

April 2017

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# EAST COBBER



Kelly Allen  
Co-founder  
Kelly+Co



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**Dr. Roy Daniels** holds a B.A. in Economics with Distinction from the University of Virginia. His medical residency and neuroradiology training is from Medical College of Virginia and Duke University Medical Center. Roy is active in the medical community and currently serves as a member of the Cobb Board of Health and the President-Elect of Cobb County Medical Society. After fifteen years of

full-time medical practice, Dr. Daniels now divides his time between practicing medicine and providing financial advisory services, in particular, focusing on Georgia timberland investments.

Roy and his wife, Sandra, reside in East Cobb with their three children. They are active members of Johnson Ferry Baptist Church.



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## ANNUAL DAY CAMP GUIDE



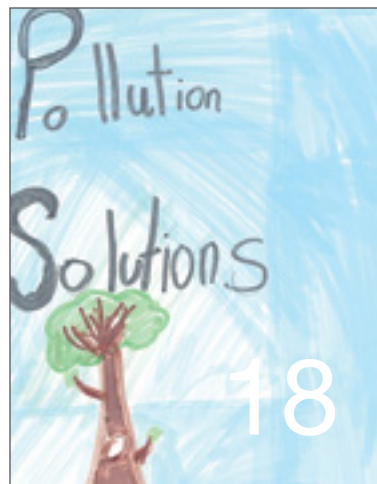
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# EAST COBBER

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## PUBLISHER'S NOTE



When you read this issue, the azalea bushes and cherry trees should be bursting with color against the beautiful blue Georgia sky. We'll be serenaded by the sounds of chirping birds and whirring lawnmowers. Signs that spring has sprung and summer is just around the corner. Ahhh, summer . . . School will be out soon and how will your children pass the lazy, hazy days of summer? This April issue features our 17th Annual Day Camp Guide (pages 20-35). We have put together a list of day camps offered right here in East Cobb County and/or a

short drive away. While day camp can help your children learn a better backhand in tennis, acquire a stronger stroke in swimming, or get in touch with nature, the true payoff of camp will be apparent when your child becomes a bit more self-reliant, self-sufficient, and self-confident.

I hope you love East Cobb as much as I do. In addition to helping our readers find things to do locally, and featuring the do-gooders in our community, I also promote small businesses and the value they add to our local community. Since 1993, this magazine—East-Cobb owned (I live here!)—has been dedicated to supporting and promoting small businesses in our exceptional community. This April edition exemplifies that mission -- from our front cover feature, Kelly Allen, and the business she has built selling homes to people who want to settle down in our beautiful "bubble" to our advertisers who are mostly local entrepreneurs serving our community with their special set of skills and hard work. Locally-owned businesses build strong communities by linking neighbors in a web of economic and social relationships, and contributing to local causes. I am proud to be a catalyst for this "love local" movement!

As part of our mission to build a sense of community and promote local efforts, the EAST COBBER has partnered with the Rotary Club of East Cobb by putting together two non-partisan (all candidates were invited) Candidates Forums for the two special elections being held on April 18. We want to bring our fellow citizens together to hear first-hand what the candidates have to say and what they will do about various issues. The Congressional Candidates Forum is April 11 at Wheeler Performing Arts Center and the State Senate Candidates Forum is the next day, April 12 at the East Cobb Library. More details are on page 66.

I hope you support our efforts to "Love Local" -- follow us (and I'll follow back too!) on any of our EAST COBBER social media sites or get in touch with me directly if you think we could work together or if you know of any good stories.

I'd love to hear from you!

Happy Spring!

A handwritten signature in cursive script that reads "Cynthia".

Cynthia M. Rozzo  
Founder | Publisher  
cynthia@eastcobber.com



**EAST COBBER**

## On the Cover

This month's front cover features Kelly Allen, senior real estate consultant and co-founder of KELLY+CO, East Cobb's #1 Real Estate Team. KELLY+CO has been operating for almost twenty years, climbing the ranks of the top teams to deliver the best service in the community.

Kelly and her husband Aaron have made East Cobb their home as well as their real estate market niche. "We live here, we work here and raise our children here," says Kelly. "No one cares more about East Cobb home values than we do!"

KELLY+CO office is located at 3730 Roswell Road, Suite 150, in Marietta/East Cobb. For more information, you can read their story on page 6, or visit [LiveLoveEastCobb.com](http://LiveLoveEastCobb.com) and [KellyCoHomes.com](http://KellyCoHomes.com).



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# LIVE+LOVE EAST COBB WITH KELLY+CO



East Cobb's #1 Real Estate Team, Kelly+Co.

You see it often in East Cobb: “#1 REALTOR” claims. To make this kind of statement, a Realtor needs proof. KELLY+CO truly is *THE* #1 Real Estate Team in East Cobb, and ranks among the top teams in the Southeast for Keller Williams. Their Sellers also make more money -- an average of 2% more than the typical East Cobb Seller. With 150 local families helped last year, the numbers demonstrate it, and their websites, [LiveLoveEastCobb.com](http://LiveLoveEastCobb.com) and [KellyCoHomes.com](http://KellyCoHomes.com), show you how they do it.

The climb to East Cobb's #1 status has its beginnings in 1999 with Kelly Allen, Co-Founder and Senior Real Estate Consultant, working as a solo real estate agent in Atlanta using [KellySellsAtlanta](http://KellySellsAtlanta.com) as her brand. In 2006 her husband, Aaron, left his IT position to join Kelly in founding KELLY+CO and developing that team-of-specialists approach.

KELLY+CO's start-up years weathered the real estate market crash by focusing on first-time buyers and relying on real estate market data. “The recession placed first-time buyers in a good position to purchase a home for a reduced price,” Aaron explains. “So we educated consumers on how to take advantage of this. With focused marketing data, we were also able to target those areas where properties were still moving despite the recession. For our sellers, we offered free professional home staging, which was just catching on. That proved to work so well in getting our sellers max value in the shortest amount of time that we continue to offer that service to all our clients today.”

Affiliated with Keller Williams Realty, KELLY+CO adheres to a team approach to market their listings and help their homebuyers. While most Realtors are a one-person operation that buys, sells, markets and handles contracts, KELLY+CO has a specialist for each facet of the transaction. With twelve members, each with a different specialty, there are agents who represent Sellers only, agents who represent Buyers only, and specialists in logistics, marketing and contracts.

“We focus on five-star service,” says Kelly Allen. “And the beauty of it all is that each client has only two points of contact

within our group – one agent and one assistant. Everyone else is behind the scenes working for that client. That's how we can offer the level of service that we do.”

As Kelly puts it, KELLY+CO strives to stir up the inventory to find the perfect home for their clients, sometimes even before that home goes on the market. Innovative in their marketing strategy, all team members prospect for to find homes for their buyers and buyers for their sellers. In fact, two members focus full-time on this task. In addition, using tools such as [LiveLoveEastCobb.com](http://LiveLoveEastCobb.com), they are able to assess which buyers are looking for potential properties in the area and target those buyers. They use social media marketing to locate prospects as well.

The close of a deal is just the beginning of the client relationship with KELLY+CO. Team members like to have fun and find ways to treat their past clients to free movies, Braves tailgates and Fall Festivals each year.

When Kelly and Aaron moved to East Cobb in the early days of KELLY+CO, they made this community their home as well as their real estate market niche. Today, with their 2 children, they are active members of Mt. Bethel United Methodist Church and volunteer at Sope Creek Elementary where their son is a 1st grader and daughter is a 4th grader. On any given Saturday, you can find them at Fullers Park coaching and cheering on Eastside Baseball. Giving back to the community they call home is important to Kelly and Aaron. That's why proceeds from the business go to fund local charities, such as Mt. Bethel UMC's Backpack Blessings, Cobb County Animal Shelter, and Wounded Warriors. Once a house is sold, their client picks the charity from their list, and KELLY+CO happily writes the check. “We live here, work here and raise our children here,” says Kelly. “No one cares more about East Cobb home values than we do!”

If you're looking to buy or sell *your* home, KELLY+CO gives you five-star service. Their office is located at 3730 Roswell Road, Suite 150, in Marietta/East Cobb. For more information, visit both websites: [LiveLoveEastCobb.com](http://LiveLoveEastCobb.com) or [KellyCoHomes.com](http://KellyCoHomes.com), or call 404-606-2219.

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# PTA COUNCIL ANNOUNCES MULTICOBB DIVERSITY AWARENESS GROUP

*By Katie Simmons and Carmen Melendez, East Cobb County Council (ECCC) Of PTAs*

East Cobb is known for strong involvement in our community and in our schools. The East Cobb County Council (ECCC) of PTAs has taken this to a new level by combining efforts between the Family Engagement and Diversity committees. The goals of both groups have always been similar but this is a new initiative is called the MultiCobb Diversity Awareness Group.

The MultiCobb Group is rooted in the 5 National Standards for Family-School Partnerships as well as the Georgia PTA's definition of Diversity and Inclusion:

**Standard 1:** Welcoming ALL Families with an understanding that cultural norms may differ across diverse populations, but the goal to make every child's potential a reality is universal.

**Standard 2:** Communicating Effectively with the goal that two-way meaningful communication can be achieved with the aid of interpreters if needed for student success to be achieved.

**Standard 3:** Supporting Student Success with the goal of continuous collaboration of students learning and development both at school and home, and have regular opportunities to strengthen our knowledge and skills to do so within a diverse culture of families.

**Standard 4:** Speaking Up for Every Child with the goal of empowering families to be advocates for their children and to ensure that students are treated fairly and have access to learning opportunities.

**Standard 5:** Collaborating with the Community with the goal of collaborating with community members to connect students, families, and staff to expanded learning opportunities, community services, and civic participation.

The MultiCobb Diversity Awareness Group has a Facebook Page and meetings happening monthly at varying times and locations to serve the needs of the group. The group will give a voice to the diverse families in Cobb County as a safe and supportive place to find resources, connect with people of diverse backgrounds, and find civic minded events within Cobb County to assist with. 📞



Katie Simmons is the Family Engagement Chair for ECCC PTA's and also the Rocky Mount Elementary PTA President. She has been a resident of Stockton's Mill in East Cobb since 2009 with the husband Travis, and three kids. Her oldest son attends Simpson Middle School and her two younger children attend Rocky Mount Elementary. PTA has been a passion of hers on a local level and now a council level. Family Engagement and Diversity committees working together has also been her goal this year.

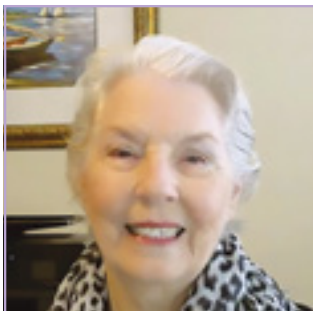
Carmen Melendez is an East Cobb resident since 2003. She has two children, a fifth grader at Kincaid Elementary School and an eighth grader at Dodgen Middle School. She graduated in Law from UAM of Madrid, Spain, and also obtained a Ph. D in Spanish Linguistics in 2009. Currently she chairs the Diversity & Inclusion committee for ECCC PTA. Along with her extensive volunteering in PTA, she enjoys writing academic papers, photography and traveling.



>>Thanks for reading the East Cobber! Be sure to support our advertisers!<<



# SAIN GIFTS STITCHES ITS WAY TO SUCCESS



Pat Harmeyer

Easter...Mother's Day... Graduations...Anniversaries... yes, it is that time of year again--shopping without a clue as to what to buy for that someone special in your life. New on the East Cobb scene, Sain Gifts ([www.saingifts.com](http://www.saingifts.com)) has the perfect item you are looking for, custom designed and at surprisingly low prices.

East Cobbers Pat Harmeyer and her daughter, Trisha Moseley, recently launched Sain Gifts, an opportunity for this creative duo to share their custom embroidery talents with those looking beyond the average retailer for gifts and specialty items.

Following generations in her family of seamstresses, Trisha began as a teen designing clothing and accessories. For her, embroidery was the most creative channel for personalized items. She began using digital imaging as another opportunity for a special look, which can be utilized on a wider array of hard surfaces, like glass, ceramics, leather and more, giving the lifelike look of hand crafted stitches.

Trisha's hobby grew into a passion, and when the demand grew for her work, a business. "Mom and I started out creating pieces for our neighbors, friends, and family. We still commit to that level of personal service", says Trisha. "If our customers are not happy, they simply won't come back, so we ensure each item is perfect before it is in their hands. We are proud of this attention to detail and every customer's satisfaction and delight is our goal."

Sains Gifts will incorporate your own logos or designs for clothing and accessories. Adorable baby gifts, totes, ceramics and more fill the website, which is brimming with inspiration for every shopper. The storeroom is fully stocked for quick shipping. Online purchases come with free monogramming and no minimum orders. Customers can bring in their own totes, blankets, etc., and because Sain Gifts is a web-based business with minimal overhead, prices are unusually low. Prices start as low as ten dollars for a precious baby burping cloth embroidered with the tot's name.

If you are one of the many procrastinators among us, not to worry. Free deliveries are made in the East Cobb area in as little as 48 hours. Visit [www.sainsgifts.com](http://www.sainsgifts.com) to find that perfect gift for another or even better, to treat yourself.



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# 5K FOR PEY ROAD RACE AT POPE HS



Peyton Gully

Peyton Gully is like a lot of 15-year-old girls. A sophomore at Pope High School, she loves competing for the lacrosse and cross country teams and hanging out with her friends as well as pushing herself hard in the classroom. In early January, her life took a drastic turn when she started noticing severe headaches, joint pain, and extreme fatigue. Within a week, these pains escalated and were accompanied by blurred vision and jaw pain, resulting in a trip to the emergency room at Scottish Rite hospital. The immediate diagnosis was leukemia, which was later identified to be Mixed Phenotype Acute Leukemia, a rare diagnosis that only includes 2-5% of acute leukemias cases.

Peyton has been in the hospital for the past two months getting chemotherapy at Children's Healthcare of Atlanta (CHOA) and will soon be admitted into the CHOA Egleston hospital to receive a bone marrow transplant from her younger sister, Anna. Peyton will be there another three to four months of recovery.

The cost of treating cancer can be overwhelming. To relieve this source of stress and anxiety, friends and family got together to create the "5k for Pey" fundraiser. All proceeds from the race will benefit Peyton and her family.

The 5k for Pey road race will be held on May 6 at Pope High School, 3001 Hembree Road in Marietta/ East Cobb, and kicks off at 8:30am. The road race will include a 5k and a 1 Mile Fun Run. To register, or for more information, visit [www.5kforpey.com](http://www.5kforpey.com) or email [5kforpey@gmail.com](mailto:5kforpey@gmail.com).

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## HOMEGROWN LEARNING ACADEMY: WHERE EDUCATION IS PERSONAL



Georgette Dobkin and  
Michelle Hession

Opening in East Cobb in August 2017 is a new elementary private school with a unique approach to learning. Called Homegrown Learning Academy (HLA), the school will offer small class sizes with a focus on personalized learning – learning tailored to each student's needs

and interests. It's conveniently located in the heart of East Cobb in Johnson Square.

HLA is the brainchild of Georgette Dobkin and Michelle Hession, East Cobb residents and former Cobb County teachers with master's degrees in education. According to Hession, the inspiration for HLA came from a passion for personalized teaching.

"As friends, we often discussed our frustrations with how teaching has evolved," says Hession. "We are public school teachers at heart. But with the testing now required and emphasis on acquiring data, there isn't time for personalized instruction or even a teachable moment. Students' individual needs aren't being met, and many are slipping through the cracks."

With a combined 30+ years of elementary school teaching and a commitment to bringing learning back to kids, these student advocates decided to start a school. Plans are to begin working with students in grades K-2, ultimately growing to offer through 5th grade.

"We consulted with several other local start-up schools," says Dobkin. "From talking to administrators at these successful schools, we gained the fuel and belief that we can make it happen."

HLA blends the best of public, private and homeschool settings. According to Dobkin, the school's atmosphere encourages risk-taking and feeds curiosity. Students and teachers walk the path of learning hand-in-hand. What sets HLA apart from other schools? Here are the top distinctive features:

- An 8:1 student-teacher ratio allows for highly personalized instruction.
- Student assessment relies on everyday observation and performance tasks rather than on test results and data.
- Students' work takes place at school, with little emphasis on homework. Instead students are encouraged to read at home.
- Recesses and brain breaks are part of the daily routine.
- A unique approach to learning called PBI (Personalized, Balanced, Integrated) resides at the core of the learning experience. In essence, this means that teachers meet students where they are instructionally and guide them to their maximum potential. This is done through developmentally-appropriate yet rigorous instruction that integrates the curriculum through high-interest units of study.

If you are interested in learning more about HLA, visit [homegrownlearning.org](http://homegrownlearning.org) or email [homegrownabc@gmail.com](mailto:homegrownabc@gmail.com).

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Cobb Chamber Small Business of the Year

# 2017 EASTER EGG HUNTS

Although Christmas is arguably the biggest holiday of the year, Easter, and the egg hunts it brings, push Easter into a close second behind Christmas for many kids. If the little ones in your family are excited about Easter, start the celebration early by joining an egg hunt. Here's a short list of some local egg hunts for your family to enjoy. Be sure to bring your Easter basket to collect the eggs.

