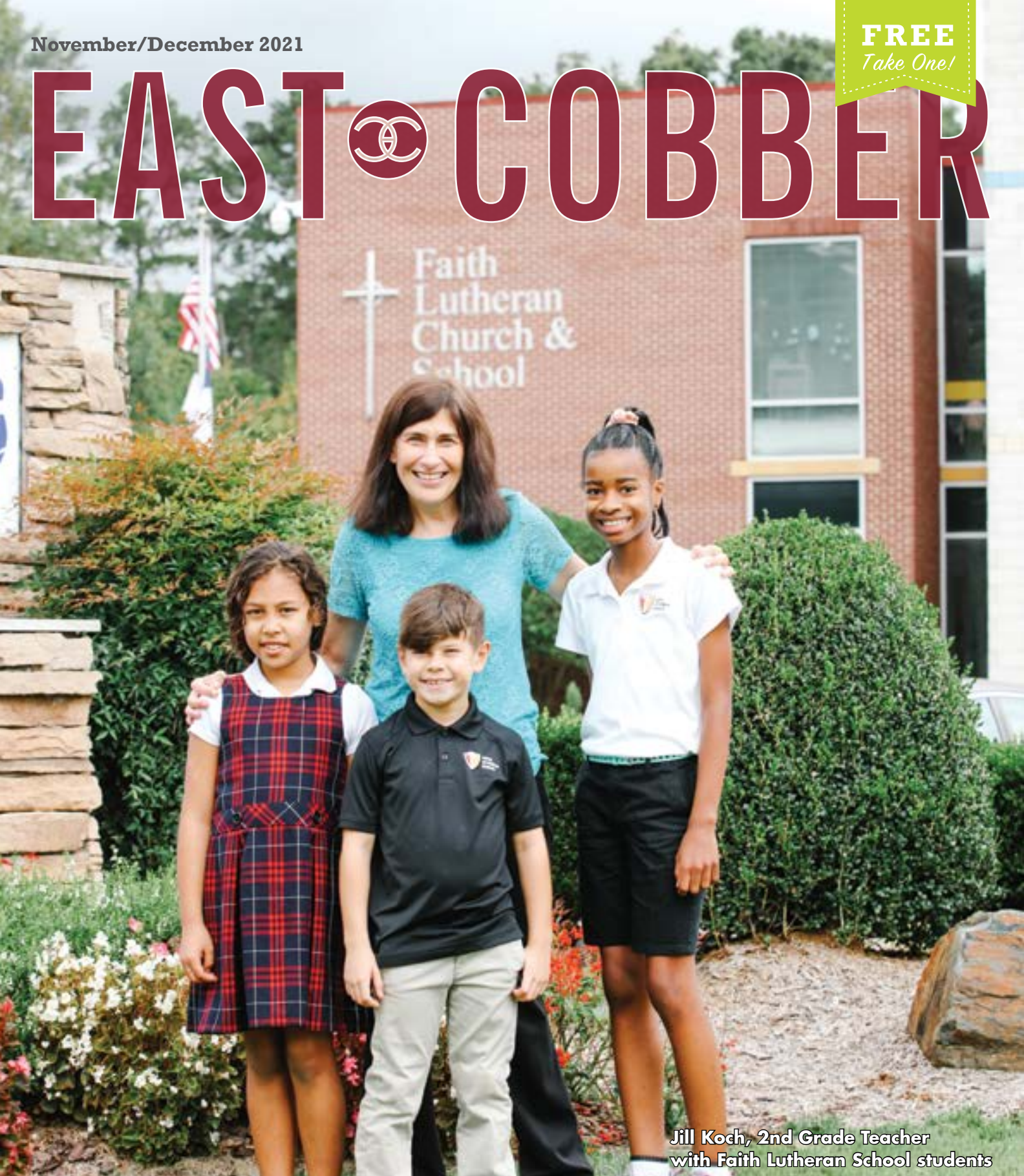


November/December 2021

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Jill Koch, 2nd Grade Teacher
with Faith Lutheran School students

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Secret Santas Needed for Seniors PAGE 28 | **Health + Wellness** PAGE 26

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EAST COBBER is a locally owned company that strives to build a sense of community and pride in East Cobb County by providing its residents with positive stories and timely information. The EAST COBBER is distributed free to homes, schools, and 500+ retail locations in the following zip code areas: 30062, 30066, 30067, 30068 and 30075.

Comments and stories are always welcome.

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On the Cover

Pictured on our front cover is Faith Lutheran School's second grade teacher, Jill Koch, with students Anna Sarah Santos (Grade 2); JP Campos Lacey (Grade 2); and Ava Pritchett (Grade 5).

Founded in 1958, Faith Lutheran School offers small class sizes, personal attention and challenging academics in a Christ-centered environment. You'll also find experienced and innovative educators in a loving and nurturing atmosphere that will strengthen your child not only academically, but give them a strong Christian foundation.

Says Mrs. Koch, "I am so blessed to be a teacher at Faith Lutheran School. It is a joy to be part of a community that helps the children grow academically, spiritually, and emotionally."

Faith Lutheran School is located at 2111 Lower Roswell Rd, Marietta/East Cobb. For more information or a private tour of the school, call 770-973-8921. To learn more about Faith Lutheran, turn to page 6 or visit their website at www.faithmarietta.org.

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FAITH LUTHERAN COMBINES FAITH AND FAMILY WITH ACADEMIC EXCELLENCE



Kindergarten teacher Karla Kraft shares her love of reading with her students.



Fifth grade teacher Rhonda Georgas leads her fifth grade students through an English lesson.



Lifelong friendships are made at Faith Lutheran School.

Since 1958, Faith Lutheran School has provided students with a faith-based education centered around Christian values and strong academics. Serving as a mission of Faith Lutheran Church, the school operates as part of the largest Protestant school network in the country. Faith Lutheran places Christianity and family first while providing students with the quality education needed for success.

“We nurture a personal relationship between our students and Jesus Christ,” said Principal Gordon Stuckert. “We value our partnership with parents in the education of their children as we prepare our students to be Christian leaders in today’s society.”

When the school first began, they focused on teaching children from kindergarten to fifth grade. Since then, the school has added one of the only all-day church preschool programs in East Cobb along with a middle school program. In 2019, Faith Lutheran added a toddler class to reach younger students. The school is currently undergoing several renovations and expansions as they look forward to the future.

“We are currently in the process of remodeling the lobby and entrance

area to be welcoming and accommodate future growth. Our reaccreditation process includes plans for numerous exterior and interior facility improvements to enhance the children’s educational experience,” Stuckert said.

Faith Lutheran has experienced much success throughout the years as they continue to grow their ministry and academic program. This can only be attributed to the school’s exceptional faculty and leadership. Their current faculty averages over 15 years of teaching experience and many staff members hold advanced degrees. Stuckert has received recognition as a National Distinguished Principal with the U.S. Department of Education. He is proud of the school’s family atmosphere that allows students to build strength and confidence for achieving academic success and applying what they have learned to real-life situations.

“In today’s high-stakes world, students often feel

a lot of pressure,” said Gretchen Hornsby, a school parent since 2011. “At Faith Lutheran, children know they are loved and appreciated for all of their gifts and talents, academic and otherwise. Faith Lutheran truly teaches and develops the whole child.”



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Excited second graders prepare for a day of learning at Faith Lutheran School.

