

November 2018

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EAST COBBER



Wylene Tritt



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4 WEEKS AFTER 4th TREATMENT. COURTESY OF: CAROLYN JACOB, M.D.



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EAST COBBER is a locally owned company that strives to build a sense of community and pride in East Cobb County by providing its residents with positive stories and timely information. The EAST COBBER is distributed free to homes, schools, and 500+ retail locations in the following zip code areas: 30062, 30066, 30067, 30068 and 30075. Comments and stories are always welcome.

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Send check or money order payable to EAST COBBER to the above address.

Front Cover photo taken by Ben Lipford of Ben Lipford Photography.

* * * * * EAST COBBER STAFF PETS * * * * *



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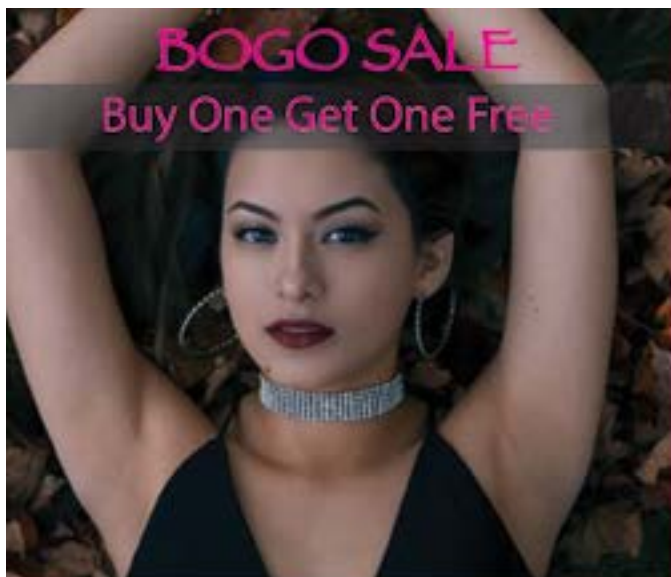


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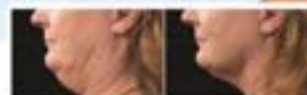


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PUBLISHER'S NOTE



**Publisher Cynthia Rozzo
with her cavachon, Rebel.**

By publishing these stories, I hope you will count these "blessings" we have right here in our backyard.

Every year as families gather around the table for Thanksgiving, we like to go around and say what we're thankful for. Often times there are lots of thanks for family, love, friends and a chance to spend time together. For those of us with pets, our pets may not be the first thing we think to be thankful for while gathering around the table, but they are certainly deserving. After all, our pets are members of our families and deserve to be appreciated for all the love and companionship s/he offers you. Pets don't care what you look like, what you do for a living, or that you bite your nails. It makes no difference to them that you have no idea how to brine a turkey or make perfect homemade mashed potatoes. Pets just love you. It's as simple as that. At EAST COBBER, we believe your one-of-a-kind companion(s) deserves their own special section, so we publish the annual Pet Guide (see pages 12-19), East Cobb's only directory of resources to help you take care of your precious pet as well as list local groups that are out there advocating for and saving all types of animals.

"Thanksgiving" is gratitude in action as well as thoughtful reflection. So, thanks to all of you readers, who are the heart and soul of this publication, the reason for this magazine's existence. I have so much to be thankful for, and I don't mean to trivialize those personal treasures of family and friends and liberty and democracy. But the relationship between EAST COBBER and you, the reader, is one that forms the basis of all that I think about when I am creating each issue. I would also like to take this opportunity to thank our many advertisers who choose to promote their businesses by placing ads in the EAST COBBER. Without their commitment there would be no publication. And thanks to our 500 community-minded merchants who act as drop-off points for EAST COBBER. I appreciate you all!

Happy Thanksgiving!

A handwritten signature in cursive script that reads "Cynthia".

Cynthia M. Rozzo
Founder | Publisher
cynthia@eastcobber.com

Every year, on the fourth Thursday of November, American families gather around the table to celebrate our national holiday of Thanksgiving. Thanksgiving is more than the Macy's parade, turkey, stuffing and pumpkin pie, and televised football. On Thanksgiving Day, we should be sure to count our blessings. As we do in every issue, this edition spotlights people in our community that contribute to our quality of life--from our front cover featuring Wylene Tritt to our veterans (page 30) to Drs. Azita and Michael Mansouri providing free dental care on November 10 (page 38).

On the Cover

This month's front cover features longtime East Cobb resident Wylene Tritt. This past summer, the Cobb County Board of Commissioners (BOC) voted to expand the 13-acre East Cobb Park by almost 30 acres. Cobb County purchased 22 acres from Wylene Tritt with proceeds from the 2008 Cobb Parks Bond referendum and Wylene donated 7.7 acres.

A native Cobb County resident, Wylene moved to East Cobb in 1950. She and her husband built a home on the 80 acres they inherited from her husband's family. Their homestead is right next to the East Cobb Park on Roswell Road. The land on which the East Cobb Park sits was sold by the Tritts to the Bowles family. The Bowles property was later sold to be used as a park for all of East Cobb to enjoy. After years of being a housewife and raising her three children, Mrs. Tritt became a commercial realtor in 1979. She negotiated deals for much of the land throughout East Cobb that would become subdivisions and shopping centers.

The EAST COBBER would like to thank Mrs. Tritt and her family for her care of this property over the years as a lasting legacy for East Cobb, and for her generous land donation!

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EAST COBB PARK EXPANDS DUE TO TRITT LAND PURCHASE


Recently, the Cobb County Board of Commissioners (BOC) voted to expand the East Cobb Park by almost 30 acres. With proceeds from the 2008 Cobb Parks Bond, the BOC approved the purchase of 22 acres owned by Wylene Tritt which sits right next to the current East Cobb Park. Mrs. Tritt donated another 7.7 acres and the Friends for the East Cobb Park's generous donation of \$102,000 allowed the East Cobb Park to increase its 13-acre plot to 29.7 acres.

East Cobb Park has become one of the most heavily used parks in Cobb County and includes walking trails, pavilions, open grass areas, creek overlooks and playgrounds. This acquisition adds to the greenspace preserved with the 2008 Park Bond funds. For now, the newly acquired land will remain a green space. It's the only land in District 2 that was purchased with the parks bond funding.

Friends for the East Cobb Park (FFECF) is the nonprofit group of community volunteers who raised more than \$1 million to purchase the original 3 acres to create the East Cobb Park almost 20 years ago. The Friends board is planning a community-wide fundraising campaign to replenish the park's endowment fund. The Friends group invites the community to help restore the fund which will help ensure the future growth of our community's beloved park. In advance of the campaign's official kickoff, volunteers will be at the EAST COBBER Parade & Festival and at upcoming Sunday Fun Day events at East Cobb Park. To make a tax-deductible gift to this community initiative, make your check payable to



Friends for the East Cobb Park (with "campaign" in the memo) and mail it to P.O. Box 6313, Marietta, Georgia 30065. Contributions may also be made online. For more information, visit www.eastcobbpark.org.

"The East Cobb Park is a valuable part of the community, and we wanted to make sure that it would be available and thriving for many generations. We are confident that the community will help us replenish these funds, as well as contribute to park improvements in the future," says Lee O'Neal, president of the FFECF Board. 

DID WE MISS YOUR LOCATION?

The EAST COBBER is published eleven times a year and is available at 500+ drop-off points—local businesses, day care centers, medical offices, schools, churches—wherever East Cobb residents are. Are the East Cobbers in your business receiving their copy? Have we missed your location? Please call. We deliver and restock the magazine—FREE!

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PTA PRESENTS CONSEQUENCES OF CRIME

By Dayna Teichman, Co-Chair of Youth Services for East Cobb County Council of PTAs

Former ECCC (East Cobb County Council) PTA President, Margie Hatfield, in 1980 had a vision to educate Cobb County youths about the real-life consequences of making poor choices. She recognized that students starting in fifth grade through twelfth grade were vulnerable to becoming involved in criminal activities and needed guidance and education about how what seems like a minor crime can lead to grave consequences. Cobb County Sheriff's Office partners each year with ECCC PTA to provide the Consequences of Crime program.

The Sheriff's Office recognizes the inherent differences of students in this wide grade span and presents an age/grade appropriate program. While the educational focus has remained a constant over the program's history, the content and style of the program is often evaluated to maintain relevancy while at the same time capturing the attention of students.

The Consequences of Crime program is loosely divided into 3 phases and lasts approximately 2 hours. The first phase consists of a brief overall view of the Cobb County jail and the criminal justice system as a whole. Sheriff's Office representatives explain and discuss the steps an arrested individual faces beginning with the initial jail book-in, the movement of a case through the court system, and the subsequent outcome be it probation or imprisonment. Students learn the technical meaning of terms such as bond, pre-trial, probation and conviction. The second phase provides an eye-opening view of daily jail life. Students no longer tour the current jail housing area, but have a chance to see a jail facility dating back to the 1940's. This facility has not housed inmates in recent years, but shares the realistic conditions of jail confinement. Much of this phase is presented in a boot camp style format which serves to shock students and hold their attention. The third phase facilitates a dialogue between students and carefully selected male

and female inmate workers. Sheriff's Office representatives are always present during this time. This unscripted question and answer session encourages student participation and allows each inmate to relate their personal story and detail factors which led to their incarceration. The interaction with inmates reinforces the educational message Sheriff's Office representatives present in "Consequences of Crime".

Research indicates drugs and/or alcohol is the leading factor in the incarceration of 2 out of 3 individuals. Further, nearly half of all individuals incarcerated do not have a high school diploma. These national statistics are generally consistent with the Cobb County jail population as well. Therefore, Sheriff's Office representatives reiterate the importance of staying in school, choosing friends wisely and maintaining a life free from the influence of alcohol or drugs throughout the 2-hour program.

This powerful program has left lasting impressions on both the students and adults who have attended. They are expected to share their lessons with the rest of their classmates through innovative means such as group discussions, writing an article for their newspaper, or sharing through a documentary. The underlying message to students throughout the program is to focus on making good choices and decisions and how a single bad choice or series of bad choices can potentially affect the rest of one's life. 📺



Dayna Teichman is the current Co-Chair of Youth Services for ECCC of PTAs. She has also served as former Vice President for Mount Bethel PTA and Treasurer for Dickerson PTSA. She works as a physician and resides in Waterford Green with her husband, Bruce, and 3 children who attend Walton and Dickerson

EAST COBBER

***Next Issue: December • Deadline: November 15
Call East Cobber: 770-640-7070***



HOLIDAY GIFT GIVING – DENTIST STYLE

Coming up with great gift ideas for the holiday season can be tough...especially when trying to find something for those friends and family who already have EVERYTHING. Here at our dental office, we have a few gift items that are always big hits with our patients.

Electric Tooth Brushes:

They just make brushing more fun! And studies have shown that most people brush more effectively with an electric toothbrush than with a manual one. For people with sensitive teeth, there are specially designed brush heads with softer bristles, and for those with braces, there are orthodontic heads designed to brush around brackets. Here at Cheek Dental, our favorite electric toothbrush is the Oral B Genius (and we often get good deals from the manufacturer that we pass along to our patients around the holidays!)

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wearing headphones and listening to music or wearing our Cinemizer glasses and experiencing the feeling of watching an IMAX movie. And once the teeth are whitened, maintaining that bright smile is simple. With our in-office professional whitening experience, the recipient is given custom trays to use for a quick at home touch-up when needed.

Shopping for great gifts for the holidays can be a daunting task. Hopefully one of these dental gift ideas will help you check at least one name off your list!



Dr. Cristi Cheek is the owner of Cheek Dental here in East Cobb. You may contact her at 770-993-3775 or visit www.cheekdental.com.

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E. Smith has been a family-owned business for 57 years. Earl and Rachel Smith started the business in March 1962, and it's been a part of the East Cobb community ever since. They pride themselves on their long-term customers and want to introduce themselves to new customers, so they can become part of the E. Smith family, too.

"Our first rate technicians strive to get it right the first time, while providing expert advice

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It's important to have your furnace serviced annually. During the month of November, E. Smith will perform a comprehensive check and tune-up of your furnace for \$85 for one furnace, and \$50 for each additional unit. "Having your furnace inspected and cleaned, as well as the air filters changed on a regular basis, ensures that all equipment is working properly and safely," advises Debbie.

Preventive maintenance can improve the longevity and efficiency of your HVAC systems and prevent costly and unnecessary emergency repairs. The NATE-certified HVAC technicians at E. Smith are experienced in all models and brands of heating and air conditioning systems.

E. Smith also recommends that families use humidifiers during the winter months to prevent dry air from impacting interior wood floors and furniture. Humidifiers, like the Carrier Steam Humidifier, can prevent chapped lips, dry skin and bloody noses and allow homeowners to run their furnaces less.

People tend to spend more time inside during the winter months, so it's also the perfect time to use a home filtration system. Today's houses are more sealed, which means that sometimes the air quality indoors might be worse than outdoors. The first step toward cleaning your home's air is knowing what's hiding in it. E. Smith can provide an Indoor Air Quality test to detect common air pollutants in just 30

minutes. A good filtration system, like the Carrier Home Purifier System, can reduce bacteria and allergens in the air.

E. Smith values being part of the community. In honor of his late wife and keeping a historic landmark in business, Earl Smith made a large donation to help save the Marietta Strand Theatre. He is now hosting the "250 Grand for the Strand" Challenge to help raise funds for the newly named Earl and Rachel Smith Strand Theatre. He has offered a \$250,000 matching donation to be paid to The Strand if the community can match his donation by the end of 2018. You can learn more about how to help at earlsmithstrand.org.

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Bulldog Club of Metropolitan Atlanta

www.bulldogclubofamerica.com

The Bulldog Club of Metropolitan Atlanta is a member of The Bulldog Club of America's Division VIII. Their goals are to protect the interests and advance the welfare of the AKC Bulldog.