## April 7 • 6:30pm

### **Marietta Easter Egg Hunt aka the "Easter Egg Scramble"**

Laurel Park, 151 Manning Road, Marietta 30064  
770-794-5601 • [marietta.gov/city-parks](http://marietta.gov/city-parks)

The Marietta Parks and Recreation Department-sponsored event will feature candy and fun prizes for all. After the hunt, Easter Bunny photo opportunities will be available.

## April 7 • 7:30pm

### **Acworth Egg Hunt**

4000 South Main Street, Acworth 30101  
770-917-1234 • [www.acwortheegghunt.com](http://www.acwortheegghunt.com)

This year the hunt will consist of 50,000 eggs! You won't want to miss out on the fun! The Acworth egg hunt is broken down into various age groups and the start times will alternate between fields. We will have gates and concessions opening at 6:30pm and the first egg hunt begins at 7:30pm, so make sure you arrive early.

## April 8 • 8am-11:15 am

### **Kennesaw Bunny Breakfast**

Ben Robertson community center  
2753 Watts Drive, Kennesaw 30144

## April 12 • 6:15pm

### **Mt. Zion United Methodist Church**

1770 Johnson Ferry Road, Marietta 30062  
770-971-1465 • [www.mtzionumc.org](http://www.mtzionumc.org)

## April 15 • 9am

### **Mountain View United Methodist Church**

2300 Jamerson Road, Marietta  
770-928-0050 • [www.mvumc.org](http://www.mvumc.org)

Free pancake breakfast preceding hunt. Come with your children ages two through second grade, and bring an Easter basket, camera, and friends to join the egg hunt that will include an Easter Bunny, petting zoo, and craft projects! Participants are requested to donate one dozen empty plastic eggs and one bag of pre-wrapped candy for each child participating. Drop the eggs and candy in the donation center outside the Fellowship Hall or at the Front Desk by Monday, April 10, at noon. Reservations required for this hunt.

## April 15 • 9am

### **Mt. Bethel United Methodist Church**

4385 Lower Roswell Road, Marietta 30062  
770-971-2880 • [www.mtbethel.org](http://www.mtbethel.org)

## April 15 • 10am-2pm

### **Cobb County Easter Egg Hunt**

Al Bishop Softball Complex in Marietta  
1082 Al Bishop Drive, Marietta 30008 • 770-528-4333  
Children's art activities, live entertainment, inflatables contest musical chairs, food vendors and more. Free admission. Free parking

## April 15 • 10am-5pm

### **Northeast Cobb Community Egg Drop**

Sprayberry High School  
2525 Sandy Plains Road, Marietta 30062  
770-423-1330 • [pjezerinac@jrmmanagement.com](mailto:pjezerinac@jrmmanagement.com)

## April 15 • 10am

### **St. Andrew United Methodist Church**

Breakfast with the Easter Bunny: 9am  
and egg scramble: 10am  
3455 Canton Road, Marietta 30066  
770-926-3488 • [www.thepumpkinchurch.org](http://www.thepumpkinchurch.org)

## April 15 • 10:30am

### **Eastside Baptist Church Egg Scramble**

2450 Lower Roswell Road, Marietta 30068  
770-891-6708 • [www.ebcfamily.org](http://www.ebcfamily.org)

## April 15 • 4pm

### **Mt. Bethel United Methodist Church-North Campus**

2509 Post Oak Tritt Road, Marietta 30068  
770-971-2880 • [www.mtbethel.org](http://www.mtbethel.org)  
Not only will the children hunt for eggs, there will be a jumpy jump and a visit from the Easter Bunny! Hot dogs, light refreshments will be served. Everyone is invited to help decorate the cross with flowers.

## April 15 • 10am-2pm

### **Smith Gilbert Gardens Easter Egg Hunt**

2382 Pine Mountain Road, Kennesaw 30152 • 770-919-0248  
[smithgilbertgardens.com/event/easter-egg-hunt](http://smithgilbertgardens.com/event/easter-egg-hunt)  
This is a sell-out event so get your tickets early. 🎟

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Friday - April 14, 2017  
**12PM & 7PM**  
Good Friday Services

Sunday - April 16, 2017  
**8:30AM & 11AM**  
Easter Services

# Easter

## AT EASTSIDE

[ebcfamily.org](http://ebcfamily.org)

Lead Pastor - Dr. John Hull

2450 Lower Roswell Road, Marietta, GA 30068



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**April 15th & 22th, May 6th & 20th • 11:00am-12:30pm**



Harry's Farmer's Market (Conference Room)  
70 Powers Ferry Road • Marietta • Limited Seating



Register: **Eventbrite** or email [buyandsalehomescobbcounty@gmail.com](mailto:buyandsalehomescobbcounty@gmail.com)

**678-600-3229**

# SNORING IN CHILDREN - WARNING!

Overnight guests in our home have joked about my husband's snoring. His sleep study results call him a "heroic snorer" meaning he can snore in any position, but his snoring has not been found to be connected to sleep apnea or breathing issues. When children snore, however, it is no laughing matter. A child may snore occasionally when he or she has a cold or is "stuffy," but when a child snores regularly for more than just a week or two and is not ill, it may be a warning sign of sleep-disordered breathing, which can lead to dental, behavioral, and health issues.

Enlarged tonsils or adenoids can constrict a child's airway and make breathing difficult when lying down. The child often then sleeps with an open mouth which results in a narrow palate due to the lack of outward pressure from the tongue against the teeth (which can only occur when the mouth is closed) while the lip muscles still continue to pull the developing teeth and bone inward. Sometimes these children will suck their thumbs in an effort to hold the tongue out of the back of the throat which aids in breathing as it creates

more airway space. However, the pressure of the thumb against the teeth causes protrusion of the teeth and results in an open bite where the front teeth do not touch.

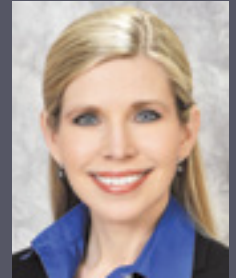
Children with sleep-disordered breathing may exhibit signs of attention deficit disorder (ADD) or even ADHD (hyperactivity.) In deeper stages of sleep, things learned during the day are placed into memory and energy is restored. However, the body is also in its most relaxed phase, and with a sleep breathing issue where the airway opening must be maintained, the body will not allow deeper, more relaxed sleep. Only a light sleep is achieved by these children resulting in daytime tiredness. But as we all have experienced when we let our children stay up too late on the weekend, children do not always exhibit the typical signs of sleepiness that adults do. Rather than yawning or becoming sedentary, these children may instead be perceived as disobedient or hyperactive. They may also be forgetful, disorganized, have difficulty focusing, and struggle in school.

Bedwetting may occur in children

with a sleep breathing disorder as the diaphragm works extra hard to try to help pull air into the lungs, and consequently puts pressure against the bladder. The majority of growth

hormone is released in the deep stage of sleep which means that these children who do not have efficient sleep may be shorter in stature, and their muscles may not develop as fully.

In my practice, I ask about snoring in each and every patient we see. I become more concerned when I receive confirmation of regular snoring in a child. If you are concerned about your child's continued snoring, contact a sleep center affiliated with one of the local East Cobb hospitals.



**Dr. Cristi Cheek** is the owner of Cheek Dental here in East Cobb. You may contact her at 770-993-3775 or visit [www.cheekdental.com](http://www.cheekdental.com).

***2872 Johnson Ferry Road • 770-993-3775 • [www.cheekdental.com](http://www.cheekdental.com)***



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April 25<sup>th</sup> (Gr. 6-8)

**MILTON CAMPUS**  
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# HOST A FRENCH STUDENT THIS SUMMER



▲ Linda Farmer

Twenty French teens from professional French families (ages 14-18) will be coming to the Atlanta area from July 6-26 and retired French teacher Linda Farmer (she taught both French and English at Lassiter High School for 24 years until she retired in 2008) is looking for host families who will show their student warmth and hospitality. These French teens from Paris to Provence want to experience American life first-hand and to be totally immersed in the English language. Ms. Farmer, along with a French chaperone, will oversee the program. "This is a wonderful opportunity," says Farmer, "for Atlanta-area families to add an international dimension to their lives with many far-reaching benefits."

LEC (Loisirs Culturels à l'étranger), the Paris-based sponsor, provides these students with comprehensive medical insurance and gives host families compensation for room and board. All come with ample spending money for expenses outside of the home and each has had three to six years of English depending on age. No French language skills are needed!

Applications are now being accepted. For more information, contact Linda Farmer at [lgfarmer@aol.com](mailto:lgfarmer@aol.com) or 770-973-2452; and/or visit [www.lec-usa.com](http://www.lec-usa.com). 

Angel, current President.

ing the Atlanta hospital and community with 100 volunteers. Today, the organization active volunteers, from ages 14-99 years, who more than 30 departments and have given an 47,800 hours of service to Northside in the ar.

year's luncheon, success," honored es and other very s cognized the Auxili e eager to continu ion.

Moore, of East O s of service to the y. Moore volunteer to patients and tr and cars. East Cob recognized at the ev ect.

gain this year, we provide compassion to patients, familie for special projec Lisa Angel, Auxili t. "I am humbled ers. It is a privileg conscientious group of caring people.

gel presented Northside with a check for 9, raised from all of the Auxiliary's fundrais- orts in 2012-2013 including sales in the Gift commissions on baby photo sales and several

to employees. The money was used

Additional accomplishments of the Auxiliary the last year include:

- The Auxiliary hosted 105 "volunteers" in ous areas of the hospital.
- Volunteers delivered 3,559 flower arrangements and 2,728 pieces of mail to patients, and

Community Health Educ 2 puppet shows to

appy) volunteers ma ts and their familie al-Surgery units.

35 items, including and scarves, for b Nursery and patie

unteers visited with east and other ca 423 follow-up cal cancer patients.

Auxiliary has always ponent to hospita Quattrocchi, preside

l. "There are no lin the extraordinary contributions our volunteers m our patients, visitors and staff each and every d greatly appreciate all that they do."

For more information about the Northside Hospital-Atlanta Auxiliary, call 404-851-8707 or v [www.northside.com/volunteers](http://www.northside.com/volunteers)

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# MURDOCK STUDENTS OFFER RECYCLING TIPS TO SAVE THE EARTH

Ms. Jennie Dang and Mrs. Brittney Meehan, third grade teachers at Murdock Elementary School, submitted their students' suggestions on how we can be better stewards of our environment. So, in honor of Earth Day, April 22, EAST COBBER presents their "tips" to save the earth.



"There are even drains outside on the curb! When someone comes to your house to work on the yard they put fertilizer which is poisonous when the rain collects fertilizer it goes to the river and hurts the fish living there."

~ Grayson O'Daniel



"R.R.R. is important because it can reduce the amount of pollution. The R's stand for Reuse, Reduce, and Recycle. Reuse means to use the same over and over again. Reduce, just reduce trash. Recycle, you should know what that means. Well, fine, it means to reuse your trash. I hope I've convinced you to save the environment."

~ Brandon Lloyd Smith



"Save the planet! By turning off the water while you're brushing your teeth helps a lot."

~ Noah Rogers



"You can also save electricity by turning off lights. Fun fact: you can save up to 10% electricity by just turning off lights."

~ Kellen Gornall



"We all need to do our parts and make the Earth healthier and greener."

~ Tyler Coleman



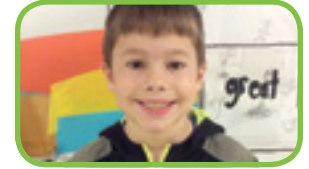
"We should stop making power plants, because the power plants produce steam and that will make acid rain. Acid rain is when chemicals get in rain and that is part of water pollution and air pollution. If acid rain gets into ponds or rivers the fish and the frogs will get sick and some of them will die."

~ Harshid Balachandar



"Millions of people take trees to turn into paper and throw the paper away instead of recycling it. There is one bad effect of that, paper isn't getting recycled so you should recycle paper."

~ Srinivas Chilakamarri



"We need to stop pollution and we can stop now! We can use bikes more or if we need to, the buses! If we don't stop pollution, some of the animals might not survive!"

~ Cole Spankowski



"There is a big chunk of trash in the sea as big as Texas and it is making the animals sick, so make sure that you do not throw trash in the water."

~ Roman Hargis

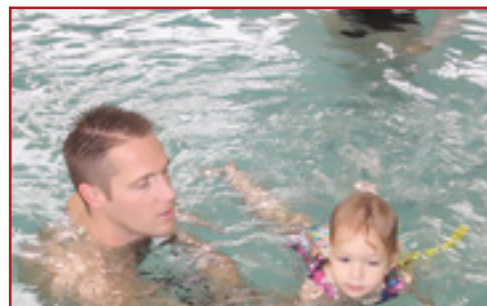


"When you are in the restroom and you wash your hands, make sure you unroll just enough paper towels to dry your hands."

~ Seena Cuddapah



# EAST COBB FAMILIES GROW UP WITH ATLANTA SWIM ACADEMY



Back Row (L to R) Owen Sweitzer (coach), David Ellard, Chase Cooper, Louise Williams, Lily Osborn, Jennifer Griner, and Brad Grzelka (owner); Front Row (L to R) Katelyn Hua, Julia Hodgson, Hannah Pabst, Lily Sears, Tyler Godoy, and Brayden Moor

Before joining the ASA Swim Team, Lily Sears and dad Craig started out in a beginners swim class.

For 32 years, Atlanta Swim Academy (ASA) has become the place in East Cobb where local kids and adults have learned how to swim.

Brad Grzelka's family opened ASA more than three decades ago as a swim and scuba shop. His family grew their swim lesson business over the years, and it's become a premier swim school and aquatic center with three climate-controlled pools.

The addition of a four-lane junior Olympic pool in 2007 gave ASA the opportunity to start a swim team. In fact, the ASA Swim Team recently competed in the 14 and under Georgia State Meet, and 10 of 21 State qualifiers had started with swim lessons at ASA when they were infants or toddlers.

"Our mission is to develop the skills necessary for a lifetime of swimming in students of all ages, and to create a safe and fun environment in and around water," says Brad. "It means a lot to us that these kids and their families have been swimming with us for so many years."

ASA offers private, semi-private or group lessons at all levels. Recently, they started free Baby Splash Classes for infants who are 3-5 months old and their parents. As swimmers expand their skills and get older, they can move up lesson levels all the way to Swim FIT and Swim Team.

The coaches and instructors at ASA are known for being encouraging and firm and work with families to get even the most reluctant child swimming. Parents can watch the lessons in a large glass viewing area or on benches outside each pool.

Family, men and women locker rooms provide safe changing areas and work tables give lots of space for parents and siblings to finish homework or study during lessons.

Ten-year-old ASA Swim Team member Julia Hodgson thinks everyone should try swimming. She says, "I think other swimmers should come to ASA for the lessons because they treat you so nicely, and in the future you might become an amazing swimmer."

ASA's swim team runs from August through July, but kids can join anytime. ASA also offers a Swim FIT program, which provides coaching and lessons for advanced swimmers in a fun and friendly environment. Swim FIT participants have an opportunity to compete on the ASA Swim Team if they choose.

Assistant Head Swim Coach Owen Sweitzer shares, "We find that many kids like going to competitions because they see if they put in the work, they will get excited. I love watching how excited the kids get, and they progress much faster."

ASA also offers Camp H2O during the summer. Kids who are 4-12 years old of any swim skill level can attend this full day camp, which includes a 30 minute swim lesson, two hours of fun swim time, crafts and snacks.

Get your family ready for summer swimming and check out Atlanta Swim Academy. For more information about lessons, camp or swim team, go to [atlantaswimacademy.com](http://atlantaswimacademy.com), visit them at 732 Johnson Ferry Road, Marietta, GA 30068 or call 770-973-3120.

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# EAST COBBER DAY CAMP GUIDE

Summer day camps are fun and education all rolled into one. EAST COBBER has collected information on the wide range of wonderful day camps to fit all ages and interests, including sports camps, adventure camps, Christian camps, art camps, science camps, dance camps and more. Many day camps listed throughout these pages are held right here in East Cobb and some are just a short drive away. Please note, as extensive as this day camp chart is, it is still just a sampling of all the day camps available. We recommend you visit the websites noted on each listing for even more offerings.

