

September/October 2022

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EAST 29 COBBER



Students from
Eastside Christian School

Community Calendar PAGES 14-18 | **Halloween Happenings** PAGES 20-21

Pet of the Month PAGE 24 | **Health + Wellness** PAGES 26-29 | **Voters Guide** PAGES 30-35



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SENIORS

EAST COBBER

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Comments and stories are always welcome.

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PUBLISHER'S NOTE



This time of year is always so special for us at the EAST COBBER. For so many years-- 24 years, to be exact, the EAST COBBER Parade and Festival was held in September. This community tradition was a fun way to celebrate East Cobb and, regrettably, we are unable to produce this happy event this year. I want to reassure you that the EAST COBBER Parade and Festival will be back next fall--better than ever!

October is the birthday month of the EAST COBBER. This year, the publication turns 29. We started out in 1993 with a simple monthly magazine, and now, 300+ magazines later, we have evolved and grown into publishing a website with blogs and guides, a weekly E-newsletter, Instagram, Facebook and Twitter. While the platforms to communicate are plentiful, our goal remains focused on promoting East Cobb volunteers, artists and advertisers, clubs and community leaders, musicians, and moms-- the people that come together to make East Cobb a special place.

Since the announcement of becoming EAST COBBER's new Publisher, I have received numerous texts, emails, phone calls and happy smiles of congratulations from family and friends. Even from East Cobb's that do not know me (yet), have taken the time out of their day to reach out to me. I have received suggestions on stories, events to promote, kind hardworking neighbors they want to thank publicly and some simply with well wishes and congratulations on my new endeavor and that makes me feel special.

In this issue I am sharing with you some special stories, like Eastminster Presbyterian Church celebrating 50 years, (page 8). You can read on page 10 about local students spreading kindness and on page 22 about events to raise funds for our local heroes.

I welcome and encourage you to reach out to me, share what makes East Cobb special to you...who knows you may find yourself in the next issue!

A handwritten signature in black ink, appearing to read 'Laren'.

Laren Brown, Publisher
laren@eastcobber.com

On the Cover

This month's front cover features students from Eastside Christian School. Eastside Christian School will be expanding its K-8 grade enrollment to include a high school. The school will add a ninth-grade class in the fall of 2023 and an additional grade level each year with the first senior class graduating in May 2027. The 2022-2023 admissions process opens on October 1, 2022.

Established in 1983, Eastside Christian School serves students from various denominations of churches and backgrounds throughout Cobb County and the Atlanta metro area. Eastside Christian School incorporates high academic standards, character building, and a Christian worldview.

Eastside Christian School is located on a 10-acre campus shared with Eastside Baptist Church at 2450 Lower Roswell Rd in Marietta/East Cobb.

You can read more about Eastside Christian School on page 6, or better yet, schedule a tour for almost any Tuesday, Thursday, and Friday at 10am. For more information about Eastside Christian School, visit www.eastsidechristianschool.com or call (770) 971-2332.

Photo submitted by
Eastside Christian School.

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MARCH 7	10:00 AM



EASTSIDE CHRISTIAN ANNOUNCES HIGH SCHOOL COMING IN FALL 2023



A new high school is coming to the neighborhood.

Eastside Christian School (ECS) announced last month that it will be expanding its K-8th grade enrollment to include a high school, adding a ninth grade class in the fall of 2023 and an additional grade level each year with the first senior class graduating in May 2027.

"Our mission for the high school will be the same as for our lower school and middle school: to provide academic excellence from a biblical worldview. We are grateful that we have a team in place here at ECS that is familiar with high school, understanding high school curriculum, extracurriculars, athletics, and other facets of the high school experience," Dr. Tiffany Stark, Head of School at Eastside Christian, said regarding the announcement.

Dr. Stark and her team bring extensive experience to the high school launch. Dr. Stark began her own teaching career in 2003 at Wheeler High School, where she served as a science teacher before becoming the Magnet Coordinator in 2008 and Assistant Principal in 2014. Eastside Christian's high school will utilize Dr. Stark's expertise to build a STEM program and will build on the school's existing performing arts program, which produces full-scale junior Broadway shows every spring, to add a specialty in performing arts and video production to their course offerings.

In its 40 year history, the topic of adding a high school at Eastside has been considered several times, but during the last two years the parent community at the school has shown a heightened interest and commitment to a high school.



"Adding a high school is an answer to prayer. To know that the culture of ECS will continue through high school is amazing, and I hope many parents choose ECS for their high school experience," said current parent Anna Arrington.

Arrington continued, "We love that Eastside is close to home and has after school athletics, wonderful staff and teachers, a safe environment, a great campus, great students, and great parents. The list can go on! Our favorite thing? Knowing that each day when our children are dropped off at school that they will be hearing about God's love for them, not only in Bible class but the entire day."

Parent Tony Sims added, "Simply, we trust the leadership and the educators at ECS. We know the biblical doctrine is sound, and we believe in the strength of the education. We are thrilled to be able to continue to trust ECS to meet the needs of our child all the way through high school."

Founded in 1983, Eastside Christian School is a ministry of Eastside Church on Lower Roswell Road in Marietta. Elementary students meet in the main church building, and middle school students meet in the Hutchinson Center. A 40,000 square foot building that houses classrooms, a gymnasium, a STEM lab and new STEM workshop, along with other multi-use spaces, "The Hutch" will be home to Eastside Christian's high school, as well.

The 2022-23 admissions process opens on October 1, 2022. For more information about Eastside Christian and to learn more about the high school experience, visit eastsidechristianschool.com.

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A GOLDEN ANNIVERSARY FOR EASTMINSTER PRESBYTERIAN CHURCH

"EASTMINSTER: Church for the Community" lights up the property sign at the corner of East Cobb's Old Canton and Sewell Mill Roads – home to Eastminster Presbyterian Church. As the church celebrates its 50th anniversary in October, the congregation holds fast to a deeply rooted conviction to build, grow, bear fruit, and leave a legacy for this community.

Plans are underway for a time of celebration and reflection as the golden anniversary approaches. The celebration includes a reception and dinner, which several ministers who previously served the church plan to attend. A 50th anniversary cookbook, entitled *Tastes of Heaven*, has been created by church volunteers for the occasion. The reflection time has been spent exploring the church's history, culminating in a historical brochure.

Research revealed that as East Cobb rapidly expanded in the early 1970s, a small group, associated with the Cherokee Presbytery, organized as MINTEC (Ministry to East Cobb). Eight individuals signed the Charter Application to establish a Presbyterian church in the community. The first service was held on October 1, 1972, at Mt. Bethel UMC. Then in March 1973, the open charter was granted, and Eastminster became official.

As the church prospered, the congregation purchased acreage on Johnson Ferry Road and built a residential-style structure that was completed in 1974. The first true sanctuary was built on that site four years later.

Continued church growth led to the purchase of the property where the church now resides. Fast forward to September 12, 1993, Eastminster held the Dedication Service for the new sanctuary, complete with a 57-foot steeple.

Today, several hundred covenant partners (what church members are called) worship and serve others in the name of Jesus. Eastminster's leadership recently adopted the tagline, "Church for the Community," which




Front row L-R: Refa Frew, Jo Byrd and Gail Sorrells. Back row L-R: Chuck Frew, Frank Byrd and Rev. Aaron Moore. Still their place of worship today, these early church organizers will celebrate Eastminster's 50th anniversary with Rev. Moore.

has a dual meaning, according to Rev. Aaron C. Moore, senior pastor.

"Eastminster desires to foster community within its walls, as well as serve the community in which it's situated," he explains. "It's one thing to adopt a tagline, but it's another to live it out. We open our doors to Homeschool Classical Conversations each Monday, and the immensely talented Marla Feeny hosts music lessons on our campus daily. Young Life Capernaum uses our facilities for all its events. We host both Boy Scouts and Cub Scouts, and a fitness program uses our parking lot several days a week. And our biggest community outreach by far is our preschool ministry, the best kept secret in East Cobb."

Eastminster's covenant partners also spend time serving others through local, national, and international missions. Local missions include MUST Ministries, Table on Delk, First Care Women's Clinic, Blessings in a Backpack, and Agape Way.

For more information, visit www.epres.org. Services are held each Sunday at 9am for contemporary worship and at 11:15am for traditional worship. 



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MOUNTAIN VIEW LIBRARY OFFERS PASSPORT SERVICES

Starting September 6, the West Cobb and Mountain View public libraries are now accepting passport applications as a new public service offered by Cobb County Public Library. The two public libraries have been approved as Passport Acceptance Facilities (PAF) by the U.S. Department of State. Cobb County library staff members went through training in order to qualify to process passport applications for first-time applicants. "The library always seeks ways to make our patrons' lives easier," said Terri Tresp, Division Director of Branch Services. "Having two regional libraries designated as passport application acceptance facilities provides local travelers alternatives as the libraries will offer the service six days a week, including evenings and weekends, in a convenient setting."

Appointments are required for the passport application service. Applicants are encouraged to use the link to the appointment form on the library website (available beginning September 6) or call either library directly to schedule an appointment. The library website provides details about the application acceptance requirements. As PAF locations, the two libraries may only process new passports for first-time adult applicants, age 16 and up, and cannot process renewals. Passport applications for children under 16 will also be accepted.

Cobb library officials encourage prospective applicants to carefully review the full details about passport qualification requirements on the library website and have the required documents and ID in hand before requesting appointments. The libraries will not provide passport photo service.

Two separate fees will be charged for each application – a passport application fee as determined by the Department of State and a \$35 acceptance fee, each payable by check, money order or cashier's check.

As PAF locations, the two libraries will process routine passport applications. Expedited passport applications will also be processed for an additional fee. Emergency passport processing is by a Passport Agency only. Hours for the passport application service will be Monday-Wednesday: 11am-7pm; and Thursday-Saturday: noon-3pm. The addresses for the two locations: West Cobb Regional Library, 1750 Dennis Kemp Lane, Kennesaw 30152, and Mountain View Regional Library, 3320 Sandy Plains Road, Marietta 30066.

For information on passport services at the two Cobb County Public Library locations, visit cobbcat.org or call 770-528-2326. ☎



The Walker School

PK(3)-12
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Marietta, Ga. 30062

WHERE WILL WONDER LEAD YOU?



Gabe
Princeton University

"Walker, with its teachers and community, is the place where I finally feel free. Free to say what I believe. Free to learn about what I care about. Free to not just be myself, but to find myself."



Kyra
Howard University

"Walker has encouraged me try to new things and embrace my ideas in every aspect of life."



Janie
Washington and Lee

"Walker has shown me how to form relationships with lots of different people and encouraged me to get involved in many activities ranging from athletics to the arts, to student leadership."

