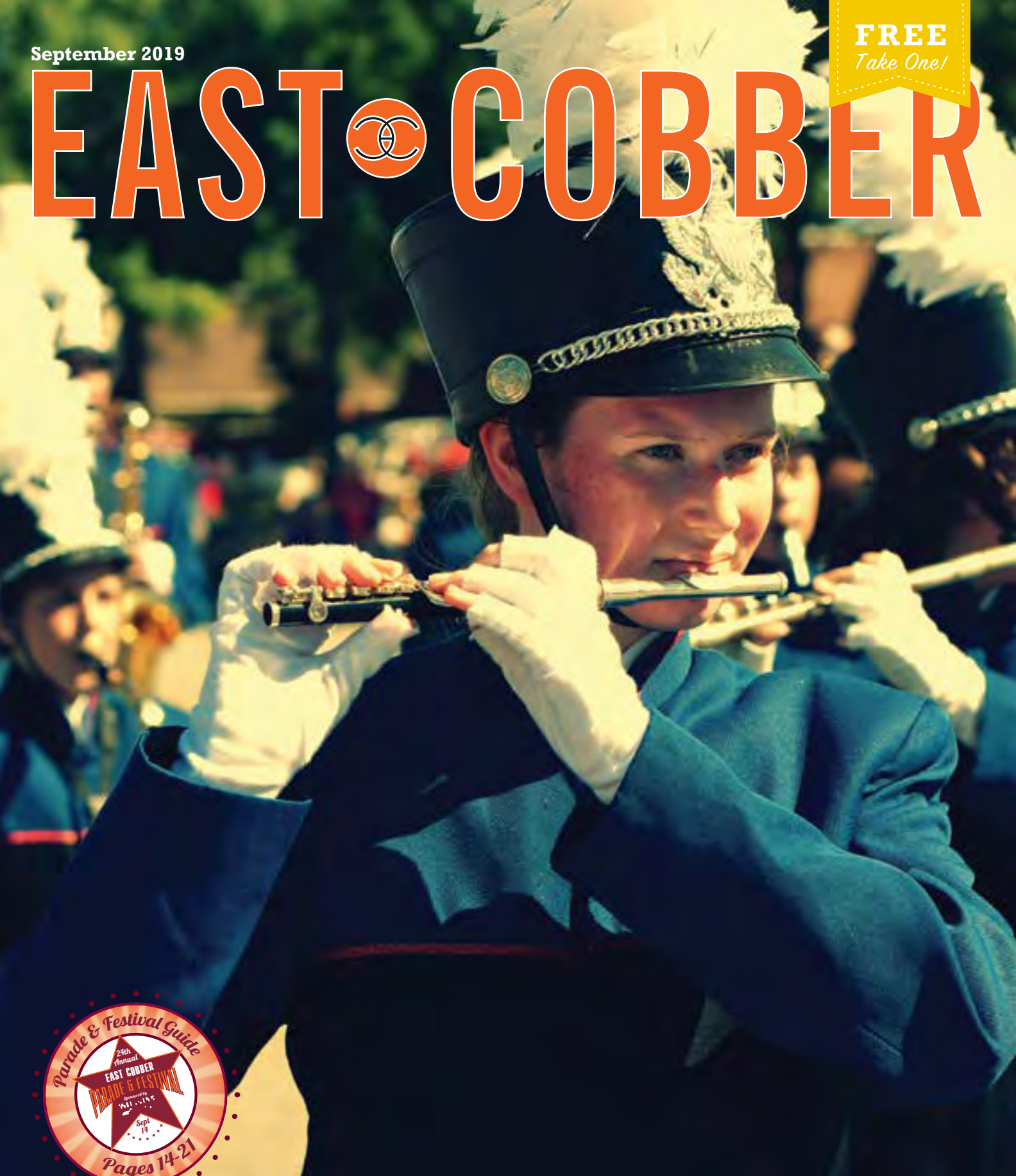


September 2019

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EAST COBBER

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EAST COBBER is a locally owned company that
strives to build a sense of community and pride in
East Cobb County by providing its residents with
positive stories and timely information. The
EAST COBBER is distributed free to homes, schools,
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Comments and stories are always welcome.

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PUBLISHER'S NOTE

Don't Rain On My Parade

*Don't tell me not to live, just sit and putter
Life's candy and the sun's a ball of butter
Don't bring around a cloud
to rain on my parade
Don't tell me not to fly, I simply got to
If someone takes a spill, it's me and not you
Who told you you're allowed
to rain on my parade
I'll march my band out, I'll beat my drum
And if I'm fanned out, your turn at bat, sir
At least I didn't fake it, hat, sir
I guess I didn't make it
But whether I'm the rose of sheer perfection
A freckle on the nose of life's complexion
The Cinderella or the shine apple of its eye
I gotta fly once, I gotta try once,
Only can die once, right, sir?
Ooh, life is juicy, juicy and you see,
I gotta have my bite, sir.
Get ready for me love, 'cause I'm a "comer"
I simply gotta march, my heart's a drummer
Don't bring around the cloud
to rain on my parade,*

*I'm gonna live and live NOW!
Get what I want, I know how!
One roll for the whole shebang!
One throw that bell will go clang,
Eye on the target and wham,
One shot, one gun shot and bam!
Hey, Mr. Arnstein, here I am ...*

*I'll march my band out, I will beat my drum,
And if I'm fanned out, your turn at bat, sir,
At least I didn't fake it, hat, sir,
I guess I didn't make it
Get ready for me love, 'cause I'm a "comer"
I simply gotta march, my heart's a drummer
Nobody, no, nobody, is gonna
rain on my parade!*

If this magazine could have an audio component you would be hearing *Don't Rain on My Parade* as sung by Barbra Streisand from the 1968 movie, *Funny Girl*.

24 years ago, after 2 years of publishing the EAST COBBER, I set out to create another way to spotlight all the good people in East Cobb. I wanted to produce a community event similar to the ones I grew up with. Sure, this event has goals stated in a businesslike manner:

- *To spotlight those people who contribute to the quality of life in East Cobb county
- *To provide opportunities for various groups of the community to interact
- *To bolster the image of East Cobb to external audiences as well as help East Cobb residents feel good about living in East Cobb
- *To promote the arts by providing a showcase for local fine arts performers and groups at the Festival
- *To promote economic development by providing local businesses an event that demonstrates their community support and allows company personnel to interact with prospects and customers.

But truthfully, I dreamed of a hometown tradition that would create special memories for children and, selfishly, I wanted to raise my children in a community that had a special event that made them proud of living in East Cobb!

Each year, as I direct each entry out of the staging area onto Johnson Ferry, I get a bit weepy watching the smiling faces of the children (and adults, too!) beaming with pride for their club, school or scout troop. What a thrill it is to hear the boom of our incredible high school marching bands! Cue music. Maybe I get teary because I had a dream—unheard of in 1995—to close down the main street in East Cobb and start a special event for East Cobbers. Who would come? What did I know about producing a parade? Who would help me turn this dream into reality? This parade has taught me so many life lessons: placing my dreams above my fears, keeping the faith, inspired by people who come into my path to help make this parade a success, and more, so many more, lessons that have encouraged and enriched me.

The world needs dreamers and the world needs doers. But above all, the world needs dreamers who do. My dream has been this publication and the parade. What's your dream? I hope you discover the happiness of striving for and reaching your dreams. Feel free to share your dreams with me by e-mailing: cynthia@eastcobber.com. I'd love to hear from you!

All the best,



Cynthia M. Rozzo
Founder/Publisher
cynthia@eastcobber.com



ON THE COVER - To celebrate the 24th annual EAST COBBER parade and festival, this month's cover features Ellie Dodd, from the Joyful Noise Marching Saints homeschool band. The Marching Saints are a perennial participant in the EAST COBBER parade. They have excellent and superior ratings at festivals and keep busy performing at football games and in parades. Front cover photograph taken by Peter Yund.

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THE WOOD ACRES SCHOOL CELEBRATES 50TH ANNIVERSARY



1969 was an exciting year in history. The world watched in awe as the first man walked on the moon and later that summer, a famous musical event was held in Woodstock, New York. Sesame Street premiered on PBS. It was also the year that Wood Acres Country Day School opened on the corner of Johnson Ferry and Roswell Roads as a first of its kind preschool. The converted house was nestled under a large oak tree and welcomed children to a unique formal learning environment.

Fifty years later, the school is now on nine beautiful acres located in the heart of East Cobb. The Wood Acres School continues to be strong and vibrant, educating decades of children from two years old through eighth grade.

Wood Acres is well-known for its accelerated academic curriculum, strong emphasis on the integration of STEM learning experiences, and commitment to teaching Spanish as a second language. The campus includes fun playgrounds, beautiful landscaping and areas of greenspace that inspire movement and enrichment.

The original Wood Acres logo showcased an oak tree but has been updated in recent years to include a ginkgo leaf to emphasize how each child is unique, just like the leaf of the ginkgo tree.

The staff, parents and students at The Wood Acres School are excited to be celebrating the school's 50th anniversary this year.

"Being able to celebrate 50 years in East Cobb is a tremendous accomplishment, and

we now get to see parents who were students here come back with their own children. It's wonderful to see how well our former students are doing and that they want the same educational experience for their children," shared Principal Laurie Mazor.

On Sunday, Sept. 15, Wood Acres will proudly celebrate 50 years of teaching, learning and caring. The school will combine the event with its annual Constitution Day, a traditional rally around the flag event, as well as a birthday party – complete with something for students and the young-at-heart. Families, alumni and community members are invited to join them at 2 p.m. on the campus Quad. Banks and Shane will cap off the afternoon with a family concert.

Students, staff and parents from Wood Acres also will be marching in the East Cobber Parade and will have an information booth at the post-parade festivities. Fifty students ringing 50 school bells will herald their arrival in the annual parade.

"We are excited to be sharing this moment with our families and the community. It's amazing how much we've grown in 50 years to enhance the learning experience, but we've also maintained rich traditions that keep us grounded in our roots," said Head of School Judy Thigpen.

The Wood Acres School can be found at 1772 Johnson Ferry Road, Marietta, GA, 30062. For more information about the school, visit woodacresschool.org or call 770-971-1880.



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COBB COUNTY CITIZENS PUBLIC SAFETY ACADEMY SEEKS APPLICANTS

The Cobb County Citizens Public Safety Academy (CCCPSA) is a 13-week program which provides an opportunity for Cobb County citizens to obtain an insider's look into the various entities that comprise the Department of Public Safety. During the course, participants will gain knowledge and insight as to how the Police, Fire, Animal Services, and 911 departments are organized and the important role each plays in fulfilling the myriad tasks that ensure the safety of all the citizens of Cobb County.

In order to participate, interested citizens should either live in Cobb County or work for Cobb County Government or Schools and be at least 21 years of age or older. The Fall Academy start date is Tuesday, September 24 at 6pm at the Cobb County Public Safety Training Academy located at 2109 Valor Drive, Marietta, GA 30008.

In order to be accepted into the program, applicants must fill out an application. This application can be emailed to you or be picked up in person at the DPS Training Center located at 2109 Valor Drive, Marietta, GA 30008. The application will need to be taken to the Cobb County Public Safety Internal Affairs Department located at 1150 Powder Springs Street, Suite 300, Marietta, GA 30064 by Friday, September 20 at 3pm. It is suggested to bring your driver's license with you as they will need to make a copy for the application process.

Applications that are wait listed will also be held over to the Spring 2020 program if necessary. If you do not have an email address, please make sure to provide a phone number.

The first night of the CCCPSA will meet at the Cobb County Public Safety Training Academy, 2109 Valor Drive Marietta, GA 30008. Participants will meet the training staff, and receive a presentation from the Internal Affairs Unit. Please note the first night begins at 6pm and all subsequent sessions will meet at 6:30pm at various Cobb County Public Safety locations. Classes will be conducted every Tuesday evening for 13 weeks, with graduation being the 13th week. A few of the planned activities include:

- Meeting with distinguished members of the Public Safety Department.
- Touring the 911 Communications Center and the Medical Examiner's Office.
- Receiving demonstrations from DPS Police Training on weapons/firearms safety and defensive tactics.
- Participating in classes from the Fire Department special operations, such as, Hazardous Materials and/or Heavy Rescue Squad.

The complete schedule will be given out on the first night along with other information.

If you have any questions about the Cobb County Citizens Public Safety Academy please contact the training center at 770-499-4100. ☎

.....



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WHY SHOULD I JOIN PTA?

By Carri Gaudion, Membership Chair, East Cobb County Council of PTAs

It's hard to believe we are already well into the school year! By now, the routines have been established and the back-to-school frenzy has settled down. The first few weeks of school are full of Meet and Greets, Lunch and Learns, Family Fun Nights, Book Fairs, Dances and Fall Festivals. We can see how the PTA is supporting our schools. But, did you remember to purchase your PTA membership to support PTA at your school?

I am often asked, "why should I join PTA?" There are many GREAT reasons! First of all, PTA stands for Parent Teacher Association. It is a group of parents, teachers, community members, cafeteria workers, grandparents, aunts and uncles, students and so many more individuals working towards the goal of advocating for our children and improving their lives. PTA today continues the tradition started 100 years ago, wishing for every child to be represented by one voice. We also have many schools with PTSA (Parent Teacher Student Association). This is a great way for the entire family to support the PTA! The East Cobb County Council (ECCC) of PTAs is comprised of over 28,000 members from 35 area schools.

By joining your child's PTA, regardless of their grade or age, you can benefit greatly and provide your child and other children with additional opportunities for growth throughout the school year. Here are a few highlights of PTA Member Benefits:

Get Connected and Discover Great Resources. Most PTAs have websites and/or newsletters that keep you apprised of things going on in school, including ways you can volunteer, and programs being offered to benefit the family unit, not just the children. Some schools have "Lunch and Learn" programs for parents while others do "Parent Education Nights." Take advantage of these opportunities! Connect with other parents and use the resources offered to learn about today's youth and the challenges they face.