Camp Name	Age Group	Weekly Camp Fee	Times	May 30-June 2	June 5-9	June 12-16	June 19-23	June 26-30	July 3-7	July 10-14	July 17-21	July 24-28
<b>Art Camps - The Art Place Mountain View</b> 3330 Sandy Plains Road, Marietta 30066 770-509-2700 • www.theartplace.us	4-18	See website	See website		✓	✓	✓	✓		✓	✓	✓
<b>Art Camp - SMarT Club!*</b> Addison Elementary School 3055 Ebenezer Road, Marietta 30066 404-313-2999 • www.sm-art-clubs.com	PreK-9th Grade	\$149-\$239	8am-6pm		✓ Mon-Thurs	✓ Mon-Thurs	✓ Mon-Thurs	✓ Mon-Thurs		✓ Mon-Thurs		
<b>Art Camp - SMarT Club! Junior Counselor Program*</b> Addison Elementary School 3055 Ebenezer Road, Marietta 30066 404-313-2999 • www.sm-art-clubs.com	6th-12th Grade	\$149-\$239	8am-5pm		✓ Mon-Thurs	✓ Mon-Thurs	✓ Mon-Thurs	✓ Mon-Thurs		✓ Mon-Thurs		
<b>Atlanta Junior Rowing Association</b> 245 Azalea Drive, Roswell 30075 770-835-5769 • www.ajracrew.com	12-18	\$175/Session	7:30-10am 10am-12pm 6-8:30pm		2 WEEK CAMP ✓		2 WEEK CAMP ✓		2 WEEK CAMP ✓		2 WEEK CAMP ✓	
<b>Atlanta Swim Academy Camp H2O</b> 732 Johnson Ferry Road, Marietta 30068 770-973-3120 • www.atlantaswimacademy.com	4-12	\$315	8:30am-5pm	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Camp Acworth</b> 4425 Beach Street, Acworth 30101 770-917-1234 • www.acworthparksandrecreation.org	6-14	\$105-\$125	7:30am-6pm	✓	✓	✓	✓	✓		✓	✓	✓
<b>Camp Faith</b> Faith Lutheran School 2111 Lower Roswell Road, Marietta 30068 770-973-8921 • www.school.faithmarietta.org	15 mos-8th Grade	Call for rates	9am-4pm*	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Camp Horizon (Special Needs)</b> Windy Hill Community Center 1855 Roswell Street, Smyrna 30080 770-528-2570 • cobbcounty.org	7-21	\$110	7:30am-5:30pm	DATES TO BE DETERMINED								
<b>Camp Invention*</b> Sedalia Park Elementary School 2230 Lower Roswell Road, Marietta 30068 1-800-968-4332 • www.campinvention.org	K-6th Grade	\$225	8am-4pm			✓ June 12-15						
<b>Camp Kingfisher-Chattahoochee Nature Center*</b> 9135 Willeo Road, Roswell 30075 770-992-2055 • www.chattnaturecenter.org	4 years - 9th Grade	See website	8am-6:15pm	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Camp Ruach! Congregation Etz Chaim</b> 1190 Indian Hills Parkway, Marietta 30068 770-977-3384 • www.etzchaim.net	14 mos-PreK	Call for rates	9:30am-1:30pm or 8am-5pm		✓	✓	✓	✓	✓	✓	✓	✓
<b>Chabad of Cobb Summer Camp</b> 4450 Lower Roswell Road, Marietta 30068 770-565-4412 • www.chabadofcobb.org	Rising PreK +	Call for rates	Varies					✓	✓	✓	✓	
<b>Christian After School Academy</b> <b>Fun Filled Faith Based Summer Learning</b> John Knox Presbyterian Church 505 Powers Ferry Road, Marietta 30067 770-973-5050 • www.johnknoxpcmarietta.org/CASA.asp	K-6th Grade	\$185	7:30am-6:30pm	✓	✓	✓	✓	✓	✓	✓	✓	
<b>Circus Camp</b> Various Locations 404-370-0004 • www.circuscamp.org	5-Teen	See website	See website		✓	✓	✓	✓	✓	✓	✓	✓
<b>Cobb Soccer Academy</b> 1210 Johnson Ferry Road, Marietta 30068 217-714-4308 • www.cobbsocceracademy.com	Rising 1st-6th Grade	\$110	9am-12pm	✓	✓							
<b>CourtCamp – Mock Trial Day Camp</b> St. Catherine's Episcopal Church 571 Holt Road, Marietta 30068 678-637-7029 • www.CourtCamp.com	Rising 6th-12th Grade	\$195	1-4pm					✓				
<b>Club SciKidz Science and Technology Camps</b> Various Locations 678-493-5651 • www.clubscikidz.com	4-15	\$285+	9am-4pm		✓	✓	✓	✓	✓	✓	✓	✓
<b>D-BAT Marietta Baseball &amp; Softball Camps</b> 1666 Roswell Road, Building 300, Marietta 30062 678-403-2632 • www.DBATMarietta.com	5-12	\$250	8am-6pm	✓	✓	✓	✓	✓	✓	✓	✓	✓

\*Check website for more camps.



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**Taught by Ginger Bisel, M.Music**



**East Cobb Location**  
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**Elementary School**  
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**Marietta, Ga 30066**

- All Weeks Are Different! Choose Multiple Weeks!!
- Students Create Their Own Large Fine Art Murals
- Team & Skill Building Activities
- 3 Playgrounds & Basketball
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- Family/Friends **Art & Music Fusion Show** with Ice Cream Topping Bar Every Week

**Week 1: 6/5-6/8**  
**Week 2: 6/12-6/15**  
**Week 3: 6/19-6/22**  
**Week 4: 6/26-6/29**



**Tuition includes high quality fine art & music supplies, Family/Friends Art & Music Fusion show with Ice Cream topping bar, camp week & performances - slide show/photos/videos link available online.**

**\$25 down, \$43/month \$239 total Flexible payment plans**

**\$15 discount for siblings & multiple sessions!!**

**Sessions are Mon-Thurs 9am to 3pm \*8am-5pm**

**1/2 days: 9am-12 noon available for \$149/week!**

**Swim Team Special! 11am-3pm, \$185**

**\*Before care (8am-9am, \$5) and**

**After care (3pm-5:30pm, \$10)**



**Questions Contact Kirsten at [s.m.artclub@me.com](mailto:s.m.artclub@me.com)**

# EAST COBBER DAY CAMP GUIDE

Camp Name	Age Group	Weekly Camp Fee	Times	May 30-June 2	June 5-9	June 12-16	June 19-23	June 26-30	July 3-7	July 10-14	July 17-21	July 24-28
<b>EC Sports Fencing &amp; Table Tennis Camp</b> 2550 Sandy Plains Road, Suite 230, Marietta 30066 678-903-4479 • <a href="http://www.facebook.com/ectabletennis">www.facebook.com/ectabletennis</a>	5-13	\$300	9am-5pm	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Fellowship Christian School Future Stars Basketball Camp</b> 10965 Woodstock Road, Roswell 30075 404-408-5997 • <a href="http://www.fellowshipchristianschool.org">www.fellowshipchristianschool.org</a>	Rising 1st-5th Grade Boys	\$150	9am-1pm							✓		
<b>Fullers Park Kids Summer Camp</b> 3499 Robinson Road, Marietta 30068 770-509-2737 <a href="http://prca.cobbcountyga.gov/fullersrecreationcenter.htm">prca.cobbcountyga.gov/fullersrecreationcenter.htm</a>	6-11 12-15	\$100	7:30am-5:30pm	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>The Georgia Ballet-Summer Dance Camps*</b> 1225 Field Parkway, Marietta 30060 770-528-0881 • <a href="http://www.georgiaballet.org">www.georgiaballet.org</a>	3+	Call for rates	Varies		✓	✓	✓	✓	✓	✓	✓	✓
<b>Georgia Dance Conservatory Fairytale Camp*</b> 49 W. Park Square, Marietta 30060 770-428-0007 • <a href="http://www.georgiadance.com">www.georgiadance.com</a>	3-6	\$126- \$164	Varies			✓ Age: 5-6	✓ Age: 3-4				✓ Age: 5-6	✓ Age: 3-4
<b>Georgia Dance Conservatory Hip Hop Camp*</b> 49 W. Park Square, Marietta 30060 770-428-0007 • <a href="http://www.georgiadance.com">www.georgiadance.com</a>	6-12	\$172	9:30am-12:30pm				✓					
<b>Georgia Dance Conservatory Tap Camp*</b> 49 W. Park Square, Marietta 30060 770-428-0007 • <a href="http://www.georgiadance.com">www.georgiadance.com</a>	6-12	\$172	9:30am-12:30pm							✓		
<b>Georgia Ensemble Theatre Summer Conservatory GET Summer Camps</b> 950 Forrest Street, Roswell 30075 770-641-1260 • <a href="http://www.get.org">www.get.org</a>	K-12th Grade	\$175- \$595	9am-4pm				✓	✓	✓	✓	✓	✓
<b>Ginepri Performance Summer Tennis 2017 Jr. Camp</b> Olde Towne Athletic Club 4950 Olde Towne Parkway, Marietta 30068 770-578-9901 • <a href="http://www.GPTTennis.net">www.GPTTennis.net</a>	7-18	\$335	9am-2pm	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Harrison Tennis Center Summer 2017 Jr. Camps</b> 2653 Shallowford Road NE, Marietta 30066 770-591-3151 • <a href="http://www.prca.cobbcountyga.gov">www.prca.cobbcountyga.gov</a>	4-5 6-8 9-17	\$50 \$90 \$180	See website		✓	✓	✓	✓		✓	✓	✓
<b>Heroic Gaming Summer Camps</b> 4651 Woodstock Road, Roswell 30075 770-709-4376 • <a href="http://www.heroicgaming.net">www.heroicgaming.net</a>	6-14	\$200	8am-6pm		✓	✓	✓	✓	✓	✓	✓	✓

\*Check website for more camps.

## FENCING & TABLE TENNIS SUMMER CAMP

**EAST COBB SPORTS**  
2550 Sandy Plains Rd., Suite 230  
Marietta, GA 30066  
678-903-4479

May 29 – July 28  
Ideal for kids aged 5-13 years old  
8:00-12:00 – Fencing  
12:00-1:00 – Lunch  
1:00-5:00 – Table Tennis  
\$300 per week/\$70 per day







**JUNE-JULY  
2017**

# SUMMER UNIVERSITY

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through 12th graders

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1,000+ inspired youngsters.**

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# EAST COBBER DAY CAMP GUIDE

Camp Name	Age Group	Weekly Camp Fee	Times	May 30-June 2	June 5-9	June 12-16	June 19-23	June 26-30	July 3-7	July 10-14	July 17-21	July 24-28
<b>Hyde Farm Nature Camp for Elementary School</b> 721 Hyde Road, Marietta 30068 770-528-8829 • www.cobbcounty.org/PARKS	Rising 3rd-5th Grade	\$65	9am-1pm				✓					
<b>Johnson Ferry Baptist Church*</b> 955 Johnson Ferry Road, Marietta 30068 678-784-5317 www.johnsonferry.org/SportsFitness/camps	See website	See website	See website		✓ Basketball	✓ Impact Cheer		✓ Flag Football		✓ Day Camp		✓ British Soccer
<b>Kell High School Nike Basketball Camp</b> 4770 Lee Waters Road, Marietta 30066 1-800-645-3225 • www.elitehoopsbasketball.com	9-15	\$275	Mon-Thur 9am-3pm Fri: 9am-12pm			✓						
<b>KIDS 4 CODING Computer Camps*</b> 11050 Crabapple Road, D115B, Roswell 30075 770-642-0004 • www.kids4coding.com	7-15	\$279+	9am-4:30pm	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Kids R Kids Sprayberry Summer Camp</b> 2100 Post Oak Trill Road, Marietta, 30062 770-977-0877 • www.sprayberrychildrensgroup.com	PreK-5th Grade	\$180 + \$50 Reg. fee	6:30am-6:30pm	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Kids Zone Weekly Day Camps</b> Kids Zone Daycare & Learning Center 137 Johnson Ferry Rd., Ste. 1100, Marietta 30068 770-933-6900 • www.kidszonelearningcenter.com	5-12	Call for rates	6:30am-6:30pm*	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Lassiter High School Girls Youth Lacrosse Camp</b> 2601 Shallowford Road, Marietta 30066 678-488-3954 • lassiterladieslacrosse.org	Rising K-8th Grade	\$125	9:30am-12pm				✓ June 19-22					
<b>Lassiter High School Trojan Volleyball Camp</b> 2601 Shallowford Road, Marietta 30066 404-309-1142 • www.lassitervolleyball.net	Rising 3rd-5th 6th-8th Grade	\$85 \$115	9am-12pm 1-4pm								✓ July 17-19	
<b>Life University Boys Rugby Camp</b> 1269 Barclay Circle, Marietta 30060 colton.cariaga@life.edu • www.liferunningeagles.com	Rising 9th-12th Grade	\$500	See website							✓		
<b>Life University Womens Rugby Camp</b> 1269 Barclay Circle, Marietta 30060 979-324-9371 • www.liferunningeagles.com	Rising 9th-12th Grade	\$450	See website						✓ July 5-8			

\*Check website for more camps.



**ATLANTA JUNIORS**  
ROSWELL, GA

For more info about any of our rowing programs, including year-round teams and summer camps for middle school and high school athletes, please get in touch!

connect: 770-835-5769  
email: ejacrew@gmail.com  
on land: 245 Azalea Drive, Roswell GA 30075  
online: ejacrew.com







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**Join Atlanta Junior Rowing Association in 2017!** Get started with Georgia's most successful and largest rowing team in any of our programs for brand new rowers. All practices are held on the Chattahoochee River in Roswell - no experience needed for any Learn-to-Row camp.

**Spring Break Learn-to-Row Camp:**  
Monday, April 3rd — Friday, April 7th  
10am - 12:30pm

**Summer Learn-to-Row Camps:**  
Session 1: June 5 — June 15  
Session 2: June 19 — June 29  
Session 3: July 3 — July 13  
Session 4: July 17 — July 27  
**Camp start times:** 7:30am, 10:00am, or 6:00pm. Accelerated one-week camps also available for high school athletes.





# CAMP FAITH



## DAY CAMPS

- CRAFTS
- WATER FUN
- FIELD TRIPS
- T-SHIRTS
- MORE!

## MINI CAMPS

- LEGO STEAM
- VOLLEYBALL
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- TIGER ROCK



Faith Lutheran School  
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(770) 973-8921 [www.school.faithmarietta.org](http://www.school.faithmarietta.org)



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## CHATTAHOOCHEE NATURE CENTER

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9135 Willeo Rd., Roswell, GA 30075  
[chattnaturecenter.org](http://chattnaturecenter.org)



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**48 Camps to Choose From for 2017**

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678-398-7683 [support@clubscikidz.com](mailto:support@clubscikidz.com)

# EAST COBBER DAY CAMP GUIDE

<b>Life University Womens Soccer Camp</b> 1269 Barclay Circle, Marietta 30060 816-225-2020 • www.liferunningeagles.com	Rising 9th-12th Grade	\$295	9am-3pm			✓						
<b>Marietta Cobb Art Museum Summer Art Camps*</b> 30 Atlanta Street, Marietta 30060 770-528-1444 • www.mariettacobbartmuseum.org	5-8 9-12 13-19	\$180- \$280	See website			✓	✓			✓	✓	
<b>Marietta Community School Summer Enrichment Camps 2017</b> Marietta Sixth Grade Academy 340 Aviation Road, Marietta 30064 770-429-3170 • www.mariettacommunityschool.com	1st-5th Grade	\$169- \$189	9am-2pm		✓	✓	✓	✓			✓	✓
<b>Marietta's New Theatre in the Square Broadway Superstars</b> 11 Whitlock Avenue, Marietta 30064 770-426-4800 • www.theatreinthesquare.net	Rising 6th-8th Grade	\$200	1-4pm		✓	✓	✓					
<b>Marietta's New Theatre in the Square Young Filmmakers Intensive</b> 11 Whitlock Avenue, Marietta 30064 770-426-4800 • www.theatreinthesquare.net	Rising 9th-12th Grade	\$410 (2 week camp)	9am-3pm			2 WEEK CAMP ✓ ✓						
<b>Melody Mojo Learn a Song a Day Piano Camp</b> Jennings Music & Education Center 3595 Canton Road #308, Marietta 30066 404-861-5735 • www.melodymojo.com	Rising 4th-6th Grade	\$59 + \$10 materials	3:30- 4:15pm				✓				✓	
<b>Melody Mojo Learn a Song a Day Piano Camp</b> Jennings Music & Education Center 3595 Canton Road #308, Marietta 30066 404-861-5735 • www.melodymojo.com	Middle & High School	\$59 + \$10 materials	2-3:15pm				✓					
<b>MJCCA Summer Day Camps</b> • 5342 Tilly Mill Road, Dunwoody 30338 • Temple Kol Emeth, 1415 Old Canton Road, Marietta 30062 678-812-4004 • mjccadaycamps.org	Rising PreK- 10th Grade	Call for rates	9am-4pm	✓	✓	✓	✓	✓	✓	✓	✓	✓

\*Check website for more camps.



