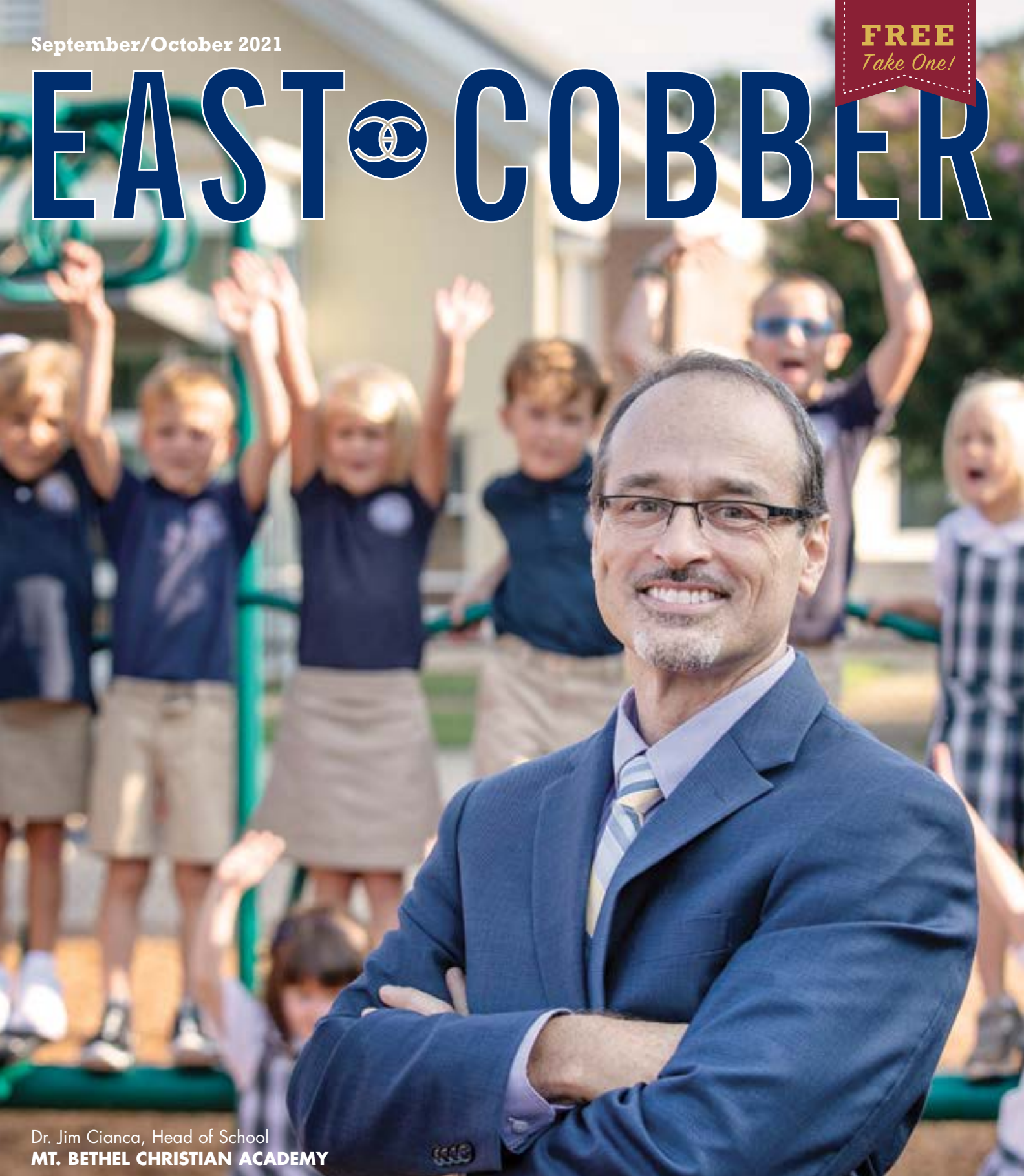


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# EAST COBBER



Dr. Jim Cianca, Head of School  
**MT. BETHEL CHRISTIAN ACADEMY**

**Halloween Happenings** PAGE 16 | **Community Calendar** PAGE 12

**Pet of The Month** PAGE 10 | **Health + Wellness** PAGE 18



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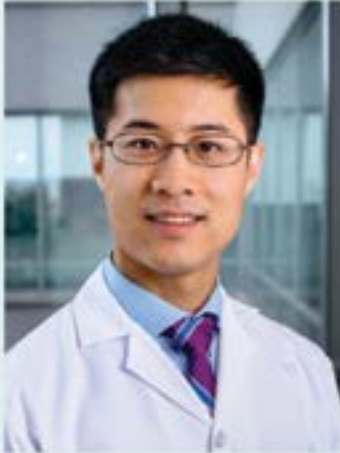
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# THIS ISSUE

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**12** COMMUNITY CALENDAR

**16** HALLOWEEN HAPPENINGS

**18** HEALTH & WELLNESS

## On the Cover

Pictured on this issue's front cover is Dr. Jim Cianca, the new Head of School at Mt. Bethel Christian Academy.

Dr. Jim Cianca recently joined the Academy as the new Head of School after an exhaustive two-year search for the ideal person to lead the school in its next chapter. Dr. Cianca was selected because of his passion for Christ-centered education and his excitement about the opportunities Mt. Bethel Christian Academy offers both its students and the local community.