Speak up and Watch Yourself Grow. PTA is a forum where your ideas are welcomed and encouraged. Positive change in a school can be the result of a simple idea. Also, by sharing ideas and volunteering at your child's school, you will be able to put your hobbies and skills to use in a positive way for not only your child, but for the benefit of all children in the school and at times even the community.

Witness Improvement. You are a part of the solution by being involved in your child's school and as such, you will be able to witness improvement first hand. Your

child's PTA offers educational, social and family programs aimed towards bettering the lives of children. By joining PTA and volunteering, you will be able to see just how the programs PTA provides have a positive impact in your child's school. PTA sponsored programs can allow children to explore other countries, experiment with healthy eating and exercise, explore science in different and unique ways and offer many other opportunities that children may not otherwise have.

Be a Part of a Larger Voice. At its core, PTA is an advocacy organization. We are dedicated to providing a voice for our children so that they might have better opportunities in school.

If the opportunities listed above do not appeal to you, there are other great benefits. PTA is known as a powerful voice in the community and as such, we are able to partner with local businesses willing to offer discounts to our members. Businesses offering benefits to our members this year include Chick-Fil-A, Aspens, Pigtales & Crewcuts, Sparkles, Stars & Strikes, Willy's, Studio 348, X-Drenaline, Orange Theory, School of Rock, Eye Level Learning Center, Three 13, Experimac, Marco's Pizza, Comfort Zone, My Class Connection, Peace, Love, and Pizza, School of Rock, X3 Sports, Mathnasium, and Stevi B's. Several of these businesses provided coupons that are handed out with your PTA membership cards! You can view a complete list of members benefits under the Membership tab at www.ecccpta.org. The community definitely supports East Cobb County Council of PTAs and the members!

So, now that I've given you a multitude of reasons why you should join PTA, please consider them the next time you are in your child's school. Help PTA continue to be a powerful voice for our children. Help us make a positive change in the schools and impact the lives of EVERY child in East Cobb County. 📌



Carri Gaudion serves as the Membership Chair for East Cobb County Council of PTAs as well as several PTA positions at Mt. Bethel Elementary and Dickerson Middle Schools. When not working on various PTA projects, Carri can be found running the streets of East Cobb and raising funds for cancer research. She resides in Stoneheath subdivision with her husband Neil, her daughter Allie (10th Grade, The Walker School); and sons, Ryan (8th Grade Dickerson); and Sean (4th Grade Mt. Bethel Elementary).

ARE DENTAL X-RAYS NECESSARY?

As a mom of three, I feel the weight of responsibility to stay informed and protect my children from toxins and chemicals that may harm their developing bodies. Radiation is one of those toxins that concerns many people. Most dentists agree that limiting exposure to X-rays is important, but X-rays are necessary to find dental problems that can also be dangerous to the body. Your health suffers when people miss dental or other medical issues because they never took a radiograph. X-rays can help your dentist find and treat dental problems at an early stage, saving time, money and unnecessary discomfort. In our practice, each patient is evaluated individually for how often and how many x-rays are needed.

How often X-rays (radiographs) should be taken depends on your present oral health, your age, your risk for disease, and any signs and symptoms of oral disease you may be experiencing. If you are a new patient, a dentist may recommend radiographs to determine the present status

of your oral health and to help identify changes that may occur later. Because many diseases of the teeth and surrounding tissues cannot be seen when your dentist examines your mouth, an X-ray examination can help reveal:

- small areas of decay between the teeth or below existing restorations
- infections in the bone
- periodontal (gum) disease
- abscesses or cysts
- developmental abnormalities
- some types of tumors

With children the major reasons for taking dental radiographs are to detect cavities and to evaluate growth and development so that abnormalities can be treated before they become serious problems. X-rays can detect the lack of formation of a permanent tooth which would alert the dentist to take every precaution in maintaining a baby tooth as long as possible so that more complex (and expensive) treatment can be delayed or perhaps even avoided. While children are more sensitive to x-rays than adults because they are still growing, the

amount of radiation from needed dental radiographs is extremely small - equivalent to a few hours of natural background radiation, which we have around us all the time. It is less radiation than they would receive if they made a trip to the mountains (higher background radiation at high altitudes) or flew in an airplane (increased cosmic radiation at flight levels.)

Even if you are pregnant, a radiograph may be needed for dental treatment that can't wait until after the baby is born. Because untreated dental infections can pose a risk to the fetus, dental treatment may be necessary to maintain the health of the mother and child. A leaded apron minimizes exposure to the abdomen and should always be used for dental x-rays. Dental X-ray exams do not need to be delayed if you are trying to become pregnant or are breast-feeding.

Radiation dosages can be lowered by taking certain precautions. At our dental office, we use lead-lined vests with thyroid collars that offer further protection of

that sensitive glandular area. Also, taking x-ray images by digital processes, as we do here at Cheek Dental, greatly reduces the dose of radiation as compared to traditional film x-rays. If a previous dentist has any recent radiographs of you, request that copies of them be sent to your new dentist as having those may reduce the number of new x-rays needed. If you have concerns about radiation from x-rays, discuss those concerns with your dentist to be sure he or she is imaging only what is necessary for your particular needs.



Dr. Cristi Cheek is the owner of Cheek Dental here in East Cobb. You may contact her at 770-993-3775 or visit www.cheekdental.com.

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FALL BREAK FUN

Cobb County School District has scheduled a Fall Break for all students. So, from Monday, September 23 to Friday, September 27, we figured East Cobb families would be looking for fun things for their student stay-cationers to do! Here are some fun options so your student-aged kids (and you) won't go stir crazy!

September 23-26 • 9am-Noon **September Break Soccer Camp**

Cobb Soccer Academy
1210 Johnson Ferry Road, Marietta 30068
www.cobbsocceracademy.com
Players should bring cleats/indoor shoes, shin guards, a soccer ball and a water bottle. Snacks allowed (nothing with peanuts). Open to boys and girls K-8th grade. \$100.

September 23-27 • 11am **Fall Frolics – Naturally Artistic**

Chattahoochee Nature Center
9135 Willeo Road, Roswell 30075
770-992-2055 • chattnaturecenter.org
Ages 4+ welcomed. September is an exciting time to head to the Unity Garden. Visit us during Fall Break and catch a guided tour. Our Unity Garden produce grown here at the CNC is donated to North Fulton Community Charities. \$10/Adult; \$7/Students (Ages 13 -18); \$6/Child (Ages 3 - 12); Free for members.

September 23-27 • 6:30am-6:30pm **Primrose School of Sprayberry Explorers Camp**

Primrose School of Sprayberry
2531 East Piedmont Road, Marietta 30062
770-578-4832
primroseschools.com/schools/east-cobb-at-sprayberry
Daily field trips included with registration. \$243.

September 23-27 • 7:30am-6pm **Fall Break Martial Arts Camp**

Marietta Martial Arts
2145 Roswell Road, Marietta 30062
770-321-1371 • www.mariettamartialarts.com
Have an awesome time learning martial arts, playing dodgeball, games, obstacle courses and more! \$159.

September 23-27 • 8am-4pm **YMCA-McCleskey: Dynamite Days Off Camp**

1055 East Piedmont Road, Marietta 30062
770-977-5991 • ymcaatlanta.org/mcy
Qualified counselors will lead activities that will help build self-confidence, strengthen social skills, deepen respect for others and build lasting relationships. Activities may include swimming, crafts, sports and group games. Pack a lunch, drink, two snacks, swim suit and towel. Free extended care from 7:30am-6pm. Members: \$60/day; Non-member: \$80/day. Age: 5-12.

September 23-27 • 8am-4pm **MJCCA School's Out Camp**

5342 Tilly Mill Road, Dunwoody 30338
678-812-4004 • atlantajcc.org/schoolsout
When school is out, the MJCCA is IN! Kids in Pre-K through 5th grade enjoy fun, engaging, and safe activities like swimming, cooking, sports, arts & crafts, ropes course, drama, and more during the upcoming school breaks. Pre-K through 5th grade.

September 23-27 • 9am-4pm **Ninja Quest Fall Break Camp**

3910 Canton Road, Marietta 30066
678-384-6500 • www.ninjaquestfitness.com
Experience fun, games, and the largest Ninja Warrior Training facility in the entire state of Georgia. \$300. 9am-1pm. \$200.

September 23-27 • 9am-5pm **Safe America Drivers Ed Course**

Safe America Foundation Headquarters
2000 First Drive, Suite 310, Marietta 30062
770-973-7233 • www.safeamericadrivers.org
Help your teen learn how to drive at one of Safe America Fall Break drivers ed courses. \$150-\$574.

September 23 • 3:30-4:30pm **Parachute Dance Party**

Mountain View Library
3320 Sandy Plains Road, Marietta 30066
770-509-2725 • www.cobbcat.org/events
Dance and bounce the afternoon away! Fly away with creative parachute play. This fun and energetic program for children ages 4-10 is guaranteed to get your heart rate up and help you practice your best dance moves. A participating adult is required. Free.

September 24 • 2-3pm **Lego Challenge Day**

Sewell Mill Library & Cultural Center
2051 Lower Roswell Road, Marietta 30068
770-509-2711 • www.cobbcat.org/events
What can you build with only blue Legos? How many bricks do you need to build a bridge? Bring your problem solving skills and the library will provide the Legos. No registration is required. Recommended for children ages 5-12 and their adult caregivers. Free.

EAST COBBER

NEXT ISSUE: OCTOBER • DEADLINE: SEPTEMBER 16
CALL EAST COBBER: 770-640-7070

September 24 • 6-7:30pm

Silent Library Challenge for Teens

Sewell Mill Library & Cultural Center

2051 Lower Roswell Road, Marietta 30068

770-509-2711 • www.cobbcat.org/events

What is Silent Library? Players must complete zany tasks while remaining completely silent. If you laugh, you lose! This program is for teens ages 13+. Free.

September 25 • 3:30-4:45pm.

Family Fun Time! – We Love our Grandparents!

East Cobb Library

4880 Lower Roswell Road, Marietta 30068

770-509-2711 • www.cobbcat.org/events

Family Fun Time is for families with children of all ages.

It lasts 40-50 minutes and can include books, activities, a short film, parachute play, music, and a craft. This program encourages a love of reading and learning as well as the use of fine and large motor skills. No registration required. All story times require a participating adult. Free.

September 26 • 2-3pm

What a Disaster!

Gritters Library, 880 Shaw Park Road, Marietta 30066

770-528-2524 • www.cobbcat.org/events

Do you love reading about famous disasters and survival stories? Discuss your favorite books, watch some videos, build a volcano, construct an earthquake-proof Lego tower and more! Intended for children ages 8-23 with an accompanying adult. No registration required. Free.

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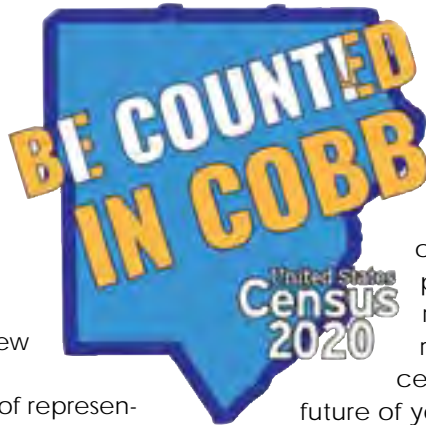


WORKERS PREP FOR CENSUS 2020

If you've seen people walking around your neighborhood with a shoulder bag, phone, laptop, and/or a badge, you might think they're solicitors but they might actually be census takers. Between August 4 to October 18, census takers will be canvassing neighborhoods gathering information, verifying addresses, and collecting other data in preparation for the 2020 Census.

The U.S. Census provides an important view on how our country is changing and ensures that each community gets the right number of representatives in government. It also helps with the equitable distribution of public funds, such as federal and state funding for educational programs, healthcare, law enforcement and highways. To get the most accurate information, we need to ensure everyone in our community is counted where they reside and properly identifies demographic information.

The Census Bureau's address canvassing process for the 2020 Census has started across the country. This process involves Census employees from our own community visiting neighborhoods to verify the location of houses, apartments, shelters and other places where people could live or stay. This process will continue through October 18. Canvassers will attempt to knock on every door in the neighborhoods they are canvassing.



This is one of several activities the Census Bureau conducts for an accurate and complete count. The Census Bureau also partners with the U.S. Postal Service and tribal, state and local officials to update the address list.

"Ultimately, the success of the census depends on everyone's participation," said Marilyn Sanders, Chicago regional director. "And it's important to remember, when you respond to the census you shape your future and the future of your community."

The 2020 Census officially starts counting people in January 2020 in Alaska but most households in the country will start receiving invitations to respond online, by phone or by mail in March 2020.

The U.S. Constitution mandates that a census of the population be conducted once every 10 years. Census data is used to determine the number of seats each state holds in Congress and how more than \$675 billion in federal funds are distributed back to states and local communities every year for services and infrastructure, including health care, jobs, schools, roads and businesses.

For more information on address canvassing, visit the Census Bureau www.census.gov.

DID WE MISS YOUR LOCATION?

The EAST COBBER is published eleven times a year and is available at 500+ drop-off points—local businesses, day care centers, medical offices, schools, churches—wherever East Cobb residents are. Are the East Cobbers in your business receiving their copy? Have we missed your location? Please call. We deliver and restock the magazine—FREE!

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PARTY INCLUDES:

- **60 minutes of ALL ACCESS PLAY:** open jump trampoline, rock wall, dodge ball, obstacle, foam pit
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- Prices are plus tax

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- 1 hour jump pass for each participant
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September 14: A Day for East Cobbers To Celebrate



The 24th Annual EAST COBBER Parade & Festival is scheduled for Saturday, September 14. The day's festivities will be kicked off by the EAST COBBER Parade at 10am. The annual parade aims to build a sense of community and reinforce East Cobb County's status as one of the best places to live in the metro Atlanta area. Floats, high school marching bands and a cornucopia of East Cobb groups will march down the one-mile parade route. Starting at 10am, the parade participants will step off in front of the Princeton Lakes subdivision entrance (1223 Johnson Ferry Road), travel south on Johnson Ferry Road, and then turn onto Olde Towne Parkway.

