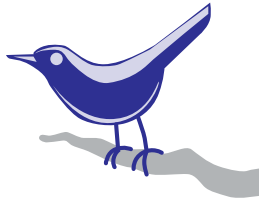
Navigating the Senior Years

November 16 | 10-11:30am

Free/Registration required

As you age, it is advisable to plan so your voyage is a pleasant journey. This informative session will explain the decisions that need to be made, along with the legal documents required to protect you and your loved ones. Learn how to protect your assets and qualify for benefits without going broke. Also, become familiar with the signs that indicate that you are not safe living on your own. If you need additional help, learn what type of help is available and how you can get help finding the best place based your medical needs and financial situation. Complimentary lunch will be provided.

@eastcobb



>>> continued on next page >>>







STERLING ESTATES

INDEPENDENT AND ASSISTED LIVING COMMUNITY





Live a Sterling Life Right in the Heart of East Cobb!

For more information or to schedule a tour please contact
 Sharon Egitton, Assistant Executive Director
678.946.4454
www.sterlingstateseastcobb.com
4220 Lower Roswell Road, Marietta, GA 30068
 Locally Developed, Owned, and Managed | Licensed Assisted Living Facility



AARP Smart Driver

November 17 | 9am-4pm

\$15 AARP members, \$20 Non-members.

The AARP Smart Driver course is a refresher course specifically designed for drivers age 50 and older. Drivers may benefit from a discount on their auto insurance upon completing the course. Refresh your driving skills and your knowledge of the rules — and hazards — of the road. Bring a lunch. Check with your insurance agent about a possible discount. Bring a lunch.

Funeral Home 101

November 18 | 10am-11:30am

Planning ahead is always good. Join Mayes Ward Dobbins to learn to help ease your family's emotional burden, avoid difficult decisions at a stressful time, what happens after the funeral and what documents will you need.

Holidays with Lucy and Ricky

November 30 | 12-2pm. Doors will open at 11:45am.

\$18 Cobb residents; \$23 Non-residents-Limited space Celebrate with the Ricardo's. Lucy and Ricky will entertain as you dine on a holiday feast of turkey with all the trimmings. Ladies, wear your shirt waist dresses with aprons and men are expected to wear a tie while eating lunch. Here's to a little nostalgia, good food and lots of fun.

Bulloch Hall and Barrington Hall

December 7; Deadline: November 4 | 1-6:30pm.

Check-in 12:30p.m.

Step back in time to a more genteel age. The lights and decorations are up and it is time to enjoy Christmas in Roswell. Enjoy a beautiful tour to Barrington Hall and Bulloch Hall to see their magical transformations. Bulloch Hall will be decorated for Christmas just like in 1845 and holiday wishes do come true at Barrington Hall! After the tour enjoy a delicious dinner at Pastis Restaurant.

\$75 Senior Citizen Council member; \$80 Non-member. Payment is due at time of registration. Deadline: November 4. Price includes luxury motor coach, dinner, and driver's tip. No refunds unless the trip is cancelled. Activity Level 2-Limited walking, some stairs and/or inclines.





TWEET TWEET!
FOLLOW US ON TWITTER

WHERE LIFE'S A BREEZE!

Windsong at Clover Creek





Active Adult Homes in Woodstock





FINAL OPPORTUNITIES!

- Gated, Front Porch Community
- Private Courtyard Retreats
- Preserve Along the Creek
- Community Clubhouse
- Professional Lawn Care Included
- Ranch & Master-on-Main Plans
- Move-in Ready Homes Available
- From the High \$300s

Monday - Saturday: 10 - 5
Closed Sunday
14825 Highway 92
Woodstock, GA 30188
770-516-3678     **WindsongLife.com**

Directions from NE Atlanta/GA-400: Take Holcomb Bridge Exit and travel West toward Roswell. Go 8.8 Miles (Holcomb Bridge turns into Hwy. 92). 1.5 Miles West of Sandy Plains, Clover Creek will be on the right.

EAST COBBER STARTS SECOND WIND DREAMS FOR SENIORS



P.K. Beville, Founder of Second Wind Dreams

After many years of working as a geriatrician, East Cobb resident P.K. Beville had become troubled—"sick and tired," as she put it—by how seniors were often regarded by the outside world.