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RUN WITH YOUR DOG AT THE ATLANTA LAB RESCUE ROAD RACE



Since 2009, Atlanta Lab Rescue (ALR) has been rescuing Labrador Retrievers and Lab Mixes from overwhelmed shelters and abusive situations and placing them in secure, loving homes. Atlanta Lab Rescue averages 35-40 dogs in the program at any given time, and in their first ten years, they have rescued over 3,400 dogs.

To help underwrite their rescue efforts, ALR is holding its 4th Annual Atlanta LabRescue 5K on Sunday, November 18 at Jim Miller Park which is located at 2245 Callaway Road, Marietta. It is the largest fundraiser for Atlanta Lab Rescue. The Atlanta Lab Rescue 5K is open to the community, including: children, strollers and dogs! Yes, runners are encouraged to race with their dogs. Participating dogs should have current shots and rabies vaccination, wear an ID Tag, accustomed to regular exercise, be well-adjusted to crowds and noisy environments with large numbers of people and other dogs. Children under 7 must be accompanied by a parent or guardian during the race and dogs must be on a leash at all times per Cobb County laws.

The link to sign up is runsignup.com/Race/GA/Marietta/AtlantaLabRescue. The race entry will be \$35 and race day registration will be \$40 for the 5K. Runsignup.com registration will close on November 14th at midnight.

If you are not interested in running but would like to volunteer, email Heather Coyle at mackhea@gmail.com. Additional information about the race is available at www.atlantababrescue.com/events. Can't participate or volunteer, but still want to help? Consider donating to Atlanta Lab Rescue at www.atlantababrescue.com. 



Lily

Owner: Julie Varon

What do I do if my dog or cat bites someone?

You will be required to make a decision about the future of your pet. Confinement is a must under the Cobb County Animal Control Ordinance. This quarantine/confinement is necessary for 10 days. You can choose to quarantine the animal at your vet or the Cobb County Animal Control Shelter. If you do not choose to keep the animal because of the bite, you can request that the animal be put to sleep and tested for rabies. Neither of these options are pleasant, but because of the potential for rabies exposure and/or liability on your part you must make the decision that is best for your situation. Animal Control does not normally adopt out animals that have bitten or scratched, but every situation is considered individually.

DOG CLUBS

Cavaliers of Greater Atlanta

www.ckscatlanta.org

A sanctioned breed specialty club licensed by the AKC to conduct dog shows and matches. Membership is maintained in the American Cavalier King Charles Spaniel Club (the ACKCSC), which is the AKC parent club for the breed. The purpose of the club is to protect and advance the interests of the breed by promoting quality breeding, sportsmanlike competition and the education of members and the general public.

Chattahoochee Weimaraner Club

www.chattahoocheeweim.org

Tamara Brower • TamaraBrower@chattahoocheeweim.org

The Chattahoochee Weimaraner Club offers a multitude of opportunities for Weimaraner enthusiasts, including a number of fun days throughout the year which give you a chance to try agility, swimming, bird work, and just plain fun.

Greater Atlanta Boston Terrier Club

770-919-1674 • atlantabostonterrierclub@gmail.com

Greater Atlanta Toy Dog Association

www.greateratlantatoydogassociation.org

Established to advance the interest of Pure-bred Toy dogs by maintaining high breeding standards to include soundness of body and mind, while preserving the unique beauty and character of the Toy Breeds.

Kennesaw Kennel Club

www.kennesawkennelclubinc.org

AKC All Breed Kennel Club. They offer Show Training instruction in the fall and spring. They also have breeder referral.

Southeastern Greyhound Club (SEGC)

2232 Gordon Road • Moreland 30259

770-GREYPET (473-9738) • www.greyhoundadoption.org

info@greyhoundadoption.org

The Southeastern Greyhound Club's purpose is to provide Greyhound owners with a variety of ways to have fun with their Greyhounds, and to promote the breed by spreading the word about what wonderful pets Greyhounds make.

DOG PARKS-COBB COUNTY

Sweet Mountain Park

4346 Steinhauer Road • Marietta 30066

770-591-3162 • www.cobbcounty.org

Located in Sweet Mountain Park, the dog park has an area for large dogs and an area for smaller dogs weighing 30 lbs. or less. There are benches conveniently located for dog owners as well. Open daily dawn till dusk. Closed each Wednesday morning for maintenance.

Pitner Road Dog Park

2450 Pitner Road • Acworth 30101 • 770-528-8890

www.cobbcounty.org

Open daily dawn till dusk. Separate areas for large and small dogs. Playground and picnic pavilion nearby for owners. Closed each Wednesday morning for maintenance.

GROOMING

Hot Dogs Cool Cats Grooming Spa & Boutique

255 Village Parkway NE, Suite 730 • Marietta 30067

770-858-1000 • www.hotdogscoolcats.net

Full service grooming salon with highly skilled and friendly staff; providing basic baths to full pet make-overs. Always muzzle free. Only the best products.



Loki

Owner: William Pritchard

Lost & Found Rules & Regulations

- Upon receipt of any domestic animal impounded, wearing a tag, the Cobb County Animal Control Division will make diligent efforts to ascertain the identity of the animal's owner and, if identified, shall, within 24 hours of receipt, contact the owner by telephone. It shall send notice of impoundment to the owner by mail.
- All animals impounded shall be kept at the Animal Control Center for a period of not less than 5 working days unless redeemed within that period.
- Any animal not redeemed shall be considered abandoned to the Animal Control Division, in which all rights of ownership shall vest in the Animal Control Division; and the owner shall have no further claim to such animal.
- The owner must go to the Animal Control Shelter during normal hours to reclaim the pet. You must bring an I.D. (Drivers License or Georgia I.D.) and proof of ownership such as Vet Records. For more info call: 770-499-4136

ARE YOU READY TO MEET YOUR NEW BEST FRIEND?



Who is your best friend? According to Rover.com, 64% of Americans will put their pet at the top of the list and for good reasons--trust, assurance, fun and unconditional love to name just a few. But are we giving our best friends back as much as they give us? Best Friends Animal Society in Atlanta warmly invites East Cobbbers to learn more about their work in our community as they strive to reach their goal: no dog or cat ever killed in a shelter again by 2025. The avenues for us to get involved in the movement are many.

The mission of Best Friends Animal Society is to bring about a time when there are No More Homeless Pets. They do this through building community programs and partnerships across the nation. A national organization, Best Friends established a regional program in Atlanta in 2016 and works collaboratively with area shelters, animal welfare organizations and individuals to save the lives of pets in area shelters.

Best Friends Pet Adoption Center is open seven days a week and at any given time hosts over 40 dogs and 25 cats to who are available for adoption. The center serves as a life-saving hub for animals and base for local programming and coalition-building. Volunteer opportunities, either as an individual or as a part of a service project team are plentiful and the rewards will have you wagging your tail in no time. Join the gang at the Strutt you Mutt at Atlantic Station September 8th or explore rewarding projects at the center. But be warned: there is a very good chance you will fall desperately in love with your new best friend. Together, we will Save Them All!

Best Friends Pet Adoption Center

4874 South Atlanta Road • Atlanta, GA 30339
404-815-6680 • bestfriendsatl.org

PAID ADVERTISEMENT

PET GUIDE

GROOMING

Lucky Dog Spa + Playcare

551 Johnson Ferry Road • Marietta 30068 • 470-875-8259
EastCobbLuckyDog.com • Monday - Friday: 9am - 6pm.
Our caring professionals are available to provide a variety of services to ensure your dog is happy, healthy and looks great. At Lucky Dog Spa & Playcare you will find caring professionals who love dogs, and like you, want the best for your dog.

HORSE CLUBS

Georgia Federation of Saddle Clubs

www.georgiafsc.com
The Georgia Federation of Saddle Clubs is a non-profit Equestrian Club. The members of the Federation compete in Judged (Performance) and Timed (Running) events.

Georgia Horse Council

P.O. Box 1307 • Dacula 30019
678-835-8206 • www.georgiahorsecouncil.com
The Georgia Horse Council is a non-profit organization dedicated to promoting, educating and unifying equine-interested people, state horse organizations and state breed associations in Georgia.

Rhinestone Rodeo Chics

770-715-2028 • www.eteamz.com/rhinestonerodeochics
A rodeo and special events drill team formed to promote the love of horses and good horsemanship while providing high speed, thrilling, fast paced fun and family entertainment for all audiences.

Steed Magnolias

Mitzi Cheney, founder. mitzi@cglsarchitects.com

PET ADOPTIONS & SHELTERS

Act2pups Pet Rescue

act2pups@yahoo.com
www.petfinder.com/shelters/GA797.html
Act2Pups gives senior dogs that have been thrown away a second chance by finding a second home for them.

Adopt a Golden Atlanta

404-DOGLESS (364-5377) • www.adoptagoldenatlanta.com
Adopt a Golden Atlanta is an all-volunteer, non-profit organization dedicated to finding warm, loving homes for unwanted and/or abused golden retrievers before they become strays or are turned into animal shelters.

All Paws Considered

770-640-5550 • www.petfinder.com/shelters/GA175.html
All Paws Considered is an all no-kill pet rescue organization. They rescue neglected, abused and homeless animals and provide them with needed medical care and rehabilitation until permanent homes can be found.

Angels Among Us Pet Rescue (AAUPR)

PO Box 821 • Alpharetta 30009
877-404-5874 • www.angelsrescue.org
info@angelsrescue.org
AAUPR, a non-profit that educates the public on the plight of animals that have found themselves in high kill shelters throughout Georgia and save as many animals as they can. They see each animal through from the actual rescue to the loving foster home and ultimately to the "forever" home they were meant to have.



PET GUIDE



Valentino

Owner: Donna Wise



Wilbur

Owners: Sree, Kahliya and Pasha

PET ADOPTIONS & SHELTERS

Animals Deserve Better, Inc.

3100 Roswell Road, Suite 125 • Marietta 30062
770-402-0297 • www.animalsdeservebetter.org
Rescues live in a family environment with 24-hour care until they are placed into service or adopted. Homes and family are found for all no matter the time that it takes and we try very hard to make sure that everyone one is happy with their new family member. Animals Deserve Better specializes in orphaned babies, pregnant mums and special needs cases.

Atlanta Animal Rescue Foundation

6570 James B River Drive • Stone Mountain 30083
678-534-3483 • www.aarfatlanta.org
AARF works to create a world where every pet matters. We strive to help homeless pets find homes and help pets stay with their families for their whole lives.

Atlanta Beagle Rescue

www.atlantabeaglerescue.org
Helps find homes for beagles in need. Provide foster homes, necessary veterinary care, and place in permanent homes.

Atlanta Boxer Rescue Inc.

5322 Vinings Lake View • Mableton 30126
www.atlantaboxerrescue.org
An organization dedicated to the rescue and adoption of Boxers in the metropolitan-Atlanta area, and to provide support and education for Boxer owners.



Riley

Owners: Jimmy & Kristy Duncan



Phoebe

Owner: Anna Deason

LOW-COST PET VACCINATION CLINICS
SUNDAY, 11/4 & 12/2 * 12 - 3 PM

No appointment needed. * **Save an average of 50% off retail pricing.** Vaccines and flea/tick supplies available. All funds collected are donated to the **Homeless Pets Foundation**, making this a **tax write-off for you!**

PET PICTURES WITH SANTA
SATURDAY, 12/15 * 9 AM - 2 PM

*Note: ALL attending pets must be friendly around other pets, people, and children.

Location: 2249 Roswell Rd. Marietta, GA 30062
Phone: (404) 585-8881 Email: JaniceOverbeck@janiceoverbeck.com

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PET ADOPTIONS & SHELTERS

Atlanta Lab Rescue

www.atlantialabrescue.com

ALR's mission is to identify and rescue Labrador Retrievers and Lab Mixes from overwhelmed shelters and abusive situations and place them in secure, loving homes.

Basset Hound Rescue of Georgia

PO Box 680322 • Marietta, 30068

770-499-1164 • www.bhrg.org

Basset Hound Rescue of Georgia, Inc. is a non-profit, volunteer effort to save abandoned and mistreated basset hounds for the love of the breed.

Best Friends Atlanta

4874 S. Atlanta Road SE • Atlanta 30339

404-815-6680 • atlantapetrescue.org

Atlanta Pet Rescue & Adoption (APRA) has joined Best Friends Animal Society as Best Friends in Atlanta. The center will serve as a lifesaving hub for animals and also a base which can fill in gaps in local programming and build a coalition to help the metro-Atlanta area in its final push to no-kill.

Cobb County Animal Shelter

1060 Al Bishop Drive • Marietta 30008

770-499-4136 • www.cobbcounty.org/animalcontrol

As a unit of the Department of Public Safety, the shelter is responsible for handling complaints in Cobb County regarding dangerous, stray, or dead animals and animal cruelty. Call for hours.

Ferret Business of Georgia

678-345-8584 • gafferet@yahoo.com

Forgotten Paws Pet Rescue

www.forgottenpaws.com • forgottenpawsatlanta@gmail.com

A non-profit animal rescue located in Cobb County.

Furkids

Cat Shelter • 2650 Pleasantdale Road • Atlanta 30340

Dog Shelter • 1520 Union Hill Road • Alpharetta 30005

www.furkids.org

Furkids is a non-profit charitable organization that operates the largest cage-free, no-kill shelter in the Southeast for rescued cats and a no-kill division for dogs. At these locations, animals experience the best care in a loving, safe environment until they are adopted into forever homes.

Georgia House Rabbit Society

2280 Shallowford Road • Marietta 30066

678-653-7175 • www.houserabbitga.com

The Georgia House Rabbit Society is committed to rescuing abused, abandoned and neglected domestic house rabbits, fostering them and finding them great homes. They work to educate the public on rabbit behaviour and proper care.

Good Mews Animal Foundation

3805 Robinson Road • Marietta 30068

770-499-CATS (2287) • www.goodmews.org

adopt@goodmews.org

A non-profit organization that operates a no-kill, cage-free shelter for homeless, abused, and abandoned cats.

Homeless Pets Foundation

1343 Gresham Road • Marietta 30062

www.homelesspets.com

The Homeless Pet Foundation is a 501(c)3 organization that saves the lives of homeless cats and dogs in Atlanta area animal shelters and promote the benefits of pet ownership.