Setting up their students for academic success, Faith Lutheran bases their values and family environment around the teachings of Jesus Christ. However, they also pride themselves on offering one of the most affordable tuition rates in East Cobb with experienced faculty who make the educational experience fun and enjoyable.

“We encourage and instruct our diverse community of students from the unity we find in Jesus Christ, so that they may grow and mature in the love of Christ and share that love with each other, family, and community,” Stuckert said.

After the middle school program, local private high schools express interest in teaching their academically-driven students. Many of the school’s alumni have gone on to experience collegiate accomplishments after graduation receiving acceptance to esteemed colleges and universities such as Duke, UGA, Georgia Tech, Alabama, Berry College, Oglethorpe, and Concordia Seminary St. Louis.

“Our students are well-prepared when they leave us, both spiritually and academically,” Stuckert said. “Our faculty and staff model a Christian life for their students, as these students use this opportunity to reach their God-given potential.”

Faith Lutheran School is located at 2111 Lower Roswell Road, Marietta/East Cobb. **A fall open house for interested families will be held on Sunday, November 14 from 2pm to 4pm.** For more information or a private tour of the school, call 770-973-8921. To learn more, visit their website at www.faimarietta.org.

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WHY YOUR PTA MEMBERSHIP IS VITAL

By Tammy Andress, President, East Cobb County Council of PTAs

The PTA (or Parents Teachers Association) is the oldest and largest volunteer child advocacy organization in the Nation and was formed over 120 years ago right here in Georgia. Our mission is simple. We advocate to make every child's potential a reality by engaging and empowering families and communities to advocate for all children. We value Collaboration, Commitment, Diversity, Respect and Accountability.

The East Cobb County Council of PTA's (ECCC PTA), which is comprised of 35 schools in the East Cobb area, boasts a membership of almost 20,000. While well short of a pre-pandemic membership of 35,000, we are still proud to have one of the largest memberships in Georgia. This gives the ECCC PTA a powerful advocacy voice for the students in East Cobb.


We are well underway to a new school year and educators; students and parents are busy with the task of learning. Routines have been established and the fear and uncertainty of in person learning has started to fade. During everything, the PTA's of the ECCC have never stopped advocating for educational priorities which affect our students, staff and school communities while continuing to enhance the climates of their schools.

With family engagement opportunities still scarce and PTA sponsored activities still not at pre-pandemic levels, some might ask "Why is PTA membership still important?" With the continued challenges facing our schools, there are many important reasons to continue to support your school's PTA.

First, PTA is an integral component that affects the climate of our schools. It assists with the creation of that village which helps nurture our children; it helps teach our children to love learning; and it strengthens our community through family engagement and advocacy. Schools are the heart of their communities, and PTA outreach and communication help families connect

to become part of that community. By supporting your school's PTA, you are allowing it to continue to provide teacher grants, student support, and offer programs and events that celebrate literature, arts and science, advocacy, diversity, inclusion and family engagement. PTA works to inspire a love of reading, critical thinking, teamwork and creativity in parents, students and educators alike. The National PTA Reflections Program alone, which attracts over 300,000 student artists in Pre-K through Grade 12, provides an opportunity for students to explore their own thoughts and feelings while developing artistic literacy and increased confidence that will help them become more successful in school and in life.

Most importantly, there is PTA advocacy. Local, state and national policies are tracked daily by PTA's so they can advocate for what's best for all students, families and schools. Consequently, your membership gives you a voice in a nationwide community of over 4 million parents, educators, students, community partners, grandparents, legislators, religious leaders, foster parents, and other committed individuals who advocate for improving education, health and safety for all our children. We are "One Voice for Every Child."

But all of this takes support; support from parents, teachers, students and the local community by becoming members, donating to, and volunteering at your school's PTA so it can successfully continue its mission of ensuring that every child's potential becomes a reality. 



Tammy is the President of the East Cobb County Council of PTA's and a Vice President of the Lassiter PTSA. She is a longtime advocate for public education, is married to Kiffer and is the mother of three daughters, Hannah, Rebekah and Rachel.



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Electric Tooth Brushes – These make brushing more fun while also being more effective at removing plaque and debris from the teeth and gums. Studies have shown that most people brush more effectively with an electric toothbrush than with a manual one. For people with sensitive teeth, there are specially designed brush heads with softer bristles, and for those with braces, there are orthodontic heads designed to brush around brackets. Our favorite electric toothbrush at Cheek Dental is the Oral B iO (and we often get good deals from

the manufacturer around the holidays that we pass along to our patients!)

Take Home Tooth Whitening – Everyone loves a whiter smile! In just 10-14 days natural teeth can get several shades lighter with a professional strength whitening kit! In our office we carry both the Opalescence GO kit (which is easy, inexpensive, and can be picked up and taken home immediately) and the Opalescence custom tray set. Custom trays, made by taking an impression of the teeth, are designed to fit with precision and comfort. Both methods give excellent, long-lasting results.

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chair while wearing headphones and listening to music or wearing our Cinemizer glasses and experiencing the feeling of watching an IMAX movie. Once the teeth are whitened, maintaining that bright smile is simple. With our in-office professional whitening experience, the recipient is given custom trays to use for a quick at home touch-up when needed.

We hope that one of these great dental gift ideas will help you check one name off your holiday shopping list and give the recipient a more beautiful smile!



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LOCAL BUSINESS & COMMUNITY LEADERS RAISING FUNDS FOR EAST COBB PUBLIC SAFETY CELEBRATIONS

For several years now, local East Cobb business and community leaders have spearheaded efforts to raise funds for two special annual appreciation events for our local public safety heroes. The first celebration is an event held in November to thank the Precinct 4 (located on Lower Roswell Rd.) police officers, leadership, and staff for all they do to keep our community safe. The second event will take place in spring 2022 when the public safety appreciation committee will host the Cobb County Fire Department's annual awards banquet. Due to the pandemic these events were not able to take place last year, however, our community's continued generosity allowed us to fund the precinct's holiday reception, and committee members delivered special treats to all of the East Cobb fire stations.

"Both events take place right here in East Cobb at Olde Towne Athletic Club, and we are confident that our community will continue to provide the financial support needed to make these appreciation celebrations very meaningful for these special heroes. Even in a year as challenging as last year we were still able to recognize and thank our public safety heroes who keep us safe around the clock", says Susan Hampton, co-chair of the East Cobb Public Safety Celebrations committee. "We are so grateful for the outpouring of support shown year after year from our community, and we are honored to partner with the Cobb County Public Safety Foundation. We also appreciate the continued support of our co-host sponsors, the East Cobb Business Association and the Cobb Chamber's East Cobb Area Council, and presenting sponsors Wellstar Health System and the Rotary Club of East Cobb. We couldn't do it without their continued support, as well as the support of all of our wonderful sponsors and donors," says committee co-chair Kim Paris.

Local businesses as well as families, churches, schools and civic groups are encouraged to make donations to this worthy cause. See the facing page for details on tax-deductible donation levels and sponsorship opportunities.

For more information on the public safety celebrations call Susan Hampton at 404-218-6216 or Kim Paris at 770-367-0609. 📞

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TOYS FOR TOTS SEEKS DONATIONS

As the holidays are upon us and planning for Christmas arrives, it's also time to think about doing something special for children in need. The U.S. Marine Corps Reserve Toys for Tots Program is underway giving local residents an opportunity to purchase a toy for a boy and girl outside their family.