Instead of finding elders to be non-productive and aspiring to little more than living out the rest of their days, she came to know them as "unsung heroes."

With a background in psychology, Beville understood seniors to have dreams of their own, and that they were going unfulfilled. "We were okay with warehousing them, but I found them fascinating, amazing, funny, full of history and wisdom," Beville said.

In appreciating the richness of the inner lives of seniors, Beville "also found a cause," and in 1997 started a non-profit organization, Second Wind Dreams, to address it. "I tried to think of ways to create a bridge from the general population to the people who got us here."

Second Wind Dreams (named after a novel she wrote about the varied lives of nursing home residents) helps seniors live out those dreams.

Dinner, cocktails and entertainment from an Elvis impersonator for 92-year-old twin sisters. A ride in a sports car for a gentleman who doesn't get out very often. For just a few minutes, it was the ride of a lifetime.

"I selected the word 'dream' for a reason," Beville said. "They're looking to the future and that's so beautiful. They're dreams that you and I take for granted." Beville said that the loved ones of seniors want to help with this "dream weaving" but often don't know how to help.

Second Wind Dreams connects them and volunteers with those opportunities. A number of individuals and organizations in East Cobb have been involved, including students from Pope High School.

Another growing part of the work of Second Wind Dreams is to provide education about dementia through its Virtual Dementia Tour, a service program that helps fund the non-profit.

For those interested in learning more, or in helping out, visit the Second Wind Dreams website (www.secondwind.org) or contact community relations coordinator June Rondinone at 678-624-0500, ext. 415. ☎

Decks • Porches • Patios • Pavers • Retaining Walls • Outdoor Living Spaces

OutBack Deck, Inc.
life happens outback
Are you ready to experience life outback?
Call us today to schedule your initial consultation!
678.504.0580
OutBackDeck.net

REGISTRATION OPEN FOR ENRICHMENT OF LIFE CLASSES

Registration opens for Enrichment of Life Movement (ELM) Winter Session on December 1. Classes run January 10 through February 28. The registration deadline is December 10, and is open to residents of Cobb and surrounding counties. Based out of the First United Methodist Church of Marietta, ELM is proud to celebrate its 32nd year of serving senior adults. ELM is a unique non-profit, nondenominational learning organization operated almost exclusively by Cobb County volunteers. It offers a full day of classes, a catered lunch, and scheduled lunchtime presentations for active adults age 50 and older. An array of over fifty classes will be offered on consecutive Tuesdays, from 9:30am to 3pm. The

Winter 2017 program line-up includes: Acrylics, Genealogy, Loom Knitting, Poetry and History to name just a few. Take a class and discover more about you! The registration fee is \$50 per session and students may take up to three classes. A hot lunch is available for \$7, but brown baggers are always welcome.

Registration booklets are available at Cobb Senior Centers and all Cobb County libraries. Registration is also available online at www.elmcobb.org. For more information, call Kelly Daughtry ELM Director at 678-910-1579 or email: elmcobb@gmail.com. First United Methodist Church of Marietta is located at 56 Whitlock Avenue in Marietta 30064. ①



SMILE

STRESS
is related
TO 99%
OF ALL
ILLNESS.

JEALOUSY
works the opposite
way you want it to.

Observe a plant before and after watering and relate these benefits to your body and brain.
Practice yoga so you can remain ACTIVE in physical sports as you age.

Friends
are **MORE**
important
than money.



BREATHE DEEPLY

& APPRECIATE THE MOMENT. Living in the moment could be the meaning of life.

EAST COBBER

Get Your Business In Shape!
Advertise in the EAST COBBER!
Call 770-640-7070 Today!

BE GRATEFUL

CLUB CALENDAR

AARP Chapter 2830. First Thursday of each month. 1:30pm. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Joan Farentino, 770-579-5191.

American Association of University Women (AAUW) of Cobb County. Second Tuesday of the month. 7pm. East Cobb Center, 4400 Lower Roswell Road, Marietta. More info: cobbcounty-ga,aaauw.net.

American Needlepoint Guild. Second Tuesday of the month. 6:45pm. Tiny Stitches, 2520 East Piedmont Road, Marietta. More info: 770-394-0065.