Dr. Cianca and wife Terri are new to East Cobb and already love it. After years of traveling and living all over the world, the Ciances finally feel like they are home. "East Cobb is a great place to invest our lives and Mt. Bethel is such an important part of this community, we feel blessed to be a part of it." Mt. Bethel Christian Academy's leadership wholeheartedly welcomes Dr. Cianca and is honored to have him on board.

Mt. Bethel Christian Academy (K-8th) is located at 4385 Lower Roswell Road, Marietta/East Cobb. The Upper Campus (9th-12th) is located at 2509 Post Oak Tritt Road, Marietta/East Cobb. To contact the school, call 770-971-0245.

You can read more about Dr. Cianca and Mt. Bethel Christian Academy on page 4 or visit [www.mtbethelchristian.org](http://www.mtbethelchristian.org).

Front cover photo taken by  
Billy Howard from Billy Howard Photography.

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Comments and stories are always welcome.

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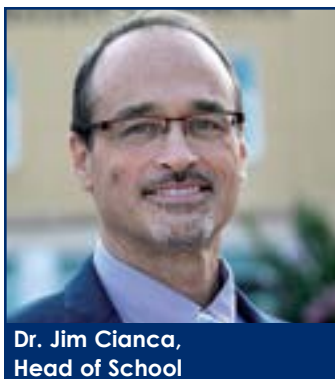


# NEW LEADERSHIP ENERGIZED FOR GROWTH AT MT. BETHEL CHRISTIAN ACADEMY

School is back in session again with children rushing through the halls, greeting their friends and teachers, and carrying backpacks brimming with new school supplies. There is always excitement at the beginning of the new year, but at Mt. Bethel Christian Academy, the buzz in the hallways is much louder than usual. Students have discovered a brand-new smiling face saying hello and popping into classrooms and his height and suit prevent him from being confused as a transfer student. Dr. Jim Cianca recently joined the Academy as the new Head of School after an exhaustive two-year search for the ideal person to lead the school in its next chapter. Dr. Cianca was selected because of his passion for Christ-centered education and his excitement about the opportunities Mt. Bethel Christian Academy offers both its students and the local community.

For over 20 years, Mt. Bethel Christian Academy has approached education as a true partnership between parents, teachers and importantly, the students. The comprehensive needs of the children are at the forefront of every decision made and all that is done to provide a challenging educational curriculum, always in tandem with a biblical worldview. The Academy strives to be a premier developer of highly successful, Christ-centered, servant leaders of tomorrow.

For Dr. Cianca, the prospect of beginning the school year at the helm of the Academy is something he shared is simply thrilling. The mission of providing academic excellence, spiritual growth, and a lifelong love and desire for learning speaks to everything he desires within a school community. "There is a rich combination that we experience here of high-quality academic programming, combined with a commitment to integrate faith into every aspect of learning. This prepares our students for college, life, and eternity", stated Dr. Cianca. "We understand that our students come to us as whole people – intellectual, emotional, social,



spiritual – and a school that prepares the whole child provides a complete education."

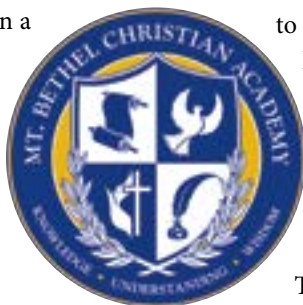
Parents can attest to the quality of education and a supportive school environment--the growth in enrollment illustrates this. During the 2020 school year the Academy welcomed a record number of new families, with 81% returning in 2021. Today, Mt. Bethel Christian Academy has the highest numbers in its history, school-wide. Dr. Cianca begins his new position

knowing there are tremendous expectations for excellence in academics, spiritual growth, and the guidance of children into tomorrow's leaders. He cannot wait to start.

Education and teaching were a family affair for Dr. Cianca, whose father was a pastor and college dean, and mother an elementary school teacher, and later, college professor. "What always struck me was my parents were the same people at home as in public. That authenticity was powerful; it inspired me to also strive to be real and genuine." The combination of Christianity intertwined with formal education is a natural fit for Dr. Cianca, who has spent 26 years at private schools, most of them Christian-based. He most recently led an international school in Quito, Ecuador.

Dr. Cianca and wife Terri are new to East Cobb and already love it. After years of traveling and living all over the world, the Ciances finally feel like they are home. "East Cobb is a great place to invest our lives and Mt. Bethel is such an important part of this community, we feel blessed to be a part of it." Mt. Bethel Christian Academy's leadership wholeheartedly welcomes Dr. Cianca and is honored to have him on board.

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# THE SPITTIN' TRUTH

I'm sure all of us are well-acquainted with the classical measures we take to reduce the risk of dental cavities. Brushing and flossing, cutting back on sweets, and even drinking and cooking with tap or other water that has been treated with an appropriate level of fluoride all serve to reduce the prevalence of cavities. But when it comes to cavity prevention, one of the most important contributing factors is the one least talked about. One glance at the shameless pun in the title above should clue you in - it's your spit! We dentists look for "adequate salivary flow" when we examine our patients for cavities. Studies show that people with below-average salivary flow are much more likely to end up with tooth decay. In fact, inadequate salivary flow alone is enough to label a patient as "high-risk" for cavities, regardless of how often that patient is brushing and flossing.

The science behind it is simple; when we eat or drink anything with sugars or carbohydrates, bacteria that live in our mouth use those carbohydrates as fuel and produce acid as a byproduct. This acid byproduct lowers the pH in our mouth, meaning the environment becomes increasingly acidic. Once the acidity reaches a certain level, tooth structure can begin to erode and cavities start to form. The role of saliva is to effectively wash out those harmful acid byproducts and restore the mouth to a neutral pH, somewhere closer to that of water. Fundamentally, this sort of yin and yang is the delicate balance that keeps our teeth healthy and free of decay.