PET ADOPTIONS & SHELTERS

Humane Society of Cobb County

148 Fairground Street SE • Marietta 30060

770-428-5678 • www.humanecobb.com

Encourages the humane treatment of animals and proper care of pets with a no-kill shelter. Offers pet crisis counselling, pet-assisted therapy, lost and found, rescue, and adopt-a-pet program.

The Husky Pack Rescue

info.huskypackrescue@gmail.com • www.huskypackrescue.com

Their focus is to help Siberian Huskies, Malamutes and other working dog breeds that have been abused, neglected, abandoned, or surrendered.

JO Gives

2249 Roswell Road • Marietta 33062

Partners with other pet rescue groups to help find forever homes for homeless pets by holding adoption events for the Homeless Pets Foundation.

K-9 Rescue League

siems@bellsouth.net

www.awos.petfinder.com/shelters/GA323.html

The K-9 Rescue League rescues dogs/puppies from local and very rural animal shelters, that have extremely high euthanasia rates and few adoptions. They also help abused or neglected and unwanted dogs that are living on their own.

Mostly Mutts

3238 Cherokee Street, Kennesaw 30144

770-272-MUTT (6888)

www.mostlymutts.org • info@mostlymutts.org

They work closely with animal control officers to reduce the number of animals euthanized at local shelters in metro Atlanta. Hold weekly adoption events in downtown Kennesaw.

Mutt Maddness

404-406-6322 • www.muttmaddness.org

info@muttmaddness.org

They work closely with animal control officers and other rescue organizations to reduce the number of animals entering into and being euthanized at local shelters, educating youth on the humane treatment of animals and working on seeing legislation passed in the state of Georgia to protect all of our animals.

Our Pal's Place

4508 Canton Road • Marietta 30066

www.ourpalsplace.net

helpanimals@ourpalsplace.org

Pet adoption facility and education center. Its mission is to bring about a time when all animals are treated with kindness and compassion.

Papillon 911

PO Box 682225 • Marietta 30068

www.pap911rescue.org

A rescue organization committed to rescuing Papillons.

PAWSitive Supporters

(404) 931 0825 • www.pawsitivesupporters.com

info@pawsitivesupporters.org

A non-profit group dedicated to helping homeless and shelter animals in Cobb County. Focused on the spay/neuter goals thru their FIX Em' Free program.

PET ADOPTIONS & SHELTERS

Road Trip Home Animal Rescue

678-861-PAWS (7297) • www.roadtriphomerescue.org
roadtriphomerescue@gmail.com

Saves companion animals from life threatening situations and transports them to shelters where they can be adopted and begin new safe lives that allow them to bond with and enrich the lives of their adoptive families.

Rotts 'n Pups Rescue

404-456-8943 • rottnpupsrescue.org
Irina Chow • rottnpupsrescue@fastmail.fm

Saves dogs from high-kill shelters, individuals who no longer want or cannot keep their animal(s), and people who find them as strays or left on their property. They are a small group of foster homes and are committed to the care of our rescue dogs for as long as necessary.

Trinity Rescue

877-71-HORSE • www.trinityrescueinc.org
Info@trinityrescueinc.org

The purpose of Trinity Rescue is to provide sanctuary, rehabilitate and rehome unwanted, abandoned, neglected, and abused horses within Georgia, as well as the rest of the southeastern United States.

PET CLUBS - MISC.

Dog Hikers Club

770-992-2002
Dr. Dan Batchelor • DrBatch@aol.com
Encourages dogs to accompany members on 10-mile hikes throughout North Atlanta area.

Happy Tails Pet Therapy, Inc.

PO Box 767961 • Roswell 30076
770-740-8211 • www.happytailspets.org
Happy Tails is a non-profit group of pet owners with a common goal - to volunteer time to share the unconditional love and joy pets can give to patients and residents at a variety of facilities.



PET FOOD BANKS

Cooper's Cupboard

coopercupboard@yahoo.com • www.coopercupboard.org
Cooper's Cupboard is a nonprofit pet food pantry serving Georgian's in need. Their goal is to provide temporary pet food assistance to families struggling in this economy to keep their pets.

Pet Buddies Food Pantry

PO Box 18062 • Atlanta 30316
678-310-9858 • www.petbuddiesfoodpantry.org

Pet Buddies Food Pantry is a non-profit group that donates pet food to low income seniors, disabled & the homeless with pets.

RESCUE GROUP ADOPTION EVENTS

Every weekend, local animal rescue groups offer at least one adoption event so their animals can strut their stuff and find their forever homes! These events allow adopters to meet several dogs or cats at the same time and choose the perfect match. The following lists the different animal rescue group and where they hold their weekly adoption events.

ANGELS AMONG US

877-404-5874 • www.angelsrescue.org
Every third weekend
Dog City Bakery, 4369 Roswell Road, Marietta 30062
*Check website for specific dates/times

CASTOFF PET RESCUE

706-781-3992 • www.castoffpetrescue.org
Most Saturdays
PetSmart, 6370 North Point Parkway, Alpharetta 30022
*Call PetSmart – 770-343-8511 for specific dates/times.

CHEROKEE COUNTY HUMANE SOCIETY

770-592-8072 • www.cchumanesociety.org
>Cat Adoptions: Saturdays 11am-4pm
Petco, 50 Ernest W. Barrett Parkway, #500, Marietta 30066
>Dog Adoptions: Saturdays 11am-4pm | PetSmart, 142 Woodstock Square Avenue, Woodstock 30189
>Dog Adoptions: Sundays 11am-4pm | PetSmart, 860 Cobb Place Boulevard, Kennesaw, 30066
*Cats are adoptable at Petco, 50 Ernest W. Barrett Parkway, #500, Marietta 30066 and they can be viewed any day of the week.



Bella

Owner: Simone Gesser



Leilani

Owner: Alexandra Valley

RESCUE GROUP ADOPTION EVENTS

FANCY FELINE RESCUE OF THE SOUTH

678-522-2152 • www.fancyfelineadoption.org

>Saturdays 11am-4pm

PetSmart, 860 Cobb Place Boulevard NW, Kennesaw 30144

>Sundays 1-4pm

PetSmart, 860 Cobb Place Boulevard NW, Kennesaw 30144

FURKIDS ANIMAL SHELTER

678-624-1003 • www.furkids.org

>Saturdays 12-4pm

Petco, 5938 Roswell Road NE, Sandy Springs 30328

>Dog shelter, 1520 Union Hill Road, Alpharetta 30005.

Monday-Saturday 10am-5pm and Sunday 10am-4pm.

>Cat shelter, 2650 Pleasantdale Road, Suite 8, Doraville 30340.

Open to the public on Monday 11am-4pm, Wednesday 11am-4pm, and Saturday 11am-4pm, or by appointment.

GOOD MEWS ANIMAL FOUNDATION

770-499-2287 • www.goodmews.org

3805 Robinson Road, Marietta 30068

Saturdays 10am-4pm; every Sunday except the first Sunday of the month, from 1-4pm. Weekdays by appointment.

HOMELESS PETS FOUNDATION

770-971-0100 • www.homelesspets.com

Saturdays & Sundays 12-4pm

PetSmart, 1289 Johnson Ferry Road, Marietta 30068

MISFIT HAVEN ANIMAL RESCUE

706-237-7729 • www.misfithavenanimalrescue.com

Saturdays and Sundays 10am-3pm

Petco, 1100 Johnson Ferry Road, Marietta 30068

MOSTLY MUTTS

770-272-MUTT • www.mostlymutts.org

Saturdays and Sunday 11am-4pm

3238 Cherokee Street, Kennesaw, 30144

MUTT MADD-NESS

404-406-6322 • www.muttmaddness.org

Saturdays 12-3pm

Red Bandana, 3162 Johnson Ferry Road, Marietta 30062

SOUTHEASTERN GREYHOUND RESCUE

770-653-3118 • www.greyhoundadoption.org

Saturdays, November 4-18 from 9am-12pm

Marietta Farmers Market, 65 Church Street, Marietta 30060



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Best Friends Pet Adoption Center

4874 South Atlanta Road, SE | Atlanta, GA 30339

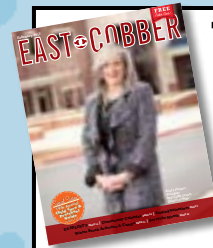
Open every day, noon – 7 p.m.

bestfriendsatl.org



Best Friends

SAVE THEM ALL



The One. The Only.

EAST COBBER

770-640-7070



Alexander The Grey

Owner: Debra R. Lieb



Noah

Owner: Rachel Vanatta



Copper

Owner: Sydney Waddle

2018 November

COMMUNITY CALENDAR

Free Mulch. Cobb EMC offers free mulch from the clearance maintenance of Cobb EMC power lines. It is available throughout the year and can be delivered when crews are in your area. More info: cobbemc.com/content/request-wood-chips.

EVERY SATURDAY

Marietta Square Farmers Market features products that are grown and produced in Georgia, including produce, plants, honey, breads, cheese and other items. Saturday 9am-12 Noon. Rain or shine. Now open all year. Glover Park-Marietta Square. More info: 770-499-9393 or mariettasquarefarmersmarket.net.

THROUGH DECEMBER 9

Good Mews Décor Market. Get started on your holiday. Choose from festive fall décor, collectibles, ornaments and tree trimmings, knick-knacks and so much more! Proceeds go to Good Mews Animal Foundation, a cage free no-kill shelter for cats. Friday, 12/7: 12 noon-5pm; Saturday: 10am-5pm; Sunday: 12 noon-5pm. Free. Sandy Plains Shopping Center, 1860 Sandy Plains Road, Suite 202, Marietta. More info: goodmews.org.

NOVEMBER 1-4

Disney's Newsies, an Aurora Theatre production presented by Atlanta Lyric Theater. Timely and fresh, the fictionalized adaptation of the newsboy's strike addresses age-old themes of social injustice, exploitative labor practices and David-versus-Goliath struggles as the youth learn to harness their power against a corrupt establishment. Thursday-Friday: 8pm; Saturday: 2pm & 8pm; Sunday: 2pm. Tickets: \$43-58. Jennie T. Anderson Theatre, 548 South Marietta Parkway SE, Marietta. More info: atlantalyrictheatre.com.

NOVEMBER 1-4 & 7-11

I Loved, I Lost, I Made Spaghetti presented by Georgia Ensemble Theatre. A memoir of good food and bad boyfriends. A one-woman comedy/drama about good food and bad boyfriends—with live cooking. You're invited into Giulia's kitchen and treated to tales of her sometimes-disastrous, sometimes-successful love life. If you're lucky, you'll even get to taste some of her spaghetti! Wednesday: 7:30pm; Thursday-Friday: 8pm; Saturday: 4pm & 8pm; Sunday: 2:30pm. Tickets: \$29-\$38. Roswell Cultural Arts Center, 950 Forrest Street, Roswell. More info/tickets: get.org.



Call us today for an appointment:
(678) 506-2861

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www.Honest1EastCobb.com
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Sean R. Whitworth
Attorney-at-Law

NOVEMBER 2-4

Young Frankenstein musical presented by Walton High School Drama Club. Based on the Mel Brooks movie, With the help of a hunchbacked sidekick, Igor, and a leggy lab assistant, Inga, Frederick finds himself in the mad scientist shoes of his ancestors. This production is rated PG-13 and is not suited for younger audiences. Friday: 7pm; Saturday: 2pm & 7pm; Sunday: 2pm. Tickets: \$12. Sewell Mill Library & Cultural Center, 2051 Lower Roswell Road, Marietta/East Cobb. More info/tickets: waltondrama.com.

NOVEMBER 2-5 & 8-10

Straight presented by Out of Box Theatre. Meet Ben. Ben is a 26-year-old investment banker. Ben likes beer, sports and Emily...and Chris. Straight is a provocative new play that deals with fidelity, sexuality and identity in "post-equality" America. Funny, sad, sexy and surprising, this three-character drama takes a hard look at the moral complex of a generation that prides itself on the pretense of acceptance. Tickets: \$15.90-\$23.32. Monday, Friday & Saturday: 8pm; Sunday: 3pm. Out of Box Theatre, 585 Cobb Parkway South (located inside the Artisan Resource Center), Marietta. More info/tickets: www.outofboxtheatre.com.

NOVEMBER 3

Dead Band Running II 5K presented by Pope High School Band. Come run or walk this 5K and rock to the band as they play along the route. Dress in costume for extra fun. 7pm. \$35/Adults & Virtual runners; \$30/Students. Mountain View Aquatic Center, 2650 Gordy Parkway, Marietta/East Cobb. More info: www.popeband.com/5k.

Diwali, Festival of Lights. Diwali is the Hindu festival of lights, which is celebrated every autumn in the northern hemisphere. One of the most popular festivals of Hinduism, Diwali symbolizes the spiritual "victory of light over darkness, good over evil and knowledge over ignorance." People adorn themselves in their finest clothes, illuminate the interior and exterior of their homes with lamps and candles, offer prayers, light fireworks, partake in family feasts, where sweets and gifts are shared. Diwali is a major cultural event for the Indian families in the United States. Come share the joy of this festival and take home a craft to share with your family. This program is for children in grades K-5. 4-5:30pm. Free. Mountain View Regional Library, 3320 Sandy Plains Road, Marietta/East Cobb. More info: www.cobbcatt.org.

NOVEMBER 3-4

33rd Annual Lassiter Craft Fair presented by the Lassiter High School Band. Over 100 vendors with a variety of handmade products, concessions, bake sale and Jeep raffle. Saturday: 10am-5pm; Sunday: 11am-4pm. Admission: free. Lassiter High School, 2601 Shallowford Road, Marietta/East Cobb. More info: craftfair@lbba.com.