Anne Hathaway Garden Club. Third Wednesday of the month (except July and August). Marietta Educational Garden Center, 505 Kennesaw Avenue NW, Marietta. More info: Nancy Martin, 770-428-7056.

Atlanta Illini Club. Professional and social networking for University of Illinois alumni, families and friends in the Atlanta area. Game watches at the Rose & Crown, 1931 Powers Ferry Road, Marietta. More info: www.atlantailini.com or club@atlantailini.com.



TWEET TWEET!
FOLLOW US ON TWITTER

• **Atlanta Metropolitan Council Navy League.** Second Tuesday of each month. 7pm. Navy Recruiting District HQ, 2400 Lake Park Drive, Suite 410, Smyrna. Membership open to all civilian and retired military with an interest in supporting our men and women of the Navy, Marine Corps, Coast Guard, Merchant Marines and associated youth programs. More info: 678-234-2310 or campbellfc@comcast.net.

• **Big Chicken Chorus.** Every Monday evening. 7:00pm. Marietta High School, Chorus Room, 1171 Whitlock Avenue, Marietta. Male a cappella harmony chorus. More info: Frank, 770-587-1264, fehrach@aol.com, or www.bigchickenchorus.org.

• **Bridge Club.** Four free lessons; \$7 thereafter. Wednesday 10am, and Thursdays 7:30pm. Singles are welcome. 1809 Roswell Road, Marietta. More info: 770-973-7717.

• **Business Network International (BNI).** The World's largest referral organization. Multiple chapters in the area, please refer to the website: bnisoutheast.com for listings. More Info: Anita York, 678-888-0200

• **Cobb County Democratic Committee.** Monthly breakfast 2nd Saturday each month. 9am. Marietta Fire Museum, 112 Haynes Street, Marietta. More info: www.cobbdemocrats.org.

• **Cobb County Gem & Mineral Society.** Second Tuesday of the month. 7:30 pm at their Clubhouse, 516 West Atlanta Street, Marietta 30060. More info: www.cobbcountymineral.org.

• **Cobb County Genealogical Society.** Fourth Tuesday of the month. 7pm. First Presbyterian Church of Marietta, 189 Church Street, Marietta. More info: www.cobbgagensoc.org or ccgs@cobbgagensoc.org.

• **Cobb County Republican Women.** Fourth Friday of the month. 11:30am. Hilton Atlanta/Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: 770-785-2522 or www.ccrwc.org.

• **Cobb Marietta Retired Educators Association.** Second Thursday of every month. 11:30am. Luncheon reservations required. First United Methodist Church of Marietta, 56 Whitlock Avenue, Marietta. More info: www.cmrea.org

• **Cobb Photographic Society.** Photographers of all skill and ability levels are welcome. First and 3rd Monday of each month. 7-9pm. American Business Center, Bldg. 700, Suite 702, 1395 South Marietta Pkwy, Marietta. More info: www.cobbphotosociety.com or info@cobbphotosociety.com.

• **Colored Pencil Society of America.** Atlanta District Chapter 107. First Monday of the month. 7pm. North DeKalb Cultural Center, 5339 Chamblee-Dunwoody Road, Room 2 (second floor in the back), Dunwoody. More info: Nancy Guerine, 678-354-3590.

• **Dog Hikers of Georgia.** Every Sunday. 10am. Various locations. Non-dog owners welcome. More info: Dr. Dan Batchelor, 770-624-7660.

• **East Cobb Bass Club.** Visitors, boaters and non-boaters are welcome. First Tuesday of each month. 7pm. Free admission. Attendees pay for dinner. The Rib Ranch, 2063 Canton Road, Marietta. More info: 770-364-3036 or noeyf1@bellsouth.net.

• **East Cobb Business Association.** Luncheon and featured speaker. Third Tuesday each month. 11:30am-1pm. Indian Hills Country Club, 4100 Clubland Drive, Marietta. More info: Susan Hampton, 404-218-6216, susan.hampton@lionbank.com, or www.eastcobbba.com.

• **East Cobb Civic Association.** Last Wednesday of the month. 7pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: www.eastcobb.net.

• **East Cobb Civitans.** Second and fourth Thursday of the month at noon for lunch at The Olde Town Athletic Club, 4950 Olde Towne Parkway, Marietta. More info: 770-578-9901 x201.