So that being said, what are some of the things we can do to increase the amount of saliva in our mouths? For starters, we can stay hydrated. Saliva is 98% water, so if your body is lacking

hydration, your mouth will be the first to suffer. Another great way to stimulate saliva is by chewing sugar-free xylitol gum. One study in particular found that chewing xylitol gum following meals correlated with a 73% reduction in the occurrence of cavities. Patients are always surprised when we recommend sugar-free gum as a means of preventing cavities, but the results speak for themselves. So, keep that water bottle handy, stay hydrated, and get that saliva pumping so that your teeth can be the spitting image of health!



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# TIDIED BY K ORGANIZES YOUR HOME TO BETTER FIT YOUR CURRENT LIFESTYLE



BEFORE



AFTER

When trying to sharpen and define your living space, the world of home organization can work wonders. However, organizing your home doesn't mean you have to change your furniture, home décor, or overall style. Sometimes, all that is needed is the reimagining of your furniture and possessions to enhance the efficiency of your home. But when it comes to organizing your space to its full potential, it might be best to leave that to the professionals. Tidied by K works diligently with you to help create beautiful and efficient living spaces that provide you customized peace of mind without compromising your personal style.

"If you think about the benefits of being organized, you'd probably pinpoint aspects like time management, productivity, and ease of use," said Owner and Pro Organizer Kenika Williams. "Organizing makes it easier for you and your family to be productive and, overall, makes your life at home easier to manage."

After years of being successful but unsatisfied in other endeavors, Williams immediately found her true calling as a home organizer. Since June of 2019, Tidied by K has worked with homeowners and residents to fully declutter and organize their homes. Starting with a social media presence on Facebook and Instagram, she has partnered with influencers, family, and friends to help market her services. Through their word of mouth, Williams quickly made an impact within her community and garnered the attention of local homeowners looking to live a more efficient and peaceful lifestyle.



Kenika Williams

"My favorite part of the business is the hands-on work I do with my clients. I've always been an organizer at heart, and enjoy the challenge of transforming spaces. When I can help someone create functional and beautiful spaces in their home, I'm ecstatic," Williams said. "A professional home organizer is someone that will work with your lifestyle and routines in mind, and create functional and streamlined systems that make your home life flow."

Tidied by K places your needs and lifestyle as their top priority. Rather than turning your home into something foreign and unfamiliar, Williams transforms your space to better reflect your lifestyle. She believes you should feel pride and honor the second you walk through the door.

"The power of loving your home and living in a space that nurtures you is important, but is often taken for granted," Williams said. "When you are intentional about creating a home environment you love and are proud of, you showcase a better version of yourself. That does wonders for boosting confidence, mental health, and overall happiness."

Confidence and productivity start at home. You deserve to get the most from where you spend your time. Home organizing allows you to fall in love with your living space all over again.

For more information on how Tidied by K can improve your home, call 678-933-5365 or email [organized@tidiedbyk.com](mailto:organized@tidiedbyk.com). For updates and examples, follow them on Facebook, Instagram, and Pinterest.



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# PET OF THE MONTH: CARRIE

*Submitted by Bonnie L. Weiss*



**Animal/Breed:** American Short Hair Tuxedo Cat

**Age & Gender:** 19 years old, Female  
(born March 2002)

**Favorite Food:** Chicken

**Favorite Person:** Used to be Dad; now it's Mom

**Best Trick:** Being nonchalant while she pulls food dish away from her sister

**Turn Ons:** Feline Greenies Smartbites – Tuna Flavor

**Turn Offs:** Strangers in the house

**Favorite Toy:** Cloth fish filled with catnip

**Last Seen:** Sleeping on her blanket on the bed in the guest room

**What makes your pet so special:** She "talks" with us.

# SHOULD YOUR PET BE OUR PET OF THE MONTH?

Fill out the information on your pet and send it to:

EAST COBBER, P.O. Box 680455, Marietta, GA 30068.

Please include a picture with your entry. Or email description and a jpg to: [petomonth@eastcobber.com](mailto:petomonth@eastcobber.com)

Pet's Name: \_\_\_\_\_

Animal/Breed: \_\_\_\_\_

Age & Gender: \_\_\_\_\_

Favorite Food: \_\_\_\_\_

Favorite Person: \_\_\_\_\_

Best Trick: \_\_\_\_\_

Turn Ons: \_\_\_\_\_

Turn Offs: \_\_\_\_\_

Favorite Toy: \_\_\_\_\_

Last Seen: \_\_\_\_\_

What makes your pet so special: \_\_\_\_\_

Owner's Name: \_\_\_\_\_

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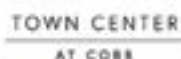
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# 2021 September/October COMMUNITY CALENDAR

## SEPTEMBER 4-6

**Marietta Art in the Park.** This fine art extravaganza features the Artist Market, representing the best in fine handcrafted works by 175 artists from all over the country. 10am-5pm. Free. Marietta Square, 50 N. Park Square, Marietta. More info: [www.ArtWalkMarietta.com](http://www.ArtWalkMarietta.com).