Toys for Tots started more than 60 years ago when Maj. Bill Hendricks, USMCR, and a group of Marine reservists in Los Angeles collected and distributed more than 5,000 toys to needy children. Hendricks' idea caught on and was so successful that the Marine Corps adopted Toys for Tots the following year and expanded it into a nationwide program. In 1995, the Secretary of Defense approved Toys for Tots as an official activity of the U.S. Marine Corps and an official mission of the Marine Corps Reserve.

Today, Toys for Tots is the Marine Corps' premier community action program and one of the nation's flagship Christmas charitable causes. Toys for Tots is the only charitable endeavor within the Department of

Defense which reaches outside the military establishment to give something back to the communities. Toys for Tots has enjoyed over a half century of success because of the support of millions of caring Americans, local communities, and corporate America plus the dedication and hard work of thousands of U.S. Marines. Toys for Tots is a program which brings all elements of a community together in a common cause for three months each year. The shiny new toy at Christmas lets these youngsters know that someone cares.

Area Toys for Tots coordinator Kelly Wilson is in charge of finding enough money and toys to fulfill toy requests for children in the 18 counties throughout Metro Atlanta. Kelly can be reached at 678-887-5179.

Toys for Tots collects only new toys. Organizers ask that toys brought to drop-off points be unwrapped so they can be sorted and given to the right child. Toys are to be appropriate for children from birth to 12 years.

For a complete list of drop-off points, visit www.northatlanta.toysfortots.org.



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The Bridge to Sharktooth Island: A Challenge Island® STEAM Adventure (West Margin Press) is written by award-winning educator and East Cobb resident, Sharon Duke Estroff, Founder and CEO of Challenge Island and award-winning author Joel Ross.

The Bridge to Sharktooth Island artfully intertwines action-packed fantasy with real-life engineering as

cautious Daniel, his brave cousin Joy, and their studious new friend Kimani find themselves suddenly stranded on a mysterious island surrounded by sharks. Together the kids find clues hidden around the island and realize that if they want to escape, they'll have to work together to build the strongest bridge they can to get to safety! The characters return in the back of the book, where they speak directly and intimately to the reader, sharing engineering tidbits learned during their adventure, cool shark facts from Kimani's notebook, and fun STEAM activities kids can do at home including building a bridge, mixing up a blue slime ocean, and designing ferocious paper sharks.

"As an educator, an author, a mom, and the creator of the Challenge Island program and curriculum, the release of the first book in the Challenge Island book series is among the proudest moments of my entire career," says Sharon Duke Estroff, Founder and CEO of Challenge Island Global. "But more importantly, I truly believe that this it is exactly what kids need in this moment in time. What better way to reignite child's a love of learning than by turning a beloved STEAM enrichment program into a fantastical new book series? And - for the millions more children who will first come to know Challenge Island inside the pages of this book - to see that magical story come to life, not only in their imaginations, but in the real worlds.

To purchase the book, visit Amazon.com/Bridge-Sharktooth-Island-Challenge-Adventure. To learn more about Challenge Island book-related programs visit challenge-island.com. 📖



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2021 *November/December* COMMUNITY CALENDAR

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Marietta Square Farmers Market features products that are grown and produced in Georgia, including produce, plants, honey, breads, cheese and other items. 9am-12 noon. Rain or shine. Glover Park-Marietta Square. More info: 770-499-9393 or mariettasquarefarmersmarket.net.

NOVEMBER 4-7

Mistletoe Market presented by Junior League of Cobb-Marietta. More than 50 vendors from across the Southeast. Thursday: 6-9pm (\$26 includes swag bag, light bites, two beverages, entertainment and early shopping access); Friday: 9am-7pm; Saturday: 9am-6pm; Sunday: 10am-4pm. \$8.65/advanced; \$10/at the door. Cobb County Civic Center, 548 South Marietta Parkway, Marietta. More Info/Tickets: jlcm.org/fundraiser/mistletoe-market.

NOVEMBER 4-7, 10-14 & 17-21

Ain't Misbehavin' presented by Georgia Ensemble Theatre. A sassy, sultry musical celebration of legendary jazz great Fats Waller. Journey through the legend's career with unforgettable hits like "I Can't Give You Anything but Love," "Black and Blue," & "This Joint is Jumpin'!" Wednesday: 7:30pm; Thursday-Saturday: 8pm (additional show at 4pm on 11/20); Sunday: 2:30pm. \$39-\$44. Roswell Cultural Arts Center, 950 Forrest Street, Roswell. More info/tickets: get.org.

NOVEMBER 5-7, 11-14 & 18-21

tick tick...Boom! presented by Act 3 Productions. Before Rent, there was Tick, Tick... Boom! This autobiographical musical is the story of a composer and the sacrifices that he made to achieve his big break in theatre. Thursday-Saturday: 8pm; Sunday: 3pm. Tickets: \$9-27. Act3 Playhouse, 6285-R Roswell Road, Sandy Springs. More Info/Tickets: act3productions.org.

NOVEMBER 6-7

Titan Tidings Christmas Gift Show. Over 110 vendors offering jewelry, holiday and home décor items, clothing and accessories, pottery, glassware, knits, monogramming, gourmet food items, children's items, fine art and a huge bake sale. Saturday: 9am-5pm; Sunday: 10am-3pm. \$3; No strollers. Blessed Trinity High School, 11320 Woodstock Road, Roswell. More info: www.btcatholic.org/titantidings.

NOVEMBER 6, 9, 10 & 12

Julius Ceasar presented by the Atlanta Opera. The love affair between Julius Caesar and Cleopatra. Loosely based on events during the Roman Civil War, Caesar arrives in Egypt in pursuit of his enemy, only to fall in love with the beguiling queen--what plays out is an episode of Game of Thrones, in which blood, lust, and the pursuit of power both torments and unites. Times vary by day. \$45-150. Cobb Energy Performing Arts Center, 2800 Cobb Galleria Parkway, Atlanta. More info/Tickets: atlantaopera.org.

NOVEMBER 7 & DECEMBER 5

Free Sunday at Marietta Cobb Art Museum. Enjoy the museum with friends and family. 1-4pm. Free. Marietta/Cobb Museum of Art, 30 Atlanta Street SE, Marietta. More info: mariettabartmuseum.org.

NOVEMBER 9

International Game Day. Celebrate International Games Week. Come and play board games, card games, or bring your favorite game from home to share with others. This event is open to all ages--adults, teens, and children (with parental supervision). Snacks will be provided. 4-7pm. Free; Registration Required. Sewell Mill Library & Cultural Center, 2051 Lower Roswell Road, Marietta/East Cobb. More info: www.cobbcounty.org/library/events/international-games-day-sewell-mill-library-cultural-center.

NOVEMBER 12

Martinis & Music at Marietta/Cobb Museum of Art. Live music, light refreshments, cash bar and great art. 5:30-8:30pm. \$10; Members: Free. Marietta/Cobb Museum of Art, 30 Atlanta Street SE, Marietta. More info: mariettabartmuseum.org.

NOVEMBER 12 & 13

Atlanta Antique Gun and International Military Show. Antique Guns & Arms & Memorabilia of the Civil War, Indian Wars, WWI and WWII. Exhibited, bought, sold & traded. Friday: 12-5pm; Saturday: 9am-5pm. \$7/general admission; \$1/children (7-12years). IMAW Local 709 Union Hall, 1032 South Marietta Parkway, Marietta. More info: gunshowtrader.com.