• **East Cobb Democratic Association.** Fourth Tuesday of the month. 6pm - Social. 7pm - Program. Whole Foods, 1311 Johnson Ferry Road, Marietta. More info: Tom Barksdale, 770-715-1218 or tbarksdl@aol.com.

• **East Cobb Kiwanis Club.** Every Wednesday evening. 7pm. Paradise South of the Border, 3605 Sandy Plains Road, Marietta. More info: Johnny Johnson, 770-977-2026 or edwardjohnsjewelers@yahoo.com.

• **East Cobb Lions Club.** Second and 4th Tuesday of the month. 7pm. Powers Ferry UMC, 245 Powers Ferry Road, Marietta. More info: Don Garrow, 770-955-6914.

• **East Cobb New Horizons Band.** Monday mornings, 11:00am. If you are 50 or older, play a musical instrument and have been looking for a great place to make music, come join us! Great people and good music! To learn more go to our website, ecnhb.com or email webmaster@ecnhb.com.

• **East Cobb Newcomers Club.** Third Thursday each month. 10am-12pm. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta. More info: rdavenport723@sbccglobal.net.

• **East Cobb Rotary Club.** Every Wednesday. 7am. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: eastcobbrotary.com.

• **East Cobb Woodcarvers Club.** Every Thursday. 9-11am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-420-3820.

• **Georgia Nature Photographers Assoc.** Third Thursday of the month. 7pm. Nature photographers of all skill levels are welcome to our monthly meetings. The Mansour Center, 995 Roswell Street, Marietta. More info: www.gnpa.org or info@gnpa.org

• **Georgia Perennial Plant Association.** Third Tuesday of the month. 7:30pm. Atlanta History Center, McElreath Hall, 130 West Paces Ferry Road NW, Atlanta. More info: www.georgiaperennial.org.

• **Georgia Vietnam Veterans Alliance.** Third Thursday of the month. Social hour: 6pm. Meeting: 7pm. American Legion Post, 921 Gresham Road, Marietta. More info: Dave Hamrick 770-315-3942.

• **Georgia Tea Party.** Thursdays. 7pm. 900 Roswell Street, Marietta. More info: Jerry Kotyuk 404-374-0580 or jerryk623@att.net.

• **Golden "K" Kiwanis Club.** Every Thursday. 10am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Joe Vanhorn Jr., 770-424-6654.

• **Happy Tails Pet Therapy.** Orientation for prospective members 1st Thursday or Saturday of the month. 10:30-11:30am and 7-8pm. Blue Pearl Georgia Veterinary Specialists, 455 Abernathy Road NE, Atlanta. Check dates: 770-740-8211 or www.happytailspets.org.

Painting Plus
Serving Metro Atlanta Since 1998

- SIDING
- GUTTERS
- PAINTING
- ROOFING

10% gutter OFF cleaning
\$300 OFF complete exterior paint or siding job

A division of Plus Services, Inc.
www.paintingplus.com
770-971-1577

IMPS Bridge Club. An offshoot of the former Newcomers Club of East Cobb, looking for new members. Various formats, dates and times available. For more information contact Roni Fink at 404-310-3448 or phinque999@AOL.com.

Libertarian Party of Cobb County. First Thursday of the month. 7:30pm. More info: www.cobbblp.org or call 770-795-1331

Marietta Kiwanis Club. Every Thursday. 12pm. Hilton Conference Center, 500 Powder Springs Street, Marietta. More info: Pat Huey, pathuey@comcast.net or www.mariettakiwanis.org.

Marietta Lions Club. Second Thursday of the month. 7pm. First United Methodist Church, 56 Whitlock Ave SW, Marietta 30064. More info: mariettalions@aol.com or www.mariettalionsclub.org.

Marietta PFLAG. Fourth Sunday each month. 1-3pm. Newcomers are welcome. Pilgrimage United Church of Christ, 3755 Sandy Plains Road, Marietta. More info: www.pflagatl.org.

Marietta Rotary Club. Every Wednesday. 12noon. Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: Adele Grubbs, 770-424-8212 or www.mariettarotary.org.

Marietta VFW Post 2681. Dinner with VFW Ladies Auxiliary. First Thursday of the month with separate meetings following dinner. 6:15pm. 140 Powers Ferry Road, Marietta. More info: www.vfwpost2681.org.