NOVEMBER 3-4 & 10-11

The Dixie Swim Club Dinner and a Show. Five Southern women, whose friendships began on their college swim team, set aside a long weekend every August to recharge those relationships. Free from husbands, kids and jobs, they meet at the same beach cottage on North Carolina's Outer Banks to catch up, laugh and meddle in each other's lives. Focusing on four of those weekends that spans 33 years. As their lives unfold and the years pass, these women increasingly rely on one another to get through the challenges that life flings at them. A hilarious and touching comedy about friendships that last forever. Tickets: \$42. Saturday: 6:30pm; Sunday: 5:30pm. The Vineyard Café & Dinner Theatre, 21 W. Park Square NE, Marietta. More info: www.thevineyardcafe.com.

NOVEMBER 3, 6, 9 & 11

West Side Story presented by the Atlanta Opera. A timeless tale of love at first sight. Two teenagers are drawn together across a crowded dance floor, believing love can conquer all, including differing backgrounds, languages, warring gangs, and miscommunication. Inspired by Shakespeare's Romeo and Juliet, West Side Story has captivated audiences since its debut in 1957. Our version is in keeping with the original vision of Broadway legends Bernstein, Sondheim and Robbins. Check website for times. Tickets: \$25-53. Cobb Energy Performing Arts Center, 2800 Cobb Galleria Parkway, Atlanta. More info/Tickets: atlantaopera.org.

NOVEMBER 4

Kennesaw Mountain National Battlefield Park: Infantry Demonstrations. Infantry demonstrations show visitors the step-by-step description and demonstration of basic infantry tactics and culminate in a musket firing. Each program lasts approximately 30-40 minutes. 11am, 12pm, 2pm and 3pm. Kennesaw Mountain National Battlefield Park, 900 Kennesaw Mountain Drive, Kennesaw. More info: 770-427-4686 x 0 or www.nps.gov/kemo.

Mt. Bethel Christian Academy Main Campus Open House for prospective families for the 2019-20 school year. 1pm. Mt. Bethel Christian Academy, 4385 Lower Roswell Road, Marietta. More info: 770-971-0245 or mtbethelchristian.org.

NOVEMBER 4 & DECEMBER 2

Low-Cost Pet Vaccination Clinic. Save an average of 50% off retail pricing. Vaccines and flea/tick supplies available. 100% of the fees from this clinic will be donated to the Homeless Pets Foundation. Making this a tax deduction for you. This clinic is open to the public and no appointment is required. 12-3pm. Janice Overbeck Real Estate Team Office, 2249 Roswell Road, Marietta/East Cobb. More info: 404-585-8881.



TWEET TWEET!
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COMMUNITY CALENDAR

NOVEMBER 5

Cobb County Chamber of Commerce First Monday Breakfast. Join fellow business professionals as Linda Matzigkeit, Chief Administrative Officer at Children's Healthcare of Atlanta, will speak on her 15 years of experience at Children's transforming, enhancing and sustaining a culture that is grounded in three core values and a strong mission. Local educators will be celebrated, and the Cobb County and Marietta City School's Teachers of the Year will be presented with a one-year car lease from Ed Voyles Automotive Group. 7:30-9:30am. Chamber Member: \$30; General Admission: \$60. Cobb Galleria Centre, 2 Galleria Parkway SE, Atlanta. More info/Registration: cobbchamber.org.

NOVEMBER 6

Election Day. Go vote! Cobb County residents have the opportunity to vote for a variety of political offices: School Board, U.S House of Representatives, State Representatives, Governor of Georgia and more. For a sample ballot: www.cobbelections.org/SampleBallot.php.

School Holiday. Cobb County Schools closed.

NOVEMBER 7

Tai Chi. Tai Chi is known to help people with their balance and strength. Open to 18 years or older. Registration Required. 11:30am. Free. East Cobb Library, 4880 Lower Roswell Road, Marietta/East Cobb. More info/registration. 770-509-2730.

NOVEMBER 9

Martinis & Music at Marietta/Cobb Museum of Art. Live music, light refreshments, cash bar and great art. 5:30-8:30pm. \$10; Members: Free. Marietta/Cobb Museum of Art, 30 Atlanta Street SE, Marietta. More info: www.mariettacobbartmuseum.org.



TWEET TWEET!
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NOVEMBER 9

Master Gardener Lunch and Learn: Wreaths: Not Just for Holidays Anymore! Making your own decorative wreath is fun, festive and rewarding. It's not too late to make a holiday wreath, or a wreath for any occasion! Leah Wilson from Cobb County Extension will show you how to make a decorative wreath, so you can easily make one for your home! 12 noon-1pm. Free. Cobb County Water Lab Training Room 662 South Cobb Drive, Marietta. More info: www.cobbmastergardeners.com.

The After Party of Martinis & Music. Enjoy artisan cheese, select olives and Carapelli organic olive oil tastings. Carolyn Joe Daniel has created artwork for Carapelli's Art of the Olive campaign. 7:30-9:30pm. Free. Markay Gallery, 26 Winters Street, Marietta. More info: www.mariettaga.gov.

NOVEMBER 9-10

32nd Annual Mt. Zion Craft Show. Over 50 arts and crafts vendors, silent auction, door prizes, bake sale, quilt drawing and Santa pictures! Fresh baked apple pies and cookies prepared during the show. All proceeds benefit women and children charities. Friday: 9am-5pm; Saturday: 9am-4pm. Free. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta/East Cobb. More info: mtzionumw.org or 770-971-1465.

Atlanta Antique Gun and International Military Show. Antique Guns & Arms & Memorabilia of the Civil War, Indian Wars, WWI and WWII. Exhibited, bought, sold & traded. Friday: 12-5pm; Saturday: 9am-4pm. \$7/general admission; \$1/children (7-12years). IAMAW Local 709 Union Hall, 1032 South Marietta Parkway, Marietta. More info: gunshowtrader.com.

Homeless Awareness Vigil. All are invited to remember those who have died in homelessness in Cobb County in 2018. 7pm. Kennesaw State University, Marietta Campus, 1100 South Marietta Parkway, Marietta. More info: cobbcollaborative.org.



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NOVEMBER 9-10

The Elegant Elf Marketplace presented by Sandy Springs Society. A high-end gift market showcasing an estimated 85 carefully selected local/East Cobb and regional vendors. 9am-5pm. Admission: \$5; City Springs Civic & Cultural Center, 1 Galambos Way, Sandy Springs. More info: sandysspringsociety.org.

NOVEMBER 10

30's For Our 30th Gala hosted by Good Mews. Enjoy a night of live jazz, dinner and silent action benefitting Good Mews, a no-kill, cage-free cat shelter. 7-10:30pm. \$90/single by 10/10; \$165/couple. Cocktail and 30's era-themed dress is encouraged. Hyatt Regency at Villa Christina, 4000 Summit Boulevard, Atlanta. More info/ tickets: goodmews.org.

Atlanta Veg Fest. Speakers, food samples, cooking demonstrations, kids' activities, exhibitors. 10am-6pm. \$5 suggested donation. Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info: atlantavegfest.com.

Georgia Writers Conference. Encourage and inspire writers across Georgia through a full day of panels and workshops. 9am-5pm. Kennesaw State University Center, 3333 Busbee Drive NW, Kennesaw. More info: www.georgiawriters.org.

Ribbons & Holly Handcrafted Market. Shop for the holidays with over 50 exhibitors, silent auction and bake sale. Proceeds benefit Mt. Bethel Missions. 9am-4pm. Free. Mt. Bethel Methodist Church, 4385 Lower Roswell Road, Marietta/East Cobb. More info: mtbethel.org.

NOVEMBER 10-11

Titan Tidings Christmas Gift Show. Over 110 vendors offering jewelry, holiday and home décor items, clothing and accessories, pottery, glassware, knits, monogramming, gourmet food items, children's items, fine art and much more. Huge bake sale, raffles and concessions. No strollers. Saturday: 9am-5pm; Sunday: 10am-3pm. Admission: \$2. Blessed Trinity High School, 11320 Woodstock Road, Roswell. More info: titantidings@btcatholic.org.

NOVEMBER 11

Wetland Restoration Project. Come help restore the wetlands! Help remove invasive Chinese privet and other non-natives in and around the wetlands in order to encourage native plant restoration. Ages 5-adult; registration required. Limited space. 1-4pm. Free. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info/ reservations: emailvolunteer@chattnaturecenter.org.

NOVEMBER 13

Silent Auction sponsored by Walton Raider Dugout Club. Raising funds for the 2019 Varsity and JV baseball teams. Silent Auction items include Braves autographed items, Porsche Driving Experience, local restaurants and more. Raffle tickets for the cash drawing are \$10. 6-9pm. La Novia Taqueria, 255 Village Parkway NE, Marietta/ East Cobb. More info: www.waltonbaseball.org or bcarr682@gmail.com.

NOVEMBER 14

Museum Mice Tours: Etta's Favorite Colors. Tours are geared towards children ages 3-5 and their parents to introduce them to history. 10:30am. \$5/family (one adult and up to 3 children). Additional adults or children \$5/each. Marietta Museum of History, 1 Depot Street, Suite 200, Marietta. More info: 770-794-5710 or mariettahistory.org.

NINTH ANNUAL HOLIDAY CONCERT PRESENTED BY

Marietta Pops Orchestra

Formerly
Symphony on the Square

Friday Evening
December 7th at 7:30 pm
First Baptist Church Marietta
148 Church Street, 30060

Adults - \$20
Students (K-12) - \$10
(Birth-PreK - Free)

Get your tickets online, at the door, email
(mariettapopsorchestra@gmail.com)
or call to purchase (770.874.8525)

www.MariettaPopsOrchestra.org
Family-Friendly Fun



COMMUNITY CALENDAR

NOVEMBER 15

Ecumenical Thanksgiving Celebration. Program includes over 16 different congregations that combines uplifting messages, music and a healthy dose of humor to inspire those in attendance to find common goals to benefit their local communities. During the reception, guests will enjoy samples of treats from the different congregations and a Wall of Words where anyone can write their thoughts, comments or feedback. Open to all. 7pm. Free. Temple Kol Emeth, 1415 Old Canton Road, Marietta/East Cobb. More info: www.kolemeth.net/event/ecumenical-celebration.html.

Wright Environmental Education Center Program: Trees. Courtney Brissey, the Cobb County Extension Agent, will conduct "walk and talk" small groups as she discusses the trees at Wright Center including all the various ways you can identify different trees and the wildlife who love the trees. Come and talk with Courtney to better understand the value of trees in your landscape. The walks will occur on level trails with gentle slopes - all near the house. 9am-12 Noon. Free. Wright Environmental Education Center, 2661 Johnson Ferry Road, Marietta/East Cobb. More info: Judy Beard at jbeard1@gmail.com.

NOVEMBER 15-17

Guard & Reserve On-site Sale hosted by The Military Family Support Center. The sale is available to retired veterans and active duty personnel and their families who have been granted commissary privileges. Sale features grocery goods and features a stock assortment of about 1,000 items including fresh meat, fresh produce, chilled and frozen items. Thursday & Friday: 9am-5pm; Saturday: 9am-3pm. Military Support Center, 1901 Terrell Mill Road, Marietta. More info: Susan Edmonds, susan.edmonds2@deca.mil or 910-330-7954.



TWEET TWEET!
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NOVEMBER 16-18

Annual Gem and Mineral Show & Sale presented by Cobb County Gem & Mineral Society. Over 30 vendors will show a large selection of gems, fossils, rocks and bead supplies. Friday-Saturday: 10am-6pm; Sunday: 10am-5pm. Cobb County Civic Center, 548 South Marietta Parkway SE, Marietta. More info: cobbcountymineral.org.

Sesame Street Live! Make Your Magic. When magician extraordinaire Justin visits Sesame Street to put on a magic show for the whole neighborhood, Elmo wants to be part of the big event. But there's one problem... Elmo doesn't know how to do magic! In the end, Elmo learns that you can do anything you set your mind to if you just keep trying! Join your favorite Sesame Street friends on this magical adventure when Sesame Street Live! Make Your Magic comes to your neighborhood. Friday: 10:30am & 6pm; Saturday: 10am & 2pm; Sunday: 2pm. \$15-\$60. Cobb Energy Performing Arts Center, 2800 Cobb Galleria Parkway, Atlanta. More info/Tickets: www.cobbenergycentre.com.

NOVEMBER 17

The Circle for Children Character 5K. Join The Circle for Children for a run/walk, a non-profit that helps needy and at-risk children in Georgia. Funds raised will help Devereux Advanced Behavioral Health Georgia and Wellspring Living. Packet pick-up: 6:30am; Race: 8:30am. \$25 through 11/9; \$30 after 11/9; \$40 on race day. Sweet Apple Elementary School, 12025 Etris Road, Roswell. More info: circle4children.org.

NOVEMBER 17-18

Annual Sprayberry Arts & Crafts Show. Over 150 artists and crafters, raffle and great food. Santa's Workshop where kids can have a picture taken with "Elf on the Shelf" for \$3. Proceeds go to Sprayberry High School PTSA. Saturday: 9am-5pm. Sunday: 10am-4pm. Admission: Free. Sprayberry High School, 2525 Sandy Plains Road, Marietta/East Cobb. More info: 770-578-3200 or sprayberryptsa@gmail.com.



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NOVEMBER 18

Atlanta Lab Rescue 5K. Bring the family, kids and dogs out for one of their largest fundraisers. Peachtree qualifier race. Packet pick-up: Friday, 3-7pm at Big Peach Running Company, 1062 Johnson Ferry Road, Marietta/East Cobb. Race: 9am. \$35. Midway at Jim R. Miller Park, 1082 Al Bishop Drive, Marietta. More info/registration: www.atlantialabrescue.com.

NOVEMBER 21

Pranksiving. A lineup of stand-up comics from the Atlanta area will perform. This event is suggested 21+ due to the nature of live comedy. 8-10pm. \$10. The Earl and Rachel Smith Strand Theatre, 117 N Park Square, Marietta. More info: earlsmithstrand.org.

NOVEMBER 22

16th Annual Gobble Jog. MUST Ministries' largest fundraiser. Peachtree qualifying race. Packet pick-up: Wednesday, November 21, 10am-6pm at the Cobb County Civic Center, 548 South Marietta Parkway SE, Marietta. Same day registration for untimed runners only beginning at 6:30am. 10K: 7:30am start; 5K Timed: 9:00am start; 5K Untimed: 9:30am start; 1K: 8:45am start; Tot Trot ages 5 & under: 10:30am start. Marietta Square, 50 E Park Square, Marietta. More info/to register: gobblejog.org.