RANKED #1 PRIVATE SCHOOL IN COBB COUNTY

Walker is open for small group tours. We are accepting applications for the 2022-23 school year in certain grades.
Visit thewalkerschool.org/admission or call (678) 540-7229.

EAST COBB STUDENTS RAISING FUNDS BY SPREADING KINDNESS



Garrison Mill Elementary students set out to get the school year kicked off with kindness! Their goal is to spread joy by performing 2000+ Acts of Kindness for others. The kindness campaign is part of Raise Craze, a school fundraiser for the Garrison Mill Education Foundation. It's a unique way for students to raise funds to support the cause while putting a whole bunch of good in the world. Students ask for donations while performing acts of kindness for others as a way of paying their donors' kindness forward.

2000 Acts of Kindness is a big goal, but these students can do it. Even the youngest students are making a big impact. Kindergarten teacher Mrs. Cohen led her students in a project to make "Get Well Grams" for any friends who have to visit the school nurse during the day - a sweet gesture to brighten any student's less than ideal day. It shows other students that they are cared for and that schoolmates wish them well when they're not feeling their best.

One kind act, one small gesture, could turn an entire day around for someone else. And that kindness? It catches on, creating a ripple effect in the community.

Grandparents have been called just to be told they are loved. Students have cleaned out their closets to donate gently used clothing, books and toys. Cards have been written for hospitalized children, nursing home residents, and first responders. And, Garrison Mill is participating in a school wide act of kindness by collecting breakfast items to donate to local school food pantries. From finding ways to be helpful at home and in their neighborhoods to showing gratitude to the people who take care of us every day like custodial staff, delivery drivers, mail carriers and cafeteria staff, these students are on a mission to send a big message: you're valued, you're cared for, and you matter. Because these kids know that making others feel good not only helps that person but can start a movement of kindness throughout the entire community. Garrison Mill invites you to start spreading kindness in your own unique way today. Together, we can make a big difference!

If you'd like to show your support for these kind students with a financial gift, the Garrison Mill Education Foundation is always accepting donations at gmefoundation.org. 🙌

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DO-IT-YOURSELF ORTHODONTICS

Clear aligners, which use gentle pressure to move teeth, have become a popular way of straightening teeth and are typically preferred by most people over metal braces for their better esthetics. There are some do-it-yourself companies that send you personalized aligners by mail, but is this method of tooth straightening always a good idea?

Before a patient is even considered to be a good candidate for aligner therapy, X-rays should be taken to ensure the roots and bone are healthy and the teeth are cavity-free so that tooth movement can be safely achieved. If periodontal bacteria are present and active, or teeth have decay or root damage, movement of the teeth can exacerbate these conditions and cause the teeth to become loose or allow cavities to grow under the aligners. An examination by a dentist is essential to ensure that tooth movement can be safely achieved, and continued monitoring throughout the tooth movement process should occur.

When we at Cheek Dental investigated which tooth aligner methods

were best for our patients, we chose Invisalign because of their advanced technology, reliability, and predictable outcomes. Invisalign aligners utilize specialized attachments which are placed by the dentist and aid in the direction of forces to move the teeth into their correct positions. Mail order aligners do not have a way to put these special attachments on your teeth as typically no dentist is directly involved in your care. Without specialized attachments, teeth may be tipped instead of the entire tooth and root being moved which can create oddities in the appearance at the gumline (black triangles between the teeth) and/or edges of teeth looking angled.

With mail order aligners, typically patients are mailed a kit and must make their own impressions of their teeth. Even in the controlled environment of a dental office, the impressions are not always perfect and sometimes need to be repeated. Without accurate impressions, aligners will not fit well. Also, patients are responsible for monitoring their own treatment with mail order aligners.

They must ensure that the aligners are continuing to fit properly, that the teeth are moving in the correct way, and that their bite is coming together appropriately. In contrast, when aligners like those of Invisalign are placed by a dentist, regular examinations every few weeks are included as part of the process to check for proper fit of the aligners and to see if any unwanted movement is occurring that would require an alteration in the course of treatment.

The field of orthodontics is a finely tuned speciality that requires a team of highly trained professionals to deliver quality treatment. Working side by side with your dentist will ensure that you achieve the best possible result and a beautiful smile.



Dr. Cristi Cheek is the owner of Cheek Dental here in East Cobb. You may contact her at 770-993-3775 or visit www.cheekdental.com.

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SCOUT-HER-IN FOR CUB SCOUTS!

By Bethany Tuttle

If you haven't already, it's time to start your daughter's adventure in Scouting and the road to becoming an Eagle Scout begins in Cub Scouts. Cub Scouts is an active program for girls and boys in kindergarten through fifth grade that is entirely run by parent volunteers. Scouts at this age don't actually achieve advancements towards Eagle Scout, but it's all about laying the foundation for the values-based leaders we want to cultivate in our children. Each grade level has a unique handbook of adventures that grows with them. From big overnight pack trips to small den adventures to hands-on building activities like Pinewood Derby, Cub Scouts learn to embody the tenets of the Scout Law: trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean and reverent. In Cub Scouts, girls have the same opportunity as boys to build a framework from which to view the world, where they see themselves as both helpers and leaders with a responsibility to each other and the planet.

When I joined Cub Scout Pack 770 (based out of Tritt Elementary School) last year as a Den Leader with my son, I realized how much Scouts shaped my childhood even though I was never a Scout myself. My father, two brothers and now, my two nephews are all Eagle Scouts. I was the Scout Master's daughter and for me joining Cub Scouts has felt like coming home. It embodies all the values I grew up with and want to pass along to ALL my children, and now I can do just that in the Scouting program. This year, my daughter is joining Cub Scouts in an all-girl Lion (Kindergarten) Den. This year, we start her journey to becoming an Eagle Scout.

Growing up, my dad would tell me the story of the prairie chicken and the eagle. The short version is that an eagle's egg was placed in a prairie chicken's nest and the eagle grew up thinking it was a prairie chicken. It saw the eagles in the sky and asked the other prairie chickens about it. They told him he was a prairie chicken and not to look at the eagles. My dad would ask me, are you a prairie chicken or an eagle? To which I would enthusiastically exclaim that I was indeed an eagle



Everett, Bethany and Adelynn Tuttle at the Cub Scout Pack 770 Water Bottle Rocket Launch.

and he would challenge me to think about my choices. The other night I shared this story with my daughter and she exclaimed that she is also an eagle. Studies show that Cub Scouts are more likely to do the right thing, help others, be leaders and develop healthy habits – in other words, be eagles. With the road to Eagle beginning in Cub Scouts, won't you join us and Scout-HER-In for family adventure?

Learn more about our Commitment to Safety:
[Scouting.org/health-and-safety](https://www.scouting.org/health-and-safety)

Learn more about Cub Scouts and Scouts BSA:
[Scouting.org](https://www.scouting.org)

Learn more about our local council: [AtlantaBSA.org](https://atlantabsa.org)

Find Scouting programs near you: BeAScout.org. 



Bethany Tuttle is the Den Leader of Cub Scout Pack 770, the first all-girl den, based out of Tritt Elementary School. Bethany lives in the Arthur's Vineyard subdivision with her husband, Matt; and her children: Everett, age 7; Adelynn, age 5; and, Christian, age 3.

THE MUSIC STUDIO BRINGS HARMONY TO EAST COBB



The Music Studio

In the pop music group ABBA's song, "Thank You for the Music," the group sings "...thank you for the music, the songs I'm singing/Thanks for all the joy they're bringing/Who can live without it?" These lyrics resonate with most everyone about the importance of music in our lives. Music is a universal

language that not only brings us together, but also introduces a certain magic to situations.

Thanks to The Music Studio Atlanta, this musical magic has come to our community through the opening of a 5,000 square foot facility in the Pavilions at Eastlake. Although new to East Cobb, the studio has earned its musical stripes through teaching 30 years of in-home lessons, as well as providing lessons at a Vinings studio location for the past 11 years for both children and adults. The new location is at 2100 Roswell Road, Suite 1128, Marietta. Visitors are welcome beginning September 6th from 10am-8pm on Monday-Friday and 10am-5pm on Saturday.

According to Cecilia Rowe, owner and founding member of the 30-year family business, The Music Studio saw the importance of bringing its "unique blend of magic in teaching music to East Cobb."

"I know East Cobb well because my parents live in the community," she says. "As we looked to expand our business, it was the obvious choice for an additional studio."

As she stated, Rowe and her staff bring a unique perspective to teaching music. "What we teach is way more than music lessons," she explains. "Our goal is to instill confidence so our students can learn to focus, take risks, and persevere when the going gets tough. They grow and bloom through recitals, open mic opportunities, and destination performances such as the one at Elvis' Graceland Stage in Memphis where our students performed last year, as well as the performance at the Fox Theatre on September 11th.

"Studying and practicing music simply makes you smarter," she continues. "Many parents have told us that once their children began music lessons, academic skills improved which translated into better grades."

The Music Studio staff emphasizes that two policies are paramount to their teaching philosophy, especially for young students. First of all, the teacher-student connection is important for every student success, and much emphasis is placed on the match. Secondly, student safety is a priority. Annual teacher background checks are required, and audiovisual equipment, as well as observation windows, are in each individual studio.

For more information, visit www.themusicstudioatlanta.com or call 404-630-3886 to find out about at-home, online, or studio lessons; hours and schedules; and personalized homeschool programs.

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2022 *September/October* COMMUNITY CALENDAR

EVERY SATURDAY

Marietta Square Artisan Market is an open-air showcase of locally created fine art and premium hand-crafted goods. Enjoy paintings, drawings, and photography of fine artists alongside skilled craftspeople who feature an eclectic roster of distinctive goods including fire pits, cutting boards, terraria, pens, and fine jewelry. Free. 9am-2pm. Historic Marietta Square, 41 Mill Street, Marietta. More info: artistsmarketmarietta.com/about

Marietta Square Farmers Market featuring products that are grown and produced in Georgia, including produce, plants, honey, breads, and cheese. Free. 9am-12pm (noon). Historic Marietta Square, 41 Mill Street, Marietta. More info: 770-499-9393 or www.mariettasquarefarmersmarket.com.

Sandy Springs Farmers Market a unique selection of vendors set up shop providing an open-air opportunity to purchase fresh produce and artisan foods. Free. 8:30am-12pm (noon). City Springs, 1 Galambos Way, Sandy Springs. More info: 770-206-2022 or citysprings.com/farmersmarket.

SEPTEMBER 9 & 10

Kids Consignment Sale. Friday: 9am-6pm; Saturday: 9am-12pm. Everything 30% off on Saturday. The Episcopal Church of St. Peter-Paul, 1795 Johnson Ferry Road, Marietta/East Cobb. More info: 770-977-7473 or www.spspkids.com.