Martha Stewart Bulloch Society of Children of the American Revolution meets one Sunday per month from September through May, 2-4pm. Osage Terrace Room and Pavilion at Bulloch Hall 180 Bulloch Avenue, Roswell. More info: Tammar 770-696-4806 or www.msbnsr.com.

Moms in Prayer for East Side Elementary parents. Fridays 11am. More info: Rachel Bloom 770-973-4705 or familybloom@gmail.com.

National Association of Active and Retired Federal Employees (NAARFE). Second Wednesday of each month. 11:30am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-971-1719.

Newcomers Club of Cobb County. Third Tuesday each month. 10am. Various social activities throughout the month for those new to Cobb County or just looking for new friends and activities. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta. More info: 770-998-5017 or newcomersofcobbcounty@yahoo.com.

North Metro Mothers of Multiples Club. Third Monday of the month. 7pm. Chicago's, 4401 Shallowford Road, Roswell (corner of Johnson Ferry & Shallowford). More info: www.northmetromultiples.org.

Northeast Cobb Business Association. Luncheon meeting 3rd Wednesday of each month. 11:30am-1pm. \$15. Piedmont Church, 570 Piedmont Road, Marietta. More info: 770-423-1330.

Northwest Atlanta Mothers of Multiples A parent's club for families with or expecting twins, triplets, or quadruplets. Second Tuesday of each month. Date and time may change; check our website. More info: www.nowamom.org or 678-404-0034.

Order Sons of Italy in America Marietta Lodge #2607. General membership meeting 2nd Monday each month. Club provides sandwiches, members bring sides. 12pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: 770-928-9314 or degrillmouse@comcast.net.

Peach State Depression Glass Collectors' Club. Second Tuesday of month except December. Guests welcome. 6:30pm social; 7pm meeting. Marietta Museum of History, 1 Depot Street, Marietta. More info: psdgc.com.

Polk Street Speakers Toastmasters. First and 3rd Tuesday of the month. 6-7:30pm. St. James Episcopal Church, 161 Church Street, Marietta. More info: www.polkstreetspeakers.org.

Retired Old Men Eating Out (R.O.M.E.O.) Every Tuesday, 8-10am. Meet for friendship, conversation and to share their variety of antique cars, street rods and muscle cars. Marietta Diner, 306 Cobb Parkway South, Marietta.

Shakespeare Reading Group. First and 3rd Thursday of the month. September-May. 2-4 pm. Senior Wellness Center, 1150 Powder Springs Road, Marietta. More info: Lynne Johnson, 770-591-3474.

Song of Atlanta Show Chorus. Women's four-part harmony chorus. Every Tuesday. 7:30pm. Northbrook UMC, 11225 Crabapple Road, Roswell. Visitors welcome. More info: www.songofatlanta.com or 770-696-6502.

Sope Creek Garden Club. First Wednesday of the month (Sept-June). 10am. Locations vary. More info: Karin Guzy, 770-955-1303 or karinguzy@gmail.com.

The Foxtrotter's Dance Club. The 4th Friday of every month (no dance in May, Nov. & Dec. are the 3rd Friday). 7:30-10:30pm. If you enjoy ballroom dancing, come and dance. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-587-1160.

Y Business Network. Every other Friday. 7:30-8:45am. Local business networking and referrals. Northeast Cobb Y, 3010 Johnson Ferry Rd., Marietta. Guests always welcome. More info: ybusinessnetwork.webs.com, Michelle Hutchinson, 770-518-0010.

Meet Your Future Clients, Customers and Business Associates

Transforming East Cobb by developing business leaders through Networking and Education with an emphasis on Community.

The ECBA meets monthly at Indian Hills Country Club, 4001 Clubland Drive, Marietta at 11:30am for lunch, networking and a great speaker.

Invite a guest to join you.

For more information visit www.EastCobbBA.com

ECBA
East Cobb Business Association



Houston Hall
PUBLISHING, LLC.