NOVEMBER 22-DECEMBER 31

Lights of Life. Millions of holiday light displays throughout the Life University campus. Come see Santa on the weekends. Pictures with Santa, pony rides: \$5; train rides: \$3; and a petting zoo: \$3. Seasonal drinks and snacks available for purchase. Monday-Thursday: dark-9pm; Friday-Sunday: dark-10pm. Monday-Thursday: \$5/car; Friday-Sunday: \$10/car; Everyday: \$20/bus. Life University, 1269 Barclay Circle, Marietta. More info: 678-331-4334 or www.life.edu.

NOVEMBER 23 & 24

The Sound of Music Musical. Rodgers & Hammerstein's beloved classic comes to life on stage in this performance. \$49-\$129. Friday: 7:30pm; Saturday: 2pm & 7:30pm. Cobb Energy Performing Arts Center, 2800 Cobb Galleria Parkway, Atlanta. More info/Tickets: www.cobbenergycentre.com.

NOVEMBER 24

Honest-1 Anniversary Celebration. Celebrate Honest-1's five-year anniversary. Prize drawings every hour, free food, kid's activities. 8am-4pm. Open to the public. Honest-1 Auto Club, 1391 East Cobb Drive, Marietta/East Cobb. More info: 770-648-0808.

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Pop-In for Family Fun

Marietta Museum of History

Explore the Museum and enjoy family fun activities and crafts!

Saturday, November 17th-10:30am to 3:30pm
\$5 per person with a family cap at \$20

Marietta Museum of History
 1 Depot Street
 Marietta, GA 30060
 770-794-5710

www.MariettaHistory.org

COMMUNITY CALENDAR

NOVEMBER 27

Human Services Award Luncheon. The Jack Vaughan, Jr. Human Services award was established in 1994 in memory of his unselfish dedication to public service. Jack Vaughan, Jr. was a state representative and member of the Cobb Community Collaborative who strongly advocated for those less fortunate in our community. In memory of Jack's service, the Cobb Collaborative honors a volunteer and a professional who have gone above and beyond to serve those in need. Sponsorships available. 11:30am-2pm. Mansour Center, 955 Roswell Street NE, Marietta. More info: www.cobbcollaborative.org/event/1130am-human-services-award-luncheon.

NOVEMBER 29

Free Falling Opening Reception. The latest collection of original oil and mixed media paintings by highly accomplished artists Debra Nadelhoffer, Kim Gibbs and Janine Medlin. Also presenting oil paintings by emerging artist Lynn Tolleson. Featured artists will be present. Show runs through December 15. Reception: 6:30-8:30pm. Free. Frameworks Gallery, 12-5 Johnson Ferry Road, Marietta/East Cobb. More info: 770-973-6701 or www.frameworksgallery.com.

NOVEMBER 29

Holiday Tree Lighting. Join Santa Claus to kick off the holiday season. Festivities begin at 4pm with performances by local school choruses. Santa will arrive at 5:20pm and light the giant Christmas tree at 6pm. More entertainment will follow while Santa visits with children in the gazebo until 8pm. Historic Marietta Square. More info: 770-794-5601 or mariettaga.gov.

Mt. Bethel Christian Academy Upper School Open House for prospective families for the 2019-20 school year. 9am. Mt. Bethel Christian Academy Upper School, 2509 Post Oak Tritt Road, Marietta/East Cobb. More info: mtbethelchristian.org.

NOVEMBER 29-DECEMBER 2

The Nutcracker presented by The Georgia Ballet. This play features dancing snowflakes, giant toy soldiers, a growing Christmas tree, and a delectable land of sweets. Thursday: 7:30pm; Friday: 7pm (sensory friendly); Saturday: 2pm & 7:30pm; Sunday: 2pm & 5:30pm. \$10-\$48. Jennie T. Anderson Theatre, 548 South Marietta Parkway, Marietta. More info: georgiaballet.org.

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Join us for our 7th Annual

Titan Tidings

Christmas Gift Show

Blessed Trinity High School
11320 Woodstock Road, Roswell, GA 30075
Saturday, November 10th – 9am-5pm
Sunday, November 11th – 10am-3pm

- ~ Over 110 vendors offering a large variety of unique and beautiful gift items ~ Jewelry, Wreaths, Pottery, Fine Art, Holiday and Home Décor, Accessories, Knits, Children's Items and much more!
- ~ Tons of parking and all booths are indoors ~
- ~ Enter our Titan Tidings Raffle to win prizes ~
- ~ Concessions will be available ~ Huge Bake Sale ~
- ~ No Strollers Please ~ \$2 Admission ~



NOVEMBER 30 & DECEMBER 1

38th Annual Apple Annie Crafts and Arts Show. Over 120 of the Southeast's finest artisans and crafters. One of the largest non-profit shows with a high quality and large assortment of crafts and arts in a festive setting. Proceeds support local charities. No strollers. Friday: 9am-7pm; Saturday: 9am-2pm. \$3; Under 12: Free. Catholic Church of St. Ann, 4905 Roswell Road, Marietta. More info: st-ann.org or www.facebook.com/appleanniecraftshow.

Roswell United Methodist Christmas Gift & Craft Show. 60 unique vendors for exclusive shopping all in one place! Featuring custom jewelry, ladies & children's clothing, toys, gourmet foods, home accessories, Christmas decor, sports memorabilia, men's accessories, leather goods, one-of-a-kind art, bake sale, Christmas tree and poinsettia sale. Lunch offered through the café. All proceeds go to support Youth Missions. 9am-5pm. Free. Roswell United Methodist Church, 814 Mimosa Boulevard, Roswell. More info: www.rumc.com/christmasgcs.

NOVEMBER 30-DECEMBER 2, 6-9 & 13-16

A 1940's Radio Christmas Carol presented by Act 3 Productions. It's Christmas Eve, 1943, and the Feddington Players are now broadcasting from a hole-in-the-wall studio in Newark, NJ, and set to present their contemporary "take" on Dickens's A Christmas Carol. Whether it's the noisy plumbing, missed cues, electrical blackouts, or the over-the-top theatrics of veteran actor, but radio novice, William St. Claire, this radio show is an entertaining excursion into the mayhem and madness of a live radio show. Thursday-Saturday: 8pm; Sunday: 3pm. Tickets: \$16-32. Act3 Playhouse, 6285-R Roswell Road, Sandy Springs. More Info/Tickets: www.act3productions.org.

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The Invitation

It's the picture-perfect Christmas image. The nativity with Mary, Joseph, the wise men, and the shepherds each in their place. What do you suppose God saw in them to extend such an invitation?

Join us for this powerful performance by the Eastside choir, orchestra, drama and dance, and find out how this nativity scene is much more than a Christmas card picture in their lives and in ours.

NOVEMBER 30 *at* 7PM
DECEMBER 1 *at* 7PM
DECEMBER 2 *at* 4PM

at **EASTSIDE BAPTIST CHURCH**
2450 Lower Roswell Road, Marietta

Admission is free. Suggested arrival 15 minutes before the beginning of each performance. Enjoy a winter scene with hot chocolate and family pictures in a sleigh before each program.

Dr. John Hull, Lead Pastor

followeastside.com/invitation

COMMUNITY CALENDAR

DECEMBER 1

5th Annual Run the Lights of Life 5K presented by Life University. The 5K starts before sunset and takes in the campus of Life University during their annual holiday light show. After the run, stay and enjoy the holiday festivities, caroling, s'mores, hot cocoa, food and more. Dress in your favorite holiday costume to win prizes. 1K: 4:15pm. 5K: 4:30pm. 1K: \$20; 5K: \$40 (includes Free entry to Lights of Life), bring an unwrapped toy for the 5K, and get \$5 back. Life University Track, 1269 Barclay Circle, Marietta. More info: www.active.com/marietta-ga/running/distance-running-races/the-5th-annual-run-the-lights-of-life-5k-1k-presented-by-life-university-2018.

Back to Nature Holiday Market

and Festival. Meet over forty fine arts artisans. The market contains local vendors selling their handmade, eco-friendly goods for your holiday gift giving. 10am-5pm. Free. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or chattnaturecenter.org.

Holiday Pops! Georgia Symphony Orchestra (GSO) Chorus presents a collection of traditional holiday tunes and cherished classical music to enhance the festive season! Join the fun with the GSO chorus and celebrate the holidays! 3pm & 8pm. \$10-\$30. Marietta Performing Arts Center, 1171 Whitlock Avenue, Marietta. More info/tickets: 770-429-2390 or georgiasymphony.org.

St. Nicks Café. See the play *North Pole's Got Talent*, it's just days before Christmas at Santa's Workshop, and there's still lots of work to be done — like getting the elves and reindeer in the proper holiday spirit with song, dance, and big belly laughs! Santa arrives after the show. 9am & 11am breakfast provided; 1pm & 3pm lunch provided. Tickets: \$15. The Art Place - Mountain View, 3330 Sandy Plains Road, Marietta/East Cobb. More info: 770-509-2700 or tapmarietta.com.

DECEMBER 1 & 2

32nd Annual Marietta Pilgrimage Christmas Home

Tour of six private historic homes all lovingly restored and decorated for the season. Saturday: 9am-6pm. Candlelight tour: 7-9:30pm. Sunday: 10am-6pm. Day tour: \$25/advance, \$30/at event; Candlelight tour: \$20/advance, \$25/at event; Combination: \$30/advance, \$35/at event. Marietta Welcome Center, No. 4 Depot Street, Marietta. More info: 770-429-1115 or 770-426-4982 or mariettapilgrimage.com.



DECEMBER 2

Christmas Packages. Check out over twenty venues featuring timeless Christmas traditions including carriage rides, music, face painting, freeze tag, puppets, trains, reindeer, food trucks and crafts. 4-7:30pm. Free. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta/East Cobb. More info: 770-795-3256 or www.johnsonferry.org.

Holiday Lights Celebration. A formal tree lighting, featuring musical performances. Also, a magical visit by Santa for the kids after the performance. 5-7pm. Free. Hot chocolate and light snacks will be sold. All proceeds go to Friends of East Cobb Park. East Cobb Park, 3322 Roswell Road, Marietta. More info: info@eastcobbpark.org or eastcobbpark.org.

Santa Visit at Nia Pediatric Dentistry. Get your photo taken with Santa and enjoy hot cocoa. 4-6pm. Free. Nia Pediatric Dentistry, 1111 Johnson Ferry Road, Suite 200, Marietta/East Cobb. More info: 770-479-9999 or www.niadentistry.com.

DECEMBER 4

Annual Holiday Party & Network Social. Sponsored by Marietta Business Association, East Cobb Business Association, and Northeast Cobb Business Association for their members. Please bring a new unwrapped toy. 5:30-7:30pm. WellStar East Cobb Health Park, 3747 Roswell Road, Marietta/East Cobb. More info: www.EastCobbBA.com.

DECEMBER 4, 6, 11, 13

High Tea, a delightful way to spend an afternoon in the 1839 childhood home of Mittie Bulloch. Visit includes a delicious 2-course tea served by ladies in period clothing and a tour of the house decorated for Christmas. 4pm. \$50. Reservations required. Bulloch Hall, 180 Bulloch Avenue, Roswell. More info: 770-992-1731, ext. 2 or bullochhall.org.

DECEMBER 6

Cobb Young Professionals Holiday Social. Enjoy the holiday social with catered food and drinks, including a champagne toast, and a DJ. 6-8pm. Members: \$5; Non-members: \$20. Glover Park Brewery, 65 Atlanta Street, Marietta. More info/tickets: cobbchamber.org.

DECEMBER 7

9th Annual Holiday Concert presented by Marietta Pops Orchestra formally Symphony on the Square. Start this holiday season off right with a concert of holiday favorites. 7:30pm. \$20. First Baptist Church Marietta, 148 Church Street, Marietta. More info/tickets: www.mariettapops.org.

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DECEMBER 8-9

The Johnson Ferry Christmas Festival. Christmas concert featuring the Johnson Ferry Choir and Orchestra. Preschool childcare available. 4pm & 7pm. Free. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta/East Cobb. More info: 770-973-6561 or www.johnsonferry.org.

DECEMBER 9

Annual Empty Bowl Brunch. Includes a bowl made by a local artist (you choose and keep) filled with soup or chili. Advance tickets on sale now. 11am-1:30pm. \$15. Proceeds will benefit Must Ministries. The Art Place - Mountain View, 3330 Sandy Plains Road, Marietta/East Cobb. More Info: 770-509-2700 or tapmarietta.com.

Family Fun Days: Enchanted Woodland Wonders at the Chattahoochee Nature Center. This holiday highlight brings you and your family live reindeer, performances, winter crafts, face painting, food trucks, campfire & Hot Coco. 2-6pm. \$10/adults; \$7/seniors (age 65+) & Students (ages 13-18); \$6/children (ages 3-12). Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: chattnaturecenter.org.



SUNDAY, DECEMBER 2 • 4:00 - 7:30 PM
JOHNSON FERRY BAPTIST CHURCH • MARIETTA, GA • JOHNSONFERRY.ORG

SPRAYBERRY PTSA CRAFT SHOW

Saturday, Nov. 17th 9am - 5pm
Sunday, Nov. 18th 10am - 4pm

❖ Jewelry	❖ Gifts	❖ Pet Items
❖ Ornaments	❖ Artwork	❖ Yard Art
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VETERANS CELEBRATED THROUGHOUT COBB

Veterans Day, celebrated this year on Monday, November 12, gives Americans the opportunity to celebrate the bravery and sacrifice of all U.S. veterans. Deceased veterans are also remembered on Veterans Day, but the day is set aside to thank and honor living veterans who served honorably in the military - in wartime or peacetime. Here are some local events planned to commemorate those who served our country.