SEPTEMBER 9-11 & 16-18

Smoke on the Mountain. Rollicking, exhilarating, and charmingly funny, Smoke on the Mountain features two dozen rousing bluegrass gospel songs played and sung by the Sanders family. Set in North Carolina in 1938, Smoke on the Mountain follows the Sanders Family Singers' comedy of errors as they perform at Mount Pleasant Baptist Church's Saturday Night Gospel Sing. Fridays: 8pm; Saturdays: 3pm & 8pm; Sundays: 3pm. \$22.50-\$35. Earl and Rachel Smith Strand Theatre, 117 North Park Square, Marietta. More info/tickets: earlsmithstrand.org.

SEPTEMBER 10-17

Cobb County Foodie Week. Local restaurants have meal deals all week long. See participating restaurants and more info: travelcobb.org/cobb-county-restaurants/cobb-restaurant-week.

SEPTEMBER 11

Sundays on the River Concert featuring Early James. Bring a picnic basket and enjoy the last concert of the summer. Cash bar available, no outside alcoholic beverages permitted. 7-9pm. Advanced tickets: \$24/lawn seating; \$26/table seating. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info/tickets: www.chattnaturecenter.org.

SEPTEMBER 16-18

Balanchine Inspired presented by the Atlanta Ballet. This effervescent work uses overlapping groupings of dancers in vibrant colors, a celebration of the neoclassical style. Friday: 8pm; Saturday: 2pm & 8pm; Sunday: 2pm. \$20-\$99. Cobb Energy Performing Arts Center, 2800 Cobb Galleria Parkway, Atlanta. More info/tickets: www.cobbenergycentre.com or 770-916-2800.

SEPTEMBER 17

Museum Day is a one-day event in which participating museums and cultural institutions across the country provide free entry to anyone presenting a Museum Day ticket. Participants are allowed to download one ticket per email address. Free Admission to Museums for Smithsonian magazine's Museum Day. Tickets available for download. Hours vary. Free. More info on participating museums/tickets: www.smithsonianmag.com/museumday/museum-day-2022.

SEPTEMBER 17-18

56th Annual Roswell Arts Festival presented by the Roswell Recreation Association. Come out and enjoy artists and local entertainment, children's activities, food trucks, and a healthy dose of small-town charm. 10am-5pm. Free. Historic Roswell Town Square, 610 Atlanta Street, Roswell. More info: roswellartsfestival.com.

SEPTEMBER 17 & OCTOBER 15

Pop-In for Family Fun at the Marietta Museum of History. Crafts and activities will be provided to create a fun learning environment that explores different topics of history with a local focus. September's theme: Natural Wonders; October's theme: Ghosts & Ghouls. 10:30am-3:30pm. Free. Marietta Museum of History, 1 Depot Street, Marietta. More info: 770-794-5710 or www.mariettahistory.org.

SEPTEMBER 18

Family Fun Day: Back to Your Roots Farm Fair. Meet live farm animals, learn about local food, explore harvesting, and so much more. Explore Unity Garden to see herbs, veggies, and greens growing during the harvest season. 12-4pm. Admission: Free/members; \$15/adults; \$11/seniors and students ages 13-18; \$9/ages 3-12. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or chattnaturecenter.org.

SEPTEMBER 22

Chattahoochee Sunset Sips featuring Levi Ransom. Bring a picnic and grab a beer and wine available for purchase. This is a laid-back, family friendly series and CNC's grounds are open for you to explore. 6:30-9:30pm. Free/members; \$15/adults; 11/seniors and students ages 13-18; \$9/ages 3-12. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or chattnaturecenter.org.

SEPTEMBER 22-OCTOBER 2

North Georgia State Fair. Metro Atlanta's largest fair. Enjoy rides, live music, and farm animals. There is a clear bag policy in effect, see website for more information. Monday-Thursday: 4-11pm; Friday: 4pm-midnight; Saturday: 10am-midnight; Sunday: 12:30-10pm. Admission: \$10/gate; free/under 10; \$5/parking. Half-price admission 9/1-10/2: O'Reilly Auto Parts Stores; Website has ride packages: \$20-\$35. Individual ride tickets: \$1.25. Jim Miller Park, 2245 Callaway Road, Marietta. More info: northgeorgiastatefair.com.

SEPTEMBER 23-24

Fall Native Plant Sale. Horticulturists and Master Gardeners will be on site to answer all your plant questions. Purchase beauty berries, azaleas, hazelnuts, buckeyes, ferns, foamflowers, groundcovers, evergreens, and a variety of butterfly-attractors in full bloom plus veggies for your winter harvest. 10am-5pm. Admission free to the horticulture area. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or chattnaturecenter.org.

SEPTEMBER 26-30

Cobb County schools fall break.

OCTOBER 6-9

Peter Pan presented by the Georgia Ballet. A story of fantasy and adventures. Thursday (sensory friendly): 7pm; Friday: 8pm; Saturday: 2pm & 8pm; Sunday: 3pm & 7pm. \$10-36. Jennie T. Anderson Theatre, Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info/tickets: www.georgiaballet.org.

OCTOBER 7-8

20th Annual "Fall Into Crafts" Marketplace sponsored by St. Andrew United Methodist Women. Over 40 exhibitors, silent auction, and food! Proceeds benefit the missions of the St. Andrew United Methodist Women. Free. Friday: 11am-6pm; Saturday: 10am-4pm. St. Andrew United Methodist Church, Keheley Center Building, 3455 Canton Road, Marietta. More info: www.saumcmarietta.org/craft-fair.



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COMMUNITY CALENDAR

OCTOBER 8

72nd Annual Roswell Youth Day Parade and Celebration

hosted by the City of Roswell. Parade begins at 10am at Roswell First Baptist Church and ends at Roswell Area Park. The Festival is 11am-3pm at Roswell City Hall. Festival will have food trucks, Art Block, Touch-A-Truck and, at the Smith Plantation, a petting zoo, crafts and face painting. Free. Roswell First Baptist Church, 38 Hill Street, Roswell. More info: www.roswellgov.com/government/departments/recreation-parks-historic-cultural-affairs/news-events/youth-day-celebration.

OCTOBER 8-9

Chalktoberfest presented by Marietta/Cobb Museum of Art. Featuring over 80 professional chalk artists from around the world will bring the streets to life! The Craft Beer Festival, in conjunction, will include more than 120 different craft beers. Saturday: 10am-5pm; Sunday: 11am-5pm. Craft Beer Festival only on Saturday 12-5pm. Admission: Free; Craft Beer Tasting: \$45/advance; \$50/day of event. Historic Marietta Square, 30 Atlanta Street, Marietta. More info: chalktoberfest.com.

OCTOBER 7-9 & 12-15

Clue: The Musical presented by CenterStage North. A show with 216 possible solutions. This show is filled with comic antics, witty lyrics, and a beguiling score that carries the investigation from room to room. A real Whodunit where the audience is part of the action! 8pm. \$12-\$25. The Art Place - Mountain View, 3330 Sandy Plains Road, Marietta/East Cobb. More info/tickets: 770-528-2320 or centerstagenorth.org.

OCTOBER 15

37th Annual Southern Invitational Music Festival hosted by the Sprayberry High School Band of Gold. High School marching bands from across the Southeast will be performing and competing. Concessions available. Check online for schedule. Check website for pricing. Sprayberry High School, Jim Frazier Stadium, 2525 Sandy Plains Road, Marietta/East Cobb. More info: www.sprayberryband.com/invitational.



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October 8, 2022

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October 8 - 9, 2022

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Saturday & Sunday
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Sunday
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Shred your personal documents and help us in the fight against potential identity theft.

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OCTOBER 20, 21 & 28

The Miracle Worker presented by Pope High School Theater. An illness renders infant Helen Keller blind, deaf, and consequently mute. Pitied and badly spoiled by her parents, by the age of six the undisciplined Helen grows into a wild, angry, tantrum-throwing child in control of the household. Desperate, the Kellers hire Annie Sullivan to serve as governess and teacher for their daughter. Check website for price and times. Pope High School Theater, 3001 Hembree Road NE, Marietta/East Cobb. More info: popetheater.org or popetheater@gmail.com.

OCTOBER 22

Community Shred Day Event hosted by Credit Union of Georgia. Shred your personal documents and help in the fight against potential identity theft. 9am-12:30pm. Free. Credit Union of Georgia, 1020 Johnson Ferry Road, Marietta. More info: 678-486-1111

Truck-A-Palooza. A fun, family-friendly and educational event. Police cars, SWAT trucks, fire engines, dump trucks, military vehicles, heavy construction vehicles and more. 10am-3pm. Check website for pricing and location. www.cobbcounty.org/public-safety/safety-village/news/truck-palooza-2022.

OCTOBER 29-30

37th Annual Lassiter Craft Fair presented by the Lassiter High School Band. Over 100 vendors with a variety of handmade products, concessions, and bake sale. Saturday: 10am-5pm; Sunday: 11am-4pm. Free. Lassiter High School, 2601 Shallowford Road, Marietta/East Cobb. More info: craftfair@lbba.com.

NOVEMBER 5

Barn Cat Bash Gala & Auction hosted by Good Mews. Enjoy a night of entertainment, heavy hors d'oeuvres, drinks, silent action and more. Casual attire. Benefitting Good Mews, a no-kill, cage-free cat shelter. 7-10pm. Check website for ticket information. Olde Towne Athletic Club, 4950 Olde Towne Parkway, Marietta/East Cobb. More info/tickets: www.goodmews.org/auction.



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JUNIOR LEAGUE OF COBB HOSTS MISTLETOE MARKET

The Junior League of Cobb-Marietta (JLCM) announced that their annual Mistletoe Market will be held November 10-12 at the Cobb County Civic Center in Marietta.

"The Mistletoe Market is a beloved tradition that has kicked off the holiday season in Marietta for nearly 30 years," says Cristin Kennedy, JLCM Mistletoe Market Chair. "The Mistletoe Market Committee and the entire League are excited to partner with local artisans and businesses to kick off the holiday season in Marietta."

Mistletoe Market brings together about 50 specialty merchants from across the Southeast for a premiere holiday shopping experience featuring locally created, premium goods. Shoppers may have access to on-site monogramming, holiday décor, jewelry and much more! The event will take place at the Cobb County Civic Center from Thursday, Nov. 10, to Saturday, Nov. 12. Tickets will be available at the door for \$10.

Shopping Hours:

Thursday, Nov. 10: Premiere Night, 6-9pm

Friday, Nov. 11: 9am-7:30pm

Saturday, Nov. 12: 9am-6pm

The 2022 Premiere Night will be held Thursday, Nov. 10, from 6-9pm. Come enjoy a festive night with your friends and family. Be the first to shop the 2022 merchants, and enjoy light bites, beverages and entertainment. Admission includes an exclusive swag bag filled with goodies and discounts.