## SEPTEMBER 4-18

**9-11 Field of Flags.** Each life lost to the senseless tragic events of September 11, 2001, will be honored. This powerful commemorative event begins on Saturday, September 4th and will remain open until Saturday, September 18th (removal begins that morning). Saturday 9/4: 10am. Flag Parade: Processional from Grace Community Church to Kennesaw Mountain National Battlefield Park to place flags in the Field of Flags. Saturday 9/11: 7-55am. Memorial Service at the Field of Flags and Reading of the Names of those who lost their lives on 9/11. Kennesaw Mountain National Battlefield Park, 900 Kennesaw Mountain Drive, Kennesaw. More info/sponsor a flag: [www.911fieldofflags.com](http://www.911fieldofflags.com).

## SEPTEMBER 9 & 23

**Chattahoochee Sunset Sips.** Enjoy a night out with families and friends for a fabulous concert. Bring a picnic and grab a beverage or snack (beer and wine available for purchase). This is a laid-back, family friendly series and CNC's grounds are open for you to explore. 7-9:30pm. Free/members; \$10/adults; \$7/seniors and students ages 13-18; \$6/ages 3-12. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or [chattnaturecenter.org](http://chattnaturecenter.org).

## SEPTEMBER 10-12

**Fall Atlanta Home Show.** Shop for home-related products and services, experience stunning displays to help inspire your next home project, connect with industry experts, and enjoy informative presentations. Friday is Free for tradespeople and members of select organizations, see website for info. Free for active military personnel, veterans, police, fire and first responders with valid ID presented at the box office. Friday: 10am-6pm; Saturday: 10am-8pm; Sunday: 11am-5pm. \$8/advance; \$10/at the door; free/seniors (65 & older) & children (12 & under). Cobb Galleria Centre, Two Galleria Parkway, Atlanta 30339. More info: 770-998-9800 or [fallatlantahomeshow.com](http://fallatlantahomeshow.com).

## SEPTEMBER 11

**September 11, 20th Year Memorial Concert.** This memorial concert featuring KSU Wind Ensemble, Chamber Singers, and Symphony Orchestra for the 20th year remembrance of the downing of the Twin Towers in New York City of American Airlines Flight 11, United Airlines Flight 175, American Airlines Flight 77 over the Pentagon, and United Airlines Flight 93 in Stonycreek Township, Pennsylvania on September 11, 2001. 8pm. Virtual: Free; In person: \$5-\$10. Bailey Performance Center at Kennesaw State University, Morgan Concert Hall, 488 Prillaman Way, Kennesaw. More info/reservations: [arts.kennesaw.edu/concerts-and-events/music.php](http://arts.kennesaw.edu/concerts-and-events/music.php).

## SEPTEMBER 11-18

**Cobb County Foodie Week.** Local restaurants celebrate their culinary talents, cuisine and atmospheres. Reservations are accepted and encouraged. See participating restaurants and details at [travelcobb.org/cobb-county-restaurants/cobb-foodie-week](http://travelcobb.org/cobb-county-restaurants/cobb-foodie-week).

## SEPTEMBER 12

**Sundays on the River Concert** featuring Joe Alterman Jazz Trio. Bring a picnic basket and enjoy the last concert of the summer. Cash bar available, no outside alcoholic beverages permitted. 7-9pm. Advanced tickets: \$21/lawn seating; \$23/pavillon seating. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info/tickets: [www.chattnaturecenter.org](http://www.chattnaturecenter.org).

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## SEPTEMBER 13

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## SEPTEMBER 14-19

**Menopause The Musical.** This hilarious musical parody set to classic tunes from the '60s, '70s, and '80s will have you cheering and dancing in the aisles. See what more than 15 million women and fans worldwide have been laughing about for 20 years! Tuesday-Friday: 7:30pm; Saturday-Sunday: 2pm & 7:30pm. \$39-\$69. Earl and Rachel Smith Strand Theatre, 117 North Park Square, Marietta. More info/tickets: earlsmithstrand.org.

## SEPTEMBER 17-18

**Roswell United Methodist Church Preschool and Kindergarten (RUMCK) Children's Consignment Sale.** Friday: 9am-2pm, no strollers before noon; Saturday: 8am-12pm. Roswell United Methodist Church, 814 Mimosa Boulevard, Building B, Roswell. More info: 770-853-2333 or facebook.com/rumckconsignmentsale.



## SEPTEMBER 18

**Museum Day.** Free Admission to Museums for Smithsonian magazine's Museum Day. Tickets available for download. Hours vary. Free. More info on participating museums/tickets: [www.smithsonianmag.com/museumday/museum-day-2021](http://www.smithsonianmag.com/museumday/museum-day-2021).

## SEPTEMBER 18 & OCTOBER 16

**Pop-In for Family Fun at the Marietta Museum of History.** Crafts and activities will be provided to create a fun learning environment that explores different topics of history with a local focus. September theme: Fall Crafts; October theme: Cultures of Cobb. 10:30am-3:30pm. \$5/person; \$20/family cap. Marietta Museum of History, 1 Depot Street, Marietta. More info: 770-794-5710 or [www.mariettahistory.org](http://www.mariettahistory.org).

## SEPTEMBER 18-19

**55th Annual Roswell Arts Festival** presented by the Roswell Recreation Association. Come out and enjoy artists and craftsmen from across the Southeast, local singers, children's painting, sand art, and food vendors. Admission free. Saturday and Sunday: 10am-5pm. Historic Roswell Town Square, 610 Atlanta Street, Roswell. More info: 770-640-3253 or [roswellartsfestival.com](http://roswellartsfestival.com).