Immediately following the EAST COBBER Parade, at approximately 11am, the EAST COBBER Festival will be held in the south parking lot of Johnson Ferry Baptist Church (955 Johnson Ferry Road). The Festival offers East Cobb County residents an opportunity to come together and enjoy an afternoon of local

entertainment, carnival games and good food. Booths will be set up to showcase everything from jewelry to local non-profits. East Cobb kids will have plenty to do at the EAST COBBER Festival from getting their face painted to taking a chance at a carnival game to hopping in a moonwalk. Festival goers will also be treated to food from East Cobb restaurants and food trucks.

Many thanks to this year's sponsors: WellStar, Custom Disposal and the EAST COBBER. Thanks to their generosity this special event has become a popular pastime for East Cobb residents.

Come be a part of this very special, old-fashioned celebration – the 24th Annual EAST COBBER Parade and Festival. Good food, vendors and entertainment make it a great event for the whole family. For more details, visit www.eastcobber.com/parade. 📱



READ MORE. DO MORE.

Each EAST COBBER issue and eastcobber.com's blogs offer you the latest in local arts and entertainment, dining, community events, school news, and health tips.

Get more out of East Cobb: visit www.eastcobber.com

Special Thanks to our Sponsors



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- Hand Surgery
- Neurosurgery
- Neurology & Headache Center
- Occupational Medicine
- OrthoSport
- Pediatrics
- Pulmonary Medicine
- Rheumatology
- Urology

The WellStar East Cobb Health Park, conveniently located at 3747 Roswell Road, provides complete medical care for the entire family. From an Urgent Care Center open 7am to 10pm, seven days a week, to outpatient services such as a surgery center, physical therapy, pulmonary rehab, a sleep center, a spine center and imaging services, the WellStar East Cobb Health Park has you covered. We also have a pharmacy, community rooms and classes, and even a bistro. For a complete listing of services, visit www.wellstar.org/eastcobbhealthpark or call 470-956-0250. We are pleased to be a part of the East Cobb community and the EAST COBBER Parade and Festival!



Custom Disposal Service, Inc. is your family-owned residential sanitation service. We began with our first customer in East Cobb 34 years ago. Today we serve over 15,000 residents. We work hard to be the best in the business and have the highest ratings compared to our competition on all the customer satisfaction-rating services. www.customdisposal.com.



For the past 26 years, the EAST COBBER has provided East Cobb County residents with a timely and easy-to-read source of information unique to our community with the free monthly magazine, EAST COBBER. With its website, eastcobb.com and the weekly e-newsletter, EAST COBBER provides a local news feed 24/7, fun giveaways and contests. Be sure to "like" the EAST COBBER on Facebook and "follow" @eastcobb on both Twitter and Instagram. Use #EASTCOBBER to share your local East Cobb photos! The EAST COBBER seeks to build a sense of community in East Cobb County by providing a forum for residents to share opinions and information, and to provide a cost-effective advertising outlet for local businesses. The EAST COBBER is the producer of the Parade & Festival – East Cobb's only community-wide special event and the LARGEST parade in all of Cobb County!

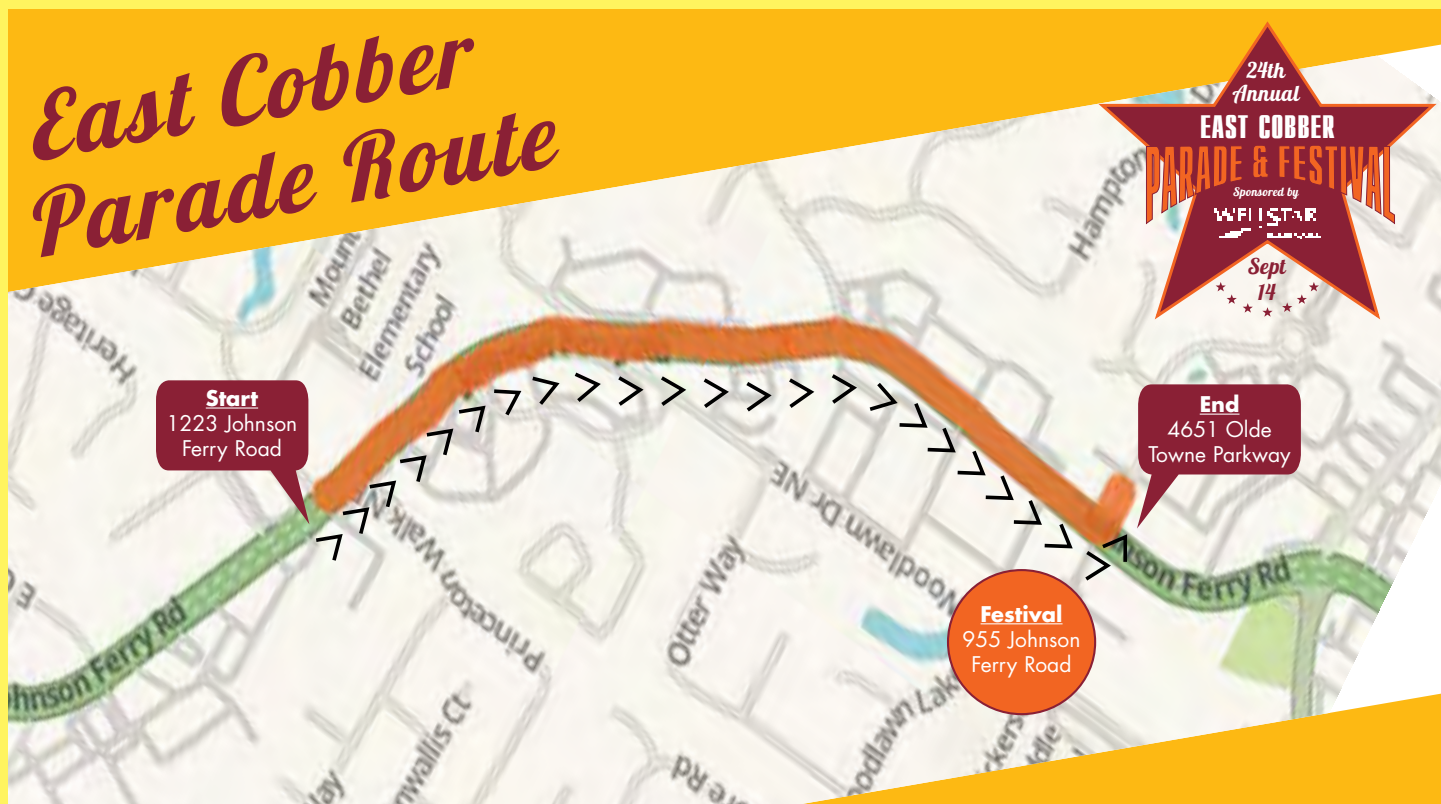


JOIN THE FUN!

24th Annual
East Cobb Parade and Festival
September 14

www.eastcobb.com/festival





Johnson Ferry Road (between Lower Roswell Road and Upper Roswell Road) will be closed from 9:45am to 11:30am to allow 2,000+ parade participants and approximately 110 entries to march in the 24th Annual EAST COBBER Parade.

The EAST COBBER Parade will start at 10am, stepping off at 1223 Johnson Ferry Road, traveling one mile south, and ending at Olde Towne Parkway in Marietta/

East Cobb. As a safety measure, the Cobb County Police Department will shut down Johnson Ferry Road – both northbound and southbound lanes – from Roswell Road to Lower Roswell Road. This stretch of Johnson Ferry Road will be closed to traffic from 9:45am to 11:30am. Princeton Lakes Drive will also be closed from 8am to 10:30am. Woodlawn Road will not be closed – but traffic will be affected.

Cobb County Department of Transportation will be setting up road detours at the intersections of Indian Hills Parkway & Roswell Road and Indian Hills Parkway & Lower Roswell Road. Road detours will also be set up at the intersections of Timber Ridge Road & Roswell Road and Timber Ridge Road & Lower Roswell Road. 🚗

Meet Your Future Clients, Customers and Business Associates

Transforming East Cobb by developing business leaders through Networking and Education with an emphasis on Community.

The ECBA meets monthly at Olde Towne Athletic Club, 4950 Olde Towne Parkway, Marietta at 11:30am for lunch, networking and a great speaker.

Invite a guest to join you.

For more information visit www.EastCobbBA.com



Road Closure Reminder

On Saturday, September 14, Johnson Ferry Road —Northbound & Southbound lanes—between Lower Roswell Road & Upper Roswell Road will be closed to traffic 9:45am to 11:30am for the 24th annual EAST COBBER Parade. Woodlawn Road will not be closed, but traffic will be affected. Princeton Lakes Drive will be closed at 8am for the parade staging area, which is at Mt. Bethel Elementary School, 1210 Johnson Ferry Road. 🚗



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East Cobber Parade Participants

(in order of appearance)

Cub Scout Pack 121 – Mt. Bethel UMC

Presenting Sponsor: WellStar

LikeMike4Cobb

Commissioner Bob Ott and
former U.S. Rep Karen Handel

Cobb County Fire Department

EAST COBBER Father of the Year: Jeff Brown

Sponsor: EAST COBBER

Sharon Cooper for State House

State Sen. Kay Kirkpatrick

Mt. Bethel Elementary School

Bring It OM

School of Rock

Sun Pediatrics

Atlanta North Star Gymnastics

Wood Acres School

Honest-1 Auto Care of East Cobb

State Senator Kay Kirkpatrick

Keheley Elementary School

Girl Scouts – Azalea Service Unit

East Cobb Rotary

Joyful Noise Homeschool Band Marching Saints

Davis Elementary School

Moms Demand Action for Gun Sense in America

East Cobb Baha'i Faith

Angels Among Us Pet Rescue

Cobb Democratic Committee

Nicholson Elementary School

United Military Care

Addison Elementary School

The Georgia Ballet

East Cobb Civic Association

Peachtree Curling Club

Polar Bear Run

Johnson Ferry Baptist Church

Homeschool Support Group

Johnson Ferry Baptist Church

Cobb County Public Library System

Shallowford Falls Elementary School

East Cobb Lions Club

East Cobb Business Association

Dance Stop Company

RainAway

Nia Pediatric Dentistry and Orthodontics



Braces Braces

Boy Scouts-Pack 83

Cobb County Republican Women's Club

Sope Creek Elementary School

Girl Scouts – Sope Creek Troop 18380

Chattahoochee Plantation Women's Club

Dickerson Middle School

Walton High School

Walton High School Marching Raider Band

Walton Swim and Dive Team

Walton Junior Classical League

Timber Ridge Elementary School

Cyclebar

Cub Scout Pack 744

East Side Elementary School

Brownie Troop 18335

Chick-fil-A Woodlawn Square

Smyrna Lady Lions Cheer Team

Center for Children and Young Adults

Eastside Christian School

Cub Scout Pack 797

BP Car Care-Tirepros

Girl Scout Chattahoochee Service Unit

Sierra Club Centennial Group

Cobb County School District

Transportation Department

Gracepoint

Brumby Elementary School

East Cobb Robotics

GEICO

Cub Scout Pack 795

All Four Seasons Garage Doors

Committee for Cityhood in East Cobb

Sterling Estates

Twilight Twirlers of Marietta

Chestnut Ridge Christian Church

East Cobb Middle School

Wheeler High School

Wheeler High School Marching Band

Wheeler High School Cheer

Wheeler HS Magnet Program

>>> continued on next page >>>



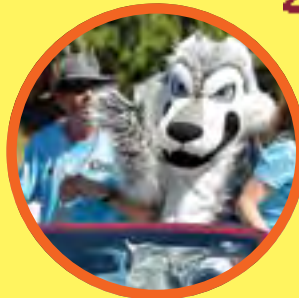
East Cobber Parade Participants

(in order of appearance)

East Cobb Cheetahs Track Club
Sedalia Park Elementary
East Marietta National Little League
Eastvalley Elementary School
Cub Scouts Pack 565
Powers Ferry Elementary School
Friends of Lucy McBath
Sope Creek Mountain Bike Team
Junior League of Cobb-Marietta
Tritt Elementary School
Cub Scout Pack 770
East Cobb Orthodontics
Dodgen Middle School
East Cobb Rugby Club
Mountain View Elementary School
Girl Scout Troop 191322
Murdock Elementary School



Pope High School
Pope High School Marching Band
HighTower Trail Middle School
Stacey Wyatt – Real Estate
Girl Scouts – Redbud Service Unit
Roswell Dance Theater/Tolbert Yilmaz
School of Dance
JJ Daniell Middle School
Technical Assistance Collaborative
Greene for Congress
ROMEOS
Sprayberry High School Foundation
Mabry Middle School
Club Pilates – Merchants Walk
Literacy is Fun, Too
Avalon Restoration
White Tiger Martial Arts



EAST COBBER Parade & Festival Saturday, September 14, 2019

- **Parade Route:** The EAST COBBER Parade will step off at 10am, starting at 1223 Johnson Ferry Road, travel 1 mile south ending at Olde Towne Parkway in Marietta/East Cobb 30068. **Festival Site:** The EAST COBBER Festival will be in the south parking lot of Johnson Ferry Baptist Church, immediately following the EAST COBBER Parade. From 11am-3pm, the admission-free Festival will feature arts and crafts, local businesses, food concessions, carnival games, and an entertainment stage. **More Info:** 770-640-7070 or eastcobber.com/parade

East Cobber Festival Exhibitors

(in alphabetical order)