"We're so excited to host the Mistletoe Market again this year," says Nadia Williams, 2022-23 JLCM President. Not only does it create an opportunity for the community to come together before the holidays, but it helps us expand our mission and impact in Cobb County."

Founded in 1933, the Junior League of Cobb-Marietta is an organization of women committed to promoting voluntarism, developing the potential of our members, and improving the community through the effective action and leadership of trained volunteers. The purpose is exclusively educational and charitable. To



learn more about the organization, make a donation or if you are interested in joining the League, visit jlcmm.org.

Thanks to proceeds from last year's market, JLCM awarded scholarships to Cobb-Paulding County Adult Education so that 10 women could graduate and receive their GEDs. We also provided period products to every Cobb County public school that requested them, among other initiatives.

"We aim to help our community where the needs are and are grateful that the Mistletoe Market helps us showcase local businesses while supporting great causes," concludes Williams.

The Junior League of Cobb-Marietta is currently accepting merchant applications for this year's market. Interested artisans and businesses can email jlcmmistletoemarket@gmail.com for more information about participating in this year's event. 📧

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Your opinion really matters. And we love to get your questions! We're here and we're listening, so drop us a line sometime, okay?

HALLOWEEN HAPPENINGS

SIX FLAGS FRIGHT FEST

Select days September 17-October 31

A spooky time of year as zombies and ghouls take over the park. Fright Fest offers a wide variety of places to get your scare on including several haunted houses and scare zones located throughout the park. The stuff of nightmares lurk around every corner as the dark of night washes over the park. The ghouls are set free for their daily hunting rituals. Nights and hours vary. \$79.99. Six Flags Over Georgia, 275 Riverside Parkway, Austell. More info: sixflags.com.

FOLKLORE HAUNTED HOUSE

Select days September 24 - November 5

Everyone loves a haunted house, come explore multiple houses and a midway of mayhem. Check website for hours and operating days. \$27-\$45. Folklore Haunted House, 5389 North Main Street, Acworth. More info: folklorehauntedhouse.com.

ACWORTH GHOST TOURS

Fridays and Saturdays Starting September 30

Acworth's history and ghost stories are shared by a tour guide. Size of tour groups limited, purchase tickets in advance. Private tours available for groups of 10 or more during the week. 7:30 pm. Check website for price. Walking tour is 1.2 miles meet in front of Acworth City Hall, 4415 Senator Russell Avenue, Acworth. Tickets: AcworthGhostTours.com. More info: 770-653-0756.

PUMPKIN PATCH - ST. ANDREW UNITED METHODIST CHURCH (UMC)

October 6-31

Purchase pumpkins, gourds, Indian corn and more! Monday-Friday: noon-8pm; Saturday: 10am-8pm; Sunday: noon-8pm. All proceeds from the patch support the Youth Ministry and Missions of St. Andrew United Methodist Church. Community unload pumpkins October 5 & 20: 4:30pm. St. Andrew UMC, 3455 Canton Road, Marietta. More info: 770-926-3488 or www.saumcmarietta.org.

LITTLE SHOP OF HORRORS

October 14-16, 21-23 & 28-31

The meek floral assistant Seymour Krelborn stumbles across a new breed of plant he names "Audrey II" - after his coworker crush. This foul-mouthed, R&B-singing carnivore promises unending fame and fortune to the down and out Krelborn as long as he keeps feeding it, BLOOD. Over time, though, Seymour discovers Audrey II's out of this world origins and intent towards global domination! Friday-Saturday: 8pm; Sunday: 2pm; Monday: 7pm. \$20-\$60. Marietta's New Theatre in the Square, 11 Whitlock Avenue, Marietta. More info/tickets: theatreinthesquare.net or 770-426-4800.

FALL-O-WEEN

October 15

Carnival games, trick-or-treating, and costume contests. Concessions available. 4-9pm. Free. Swift-Cantrell Park, 3140 Old US Highway 41, Kennesaw. More info: kennesawparksandrec.com.

HARVESTFEST

October 15

Annual arts and crafts festival held each October. In addition to a wide variety of arts and crafts items, the festival includes Scarecrows on the Square and Halloween Happenings for children. HarvestFest Market: 9am-5pm. Touch-A-Truck 10am- 2pm. Pie Eating Contest: 11:30am-12:30pm. Halloween Happenings Kids Festival: 1pm-5pm. Costume Contest: 2-3pm. Glover Park, historic Marietta Square. More info: marietta.gov/1258/Harvest-Fest.

PUMPKIN PATCH - UNITY NORTH ATLANTA

October 15-31

Purchase some pumpkins, take fun photos and get a Pumpkin Bar and recipes. On Weekends enjoy Story time from 11am-1pm and 3-5pm. Patch Hours: 10am-7pm. Unity North Atlanta, 4255 Sandy Plains Road, Marietta. More info: unitynorth.org.

HALLOWEEN HIKES

October 21, 22, 28 & 29

Experience the mystery of a short half-mile guided night hike through the lighted woodland trails where you'll meet friendly costumed forest creatures who will delight you with their dramatic antics. World music, crafts, campfire, and other festival fun. Tickets: \$20; free/ children 2 and under. Hikes start at 6pm. The trails are not suitable for strollers and children must be accompanied by adults at all times. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 770-992-2055 or chattnaturecenter.org.

ACWORTH HALLOWEEN JAMBOOREE

October 22

Games, rides, food, music, and lots of fun! Costume contests for the kids. 3-7pm. Logan Farm Park, 4405 Cherokee Street, Acworth. More info: acworthtourism.org/event/halloween-jambooree.

FALL FESTIVAL- UNITY NORTH ATLANTA

October 22

Enjoy inflatables, games and activities, story time and food available for purchase. Free admission. 11am-3pm. Unity North Atlanta, 4255 Sandy Plains Road, Marietta. More info: unitynorth.org.

TOUCHSTONES TO THE PAST: CEMETERY TOURS

October 22 & November 5

The Marietta City Cemetery has a host of tales to tell and guided walking tours are offered during the Fall. The tours provide a chance to learn more about Marietta's constant residents. Tours are conducted over gravel and uneven pathways, so please plan accordingly. Rain or Shine. The tours begin at the white house located at the center of Cemetery. Proceeds from the tours benefit the Marietta Museum of History. Walking Tours: \$15. Marietta City Cemetery, 395 Powder Springs Street, Marietta. More info: mariettahistory.org.

POPE DRAMA CLUB HAUNTED THEATER: OLD-TIME TERROR

October 27-29

Come with us as the local town conspiracy theorist leads you through a graveyard writhing with a myriad of vintage characters all whilst uncovering the secrets of the graveyard along the way. Check website for price and times. Pope High School Theater, 3001 Hembree Road NE, Marietta/East Cobb. More info: popetheater.org or popetheater@gmail.com.

HALLOWEEN FAMILY FUN HOUSE

October 28

Roswell Parks and Recreation hosts a night of crafts, inflatables, face painting, hay rides, carnival games, Trick or Treat and more. Concessions available for purchase. 4:30-7:30pm. Free. East Roswell Recreation Center, 9000 Fouts Road. More info: 770-594-6134.



TOUCHSTONES TO THE PAST: CLEANING TOMBSTONE WORKSHOP

October 29 & November 5

The tombstones in the cemetery are artifacts and are often the only record of the person's life, but many of these need to be cleaned. These hands-on workshops will help teach others the proper tools, products, and techniques to use to clean a tombstone, while doing no harm to the stone or the landscape. Along with the hands-on workshop, attendees will also get a tour and history of the cemetery. 10am-Noon. \$25. Marietta City Cemetery, 395 Powder Springs Street, Marietta. More info: mariettahistory.org.

THE PHANTOM OF THE OPERA

October 30

The Strand Theater's silent film series features the classic tale of Phantom of the Opera. The film is accompanied by live music from organist Ron Carter. Tickets: \$12. 3pm. Earl and Rachel Smith Strand Theatre, 117 North Park Square Marietta. More info/tickets: earlsmithstrand.org.

TRUNK-OR-TREAT

October 30

Wear your costume and come enjoy trunk or treating. 1-3pm. Free. St. Andrew United Methodist Church. St. Andrew UMC, 3455 Canton Road, Marietta. More info: 770-926-3488 or www.saumcmarietta.org.



Fall Festivities

Unity North Atlanta

Pumpkin Patch

October 15 - 31
10am-7pm

- Storytime - Weekends 11am-1pm and 3pm-5pm
- Photo Venue
- Pumpkin Bars and Recipes

Fall Festival

Saturday, October 22
11am - 3pm

- Inflatables
- Games and Activities
- Food
- Storytime



Unitynorth.org ~ 4255 Sandy Plains Rd. Marietta, GA 30066

LOCAL LEADERS RAISING FUNDS FOR OUR COBB COUNTY **HEROES**



Cobb County Police



Cobb County Firemen

Tammara Austin
Cindy Bohn
Henry Bohn
Laren Brown
Guy Gebhardt
Jenni Ginepri
Rosan Hall
Susan Hampton,
Co-chair
Capt. Andy Hite
Capt. Jorge Mestre
Kim Paris, Co-chair
Lauren Paris
John Renshaw
Ron Sprouse
Erin Tallant

Since 2013, local business and community leaders have led efforts to raise funds to honor and thank our East Cobb public safety heroes. In the fall, the officers and staff at Precinct 4 (Lower Roswell Rd.) are treated to a special night out with their spouse or significant other, and in the spring the committee hosts the annual Cobb County Fire Department's annual awards banquet.

"Both events take place right here in East Cobb and we are confident that our community will once again rise to the challenge and provide the financial support needed to make these appreciation celebrations very meaningful for these special heroes. Fundraising was successful last year, however, there is still a need to raise additional funds to ensure both events' continued success," says Susan Hampton, co-chair of the East Cobb Public Safety Celebrations committee.

"We are so grateful for the outpouring of support shown year after year from our community, and we are honored to partner with the Cobb County Public Safety Foundation. We also appreciate the continued support of co-host sponsors, the East Cobb Business Association and the Cobb Chamber's East Cobb Area Council," says committee co-chair Kim Paris.

Local businesses as well as families, schools, churches and civic groups are encouraged to make donations to this worthy cause. See the facing page for details on donation levels and sponsorship opportunities.

For more information on the public safety celebrations, or for volunteer opportunities, call Susan Hampton at 404-218-6216 or Kim Paris at 770-367-0609. 📞

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A great place to find the latest community news.