KAY HALL

Composer | Actor | Writer
kay2474@gmail.com
www.herecomesdotcom.com
678.522.8213



VWM
Vann Whipple Milligan, P.C.
CERTIFIED PUBLIC ACCOUNTANTS

Allison Milligan

(770) 351-1220

www.vwmcpa.com

Support Our Advertisers

SUPPORT GROUPS

A.A./Al-Anon/Al-Anon Beginners/Alateen. Every Monday, 8pm. Covenant Presbyterian Church, 2881 Canton Road, Marietta. More info: 770-973-5347 or jpm105@comcast.net.

Adult Survivors of Child Sexual Abuse Support Group. First and 3rd Thursday of each month. 7pm. Room 334, Johnson Ferry Church, 955 Johnson Ferry Road, Marietta. Men and women welcome. More info: 678-578-4888 or info@voicetoday.org.

Al-Anon. For family and friends of alcoholics. Thursdays, 7:30-8:30pm. Johnson Ferry Baptist Church, Room 345, 955 Johnson Ferry Road, Marietta. More info: 770-587-0483.

Al-Anon Family Group. Wednesdays, 7pm. Teens 13 and older welcome. Temple Kol Emeth, 1415 Old Canton Road, Marietta. More info: Paulette L., 678-551-2433.

Alzheimer's/Caregiver Support Group Meeting. First Monday & Tuesday of each month. 10:30am. Open to family members who are assisting an aging loved one both inside and outside of the home. Free respite care is provided for your loved one while we meet. Aloha to Aging/Mt. Bethel Community Center, 4608 Lower Roswell Road, Marietta. More info or to RSVP: 678-439-1177.

Anxiety Anonymous for people who suffer from anxiety, meets the 3rd Thursday of the month. 6:30-7:30pm. Cobb County Government Center, 4400 Lower Roswell Road, Marietta. More info: 770-633-1023 or galinabannova@gmail.com

Babywearing Group. Koalamommas, North Atlanta's resource for help, support, and information about baby carriers of all kinds. Meets monthly. Meeting dates/time vary. More info: Jennifer Worrell, jenniferworrell@bellsouth.net or www.bwiofatlant.org.

A.W.A.K.E. Program stands for "Alert, Well, And Keeping Energetic." A support group for adults who have sleep apnea, their family members and friends, and anyone interested in learning more about sleep apnea. First Thursday of the month. 5:30-7pm. WellStar East Cobb Health Park, 3747 Roswell Road NE, Marietta. More info: 770-644-1755.

Bereavement Support. Every Wednesday of the month. 5pm. Counseling Room in Parish Office, St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6020.

Breastfeeding Mommy & Me Group. A lactation consultant is available to facilitate supportive discussions over a variety of topics. Mondays 9:30-11am. WellStar East Cobb Health Park, Marietta, Room 3747 Roswell Road NE, Marietta. More info: 770-793-8088.

Cancer Support Group. Second and 4th Monday of the month. 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

Career Transition. Third Monday of the month. 6:30pm. Personal resume reviewing, interviewing, networking, and career assessment help. First Presbyterian Church, 189 Church Street, Marietta. More info: Lee Pence, 770-428-9350, or Bob Sabin 770-795-9084, or visit www.fpcmarietta.org

Caregiver Support Group. First Monday of the month. 6-7pm. Arbor Terrace, 886 Johnson Ferry Road, Marietta. More info: 770-977-4420 or ACaudell@arborcompany.com.

Caregiver Support Group. Second Thursday of the month, 12-1pm. Episcopal Church of St. Peter and St. Paul, 1795 Johnson Ferry Road, Marietta. More info: 770-977-7473 or eharres@peterandpaul.org

Compassionate Friends. First Tuesday of each month. 7pm. Assists bereaved families following the death of a child of any age and from any cause. First Baptist Church, 148 Church Street NE, Marietta. More info: Ria 770-973-4921 or www.tcfmarietta.org.

Depression/Bipolar Support Group. First and 3rd Thursday of the month. 7-8:30pm. Johnson Ferry Baptist Church, Room 339, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

Diabetes Support Group. A Diabetes Services Social Worker and/or Diabetes Educator facilitates each session. Participants are encouraged to discuss their concerns and share their successes regarding the self-management of their diabetes. Meets 4th Monday of each month except December. 6-7pm. WellStar Health Park, 3747 Roswell Road NE, Marietta. More info: 770-793-7828.