All Things Lovely
An Organized Quilt
Atlanta Contemporary Chinese Academy
Berkshire Hathaway HomeServices
Braces Braces
Branches of Christ - You Are Loved 3:16
Brilliant Coworking
Burton Dental Care
Cactus Car Wash
CAP Enterprise
Chalk Couture
Cheek Dental
Cheever Family Agency of
Farmers Insurance
Club Pilates
Cobb 4 Transit
Cobb County Republican Party
Code Ninjas East Cobb
Committee for Cityhood in East Cobb
Committee to Elect Luisa Wakeman
Credit Union of Georgia
Cresco Montessori School
Cutco Cutlery
CycleBar East Cobb
Delta Community Credit Union
East Cobb Business Association
EAST COBBER
Edward Jones
European Wax Center
Explore Chiropractic
Farmers Insurance - Cardwell Agency
Funds 4 Furry Friends
Gail Heller/Author
Garden School (The)
Girl Scouts of Greater Atlanta
Gutter Glove South and Home Renovations
HiHo Vacations
Homes with Soule - Keller Williams



Insur'd
Kid Chess
Kidz2leaders
LikeMike4Cobb
Madison O'Brien Art
Moms Demand Action
Morton Aesthetic and Implant Dentistry
Mount Bethel Christian Academy
Nancy's Vintage Shop
Nia Pediatric Dentistry
Pinnacle Home Improvements
PixieLane Eldar
Rapid Results Personal Training
Refuge Dance Academy
Rep. Sharon Cooper
Shaping Minds
Sierra Club Centennial Group
Spanish in Atlanta
SPENGA
Springfree Trampoline
Tiger Tots
TowelChic
Valentino de Francesco
Vitality Family Chiropractic
WellStar
Wheeler Band Booster Club
White Tiger Martial Arts
Wood Acres School
Your CBD Store

Food Vendors

Clean Juice
Duck Donuts
Exclusive Party Central
Granny's Cakes & Bakes
Hankins Roast Corn Food Cart
Kona Ice
Mumma's Italian Ice
Subzero Nitrogen Ice Cream

**Carnival Games, Giant Slides,
Moonwalk & More Fun Stuff!**
Presented by O'Brien Productions



East Cobber Festival Entertainment Schedule

11 – 11:15am

NATIONAL ANTHEM

Performed by Kennesaw State University student
Laurel Buchanan

11:20 – 11:35am

MAD MISSION

Local high energy cover band that plays classic rock
and roll songs

11:40 – 11:50am

SHALLOWFORD FALLS FOX TROTTERS

Shallowford Falls elementary students perform
a high energy dance routine

11:55am – 12:05pm

RITHU HEGDE

Rithu will perform her original songs

12:10 – 12:40pm

DANCE STOP COMPANY

Showcase of ballet, jazz,
and tap performances

12:45 – 1pm

AMATIELLE SILVA

Gospel singer showcasing
several of her songs



1:05 – 1:30pm

REFUGE DANCE COMPANY

Ballet and contemporary dance performance

1:35 – 1:45pm

SENRIA NATH

13-year-old singer performing several pop songs

1:50 – 2:30pm

GOOD OLE MUSIC

Bob Ellis will play his guitar and sing songs from the
70s and 80s

2:35 – 2:50pm

PRODIGY PERFORMING ARTS

Jazz and tap dance performances by kids
ages 5-12 years old



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Clutch	⚙️	⚙️	⚙️
Differential	⚙️	⚙️	⚙️
Transfer Case	⚙️	⚙️	⚙️
Axle Drive Shaft	⚙️	⚙️	⚙️

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2019 September

COMMUNITY CALENDAR

Free Mulch. Cobb EMC offers free mulch from the clearance maintenance of Cobb EMC power lines. It is available throughout the year and can be delivered when crews are in your area. More info: cobbemc.com/content/request-wood-chips.

EVERY THURSDAY

Brown Bag Concerts. Grab a lunch from around the square or bring your own and enjoy a concert in Glover Park. Noon. Free. Glover Park at Historic Marietta Square, 50 N. Park Square, Marietta. More info: www.mariettaga.gov/193/Brown-Bag-Concerts.

THROUGH NOVEMBER 2

Sports Memorabilia Exhibit. The "An American Sports Empire" is a special exhibit highlighting the private collection of sports memorabilia showcasing A.G. Spalding, his company and early American sports' history. Monday-Saturday: 10am-4pm. \$7/Adults; \$5/Students & Seniors; Free/Active Military, Members & Children under 5. Marietta Museum of History, 1 Depot Street, Marietta. More info: www.mariettahistory.org.

SEPTEMBER 5

The Civil War Round Table of Cobb County. Nationally known published historians come to entertain and educate about various Civil War events. 7pm. First meeting is free. Hilton Marietta Hotel & Conference Center, 500 Powder Springs Street, Marietta. More info: www.cobbcwrt.org or cobbcivilwarrt@gmail.com.

SEPTEMBER 5-7

Lil' Lambs Closet Consignment Sale. Proceeds go to benefit church ministries and community missions. Thursday: \$5 Public preview: 2-8pm; Friday: 9am-7pm; Saturday: 9am-1pm. Many items half off on Saturday. First United Methodist Church of Marietta, 56 Whitlock Avenue, Marietta. Childcare available with reservations. More info: 770-429-7800 ext. 7805 or www.lil-lambs.org.

SEPTEMBER 6

Marietta Square Art Walk. A self-guided tour of historic Marietta Square's eclectic art scene. Art galleries, museums, cultural venues, restaurants and boutiques hosting artists within their businesses will display an Art Walk banner in their window. 5-9pm, rain or shine. Free. Maps available at each participating location and at the Marietta Welcome Center, 4 Depot Street NE, Marietta. More info: www.ArtWalkMarietta.com.

SEPTEMBER 6 & 7

East Cobb's Finest Kids Consignment Sale. Friday: 9am-6pm; Saturday: 9am-12pm. Everything 30% off on Saturday. The Episcopal Church of St. Peter-Paul, 1795 Johnson Ferry Road, Marietta. More info: 770-977-7473 or www.spspkids.com.



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Edward Jones

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12:30 and 5:30 pm

At:
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(At Post Oak Trill and Sandy Plains Rd.
behind Bank of America)
Marietta, GA 30066

Please Join Us to learn more. Please call Greg Hyde at 770-779-8952 by Thursday September 26th

FALL'S A GREAT TIME TO VISIT!



SEPTEMBER 8
SUNDAYS ON THE RIVER
with Shemekia Copeland



SEPTEMBER 12
SUNSET SIPS
with Lauren Sainte Jane



SEPTEMBER 15
BACK TO YOUR ROOTS
Farm Fair



SEPTEMBER 26
SUNSET SIPS
with Wes Yoakam



OCTOBER 13
HARVEST ON THE HOOCH



OCTOBER 25-26
HALLOWEEN HIKES

<< SCREAMING EAGLE ZIPLINE TOURS | YEAR-ROUND >>



COMMUNITY CALENDAR

SEPTEMBER 6-8

Smoke on the Mountain. Tells the story of a Saturday Night Gospel Sing at a country church in North Carolina's Smoky Mountains in 1938. The show features two dozen rousing bluegrass songs played and sung by the Sanders Family, a traveling group making its return to performing after a five-year hiatus. Friday: 8pm; Saturday: 3pm & 8pm; Sunday: 3pm. \$20-\$50. Earl and Rachel Smith Strand Theatre, 117 North Park Square, Marietta. More info: earlsmithstrand.org. More info/tickets: earlsmithstrand.org.

SEPTEMBER 7

Farm Tour in Historic Roswell. Following normal market hours, Farmer Maxwell, will give a 45-minute tour of the garden as well as the greenhouse and compost area. 12:15-1pm. \$5. Martin's Garden at Coleman Farms, 410 Coleman Road, Roswell. More info/tickets: www.martinsgardenacf.com.

Hummingbird Banding presented by Smith-Gilbert Gardens (SGG). SGG has teamed up with Birdwatcher Supply to catch and band hummers! Once the birds have been banded they will sit on your hand for a second or two before flying away. Live demonstrations, crafts, games and a memorable experience. No on-site parking; shuttles run from Adams Park. 8-11am. Members: Free. Advance: \$10/Adults; \$8/Seniors; \$5/Children 3-17 & Military; Free/Children 2 and under. Day of admission: \$15/Adults; \$13/Seniors; \$10/Children 3-17 & Military. Smith Gilbert Gardens, 2382 Pine Mountain Road, Kennesaw. More info: 770-919-0248 or smithgilbertgardens.com.

Truck-A-Palooza. A fun, and family-friendly and educational event. Police cars, SWAT trucks, fire engines, dump trucks, military vehicles, heavy construction vehicles and more. 10am-3:30pm. \$5/person; \$20/maximum per family. Town Center Mall (Lower parking lot by Sears), 400 Ernest W Barrett Parkway, Kennesaw. More info: www.cobbcounty.org/public-safety/safety-village/news/truck-palooza-2019.

SEPTEMBER 8

Sunday Funday presented by Wellstar East Cobb Health Park. A fun afternoon in the Park with live music performed by Loose Shoes. The YMCA will also be present with fun activities for the whole family, including yoga and Zumba classes, Soccer clinics, and kids arts and crafts. 4-6pm. Free. East Cobb Park, 3322 Roswell Road, Marietta/East Cobb. More info: www.eastcobbpark.org.

Sundays on the River Concert featuring Shemekia Copeland. Bring a picnic basket and enjoy the last concert of the summer. Cash bar available, no outside alcoholic beverages permitted. 7-9pm. Advanced tickets: \$16/lawn seating; \$20/table seating. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info/tickets: www.chattnaturecenter.org.

SEPTEMBER 9

7th Annual M.U.S.T. Charity Golf Tournament. Fun-filled day of golf and prizes raises funds to help neighbors in need. 2 Flights: Morning registration 7am, Shotgun start 8am; Afternoon registration: 11:30am, Shotgun start: 1:30pm. \$225/person, \$800/foursome. Pinetree Country Club, 3400 McCollum Parkway NW, Kennesaw. More info: Angie Bolton abolton@mustministries.org or mustministries.org/golf.

First Monday Breakfast presented by Cobb Chamber of Commerce. Guest speaker Atlanta Mayor Keisha Lance Bottoms. 7:30-9am. General admission: \$60; Members: \$35 online. Cobb Galleria Centre, Two Galleria Parkway, Atlanta. More info: 770-980-2000 or cobbchamber.org.

Probe College Fair. Hundreds of colleges from across the nation exhibit to reach thousands of Georgia high school juniors and seniors. 6pm. Free. Marietta High School, 1171 Whitlock Avenue, Marietta. More info: www.gaprobe.org.

SEPTEMBER 12 & 14

Wright Environmental Education Center Self-Guided Tour. Open to the public, guests are free to walk the trails and enjoy self-guided tours. 9am-1pm. Free. Wright Center, 2661 Johnson Ferry Road, Marietta/East Cobb. More info: judybeard1@gmail.com.

SEPTEMBER 12 & 26

Chattahoochee Sunset Sips. Enjoy a night out with families and friends for a fabulous concert. Bring a picnic and grab a beverage or snack (beer and wine available for purchase). This is a laid back, family friendly series and CNC's grounds are open for you to explore. 7-9:30pm. Free/members: \$10/adults; \$7/seniors and students ages 13-18; \$6/ages 3-12. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or chattnaturecenter.org.

SEPTEMBER 12-15, 18-22 & 25-29

Cat on a Hot Tin Roof presented by Georgia Ensemble Theatre. In this Pulitzer Prize-winning drama, a wealthy Southern family faces a shattering revelation in one night that will strip all pretense away from their lives. It's the ultimate American portrait of a dysfunctional family. Times vary by date see website for showtimes. \$29-\$53. Roswell Cultural Arts Center, 950 Forrest Street, Roswell. More info/tickets: www.get.org.

SEPTEMBER 13

Smoke N Guns Charity Boxing Event. This entertaining, action-packed evening will feature Cobb County police officers versus firefighters. The event is sanctioned by the USA Boxing Association. Doors open at 6pm. \$23. Coca-Cola Roxy at The Battery, 800 Battery Avenue, Suite 500, Atlanta. Tickets: www.ticketmaster.com. More info: www.cocacolaroxy.com.

SEPTEMBER 13 & 14

KinderMart Children's Consignment Sale benefits Smyrna FUMC Preschool/Kindergarten. Friday: 9:30am-7pm, no strollers before 11am; Saturday: 9am-12pm. Many items 1/2 price on Saturday. Smyrna First United Methodist Church, 1315 Concord Road, Smyrna. More info: www.kindermartsale.com.

Roswell United Methodist Church Preschool and Kindergarten (RUMCK) Children's Consignment Sale. Friday: 9am-2pm, no strollers before noon; Saturday: 8am-12pm. Roswell United Methodist Church, 814 Mimosa Boulevard, Building B, Roswell. More info: 770-853-2333 or www.rumc.com/rumck-consignment-sale.

SEPTEMBER 13-15, 20-22 & 26-29

12 Angry Jurors. A 19-year-old man has just stood trial for the fatal stabbing of his father. It looks like an open-and-shut case—until one of the jurors begins opening the others' eyes to the facts. the murder is re-enacted and a new murder threat is born before their eyes. Tempers get short, arguments grow heated, and the jurors become angry. Thursday-Saturday: 8pm; Sunday: 3pm. \$19-\$22. Act 3 Productions, 6285-R Roswell Road, Sandy Springs. More info: www.act3productions.org or 770-241-1905.

SEPTEMBER 13-15, 20-22, 27-29 & OCTOBER 4-6

In The Heights. In this Tony award-winning musical, encounter the many colorful residents of Washington Heights — a New York City neighborhood on the brink of change. Friday-Saturday: 7:30pm; Sunday: 2:30pm. \$30-\$40. Marietta's New Theatre in the Square, 11 Whitlock Avenue, Marietta. More info/tickets: www.theatreinthesquare.net or 770-426-4800.

SEPTEMBER 14

24th Annual EAST COBBER Parade & Festival. Come see the largest parade in Cobb County! Bring a bag to grab all the candy thrown by parade participants. Entertainment, food and fun activities for the whole family. Free. The EAST COBBER Parade begins at 10am. EAST COBBER Festival immediately follows the parade 11am-3pm: Johnson Ferry Baptist Church, 955 Johnson Ferry Road in Marietta/East Cobb. More info: 770-640-7070 or eastcobber.com.