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**CAMP DATES/LOCATIONS:**  
 CAMP IS FOR RISING 1ST-6TH GRADERS

**WEEK 1:**  
**Tritt Elementary**  
 4435 Post Oak Tritt Road • Marietta, GA 30062  
 May 30th-June 2nd • 9am-12pm

**WEEK 2:**  
**Mt. Bethel Elementary**  
 1210 Johnson Ferry Road • Marietta, GA 30068  
 June 5th-8th • 9am-12pm

Register online  
[www.CobbSoccerAcademy.com](http://www.CobbSoccerAcademy.com)  
[CobbSoccerAcademy@gmail.com](mailto:CobbSoccerAcademy@gmail.com)



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**Summer Session**

**JUNE 26 – JUNE 30, 2017**  
 1pm – 4pm  
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 571 Holt Road, Marietta  
 Open to rising 6th–12th graders

>> CRITICAL THINKING  
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Prepare for trial using a fictional lawsuit <<  
 Participate in a full mock trial on the last day of camp <<  
 Family and friends invited to observe the mock trial <<  
 Led by experienced attorneys <<  
 No prior experience or preparation necessary <<

More information and registration at [www.CourtCamp.com](http://www.CourtCamp.com)

# EAST COBBER DAY CAMP GUIDE

Camp Name	Age Group	Weekly Camp Fee	Times	May 30-June 2	June 5-9	June 12-16	June 19-23	June 26-30	July 3-7	July 10-14	July 17-21	July 24-28
<b>MJCCA Camp Billi Marcus</b> Temple Kol Emeth, 1415 Old Canton Road, Marietta 30062 678-812-3720 • atlantajcc.org/preschool	2-4	Call for rates	7:30am-6pm		✓	✓	✓	✓	✓			
<b>Moohan Martial Arts Academy</b> 3605 Sandy Plains Road, Marietta 30066 770-973-5425 • www.mymoohan.org	4-12	\$170-\$200	8am-6pm	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Mount Paran North-Mountain Top Sports Camp</b> 1700 Allgood Road, Marietta 30062 678-285-3248 • www.mpnssports.com	6-13	\$110 + \$50 Reg. fee	8am-6pm	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Mrs. Jackie Camp</b> 4814 Paper Mill Road SE, Marietta 30067 727-729-9829 • www.facebook.com/mrsjackiecamp	K-8	\$75/day	8am-6pm	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Mt. Bethel UMC Cheerleading Camp*</b> 4385 Lower Roswell Road, Marietta 30068 770-971-5280 • www.mtbethel.org	Rising K-5th Grade	\$60-\$75	9am-12:30pm									✓ July 24-26
<b>Mt. Bethel UMC Sports Camps*</b> 4385 Lower Roswell Road, Marietta 30068 770-971-5280 • www.mtbethel.org	Rising 2nd-5th Grade	\$265-\$290	9am-4:30pm				✓	✓				
<b>Mt. Bethel UMC Volleyball Camp*</b> 4385 Lower Roswell Road, Marietta 30068 770-971-5280 • www.mtbethel.org	Rising 4th-5th Grade	\$95-\$115	9am-12pm								✓ July 17-20	
<b>Mt. Bethel UMC Volleyball Camp*</b> 4385 Lower Roswell Road, Marietta 30068 770-971-5280 • www.mtbethel.org	Rising 6th-8th Grade	\$95-\$115	1:30-4:30pm								✓ July 17-20	
<b>Musik to Grow-Intro to Music Makers at the Keyboard</b> Jennings Music & Education Center 3595 Canton Road #308, Marietta 30066 770-579-2554 • www.musiktogrow.com	6-9	\$128	1-2pm					✓				

\*Check website for more camps.

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Summer Camps In All Styles And Levels  
Ages 3-18  
June 12- July 26

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**May 30 – July 28, 8am – 6pm weekly  
for ages 6-13**

**\$110/week** (includes field trips)

One-time \$50.00 non-refundable activity fee

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School is out but that doesn't mean the fun has to stop! After over 10 successful years of being in your schools, we're happy to invite everyone to join some of your favorite teachers and coaches at Playin' On Purpose Summer Camp! Get ready for Lego and K'nex engineering fun with Brainy Builders, Playball sports and games, yoga, art and so much more!

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**Cost**  
\$225.00 per week

**Dates**  
June 19-23  
July 10-14  
July 17-21

**Hours**  
9:00AM-2:00PM

**Location**  
St. Catherine's  
Episcopal Church  
571 Holt Road  
Marietta, GA 30068

**Ages**  
2.5 years (child must be potty trained) to 8 yrs.

Enroll at [www.playinonpurpose.net](http://www.playinonpurpose.net)

# EAST COBBER DAY CAMP GUIDE

Camp Name	Age Group	Weekly Camp Fee	Times	May 30-June 2	June 5-9	June 12-16	June 19-23	June 26-30	July 3-7	July 10-14	July 17-21	July 24-28
<b>Musik to Grow-Intro to Music Makers at the Seashore</b> Jennings Music & Education Center 3595 Canton Road #308, Marietta 30066 770-579-2554 • www.musiktogrow.com	4-6	\$183	10am-12:30pm					✓				
<b>Ninja Quest Teen Parkour*</b> 3910 Canton Road, Marietta 30066 678-384-6500 • www.ninjaquestfitness.com	13-18	\$200	1-4pm			✓					✓	
<b>Our Pal's Place-Camp O.P.P.</b> 4508 Canton Road, Marietta 30066 678-361-7623 • www.ourpalsplace.org	Rising 4th-9th Grade	\$235-\$245	9am-4pm		✓	✓	✓	✓		✓	✓	
<b>Pope High School-Cheer Mini Camps</b> 3001 Hembree Road, Marietta 30062 www.popecheer.wix.com/pope	K-5th Grade	\$75	9am-12pm	✓ May 30-June 1								✓ July 24-26
<b>Pope High School-Fast Pitch Softball Summer Camp</b> 3001 Hembree Road, Marietta 30062 770-578-7900 • Chris.Turco@cobb12.org	6-12	\$120-\$150	9am-12pm 9am-3pm			✓ June 12-15						
<b>Pope High School-Fencing Camp</b> Tritt Elementary School 4435 Post Oak Tritt Road, Marietta 30062 678-524-6810 • www.popefencing.org	Rising 6th-12th Grade	\$200	9am-3pm							✓ July 10-13		
<b>Primrose School of Lassiter*</b> 2821 Lassiter Road, Marietta 30062 770-641-8535 • www.primroselassiter.com	5-12	Call for rates	6:30am-6:30pm	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Primrose School of Sprayberry*</b> 2531 East Piedmont Road, Marietta 30062 770-578-4832 • www.primrosesprayberry.com	5-12	\$222	6:30am-6:30pm	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>School of Rock Beginning Performance Camp</b> 2459 East Piedmont Road #1101, Marietta 30062 770-579-0400 • www.eastcobb.schoolofrock.com	7-17	\$425	9am-3pm		✓						✓	
<b>School of Rock Rock Boot Camp</b> 2459 East Piedmont Road #1101, Marietta 30062 770-579-0400 • www.eastcobb.schoolofrock.com	7-17	\$475	9am-3pm			✓						
<b>School of Rock Songwriting</b> 2459 East Piedmont Road #1101, Marietta 30062 770-579-0400 • www.eastcobb.schoolofrock.com	7-17	\$475	9am-3pm				✓					
<b>Science Camp by High Touch High Tech*</b> Various Locations 770-667-9443 • www.sciencemadefunatl.net	6-12	\$260	9am-3pm		✓	✓	✓	✓	✓	✓	✓	✓
<b>Shaping Minds Summer Camps</b> 4880 Lower Roswell Road, Suite 610, Marietta 30068 404-474-2350 • www.mariettasummerncamp.com	5-12	\$109-\$149	7:30am-6pm	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>The Spanish Academy - Spanish Camp</b> 2663 Johnson Ferry Road, Marietta 30062 770-751-3646 www.thespanishacademy.com/summercamp/eastcobb	2-8	\$195	9am-1pm		✓	✓	✓	✓	✓	✓	✓	
<b>St. Andrew Rowing Club Introduction to Rowing</b> 675 Riverside Road, Roswell 30075 770-676-2739 • www.standrewrowing.com	Rising 6th-12th Grade	\$150-\$250- full day	8:30-11am 4-6:30pm			✓	✓	✓		✓	✓	✓

\*Check website for more camps.



## A Learning Adventure

Mrs. Jackie provides an adventure for campers while they learn the life skills of friendship, manners, discipline and responsibility.

**\$75 per day per camper**

**SPACE IS LIMITED**  
Call Mrs. Jackie Hernandez  
**727-729-9829**  
MrsJackieCamp@gmail.com

**School-age campers  
K to 8th grade**

Every day Mrs. Jackie will have a field trip adventure planned for the campers.

## SPORTS BROADCASTING CAMP

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**July 17-21, 2017**

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# EAST COBBER DAY CAMP GUIDE

**SWIM LESSONS** FROM 3 MONTHS TO ADULTS



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 (770) 425-2560 / [www.JenningsMusic.com](http://www.JenningsMusic.com)

<b>Summer Camps &amp; Classes</b> <ul style="list-style-type: none"> <li>• Music to Grow                         <ul style="list-style-type: none"> <li>• Pre-K – Elementary</li> </ul> </li> <li>• Simply Music Piano                         <ul style="list-style-type: none"> <li>• 5 Songs in 5 Days</li> </ul> </li> </ul>	<b>Summer Lessons</b> Choose your own Package <ul style="list-style-type: none"> <li>• Guitar</li> <li>• Piano</li> <li>• Band &amp; Orchestra</li> <li>• Ukulele &amp; More</li> </ul>
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• Rock Band / Ukulele Club

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 Summer Dance Camps!  
 Summer Dance Sessions!  
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 850 Old Piedmont Rd., Ste. 1, Marietta, GA 30066



**Princess Camps!**  
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**Non-Stop Hip Hop Camp!**  
 Ages 6-11  
 June 5-9, 9am-12:30pm

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# EAST COBBER DAY CAMP GUIDE

Camp Name	Age Group	Weekly Camp Fee	Times	May 30-June 2	June 5-9	June 12-16	June 19-23	June 26-30	July 3-7	July 10-14	July 17-21	July 24-28
<b>STREM HQ Robotics</b> 519 Johnson Ferry Road, Building B, Marietta 30068 508-507-8736 • www.stremhq.com	7-13	\$199	9am-4pm		✓	✓	✓	✓	✓	✓	✓	✓
<b>SummerU*</b> Kennesaw State University-Continuing Ed 3333 Busbee Drive NW, Kennesaw 30144 470-578-6765 • www.kennesaw.edu/youth/summeru	1st-12th Grade	See website	See website		✓	✓	✓	✓	✓	✓	✓	
<b>Terrell Mill Tennis Center</b> Junior Summer Tennis Camp 480 Terrell Mill Road, Marietta 30067 770-644-2771 • www.pcca.cobbcountyga.gov	6-17	\$180	9am-12pm		✓	✓	✓	✓	✓	✓	✓	
<b>Titans Sports Academy-Baseball/Softball</b> 1235 Kennestone Circle, Suite A, Marietta 30066 404-441-1400 • www.titansnation.net	5-14	\$179-\$275	9am-5pm		✓	✓						
<b>TLC Hip Hop Camp</b> Teaching Little Children Dance Studio 850 Old Piedmont Road, Suite 1, Marietta 30066 770-590-4234 • www.teachinglittlechildren.com	6-11	\$185	9am-12:30pm		✓							
<b>TLC Princess Dance Camp</b> Teaching Little Children Dance Studio 850 Old Piedmont Road, Suite 1, Marietta 30066 770-590-4234 • www.teachinglittlechildren.com	3-6	\$185	9am-12:30pm			✓		✓		✓		
<b>Upbeat String Camp</b> Hightower Middle School 3905 Post Oak Tritt Road, Marietta 30062 770-642-8111 • www.upbeatstringcamp.com	Rising 6th-12th Grade	\$255	8:30am-4pm							✓ July 10-13		
<b>The Walker School Summer Programs*</b> 700 Cobb Parkway, Marietta 30062 770-427-2689 • www.thewalkerschool.org/summer	3-18	Call for rates	8am-4pm		✓	✓	✓	✓	✓	✓	✓	✓
<b>Walton High School-Boys Volleyball Camp*</b> 1590 Bill Murdock Road, Marietta 30062 770-856-1254 • www.waltonvolleyball.com	5th-8th Grade	\$150	9am-2pm	✓ June 1-3								
<b>Walton High School-Boys Elite Volleyball Camp*</b> 1590 Bill Murdock Road, Marietta 30062 770-856-1254 • www.waltonvolleyball.com	6th-8th Grade	\$250	4-9pm									✓
<b>Walton High School-Girls Volleyball Camp*</b> 1590 Bill Murdock Road, Marietta 30062 770-856-1254 • www.waltonvolleyball.com	K-8th Grade	\$150	9am-2pm	✓ June 1-3		✓ June 12-14						
<b>Walton High School-Robotics Camp*</b> 1590 Bill Murdock Road, Marietta 30062 waltonroboticscamp@gmail.com • waltonrobotics.org	Rising 6th-9th Grade	\$200-\$300	See Website			✓ June 13-16						
<b>Walton High School-Summer Camp for Puzzles and Logic</b> Dickerson Middle School, 855 Woodlawn Road, Marietta 30068 Laura.Speer@cobbk12.org • www.waltonmathteam.com	Rising 4th-8th Grade	\$125 by 5/1/17 or \$150	9am-2pm		✓ June 5-8							
<b>Wheeler High School CAMP G.A.M.E.S. Science and Engineering Camp for Girls</b> 375 Holt Road, Marietta 30068 770-578-3286 • stacy.regitsky@cobbk12.org	Rising 4th-6th Grade Girls	\$250	9am-3pm					✓				
<b>Wheeler High School Science Spectrum</b> 375 Holt Road, Marietta 30068 770-578-3286 • stacy.regitsky@cobbk12.org	Rising 7th-9th Grade	\$300	9am-3pm			✓						
<b>Wheeler High School STEM Explorers</b> 375 Holt Road, Marietta 30068 770-578-3286 • stacy.regitsky@cobbk12.org	Rising 4th-6th Grade Boys	\$250	9am-3pm					✓				
<b>Windy Hill Athletic Club-Camp Midtown</b> 135 Interstate N Parkway, Atlanta 30339 770-657-1791 • www.midtown.com	3-14	Starts at \$140	9am-4pm	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>WinShape Camp</b> 2509 Post Oak Tritt Road, Marietta 30062 770-977-5991 • www.winshapecamps.org/cobb	1st-9th Grade	\$249	Varies				✓	✓	✓	✓	✓	
<b>YMCA McClesky-East Cobb Summer Camps*</b> 1055 East Piedmont Road, Marietta 30062 770-977-5991 • www.ymcapass.com/mcy.shtml	5-12	See website	7am-6pm	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Young Chef's Academy</b> Camp Can-I-Cook 230 Hammond Drive, Sandy Springs 30328 404-255-9263 • www.youngchefsacademy.com/sandysprings	5-15	\$200	9:15am-12:15pm 1:15-4:15pm	✓	✓	✓	✓	✓	✓	✓	✓	✓

\*Check website for more camps.



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[www.YoungChefsAcademy.com/sandysprings](http://www.YoungChefsAcademy.com/sandysprings)



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 Sandy Springs GA 30342  
 404-477-5599

For rates and more information visit us online  
 at [mymoohan.org](http://mymoohan.org) or [mymoohan1@hotmail.com](mailto:mymoohan1@hotmail.com)

# EAST COBBER DAY CAMP GUIDE

## Overnight Camps

Camp Name	Age Group	Weekly Camp Fee	Times	May 28-June 3	June 4-10	June 11-16	June 18-24	June 25-July 1	July 2-8	July 9-15	July 16-22	July 23-29
<b>Athens Y Camp for Boys</b> 1000 Y Camp Road, Tallulah Falls, GA 30573 706-754-6912 • www.athenscamps.org	7-14	\$730+ \$45 store fee	See website		✓	✓	✓	✓		✓	✓	✓
<b>Camp Chattooga for Girls</b> 1000 Y Camp Road, Tallulah Falls, GA 30573 706-754-3329 • www.athenscamps.org	7-14	\$730+ \$45 store fee	See website		✓	✓	✓	✓		✓	✓	✓
<b>Camp Horizon Sleep Away Camp</b> 5825 Glenridge Drive, Bldg 3, Atlanta GA 30328 770-462-4908 • www.camphorizon.net	8-11	Free for Atlanta's foster youth	See website								✓ July 16-21	
<b>Camp Trach Me Away</b> Camp Twin Lakes, 1391 Keencheefoonnee Road, Rutledge, GA 30663 770-654-1458 • www.facebook.com/camptrachmeaway	8-17	Free	See website			✓ June 10-16						
<b>Deer Run Overnight Camps</b> 3845 Perkins Road, Thompson's Station, TN 37179 888-794-2918 • www.deerrun.camp	Preteen	\$729	See website		✓			✓				✓
<b>Deer Run Overnight Camps</b> 3845 Perkins Road, Thompson's Station, TN 37179 888-794-2918 • www.deerrun.camp	Middle & High School	\$729	See website			✓	✓	✓		✓	✓	
<b>Girl Scouts of Greater Atlanta-Camp Misty Mountain</b> 490 Lake Marvin Road NE, Armuchee, GA 30105 706-629-1030 • www.girlscoutsatl.org	Grades 2nd-12th	See website	See website			✓	✓	✓		✓	✓	✓
<b>Girl Scouts of Greater Atlanta-Camp Timber Ridge</b> 4575 Pebble Brook Road, Mableton, GA 30126 770-702-9600 • www.girlscoutsatl.org	Grades K-12th	See website	See website			✓	✓	✓		✓	✓	✓
<b>Sports Broadcasting Camp</b> @ Emory University • 201 Dowman Drive, Atlanta 30322 800-319-0884 • www.playbyplaycamps.com	10-18	\$565-\$1275	See website								✓ July 17-21	
<b>U.S. Space &amp; Rocket Center - Space Camp</b> One Tranquility Base, Huntsville, AL 35805 1-800-637-7223 • www.spacecamp.com	9-18	\$999-\$1099	See website	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>YMCA - Camp Ocoee</b> 111 YMCA Drive, Ocoee TN 37361 423-338-5588 • www.campocoee.com	7-17	See website	See website		✓	✓	✓	✓		✓	✓	✓



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## Summer Camps 2017



### St. Andrew Rowing Club

Looking for a fun NEW sport? Come learn to row or improve your skills at Saint Andrew Rowing Club. Campers will learn boat handling and rowing technique while enjoying the beautiful Chattahoochee River. Our smaller environment offers more time on the water and with our professional coaching staff.