★Kennesaw Veterans Day Luncheon

November 9 • 12pm
Ben Robertson Community Center
2753 Watts Drive • Kennesaw
North Cobb American Legion Post 304, along with Kennesaw city officials and staff, will honor America's service men and women with a complimentary lunch. All veterans and active military service members are invited to attend. No identification will be required. More info: www.kennesaw-ga.gov.

★Heroes: Remembering the Sacrifice

November 9 • 5-8pm
Old Towne Athletic Club
4950 Olde Towne Parkway • Marietta/East Cobb.
The East Cobb Ys are honoring veterans with an evening of guest speakers, music, dinner and fellowship. Free for Veterans and family of those that served. Register: 678-569-9622.

★Marietta 14th Annual Veterans Day Parade

November 10 • 11am
Roswell Street Baptist Church
774 Roswell Street • Marietta
The parade begins at Roswell Street Baptist Church, and ends at Marietta Square. The patriotic parade includes marching bands, drill teams, floats, military vehicles and veterans' organizations. This year's Grand Marshall is Brig. Gen. Tom Blackstock, commander of the 78th Troop Command of the Georgia Army National Guard. After the parade, spectators are invited to listen to Grand Marshall Brig. Gen. Tom Blackstock key note speech at the center stage on the square. After the parade, spectators are invited to pay tribute to the men and women who have fought to keep during a ceremony on the Square at 12 Noon. More info: www.mariettaga.gov.

★Acworth Veterans Day Ceremony

November 11 • 2pm
Veterans Memorial at Patriots Point – Cauble Park
4425 Beach Street • Acworth
The ceremony to honor veterans is held each year at the Veterans Memorial at Patriots Point in Cauble Park. Veterans and current servicemen give comments on what service to the country means to them. This year's keynote speaker is Commissioner Bob Weatherford. More info: www.acworthparksandrecreation.org.

★Smyrna Veterans/Armistice Day Ceremony

November 11 • 2pm
20th Century Veterans Memorial, adjacent to City Hall
2800 King Street • Smyrna
The event is sponsored by The City of Smyrna, the Smyrna Veterans Committee, the Veterans Memorial Association of Smyrna, American Legion Post 160. Join in honoring the service of all United States military veterans who have served in times of war and conflict and in times of peace. www.smyrnaga.gov.

★Cobb Wind Symphony Veterans Day Concert

November 11 • 3pm
Lassiter Concert Hall
2601 Shallowford Road • Marietta/East Cobb
Presented by the Cobb Wind Symphony, Conducted by Alfred Watkins and Assistant Conductor, Robert J. Cowles. Come and listen to your favorite patriotic tunes! Free. More info: www.cobbwindsymphony.org.

★Veterans Day Salute

November 11 • 3pm
Earl and Rachel Smith Strand Theatre
117 N Park Square • Marietta
Tickets: \$10/general; Free/Veterans; \$25/VIP; \$15/VIP Veterans (VIP includes a copy of the movie and reception prior to the event. The Big Chicken Chorus, the Marietta Daily Journal, and The Strand have come together to present a program celebrating and honoring the members of our armed forces with a program of patriotic music, a screening of Memories of War documentary, and a live Question & Answer with local WWII veterans. More info/tickets: www.earlsmithstrand.org.

★66th Annual Military Appreciation Luncheon

November 13 • 11am
Cobb Galleria Centre, Two Galleria Parkway SE • Atlanta
Tickets: \$60/person
Local businesses, community members and military representatives salute our local military. The program includes a salute to fallen soldiers, recognition of military personnel, and the presentation of the 2018 USO Patriot Award. Keynote Speaker: Major General Craig L. La Fave, 22nd Air Force, Air Force Reserve Command at Dobbin Air Reserve Base. More info: Joel Blockton at jblockton@cobbchamber.org. ★

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EAST COBB DOCTORS OFFER FREE DENTAL DAY



Mansouri Family Dental staff and volunteers at last year's free dental day.


Drs. Michael & Azita Mansouri, a husband and wife dental team of Mansouri Family Dental Care will be donating their supplies, time and skills as they host a No Cost Dental Day on November 10th, beginning at 5:30am. This is the eighth consecutive year that the practice has held the event to benefit community members in need.

Participants are seen on a first-come, first-serve basis. It is recommended that participants arrive early, as the lines for treatment have started forming as early as 10pm the night before in previous years. Patients are limited to one procedure of choice, either a dental filling, an extraction, or a professional dental cleaning. To receive treatment, patients must be 18 years of age, be present at 5:30am and reply to the confirmation email or phone call.

In past events, Mansouri Dental Care & Associates has served over 300 people in a single day, and they

expect a minimum of 100 patients this year. The event is possible with the help of Dentistry From The Heart, a non-profit organization that partners with thousands of dental professionals throughout the year to make dental care available to those without the means to secure care.

"This event allows us to make a lasting impression in a community that has been so good to us. We consider it a privilege to use our expertise to help those who would otherwise not be able to receive the dental treatments they need and deserve," says Dr. Azita Mansouri of Mansouri Family Dental Care & Associates.

The No-Cost Dental Day event will be held at their East Cobb office, which is located at 4720 Lower Roswell Road in Marietta, GA 30068. For more information and a chance to win 10 guaranteed tickets, please visit www.naturalsmile.biz and like Mansouri Family Dental Care on Facebook. 

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THE GREAT AMERICAN SMOKEOUT: NOVEMBER 15

The American Cancer Society marks the Great American Smokeout on the third Thursday of November each year by encouraging smokers to use the date to make a plan to quit, or to plan in advance and quit smoking that day. By quitting — even for one day — smokers will be taking an important step towards a healthier life — one that can lead to reducing cancer risk.

Tobacco use remains the single largest preventable cause of disease and premature death in the United States, yet about 37.8 million American-15.5 percent of all Americans- still smoke cigarettes.

Cigarette smoking is the leading cause of cancer death in the United States, accounting for 29% of all cancer deaths. Nearly 12,000 people die in Georgia every year from tobacco-related illnesses—that's more than all the deaths from alcohol, cocaine, heroin, AIDS, murder, suicide, auto accidents and fires combined. In spite of these chilling statistics, approximately 18 percent of Georgia adults smoke. In 2017, 12.8% of Georgia high school students smoked cigarettes.

The Tobacco Quit Line is a resource to help Georgians quit using tobacco. Quit coaches improve the chances

of quitting by fifty percent. They provide free counseling, a resource library, support and referral services for tobacco users. It is available for all Georgia residents age 13 or older. The Tobacco Quit Line is funded by the master tobacco settlement through the state's Tobacco Use Prevention Section in partnership with the Georgia Cancer Coalition. It has no commercial bias and no products to promote. As a caller, you will receive free, professional support that's tailored to your needs.

At the Quit Line, a counselor conducts an initial interview with a caller to determine tobacco usage and willingness to quit. An assessment is made based on the caller's needs and multiple options are presented. Callers will receive a customized quit plan, including up to five additional counseling phone calls. Up-to-date information about physician-recommended pharmacological support, such as nicotine gum, nicotine patches, and other items are available. A Tobacco Quit Kit, including materials tailored to the caller's readiness to quit is also available.

So stop smoking and start dialing: call the Tobacco Quit Line at 1-877-270-STOP. 

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WELLNESS & WEIGHT LOSS

20/30 Fast Track East Cobb

4961 Lower Roswell Road, Suite 105 • Marietta, GA 30068
470-551-0100 • www.2030wellnesseastcobb.com

Mon-Fri: 10am-6pm

20/30 Fast Track balances the seven hormones that are keeping you from losing weight and feeling better. Through a structured eating plan, natural supplements, and a scientific approach to nutrition, they can help eliminate stress and balance your hormones.

YOGA

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3162 Johnson Ferry Road, Suite 440 • Marietta 30062
470-299-5256 • bringitompoweryoga.com

Mon-Fri: 5:30am-9pm; Sat: 8am-1pm; Sun: 9:30am-7pm

Bring It OM Power Yoga is an all inclusive yoga studio with classes ranging from beginner to advanced, non-heated to hot. We welcome all levels and truly have something for everyone!



MOVEMBER: An annual event involving the growing of moustaches during the month of November to raise awareness of men's health issues. The goal of Movember is to "change the face of men's health." More info: Movember.com.

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GEORGIANS GEAR UP FOR GEORGIA GIVES ON #GIVINGTUESDAY

On Tuesday, November 27, Georgians will show their support for the work and worth of non-profits during the seventh annual Georgia Gives on #GivingTuesday. From midnight to midnight, donors statewide are encouraged to visit GAgives.org and give to their favorites of more than 3,000 participating non-profits. Causes represent the full scope of nonprofits that make Georgia rich in social and cultural care including education, animal homelessness, the environment, youth development, healthcare and more.

Last year Georgia Center for Nonprofits (GCN) expanded the scope of their annual day of giving, by uniting Georgia Gives Day—now known as GAgives—with the global #GivingTuesday movement.

Since 2012, Georgia Gives Day has garnered nearly 73,000 donations and raised more than \$20.8 million. Last year Georgia Gives Day and #GivingTuesday after combining their efforts lead to the biggest giving day ever, the event raised \$6.8 million!

Georgia Gives on #GivingTuesday 2018 will once again feature competitions that award thousands of dollars in prizes to help participating nonprofits make the most of the day, including prizes for organizations receiving the “Gas South Fuel for Good Challenge;” the top 5 with the most dollars raised. “Cureo Power




Hours” to reward nonprofits who receive the most donations during that time; and random “Cureo Golden Ticket” drawings plus others. Accounting for \$31,000 in prizes.

Here are some local non-profits participating this year:

- Act3 Productions
- Communities in Schools of Marietta/Cobb Counties
- The Georgia Ballet
- Marietta Museum of History, and
- Voice Today.

To learn more about Georgia Gives on #GivingTuesday and to make an online donation, visit GAgives.org.

About the Georgia Center for Nonprofits

The Georgia Center for Nonprofits builds thriving communities by helping nonprofits succeed. Through a powerful mix of advocacy, solutions for nonprofit effectiveness, and insight building tools, GCN provides nonprofits, board members and donors with the tools they need to strengthen organizations that make a difference on important causes throughout Georgia. For more information, visit gcn.org. 



READ MORE. DO MORE.

Each EAST COBBER issue and eastcobber.com's 20 blogs offer you the latest in local arts and entertainment, dining, community events, school news, and health tips.

Get more out of East Cobb: visit www.eastcobber.com

DODGEN MIDDLE SCHOOL CHAMBER ORCHESTRA TO PERFORM IN NYC



Dodgen Middle School Chamber Orchestra

The Dodgen Middle School Chamber Orchestra has been invited to perform in New York City, at the National Festival of the States, in February 2019. Dodgen Orchestra Directors Ashley Culley and Heather Lofdahl submitted a nationally competitive application to Music Celebrations International (MCI), an organization that sponsors school music groups with a proven record of performance excellence from around the world. The Dodgen Chamber Orchestra was selected to perform in the prestigious festival, which begins the week of February 17, 2019. Chamber students will travel to New York for a five-day tour, featuring an exciting performance at the United Nations Building.

The Dodgen Chamber Orchestra is a select group of sixth, seventh, and eighth grade students, who place into the morning ensemble by audition. Chamber students rehearse three times a week in preparation for school and community-wide performances. Dodgen's Chamber has received regional and national distinction and was invited to perform at the G.M.E.A. (Georgia Music Educators Association) In-Service Conference in 2011, 2015 and 2018. In March 2017, Dodgen's Chamber earned First Place (Middle School Division) at the American String Teachers Association (ASTA)-National Orchestra Festival.

For many of the Chamber students, such as eighth grade violist George Young, the upcoming trip

represents a once in a lifetime experience: "This is an amazing opportunity to visit New York City for the first time. I am looking forward to performing in the United Nations building as part of the National Festival of States and spending time with my friends." Additional trip highlights include: participating in a student workshop with Dr. Helen Cha-Pyo, conductor of the New Jersey Youth Symphony, attending a performance by the New York Philharmonic, and taking in a Broadway show.

A considerable amount of time and preparation is required in advance of a national competition experience, explains Dodgen Orchestra Co-Director Heather Lofdahl: "This trip will challenge the Chamber students to perform their music at the highest level. In addition to rehearsals three mornings per week, students began working on the repertoire for this trip in late summer. As the trip approaches, guest artists will be invited to Dodgen to work with our Chamber students. We will also provide the students with additional opportunities to perform their repertoire here in East Cobb." The first performance incorporating this repertoire will take place on Monday, November 12 at 7pm in the Dodgen Middle School Theater. Dodgen Middle School is located at 1725 Bill Murdock Road, Marietta/East Cobb. For more information, visit www.dodgenorchestra.org. 📺

Content + Community + Commerce = **EAST COBBER**

WHAT'S YOUR STORY?

Let Us Tell It!

It's such a basic question, but one that most businesses struggle to answer ... much less communicate clearly. But in today's age of endless marketing messages competing for a very short attention span, clearly communicating your "story" is an absolute imperative. Articulating and embracing your brand story is what makes it happen.

CUSTOMERS COME FIRST AT KASHA'S HAIR SALON



New Location, Kasha's Hair Salon, 2020 Middlebrook Road in East Cobb, beginning with installing the Kasha's Hair Salon signs to working as a receptionist in the front desk.

Newly opened Kasha's Hair Salon is located at 2020 Middlebrook Road in the Corner Stage Plaza High School. Beautifully decorated and clean.

"Creating a friendly, professional," says Kasha. "I wanted you can get these hair done in a relaxed atmosphere of a high-end salon. I also wanted to stay away from many salons. Here, the person who cuts, colors and styles it, and a better understanding of it."

Along with Kasha, there's also up her team. What? What? What? In this new corner, it's of continued professional experience. Something there to connect with their loyal customers, many of Kasha's Hair Salon become a family.

According to Kasha, her team works. One customer who works in the front of the salon while still another who works in the back. Many of her customers are also in the front of the salon. It's a friendly voice when you call.

Some of her customers are up hair to East Cobb," says Kasha. "I'm so proud and so lucky to have a team that is so professional and so lovely. I've got such a wonderful environment."