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COMMUNITY CALENDAR

SEPTEMBER 14

Bourbon Tasting & BBQ. Join H.A.S. (Helping Athletes Score) Foundation in raising money to provide need-based scholarships to young athletes to participate in recreational team sports in our community. An evening of bourbon, live music, and a silent auction. 6:30pm. \$80/with bourbon tasting; \$60/without bourbon tasting. DemestiPark, 3550 Knight Road, Marietta. More info/tickets: hasfoundation.org.

Real Men Sing is a one-day a cappella vocal harmony clinic for middle and high school young men. The event is sponsored by the Big Chicken Chorus. The Clinic begins at 1pm. \$5 includes dinner, t-shirt, education and music scores. The day concludes with a free concert open to the community. Marietta Performing Arts Center, 1171 Whitlock Avenue, Marietta. More info: bigchickenchorus.org.

SEPTEMBER 14-21

Cobb County Restaurant Week. Local restaurants celebrate their culinary talents, cuisine and atmospheres. 3-course prix fixe lunch/dinner menus: \$15-35. Reservations are accepted and encouraged. See participating restaurants and details at travelcobb.org/cobb-county-restaurants/cobb-restaurant-week.

SEPTEMBER 15

Family Fun Day: Back to Your Roots Farm Fair. Meet live farm animals and real farmers, learn about local food, explore harvesting, and so much more. Unity Garden Guided Hike to see herbs, veggies, and greens growing during the harvest season. 12-4pm. Admission: Free/members; \$10/adults; \$7/seniors and students ages 13-18; \$6/ages 3-12. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770- 992-2055 or chattnaturecenter.org.

Family Safety Day. Join Revved Up Kids for a two-hour personal safety/self-defense workshops for K-5th grade, and a host of other resources and activities. The workshops will teach participants to recognize unsafe people, avoid dangerous situations, and escape attackers. Full force self-defense tactics practice is included. All participants must be accompanied by parent or responsible adult chaperone. 1-3pm. \$30/child; parents attend free. McCleskey/East Cobb YMCA, 1055 E. Piedmont Road, Marietta/East Cobb. More info: www.revvedupkids.org.

SEPTEMBER 16

Cops & Kids Golf Tournament benefits Fraternal Order of the Police's Cops & Kids Christmas events in December and to help with paying reduced lunch fees that parents can't afford. Day includes green fees, cart, breakfast, lunch, awards & swag bag. 8am-4pm; Registration: 7am. \$125/individual; \$500/foursome. Governors Towne Golf Club, 4200 Governors Towne Club Drive, Acworth. More info: birdeasepro.com/copsandkids2019.

SEPTEMBER 17-19

Divine Children's Show Boutique Overstock and Consignment Sale. Preview show Tuesday: 1-8pm, for volunteers, consignors, and new moms; New moms need to register online for Tuesday preview. Wednesday: 9:30am-9pm; Thursday: 9:30am-1pm. The Mansour Center, 995 Roswell Street, Marietta. More info: www.dcskids.com or divineconsignshowatlanta@yahoo.com.

Women Composers Concert presented by the Cobb Wind Symphony. 3pm. Free, donations accepted. Lassiter Concert Hall, 2601 Shallowford Road, Marietta/East Cobb. More info: cobbwindsymphony@yahoo.com.

SEPTEMBER 19-29

North Georgia State Fair. Metro Atlanta's largest fair. Enjoy rides, live music, and farm animals. Monday-Thursday: 4-11pm; Friday: 4pm-midnight; Saturday: 10am-midnight; Sunday: 12:30-10pm. \$5/advance before 9/19; \$7/gate; free/under 10; \$5/parking. Jim Miller Park, 2245 Callaway Road, Marietta. More info: northgeorgiastatefair.com or call 770-528- 8989.



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SEPTEMBER 20-22

Love Fear Loss presented by the Atlanta Ballet. Inspired by the poignant personal life of French singer Édith Piaf and her music, Love Fear Loss follows the love story of the late songstress through her classic works. Friday: 8pm; Saturday: 2pm & 8pm; Sunday: 2pm. \$22-\$127. Cobb Energy Performing Arts Center, 2800 Cobb Galleria Parkway, Atlanta. More info/tickets: www.cobbenergycentre.com or 770-916-2800.

SEPTEMBER 21

Artillery Demonstrations. Artillerists explain the steps of firing a cannon by detailing the role of each person working the cannon. Afterwards, the process is performed in real time and the cannon is fired. 11am, 12 noon, 2pm & 3pm. Free. Kennesaw Mountain National Battlefield Park, 900 Kennesaw Mountain Drive, Kennesaw. More info: www.nps.gov/kemo/index.htm.

Museum Day. Free Admission to Museums for Smithsonian magazine's Museum Day. Tickets available for download. Hours vary. Free. More info on participating museums/tickets: www.smithsonianmag.com/museumday/museum-day-2019.

Pop-In for Family Fun at the Marietta Museum of History. Crafts and activities will be provided to create a fun learning environment that explores different topics of history with a local focus. This month's theme is Fall Crafts. 10:30am-3:30pm. \$5/person; \$20/family cap. Marietta Museum of History, 1 Depot Street, Marietta. More info: 770-794-5710 or www.mariettahistory.org.

SEPTEMBER 21 & 22

53rd Annual Roswell Arts Festival presented by the Roswell Recreation Association. Come out and enjoy artists and craftsmen from across the Southeast, local singers, children's painting, sand art, and food vendors. Saturday and Sunday: 10am-5pm. Free. Historic Roswell Town Square, 610 Atlanta Street, Roswell. More info: 770-640-3253 or roswellartsfestival.com.

Marietta Grassroots Music Festival. A music festival hosting bands from across metro Atlanta to showcase local talent. Saturday: 3-9pm. Sunday: 1-5pm. Free. Marietta Square, 50 N. Park Square, Marietta. More info: mariettagrassroots.org.

Marietta Streetfest presented by The Marietta Museum of History. Free activities for the whole family. Artisans, antique dealers, bands and soloists, children's zone and the popular Hubcaps and History Classic Car Show (Saturday only). Saturday: 9am-9pm. Sunday: 11am-5pm. Free. Marietta Square, 50 N. Park Square, Marietta. More info: www.mariettastreetfest.com.

SEPTEMBER 22

Guided Mountaintop Hike. Ranger-led hike to the top of Big Kennesaw Mountain. The hike will focus on local and Civil War history, as well some of the ecology of the area. 2:30-4pm. Free. Kennesaw Mountain National Battlefield Park, 900 Kennesaw Mountain Drive, Kennesaw. More info: www.nps.gov/kemo/index.htm.

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COMMUNITY CALENDAR

SEPTEMBER 23

Tee It Up for Make-A-Wish Georgia Charity Golf Outing hosted by J. Christopher's and Reveille. Registration includes golf, food and drinks. 11:30am Shotgun start. \$175/person or \$600/foursome. Indian Hills Country Club, 4001 Clubland Drive, Marietta/East Cobb. More info: Taylor.tboltz@jchristophers.com or www.jchristophers.com/charitygolf.

SEPTEMBER 24

Greater Atlanta Business Expo. Bankers, realtors, insurance, tech, HR, benefits, payroll, merchant processing, mortgage, health related, wireless, legal, security, home remodel, direct sales, financial, automotive, promo items, business services and more. 4-8:30pm. Free/General Admission by September 20; \$22.85/day of event. Cobb County Civic Center, 548 South Marietta Parkway SE, Marietta. More info/tickets: www.eventbrite.com/e/greater-atlanta-business-expo-sept-24-2019-tickets-60574399660.

SEPTEMBER 27

Craft Beer Festival. Fundraiser offers a collection of beers crafted with hops, fruit, and herbs grown in the historic Root House Garden. Crafted by Marietta's Red Hare Brewing Company, this limited release of beers will only be available during this special beer tasting. The first 100 tickets sold will receive a commemorative beer glass. Attendees will receive six 6 oz. drink tickets. Complimentary food samples provided by local restaurants will be available. Space is limited! Must be 21 or older to sample beers. 6:30-9:30pm. \$35/advance; \$40/if available at the door. William Root House Museum & Garden, 80 N. Marietta Parkway, Marietta. More info/tickets: www.roothousemuseum.com/beer.

Glover Park Concert Series featuring Men in Blues. 8pm (rain or shine). Free. Only blankets and lawn chairs are allowed inside of Glover Park. Tables may be reserved. \$55 for six and \$65 for eight. Glover Park, 50 North Park Square, Marietta. More info: 770-794-5601 or mariettaga.gov.

SEPTEMBER 27 & 28

Fall Native Plant Sale. Horticulturists and Master Gardeners will be on site to answer all your plant questions. Purchase beauty berries, azaleas, hazelnuts, buckeyes, ferns, foamflowers, groundcovers, evergreens, and a variety of butterfly-attractors in full bloom plus veggies for your winter harvest. 10am-5pm. Admission is free to the horticulture area, at the Chattahoochee Nature Center Greenhouse. More info: 770-992- 2055 or chattnaturecenter.org.

SEPTEMBER 27-29

36th Annual Fall Atlanta Home Show. Seminars and exhibits on flooring, siding, patios, appliances, and other home improvement subjects. Friday is Free for active military personnel, veterans, police, fire and first responders, educators and school employees with valid ID presented at the box office. Friday: 10am-6pm (Free for educators and school employees with valid ID); Saturday: 10am-8pm; Sunday: 11am-5pm. \$8/advance; \$10/at the door; free/seniors (65 & older) & children (12 & under). Cobb Galleria Centre, Two Galleria Parkway, Atlanta. More info: 770-998-9800 or fallatlantahomeshow.com.

Little Shoppe of Monsterama. An Atlanta convention that celebrates the fantastic in film, literature and art. Performances, demonstrations, gaming, exhibits and much more. Tickets: \$45/weekend online. Marriott Alpharetta, 5750 Windward Parkway. More info: monsteramacon.com.

SEPTEMBER 29

Sunday Funday presented by Wellstar East Cobb Health Park. A fun afternoon in the park with live music performed by Men in Blues. Bring a picnic and enjoy live music. 4-6pm. Free. East Cobb Park, 3322 Roswell Road, Marietta/East Cobb. More info: www.eastcobbpark.org.

SEPTEMBER 30 - OCTOBER 6

60th Annual Atlanta AAUW Book Fair presented by American Association of University of Women, (AAUW). Over 75,000 gently used books at bargain prices. Profits are used for scholarships, fellowships and community programs. Special opening night, Monday: 6-9pm. (\$10). Open daily starting Tuesday: 10am-9pm; Sunday: 12noon-7pm. Perimeter Mall, 4400 Ashford Dunwoody Road, Atlanta. More info: bookfairaauw@gmail.com or bookfairaauw.org.

OCTOBER 1

East Cobb Business Association (ECBA) Expo & Networking Event. A great networking event for both members and non-members. A valuable venue for local companies to promote and showcase their business. Drawings, giveaways, free food and much more. 4:30-7:30pm. Free. Olde Towne Athletic Club, 4950 Olde Towne Parkway. To register visit eastcobbba.com. More info: 770-578-3555.

OCTOBER 3

7th Annual Strand Golf Classic benefits The Earl and Rachel Smith Strand Theatre. Check-in: 9am; Shotgun start: 10am. Foursomes: \$750. City Club of Marietta Golf Course, 510 Powder Springs Street, Marietta. More info: earlsmithstrand.org or 770-293-0080.



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OCTOBER 4-6

Whose Wives Are They Anyway? A hilarious farce set in a New England Country Club, follows two executives who, expecting to spend a weekend away golfing, instead find their new boss -- and she's not happy. Trying to keep in her good graces, the two men find themselves in a comically tangled mess of crossed wires and mistaken identity. Friday: 8pm; Saturday: 3pm & 8pm; Sunday: 3pm. \$20-\$50. Earl and Rachel Smith Strand Theatre, 117 North Park Square, Marietta. More info: earlsmithstrand.org. More info/tickets: earlsmithstrand.org.

OCTOBER 5

11th Annual Oktoberfest presented by Holy Trinity Lutheran Church. Festival includes German food, music, and heritage, children's games and entertainment, and a craft vendor fair. 10am-6pm. \$5/adult, \$2/children or to support MUST Ministry Food Pantry admission is 6 cans of nonperishable food for each adult admission and 2 cans for children ages 2-12. Holy Trinity Lutheran Church, 2922 Sandy Plains Road, Marietta/East Cobb. More info: 770-971-4600 or holylutheranmarietta.org.

OCTOBER 5

Farm Tour in Historic Roswell. Following normal market hours, Farmer Maxwell, will give a 45-minute tour of the garden as well as the greenhouse and compost area. 12:15-1pm. \$5. Martin's Garden at Coleman Farms, 410 Coleman Road, Roswell. More info/tickets: www.martinsgardenacf.com.

Get Your Event Listed

We'll need: event name, date, description, ticket prices, times/hours, site address, phone number, email, and web address. The deadline for the Community Calendar is the 15th of the month prior to the next issue. Email your info to: calendar@eastcobb.com. Be sure to include any related photos and/or posters.



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Public Safety Appreciation Committee

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LOCAL BUSINESS & COMMUNITY LEADERS RAISING FUNDS FOR EAST COBB PUBLIC SAFETY CELEBRATIONS

For the seventh year in a row, local business and community leaders are spearheading efforts to raise funds for two special appreciation events for local public safety professionals. The first celebration is to be held this October to thank Precinct 4 police officers for all they do to keep our community safe. This event will coincide with Cobb County Chamber of Commerce's Public Safety Appreciation Week, and with the support of local businesses, organizations and individuals has now become an annual event. The second event will take place in Spring 2020 when the public safety appreciation committee will host the Cobb County Fire Department's annual awards banquet.