Mt. Zion Holly Jolly Craft Show. Over 50 arts and crafts vendors, silent auction, door prizes, bake sale, quilt drawing and Santa pictures! Fresh baked apple pies and cookies. All proceeds go to charities. Friday: 9am-5pm; Saturday: 9am-4pm. Free. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta/East Cobb. More info: mtzionumc.org or 770-971-1465.

NOVEMBER 13 & 14

The Elegant Elf Marketplace presented by Sandy Springs Society. A high-end gift market showcasing an estimated 80 carefully selected local and regional vendors. All proceeds benefit non-profit organizations. 9am-5pm. \$5 entrance fee; Free/10 & under. City Springs Civic & Performing Arts Center, 1 Galambos Way, Sandy Springs. More info: sandyspringssociety.org.

NOVEMBER 16

Walton Raider Dugout Club Silent Auction. Fundraiser for the 2022 varsity and JV baseball teams. Silent auction items include: sports memorabilia, Walton parking spots, specialty retail, local restaurants, and much more. Mention Walton baseball when ordering for a portion to be donated to the teams. 6-9pm. Free. Marlow's Tavern, 1311 Johnson Ferry Road, Unit 208, Marietta/East Cobb. More info: waltonbaseball.org.

NOVEMBER 18

Ecumenical Thanksgiving Celebration. An inspiring and uplifting community Thanksgiving celebration of music and reflection, with a healthy dose of humor. This annual celebration brings together clergy, lay leaders and choirs from more than a dozen different religious beliefs to recognize what they have in common and celebrate our uniqueness. Virtual. 7pm. Free. More info: kolemeth.net/specialservices.

NOVEMBER 19-21

Annual Gem and Mineral Show & Sale presented by Cobb County Gem & Mineral Society. Over 30 vendors will show a large selection of gems, fossils, rocks and bead supplies. Friday-Saturday: 10am-6pm; Sunday: 10am-5pm. Cobb County Civic Center, 548 South Marietta Parkway SE, Marietta. More info: www.ccgms.org/annual-civic-center-show.

NOVEMBER 20 & DECEMBER 18

Pop-In for Family Fun at the Marietta Museum of History. Crafts and activities will be provided to create a fun learning environment that explores different topics of history with a local focus. November theme: Books; December theme: Holiday Crafts. 10:30am-3:30pm. \$5/person; \$20/family cap. Marietta Museum of History, 1 Depot Street, Marietta. More info: 770-794-5710 or www.mariettahistory.org.

NOVEMBER 20-21

Annual Sprayberry Arts & Crafts Show. Over 200 crafters, raffle and great food. No Strollers. Proceeds go to Sprayberry High School PTSA. Saturday: 9am-5pm; Sunday: 10am-4pm. Free. Sprayberry High School, 2525 Sandy Plains Road, Marietta. More info: 770-578-3200 or sprayberryptsa@gmail.com.

NOVEMBER 22-26

Cobb County Schools Closed.

NOVEMBER 23

Craft Cornucopia. A fun afternoon of Fall and Thanksgiving themed crafts for ages 4-10. 3-4pm. Free. Mountain View Regional Library, 3320 Sandy Plains Road, Marietta/East Cobb. More info: www.cobbcounty.org/library/events/craft-cornucopia-children-age-4-10-mountain-view-regional-library.

NOVEMBER 24

Pranksgiving V. These live comedy shows, borne from the talent presented at popular open mic comedy nights, are a fantastic way to see a full lineup of talented and hilarious comedians without breaking the bank. 8pm. \$10. The Earl and Rachel Smith Strand Theatre, 117 N Park Square, Marietta. More info: earlsmithstrand.org.

NOVEMBER 25

Gobble Jog 5K/10K. MUST Ministries' largest fundraiser. Peachtree qualifying race. Packet pick-up: Wednesday, November 24, 10am-6pm at the Cobb County Civic Center, 548 South Marietta Parkway SE, Marietta. Same day registration for untimed runners only beginning at 6:30am. 10K: 7:30am start; 5K Timed: 9:00am start; 5K Untimed: 9:05am start; 1K Fun Run/Walk: 8:45am start; Tot Trot ages 5 & under: 10:30am start. \$20-\$40. Marietta Square, 50 E Park Square, Marietta. More info/to register: gobblejog.org.

NOVEMBER 27

8th Annual Run the Lights of Life 5K presented by Life University. The 5K starts at 4:30pm and takes in the campus of Life University during their annual holiday light show. As the run progresses, the sun goes down and the lights come on! After the run, stay and enjoy the holiday festivities, with caroling, s'mores, hot cocoa, food and more. Dress in your favorite holiday costume to win prizes. 1K: 4:15pm. 5K: 4:30pm. \$20-\$40 (includes Free entry to Lights of Life). Life University, 1269 Barclay Circle, Marietta. More info: www.active.com/marietta-ga/running/distance-running-races/the-8th-annual-run-the-lights-of-life-5k-2021.

DECEMBER 2-4

Roswell United Methodist Christmas Gift & Craft Show. Unique vendors for exclusive shopping all in one place! Featuring custom jewelry, ladies & children's clothing, toys, gourmet foods, home accessories, Christmas decor, sports memorabilia, men's accessories, leather goods, one-of-a-kind art, bake sale, Christmas tree and poinsettia sale. Lunch offered through the café. Thursday: 5-7pm; Friday: 9:30am-5pm; Saturday: 9:30am-3pm. Free. Roswell United Methodist Church, The Dodson Center, 95 Pratt Street, Roswell. More info: www.rumc.com/christmasgcs.



COMMUNITY CALENDAR

DECEMBER 3-4

40th Annual Apple Annie Crafts and Arts Show. Over 120 of the Southeast's finest artisans and crafters. One of the largest non-profit shows with a high quality and large assortment of crafts and arts in a festive setting. Proceeds support local charities. No strollers. Friday: 9am-6pm; Saturday: 9am-2pm. \$3; Under 12 Free. Catholic Church of St. Ann, 4905 Roswell Road, Marietta. More Info: st-ann.org or www.facebook.com/appleanniecrafftshow.

Willy Wonka, Jr. presented by Roswell Youth Theater. Follow enigmatic candy manufacturer Willy Wonka as he stages a contest by hiding golden tickets in five of his scrumptious candy bars. Friday: 7pm; Saturday: 2pm & 7pm. \$12. Roswell Cultural Arts Center, 950 Forrest Street, Roswell. More info: 770-594-6232 or www.roswellgov.com.

Tuck Everlasting. Ten-year-old Winnie Foster will have to choose whether she wants to live an everlasting adventure or a life full of the ordinary beauty of growth and change. Presented by Pope High School Theater. Friday: 7pm; Saturday: 2pm and 7pm. \$6-\$12. Pope High School Theater, 3001 Hembree Road NE, Marietta. More info/Tickets: www.popetheater.org.

DECEMBER 4

Back to Nature Holiday Market and Festival. Shop Local this holiday season! Explore local artisans who have unique, handmade, and/or eco-friendly gifts for the holiday season. Art, jewelry, candles, children's gifts, bath products, food, nature gifts, and so much more. 10am-5pm. Free; Reservations are required. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or chattnaturecenter.org.