**Intro To Rowing I:** One-week camps for kids new to rowing.  
 Both AM and PM sessions available.

**Dates:** 6/12-6/16, 6/19-6/23\*, 6/26-6/30, 7/10-7/14\*, 7/17-7/21, 7/24-7/28\*

\* Full Day option available on these weeks.

**Cost:** \$150 per session; \$250 full day.

Campers encouraged to do more than 1 session if possible.

**Intro To Rowing II:** Two week AM camps for those who have completed Intro I or an intro fall/spring season.

**Dates:** 6/12-6/23, 6/26-6/30 & 7/10-7/14, 7/17-7/28

**Cost:** \$250 per session.

**Camp Ages:** Rising 6th - 12th graders.

Visit [www.standrewrowing.com](http://www.standrewrowing.com) for more details or to sign up!  
 Location: 675 Riverside Road, Roswell, GA 30075



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[thespanishacademy.com](http://thespanishacademy.com)

*Our camps are highly interactive,  
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f [spanishacademy](https://www.facebook.com/spanishacademy)

# 2017 *April* COMMUNITY CALENDAR

**Free Mulch.** Cobb EMC offers free mulch from the clearance maintenance of Cobb EMC power lines. It is available throughout the year and can be delivered when crews are in your area. More info: 678-355-3413.

## EVERY TUESDAY

**Yoga.** This class will help create body awareness, strengthen and stretch muscles and tissues, improve balance, posture and coordination. Appropriate for all levels of students. 12:15-1:15pm. \$82.50 (April 4-June 20). WellStar East Cobb Health Park, 3747 Roswell Road NE, Marietta. More info: 770-956-7827 or wellstar.org.

## TUESDAY AND SATURDAY

**Feeding Time at the Chattahoochee Nature Center.** Join a naturalist for an in-depth look at one of their resident animals as they are being fed. 4pm. Admission: \$10/Adult, \$6/Child (3-12), \$7/Senior 65+, \$7/ Student (Ages 13-18), Children 2 & under are free. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or chattnaturecenter.org.

## EVERY WEDNESDAY

**Family Fun Time** is for families with children of all ages. It lasts 40-50 minutes and can include books, activities, a short film, parachute play, music, and a craft. 3:30-4:15pm. Free. East Cobb Library, 4880 Lower Roswell Road, Marietta/East Cobb. More info: 770-509-2730.

## EVERY THURSDAY

**Tai Chi.** A mind-body practice that has its roots in ancient China, designed to cultivate the body's vital energy (known as "chi") and improve the flow of this energy through the body. 12-1pm. \$67.50 (April 6-June 22). WellStar East Cobb Health Park, 3747 Roswell Road NE, Marietta. More info: 770-956-7827 or wellstar.org.

## EVERY FRIDAY

**The Gritters Knitters.** Do you knit, crochet, or work with yarn in anyway? If you would like to get together to craft, get inspired, and make new friends, then this group is for you. All skill levels are welcome, the only requirement is your enthusiasm! Just bring your yarn and yourself. Fridays: 11am-1pm. Gritters Library, 880 Shaw Park Road, Marietta. More info: 770-528-2524

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## EVERY SATURDAY

**Marietta Square Farmers Market** features products that are grown and produced in Georgia, including produce, plants, honey, breads, cheese and other items. Saturday: 9am-12pm. Rain or shine. Now open all year. Glover Park-Marietta Square. More info: 770-499-9393 or mariettasquarefarmersmarket.net.

## THROUGH MAY 31

**Find Your Favorite Forest Fairy House on the Trail.** Back by popular demand, the fairies have been busy building all new fairy houses for the Homestead Trail and Kingfisher Pond Trail this spring. More than a dozen whimsical works line trails. Create your own Fairy House. Members Free. \$10/Adult, \$6/Child, Children 2 & under are free. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or chattnaturecenter.org.

## APRIL 3- APRIL 7

**Cobb County Schools Spring Break.**

## APRIL 7 & 8

**Spring Native Plant Sale.** Attract butterflies, pollinators, birds and more to your garden by adding native plants. Over 120 species of plants available, and horticulturists and knowledgeable volunteers on site to help you plant the garden of your dreams. Herbs and veggies for the edible garden and more. 10am-5pm. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or chattnaturecenter.org.

## APRIL 7-23

**Jesus Christ Superstar** presented by The Atlanta Lyric Theatre. The first rock opera, created as a concept album at the end of the turbulent '60s. Propelled by a stirring score, Jesus Christ Superstar illuminates the transcendent power of the human spirit with a passion that goes straight to the heart. Thursdays, Fridays & Saturdays: 8pm. An additional matinee performance on Saturday, April 22 and Sundays: 2pm. \$33-\$53. Jennie T. Anderson Theatre, 548 S. Marietta Parkway, Marietta. More info: atlantalyrictheatre.com.

## APRIL 8

**Georgia Street Rod Association Swap Meet and Flea Market.** Swap meet and car corral includes all auto and truck parts for sale or trade. 8am-3pm. \$5/adults; Admission is free for spouses and children under 12. Jim Miller Park, 2245 Callaway Road, Marietta. More info: 770-517-6701 or gsra.com.

**Trail Work Day.** Volunteers needed to assist the National Park Service by maintaining the 20+ miles of trails in the Kennesaw Mountain National Battlefield Park. 8:30am-1pm. Kennesaw Mountain National Battlefield Park, 900 Kennesaw Mountain Drive, Kennesaw. More info: kennesawmountaintrailclub.org.

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# COMMUNITY CALENDAR

## APRIL 8-9, 15-16, 22-23, 29-30- MAY 6-7, 13-14 & 22-21

**Good Mews Spring Flea Market.** Find great bargains on a variety of items. All proceeds benefit Good Mews Animal Foundation, a local non-profit organization which operates a volunteer-based no-kill shelter for homeless, abused, and abandoned cats. Fridays & Saturdays: 10am-5pm. Sundays: 12-5pm. Sandy Plains Village Shopping Center, 4708 Sandy Plains Road, Roswell (Corner of SR 92, next to Movie Tavern and Walmart Neighborhood Market). More info: 770-499-2287 or [goodmews.org](http://goodmews.org).

## APRIL 8 & 22

**Marietta Square Artisan Market.** The market is an open-air fine arts market showcasing the best of local, handmade art and fine craft. From jewelry to sculpture, paintings and more, there is something for everyone. 9am-2pm on Mill Street between Church Street and the railroad tracks. More info: [ArtistsMarketMarietta.com](http://ArtistsMarketMarietta.com).

## APRIL 10 & 24

**Cobb Connections.** This networking event provides the opportunity to build relationships and grow business-to-business and business-to-consumer connections. 3-4:30pm Cobb Chamber members Free. General Admission: \$25. Registration required. Cobb Chamber of Commerce, 240 Interstate North Parkway, Atlanta. More info: [cobbchamber.org](http://cobbchamber.org).

**Celebrate  
Easter at Mt. Zion**

**Sunday April 16**  
7:00 am Sunrise Service  
8:30 & 11:00 am Traditional  
8:45 & 10:00 am Modern  
Nursery available 8:15 am - Noon  
Infant through 5 yrs. old

**Mt. Zion UMC**  
1770 Johnson Ferry Rd.  
Marietta, GA 30062  
[mtzionumc.org](http://mtzionumc.org)

## APRIL 13

**Ladies Night Out** at the Mill Kitchen & Bar. Includes: heavy appetizers, Mixology 101 classes featuring Martinis and flavored Old Fashioneds, Old Fourth Ward spirit tasting, sparkling wine and interesting white wine table, champagne bar, photo booth, live music, and giveaways. Proceeds from evening to benefit Relay for Life Roswell teams. 6-9pm. Tickets \$45 per person. Mill Kitchen & Bar, 590 Mimosa Boulevard, Roswell. More info: 770-817-9345 or [themillkitchenandbar.com](http://themillkitchenandbar.com).

## APRIL 14

**Cobb County Master Gardeners Lunch and Learn: Hostas and Companion Planting.** How to grow hostas and choose the best plants to grow with them – presented by hosta expert, Jack Driskell, Cobb Master Gardener. Bring your lunch. 12-1pm. Free. Cobb County Water Lab, 660 S. Cobb Drive, Marietta. More info: 770-528-4070 or [cobbmastergardeners.com](http://cobbmastergardeners.com).

## APRIL 14-16

**Atlanta Ballet presents Firebird.** Atlanta Ballet pays homage to three of the most inventive choreographers of the 20th and 21st centuries with a modern master's program. Atlanta will fall in love with the sensational Firebird and its vivacious whimsy and striking staging. Friday: 8pm. Saturday: 2pm & 8pm. Sunday: 2pm. Tickets: starting at \$25. Cobb Energy Performing Arts Centre, 2800 Cobb Galleria Parkway, Atlanta. More info/tickets: 800-745-3000 or [cobbenergycentre.com](http://cobbenergycentre.com) or [ticketmaster.com](http://ticketmaster.com).

## APRIL 15

**Ivy Lane Fashion Show** to benefit the American Foundation for Suicide Prevention and Lassiter High School Sources for Strength (SOS). Lunch, drinks, music, swag bags, auction, and much more. Two shows at 1pm and 3pm. Tickets: \$25. To purchase tickets online go to [ivylanemarietta.com](http://ivylanemarietta.com). Sponsorships available. Ivy Lane, 3605 Sandy Plains Road, Marietta. More info: 770-578-0506 or Ali Estella, [alikins02@yahoo.com](mailto:alikins02@yahoo.com).

## APRIL 15-16

**Sandy Springs Artsapalooza.** Two-day outdoor festival bringing art to the streets of the city. Children's play area, local musicians, interactive art stations, plus up to 150 arts and crafts participants in every discipline. Saturday: 10am-5pm. Sunday: 11am-5pm. 6100 Lake Forrest Drive, Sandy Springs. More info: 404-873-1222 or [sandyspringsartsapalooza.com](http://sandyspringsartsapalooza.com).

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## APRIL 18-MAY 18 & APRIL 22-MAY 13

**Drivers Education presented by Marietta/Cobb Driver's Education.** 30 hours of classroom instruction and 6 hours of individual training behind the wheel. This program meets the requirements for Joshua's Law and qualifies for the Teen Driver's Education insurance discount. April 18-May 18, Tuesdays/Thursdays: 6-9pm at Dodgen Middle School and Pope High School. April 23-May 14, Saturdays: 8am-4pm at Dodgen Middle School and Kell High School. \$385. Dodgen Middle School, 1725 Bill Murdock Road, Marietta. Kell High School, 4770 Lee Waters Road, Marietta. Pope High School, 3001 Hembree Road, Marietta. More info: 770-429-3170 or mariettacommunityschool.com.

## APRIL 21-22

**4th Annual Percussion Ensemble Symposium** presented by Lassiter High School Band with special performance by the Northwestern University Percussion Ensemble. Proceeds benefit the Lassiter High School Bands. Student ensembles perform approximately every half hour. Friday: 6-9pm. Saturday: 6-9pm. Northwestern University will perform Saturday at 8pm. Northwestern University Percussion Ensemble Admission is \$7 and is good for the entire event. Lassiter High School Concert Hall, 2601 Shallowford Road, East Cobb. More info: Facebook.com/lassiterpercussion-symposium or percussionsymposium@lbba.org.

**LIFE Vision Atlanta - The Experience of LIFE.** What's powering your practice? Passion? Energy? A Lasting Purpose? LIFE Vision is a two-day shot of high-energy, high-impact, inspirational and educational moments designed to bring current and future chiropractic leaders of all perspectives together to connect and re-charge. April 21: 8:30am-10pm. April 22: 9am-11pm. Cost: starts at \$99. Renaissance Atlanta Waverly, 2450 Galleria Parkway, Atlanta. More info: LIFEVisionSeminars.com.

## APRIL 21-22

**Plant Sale and Garden Fair** presented by the Cobb County Master Gardeners. Come and browse the plants, visit the educational exhibits, and get a head start on spring planting. 9am-5pm each day. Free admission. Jim R. Miller Park, 2245 Callaway Road SW, Marietta. More info: 770-528-4070 or cobbmastergardeners.com.

## APRIL 22

**2017 Run the River.** Enjoy a scenic run/walk along the Chattahoochee River. Proceeds will be used to continue Home Stretch's mission of providing housing, hope, and life skills to homeless families. 10K: 7:30am; 5K: 7:45 am, 5K Walk: 7:50 am; Fun Run: 7:55 am. 10K: \$40. 5K: \$30. Family: \$100. Fun Run: \$15. 5K Walk: \$30. St. Andrew Catholic Church, 675 Riverside Road, Roswell. More info: 770-642-9185 or race@homestretch.org.

**Diamond Jubilee Show.** Song of Atlanta Show Chorus's 60th Anniversary Show Featuring Guest Quartets: Bling and Boardwalk. 4pm. \$25 in advance, \$30 at the door, students and seniors \$20. Children under 6 free. \$30 Premium Reserved Table Seating. \$225 for whole table (8 people). St. David's Episcopal Church, 1015 Old Roswell Road, Roswell. More info: 770-317-9637 or songofatlanta.com.

**Earth Day Canoeing: Shooting Stars on the River.** Join Chattahoochee Nature Center canoe guides as they paddle down the Chattahoochee River. After the paddle, join the guides around the campfire to watch for shooting stars during the peak of the Lyrid Meteor Shower. Feel free to bring a picnic dinner. 5pm. \$40 General Public, \$30 CNC Members, Ages 21+. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. For registration/scheduling: 770-992-2055 x237 or scheduling@chattnaturecenter.org.




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# COMMUNITY CALENDAR

## APRIL 22 & 23

**41st Annual Kennesaw/Big Shanty Festival** Fun-filled activities with arts and crafts, food and live entertainment. The festival kicks off with a parade on Saturday at 9:30am, starting at Adams Park and continuing down Main Street through downtown Kennesaw. Saturday: 10am-6pm. Sunday: 12-5pm. Free admission. Downtown Kennesaw, 2829 Cherokee Street, Kennesaw. More info: 770-423-1330 or [kennesaw.com/big-shanty-festival](http://kennesaw.com/big-shanty-festival).

## APRIL 23

**Marietta Big Chicken Chorus Presents Spring into Harmony.** This year's special guest is the 2010 International Quartet Champions, Storm Front. Wildly entertaining, this comedy quartet will have you belly laughing. 3pm. Tickets: \$15. Marietta Performing Arts Center, Marietta High School, 1172 Whitlock Avenue SW, Marietta. More info: [BigChickenChorus.org](http://BigChickenChorus.org).

**WellStar Foundation Starlight Grand Gala.** Celebrate the many physicians, clinicians, volunteers and community philanthropists who are dedicated to improving the health and well-being of local communities. Proceeds will benefit one of the most vital and immediate healthcare services throughout WellStar's System - trauma. 6pm. Individual gala tickets are \$1,000. The Coca-Cola Roxy Theatre, SunTrust Park, 800 Battery Avenue SE, Suite 500, Atlanta. More info/tickets: Contact Kelli Moore at [kelli.moore@wellstar.org](mailto:kelli.moore@wellstar.org) or call 470-956-6673.

## APRIL 24

**26th Annual Charity Golf Tournament** hosted by East Cobb Lions Club. Proceeds to benefit several local schools, vision, diabetes, and other local charities. 8am: Registration, continental breakfast and range balls. 9am: Shotgun start. Four-person team, Ft. Lauderdale format. Lunch and awards follow golf. \$125/player. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info/to register: Contact Don Garrow at 770-955-6914, email [dgarrow@bellsouth.net](mailto:dgarrow@bellsouth.net) or [ec lions.org](http://ec lions.org).

**An Evening with Elizabeth Gilbert**, bestselling author of "Eat, Pray, Love" and "Big Magic". Her talk will be followed by a Q&A session. 7:30pm. Tickets: \$65-\$95, Unity North Atlanta, 4255 Sandy Plains Road, Marietta. More info: 678-819-9100 or [unitynorth.org](http://unitynorth.org).