**Marietta Grassroots Music Festival.** A music festival hosting bands from across metro Atlanta to showcase local talent. Saturday: 3-9pm. Sunday: 1-5pm. Free. Marietta Square, 50 N. Park Square, Marietta. More info: [mariettagrassroots.org](http://mariettagrassroots.org).

**Marietta Streeffest** presented by The Marietta Museum of History. Free activities for the whole family. Artisans, antique dealers, bands and soloists, children's zone and the popular Hubcaps and History Classic Car Show (Saturday only 10am-3pm). Free. Saturday: 9am-5pm. Sunday: 11am-5pm. Marietta Square, 50 N. Park Square, Marietta. More info: [www.marietastreetfest.com](http://www.marietastreetfest.com).

## SEPTEMBER 19

**An Evening with the Atlanta Pops and Atlanta Braves Favorite, Timothy Miller.** Atlanta's own tenor, Timothy Miller and the Atlanta Pops Orchestra take you on a journey overseas to Italy, France and Spain with Neapolitan love songs, music from the opera and Broadway and back home again to New Orleans with a little jazz, gospel and big band. 7pm. \$25-\$30. Roswell Cultural Arts Center, 950 Forrest Street, Roswell. More info/tickets: [roswellcac.com](http://roswellcac.com).

**Family Fun Day: Back to Your Roots Farm Fair.** Meet live farm animals and real farmers, learn about local food, explore harvesting, and so much more. Unity Garden Guided Hike to see herbs, veggies, and greens growing during the harvest season. 12-4pm. Admission: Free/members; \$10/adults; \$7/seniors and students ages 13-18; \$6/ages 3-12. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or [chattnaturecenter.org](http://chattnaturecenter.org).

# COMMUNITY CALENDAR

## SEPTEMBER 21

**Probe College Fair.** Hundreds of colleges from across the nation attend to reach thousands of Georgia high school juniors and seniors. 6pm. Free. Hillgrove High School, 4165 Luther Ward Road, Marietta. More info: [www.gaprobe.org](http://www.gaprobe.org).

## SEPTEMBER 23-OCTOBER 13

**North Georgia State Fair.** Metro Atlanta's largest fair. Enjoy rides, live music, and farm animals. Monday-Thursday: 4-11pm; Friday: 4pm-midnight; Saturday: 10am-midnight; Sunday: 12:30-10pm. \$7/gate; free/under 10; \$5/parking. Jim Miller Park, 2245 Callaway Road, Marietta. More info: [northgeorgiastatefair.com](http://northgeorgiastatefair.com) or call 770-528-8989.

## SEPTEMBER 24

**Glover Park Concert Series featuring The Big Chicken Beatie Band.** 8pm (rain or shine). Free. Only blankets and lawn chairs are allowed inside of Glover Park. Tables may be reserved. \$55 for six and \$65 for eight. Glover Park, 50 North Park Square, Marietta. More info: 770-794-5601 or [mariettaga.gov](http://mariettaga.gov).

## SEPTEMBER 26

**Formula South Car Show & Race** hosted by Andretti Marietta. Some of the most luxurious cars in the world will be on display, as well as a DJ and Kid Zone. Noon-5pm. \$15-\$80. Andretti Indoor Karting and Games Marietta, 1255 Roswell Road, Marietta. More info/tickets: [www.CarbonTurboEnt.com](http://www.CarbonTurboEnt.com).

## OCTOBER 6

**Nestoberfest Beer Festival.** A modern, Southern take on Oktoberfest celebrating local craft businesses. More than two dozen local craft breweries and businesses with a live traditional German Folk Band. Noon-5pm. \$25-\$70. Parking lot of The Nest Kennesaw, 2921 Cherokee Street Northwest, Kennesaw. More info/tickets: [www.eventbrite.com/e/1st-annual-nestoberfest-beer-festival-tickets-153537473717](http://www.eventbrite.com/e/1st-annual-nestoberfest-beer-festival-tickets-153537473717).

## OCTOBER 4

**Public Safety Appreciation Breakfast.** The Public Safety Appreciation Breakfast kicks off the county-wide Public Safety Appreciation Week, where we come together as a community to show our support and appreciation for all that our Public Safety does to make Cobb a safe, enjoyable place to live, work, and play. 7:30-9:30am. Members: \$35; Non-members: \$40. Coca Cola Roxy Theatre - Truist Park Battery, 800 Battery Avenue, Suite 500, Atlanta. More info: [www.cobbchamber.org/events/Public-Safety-Appreciation-Breakfast-9704/details](http://www.cobbchamber.org/events/Public-Safety-Appreciation-Breakfast-9704/details).

## OCTOBER 4-5

**Gifts Galore & More.** The 11th annual show features 15 artist/vendors in the eclectic East Cobb home of textile designer, Lynn Reiter Weinberg. Hourly raffle prizes, sample food tastings and a display of unique gift and handcrafted items. It also features an artful garden with a display of garden sculptures and this year there will be plein air landscape artists in the garden. Tuesday: 10am-2pm & 5-8pm; Wednesday: 10am-3pm. Somerset Subdivision, 3275 Somerset Trace SE, Marietta/East Cobb. More info: [www.somersetgiftsgalore.com](http://www.somersetgiftsgalore.com) or 678-234-0966.