Roswell Holly Jolly Family Fishing Derby. Holiday cheer is in the air and the fish are biting, too! A grand prize will be awarded for the largest fish and there will be various other prize categories by age. This is a great way to get the whole family out for a fun day around the lake with a special visit from Santa! 10am-12pm. \$12-\$18; Registration required. Roswell Area Park, 10495 Woodstock Road, Roswell. More info: 770-594-6232 or www.roswellgov.com.

DECEMBER 11

Sleighbells on the Square 5K & 12Ks of Christmas. Bring the family and help raise funds for Cobb Children's Emergency Fund. The Fund provides emergency grants to Cobb County households facing financial emergencies or crises. Festive holiday attire is encouraged. Peachtree qualifier race. Packet pick-up: Friday, 11am-6pm at Big Peach Running Co Kennesaw, 1625 Ridenour Boulevard, Suite 304, Kennesaw. Tot Trot: 8:45am; 1K: 9am; 5K Race: 9:15am. \$20-\$30/5K & 1K through November 29; \$10/tot trot through December 11. Marietta Square, 50 E Park Square, Marietta. More info/registration: www.cobbcountybar.org.

DECEMBER 18

Dashing Through the Square 5K & 1K sponsored by the PEARL Foundation and Alpha Kappa Alpha Sorority, Rho Zeta Omega Chapter. Funds raised will be used to support scholarship funds and community service programs. Peachtree qualifier race. Race: 8am. \$20/1K; \$35-\$40/5K. Marietta Square, 99 S Park Square, Marietta. More info/registration: raceroster.com/events/2021/45401/6th-annual-dashing-through-the-square-5k-runwalk-and-1k-kids-rudolph-race.

DECEMBER 20-JANUARY 4

Cobb County schools closed for winter break.

DECEMBER 31

Atlanta Symphony Orchestra New Year's Eve Celebration. Enjoy ringing in the new year with The Atlanta Symphony. 8pm. \$60-\$75/reserved tickets; City Springs, Byers Theatre, 1 Gambos Way, Sandy Springs. More info/Tickets: www.citysprings.com.

Noon Year's Eve. Come countdown to noon in this kid-friendly celebration of New Year's! Say good-bye to 2021 and welcome in 2022 with crafts, activities, and a balloon drop as the clock strikes noon! 11:30am-12 noon. Free. Mountain View Regional Library, 3320 Sandy Plains Road, Marietta/East Cobb. More info: www.cobbcounty.org/library/events/noon-years-eve-mountain-view-regional-library-ages-0-10.

The NYE Show: The Music of Queen and Bowie. The Georgia Players Guild will ring in the new year with a tribute concert honoring the musical legacy of rock supergroups Queen and Bowie. 9pm. Tickets: \$45-\$75. Earl & Rachel Smith Strand Theater, 117 North Park Square, Marietta. More info: 770-293-0080 or www.earlsmithstrand.org.

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**ATLANTA INTERNATIONAL
ANTIQUE GUN AND MILITARY
COLLECTOR SHOW**

FRIDAY NOON - 5PM • SATURDAY 9AM - 4PM

NOV 12-13, 2021

IAMAW LOCAL 709 UNION HALL
1032 S. MARIETTA PARKWAY, MARIETTA

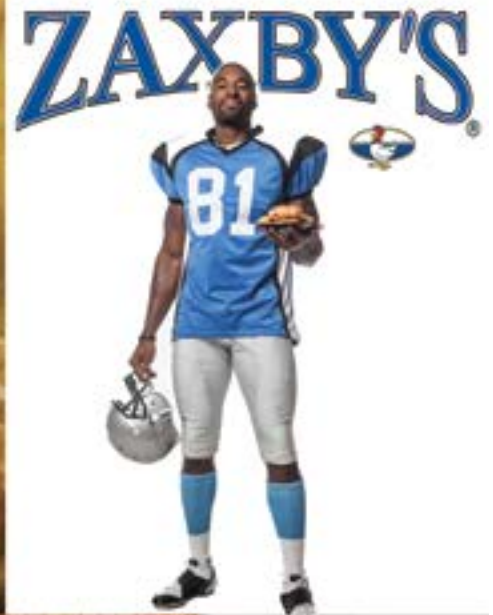
130 TABLES
DAILY ADMISSION \$7.00 AGE 7-12 \$1.00
2 DAY PASS (FRI & SAT) \$10.00

Carolina Trader Promotions 704-282-1339

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www.adamophotography.com

770-365-6632



Holiday Happenings

Metro Atlantans celebrate the holiday season by continuing old traditions, decorating public spaces and putting on plays. The EAST COBBER is happy to provide a sampling of those special events to help you get in the holiday spirit.

CHRISTMAS TRADITIONS

NOVEMBER 12 - FEBRUARY 27

License to Chill Snow Island. Get your adrenaline fix at Snow Island tubing on the 575 feet long, 8-story high Parrot Mountain slide, one of the fastest snow rides in North America! Take a spin around the ice rink, enjoy the carnival sights, smells and rides, or play in the snow. Free/Children under 2; \$39.99-\$49.99; Family 4-pack: \$159.99. Check website for hours of operation.

Margaritaville at Lanier Islands

7650 Lanier Islands Parkway, Buford

470-323-3440 | lanierislands.com/Margaritaville/attractions/snow-island



WEEKENDS NOVEMBER 14 - JANUARY 3

The Botanical Express at Atlanta Botanical Garden.

Climb aboard as the conductor takes you on a scenic holiday journey around the Garden. Train does not run in inclement weather. 10am-4pm. \$5/passenger; \$3/member plus admission to the gardens.

Atlanta Botanical Garden, 1345 Piedmont Avenue, Atlanta
404-876-5859 | atlantabg.org

DECEMBER 2 - DECEMBER 24

Winter Wonderland at The Marietta Square. Marietta's Winter Wonderland returns featuring the Festival of Trees. Marietta Square Glover Park, 50 North Park Square, Marietta
www.winterwonderlandmarietta.com



DECEMBER 4 & 5

35th Annual Marietta Pilgrimage Christmas Home Tour.

This year, get a glimpse inside private homes located in the Kennesaw Avenue Local Historic District. Saturday: 9am-8pm; Sunday: 10am-5pm. All-inclusive ticket provides one visit to each home. \$25/advance, \$30/at event.

Marietta Welcome Center, No. 4 Depot Street, Marietta
770-429-1115 or 770-426-4982 | mariettapilgrimage.com

DECEMBER 10-11

Christmas at Piedmont Church. This free 2-day event features over 40 unique handmade arts and crafts booths, children's play area, food, entertainment provided by local school choruses and dance groups, a live nativity, and free photos with Santa. Friday: 5-9pm; Saturday: 10am-5pm. Free.

Piedmont Church, 570 Piedmont Road, Marietta

770-423-1330 | jmmmanagement.com/arts---crafts.html

DECEMBER 12

Enchanted Woodland Wonders Family Fun Day. Come celebrate the magic of the holiday season with reindeer and fairies. Visitors will enjoy a host of holiday-themed programs including reindeer games, story time, winter crafts, hot cocoa, and more! Visitors are welcome to bring a picnic to enjoy at one of the many picnic tables and meadows on site, or they can purchase food from local food trucks. 2-6pm. \$10/adults; \$7/students/seniors; \$6/children; ages 2 and under free. Free for CNC members. Chattahoochee Nature Center, 9135 Willeo Road, Roswell
770-992-2055 ext. 238 | www.chattnaturecenter.org

DECEMBER 21

It's a Wonderful Life Movie Marathon. The Strand continues its tradition of playing *It's a Wonderful Life* on the big screen all day on the Tuesday before Christmas. Fuzzy pajamas are encouraged and popcorn and drinks will be served. Showtimes: 11am, 2:30pm, 6:15pm, 9:15pm. Tickets: \$10.