East Cobb Public Safety Appreciation Celebration 2022 Donation Form

The East Cobb Community Comes Together to Celebrate Our Police Officers and Fire Fighters!

Show your appreciation for our HEROES! Please help us thank the men and women of our East Cobb Police and Fire Departments. Funds raised will support the October Precinct 4 Public Safety Celebration in the fall of 2022 and the Cobb County Fire Department's annual awards banquet in the spring of 2023.

Sponsor Levels

Presenting Sponsor: \$2,500

- Recognition on all printed materials, logo on sponsor banner, two attendees at both events and opportunity to assist with presenting East Cobb awards at both events

Platinum Sponsor: \$1,000

- Recognition on all printed materials, logo on sponsor banner, and two attendees at both events

Gold Sponsor: \$500

- Recognition on printed materials, and two attendees at either the police or fire event

Silver Sponsor: \$250

- Recognition on printed materials

Thank A Hero: \$25, \$50, \$100

- Name listed on police event program

Important Information:

Please make checks payable to "CCPSF, Inc.", (Cobb County Public Safety Foundation, Inc.), a 501 (c) (3) corporation. Please include "Public Safety Celebration" in the memo line. Donations are non-refundable, non-transferable and are tax-deductible to the extent allowed by law. (Tax ID # 83-1679641)

Please mail this donation form along with your check to:

CCPSF - Public Safety Celebration

C/O: ECBA

P.O. Box 70814

Marietta, GA 30007

Note: You may also make your donation online at

www.ccpsf.org

(use "in honor of" area to designate "Public Safety Celebration")

Donor Name(s) _____ Donation Amount \$ _____

Mailing Street Address _____

City, State, Zip _____ Email Address _____ Phone # _____

For more information please contact: susan.hampton6216@gmail.com or 404.218.6216

PET OF THE MONTH: PRETZEL

Submitted by Jeff and Laura Amstutz



Animal/Breed: American Staffordshire mixed with Husky, chow chow, Great Pyrenees, boxer, and Labrador retriever

Age & Gender: 2-year-old male

Favorite food: Bacon, chicken, and all treats!

Best trick: Pretzel knows how to sit, down, up, jump, spin, speak, high-five! Very smart fluff!

Turn Ons: Loves bedtime! He's first in bed every night!

Turn Offs: Vacuums!

Favorite Toy: Currently obsessed with catching his frisbee!!!

Last seen: Catching frisbee in his yard!

What makes your pet so special: Most loving, handsy and special towards mommy and daddy! Oh and he loves his grandma Gigi!

SHOULD YOUR PET BE OUR PET OF THE MONTH?

Fill out the information on your pet and send it to:

EAST COBBER, P.O. Box 680455, Marietta, GA 30068.

Please include a picture with your entry. Or email description and a jpg to: petomonth@eastcobber.com

Pet's Name: _____

Animal/Breed: _____

Age & Gender: _____

Favorite Food: _____

Favorite Person: _____

Best Trick: _____

Turn Ons: _____

Turn Offs: _____

Favorite Toy: _____

Last Seen: _____

What makes your pet so special: _____

Owner's Name: _____

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ADOPT A PET FROM COBB COUNTY

If you want to add a furry friend to your family, Cobb County Animal Services is a great place to start! They have hundreds of pets in need of homes. To provide quality customer service to current and future pet parents, Cobb County Animal Services requires that you schedule an appointment to visit.

Shelter staff will still be available to book appointments and answer questions from citizens by calling 770-499-4136 during business hours (Tuesday-Sunday 10:30am-4:30pm.). Cobb County Animal Services is located at 1060 Al Bishop Drive, Marietta, GA 30008.

For more information, visit: www.cobbcounty.org/public-safety/animal-services/news/book-appointment-meet-your-forever-friend. 🐾

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5 PET SAFETY TIPS FOR HALLOWEEN

STASH YOUR CANDY

Keep all that yummy candy in a spot away from your pet.

STASH YOUR PET

Put your pets away in a comfy room to keep them inside.

SECURE ID TAGS

In case of escape, ensure your pet has current, clear ID tags.

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Sit outside to hand out goodies if you have a pet sensitive to noise.

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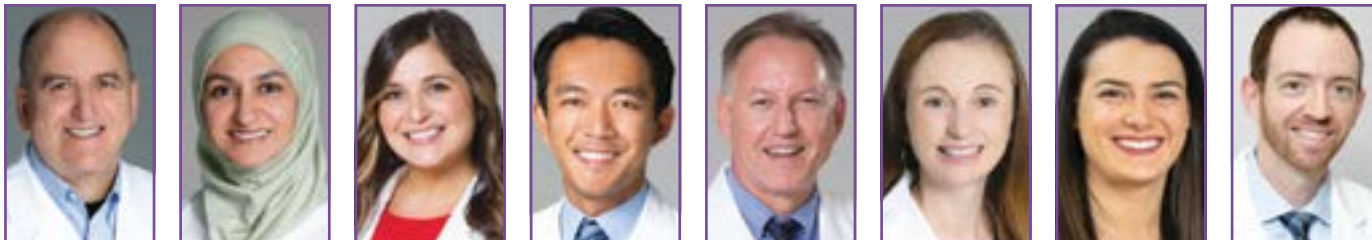
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WOOLFSON EYE INSTITUTE IS COMING TO MARIETTA



The staff of Woolfson Eye Institute-Marietta, (L-R): Jonathan Woolfson, MD, Founder & Medical Director; Rabeea Janjua, MD, Medical Retina Specialist; Lauren Dyak, OD, Assistant Clinical Director; Victor Liou, MD, Oculoplastics Specialist; Tom Spetalnick, OD, Clinical Director; Jenna Yoder, DO, Glaucoma Specialist; Gabriela "Gaby" Gutierrez, Associate Optometrist; and Eric Jennings, MD, Referral Ophthalmologist.

Woolfson Eye Institute is soon opening its first Cobb County location in October. The renowned eye care practice is currently renovating the former Wells Fargo bank located on Sandy Plains Road with plans of delivering exceptional eye care to Cobb residents. The recent expansion of the practice to Marietta is accompanied by similarly timed openings in Canton and Snellville. Woolfson also has Georgia locations in Sandy Springs, Lawrenceville, Cumming, Douglasville, and College Park. After nearly a decade of plans and discussions to launch the new Marietta location, Dr. Tom Spetalnick stated that, "It's been something we've always had as a goal, but getting it done has an exciting challenge. Marietta has been at the top of our expansion wish list."

In 2001, Dr. Jonathan Woolfson and Dr. Spetalnick broke away from a large North American company providing LASIK, and established Custom Laser Eye, renamed Woolfson Eye Institute in 2005. In the hopes of caring for and treating a wide array of primarily surgical eye care, ophthalmology sub-specialists have been added to the group over the last 20 years. While caring for a variety of eye disorders, they also function as a teaching clinic and a referral destination for patients of local optometrists and ophthalmologists.

"Working with Jonathan Woolfson has been a successful partnership because he



Woolfson Eye Institute is located at 2687 Sandy Plains Road

and I have a good friendship, a good working relationship, and similar philosophies regarding working with our patients and with the doctors referring patients," said Dr. Spetalnick. He added, "For me, just being involved in the refractive surgery part of practice is enough to keep me motivated and teaching those kinds of things to our optometry students is something I find enormously rewarding."

Dr. Spetalnick will continue to work primarily at the Sandy Springs location, but several of the Woolfson surgeons and optometrists will be providing care at the new Marietta location: Lauren Dyak, OD and



Gabriela Gutierrez, OD will see LASIK, keratoconus, and dry eye patients. Victor Liou, MD will see oculoplastic patients. Jenna Yoder, DO will serve as the glaucoma specialist. Rabeea Janjua, MD will be Marietta's retinal specialist, and Eric Jennings, MD will provide services for cornea, cataract, and refractive surgery patients.

Patients seen for LASIK surgery will initially be offered surgery at one of the other nearby Woolfson locations, to be performed by Jonathan Woolfson, MD and by Dr. Jennings. With the new Marietta office, Dr. Spetalnick is pleased that some patients will no longer have to make the long commute to see them. "We've built a dream team of the most talented surgeons, so it's very gratifying as an optometrist being able to hand my patients over to such talented physicians."

"With an office adjacent to the Northwest corridor in Cobb County, the Marietta office will likely serve as a second hub, comparable to the Sandy Springs location. It'll be nice to be able to bring our services to the people rather than make the people come a long distance to see us." Opening next month, Woolfson Eye Institute's Marietta location will be located at 2687 Sandy Plains Road near Sprayberry High School. For more information, call 1-866-LASER22 or visit the website at www.WoolfsonEye.com.

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4651 Woodstock Road, Suite 205 • Roswell 30075
770-627-0707 • fitbodybootcamp.com/4950-sandy-plains-ga
Mon/Wed/Fri: 7am-1pm; 3:30-7pm;
Tues/Thurs: 5am-1pm, 3:30-7pm.

Signature 30-minute Afterburn workouts combine High Intensity Interval Training (HIIT) with Active Rest Training to produce fun workouts that burn twice the calories in half the time and keep your metabolism running at a higher rate for up to 36 hours post workout. Every Fit Body Boot Camp session is led by a certified coach to ensure that you get the best workout, most fat burn while keeping you safe and injury free!

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FIT BODY BOOT CAMP GIVES BACK



Making the decision to get into shape and commit to a daily workout regime can be difficult and intimidating. As you take that step into improving your health with a consistent fitness routine, it is important to find a place that offers you the tools you need to achieve your specific body goals while also aligning with your current starting point. You cannot move at 60 mph without starting slow and building your way up in an environment that motivates you to continue making progress without the feeling of judgment. Fit Body Boot Camp does just that with a friendly and experienced staff committed to connecting with you to help with your needs at a comfortable pace.

“One thing that really sets us apart is the people,” said Matt Cremers, the Owner and Operator of the Sandy Plains location. “At the end of the day, whether you are an Olympic athlete or you’re just trying to get off the couch, there are days that you just don’t want to do it. If you are looking forward to seeing someone, whether it is a coach, staff member or another member, it can make all the difference.”

For over a decade, Fit Body Boot Camp has been devoted to helping people of all ages and fitness levels experience significant body transformations at an affordable rate. Their 30-minute interval workouts cover a multitude of different exercises while catering to your comfort level and guaranteeing results. Each individual exercise station runs for 30 seconds before offering a 15-second break leading into the next one. According to Matt, the boot camp is perfect for the “every day person just trying to get back into the gym.”



“We create a fun atmosphere and family-like comradery with our members. Don’t be nervous. Don’t be intimidated. We want you there. Everyone belongs. We will help you every step of the way” he said. “Everyone works at their own pace. . .there’s no pressure or intimidation. Just come as you are.”