Kasha's Hair Salon is open on Saturdays from 9 a.m. to 5 p.m. and styling services, waxing and coloring are available at 7 p.m. on every Thursday-Friday. For more information, call Kasha at 770-422-1111 or visit www.kashasalon.com. Kasha created all the

PREPARE FOR A SUCCESSFUL COLLEGE EXPERIENCE



For many high school students in the East Cobb area, post graduation plans will include attending college. Once the hurdle of getting accepted has been met, there are certain skill sets that need to be present in order to be a success in college. If a student could begin college with ALL the necessary skills intact, the chances of success will greatly increase. Some students need professional

skills before starting college. This is college advisor Cheryl Rosenfeld and the team.

Cheryl, an East Cobb resident, offers advising services to increase the likelihood of success in college education. These college success skills include time management, decision making and life goals. "My target demographic is high-achieving, first and second year college students who are successful as they wanted to be and succeed. The goal is for me to help the student through their college experience," said Cheryl.

Cheryl works with a variety of students. "The student will be asked a series of questions to get to know him or her and his or her needs. From there, the individualized plan is created," she explained. For high-achieving students, Cheryl typically meets with a student 2-3 times a week with a follow-up session once he or she has

been accepted. Cheryl's professional background has helped her become a successful college advisor. Cheryl holds a Bachelor's in Communications and a Master's in Business Administration from the University of Georgia. While at Georgia Perimeter College, she worked with students who needed to take pre-college support students.

For more information on her services, call Cheryl at 770-422-1111 or visit www.cherylrosenfeld.com.

E. SMITH AIRS OUT HVAC QUESTIONS



Delaine Alexander, Vice President, E. Smith Heating and Air Conditioning

Our homes are comfortable primarily because of two basic reasons — that's heating and air. But many homeowners don't know much about how their heating and cooling systems work. Could our comfort levels be improved? How can we use technology more effectively with our HVAC systems? Delaine Alexander, vice president of E. Smith Heating and Air Conditioning, Inc., addresses these questions. Alexander emphasizes the importance of a professional HVAC company to handle your heating and cooling needs.

Depending on the particular scenario, Alexander says that your heating and cooling comfort can improve by adding either a zoning system or a mini-split unit to your current HVAC system.

"Even with a properly sized and efficient air conditioner and furnace, hot and cold spots can occur," she explains. "A consistent temperature depends on getting the right amount of airflow to each room. You can spend your days opening and closing individual registers, but it really, who is going to do that?"

She goes on to say that a zoning system helps solve the hot and cold spots by adjusting the air that goes to each room. A thermostat in the room automatically opens and closes a damper in the ductwork. Different rooms can be set to different temperatures.

A mini-split unit can help with comfort levels if you add a living space, such as a basement office. Alexander says a temperature sensor can be used to monitor the air that goes to each room. A thermostat in the room automatically opens and closes a damper in the ductwork. Different rooms can be set to different temperatures.

For those who want to incorporate Wi-Fi technology, a Wi-Fi thermostat can do the job. Mobile apps allow you to access the system from anywhere. You can adjust the settings, get alerts, monitor the temperature, switch from heat to cool or turn the system on or off. A zoning system can also be accessed through Wi-Fi technology.

Alexander gives a warning about installing a Wi-Fi thermostat. "All homeowners should think twice if they plan to install a thermostat. Many companies usually don't employ HVAC technicians, and some air conditioning systems require specific manufacturer thermostats. The last thing you want to do is have your cooling stop, only to find out your Wi-Fi thermostat is not compatible with your cooling system."

Looking for a professional HVAC company? E. Smith Heating and Air Conditioning has been serving East Cobb for more than 30 years. To schedule an appointment, call 770-422-1900 or visit www.esmithhvac.com.

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REGISTRATION OPEN FOR ENRICHMENT OF LIFE CLASSES

Registration opens for Enrichment of Life Movement (ELM) Winter Session on December 3. Classes run January 8 through February 26. The registration deadline is December 17, and is open to residents of Cobb and surrounding counties. Based out of the First United Methodist Church of Marietta, ELM is proud to celebrate its 34th year of serving senior adults. ELM is a unique non-profit, nondenominational learning organization operated almost exclusively by Cobb County volunteers. It offers a full day of classes, a catered lunch, and scheduled lunchtime presentations for active adults age 50 and older. An array of over sixty classes will be offered on consecutive Tuesdays, from 9:30am to 3pm. The

Winter 2018 program line-up includes: Qigong, Histories Mysteries (Literature), Line Dancing, Yoga, learn to play card games like Bridge and Canasta to name just a few. Take a class with ELM and discover more about you! The registration fee is \$50 per session and students may take up to three classes. A hot lunch is available for \$8, but brown baggers are always welcome.

Registration booklets are available at Cobb Senior Centers, all Cobb County libraries and online at www.elm.org starting November 13. For more information, call Kelly Daughtry, ELM Director, at 678-910-1579 or email: elmcoobb@gmail.com. First United Methodist Church of Marietta is located at 56 Whitlock Avenue in Marietta 30064. 



At St. George Village, we're always building something — *and not just in our woodworking shop.*

Together, with our residents, we are:

- Building a true sense of community. Life at St. George Village is a coming together of all who live and work here to create an environment of communication and caring, friendship and fun.
- Building a lifestyle that reflects our mission statement: "Be active, be engaged, be at home." To accomplish our mission, we offer nourishment for the mind, body and soul through tasty, healthy meals and a wide range of amenities and services that encourage active engagement and foster friendships, along with elegant, comfortable residences.
- Building a secure, worry-free future. Our nonprofit status as a Life Plan community ensures that we offer our residents superb estate protection with an assurance of a continuum of care if and when they ever need it.
- We're continuously building on the successes of our community to enhance the well-being of our residents.

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EAST COBB SENIOR CENTER ACTIVITIES SCHEDULED FOR NOVEMBER

All Cobb residents age 55+ are invited to participate in activities at various senior centers throughout Cobb. The following is a list of activities scheduled at the East Cobb Senior Center located at 3332 Sandy Plains Road, Marietta 30066. Cobb seniors who wish to register for any of these activities or use one of the county's six senior centers will have to pay a \$60 annual membership fee. Call the East Cobb Senior Center at 770-509-4900 for reservations and/or more details.

Holiday Helpings on a Dime #6280

Friday, November 2 • 11:30am-1:30pm

\$8 supply fee to instructor; Registration required.

Taught by Cherie Beasley with Pampered Chef. Sampling, not lunch.

Cooking Class with Alto #6281

Tuesday, November 6 • 11:30am-12:30pm

Free; Registration required.

It's a fiesta. Alto Marietta will be show how to make the best guacamole in town followed by how to make easy chicken quesadillas. Sampling, not lunch.

Understanding Diabetes Management #6282

Wednesdays, November 7-December 12

(No class 11/21) • 10-11:30am

Free; Registration required.

This five-part series will help you to understand diabetes. Topics are covered based on self-care behaviors identified by the American Association of Diabetes Educators (AADE) as being key to successful outcomes. Attending these classes could bring you one step closer to successfully managing your diabetes. The last class covers a cooking demonstration. Presented by Kathy Berkowitz, RN with Cobb RSVP (Retired Senior Volunteer Program). Space limited.

Sweetwater Creek State Park History #6305

Thursday, November 8 • 11am-12:30pm

Free; Registration required.

Sweetwater Creek State Park will be presenting the local history of Sweetwater Creek, the Manchester Mill, and Native American history as well as current animal and plant life in the park.

Aching Feet #6287

Tuesday, November 13 • 10-11:30am

Free; Registration required.

The American Podiatric Medical Association (AMPA) states that the average person takes 8,000 - 10,000 steps a day, which can add up to 115,000 miles in a lifetime - more than 4 times the circumference of the globe! Whether you have diabetes or neuropathy or not, foot related problems are common and can be very costly, a tiny cut or blister can develop into a serious foot infection causing significant health problems. Lacey Drug Company will discuss proper foot care, selecting properly fitting shoes, the risks of a diabetic foot, Medicare shoe benefits for diabetics, and some fun foot facts.

Dine-a-Round #6288

Wednesday, November 13 • 11:30am-1:30pm

Semper Fi Bar & Grill, 9770 Main Street, Woodstock.

Separate checks; Registration required. Everyone meets at the restaurant.



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For more information or to schedule a tour, please contact
Lora Causey, Community Relations Director.

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www.sterlingestateseastcobb.com

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The Shakespeare Tavern "A Christmas Carol" #6343

Deadline: November 14

Show: Wednesday, December 12 • 5-11pm

Check-in 4:30pm.

\$66/Members; \$73/Non-members. Due at registration.

A handful of actors bring the wondrous art of storytelling to life, transporting you to Scrooge's London counting house that fateful Christmas when Scrooge meets three Ghosts and a certain little boy named Tiny Tim. A great pub menu available.

Ask the Expert/Medicare Questions #3198

Friday, November 16 • 10am-12pm

Free; Registration required for 10-minute appointment.

Whether you are turning 65, are already on Medicare, or helping someone with their coverage, plan to attend a meeting with the expert, Michael Fleming, with Senior Benefits of Georgia, to get your Medicare questions answered.



TWEET TWEET!
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Elemental Messages for Your Wisdom Years #6353

Mondays, November 19-December 17

(No Class 12/10) • 1-2:30pm

\$24/Cobb residents; \$29/Non-residents.

Learn how aligning yourself with the magic that is contained in these Elemental Forces of Creation can bring more ease, joy, aliveness, and enchantment to your Wisdom Years. You will understand more fully how to: utilize nature's wisdom to inform your next best steps in life; improve your relationships by finding where you are out of balance; connect to the rhythms of your life to create flow and energy in what is still yours to create. Instructor: Bonnie Salamon.

AARP Smart Driver #2697

Thursday, November 29 • 9am-4pm

\$15/AARP members; \$20/Non-members

(cash or check only).

The course teaches proven driving techniques to help keep you and your loved ones safe on the road. Learn age-related physical changes and how to adjust your driving to compensate. Check with your insurance agent about possible discount. Bring a lunch.

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www.parcatpiedmont.com

CLUB CALENDAR

American Needlepoint Guild. 2nd Tuesday of the month. 6:45pm. Tiny Stitches, 2520 East Piedmont Road, Marietta. More info: 770-394-0065.

Anne Hathaway Garden Club. 3rd Wednesday of the month (September-May). Marietta Educational Garden Center, 505 Kennesaw Avenue NW, Marietta. More info: Nancy Martin, 770-428-7056.

Atlanta Illini Club. Professional and social networking for University of Illinois alumni, families and friends in the Atlanta area. Game watches at the Rose & Crown, 1931 Powers Ferry Road, Marietta. More info: www.atlantailini.com or club@atlantailini.com.

Big Chicken Chorus. Every Monday evening. 7:00pm. Marietta High School, Chorus Room, 1171 Whitlock Avenue, Marietta. Male a cappella harmony chorus. More info: Frank, 770-587-1264, fehrach@aol.com, or www.bigchickenchorus.org.

Bridge Club. Four free lessons; \$7 thereafter. Wednesdays 10am, and Thursdays 7:30pm. Singles are welcome. 1809 Roswell Road, Marietta. More info: 770-973-7717.

Bridge Club. Four free lessons; \$7 thereafter. Every Saturday. 1-4:30pm. Beginners and those that have never played. 1809 Roswell Road, Marietta. More info: 770-973-7717.

The Civil War Round Table of Cobb County. Brings in nationally known published historians on various Civil War events. Meets 1st Thursday of the month (Sept.-June). 7pm. Hilton Marietta Hotel & Conference Center, 500 Powder Springs Street, Marietta. More info: www.cobbcwrt.org or cobbcivilwart@gmail.com.

Cobb County Democratic Committee. Monthly breakfast 2nd Saturday each month. 10am. Smyrna Community Center, 200 Village Green Circle SE, Smyrna. More info: www.cobbdemocrats.org.

Cobb County Gem & Mineral Society. 2nd Tuesday of the month, 7pm at their Clubhouse, 516 West Atlanta Street, Marietta 30060. More info: www.cobbcountrymineral.org.

Cobb County Genealogical Society. 4th Tuesday of the month. 7pm. First Presbyterian Church of Marietta, 189 Church Street, Marietta. More info: www.cobbgagensoc.org or ccgs@cobbgagensoc.org.

Cobb County Republican Women. 4th Friday of the month. 11:30am. Hilton Atlanta/Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: 770-785-2522 or www.ccrwc.org.

Cobb Marietta Retired Educators Association. 2nd Thursday of the month, Aug-April. 11:30am. Luncheon reservations required. First United Methodist Church of Marietta, 56 Whitlock Avenue, Marietta. More info: www.cmrea.org.

Cobb Photographic Society. Photographers of all skill levels are welcome. 1st and 3rd Monday of the month. 7-9pm. Marietta Enrichment Center, American Business Center, Bldg 700, Suite 702, 1395 South Marietta Parkway, Marietta. More info: www.cobbphotosociety.com or info@cobbphotosociety.com.

Daughters of the American Revolution – Old Noonday Chapter. 2nd Wednesday of the month (Sept.-May). 10:30am. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: Linda Howe 678-403-2034.

Dog Hikers of Georgia. Every Sunday. 10am. Various locations. Non-dog owners welcome. More info: Dr. Dan Batchelor, 770-624-7660.

East Cobb Business Association. Luncheon and featured speaker. 3rd Tuesday of the month. 11am. Olde Towne Athletic Club, 4950 Olde Towne Parkway, Marietta. More info: Susan Hampton, 404-218-6216, susan.hampton@lionbank.com, or www.eastcobba.com.

East Cobb Civic Association. Last Wednesday of the month. 7pm. Please check www.eastcobb.net for meeting location and speaker information.

East Cobb Civilians. 2nd and 4th Thursday of the month at noon for lunch at The Olde Town Athletic Club, 4950 Olde Towne Parkway, Marietta. More info: 770-578-9901 x201.