## APRIL 27

**5th Annual Strand Golf Classic.** All proceeds go towards supporting The Strand Theatre and keeping the history and legacy alive! A great excuse to spend the day playing golf for a good cause. Raffles, gifts bags, and tasty beverages and much more. At Cobblestone Golf Course, registration begins at 11am with an 12pm shotgun start. Sponsorship opportunities available. The cost per team (foursome) without a sponsorship starts at \$750. Cobblestone Golf Course, 4200 Nance Road, Acworth. More info: 770-293-0080 or [events@earlsmithstrand.org](mailto:events@earlsmithstrand.org).

## APRIL 27-29

**St. Ann's Annual Garage Sale.** Includes seasonal, office goods, flat screen TV's/PC's, furniture, books, clothes, housewares, toys, baby items and much more. April 27 & 28: 9am-6pm. April 29: 9am-1pm. St. Ann's Catholic Church, 4905 Roswell Road, East Cobb. More info: 770-552-6400 or [st-ann.org](http://st-ann.org).

## APRIL 28

**Glover Concert Series: The Headliners.** Whether your preference is Big Band, the Classic 50's and 60's Rock and Roll, beach music, Motown, disco hits from the 70's to hits from the 90's and today, get ready to dance. A limited number of tables can be reserved, however personal tables, tarps and plastic ground coverings are prohibited inside of Glover Park and will be removed. Blankets and lawn chairs may be set up in the park. 8pm (rain or shine) Free. Glover Park on the Historic Marietta Square, 50 North Park Square, Marietta. More info: 770-794-5601 or [mariettaga.gov/concerts](http://mariettaga.gov/concerts).

## APRIL 28 & 29

**Atlanta International Antique Gun and Military Collector Show.** Friday: 12-5pm. Saturday: 9am-4pm. Daily admission \$7; \$1/ages 7-12; \$10 for 2-day pass. IMAWA Union Hall, 1032 S. Marietta Parkway, Marietta. More info: 704-282-1339 or [Richard@thecarolinatrader.com](mailto:Richard@thecarolinatrader.com).

## APRIL 29

**A Garden Faire.** Each year the North Fulton Master Gardeners present a one-stop shop for everything you need to make your gardening dreams a reality. Pass-a-long plants, flea/tique, garden demonstrations, garden art and pottery, specialty vendors and more. 9am-4pm (Rain or shine). Free. Historic Bulloch Hall, 180 Bulloch Avenue, Roswell. For more info: 678-639-7500 or [bullochhall.org](http://bullochhall.org).

**Just the Beginning** presented by the Georgia Symphony Orchestra (GSO). An evening of preludes, overtures, and concert openers by some of the greatest composers. The finale goes out with a bang to the sounds of Tchaikovsky's 1812 Overture with the GSO Chorus. 8pm. Tickets: \$10-\$30. Marietta Performing Arts Center 1171 Whitlock Avenue, Marietta. More info/Tickets: 770-429-2390 or [georgiasymphony.org](http://georgiasymphony.org).

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## APRIL 29

**Yard Sale supporting the youth missions of St. Andrew United Methodist Church.** Find household items, furniture, clothes and other treasures at great bargain prices. 8am-2pm. St. Andrew United Methodist Church, 3455 Canton Road, East Cobb. More info: 770-926-3488.

**The Orange Duffel Bag Dash (ODBI) a fun-filled 5K Trail Run!** You'll get that much-loved outdoor exercise while you help homeless and foster care students stay on track with their education! How? ODBI programs are proven to mobilize and motivate high school students toward academic success! Race day: check-in: 6:45- 7:45am at the Pavilion for participants who did not Pickup Packets. Event Start: 8am. 5K: \$30; Phantom: \$35. Garrard Landing Park - Covered Bridge Trail, 8000 Holcomb Bridge Road, Roswell. More info: theobdi.org.

**Neighborhood Garage Sale.** Make a neighbor's trash your treasure! Lots of great things for sale: furniture, wall art, lamps, linens, and much more. Millbrook Farm/Gant Quarters subdivision. Off Lower Roswell and Old Canton. 8am-2pm. More info: eytonjoneswhite@yahoo.com.

## APRIL 30

**Taste of Marietta.** Enjoy samplings from local restaurants, live entertainment and kids' activities. 11am-7pm. Free. Historic Marietta Square, 4 Depot Street, Marietta. More info: tasteofmarietta.com.

## MAY 1

**Project 82 Kenya Second Annual Golf Tournament.** All proceeds will support their infant rescue ministry in Kenya. Silent auction begins at 7:30am followed by a shotgun start at 9am. \$150 per golfer, \$600 per foursome. Following the tournament, there will be awards and a raffle. Pinetree Country Club, 3400 McCollum Parkway NW, Kennesaw. Pre-registration required. More info: 770-977-7114 or project82kenya.com.

## MAY 3

**33rd Annual Cobb County Prayer Breakfast.** Join leaders from Cobb County and surrounding areas as they join to pray for our nation, state, and county. Tickets include a delicious breakfast and program. Coffee social: 6:30-7am. Breakfast and program: 7-9am. \$25. Cobb Galleria Centre, 2 Galleria Parkway SE, Atlanta. More info: cobbcountyprayerbreakfast.org.

## MAY 4

**Business Expo with Summer Jam** presented by the Cobb Chamber of Commerce. Collaborate with over 1,000 attendees and 150 other exhibitors at one of Cobb County's largest networking events. 3-6pm. Free. Cobb Galleria Centre, 2 Galleria Parkway SE, Atlanta. More info: Mary Beth Moore, 770-859-2359 or cobbchamber.org/businessexpo.

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# COMMUNITY CALENDAR

## MAY 5

**Relay for Life** of Cobb County Survivor and Caregiver Reception and Wellness Fair. Free information, services, samples, and giveaways. 6pm. Jim R. Miller Park, 2245 Callaway Road SW, Marietta. More info: [RelayForLife.org/CobbGA](http://RelayForLife.org/CobbGA).

## MAY 5-6

**Sope Creek Garden Club Plant Sale** Native plants and shrubs from members' gardens: Ferns, ground covers, hydrangeas, irises, day lilies, elephant ears, flowering perennials, and many more. Decorative garden items, containers, plant stands, and bird houses. 8am-2pm. Eastside Baptist Church, 2450 Lower Roswell Road, Marietta/East Cobb. More info: [frogsncats.com/html/sopecreek-gc/scgc.htm](http://frogsncats.com/html/sopecreek-gc/scgc.htm)

## MAY 6

**Free Comic Book Day.** Each year, participating comic book shops across North America and around the world give away comic books for absolutely free to anyone who comes into their stores. Dr. No's Comics & Games Superstore, 3372 Canton Road, Suite 104, Marietta/East Cobb and Great Escape Comics & Games, 1050 East Piedmont Road, Suite 106, Marietta/East Cobb. More info: 770-422-4642 and 770-973-2253 or [freecomicbookday.com](http://freecomicbookday.com).

## MAY 6

**Taste of East Cobb.** Enjoy samplings from local restaurants, live entertainment and kids' activities. Fundraiser for the Walton High School band. 11am-5pm. Johnson Ferry Baptist Church South Parking Lot, 955 Johnson Ferry Road, East Cobb. More info: [tasteofeastcobb.com](http://tasteofeastcobb.com).

**Spring into Spring.** Come out to Smith Plantation to get over those winter blues and celebrate the beautiful flowers and trees that will be blooming on the site. Open house tours for \$5, fun games and crafts for the kids, and food for purchase. 11am-3pm. Smith Plantation, 935 Alpharetta Street, Roswell. More info: 770-641-3727 or [roswellgov.com](http://roswellgov.com).

## MAY 6-7

**May-retta Daze Arts & Crafts Festival.** 40th annual arts and crafts festival. Featuring local artists exhibiting all handmade work, including: pottery, paintings, woodwork, metal, glass, fabric, soap, candles, and more. Saturday 10am-5pm & Sunday 11am-5pm. Glover Park in the Marietta Square, 50 N Park Square, Marietta. More info: [marietta.gov](http://marietta.gov).



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Johnson Ferry Baptist Church

# Easter

Saturday, April 15

- 5 p.m. - Traditional in Sanctuary and Modern in Activities Center
- 5 p.m. - Special Needs Service in Children's Worship Center

Easter Sunday, April 16

- 8:30, 9:50 & 11:15 a.m. - Traditional in Sanctuary and Modern in Activities Center

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## PETS OF THE MONTH: STAR & BUNNY

*Submitted by Mary Maukucin*



**Breed:** Rabbits

**Age/Gender:** Star is a 4 year old Male;  
Bunny is a 6 year old female

**Favorite Food:** Oatmeal, Hay

**Favorite Person:** Mary (Owner)

**Best trick:** Sitting up for a treat

**Turn Ons:** Being petted

**Turn Offs:** Getting their ears cleaned

**Favorite Toy:** Sticks to chew

**Last Seen:** Snuggling together

**What Makes Them So Special:** Petting a  
soft bunny can be very relaxing

## Should Your Pet Be Our Pet of the Month?

Fill out the information on your pet and send it to:

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Please include a picture with your entry. Or email  
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Pet's Name: \_\_\_\_\_

Animal/Breed: \_\_\_\_\_

Age & Gender: \_\_\_\_\_

Favorite Food: \_\_\_\_\_

Favorite Person: \_\_\_\_\_

Best Trick: \_\_\_\_\_

Turn Ons: \_\_\_\_\_

Turn Offs: \_\_\_\_\_

Favorite Toy: \_\_\_\_\_

Last Seen: \_\_\_\_\_

What makes your pet so special: \_\_\_\_\_

Owner's Name: \_\_\_\_\_

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# A NEW HOME FOR DR. MEREDITH WESLEY



Dr. Meredith Wesley

For dog and cat lovers, pets are part of the family. In turn, the vets who care for these animals are just as important to the pet owners as their own doctors. A vet who knows a pet's history, temperament and medical needs is indispensable.

With that said, if you and your pet have wondered what in the world happened to Dr.

Meredith Wesley of East Cobb's Town & Country East Veterinary Clinic, she is not far away. Dr. Wesley is still living in East Cobb, but is now caring for pets at Crossville Veterinary Hospital, just a 20-minute drive in nearby Roswell.

A graduate of the University of Georgia College of Veterinary Medicine, Dr. Wesley has been practicing for about eleven years, with the last three of those years in East Cobb. She has recently joined Crossville Veterinary Hospital. Dr. Rosa Denning, who has 17 years of veterinary experience and has been operating Crossville Veterinary for about four years, had grown her clinic to the point that she was looking for a new associate. In walked Dr. Wesley, and it was a match for both of them.

Happy to have found this new home, Dr. Wesley comments on Crossville Veterinary: "The clinic's atmosphere is homey, and the staff is highly professional, well educated and genuinely friendly. I also find it to be very quiet. The grooming area is set up away from the lobby so it makes for a calm experience for pets.

"The only downside to my move is that I truly miss my East Cobb clients," continues Dr. Wesley. "I value the relationships that I have with them and hope that I can continue caring for their pets."

Crossville Veterinary Hospital is a full-service animal hospital and pet-grooming salon. It offers a wide range of services to fit every need – from general soft tissue surgery such as spaying/neutering to vaccinations for puppies and kittens all the way to geriatric pets. The hospital also provides dental cleanings and surgeries, as well as the ability to provide many laboratory services, such as comprehensive blood work, parasite check and urinalysis, right in the office while you wait.

The hours are Monday, Tuesday, Thursday and Friday, 8am- 6pm, Wednesday, 8am-5pm and Saturday, 9am-2pm. Dr. Wesley's day off is Thursday, and she is there on alternating Saturdays.

Crossville Veterinary Hospital is located at 40 East Crossville Road in Roswell, just east of Crabapple Road. To make an appointment or for more information, call 678-682-8805 or visit [www.crossvillevet.com](http://www.crossvillevet.com).

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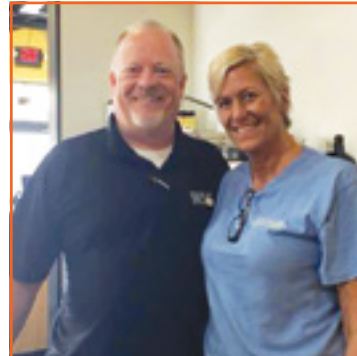
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Mike and Judy McClure

“My personal favorite,” reflects Eggs Up Grill owner Mike McClure, “is definitely the corned beef hash eggs benedict. One bite and you’re hooked.” His endorsement of this unique take on a classic breakfast dish should be taken very seriously, as McClure is a seasoned veteran of the breakfast taste wars. For over 20

years, he has been in the restaurant industry, specifically in the world of breakfast, the most important meal of the day. At the Eggs Up Grill, he enjoys overseeing perfection in every dish with hands-on management, including working behind the grill himself.

McClure and wife Judy opened the Eggs Up Grill in December 2016 to fill a gap they saw in the East Cobb dining scene. Not only were there limited options for breakfast and brunch, but there were none that took the term “from scratch” to heart. The McClures take great pride in the fact that no food at the restaurant comes from a factory--prepared, diced, cooked and frozen-- to be passed off as “fresh.” The recipes are made with freshly cut fruit, potatoes, made to order waffles and more. The brunch menu is expansive as well, including a variety of salads, soups, sandwiches and wraps. “We certainly do a lot of slicing, dicing and seasoning in the kitchen,” says McClure, “and it is worth all the effort. You simply cannot serve the best tasting foods without the freshest ingredients.”

East Cobbers agree. The Eggs Up Grill has been lighting up social media review sites with high marks in its first months of operation. McClure believes it is the combination of great food, service and variety that is bringing diners back for more. “It’s fun to serve special dishes for those health conscience customers who are cutting calories or carbs but want exotic flavors and seasonings. The egg white omelets are a big hit but never boring. Turkey bacon, feta, spinach and mushrooms can combine into one huge guiltfree plate of happiness.”

The restaurant welcomes clubs, study, networking and bible groups, and moms gathering with their tots for coffee and conversation on any given morning. But for those with no time to linger over that second cup, take-out orders can be called in and prepared lickety split. Eggs Up Grill is located in the Shallowford Corners shopping center, 4401 Shallowford Road in Roswell/East Cobb. They are open 7 days a week, 6am - 2:30pm. For more information, call 770-559-9057.

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**Jennifer "Jenny" Nicolini, age 34**

**Occupation:** Stay-at-Home Mom

**Family:** Husband, Anthony; children: Izzie (4) and Cam (4)

**Lived in East Cobb since:** 2007

**Subdivision:** Heritage Woods

**Height:** 5'4"

**Former Weight:** 257 pounds

**Current Weight:** 151 pounds

**Weight Lost:** 106 pounds

**How long did it take you to lose the weight?** 3 years

**Why You Lost Weight:** The simple reason is my kids. I hated looking at myself in pictures with them but I wanted pictures with them that didn't make me cringe. I wanted to be around and be able to keep up with them as they got older. I used to have a nightmare that they would run off in a store or somewhere and I would not have the ability to catch up with them before something happened. It was a fear I could do something about.

**Biggest Challenge:** My biggest challenge has been staying motivated. In the first year I lost about 55 pounds but spent the next year gaining about 30 pounds back. I knew something had to change, my focus couldn't just be on losing weight.

**How Did You Lose It?** I started at Curves in 2014 and learned the basics about diet and started an exercise program. I was successful initially then felt my life was all about diet and exercise and losing weight. I would eat well one day then poorly the next eventually leading to me gaining weight back. After 2 years I could not see a light at the end of the tunnel and had failed to make a lifestyle change. My sister Maggi had been doing Crossfit near her in South Carolina and I thought it sounded fun. Coincidentally, about this time last year I saw an article in the EAST COBBER about Crossfit East Cobb. I scheduled my intro session and was hooked. It very quickly stopped being about losing weight and about getting stronger and learning new skills. Every workout or "WOD" as it's known in the Crossfit world, was different and the coaches helped me to modify things I could not yet do. I found myself wanting to do more.



**BEFORE** - Jennifer Nicolini weighed 257 pounds in 2014.



**AFTER** - 3 years later, Jennifer weighs 151 pounds.

Then Crossfit East Cobb introduced me to the paleo diet with the first paleo challenge. It was introduced as an 8-week challenge and I thought I can do this for 8 weeks it doesn't have to be forever. Yet I truly learned more about nutrition that fuels our body not just feeds it. Then the weight just started to fall off. It no longer became about losing weight, it was a lifestyle and I was in love with it.

**Favorite Healthy Foods:** Protein powder, avocado toast on Ezekiel bread, almond butter with apples.

**How Has Your Life Changed?** My life is active. I am no longer watching I am doing! I used to workout 2-3 times a week and now I am at the gym 6-7 days a week. I have done two Crossfit Competitions and am participating in the open. I don't use food as a reward. I still treat myself but don't buy a cupcake because I ate well yesterday or because I worked out. I would still like to lose another 15-20lbs but my life is not controlled by it. I focus on eating healthy and my gains at the gym.

**Lesson Learned:** The biggest thing I learned was in order to be successful you need not to have every part of your life be focused on losing weight. It has to be about something more. 🧘



## SAGE DENTAL OPENS NEW EAST COBB LOCATION



The staff at Sage Dental are excited about their East Cobb opening.