## OCTOBER 5

**East Cobb Business Association (ECBA) Expo.** A valuable venue for local companies to promote and showcase their business. Drawings, giveaways, free food and much more. 4:30-7:30pm. Free. Olde Towne Athletic Club, 4950 Olde Towne Parkway. To register visit [eastcobbba.com](http://eastcobbba.com). More info: 770-578-3555.

## OCTOBER 6

**Give Our Schools a Hand Handprint Ceremony.** The Cobb County and Marietta City Schools District Teachers of the Year will be honored and commended with their handprints in the Teacher Walk of Honor on the Marietta Square. 10:30am-Noon. Free. Earl and Rachel Smith Strand Theatre, 117 North Park Square, Marietta. More info: [www.cobbchamber.org/events/Give-Our-Schools-a-Hand-Handprint-Ceremony-and-Unveiling-9701/details](http://www.cobbchamber.org/events/Give-Our-Schools-a-Hand-Handprint-Ceremony-and-Unveiling-9701/details).

## OCTOBER 8-9

**19th Annual "Fall Into Crafts" Marketplace** sponsored by St. Andrew United Methodist Women. Including over 40 exhibitors, silent auction, door prizes and food! Proceeds benefit the missions of the St. Andrew United Methodist Women. Free. Friday: 11am-6pm; Saturday: 10am-4pm. St. Andrew United Methodist Church, 3455 Canton Road, Marietta. More info: [fallintocrafts@comcast.net](mailto:fallintocrafts@comcast.net) or [www.saumcmarietta.org](http://www.saumcmarietta.org).

## OCTOBER 9

**Fall Farm Days** presented by Roswell Garden Club & Archibald Smith Plantation. Fun for the whole family featuring artisan exhibits and demonstrations of life on a 19th century farm. 11am-3pm. Free activities. Smith Plantation, 935 Alpharetta Street, Roswell. More Info: [roswellgov.com/SmithPlantation](http://roswellgov.com/SmithPlantation).



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## OCTOBER 9-10

**Chalktoberfest** presented by Marietta/Cobb Museum of Art. Featuring over 80 professional chalk artists from around the world will bring the streets to life! The Craft Beer Festival will include more than 120 different craft beers (\$40). Saturday: 10am-5pm; Sunday: 11am-5pm. Craft Beer Festival only on Saturday 12-5pm. Free. Historic Marietta Square, 30 Atlanta Street, Marietta. More info: [www.chalktoberfest.com](http://www.chalktoberfest.com).

## OCTOBER 16

**11th Annual Atlanta JE Dunn Hammer Down 5k Run** benefits Feeding the Homeless Project and the Orange Duffle Bag Initiative. Tickets: in advance (through 10/14) 5K: \$25, 8:30am start; 1K Fun Run (8 & under): \$10, 9:30am start. JE Dunn Construction Company, 2555 Cumberland Parkway SE, Atlanta. More info: 678-987-2851 or [hammerdownrun.com](http://hammerdownrun.com).

**36th Annual Southern Invitational Music Festival** hosted by the Sprayberry High School Band of Gold. High school marching bands from across the Southeast will be performing and competing. Concessions available. Check online for schedule. \$10/adult. \$5/student (with ID). Free/ages 6 & under. Sprayberry High School, Jim Frazier Stadium, 2525 Sandy Plains Road, Marietta/East Cobb. More info: [www.sprayberryband.com/invitational](http://www.sprayberryband.com/invitational).

## OCTOBER 19

**10th Annual Haunt After Hours.** Presented by the Cobb Chamber and the Coalition of Cobb County Business Association. Local business professionals will have the opportunity to ride select rides. Tickets include food, drinks, admission for select rides. 4-8pm. \$25 online (ends October 18); \$35 at the gate. Six Flags Over Georgia, 275 Riverside Parkway, Austell. More info: [cobbhafterhours.com](http://cobbhafterhours.com).

## OCTOBER 23

**I Love the 80s Fundraising Gala** benefitting students participating in the MDE School (MDE). MDE is a local non-profit organization providing care, education and therapies for children with special needs. 6-10pm. \$150. Hilton Atlanta/Marietta Hotel and Conference Center, 500 Powder Springs Street, Marietta. More info/tickets: [mdeschool.org](http://mdeschool.org) or 770-971-4633.

**Que & Brew.** People's choice contest featuring eight nationally-recognized and award-winning BBQ teams, live music, a cornhole tournament, beer tasting tent, restaurant vendors and more. Proceeds go to help the liveSAFE Resources cause to fight sexual assault, domestic violence, and elder abuse. Noon-5pm. Advance: \$30/Combo ticket (BBQ and Beer); \$25/Beer only; \$10/BBQ only. At-the door: \$45/Combo ticket (BBQ and Beer); \$35/Beer only; \$20/BBQ only. Corn Hole Tournament: \$40. Taylor-Browner Park, 3180 Atlanta Road SE, Smyrna. More info: [www.livesaferesources.org](http://www.livesaferesources.org).

## OCTOBER 27-31

**The Addams Family.** A comical play that embraces the wackiness in every family, features an original story and every father's nightmare. Wednesday-Friday: 8pm; Saturday: 2pm & 8pm; Sunday: 2pm. Tickets: \$38-\$63. Jennie T. Anderson Theatre, Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info/tickets: [atlantalyrictheatre.com](http://atlantalyrictheatre.com).

## OCTOBER 30

**Classic Car Cruise in Downtown Acworth on Main Street.** 4-9pm. Free. A \$2 entry fee is requested for all vehicles in the cruise. All proceeds go to the Horizon Field, an all-inclusive special needs sports facility in Acworth. More info: [jchase@acworth.org](mailto:jchase@acworth.org) or 770-917-1234.