Divorce Care. 13-week course beginning the 3rd Wednesday of August, 6:30-8pm Open to all ages. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

Divorced/Separated Support Group. First and 3rd Tuesday of each month. 7:30pm. St. Ann's Catholic Church, Mary's Chapel, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6018.

Divorce Support Group by Visions Anew for women who are contemplating or going through the divorce process. First Thursday of the month, 7-8:30pm. East Cobb Government Center, 4400 Lower Roswell Road, Marietta. More info: www.visionsanew.org.

Divorce Support Group/Divorce Care for Kids. 13-week program beginning September 7, 6:15-8pm. Mt. Bethel UMC (Church Room 8106), 4385 Lower Roswell Road, Marietta. More info/ to register: Judith Reichenbach, Licensed Counselor, 770-597-9882.

Diabetes Support Group offered by WellStar Health System. Fourth Monday of the month. 6-7pm except December. East Cobb Health Park, 3747 Roswell Road NE, Marietta. No registration required. More info: 770-793-7828.

Domestic Violence Support Groups. Sessions in English and Spanish. Wednesdays, 6:45-7:45pm. Childcare available for children 6 weeks-12 years. Children over 12 may attend and learn childcare skills. More info: 770-427-3390.

East Cobb Satellite of CHADD (Children & Adults w/Attention-Deficit/Hyperactivity Disorder) Parental Support Group. 2nd Tuesday of the month. 6:30-8pm. Mt. Bethel United Methodist Church (Room B109) on Lower Roswell Road, Marietta. More info: Cappie Suttle, 404-368-9394, east-cobb@chadd.net, or www.chadd.net/300.

Emotions Anonymous, a fellowship of people who come together to work toward recovery from emotional difficulties and discover a new way of life. Tuesdays & Fridays, 7pm. Roswell United Methodist Church, 614 Mimosa Boulevard, Counseling Building, Roswell. More info: 770-330-1991.

Families Anonymous (FA) for families who have loved ones struggling with addiction. Every Tuesday, 7:30-9pm. Mt. Zion United Methodist Church Youth Center, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465.

Families of Children Under Stress (FOCUS). To listen, inform and educate, and offer programs for the families and the child with special needs. Last Thursday of the month during school year. 10am. Chick-Fil-A, 1201 Johnson Ferry Road, Marietta. More info/to confirm meeting date: Angie, 770-234-9111, angie@focus-ga.org or www.focus-ga.org.

Fractured Families for Parents Estranged from their Children. Second and 4th Sunday. 6:30pm. Call for location. More info: Sandy 404-446-6093.

Georgia Parkinson's Association. Parkinson's Support Group Meets the 3rd Saturday of each month. 1pm. Northside Hospital Cherokee Education Building, 130-B Oakside Court, Canton. More info: James Trussell 706-413-3264 or james@gaparkinsons.org

Grandparents Raising Grandchildren Support Group. Second Tuesday each month. 7:15pm. Special guest speaker. Transfiguration Church, Room 102, 1815 Blackwell Road, Marietta. More info: Jeannie, 770-919-9275.

Grief Support Group Every Wednesday. 6:30-8:30pm from mid-Fall to mid-Spring. An educational grief support group facilitated by two nationally recognized grief experts, a licensed clinical psychologist and an ordained pastor. Mt. Bethel United Methodist Church, 4385 Lower Roswell Road, Marietta. More info: www.mtbethel.org/support.

Grief Share 13-week program beginning the 3rd Monday of August from 7-9pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

JACS (Jewish Alcoholics, Chemically Dependent and Significant Others). For Jewish members of 12 Step groups. 7-8pm, first and third Tuesdays of every month except on Jewish holidays. Congregation Etz Chaim, 1190 Indian Hills Parkway, Marietta, in the library. More info: 770-928-2523 or teshuva@aol.com.

Loneliness Bereavement Support Group. Every Wednesday except holidays. 11am. Heritage Hospice, 3315 Hilltop Drive, Marietta. More info: 770-423-5959.

Marietta Moms. For all kinds of moms - new to the area, looking for new friends, or just needing support. Daily events for babies, toddlers, and older kids. 770-956-0318 or 678-357-3661.

Mothers Circle Group. Are you a mother raising Jewish children but you are not Jewish? Free education and support through a 16-week course. Groups are held in Marietta, Intown and North Fulton. More info: Suzette Cohen, suzette@themotherscircle.org or www.themotherscircle.org.