Are you looking for a new dental practice that is close by and can address all of your family's needs today and in the future? You're in luck because Sage Dental recently opened in East Cobb, its first Georgia location. With over 50 facilities in

Florida, Sage Dental has been providing excellent care for more than 20 years. It's one of the few dental providers that offer all dental services, including preventative, general, reconstructive, cosmetic, orthodontic and specialty under one roof.

The new office on the corner of Johnson Ferry and Lower Rowell Road opened March 20th 2017 and is scheduling new appointments. Sharnn Shephard, DMD, is the lead dentist at the East Cobb location. His philosophy is to build life-long relationships with his patients through mutual trust, authentic compassion and competent dentistry.

A graduate of Howard University College of Dentistry, Dr. Shephard has more than 27 years of clinical experience.

"I look forward to practicing in East Cobb and joining the Sage family as it gives me the freedom to develop genuine, life-long relationships with my patients," says Dr. Shephard. "I've inherited a talented management team that allows me to dedicate my time totally toward patient care."

The new office provides patients with a relaxing environment (including two surgical suites for high anxiety patients), state-of-the-art equipment and the highest quality materials.

Sage Dental puts a lot of thought into a location before selecting it. When they did their research on East Cobb, they recognized it as a strong family area.

"Because of our commitment to building relationships with patients and their families, we knew East Cobb would be the perfect match for us. We are excited to be part of the growth in East Cobb and cannot wait to plug into the community," says Rhonda Cox, Director of Operations.

Sage Dental makes going to the dentist affordable too. They have reasonable fees, new patient packages and accept most dental insurance. Patients without insurance have the option to enroll in their VIP Discount Program, which can save patients up to 65 percent off regular fees. Look for their grand opening event announcement soon.

Sage Dental is located at 4811 Lower Roswell Road in Marietta/East Cobb. To schedule an appointment or for treatment discounts and coupons, visit [www.mysagedental.com/office/east-cobb](http://www.mysagedental.com/office/east-cobb) or call 404-238-7276.

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## EAST COBB SENIOR CENTER ACTIVITIES SCHEDULED FOR APRIL

All Cobb residents age 55+ are invited to participate in activities at various senior centers throughout Cobb. The following is a list of activities scheduled at the East Cobb Senior Center located at 3332 Sandy Plains Road, Marietta 30066. Call the East Cobb Senior Center at 770-509-4900 for reservations and/or more details.

### Preventive Benefits of Traditional Chinese Medicine

April 10 | 10-11:30am

Free/Registration required

Learn more about the traditional Chinese medicine and the preventive benefits for many common and chronic conditions such as obesity, diabetes, high cholesterol, and infertility. Presented by The Tang Acupuncture Team.

### Catch-Up to Fitness

April 19 | 10-11:30am

Free/Registration required

Catch-Up to Fitness is a one-hour nutrition and fitness class based on the award-winning Oasis CATCH Healthy Habits program. Class includes a discussion of nutrition and 30 minutes of physical activity. It includes practical tips and recommendations that will make healthier living easier to understand and to do.

### Advance Care Planning

Friday, April 21 | 10-11:30am

Free/Registration required

Advance care planning is making decisions about the care you would want to receive, if you become unable to speak for yourself. These are your decisions to make, regardless of what you choose for your care, and the decisions are based on your personal values, preferences, and discussions with your loved ones. Come to this seminar to learn more about it. Presented by Good Life Club.

### Oak Hill & Martha Berry Museum

May 23; Deadline: April 21 | 9:30am-4pm (Check-in 9am)  
\$65 Senior council members; \$70 Non-members. Payment is due at registration.

Take a trip to Oak Hill & Martha Berry Museum, one of Georgia's most prized attractions, located in Rome. The museum opened in 1972 as a historic house and history museum. You will enjoy a tour of the dwelling led by Berry College students. Also, take a leisurely walk through the gardens. After the tour there will be lunch at Harvest Moon Café. Price includes luxury motor coach, lunch, dinner, and driver's tip. No refunds unless the trip is cancelled. Activity Level 3-Longer walking, many stairs and/or inclines.

### Tornado Safety

April 26 | 10-11:30am

Free/Registration required

Join the Cobb County Emergency Management Agency as they bring tips and important information on how to prepare and protect for a tornado and other types of destructive storms. Also, learn how to use a weather radio to keep you informed!

### Dine-a-Round: Café 33

April 26 | 11:30am

Separate checks; Registration required. Everyone meets at the restaurant. Café 33, 2520 E Piedmont Rd, Marietta 30062

### Funeral 101

April 26 | 10-11:30am

Free/Registration required

Planning ahead is always good. This seminar to help ease your family's emotional burden, avoid difficult decisions at a stressful time, what happens after the funeral and what documents will you need. Presented by Mayes Ward-Dobbins

### Hearing and Balance

April 28 | 10-11:30am

Free/Registration required

Director of Audiology at Wellstar, Dr. Brett Greenblatt, will present a wealth of information on the important health and wellness topic of hearing. The ability to hear is the most important factor in the anatomy and physiology of the balance mechanism. Different disorders associated with this body function can plague our aging process. Luckily, treatment and lifestyle changes can alleviate such problems.

### AARP Smart Driver

April 27 | 9am-4pm

\$15 AARP members, \$20 Non-members (cash or check). The AARP Smart Driver course is a refresher course specifically designed for drivers age 50 and older. Drivers may benefit from a discount on their auto insurance upon completing the course. Refresh your driving skills and your knowledge of the rules — and hazards — of the road. Check with your insurance agent about a possible discount. Bring a lunch. 🍽️



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## LEARN HOW TO AGE BY DESIGN AT UPCOMING SUMMIT AND EXPO

As the largest segment of Georgia's adult population continues to age, questions regarding housing issues, health care coverage, financial security and home care are on the minds of many seniors, families and health care professionals. "Are you aging by design?" That is a major question facing many senior citizens. The Aging by Design 2017 Expo seeks to answer that question by providing invaluable information to help older Americans shape the lives they want to live and help plan for their future.



Register now for the Aging by Design Expo to be held Saturday, May 6. This event begins at 10am and will be held at Cobb County Civic Center, 548 South Marietta Parkway in Marietta. This Expo will feature many local businesses exhibiting their services for older Americans. Representatives will be available to answer your questions. Free health screenings will also be offered.

Registration is now open. Register online by visiting [www.CobbSeniors.org](http://www.CobbSeniors.org) or by stopping by any Cobb County senior center.

If you have questions about the Summit and Expo, please call 770-528-5356. ☎







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## UPCOMING CLASSES

### April:

- 4/11: Sketching Your World
- 4/12: Publish Your Own Book
- 4/13: November 22, 1963
- 4/13: Florals in Watercolor
- 4/18: Basics of eBay Selling
- 4/27: The Zentangle Method

### May:

- 5/1: Civil War Spies
- 5/3: The Labyrinth – A Walking Meditation
- 5/8: Getting Started in Genealogy
- 5/9: Beginning Knitting
- 5/17: Digital Photography – Introduction
- 5/23: Wine Appreciation

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# CLUB CALENDAR

**AARP Chapter 2830.** First Thursday of the month. 1:30pm. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Joan Farentino, 770-579-5191.

**American Association of University Women (AAUW)** of Cobb County. 2nd Tuesday of the month. 7pm. East Cobb Center, 4400 Lower Roswell Road, Marietta. More info: cobbcounty-ga.aaauw.net.

**American Needlepoint Guild.** 2nd Tuesday of the month. 6:45pm. Tiny Stitches, 2520 East Piedmont Road, Marietta. More info: 770-394-0065.

**Anne Hathaway Garden Club.** 3rd Wednesday of the month (except July and August). Marietta Educational Garden Center, 505 Kennesaw Avenue NW, Marietta. More info: Nancy Martin, 770-428-7056.

**Atlanta Illini Club.** Professional and social networking for University of Illinois alumni, families and friends in the Atlanta area. Game watches at the Rose & Crown, 1931 Powers Ferry Road, Marietta. More info: www.atlantailini.com or club@atlantailini.com.



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• **Atlanta Metropolitan Council Navy League.** 2nd Tuesday of the month. 7pm. Navy Recruiting District HQ, 2400 Lake Park Drive, Suite 410, Smyrna. Membership open to all civilian and retired military with an interest in supporting our men and women of the Navy, Marine Corps, Coast Guard, Merchant Marines and associated youth programs. More info: 678-234-2310 or campbellfc@comcast.net.

• **Big Chicken Chorus.** Every Monday evening. 7:00pm. Marietta High School, Chorus Room, 1171 Whitlock Avenue, Marietta. Male a cappella harmony chorus. More info: Frank, 770-587-1264, fehrach@aol.com, or www.bigchickenchorus.org.

• **Bridge Club.** Four free lessons; \$7 thereafter. Wednesday 10am, and Thursdays 7:30pm. Singles are welcome. 1809 Roswell Road, Marietta. More info: 770-973-7717.

• **Business Network International (BNI).** The World's largest referral organization. Multiple chapters in the area, please refer to the website: bnisoutheast.com for listings. More Info: Anita York, 678-888-0200

• **Cobb County Democratic Committee.** Monthly breakfast 2nd Saturday each month. 9am. Marietta Fire Museum, 112 Haynes Street, Marietta. More info: www.cobbdemocrats.org.

• **Cobb County Gem & Mineral Society.** 2nd Tuesday of the month. 7:30 pm at their Clubhouse, 516 West Atlanta Street, Marietta 30060. More info: www.cobbcountymineral.org.

• **Cobb County Genealogical Society.** 4th Tuesday of the month. 7pm. First Presbyterian Church of Marietta, 189 Church Street, Marietta. More info: www.cobbbgagensoc.org or ccgs@cobbbgagensoc.org.

• **Cobb County Republican Women.** 4th Friday of the month. 11:30am. Hilton Atlanta/Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: 770-785-2522 or www.ccrwc.org.

• **Cobb Marietta Retired Educators Association.** 2nd Thursday of the month. 11:30am. Luncheon reservations required. First United Methodist Church of Marietta, 56 Whitlock Avenue, Marietta. More info: www.cmrea.org

• **Cobb Photographic Society.** Photographers of all skill levels are welcome. First and 3rd Monday of the month. 7-9pm. American Business Center, Bldg. 700, Suite 702, 1395 South Marietta Parkway, Marietta. More info: www.cobbphotosociety.com or info@cobbphotosociety.com.

• **Colored Pencil Society of America.** Atlanta District Chapter 107. First Monday of the month. 7pm. North DeKalb Cultural Center, 5339 Chamblee-Dunwoody Road, Room 2 (second floor in the back), Dunwoody. More info: Nancy Guerine, 678-354-3590.

• **Dog Hikers of Georgia.** Every Sunday. 10am. Various locations. Non-dog owners welcome. More info: Dr. Dan Batchelor, 770-624-7660.

• **East Cobb Bass Club.** Visitors, boaters and non-boaters are welcome. First Tuesday of the month. 7pm. Free admission. Attendees pay for dinner. The Rib Ranch, 2063 Canton Road, Marietta. More info: 770-364-3036 or noeyf1@bellsouth.net.

• **East Cobb Business Association.** Luncheon and featured speaker. 3rd Tuesday of the month. 11:30am-1pm. Indian Hills Country Club, 4100 Clubland Drive, Marietta. More info: Susan Hampton, 404-218-6216, susan.hampton@lionbank.com, or www.eastcobbba.com.

• **East Cobb Civic Association.** Last Wednesday of the month. 7pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: www.eastcobb.net.

• **East Cobb Civitans.** 2nd and 4th Thursday of the month at noon for lunch at The Olde Town Athletic Club, 4950 Olde Towne Parkway, Marietta. More info: 770-578-9901 x201.

• **East Cobb Democratic Association.** 4th Tuesday of the month. 6pm - Social. 7pm - Program. Whole Foods, 1311 Johnson Ferry Road, Marietta. More info: Tom Barksdale, 770-715-1218 or tbarksdl@aol.com.

• **East Cobb Jewish Networking Group.** Every Wednesday. 7:30 am. Sugar Benders Bakery, 255 Village Parkway, Marietta/East Cobb. More info: Vic Anapolle 404-432-0626 or vicanapolle@aol.com.

• **East Cobb Kiwanis Club.** Every Wednesday evening. 7pm. Paradise South of the Border, 3605 Sandy Plains Road, Marietta. More info: Johnny Johnson, 770-977-2026 or edwardjohnsjewelers@yahoo.com.

• **East Cobb Lions Club.** 2nd and 4th Tuesday of the month. 7pm. Powers Ferry UMC, 245 Powers Ferry Road, Marietta. More info: Don Garrow, 770-955-6914.

• **East Cobb New Horizons Band.** Monday mornings, 11am. If you are 50 or older, play a musical instrument and have been looking for a great place to make music, come join! To learn more go to: ecnhb.com or email webmaster@ecnhb.com.

• **East Cobb Rotary Club.** Every Wednesday. 7am. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: eastcobbrotary.com.

• **East Cobb Woodcarvers Club.** Every Thursday. 9-11am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-420-3820.

• **Georgia Nature Photographers Assoc.** 3rd Thursday of the month. 7pm. Nature photographers of all skill levels are welcome to our monthly meetings. The Mansour Center, 995 Roswell Street, Marietta. More info: www.gnpa.org or info@gnpa.org

• **Georgia Perennial Plant Association.** 3rd Tuesday of the month. 7:30pm. Atlanta History Center, McEreath Hall, 130 West Paces Ferry Road NW, Atlanta. More info: www.georgiaperennial.org.

• **Georgia Vietnam Veterans Alliance.** 3rd Thursday of the month. Social hour: 6pm. Meeting: 7pm. American Legion Post, 921 Gresham Road, Marietta. More info: Dave Hamrick 770-315-3942.

• **Georgia Tea Party.** Thursdays. 7pm. 900 Roswell Street, Marietta. More info: Jerry Kotyuk 404-374-0580 or jerryk623@att.net.

• **Golden "K" Kiwanis Club.** Every Thursday. 10am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Joe Vanhorn Jr., 770-424-6654.

• **Happy Tails Pet Therapy.** Orientation for prospective members First Thursday or Saturday of the month. 10:30-11:30am and 7-8pm. Blue Pearl Georgia Veterinary Specialists, 455 Abernathy Road NE, Atlanta. Check dates: 770-740-8211 or www.happytailspets.org.

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**IMPS Bridge Club.** An offshoot of the former Newcomers Club of East Cobb, looking for new members. Various formats, dates and times available. For more information contact Roni Fink at 404-310-3448 or phinque999@AOL.com.

**Libertarian Party of Cobb County.** First Thursday of the month. 7:30pm. More info: [www.cobbtp.org](http://www.cobbtp.org) or call 770-795-1331

**Marietta Kiwanis Club.** Every Thursday. 12pm. Hilton Conference Center, 500 Powder Springs Street, Marietta. More info: Pat Huey, [pathuey@comcast.net](mailto:pathuey@comcast.net) or [www.marietakiwanis.org](http://www.marietakiwanis.org).

**Marietta Lions Club.** 2nd Thursday of the month. 7pm. First United Methodist Church, 56 Whitlock Ave SW, Marietta 30064. More info: [mariettalions@aol.com](mailto:mariettalions@aol.com) or [www.mariettalionsclub.org](http://www.mariettalionsclub.org).

**Marietta PFLAG.** 4th Sunday each month. 1-3pm. Newcomers are welcome. Pilgrimage United Church of Christ, 3755 Sandy Plains Road, Marietta. More info: [www.pflagatl.org](http://www.pflagatl.org).

**Marietta Rotary Club.** Every Wednesday. 12 noon. Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: Adele Grubbs, 770-424-8212 or [www.mariettarotary.org](http://www.mariettarotary.org).

**Marietta VFW Post 2681.** Dinner with VFW Ladies Auxiliary. First Thursday of the month with separate meetings following dinner. 6:15pm. 140 Powers Ferry Road, Marietta. More info: [www.vfwpost2681.org](http://www.vfwpost2681.org).

**Martha Stewart Bulloch Society of Children of the American Revolution** meets one Sunday per month from September through May, 2-4pm. Osage Terrace Room and Pavilion at Bulloch Hall 180 Bulloch Avenue, Roswell. More info: Tammar 770-696-4806 or [www.msbnsr.com](http://www.msbnsr.com).

**Moms in Prayer** for East Side Elementary parents. Fridays 11am. More info: Rachel Bloom 770-973-4705 or [familybloom@gmail.com](mailto:familybloom@gmail.com).

**National Association of Active and Retired Federal Employees (NAARFE).** 2nd Wednesday of the month. 11:30am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More Info: 770-971-1719.

**Newcomers Club of Cobb County.** 3rd Tuesday of the month. 10am. Various social activities throughout the month for those new to Cobb County or just looking for new friends and activities. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta. More info: [newcomersofcobbcounty@yahoo.com](mailto:newcomersofcobbcounty@yahoo.com).

**North Metro Mothers of Multiples Club.** 3rd Monday of the month. 7pm. Chicago's, 4401 Shallowford Road, Roswell (corner of Johnson Ferry & Shallowford). More info: [www.northmetromultiples.org](http://www.northmetromultiples.org).