Because the boot camp firmly believes in helping others feel happy and healthy, they have recently decided to give back to those who share these same values. For this reason, Fit Body is offering discounts for all emergency medical service (EMS) and public service employees residing in the Marietta and Cobb County area. In addition, active employees in these fields can nominate hardworking co-workers who go the extra mile for a chance to win one free membership each month. “We’re wanting to do those [memberships] to give back more than anything, and help people that are helping us,” Matt said.

Fit Body Boot Camp is located in the Village Shopping Center, 4651 Woodstock Road in Roswell/East Cobb. For those who are unsure if it is right for them, the boot camp is currently offering a two-week, free-trial period for workouts. For more information about workouts and starting your membership, call 770-627-0707 or visit fitbodybootcamp.com.

When asked what he hopes for each of his members, Matt replied, “We want it to be a good fit for you. . .we want you to feel at home. We want to help you achieve your health and fitness goals and boost your quality of life.”

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EAST COBBER

EAST COBB ELECTIONS SCHEDULED FOR NOV 8

On November 8, East Cobb County residents will join Georgians to vote for a variety of political offices including a Governor, U.S. Congressional Representative and United States Senator. In addition to the national and state elections, the EAST COBBER has listed the local elections East Cobb citizens will be asked to vote on.

On the next few pages, the EAST COBBER has also pulled together a brief Voters Guide for some of those local races. Qualified candidates for local offices were invited to answer questions prepared by the EAST COBBER. We asked the candidates some questions and they submitted their answers (limited to a 50-word count). Candidate replies have been reprinted as received, free of edits. The EAST COBBER does not support or oppose any candidate or political party. We hope the information helps in your process to make an informed decision.

Editor's Note: Due to a requirement that both Republican and Democrat candidates for a given race must have responded to the survey by press time, not all races have been featured in this Voters Guide. More races will be included on our online Voters Guide as responses come in. Visit eastcobb.com for an updated and expanded Voters Guide.

Cobb Commission District 3

- JoAnn Birrell (R, incumbent)
www.joanncan.com
- Christine Triebsch (D)
www.christinefor.ga.com

Cobb School Board Post 4

- David Chastain (R, incumbent)
davidchastainforcobb.com
- Catherine Pozniak (D)
www.catherinepozniak.com

State Senate District 6

- Fred Glass (R, incumbent)
www.fredglassfor.ga.com
- Jason Esteves (D)
www.jasonestev.es.com

State Senate District 32

- Kay Kirkpatrick (R, incumbent)
www.kayforsenate.com
- Sylvia Bennett (D)
www.sylviabennett.us

State Senate District 56

- John Albers (R, incumbent)
www.senatoralbers.com
- Patrick Thompson (D)
www.georgiacando.com

State House District 37

- Mary Frances Williams (D, incumbent)
maryfranceswilliams.com
- Marites Redding (R)

State House District 43

- Solomon Adesanya (D)
www.solomonforgeorgia.com
- Anna Tillman (R)
www.annatillman.com

State House District 44

- Don Parsons (R, incumbent)
www.donparsons.org
- Willie Mae Oyogoa (D)
www.williemae.ga.com

State House District 45

- Sharon Cooper (R, incumbent)
www.sharoncooper.org
- Dustin McCormick (D)
www.dustinmccormick.com/

State House District 46

- John Carson (R, incumbent)
www.votejohncarson.com
- Micheal Garza (D)
www.michealgarza.com

**ADVANCE
VOTING
BEGINS OCT 15**

**FOR MORE INFO:
cobbelections.org**

GET REGISTERED!

The last day to register or update your address for the November General Election is October 11. Some precincts and polling locations have changed! Be sure your voter registration is up to date so you can vote in the correct precinct.

To register or check your registration:

- >Go to www.mvp.sos.ga.gov, or
- >Text 'GA' to 2VOTE to receive a link, or
- >Download the 'GA SOS' mobile app.

The general election will be November 8. If you need additional information go to CobbElections.org or contact the Cobb County Elections office at 770-528-2581. ☎



POLL WORKERS NEEDED

The Cobb County Board of Elections and Registrations is in need of election poll workers for the 2022 election season.

"We cannot conduct elections without an army of people willing to help at the polls," says Janine Eveler, Director of the Cobb County Board of Elections and Registrations, "as every poll worker plays a vital role to ensure free and fair elections in Cobb County."

Eveler goes on to say that serving your neighbors on Election Day can also be a very rewarding experience, adding that it's not volunteer work: "You can earn money."

There are also opportunities for multi-day work during Advance Voting if residents would like to get even more involved. Training starts in late September and election poll workers are paid for attending training.

Poll workers:

- Can choose to volunteer or be paid for their service.
- Are trained prior to working the election.
- Help set up and break down the polling location.
- Work as a team. Most teams have been together for years and enjoy serving with each other.
- Must stay at the poll the entire time, from 6am to approximately 9pm.
- Earn a flat rate of pay per election: \$250 for poll managers, \$195 for assistant poll managers and \$150 for clerks. Poll workers are also paid \$25 to help set up the poll to which they are assigned for Election Day.

Interested in serving as an election poll worker? There are basic legal requirements, including:

- Being a judicious, intelligent and upright person.
- Being a resident of Cobb County or adjoining county, or employed by Cobb County Government.
- Being at least 16 years of age.
- Being a U.S. citizen, as well as read, write and speak English.
- Having no prior felony convictions for the previous 10 years.
- Not serving in public office.

To learn more, visit cobbcounty.org/elections/employment/election-day-poll-worker-jobs or email pollworkers@cobbcounty.org. 📧



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Genuinely Effective.**

**I respectfully ask for your VOTE
on November 8
45th House District
*Early voting starts October 17***

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CANDIDATES FOR COBB COUNTY SCHOOL BOARD POST 4

On November 8, Cobb County residents will have the opportunity to vote for a variety of political offices. The EAST COBBER presents the candidates running for Cobb County School Board Post 4.



DAVID CHASTAIN (R)

www.davidchastainforcobb.com

AGE: 65

CITY, STATE BORN: born in Atlanta, GA and reared in Cobb County

EDUCATION: BBA - University of Georgia, HS Diploma - Wheeler High School Instructional Technology, Univ. of West Georgia

OCCUPATION: Proposal Analyst

FAMILY: Wife, Lori, three married adult children, four grandchildren.

HOBBIES: Reading, genealogy, travel, gardening, hiking.

ORGANIZATIONS YOU BELONG TO: Northeast Cobb Business Assn, Georgia School Board Assn, First Baptist Church - Marietta.

HOW LONG HAVE YOU LIVED IN EAST COBB/COBB COUNTY? 55 years

HAVE YOU EVER BEEN ELECTED TO A PUBLIC OFFICE? IF YES, PLEASE LIST OFFICE AND YEAR(S): Cobb School Board - Post 4: 2014 and 2018.

PLEASE DESCRIBE THIS OFFICE'S DUTIES & ITS IMPACT ON EAST COBB: The job of the Cobb Board of Education is to represent the citizens and taxpayers of Cobb County in determining and demanding appropriate organizational performance. Board members are responsible for the operation of the District and to provide for the education of all children of Cobb.

PLEASE DESCRIBE THE TRAINING AND EXPERIENCE THAT QUALIFY YOU FOR THIS OFFICE. My background in working with all kinds of businesses, large and small, in addition to my knowledge of government contracting has provided the experience and knowledge to understand the various skill sets, training, and creativity necessary to build the commerce and infrastructure that supports a healthy community.

WHAT IS THE MOST IMPORTANT ISSUE FACING YOUR POLITICAL OFFICE, AND, IF ELECTED, WHAT WILL YOU DO ABOUT IT? The most important issue facing our school district is setting aside political agendas and focusing on the safety, security, and learning environment for our students and personnel so that students succeed and our employees continue to be supported.

WHO DO YOU ADMIRE MOST, AND WHY? I admire so many individuals, but lately it would be Lawrence Reed, President Emeritus at the Foundation for Economic Education. His life has been dedicated to educating people, using layman's terms, throughout the world on the value of understanding the importance of economics and its necessity to personal liberty.

PLEASE LIST THREE ADJECTIVES THAT DESCRIBE YOU AS A PERSON: Enthusiastic, collaborative, determined.



DR. CATHERINE POZNIAK (D)

www.catherinepozniak.com

CITY, STATE BORN: Atlanta, GA

EDUCATION: Cobb County Post 4: Kincaid Elementary School, Daniell Middle School, Sprayberry High School Class of 1997; Bachelor of Arts, First Class Honors - University of Sydney; Master's Degree - University of Cambridge; Doctor of Education Leadership - Harvard University

OCCUPATION: Civilian career - educator, certified teacher and certified administrator/superintendent. Military career - education officer for Civil Affairs and Psychological Operations Command, United States Army Reserve.

HOBBIES: Starting with rearranging my room when I was a child, I've always enjoyed home DIY projects. My current goal is to become a better gardener. My neighbor, who has known my family since I was in 4th grade, has been teaching me how to propagate my own plants.

HOW LONG HAVE YOU LIVED IN EAST COBB/COBB COUNTY? My family has lived in East Cobb and Post 4 since my father retired from the Army in 1988. I attended Post 4 elementary, middle, and high schools. Today, I live in the house I grew up in and have the same address I had when I was nine-years old.

HAVE YOU EVER BEEN ELECTED TO A PUBLIC OFFICE? IF YES, PLEASE LIST OFFICE AND YEAR(S): Cobb County Board of Education Post 4 is the first and only office for which I have run.

PLEASE DESCRIBE THIS OFFICE'S DUTIES & ITS IMPACT ON EAST COBB: The Cobb Board of Education has three broad responsibilities: hiring and holding accountable the superintendent, setting policy, and overseeing the budget. This office impacts the quality of East Cobb schools through the decisions the board makes about how the district spends taxpayer funds and the quality of academic programs offered.

PLEASE DESCRIBE THE TRAINING AND EXPERIENCE THAT QUALIFY YOU FOR THIS OFFICE. I am a lifelong educator and started my career as a teacher in a two-classroom K-8 school. I have extensive experience in education policy and was assistant state superintendent overseeing an annual budget of \$5.5 billion. I serve as an officer in the Army, advising commanders on education matters.

WHAT ARE THE MOST IMPORTANT ISSUES FACING YOUR POLITICAL OFFICE, AND, IF ELECTED, WHAT WILL YOU DO ABOUT IT? Before the pandemic, only 54.8% of Cobb's 3rd graders were proficient readers. Recent Georgia Milestones results show declining reading for grades 3-8. Additionally, only 50.5% of Cobb's students passed the Algebra I exam. If elected, I will leverage my experience as an educator and focus on academic recovery.