## OCTOBER 30-31

**2021 Annual Lassiter Craft Fair** presented by the Lassiter High School Band. Over 100 vendors with a variety of handmade products, concessions, and bake sale. Saturday: 10am-5pm; Sunday: 10am-4pm. Free. Lassiter High School, 2601 Shallowford Road, Marietta/East Cobb. More info: [lassitercraftfair@gmail.com](mailto:lassitercraftfair@gmail.com).

## NOVEMBER 6

**Barn Cat Bash Gala & Auction** hosted by Good Mews. Enjoy a night of entertainment, heavy hors d'oeuvres, drinks, silent action and more. Casual attire. Overalls, straw hats, and boots encouraged! Benefitting Good Mews, a no-kill, cage-free cat shelter. 7-10pm. See website for price. Olde Towne Athletic Club, 4950 Olde Towne Parkway, Marietta/East Cobb. More info/tickets: [goodmews.org](http://goodmews.org).



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### **ROSWELL GHOST TOURS**

#### **Select days year round**

Unlike some tours and haunted houses, these Ghost Tours tell stories of real hauntings without costumes to enhance imagination. Private group tours offered. \$20/adults; \$10/children 12 and under. Walking tour is 2 ½ hours. Roswell Town Square, 610 Atlanta Street, Roswell. More info/tickets: [roswellghosttour.com](http://roswellghosttour.com) or [ghosttour@roswellghosttour.com](mailto:ghosttour@roswellghosttour.com).

### **SIX FLAGS FRIGHT FEST**

#### **Select days September 18-October 31**

A spooky time of year as zombies and ghouls take over the park. Fright Fest offers a wide variety of places to get your scare on including several haunted houses and scare zones located throughout the park. The stuff of nightmares lurk around every corner as the dark of night washes over the park. The ghouls are set free for their daily hunting rituals. Nights and hours vary. \$54.99-\$64.99. Six Flags Over Georgia, 275 Riverside Parkway, Austell. More info: [sixflags.com](http://sixflags.com).

### **FOLKLORE HAUNTED HOUSE**

#### **September 25 - November 6**

Everyone loves a haunted house, come explore the houses. Check website for hours. \$27-\$41. Folklore Haunted House, 5389 North Main Street, Acworth. More info: [folklorehauntedhouse.com](http://folklorehauntedhouse.com).

### **ACWORTH GHOST TOURS**

#### **Fridays and Saturdays in October**

Acworth's history and ghost stories are shared by a tour guide. Size of tour groups limited, purchase tickets in advance. 7:30 pm. \$16. Walking tour is 1.2 miles meet in front of Acworth City Hall, 4415 Senator Russell Avenue, Acworth. Tickets: [AcworthGhostTours.com](http://AcworthGhostTours.com). More Info: 770-653-0756.

### **PUMPKIN PATCH - MT. ZION UMC**

#### **October 3-31**

Buy a pumpkin, take a sticker, some candy and a great photo. Check website for Pumpkin Patch hours. Mt. Zion UMC, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465 or [mtzionumc.org](http://mtzionumc.org).

### **PUMPKIN PATCH - ST. ANDREW UNITED METHODIST CHURCH (UMC)**

#### **October 7-31**

Purchase pumpkins, gourds, Indian corn and more! Check website for Pumpkin Patch hours. All proceeds from the patch support the Youth Ministry and Missions of St. Andrew United Methodist Church. St. Andrew UMC, 3455 Canton Road, Marietta. More info: 770-926-3488 or [saumcmarietta.org](http://saumcmarietta.org).

### **YOUNG FRANKENSTEIN**

#### **October 8**

The Strand Theater will show the 1974 version of the Halloween classic movie! The organ pre-show on the Mighty Allen Theatre Organ will begin a half hour before showtime. \$10. 8pm. Earl and Rachel Smith Strand Theatre, 117 North Park Square, Marietta. More info/tickets: [earlsmithstrand.org](http://earlsmithstrand.org).

### **HARVESTFEST & SCARECROWS IN THE SQUARE**

#### **October 16**

Annual arts and crafts festival held each October. In addition to a wide variety of arts and crafts items, the festival includes Scarecrows on the Square and Halloween Happenings for children. Carnival games and costume contest with lots of prizes to thrill the little ones. Free. Arts and Crafts Festival: 9am-5pm. Touch-A-Truck 10am-2pm. Pie Eating Contest: noon-12:30pm. Halloween Happenings: 1pm - 5pm. Costume Contest: 2-3pm. Glover Park, Historic Marietta Square, 50 N Park Square, Marietta. More info: [mariettaga.gov/1258/Harvest-Fest](http://mariettaga.gov/1258/Harvest-Fest).

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## HALLOWEEN HIKES

October 22-23 & 29-30

Get ready to take a walk on the wild side and meet some wonderful costumed woodland creatures at night! Experience the mystery of a short half-mile guided night hike through the lighted woodland trails where you'll meet friendly costumed forest creatures who will delight you with their dramatic antics. Crafts, music and campfire. Tickets: \$12; children two and under: free. Hikes start at 6pm and end at 10pm. The trails are not suitable for strollers and children must be accompanied by adults at all times. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 ext. 236 or [chattnaturecenter.org](http://chattnaturecenter.org).