The Earl & Rachel Smith Strand Theater

117 N Park Square, Marietta

770-293-0080 | www.earlsmithstrand.org

CHRISTMAS TREE LIGHTINGS

DECEMBER 2

Lighting of the Christmas Tree. Kick-off the holiday season with The City of Marietta's Annual Christmas Tree Lighting Ceremony in conjunction with the arrival of Santa Claus in Glover Park on the Marietta Square. The fun begins at 4pm with performances by local school choruses. Santa makes his grand entrance at 6pm followed by the lighting of the City's Christmas Tree. 4pm. Free.

Glover Park 50 N. Park Square, Marietta
770-794-5601 | www.mariettaga.gov



DECEMBER 5

Holiday Lights Celebration. Friends for the East Cobb Park will be hosting a tree lighting featuring musical performances on the park stage and a visit from Santa. 5-7:30pm. Free.

East Cobb Park, 3322 Roswell Road, Marietta/East Cobb
eastcobbpark.org

CONCERTS

DECEMBER 4

Cobb New Horizons Symphonic Band Christmas Concert. Come celebrate the holidays with the Cobb New Horizons Band. Directed by Dr. Charles Jackson. 2pm. Free.

Lassiter High School Concert Hall
2601 Shallowford Road, Marietta/East Cobb
www.cobbnewhorizonsband.com

Holiday POPS! 'Tis the season for fun-filled music! Georgia Symphony Orchestra's Holiday Pops is the favorite way for friends and family to enjoy time together in a festive concert experience. With Santa, a sing-a-long, and so much more! 3pm & 8pm. \$12-\$40.

Marietta Performing Arts Center
1171 Whitlock Avenue, Marietta
770-429-2390 | georgiasymphony.org

DECEMBER 4

Kennesaw State University: School of Music Holiday Concert. Kick off your holidays with the School of Music as they celebrate the season and present a festive and exciting program full of holiday favorites performed by the KSU Symphony Orchestra, Wind Ensemble, and choirs. 2pm & 8pm. \$15-\$20. Reservations required.

Bailey Performance Center, KSU
1000 Chastain Road, Building 30, Kennesaw
arts.kennesaw.edu/concerts-and-events/music.php

DECEMBER 5 & 8

Hansel and Gretel with the Atlanta Symphony Orchestra. Hansel and Gretel still get lost in the woods, they still find a gingerbread house, but along the way they meet the Sandman and the Dew Fairy, two benevolent spirits who watch over them. Will Hansel and Gretel make it back to mother and father? Who lives in that funny gingerbread house? December 5: 3pm; December 8: 8pm. \$18-\$62.

Atlanta Symphony Hall
1280 Peachtree Street NE, Atlanta
www.aso.org/events/detail/hansel-and-gretel

DECEMBER 10 & 12

Christmas Festival Concert. Experience the spirit of the Christmas season as the RUMC Sanctuary Choir, Georgia Philharmonic, Celebration Ringers, Roswell Kids Music Singers and organist Tom Alderman present a concert filled with favorite holiday music. December 10: 7:30pm. December 12: 3pm. Free, but tickets required to ensure seating.

Roswell United Methodist Church
814 Mimosa Boulevard, Roswell
770-594-0512 | www.rumc.com

DECEMBER 11

Marietta Pops Orchestra Holiday Concerts. Join the Marietta Pops Orchestra as they take a musical trip down Christmas memory lane. 5pm & 7:30pm. \$20/adults; Free/under 10

First Baptist Church Marietta, 148 Church Street, Marietta
mariettapopsorchestra.org

DECEMBER 12

Atlanta Concert Band. Come enjoy some holiday music. 4pm. Free.

Mount Vernon Presbyterian Church
471 Mt. Vernon Highway, Sandy Springs
atlantaconcertband.org

DECEMBER 16

The Strand Ole Opry's Country Christmas. A down-home bluegrass concert of holiday music performed on the banjo, fiddle, guitar, bass, and washboard! A band of merry singers and traditional southern storytellers invite patrons onto The Strand's metaphorical 'back porch' to bring a little twang to the tinsel season. 8pm. Tickets: \$19-\$23.

Earl & Rachel Smith Strand Theatre
117 North Park Square, Marietta
770-293-0080 | www.earlsmithstrand.org



Holiday Happenings

LIGHT DISPLAYS

THROUGH DECEMBER 31

Lights of Life. Millions of holiday lights throughout the campus. Santa Claus will be visiting on weekends for photographs. Sunday-Thursday: Dark-9pm. Friday & Saturday: Dark-10pm. December 2-5 & December 9-12: \$5/car or truck; Weekends and December 13-31: \$10/car or truck; \$20/bus. There will also be pony rides, train rides, a petting zoo, and a concession stand offering seasonal drinks and snacks for purchase.

Life University, 1269 Barclay Circle, Marietta.
678-331-4342 | www.life.edu



NOVEMBER 13 - JANUARY 2

Stone Mountain Christmas. More than two million lights and an abundance of performances and activities. Prices and times vary by day.

Stone Mountain Park
U.S. Highway 78, East Stone Mountain
770-498-5690 | www.stonemountainpark.com/Activities/Events/Stone-Mountain-Christmas

NOVEMBER 13 - JANUARY 15

Garden Lights, Holiday Nights at The Atlanta Botanical Garden. While plenty of the show's fan-favorite features will return, guests can expect new twists, including a colorful Glowing Grove along the Flower Walk, oversized flowers leading to Ice Goddess and several lighted sculptures from the 2021 summer exhibition SUPERNatural: Glass Art by Jason Gamrath. 5-11pm. Select days ticket prices vary with discounts, check website for pricing on your day.

Atlanta Botanical Garden, 1345 Piedmont Avenue, Atlanta
404-876-5859 | atlantabg.org

NOVEMBER 20 - JANUARY 2

Holiday in the Park. More than one million LED lights and dozens of Christmas trees, festive shows, tasty culinary treats and, of course, the Big Man: Santa Claus in all his glory. Select days. Ticket prices vary with discounts, check website for pricing on your day.

Six Flags Over Georgia, 275 Riverside Parkway SW, Austell
770-948-9290 | www.sixflags.com/overgeorgia/events/holiday-in-the-park

DECEMBER 2 - DECEMBER 23

Holiday Lights of Hope. A huge walk-through Christmas light display with more than 2,000,000 lights, concessions, Santa and so much more! 6pm. \$10; Under 14 Free. Check website for weather closures.

Hobgood Park, 6688 Bells Ferry Road, Woodstock
holidaylightsofhope.com or www.facebook.com/HolidayLightsOfHope

DECEMBER 4 - JANUARY 10

Atlanta Festival of Lights at Atlantic Station. A drive thru holiday lights experience Entry will be timed to reduce wait times. 6-11pm nightly. Monday-Thursday: \$25/car; Friday-Sunday: \$35/car.

Atlantic Station, behind shops and down the hill from Target. The line will form on Fowler Street near the Fire Station located at 165 16th Street NW, Atlanta
atlantafestivaloflights.com

LIVE NATIVITY

DECEMBER 10-12

Drive through Nativity. Please check website for more information.