WHO DO YOU ADMIRE MOST, AND WHY? My father, who passed away at the beginning of the pandemic, continues to be an example of service and sacrifice that has inspired my career in education, both civilian and military. Dad was modest and humble, refrained from judgment, honored different perspectives, and people remember him for his kindness.

PLEASE LIST THREE ADJECTIVES THAT DESCRIBE YOU AS A PERSON: Experienced, values-driven, persistent.

EAST COBBER

**NEXT ISSUE:
NOVEMBER/DECEMBER
DEADLINE: OCTOBER 15
CALL EAST COBBER:
770-640-7070**



CANDIDATES FOR COBB COUNTY BOARD OF COMMISSIONERS DISTRICT 3

On November 8, Cobb County residents will have the opportunity to vote for a variety of political offices. The EAST COBBER presents the candidates running for the Cobb County Board of Commissioners District 3.



JOANN K. BIRRELL (R-Incumbent)

JoAnnCan.com

AGE: 68

CITY, STATE BORN: Goldsboro, North Carolina

EDUCATION: BA in Political Science - UNCG and Litigation Certificate from Paralegal School of Atlanta

OCCUPATION: District 3 Commissioner

FAMILY: Husband Dave, 2 stepchildren, 3 Grandchildren, Mother and Sister.

HOBBIES: Spending time with Family, spoiling grandkids and puppies and Volunteering for Veterans.

ORGANIZATIONS YOU BELONG TO: Cobb County Republican Women's Club, Cobb GOP, Charter member of Northeast Cobb Business Association (NCBA) Cobb Chamber, American Legion Post 29 Auxiliary, Cobb Veterans Memorial Foundation Advisory Board, Catholic Church of St. Ann, KCB Adopt a Mile, Leadership Cobb Alumni (2005 Class) and Honorary Commanders Class of 2020-2021

HOW LONG HAVE YOU LIVED IN EAST COBB/COBB COUNTY? 27 years

HAVE YOU EVER BEEN ELECTED TO A PUBLIC OFFICE? IF YES, PLEASE LIST OFFICE AND YEAR(S): District 3 Commissioner - 12 years (2011 -present)

PLEASE DESCRIBE THIS OFFICE'S DUTIES & ITS IMPACT ON EAST COBB: Everything I do in this position impacts not only East Cobb but the entire county from adopting and amending County Codes and Ordinances, Public Safety, Millage, Zoning, Taxes and Budgets.

PLEASE DESCRIBE THE TRAINING AND EXPERIENCE THAT QUALIFY YOU FOR THIS OFFICE: Serving in this position for 12 years has given me the training and experience that qualifies me for Cobb County District 3 Commissioner. I have also received certification for Commissioner training through ACCG and served in the past as vice chair and chair of the finance and revenue Committee of ACCG (statewide). I have also served as Vice Chair for three Commission Chairs. (Tim Lee, Mike Boyce and currently Lisa Cupid)

WHAT IS THE MOST IMPORTANT ISSUE FACING YOUR POLITICAL OFFICE, AND, IF ELECTED, WHAT WILL YOU DO ABOUT IT? Public safety is and always has been my number 1 priority. In the climate today with regards to police it is very difficult to retain and recruit. Implementing the Step and Grade for our sworn officers in 2019 and now for the last two years and next year getting rid of compression I feel will help us with retention and recruiting police officers and firefighters as we continue to budget for public safety. Keeping your taxes low and maintaining our quality of life in Cobb along with providing the stellar services that we offer is also a top priority. Continuing to reduce the water transfer incrementally over the next 4 years is also a priority and has been since 2012.

WHO DO YOU ADMIRE MOST, AND WHY? I most admire and I am grateful for our public safety personnel (Police Officers- including K-9's, Firefighters, 911 operators, Sheriff Deputies, Animal Services) and our military, both active and veterans, who put their lives on the line every day to ensure our safety and protect our freedoms.

PLEASE LIST THREE ADJECTIVES THAT DESCRIBE YOU AS A PERSON: Honest, Hardworking and Compassionate.



CHRISTINE TRIEBSCH (D)

ChristineForGa.com

AGE: 60

CITY, STATE BORN: Kearney, NE

EDUCATION: J.D., John Marshall Law School (Atlanta) (1995)

OCCUPATION: Family Law Trial Attorney in Superior and Juvenile Courts. Christine A. Triebisch, P.C.

FAMILY: Kevin and I have been married for 29 years. He is in his 27th year with the Cobb County School District and is an assistant principal at East Cobb Middle School. Our son graduated from University of Missouri in Columbia with a Journalism Degree and is currently working for United Soccer League in Tampa, Florida. Our daughter is a sophomore at American University in Washington, D.C. Jeanie is our rescue lab mix.

HOBBIES: Spending time with family, reading non-fiction and working out at Orange Theory Fitness.

ORGANIZATIONS YOU BELONG TO: St. James Episcopal Church; State Bar of Georgia; Cobb County Bar Association; East Cobb Rotary

HOW LONG HAVE YOU LIVED IN EAST COBB/COBB COUNTY? I have lived in Cobb County for 25 years, and in East Cobb for 14 years.

HAVE YOU EVER BEEN ELECTED TO A PUBLIC OFFICE? IF YES, PLEASE LIST OFFICE AND YEAR(S): No. I have never been elected to public office.

PLEASE DESCRIBE THIS OFFICE'S DUTIES & ITS IMPACT ON EAST COBB: The lives of the homeowners and residents including potential job growth and quality of life are directly impacted by the decisions of the Commissioners. Those decisions include but are not limited to: Adopting a budget; Adopting ordinances; Levy, collecting taxes; Exercise zoning, planning, land use; Providing a healthy and safe community which include parks, senior centers, libraries, etc. This is not a complete list, but addresses some of the duties of a Commissioner.

PLEASE DESCRIBE THE TRAINING AND EXPERIENCE THAT QUALIFY YOU FOR THIS OFFICE: I have been a practicing family law trial attorney for over 27 years. My extensive legal background gives me an edge as the next Commissioner. I work daily with individuals and families in crisis and conflict. I help them navigate their contested legal issues.

WHAT IS THE MOST IMPORTANT ISSUE FACING YOUR POLITICAL OFFICE, AND, IF ELECTED, WHAT WILL YOU DO ABOUT IT? A Commissioner should not be, nor appear to be, beholden to the development community or special business interests. (Riggall, C. (2022, August 11). Birrell boasts over \$35k raised in bid for fourth term. *Marietta Daily Journal*. MDJonline.com.) A Commissioner must balance business interests with the interests of the homeowners and residents while being mindful of the community quality of life. The decisions made by special interest-leaning Commissioners have created undesirable situations some homeowners and residents find themselves in today. I will be the voice for the homeowners and residents in Cobb County District 3.

WHO DO YOU ADMIRE MOST, AND WHY? My Mom - always! She was a single parent, worked a full-time job, and raised five children. And I admire my awesome husband, Kevin. He is brilliant with a great head of gray hair and he always, always makes me laugh.

PLEASE LIST THREE ADJECTIVES THAT DESCRIBE YOU AS A PERSON: Compassionate, Committed, and Humble.



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CANDIDATES FOR GEORGIA STATE SENATE DISTRICT 6

On November 8, Cobb County residents will have the opportunity to vote for a variety of political offices. The EAST COBBER presents the candidates running for Georgia State Senate District 6.



FRED GLASS (R)

www.fredglassforga.com

AGE: 51

CITY, STATE BORN: Greenwich, Connecticut

EDUCATION: Pace Academy, BBA University of Georgia, MBA Georgia State University

OCCUPATION: Financial Advisor

FAMILY: Wife: Elizabeth, Daughters: Merritt Ann, age 22; and Kathleen, age 18.

HOBBIES: Running, Travel, Fly Fishing, American History

ORGANIZATIONS YOU BELONG TO: National Association of Insurance and Financial Advisors, Atlanta Estate Planning Council

HOW LONG HAVE YOU LIVED IN EAST COBB/COBB COUNTY? I'm a Fulton County resident

HAVE YOU EVER BEEN ELECTED TO A PUBLIC OFFICE? IF YES, PLEASE LIST OFFICE AND YEAR(S): No

PLEASE DESCRIBE THIS OFFICE'S DUTIES & ITS IMPACT ON EAST COBB: The person who wins this race will serve on the Cobb County Legislative Delegation, which is responsible for Georgia Local Legislation. Local legislation determines important things such as potential property tax freezes, potential cityhood for certain areas, and the charters of the county and all of the Cobb Cities. The new senator for East Cobb will also be responsible for representing Cobb County's interests at the state level as it relates to limits on public zoning.

PLEASE DESCRIBE THE TRAINING AND EXPERIENCE THAT QUALIFY YOU FOR THIS OFFICE. I've held numerous leadership positions with social, business, and civic organizations. I consider one of my greatest strengths is my ability to collaborate with others in the interest of the common good.

WHAT IS THE MOST IMPORTANT ISSUE FACING YOUR POLITICAL OFFICE, AND, IF ELECTED, WHAT WILL YOU DO ABOUT IT? The increases in crime in Atlanta and the spread of crime into Cobb County. I will vote to pass legislation which supports law enforcement and first responders. I will not keep company with community activists who oppose law enforcement, and I will work directly with the Cobb Sheriff's office as a member of the Cobb delegation to support local legislation designed to keep Cobb County residents safe.

WHO DO YOU ADMIRE MOST, AND WHY? My wife Elizabeth. She has supported me and our two daughters through thick and thin, and I am incredibly blessed to be with her. She inspires me to live the best life I can and to bring good to the people around me.

PLEASE LIST THREE ADJECTIVES THAT DESCRIBE YOU AS A PERSON: Thoughtful. Driven. Determined.



JASON ESTEVES (D)

www.jasonesteves.com

AGE: 39

CITY, STATE BORN: San Juan, Puerto Rico

EDUCATION: B.A., University of Miami; J.D., Emory University School of Law

OCCUPATION: Attorney

FAMILY: My wife, Ariel, is a nurse practitioner and owns her own urgent and primary care clinic in northwest Atlanta. We are proud

parents to Jaeden, 7, and Zoe, 4. Both attend Bolton Academy, a school in Atlanta Public Schools.

HOBBIES: I love to play basketball. It's my stress-relief. I also love to coach my kids' sports teams and travel.

ORGANIZATIONS YOU BELONG TO: I belong to a few attorney groups and am a member of the 100 Black Men of Atlanta. I am also an alumnus of LEAD Atlanta (2012), Leadership Georgia (2015), Outstanding Atlanta (2020), and Leadership Atlanta (2022). I am on the boards of the Children's Museum of Atlanta and GALEO.