"Both events take place right here in East Cobb and we are confident that our community will once again rise to the challenge and provide the financial support needed to make these appreciation celebrations very meaningful for these special heroes. Fundraising was very successful last year, however, there is still a need to raise additional funds to ensure both events' continued success," says Susan Hampton, co-chair of the East Cobb Public Safety Celebrations committee. "We are so grateful for the outpouring of support shown year after year from our community, and we are honored to partner with the newly formed Cobb County Public Safety Foundation. We also appreciate the continued support of co-host sponsors, the East Cobb Business Association and the Cobb Chamber's East Cobb Area Council," says committee co-chair Kim Paris. Local businesses as well as families, schools and civic groups are encouraged to make donations to this worthy cause. See the facing page for details on donation levels and sponsorship opportunities.

For more information on the public safety celebrations call Susan Hampton at 404-218-6216 or Kim Paris at 770-367-0609. 📞



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East Cobb Public Safety Appreciation Celebration 2019 Donation Form

The East Cobb Community Comes Together to Celebrate Our Police Officers and Fire Fighters!

Show your appreciation for our HEROES! Please help us thank the men and women of our East Cobb Police and Fire Departments by supporting our annual appreciation celebration to honor the Precinct 4 officers, support team and spouses; and the Cobb County Fire Department's annual awards banquet.

Sponsor Levels

Presenting Sponsor: \$2500

- Signage and recognition at both Police and Fire events, and recognition at ECBA and EC Area Council Chamber events; provide sponsor remarks and 2 representatives at both events

Platinum Sponsor: \$1000

- Signage and recognition at both Police and Fire events and ECBA and East Cobb Area Council Chamber events; 2 representatives at both the Police event and at the Firefighter's banquet

Gold Sponsor: \$500

- Signage and recognition at both events; and 2 representatives at the Police event or the Firefighter's banquet

Silver Sponsor: \$250

- Signage recognition at both the Police and Firefighter events

Thank A Hero: \$25, \$50, \$100

- Name listed on event program

Important Information:

Please make checks payable to **"CCPSF, Inc."**, (Cobb County Public Safety Foundation, Inc.), a 501 (c) (3) corporation. Please include "Public Safety Celebration" in the memo line. Donations are non-refundable, non-transferable and are tax-deductible to the extent allowed by law. (Tax ID # 83-1679641)

Please mail this donation form along with your check to:

CCPSF - Public Safety Celebration

C/O: ECBA

P.O. Box 70814

Marietta, GA 30007

Note: You may also make your donation online at

www.ccpsf.org

(use "in honor of" area to designate "Public Safety Celebration")

Donor Name(s) _____ Donation Amount \$ _____

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For more information please contact: susan.hampton6116@gmail.com or 404.218.6216

PET OF THE MONTH: RUBY

Submitted by Kathryn Muraoka



Breed: Cavalier King Charles Spaniel

Age/Gender: 7 years young, female

Favorite food: Treats from my Bark Box subscription

Favorite person: No contest, Dad!

Best trick: Waiting by the treat cabinet until someone notices how sweet I am and gives me a treat

Turn ons: Snuggling with my family, watching out the window for suspicious activities, and belly rubs

Turn offs: the Vet

Favorite toy: I have a whole toy bin of special toys, but I would still rather snuggle.

Last seen: Loyally following my Daddy around

What makes pet special: I make every member of the family feel extra special and loved.

Should Your Pet Be Our Pet of the Month?

Fill out the information on your pet and send it to:

EAST COBBER, P.O. Box 680455, Marietta, GA 30068.

Please include a picture with your entry. Or email description and a jpg to: petomonth@eastcobber.com

Pet's Name: _____

Animal/Breed: _____

Age & Gender: _____

Favorite Food: _____

Favorite Person: _____

Best Trick: _____

Turn Ons: _____

Turn Offs: _____

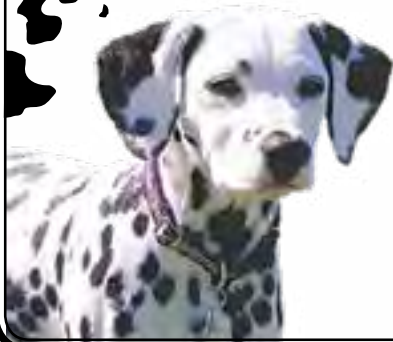
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Last Seen: _____

What makes your pet so special: _____

Owner's Name: _____

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LOCAL CHURCH TO HOLD 12TH ANNUAL BLESSING OF THE ANIMALS




"Who let the dogs out?" As well as cats, rabbits and other four-legged friends? Pets. They are our faithful friends and our loyal companions providing a never-ending source of joy so why not celebrate them with a paw-inspiring blessing?

"Blessing of the animals" ceremonies are traditionally held near October 4th to coincide with the Feast Day of St. Francis of Assisi, the Patron Saint of Animals. The Lutheran Church of the Incarnation in Marietta/East Cobb welcomes any and all to their 12th Annual Blessing of the Animals on Saturday, October 5th, at 10am on the church grounds.

Reverend Jin Hwang started officiating this endeavor years ago and it has become a popular, anticipated event in East Cobb. He has blessed dogs, cats, rabbits, horses, even a turtle brought by a little girl whose mother owned the turtle before she was born. Parishioner Diana Roth Binger said that is what makes this event so wonderful, "this special service is not just for the church... it's a nice way to bring the community together and to see the connection between families and their beloved pets."

The pets may have no idea what is going on, especially when the excitement of greeting other breeds takes precedence. Most animals seem happy to be there with their families and meeting new faces and fur. Diana reiterated that, "We take care of all creature comforts and any and all are welcome to come!" There will be treats served for all, including water bowls!

Lutheran Church of the Incarnation is located at 1200 Indian Hills Parkway in East Cobb. For more information, readers may call the church at 770-971-2738. 

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COBB RESTAURANT WEEK CELEBRATES 11 YEARS OF SWEET AND SAVORY

The 11th annual Cobb Restaurant Week returns September 14-21. This is the best time to eat your way around the county. Cobb Restaurant Week is a great opportunity to support the local dining community by exploring the newest restaurants and hitting up old favorites. Diners are invited to either call to make reservations or simply stop in to enjoy delicious meals for a steal. There are no passes to buy, coupons to carry or cards to punch. You simply attend the restaurant of your choice during Cobb Restaurant Week and select from a special three-course dinner menu, for \$15, \$25 and \$35 per person, plus tip and tax. With the social media hashtags #CobbRW2019 and #CobbFoodie, food lovers from all over Cobb County and beyond can follow and promote the culinary treats that our county has to offer. For more information about Cobb Restaurant Week, visit cobbrestaurantweek.com. 

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DINING GUIDE

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LOCAL NUTRITION COACH WRITES COOKBOOK




East Cobber Aurelie Barrial, an integrative nutrition health coach, created *Cooking For \$1* out of a bet. "What if I could prove that it is possible to cook a healthy meal for only one dollar? I could help a lot of people solve both financial and health

related issues," says Aurelie. The cookbook includes 70 recipes that cost one dollar or less per serving and tips for organizing your kitchen!

As a French citizen who has lived in seven countries, Aurelie has a lot to share regarding culinary culture around the world. Her recipes are easy, tasty, affordable, and customizable. She contends that cooking and eating healthfully can bring more joy.

This book can be a resource for many different people: people who are tired of spending their paycheck on food, people who would like to save for other projects, people who don't know where to start to cook at home, students who live on a budget, or just curious people wondering: "cooking for one dollar?"

Cooking For \$1 is available in paperback on amazon.com. 

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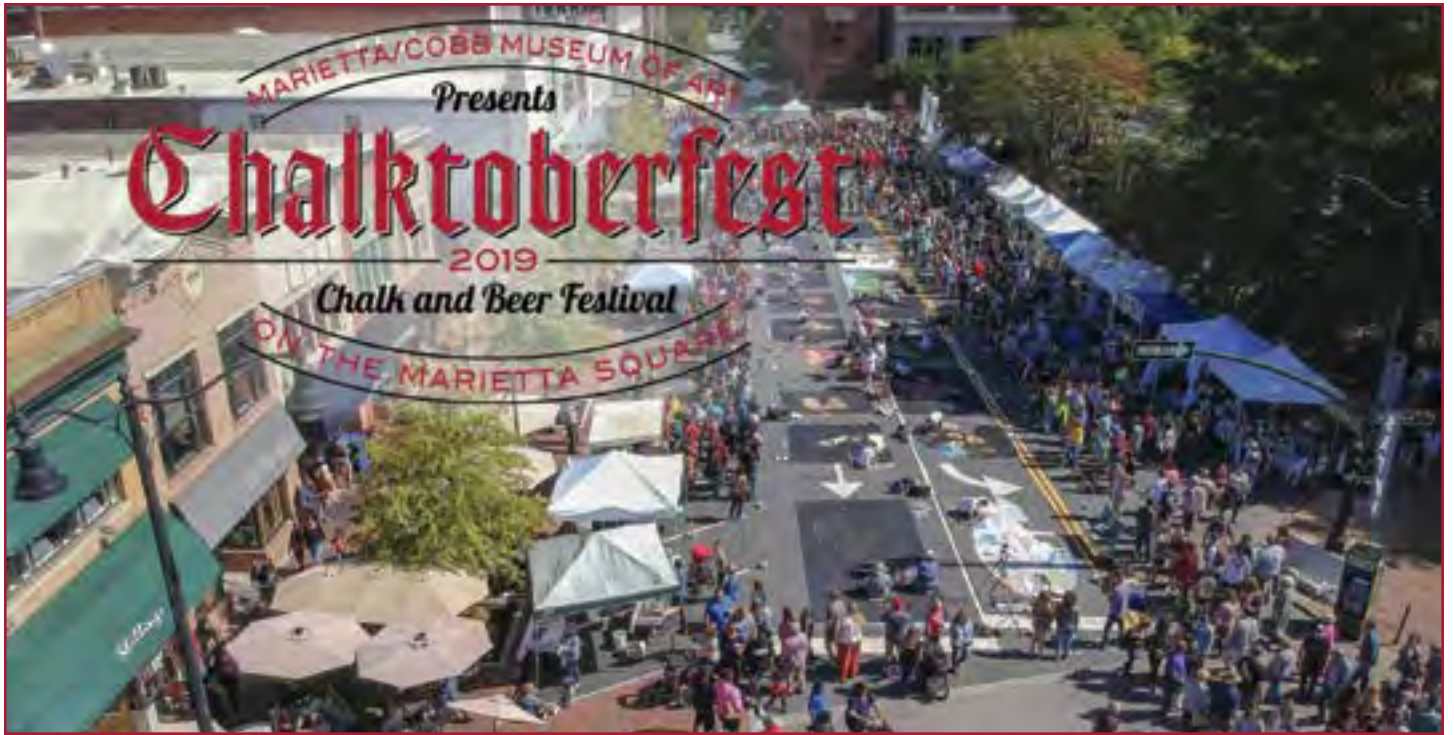


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SIP & STROLL AT CHALKTOBERFEST 2019



Walking down the painted streets of Sarasota, Florida, she was fascinated by the amount of talent exhibited at the City's Chalk Festival. Executive Director of the Marietta Cobb Museum of Art, Sally Macaulay, immediately knew that she had to bring that to Marietta.

Chalktoberfest, founded in 2013 was originally called Marietta Chalk Fest and featured only 40 artists. In the years since, Chalktoberfest has grown to become an international chalk art festival featuring artists from all over the world. The addition of the Craft Beer Festival and live music in 2015 only enlarged the event's audience and provided a fundraising opportunity for the Marietta Cobb Museum of Art.

This year's Chalktoberfest, held on October 12th and 13th in the Marietta Square, will see over 90 artists and also feature a Craft Beer Festival, public chalk competition, live music, arts and crafts vendors, food trucks and activities for the whole family to enjoy. The festival is free to attend has seen its popularity only grow in the short amount of time that it has been running, helping

the museum to deliver its mission of "Building Community Through Art."

Tickets to the Craft Beer Festival on Saturday are \$40 in advance and \$45 dollars the day of the festival. Last year this portion of the festival sold out so get your tickets early!

Chalktoberfest will continue the tradition this year of featuring an all-ages chalk competition on Sunday for the public and school teams. Registration for the public individual competition is \$10 - \$25 depending on age group. The cost for registration for school divisions is \$25, unless the school is Title One, for which the registration is \$20. There will also be fun children's craft activities costing \$2 for one craft or \$10 for all crafts.

The festival has drawn praise from many local institutions, including Cobb Life Magazine, which awarded it Festival of the Year two years in a row, in 2016 and 2017. The festival also received the Mayor's Art Award from the city of Marietta and Event of the Year from Cobb Travel and Tourism.

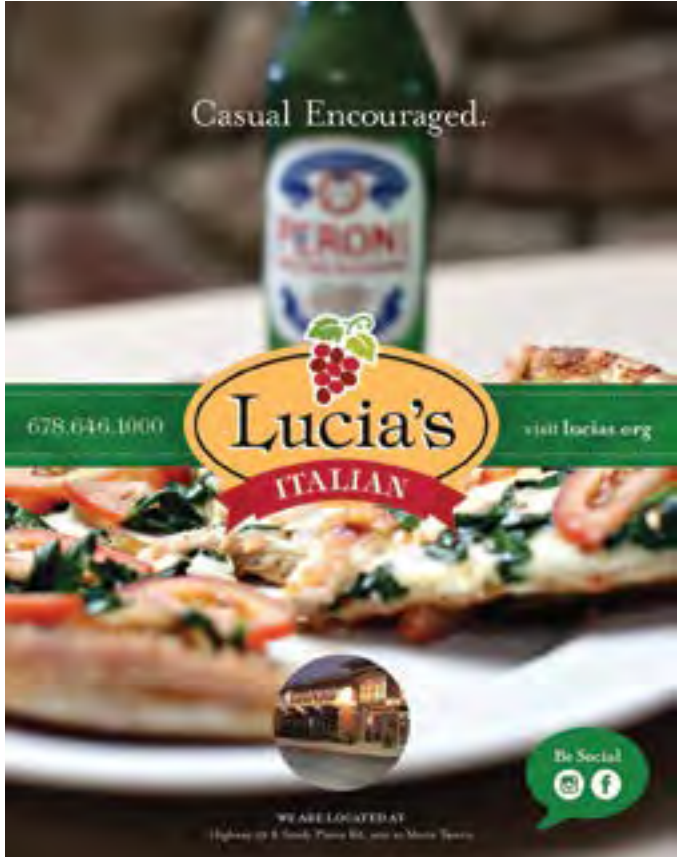
Please visit www.chalktoberfest.com for more information including times and event details. 📍




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COBB JUDGE CAUTIONS PARENTS AND STUDENTS ABOUT DANGERS OF VAPING

Last month, Cobb Juvenile Court Judge Jeff Hamby, alongside industry experts, participated in an informative session held at Harrison High School (located in West Cobb County) to inform parents and students about the dangers associated with vaping.