## SPOOKTACULAR CHASE 5K/10K

October 23

The Spooktacular Chase is an annual event to help raise funds to support Visual Rehabilitation Services, a local non-profit, dedicated to serving those who are blind or visually impaired so that they may live independently. Dress in your costume and run, in person or virtual. 10k start: 8:45am; 5k start: 9am. \$35-\$40. 4485 Pineview Drive, Powder Springs. More info: [www.spooktacularchase.com](http://www.spooktacularchase.com).



## POPE DRAMA CLUB HAUNTED THEATER: MORBID MUSEUM

October 28-30

A classic tourist trap that boasts the largest collection of artifacts from classic urban legends from Hannibal Lector to Michael Myers, but most impressive are their photo realistic wax figures. All seems well as a tour group begins their journey through the museum, but things quickly heat up when the wax figures start to break the mold. 5pm. \$5. Pope High School Theater, 3001 Hembree Road NE, Marietta/East Cobb. More info: [popetheater.org](http://popetheater.org) or [popetheater@gmail.com](mailto:popetheater@gmail.com).

## HAUNTED HUSTLE 1M/5K

October 30

1M/5K Run. Join the YMCA for a morning of family fun. 1-mile walk: 8am; 5K Walk/Run: 8:30am. \$15-\$35. Northeast Cobb Y, 3010 Johnson Ferry Road, Marietta/East Cobb. More info: [runsignup.com/Race/GA/Marietta/HauntedHustleRun](http://runsignup.com/Race/GA/Marietta/HauntedHustleRun).

## THE PHANTOM OF THE OPERA

October 31

The Strand Theater's silent film series features the classic tale of Phantom of the Opera. The film is accompanied by live music from organist Ron Carter. Tickets: \$10/Advance; \$12/day of the show. 3pm. Earl and Rachel Smith Strand Theatre, 117 North Park Square Marietta. More info/tickets: [earlsmithstrand.org](http://earlsmithstrand.org).

# Pumpkins for Sale

## October 3-31

[www.mtzionumc.org](http://www.mtzionumc.org) for sales hours



Oh where is my pumpkin?  
Oh where is my pumpkin?  
Oh where, oh where,  
oh where, oh where,  
oh where, oh where,  
oh where.....  
Is my pumpkin?

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## Special Events

### Party in the Patch

### Saturday

### October 23

### 10:00 am - 2:00 pm

The perfect pumpkin is waiting for you at:

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1770 Johnson Ferry Rd.  
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# HEALTH & WELLNESS

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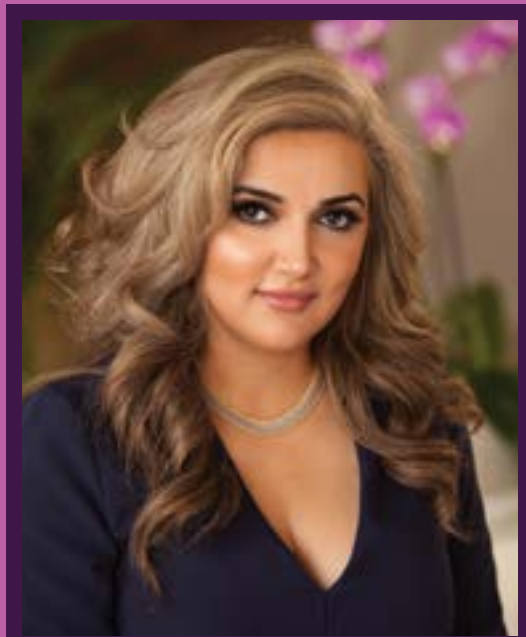
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# REPUBLICAN WOMEN'S CLUB TO DISTRIBUTE CONSTITUTION BOOKLETS

To further inform children about their government and Constitutional rights, the Cobb County Republican Women's Club (CCRWC) will distribute pocket-sized Constitution booklets to fifth grade students at Cobb County and Marietta schools. The CCRWC does this annually in recognition of national Constitution Day, which is celebrated on September 17. Each booklet contains the full text of the Constitution along with questions and answers so that the students can test each other on their knowledge of the document.

"It is never too early for children to learn about their government; however, it is most appropriate for them to learn at the level they can grasp the information and understand the process connected to the writing of the Constitution," said Rosan Hall, the Designated Chair for the Barbara Hickey Children's Fund, Constitution Day.

Since 2005, Barbara Hickey and Millie Rogers have distributed the booklets each year to introduce a fun and interesting way for kids to learn. After receiving approval

from the Boards of Education, they began purchasing the booklets each priced at one dollar. To raise the funds required, they began taking donations from the public and local businesses. Before passing away in 2019, Hickey created a nonprofit at the Cobb Community Foundation where supporters can currently donate to the Barbara Hickey Children's Fund, Constitution Day.

"In spite of the difficulty dealing with COVID-19, we have successfully filled the teacher's orders last year and feel confident we will do so again this year," Hall said.

Prior to the booklets being passed out, teachers from each school make requests for their students to receive them. Donations helped purchase enough booklets to supply approximately 3,000 children. According to Hall, the fundraising has gradually become a year-round commitment.

With funds changing every year, it is always possible that several fifth graders will not receive booklets. They will be dispensed on a "first response basis." If you are interested in contributing to the Constitution project, please contact Rosan Hall at 770-335-6013. 📞



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As we enjoy summer greens turning into autumn golds this fall, it's a great reminder that time is always passing. As we change another season, have you noticed your dad changing too?

If dad is struggling to maintain his home, health, or social life - we offer a lifestyle that will help him thrive.

Let us know how we can help.



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