Legacy Church, 1040 Blackwell Road, Marietta
LegacyChurchGA.com

MENORAH LIGHTING

DECEMBER 4

Menorah Lighting on Marietta Square. Congregation Ner Tamid of Marietta will have a Menorah Lighting on the Glover Park Stage. The event will be led by Rabbi Joseph Prass, featuring Hanukkah music, and free books from PJ Library, hot chocolate and doughnuts! The rain date will be Dec. 5. 6:30 pm. Free.

Marietta Square, 50 Park Square, Marietta
678-264-8575 | www.mynertamid.org



PARADES

DECEMBER 4

Christmas Jubilee Parade of Lights. Join the City of Woodstock for an evening of fun. Before the parade, enjoy food from vendors or local restaurants. The parade begins at 5:30pm. After the parade head to The Park at City Center for the Christmas tree lighting, a visit from Santa, crafts and many more activities! 4:30pm. Parade begins at 5:30pm.

8588 Main Street, Woodstock
770-592-6000 | woodstockga.gov

Kennesaw's A Day with Santa. Santa's arrival begins at 2pm with a Main Street parade featuring marching bands, decorated floats, vintage cars, and colorfully-costumed characters. There will be a holiday host of activities. There will be a tree lighting in the evening. Depot Park, 2828 Cherokee Street, Kennesaw
770-422-9714

www.kennesaw-ga.gov/event/a-day-with-santa

Holiday Happenings

DECEMBER 5

Sparkle Sandy Springs Holiday Parade. The city of Sandy Springs will light up the holidays with a Parade, tree lighting, menorah lighting and Miniature Village. Check website for time. Free.

City Green, 1 Galambos Way, Sandy Springs
770-206-2022 | www.citysprings.com



SANTA SIGHTINGS

NOVEMBER 22 - DECEMBER 24

Avalon

Appointments preferred, walk ups only if time allows.
Sundays: 12-7pm (break: 2-3pm); Mondays: 12-6pm (break: 2-3pm); Tuesday-Thursday: 12-7pm (break: 2-3pm); Friday & Saturday: 10am-7pm (break: 1-2pm & 4-5pm); Christmas Eve: 9am-6pm. \$40, includes an email of all images from the photo session.

400 Avalon Boulevard, Alpharetta
770-765-2000 | www.experienceavalon.com

SATURDAYS NOVEMBER 27 - DECEMBER 18

Botanical Saint Nick

Meet Botanical Saint Nick, clad in his dark green robe and botanical head wreath. Bring a camera to take your own photos with Saint Nick and participate in fun holiday-themed activities. Free with Garden Admission. 10am-2pm.

Atlanta Botanical Garden, 1345 Piedmont Avenue, Atlanta
404-876-5859 | atlantabg.org

DECEMBER 3-24

Santa on the Marietta Square

Reserve your time with Santa in advance. See website for available dates/times.

Marietta Museum of History, 1 Depot Street, Marietta
www.winterwonderlandmarietta.com

THEATER & DANCE

NOVEMBER 10 - JANUARY 2

Rudolph the Red-Nosed Reindeer. Based on the classic television special. Ticket includes the live performance, Create-A-Puppet Workshop, and admission to the Worlds of Puppetry Museum. Show times vary by date. Tickets start at \$20.

Center for Puppetry Arts, 1404 Spring Street NW, Atlanta
404-873-3391 | www.puppet.org

NOVEMBER 12 - DECEMBER 24

A Christmas Carol. Join the Alliance Theatre for one of Atlanta's most treasured holiday traditions. Watch as Ebenezer Scrooge encounters the ghosts of Christmas Past, Present and Future in this holiday classic story. Showtimes vary. \$42-\$78.

Coca-Cola Stage, 1280 Peachtree Street NE, Atlanta
404-733-4650 | alliancetheatre.org





Please join us for our annual
Holiday Open House
November 12-14, 2021

Alpharetta
Buford
Marietta

QUEEN OF HEARTS
Antiques & Interiors



- ★ Vintage holiday trimmings, home decor & inspiration
- ★ Interior design demos
- ★ Giveaways and raffles

Kick off the holiday season with your family & friends!

Friday Nov 12, 10-7
Saturday Nov 13, 10-7
Sunday Nov 14, 12-6

Stay up to date on events
@queenofheartsantiques
on social media, FB & IG

www.Queenofheartsantiques-interiors.com

Holiday Happenings

DECEMBER 2-5

The Nutcracker. The Georgia Ballet's Nutcracker is a magical, enchanting ballet that is perfect for the whole family! Start a new tradition this holiday season. Showtimes vary. \$15-\$50.

Jennie T. Anderson Theatre
548 South Marietta Parkway, Marietta
770-528-8490 | andersontheatre.org

DECEMBER 3-24

A Christmas Carol 2021. A musical based on Charles Dickens' 1843 novella of the same time, A Christmas Carol takes you through Ebenezer Scrooge's Christmas Eve night with visits from the Ghosts of Christmas Past, Present, and Future. Celebrate the holidays with this beloved Dickens classic reimagined once again. Showtimes vary. \$15.75-\$20.

City Center Auditorium, 8534 Main Street, Woodstock
678-494-4251 | elmstreetarts.org

DECEMBER 4-29

Atlanta Ballet's Nutcracker with the Atlanta Ballet Orchestra. The beloved Christmas production returns to surprise and delight all audiences. See website for dates and times. Tickets start at \$30.

Cobb Energy Performing Arts Centre
2800 Cobb Galleria Parkway, Atlanta
404-881-2100 | www.atlantaballet.com/performances/nutcracker

DECEMBER 5

The Elf on the Shelf: A Christmas Musical. A thrilling spectacle of music and dance that transports audiences to the North Pole to glimpse the magical lives of Santa's Scout Elves. 6pm. \$30-\$69.

Fox Theater, 660 Peachtree Street, Atlanta
404-881-2100 | www.foxtheatre.org/events/detail/the-elf-on-the-shelf-2021

East Cobber Wishes You a Merry Christmas and a Happy New Year!

Join us for our 9th Annual Titan Tidings Christmas Gift Show

Blessed Trinity High School

11320 Woodstock Road, Roswell, GA 30075

Saturday, November 6th - 9:00am – 5:00pm

Sunday, November 7th - 10:00am – 3:00pm

~ Over 110 vendors offering a large variety of unique and beautiful gift items ~ Jewelry, Wreaths, Pottery, Fine Art, Holiday and Home Décor, Accessories, Knits, Children's Items and much more!

- ~ Tons of parking and all booths are indoors ~
- ~ Enter our Titan Tidings Raffle to win prizes ~
- ~ Concessions will be available ~ Huge Bake Sale ~
- ~ No Strollers Please ~ \$3 Admission ~





DECEMBER 7-12

Dr. Seuss' *How the Grinch Stole Christmas! The Musical*.

The Grinch discovers there's more to Christmas than he bargained for in this heart-warming holiday classic. Max the Dog narrates as the mean and scheming Grinch, whose heart is "two sizes too small", decides to steal Christmas away from the holiday loving Whos. Showtimes vary. \$40-\$89.

Fox Theater, 660 Peachtree Street, Atlanta

404-881-2100

www.foxtheatre.org/events/detail/the-grinch

DECEMBER 10-12

Mistletoe Magic. This festive revue of holiday classics features all the warmth and joy of the season all the classics. Bring the family and ring in the holidays with Mistletoe Magic! \$50-\$60. Showtime varies by day.