The one-hour educational session was held to bring knowledge and awareness to the harmful effects of vaping, and encourage attendees to become active participants in prevention efforts in our community. In addition to Judge Hamby, attendees heard from Pediatric Nurse Practitioner Laura Searcy and Attorney Phyllis Gingrey Collins, who provided alarming statistics about the harmful effects of vaping, and discussed the law surrounding it.

"With the increase we are seeing in vaping among our youth, we feel it is important to help educate our community on its dangers and harmful long-term effects," stated Harrison's Assistant Principal, Lucia Poole. The Cobb County Juvenile Court reports approximately 40 new cases involving vaping since the start of the 2019/2020 school year.

"The problem we are discovering is kids aren't aware of what is actually contained in vaping devices, and end up with criminal charges for possession," stated Judge Hamby. He continued, "Parents, talk to your kids. Kids, talk to your friends. The more aware we are of the dangers associated with vaping, the more likely we are to protect our youth from experimenting with these harmful products; which can lead to addiction."

Searcy, who currently serves as the Program Coordinator for the Georgia Tobacco Free Youth Project, discussed the common misconception that vaping is a safe alternative to smoking. "Youth believe when they are vaping, they are only inhaling water vapor when in fact, 99% of all e-cigarette products contain nicotine," stated Searcy. She outlined a list of other harmful ingredients found in vapes including lead, formaldehyde, nickel, and harmful chemicals found in pesticides, paint thinner, batteries, and even gasoline.

Searcy explained while companies like JUUL, a popular vape manufacturer, have altered their marketing strategies to avoid targeting youth, enticing flavors continue to serve as bait to lure youth to the




Attorney Phyllis Gingrey Collins, Cobb Superior Court Judge Greg Poole, Harrison Assistant Principal Lucia Poole, Cobb Juvenile Court Judge Jeff Hamby, Cobb District Attorney Joyette Holmes

product. She revealed the results of a study performed by the Truth Initiative, a non-profit public health organization, which found 43% of young people tried cigarettes simply because of the appealing flavors.

The Cobb County Alliance to Prevent Substance Abuse (CCAPSA) is hosting a Fundraiser Thursday, Sept. 12, 2019 from 5-10pm at Jason's Deli on Barrett Parkway in Kennesaw. Mention CCPASA when ordering, and Jason's Deli will donate 15% of all proceeds to CCAPSA to aid in prevention efforts. "We as a community have to work together for the best interest of our children. The way we accomplish this is by educating our youth about the dangers associated with vaping, and by participating in community prevention efforts," stated Judge Hamby.

To learn more about the harmful effects of vaping, and how you can aid in prevention efforts, visit The Georgia Tobacco Use Prevention Program website at www.dph.georgia.gov/tobacco, and also the Cobb Community Alliance to Prevent Substance Abuse at www.ccapsa.org.

For more information, please contact Amanda Marshall at 770-528-8101 or amanda.marshall@cobbcounty.org 

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EAST COBB SENIOR CENTER ACTIVITIES SCHEDULED FOR SEPTEMBER

All Cobb residents age 55+ are invited to participate in activities at various senior centers throughout Cobb. The following is a list of activities scheduled at the East Cobb Senior Center located at 3332 Sandy Plains Road, Marietta 30066. Cobb seniors who wish to register for any of these activities or use one of the county's six senior centers will have to pay a \$60 annual membership fee. Call the East Cobb Senior Center at 770-509-4900 for reservations and/or more details.

Biography Corner: Elvis Presley (#10766)

Tuesday, September 3 • 1-2pm

Free; Registration required

Musician and actor Elvis Presley endured rapid fame in the mid-1950s—on the radio, TV and the silver screen—and continues to be one of the biggest names in rock 'n' roll.

Scarf Workshop (#10767)

Wednesday, September 4 • 10-11:30am

Free; Registration required

Join Bonita Prigmore for a fun scarf workshop. Learn how to make a scarf into a vest and kimono and other cool scarf tricks! Bring your own favorite scarves and learn new ways to tie them.

Investing and Taxes in Retirement (#10797)

Thursday, September 5-September 19 • 10am-12pm

Free; Registration required

Do you want to learn the basics of investing? Types of diversification? How much are/should you be paying for advice? How to invest on your own? This three-week workshop will walk you through these topics.

Better Balance, Better Fall (#10806)

Friday, September 6 • 10-11:30am

Free; No registration required

You will learn techniques, strategies, and exercise to improve balance, strength in your legs and core musculature to help prevent falls. Presents by Dr. Josh with First Step Physical Therapy.

Hearing Screening

Friday, September 6 • 9am-12pm

Free; No registration required. On a first come, first served basis.

Is your hearing causing you concern? Take the time to have it checked out and get a free screening from Dr. Bret Greenblatt.

Powerful Tools for Caregivers (#10798)

No CSS membership required

Monday, September 9 – October 14 • 4-5:30pm

Free; Registration required

Powerful Tools for Caregivers is an educational series designed to provide you with the tools you need to take care of yourself. This program helps family caregivers reduce stress, improve self-confidence, learn different ways to communicate to others, and increase their ability to make tough decisions. Classes consist of six sessions held once a week. Two experienced class leaders conduct the series. Interactive lessons, discussions and brainstorming will help you take the "tools" you choose and put them into action for your life.

Cooking with Pampered Chef (#10802)

Monday, September 9 • 12pm

Registration required

\$8 supply fee payable to the instructor.

Protect What You Have Worked For (#10799)

Tuesday, September 10 • 10-11:30am

Free; Registration required

Matthew McManus with Edward Jones investments will share strategies designed to help guard valuable assets and protect pre- and post-retirement income. He will also discuss the impact of longevity, withdrawal strategies, anticipating rising costs, reviewing insurance/LTC protection, and healthcare cost concerns.

Dine-a-Round (#10801)

Wednesday, September 11 • 11:30am-1pm

Separate checks; Registration required.

Meet at The Black Swan Tavern, 1401 Johnson Ferry Road, Suite 128, Marietta.



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Medicare 101

Thursday, September 12 • 1-2pm (#10803)

Monday, September 23 • 10-11:30am (#10804)

Free; Registration required

If you are newly eligible or soon to be eligible for Medicare, this seminar is designed especially for you. The seminar will cover the basics of Medicare and what you need to know to make an informed decision about your coverage options. Presented by Dottie Denham.

Age of Beauty Series: Boosting Your Mind with Food and Fitness (#10800)

Tuesday, September 17 • 10-11:30am

Free; Registration required

Your mood can be affected by your eating and exercise habits. Learn how eating well and staying active can help improve your outlook.

Fall Risk Screenings (#10805)

Tuesday, September 24 • 10am-12pm

Free; Appointment required

One in four people 65 and older falls each year. Sign-up for an appointment to get screened by a physical therapist to determine your risk for falls. Spaces limited.

AARP Smart Driver (#6835)

Thursday, September 26 • 9am-4pm

\$15.00 AARP members / \$20.00 Non-members (cash or check only).

Check with your insurance agent about a possible discount. Bring a lunch.

Medicare 101 (#8096)

Friday, September 27 • 10-11:30am

Free; Registration required

If you are newly eligible or soon to be eligible for Medicare, this seminar is designed especially for you. The seminar will cover the basics of Medicare and what you need to know to make an informed decision about your coverage options. Presented by Michael Fleming with Senior Benefits of Georgia.

Cheryl Rogers Presents (#11150)

Friday, September 27 • 1-3pm

\$8 Cobb residents; \$10 Non-residents

"Senior Trip" with Cheryl Rogers is a music & comedy show that reminds us all "gray matters" and celebrates the 55+ lifestyle. Don't miss this fun that includes live musical performances. Fundraiser for East Cobb Senior Center.

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CLUB CALENDAR

Anne Hathaway Garden Club. 3rd Wednesday of the month (September-May). Marietta Educational Garden Center, 505 Kennesaw Avenue NW, Marietta. More info: Nancy Martin, 770-428-7056.

Atlanta Illini Club. Professional and social networking for University of Illinois alumni, families and friends in the Atlanta area. Game watches at the Rose & Crown, 1931 Powers Ferry Road, Marietta. More info: www.atlantailini.com or club@atlantailini.com.

Big Chicken Chorus. Every Monday evening. 7:00pm. Marietta High School, Chorus Room, 1171 Whitlock Avenue, Marietta. Male a cappella harmony chorus. More info: Frank, 770-587-1264, fehrach@aol.com, or www.bigchickenchorus.org.

Bridge Club. Four free lessons; \$7 thereafter. Wednesdays 10am, and Thursdays 7:30pm. Singles are welcome. 1809 Roswell Road, Marietta. More info: 770-973-7717.

Bridge Club. Four free lessons: \$7 thereafter. Every Saturday. 1-4:30pm. Beginners and those that have never played. 1809 Roswell Road, Marietta. More info: 770-973-7717.

The Civil War Round Table of Cobb County. Brings in nationally known published historians on various Civil War events. Meets 1st Thursday of the month (Sept.-June). 7pm. Hilton Marietta Hotel & Conference Center, 500 Powder Springs Street, Marietta. More info: www.cobbcwrt.org or cobbcivilwarrt@gmail.com.

Cobb County Democratic Committee. Monthly breakfast 2nd Saturday each month. 10am. Smyrna Community Center, 200 Village Green Circle SE, Smyrna. More info: www.cobbdemocrats.org.

Cobb County Gem & Mineral Society. 2nd Tuesday of the month, 7pm at their Clubhouse, 516 West Atlanta Street, Marietta 30060. More info: www.cobbcountrymineral.org.

Cobb County Genealogical Society. 4th Tuesday of the month. 7pm. First Presbyterian Church of Marietta, 189 Church Street, Marietta. More info: www.cobbbgagensoc.org or ccgs@cobbbgagensoc.org.

Cobb County Republican Women. 4th Friday of the month. 11:30am. Hilton Atlanta/Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: 770-785-2522 or www.ccrwc.org.

Cobb Marietta Retired Educators Association. 2nd Thursday of the month, Aug-April. 11:30am. Luncheon reservations required. First United Methodist Church of Marietta, 56 Whitlock Avenue, Marietta. More info: www.cmrea.org.

Cobb Photographic Society. Photographers of all skill levels are welcome. 1st and 3rd Monday of the month. 7-9pm. Marietta Enrichment Center, American Business Center, Bldg 700, Suite 702, 1395 South Marietta Parkway, Marietta. More info: www.cobbbphotosociety.com or info@cobbbphotosociety.com.

Daughters of the American Revolution - Old Noonday Chapter. 2nd Wednesday of the month (Sept.-May). 10:30am. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: Linda Howe 678-403-2034.

Dog Hikers of Georgia. Every Sunday. 10am. Various locations. Non-dog owners welcome. More info: Dr. Dan Batchelor, 770-624-7660.

East Cobb Business Association. Luncheon and featured speaker. 3rd Tuesday of the month. 11am. Olde Towne Athletic Club, 4950 Olde Towne Parkway, Marietta. More info: Susan Hampton, 404-218-6216, Susan.hampton6216@gmail.com, or www.eastcobbba.com.

East Cobb Civic Association. Last Wednesday of the month. 7pm. Please check www.eastcobb.net for meeting location and speaker information.

East Cobb Civitans. 2nd and 4th Thursday of the month at noon for lunch at The Olde Town Athletic Club, 4950 Olde Towne Parkway, Marietta. More info: 770-578-9901 x201.

East Cobb Kiwanis Club. 1st and 3rd Wednesday. 7pm. Paradise South of the Border, 3605 Sandy Plains Road, Marietta. More info: Johnny Johnson, 770-977-2026 or edwardjohnsjewelers@yahoo.com.

East Cobb Lions Club. 2nd & 4th Tuesday of the month. 7pm. Piccadilly Restaurant, 536 Cobb Parkway, Marietta. More info: Susan Hampton, 404-218-6216, Susan.hampton6216@gmail.com.

East Cobb New Horizons Band. Monday mornings. Jazz Ensemble: 9am; Concert Band: 11am. If you are 50 or older, play a musical instrument and have been looking for a great place to make music, come join! More info: ecnhb.com or email webmaster@ecnhb.com.

East Cobb Rotary Club. Every Wednesday. 7am. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: eastcobbrotary.com.

East Cobb Woodcarvers Club. Every Thursday. 9-11am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-420-3820.

Executive Toastmasters Club. Develop your public speaking and leadership skills in a supportive environment. Every Tuesday. 7:15-8:30pm. Turner Chapel, 492 North Marietta Parkway NE, Marietta. More info: cmarayanawaswamy@gmail.com.

Franklin Roundtable. 2nd Thursdays. 7pm. 799 Roswell Street. More info: Jerry Kotyuk, 404-374-0580 or jerryk623@att.net.

Georgia Perennial Plant Association. 3rd Monday of the month. 7pm. Atlanta History Center, McElreath Hall, 130 West Paces Ferry Road NW, Atlanta. More info: www.georgiaperennial.org.