East Cobb Kiwanis Club. 1st and 3rd Wednesday. 7pm. Paradise South of the Border, 3605 Sandy Plains Road, Marietta. More info: Johnny Johnson, 770-977-2026 or edwardjohnsjewelers@yahoo.com.

East Cobb Lions Club. 2nd & 4th Tuesday of the month. 7pm. Piccadilly Restaurant, 536 Cobb Parkway, Marietta. More info: Susan.Hampton@lionbank.com.

East Cobb New Horizons Band. Monday mornings. Jazz Ensemble: 9am; Concert Band: 11am. If you are 50 or older, play a musical instrument and have been looking for a great place to make music, come join! More info: ecnhb.com or email webmaster@ecnhb.com.

East Cobb Rotary Club. Every Wednesday. 7am. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: eastcobbr Rotary.com.

East Cobb Woodcarvers Club. Every Thursday. 9-11am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-420-3820.

Executive Toastmasters Club. Develop your public speaking and leadership skills in a supportive environment. Every Tuesday. 7:15-8:30pm. Turner Chapel, 492 North Marietta Parkway NE, Marietta. More info: cmarayanaswamy@gmail.com.

Georgia Perennial Plant Association. 3rd Monday of the month. 7pm. Atlanta History Center, McElreath Hall, 130 West Paces Ferry Road NW, Atlanta. More info: www.georgiaperennial.org.

Georgia Vietnam Veterans Alliance. 3rd Thursday of the month. Social hour: 6pm. Meeting: 7pm. American Legion Post 29, 921 Gresham Road, Marietta. More info: Al Heflin, 404-317-5201.

Georgia Tea Party. 2nd and 4th Thursdays. 7pm. 799 Roswell Street. More info: Jerry Kotyuk, 404-374-0580 or jerryk623@att.net.

Golden "K" Kiwanis Club. Every Thursday. 10am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Joe Vanhorn, Jr. 770-424-6654.

IMPS Bridge Club. Various formats, dates and times available. For more information contact Roni Fink at 404-310-3448 or phinque999@AOL.com.

Libertarian Party of Cobb County. First Thursday of the month. 7:30pm. Marietta Pizza Company, 3 Whitlock Avenue, Marietta. More info: www.cobbip.org or call 770-795-1331.

Marietta Kiwanis Club. Every Thursday. 12:15pm. Hilton Conference Center, 500 Powder Springs Street, Marietta. More info: Pat Huey, pathuey@comcast.net or www.marietakiwanis.org.

Marietta Lions Club. 2nd Thursday of the month. 6:30pm. Come-N-Get-It Restaurant, 1409-E Church Street Extension, NW, Marietta 30060. More info: Steve Hughes, 770-378-0095.

Marietta PFLAG. 4th Sunday each month. 1-3pm. Newcomers are welcome. Pilgrimage United Church of Christ, 3755 Sandy Plains Road, Marietta. More info: www.pflagatl.org.

Marietta Rotary Club. Every Wednesday. 12 noon. Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: Adele Grubbs, 770-424-8212 or www.mariettarotary.org.

Martha Stewart Bulloch Society of Children of the American Revolution. Meets one Sunday per month (Sept.-May). 2-4pm. Osage Terrace Room and Pavilion at Bulloch Hall, 180 Bulloch Avenue, Roswell. More info: Tisha Johnston, 404-915-7738 or msbncarroswell@gmail.com.

National Association of Active and Retired Federal Employees (NAARFE). 2nd Wednesday of the month. 11:30am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-971-1719.

Newcomers of Cobb County. 3rd Tuesday September-May at 10am. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta/East Cobb. More info: newcomersofcobbcounty.com.

Northeast Cobb Business Association. Luncheon meeting 3rd Wednesday of the month. 11:30am-1pm. Piedmont Church, 570 Piedmont Road, Marietta. More info: 770-423-1330.

Northwest Atlanta Mothers of Multiples. A club for families with or expecting twins, triplets, or quadruplets. Second Tuesday of each month. Date and time may change; check website. More info: www.nowamom.org or 678-235-8468.

North Atlanta Jewish Networking. Every Wednesday. 7:30am. Panera Bread at the Avenue East Cobb. 4475 Roswell Road, Marietta. More info: Vic Anapolle 404-432-0626 or vicanapolle@aol.com.

Peach State Depression Glass Collectors' Club. 2nd Tuesday of the month except December. Guests welcome. 6:30pm social; 7pm meeting. Powers Ferry UMC Fellowship Hall, 245 Powers Ferry Road, Marietta. More Info: psdgc.com.

Retired Old Men Eating Out (R.O.M.E.O.). Every Tuesday, 7am. Meet for friendship, conversation and sharing a variety of antique cars, street rods and muscle cars. Marietta Diner, 306 Cobb Parkway South, Marietta.

Shakespeare Reading Group. First and 3rd Thursday of the month. September-May. 2-4pm. First Presbyterian Church, Room 050, 189 Church Street, Marietta. More info: Lynne Johnson, 770-591-3474.

Sierra Club Centennial Group. (Cobb, Cherokee, North Fulton members). 1st Thursday of the month. 7pm. Life University, 1269 Barclay Circle, Marietta. More info: gacentexcom@gmail.com or www.sierraclub.org/georgia/centennial.

Song of Atlanta Show Chorus. Women's four-part harmony chorus. Every Tuesday. 7:30pm. Northbrook UMC, 11225 Crabapple Road, Roswell. More info: www.songofatlanta.com or 770-696-6502.

Sons of the American Revolution. Captain John Collins Chapter, meets the third Tuesday of every month, 6 pm, at Cherokee Cattle Company, 2710 Canton Highway. More info: Earl Cagle 770-579-2748 or ecagle1@bellsouth.net.

Sope Creek Garden Club. First Wednesday of the month (Sept-June). 10am. Locations vary. More info: Karin Guzy, 770-955-1303 or karinguzy@gmail.com.

Toastmasters International. Rising Phoenix Club. Every Saturday. 9:45-11:15am. A great way to improve your speaking and leadership skills. Guests always welcome. Northeast Cobb Y, 3010 Johnson Ferry Rd., Marietta. More info: www.risingphoenix.toastmastersclubs.org.

Veteran Connection. 2nd Wednesday of the month. 10am. Coffee, doughnuts & conversation. Vets 55+ welcome. Cobb Senior Services, 1150 Powder Springs Street, Marietta. More info: 770-528-1448.

Y Business Network. Every other Friday. 7:30-8:45am. Local business networking and referrals. Northeast Cobb Y, 3010 Johnson Ferry Rd., Marietta. Guests always welcome. More info: ybusinessnetwork.webs.com.



SUPPORT GROUPS

Al-Anon. For Family and friends of alcoholics. Monday and Thursday 8pm. Wednesday and Friday 1pm. Covenant Presbyterian Church, 2881 Canton Road, Marietta. More info: 770-422-5130.

Al-Anon. Thursdays, 7-8:30pm. Mt. Bethel United Methodist Church Room A18, 4385 Lower Roswell Road, Marietta. More info: 770-973-5347 or jpm105@comcast.net.

Al-Anon. Wednesdays, 8-9pm. Mt. Zion United Methodist Church, Room 305, 1770 Johnson Ferry Road, Marietta. More info: 770-973-5347 or jpm105@comcast.net.

Alateen. Every Monday and Thursday, 8pm. Covenant Presbyterian Church, 2881 Canton Road, Marietta. More info: 770-422-5130.

Alcoholics Anonymous. Every Monday and Thursday, 8pm. Covenant Presbyterian Church, 2881 Canton Road, Marietta. More info: 770-422-5130.

Alcoholics Anonymous. Every Saturday-Wednesday at 8pm (Open meeting). Thursday at 6:30pm (Women's meeting). Mt. Zion UMC, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465.

Alcoholics Anonymous. Every Friday at 8pm. Open meeting. Episcopal Church of St. Peter and St. Paul, Garden Room, 1795 Johnson Ferry Road, Marietta. More info: 770-977-7473.

Alzheimer's/Caregiver Support Group Meeting. First Monday of each month. 10:30am. Open to family members who are assisting an aging loved one both inside and outside of the home. Free respite care is provided for your loved one while we meet. Aloha to Aging/Mt. Bethel Community Center, 4608 Lower Roswell Road, Marietta. More info or to RSVP: 770-722-7641.

Bereavement Support. Every Wednesday, 5pm. Lower level in Parish Office, Catholic Church of St. Ann, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6018.

Caregiver Support Group. First Monday of the month. 4:30-5:30pm. Arbor Terrace, 886 Johnson Ferry Road, Marietta. More info: 770-977-4420 or ACaudell@arborcompany.com.

Caregiver Support Group. 2nd Thursday of the month. 12-1pm. Episcopal Church of St. Peter and St. Paul, 1795 Johnson Ferry Road, Marietta. More info: 770-977-7473 or eharres@peterandpaul.org

Compassionate Friends. First Tuesday of the month. 7pm. Assists bereaved families following the death of a child. First Baptist Church of Marietta, 148 Church Street NE, Marietta. More info: Ria, 404-539-4287 or www.tcfmarietta.org.

Depression and Anxiety Support Group. 2nd Sunday of the month. 3-4pm. St. Andrew UMC, 3455 Canton Road, Keheley Building-Room 129, Marietta. More info: Beth Clark 770-926-3488 or beth@thepumpkinchurch.org.

Depression/Bipolar Support Group. First and 3rd Thursday of the month. 7-8:30pm. Johnson Ferry Baptist Church, Room 339, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

Divorce Care. 13-week course
• Wednesdays beginning in Aug. 6:30-8pm. Open to all ages. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

Divorced/Separated Support Group.
• First and 3rd Tuesday of each month.
• 7:30pm. Catholic Church of St. Ann, Mary's Chapel, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6018.

Families Anonymous (FA). for families who have loved ones struggling with addiction. Every Tuesday, 7:30-9pm. Mt. Zion United Methodist Church Youth Center, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465.

Family Caregiver's Support Group. 2nd Thursday of the month. 6pm. Open to anyone needing support for anyone affected by dementia or Alzheimer's Disease or related issues. Thrive Memory Care, 200 Village Parkway NE, Marietta/East Cobb. More info/RSVP: hello@thriveateastcobb.com.

Grandparents Raising Grandchildren Support Group. 2nd Tuesday of the month. 7:15pm. Special guest speaker. Transfiguration Church, Room 102, 1815 Blackwell Road, Marietta. More info: Katrina, 678-938-3820.

Grief Recovery. Every Wednesday (Aug-May). 6:30pm. Piedmont Church, 570 Piedmont Road, Marietta. More info: www.piedmontchurch.tv/groups.

Grief Share. 13-week program on Mondays. 7-8:30pm. Join at any time. Johnson Ferry Baptist Church, Room 354, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

Grief Share. 13-week program on Thursdays. Aug. 16-Nov. 8. 6pm. St. Andrew UMC, 3455 Canton Road, Community Room, Marietta. More info: Beth Clark 770-926-3488 or beth@thepumpkinchurch.org.

Infertility, Miscarriage, Adoption Loss, or Death of an Infant. Thursdays, 7-8:30pm. Mt. Bethel United Methodist Church, Room B109, 4385 Lower Roswell Road, Marietta. More info: 678-560-7230 or kibbie.parish@mtbethel.org.

Job Networking. 2nd and 4th Mondays of the month. Check website for agenda/times. Roswell United Methodist Church, 814 Mimosa Boulevard, Roswell. More info: www.rumc.com/jobnetworking.

Loneliness Bereavement Support Group. Every Wednesday except holidays.
• 11am. Heritage Hospice, 3315 Hilltop Drive, Marietta. More info: 770-423-5959.

Narcotics Anonymous. Every Thursday at 7pm. Open meeting. Episcopal Church of St. Peter and St. Paul, Choir Room, 1795 Johnson Ferry Road, Marietta. More info: 770-977-7473.

Narcotics Anonymous. Every Tuesday at 7pm. Every Saturday at 11am. Covenant Presbyterian Church, 2881 Canton Road, Marietta. More info: 770-422-5130.

Overeaters Anonymous. A support group for those who suffer from the need to compulsively overeat. Monday-Wednesday-Friday. 10am. Catholic Church of St. Ann, 4905 Roswell Road, Marietta. More info: Betsy, 404-226-4931.

Parents of Prodigals. For parents of struggling teens and young adults. 2nd and 4th Thursday, Aug-May. 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Room 270, Marietta. More info: Fair Brocard, 770-612-1197 or www.prodigalchildministries.org.

Parkinson's Disease Support Group. For persons with Parkinson's and their caregivers. 1st Tuesday each month, 11am. Aloha to Aging/Mt. Bethel Community Center, 4608 Lower Roswell Road. More info: 770-722-7641.

Ruth Young Women's Cancer Support Group. 1st Tuesday of the month (Aug-May) at 7pm. Mt. Bethel Community Center, 4385 Lower Roswell Road, Marietta. More info: Sandy Weber 770-789-6095.

Spousal Support Group. 2nd Thursday of the month. 1:30-2:30pm. Arbor Terrace, 886 Johnson Ferry Road, Marietta. More info: 770-977-4420 or ACaudell@arborcompany.com.

Widowed helping Others (WHO). For those newly widowed, please contact the church for more information. Catholic Church of St. Ann, 4905 Roswell Road, Marietta. More info: 770-552-6400 ext. 6018.

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WHEELER WOMENS WATER POLO TEAM WIN STATE



Wheeler's water polo club team won the Georgia High School Water Polo Association's girls championship after beating Collins Hill 5-3 last month. It was the first state championship for the Wheeler girls team. Coach Karina Cordisco helped launch water polo teams at Wheeler High School in 2006 -- the first Georgia high school program. Initially, the program began primarily with boy players, but it has grown to feature three boys teams and a girls team, which started in 2016. Pictured (l-r) are: Mattie Brennan, Sydney Buffington, Alice Landrum, Ritika Sadalge, Caroline Lanier, Coach Karina Cordisco (holding trophy); Katie Rose Slade, Cameron Ragan, Coach Jeff Drews, Allison Vermaak, Erica Redmond, Emily Belinski, and Annika James. 📸

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