Byers Theatre, 1 Galambos Way, Sandy Springs

770-206-2022 | citysprings.com

DECEMBER 10-23

A Christmas Tradition: A Musical Revue. Sharing the holiday spirit through sparkling song and dance! This hometown favorite holiday revue features costumed singers and dancers performing both traditional and funky Christmas favorites. \$25-35. See website for dates and times.

The Earl & Rachel Smith Strand Theatre

117 N. Park Square, Marietta

770-293-0080 | www.earlsmithstrand.org

DECEMBER 17 & 18

Santa's Missing Mail. Ominous Crook and his sidekick, Skellmutt, are two dastardly bad guys who are out to stop Christmas by stealing Santa Claus's mail. Audiences will meet some panicked elves, a wise-cracking reindeer, a dim-witted superhero, and Santa, himself. The audience will also give David's friend, Fitzgerald, some help in writing a letter to St. Nick. 10am and 1:30pm (12/17). \$5.

Roswell Cultural Arts Center, 950 Forrest Street, Roswell

770-594-6232 | roswellpuppets.com

DECEMBER 21 & 22

The North Pole Fa-La-La-La Follies. Oh no! It's Christmas Eve, but the toys aren't finished, the elves are on strike, Santa has lost his laugh, and Rudolph has a runny nose! Will we have to cancel Christmas? Of course not! Hilarious holiday hijinx and fun for the whole family 10am and 1:30pm. \$5.

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Hope Christmas brings you all that
you are wishing for... and more!
Happy Holidays from
your friends at the East Cobber!

PET OF THE MONTH: MAXIMUS CHEESE a/k/a MAX

Submitted by 12-year-old Logan O'Farrell



Animal/Breed: Australian Labradoodle

Age & Gender: 4-year-old male

Favorite Food: Greenies

Favorite Person: Mama

Best Trick: Roll over

Turn Ons: Mama, foot, attention

Turn Offs: Loud noises and thunder

Favorite Toy: Pink tennis ball

Last Seen: Next to Mama

What makes your pet so special: He protects us.

SHOULD YOUR PET BE OUR PET OF THE MONTH?

Fill out the information on your pet and send it to:

EAST COBBER, P.O. Box 680455, Marietta, GA 30068.

Please include a picture with your entry. Or email description and a jpg to: petomonth@eastcobber.com

Pet's Name: _____

Animal/Breed: _____

Age & Gender: _____

Favorite Food: _____

Favorite Person: _____

Best Trick: _____

Turn Ons: _____

Turn Offs: _____

Favorite Toy: _____

Last Seen: _____

What makes your pet so special: _____

Owner's Name: _____

the waggin' wagon

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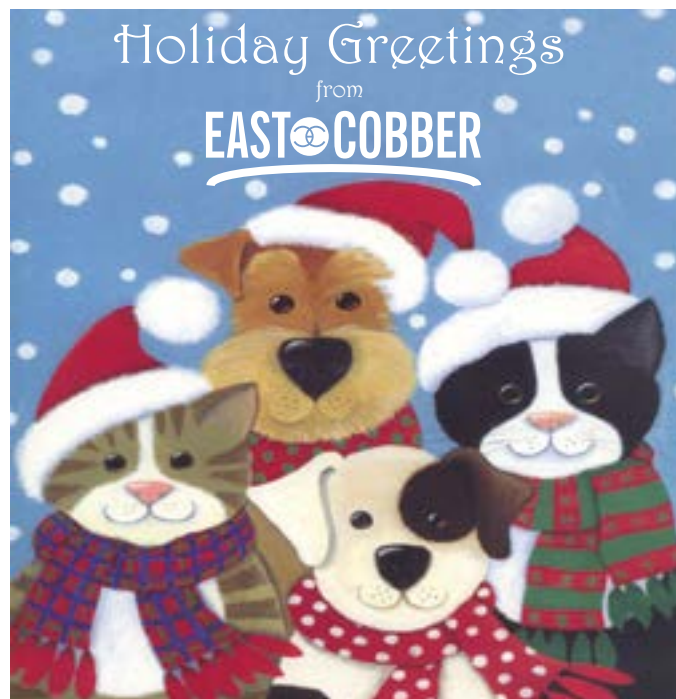
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SECRET SANTAS NEEDED FOR SENIORS

Every year in November, Cobb County Senior Services runs its Secret Santa for Seniors program. Through this program, the community is asked to help spread a little Christmas cheer to area seniors during the holiday season! The Secret Santa for Seniors program is designed to ensure area seniors celebrate the holiday season.

Cobb County Senior Services staffers identify seniors who are in need of a little extra holiday cheer this season. They will provide a wish list from a senior and you can purchase the items on the list, bring to Cobb Senior Services' office, and staff will deliver them. Community members are invited and encouraged to adopt an area senior by getting a wish list and shopping for Christmas gifts. Or you can donate gift cards from Kroger, Publix, Aldi, Walmart or Target.

Deadline for donations is Friday, November 19. Your generosity and support is sure to warm the hearts of senior clients, and yours, too! For more details, call Andrea at 770-528-1445. 📞



Without Planning, a Plan Means Nothing

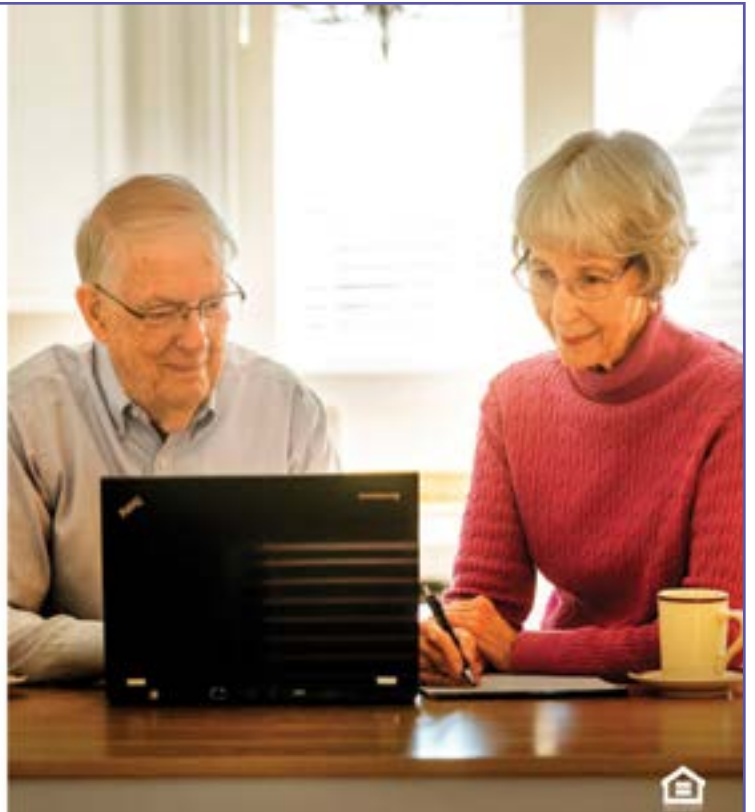
If you're like most people, you have plans for retirement. You plan to travel more, enjoy fun activities with friends and family or even just appreciate relaxation at home. But those plans often don't include that "what if's" that can happen during retirement. What if your home becomes too much for you to manage? What if your health or financial status changes? What if you feel lonely or disconnected from friends and neighbors?

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