HOW LONG HAVE YOU LIVED IN EAST COBB/COBB COUNTY? I am from Columbus, Georgia. While I have not lived in Cobb County, I have lived in northwest Atlanta for 15 years.

HAVE YOU EVER BEEN ELECTED TO A PUBLIC OFFICE? IF YES, PLEASE LIST OFFICE AND YEAR(S): Yes, I've been a board member on the Atlanta Public Schools Board of Education for eight years. I have been re-elected twice and served as chair for four of those years. While on the board, I focused my efforts on promoting equity and improving the financial outlook of the district.

PLEASE DESCRIBE THIS OFFICE'S DUTIES & ITS IMPACT ON EAST COBB: The senate is the upper chamber of the Georgia General Assembly. As state senator, I am a member of the legislative branch of state government, which is tasked with adopting laws and a state budget. As the policymaking body in the state, the legislature impacts every Georgian's quality of life.

PLEASE DESCRIBE THE TRAINING AND EXPERIENCE THAT QUALIFY YOU FOR THIS OFFICE. My legal training at Emory and experience as an attorney provides me the knowledge and skills necessary to be successful as a legislator. My work on the APS school board and experience as a former school teacher will help me articulate how policies impact our classrooms and neighborhoods.

WHAT IS THE MOST IMPORTANT ISSUE FACING YOUR POLITICAL OFFICE, AND, IF ELECTED, WHAT WILL YOU DO ABOUT IT? The most important issue is improving the quality of life for Georgians across the state. As a state senator, I will fight for a thriving economy, a strong public education system, access to affordable healthcare, and a healthy, livable state that is welcoming and inclusive to all.

WHO DO YOU ADMIRE MOST, AND WHY? My wife--In the midst of the pandemic, she opened an urgent and primary care clinic in our neighborhood because she saw a need. She did that while working a full-time job, raising beautiful children, and being a great partner to me. Her story is reflective of many in our state.

PLEASE LIST THREE ADJECTIVES THAT DESCRIBE YOU AS A PERSON: Optimistic, Responsive, and Energetic



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CANDIDATES FOR GEORGIA STATE REPRESENTATIVE DISTRICT 45

On November 6, Cobb County residents will have the opportunity to vote for a variety of political offices. The EAST COBBER presents the candidates running for Georgia State Representative District 45.



SHARON COOPER (R)

www.sharoncooper.org

CITY, STATE BORN: Houston, Texas

EDUCATION: BSN and MSN in Nursing from the Medical College of Georgia; MS in Child Development from the University of Tennessee; and MA in Education from the University of South Florida

OCCUPATION: Registered Nurse - Former nursing professor, author and small business owner

FAMILY: Widow, (James T. Cooper, MD, MPH)

HOBBIES: Reading, travel and enjoying time

with my corgi puppy - Maggie

ORGANIZATIONS YOU BELONG TO: Primrose Garden Club, Book Club, East Cobb Civic Association, Board of Directors - Historic Oakland, Board of Directors - Georgia Museum of Art

HOW LONG HAVE YOU LIVED IN EAST COBB/COBB COUNTY? 47 years

HAVE YOU EVER BEEN ELECTED TO A PUBLIC OFFICE? IF YES, PLEASE LIST OFFICE AND YEAR(S): Yes, State Representative, District 43 (Now District 45 due to redistricting)

PLEASE DESCRIBE THIS OFFICE'S DUTIES & ITS IMPACT ON EAST COBB: A State Representative creates and passes legislation that serves the best interests of all Georgians. My responsibility is to discuss, listen and learn about the priorities and challenges facing our state. I then conduct extensive research to fully understand the needs in East Cobb and the local impact of my decisions before I cast my vote. The role that is most impactful is serving as a connection point and advocate for East Cobb citizens. As Chairman of the Health and Human Services committee, I also work with healthcare providers and patients to develop solutions, often without the need for legislation.

PLEASE DESCRIBE THE TRAINING AND EXPERIENCE THAT QUALIFY YOU FOR THIS OFFICE. As a registered nurse and former educator, my professional career has equipped me with a wide range of subject matter expertise to speak on behalf of healthcare and education - two critical priorities for Georgians. These experiences have given me a sense of duty and a heart for service to others, collaborating with people from different backgrounds and priorities. As Chairman, I have worked hard to build relationships, earning the reputation as a trusted leader who delivers positive results for every Georgian.

WHAT IS THE MOST IMPORTANT ISSUE FACING YOUR POLITICAL OFFICE, AND, IF ELECTED, WHAT WILL YOU DO ABOUT IT? We are all facing the challenge of rising costs and runaway inflation. In Georgia, we have maintained our balanced budget, reduced taxes, focused on removing barriers in our job market and kept Georgia open for business. I will continue to seek fiscally responsible solutions that help drive down costs and protect Georgia families. At the same time, East Cobb families are concerned with safety, as we see rising crime in surrounding counties. I am proud to support law enforcement and ensure first responders are equipped to protect our community. Recent Co-Responder legislation helps train police officers and mental health workers to intervene as a team in crisis situations as many crimes are related to behavioral health. Mental health continues to be a priority for safety and I am dedicated to increasing access to quality care for all Georgians.

WHO DO YOU ADMIRE MOST, AND WHY? The more time passes, the more I recognize how much I continue to admire my late husband, Tom Cooper. As a family practitioner, he was committed to his patients and treated all with dignity and respect. He was unwavering in his support and encouragement of me as I served this community. His memory gives me the continued confidence and desire to make a difference in other people's lives.

PLEASE LIST THREE ADJECTIVES THAT DESCRIBE YOU AS A PERSON: Trustworthy, Knowledgeable, Determined



DUSTIN MCCORMICK (D)

DustinMcCormick.com

AGE: 40

CITY, STATE BORN: Lynchburg, VA

EDUCATION: Glynn Academy; BA in Finance at Georgia Southern University; MBA at the University of Georgia

OCCUPATION: Project Management

FAMILY: Fiancé Misty Silverwise, Two Kids who attend Cobb Public Schools- Audrey and Finn

HOBBIES: Traveling, Reading, Tennis, Cooking, Community Service, and Volunteering

ORGANIZATIONS YOU BELONG TO: Cobb Democrats, East Cobb Rotary, Cobb Chamber of Commerce, UGA Mentor, Volunteer with Project Mail Call, East Cobb Civic Association, MDE School (Special Education Non-Profit) Board Member

HOW LONG HAVE YOU LIVED IN EAST COBB/COBB COUNTY? Since 2011

HAVE YOU EVER BEEN ELECTED TO A PUBLIC OFFICE? IF YES, PLEASE LIST OFFICE AND YEAR(S): No, not yet. With your help, we can change this.

PLEASE DESCRIBE THIS OFFICE'S DUTIES & ITS IMPACT ON EAST COBB: The primary function of the legislature is to set the state's budget and pass state laws. A state representative represents the values of its citizens, makes decisions on how our tax dollars are spent, and acts as an advocate for the community. I believe the citizens in House District 45 want a public servant that represents their values. State legislation and budget decisions impact our local quality of life.

PLEASE DESCRIBE THE TRAINING AND EXPERIENCE THAT QUALIFY YOU FOR THIS OFFICE. In addition to being well-educated, a previous award-winning Model United Nations delegate, and a debate club member, I believe I will be an excellent state rep by applying my communication skills, entrepreneurial spirit, and familiarity with local groups. Furthermore, as a father and community servant, I can personally relate to my constituents and bring that suburban perspective when considering legislation.

WHAT IS THE MOST IMPORTANT ISSUE FACING YOUR POLITICAL OFFICE, AND, IF ELECTED, WHAT WILL YOU DO ABOUT IT? This state's most pressing issue is jobs, economy, reproductive rights, and education. We must focus on creating an environment where businesses (small and large) can thrive. We must do more for mental health and reproductive rights. We've got to find creative ways to retain our nurses and teachers and ensure they have the resources needed to succeed.

WHO DO YOU ADMIRE MOST, AND WHY? My Grandfather, Harris Spell. As the grandson of a farmer, veteran, and entrepreneur, he passed down his core family values to me: do your best, the importance of education, unconditional love, community service, strong faith, providing grace and kindness, hard work, love of family, and patriotism. These values have guided me throughout my life.

PLEASE LIST THREE ADJECTIVES THAT DESCRIBE YOU AS A PERSON: Inspirational, Accountable, Collaborative



SENIOR DAY AT THE FAIR

Adults age 55+ are invited to the North Georgia State Fair on Friday, September 23 for a morning of FREE activities.

8am: Breakfast

10am: **Bingo**

11am: Rosaire's Royal Racers

11:30am: The Birdman

12pm: One Wheel Wonder Wesley Williams

12pm: **Bingo**



The fair opens at 4pm and seniors get in for **FREE!** As the largest fair in metro Atlanta, North Georgia State Fair attracts over 350,000 people every year from north Georgia and neighboring states. The Fair features live music, a variety of free attractions including world class ground acts from around the globe, not one but two petting barns featuring barnyard and exotic animals, flower shows; blue ribbon competitions for handmade goods and items, fruits, vegetables, and artwork of all kinds; local entertainment, and delicious fair foods including all of the traditional fair, as well as lots of unexpected culinary delights.

The fair is one of the largest carnival midways in the United States, features a wide assortment of carnival games, entertainment, and exciting rides for thrill-seekers of all ages, including the Wildcat Rollercoaster, the Georgia Mountain Lift and the Mega Slide.

> **Jim R. Miller Park**
2245 Callaway Road SW • Marietta
northgeorgiastatefair.com

EMERGENCY ASSISTANCE AVAILABLE

Are you **55** years or older and need emergency financial assistance? You may be eligible to receive limited financial assistance for utilities or past-due rent.

ELIGIBILITY:

- Must be **55** years or older and a resident of Cobb to apply.
- Must provide a valid GA ID and Social Security card for every-one living in the household.
- Household **GROSS** income must be below 200% of federal poverty guidelines and lack sufficient resources to maintain permanent housing.
- Must provide proof of **EMERGENCY** situation(s) includes source documents, such as medical documentation, unemployment compensation statement, bank statement, utility bill showing arrears, etc.
- Assistance can only be provided **ONE-TIME**.
- No assistance may be provided for pre-paid utility, telephone, internet service and cable television etc.
- All balances due must be verified.
- Lease or utilities must be established in the applicant's or spouse's name.
- You **MUST** call to be screened in order to determine eligibility for assistance.

Please call **770-528-5364** for additional information.

Senior Services is **NOT** a provider of the Cobb County Emergency Rental Assistance Program (**ERA**).



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*As ranked by the Atlanta-Fulton County Convention Bureau, Atlanta is the most visited city in the Southeastern United States.