• **Northeast Cobb Business Association.**  
• Luncheon meeting 3rd Wednesday of the month. 11:30am-1pm. \$15.  
• Piedmont Church, 570 Piedmont Road, Marietta. More info: 770-423-1330.

• **Northwest Atlanta Mothers of Multiples**  
• A parent's club for families with or expecting twins, triplets, or quadruplets.  
• Second Tuesday of each month. Date and time may change; check our website. More info: [www.nowamom.org](http://www.nowamom.org) or 678-404-0034.

• **Peach State Depression Glass Collectors' Club.** 2nd Tuesday of the month except December. Guests welcome. 6:30pm social; 7pm meeting. Marietta Museum of History, 1 Depot Street, Marietta. More Info: [psdgc.com](http://psdgc.com).

• **Polk Street Speakers Toastmasters.**  
• First and 3rd Tuesday of the month. 6-7:30pm. St. James Episcopal Church, 161 Church Street, Marietta. More info: [www.polkstreetspeakers.org](http://www.polkstreetspeakers.org).

• **Retired Old Men Eating Out (R.O.M.E.O.)**  
• Every Tuesday, 8-10am. Meet for friendship, conversation and sharing a variety of antique cars, street rods and muscle cars. Marietta Diner, 306 Cobb Parkway South, Marietta.

• **Shakespeare Reading Group.** First and 3rd Thursday of the month. September-May. 2-4 pm. Senior Wellness Center, 1150 Powder Springs Road, Marietta. More info: Lynne Johnson, 770-591-3474.

• **Song of Atlanta Show Chorus.**  
• Women's four-part harmony chorus. Every Tuesday. 7:30pm. Northbrook UMC, 11225 Crabapple Road, Roswell. Visitors welcome. More info: [www.songofatlanta.com](http://www.songofatlanta.com) or 770-696-6502.

• **Sope Creek Garden Club.** First Wednesday of the month (Sept-June). 10am. Locations vary. More info: Karin Guzy, 770-955-1303 or [karinguzy@gmail.com](mailto:karinguzy@gmail.com).

• **The Foxtrotter's Dance Club.** 4th Friday of the month (no dance in May, Nov. & Dec., the 3rd Friday). 7:30-10:30pm. If you enjoy ballroom dancing, come and dance. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-587-1160.

• **Toastmasters International.** Rising Phoenix Club. Every Saturday at 9:45-11am. A great way to improve your speaking and leadership skills. Guests always welcome. East Cobb Government Center, 4400 Lower Roswell Rd, Marietta. More info: [risingphoenix.toastmastersclubs.org](http://risingphoenix.toastmastersclubs.org).

• **Y Business Network.** Every other Friday. 7:30-8:45am. Local business networking and referrals. Northeast Cobb Y, 3010 Johnson Ferry Rd., Marietta. Guests always welcome. More info: [ybusinessnetwork.webs.com](http://ybusinessnetwork.webs.com), Michelle Hutchinson, 770-518-0010.

## Meet Your Future Clients, Customers and Business Associates

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# ECBA

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## Father of the Year 2017

All EAST COBBER readers are encouraged to nominate a father who either lives or works in East Cobb County to be this year's EAST COBBER Father Of The Year. In 200 words or less explain why this man should receive



▲ William Lester

this honor. The Father Of The Year will participate in our annual Parade, and be eligible to receive gifts from our local merchants.

Mail your essay along with photo to:  
EAST COBBER, P.O. Box 680455,  
Marietta, GA 30068 or email your essay  
and photo to [contests@eastcobber.com](mailto:contests@eastcobber.com)

**All entries must be postmarked by May 8.**

# CANDIDATES FORUM FOR CONGRESSIONAL DISTRICT 6 ON APRIL 11

**G**eorgia's 6th congressional district (which includes East Cobb, North Fulton and North Dekalb) was represented by Republican Tom Price until he was sworn in as Secretary of Health and Human Services on February 10. A special election will be held on Tuesday, April 18 to fill the vacant seat.

The Rotary Club of East Cobb and the EAST COBBER, will be co-hosting a non-partisan Candidates Forum for those running for the Congressional 6th District seat on Tuesday, April 11. The Forum will be held from 6 – 9:30pm at Wheeler High School's Performing Arts Center, 375 Holt Road in Marietta/East Cobb 30068. Ross Cavitt, WSB-TV Reporter has agreed to moderate.


Here are the candidates -- 11 Republicans, five Democrats and two Independents -- who have declared that they are running for office in the District 6:

**Republicans:** David Abroms, Mohammad Ali Bhuiyan, Bob Gray, Keith Grawert, Karen Handel, Judson Hill, Amy Kremer, Bruce LeVell, William Llop, Dan Moody, and Kurt Wilson,

**Democrats:** Ragin Edwards, Richard Keatley, Jon Ossoff, Rebecca Quigg, and Ron Slotin.

**Independents:** Alexander Hernandez and Andre Pollard.

All of the above-named candidates were invited to attend. From 6-6:50pm, candidates will meet and greet attendees before the Forum begins. From 7-9:30pm, the format for this forum will include a one minute opening statement, one minute to answer each question by each candidate and a one minute closing statement. Questions will be submitted in writing. Volunteers will be circulating before and during the forum collecting questions. The public is encouraged to attend and participate in this nonpartisan event.

For more information, contact Cynthia Rozzo, Publisher of the EAST COBBER at 770-640-7070 or email [Cynthia@eastcobber.com](mailto:Cynthia@eastcobber.com). 


# CANDIDATES FORUM FOR STATE SENATE CANDIDATES SET FOR APRIL 12

**E**ight candidates have officially qualified for the April 18, 2017 Special Election for State Senate District 32. State Senate District 32 includes portions of East Cobb and Fulton counties. The State Senate seat was vacated by Judson Hill. Judson Hill resigned his seat to run for the U.S. House of Representatives- 6th District (Secretary of Health and Human Services Tim Price's "old" seat).

The Rotary Club of East Cobb and the EAST COBBER will be co-hosting a non-partisan Candidates Forum for those running for the State Senate District 32 seat on Wednesday, April 12. The Forum will be held from 6 – 8:30pm at the East Cobb Library, 4880 Lower Roswell Road in Marietta/East Cobb 30068. Donna Lowry, currently the Director of Communications for the Cobb County School District and a former WXIA reporter, has agreed to moderate.

Five Republican candidates – Hamilton Beck, Matt Campbell, Roy Daniels, Kay Kirkpatrick, and Gus Makris – qualified for the race. Three Democratic candidates – Christine Tribsch, Exton Howard, and Bob Wiskind – also qualified for the race.

All of the above-named candidates were invited to attend. From 6-6:50pm, candidates will meet and greet attendees before the Forum begins. From 7-8:30pm, the format for this forum will include a one minute opening statement, one minute, 30 seconds to answer each question by each candidate and a one minute closing statement. Questions will be submitted in writing. Volunteers will be circulating before and during the forum collecting questions. The public is encouraged to attend and participate in this nonpartisan event.

For more information, contact Cynthia Rozzo, Publisher of the EAST COBBER at 770-640-7070 or email [Cynthia@eastcobber.com](mailto:Cynthia@eastcobber.com). 





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# SUPPORT GROUPS

## A.A./Al-Anon/Al-Anon Beginners/Alateen.

Every Monday, 8pm. Covenant Presbyterian Church, 2881 Canton Road, Marietta. More info: 770-973-5347 or jpm105@comcast.net.

**Al-Anon.** For family and friends of alcoholics. Thursdays, 7:30-8:30pm. Johnson Ferry Baptist Church, Room 345, 955 Johnson Ferry Road, Marietta. More info: 770-587-0483.

**Al-Anon Family Group.** Wednesdays, 7pm. Teens 13 and older welcome. Temple Kol Emeth, 1415 Old Canton Road, Marietta. More info: Paulette L., 678-551-2433.

**Alzheimer's/Caregiver Support Group Meeting.** First Monday of each month, 10:30am. Open to family members who are assisting an aging loved one both inside and outside of the home. Free respite care is provided for your loved one while we meet. Aloha to Aging/Mt. Bethel Community Center, 4608 Lower Roswell Road, Marietta. More info or to RSVP: 770-722-7641.

**Anxiety Anonymous** for people who suffer from anxiety, meets the 3rd Thursday of the month, 6:30-7:30pm. Cobb County Government Center, 4400 Lower Roswell Road, Marietta. More info: 770-633-1023 or galinabannova@gmail.com

**A.W.A.K.E. Program** stands for "Alert, Well, And Keeping Energetic." A support group for adults who have sleep apnea, their family members and friends, and anyone interested in learning more about sleep apnea. First Thursday of the month, 5:30-7pm. WellStar East Cobb Health Park, 3747 Roswell Road NE, Marietta. More info: 770-644-1755.

**Babywearing Group.** Koalamommas, North Atlanta's resource for help, support, and information about baby carriers of all kinds. Meets monthly. Meeting dates/time vary. More info: Jennifer Worrell, jenniferworrell@bellsouth.net or www.bwiofatlant.org.

**Bereavement Support.** Every Wednesday of the month, 5pm. Counseling Room in Parish Office, St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6020.

**Breastfeeding Mommy & Me Group.** A lactation consultant is available to facilitate supportive discussions over a variety of topics. Mondays 9:30-11am. WellStar East Cobb Health Park, Marietta, Room 3747 Roswell Road NE, Marietta. More info: 770-793-8088.

**Cancer Support Group.** 2nd and 4th Monday of the month, 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

**Career Transition.** 3rd Monday of the month, 6:30pm. Personal resume writing, interviewing, networking, and career assessment help. First Presbyterian Church, 189 Church Street, Marietta. More info: Lee Pence, 770-428-9350, or Bob Sabin 770-795-9084, or visit www.fpcmarietta.org

• **Caregiver Support Group.** First Monday of the month, 6-7pm. Arbor Terrace, 886 Johnson Ferry Road, Marietta. More info: 770-977-4420 or ACaudell@arborcompany.com.

• **Caregiver Support Group.** 2nd Thursday of the month, 12-1pm. Episcopal Church of St. Peter and St. Paul, 1795 Johnson Ferry Road, Marietta. More info: 770-977-7473 or eharres@peterandpaul.org

• **Child Sexual Abuse East Cobb** support group for male and female victims of child sexual abuse & exploitation provided by VOICE Today. First and 3rd Monday of every month, 7pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Room 356, Marietta. More info: 678-578-4888 or info@voicetoday.org.

• **Compassionate Friends.** First Tuesday of the month, 7pm. Assists bereaved families following the death of a child of any age and from any cause. First Baptist Church, 148 Church Street NE, Marietta. More info: Ria 770-973-4921 or www.tcfmarietta.org.

• **Depression/Bipolar Support Group.** First and 3rd Thursday of the month, 7-8:30pm. Johnson Ferry Baptist Church, Room 339, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

• **Diabetes Support Group.** A Diabetes Services Social Worker and/or Diabetes Educator facilitates each session. Participants are encouraged to discuss their concerns and share their successes regarding the self-management of their diabetes. Meets 4th Monday of each month except December, 6-7pm. WellStar Health Park, 3747 Roswell Road NE, Marietta. More info: 770-793-7828.

• **Divorce Care.** 13-week course beginning the 3rd Wednesday of August, 6:30-8pm. Open to all ages. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

• **Divorced/Separated Support Group.** First and 3rd Tuesday of each month, 7:30pm. St. Ann's Catholic Church, Mary's Chapel, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6018.

• **Divorce Support Group** by Visions Anew for women who are contemplating or going through the divorce process. First Thursday of the month, 7-8:30pm. East Cobb Government Center, 4400 Lower Roswell Road, Marietta. More info: www.visionsanew.org.

• **Divorce Support Groups Adults and M/HS Students.** All or welcome. Every Wednesday through May 10, 6:20-8pm. Mt. Bethel UMC, Room B111, 4385 Lower Roswell Road, Marietta. Closed CCSD Winter and Spring breaks. Free with free childcare. For more information, registering, or counseling: call Judith Reichenbach, Licensed Counselor at 770-597-9882 or email jmr.lpc@gmail.com.

• **Diabetes Support Group.** 4th Monday of the month, 6-7pm except December. East Cobb Health Park, 3747 Roswell Road NE, Marietta. No registration required. More info: 770-793-7828.

• **Domestic Violence Support Groups.** Sessions in English and Spanish. Wednesdays, 6:45-7:45pm. Childcare available for children 6 weeks-12 years. Children over 12 may attend and learn childcare skills. More info: 770-427-3390.

• **East Cobb Satellite of CHADD (Children & Adults w/Attention-Deficit/Hyperactivity Disorder) Parental Support Group.** 2nd Tuesday of the month, 6:30-8pm. Mt. Bethel United Methodist Church (Room B109) 4385 Lower Roswell Road, Marietta. More info: Coppie Suttle, 404-368-9394, east-cobb@chadd.net, or www.chadd.net/300.

• **Emotions Anonymous.** A fellowship of people who come together to work toward recovery from emotional difficulties and discover a new way of life. Tuesdays & Fridays, 7pm. Roswell United Methodist Church, 614 Mimosa Boulevard, Counseling Building, Roswell. More info: 770-330-1991.

• **Families Anonymous (FA)** for families who have loved ones struggling with addiction. Every Tuesday, 7:30-9pm. Mt. Zion United Methodist Church Youth Center, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465.

• **Fractured Families for Parents Estranged from their Children.** 2nd and 4th Sunday of the month, 6:30pm. Call for location. More info: Sandy, 404-446-6093.

• **Georgia Parkinson's Association.** Parkinson's Support Group Meets the 3rd Saturday of each month, 1pm. Northside Hospital Cherokee Education Building, 130-B Oakside Court, Canton. More info: James Trussell, 706-413-3264 or james@goparkinsons.org

• **Grandparents Raising Grandchildren Support Group.** 2nd Tuesday of the month, 7:15pm. Special guest speaker. Transfiguration Church, Room 102, 1815 Blackwell Road, Marietta. More info: Jeannie, 770-919-9275.

• **Grief Support Group.** Every Wednesday, 6:30-8:30pm from mid-Fall to mid-Spring. An educational grief support group facilitated by two nationally recognized grief experts, a licensed clinical psychologist and an ordained pastor. Mt. Bethel United Methodist Church, 4385 Lower Roswell Road, Marietta. More info: www.mtbethel.org/support.

• **Grief Support Group.** 3rd Thursday of the month, 7pm. Unity North, 4255 Sandy Plains Road. More info: Kathy Kelcourse, kathzel@yahoo.com.

• **Grief Share.** 13-week program beginning the 3rd Monday of August from 7-9pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

• **JACS (Jewish Alcoholics, Chemically Dependent and Significant Others).** For Jewish members of 12 Step groups, 7-8pm. First and 3rd Tuesdays of the month except on Jewish holidays. Congregation Etz Chaim, in the library, 1190 Indian Hills Parkway, Marietta. More info: 770-928-2523 or teshuva@aol.com.

• **Loneliness Bereavement Support Group.** Every Wednesday except holidays, 11am. Heritage Hospice, 3315 Hilltop Drive, Marietta. More info: 770-423-5959.

• **Marietta Moms.** For all kinds of moms – new to the area, looking for new friends, or just needing support. Daily events for babies, toddlers, and older kids. 770-956-0318 or 678-357-3661.

• **Mothers Circle Group.** Are you a mother raising Jewish children but you are not Jewish? Free education and support through a 16-week course. Groups are held in Marietta, Inflow and North Fulton. More info: Suzette Cohen, suzette@themotherscircle.org or www.themotherscircle.org.

• **Mothers of Preschoolers (MOPS).** Wednesdays, 6:15-7:15pm. A place where moms can come to build friendships and receive mothering support, practical help and spiritual hope. Childcare provided. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465 or mtzionmops@gmail.com.

• **Overeaters Anonymous.** A support group for those who suffer from the need to compulsively overeat. Monday-Wednesday-Friday, 10am. St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: Betsy: 404-226-4931.

• **Parents of Prodigals.** For parents of struggling teens and young adults. 2nd and 4th Thursday, 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: Fair Brocard, 770-612-1197 or www.prodigalchildministries.org.

• **Parkinson's Disease Support Group.** For persons with Parkinson's disease and their caregivers. 2nd Sunday each month, 4pm. Roswell United Methodist Church, 814 Mimosa Boulevard, Building A, Roswell. More info: Robin Cleveland, 678-819-3915.

• **Spousal Support Group.** 3rd Thursday of the month, 12-1pm. Arbor Terrace, 886 Johnson Ferry Road, Marietta. More info: 770-977-4420 or ACaudell@arborcompany.com.

• **Veteran's Information Referral Office (VIRO).** Free help and information for all veterans with VA Disability, VA Healthcare, Employment and Counseling. 2nd and 4th Wednesday of the month. First and 4th Saturday of the month, 11am-2pm. American Legion, Post 29, 921 Gresham Avenue, Marietta. More info: 770-427-5900.

• **Widowed Helping Others (WHO).** Dinner social. First and 3rd Wednesday of the month, 6pm. St. Ann's Catholic Church, Nolan Hall, 4905 Roswell Road, Marietta. More info: St. Ann's Pastoral Care, 770-552-6400 ext. 6018.

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