Mothers of Preschoolers (MOPS). Wednesdays. 6:15-7:15pm. A place where moms can come to build friendships and receive mothering support, practical help and spiritual hope. Childcare provided. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465 or mtzionmops@gmail.com.

Overeaters Anonymous. A support group for those who suffer from the need to compulsively overeat. Monday-Wednesday-Friday. 10am. St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: Betsy: 404-226-4931.

Parents of Prodigals. For parents of struggling teens and young adults. Second and 4th Thursday. 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: Fair Brocard, 770-612-1197 or www.prodigalchildministries.org.

Parkinson's Disease Support Group. For persons with Parkinson's disease and their caregivers. Second Sunday each month. 4pm. Roswell United Methodist Church, 814 Mimosa Boulevard, Building A, Roswell. More info: Robin Cleveland, 678-819-3915.

Spousal Support Group. Third Thursday of the month. 12-1pm. Arbor Terrace, 886 Johnson Ferry Road, Marietta. More info: 770-977-4420 or ACaudell@arborcompany.com.

Veteran's Information Referral Office (VIRO). Free help and information for all veterans with VA Disability, VA Healthcare, Employment and Counseling. Second and 4th Wednesday each month. First and 4th Saturday each month, 11am-2pm. American Legion, Post 29, 921 Gresham Avenue, Marietta. More info: 770-427-5900.

Widowed Helping Others (WHO). Dinner social. First and 3rd Wednesday of the month. 6pm. St. Ann's Catholic Church, Nolan Hall, 4905 Roswell Road, Marietta. More info: St. Ann's Pastoral Care, 770-552-6400 ext. 6018

Women's Weight Loss Support Group. Join a growing group of local women on the path to weight loss in a non-judgmental environment providing accountability (weekly weigh-in), healthy eating/fitness ideas and activities, and emotional support. Meetings held Tuesdays 6:45-7:45pm. Kroger, 3595 Canton Rd, 2nd Floor Conference Room, Marietta, (New Chastain Corners Shopping Center). More info: Rae Tucker raetucker1@yahoo.com



Follow @eastcobb

Content + Community + Commerce = EASTCOBBER

EASTCOBBER

PROMOTING EAST COBB COUNTY SINCE 1993

EAST COBBER

FOR THE PAST 23 years, EAST COBBER has chronicled the good people, clubs, schools, local businesses and special events that make our East Cobb community so outstanding! We are especially proud of our fellow neighbors showcased on our front covers. It is a way to show our appreciation for their extraordinary efforts to make East Cobb a better place for us to live and work.



IT'S TIME FOR FALL PORTRAITS!
CALL TODAY TO SCHEDULE YOURS!



MICHAEL'S
P H O T O G R A P H Y
E A S T C O B B
770-977-6900

WWW.THEMICHAELSPHOTOGRAPHY.COM



MANSOURI FAMILY DENTAL CARE

Voted Top Dentist in East Cobb

"a true family dental practice for all your dental needs"

IMPLANTS • CROWNS • VENEERS • INVISALIGN



MARIETTA OFFICE
4720 Lower Roswell Rd.
404.475.3004

Drs. Azita & Michael Mansouri have been featured on

www.NaturalSmile.biz



Atlanta
MAGAZINE

TOP DENTISTS

Call Now

For Your Appointment

WE ACCEPT MOST PPO INS.



CUMBERLAND OFFICE
3350 Riverwood Pkwy

404.475.3002



We believe joint pain *shouldn't slow you down.*

At WellStar, we believe you deserve better-quality living.

The WellStar Musculoskeletal Network is an extensive team of experts who specialize in the treatment of bones, muscles and joints.

WellStar surgeons use advanced technology and techniques to expertly diagnose and treat hip and knee pain. And, our team of rehabilitation and therapy specialists will be there every step of the way to get you back to health.

With convenient access to some of Georgia's best joint replacement surgeons, why would you trust anyone else with your hip and knee pain?

*To register for a free joint pain seminar or for
a physician referral, call 770-956-STAR (7827).*

WELLSTAR.

wellstar.org ★ 770-956-STAR

We believe
in life well-lived.