Georgia Vietnam Veterans Alliance. 3rd Thursday of the month. Social hour: 6pm. Meeting: 7pm. American Legion Post 29, 921 Gresham Road, Marietta. More info: Al Heflin, 404-317-5201.

Golden "K" Kiwanis Club. Every Thursday. 10am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Joe Vanhorn, Jr. 770-424-6654.

IMPS Bridge Club. Various formats, dates and times available. For more information contact Roni Fink at 404-310-3448 or phinque999@AOL.com.

Libertarian Party of Cobb County. First Thursday of the month. 7:30pm. Marietta Pizza Company, 3 Whitlock Avenue, Marietta. More info: www.cobblp.org or call 770-795-1331.

Marietta Kiwanis Club. Every Thursday. 12:15pm. Hilton Conference Center, 500 Powder Springs Street, Marietta. More info: Pat Huey, pathuey@comcast.net or www.mariettakiwanis.org.

Marietta Lions Club. 2nd Thursday of the month. 6:30pm. Cherokee Cattle Company, 2710 Canton Road, Marietta. More info: Steve Hughes, 770-378-0095.

Marietta PFLAG. 4th Sunday each month. 1-3pm. Newcomers are welcome. Pilgrimage United Church of Christ, 3755 Sandy Plains Road, Marietta. More info: www.pflagatl.org.

Marietta Rotary Club. Every Wednesday. 12 noon. Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: Adele Grubbs, 770-424-8212 or www.mariettarotary.org.

Marine Corps League. 1st Saturday of every month. 11am. Delkwood Grill, 2769 Delk Road, Marietta. More info: mcldet647@gmail.com

Martha Stewart Bulloch Society of Children of the American Revolution. Meets one Sunday per month (Sept.-May). 2-4pm. Osage Terrace Room and Pavilion at Bulloch Hall, 180 Bulloch Avenue, Roswell. More info: Tisha Johnston, 404-915-7738 or msbnsccarrowswell@gmail.com.

National Association of Active and Retired Federal Employees (NAARFE). 2nd Wednesday of the month. 11:30am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-971-1719.

Newcomers of Cobb County. 3rd Tuesday September-May at 10am. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta/East Cobb. More info: newcomersofcobbcounty.com.

Northeast Cobb Business Association. Luncheon meeting 3rd Wednesday of the month. 11:30am-1pm. Piedmont Church, 570 Piedmont Road, Marietta. More info: 770-423-1330.

Northwest Atlanta Mothers of Multiples. A club for families with or expecting twins, triplets, or quadruplets. Second Tuesday of each month. Date and time may change; check website. More info: www.nowamom.org or 678-235-8468.

North Atlanta Jewish Networking. Every Wednesday. 7:30am. Panera Bread at the Avenue East Cobb, 4475 Roswell Road, Marietta. More info: Vic Anapolle 404-432-0626 or vicanapolle@aol.com.

Peach State Depression Glass Collectors' Club. 2nd Tuesday of the month except December. Guests welcome. 6:30pm social: 7pm meeting. Powers Ferry UMC Fellowship Hall, 245 Powers Ferry Road, Marietta. More info: psdgc.com.

Retired Old Men Eating Out (R.O.M.E.O.). Every Tuesday, 7am. Meet for friendship, conversation and sharing a variety of antique cars, street rods and muscle cars. Marietta Diner, 306 Cobb Parkway South, Marietta.

Shakespeare Reading Group. First and 3rd Thursday of the month. September-May. 2-4pm. First Presbyterian Church, Room 050, 189 Church Street, Marietta. More info: Lynne Johnson, 770-591-3474.

Sierra Club Centennial Group. (Cobb, Cherokee, North Fulton members). 1st Thursday of the month. 7pm. Life University, 1269 Barclay Circle, Marietta. More info: gacentexcom@gmail.com or www.sierraclub.org/georgia/centennial.

Song of Atlanta Show Chorus. Women's four-part harmony chorus. Every Tuesday. 7:30pm. Northbrook UMC, 11225 Crabapple Road, Roswell. More info: www.songofatlanta.com or 770-696-6502.

Sons of the American Revolution. Captain John Collins Chapter, meets the third Tuesday of every month, 6pm, at Provino's Italian Restaurant, 440 Ernest Barrett Pkwy. NW, More info: Earl Cagle, 770-529-2748 or ecagle1@bellsouth.net.

Sope Creek Garden Club. First Wednesday of the month (Sept - June) 10 am. Marietta Educational Garden Center. More info Karin Guzy 678-860-4445 or karinguzy@gmail.com.

Toastmasters International. Rising Phoenix Club. Every Saturday. 9:45-11:15am. A great way to improve your speaking and leadership skills. Guests always welcome. Northeast Cobb Y, 3010 Johnson Ferry Rd, Marietta. More info: www.risingphoenix.toastmastersclubs.org.

Veteran Connection. 3rd Wednesday of the month. 10am. Coffee, doughnuts & conversation. Vets 55+ welcome. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Mike Nichols, 770-528-1448.

Y Business Network. Every other Friday. 7:30-8:45am. Local business networking and referrals. Northeast Cobb Y, 3010 Johnson Ferry Road, Marietta. Guests always welcome. More info: ybusinessnetwork.webs.com.



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SUPPORT GROUPS

Al-Anon. For Family and friends of alcoholics. Monday and Thursday 8pm. Wednesday and Friday 1pm. Covenant Presbyterian Church, 2881 Canton Road, Marietta. More info: 770-422-5130.

Al-Anon. Thursdays, 7-8pm. Mt. Bethel United Methodist Church Room B-112, 4385 Lower Roswell Road, Marietta. More info: 770-973-5347 or jpm105@comcast.net.

Al-Anon. Wednesdays, 8-9pm. Mt. Zion United Methodist Church, Room 305, 1770 Johnson Ferry Road, Marietta. More info: 770-973-5347 or jpm105@comcast.net.

Alateen. Every Monday, 8pm. Covenant Presbyterian Church, 2881 Canton Road, Marietta. More info: 770-422-5130.

Alcoholics Anonymous. Every Monday and Thursday, 8pm. Covenant Presbyterian Church, 2881 Canton Road, Marietta. More info: 770-422-5130.

Alcoholics Anonymous. Every Saturday-Wednesday at 8pm (Open meeting). Thursday at 6:30pm (Women's meeting). Mt. Zion UMC, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465.

Alcoholics Anonymous. Every Friday at 8pm. Open meeting. Episcopal Church of St. Peter and St. Paul, Garden Room, 1795 Johnson Ferry Road, Marietta. More info: 770-977-7473.

Alzheimer's/Caregiver Support Group Meeting. First Monday of each month. 10:30am. Open to family members who are assisting an aging loved one both inside and outside of the home. Free respite care is provided for your loved one while we meet. Aloha to Aging/Mt. Bethel Community Center, 4608 Lower Roswell Road, Marietta. More info or to RSVP: 770-722-7641.

Bereavement Support. Every Wednesday, 5pm. Lower level in Parish Office, Catholic Church of St. Ann, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6018.

Caregiver Support Group. First Monday of the month. 4:30-5:30pm. Arbor Terrace, 886 Johnson Ferry Road, Marietta. More info: 770-977-4420 or ACaudell@arborcompany.com.

Caregiver Support Group. 2nd Thursday of the month. 12-1pm. Episcopal Church of St. Peter and St. Paul, 1795 Johnson Ferry Road, Marietta. More info: 770-977-7473 or eharres@peterandpaul.org

Compassionate Friends. First Tuesday of the month. 7pm. Assists bereaved families following the death of a child. First Baptist Church of Marietta, 148 Church Street NE, Marietta. More info: Ria, 404-539-4287 or www.tcfmarietta.org.

Depression and Anxiety Support Group. 2nd Sunday of the month. 3-4pm. St. Andrew UMC, 3455 Canton Road, Keheley Building-Room 129, Marietta. More info: Beth Clark 770-926-3488 or beth@thepumpkinchurch.org.

Depression/Bipolar Support Group. First and 3rd Thursday of the month. 7-8:30pm. Johnson Ferry Baptist Church, Room 339, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

Divorce Support Group. A free 13-week series that includes a video, discussion and take-home workbook. Free childcare is available. Every Thursday. 7-8:30pm. Mt. Bethel Church, 4385 Lower Roswell Road, Marietta. More info, registering, or counseling: call Judith at 770-597-9882 or email jmr.lpc@gmail.com

Divorced/Separated Support Group. First and 3rd Tuesday of each month. 7:30pm. Catholic Church of St. Ann, Mary's Chapel, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6018.

Families Anonymous (FA). for families who have loved ones struggling with addiction. Every Tuesday, 7:30-9pm. Mt. Zion United Methodist Church Youth Center, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465.

Family Caregiver's Support Group. 2nd Thursday of the month. 6pm. Open to anyone needing support for anyone affected by dementia or Alzheimer's Disease or related issues. Thrive Memory Care, 200 Village Parkway NE, Marietta/East Cobb. More info/RSVP: hello@thriveateastcobb.com.

Grandparents Raising Grandchildren Support Group. 2nd Tuesday of the month. 7:15pm. Special guest speaker. Transfiguration Church, Room 102, 1815 Blackwell Road, Marietta. More info: Katrina, 678-938-3820.

Grief Recovery. Every Wednesday (Aug-May). 6:30pm. Piedmont Church, 570 Piedmont Road, Marietta. More info: www.piedmontchurch.tv/groups.

Grief Share. 13-week program on Thursdays, Aug. 16-Nov. 8. 6pm. St. Andrew UMC, 3455 Canton Road, Community Room, Marietta. More info: Beth Clark 770-926-3488 or beth@thepumpkinchurch.org.

Grief Support Group Every Wednesday. 6:30 - 8:15pm Using the GriefShare program and supportive discussion. Mt. Bethel UMC, 4385 Lower Roswell Road. More info: www.mtbethel.org/support or Jamie, 770-971-2880.

Infertility, Miscarriage, Adoption Loss, or Death of an Infant. Thursdays, 7-8:30pm. Mt. Bethel United Methodist Church, Room B109, 4385 Lower Roswell Road, Marietta. More info: 678-560-7230 or kibble.parish@mtbethel.org.

Job Networking. 2nd and 4th Mondays of the month. Check website for agenda/times. Roswell United Methodist Church, 814 Mimosa Boulevard, Roswell. More info: www.rumc.com/jobnetworking.

Loneliness Bereavement Support Group. Every Wednesday except holidays. 11am. Heritage Hospice, 3315 Hilltop Drive, Marietta. More info: 770-423-5959.

Narcotics Anonymous. Every Thursday at 7pm. Open meeting. Episcopal Church of St. Peter and St. Paul, Choir Room, 1795 Johnson Ferry Road, Marietta. More info: 770-977-7473.

Narcotics Anonymous. Every Tuesday at 7pm. Every Saturday at 11am. Covenant Presbyterian Church, 2881 Canton Road, Marietta. More info: 770-422-5130.

Overeaters Anonymous. A support group for those who suffer from the need to compulsively overeat. Monday-Wednesday-Friday, 10am. Catholic Church of St. Ann, 4905 Roswell Road, Marietta. More info: Betsy, 404-226-4931.

Parents of Prodigals. For parents of struggling teens and young adults. 2nd and 4th Thursday, Aug-May. 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Room 270, Marietta. More info: Fair Brocard, 770-612-1197 or www.prodigalchildministries.org.

Parkinson's Disease Support Group. For persons with Parkinson's and their caregivers. 1st Tuesday each month, 11am. Aloha to Aging/Mt. Bethel Community Center, 4608 Lower Roswell Road. More info: 770-722-7641.

Ruth Young Women's Cancer Support Group. 1st Tuesday of the month (Aug-May) at 7pm. Mt. Bethel Community Center, 4385 Lower Roswell Road, Marietta. More info: Sandy Weber 770-789-6095.

Spousal Support Group. 2nd Thursday of the month. 1:30-2:30pm. Arbor Terrace, 886 Johnson Ferry Road, Marietta. More info: 770-977-4420 or ACaudell@arborcompany.com.

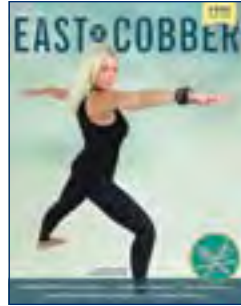
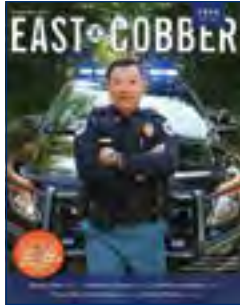
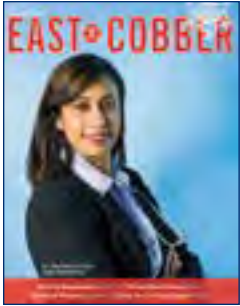
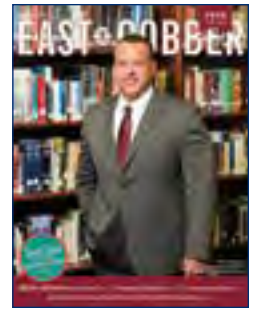
Widowed Helping Others (WHO). For those newly widowed, please contact the church for more information. Catholic Church of St. Ann, 4905 Roswell Road, Marietta. More info: 770-552-6400 ext. 6018.

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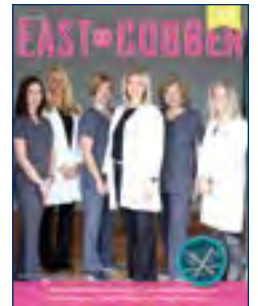
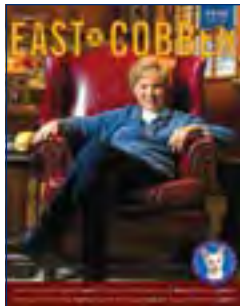
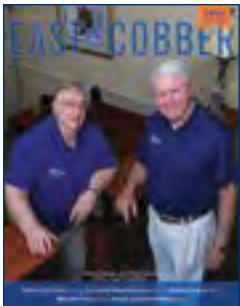




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